

This is a repository copy of *Introduction to special issue honoring G. Terence "Terry" Wilson.*.

White Rose Research Online URL for this paper: http://eprints.whiterose.ac.uk/111339/

Version: Accepted Version

### Article:

Becker, C.B. and Waller, G. orcid.org/0000-0001-7794-9546 (2017) Introduction to special issue honoring G. Terence "Terry" Wilson. Behaviour Research and Therapy, 88. p. 1. ISSN 0005-7967

https://doi.org/10.1016/j.brat.2016.08.005

### Reuse

This article is distributed under the terms of the Creative Commons Attribution-NonCommercial-NoDerivs (CC BY-NC-ND) licence. This licence only allows you to download this work and share it with others as long as you credit the authors, but you can't change the article in any way or use it commercially. More information and the full terms of the licence here: https://creativecommons.org/licenses/

## Takedown

If you consider content in White Rose Research Online to be in breach of UK law, please notify us by emailing eprints@whiterose.ac.uk including the URL of the record and the reason for the withdrawal request.



# Introduction to Special Issue Honoring G. Terence "Terry" Wilson Carolyn B. Becker<sup>a</sup> & Glenn Waller<sup>b</sup> <sup>a</sup>Trinity University, <sup>b</sup>University of Sheffield

# Author Note:

Carolyn Black Becker, Ph.D., Department of Psychology, Trinity University;
Glenn Waller, D.Phil, Department of Psychology, University of Sheffield

Contact: Carolyn Becker, One Trinity Place, San Antonio, TX 78212-7200; <a href="mailto:cbecker@trinity.edu">cbecker@trinity.edu</a>

It is with great pleasure that we introduce this special issue in honor of Dr. G. Terence (Terry) Wilson. Terry served as Editor-in-Chief of Behaviour Research and Therapy from 2003-2015, but his contributions to the field of behavior therapy vastly exceed his tenure as Editor-in-Chief. As such, we view this special issue as honoring the entirety of Terry's career contributions to the field. His scientific contributions are rooted in the very history of behavior (BT) and cognitive behavior therapy (CBT). Terry studied an array of topics throughout his career, ranging from systematic desensitization and treatment of anxiety in his early career, to addiction and substance abuse mid-career, to eating disorders for the last 25+ years. He also has contributed to areas such as the infamous research-practice gap, the use of manuals in clinical practice and, most recently, challenges in global dissemination and implementation of empirically-supported interventions. His breadth of scientific knowledge and experience is perhaps his greatest strength. Unlike many researchers with a narrow focus, Terry can go broad in his scientific work and thinking, as well as drill down on specific areas to an unparalleled depth. These skills undoubtedly played a role in his successful tenure as Editor-in-Chief of BRAT. In developing this issue, we invited authors with a connection to Terry who could showcase the breadth and importance of his impact. We are pleased to note that this issue highlights topics ranging from addressing the treatment gap to PTSD, eating disorders, irritable bowel syndrome, and alcohol's effect on emotion.

Terry Wilson is the consummate scientific collaborator, recognizing that when one is looking to solve big problems, having more smart people at the table is better than having fewer. As such, his list of collaborators over his decades-long career reads like the 'who's who' of both BT/CBT and specific disorders, such as eating disorders. If the company one keeps is a mark of one's skill and the respect that we command, then we should recognize that the best of the best in

our field have always been interested in working with Terry, and that that remains as true today as in past years. In recognition of Terry's years of collaboration, key collaborators and colleagues were invited to contribute to this issue, including Dr.'s Stuart Agras, Chris Fairburn, Alan Kazdin, Vikram Patel, Jack Rachman, Ray Rosen, Ruth Weissman and Denise Wilfley.

It is important to note that Terry's scientific contributions are not limited to the science he himself has conducted, but flourish among the scores of students he has trained and junior colleagues he has mentored. We are both beneficiaries of that support and mentoring, and we are pleased to be able to show case Terry's impact on his students by including contributions by Dr.'s Jeffrey Lackner and Michael Sayette. Terry raises the bar for everyone who knows him. For all of us, that experience is clear when we consider how our scientific thinking and the quality of our work have benefitted from his collaboration and mentoring, his willingness to hash out ideas and respectfully disagree when data are open to different interpretations, his unbelievably sharp intellect, his understanding of research methodology, his astonishing memory for research findings, and his status as a scientist (both in terms of methodology and ethics). Terry challenges everyone who knows him to be better scientists, thus impacting the overall field in a way that vastly exceeds the science he himself has conducted (which is enormously impressive in its own right). We realize that no single issue can do justice to Terry's contributions to our field, but hope this special issue offers a token of our appreciation for all that he has done for the field, and for both of us as colleagues and friends.