Article:
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	Sequence generation	Allocation concealment	Blinding participants and personnel	Blinding outcome assessors	Incomplete outcome data	Selective outcome	Other bias
Aberg 2008	low	unclear	high	unclear	unclear	unclear	low
Alkahtani 2014	high	high	high	unclear	unclear	unclear	high
Andriessen 2018	high	high	high	high	low	low	high
Astell 2013	low	low	low	high	low	unclear	low
Blundell 2017	low	unclear	low	unclear	low	low	low
Cameron 2008	high	high	high	high	unclear	unclear	high
Demos 2017	unclear	unclear	unclear	unclear	unclear	unclear	high
Grieve 2003	high	high	high	high	unclear	unclear	high
Hopkins 2014	high	high	high	high	unclear	unclear	high
Johnstone 2008	low	high	high	unclear	unclear	unclear	low
Martin 2011	low	unclear	unclear	high	unclear	unclear	low
Martins 2017	low	unclear	unclear	high	unclear	unclear	low
McVay 2016	unclear	unclear	unclear	high	unclear	unclear	high
Newman 2016	low	unclear	unclear	high	low	unclear	low
Raynor 2006	low	unclear	high	high	unclear	unclear	low
Raynor 2012	low	low	high	high	low	unclear	low
Stice 2017	low	low	unclear	high	low	unclear	low

Table 1 Risk of bias for the 7 criteria within each study