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# Real-time Visualisation of Actin Filaments within Native and Tissue Engineered Cartilage using SiR-Actin

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**Introduction:** We recently reported the use of incremental compressive loading to generate cell-scaffold constructs with high modulus and cartilage-like histology.<sup>1</sup> Our overall aim is to improve the efficacy of construct growth, accelerating clinical translation. We asked whether a specific range of cellular deformation promotes optimal deposition of “quality” cartilage-like ECM in maturing constructs. Our aim was to develop a staining method for real-time visualisation of cellular deformation of living cells within constructs.

**Method:** Three scenarios were used for experimentation; i) Bovine synoviocytes cultured in well plates for 7 days, ii) cartilage plugs obtained from bovine knee joints and iii) tissue engineered constructs generated by dynamically seeding bovine synoviocytes on non-woven polyethylene terephthalate fibre scaffolds and cultured in chondrogenic medium for 12 weeks. Actin filaments were stained with recently developed SiR-actin<sup>2</sup> (0.1  $\mu$ M) for 12h at 37°C and nuclei stained with Acridine orange (1  $\mu$ g/mL) for 30 min at 37°C in DMEM/F12 medium.

**Results:** High magnification confocal images of cell monolayers showed specific and highly resolved staining of cytoskeletal elements and cell nuclei. 3D images of native cartilage and tissue constructs showed similar staining.

**Conclusion:** A staining methodology was optimised using a new staining molecule that can penetrate 3D constructs and native cartilage with good resolution. Cells remained viable throughout. The method is suitable for real-time experiments to determine cell deformation under compression to optimise construct maturation in the longer term.

## References

1. Finlay et al. Tissue Eng Part C. 22. 2016.
2. Lukinavičius et al. Nature Methods 11:7. 2014.