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1 **Observation of cardiogenic flow oscillations in healthy subjects with**
2 **hyperpolarized ^3He MRI**

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7
8 **Running Head:** Observation of cardiogenic flow oscillations with HP ^3He MRI

9
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13

14 **Abstract:**

15 Recently, dynamic MR imaging of hyperpolarized ^3He during inhalation revealed an alternation
16 of the image intensity between left and right lungs with a cardiac origin (Respiratory Physiology
17 & Neurobiology: 185, 468-471,2013). This effect is investigated further using dynamic and
18 phase contrast flow MR imaging with inhaled ^3He during slow inhalations (flow rate $\sim 100 \text{ mL s}^{-1}$)
19 to elucidate air-flow dynamics in the main lobes in six healthy subjects. The ventilation MR
20 signal and gas inflow in the left lower part of the lungs was found to oscillate clearly at the
21 cardiac frequency in all subjects, whereas the MR signals in the other parts of the lungs had a
22 similar oscillatory behavior but were smaller in magnitude and in anti-phase to the signal in the
23 left lower lung. The airflow in the main bronchi showed periodic oscillations at the frequency of
24 the cardiac cycle. In four of the subjects, backflows were observed for a short period of time of
25 the cardiac cycle, demonstrating a pendelluft effect at the carina bifurcation between the left and
26 right lungs. Additional ^1H structural MR images of the lung volume and synchronized ECG
27 recording revealed that maximum inspiratory flow rates in the left lower part of the lungs
28 occurred during systole when the corresponding left lung volume increased whereas the opposite
29 effect was observed during diastole with gas flow being redirected to the other parts of the lung.
30 In conclusion, cardiogenic flow oscillations have a significant effect on regional gas flow and
31 distribution within the lungs.

32 **Keywords:** Cardiogenic oscillations, MRI, hyperpolarized gases, flow, lungs

33 **Introduction**

34 In the literature, the term cardiogenic oscillation has been used to refer to the modulation of the
35 pulmonary gas pressure, flow or concentration produced by the cardiac cycle. Cardiogenic

36 oscillations have been intensively observed and recorded in the past in the context of pulmonary
37 physiology measurements made at the mouth with pressure transducers, pneumotachographs (1,
38 20, 29) or gas analyzers (6, 15) but also directly inside the intra-thoracic airways during
39 bronchoscopy (30). The cardiac cycle is thought to be an important component of gas mixing
40 within the lung (12, 13, 15) and leads to oscillations in the concentration of oxygen and carbon
41 dioxide in expired gas (5, 6). The cardiac action has therefore an uncontested influence on lung
42 function but it is unclear how the different observations of cardiogenic oscillations are related to
43 each other. In the present study, only cardiogenic flow oscillations (CO_f) present in the
44 conducting airways are considered. CO_f can be detected in most subjects during the whole
45 breathing cycle and in all regions of the lung (11). However, very little data has been published
46 on the influence of CO_f on airflow pattern and gas distribution within the lung.

47 On the other hand, the field of study of pulmonary airflow has recently benefited from
48 advancements in imaging and computation methodology. Computational fluid dynamics (CFD)
49 simulations using realistic image-based airway models have vastly improved general
50 understanding of the local characteristics of gas flow in the airways (25). These findings are of
51 particular interest for inhaled therapy research (4) or the study of regional deposition of particles
52 (17) but have yet to take into account realistic physiological features such as CO_f and have
53 traditionally relied only on validation with in vitro airway tree models (21). In vivo, rates of gas
54 ventilation in the main airways and the periphery can be assessed with dynamic hyperpolarized
55 (HP) ^3He ventilation imaging (16, 31). In addition, phase contrast velocimetry (PCV) sequences
56 can be used to directly map flow velocity profiles in the major airways (3, 10, 19). Sun et al. (24)
57 recently performed dynamic ^3He ventilation imaging on seven healthy subjects and revealed an
58 alternation of the MR image intensity between the left and right lung (“ventilatory alternans”)

59 with a periodicity approximating the heart rate (unmeasured), which was presumably the effect
60 of cardiogenic flow oscillations. The aim of the present study is to further explore this
61 phenomenon by performing dynamic HP ^3He ventilation imaging during inspiration in healthy
62 subjects to assess the extent to which cardiogenic flow oscillations can influence the gas
63 distribution inside the lobes and, additionally, by measuring gas velocities inside the main
64 bronchi with PCV sequences to investigate the airflow pattern within the lungs.

65 **Materials and Methods**

66 Subject Characteristics, ^3He Production and Administration

67 Six healthy volunteers were recruited for this study (demographics and pulmonary function test
68 results shown in Table 1). Approval from the national research ethics committee was obtained
69 for all experiments. ^3He (Linde Gases, Huntingdon, UK) was polarized on site with a regulatory
70 approved spin exchange polarizer to $\sim 25\%$ (GE Healthcare, Amersham, UK). A 1 L gas
71 mixture of N_2 and HP ^3He was delivered for the subjects to inhale inside the MRI scanner. The
72 subjects performed a slow and constant-rate inspiration (inhalation time varied from 8 s to 15 s
73 between subjects) from a Tedlar bag (Jensen Inert Products, Coral Springs, FL) containing 20 %
74 of HP ^3He for dynamic ventilation and 30 % for phase contrast velocimetry imaging. Data were
75 acquired during inhalation.

76 Image Acquisition

77 Imaging experiments were performed on a GE HDx 1.5T MR scanner with a maximum gradient
78 strength of 33 mT m^{-1} and slew rate of $120\text{ mT m}^{-1}\text{ ms}^{-1}$. A quadrature flexible transmit-receive
79 (T-R) ^3He radiofrequency coil (CMRS, Brookfield, WI) was used for dynamic ventilation and

80 1D velocity profile measurements. For 2D flow imaging across the left main bronchus, a home-
81 built dedicated loop-butterfly quadrature T-R coil with high quality factor ($Q_{\text{loaded}}/Q_{\text{unloaded}} \sim$
82 230/25) was used (see Fig. 1). The heartbeat of the subjects was monitored during all
83 experiments with a finger probe or an ECG. When ECG was available (see Table 1), the R-wave
84 occurrences were recorded during the imaging sequences. Sequence details were as follows:

- 85 - Dynamic ventilation imaging: Dynamic coronal images of the 6 healthy subjects were
86 obtained with a spoiled gradient echo sequence ($40 \times 32 \text{ cm}^2$ field of view, $64 \text{ readout} \times 52$
87 phase encode matrix, Cartesian sequential phase encoding, single slice, 25 cm thickness,
88 echo/repetition time T_E/T_R of 0.8/2.7 ms, $\pm 31.25 \text{ kHz}$ bandwidth, 3° flip angle and 150
89 frames with a time resolution per frame of 140 ms).
- 90 - 1D velocity profile imaging: Axial 1D projections, across the anterior to posterior
91 direction, below the carina (see slice location 1, dashed line in the inset of Fig. 1) were
92 acquired in the 6 subjects with a PCV sequence, providing dynamic 1D velocity profiles
93 across the left and right main bronchi. A field of speed (FOS) of $[-120, +120] \text{ cm s}^{-1}$ was
94 chosen along the superior to inferior direction which is the principal direction of gas flow
95 (20 cm field of view, 128 points, 1 cm slice thickness, 20° flip angle and 768 frames with
96 a 20 ms time resolution).
- 97 - 2D flow imaging: A 2D oblique slice through the left main bronchus (see slice location 2,
98 solid line in the inset of Fig. 1) was imaged in subjects 1, 5 and 6 with a PCV sequence.
99 The field of speed was set to $[-160, +160] \text{ cm s}^{-1}$ in the direction of the axis of the left
100 main bronchus ($5 \times 3.75 \text{ cm}^2$ FOV, 32×18 matrix with a partial Fourier factor of 0.75 in
101 the phase direction and sequential Cartesian phase encoding, 1.5 cm slice thickness,

102 T_E/T_R of 3.3/6.4 ms, \pm 15.63 kHz bandwidth, 18° flip angle and 232.4 ms time resolution
103 per image frame).

104 - Cardiac gated proton lung imaging: In order to observe the deformation of the lungs
105 around the heart during the cardiac cycle, a standard cine cardiac gated balanced steady
106 state free precession ^1H pulse sequence was used to obtain an axial stack of images of the
107 lungs in the 6 subjects during breath hold (30 cm field of view, 256×256 matrix, 1 cm
108 slice thickness, 60° flip angle, T_E/T_R of 1.8/4.3 ms and 20 heart phases).

109 Image Analysis

110 For the dynamic ventilation images, four regions of interest (ROIs) in the Right/Left
111 Upper/Lower parts of the Lungs (RUL/LUL/RLL/LLL, see inset of Fig. 2A) were chosen and the
112 time evolution of the ^3He MR signal was computed in each. The mean signals in each ROI were
113 divided by the noise estimated from the first image of the experiment (acquired before inhaling
114 ^3He) to compute signal to noise ratio (SNR) values. A Fourier analysis was performed for each
115 SNR-time curve to detect the frequency of signal oscillations. The phase difference between
116 signals at the fundamental frequency was also computed (the phase of the LLL signal was taken
117 as a reference). Cardiac gated proton images were analyzed with ScanIP (Simpleware, Exeter,
118 UK) to segment the volume of the lung cavity for each of the twenty cardiac frames. Pulmonary
119 veins and arteries were not excluded. The relative volume changes ($V(t)/V_{\text{mean}}$) of the left and
120 right lungs around the heart during the cardiac cycle were derived from the segmentation.

121 For the PCV data, velocity maps and profiles were generated offline from the raw data using in-
122 house software developed in Matlab (MathWorks, Natick, MA). The phase difference
123 reconstruction was performed using the two interleaves of each frame to extract the ^3He gas

124 velocity component in the encoded direction for each pixel. ROIs corresponding to the left and
 125 right main bronchi were selected manually and the time evolution of the average gas velocity
 126 was calculated for each 1D profile. For the 2D flow imaging experiments, the flow was derived
 127 by integrating the velocities over the area of the left main bronchus. An error analysis of the 1D
 128 average gas velocity and 2D flow values was performed. The following formula gives the
 129 statistical uncertainty of the velocity value derived from the phase difference reconstruction:

$$130 \quad \sigma_v = \frac{FOS}{2\pi} \sqrt{(\sigma/S_1)^2 + (\sigma/S_2)^2} \quad (1)$$

131 where S_1 and S_2 are the magnitude values of the two interleaves and σ is the standard deviation
 132 of the noise (the same in both interleaves). In practice $S_1 \sim S_2$ and the uncertainty in each velocity
 133 value is therefore inversely proportional to the signal of each corresponding pixel. Since the
 134 signal intensity is velocity dependent, the standard deviation of the velocity between pixels can
 135 be fairly different. Indeed, the volume of gas in a pixel experiencing high flow rate is renewed
 136 with “fresh” polarized gas (that has not undergone radio frequency destruction) more rapidly,
 137 whereas pixels with low flow rate have lower signal and therefore higher variance σ_v^2 . The
 138 variance of the 2D flow measurement was calculated from the sum of each pixel variance
 139 multiplied by the pixel area, whereas the variance of the 1D average velocity measurement was
 140 derived according to the following formula:

$$141 \quad \sigma_{av}^2 = (\sum_{ij}^n \sigma_{vij}^2) / n \quad (2)$$

142 where σ_{vij} is the standard deviation of the pixel ij and n is the number of pixels in the selected
 143 ROI.

144

145 **Results**

146 Dynamic Ventilation: The signal to noise ratio (SNR) and hence, gas inflow in the left lower part
147 of the lung was clearly found to oscillate at the cardiac frequency in all subjects (see Fig. 2, Fig.
148 4, Table 2 and supplementary material for videos of dynamic ventilation images of each subject).
149 The signals in the other parts of the lungs (RLL, RUL and LUL) were also found to oscillate at
150 the same frequency in 5 of the 6 subjects, but with a markedly different phase when compared to
151 the LLL signal (139° was the average phase difference for the LUL signal, 167° for RLL and
152 145° for RUL). For subject 5 (Fig. 2F), no obvious pulsation was observed in the time evolution
153 of RLL, RUL and LUL SNRs. The simultaneous ECG recording in subjects 2, 3, 5 and 6 showed
154 that the R-wave occurrences corresponded to a minimum of SNR in the LLL (maximum SNR in
155 the other regions for subjects 2, 3 and 6) and were followed by a rapid rise of the LLL signal.

156 1D Velocity Profile: Although the experiments were performed during constant inhalation, the
157 average velocities in the left and right main bronchi fluctuated dramatically with a periodic
158 pattern whose frequency matched the heartbeat (see Fig. 3 and Fig. 4). The recorded velocities
159 ranged from -50 to 150 cm s^{-1} and varied antagonistically. More surprisingly, negative values
160 (backflows) were measured during a small part of the cardiac cycle in subjects 1, 3, 4 and 6,
161 demonstrating a pendelluft effect at the carina bifurcation between the left and right lungs.
162 Although the periodic patterns were quite different between subjects, recordings of R-waves
163 (start of systole) always preceded a strong gas inflow period in the left lung (low inflow or
164 backflow in the right lung) whereas the opposite phenomenon happened at the beginning of
165 diastole. The mean uncertainty in the measured average velocity value was found to be $\pm 6 \text{ cm s}^{-1}$.
166

167 2D Flow: Measured velocity maps from the LMB confirmed the periodicity and dramatic change
168 of gas flow pattern during the cardiac cycle (see Fig. 5) and the existence of backflow in subjects

169 1 and 6. Flow values ranged from -40 to 220 mL s⁻¹. For subject 6, the ECG was recorded
170 simultaneously and the maximum flow rate into the left lung was observed after the R-wave
171 occurrence. σ_v was ~ 5 cm s⁻¹ and the uncertainty on the flow values was below ± 2 mL s⁻¹.

172 Proton Imaging: Manual segmentation of left and right lung cavities surrounding the heart
173 exhibited a similar relative volume time evolution for all subjects (see Fig. 6 and online
174 supplementary material for a video of the lung segmentation of subject 1 through the cardiac
175 cycle). During systole, the segmented lung volume increased on average by about 53 mL, which
176 agrees well with the volume displaced per heartbeat of 60 mL quoted by Cotes et al. (5).
177 Interestingly, 83 % of this increase was found in the left lung. The volume contraction of the
178 heart ventricles corresponded to a left lower lung expansion confirmed by the displacement of
179 the pulmonary vasculature in the left lung around the heart (see online supplementary video).
180 During the first half of diastole, the opposite effect occurred with a similar rate of volume change
181 as during systole (see inset of Fig. 6). The second part of diastole did not show major lung
182 volume changes.

183 **Discussion**

184 In this study, a dramatic effect of cardiogenic flow oscillations on pulmonary airflow pattern was
185 observed in the lungs of normal subjects with functional ³He MR imaging. Whereas Sun et al.
186 (24) noticed a ‘ventilatory alternans’ between the left and right lungs during inspiration in
187 healthy subjects, our data suggest that this observation is the consequence of stronger flow
188 oscillation in the left lower part of the lung due to the proximity of the heart, with accompanying
189 weaker oscillations of opposite phase in the rest of the lungs. We believe that Sun et al. did not
190 observe this localized origin most probably because of their choice of region of interest in the left

191 lung. The figure 1A of that study clearly shows that the left upper part of the lung was omitted in
192 the signal intensity calculation. However, the dynamic images from the subjects in that study
193 (available as videos in the online supplementary material) showed an alternans between the
194 upper and lower parts of the left lung. The increase in time resolution in the dynamic ventilation
195 imaging protocol between Sun et al. and the present studies (from 2.5 to 7.1 frames per sec) also
196 better facilitates the visualization of the alternans. Our data are also in agreement with previous
197 reports suggesting that the phase of CO_f is different in different parts of the lungs and that they
198 are more marked on the left side (30). Interestingly, the phase of the LUL signal seems to change
199 slightly in one subject (see Fig. 2A), which suggests that the phase difference between the lower
200 and upper parts of the left lung could depend on the lung inflation level in some cases. The signal
201 oscillations could be observed in all subjects in the LUL but only in 5 of 6 subjects in the rest of
202 the lungs. Similarly, the ventilatory alternans and the CO_f were observed in 5 of 7 subjects in the
203 imaging study of Sun et al. (24) and in 75 % of patients in a study by West et al. (30) with a gas
204 flow meter, which confirms that the existence and/or severity of CO_f are subject dependent.
205 However, it is worth noting that certain experimental and physiological conditions such as low
206 flow rates, hyperinflated lungs (13), higher cardiac output per beat and lower heartbeat
207 frequencies are more favorable for the observation of cardiogenic oscillations. Subject 5
208 performed a more rapid inhalation and had a faster heartbeat rate than the other subjects, which
209 could partly explain why no clear signal oscillations could be detected in the rest of that subject's
210 lungs.

211 In addition to dynamic ventilation imaging, the PCV MRI technique was developed to observe
212 the effect of cardiogenic oscillations on the gas flow in the left and right main bronchi, which
213 revealed the existence of a pendelluft effect. The 3He gas velocity and flow values in the left and

214 right main bronchi were found to oscillate antagonistically and reversed backflows were
215 recorded in 4 of 6 subjects. The shape of the flow patterns, although having common features,
216 were different for all subjects. Among all subjects, the average velocity in both left and right
217 main bronchi during the cardiac cycle was about 38.7 cm s^{-1} . Assuming a Weibel cross section of
218 the airway with an area of 1.17 cm^2 for each main bronchus, and neglecting the fact that the slice
219 is not fully perpendicular to the bronchi directions (see slice location 1 in the inset of Fig. 1), an
220 average flow of 91 mL s^{-1} can be derived. This is roughly consistent with the expected average
221 flow of 85 mL s^{-1} deduced from the average time of 11.8 s that was required by the subjects to
222 inhale the 1 L bag of gas. PCV measurements have some limitations and possible scope for
223 improvements. It would be desirable to perform flow measurement at the entrance of the main
224 lobes and not only through the main bronchi, however, the localization of smaller airways is
225 highly challenging given the quality and resolution of MRI. In addition, in order to deduce the
226 exact flow pattern produced by CO_f , the measurement should also be repeated during breath
227 hold. However, because the ^3He signal is nonrenewable, fresh gas needs to flow constantly
228 through the ROI, which led us to a dynamic experiment during the inspiratory phase.
229 Nevertheless, estimates of maximum CO_f values in the left main bronchus can be obtained from
230 the 2D PCV measurements by inspection of the amplitude of the flow oscillations:
231 approximately 45 mL s^{-1} for subjects 1 and 5 and 70 mL s^{-1} for subject 6. These results are
232 reasonably consistent with previously reported volume flow rates of 42 mL s^{-1} (30). The addition
233 of simultaneous ECG recording with MR measurements showed that some features in the CO_f
234 pattern were common to all subjects. Maximum flow rates in the left lower part of the lung
235 occurred during systole whereas the opposite effect happened during diastole, with gas being
236 redirected to the other parts of the lungs.

237 The origin of CO_f has been a matter of debate for some time, stimulated by contradictory results
238 from different groups (11). Whereas early studies suggested an aspirating effect of the heart
239 during systole, simply explained by a pressure change induced by a volume change of the lung,
240 more recent works claim that CO_f are caused by pulmonary artery pulsatility (23, 29). It is
241 doubtful that pulmonary artery pulsatility could explain our observations of regional phase
242 difference between the left lower part and the rest of the lungs. Moreover the fact that these latter
243 studies are based on pressure and flow measurements at the mouth only, and were performed
244 during open chest conditions, raises the question as to whether the same, related or indeed
245 potentially different phenomena are being observed and compared. An alternative and more
246 satisfactory mechanism is given by Engel (11): the oscillatory motion of the heart, in addition to
247 volume changes, produces deflation and inflation in the surrounding parts of the lung, resulting
248 in a dynamic redistribution of the gas. It is clear from the segmentation of the cardiac gated
249 proton images that the mechanical action of the heart produces a volume change mainly affecting
250 the left lower part of the lungs (see Fig. 6 and online supplementary video); we believe that this
251 results in pressure changes causing the observed redistribution of gas within the lung. During
252 systole, the blood redistribution from the ventricles to the systemic and pulmonary circulation
253 results in a stretch of the left lower part of the lung. Simultaneously, more gas is observed to
254 flow into this part of the lung. During diastole, the heart volume increases at the expense of the
255 surrounding left lobe where expiratory flows are measured.

256 It is interesting to compare the proposed mechanism with recent models of pendelluft in the
257 bronchial tree (14). The pendelluft effect has been reported at different airway levels mainly in
258 pulmonary diseases or under abnormal conditions and is expected to occur when regions of the
259 lung have different dynamics of regional inflation and deflation (for example, regions with

260 different compliance and/or flow resistance due to lung disease). In this sense, the asymmetric
261 volume change created by the cardiac cycle could lead to regional pressure differences and
262 explain the pendelluft observed at the carina bifurcation, therefore reflecting the modelling
263 predictions by Greenblatt et. al. (14). However, the main difference in the observed pendelluft in
264 the present study is that it results from the natural cardiac motion in subjects with healthy lungs.

265 The resulting oscillatory gas flows constitute an additional mechanism for gas mixing in the lung
266 (12, 13, 15) but quantitative measurements are required to conclude on their significance. A
267 recent study supports that the heart-lung interactions are a vital source of gas mixing (26). In
268 addition, aerosol transport, mixing and deposition could be strongly affected by CO_f , which is
269 particularly relevant for inhaled therapeutics. Ma et al. (18) and Darquenne et al. (8) proposed
270 the existence of cardiogenic mixing to explain differences between measurement and simulations
271 of aerosol dispersion, and for the heterogeneity of particle deposition in microgravity,
272 respectively. In a following study, Darquenne et al. (7) addressed the effect of CO_f on the
273 deposition and dispersion of 1- μ m particles during breath holds. Although gravitational
274 sedimentation is inferred to be the main mechanism, data have suggested that CO_f has a larger
275 effect in the central airways than in the periphery of the lung. We believe that the effect of CO_f
276 has been largely underestimated in the literature, especially in the field of CFD simulations of
277 airflow in the main airways (9, 17, 25), where the influence of the heart has not, to our
278 knowledge, been taken into consideration. Finally, it would be interesting to study how the
279 observed mechanism could contribute to the chaotic mixing of fine particles proposed by Tsuda
280 et al. (27). The classical theory assumes that acinar flow is kinematically reversible due to low
281 Reynolds number gas flow deep in the lung. However, Tsuda et al. (28) and Butler et al. (2)
282 observed kinematic irreversibility and complex convective stretch and fold patterns in excised rat

283 lungs supporting the theory that chaotic alveolar flow arising from flow trajectory asynchrony
284 governs aerosol transport and mixing in the lung periphery.

285 Further work to simulate the influence of CO_f on airflow patterns is required to supplement our
286 findings, but we hope this study will increase awareness of the effect of cardiac motion on gas
287 flow and distribution within the lungs among the pulmonary community.

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293 **Disclosures**

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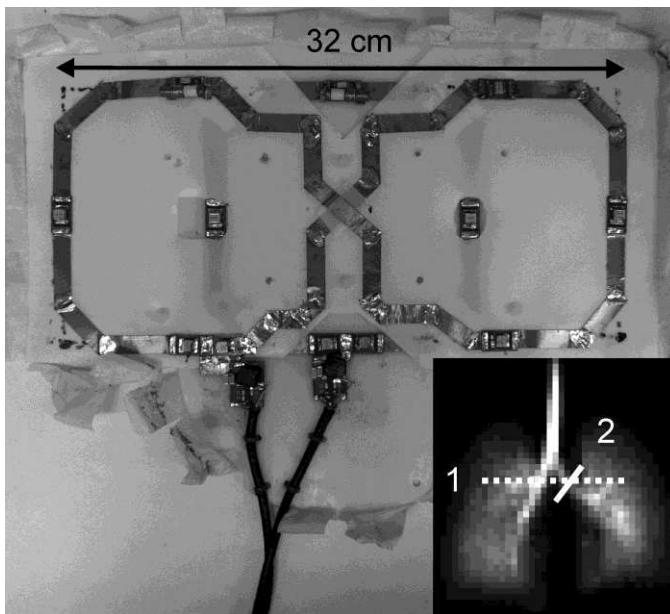
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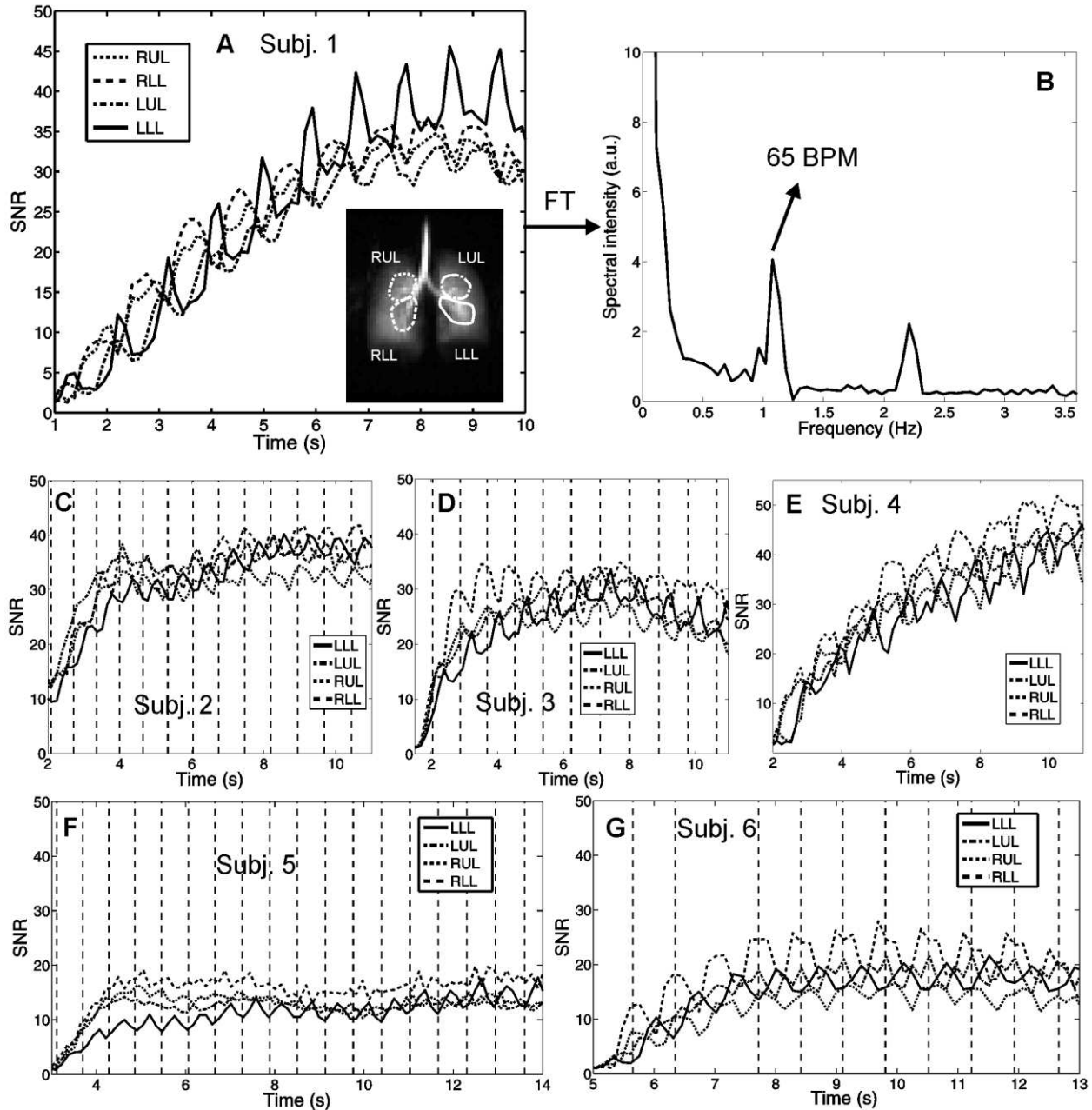
373 **Figure Captions**



374

375 **Figure 1:**

376 Picture of the quadrature transmit/receive radiofrequency coil used for 2D flow measurement in
377 the left main bronchus (see slice location 2, solid line in the inset). Inset: example of a HP ^3He
378 ventilation image with indication of slice locations used for 1D (1) and 2D (2) phase contrast
379 velocimetry sequences.

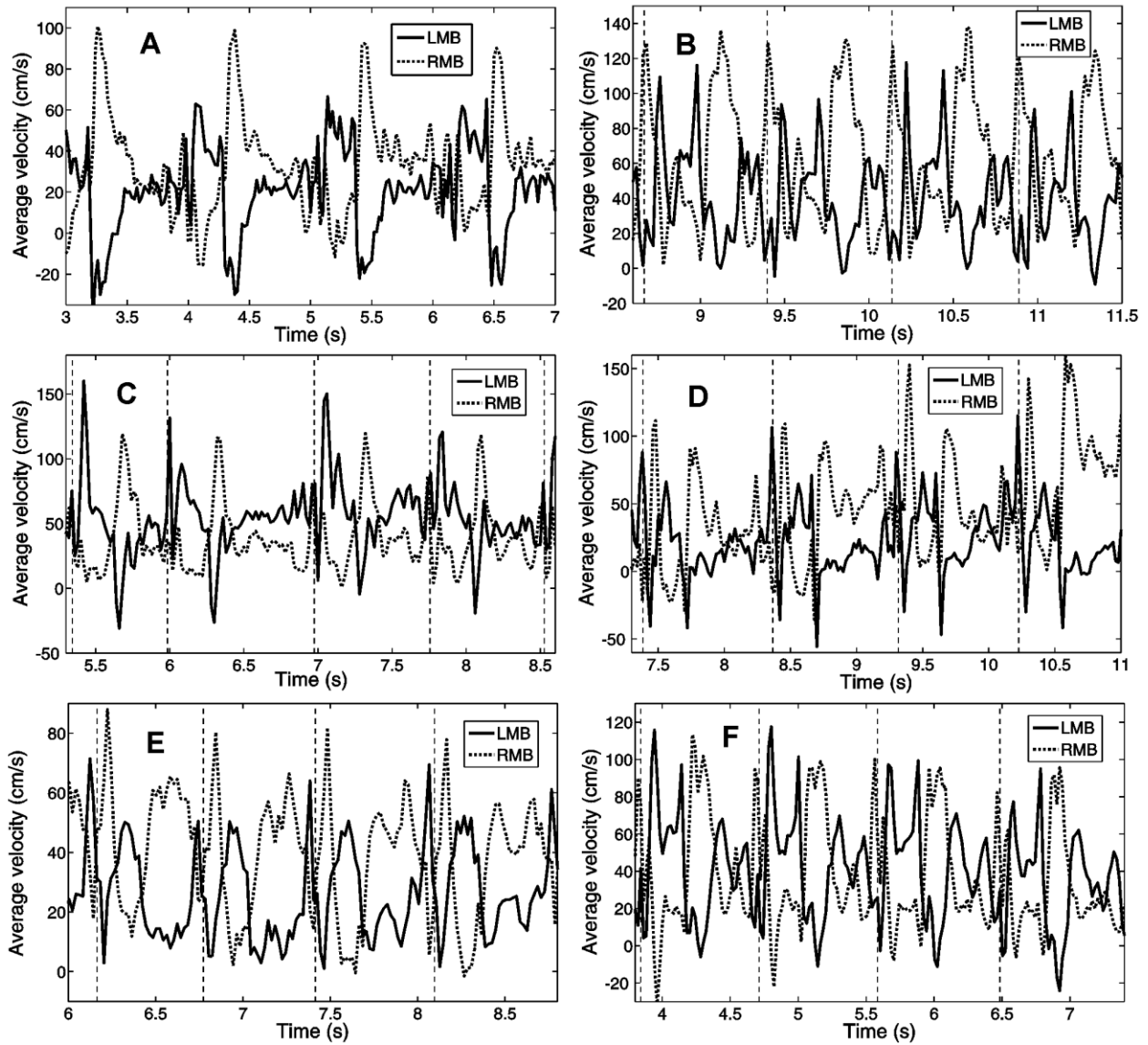


380

381 Figure 2:

382 A: Time evolution of the SNR in the 4 ROIs (RUL, LUL, RLL and LLL) of the Cartesian
 383 dynamic images of subject 1 (example image and ROI positions shown in the inset). B:
 384 Frequency spectrum of the signal corresponding to the left lower part of the lung (curve LLL in
 385 A) after a Fourier transform (FT). The peaks at 1.08 and 2.2 Hz correspond to the fundamental

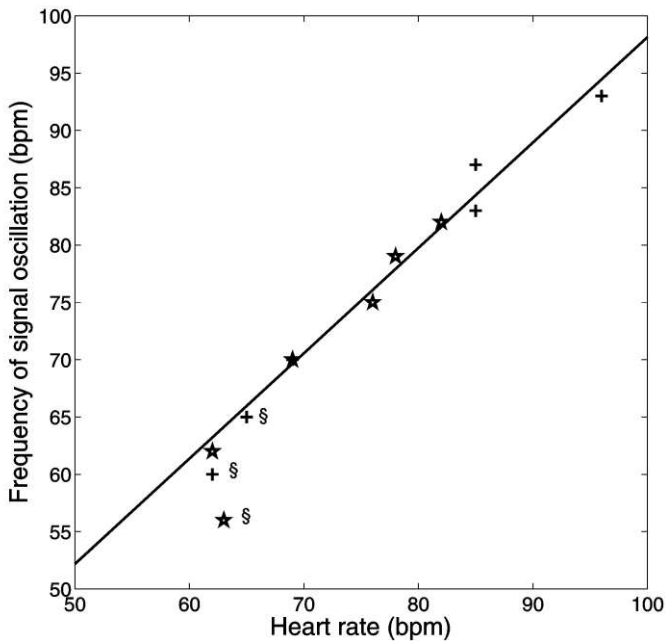
386 and the second harmonic of the heart rate of the subject (65 BPM). **C** to **G**: Time evolution of the
387 signal in the 4 ROIs for subjects 2 to 6. For subjects 2, 3, 5 and 6 the ECG was recorded and the
388 dashed vertical lines correspond to the occurrence of R-waves. Note: an R-wave occurrence is
389 missing (not recorded) in G (subject 6) at ~ 7 s.



390

391 Figure 3:

392 **1D PCV.** Time evolution of the average velocity of ^3He gas in the left/right main bronchi
 393 (LMB/RMB) in subjects 1 to 6 (A to F respectively) during a constant inhalation (see slice
 394 location 1 in the inset of Fig. 1). The vertical dashed lines correspond to the occurrences of the
 395 R-waves that were recorded with ECG (not recorded for subject 1). For subject 3 (C) a case of
 396 arrhythmia can be observed between 6 to 7 s. Mean estimated errors for each average velocity
 397 curve were: A LMB: $\pm 5 \text{ cm s}^{-1}$; RMB: $\pm 5 \text{ cm s}^{-1}$. B LMB: $\pm 8 \text{ cm s}^{-1}$; RMB: $\pm 7 \text{ cm s}^{-1}$. C LMB:
 398 $\pm 6 \text{ cm s}^{-1}$; RMB: $\pm 5 \text{ cm s}^{-1}$. D LMB: $\pm 8 \text{ cm s}^{-1}$; RMB: $\pm 6 \text{ cm s}^{-1}$. E LMB: $\pm 7 \text{ cm s}^{-1}$; RMB: \pm
 399 6 cm s^{-1} . F LMB: $\pm 5 \text{ cm s}^{-1}$; RMB: $\pm 5 \text{ cm s}^{-1}$.

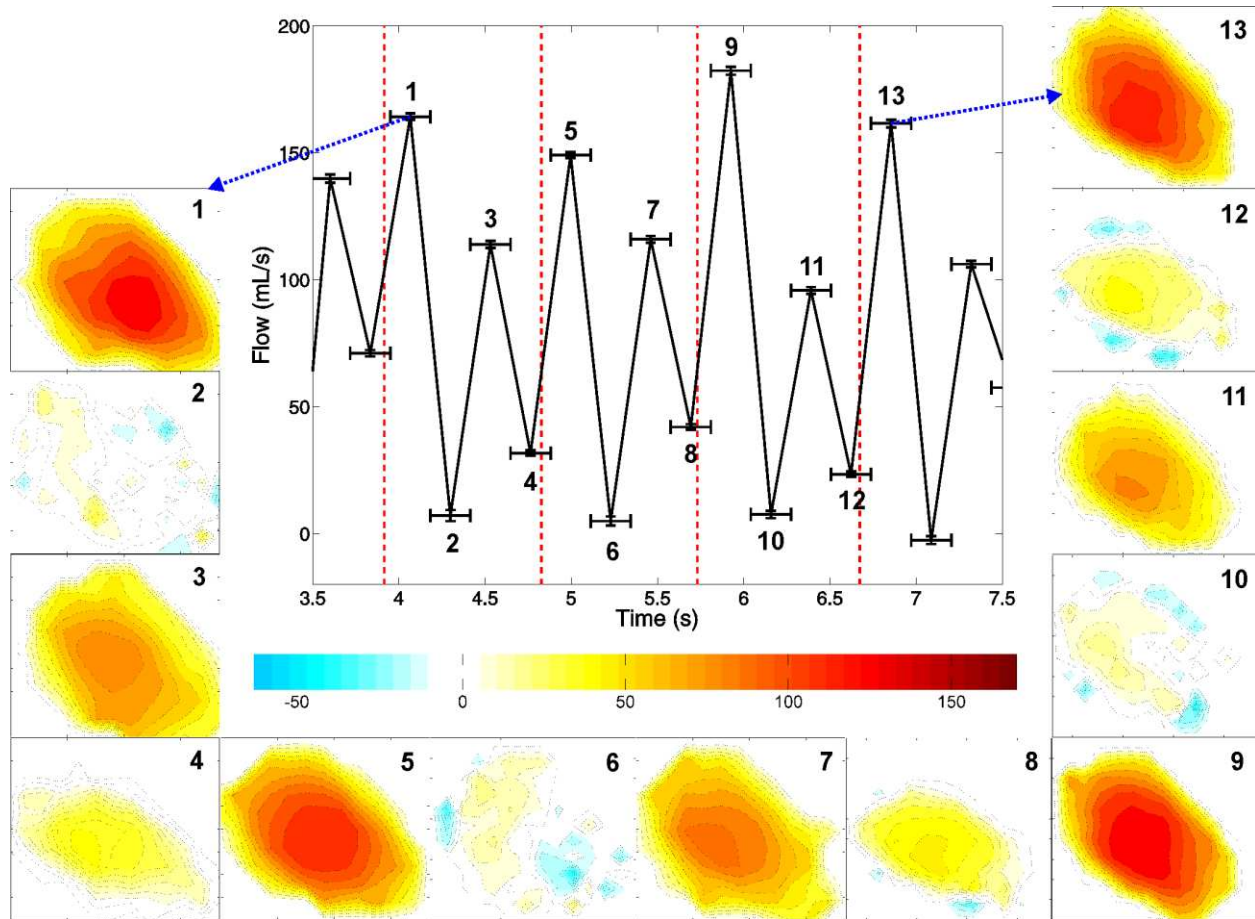


400

401 Figure 4:

402 Correlation and linear regression line of the fundamental frequency of the signal oscillations and
 403 the heart rate measured with ECG. Crosses: from the SNR oscillations of LLL during the
 404 dynamic ventilation experiments. Stars: from the 1D velocity measurement (in left main
 405 bronchus). Solid line: linear regression line ($f(\text{SNR}) = 6.24 + 0.92 \times \text{HR}$, correlation coefficient:

406 0.99). §: Heart beat measured by finger probe shortly before the experiments and not by
 407 synchronized ECG recording. The three values marked with “§” are shown on the graph but were
 408 not included into the regression line, nor were they used in the calculation of the correlation
 409 coefficient.

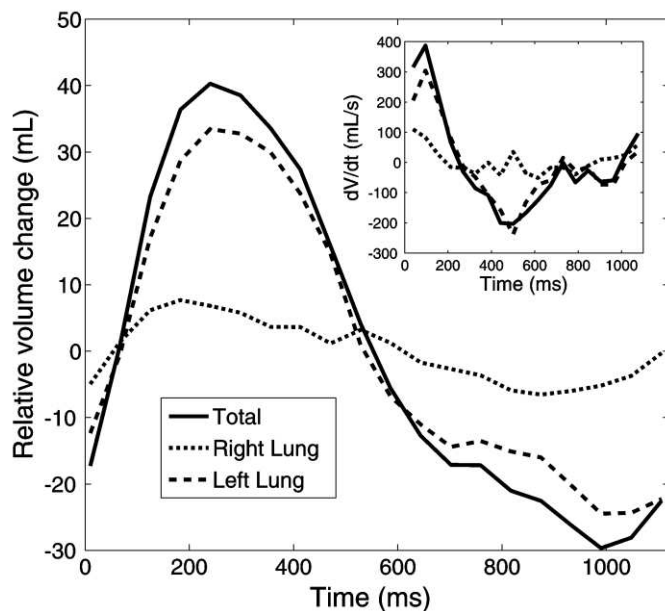


410

411 Figure 5:

412 **2D PCV.** Time evolution of the ^3He gas flow in the left main bronchus of subject 7 measured
 413 during a constant inhalation (see slice location 2 in the inset of Fig. 1, time resolution of 232.4
 414 ms). Example velocity maps (1 - 13), from which the values of the flow curve were calculated,
 415 are shown around the plot (color bar in cm s^{-1}). The average uncertainty σ_v in velocity values for

416 the given velocity maps was $\sim 5 \text{ cm s}^{-1}$. The flow error bars (on the vertical axis) were calculated
417 according to the method described in the image analysis section and range between ± 1 and ± 2
418 mL s^{-1} . The “x-error bars” on the flow curve represent the acquisition window for each velocity
419 map.



420

421 Figure 6:

422 Relative left and right lung volume changes and the corresponding time-derivatives (inset) after
423 segmentation of a cardiac gated series of proton images of the lungs of subject 1 acquired during
424 breath hold (20 cardiac phases).

425 Tables

426 Table 1:

427 Subject characteristics and sequences performed

428 M, male; F, female; FEV₁, forced expiratory volume in 1 s; FVC, forced vital capacity. * See ref. (22). †

429 Synchronised ECG recording available.

430 Table 2:

431 Fourier transform analysis of the data from the dynamic ventilation experiments

432 * in beats per minute, † from finger probe shortly before the experiment, § from synchronized ECG
433 recording. ‡ No clear oscillations were observed for subject 5 in the LUL, RLL and RUL explaining why
434 no values are quoted.

435