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# Bubble stabilisation improves strength of lightweight mortars

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## Abstract

Lightweight foamed mortars are produced through the addition of foaming agents into the cement blend, so that voids of different sizes are formed within the matrix, reducing the density of the material, and therefore also its weight. However, the increased porosity of these materials usually compromises their mechanical strength, limiting application as a structural material. Modern infrastructure demands high strength lightweight concrete formulations that can be adjusted to develop more ambitious projects, both in design and application. In this study lightweight pastes and mortars were produced using Portland cement blended with fly ash and silica fume, with varying water contents, and foamed using aluminium metal powder. To stabilise the bubbles produced through oxidation of the aluminium metal, polyethylene glycol was added to the mixes, and proved effective in yielding more uniform bubbles than were observed in the samples with no added stabiliser. This led to improvements in both the bulk density and compressive strength of the materials produced according to this new methodology.

34 **Keywords:** Lightweight construction materials, cement-based foams, aluminium metal,  
35 polyethylene glycol

36

37

## 38 **1. Introduction**

39

40 The use of lightweight concretes in structural or semi-structural applications has long been the  
41 target of technological developments, with efforts involving the reduction of unit weight of  
42 both the aggregate and the binder having been undertaken for more than 100 years (Valore,  
43 1954). The availability of lightweight concrete as a construction material is particularly topical  
44 at present, as the combination of good mechanical and thermal insulation properties offers  
45 significant improvements in the energy efficiency of buildings in service without excessive  
46 increases in the thickness of the building envelope.

47

48 The reaction of metallic aluminium with the alkaline pore solution of the cement, releasing  
49 hydrogen gas and aerating the binder, has long been favoured as a method of reducing the  
50 density of a cementitious binder (Aylsworth and Dyer, 1914), and this method has been shown  
51 to be applicable to a wide range of binder compositions, ranging from the original work of  
52 Aylsworth and Dyer with Portland cement and gypsum (Aylsworth and Dyer, 1914), to the  
53 more recently developed foamed geopolymer systems (Zhang et al., 2014). However, the  
54 production of foamed concretes with sufficient strength to enable their use in structural  
55 concrete applications is less straightforward. This material has thus been used largely in  
56 applications where value is gained from its insulating properties (thermal and acoustic), and/or  
57 the reduction of mass which can lead to lower dead load within a structure and greater ease of  
58 handling during construction (ACI Committee 233, 2000).

59

60 Recent work on the development of lightweight Portland cement concretes for use as structural  
61 materials has shown success in producing 28-day compressive strengths greater than 28 MPa,  
62 either by the use of a surfactant as foaming agent in combination with coarse fly ash (replacing  
63 fine aggregate) and a small quantity of polypropylene fibres (Jones and McCarthy, 2005), or  
64 by using a surfactant and silica fume-blended cement in concretes with standard dense fine and  
65 coarse aggregates (Lee et al., 2014). In each of these cases, the high strength was provided  
66 through the use of a good-quality modern Portland cement combined with appropriately  
67 selected supplementary cementitious materials, curing at ambient or near-ambient temperature.

68 In particular, the types of binder formulation which would otherwise be used to produce high-  
69 performance dense concretes, including the use of microsilica as a pozzolan, are also likely to  
70 give the best strength development when used in lightweight materials, and so provide the most  
71 likely targets for optimisation of the strength-density relationship of foamed concretes.

72

73 Elevated-temperature curing is used to form autoclaved aerated concrete, which is often  
74 foamed using aluminium metal powder (releasing hydrogen gas as it oxidises under an alkaline  
75 environment) (Aroni, 1993), but this material is generally specified only up to strength grades  
76 less than 10 MPa (Klingner, 2008). Higher-strength materials have been demonstrated through  
77 the combination of aluminium metal powder with a microsilica-rich Portland cement blend  
78 (Just and Middendorf, 2009). It has generally been considered more difficult to achieve the  
79 desired stable, highly uniform, small bubble size required for high strength through the use of  
80 metallic foaming agents than by the application of a pre-formed organic foam based on  
81 surfactants, but the additional processing steps involved in the pre-foaming route pose  
82 disadvantages related to that method. It is therefore considered desirable to develop alternative  
83 routes to the production of foamed concrete which are more similar, in terms of the required  
84 processing steps, to the methods by which standard dense concretes are produced and placed,  
85 while yielding materials with strengths that are sufficiently high for structural or semi-  
86 structural application. This necessitates careful control of the fresh-state properties of the paste,  
87 particularly flow characteristics, as a foamed paste which requires a high mechanical energy  
88 input in pumping and placement is likely to suffer deaeration as a result.

89

90 This study approaches the question of production of moderate-strength, moderate-density  
91 foamed mortars through an innovative method of bubble stabilisation in a material system  
92 foamed by the addition of aluminium metal. A binder is designed based on Portland cement  
93 with microsilica and fly ash, with the bubbles generated through hydrolysis of aluminium metal  
94 stabilised by the addition of polyethylene glycol as a surface-active agent. This stabilisation  
95 mechanism enables the retention of small bubbles within the fresh paste until hardening,  
96 resulting in a flowable material which yields a desirable microstructure and good strength  
97 performance, suitable for future scale-up to use in concretes.

98

99

## 100 **2. Materials and Methods**

101

## 2.1. Materials

Portland cement of grade CEM I 52.5 N, with a bulk density of  $1506 \text{ kg/m}^3$ , was used throughout this study. A commercial low calcium fly ash, classified as ‘siliceous’ according to EN 197-1 (European Committee for Standardization (CEN), 2011) and complying with the requirements of EN 450-1 (European Committee for Standardization (CEN), 2012), and silica fume complying with EN 13263-1 (European Committee for Standardization (CEN), 2005), were used as supplementary cementitious materials. Aluminium powder, general purpose grade, was used as the foaming agent. As bubble stabiliser, polyethylene glycol (PEG) with an average molecular weight of 20 kDa was used. Quartz building sand, with a particle density of  $2650 \text{ kg/m}^3$  and with 100% passing 2.40 mm, was the fine aggregate in all mortars.

## 2.2. Sample preparation

In order to select and optimise the amount of foaming agent and water content, preliminary experiments were carried out using paste mixes. Pastes were produced with water to cement ratios of 0.35, 0.40 and 0.45 to span the range from very stiff to very fluid pastes, and aluminium powder contents of 0, 0.3, 0.6 and 0.9 wt.% relative to the cementitious materials in the paste, according to the process depicted in Figure 1.

<Figure 1>

The workability of the paste mixes was tested according to a mini-slump radius measurement as described in (Bouvet et al., 2010). Following the mixing protocol as described in Figure 1, the paste was poured into a PTFE cone of 40 mm height, 80 mm lower diameter and 70 mm upper diameter, resting on a Lucite sheet marked with a grid, and compacted by rodding with a spatula. After 1 minute, the cone was lifted clear from the paste, and the diameter of the pat was measured using calipers, than converted to radius values for presentation.

The paste specimens for analysis were cast in centrifuge tubes, sealed and cured at  $21 \pm 2^\circ\text{C}$ . After 24h, bulk density was determined through a measurement of the volume and mass of cylindrical samples, in an as-cured condition immediately upon demoulding of the specimens.

134

135 Photographs of the longitudinal sections of paste specimens after 28 days of curing were  
136 collecting using a Veho USB optical microscope with a maximum magnification of 20×.

137

138 Based on the results of the study of the paste specimens, the optimal foaming agent and  
139 stabiliser doses were selected, and mortar specimens were produced (Figure 2) using a  
140 Kenwood mixer. Mortar formulations are given in Table 1, where the addition of fly ash was  
141 intended to reduce density and enhance workability, and the addition of silica fume intended  
142 to improve early-age strength development. Density was determined through the precise  
143 weighing and dimensional measurement of 50 mm cubic specimens. Compressive strength was  
144 also determined using 50 mm cubic specimens, in triplicate.

145

146 <Figure 2>

147

148 **Table 1. Mix designs for mortars; all quantities in grams.**

Sand	Cement	Fly ash	Silica fume	Water	Aluminium	PEG
250	100	0	0	40	0.90	10
250	90	10	0	40	0.90	10
250	97	0	3	40	0.90	10
250	87	10	3	40	0.90	10
250	93	0	7	40	0.90	10
250	83	10	7	40	0.90	10

149

150

151

### 152 **3. Results and Discussion**

153

#### 154 **3.1. Pastes produced with aluminium powder as foaming agent**

155

156 The minislump and density results for the paste mixes with different contents of aluminium  
157 powder, and different water/cement ratios, are presented in Figures 3 and 4.

158

159 <Figure 3>

160

161 <Figure 4>

162

163 It is notable from Figures 3 and 4 that no direct correlation between the workability of the fresh  
164 paste and the density of the hardened solids is identifiable, whereas it is well known that air  
165 entrainment in concretes can often give an improvement in workability (Lamond and Pielert,  
166 2006), as the lower density of the aerated pastes can also lead to a reduction in the slump  
167 measurement. It is not likely that rodding for 1 minute with a spatula was sufficient to remove  
168 the all of the generated gas bubbles from the pastes, and in fact the bubbles remaining in the  
169 mix were visible after the minislump tests. All pastes tested were able to demonstrate sufficient  
170 workability for use in the preparation of mortars.

171

172 However, it is also clear from the photographs of cross-sections of the pastes, Figure 5, that the  
173 networks of bubbles within these materials are not homogeneously distributed, and that the  
174 bubbles are neither spherical nor uniform in size. In optimising the strength of a foamed  
175 cement-based material, it is considered important to develop a uniform bubble size distribution  
176 (Nambiar and Ramamurthy, 2007).

177

178 For this reason, the addition of a surface-active component to stabilise the bubbles was  
179 considered desirable; polyethylene glycol was selected for this purpose, as it is water-soluble  
180 but a rather weak surfactant (Israelachvili, 1997) (which is desirable to avoid excessive  
181 foaming and loss of strength in the hardened materials), retains some stability under the high  
182 pH conditions of a fresh cement paste, and showed good performance in preliminary trials of  
183 foaming of silicate slurries.

184

185 <Figure 5>

186

187 By comparison with Figure 5, it is seen from the photographs in Figure 6 that the PEG was  
188 effective in stabilising the bubbles; the bubbles are much more spherical, and significantly  
189 smaller, than those which are present in the hardened paste in the absence of PEG.

190

191 <Figure 6>

192

193 The results presented in Table 2 show that including 10 wt.% PEG does not modify the  
194 workability of the paste but is able to significantly reduce the density of the binder, with  
195 approximately a 33% reduction in the bulk density of the hardened paste compared to the paste  
196 with Al powder alone; the moulding procedure has clearly removed many of the bubbles  
197 generated by the Al in the absence of a stabiliser, whereas the PEG is effective in retaining the  
198 bubbles in the paste as it is poured into the mould and progressively hardens during the early  
199 stages of curing. Therefore, tests of mortar mixes were carried out using this combination of  
200 foaming agent and bubble stabiliser.

201

202 **Table 2. Mini-slump and bulk density of foamed pastes with 0.9 wt.% Al powder in the presence of**  
203 **PEG as a bubble-stabilising agent**

<b>water/cement ratio</b>	<b>Content of PEG (wt.% of cement)</b>	<b>Minislump radius (mm)</b>	<b>Bulk density (g/cm<sup>3</sup>)</b>
0.40	0	66.7	1.26
	10	67.8	0.85

204

205

### 206 **3.2 Mortars produced with Al as foaming agent and PEG as bubble stabiliser**

207

208 Based on the paste density reduction achievable through the coupled use of Al and PEG to  
209 generate and stabilise the bubbles, the next parameter tested was the binder mix design. The  
210 water/cementitious materials ratio was fixed at 0.40, and fly ash and silica fume were added to  
211 the mix in different proportions to determine the influence of each of these components on the  
212 bulk density and compressive strength of the hardened mortars. The mortar densities in Fig. 7  
213 are significantly higher than the paste densities in Table 2 due to the use of a regular (dense)  
214 quartz fine aggregate in the mortar mixes, at a mass ratio of 2.5 to the cementitious component  
215 (Table 1). The addition of fly ash consistently reduces the density of the mortar mixes, whereas  
216 silica fume densifies the mixes (Fig. 7A,B). However, fly ash addition reduces the compressive  
217 strength at both 7 and 28 days (Fig. 7C,D), and so the additional strength generated through  
218 silica fume incorporation was beneficial in enabling the materials to approach the range of  
219 strength values which would be required for semi-structural applications, up to 25 MPa for the  
220 strongest samples tested here. The positive effect of silica fume on compressive strength is  
221 more visible in samples without FA, consistent with the fact that the mortars have been dosed

222 replacing OPC by FA, and therefore, it is expected reduced compressive strength at early times  
223 of curing as the replacement of OPC by FA increases.

224

225 <Figure 7>

226

227 To clarify the influence of the mix design on key physical properties of the mortars, Figure 8  
228 shows the relationship between bulk density and compressive strength, for the mixes listed in  
229 Table 1 as well as some additional mixes developed with higher and lower contents of fly ash  
230 during the preliminary mix design process, all at the same water/cementitious materials ratio  
231 of 0.40. The relationship between density and compressive strength displays an increasing  
232 trend, as expected based on the extensive literature for foamed concretes produced by various  
233 mechanical and chemical foaming methods, and as described by a number of mathematical  
234 models, where power-law, logarithmic and linear relationships have variously been proposed  
235 for different types of foamed concrete (Kearsley and Wainwright, 2002). Considering the error  
236 bars shown in Figure 7, the data presented here could be described by any of these types of  
237 mathematical relationship with approximately the same degree of precision, and so it is not  
238 possible to conclusively state which is the most accurate relationship for this set of mortars  
239 foamed according to the new methodology presented here. Nonetheless, there is a clear  
240 relationship which can be observed by comparison of Figures 7 and 8, whereby the addition of  
241 silica fume yields a lower compressive strength and a higher bulk density; this curve may be  
242 used to design materials with the desired combination of density and mechanical performance,  
243 through adjustment of the blend of cementitious materials at this particular dose of foaming  
244 agent and stabiliser.

245

246 <Figure 8>

247

## 248 **Conclusions**

249

250 This study has presented a methodology by which bubbles can be formed in cementitious pastes  
251 through the inclusion of metallic aluminium, and then stabilised by addition of polyethylene  
252 glycol. This polymer, although considered a weak surfactant, does display sufficient surface  
253 activity to prevent the breakdown of the bubbles and the escape of the entrained gases, while  
254 the material is cast and begins to harden and develop strength. This methodology therefore  
255 provides a pathway by which an aluminium-foamed cementitious material can be stabilised at

256 a lower density than would otherwise be possible, while retaining desirable strength  
257 characteristics sufficient for semi-structural applications. A mortar compressive strength of 25  
258 MPa at 28 days can be achieved by this method for a material with a density of 1.90 g/cm<sup>3</sup>.

259

260

261

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263

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265

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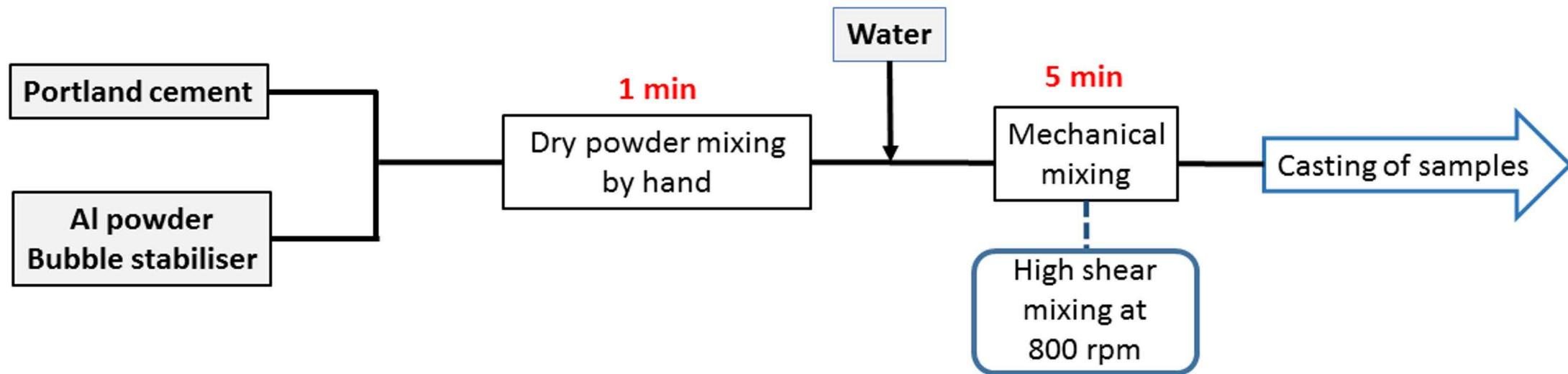
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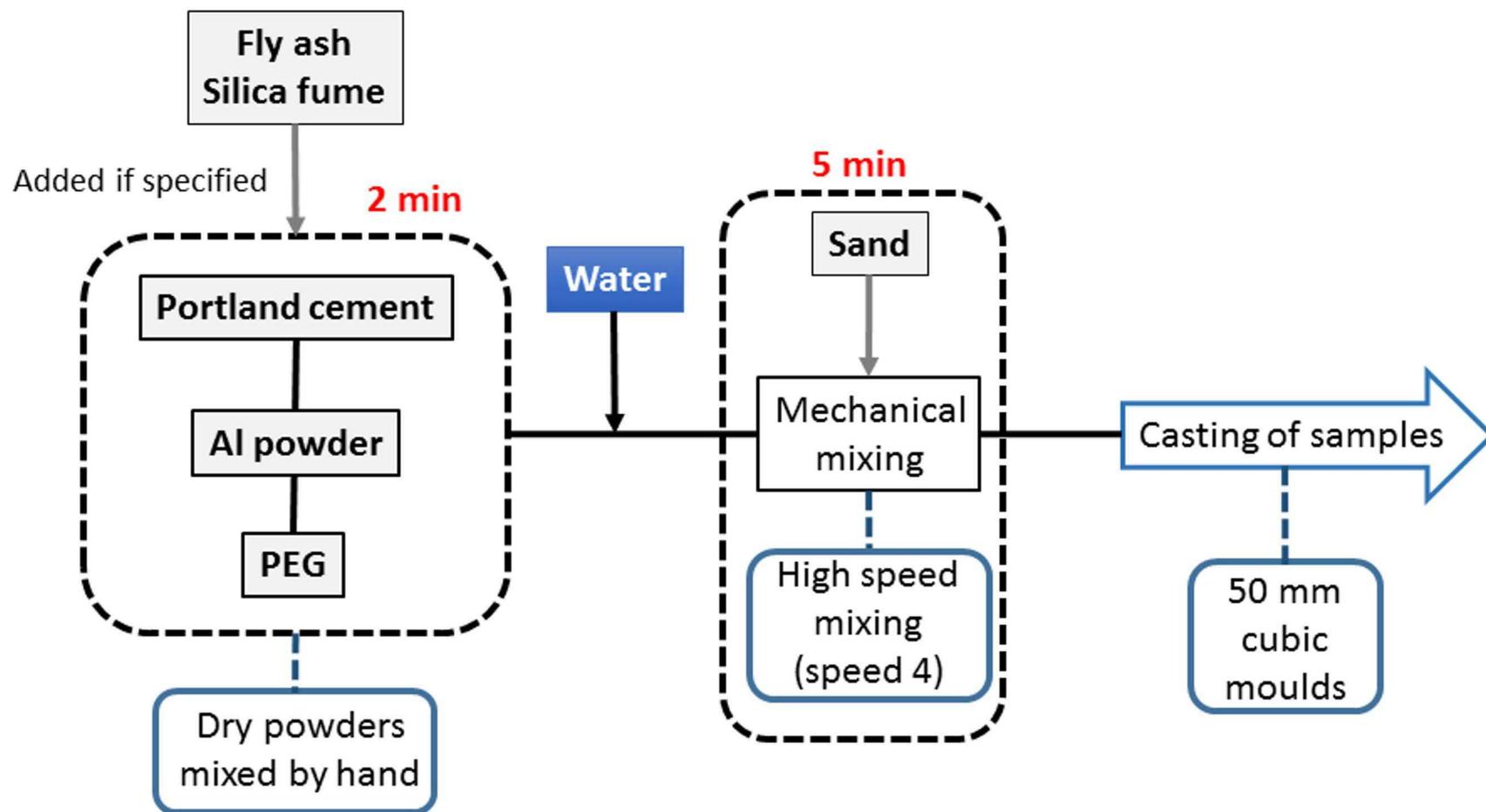
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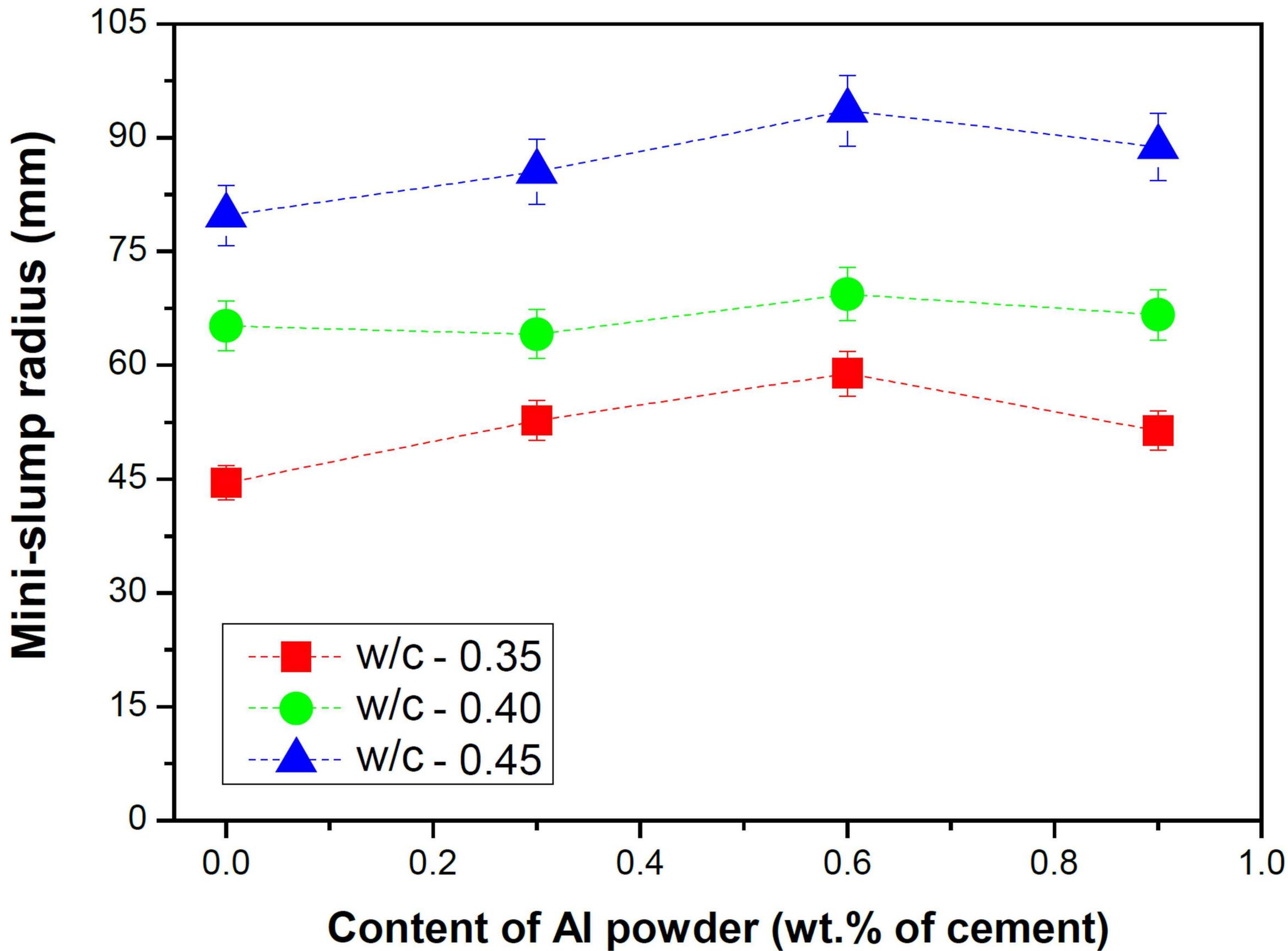
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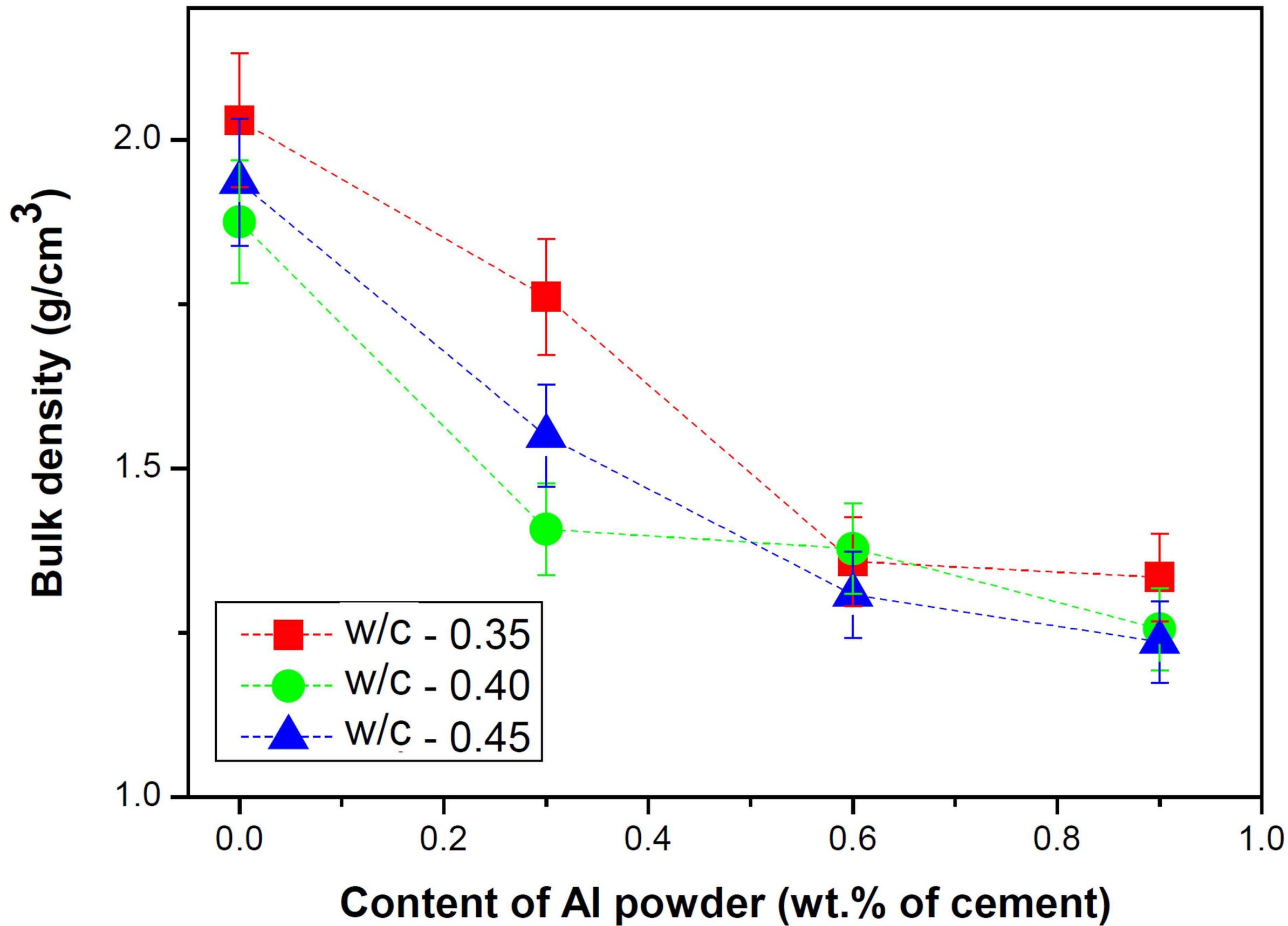
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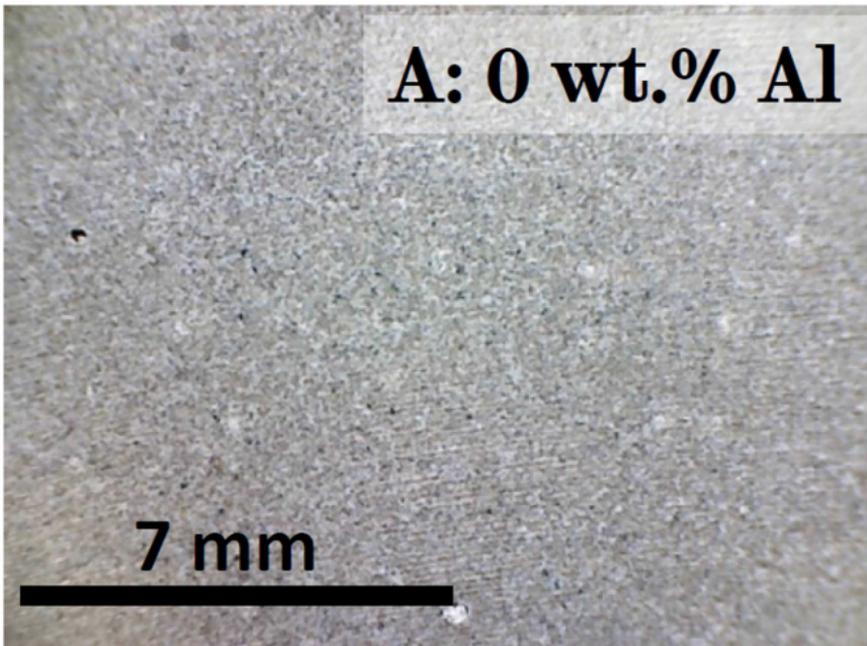






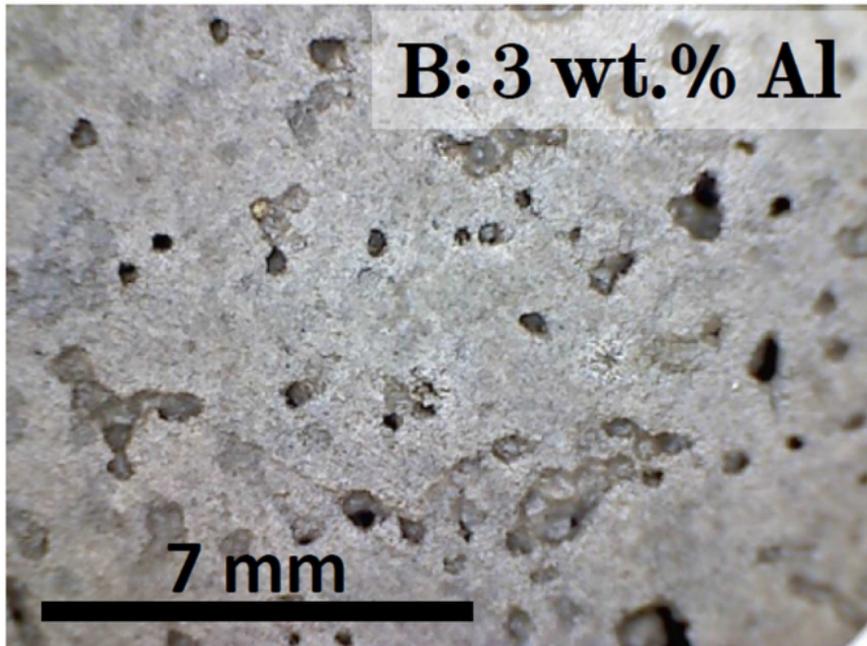
**A: 0 wt.% Al**

7 mm



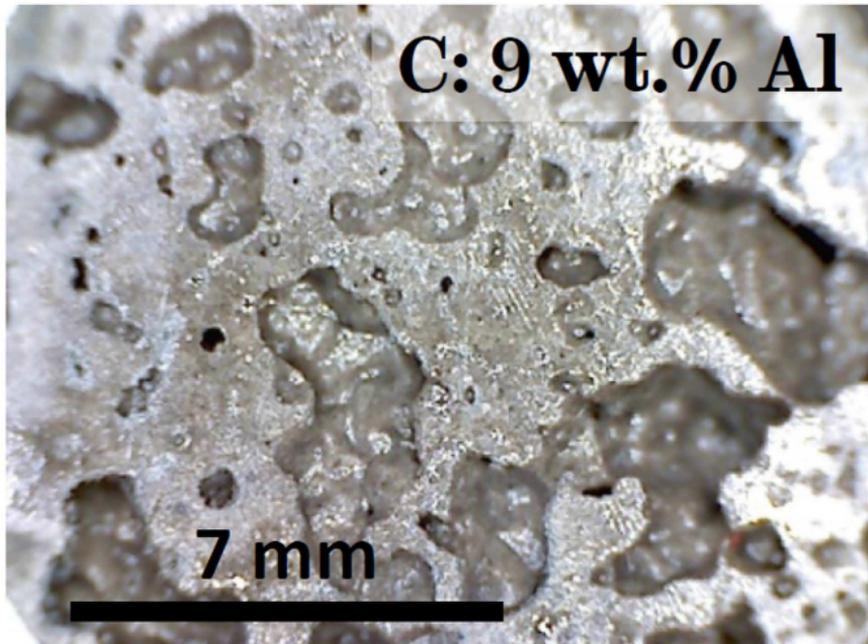
**B: 3 wt.% Al**

7 mm

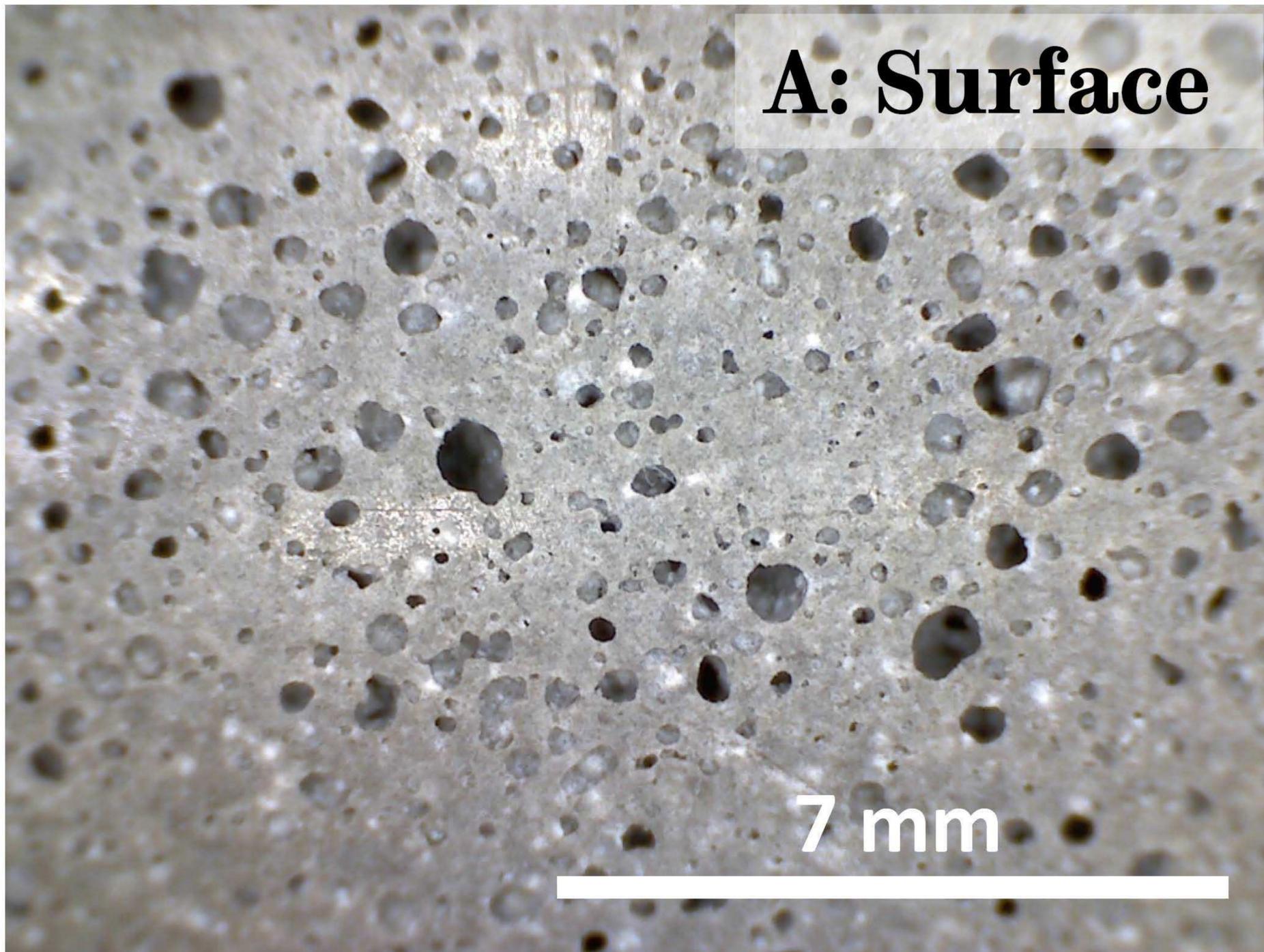


**C: 9 wt.% Al**

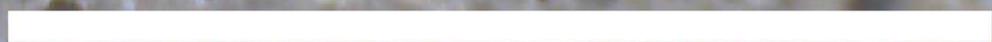
7 mm



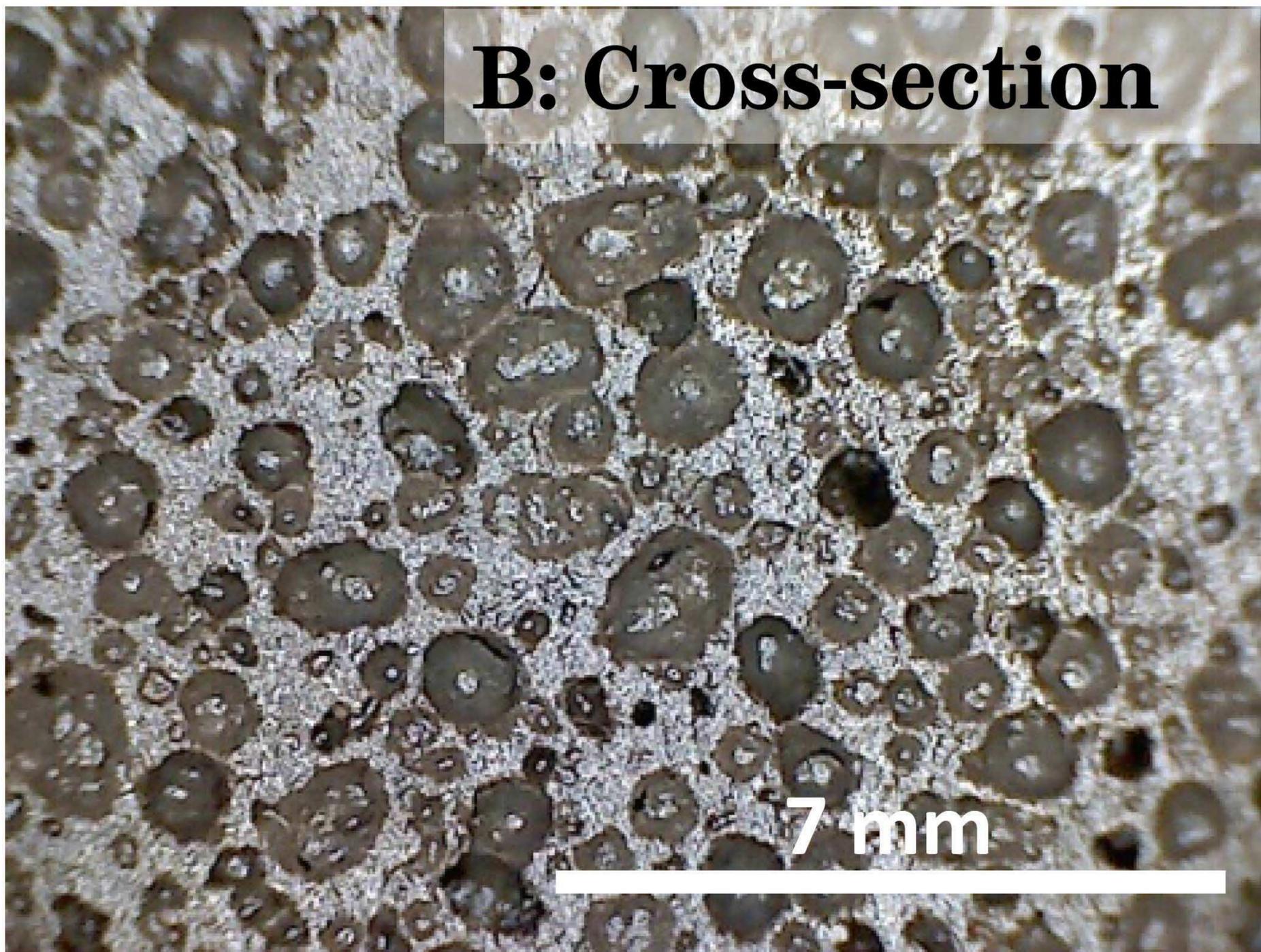
**A: Surface**



7 mm



**B: Cross-section**



7 mm



