



This is a repository copy of *Energy absorption in lattice structures in dynamics: Nonlinear FE simulations*.

White Rose Research Online URL for this paper:  
<http://eprints.whiterose.ac.uk/110851/>

Version: Accepted Version

---

**Article:**

Ozdemir Kilinc, Z., Tyas, A. [orcid.org/0000-0001-6078-5215](https://orcid.org/0000-0001-6078-5215), Goodall, R. et al. (1 more author) (2016) Energy absorption in lattice structures in dynamics: Nonlinear FE simulations. *International Journal of Impact Engineering*, 102. pp. 1-15. ISSN 0734-743X

<https://doi.org/10.1016/j.ijimpeng.2016.11.016>

---

**Reuse**

This article is distributed under the terms of the Creative Commons Attribution-NonCommercial-NoDerivs (CC BY-NC-ND) licence. This licence only allows you to download this work and share it with others as long as you credit the authors, but you can't change the article in any way or use it commercially. More information and the full terms of the licence here: <https://creativecommons.org/licenses/>

**Takedown**

If you consider content in White Rose Research Online to be in breach of UK law, please notify us by emailing [eprints@whiterose.ac.uk](mailto:eprints@whiterose.ac.uk) including the URL of the record and the reason for the withdrawal request.



[eprints@whiterose.ac.uk](mailto:eprints@whiterose.ac.uk)  
<https://eprints.whiterose.ac.uk/>

## Accepted Manuscript

Energy absorption in lattice structures in dynamics: Nonlinear FE simulations

Zuhal Ozdemir, Andrew Tyas, Russell Goodall, Harm Askes

PII: S0734-743X(16)30281-0  
DOI: [10.1016/j.ijimpeng.2016.11.016](https://doi.org/10.1016/j.ijimpeng.2016.11.016)  
Reference: IE 2783



To appear in: *International Journal of Impact Engineering*

Received date: 19 May 2016  
Revised date: 3 November 2016  
Accepted date: 26 November 2016

Please cite this article as: Zuhal Ozdemir, Andrew Tyas, Russell Goodall, Harm Askes, Energy absorption in lattice structures in dynamics: Nonlinear FE simulations, *International Journal of Impact Engineering* (2016), doi: [10.1016/j.ijimpeng.2016.11.016](https://doi.org/10.1016/j.ijimpeng.2016.11.016)

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

**Highlights**

- A numerical analysis framework has been developed that captures the experimentally observed dynamic response of micro-lattices
- The framework has been demonstrated to be accurate and robust across two lattice geometries and two loading rates, with responses monitored at both the impact face and the distal face of the sample
- The results suggest that simple MDoF models can be developed to capture the response of such geometries under fast loading regimes

# Energy absorption in lattice structures in dynamics: Nonlinear FE simulations

Zuhal Ozdemir<sup>a</sup>, Andrew Tyas<sup>a</sup>, Russell Goodall<sup>b</sup>, Harm Askes<sup>a,\*\*</sup>

<sup>a</sup>*Department of Civil and Structural Engineering, The University of Sheffield*

<sup>b</sup>*Department of Materials Science and Engineering, The University of Sheffield*

---

## 1 Abstract

2 An experimental study of the stress-strain behaviour of titanium alloy  
3 (Ti6Al4V) lattice structures across a range of loading rates has been reported  
4 in a previous paper (Ozdemir et al., 2016). The present work develops sim-  
5 ple numerical models of re-entrant and diamond lattice structures, for the  
6 first time, to accurately reproduce quasi-static and Hopkinson Pressure Bar  
7 (HPB) test results presented in the previous paper. Following the develop-  
8 ment of lattice models using implicit and explicit non-linear finite element  
9 (FE) codes, the numerical models are first validated against the experimental  
10 results and then utilised to explore further the phenomena associated with  
11 impact, the failure modes and strain-rate sensitivity of these materials. We  
12 have found that experimental results can be captured with good accuracy  
13 by using relatively simple numerical models with beam elements. Numer-  
14 ical HPB simulations demonstrate that intrinsic strain rate dependence of  
15 Ti6Al4V is not sufficient to explain the emergent rate dependence of the  
16 re-entrant cube samples. There is also evidence that, whilst re-entrant cube  
17 specimens made up of multiple layers of unit cells are load rate sensitive, the  
18 mechanical properties of individual lattice structure cell layers are relatively

---

\*Corresponding author

\*\*Tel. +44(0)114 222 5769; Fax: +44(0)114 222 5700

*Email address:* h.askses@sheffield.ac.uk (Harm Askes)

19 insensitive to load rate. These results imply that a rate-independent load-  
20 deflection model of the unit cell layers could be used in a simple multi degree  
21 of freedom (MDoF) model to represent the impact behaviour of a multi-layer  
22 specimen and capture the microscopic rate dependence.

*Keywords:* lattice structures, impact and blast protection, finite element  
method (FEM), emergent rate-dependence

---

## 23 1. Introduction

24 Over the previous few decades, research into the quasi-static and dy-  
25 namic behaviour and energy absorbing characteristics of cellular solids has  
26 been assessed using costly experiments, because of the extreme complexities  
27 associated with their collapse mechanisms. With the current advances in  
28 numerical methods, we can predict the response of cellular solids even under  
29 very highly nonlinear loading regimes with a reasonable accuracy. Thus, in  
30 recent years, numerical methods have been widely used for the characteri-  
31 sation of mechanical behaviour and energy absorption properties of cellular  
32 solids.

33 Numerical studies carried out on cellular solids are of both quasi-static  
34 and dynamic nature and have been performed on a wide range of materi-  
35 als including both stochastic (such as metallic foams) and periodic cellular  
36 solids (such as lattice structures, hollow rings). Aktay et al. (2008) stud-  
37 ied the quasi-static crushing behaviour of honeycombs using detailed micro-  
38 mechanical models, homogenised modelling approach and a finite element-  
39 discrete particle model with semi-adaptive coupling (SAC) technique and  
40 compared the results of these models with experiments. The progressive

41 folding behaviour of square aluminium tubes subjected to quasi-static axial  
42 crushing was numerically investigated using FEM by El-Hage et al. (2005).  
43 Karagiozova et al. (2005) studied the dynamic response of circular and square  
44 aluminium alloy tubes subjected to an axial explosive load using experimen-  
45 tal and numerical techniques. Particular attention was paid to the influence  
46 of the impulse and material properties on the energy absorption capacity of  
47 tubes. Compressive response of a multi-layered steel pyramidal lattice, which  
48 was investigated by underwater explosive tests, was simulated using a fully  
49 coupled Euler-Lagrange FE hydro code by (Wadley et al., 2008). Energy  
50 absorption, wave filtering and wave variation characteristics of ring systems  
51 after collapse were studied both experimentally and numerically by Wang  
52 et al. (2010). In the majority of the numerical studies, cellular structures are  
53 assumed to have perfect geometries. However, the extent of imperfections  
54 can be more easily considered and controlled in a numerical model than a  
55 physical test. The effects of cell shape and cell wall thickness imperfections  
56 on the dynamic crushing behaviour of honeycomb structures were studied  
57 using the FEM by Li et al. (2007). Ajdari et al. (2011) carried out a nu-  
58 merical study on 2D honeycomb structures in order to clarify the effect of  
59 deformation rate, defects and irregularity on the behaviour of cellular struc-  
60 tures. However, validation of the numerical model was not presented in their  
61 paper.

62 Although there are several disadvantages associated with experiments  
63 (for instance cost, time and collection of limited information during a fast  
64 dynamic phenomenon), experimental works conducted on a range of cel-  
65 lular materials have highlighted important issues associated with energy

66 absorption mechanisms of such materials when subjected to high loading  
67 rates. For instance, Reid and Peng (1997) and Vural and Ravichandran  
68 (2003) carried out Hopkinson Pressure Bar (HPB) and Split Hopkinson  
69 Pressure Bar (SHPB) tests on wood samples, respectively. Reid and Peng  
70 (1997) reported localised deformation mechanism and enhancement of crush-  
71 ing strength of wood under dynamic loading conditions. Vural and Ravichan-  
72 dran (2003) computed specific energy dissipation capacity of balsa wood and  
73 they found that it was comparable with those of fiber-reinforced polymer  
74 composites. Quasi-static and dynamic response of rectangular arrays of thin-  
75 walled metal cylindrical tubes were examined experimentally by Shim and  
76 Stronge (1986) and Stronge and Shim (1987), respectively. It was observed  
77 that the response of a tightly-packed array of ductile, thin-walled tubes un-  
78 der quasi-static and dynamic conditions is governed by the packing arrange-  
79 ment. Similarly, experiments carried out on diamond and re-entrant cube  
80 lattices (Ozdemir et al., 2016) demonstrated that unit cell geometry controls  
81 the force-deformation response of such structures. Goldsmith and Sackman  
82 (1992) determined the energy dissipation characteristics of bare honeycombs  
83 and sandwich plates with honeycomb cores using a ballistic pendulum. Al-  
84 ghamdi (2001) presented a review on mechanical properties of materials and  
85 devices including tubes, sandwich plates and honeycomb cells for dissipating  
86 kinetic energy.

87 A thorough understanding of the dynamic behaviour of cellular solids is  
88 crucial for maximising the performance of such materials particularly under  
89 high loading rates. The response of cellular solids may show quite distinctive  
90 differences under quasi-static and dynamic loads, because of rate sensitiv-

ity. The mechanisms of rate sensitivity of cellular materials consist of the strain rate dependence of the parent material, the microinertia effects, the compression and flow of air trapped in cells, the shock wave generation, the effect of micro-structural geometry and the influence of intrinsic length scale of the material. Several experimental and numerical studies have been undertaken on cellular materials to highlight mechanisms causing rate sensitivity. Lee et al. (2006a) carried out a series of quasi-static compression, Kolsky bar (SHPB) and gas gun experiments (HPB) on a type of open-cell aluminium alloy foam and stainless steel woven textile core materials. While the peak stress of open-cell foams was deformation insensitive, the rate-sensitivity of the peak stress was observed in the textile cores. Differences in local strain fields were observed in both materials at intermediate strain rates ( $230 - 330 \text{ s}^{-1}$ ), when compared with quasi-static loading conditions. This was attributed to the microinertia effects for the case of foam materials. At very high strain rates, the shock wave propagation was observed in both materials. In a following study, Lee et al. (2006b) undertook similar physical tests on pyramidal truss cores made of 304 stainless steel to investigate deformation modes of such materials. In addition, non-linear FE simulations were performed to understand the roles of material strain rate hardening and microinertia on the quasi-static and dynamic response of sandwich panels with pyramidal truss cores. At intermediate strain rates, microinertia effects caused differences in force-deformation response and deformation mode of such materials when compared with quasi-static loading conditions. At larger deformations, in addition to micro-inertia, the material strain rate hardening contributed to changes in deformation mode and stress-

116 strain response. Liu et al. (2009) studied the dynamic crushing behaviour  
117 of 2D Voronoi honeycomb using FE method. Three different deformation  
118 modes were observed at different loading ranges. These are: (1) quasi-static  
119 homogeneous modes where crush bands are located randomly and the defor-  
120 mation is macroscopically uniform; (2) transition mode in which crush bands  
121 are mainly concentrated at the impact end rather than the support end; and  
122 (3) shock mode where crush bands sequentially propagate from impact end  
123 to the distal end. The changes in deformation mechanisms and stress-strain  
124 response of Voronoi honeycomb observed under high loading rates were at-  
125 tributed to inertia effects. Zhao and Gary (1998) performed quasi-static  
126 and SHPB tests on aluminium honeycombs in the in-plane and out-of-plane  
127 directions. While the in-plane crushing behaviour of the aluminium honey-  
128 comb was rate insensitive, significant differences between static and dynamic  
129 out-of-plane crushing behaviour of the honeycombs were observed due to  
130 structural effects. Barnes et al. (2014) used direct impact tests to evaluated  
131 shock-like response of an open cell aluminium foam by developing shock-  
132 impact speed Hugoniot relations. As an extension of this work, Gaitanaros  
133 and Kyriakides (2014) used FE analysis to replicate the experimentally ob-  
134 served dynamic crushing behaviour of the open cell aluminium foam by form-  
135 ing planar shocks. Zheng et al. (2014) examined the dynamic stress-strain  
136 states in a closed-cell foam under direct impact conditions by creating FE  
137 models of the foam using 3D Voronoi technique. Sun et al. (2016) obtained  
138 a linear relation between shock speed and impact speed and established a  
139 unique linear Hugoniot relation to characterise shock constitutive relation  
140 for a 2D virtual foam.

141 In this study, we aim to develop simple FE models of titanium alloy  
142 (Ti6Al4V) lattice structures to reproduce quasi-static and Hopkinson Pres-  
143 sure Bar (HPB) test results reported in a previous study (Ozdemir et al.,  
144 2016) with a reasonable accuracy. In the literature, existing numerical and  
145 experimental studies on lattice structures focus mainly on two geometries:  
146 body-centred cubic (BCC) and a similar structure with vertical pillars (BCC-  
147 Z) (McKown et al., 2008; Mines et al., 2013; Smith et al., 2013). To the  
148 best of our knowledge, this is the first research to numerically investigate  
149 the dynamic response of re-entrant and diamond lattices. Imperfections of  
150 the lattice structures have not been accounted for in the numerical mod-  
151 els and perfect models of re-entrant cube and diamond lattices have been  
152 built. In addition, there are very limited studies in the literature, which  
153 validate numerical results against experiments for the dynamic response of  
154 cellular solids over all duration of impact event (Lee et al., 2006b) and exist-  
155 ing studies mainly focus on a maximum value of a response parameter (such  
156 as maximum displacement). Following the development of numerical lattice  
157 models using implicit and explicit non-linear finite element (FE) codes, in  
158 this work, these models are validated against experimental results during all  
159 time history of the impact event. Finally, the numerical models are utilised  
160 to explore further the phenomena associated with impact, the failure modes  
161 and strain-rate sensitivity of these materials.

162 The outline of the present paper can be summarised as follows: In Section  
163 2, a nonlinear FE procedure for the analysis of quasi-static and impact re-  
164 sponse of diamond and re-entrant cube lattice structures is discussed briefly.  
165 Next, stress-strain response and associated failure modes of lattices, which

166 were captured by quasi-static compression tests, are simulated using the non-  
167 linear FEM in Section 3. The energy absorption characteristics of lattices  
168 under high deformation rates are examined numerically in Section 4 by tak-  
169 ing into account the effect of unit-cell geometric configuration. Finally, the  
170 influence of strain rate sensitivity of Ti6Al4V and radial confinement on the  
171 impact response lattice samples is assessed in Sections 5 and 6, respectively.

## 172 2. Nonlinear FE modelling

173 In this work, two unit cell geometries are chosen to carry out numerical  
174 HPB impact simulations. The geometries are diamond (Figure 1(a)), where  
175 the struts are arranged similar to the interatomic bonds in the atomic lattice  
176 of diamond, and re-entrant cube (Figure 1(b)), a cube shape with all edges  
177 and diagonal struts across the faces bent towards the centre; were it not for  
178 the fact that the unit cells of the lattice are connected at the corners, this  
179 last structure would resemble the auxetic structure of Lakes and Park (1998).  
180 The repeating unit cell is kept as a 5 mm side length cube for both lattices.  
181 Square strut cross-section was chosen for the diamond lattices with diagonal  
182 length of 1.0 mm, whereas the strut diameter of the re-entrant cube is 0.48  
183 mm.

184 For HPB impact tests, a steel bar projectile and a Nylon 66 impactor are  
185 used for low and high velocity loadings, respectively. The steel projectile has  
186 a diameter of 25 mm, a length of 250 mm and a mass of 963 g. The Nylon  
187 66 projectiles have a diameter of 27 mm, a length of 31 mm and a mass of  
188 19.3 g. Two testing configurations were considered for the HPB tests: In  
189 the first case, the specimen was placed on the impact face of the HPB and

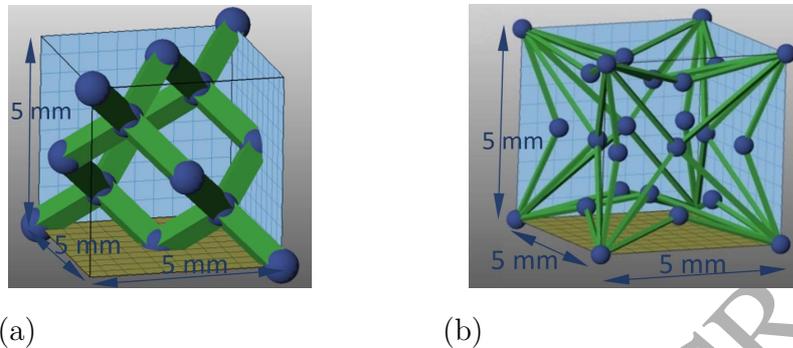


Figure 1: Representative unit cells of (a) diamond and (b) re-entrant cube lattice structures.

190 the projectile was fired onto the specimen (Figure 2(a)). In the other case,  
 191 the test specimens were fixed to the impact face of the projectile (Figure  
 192 2(b)). In these tests, 3D FE models of the impactor and HPB are built along  
 193 with the full 3D models of lattices therefore, boundary conditions are taken  
 194 care of by contact algorithms defined between the impactor and sample and  
 195 between the HPB and sample. The HPB has a free boundary condition at  
 196 its far end.

197 The multi-purpose nonlinear FE analysis program LS-DYNA is used to  
 198 simulate the response mechanisms of lattice samples. Due to the fact that  
 199 continuum elements are computationally expensive, 3D Timoshenko beam  
 200 elements with plasticity and large deformation capabilities are used for the  
 201 modelling of lattices. The main failure mechanisms of the lattices such as  
 202 plasticity, buckling, and brittle shear failure are considered in the numerical  
 203 model. In order to take into account plasticity, a material model pertaining  
 204 to Von Mises yield condition with isotropic strain hardening is introduced in

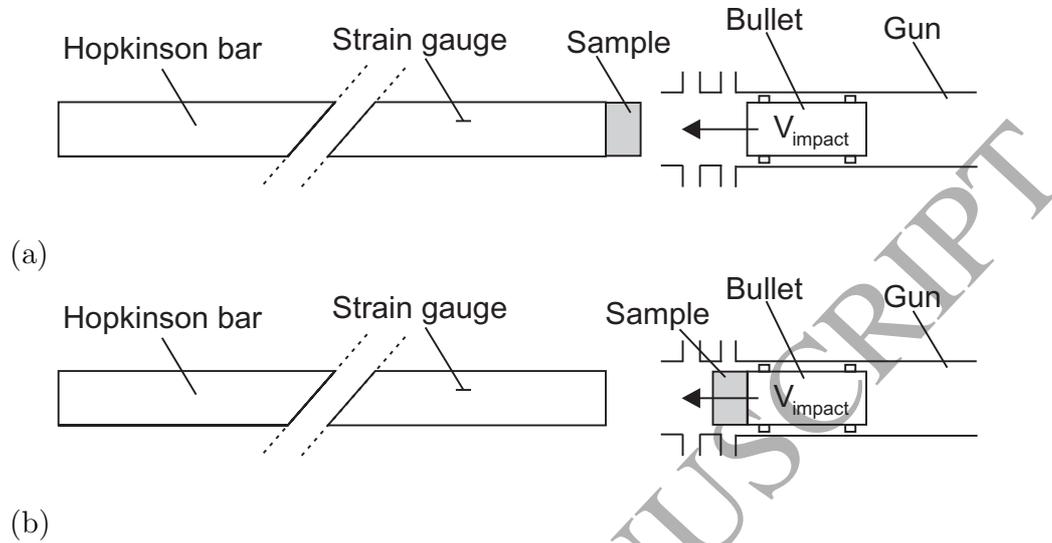


Figure 2: Two testing configurations for the HPB tests: (a) the distal face test and (b) impact face test.

205 the FE model. A plastic strain-based failure criteria, where the element is  
 206 deleted when all the through thickness integration points reach the defined  
 207 failure strain, is used in the model. Buckling is considered by activating  
 208 geometric nonlinearity in the numerical simulations. In addition, struts are  
 209 discretised by several beam elements in order to capture the micro-buckling  
 210 of struts correctly. Tensile tests were performed on as-built round samples  
 211 with a cross-sectional area of  $24 \text{ mm}^2$  by following ASTM E8M-13a guide-  
 212 lines (E8M-13a (2013)) to determine mechanical properties of Ti6Al4V. In  
 213 the material model, Ti6Al4V alloy is assumed to have a Young's modulus of  
 214  $114 \text{ GPa}$ , Poisson's ratio of  $0.3$ , mass density of  $4.43 \times 10^3 \text{ kg/m}^3$  and yield  
 215 stress of  $880 \text{ MPa}$ . The values of these properties are also consistent with

216 the values obtained from the literature (Al-Bermani et al., 2010; Rafi et al.,  
217 2012). Numerical analysis results also indicated that the global response was  
218 not very sensitive to these particular values. Effective plastic strain to fail-  
219 ure is set to be 0.3. Strain rate dependency of Ti6Al4V is ignored in the  
220 numerical simulations, unless otherwise stated. For the numerical quasi-  
221 static simulations, rigid material is assumed for the steel test rig. For the  
222 numerical HPB test simulations, a linear elastic material with Young's  
223 modulus of 210 GPa, Poisson's ratio 0.3, mass density  $7.80 \times 10^3 \text{ kg/m}^3$  is as-  
224 sumed for the steel impactor. The Nylon 66 impactor is considered to exhibit  
225 elastic-perfect plastic behaviour with Young's modulus of 1.7 GPa, Poisson's  
226 ratio of 0.4, mass density of  $1.088 \times 10^3 \text{ kg/m}^3$ , yield stress of 160 MPa and  
227 tangent modulus of 1.00 MPa. All the input data for the material models  
228 used in the quasi-static and impact tests are given in Table 1 along with the  
229 LS-DYNA material number and name.

230 In the FE simulations, the interaction forces between parts are trans-  
231 ferred with contact algorithms. The so-called one-way contact algorithm  
232 (\*CONTACT\_AUTOMATIC\_NODES\_TO\_SURFACE), in which only slave  
233 nodes (lattice nodes) are checked for penetration of the master segments (test  
234 rig), is used to model the interaction between lattices and test rig in the nu-  
235 merical quasi-static simulations. The friction forces between the test rig and  
236 lattice sample are taken into account with static and dynamic friction coef-  
237 ficients of 0.1. For the numerical HPB test simulations, two separate one-way  
238 contact types (\*CONTACT\_AUTOMATIC\_NODES\_TO\_SURFACE) are used  
239 to model the force transfer between the impactor and lattice sample and  
240 the interaction between the lattice sample and HPB. Self-contact of the

241 lattices is modelled using a beam-to-beam contact algorithm (\*CONTACT  
242 \_AUTOMATIC\_GENERAL). Static and dynamic friction coefficients are de-  
243 fined as 0.30 for all contact cases. Following the development of the finite  
244 element model of lattices, a mesh sensitivity analysis was carried out to en-  
245 sure that the results are not sensitive to the mesh size; it was found that five  
246 beam elements per strut resulted in effective convergence of the results. The  
247 finite element models of 5-layer auxetic and diamond samples consist of 24320  
248 and 8320 beam elements respectively. The length of each beam element is  
249 0.543 mm and 0.433 mm for auxetic and diamond lattices, respectively. The  
250 rigid quasi-static test rig was modelled using 5408 four-node shell elements.

251 The experimental load-time signals from the impact loading events were  
252 recorded by means of a single HPB, 25 mm diameter, 3.4 m length, with a  
253 perimeter-mounted axial strain gauge station set 250 mm from the impact  
254 face of the bar. The strain gauge station thus recorded a distorted ver-  
255 sion of the impact load, due to well-known dispersion effects. As discussed in  
256 (Ozdemir et al., 2016), the impact load-time signals typically included signifi-  
257 cant energy at frequencies above that which can currently be accommodated  
258 by standard frequency domain dispersion correction techniques (Tyas and  
259 Watson 2001). Therefore, in order to compare like with like, the numerical  
260 models of the impact events included explicit modelling of the full HPB in  
261 addition to the impactor and lattice specimen. In the model, the load signal  
262 dispersed as it travelled along the model of the HPB, before being recorded  
263 on the bar perimeter at the location of the strain gauge in the experimental  
264 work, 250 mm from the impact face of the bar (Figure 3). In all subse-  
265 quent comparisons of the experimental and numerical stress-time histories in

Part	LS-DYNA Material number [-]	LS-DYNA Material name [-]	$\rho$ [kg/m <sup>3</sup> ]	$E$ [GPa]	$\nu$ [-]	$\sigma_y$ [MPa]	$E_{tan}$ [MPa]
Compression test rig	*MAT_020	*MAT_RIGID	7850	210	0.3	–	–
Steel impactor & HPB	*MAT_001	*MAT_ELASTIC	7850	210	0.3	–	–
Nylon impactor	*MAT_003	*MAT_PLASTIC_KINEMATIC	1088	1.5	0.4	160	1
Ti6Al4V	*MAT_024	*MAT_PIECEWISE_LINEAR_PLASTICITY	4456.4	113.76	0.3	895.6	–

Table 1: Input data for all materials used in the numerical analyses.

266 this paper, the results are those measured at the gauge position. The HPB  
 267 was modelled using 491904 and 724680 eight-node hexahedral elements in  
 268 low and high velocity impact simulations, respectively. The steel and ny-  
 269 lon impactors were represented with 39424 and 13200 eight-node hexahedral  
 270 elements, respectively.

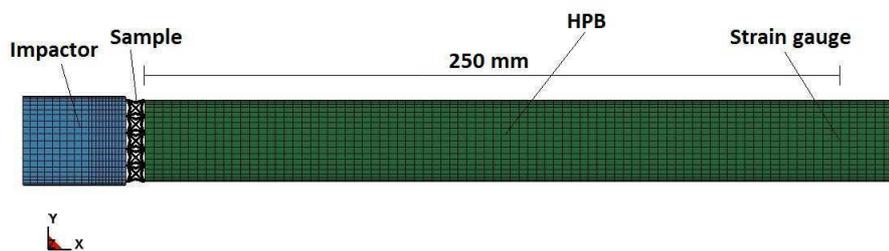


Figure 3: Schematic description of the 3D FE model of the HPB test setup

271 The average computation time for analysing low velocity impact tests of  
 272 single and five-layer lattice samples was approximately 6 hours and 20 hours,  
 273 respectively, on a quad core 64 bit PC with 2 GB memory. The finite element  
 274 analysis of high velocity impact tests of single- and five-layer samples took  
 275 around 40 minutes and 5 hours, respectively, on the same computer.

276 It is worth noting that stress measurements, whether experimental or  
 277 numerical, may be influenced by edge (or size) effects in case of a low number  
 278 cells in the height direction. Therefore, the findings of the experimental and  
 279 numerical investigations regarding dynamic properties of lattices reported  
 280 here are indicative only.

### 281 3. Nonlinear quasi-static behaviour of lattices

282 Single layer square samples of diamond and re-entrant cube lattices with  
283 an edge length of 25 mm and a height of 5 mm were compressed at a crosshead  
284 speed of 0.2 mm/min using a Hounsfield TX0038 universal test rig (Ozdemir  
285 et al., 2016). For each sample type, three quasi-static tests were carried out.  
286 The average stress-strain curves of the diamond and re-entrant cube samples  
287 following quasi-static compression tests are shown in Figures 4(a) and (b),  
288 respectively. As one can observe from these figures, the quasi-static stress-  
289 strain response of the re-entrant and diamond lattice structure show a typical  
290 of Type II (stretch dominated) response as defined by Ashby (2006), where  
291 a relatively constant initial stiffness is followed by post-peak softening, and  
292 later by final densification of the material.

293 Relative density  $\bar{\rho}$ , elastic modulus  $E$ , yield stress  $\sigma_y$  and absorbed energy  
294 (up to densification) of the single-layer samples obtained following the quasi-  
295 static tests are summarized in Table 2. Strain limits up to 30 % and 60 %  
296 are chosen to compute absorbed energy for the re-entrant cube and diamond  
297 lattices, respectively. Stress-strain plots indicate that diamond lattices are  
298 more efficient than re-entrant cube trusses for energy absorption under quasi-  
299 static conditions, although the relative density of the re-entrant cube samples  
300 is higher than that of diamond lattices.

301 Numerical quasi-static stress-strain response of diamond and re-entrant  
302 cube lattices is also superimposed in Figures 4(a) and (b), respectively. An  
303 increase in initial stiffness of experimental stress-strain curves of re-entrant  
304 and diamond lattices at around of 80% and 180% is observed due to the  
305 initial crushing of diamond and re-entrant cube samples, respectively. Both

Lattice structure	N. of layers	$\bar{\rho}$	$E$	$\sigma_y$	Absorbed energy
		[–]	[MPa]	[MPa]	[MJ/m <sup>3</sup> ]
Diamond	1	0.137	132.2	11.8	2.32
Re-entrant cube	1	0.166	126.6	10.8	1.65

Table 2: Averaged material properties obtained following the quasi-static tests.

306 experimental and numerical stress-strain curves of diamond and re-entrant  
 307 cube lattices show a clear peak load which coincides with the onset of frac-  
 308 ture occurring in the struts near the nodes. After the peak load, post-yield  
 309 softening behaviour is followed by a steep stress rise due to densification of  
 310 the lattice layer.

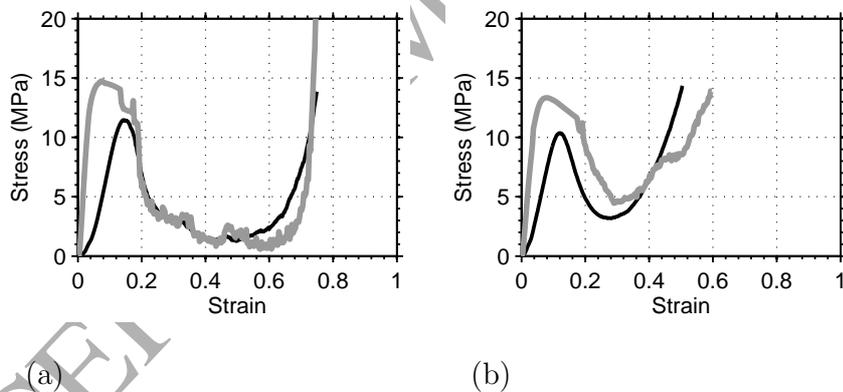


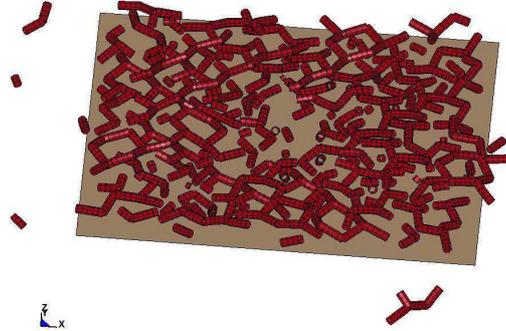
Figure 4: The average experimental (black line) and numerical (grey line) stress-strain curves of single-layer (a) diamond and (b) re-entrant cube samples obtained following the quasi-static compression tests.

311 An implicit time integration technique is employed to obtain economic

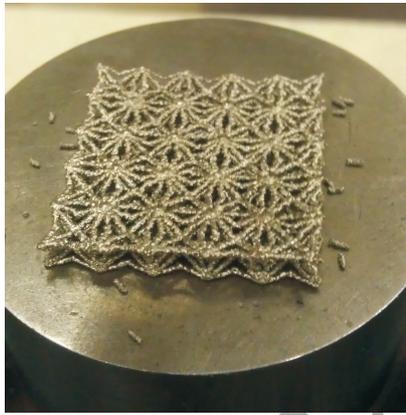
312 solutions for the quasi-static response of lattice structures. However, the im-  
313 plicit FEM encountered numerical difficulties when solving non-linear prob-  
314 lem after the samples are compressed around 1 mm. Therefore, switching  
315 from the quasi-static implicit scheme to the dynamic explicit scheme with  
316 mass scaling is employed for both diamond and re-entrant cube lattice sam-  
317 ples. The time step size is kept large enough to ensure that kinetic energy  
318 is less than 5% of the peak internal energy. The numerical method predicts  
319 a higher initial stiffness than experiments for both re-entrant cube and dia-  
320 mond samples. In the numerical simulations, the geometry of the struts is  
321 assumed to be perfectly circular without any imperfection along their length.  
322 On the other hand, lattice struts manufactured by the Electron Beam Melt-  
323 ing (EBM) technique include irregularities both in cross-section and along  
324 the length of the strut (Ozdemir et al., 2016) which act as weakeners. There-  
325 fore, the numerical method predicts somewhat higher strength and stiffness  
326 for the quasi-static response of diamond and re-entrant cube samples than  
327 is observed experimentally. Since the diameter of the struts in the diamond  
328 samples is larger than that of re-entrant cube samples, imperfections, which  
329 are independent of strut size, arising from the resolution limitations of the  
330 processing method, play a more important role in the quasi-static response  
331 of the re-entrant cube samples. A remarkable consistency of experimental  
332 and numerical deformed shapes of the re-entrant cube and diamond samples  
333 is observed following the quasi-static compression tests (Figure 5).



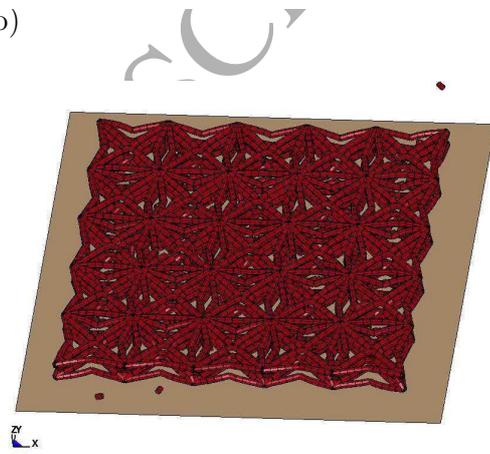
(a)



(b)



(c)



(d)

Figure 5: Deformed shape of diamond sample during quasi-static (a) experiment and (b) numerical simulation. Deformed shape of re-entrant cube sample during quasi-static (c) experiment and (d) numerical simulation. The pre-test sample sizes were 25 x 25 x 5 mm.

#### 334 4. Nonlinear impact response of lattices

335 The HPB tests carried out with bare impactor and on single and multi-  
 336 layer lattice samples are described in detail in (Ozdemir et al., 2016). In the  
 337 present work, these test results are utilized to develop an effective modelling

338 tool using the FEM for the prediction of the mechanical behaviour, progres-  
339 sive damage and failure modes of the lattices. The same material models  
340 and material parameters defined in Section 3 are utilized in the numerical  
341 impact models as validated with quasi-static tests.

#### 342 *4.1. Impact tests with bare impactor*

343 Numerical simulations of low and high velocity impact tests were first  
344 carried out in the absence of the lattice specimen at the impact face of the  
345 HPB in order to verify the numerical models of the impactors. The steel and  
346 Nylon 66 impactors were fired at velocities of 7.6 m/s and 178 m/s during  
347 experiments, respectively, to transmit the same order of magnitude of impulse  
348 (around 6 Ns).

349 The experimental and numerical stress-time histories observed at the  
350 gauge station positioned 250 mm from the impact face of the HPB along  
351 with cumulative impulse-time histories are given in Figures 6 and 7. Al-  
352 though the numerical model predicts a higher peak stress than experiments  
353 for both low-velocity and high-velocity impacts, durations of the experimen-  
354 tal and numerical main impact pulses are virtually the same. In experimental  
355 work, it is inevitable that a less-than-perfect alignment will be achieved be-  
356 tween the impactor and the HPB. As a result, not all of the momentum of  
357 the impactor is transferred to the HPB in the first cycle of the stress wave  
358 through the length of the impactor. This results in an initial load plateau  
359 which is lower than would be assumed from 1-D theory and a subsequent  
360 low-magnitude coda to the main pulse which accounts for the majority of  
361 the residual impulse. These features are clearly seen on the experimental

362 stress-time history shown in Figure 6(a). On the other hand, the numerical  
 363 model assumes that the impact surfaces of the impactor and the HPB are  
 364 perfectly parallel, and as a result the coda is not observed in the numerical  
 365 stress-time history. Impulse starts to increase when the impactor comes into  
 366 contact with the HPB and remains unchanged following the rebound of the  
 367 impactor (Figure 6(b)). Cumulative impulse-time histories suggest that re-  
 368 bound velocity of the impactors in the numerical simulation is higher than  
 369 that observed in experiments.

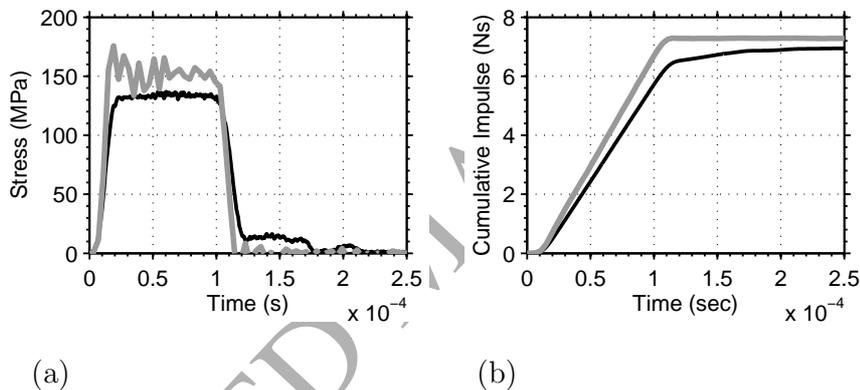


Figure 6: Experimental (black line) and numerical (grey line) (a) stress and (b) cumulative impulse-time histories in the absence of lattice specimen generated by the steel impactor fired at a velocity of 7.6 m/s.

#### 370 4.2. Impact response of single layer specimens

371 Examples of experimental and numerical impact stress, cumulative im-  
 372 pulse and strain time histories as well as stress-strain curves developed on  
 373 the distal and impact face of single-layer re-entrant cube specimens induced

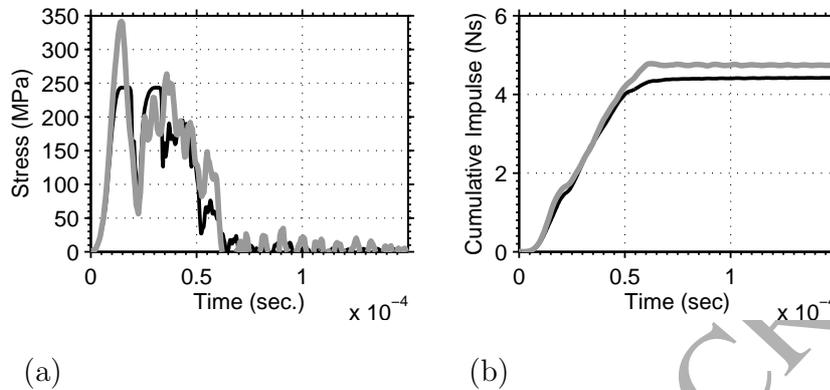


Figure 7: Experimental (black line) and numerical (grey line) (a) stress and (b) cumulative impulse-time histories in the absence of lattice specimen generated by the Nylon 66 impactor fired at a velocity of 178 m/s.

374 by the steel impactor are shown in Figures 8 and 9, respectively. In these  
 375 tests, the average strain rate is around  $3700 \text{ s}^{-1}$  and  $3600 \text{ s}^{-1}$ , respectively.  
 376 Figures 8(a) and 9(a) show examples of a good agreement between simulated  
 377 and measured stress-time histories. Strain developed in the samples was not  
 378 measured directly during the experiments. Therefore, the high speed video  
 379 footage was used to estimate the displacement vs time record of the impacted  
 380 face, from which the axial strain-time history was calculated. Subsequently,  
 381 a stress-strain curve was derived for each test.

382 Numerical distal and impact face stress, cumulative impulse and strain  
 383 time histories as well as stress-strain curves induced by the Nylon 66 im-  
 384 pactor fired at velocities of 200 m/s and 187 m/s are shown in Figures 10 and  
 385 11, respectively. The average strain rate is around  $42400 \text{ s}^{-1}$  and  $26000 \text{ s}^{-1}$ ,  
 386 respectively, in these tests. Experimental stress and cumulative impulse-time

387 histories are also superimposed in Figures 10(a), 10(b), 11(a) and 11(b). The  
388 resolution of the high speed video footage of high speed impact tests was not  
389 sufficient to estimate the displacement time histories of samples under high  
390 strain rates; strain vs time and stress vs strain curves for these samples could  
391 not be predicted. As one can observe from Figures 10(a), 10(b), 11(a) and  
392 11(b), the stress and cumulative impulse-time histories obtained from ex-  
393 perimental and numerical methods show a very good agreement for the first  
394  $5.5 \cdot 10^{-5}$  s. After  $5.5 \cdot 10^{-5}$  s, the numerical results deviate from the exper-  
395 imental results. Comparison of the experimental and numerical cumulative  
396 impulse graphs given in Figures 10(b) and 11(b) shows that the numerical  
397 method predicts a higher rebound velocity for the Nylon 66 impactor than  
398 occurred in the experiment. This suggests that the difference between ex-  
399 perimental and numerical stress-time histories for the high velocity impact  
400 tests (Figures 10(a) and 11(a)) is caused by the non-linear deformations of  
401 the Nylon 66 impactor, since an elastic-perfectly plastic material model for  
402 the impactor is used in the numerical simulations. Therefore, in reality, some  
403 part of the energy remaining in the system is dissipated by the fracture of  
404 the impactor, whereas, in the numerical models, this energy remains in the  
405 impactor and it rebounds with a higher velocity. This shows that we have  
406 captured the essentials in the stress-time lattice behaviour; late time differ-  
407 ences caused by the fracture of the experimental impactor are of secondary  
408 importance and the lattice behaviour is modelled correctly.

409 The impact stress, cumulative impulse and strain time histories of two  
410 distal face impact tests (steel impactor at low speed, Nylon 66 impactor at  
411 high speed) differ significantly (Figures 12(a) - (c)). On the other hand, the

412 stress-strain curves of single-layer samples under low and high velocity loads  
413 strongly suggest that there is little difference in the distal face stress vs overall  
414 specimen strain at loading rates differing by an order of magnitude (Figure  
415 12(d)). Therefore, we can conclude that distal face stress-strain response  
416 of single-layer re-entrant cube samples exhibits rate insensitive behaviour.  
417 Similar observations can be made for the impact stress, cumulative impulse  
418 and strain time histories of two impact face impact tests under low and  
419 high velocity loads (Figures 13(a) - (c)). However, the discrepancy between  
420 numerical stress vs strain curves under low and high velocity loads increases  
421 for impact face tests (Figure 13(d)).

#### 422 *4.3. Impact response of five-layer specimens*

423 Impact tests on five-layer lattice samples of the same diameter as the  
424 impactor were conducted to establish the ability of the lattices to extend the  
425 duration of the impact load and to reduce peak response (Ozdemir et al.,  
426 2016).

##### 427 *4.3.1. Diamond lattices*

428 Examples of experimental and numerical distal face stress and cumulative  
429 impulse-time histories developed on the five-layer diamond lattices during low  
430 and high velocity impact tests are shown in Figures 14 and 15. In the case  
431 of the lower velocity impact, there is excellent correlation between the ex-  
432 perimental and numerical results. The stress-time correlation is less good for  
433 the higher velocity impact, with the early time experimental stress being 10-  
434 15% higher than that predicted by the model, and the final peak associated

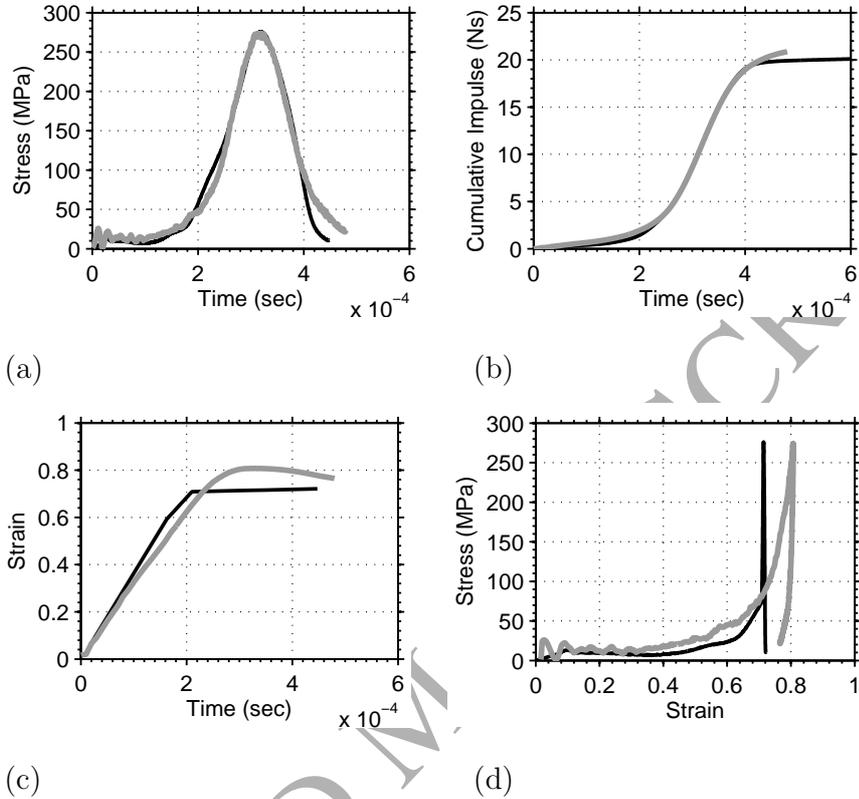


Figure 8: Experimental (black line) and numerical (grey line) distal face (a) stress, (b) cumulative impulse and (c) strain time histories, and (d) stress-strain curve of the single layer re-entrant cube lattice specimen induced by the steel impactor fired at a velocity of 18.8 m/s.

435 with full densification of the sample and final transfer of the residual mo-  
 436 mentum from the impactor being higher in the numerical model. However,  
 437 the experimental and numerical final cumulative impulse results show good  
 438 correspondence in both cases. This indicates that local fluctuations in the

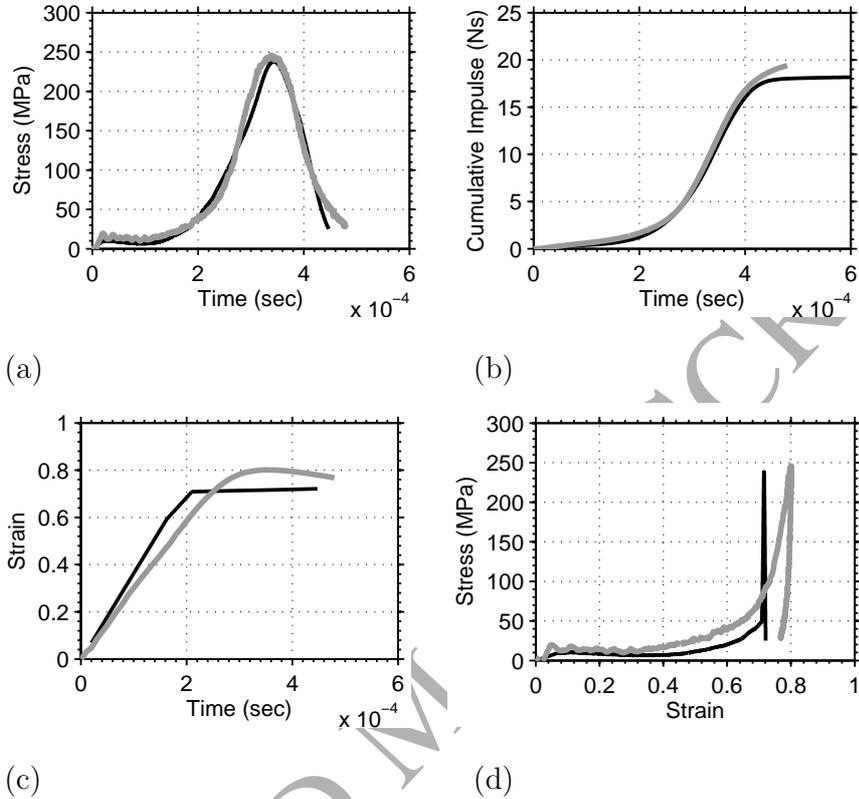


Figure 9: Experimental (black line) and numerical (grey line) impact face (a) stress, (b) cumulative impulse and (c) strain time histories, and (d) stress-strain curve of the single layer re-entrant cube lattice specimen induced by the steel impactor fired at a velocity of 17.7 m/s.

439 stress-time histories average themselves out.

440 Figure 16 shows numerical and experimental impact face stress vs time  
 441 and cumulative impulse vs time plots of five-layer diamond lattice induced  
 442 by the Nylon 66 projectile. The discrepancies between experimental and

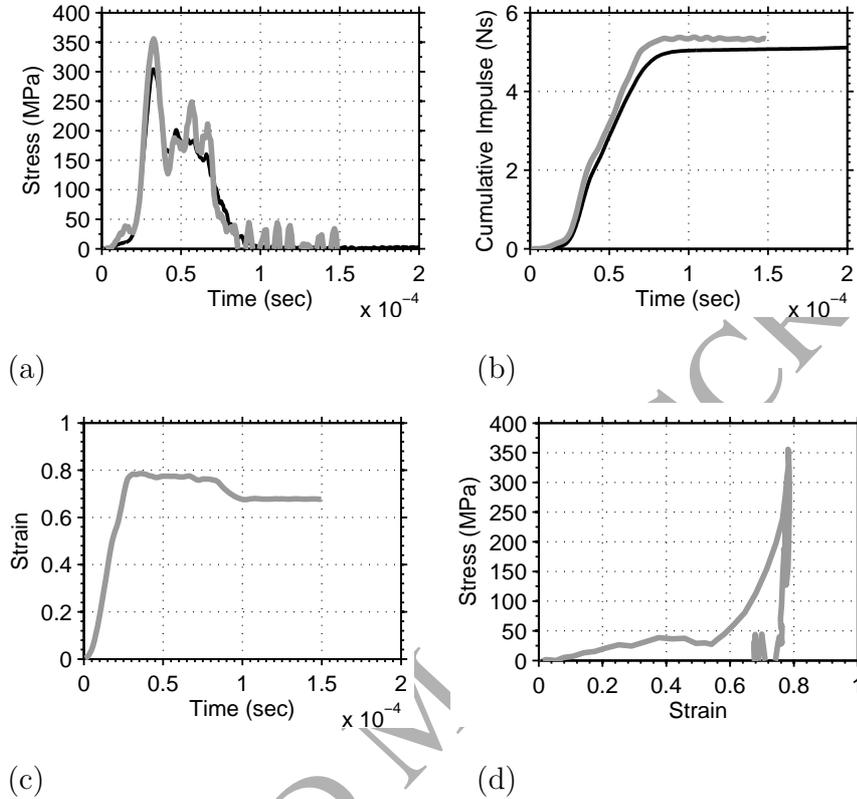


Figure 10: Experimental (black line) and numerical (grey line) distal face (a) stress, (b) cumulative impulse and (c) strain time histories, and (d) stress-strain curve of the single layer re-entrant cube lattice specimen induced by the Nylon 66 impactor fired at a velocity of 200 m/s.

443 numerical stress time histories can also be observed for impact face high  
 444 velocity loads. However, the experimental and numerical cumulative impulse  
 445 time histories show a good correlation for both cases.

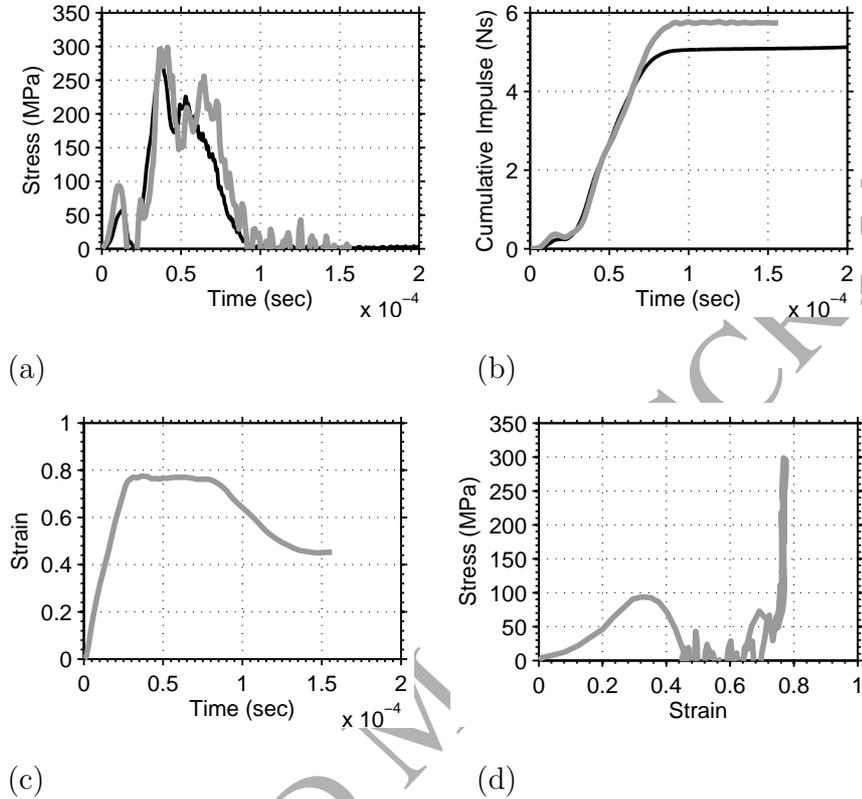


Figure 11: Experimental (black line) and numerical (grey line) impact face (a) stress, (b) cumulative impulse and (c) strain time histories, and (d) stress-strain curve of the single layer re-entrant cube lattice specimen induced by the Nylon 66 impactor fired at a velocity of 187 m/s.

#### 446 4.3.2. Re-entrant cube lattices

447 Figures 17 -20 show numerical and experimental distal and impact face  
 448 stress vs time and cumulative impulse vs time plots of five-layer re-entrant  
 449 cube lattices induced by the steel and Nylon 66 projectiles. Numerical simu-

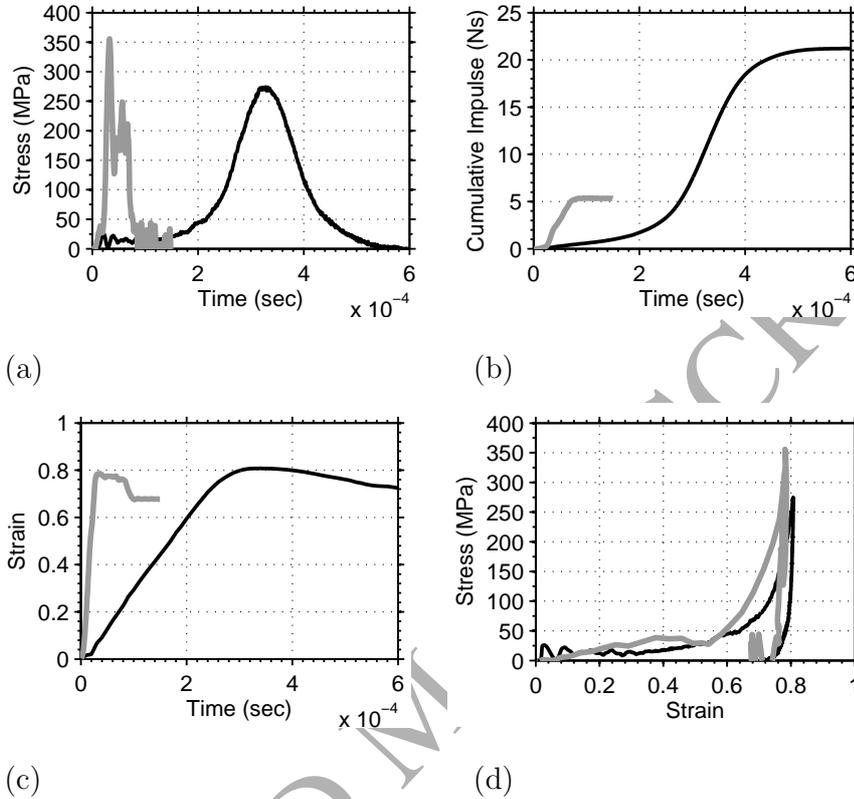


Figure 12: Numerical distal face (a) stress, (b) cumulative impulse and (c) strain time histories, and (d) stress-strain curves of the single layer re-entrant cube lattice specimens induced by the steel (black line) and Nylon 66 (grey line) impactors fired at velocities of 18.8 and 200 m/s, respectively.

450 lations can reasonably well predict the response of lattices under low velocity  
 451 impact loads, while high frequency oscillations are observed both in the nu-  
 452 merical plateau and the densification regime during high velocity impact  
 453 tests, especially on the distal face.

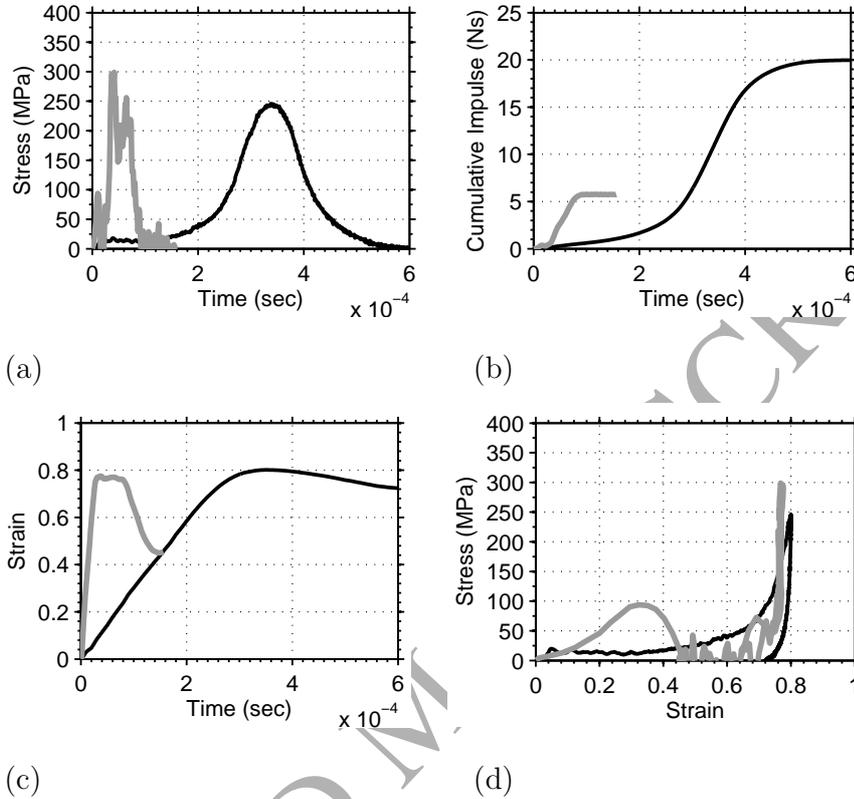


Figure 13: Numerical impact face (a) stress, (b) cumulative impulse and (c) strain time histories, and (d) stress-strain curves of the single layer re-entrant cube lattice specimens induced by the steel (black line) and Nylon 66 (grey line) impactors fired at velocities of 18.8 and 200 m/s, respectively.

454 As noted previously, the numerical model assumes perfectly co-axial and  
 455 normal impact. This will inevitably lead to a faster rise time of the load,  
 456 and hence, more significant high frequency content in the load-time signal.  
 457 This may be the source of the high frequency oscillations in the early stages

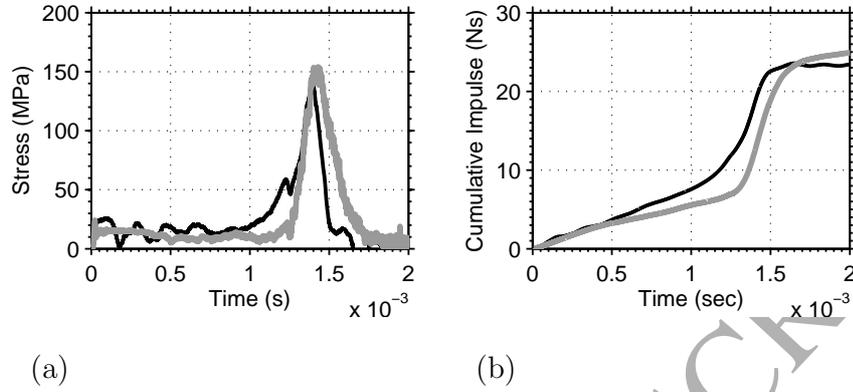


Figure 14: Experimental (black line) and numerical (grey line) distal face (a) stress and (b) cumulative impulse-time histories of the five-layer diamond lattice specimen induced by the steel impactor fired at a velocity of 19.4 m/s.

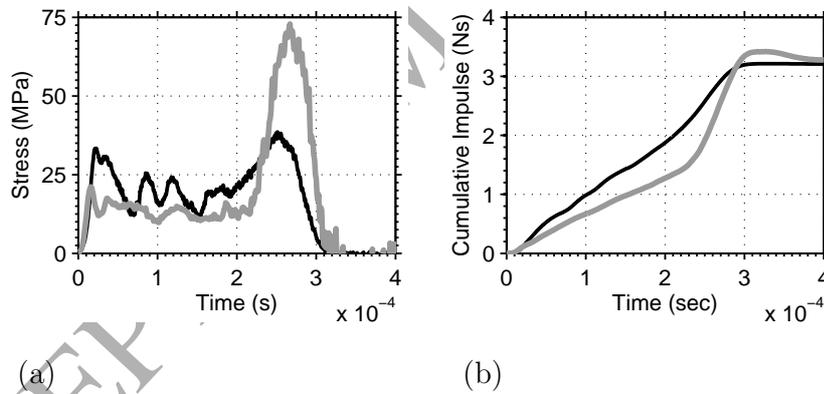


Figure 15: Experimental (black line) and numerical (grey line) distal face (a) stress and (b) cumulative impulse-time histories of the five-layer diamond lattice specimen induced by the Nylon 66 impactor fired at a velocity of 140 m/s.

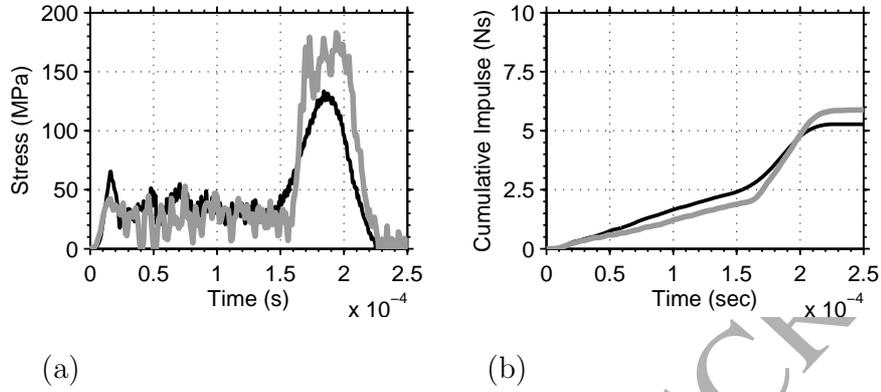


Figure 16: Experimental (black line) and numerical (grey line) impact face (a) stress and (b) cumulative impulse-time histories of the five-layer diamond lattice specimen induced by the Nylon 66 impactor fired at a velocity of 165 m/s.

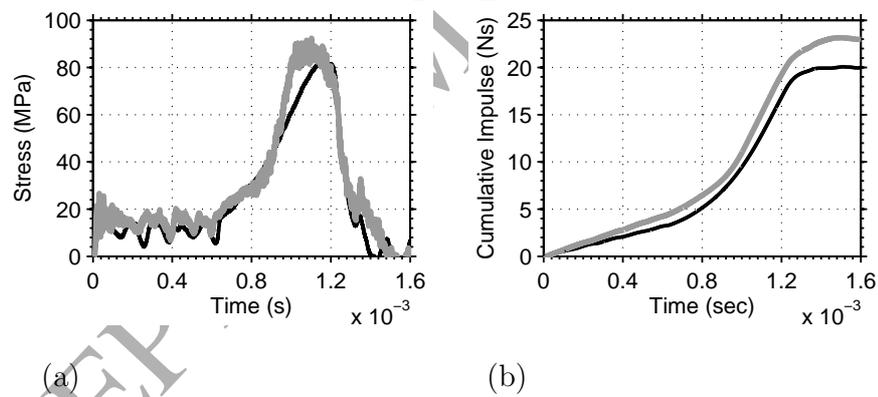


Figure 17: Experimental (black line) and numerical (grey line) distal face (a) stress and (b) cumulative impulse-time histories of the five-layer re-entrant cube lattice specimen induced by the steel impactor fired at a velocity of 16.8 m/s.

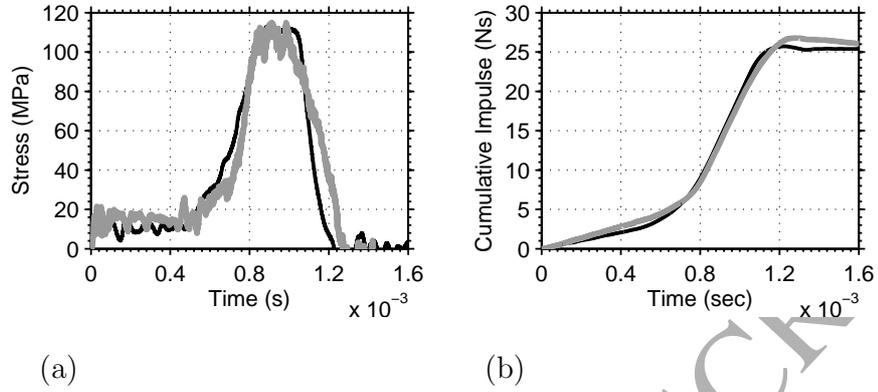


Figure 18: Experimental (black line) and numerical (grey line) impact face (a) stress and (b) cumulative impulse-time histories of the five-layer re-entrant cube lattice specimen induced by the steel impactor fired at a velocity of 20.3 m/s.

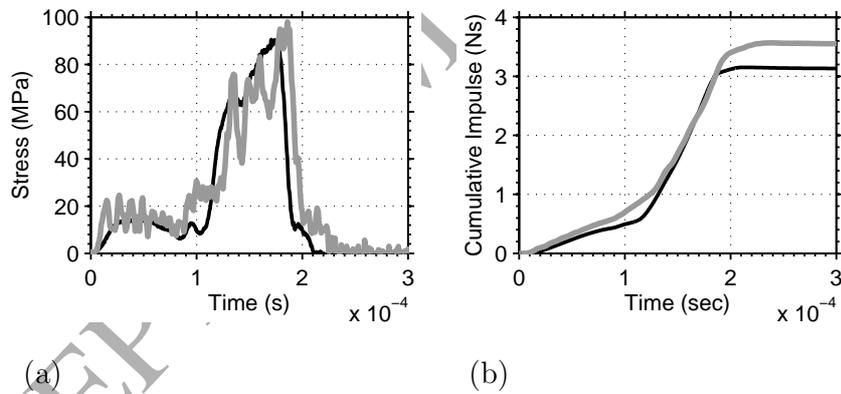


Figure 19: Experimental (black line) and numerical (grey line) distal face (a) stress and (b) cumulative impulse-time histories of the five-layer re-entrant cube lattice specimen induced by the Nylon 66 impactor fired at a velocity of 134 m/s.

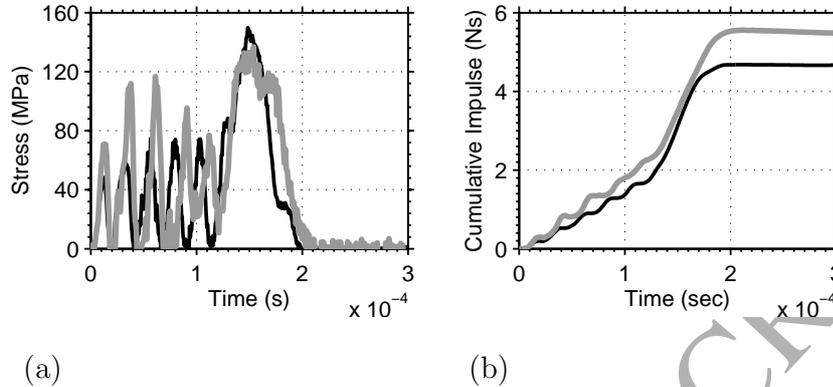


Figure 20: Experimental (black line) and numerical (grey line) impact face (a) stress and (b) cumulative impulse-time histories of the five-layer re-entrant cube lattice specimen induced by the Nylon 66 impactor fired at a velocity of 136 m/s.

458 of the numerical signal in Figure 19(a). To assess the correlation between  
 459 the experimental and numerical loads without this high frequency content,  
 460 filtering was applied to the signals. An example of filtered experimental and  
 461 numerical results using a low-pass filter with a cut-off frequency of 60000  
 462 Hz is shown in Figure 21, which is the filtered counterpart of Figure 19.  
 463 The consistency of numerical and experimental results is improved by the  
 464 elimination of very high frequency oscillations in the stress-time history. High  
 465 frequency oscillations, which still exist in the numerical stress-time history  
 466 after filtering, may be associated with the uncertainties in the material model  
 467 of the Nylon 66 impactor.

468 In general, during impact tests, the specimen stress-time curve comprises  
 469 a reasonably constant plateau load during cell collapse, followed by a much  
 470 greater magnitude stress spike towards the end of the pulse (densification).

471 For low velocity impact tests, plateau load recorded during distal face and  
472 impact face tests have very similar values. However, for higher velocity im-  
473 pact tests, the impact face plateau stress is remarkably higher than distal  
474 face plateau stress. Similar observation was made by Liu et al. (2009) who  
475 reported the dynamic crushing behaviour of 2D Voronoi honeycombs at sup-  
476 port and impact ends.

477 Both experiments and the FEM exhibit similar failure modes of re-entrant  
478 cube lattices for low and high velocity HPB tests. In the lower velocity (steel  
479 impactor) tests, the order of failure of the individual cell layers is random.  
480 This implies a slowly applied impact load is equilibrated along the entire  
481 length of the specimen and the order of cell layer collapse is governed by  
482 the strength discrepancies between layers due to the imperfect geometry of  
483 the struts along the length. Similar behaviour has been noted in the initial  
484 crushing of hexagonally-packed rectangular arrays of thin-walled metal tubes  
485 under quasi-static loads, which was localized in a narrow band (Shim and  
486 Stronge, 1986). The random location of this band was attributed to the lo-  
487 cal imperfections or weaknesses in the array. The higher velocity (Nylon 66  
488 impactor) tests show that the failure of cell layers occurs sequentially from  
489 impact face to distal face as the deformation is localised. This indicates that  
490 equilibrium of load throughout the length of the specimen is not established  
491 at these higher velocities. This response is very similar to dynamic crush-  
492 ing behaviour of square-packed array in which propagates from the impact  
493 surface into the undeformed array. In hexagonally-packed arrays, dynamic  
494 crushing propagates from both the impact and distal ends (Stronge and Shim,  
495 1987).

496 We have clear evidence of our layered system behaving as previous re-  
 497 searchers have noted for other layered systems - layers failing in order of  
 498 weakness at low impact velocities, layers failing in order of distance from  
 499 impact face at high velocities as the deformation is localised (see for instance  
 500 Figures 20 and 21 in (Ozdemir et al., 2016)).

501 Considering the difference in impact velocity from test to test, the im-  
 502 pact and distal face stress-time histories from both the low-velocity and  
 503 high-velocity impact tests demonstrate that diamond lattices appear to be  
 504 marginally more efficient in temporally spreading the intensity of impact and  
 505 reducing peak load than re-entrant cube lattices, even though re-entrant cube  
 506 trusses have a higher relative density than diamond lattices.

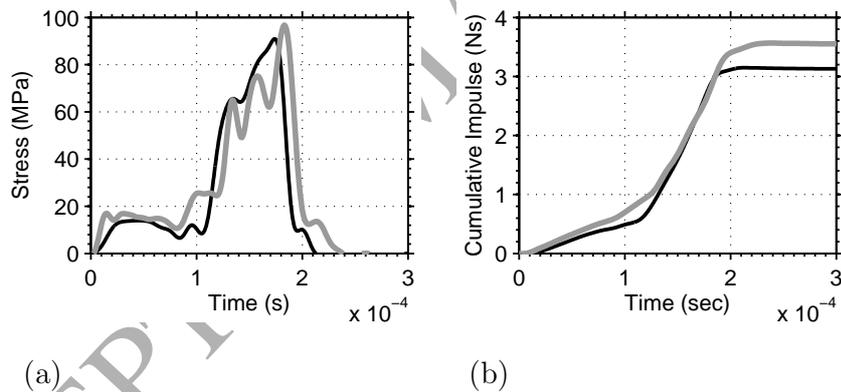


Figure 21: Experimental (black line) and numerical (grey line) filtered distal face (a) stress and (b) cumulative impulse-time histories of the five-layer re-entrant cube lattice specimen induced by the Nylon 66 impactor fired at a velocity of 134 m/s.

507 **5. Influence of intrinsic strain rate sensitivity of Ti6Al4V**

508 In the previous numerical analyses, the intrinsic strain rate dependence  
 509 of Ti6Al4V is ignored in the constitutive model. The Johnson-Cook material  
 510 model captures strain hardening and strain rate sensitivity of a material by  
 511 expressing stress as a function of strain and strain rate:

$$\sigma = (A + B \varepsilon^n) \left( 1 + C \ln \left( \frac{\dot{\varepsilon}}{\dot{\varepsilon}_0} \right) \right) \quad (1)$$

512 where  $\sigma$  is the stress,  $\varepsilon$  is the plastic strain,  $\dot{\varepsilon}_0$  is a reference strain rate  
 513 equal to  $1 \text{ s}^{-1}$ ,  $\dot{\varepsilon}$  is the effective plastic strain rate,  $A$  is the yield stress, the  
 514 combination of  $B$  and  $n$  governs the hardening behaviour of the material, and  
 515  $C$  represents the strain rate sensitivity of the material. In this formulation  
 516 temperature effects are ignored.

517 The influence of intrinsic rate dependency of Ti6Al4V on the impact re-  
 518 sponse of single and multi-layer re-entrant cube lattice samples is assessed  
 519 by using different  $C$  values in the numerical simulations. A realistic value  
 520 of strain rate sensitivity parameter  $C$  for Ti6AL4V is reported to be on av-  
 521 erage 0.022 (Shao et al. (2010) and US-DOT-FAA (2000)). In addition to  
 522 this realistic value, an extremely (and unrealistically) high value of  $C = 0.1$   
 523 is also assumed and simulation results are compared with those of strain  
 524 rate insensitive material model. Plots in Figure 22 show a comparison for  
 525 distal face stress-time histories of the single and multi-layer re-entrant cube  
 526 lattice specimens developed during low and high velocity impact tests. As  
 527 can be seen from this figure, the realistic value of intrinsic strain rate sen-  
 528 sitivity of the Ti6Al4V only very slightly affects the response of the single

529 and multi-layer re-entrant cube lattice samples. Even with such an unreal-  
530 istically high value of  $C = 0.1$ , it is not possible to emulate the response  
531 of five-layer samples with a one-layer sample. This suggests that the rate-  
532 dependent behaviour that emerges at the macro-scopic level is *not* due to  
533 the rate-dependence of the Ti6Al4V alloy, but rather due to the interaction  
534 of stiffness and inertia at the unit cell level which can thus be adjusted and  
535 optimised according to user-defined performance requirements. The hypoth-  
536 esis regarding the source of rate-sensitivity of lattices needs further detailed  
537 investigations on numerical models of lattices in a future work. Liu et al.  
538 (2009) drawn similar conclusions in relation to the strain-rate sensitivity of  
539 2D Voronoi honeycomb stating that the strain-rate sensitivity of cell wall  
540 material has minor effect on the dynamic response of such materials; rate  
541 effect is mainly caused by inertia. have also reached similar conclusions in  
542 their numerical study

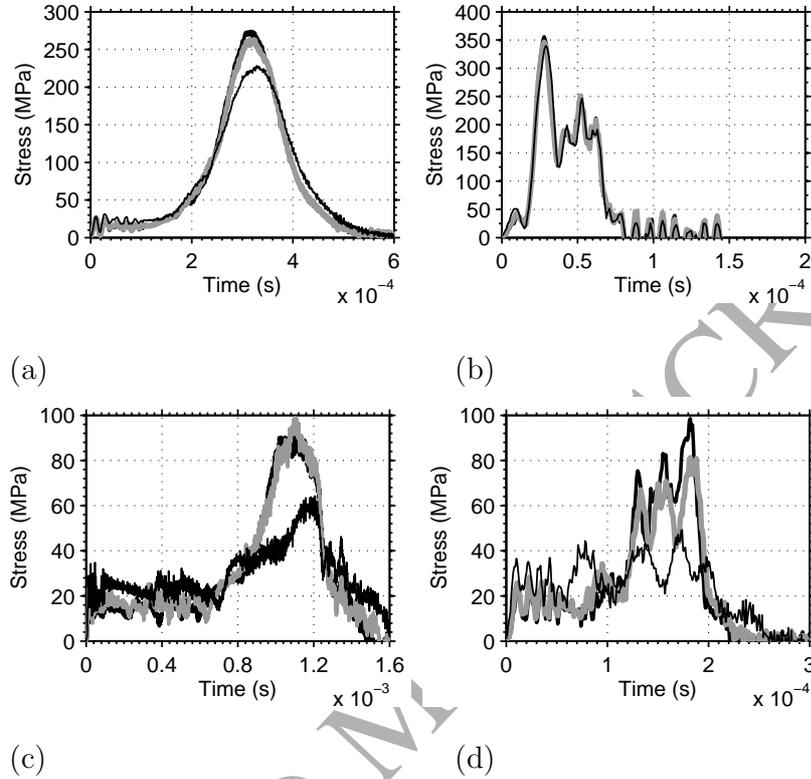


Figure 22: Distal face stress-time histories of (a) the single layer re-entrant cube lattice specimen induced by the steel impactor fired at a velocity of 18.8 m/s, (b) the single layer re-entrant cube lattice specimen induced by the Nylon 66 impactor fired at a velocity of 200 m/s, (c) the five-layer re-entrant cube lattice specimen induced by the steel impactor fired at a velocity of 16.8 m/s, and (d) the five-layer re-entrant cube lattice specimen induced by the Nylon 66 impactor fired at a velocity of 136 m/s for strain rate insensitive material model (thick black line), Johnson-Cook material model with  $C=0.02$  (grey line) and  $C=0.1$  (thin black line).

## 543 6. Effect of confinement

544 In the previous analyses, the impact behaviour of the lattice samples are  
545 numerically simulated under uniaxial loading conditions without radial con-  
546 straint. Next, specimens are constrained against radial expansion by placing  
547 them inside a frictionless circular steel tube with a clearance fit, therefore,  
548 uniaxial straining of the samples is achieved. All other test parameters are  
549 the same as in Section 4. It is clear from Figure 23 that lateral confinement  
550 slightly affects the compressive response of re-entrant cube lattices for both  
551 low and high velocity impact tests. This is also consistent with the Poisson  
552 ratio of the re-entrant cube lattices which is near zero or negative (Almgren  
553 (1985)). The failure of the re-entrant lattice occurs in a systematic, layer-by-  
554 layer fashion, so confinement does not substantially affect the compressive  
555 stress of such lattices. However, a lattice specimen with a different mode of  
556 collapse should be assessed to quantify the influence of the confinement on  
557 the response of the structure.

558 Similar conclusions have been reached for different foam types under  
559 quasi-static conditions. Radford et al. (2005) evaluated the effect of lat-  
560 eral confinement on Alporas foam and only a small effect on the compression  
561 response was observed. This was attributed to the fact that the Alporas foam  
562 has a plastic Poisson ratio close to zero. Tan et al. (2005) radially confined  
563 Hydro/Cymat3 foam specimens and proposed that the radial confinement  
564 had little effect in the pre-densification regime.

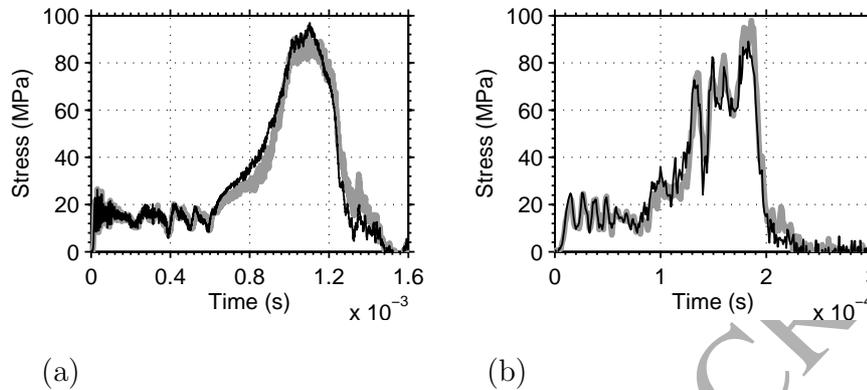


Figure 23: Numerical unconfined (grey line) and confined (black line) distal face stress-time histories of five-layer re-entrant cube lattice specimens induced by (a) the steel impactor fired at a velocity of 16.8 m/s and (b) the Nylon 66 impactor fired at a velocity of 134 m/s.

## 565 7. Discussion

566 Numerical simulations carried out in this work demonstrate that the FEM  
 567 is an efficient analysis tool for the prediction of the mechanical behaviour,  
 568 progressive damage and failure modes of lattice materials. Considering dis-  
 569 advantages associated with continuum elements, 3D Timoshenko beam ele-  
 570 ments with appropriate contact properties were preferred for the modelling  
 571 of lattice materials. Comparison of experimental and numerical results reveal  
 572 that quasi-static and impact response of lattices with 3D Timoshenko beam  
 573 elements is represented with high accuracy including individual collapse of  
 574 cell layers and densification. This led to a drastic reduction in the total  
 575 number of elements and degrees of freedom and, in turn, CPU time. On the  
 576 other hand, practical design tools are vital for early stage of design due to  
 577 the computational expense of the numerical methods. It is highly beneficial

578 to have a simplified model of lattice structures for generic assessment/design  
579 purposes in addition to a numerical tool.

580 A short review on the quasi-static deformation mechanisms of stretch  
581 dominated and bending dominated structures may help to explore the rate-  
582 sensitivity mechanism of lattices for future works . Most foams show a bend-  
583 ing dominated behaviour, whereas lattice structures demonstrate a stretch  
584 dominated behaviour. Stiffnesses and initial collapse strengths of stretch  
585 dominated structures are higher than those of bending dominated structures  
586 of the same relative density, since the deformation mechanisms of stretch  
587 dominated structures are characterized by hard response modes like tension  
588 and compression rather than soft failure modes like bending. In stretch dom-  
589 inated response, initial yield of the material is followed by a post-yield soft-  
590 ening stiffness caused by plastic buckling or brittle collapse of struts, whereas  
591 bending dominated structures continue to collapse at a nearly constant stress.  
592 Because of this, the energy absorption capacity of stretch dominated struc-  
593 tures is less than that of bending dominated structures, although they are  
594 lighter Ashby (2006). Under dynamic loading, the collapse mode of cellular  
595 solids may change from a quasi-static failure mode to new mode involving  
596 additional stretching which can dissipate more energy. This phenomenon is  
597 called as micro-inertia which can cause an increase in the strength of cellu-  
598 lar solids under dynamic loading conditions in addition to inertia and shock  
599 wave propagation effects Deshpande and Fleck (2000). Bending dominated  
600 structures are slightly affected by micro-inertia, strain-rate and inertia effects  
601 under dynamic conditions Calladine and English (1984).

602 Impact tests on single-layer re-entrant cube samples explained in Section

603 4.2 strongly suggest that the distal face stress-strain curves of single-layer re-  
 604 entrant cube samples exhibit little difference at loading rates even differing by  
 605 an order of magnitude (Figure 12(d)), while five-layer samples under low and  
 606 high velocity impact loads exhibit load rate sensitive behaviour (Figure 24).  
 607 These results imply that a rate-independent load-deflection model of the unit  
 608 cell re-entrant cube layers could be used in a simple multi degree of freedom  
 609 (MDoF) model of a multi-layer specimen to represent its impact behaviour.  
 610 A simple 1-D MDoF spring-mass model can therefore be developed, using  
 611 lumped masses representing the inertia of each unit cell layer. The stiffness  
 612 of each layer can be represented with a rate-independent stress-strain curve  
 613 based on the data in Figure 12(d).

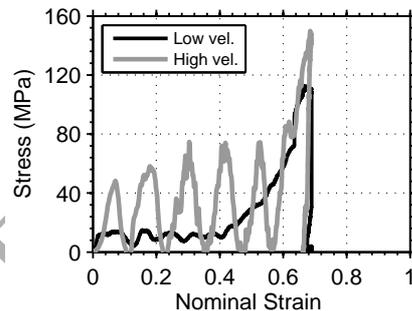


Figure 24: Numerical impact face stress-time histories of the five-layer re-entrant cube lattice specimen induced by the steel (black line) and Nylon 66 (grey line) impactors fired at velocities of 20.3 and 136 m/s, respectively

614 Regular periodic morphologies of lattice structures allow us to use such  
 615 simple spring mass systems for representing their impact response. There-  
 616 fore, we can specifically design 1-D layered systems for lattices to optimise

617 load spreading ability. However, the heterogeneous nature of foamed metals  
618 complicates the development of such simplified models for representing dy-  
619 namic behaviour of metallic foams under high-strain rates. **But, there will be**  
620 **certain restrictions in adopting an MDoF model: a physical justification for**  
621 **spring geometry can only follow from cell dimensions, and such a restrictive**  
622 **choice of parameters may limit the MDoF model's capability to provide the**  
623 **spatial resolution required for dynamic response capture.**

624 A MDoF spring-mass model for multi-layer re-entrant cube samples is also  
625 consistent with the form of failure of such lattices. However, the efficiency of  
626 a similar MDoF system of another lattice type with a different mode of col-  
627 lapse should be elaborated carefully. In a future work, simplified design tools  
628 for lattices for impact threats will be studied in more detail. The relative ac-  
629 curacy by which multi-layer lattice structures can be modelled with a simple  
630 MDOF model raises the question to what extent the dynamic behaviour of  
631 lattice structures can be homogenised, and whether a homogenised model is  
632 able to capture the essential characteristics of localisation.

## 633 8. Conclusions

634 This work focuses, for the first time, on the development of simple FE  
635 models of diamond and re-entrant cube lattices for the characterisation of  
636 dynamic response of such materials. The FE models of lattices are built  
637 using 3D Timoshenko beam elements. The results of the previous extensive  
638 experimental study (Ozdemir et al., 2016) are utilized to collect more data on  
639 the quasi-static and impact behaviour of titanium alloy (Ti6Al4V) lattices.  
640 Numerical analysis results show that 3D Timoshenko beam elements with

641 appropriate contact properties are able to represent quasi-static and impact  
642 response of lattices with enough accuracy including individual collapse of cell  
643 layers and densification. Therefore, the FEM can be used an efficient tool for  
644 the prediction of the mechanical behaviour, progressive damage and failure  
645 modes of the lattice structures. Numerical impact analysis also reveals that  
646 intrinsic strain rate dependence of the Ti6Al4V cannot cause any emergent  
647 rate dependence of the response of the re-entrant cube lattices.

648 There is also some evidence that, whilst re-entrant cube specimens made  
649 up over multiple layers of unit cells are load rate sensitive, the mechanical  
650 properties of individual lattice cell layers are relatively insensitive to load  
651 rate. These results imply that a rate-independent load-deflection model of  
652 the unit cell layers could be used in a simple MDoF model of a multi-layer  
653 specimen to represent its impact behaviour. In a future contribution, we will  
654 focus on development of a simplified design tool of the lattices for impact  
655 threats. In addition, a more realistic material model will be used for Nylon  
656 66 impactor and imperfections of lattices will be included in the numerical  
657 models in a future numerical modelling work.

## 658 **9. Acknowledgements**

659 Funding for part of this work was provided by the MOD's Armour and  
660 Protection Science and Technology Centre through project number DSTL-  
661 X1000054230. The authors would like to express their deepest gratitude to  
662 Mr Everth Hernandez-Nava and Professor Iain Todd for manufacturing lat-  
663 tice samples and conducting the quasi-static experiments in the Department  
664 of Material Sciences and Engineering of the University of Sheffield; and to

665 Mr Stephen Fay and Mr Alan Hindle for conducting the impact tests at the  
666 University of Sheffield Blast and Impact Laboratory, Buxton, UK.

## 667 **References**

668 Ozdemir, Z., Hernandez-Nava, E., Tyas, A., Warren, J.A., Fay, S.D.,  
669 Goodall, R., et al. Energy absorption in lattice structures in dynamics:  
670 Experiments. *International Journal of Impact Engineering* 2016;89:49–61.

671 Aktay, L., Johnson, A., B.H., K.. Numerical modelling of honeycomb core  
672 crush behaviour. *Engineering Fracture Mechanics* 2008;75(-):2616–2630.

673 El-Hage, H., Mallick, P., Zamani, N.. A numerical study on the quasi-static  
674 axial crush characteristics of square aluminium tubes with chamfering and  
675 other triggering mechanisms. *International Journal of Crashworthiness*  
676 2005;10(-):183–196.

677 Karagiozova, D., Nurick, G., Chung Kim Yuen, S.. Energy absorption of  
678 aluminium alloy circular and square tubes under an axial explosive load.  
679 *Thin-Walled Structures* 2005;43(6):956–982.

680 Wadley, H., Dharmasen, K., Chen, Y., Dudt, P., Knight, D., Charette,  
681 R., et al. Compressive response of multilayered pyramidal lattices during  
682 underwater shock loading. *International Journal of Impact Engineering*  
683 2008;35:1102–1114.

684 Wang, S., Zhao, K., Shen, J., Liu, K., Lu, G.. Dynamic process of ring sys-  
685 tems as energy absorber subjected to lateral impact loading. *International*  
686 *Journal of Crashworthiness* 2010;15(6):605–615.

- 687 Li, K., Gao, X.L., Wang, J.. Dynamic crushing behavior of honeycomb  
688 structures with irregular cell shapes and non-uniform cell wall thickness.  
689 International Journal of Solids and Structures 2007;44:5003–5026.
- 690 Ajdari, A., Nayeb-Hashemi, H., Vaziri, A.. Dynamic crushing and energy  
691 absorption of regular, irregular and functionally graded cellular structures.  
692 International Journal of Solids and Structures 2011;48(3–4):506–516.
- 693 Reid, S., Peng, C.. Dynamic uniaxial crushing of wood. International  
694 Journal of Impact Engineering 1997;19:531–570.
- 695 Vural, M., Ravichandran, G.. Dynamic response and energy dissipation  
696 characteristics of balsa wood: experiment and analysis. International Jour-  
697 nal of Solids and Structures 2003;40(9):2147–2170.
- 698 Shim, V.W., Stronge, W.. Lateral crushing in tightly packed arrays of  
699 thin-walled metal tubes. International Journal of Mechanical Sciences  
700 1986;28(10):709–728.
- 701 Stronge, W., Shim, V.W.. Dynamic crushing of a ductile cellular array.  
702 International Journal of Mechanical Sciences 1987;29(6):381–406.
- 703 Goldsmith, W., Sackman, J.. An experimental study of energy absorption  
704 in impact on sandwich plates. International Journal of Impact Engineering  
705 1992;12(2):241–262.
- 706 Alghamdi, A.. Collapsible impact energy absorbers: An overview. Thin-  
707 Walled Structures 2001;39:189–213.

- 708 Lee, S., Barthelat, F., Hutchinson, J., Espinosa, H.. Dynamic failure of  
709 metallic pyramidal truss core materials experiments and modelling. *Int J*  
710 *of Plasticity* 2006a;22:2118–2145.
- 711 Lee, S., Barthelat, F., Hutchinson, J., Espinosa, H.. Dynamic failure of  
712 metallic pyramidal truss core materials experiments and modeling. *Inter-*  
713 *national Journal of Plasticity* 2006b;22(-):2118–2145.
- 714 Liu, Y., Yu, J., Zheng, Z., Li, J.. A numerical study on the rate sensitivity  
715 of cellular metals. *International Journal of Solids and Structures* 2009;46(-  
716 ):3988–3998.
- 717 Zhao, H., Gary, G.. Crushing behaviour of aluminium honeycombs under  
718 impact loading. *International Journal of Impact Engineering* 1998;21(-  
719 ):827–836.
- 720 Barnes, A., Ravi-Chandar, K., Kyriakides, S., Gaitanaros, S.. Dynamic  
721 crushing of aluminum foams: Part i experiments. *International Journal*  
722 *of Solids and Structures* 2014;51:1631–1645.
- 723 Gaitanaros, S., Kyriakides, S.. Dynamic crushing of aluminum foams: Part  
724 ii analysis. *International Journal of Solids and Structures* 2014;51:1646–  
725 1661.
- 726 Zheng, Z., Wang, C., Yu, J., Reid, S., Harrigan, J.. Dynamic stressstrain  
727 states for metal foams using a 3d cellular model. *Journal of the Mechanics*  
728 *and Physics of Solids* 2014;72:93–114.

- 729 Sun, Y., Li, Q., McDonald, S., Withers, P.. Determination of the consti-  
730 tutive relation and critical condition for the shock compression of cellular  
731 solids. *Mechanics of Materials* 2016;99:26–36.
- 732 McKown, S., Shen, Y., Brookes, W., Sutcliffe, C., Cantwell, W., Langdon,  
733 G., et al. The quasi-static and blast loading response of lattice structures.  
734 *Int Journal of Impact Engineering* 2008;35(8):795–810.
- 735 Mines, R., Tsopanos, S., Shen, Y., Hasan, R., McKown, S.. Drop  
736 weight impact behaviour of sandwich panels with metallic micro lattice  
737 cores. *International Journal of Impact Engineering* 2013;60(-):120–132.
- 738 Smith, M., Guan, Z., Cantwell, W.. Finite element modelling of the  
739 compressive response of lattice structures manufactured using the selec-  
740 tive laser melting technique. *International Journal of Mechanical Sciences*  
741 2013;67(-):28–41.
- 742 Lakes, , Park, J.. Negative poisson's ratio polymeric and metallic foams.  
743 *Journal of Materials Science* 1998;23:4406–4414.
- 744 E8M-13a, A.I.. *Standard Test Methods for Tension Testing of Metallic*  
745 *Materials*. 2013.
- 746 Al-Bermani, S., Blackmore, M., Zhang, W., Todd, I.. The origin  
747 of microstructural diversity, texture, and mechanical properties in elec-  
748 tron beam melted ti-6al-4v. *Metallurgical and Materials Transactions A*  
749 2010;41(-):3422–3434.
- 750 Rafi, K., Karthik, N., Starr, T., Stucker, B.. Mechanical Property Evalua-  
751 tion of Ti-6Al-4V Parts Made Using ElectronBeam Melting. *Solid Freeform*

- 752 Fabrication Symposium, SFF23, Laboratory for Freeform Fabrication at  
753 The University of Texas at Austin; 2012.
- 754 Ashby, M.. The properties of foams and lattices. *Philosophical Transactions*  
755 *of the Royal Society A* 2006;364:15–30.
- 756 Shao, F., Liu, Z., Wan, Y., Shi, Z.. Finite element simulation of machin-  
757 ing of ti-6al-4v alloy with thermodynamical constitutive equation. *The*  
758 *International Journal of Advanced Manufacturing Technology* 2010;49(65–  
759 8):431–439.
- 760 US-DOT-FAA, . Experimental Investigations of Material Models for Ti-6Al-  
761 4V Titanium and 2024-T3 Aluminum. US Department of Transportation  
762 Federal Aviation Administration DOT/FAA/AR-00/25; 2000.
- 763 Almgren, R.. An isotropic three-dimensional structure with poisson's ratio  
764  $=-1$ . *Journal of Elasticity* 1985;15(4):427–430.
- 765 Radford, D., Deshpande, V., Fleck, N.. The use of metal foam projectiles  
766 to simulate shock loading on a structure. *International Journal of Impact*  
767 *Engineering* 2005;31:1152–1171.
- 768 Tan, P., Reid, S., Harrigan, J., Zou, Z., Li, S.. Dynamic compres-  
769 sive strength properties of aluminium foams. part iexperimental data and  
770 observations. *Journal of the Mechanics and Physics of Solids* 2005;53:2174–  
771 2205.
- 772 Deshpande, V., Fleck, N.. High strain-rate compressive behaviour of  
773 aluminium alloy foams. *International Journal of Impact Engineering*  
774 2000;24:277–298.

775 Calladine, C., English, R.. Strain-rate and inertia effects in the collapse of  
776 two types of energy-absorbing structure. International Journal of Mechan-  
777 ical Sciences 1984;26(11).

ACCEPTED MANUSCRIPT