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**Table 1: Sample characteristics (n=469368)**

| Age  | Mean                          | Range              | S.D                |                |                              |
|--|-------------------------------|--------------------|--------------------|----------------|------------------------------|
|  | 46                            | 18-114             | 19.25              |                |                              |
| <b>Age categories</b>                      | <b>18-44 (%)</b>              | <b>45-64 (%)</b>   | <b>65-85 (%)</b>   | <b>85+ (%)</b> |                              |
|  | 236070 (50.3)                 | 138745 (29.6)      | 81784 (17.4)       | 12769 (2.7)    |                              |
| <b>Gender</b>                              | <b>Male (%)</b>               | <b>Female (%)</b>  | <b>Unknown (%)</b> |                |                              |
|  | 236755 (50.4)                 | 232608 (49.6)      | 5 (0.0)            |                |                              |
| <b>Smoking status</b>                      | <b>Current (%)</b>            | <b>Unknown (%)</b> |                    |                |                              |
|  | 83462 (17.8)                  | 340 906 (82.2)     |                    |                |                              |
| <b>Index of multiple deprivation (IMD)</b> | <b>5 - least deprived (%)</b> | <b>4 (%)</b>       | <b>3 (%)</b>       | <b>2 (%)</b>   | <b>1 – most deprived (%)</b> |
|  | 81200 (17.3)                  | 72097 (15.4)       | 76664 (16.3)       | 71708 (15.3)   | 155673 (33.2)                |

**Table 2: Prevalence of individual long-term conditions**

|                                       | LTC prevalence in total population (%) | LTC prevalence in individuals without depression (%) | LTC prevalence in individuals with depression (%) |
|---------------------------------------|--|--|---|
| Chronic Obstructive Pulmonary Disease | 12087 (2.6)                            | 8888 (2.3)   | 3199 (4.3)  |
| Asthma                                | 56327 (12.0)                           | 43983 (11.2)   | 12344 (16.4)                                      |
| Diabetes                              | 30164 (6.4)                            | 23565 (6.0)  | 6599 (8.8)  |
| Hypertension                          | 76298 (16.3)                           | 61550 (15.6)   | 14748 (19.6)                                      |
| Cardiovascular disease                | 49629 (10.6)                           | 38209 (9.7)  | 11420 (15.2)                                      |
| Angina                                | 10374 (2.2)                            | 7897 (2.0)   | 2477 (3.3)  |
| Atrial Fibrillation                   | 33207 (7.1)                            | 24907 (6.3)  | 8300 (11.1)                                       |
| Heart failure                         | 6041 (1.3)                             | 4850 (1.2)   | 1191 (1.6)  |
| Ischaemic Heart Disease               | 20682 (4.4)                            | 16223 (4.1)  | 4459 (5.9)  |
| Peripheral Vascular Disease           | 4013 (0.9)                             | 3161 (0.8)   | 852 (1.1)   |
| Cerebrovascular accident              | 11625 (2.5)                            | 9012 (2.3)   | 2613 (3.5)  |
| Transient Ischemic Attack             | 5907 (1.3)                             | 4570 (1.2)   | 1337 (1.8)  |
| Stroke                                | 7042 (1.5)                             | 5456 (1.4)   | 1586 (2.1)  |
| Chronic Kidney Disease                | 20378 (4.3)                            | 16591 (4.1)  | 3787 (5.0)  |
| Hypothyroidism                        | 20862 (4.4)                            | 15534 (3.9)  | 5328 (7.1)  |
| Cancer                                | 18082 (3.9)                            | 14446 (3.7)  | 3636 (4.8)  |
| Epilepsy                              | 6496 (1.4)                             | 4990 (1.3)   | 1506 (2.0)  |
| Dementia                              | 4952 (1.1)                             | 3724 (0.9)   | 1228 (1.6)  |
| Serious Mental Illness                | 5102 (1.1)                             | 2709 (0.7)   | 2393 (3.2)  |
| Learning disability                   | 3046 (0.6)                             | 2595 (0.7)   | 451 (0.6)   |
| Depression                            | 75107 (16.0)                           |  |   |

**Table 3: Predictors of access to unscheduled care in individuals with  $\geq 1$  long-term condition**

| Variable                                      | B     | S.E. | Wald     | df | p      | Odds ratio | 95% C.I. for ORs |       |
|---|-------|------|----------|----|--------|------------|------------------|-------|
|   |       |      |          |    |        |            | Lower            | Upper |
| <b>Age</b>                                    |       |      |          |    |        |            |                  |       |
| 18-44 (reference)                             |       |      |          |    |        |            |                  |       |
| 45-64   | -.240 | .017 | 193.624  | 1  | .000** | .787       | .761             | .814  |
| 65-84   | -.184 | .017 | 113.945  | 1  | .000** | .832       | .804             | .860  |
| 85+   | .362  | .026 | 193.804  | 1  | .000** | 1.436      | 1.365            | 1.511 |
| <b>Gender</b>                                 |       |      |          |    |        |            |                  |       |
| Male (reference)                              |       |      |          |    |        |            |                  |       |
| Females                                       | .058  | .011 | 27.750   | 1  | .000** | 1.060      | 1.037            | 1.083 |
| <b>IMD</b>                                    |       |      |          |    |        |            |                  |       |
| IMD 5: 20% least deprived (reference)         |       |      |          |    |        |            |                  |       |
| IMD 4: 60-80% most deprived                   | .040  | .020 | 4.038    | 1  | .044*  | 1.040      | 1.001            | 1.081 |
| IMD 3: 40-60% most deprived                   | .079  | .019 | 16.928   | 1  | .000** | 1.082      | 1.042            | 1.123 |
| IMD 2: 20-40% most deprived                   | .149  | .020 | 54.601   | 1  | .000** | 1.160      | 1.115            | 1.207 |
| IMD 1: 20% most deprived                      | .293  | .016 | 319.749  | 1  | .000** | 1.340      | 1.298            | 1.384 |
| <b>No. of LTCs</b>                            | .268  | .006 | 2295.863 | 1  | .000** | 1.307      | 1.293            | 1.322 |
| <b>Diagnosis of depression</b>                |       |      |          |    |        |            |                  |       |
| No (reference)                                |       |      |          |    |        |            |                  |       |
| Yes   | .466  | .025 | 337.985  | 1  | .000** | 1.594      | 1.517            | 1.675 |
| <b>Interaction between age and depression</b> |       |      |          |    |        |            |                  |       |
| 18-44 (reference)                             |       |      |          |    |        |            |                  |       |
| 45-64   | -.078 | .033 | 5.606    | 1  | .018*  | .925       | .867             | .987  |
| 65-84   | -.219 | .034 | 40.761   | 1  | .000** | .804       | .751             | .859  |
| 85+   | -.356 | .060 | 35.120   | 1  | .000** | .700       | .622             | .788  |

\*Significant at  $p < .05$

\*\*Significant at  $p < 0.001$  (significant at Bonferroni correct alpha value of 0.004)