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# Sensitivity of Quantitative Myocardial Dynamic Contrast-Enhanced MRI to Saturation Pulse Efficiency, Noise and $T_1$ Measurement Error: Comparison of Nonlinearity Correction Methods

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**Purpose:** To compare methods designed to minimize or correct signal nonlinearity in quantitative myocardial dynamic contrast-enhanced (DCE) MRI.

**Methods:** DCE-MRI studies were simulated and data acquired in eight volunteers. Signal nonlinearity was corrected using either a dual-bolus approach or model-based correction using proton-density weighted imaging (conventional or dual-sequence acquisition) or  $T_1$  data (native or bookend). Scanning of healthy and infarcted myocardium at 3 Tesla was simulated, including noise, saturation imperfection and  $T_1$  measurement error. Data were analyzed using model-based deconvolution with a one-compartment (mono-exponential) model.

**Results:** Substantial variation between methods was demonstrated in volunteers. In simulations the dual-bolus method proved stable for realistic levels of saturation efficiency but demonstrated bias due to residual nonlinearity. Model-based methods performed ideally in the absence of confounding error sources and were generally robust to noise or saturation imperfection, except for native  $T_1$  based correction which was highly sensitive to the latter. All methods demonstrated large variation in accuracy above an over-saturation level where baseline signal was nulled. For the dual-sequence approach this caused substantial bias at the saturation efficiencies observed in volunteers.

**Conclusion:** The choice of nonlinearity correction method in myocardial DCE-MRI impacts on accuracy and precision of estimated parameters, particularly in the presence of nonideal saturation. *Magn Reson Med* 000:000–000, 2015. © 2015 Wiley Periodicals, Inc.

**Key words:** cardiovascular magnetic resonance; perfusion; myocardial blood flow; simulation; quantification; nonlinearity correction

## INTRODUCTION

Dynamic contrast enhanced (DCE) cardiac MRI is an established method for visually identifying regional blood flow reduction. Quantitative assessment of DCE-MRI data may also be used to estimate myocardial blood flow (MBF) (1–3) and other physiological parameters (4,5). Data are typically acquired using a saturation recovery (SR) gradient echo sequence (6) with temporal resolution equal to the subject's heart-rate. Physiological parameters can be determined through deconvolution, using relative concentration-time courses in the myocardium and feeding blood supply (arterial input function (AIF) typically taken from blood in the left ventricle, LV).

Signal enhancement is approximately proportional to contrast agent concentration  $[(CA)]$  for low concentrations and/or sequences with low  $T_1$  sensitivity (7), and could be used in quantitative analysis under such conditions. In practice peak concentrations in the AIF are considerably larger than in the myocardium, leading to a challenge for quantitative analysis. Protocols that generate sufficient contrast-to-noise ratio (CNR) in myocardium will not yield a linear relationship between signal intensity (SI) and concentration for the AIF. Several methods have been proposed to address this issue, including modeling the SI-concentration relationship (8–11) or separating the AIF and tissue curve acquisition using the same (dual-sequence) (12) or an additional administration (dual-bolus) (13–15).

In these methods perfect magnetization saturation throughout the LV is generally assumed. However, even with pulses optimized for high-field cardiac MRI, a small fraction of equilibrium magnetization may remain after saturation. This may be aligned with the equilibrium state or be inverted, and has been reported at around 2–3% using the BIR-4 pulse train (16–18). Although further improvement in saturation pulse efficiency (SE) may arise this is likely to be limited by SAR and  $B_1$  constraints. It has been identified that residual magnetization could bias DCE-MRI SI (17) (particularly for native tissue), and hence cause inaccuracy in quantification (9,18). While baseline subtraction can account for some degree of saturation imperfection in signal based analysis this may not be robust at higher levels, and the effect on baseline signal could adversely affect model-based approaches. However, the magnitude of potential errors

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Table 1  
Parameters Used for Simulations: Imaging Parameters Are Representative of Local Practice

|   |   |
|---|---|
| Magnetic properties                       |   |
| Baseline blood $T_1^a$                    | 1736 ms   |
| Baseline myocardial $T_1^a$               | 1052 ms   |
| Post contrast blood $T_1$                 | 400 ms  |
| Post contrast myocardial $T_1$            | 550 ms  |
| Contrast agent relaxivity, $r_1^b$        | 4.5 l mmol <sup>-1</sup> s <sup>-1</sup>            |
| Physiological properties                  |   |
| MBF (rest/stress) <sup>c</sup>            | 1.5/3.5 ml min <sup>-1</sup><br>100ml <sup>-1</sup> |
| $v_d$ (healthy/infarct) <sup>d</sup>      | 25/69%  |
| Hematocrit <sup>e</sup>                   | 0.46  |
| Contrast agent dose                       |   |
| Main bolus/pre-bolus                      | 0.05/0.005 mmol<br>kg <sup>-1</sup> Gadovist        |
| Main sequence parameters                  |   |
| TS  | 95.94 ms  |
| nk0 (steps to central line of k-space)    | 11  |
| FA  | 15°   |
| TR  | 2.68 ms   |
| Low $T_1$ sensitivity sequence parameters |   |
| TS  | 24.3 ms   |
| nk0 (steps to central line of k-space)    | 8   |
| FA  | 15°   |
| TR  | 2.52 ms   |
| PDw sequence parameters                   |   |
| nk0 (steps to central line of k-space)    | 11  |
| FA  | 15°   |
| TR  | 2.68 ms   |

<sup>a</sup>Native MOLLI T1 values (septal region for myocardium) [27].

<sup>b</sup>Relaxivity at 3 T for Gd-BT-D03A [22, 23].

<sup>c</sup>Mean healthy volunteer values [5].

<sup>d</sup>Mean healthy volunteer and chronic infarct core values (rounded to 2 significant figures) [26].

<sup>e</sup>Middle of normal range [24].

in physiological parameters has not previously been assessed.

In this work, a novel application of bookend (native and postcontrast)  $T_1$  data to estimate and account for imperfect saturation is introduced and assessed alongside established methods. Bookend  $T_1$  measurements have been used to correct errors arising from various sources in breast DCE-MRI using nonmagnetization prepared sequences (19,20), but have not been applied to SR sequences in myocardial DCE-MRI. This study aimed to assess the impact of imperfect saturation, noise and  $T_1$  measurement error on quantitative myocardial DCE-MRI using different nonlinearity correction methods through simulation and volunteer scanning.

## METHODS

### Simulation Study

Simulations were performed in MATLAB (Mathworks, Natick, MA). All optimizations were performed using a constrained least-squares based minimization algorithm (fmincon). A population representative AIF was generated with a form and mean parameters described previously (21). This is derived for a 0.1 mmol/kg dose administered at 3 ml/s yielding peak blood [CA] of

6.04 mM, so was scaled to a peak blood [CA] of 3.02 mM to reflect the 0.05 mmol/kg dose administered in the volunteer study described below (ground truth concentration curves are presented in Supporting Figure S1, which is available online). Longitudinal relaxivity ( $r_1$ ) of 4.5 L/mmol/s for Gd-BT-DO3A (Gadovist) at 3T (22,23) was assumed. Tissue concentration curves were generated by converting the AIF to concentration in plasma using a hematocrit value of 0.46 (24) and convolving with a one-compartment (mono-exponential) (25) residue function. “Ground truth” MBF and distribution volume ( $v_d$ ) were selected from published sources (5,26). SI curves (assuming signal is determined entirely by the center of k-space) were simulated with a range of SE values based on Eq. [1] [Larsson et al (11), modified to allow arbitrary magnetization preparation] and the parameters in Table 1 [based on local practice and published values (27)].

$$SI(t) = S_0 \cdot f(T_1, SE) \text{ where } f(T_1, SE) = \left(1 - SE \cdot e^{-TS \cdot R_1(t)}\right) \cdot a^{n_{k0}-1} + b \frac{1 - a^{n_{k0}-1}}{1 - a} \quad [1]$$

Here  $a = e^{-TR \cdot R_1(t)} \cdot \cos(\alpha)$ ,  $b = 1 - e^{-TR \cdot R_1(t)}$  and  $R_1$  is longitudinal relaxation rate ( $1/T_1$ ).  $S_0$  is the SI that would be acquired from a single readout pulse applied at equilibrium (incorporating  $T_2^*$  decay, receiver gain and proton density),  $\alpha$  is the readout pulse flip angle and  $n_{k0}$  is the number of RF pulses before the acquisition of the central k-space data. SE of 1 corresponds to perfect saturation while 0 represents no preparation and 2 perfect inversion. Magnitude signal was recorded, reflecting standard practice, and Rician noise added where required.  $R_1$  increases linearly from the native value ( $R_{1,n}$ ) with the change ( $\Delta R_1$ ) being proportional to [CA] and  $r_1$  (Eq. [2]):

$$R_1 = R_{1,n} + [CA] \cdot r_1 \quad [2]$$

Deconvolution of resulting data with a one-compartment model was performed to estimate MBF and  $v_d$  using the nonlinearity correction methods described below, and results were compared with ground truth. Figure 1 summarizes the process.

To assess errors introduced directly through deconvolution (due to factors including optimizer termination tolerances and discrete temporal sampling) noise-free concentration curves were analyzed. Additionally deconvolution was performed using signal enhancement data to assess errors incurred without nonlinearity correction.

### Model-Based Nonlinearity Correction Methods

Model-based approaches involve the use of additional data and imaging parameters to constrain a signal model for the acquired data. This model is used to convert SI data into  $\Delta R_1$  throughout the DCE-MRI acquisition before deconvolution. These techniques can be sensitive to factors that lead to the signal not being fully described by the model, including imperfections in SE,  $B_1$  homogeneity, readout flip angle accuracy and slice profile.

#### Native $T_1$ Based

SI can be converted to  $\Delta R_1$  using measured or assumed baseline  $T_1$  (8), a method that has also been used in

T1

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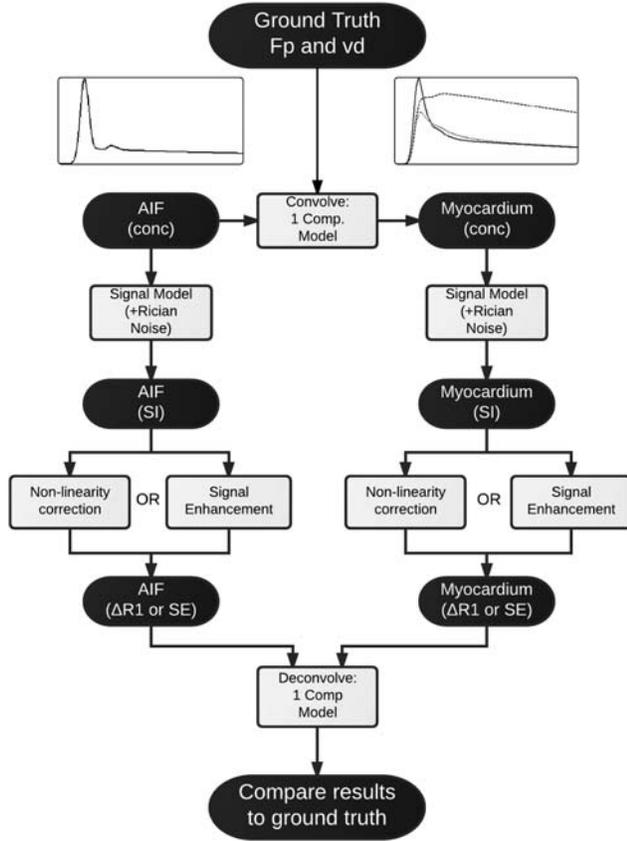


FIG. 1. Simulation process. Simulations are repeated with varying SNR, ground truth physiological parameters and saturation efficiencies. Graphical representations show the AIF and myocardial concentration curves (dotted = healthy myocardium at rest; solid = healthy myocardium under stress; dashed = infarcted myocardium at rest).

DCE-MRI using inversion recovery sequences (3,28,29). In the model (Eq. [1]),  $S_0$  is initially unknown and SE is assumed to be ideal.  $S_0$  is determined using baseline SI and an independently derived native  $T_1$  (Eq. [3]) and is assumed to be constant throughout the acquisition, allowing estimation of  $T_1(t)$  throughout the remainder of the DCE-MRI acquisition (Eq. [4]).

$$S_0 = \frac{SI_{DCE, baseline}}{f(T_{1, baseline}, SE = 1)} \quad [3]$$

$$T_1(t) = \operatorname{argmin}_{T_1(t) > 0} ((S_0 \cdot f(T_1(t), SE = 1) - SI(t))^2). \quad [4]$$

#### Native Proton Density Weighted (PDw) Based

An alternative model-based method to determine  $S_0$  uses the acquisition of a proton density weighted (PDw) image (without saturation preparation) before DCE-MRI acquisition (9,10). In the absence of  $T_1$  weighting  $S_0$  would be sampled directly by that acquisition. In practice, residual  $T_1$  weighting is present in the PDw sequence (due to the read-out pulses). Estimates of baseline  $T_1$  (Eq. [5]) and subsequently  $S_0$  and  $T_1(t)$  are, therefore, estimated using baseline DCE data and SI data from

the PDw series, using the same approach as for the native  $T_1$  based method.

$$T_{1, baseline} = \operatorname{argmin}_{T_1(t) > 0} \left( \left( \frac{f(T_{1, baseline}, SE = 1)}{f(T_{1, baseline}, SE = 0)} - \frac{SI_{DCE, baseline}}{SI_{PDw, baseline}} \right)^2 \right). \quad [5]$$

For this study, the read-out flip angle was maintained at  $15^\circ$  for the PDw image. However, it is common to reduce the read-out flip angle in the PDw sequence (9,10) to reduce  $T_1$  weighting, in which case  $f$  must be modified in the denominator of Eq. [5].

#### Bookend $T_1$ Based

The model-based methods described above sample SI only at native  $T_1$  to define the signal model, under the assumption of ideal saturation efficiency. By sampling SI at two  $T_1$  values, the relationship can be defined without this assumption by estimating both SE (Eq. [6]) and  $S_0$  (Eq. [7]).  $T_1(t)$  is then estimated as before, but using a study specific SE estimate (Eq. [8]).

$$SE = \operatorname{argmin}_{0 < SE < 2} \left( \left( \frac{f(T_{1, baseline}, SE)}{f(T_{1, post-contrast}, SE)} - \frac{SI_{DCE, baseline}}{SI_{DCE, post-contrast}} \right)^2 \right) \quad [6]$$

$$S_0 = \frac{SI_{DCE, baseline}}{f(T_{1, baseline}, SE)} \text{ or, equivalently,} \quad [7]$$

$$S_0 = \frac{SI_{DCE, post-contrast}}{f(T_{1, post-contrast}, SE)} \quad [8]$$

$$T_1(t) = \operatorname{argmin}_{T_1(t) > 0} ((S_0 \cdot f(T_1(t), SE) - SI(t))^2).$$

To perform this method a  $T_1$  measurement and DCE-MRI sequence are acquired at a delayed postcontrast time, as well as before contrast administration. Ideally the postcontrast data would be acquired while  $T_1$  is stable, but this is not achievable in practice as  $T_1$  will vary due to distribution and clearance of the contrast agent. However, steps can be taken to approximate this including sampling postcontrast  $T_1$  and SI as close together (temporally) as possible at a time where  $T_1$  varies slowly (once equilibrium has been reached between blood and interstitium and variation is driven predominantly by renal clearance). Measuring SI both sides of  $T_1$  (or vice-versa) and interpolating to account for temporal variation could further reduce the impact of [CA] variation.

#### Dual Sampling Methods

The following methods allow independent measurement of an AIF that is minimally affected by nonlinearity. These can be used in isolation or in combination with model-based correction.

#### Dual-Bolus

The dual-bolus approach (13–15) exploits the approximately linear response of SI to [CA] at the relatively low concentrations encountered in the myocardium from a standard dose, and in the AIF from a smaller “prebolus” dose administered before the main bolus. Signal

enhancement data from the prebolus AIF is scaled by the bolus:prebolus dose ratio and analyzed with the tissue response from the main bolus. As linearity of SI response is assumed, no conversion to [CA] is required.

This method was simulated by prepending the concentration curves in the first stage of the simulation with prebolus data of equal duration with concentrations scaled by one-tenth. In practice, residual contrast agent from the prebolus will affect the tissue curve. The details of this depend on physiological parameters and the delay between administrations. Additionally changes in AIF shape may occur between contrast agent administrations due to factors such as altered contrast agent volume or viscosity (depending on whether the prebolus is administered as a smaller or diluted dose) or cardiac output variation (30). For simplicity, it is assumed in these simulations that the prebolus is cleared entirely before main bolus administration, and that the shape of the prebolus and bolus AIF and myocardial concentration curves are identical except for scaling.

### Dual-Sequence

The model-based methods described above can be combined with a dual-sequence acquisition in which the AIF is acquired using a sequence with reduced  $T_1$  sensitivity interleaved with the higher sensitivity sequences for myocardial curve acquisition (12). This allows both curves to be acquired with a more linear signal response to [CA], while not introducing the additional procedural steps or concerns regarding bolus shape differences of the dual-bolus approach. For this study, myocardial SI curves were generated using the same pulse sequence parameters used for the other methods. SI curves for the AIF were generated using the parameters described in the “Low  $T_1$  sensitivity sequence parameters” section of Table 1. The latter is designed to result in a linear relationship between SI and  $T_1$  over a wider range of concentrations, although yields reduced CNR and resolution.

The initial application of the dual-sequence approach (12) was for estimation of relative blood flow (myocardial perfusion reserve), for which differences in  $T_1$  sensitivity between the sequences cancel out allowing use of signal enhancement data. For quantification of absolute parameters, the differences must be accounted for and so signal enhancement cannot be used. For this simulation, PDw model-based conversion is employed using appropriate signal models for each sequence. Calculated  $\Delta R_1$  is used in the deconvolution as for the other model-based approaches. Additionally, spatial resolution of the low  $T_1$  sensitivity sequence is typically lower, which results in greater signal-to-noise ratio (SNR). In the simulations, the noise standard deviation was halved for the low  $T_1$  sensitivity sequence compared with the standard sequence, based on the approximate SNR difference expected for the protocol on which these simulations were based.

### Simulations Performed

Using each of the methods described above, MBF and  $v_d$  were estimated and compared with ground truth for a

range of conditions (healthy myocardium at rest and under pharmacologically induced stress and chronically infarcted myocardium). In general, MBF will be lower for infarcted myocardium at rest (one study reported regional blood flow in chronic infarct regions as being 16% lower than for remote myocardium) (31). For simplicity, and to allow comparison of results following alteration of individual parameters, the value of MBF used for infarct simulation was equal to that used for healthy myocardium. Similarly  $v_d$  was not altered between rest and stress. Parameter values used are presented in Table 1.

Simulations were performed in the absence of and including Rician noise with standard deviation equal to 0.5% of  $S_0$ . For healthy resting myocardium, this corresponds to peak myocardial SNR of 14 which is similar to the data acquired in the volunteer study and that reported elsewhere (32). Simulations with noise were repeated 1000 times and mean and standard deviation of fitted parameters recorded. SE was varied in increments of 0.005 from 0.9–1.1, and at finer increments (0.0025) in the central part of this range (0.97–1.03). SE is defined such that residual longitudinal magnetization after saturation equals  $(1-SE) \cdot M_0$  (where  $M_0$  is equilibrium magnetization) with positive values being aligned with the equilibrium state and negative values representing inverted magnetization. Methods which use  $T_1$  values were repeated assuming measurement errors of 5% (both under- and overestimation).

### Volunteer Study

DCE-MRI data were acquired in eight healthy volunteers using a clinical 3.0 Tesla (T) whole-body scanner (Philips Achieva TX, Philips Healthcare, Best, the Netherlands) with a dedicated 32-channel cardiac phased array receiver coil with dual-source radiofrequency-field shimming. All volunteers gave written informed consent and the study was approved by the local research ethics committee. Stress DCE imaging was undertaken during maximal hyperemia (achieved by 140–210  $\mu\text{g}/\text{kg}/\text{min}$  adenosine infusion) (33) with an intravenous dual-bolus (0.005/0.05 mmol/kg with the main bolus administered approximately 30 s after the prebolus) of gadobutrol (Gadovist, Bayer Schering Pharma, Berlin, Germany) administered at 4 mL/s followed by a 20-mL saline flush. Rest DCE imaging was undertaken at least 15 min after stress imaging with the same contrast agent administration protocol. A dual-sequence with parameters as in the simulation study (and echo time, TE, of 1.14 ms, full details in Supporting Table S1) was acquired over 210 cardiac cycles; implemented using the Philips interleaved scanning capability which allows instantaneous switching between multiple scans. A composite WET saturation pulse was used (34). Before the first DCE series, a native  $T_1$  map (5-3 scheme Modified Look Locker Inversion Recovery (MOLLI) with 3 beats recovery before each inversion) (35) and proton density weighted series (10 cardiac cycles, identical sequence to the DCE series except without saturation preparation) was acquired. A further DCE series was acquired (10 cardiac cycles) 15 min after the final contrast agent

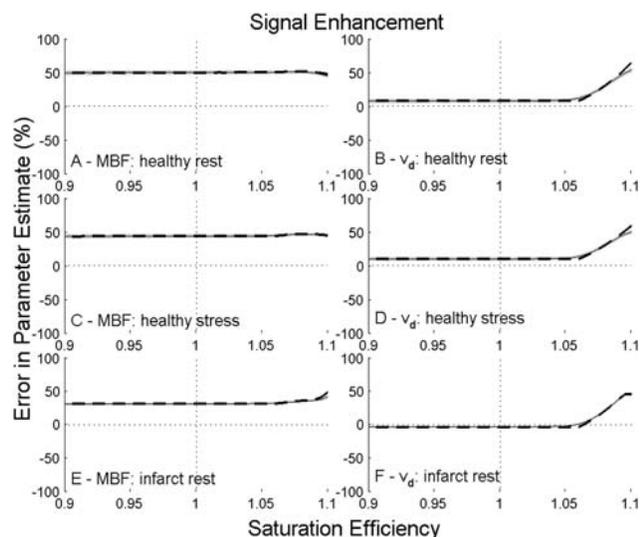


FIG. 2. Errors in estimated parameters for healthy myocardium at rest (A = MBF and B =  $v_d$ ) and under stress (C = MBF and D =  $v_d$ ) and for infarcted myocardium at rest (E = MBF and F =  $v_d$ ) for deconvolution using signal-enhancement data without correction for nonlinearity. Solid lines show results in the absence of noise. Dashed lines and shading show mean results  $\pm$  one standard deviation for data with simulated noise.

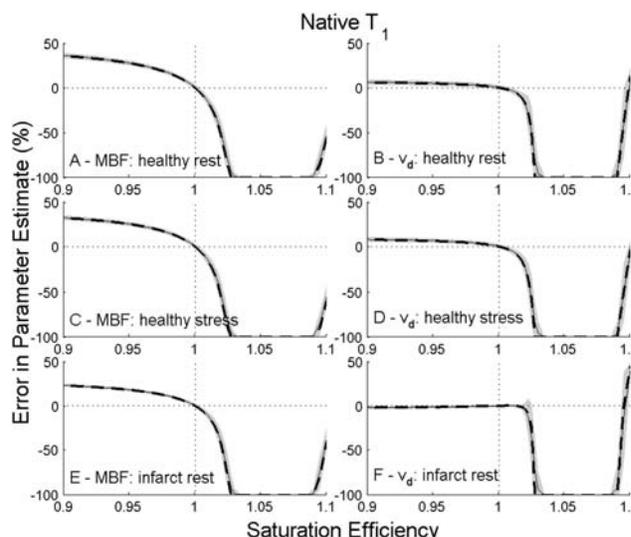


FIG. 3. Errors in estimated parameters for healthy myocardium at rest (A = MBF and B =  $v_d$ ) and under stress (C = MBF and D =  $v_d$ ) and for infarcted myocardium at rest (E = MBF and F =  $v_d$ ) for deconvolution using native  $T_1$  based correction. Solid lines show results in the absence of noise. Dashed lines and shading show mean results  $\pm$  one standard deviation for data with simulated noise.

administration followed by a contrast enhanced  $T_1$  map (4-3-2 MOLLI with 1 beat recovery period). Myocardial and LV blood-pool contours were drawn (QMass, Medis, the Netherlands), the former covering the full circumferential extent (excluding papillary muscles), on a mid-ventricular slice to extract signal-time data which were analyzed in the same way as the simulated data.

**RESULTS**

**Simulation Study**

Simulated signal-time curves are presented in Supporting Figures S2 and S3 and the AIF and myocardial data used for deconvolution in each method in Supporting Figures S4–S9. Deconvolving noise-free concentration curves directly yielded negligible errors ( $<0.0002\%$ ). Analyzing signal enhancement data without nonlinearity correction (Fig. 2) yielded 30–50% overestimation of MBF and errors in  $v_d$  between  $-5\%$  and  $+10\%$  (for ideal saturation and in the absence of noise). Errors in all parameters were generally insensitive to SE up to a threshold SE of 1.06 above which errors varied substantially.

**Effect of Saturation Efficiency**

Simulations performed without noise demonstrated variation in behavior of different nonlinearity correction methods (Figures 3–7, dashed lines). With perfect saturation, model-based approaches yielded errors  $<0.001\%$  throughout. The dual-bolus method demonstrated systematic underestimation of MBF and  $v_d$  of up to 16 and 10%, respectively.

As SE errors are introduced further differences in behavior between methods are revealed. Model-based

and dual-bolus acquisition based methods both show low sensitivity to small levels of over or under-saturation, except for the model-based approach using native  $T_1$  and baseline SI alone. The latter demonstrates a very strong dependence on SE with substantial errors being introduced for levels of over- or under-saturation within the reported performance of optimized RF pulses (16–18). In this method, the estimated value of  $S_0$  is

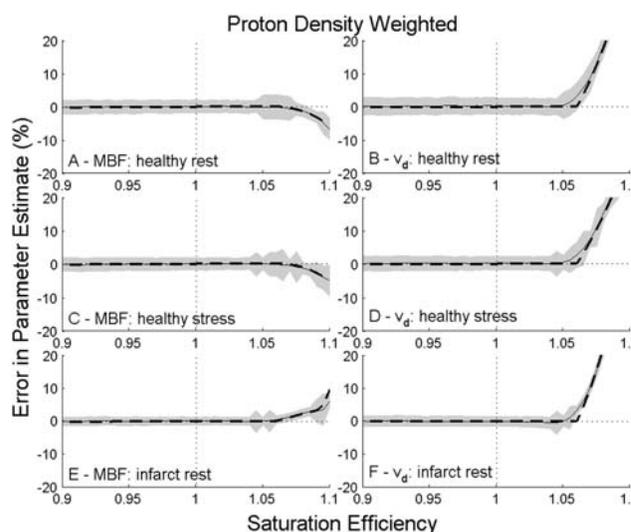


FIG. 4. Errors in estimated parameters for healthy myocardium at rest (A = MBF and B =  $v_d$ ) and under stress (C = MBF and D =  $v_d$ ) and for infarcted myocardium at rest (E = MBF and F =  $v_d$ ) for deconvolution using proton density weighted image based correction. Solid lines show results in the absence of noise. Dashed lines and shading show mean results  $\pm$  one standard deviation for data with simulated noise.

F2

F3-F7

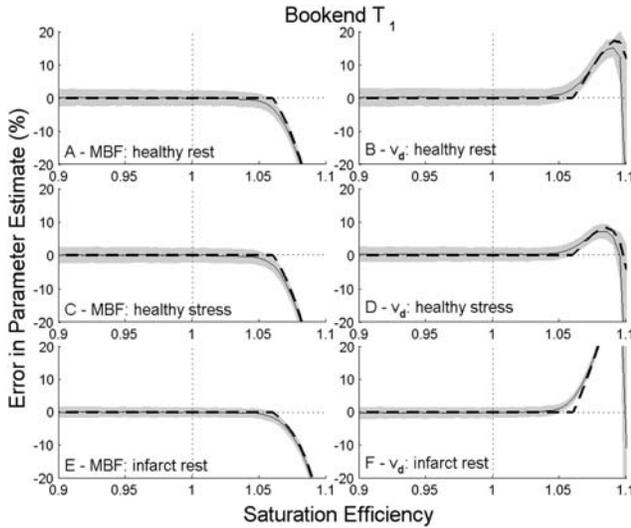


FIG. 5. Errors in estimated parameters for healthy myocardium at rest (A=MBF and B= $v_d$ ) and under stress (C=MBF and D= $v_d$ ) and for infarcted myocardium at rest (E=MBF and F= $v_d$ ) for deconvolution using bookend  $T_1$  based correction. Solid lines show results in the absence of noise. Dashed lines and shading show mean results  $\pm$  one standard deviation for data with simulated noise.

proportional to baseline SI, which decreases approximately linearly with increasing SE. A degree of oversaturation is reached whereupon this method breaks down as the estimated  $S_0$  decreases below the peak SI. As this level is approached, the estimated physiological parameters decrease rapidly to zero.

The methods that are more robust to small SE errors (model-based corrections using PDw, including dual-sequence, or bookend  $T_1$  data) are also robust across the

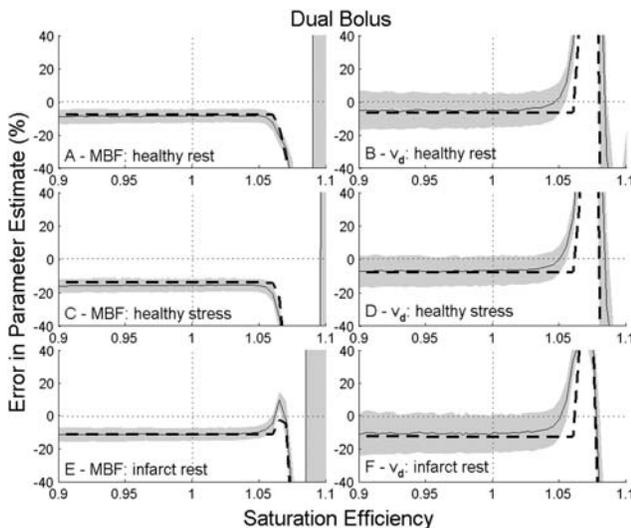


FIG. 6. Errors in estimated parameters for healthy myocardium at rest (A=MBF and B= $v_d$ ) and under stress (C=MBF and D= $v_d$ ) and for infarcted myocardium at rest (E=MBF and F= $v_d$ ) for deconvolution using the dual-bolus method. Solid lines show results in the absence of noise. Dashed lines and shading show mean results  $\pm$  one standard deviation for data with simulated noise.

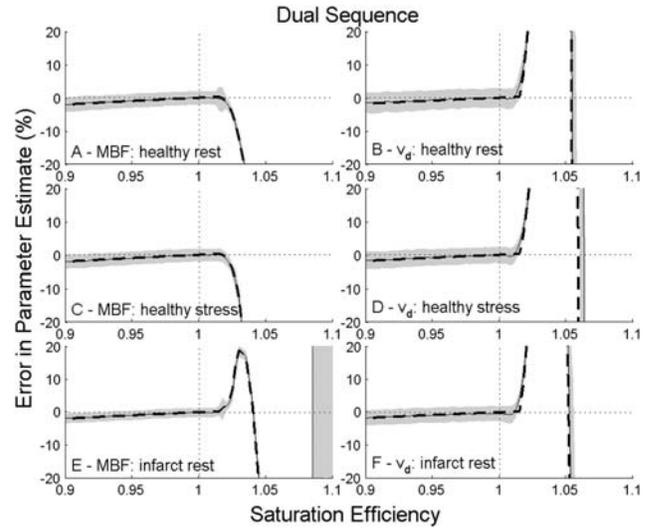


FIG. 7. Errors in estimated parameters for healthy myocardium at rest (A=MBF and B= $v_d$ ) and under stress (C=MBF and D= $v_d$ ) and for infarcted myocardium at rest (E=MBF and F= $v_d$ ) for deconvolution using the dual-sequence method. Solid lines show results in the absence of noise. Dashed lines and shading show mean results  $\pm$  one standard deviation for data with simulated noise.

range of under-saturation levels tested. However, as increasing levels of over-saturation are introduced into the simulations threshold points are encountered where errors in derived physiological parameters change substantially. These thresholds are identified as the SE at which baseline signal is nulled due to the partial inversion of longitudinal magnetization by the saturation pulse. For most methods, this occurs around SE of 1.06. An earlier threshold, SE = 1.015, is encountered for the dual-sequence approach as the low  $T_1$  sensitivity sequence used to derive the AIF encounters baseline signal nulling at a lower SE. The dual-sequence method also demonstrates some SE dependency below this threshold value (increasing underestimation of parameters with under-saturation) which is present but negligible (except native  $T_1$  based correction) in other methods.

### Effect of Image Noise

Simulations including noise (solid lines and shading in Figures 2–7) showed similar overall patterns to the noise-free simulations. However, the variation in bias around the threshold SE values described above is less sharp. This is due to the asymmetric nature of the Rician noise distribution at low SNR leading to noise induced bias as the threshold value is approached. Inclusion of noise also allows assessment of relative precision of the methods (the vertical extent of the shaded areas in Figures 2–7 is equal to twice the co-efficient of variation), with precision being poorest for dual-bolus due to the reduced CNR in the low-dose AIF. This technique also demonstrates the largest noise induced bias (identifiable where the solid lines deviate from the dashed lines in the figures). Results for resting MBF from all methods with ideal saturation and realistic levels of saturation imperfection (SE=0.975 and 1.025) are compared in Figure 8.

COLOR

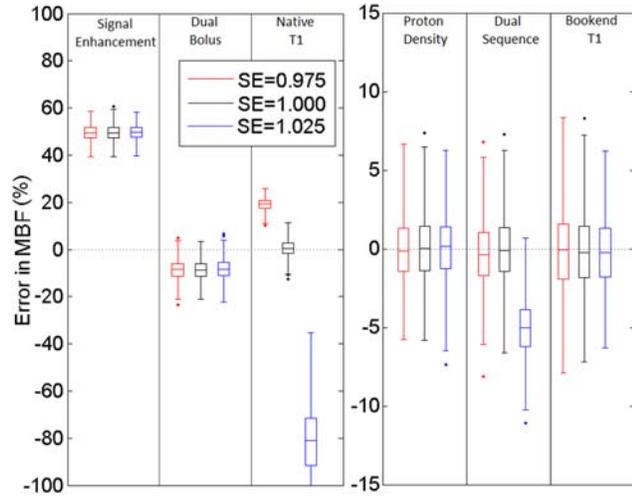


FIG. 8. Box-and-whisker plots comparing nonlinearity correction methods for realistic levels of saturation efficiency and SNR (note difference in y-axis range for methods with high (left) and low (right) bias). Outliers (shown as individual points) are identified as data more than two times the inter-quartile range above/below the upper/lower quartiles. Results from methods where median errors exceed 5% are shown in plot A and those from methods where with smaller errors are shown in plot B. The native  $T_1$  based method failed for approximately a quarter (223/1000) of the simulated experiments at  $SE = 1.025$ , as the peak AIF SI exceed the estimated  $S_0$ .

Effect of Errors in Measured  $T_1$

In simulations of  $T_1$  measurement dependent model-based methods, errors in  $T_1$  were found to introduce systematic errors in estimated physiological parameters. For model-based correction using native  $T_1$  alone, underestimation of  $T_1$  led to a decrease in estimated  $S_0$  for a given SE and consequently lower estimates of physiological parameters.

For the bookend method, the direction of bias on physiological results depended on the  $T_1$  measurement in error. Underestimation of native  $T_1$  led to a slight overestimation of  $S_0$  and SE. This resulted in small (<1%) increases in estimated physiological parameters. For overestimation of native  $T_1$ , the converse was true. Physiological parameter estimates were more sensitive to the same (relative) error in post contrast  $T_1$  (errors <4%) with the direction of bias reversed compared with errors in native  $T_1$ . Some SE dependence was observed with the underestimation of SE being more severe at lower values of SE. The effects of errors in measured native and postcontrast  $T_1$  were combined when errors in both in the same direction were simulated. As the bookend method is more sensitive to errors in postcontrast  $T_1$  the overall errors in estimated physiological parameters were in the same direction as, but smaller in magnitude to, those introduced by errors in postcontrast  $T_1$  alone.

Volunteer Study

For the volunteer study, no gold standard data were acquired so only relative results can only be compared with each other. Example signal data are available in Supporting Figure S10 and all  $T_1$  values in Supporting

Table S2. Oversaturation was consistently measured using the bookend  $T_1$  based method ( $SE = 1.005-1.0375$ ). Nonlinearity correction was successful except for native  $T_1$  based correction for which peak signal exceeded estimated  $S_0$  values for 10/16 cases (including all cases with  $SE > 1.02$ ). Tracer kinetic model fitting was successful in all but four dual-bolus datasets (all rest) in which MBF estimates were stable but estimates of  $v_d$  were unstable due to low SNR in the prebolus AIF. Systematic differences in mean MBF and  $v_d$  were observed between methods (Fig. 9) with all nonlinearity correction methods yielding lower estimates of both parameters than deconvolution of signal enhancement data. Dual-bolus and dual-sequence methods yielded lower MBF estimates than the bookend  $T_1$  and native PDw based methods, while estimates of  $v_d$  were lower for the dual-bolus approach compared with the other three methods.

F9

DISCUSSION

Use of signal enhancement data without model-based correction led to overestimation of MBF as expected (13,36) as well as systematic errors in  $v_d$ . A similar pattern was observed in volunteer data, with elevated parameter estimates in vivo compared with estimates obtained with nonlinearity correction. Errors arising from the direct use of signal enhancement data are well-understood (1) and quantitative analysis using normal clinical contrast agent doses without nonlinearity correction would not normally be performed. The dual-bolus scheme simulations have shown this technique to be partially effective in reducing these errors in comparison to a single bolus method, although systematic errors still arise (due to residual nonlinearity) and precision is reduced due to low SNR in the prebolus AIF. In the

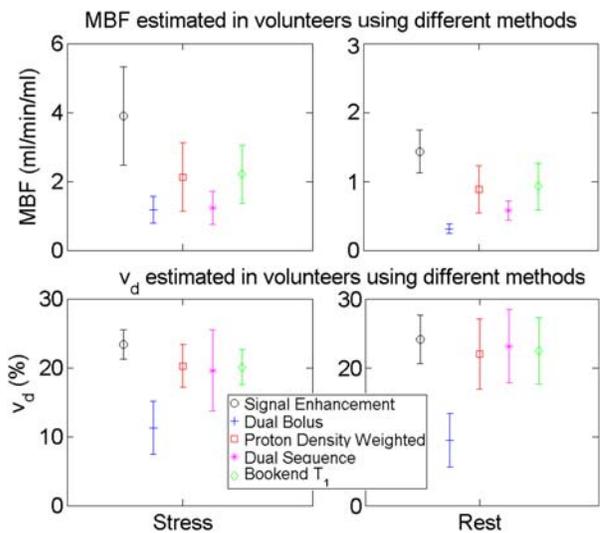


FIG. 9. Mean parameter estimates for volunteers (error bars show one standard deviation) showing systematic differences in results dependent on analysis method used. Data for the native  $T_1$  based method is not presented as this conversion failed in the majority of cases due to peak AIF signal exceeding estimated  $S_0$ . Data for resting  $v_d$  are based on four of the volunteers, because in the other four the parameter estimate was unstable due to low SNR in the AIF.

COLOR

volunteer dual-bolus data resting MBF measurements were lower than expected from the simulation results, potentially due to residual contrast agent (which was not simulated) affecting the low dose AIF. Other work has suggested that model-based correction alongside dual-bolus acquisition may improve accuracy by accounting for nonlinearity in the myocardial data (10).

In a typical myocardial DCE-MRI sequence, baseline signal is generated from longitudinal magnetization which has only recovered to a small fraction of the equilibrium value. For example, assuming ideal saturation and the parameters used these simulations, baseline signal will be approximately 5% and 10% of  $S_0$  for blood and myocardium, respectively. Consequently, a small amount of residual magnetization after saturation has a substantial impact on baseline SI, as has been previously identified (17). Results from this study have shown that such biases influence the results of model-based nonlinearity correction methods, and consequently the accuracy of quantitative DCE-MRI analysis.

For native  $T_1$  based correction, 1% saturation imperfection in the simulation leads to approximately 17% change in baseline blood SI compared with ideal saturation. This leads to equal errors in estimated  $S_0$ , which propagate into large errors in estimated physiological parameters. Conversion failure caused by the peak AIF SI exceeding calculated  $S_0$  has been observed in previous in vivo work using the native  $T_1$  approach (5) as well as in this volunteer study.

The use of PDw images resulted in only very slight SE dependence for  $SE < 1.06$ . The observed SE dependence was greater when used in conjunction with the dual-sequence technique, although still substantially lower than for the native  $T_1$ -based approach. The initial estimation of baseline  $T_1$  in the PDw based method is extremely sensitive to noise or imperfect saturation induced bias in baseline SI (SE of 1.02 led to 52% error in estimated baseline  $T_1$ ). However, to a first-order approximation (ignoring the effect of the readout RF pulses) this bias would be completely reversed when calculating  $S_0$ . The effects of the readout train introduce only a slight bias in  $S_0$ , so the technique is largely robust to moderate saturation imperfections.

Similarly the use of the bookend  $T_1$  method to estimate SE on a per-study basis can largely remove the gross errors observed in the presence of small levels of over- or undersaturation using the native  $T_1$  approach, by accounting for the saturation imperfection. As for the simulation studies, comparable results between bookend  $T_1$  and PDw based correction methods (for conventional acquisition) were observed in the volunteer data.

Any  $T_1$  based method is, however, susceptible to errors in the values of  $T_1$  used. Variation in results of quantitative analysis of DCE-MRI data (using a nonsaturation prepared sequence for imaging the female pelvis) as a result of variations in assumed or measured  $T_1$  has been reported previously (37). The results of the simulation study show that the bookend  $T_1$  technique is more susceptible to errors in postcontrast  $T_1$  than native  $T_1$  measurement. It is known that many myocardial  $T_1$  mapping techniques exhibit some systematic bias (for example underestimation in MOLLI based techniques

(38). In practice, correction of known biases in  $T_1$  estimation before use in signal nonlinearity correction may improve quantification accuracy.

Image noise can have a biasing effect on baseline SI when the SNR is sufficiently low that the distribution of SI values is asymmetrical. In the presence of noise, low SI values are, on average, higher than would be predicted in the absence of noise. For the native  $T_1$  based method, an increased baseline SI leads to an increased calculated  $S_0$ . Conversely, an increased baseline SI in the bookend  $T_1$  based method leads to a decrease in calculated  $S_0$ . These deviations can be observed in the presented data for SE above around 1.03, where the oversaturation leads to SNR of around 2 or less in baseline of the AIF. This corresponds approximately to the SNR at which the Rician distribution loses symmetry (39) leading to biases in estimated physiological parameters that are not predicted in noiseless data.

For model based approaches, the noise sensitivity of the conversion process increases at higher concentrations as the SI-[CA] gradient decreases. Preliminary simulations with higher concentration AIF data (double and triple that used in the main study) have shown that the precision of MBF and  $v_d$  may initially improve with increased dose (due to higher SNR in SI data) but then deteriorate (due to increased noise sensitivity in the conversion process). The contrast agent administration protocol (dose and dose rate) should thus be optimized to provide optimal precision of physiological parameter estimates. Despite this, low bias and good precision (both  $< 5\%$  at ideal saturation) were maintained even with 9mM peak concentration. In the volunteer data, both dual-sampling methods resulted in better or comparable coefficient of variation than bookend  $T_1$  or PDw based conversion for MBF estimation but poorer or comparable coefficient of variation for  $v_d$ . As MBF estimation is dominated by the early phases of the data and  $v_d$  estimation by the later phases, these observations may be explainable by the observations above. Noise sensitivity during conversion of the early, high concentration, phases of the AIF in single-sampling techniques may limit precision of MBF estimation, while for  $v_d$  estimation the inherently low SNR in the latter phases of the AIF in dual-sampling methods may dominate.

In addition to the errors discussed above, all methods break down above a threshold SE value. For the native  $T_1$  based method, this occurs when the value of  $S_0$  calculated assuming ideal saturation is lower than the peak SI encountered in the AIF. In this scenario, no positive  $T_1$  can thus describe these peak SI values for the defined model. For other model-based methods, the threshold is reached at a point where the baseline SI, which is partly inverted in the case of oversaturation, is nulled at the time of image readout. Above this threshold, negative baseline SI values are reconstructed as positive values, leading to substantial errors in the determined signal model parameters. In the case of the PDw based methods, precision also worsens substantially at and around this threshold value (Figures 4 and 7).

For conventional techniques, this threshold exists at a SE of 1.06 for the parameters used in this simulation. Consequently, this threshold is unlikely to be reached

when modern saturation pulses designed for cardiac applications (with efficiencies around 0.97–1.03) are used. However, for the dual-sequence method the reduced  $T_1$  sensitivity of the sequence used to measure the AIF also leads to a reduced threshold value, 1.015 in this simulation. Such levels of oversaturation are possible, even with optimized saturation pulses such as BIR-4 or the hybrid adiabatic-rectangular pulse train (16,17). The mean SE observed in the volunteers in this study exceeded this threshold which could explain the relatively low MBF estimates by the dual-sequence method in comparison to the other model-based approaches. At SE of 1.03, errors in MBF for the standard dose dual-sequence simulation in the absence of noise were less than 9%, but errors in  $v_d$  were more substantial (up to 44%). The threshold SE value at which bias arises will depend on multiple parameters, primarily TS and native  $T_1$ . For absolute quantification using the dual-sequence approach, caution should be adopted when choosing an optimal TS for the low  $T_1$  sensitivity sequence. While shorter values (potentially achieved through alternative k-space trajectories) will reduce sensitivity, they may also lead to bias due to corruption of the baseline data as described above.

The discussion has been limited so far to considerations of errors introduced by image noise and imperfect saturation. For model-based approaches using independent  $T_1$  data (native or bookend), inaccuracy of those data could also introduce errors. Physiological parameter estimates were observed to show some sensitivity to simulated  $T_1$  errors although the biases introduced into the parameter estimates was small.

### Limitations

Several limitations apply to this study. Only a single set of imaging parameters were evaluated whereas sensitivities to various factors will vary between differing implementations of the techniques. The analysis was limited to assessing variation of errors with SE and  $T_1$  measurement accuracy although additional sources of error that were not simulated (e.g., ineffective spoiling, inflow artefact (40), nonuniform sensitivity, slice profile,  $B_1$  inhomogeneity and variations in bolus shape) could influence results. For correction of myocardial data, it was assumed that SI differences compared with blood arise solely through differences in  $T_1$ . Variations in factors contributing to  $S_0$  (including  $T_2^*$ , proton density and coil sensitivity) were not included. Similarly, the  $T_2^*$  shortening effects of contrast agent were not modelled, although this has been shown to be negligible at the short TE values used in DCE sequences (41). Contrast agent relaxivity was assumed to be identical in blood and myocardium and protons in both intra- and extracellular spaces were assumed to experience the effects of the contrast agent equally (i.e., fast water exchange was assumed) (42). While water exchange effects may lead to bias in absolute quantification of DCE-MRI data, this would be due to distortion of the tissue response curve. As all methods investigated in this study use the same tissue data, we would thus expect any bias due to water exchange to be consistent across the methods. The

simulations were limited to a single AIF shape, a single set of native  $T_1$  values, SNR and three sets of physiological parameters using a basic one-compartment model that is a simplified representation of the myocardium (which can be more fully described by two-region models) (5,43). Nonlinearity effects may be expected to vary with field strength and peak concentrations occurring in the LV blood pool and myocardium and noise induced bias may be more severe at lower SNR, particularly a lower field strengths.

In view of these limitations, the exact behavior of each method may exhibit substantial dependence on the protocol implemented, equipment used and characteristics of the subject. However, the results presented demonstrate fundamental patterns of behavior that should be considered when performing quantitative myocardial DCE-MRI.

Finally, while sequence parameters were matched as far as possible between the simulation and volunteer study some protocol differences did exist. Notably the simulation study assumed each DCE sequence was commenced with no contrast agent present, whereas in the volunteer protocol with multiple dual-bolus perfusion series this is not generally true.

### CONCLUSIONS

Performance characteristics of nonlinearity correction methods for myocardial DCE-MRI, including a novel application of bookend  $T_1$  data, have been assessed. The potential for substantial systematic errors to be introduced through application of nonlinear correction techniques at SNR values and SE values consistent with optimized saturation pulses and current technology, which yield good image quality for visual analysis, have been shown. Consequently caution should be adopted when comparing quantitative DCE-MRI results from studies using different nonlinearity correction methods, protocols or hardware.

The use of native  $T_1$  based corrections has been shown to be very sensitive to imperfect saturation so should be avoided. The possibility that over-saturation consistent with the expected performance of RF saturation pulse trains optimized for cardiac MRI could lead to systematic errors in the dual-sequence approach has also been demonstrated and so this approach should be implemented with caution. Model-based methods using bookend  $T_1$  measurement or proton density weighted images were most robust to moderate levels of imperfection in SE, and may be preferable to approaches using independent sampling of the AIF.

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## SUPPORTING INFORMATION

AQ1

Additional Supporting Information may be found in the online version of this article.

SUP. FIG. S1. Ground truth concentration-time curves used in the simulations.

SUP. FIG. S2. AIF signal-time curves generated in the simulations assuming ideal saturation efficiency. The red line shows the standard AIF (normal acquisition, full dose), blue shows the reduced dose pre-bolus for the dual-bolus method and magenta shows the AIF from the full dose acquired using the lower sensitivity sequence for the dual-sequence method. Shading indicates one standard deviation of signal values at each time point.

SUP. FIG. S3. Myocardial signal-time curves generated in the simulations assuming ideal saturation efficiency. Each line shows a different tissue status. The same myocardial signal data (full dose, standard acquisition sequence) is used for each method. Shading indicates one standard deviation of signal values at each time point.

SUP. FIG. S4. Signal enhancement-time curves used for deconvolution without nonlinearity correction (assuming ideal saturation efficiency). Each coloured line shows a different tissue status and the black line shows the AIF. Shading indicates one standard deviation of signal values at each time point.

SUP. FIG. S5. Estimated concentration -time curves used for deconvolution converted using native signal and T1 (assuming ideal saturation efficiency).

Each coloured line shows a different tissue status and the black line shows the AIF (blood concentration). Shading indicates one standard deviation of signal values at each time point.

SUP. FIG. S6. Estimated concentration -time curves used for deconvolution converted using native signal from the saturation recovery sequence and the proton density weighted sequence (assuming ideal saturation efficiency). Each coloured line shows a different tissue status and the black line shows the AIF (blood concentration). Shading indicates one standard deviation of signal values at each time point.

SUP. FIG. 7. Estimated concentration -time curves used for deconvolution converted using bookend signal and T1 (assuming ideal saturation efficiency). Each coloured line shows a different tissue status and the black line shows the AIF (blood concentration). Shading indicates one standard deviation of signal values at each time point.

SUP. FIG. 8. Signal enhancement-time curves used for deconvolution for the dual-bolus method (assuming ideal saturation efficiency). Each coloured line shows a different tissue status and the black line shows the AIF (scaled by the bolus:pre-bolus ratio). Shading indicates one standard deviation of signal values at each time point.

SUP. FIG. 9. Estimated concentration -time curves used for deconvolution estimated using the dual-sequence method and converted using native signal from the saturation recovery sequence and the proton density weighted sequence (assuming ideal saturation efficiency). Each coloured line shows a different tissue status and the black line shows the AIF (blood concentration). Shading indicates one standard deviation of signal values at each time point.

SUP. FIG. 10. example signal-time data from one volunteer.

Supporting Table S1 - Imaging parameters for the volunteer study.

Supporting Table S2 - T1 measurements from the 8 volunteers.

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