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Table 2. Results from Rounds 1 and 2 of Delphi study of core domains for polymyalgia rheumatica.

Domain	Round 1 Clinicians (n=60),	Round 1 Patients (n=55), %	Round 2 Clinicians (n=55), %	Round 2 Patients (n=46), %
Pain/ache	% 90	78	_	_
Stiffness severity	56	56	53	74
Morning stiffness duration	68	36	85	43
Muscle weakness	12	53	-	80
Fatigue / tiredness	49	73	65	-
Sleep disturbance	10	35	-	57
Mood problems – low or "high"	3	20	-	37
Anxiety	3	33	-	30
Weight loss/gain	25	33	27	48
Appetite loss/gain	3	11	-	-
Balance problems	2	7	-	-
Fevers/shivers/sweats/flu like symptoms	12	15	-	-
Ability to do everyday activities	51	55	65	74
Lack of mobility	25	35	7	59
Dependence on stick, wheelchair, etc.	0	2	-	-
Dependence on other people	5	9	-	-
Ability to carry out usual roles (work, caring for others, etc.)	20	35	16	37
Health-related quality of life	50	24	76	39
Overall quality of life	27	51	13	72
Change in appearance of face or body	8	22	-	41
Fluid retention / ankle swelling	2	9	-	-
Bruising, poor healing or other skin change	5	24	-	50
Doctor's assessment of activity/severity of PMR	59	60	71	83
Patient's assessment of activity/severity of PMR	76	42	-	76
Blood tests	86	40	-	70
Abnormalities identified by physical examination	22	7	20	-

by a doctor				
Abnormalities identified	36	20	29	33
by imaging tests				
Bone fragility	27	13	29	-
New or worsening	14	5	-	-
diabetes mellitus				
High blood pressure	12	11	-	-
Cost of treatments used in	31	18	13	-
the study				
Overall costs to the	36	24	22	11
healthcare provider				
Overall costs to society	56	40	55	20
Any glucocorticoid-related	-	-	46	63
adverse effect in				
judgement of doctor				
Any glucocorticoid-related	-	-	23	80
adverse effect in				
judgement of patient				

Numbers given are percentages of respondents selecting each outcome. Domains with >70% agreement are highlighted in bold;, for each group (clinicians or patients) only domains with 20-69% agreement in round 1 went forward to Round 2. Bold denotes that with >70% agreement from either group in Round 1 or Round 2, the domain went forward into the combined Round 3. "-" denotes that the question was not asked in that round.

PMR: polymyalgia rheumatica