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2 3 4 1	Title
	The dental calculus metabolome in modern and historic samples
8 4 9 4	<b>Keywords:</b> Metabolomics: dental plaque: oral microbiome: archaeology: GC-MS: UPLC-MS/MS
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### Abstract

- *Introduction*: Dental calculus is a mineralized microbial dental plaque biofilm that forms
- throughout life by precipitation of salivary calcium salts. Successive cycles of dental plaque
- growth and calcification make it an unusually well-preserved, long-term record of host-microbial
- interaction in the archaeological record. Recent studies have confirmed the survival of authentic
- ancient DNA and proteins within historic and prehistoric dental calculus, making it a promising
- substrate for investigating oral microbiome evolution via direct measurement and comparison of
- modern and ancient specimens.
- Objective: We present the first comprehensive characterization of the human dental calculus metabolome using a multi-platform approach.
- *Methods*: Ultra performance liquid chromatography-tandem mass spectrometry (UPLC-MS/MS)
- quantified 285 metabolites in modern and historic (200 years old) dental calculus, including
- metabolites of drug and dietary origin. A subset of historic samples was additionally analyzed by
- high-resolution gas chromatography-MS (GC-MS) and UPLC-MS/MS for further
- characterization of metabolites and lipids. Metabolite profiles of modern and historic calculus were compared to identify patterns of persistence and loss.
- *Results*: Dipeptides, free amino acids, free nucleotides, and carbohydrates substantially decrease
- in abundance and ubiquity in archaeological samples, with some exceptions. Lipids generally
- persist, and saturated and mono-unsaturated medium and long chain fatty acids appear to be
- well-preserved, while metabolic derivatives related to oxidation and chemical degradation are found at higher levels in archaeological dental calculus than fresh samples.
- Conclusions: The results of this study indicate that certain metabolite classes have higher
- potential for recovery over long time scales and may serve as appropriate targets for oral
  - microbiome evolutionary studies.

#### **1. Introduction**

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Metabolites are small molecular weight molecules produced by a diverse range of enzymatic and chemical reactions, and include products derived from both endogenous and exogenous sources. Profiling metabolites in biological systems to define a metabolome is increasingly common, as it can provide insight into normal and perturbed metabolic processes and their relation to health and disease. Easily obtained human biofluids including serum (Psychogios et al. 2011), urine (Bouatra et al. 2013), and saliva (Dame et al. 2015) have been extensively profiled to define the range of metabolites that are produced in health, and how their levels fluctuate based on changes in activity (Daskalaki et al. 2015), diet (Lankinen et al. 2014), drug use (Fleet et al. 2008; Hahn et al. 1972), and disease progression (Yan et al. 2008). These studies have made it possible to search for specific metabolites that can act as biomarkers for a diverse range of disorders and diseases, including cardiovascular disease (Jensen et al. 2014), diabetes (Sysi-Aho et al. 2011), periodontal disease (Barnes et al. 2011; 2009), and cancer (Beger 2013).

Saliva has become an increasingly popular source for metabolite analysis because collection is simple, non-invasive, does not require training, and it is abundant and easy to resample and store (Dame et al. 2015). Saliva is composed mainly of water, but it also contains a wealth of molecules including mucins, proteins, carbohydrates, salts, and metabolites derived from serum, local cellular processes, diet, and oral microbes (Zhang et al. 2012). Because of the presence of serum-derived molecules, saliva has been used to search for biomarkers both of local diseases, such as periodontal disease (Barnes et al. 2011) and oral cancer (Yan et al. 2008), and also systemic diseases such as pancreatic and breast cancers (Sugimoto et al. 2010), and cardiovascular disease (Folev et al. 2012).

Metabolites from dental plaque, a microbial biofilm that develops on teeth, may provide novel information regarding host-microbiome interactions in health and disease. Dental plaque is likely to contain host saliva- and gingival crevicular fluid (GCF)-derived metabolites in addition to microbial metabolites, potentially providing a substrate for direct comparison of host and microbial activities. For reasons not well understood, dental plaque periodically and rapidly mineralizes to form dental calculus, a substance with concrete-like hardness that is immediately re-colonized by oral bacteria in a repetitive process (White 1991). Such rapid entombment has the potential to trap biomolecules from GCF and saliva as well as oral plaque and dietary and environmental debris (Warinner 2016; Warinner et al. 2015). 

Although generally kept to low levels by professional dental hygiene regimens today, dental calculus was ubiquitous and relatively abundant in past human populations, as attested by dental calculus preserved within archaeological and paleontological collections spanning tens of thousands of years, and it is also found on the dentitions of some animal species (Warinner 2016; Warinner et al. 2015). Recent biomolecular investigations of ancient dental calculus have demonstrated that it contains exceptionally well preserved DNA and proteins from oral biofilm species, dietary components, and the host (Warinner, Hendy, et al. 2014; Warinner, Rodrigues, et al. 2014), as well as preserved plant microfossils (e.g., pollen, starch granules) and metabolic products (e.g., terpenoids) likely originating from dietary and craft activities (Blatt et al. 2011; Buckley et al. 2014; Hardy et al. 2012; Radini et al. 2016; Warinner, Rodrigues, et al. 2014). Such samples allow deep-time genetic and non-genetic molecular anthropology approaches to studying changes in human behavior, evolution of the oral biofilm and disease processes, and co-evolution of the oral microbiome and host, which are difficult to study using current in vitro and in vivo technologies alone. Gas-chromatography analyses of dental calculus from Neanderthals

(Buckley et al. 2014; Radini et al. 2016), pre-agriculturalists (Hardy et al. 2016), and early
agriculturalists (Hardy et al. 2012) have been used to infer the use of dietary and/or medicinal
plants; however, to our knowledge, no broad-scale analysis to determine the potential range of
metabolites trapped in dental calculus has been undertaken.

Here we present an in-depth, metabolic analysis of a set of historic and modern dental calculus samples using a combination of targeted and untargeted approaches to assess the range of metabolites that can be extracted from calculus, and how well they persist and preserve over time. We validated our results and performed targeted metabolite searches in a subset of historic samples for a more thorough assessment of the potential preservation of metabolites of interest.

### 2. Materials and Methods

# 2.1 Calculus collection and preparation

Fresh dental calculus samples were obtained during routine dental cleaning at the University of Oklahoma Periodontology Clinic (n=1) in Oklahoma City, Oklahoma, USA and at a private dentistry practice (n=4) in Jaen, Spain (Table 1). Samples were collected by dental professionals using a dental scaler following standard calculus removal procedures. All samples were obtained under informed consent, and this research was reviewed and approved by the University of Oklahoma Health Sciences Center Institutional Review Board (IRB# 4543). Historic dental calculus (Figure S1a) was collected from 12 skeletons in the Radcliffe Infirmary Burial Ground collection, housed at Oxford Archaeology in Oxford, UK (Table 1). This cemetery was used from 1770-c.1855, and the skeletons are not personally identifiable. The oral health of each skeleton was recorded with reference to the presence or absence of caries and periodontal disease, with reference to (Hillson 1996; Ogden 2005). The sex and approximate age at death for each skeleton was estimated following standard osteological criteria (Brooks and Suchey 1990; Buckberry and Chamberlain 2002; Ferembach et al. 1980; Lovejoy et al. 1985; Phenice 1969; Schwartz 1996) and is presented in Table 1. Genetic sex was further confirmed through high-throughput sequencing (HTS) of DNA extracted from additional calculus fragments (described below) following previously described methods (Frantz et al. 2016; Skoglund et al. 2015; 2013); genetic sex determinations for all twelve samples were consistent with those made using osteological approaches. For details see Supplemental Methods.

After collection, the fresh and historic dental calculus samples were stored frozen and transferred on dry ice to Metabolon, Inc. (Durham, NC) for sample processing and metabolite extraction and detection by UPLC-MS/MS. A subset of five historic dental calculus samples (CS6, CS12, CS18, CS24, and CS46) were additionally analyzed at the Departments of Chemistry and Biomolecular Chemistry at the University of Wisconsin (Madison, USA) to further characterize metabolites and lipids by high-resolution gas chromatography (GC)-MS and UPLC-MS/MS (Table 1).

# 117 2.2 Genetic Authentication of a Preserved Oral Microbiome in Historic Samples

DNA extracted from a separate fragment of each piece of historic calculus was used to assess microbial community composition. DNA was extracted as previously described, but 53 119 omitting phenol-chloroform steps (Warinner, Rodrigues, et al. 2014), and Illumina shotgun sequenced (for details see Supplemental Methods). The 16S rRNA gene-identified reads were then used to assess microbial community composition at the genus level by closed-reference OTU-picking against the GreenGenes v. 13.8 database using UCLUST (Edgar 2010) in QIIME 58 123 59 124 v. 1.9 (Caporaso et al. 2010). The Bayesian analysis-based program SourceTracker (Knights et

125 al. 2011) was used to estimate the source composition of the microbial community identified by 126 QIIME. Human reads were identified by mapping to GRCh38.p10 (GCF 000001405.36) using bwa (Meyer et al. 2012) with the flags aln -l 16500 -o 2 -n 0.01, duplicate reads were removed, 127 128 and reads mapping to X and Y chromosomes were analyzed for genetic sex determination as 129 described above.

### 131 2.3 Mass spectrometry and data processing for UPLC-MS/MS

132 Samples (~20 mg) were decalcified in 0.5M EDTA, centrifuged to pellet debris, and 14 133 supernatant prepared using the automated MicroLab STAR® system from Hamilton Company. 134 Samples were cleaned and divided into five fractions: two for analysis by two separate reverse 135 phase (RP)/UPLC-MS/MS methods with positive ion mode electrospray ionization (ESI), one for 18 136 analysis by RP/UPLC-MS/MS with negative ion mode ESI, one for analysis by HILIC/UPLC-19 137 MS/MS with negative ion mode ESI, and one sample was reserved for backup. All methods 20 138 utilized a Waters ACQUITY ultra-performance liquid chromatography (UPLC) and a Thermo 139 Scientific Q-Exactive high resolution/accurate mass spectrometer interfaced with a heated 140 electrospray ionization (HESI-II) source and Orbitrap mass analyzer operated at 35,000 mass resolution. For details see Supplemental Methods. Raw data were extracted, peak-identified and 141 OC processed using Metabolon's hardware and software. Compounds were identified by 25 142 26 143 comparison to library entries of purified standards or recurrent unknown entities. Peaks were 144 quantified using area-under-the-curve. Each compound was corrected in run-day blocks by 145 registering the medians to equal one (1.00) and normalizing each data point proportionately. For specific details about the hardware, software, and libraries used, please see Supplementary 30 146 31 147 Materials section 2.6.

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#### 149 2.4 Further characterization of historic calculus by GC-MS and UPLC-MS/MS

150 Five historic dental calculus samples were selected to further investigate metabolites and 35 lipids in historic dental calculus samples (Table 1). Following sample pulverization, 15 mg was 36 151 37 152 decalcified with 100 uL of 4% Formic acid. Samples were incubated at 4°C with occasional 38 153 shaking for 12 days. Next, 75 uL of 1 M ammonium hydroxide was added, then samples were 39 154 extracted with 350 uL MeOH + 350 uL Acetonitrile (final 2:2:1 Methanol: Acetonitrile: Water). 40 Extract was split for metabolite (GC-MS) and lipid (LC-MS) analysis and dried down by vacuum 155 41 42 156 centrifugation. For GC-MS analysis molecules were analyzed with electron-impact (EI)-Orbitrap 43 157 full scan of 50-650 m/z range. Lipid LC-MS analysis was performed on a Water's Acquity 44 158 UPLC CSH C18 Column (2.1 mm x 100 mm) with a 5 mm VanGuard Pre-Column Mobile 45 46 159 coupled to a Q Exactive Focus. Raw files were analyzed using an in-house tool for deconvolution of spectra, quantitation, and identification against in-house and NIST 2014 47 160 libraries (GC-MS), or the Thermo Compound Discoverer<sup>TM</sup> 2.0 application with peak detection, 48 161 49 162 retention time alignment, and gap filling (UPLC-MS/MS). Only peaks 10-fold greater than 50 solvent blanks were included in the later analysis. The UPLC-MS/MS data was also processed 163 51 through the Global Natural Products Social Molecular Networking pipeline (Wang et al. 2016). 164 52 53 165 For details see Supplemental Methods. 54

#### 167 2.5 Data analysis

168 Mass normalized data were used for all downstream analyses. Data was normalized as 58 169 follows: values for each sample were normalized by sample mass utilized for extraction, and 59 170 each biochemical was then rescaled to set the median equal to 1. Lastly, missing values were

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imputed with the minimum. First, overall metabolome composition was summarized at the super-pathway, sub-pathway, and metabolite levels, and identified metabolites were cross-referenced against public databases to obtain KEGG compound identifiers and Human Metabolome Database (HMDB) IDs. Next, metabolites found to be ubiquitously present in modern samples and ubiquitously absent in historic calculus were compared. Here ubiquity among the five modern samples was applied as a measure to identify highly prevalent (potentially core) dental calculus metabolites; complete absence of these metabolites among all twelve historic samples was used to identify metabolite candidates that may be particularly prone 14 179 to loss or that are unstable and susceptible to degradation through time-dependent taphonomic processes. Following this analysis, differential representation of metabolites between historic and modern samples was determined using the program Statistical Analysis of Metagenomic Profiles 18 182 (STAMP) (Parks and Beiko 2010; Parks et al. 2014), first including metabolites detected in both 19 183 historic and modern samples, and then again using only those metabolites that were universally 20 184 detected in all seventeen calculus samples. Metabolite profiles of historic and modern samples were compared using 2 group analysis of the average quantity of each metabolite and analyzed by White's non-parametric two-sided t-test with bootstrapping to determine the difference between proportion (DP) with cut-off 95% and Storey's FDR. Differential abundance was determined in hierarchical categorization of super-pathway, sub-pathway, and individual metabolite. For both analyses corrected p-values (q-values) of  $\leq 0.05$  together with an effect size  $\geq$ 1 were considered significant. Pathway maps were created using iPATH2 (Yamada et al. 2011) for metabolites with KEGG compound identifiers. Partial Least Squares Discriminant Analysis 30 192 (PLS-DA) was performed using the R package mixOmics (Rohart et al. 2017) in default settings, 31 193 and O2 values for the PLS-DAs was calculated in the R package DiscriMiner (https://github.com/gastonstat/DiscriMiner) using 2 components to match the mixOmics calculations, and "leave one out" cross-validation. 

### 36 197 **3 Results**

# 3.1 Authentication of historic calculus

Archaeological specimens are subject to environmental degradation and contamination, and thus it is necessary to confirm of the source (e.g., endogenous microbiome vs. exogenous 42 202 environmental microbes) of biomolecules detected in ancient samples. QIIME and SourceTracker analyses confirmed excellent biomolecular preservation of an *in situ* oral microbial community within the historic dental calculus samples, and 16S rRNA gene sequences  $\frac{10}{46}$  205 closely matched those expected for dental plaque communities, with minimal contamination from exogenous sources such as soil and skin (Figure S1b). The high proportion of microbes of 47 206 48 207 "unknown" source in several historic dental calculus samples is observed in modern calculus samples (Ziesemer et al. 2015) (Figure 1b 'Modern'), and is a result of mismatched source samples. Several poorly taxonomically characterized oral taxa such as Methanobrevibacter and *Tissierellaceae* are highly abundant in mature dental calculus biofilms but are infrequently detected in healthy oral plaque early biofilms such as the Human Microbiome Project cohort we 53 211 used as source samples. Therefore these genera cannot be confidently assigned to an oral plaque source, and are instead attributed to an unknown source. 

58 215 3.2 Metabolic pathway coverage in dental calculus

4 216 A total of 285 metabolites were identified by UPLC-MS/MS in the seventeen dental 5 217 calculus samples, and these were categorized as members of one of eight super-groups: Amino 6 acids, Carbohydrates, Cofactors and vitamins, Energy, Lipids, Nucleotides, Peptides, and 218 7 8 219 Xenobiotics (Figure 1a; Supplemental Table S1), which were further classified into 69 sub-9 220 categories. More than half of the metabolites (n=185) were detected in both historic and modern 10 221 calculus samples, demonstrating that metabolites can be recovered from historic dental calculus, 11 222 while 99 metabolites were detected only in modern samples and 1 was detected only in historic 12 223 samples. One hundred ninety-nine metabolites were detected in all 5 modern samples, 97 were 13 14 224 detected in all 12 historic samples, and 85 were detected in all 17 calculus samples (Table S1). A 15 225 smaller subset of historic calculus was analyzed by GC-MS and LC-MS at the University of 16 226 Wisconsin-Madison; this enabled the identification of 15 additional metabolites and 40 17 18 227 additional lipids, respectively (Figure 1b; Table S2). For metabolites that were quantified in the 19 228 main analysis and in the smaller subset, we see comparable quantitation despite differences in 20 229 extraction procedures and analysis methods between Metabolon and the University of Wisconsin 21 230 (positive correlation,  $R^2 = 0.7$ , Supplemental Figure S2). UPLC-MS/MS-identified metabolites 22 231 with KEGG compound identifiers (n=207) were located on a general metabolic pathway map 23 (Figure S3) and a map of biosynthesis of secondary metabolites (Figure S4). 232 24

To try to characterize more of the unknown features, we analyzed the LC-MS data 25 233 26 234 acquired on the subset of historic calculus through the Global Natural Products Social Molecular 27 235 Networking (GNPS) pipeline (Wang et al. 2016). This online tool searches experimental MS2 28 236 spectra against a large number of publically available spectral libraries and clusters spectra based 29 30 237 on shared fragment ions. The identified clusters were primarily molecules that had been 31 238 identified previously by Metabolon. Expectedly, we found molecular clusters associated with 32 239 lipid class: for example, phosphatidylcholines clustered within the same molecular network, and 33 240 these molecules shared network connections with sphingomyelins containing phosphocholine 34 head groups (Figure S5). We also observed clusters of molecules that could be categorized as 241 35 plasticizers, which had not been identified in the data set by metabolon; however, we suspect 36 242 37 243 these molecules were introduced during sample processing. For example, one of these molecules 38 244 - didodecyl 3,3'-thiodipropionate - has been previously reported to be leached from 39 245 polypropylene tubes during organic extractions (Xia et al. 2005). 40

#### 42 247 3.3 Comparison of dental calculus and saliva metabolomes

248 To determine the degree of overlap between metabolites in dental calculus and 249 metabolites in saliva, we compared our results to the saliva metabolome. We downloaded a list  $_{4\,6}$  250 of all metabolites reported in saliva as catalogued in the Human Metabolome Database (Wishart et al. 2013) version 3.6 (hmdb.ca) as of February 2017 to use as the known saliva metabolome. 47 251 48 252 This list contained 1233 metabolites of endogenous and exogenous origin, spanning the full 253 range of super-pathways detected in calculus samples. Just over half, 159, of the 285 metabolites 254 detected in calculus (55.7%) were previously included in HMDB's saliva metabolome (Table S1), while these 159 metabolites make up just 12.9% of the total metabolites detected in saliva. 255 Of the remaining 107 metabolites detected in calculus, 84 have been detected in blood, urine 53 256 257 and/or cerebrospinal fluid, and 23 have no HMDB identifier. At least one metabolite in each of 258 the sub-pathways represented in calculus is not included in the HMDB saliva metabolome.

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58 260 3.4 Metabolite preservation patterns

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Among metabolites that are likely endogenous (host or oral microbiome) in origin (i.e., not xenobiotics), metabolite persistence differs by super-pathway in historic samples (Figure 1). Overall, historic samples had lower representation in metabolites categorized as Amino acids, Vitamins and cofactors, Carbohydrates, Nucleotides, and Peptides (Figure 2a). In contrast, *Lipids* and *Energy* metabolites were generally observed in both historic and modern calculus (Figure 2a). Additionally, at a finer scale, certain chemical configurations appear to be lost through time, for example N-acetylation, amino acids with positively-charged R-groups, and phenyl rings one carbon away from an oxygen. These data suggested a preservation bias that could be due to either chemical stability or compound solubility, although it is a possibility that low sample amounts limit the detection of certain metabolites.

To test the hypothesis that preservation is linked to aqueous solubility, we compared the 18 272 differential abundance of metabolites between modern and historic calculus to the predicted 19 273 hydrophobicity of the compounds. The predicted hydrophobicity was extracted from the HMDB, 20 274 which sources the ALOGPS predicted ratio of compound partitioning between 1-octanol and water (logP) (Tetko and Bruneau 2004). When plotting fold-change abundance (modern/historic) to logP, we observe a significant (p<0.001) negative correlation (Figure 2b), suggesting that molecules that are more abundant in modern calculus have lower organic solubility and higher aqueous solubility. This result is consistent with our hypothesis that metabolite preservation is in 25 278 part due to aqueous solubility. The exception to our hypothesis, and the outlier in Figure 2b, are poly-unsaturated fatty acids (PUFAs), which have high logP but low preservation. Two PUFAs, mead acid (20:3n9) and dihomo-linolenate (20:3n3 or n6), were identified in all modern dental 30 282 calculus samples but were not observed in historic samples. The loss of these PUFAs in historic 31 283 calculus may be partially explained by the decreased oxidative stability of fatty acids with decreasing saturation (Cosgrove et al. 1987; Rustan and Drevon 2005).

As yet there are no detailed assessments of metabolite degradation in archaeological dental calculus; however, analyses of protein damage patterns in human dental calculus and mammoth bone (Cappellini et al. 2012) can be used to draw comparisons with damage patterns 36 287 in calculus metabolites. Warinner, et al. (Warinner, Rodrigues, et al. 2014) found that the most common protein post-translational modification products in ancient dental calculus are deamidation of asparagine, deamidation of glutamine, oxidation of methionine, and conversion of N-terminal glutamine to pyroglutamate. Asparagine was detected in all five modern samples and eleven historic samples, while the deamidation product aspartate was detected in all seventeen samples, and in higher quantity. Glutamine was detected in all modern samples but not in historic samples, and its deamination products glutamate and 5-oxoproline were detected in higher concentration in all 17 samples, although at much higher concentration in modern than historic samples. Oxidation, which is widely documented in the degradation of oil paintings 47 296 48 297 (Oakley et al. 2015) and food spoilage (Velasco and Dobarganes 2002) also occurs in dental calculus. For example, the ratio of cholesterol and its oxidation product 7-ketocholesterol was reversed between modern and historic calculus, and kynurenin, an oxidation product of tryptophan that is known to accumulate in archaeological bone over time (Cappellini et al. 2012). was detected in historic calculus while tryptophan was absent. In contrast, methionine was 53 301 detected in all seventeen samples, and was much more abundant in modern samples, while the oxidation product methionine sulfoxide was detected in all five modern samples and in only two historic samples, in all cases at lower concentrations. Free methionine sulfoxide may be unstable 58 305 and subject to further rapid breakdown.

#### 307 3.5 Lipid 2-hydroxylation as an indicator of calculus age

308 Four 2-hydroxylated lipids were detected in all calculus samples—2-hydroxyadipate, 2-309 hydroxystearate, 2-hydroxypalmitate, and 2-hydroxyglutarate—and the first three are more 310 abundant in ancient than modern samples. The only metabolite detected in historic but not 311 modern samples was 2-hydroxydecanoate (detected in 10 of the 12 historic samples), while the 312 parent molecule decanoate was not detected in any of our samples. In contrast, 3-hydroxylated 313 and 2,3-hydroxylated lipids are more abundant in modern than historic samples. The increased 314 presence of 2-hydroxylated lipids in ancient samples suggests that this modification may increase 14 315 over time. The difference in patterns of lipid hydroxylation between ancient and modern calculus 316 suggests that in some cases 3-hydroxylation may switch to 2-hydroxylation. 317

### 3.6 Differentially abundant metabolites in ancient and modern calculus

19 319 To further define the differences in metabolic functions preserved through time, we 20 320 compared the metabolites present in both modern and ancient calculus samples at the super-21 321 pathway, sub-pathway, and individual metabolite levels using STAMP. Principal components 322 analysis demonstrated distinct separation of modern and historic samples (Figure 3a) with tight 23 clustering of historic samples along PC1 and PC2, while modern samples were more distributed, 323 24 suggesting that loss of metabolites through time results in a more uniform metabolite profile 25 324 26 325 between samples than may have originally existed. Comparing the mean proportions of 326 individual metabolites detected in at least one modern and one historic sample, 161 were significantly more abundant ( $q \le 0.05$ ) in one sample set, yet only 21 additionally had an effect 327 30 328 size of  $\geq 1.0$  (Figure 3b, Table S3 bold metabolites). When considering only the metabolites that 31 329 were universally present in all five modern and all twelve historic samples (Table S3, superscript 32 330 'c'), a slightly different set of metabolites and metabolic pathways are differentially abundant. 331 Historic and modern samples still separate distinctly in PCA (Figure S6a), but many more 34 metabolites have a significant difference in mean proportions (Figure S6b). 332 35

We then examined differences in proportion of super-pathways, sub-pathways, and 36 333 37 334 individual metabolites present in at least one modern and historic sample to better understand the 38 335 patterns of preservation and loss through time. The proportion of *Lipids* was significantly higher 39 in ancient than modern calculus samples, suggesting that non-polar, chemically inert molecules 336 40 are particularly stable through time (Figure 4a). On the other hand, the proportion of Amino 337 41 42 338 acids, Carbohydrates, Cofactors and vitamins, and Xenobiotics were significantly higher in 43 339 modern calculus (Figure 4a), demonstrating substantial loss and/or degradation of metabolites in 44 340 these super-pathways over time. The super-pathway Peptides was excluded from analysis using 45  $_{4\,6}$  341 this method because its near total absence in historic samples resulted in very few possible 47 342 comparisons.

48 343 As expected from the super-pathway differential abundances, many of the sub-pathways 49 344 with greater proportional representation in historic calculus were related to lipid metabolism 50 345 (Figure 4b). The sterols include cholesterol and its oxidation products 4-cholesten-3-one, 7-51 hydroxycholesterol (alpha or beta), and 7-ketocholesterol, which is consistent with the 346 52 expectation that increased oxidation will occur over time. Guanidino and acetamido metabolism 53 347 54 348 comprised a greater proportion of historic sample metabolites due to overrepresentation of 4-55 349 guanidinobutanoate, a product of arginine and putrescine metabolism. Several of the sub-56 350 pathways with greater proportional representation in modern samples can be explained by a 57 58 351 single metabolite, which manifests at the metabolite level (Figure 4b), and these include 59 352 Nicotinate and nicotinamide metabolism, Pyrimidine metabolism, and Food component/plant. A

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single metabolite each comprises the *Chemical* and *Drug* sub-pathways, sulfate and salicylate, respectively. With respect to the latter, salicylate is abundant in modern pharmaceuticals, but may have been consumed medicinally in the form of willow bark tea by the historical population, especially given the fact that they were buried in a hospital-associated cemetery. Salicylates are also naturally found in a variety of fruits, vegetables, herbs, and spices; however at levels far below the therapeutic doses typical of modern pharmaceuticals (Castillo-García et al. 2015). Alternatively, the salicylates in the historic calculus samples may be a plant root-derived product (Badri and Vivanco 2009), resulting from the diffusion highly soluble, small organic acids into the calculus from burial soil.

In contrast to the large number of sub-pathways representing a significantly higher proportion of metabolites between historic and modern calculus, only 6 individual metabolites were significantly differentially represented between historic and modern calculus (Figure 4c). 19 365 Modern calculus had significantly higher proportions of nicotinate, orotate, stachydrine, alanine, 20 366 and glucose (Figure 4c). Both nicotinate and orotate may be taken as a dietary supplement, while stachydrine (proline betaine), is a plant metabolite that is not metabolized by mammals (Lever et al. 1994), but is common in citrus fruits and orange juice (Atkinson et al. 2007). Low abundance of stachydrine in historic calculus may relate to dietary differences between these modern and 25 370 historic populations, or to differential preservation. Alanine, the smallest amino acid, and glucose may be lost through high solubility. The lipid 2-hydroxystearate was the only metabolite of significantly greater proportion in historic samples, even though several 2-hydroxylated lipids had greater relative abundance in historic samples. 

30 374 In addition to endogenous metabolites, several xenobiotics found to be present only in 31 375 modern calculus samples are from food and pharmacologic agents introduced to or popularized in European populations in the 20<sup>th</sup> century, including the artificial sweeteners acesulfame, saccharin, and arabitol/xylitol. Additionally, theobromine, an alkyloid present in coffee, tea, and chocolate, was also only detected in modern calculus, suggesting that consumption of these 36 379 products by the historic population was absent or low, despite their increasing availability in Europe in the 1800s, or that this metabolite poorly preserves over time. 

#### 3.7 Potential for maintenance of biological signatures in calculus metabolite profiles

Unlike saliva, dental calculus does not represent a snapshot of a specific time and specific metabolic state, but rather it represents a life history in which specific profiles may be diluted out by fluctuating metabolic processes throughout an individual's life, loss of unstable metabolites over time, and random chance with respect to the entrapment of xenobiotics and dietary compounds. However, distinct metabolic signatures related to biological variables such as sex (Takeda et al. 2009), oral health status (Barnes et al. 2009; 2011), and oral biofilm microbial composition (Takahashi et al. 2010) have been reported in saliva, GCF, and oral plaque samples, all of which are likely to contribute to the metabolite profile in dental calculus. Therefore, we assessed differences in metabolic profiles between calculus from different age groups, sex, and oral health status by partial least squares discriminant analysis (PLS-DA) (O2 valuesTable S4). **393** and, further, looked for metabolites that could be specifically attributed to bacterial activity.

No differences were found in the metabolite profile between age groups, between males and females, between samples from caries-affected and caries-free dentitions, or between samples from periodontal disease-affected and non-affected individuals when considering metabolites detected in at least one historic and one modern calculus sample (Figure 5a), or 58 397 metabolites universally present in all 17 samples (Figure S8a). However, there was a distinct

4 399 separation of modern and historic samples in each comparison so we repeated PLS-DA using 5 400 only historic sample data. PLS-DA separated historic samples based on sex, age, caries status 6 401 and periodontal disease status when using metabolites detected in at least one historic sample 7 8 402 (Figure 5b) and when using only metabolites present in all 12 historic samples (Figure S8b). 9 403 Applying PSL-DA to universally detected metabolites in only the *Lipid* and *Energy* classes, (the 10 404 best-preserved classes in historic samples, Figure 1a) separated samples based on time period 11 405 rather than biological category (Figure S8c). These results suggest that biological categories in 12 406 modern and historic calculus samples cannot be directly compared, yet patterns of biological 13 14 407 differences are maintained through time. 15

408 Similarly, no metabolites could be specifically attributed to bacterial processes, but 409 several metabolites, including isovalerate, valerate, lactate, cadaverine and putrescene, are 18 410 known metabolic products of oral bacteria (Scully et al. 1997; Takahashi 2015). Dipicolinate, 19 411 which was detected in all modern and all historic samples, is the major component of bacterial 20 412 spore capsules, and may indicate that bacterial endospore development occurs in mature plaque 413 biofilms, or during plaque mineralization. Sulfate is abundant in GCF due to break-down of 414 sulfur-containing amino acids by the oral biofilm, and is produced during anaerobic 24 415 methanogenesis in oral plaque, however, we observed no correlation between the relative abundance of the oral methanogen Methanobrevibacter and sulfate levels (Figure S9) in our 25 416 26 417 samples, and the very high abundance of sulfate in historic relative to modern calculus suggests 418 an exogenous source. Oxford topsoil sulfur concentrations where the cemetery was located are in the 70<sup>th</sup> percentile across England and Wales (Rawlins et al. 2012), and sulfates in the soil and 419 30 420 ground water of the cemetery may leach into the calculus by the same processes through which 31 421 highly water-soluble metabolites are leached out of calculus.

# **4** Discussion

424 Our results derived from the non-targeted assessment of metabolites present in dental calculus from both modern and historic samples demonstrate the significant potential of calculus 36 425 426 as a material for metabolomics and lipidomic studies. The wide range of metabolic categories 427 covered (amino acids, carbohydrates, cofactors and vitamins, energy, lipids, nucleic acids, 428 peptides, xenobiotics), and the variety of sources of metabolites (host, microbial, diet) are on par 429 with those reported in saliva (Barnes et al. 2011) and GCF (Barnes et al. 2009) using similar metabolite detection platforms. Similar to the study defining the saliva metabolome (Dame et al. 430 431 2015), we found using multiple metabolomics platforms (5 different methods by Metabolon, Inc. 432 and 2 by UW-Madison) increased the diversity of compounds we detected. However, unlike 433 Dame et al (2015), we found more metabolites by LC than GC methodologies, which was likely due to the low-abundance of molecules with higher aqueous solubility in the historic calculus 47 434 48 435 that were analyzed by GC-MS. Although we found lower representation of aqueous-soluble 436 molecules, in general calculus preserves a wide variety of molecules from the oral cavity and 437 could be useful proxy for oral biofluids in archaeological samples. Calculus also provides an opportunity to co-investigate host and microbial activity, which is increasingly recognized as 438 53 439 important to understanding cellular physiology and disease pathology (Takahashi 2015).

54 440 Saliva has been shown to preserve an individualized metabolic signature throughout daily 55 441 routine (Wallner-Liebmann et al. 2016) and dental calculus, which contains salivary components, 56 442 has the potential to preserve aspects of individual profiles over longer periods of time. While 57 58 443 only five modern calculus samples were included in this study, PCA analysis revealed substantial 59 444 metabolite profile diversity within these samples (Figure 2a). It therefore appears that modern

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4 445 calculus may preserve individual phenotypes, although to investigate this, studies with larger 5 sample sizes are needed to further assess this potential. Historic samples, in contrast, cluster 446 6 much more tightly in the PCA, suggesting that individual phenotypes may be lost through 447 7 8 448 metabolite degradation and loss over time. However, we were able to distinguish metabolic 9 449 profile differences in historic samples between sex, age, and oral health status of the individuals 10 450 by PLS-DA, demonstrating maintenance of individual profiles despite metabolite loss. It may 11 451 then be possible to investigate differences in specific metabolite profile in historic samples, 12 452 which could contribute to our understanding of disease demographics and evolution. 13

14 453 Relatively little is known about the process of age-related protein degradation in 15 454 archaeological samples, yet other historic samples provide some insight. Asparagine readily 16 455 deamidates via cyclization to succinimidyl within chain; however, this mechanism is unavailable 17 <sup>-</sup><sub>18</sub> 456 to the free amino acid. Under experimental heating, asparagine undergoes rapid hydrolysis (Crisp 19 457 et al. 2013), and it is therefore probable that the free asparagine seen in the historic samples is 20 458 derived from hydrolysis of peptides. Free glutamine and glutamic acid can undergo cyclisation to 21 459 pyroglutamic acid even at low temperatures (Nagana Gowda et al. 2015). However, although 22 460 pyroglutamate (pGlu; 5-oxoproline) is present at higher levels in the historic samples, it is too 23 low to account for all the loss of all glutamic acid. This consistent pattern suggests that there is a 461 24 contributing pool of degrading proteins, generating free amino acids which are undergoing 25 462 26 463 modification, either in chain (e.g., asparagine deamidation) or once hydrolysed to terminal 27 464 positions or as free amino acids (e.g., pyroglutamate). The majority of these low molecular 28 weight, high solubility products are then likely lost from the calculus matrix. It is possible that 465 29 some are so entrapped within the crystal matrix that they may persist as free amino acids and 30 466 31 467 pyroglutamate, and this could be assessed by monitoring the level of racemization (Crisp et al. 32 468 2013).

33 469 Persistence of the Energy metabolites is unexpected given that most of the molecules in 34 this category are small and water soluble, and therefore expected to be lost through time. Alpha-470 35 ketoglutarate may be produced by degradation of glutamate, which appears to be occurring in 36 471 37 472 calculus as discussed in our results, and it may form stabilizing complexes with calcium, which 38 473 is highly abundant in the predominantly calcium-phosphate mineral matrix of dental calculus. 39 474 However, we speculate that these Energy metabolites may be fungal- or plant-derived 40 475 compounds from the burial soil. Both plant roots and their associated mycorrhizal fungi secrete 41 organic acids including citrate, malate, and oxalate (Badri and Vivanco 2009; Klugh and 42 476 43 477 Cumming 2007), which are more abundant than expected in our historic samples. We expect that 44 478 the endogenous Energy metabolites are lost over time through solubility, yet organic acids 45 479 present in the soil from roots and fungi may diffuse into the historic calculus samples, and thus it 46 appears that these metabolites are not lost through time. This concern may be addressed in future 47 480 48 481 experiments by looking at preservation of small organic acids in historic calculus samples from 49 482 individuals who were never buried in soil, such as from crypt burials, and from archaeological 50 483 samples that have been in storage for varying periods of time. 51

Lipids, particularly unmodified, saturated classes, are some of the best-preserved 484 52 53 485 metabolites in historic calculus, and appear to be particularly stable over time. Therefore, lipid 54 486 analyses may be a promising focus for historic calculus studies. Although not a common focus in 55 487 salivary or oral biofilm metabolomics studies, lipids are a versatile class of molecule with a 56 488 broad range of physiological properties and actions. They play roles in local (intracellular) 57 58 489 (Nishizuka 1995) and long-distance (hormone) cell signaling (Xavier et al. 2016), have both pro-59 490 and anti-inflammatory properties (Bennett and Gilroy 2016), and are the major components of

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4 491 cell membranes, where their composition influences cell membrane function (Zalba and Hagen 5 492 2017). Bacterial membrane lipid content varies by species (López-Lara and Geiger 2016), and 6 may indicate bacterial physiological status (Darveau et al. 2004), while pathogenesis of the 493 7 8 494 periodontal disease-associated oral bacteria Porphyromonas gingivalis is influenced by host cell 9 495 membrane lipid composition (Min Wang and Hajishengallis 2008). The role of lipid mediators in 10 496 the initiation and resolution of periodontal disease inflammation is currently under investigation 11 497 (Bartold and Van Dyke 2013), and the wealth of lipids detected in calculus may be valuable to 12 498 studies of both host and microbial pathophysiology. 13

14 499 Although we were unable to specifically identify bacterial contributions to the calculus 15 500 metabolome, there are some metabolites suggestive of mature oral biofilm activity. Dipicolinate, 16 501 which is the major capsule component of bacterial endospores, is a highly stable molecule, as 17 18 502 evidenced by the long-term viability of endospores (Yung et al. 2007). To our knowledge, the 19 503 inferred presence of endospores in calculus is a novel finding, as we were unable to find any 20 504 references to the presence of bacterial endospores in oral plaque or dental calculus. Members of 21 505 several Gram-positive genera that reside in the mouth have close relatives known to form spores, 22 506 including Actinomyces (Gao and Gupta 2012), and Filifactor (Vos et al. 2011), and since many 23 oral bacteria have not yet been genetically or physiologically characterized, it is possible that 507 24 25 508 several oral species do have the ability to form spores. Calcification of the biofilm may induce a 26 509 stress response in these species that initiates endospore formation, which would explain the 27 510 abundance of dipicolinate in dental calculus. 28

Additionally, studies aiming to characterize salivary biomarkers of periodontal disease 511 29 have identified several pathways with an apparent bacterial source that contain promising 30 512 metabolite candidates for disease biomarkers (Kuboniwa et al. 2016; Sakanaka et al. 2017), and 31 513 32 514 we have identified several of these in our calculus. Phenylalanine, succinate, hydrocinnimate, 33 515 cadaverine, and putrescine are markers of periodontal disease that were reduced in saliva when 34 supragingival plaque was removed, suggesting they were largely produced by bacteria (Sakanaka 516 35 et al. 2017), and we detected each of these molecules. This demonstrates that bacterial metabolic 36 517 37 518 products are present in calculus, and may offer insight into mature biofilm activity. This could be 38 519 useful in studying how bacterial metabolism influences oral disease, as periodontal disease-39 520 associated oral plaque has community structure and activity much more similar to that of fully 40 mature biofilms such as are found in calculus, than to healthy site subgingival plaque or 521 41 supragingival plaque (Wade 2013), yet the presence of calculus alone is not a reflection of 42 522 43 523 periodontal disease status (i.e., three of the five modern calculus samples were collected from 44 524 teeth with no evidence of periodontal disease). 45

525 In sum, our results demonstrate that dental calculus contains an abundance of endogenous 46 and exogenous metabolites, and that a wide range of these metabolites preserve well through 47 526 48 527 time. Dental calculus therefore has significant potential to provide novel insights into human 49 528 diet, physiology, and microbiome activity in both modern and historic samples, permitting 50 529 human evolutionary and human-microbiome co-evolutionary studies with a deep-time 51 perspective. Larger sample sizes and samples from additional temporal and cultural contexts as 530 52 well as from varying burial and storage conditions are needed to further address metabolite 53 531 54 532 preservation and presence/absence patterns. The excellent preservation of dental calculus in 55 533 archaeological collections, however, means that there is ample opportunity to expand metabolite-56 534 based studies of dental calculus into the recent and distant past. 57

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# 536 Acknowledgments

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### Compliance with ethical standards

Conflict of interest All authors declare that they have no conflict of interest.

Ethical approval The study was approved by the Institutional Review Board for Human
 Research Participant Protection at the University of Oklahoma [IRB#4543] and was performed
 in accordance with the 1964 Helsinki declaration and its later amendments.

**Informed consent** Informed consent was obtained from all modern participants in the study prior to the collection of dental calculus.

## 7 Data availability

All data generated or analyzed during this study are included in this published article (and its supplementary information files).

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Tables

Table 1. Summary	of sample	demographic	and health infor	mation and ana	lyses performed
<b>I dole I</b> Outfind y	or sumpre	aemographie	und neurin mitor	mation and and	ryses periornieu

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OK1010 ES28	40					
ES28	-	Μ	Former	+ PD	- caries. + PD	UPLC-MS/MS
	31	F	Current	+ caries, + GV	- caries, - PD	UPLC-MS/MS
ES29	30	М	No	+ caries, + GV	- caries, - PD	UPLC-MS/MS
ES20	23	М	Current	+ caries, + GV	- caries, - PD	UPLC-MS/MS
ES15	71	М	Former	+ caries, + PD	- caries, + PD	UPLC-MS/MS
Historic				,		
CS06	36-45	М	N/A	+ caries, + PD	- caries, - PD	UPLC-MS/ MS <sup>d</sup> ; GC-MS
CS12	36-45	М	N/A	+ caries, + PD	- caries, - PD	UPLC-MS/MS <sup>d</sup> ; GC-MS
CS18	36-45	М	N/A	- caries , + PD	- caries, - PD	UPLC-MS/MS <sup>d</sup> ; GC-MS
CS24	36-45	F	N/A	+ caries, + PD	+ caries, + PD	UPLC-MS/MS <sup>d</sup> ;
CS46	>45	F	N/A	+ caries, + PD	- caries, - PD	UPLC-MS/MS <sup>d</sup> ; GC-MS
CS20	36-45	М	N/A	+ caries. + PD	- caries PD	UPLC-MS/MS
CS21	26-35	М	N/A	- caries PD	- caries PD	UPLC-MS/MS
CS23	26-35	F	N/A	+ caries, + PD	- caries, - PD	UPLC-MS/MS
CS30	18-25	F	N/A	+ caries, - PD	- caries, - PD	UPLC-MS/MS
CS31	36-45	F	N/A	+ caries, + PD	- caries, - PD	UPLC-MS/MS
CS39	36-45	М	N/A	- caries, + PD	- caries, - PD	UPLC-MS/MS
CS40	>45	F	N/A	- caries, - PD	- caries, - PD	UPLC-MS/MS
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<sup>a</sup>Age of skeletons used for historical calculus sampling is based on osteological indicators and is a range estimate. <sup>b</sup>Historical skeleton sex estimate is based on both osteological indicators and DNA sequencing, and was in concurrence between the two methods. <sup>d</sup>UPLC-MS/MS was performed twice; the first at Metabolon, Inc. and the second at the University of Wisconson-Madison. PD, periodontal disease; GV, gingivitis; N/A, not available; +, present; -, absent.



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**Fig. 3** Differences exist in mean proportions of metabolites detected in at least one historic and one modern dental calculus sample. **a** Principal components analysis distinctly separates modern and historic calculus samples. **b** Metabolites with significant differences ( $q \le 0.05$ , effect size of  $\ge 1.0$ ) in mean proportions between historic and modern calculus.



**Fig. 4** Differences exist in proportions of super-pathways, sub-pathways, and metabolites represented in at least one historic and one modern dental calculus sample. Significantly different  $(q \le 0.05, effect size of \ge 1.0)$  proportions of **a** Super-pathways, **b** Sub-pathways, and **c** metabolites. Individual metabolites between historic and modern samples.



45 608 Fig. 5 Partial least squares discriminant analysis of metabolites detected at least one modern and 46 609 one historic calculus sample. a Calculus samples cluster based on time period rather than biological category (sex, age, caries status and periodontal disease status) when including all metabolites detected in at least one modern and one historic sample. b Historic calculus samples cluster based on biological category (sex, age, caries status and periodontal disease status) when including all metabolites detected in at least one historic sample. Ellipses indicate 95% confidence intervals. 

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# **Supplementary Tables**

**Table S1**. Raw UPLC-MS/MS data from Metabolon. Tab 1 (OrigScale) contains data normalized in terms of raw area counts. Tab 2 (MassNormImp) contains data normalized as follows: values for each sample are normalized by sample mass available/utilized for extraction, then each biochemical is rescaled to set the median equal to 1, and missing values are imputed with the minimum. (Excel sheet).

**Table S2**. Raw Data from the University of Wisocnson-Madison. Tab 1 Metabolites detected by GC-MS. Tab 2 Metabolites detected by UPLC-MS/MS. (Excel sheet).

**Table S3.** Differential abundance of UPLC-MS/MS-identified metabolites between modern and historic dental calculus. (Word doc).

Table S4. Q2 values for all PLS-DAs.

# Supplementary Figures

**Fig. S1** Historic calculus samples contain oral bacterial community profiles. **a** Historic calculus on teeth from CS18 prior to sampling. **b** Percent of bacterial community in calculus samples attributable to distinct environmental sources by SourceTracker analysis. Modern samples from Ziesemer et al. (2015), demonstrate that a high proportion of the microbial community assigned to an "Unknown" source is characteristic of dental calculus. CS6 failed to build DNA libraries with the AccuPrimePFX polymerase.

**Fig. S2** Comparison of quantified metabolites from samples analyzed by Metabolon, Inc. and Wisconsin-Madison. Five calculus samples were analyzed by GC-MS and LC-MS in Madison, Wisconsin; the relative quantitation obtained on these methods was significantly correlated with results from Metabolon, Inc. (linear regression, p < 0.001).

**Fig. S3**. Representation of diverse metabolic pathways preserved in calculus. Large circles represent metabolites identified in calculus. Black rings around large circles indicate the metabolite was detected in historic calculus.

**Fig. S4**. Representation of pathways for biosynthesis of secondary metabolites preserved in calculus. Large circles represent metabolites identified in calculus. Black rings around large circles indicate the metabolite was detected in historic calculus.

Fig. S5 Global Natural Products Social Molecular Networking (GNPS) analysis of UPLC MS/MS spectra (Wisconsin subset) clusters compounds containing phosphocholine head groups.
 This network of molecular clusters (nodes) contains molecules with putative identifications (dark
 blue) to phosphatidylcholines and sphingomyelins containing phosphocholine. The edges denote
 at least 3 matching fragments between spectra and a cosine score of >0.8.

**Fig. S6.** Differences exist in mean proportions of metabolites universally detected in all historic and modern dental calculus samples. **a** Principal components analysis distinctly separates

modern and historic calculus samples. **b** Metabolites with significant differences ( $q \le 0.05$ , effect size of  $\ge 1.0$ ) in mean proportions between historic and modern calculus.

**Fig. S7.** Differences exist in proportions of super-pathways, sub-pathways, and metabolites universally detected in all historic and modern dental calculus samples. Significantly different ( $q \le 0.05$ , effect size of  $\ge 1.0$ ) proportions of **a** Super-pathways, **b** Sub-pathways, and **c** Individual metabolites between historic and modern samples.

Fig. S8. Partial least squares discriminant analysis of metabolites universally present in calculus samples. a Calculus samples cluster based on time period rather than biological category (sex, age, caries status and periodontal disease status) when including metabolites detected in all seventeen calculus samples. b Historic calculus samples cluster based on biological category (sex, age, caries status and periodontal disease status) when including metabolites detected in all twelve historic samples. c When using only universally detected metabolites in the *Lipid* and *Energy* categories (pathways with the best representation in historic samples), it was still not possible to discriminate samples based on biological category, although the separation between historic and modern samples was reduced slightly compared to a. Ellipses indicate 95% confidence intervals.

**Fig. S9.** Comparison of sulfate abundance and the relative abundance of the oral sulfate-

producing genus, *Methanobrevibacter*, shown using **a** linear and **b** log scales.

*Methanobrevibacter* relative abundance was estimated using 16S rRNA gene sequence counts,
 and no correlation was observed with sulfate abundance. *Methanobrevibacter* was not detected
 in CS18.

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