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Table 3: Regression coefficients showing the effects of body composition, resting metabolic rate and activity energy expenditure on mean daily energy intake (n = 242).

	B		β
	Mean Estimate	SE	
Intercept	3746.130		
FM	-55.913	15.568	-0.26**
FFM	27.286	26.639	0.12
RMR	0.826	0.231	0.39**
AEE	0.173	0.056	0.18*

B, unstandardized beta coefficient; SE, standard error; β , standardized beta coefficient; FM, fat mass; FFM, fat-free mass; RMR, resting metabolic rate; AEE, activity energy expenditure. *P < 0.05, **P < 0.001. Multiple linear regression indicated that $R^2 = 0.445$ (P < 0.001). Of note, study, age and sex were also included in the model, but for clarity, regression coefficients are not reported in the table.