

This is a repository copy of *Exploring the impact of primary care physician burnout and wellbeing on patient care::A focus group study*.

White Rose Research Online URL for this paper:

<https://eprints.whiterose.ac.uk/124293/>

Version: Accepted Version

---

**Article:**

Hall, Louise, Johnson, Judith, Heyhoe, Jane et al. (3 more authors) (2017) Exploring the impact of primary care physician burnout and wellbeing on patient care::A focus group study. *Journal of Patient Safety*. ISSN 1549-8425

<https://doi.org/10.1097/PTS.0000000000000438>

---

**Reuse**

Items deposited in White Rose Research Online are protected by copyright, with all rights reserved unless indicated otherwise. They may be downloaded and/or printed for private study, or other acts as permitted by national copyright laws. The publisher or other rights holders may allow further reproduction and re-use of the full text version. This is indicated by the licence information on the White Rose Research Online record for the item.

**Takedown**

If you consider content in White Rose Research Online to be in breach of UK law, please notify us by emailing [eprints@whiterose.ac.uk](mailto:eprints@whiterose.ac.uk) including the URL of the record and the reason for the withdrawal request.

*Figure 1. Discussion topic guide.*

**Questions (*prompts*)**

- How would you define wellbeing?
- How would you define burnout?
- What would you consider to be the main contributors to wellbeing at work? (Positive and negative contributors)
- Do you have a way to try and minimize the impact these issues have on your wellbeing? (Personally, as a practice)
- Would you say that burnout is a worry generally among doctors?
- Do you do anything to try and prevent burnout occurring?
- Are you aware of any services or coping mechanisms that could help prevent burnout?
- Do you think that burnout and/or poor wellbeing is increasing amongst doctors? (Why? What's changed?)

(Questions on links between wellbeing/burnout and patient care)

- Are you encouraged to talk about your own wellbeing? (To your colleagues, professionals, family. Is it a taboo?)
- What, in your opinion, would be the best way to improve the wellbeing of GPs, and prevent burnout? (Feasible ideas, if the sky was the limit)

