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Herbert, N, Thyer, N, Isherwood, S orcid.org/0000-0002-8022-3110 et al. (1 more author) (2016) The effect of a simulated hearing loss on performance of an auditory memory task in driving. *Transportation Research Part F: Traffic Psychology and Behaviour*, 43. pp. 122-130. ISSN 1369-8478

<https://doi.org/10.1016/j.trf.2016.10.011>

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The Effect of a Simulated Hearing Loss on Performance of an Auditory Memory Task in Driving

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Abstract: Hearing loss has been shown to exacerbate the effect of auditory distraction on driving performance in older drivers. This study controlled for the potentially confounding factor of age-related cognitive decrements, by applying a simulated hearing loss in young, normally hearing individuals. Participants drove a simulated road whilst completing auditory tasks under simulated hearing loss or normal hearing conditions. Measures of vehicle control, eye movements and auditory task performance were recorded. Results showed that performing the auditory tasks whilst driving resulted in more stable lateral vehicle control and a reduction in gaze dispersion around the road centre. These trends were not exacerbated by simulated hearing loss, suggesting no effect of hearing loss on vehicle control or eye movement patterns during auditory task engagement. However, a small effect of simulated hearing loss on the performance of the most complex auditory task was observed during driving, suggesting that the use of sound-based in-vehicle systems may be problematic for hearing impaired individuals. Further research incorporating a wider variety of driving scenarios and auditory tasks is required in order to confirm the findings of this study.

Keywords: Hearing loss; sensory impairment; driving; cognitive workload; auditory distraction

31 **1 Introduction**

32 The effect of hearing loss on driving performance has been largely neglected in the road safety
33 literature, perhaps because of the overwhelming reliance of driving on the visual modality (Sivak
34 et al., 1996). Indeed, there is a wealth of research which has investigated the effect of visual
35 sensory impairments on driving (see e.g. Owsley & McGwin, 2010 for a review), with a number
36 of associated assessment techniques which can be used to identify at risk drivers. For example,
37 the Useful Field of View test (Ball & Owsley, 1993) has shown a correspondence with measured
38 driving performance and accident rates (Clay et al., 2005). However, only a handful of studies
39 have looked at the effect of hearing impairment on driving performance, road traffic accidents,
40 and driving cessation rates (Herbert et al., 2016). Much of the work in this area has been
41 observational in nature, and the outcomes are heterogeneous, often because important variables
42 such as annual mileage or driving experience are not controlled. Furthermore, these studies
43 typically use self-reported measures of functional hearing loss, which may be problematic for
44 drawing firm conclusions, as they can be subject to extraneous influences such as changes in
45 cognitive and psychological factors (Salonen et al., 2011).

46

47 Whilst some hearing loss and road safety research shows an increased risk of road traffic
48 accidents in hearing impaired individuals, it does little to explain why driving decrements may
49 occur as a result of hearing impairment. The literature has largely been speculative, with some
50 authors suggesting that hearing impaired individuals are unable to hear driving-relevant auditory
51 information (Picard et al., 2008), and others suggesting that audible auditory information is more

52 distracting for individuals with a hearing loss than those with normal hearing (Hickson et al.,
53 2010).

54

55 There is little empirical evidence to support the suggestion that hearing impaired individuals are
56 unable to hear driving-relevant sounds, although there has been some research investigating the
57 distracting effect of audible information in hearing impaired drivers. For example, Hickson et al.
58 (2010) asked older, normally hearing and hearing impaired individuals to drive a closed-road
59 circuit whilst performing concurrent auditory and visual tasks. Their aim was to establish if
60 sensory hearing loss increases the cognitive resource requirements of listening, thus partly
61 removing capacity that could be used for other concurrent processes required for safe driving.
62 The authors found that, compared to normally hearing participants, hearing impaired drivers
63 were significantly less likely to recognise road signs, and showed an overall poorer driving
64 performance (as indicated by a composite score of road sign recognition, gap perception, course
65 completion time, and the number of road hazards hit) when required to complete an auditory
66 task. Hickson et al. (2010) concluded that hearing impaired individuals should limit their
67 engagement with in-vehicle devices, to ensure their driving safety is not affected. However, these
68 conclusions should be treated with some caution as the authors' sample included only older
69 hearing impaired individuals, aged between 62-88 years and the influence of age-related factors
70 on performance cannot be excluded from these results.

71

72 An interesting, and unexpected, outcome of the Hickson et al. study (2010) was that hearing
73 impaired individual's driving performance (indexed by their composite driving score) was also

74 affected to a greater extent than their normally hearing counterparts by visual task engagement,
75 although the authors offer little explanation for this finding. Similar results were observed in a
76 study by Thorslund et al. (2013a), where hearing impaired individuals exhibited a more marked
77 change in driving behaviour than a normally hearing sample, when completing a visually-
78 presented in-vehicle task during driving. When hearing impaired drivers were asked to repeat
79 back four visually-presented letters, their braking and evasive actions (such as passing a parked
80 vehicle) were found to be affected, with slower speeds adopted by this group of drivers
81 compared to the normally hearing sample. The authors suggested that cognitive resources were
82 diverted from the driving task to the visual task for hearing impaired participants, because they
83 require more explicit processing to perform lexical tasks due to the degradation of auditory
84 representations in long-term memory (Andersson, 2002, Rönnberg et al., 2008). However, since
85 the mean age of the groups recruited for the Thorslund et al. (2013a) study ranged between 60-62
86 years, it is also possible that their dual task performance was actually affected by an age-related
87 decline of cognitive resources, rather than as a direct result of hearing loss. This argument is
88 compatible with a common-cause hypothesis which suggests that sensory impairment is a marker
89 of global cognitive decline (Li & Lindenberger, 2002), and is supported by studies which have
90 reported a higher prevalence of cognitive decline in hearing impaired individuals (e.g. Baltes and
91 Lindenberger, 1997). Overall these studies indicate an urgent need to explore the relationship
92 between hearing loss and cognitive decline and the effect on driving performance, to allow a
93 better understanding of the factors underpinning the driving abilities of hearing impaired people.

94

95 The aim of this study was to remove the effect of age-related cognitive decline on driving
96 performed during concurrent auditory tasks, by presenting digitally processed auditory stimuli

97 which simulated hearing loss to a sample of young, normally hearing drivers. The method of
98 hearing loss simulation used has been shown to approximate the loudness, dynamic range and
99 frequency selectivity of ‘real’ hearing impairment (Baer and Moore, 1994, Moore and Glasberg,
100 1997, Nejime and Moore, 1997). The rationale for using this method was partly due to
101 difficulties in recruiting an adequate sample of young hearing impaired drivers for this study, but
102 also to ensure that cognitive impairment was not a confounding factor. The research questions
103 posed were:

- 104 1. Does auditory task performance whilst driving lead to any changes in driving
105 performance?
- 106 2. Does the difficulty of the auditory task being performed alter these effects on driving
107 performance?
- 108 3. When auditory stimuli used in these tasks are presented in a simulated hearing loss
109 condition, are the effects on driving performance further changed?
- 110 4. Is there difference in the performance of the auditory task between the normal hearing
111 and simulated hearing loss conditions whilst driving?

112

113 **2 Method**

114 **2.1 Participants**

115 36 young, normally-hearing participants (16 female; 20 male) were recruited from the University
116 of Leeds Driving Simulator (UoLDS) participant database. The sample was aged between 20-40
117 years and had a mean age of 28.3 (S.D. = 5.7) years. Participants had 1-22 years of driving
118 experience, with a mean of 9.5 years (S.D. = 6.3), and drove an average 6,900 (S.D. = 4,400)

119 miles per year. Participants were screened for normal hearing (absolute thresholds of ≤ 20 dB HL
120 at frequencies of 0.25, 0.5, 1, 2, 4 and 8 kHz in both ears) using pure tone audiometry (British
121 Society of Audiology, 2011) and were reimbursed £15 for taking part in the experiment. Ethical
122 approval was granted for this study by the University of Leeds AREA Faculty Research Ethics
123 Committee (reference: LTTRAN-048), and participants were required to give informed consent
124 prior to participating.

125

126 **2.2 Materials**

127 **2.2.1 Driving simulator**

128 This study used the UoLDS; a second-generation, moving-base, high fidelity facility (see Jamson
129 et al., 2013 for a description). The simulated scene was based on a UK road system, consisting of
130 a single carriageway rural road (speed limit 60 mph), which alternated between straight and
131 gently curved sections, proceeding through a number of village settings (speed limit 40 mph).
132 Whilst driving the course, participants were required to perform one of two auditory memory
133 tasks at regular intervals, always during rural, straight sections of the road.

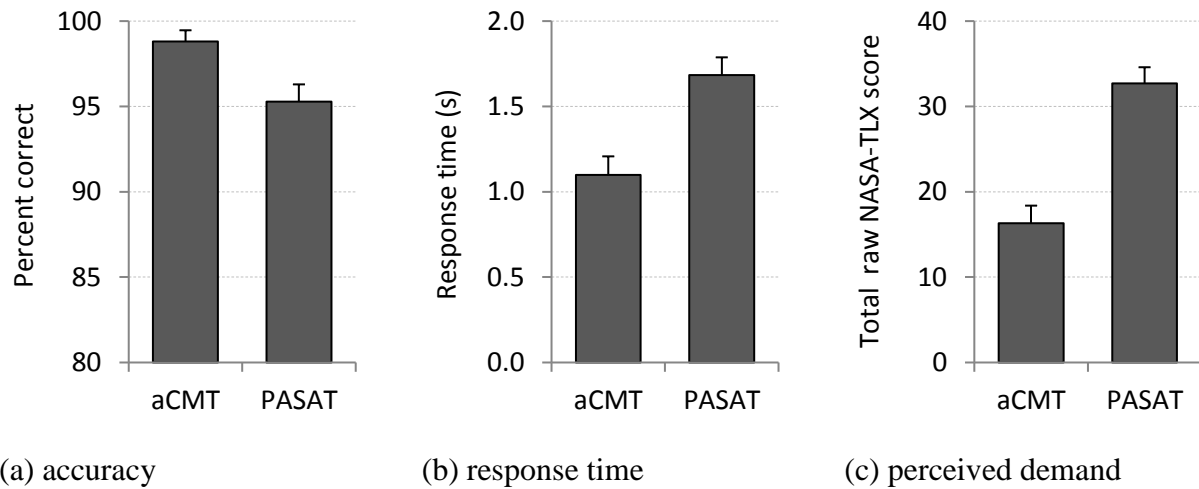
134

135 **2.2.2 Auditory memory tasks and simulated hearing loss**

136 To assess driving performance with a concurrent auditory task, two auditory memory tasks were
137 chosen for this study; (1) the ‘Auditory Continuous Memory Task’ (aCMT), and (2) the ‘Paced
138 Auditory Serial Addition Task’ (PASAT; Gronwall and Wrightson, 1974, Gronwall & Sampson,
139 1974). Previous studies on the effect of aCMT, which is an auditory manipulation of the visual
140 continuous memory task (Veltman and Gaillard, 1998), have shown reduced lateral deviation
141 during this task by normally hearing drivers when results were compared to baseline (Jamson

142 and Merat, 2005). The PASAT has also been used in driving studies and shows a similar trend of
 143 reduced lateral deviation in normally hearing participants (Brookhuis et al., 1991). The main aim
 144 of selecting two auditory tasks was to assess the effect of task difficulty on performance. The
 145 selection of these tasks followed a short pilot study (unpublished), which confirmed that, in
 146 single task conditions, the aCMT was easier to perform than the PASAT (see Figure 1).

147



148 **Figure 1.** Results from a pilot study in which 25 participants were asked to perform the aCMT
 149 and PASAT tasks under single-task conditions.

150

151 For the aCMT, participants were asked the number of times they heard a target number by
 152 keeping a cumulative count. The target digit was always the first number in a list of ten aurally
 153 presented digits, and participants were asked to count each occurrence of this digit. An example
 154 is shown below:

List:	2	6	3	6	2	2	1	2	2	4
Answer:	5									

155

156 For PASAT, participants heard a continuous string of numbers, and were asked to add together
157 the two most recent. For example:

List:	2	6	3	6	2	2	1	2	2	4
Answer:		8	9	9	8	4	3	3	4	6

158

159 Both tasks were system-paced, with the list of numbers occurring during a 30 second epoch at
160 three designated periods during the straight sections of the rural road. Digits were played at a rate
161 of one every 2 seconds, and if a digit was missed by participants they were instructed to simply
162 ignore that number and continue listening to the list, counting targets or adding digits as they
163 would have done without the error.

164

165 Each digit was presented at 80 dB(A) through the car speakers, providing a signal to road and
166 engine noise ratio of +3 dB(A). The start and end of each digit list was signalled by a short (0.2
167 Second) 1000 Hz tone. Answers were given verbally at the end of aCMT, and throughout the
168 PASAT. They were recorded by the experimenter, who was seated in the simulator control room.

169

170 Driving performance and eye movement behaviour were measured under three auditory
171 conditions. The first with no sound present (baseline), and the second and third where the lists
172 were digitally processed to represent normal hearing and a simulation of moderate sensorineural
173 hearing loss respectively. A moderate level of hearing loss was chosen for this study as previous
174 work has suggested that this is the level at which hearing loss begins to present problems for
175 driving (Hickson et al., 2010). The magnitude and configuration of the moderate hearing loss
176 used for the simulation is representative of mean thresholds taken from a large sample (n =
177 3,753) of 48-92 year olds, published elsewhere (Cruickshanks, 1998).

178

179 The simulation of hearing loss was implemented by applying a previously published digital
180 signal processing technique (Baer & Moore, 1993, Moore & Glasberg, 1993) to emulate the most
181 troublesome aspects of sensorineural hearing loss for speech understanding: threshold elevation,
182 loudness recruitment, and reduced frequency selectivity (Moore, 2007). These stimuli have been
183 shown to approximate ‘real’ hearing impairment accurately (Baer & Moore, 1994, Moore &
184 Glasberg, 1997). Although the auditory tasks were presented at 80 dB(A), their level and
185 frequency content were attenuated by factors typical of a moderate sensorineural hearing loss
186 (SNHL). This was confirmed in a pilot study, where the simulation was used to process
187 standard speech test materials presented to a sample of 12 (6 female; 6 male) normally hearing
188 20-28 year olds. Results closely reflected values expected from individuals with a moderate
189 SNHL. Therefore, the signal to road and engine noise ratio used in this study would have been
190 reduced to levels typically found when listening whilst driving for those with a moderate SNHL.

191

192 **2.3 Design and Procedure**

193 **2.3.1 Practice Session**

194 Before driving the experimental road, participants practiced the two auditory memory tasks in
195 isolation, under both normal hearing and simulated hearing loss conditions, until they achieved
196 an accuracy of 75% or more. Following single task practice, participants then completed a
197 practice drive, in the presence of the experimenter. Following a short section of roadway with no
198 secondary tasks, whilst driving, participants practiced the PASAT and aCMT tasks, presented in
199 both the normal hearing and simulated hearing loss conditions. The practice session lasted
200 approximately 25 minutes.

201

202 **2.3.2 Experimental Drive**

203 Upon successful completion of the practice session, participants completed two experimental
204 drives, which lasted around 30 minutes each, separated by a short break to reduce fatigue. To
205 avoid confusion, only one auditory task was completed per experimental drive, which was
206 counterbalanced across participants. In each drive, participants followed a lead vehicle which
207 kept a consistent speed (governed by the speed limit imposed). A constant opposing flow of
208 traffic was present in order to reduce the likelihood of overtaking the lead car. Participants were
209 asked to pay equal attention to both tasks, as much as possible. Each auditory task lasted 30
210 seconds, and three blocks of task (the simulated hearing loss and normal hearing conditions, and
211 a corresponding baseline with no auditory task) were presented per drive. The order of these
212 tasks was counterbalanced across participants.

213

214 **2.3.4 Dependent Variables**

215 Driving performance was assessed in each auditory condition by measuring selected lateral and
216 longitudinal measures of vehicle control (see Knappe et al., 2007); speed, headway, standard
217 deviation of lateral position (SDLP), minimum time to line crossing (TTLC) and high frequency
218 component of steering wheel angle (HFC).

219

220 Percent Road Centre (PRC), defined as a 6° circle around the mode point of fixation for the
221 entire drive (Jamson et al., 2013), was calculated using the SeeingMachines faceLAB (v5). Gaze
222 dispersion was also calculated as the standard deviation of gaze vector points, calculated by
223 combining raw pitch and yaw gaze points (Wang et al., 2104). Previous studies have shown

224 reduced gaze dispersion around the centre of the road and a reduction in peripheral glances
225 during driving when participants are engaged in a concurrent auditory-vocal cognitive task
226 (Victor, 2005; Kountouriotis & Merat, 2016).

227

228 Auditory task accuracy (the number of correct answers as a proportion of the number of stimuli)
229 and adherence (the number of responses given as a proportion of the number of stimuli) were
230 measured for both PASAT and aCMT.

231

232 **2.3.5 Data Analysis**

233 As outlined in Figure 2, three analyses of variance were performed on each individual driving
234 performance and eye movement dependent variable described in section 2.3.4. First, to
235 investigate whether the performance of an auditory task affected driving performance or eye
236 movements, two separate one-way ANOVAs with 3 conditions (baseline, normal hearing,
237 simulated hearing loss) were performed for aCMT and PASAT data respectively (see Figures 2a
238 and 2b; N.B. baseline refers to driving without a secondary task present). Note that because
239 aCMT and PASAT were performed in different drives, a baseline measure was taken in each of
240 these drives. Second, to test for differences between the change in dependent variables from
241 baseline as a result of the type of auditory memory task undertaken, a 2 x 2 (aCMT, PASAT x
242 normal hearing, simulated hearing loss) repeated measures ANOVA was performed (see Figure
243 2c). The 2 x 2 ANOVAs were performed on individual values calculated as the difference
244 between the simulated hearing loss or normal hearing condition and the baseline condition of the
245 corresponding drive.

246

(a)			(b)			(c)			
1x3 ANOVA			1x3 ANOVA			2x2 ANOVA			
aCMT			PASAT			aCMT		PASAT	
Baseline	Normal hearing	Simulated hearing loss	Baseline	Normal Hearing	Simulated hearing loss	Normal Hearing	Simulated hearing loss	Normal hearing	Simulated hearing loss

247

248 **Figure 2.** The different ANOVA designs used in the analysis of this experiment (N.B. baseline
 249 refers to driving without a secondary task present).

250

251 **3 Results**

252 **3.1 Driving Performance**

253 The one-way repeated measures ANOVAs applied to each of mean, minimum, maximum and
 254 standard deviation of speed and headway indicated that no measures of longitudinal vehicle
 255 control were significantly altered as a result of different experimental conditions. The 2 x 2
 256 (aCMT, PASAT x normal hearing, simulated hearing loss) ANOVAs on these variables also
 257 revealed no main effects of auditory task or listening condition, or significant interactions.

258

259 A one-way repeated measures ANOVA (baseline, normal hearing, simulated hearing loss) of
 260 SDLP recorded during the performance of aCMT showed a main effect of listening condition
 261 ($F(2,70) = 3.38, p = .040$). Subsequent post-hoc pairwise comparisons showed no statistically
 262 significant differences between the conditions, although the difference between the baseline and
 263 simulated hearing loss conditions did tend towards significance ($p = .052$). However, Figure 3a

264 clearly shows that SDLP was lower when drivers performed the aCMT in the simulated hearing
265 loss or normal hearing condition, compared to the baseline condition.

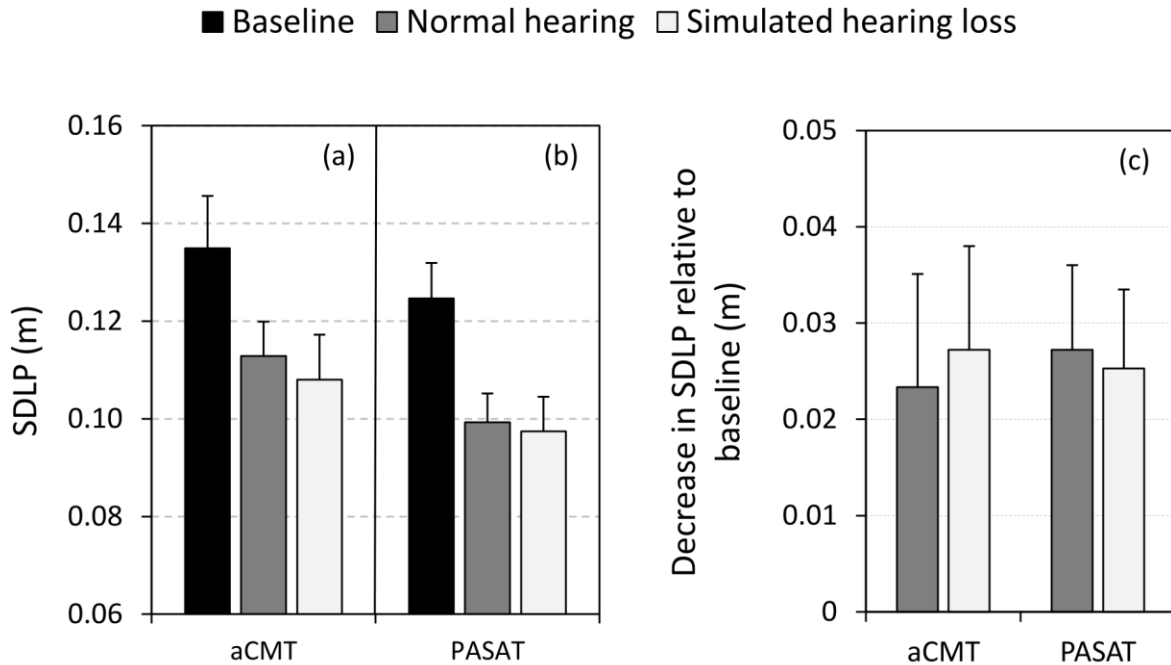
266

267 A one-way repeated measures ANOVA (baseline, normal hearing, simulated hearing loss) of
268 SDLP recorded during the performance of PASAT also showed a main effect of listening
269 condition ($F(2,70) = 6.70, p = .002$). Post-hoc analysis confirmed that lane position was less
270 variable when PASAT was completed under normal hearing ($p = .010$) or simulated hearing loss
271 ($p = .012$) conditions, compared to the baseline condition (see Figure 3b).

272

273 A 2 x 2 (aCMT, PASAT x normal hearing, simulated hearing loss) repeated measures ANOVA of
274 the change in SDLP as a result of auditory task engagement did not reveal any main effects of
275 task ($F(1,35) = 0.01, p = .90$) or listening condition ($F(1,35) = 0.24, p = .62$), or an interaction
276 between the two $F(1,35) = 0.05, p = .82$). This suggested no difference between SDLP during
277 aCMT or PASAT, or the normal hearing or simulated hearing loss conditions (see Figure 3c).

278



279

280 **Figure 3.** SDLP values (\pm standard error) for the different ANOVAs conducted in this study.

281

282 Regarding the effect of tasks on other lateral vehicle control measures, no significant differences
 283 in TTLC were found across the different experimental conditions, nor were any found for HFC.

284

285 3.2 Eye tracking data

286 A one way repeated measures ANOVA (baseline, normal hearing, simulated hearing loss) of PRC
 287 data during the performance of aCMT showed a main effect of listening condition ($F(2,66) =$
 288 $11.08, p < .001$). This was because PRC was higher during the performance of aCMT in the
 289 normal hearing ($p = .016$), and simulated hearing loss conditions, compared to the baseline
 290 condition ($p < .001$). However, the normal hearing and simulated hearing loss conditions did not
 291 differ from each other (see Figure 4a).

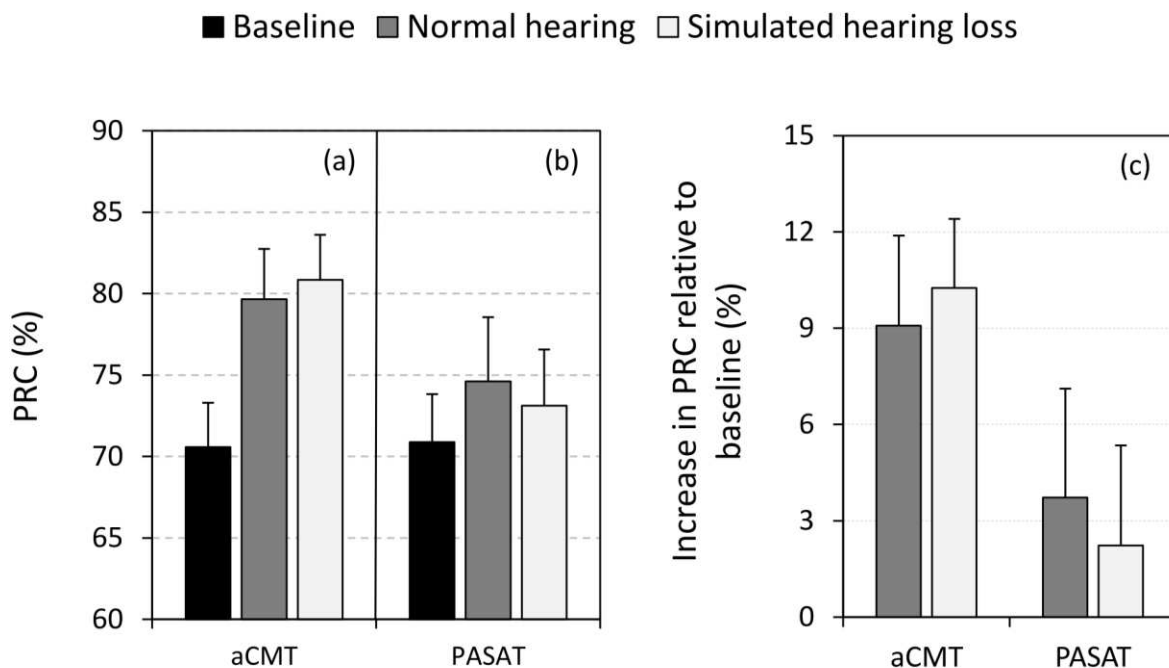
292

293 A one way repeated measures ANOVA (baseline, normal hearing, simulated hearing loss)
294 revealed no main effect of listening condition for PRC data recorded during the performance of
295 PASAT ($F(2,66) = 0.67, p = .513$; see Figure 4b).

296

297 A separate 2 x 2 (aCMT, PASAT x normal hearing, simulated hearing loss) repeated measures
298 ANOVA on the change in PRC from baseline showed a main effect of auditory task ($F(1,33) =$
299 $6.88, p = .013$), indicating that the increase in PRC from baseline was significantly higher when
300 performing aCMT compared to PASAT. No main effect of listening condition was found ($F(1,33)$
301 $= 0.85, p = .92$), nor was an interaction between auditory task and listening condition present
302 ($F(1,33) = 0.46, p = .50$; see Figure 4c).

303



304

305 **Figure 4.** PRC values (\pm standard error) for the different ANOVAs conducted in this study.

306

307 A one way repeated measures ANOVA (baseline, normal hearing, simulated hearing loss) of gaze
308 dispersion data recorded during the performance of aCMT showed a main effect of listening
309 condition ($F(2,66) = 17.66, p = .001$). Gaze was less dispersed during the performance of an
310 auditory task, whether in the normal hearing ($p < .001$) or simulated hearing loss ($p < .001$)
311 condition, compared the baseline condition. The normal hearing and simulated hearing loss
312 conditions did not differ significantly from each other ($p = 1.00$; see Figure 5a).

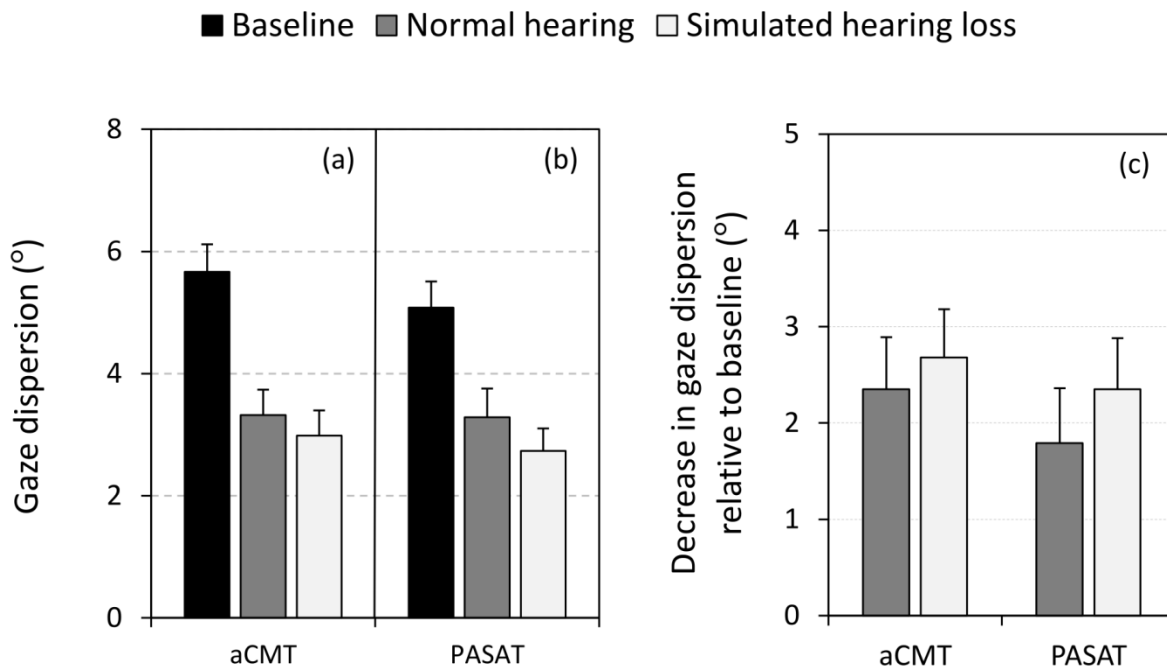
313

314 A one way repeated measures ANOVA (baseline, normal hearing, simulated hearing loss) of gaze
315 dispersion data recorded during the performance of PASAT also showed a main effect of
316 listening condition ($F(2,66) = 9.97, p < .001$). This arose because gaze was less dispersed in the
317 normal hearing ($p = .017$) and simulated hearing loss ($p = .001$) condition, in comparison to the
318 baseline condition. Again, the normal hearing and simulated hearing loss conditions did not
319 significantly differ from each other ($p = 1.00$; see Figure 5b).

320

321 A 2 x 2 (aCMT, PASAT x normal hearing, simulated hearing loss) repeated measures ANOVA
322 on the change in gaze dispersion from baseline revealed no main effect of auditory task ($F(1,33)$
323 $= 0.56, p = .46$), listening condition ($F(1,33) = 2.41, p = .13$), or an interaction between the two
324 ($F(1,33) = 0.12, p = .74$; see Figure 5c).

325



326

327 **Figure 5.** Gaze dispersion values (\pm standard error) for the different ANOVAs conducted in this
 328 study.

329

330 3.3 Auditory task performance

331 A Wilcoxon Signed Rank test revealed no significant difference between the normal hearing and
 332 simulated hearing loss conditions for the accuracy of, or adherence to aCMT. However, PASAT
 333 performance was significantly more accurate when it was presented in the normal hearing
 334 condition ($M = 88.2\%$ correct) compared to the simulated hearing loss condition ($M = 78.5\%$
 335 correct; $Z = -2.86$, $p = .004$). No difference between the two listening conditions in terms of the
 336 number of answers given by participants was observed, with a mean of 94.8% answers given in
 337 the normal condition, and 91.2% in the simulated hearing loss condition.

338

339 4 Discussion

340 The aim of this study was to explore the effect of two cognitively engaging auditory tasks on
341 driving performance and eye movement behaviour, and to investigate whether this performance
342 was likely to be affected by simulated hearing loss. The first research question posed was
343 whether auditory task performance whilst driving led to more stable lateral vehicle control and a
344 reduction in gaze dispersion. Results showed that, in both the normally hearing and simulated
345 hearing loss conditions, performing either aCMT or PASAT led to an increased stability in lateral
346 vehicle control, as illustrated by SDLP, consistent with previous studies in this context (e.g.
347 Brookhuis et al., 1991, Engström et al., 2005a, Jamson & Merat, 2005). Participants' gaze
348 dispersion was also reduced by performance of the auditory tasks, regardless of listening
349 condition. This is in line with previous studies, which have proposed a link between gaze
350 concentration during engagement in an auditory task and improved lateral vehicle control. They
351 suggest that this is caused by a prioritisation of lane-keeping which treats gaze concentration as a
352 compensation mechanism (Victor et al., 2005). A similar view is proposed by the Active Gaze
353 model of steering, which suggests that drivers' eye-movements are inexorably linked to steering
354 patterns (Wilkie & Wann, 2003, Wilkie et al., 2008).

355

356 The second research question was whether increasing the difficulty of the auditory task being
357 performed altered these effects on driving performance. In line with previous studies, we
358 expected reduced deviation in lane position (Jamson & Merat, 2005) and an increase in gaze
359 concentration (Reimer et al., 2010) with increasing auditory task difficulty. However, we found
360 no evidence that the decrease in SDLP or gaze dispersion was significantly different between the
361 two auditory tasks used. In fact, in terms of eye movement behaviour, there was a significant
362 increase in PRC as a result of the easier aCMT task, but not as a result of the more difficult

363 PASAT task. It is not clear why the effect of the two auditory tasks was broadly comparable,
364 given that we confirmed the PASAT was more challenging in a pilot study testing the two
365 auditory tasks in single task conditions. Prior research has manipulated the difficulty of auditory
366 tasks by changing the amount of information which must be stored in memory (e.g. Jamson &
367 Merat, 2005). This study did not alter the difficulty of the auditory task in this manner, instead
368 changing the cognitive processing required to complete the task. It may be beneficial for future
369 work to establish the effect of different types of auditory task on measures of driving
370 performance and eye movement behaviour.

371

372 A third research question was whether the performance of the auditory tasks during a simulated
373 hearing loss condition affected driving performance measures to a greater extent than in the
374 normal hearing condition. Results revealed no difference in lateral control measures, or any
375 changes in eye movement patterns when the aCMT and PASAT were completed with simulated
376 hearing loss, compared to normal hearing. One possible explanation for this finding is that
377 participants withdrew from the more difficult auditory task (PASAT) in the simulated hearing
378 loss condition. However, although there was a significant reduction in the accuracy of PASAT
379 when it was performed in the simulated hearing loss condition, the number of answers given to
380 both auditory tasks remained constant between listening conditions. Furthermore, the effect of
381 concurrent auditory tasks on driving performance and eye movement behaviour was comparable
382 between the normal hearing and simulated hearing loss conditions, suggesting that equal
383 cognitive effort had been exerted in each condition.

384

385 Since the hearing loss simulation used in this study was an accurate representation of sensory
386 loss, the lack of an effect from this manipulation on driving performance over and above that of
387 the normal hearing condition suggests that the particular aspects of hearing loss emulated were
388 not likely to contribute to impairments in driving performance during distraction from an
389 auditory task. These results are in conflict with studies using participants with real (rather than
390 simulated) hearing loss, which, for instance, suggest a reduction in the useful field of view of
391 hearing impaired drivers during auditory task performance (Hickson et al., 2010). Recent work
392 aiming to confirm this finding has also suggested that hearing impaired participants show a
393 greater primary task decrement than those with normal hearing as a result of concurrent auditory
394 task engagement (Herbert et al., 2016). The effect of such impaired performance by the hearing
395 impaired has been linked to an increased risk of road traffic accidents for this demographic
396 (Barreto et al., 1997, Ivers et al., 1999, Picard et al., 2008). A key difference between these
397 studies and the current study, however, is the use of a simulated hearing loss to emulate auditory
398 impairment. It is possible, therefore, that aspects of hearing loss not emulated by the simulated
399 hearing loss (e.g. reduced temporal processing, central auditory processing capabilities) may
400 have contributed to the decrements observed in past research. However, this is unlikely, as the
401 aspects of sensorineural hearing loss deemed most problematic for speech understanding were
402 covered by this simulation (Moore, 2007), and pilot testing approximated results that would be
403 expected from participants with a 'real' hearing impairment.

404

405 Another possibility is that factors which often co-exist with hearing loss, such as cognitive
406 decline (Salthouse, 2000), have a role to play in the driving performance of hearing impaired
407 individuals. In this experiment, a young, normally hearing sample was recruited, in order to

408 remove the effect of age-related declines in cognitive ability on performance. Whilst this
409 approach differentiated the effect of any auditory sensitivity loss from cognitive factors, it does
410 not accurately reflect the demographic of hearing impaired individuals, since hearing loss is a
411 largely age-related condition (Davis, 1995), and a large proportion of individuals with this
412 sensory impairment are also likely to have experienced a decline in cognitive resources through
413 healthy ageing (Humes et al., 2012). Furthermore, previous studies have also observed a higher
414 prevalence of cognitive decline in hearing impaired populations (e.g. Baltes and Lindenberger,
415 1997). It is therefore possible that studies using 'real' hearing impaired individuals are partly
416 confounded by disregarding the influence of impaired cognitive resources on performance. This
417 absence of a difference in performance between simulated hearing loss and normal hearing
418 highlights the possibility that a synergistic effect of hearing loss and co-existing cognitive factors
419 may be responsible for driving decrements in the hearing impaired demographic. This
420 relationship may be better understood by comparing samples of older and young hearing
421 impaired individuals.

422

423 The final research question was whether auditory task performance during driving differed
424 between the normal hearing and simulated hearing loss conditions. Participants' performance in
425 the most complex auditory task (PASAT) was affected by simulated hearing loss. We interpreted
426 this finding as evidence that the simulated hearing loss functioned as expected, reducing auditory
427 task performance as a result of an increased listening effort. When the listening task became
428 more difficult, as a result of simulated hearing loss, the demands imposed were sufficient to
429 cause a disruption on performance of PASAT. This problem may be exacerbated by the
430 concurrent driving task, although it cannot be inferred from this study. Regardless, this suggests

431 a need to be aware that hearing impaired individuals may struggle to use complex auditory-based
432 in-vehicle devices. Current research which focuses on creating a more accessible version of these
433 systems for hearing impaired individuals (e.g. Thorslund et al. 2013b) is therefore considered
434 valuable.

435

436 Finally, it should be considered that this study has investigated the effect of hearing loss on
437 driving in a single driving scenario, using two auditory memory tasks. The employment of either
438 more complex driving scenarios (e.g. traversing intersections or lane changing tasks) or more
439 complex auditory processing tasks (e.g. sentence or prose processing) may be useful to further
440 understand the effect of hearing impairment on driving performance.

441

442 **5 Conclusions**

443 Engagement with an auditory task resulted in more stable lateral vehicle control and a reduction
444 in gaze dispersion around the road centre. The difficulty of the auditory task being undertaken
445 interacted with these trends, but the presence of a simulated hearing loss had no extraneous
446 effect. Despite this, there was some evidence that auditory task performance whilst driving
447 suffered as a result of simulated hearing loss, suggesting that the use of auditory-based in-vehicle
448 systems may be problematic for hearing impaired individuals.

449

450 These outcomes suggest that a facet of hearing impairment not captured by the simulation
451 technique used may be responsible for some previously observed decrements in hearing impaired

452 individuals' driving performance. These factors may be psychoacoustic phenomena associated
453 with sensory hearing loss, or co-existing cognitive factors which were not present in the study
454 sample. Further work is required to confirm the findings of this study across a range of driving
455 scenarios and auditory tasks, and in order to establish the extent to which cognitive factors play a
456 part in the driving performance alterations of hearing impaired individuals. Work measuring
457 other dependent variables which might be affected in hearing impaired drivers, such as the ability
458 to react to visual information in the driving environment, would also be of value.

459

460 **6 Acknowledgements**

461 Support from the Economic and Social Research Council is gratefully acknowledged.

462

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