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Juan-Colas, Jose, Dresser, Lara, Morris, Katie et al. (2020) The Mechanism of Vesicle Solubilization by the Detergent Sodium Dodecyl Sulfate. *Langmuir*. ISSN: 1520-5827

<https://doi.org/10.1021/acs.langmuir.0c01810>

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## The Mechanism of Vesicle Solubilization by the Detergent Sodium Dodecyl Sulfate

José Juan-Colás, Lara Dresser, Katie Morris, Hugo Lagadou, Rebecca H. Ward, Amy Burns, Steve Tear, Steven Johnson, Mark C. Leake, and Steven D. Quinn\*



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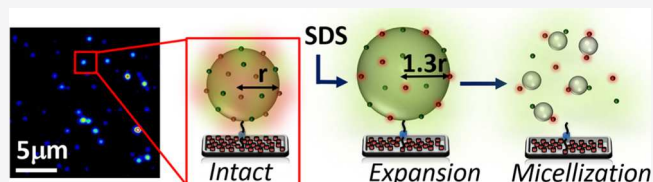


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**ABSTRACT:** Membrane solubilization by sodium dodecyl sulfate (SDS) is indispensable for many established biotechnological applications, including viral inactivation and protein extraction. Although the ensemble thermodynamics have been thoroughly explored, the underlying molecular dynamics have remained inaccessible, owing to major limitations of traditional measurement tools. Here, we integrate multiple advanced biophysical approaches to gain multiangle insight into the time-dependence and fundamental kinetic steps associated with the solubilization of single submicron sized vesicles in response to SDS. We find that the accumulation of SDS molecules on intact vesicles triggers biphasic solubilization kinetics comprising an initial vesicle expansion event followed by rapid lipid loss and micellization. Our findings support a general mechanism of detergent-induced membrane solubilization, and we expect that the framework of correlative biophysical technologies presented here will form a general platform for elucidating the complex kinetics of membrane perturbation induced by a wide variety of surfactants and disrupting agents.



### INTRODUCTION

The solubilization of lipid membranes by the anionic detergent sodium dodecyl sulfate (SDS) has found vast utility across the pharmaceutical and biological sectors with far-reaching applications including rapid cell lysis, protein extraction, and viral inactivation.<sup>1–3</sup> However, despite decades of empirical use, accessing the molecular mechanisms through which SDS leads to membrane solubilization has remained a major experimental challenge, owing to the shortcomings of technologies which rely on averaging over the entire process.<sup>4,5</sup>

Initial steady-state thermodynamic experiments reported the partitioning of SDS into lipid membranes, illuminating several key factors, including the detergent–lipid molar ratio, surface pressure, electrostatic forces, and temperature, that modulate the initial interaction.<sup>6,7</sup> These experiments also indicated that the SDS–membrane partition coefficient is similar to those obtained for nonionic detergents of identical chain lengths.<sup>7</sup> The kinetics of the following disruption process have also been investigated at the ensemble level using fluorescence strategies, whereby the emission intensity of small fluorescent molecules encapsulated into vesicles increased because of dye diffusion across the perturbed bilayer.<sup>8</sup> Here, vesicle leakage was characterized by a single exponential rate of release with the rate constant increasing with the SDS concentration according to a power-law dependence. Differential scanning calorimetry has also been employed to examine the temperature dependence and formation of mixed detergent–lipid micelles at the end point of the solubilization process, revealing that

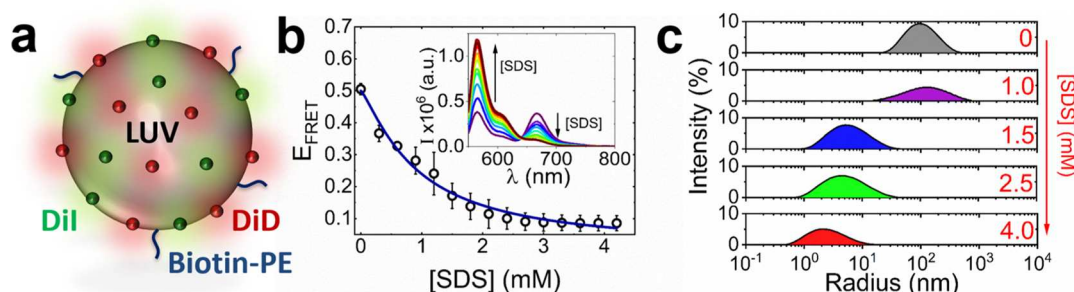
membrane degradation is related to hydrophobic interactions between the SDS molecule and the lipids.<sup>9</sup>

While it is abundantly clear from such studies that SDS influences the membrane structure, analyses have been constrained to the identification of structural changes in the ensemble,<sup>6,10,11</sup> and while such data reveal valuable information about the mean average state of the interaction, dynamic heterogeneity within the sample in addition to the presence of rapid transient intermediate molecular-level events remains obscure. Nevertheless, the combination of ensemble-based approaches has broadly alluded to a three-step model of solubilization.<sup>12</sup> In step one, detergent monomers saturate the membrane, leading to the co-existence of mixed detergent–lipid micelles within the intact membrane in step two. In step three, solubilization is achieved via the fragmentation and release of mixed detergent–lipid micelles into the solution. However, whether these steps take place sequentially or if they are interconnected remains an open question, and uncertainties left on the molecular mechanisms are due to lack of techniques that can capture the time-dependent dynamics of the interaction across the entire solubilization window.

**Received:** June 18, 2020

**Revised:** September 1, 2020

**Published:** September 1, 2020



**Figure 1.** SDS vesicle interactions reported using ensemble FRET spectroscopy and DLS. (a) Schematic representation of DMPC LUVs containing 0.1% DiI, 0.1% DiD, and 1% Biotin-PE. (b) FRET efficiency of DiI–DiD labeled vesicles vs SDS. Each data point was collected at  $t = 30$  s after injection of SDS. The solid line represents a Hill model fit. Inset: the corresponding variation in fluorescence spectra. (c) DLS size distributions observed from the free diffusion of vesicles in solution in the absence and presence of 1, 1.5, 2.5, and 4 mM SDS. Solution conditions: 25  $\mu$ M DMPC, 0.025  $\mu$ M DiI, 0.025  $\mu$ M DiD, 0.25  $\mu$ M Biotin-PE, and 50 mM Tris, pH 8.

While protocols from the cryo-transmission electron microscopy (TEM) and NMR communities have provided important structural insights into membrane conformation in response to SDS,<sup>13</sup> neither report on the underlying time-dependent dynamics. Conversely, isothermal calorimetry and turbidity measurements have revealed the relative detergent–lipid stoichiometry ratios required to achieve complete solubilization, but neither quantify the changes within the membrane architecture.<sup>14–16</sup>

Molecular dynamics simulations have gone some way to bridging this gap by enabling discrete steps of the initial interaction, including structural reorganizations in the membrane<sup>17,18</sup> and micellization,<sup>19</sup> to be followed over several tens of nanoseconds. More generally, these studies also support an interaction between the surfactant and lipid head groups which leads to the penetration of SDS into the membrane, in turn increasing the bilayer thickness and lipid tail order. Hydrophilic interactions between the sulfate and phosphocholine groups and hydrophobic interactions between the hydrocarbon surfactant and lipid chains also give rise to a tight packing density and an ordered chain alignment. Additionally, optical microscopy based on the phase contrast and fluorescence imaging of giant unilamellar vesicles also indicate changes in the membrane curvature after SDS incorporation, closely followed by the stress-induced formation of macropores and fragmentation.<sup>20</sup> At SDS concentrations lower than the critical micelle concentration (cmc), transmission microscopy experiments also indicate the homogeneous distribution of SDS monomers into the membrane, followed by the gradual formation of mixed micelles, and at concentrations around the cmc, local instabilities in the vesicle architecture are introduced across the structure.<sup>21</sup> Unfortunately, these microscopy tools are limited to a spatial resolution of  $\sim 250$  nm and cannot access the solubilization dynamics of vesicles which are smaller than the optical diffraction limit and which have high radii of curvature. Moreover, conventional microscopy tools can only measure macroscopic changes in the membrane structure and packing density and provide little structural and mass information on the nanoscale, motivating the need for the multidisciplinary approach outlined here to gain molecular-level insight into this important biological problem.

To overcome the hurdle posed by the optical diffraction limit, we recently reported a structural imaging method based on single-vesicle Förster resonance energy transfer (svFRET) to study rapid organizational changes in submicron-sized large

unilamellar vesicles (LUVs) in response to the nonionic detergent Triton X-100.<sup>22</sup> A key benefit of the svFRET approach is the ability to access time-dependent solubilization kinetics from single immobilized vesicles with millisecond time resolution, bypassing the ensemble average.

Here, we combine the svFRET technology with steady-state fluorescence spectroscopy, dynamic light scattering (DLS), liquid-based atomic force microscopy (AFM), and quartz-crystal microbalance with dissipation (QCM-D) monitoring, to reveal the fundamental solubilization steps and kinetics associated with submicron-sized and highly curved vesicles in response to SDS, without interference from vesicle fusion. We unveil the solubilization mechanism as a three-step process in which detergent accumulation on the LUV surface precedes biphasic solubilization kinetics consisting of an initial expansion of the vesicle, followed by rapid lipid loss. The capability of discriminating between solubilization steps and kinetic parameters is a novel finding only afforded by the implementation of these correlated approaches, and we expect that the presented strategy should assist in the effective and efficient fine-tuning of detergent-induced vesicle solubilization protocols and for exposing the multifaceted dynamics of membrane perturbation caused by a broad range of molecular disruptors.

## EXPERIMENTAL SECTION

**Materials.** 1,2-Dimyristoyl-*sn*-glycero-3-phosphocholine (DMPC) and 1,2-dioleoyl-*sn*-glycero-3-phosphoethanolamine-*N*-(biotinyl) (Biotin-PE) phospholipids were purchased from Avanti Polar Lipids Inc. 1,1'-Dioctadecyl-3,3',3'-tetramethylindocarbocyanine perchlorate (DiI) and 1,1'-dioctadecyl-3,3',3'-tetramethylindocarbocyanine, 4-chlorobenzenesulfonate salt (DiD) were purchased from Thermo Fisher Scientific. All phospholipid samples were used without additional purification and stored in chloroform at  $-20$  °C prior to use. DiI and DiD stock solutions were stored at 4 °C prior to use. SDS was purchased from Sigma-Aldrich and freshly suspended in 50 mM Tris (pH 8) buffer prior to each use.

**Preparation of LUVs.** Mixtures of lipids and lipophilic dyes were homogeneously dispersed in chloroform, dried by nitrogen flow, and stored under continuous vacuum pumping at 21 °C for 5 h. Phospholipid mixtures were subsequently resuspended in buffer solution (50 mM Tris, pH 8) and mixed well by vortex. LUVs were prepared by the extrusion method<sup>23</sup> in which they were passed through a 200 nm polycarbonate membrane filter. Extrusion in this way disrupts the lipid bilayers of multilamellar vesicles to create a highly stable unilamellar vesicle suspension with low polydispersity. In our case, the vesicle population, post extrusion, displayed a mean polydispersity index of  $0.24 \pm 0.04$ . For steady-state fluorescence,

svFRET, and AFM studies, 98.8 mol % DMPC, 1 mol % Biotin-PE, 0.1 mol % DiI, and 0.1 mol % DiD were used. For QCM-D work involving unlabeled LUVs, 99 mol % DMPC and 1 mol % Biotin-PE were used. The size distribution of the prepared vesicles in solution was evaluated by DLS using a Zetasizer  $\mu$ V molecular size detector (Malvern Instruments Ltd., UK).

**Steady-State Fluorescence Spectroscopy.** Fluorescence emission spectra were acquired using a HORIBA Fluoromax-4 fluorescence spectrophotometer. Final concentrations of DMPC, DiI, DiD, and Biotin-PE in 50 mM Tris (pH 8) buffer were 25, 0.025, 0.025, and 0.25  $\mu$ M, respectively. Spectra from DiI and DiD were recorded using an excitation wavelength of 532 nm. FRET efficiencies were approximated by the apparent FRET efficiency,  $E_{\text{FRET}} = (I_A/[I_A + I_D])$ , where  $I_A$  and  $I_D$  represent the peak fluorescence emission intensities of DiI and DiD, respectively. The FRET efficiency data shown in Figure 1a were fitted to a Hill model of the form,  $E_{\text{FRET}} = A + (B - A) \frac{[\text{SDS}]^n}{k^n + [\text{SDS}]^n}$ , where  $A$  and  $B$  are the measured FRET efficiencies at the start and end of the titration,  $k$  is the half-maximal concentration constant, and  $n$  is the Hill coefficient. The parameters of the fit shown in Figure 1a are  $A = 0.50 \pm 0.02$ ,  $B = 0.005 \pm 0.001$ ,  $k = 0.92 \pm 0.16$  mM, and  $n = 1.25 \pm 0.20$  ( $\chi^2 = 0.99$ ). Error bars represent the standard error of the mean from three individual experimental runs.

**Single-Vesicle FRET Spectroscopy.** Fluorescence emission at the donor and acceptor wavelengths was acquired from single vesicles by using a custom-built objective-type total internal reflection fluorescence (TIRF) microscope equipped with a continuous wave TEM<sub>00</sub> 532 nm excitation line (Coherent, Obis). Precleaned microscope slides were successively treated with 1 mg/mL bovine serum albumin (BSA), 0.1 mg/mL biotinylated BSA, and 0.2 mg/mL avidin, before pM concentrations of freshly prepared vesicles were added to the surface and incubated for 15 min. After incubation, the surface was rinsed with buffer to remove any unbound vesicles. Fluorescence movies were acquired with an integration time of 50 ms. The base buffer used for imaging was 50 mM Tris (pH 8), 6% (w/v) glucose, 165 U/mL glucose oxidase, 2170 U/mL catalase, and 2 mM trolox. Concentrations of SDS as specified in the main text were then included in the imaging buffer prior to being injected into the sample. Spatially separated fluorescence images of donor and acceptor emission were collected using an oil immersion objective lens (NA = 1.49) and separated using a DualView emission splitter (Photometrics) containing a dichroic filter (T640LPXR, Chroma) and band pass filters (ETS85/65M and ET700/75M, Chroma) on the donor and acceptor imaging paths. DiI and DiD emission intensities were collected in parallel using a cooled (−80 °C) EMCCD camera (Andor iXON). The svFRET efficiency after background correction was evaluated via the apparent FRET efficiency,  $E_{\text{FRET}} = (I_A/[I_A + I_D]) \approx R_0^6/([R_0^6 + R^6])$ , where  $I_A$  and  $I_D$  are the fluorescence intensities of the acceptor and donor, respectively,  $R_0$  is the Förster radius, and  $R$  is the mean separation distance between the probes on each LUV.  $t_E$  and  $t_L$  were calculated by the application of double exponential fits consisting of a rise ( $I = A e^{t/t_E}$ ) and decay ( $I = A e^{-t/t_L}$ ) component to the DiI emission trajectories. Image processing was carried out using laboratory-written analysis routines developed in MATLAB. Excitation powers were measured immediately prior to laser light entering the back aperture of the objective lens.

**QCM-D Monitoring.** QCM-D experiments were performed using a Q-Sense E4 system (Biolin Scientific). SiO<sub>2</sub>-coated AT-cut quartz sensors (QSX 303, Biolin Scientific) were used, for which the fundamental frequency was  $4.95 \pm 0.05$  MHz. The sensors were initially subjected to a 10 min cleaning step by UV–ozone, prior to being sonicated in solutions of 2% Hellmanex III and 2 $\times$  ultrapure Milli-Q water for 10 min. The sensors were then dried with N<sub>2</sub> and placed under UV–ozone for a further 30 min. Each sensor was then immersed in 100% ethanol for 30 min and dried with N<sub>2</sub> before installation in the flow modules. The QCM-D flow chambers were first flushed with ultrapure Milli-Q water for 1 h and then with 50 mM Tris buffer (pH 8) for 20 min before each measurement until a stable baseline was established (<0.5 Hz shift over 10 min). The flow rate

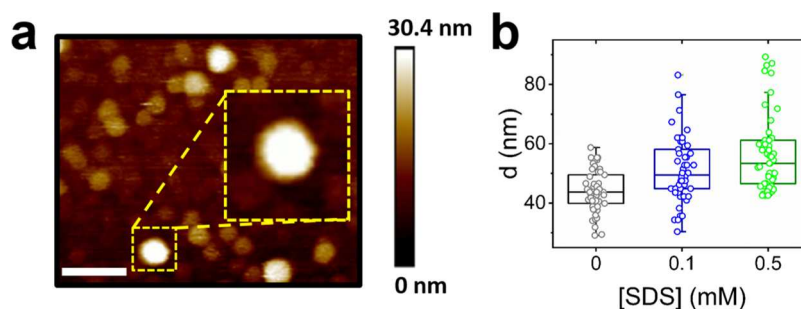
was kept constant at 20  $\mu$ L/min. The sensor surfaces were then functionalized with 0.1 mg/mL biotinylated BSA and 1 mg/mL BSA and then rinsed with 50 mM Tris buffer (pH 8.0) to remove unbound molecules. Thereafter, the sensor surface was flushed with 0.1 mg/mL avidin solution in 50 mM Tris buffer (pH 8.0) for 20 min, followed by a rinse step with 50 mM Tris buffer (pH 8.0) for 20 min. Subsequently, vesicles coated with 1% Biotin-PE were immobilized on the sensor surfaces on incubation with a 33  $\mu$ g/mL vesicle solution for ~80 min. SDS detergent solutions at the specified concentrations were then introduced into the QCM-D flow chambers. Changes in mass ( $\Delta m$ ) were related to changes in frequency ( $\Delta f$ ) via the Sauerbrey equation  $\Delta m = -(C \cdot \Delta f)/n$  where  $n$  is the overtone number and  $C$  is a constant related to the properties of the quartz (17.7 ng Hz<sup>−1</sup> cm<sup>−2</sup>). We note that the Sauerbrey model assumes a surface film that is homogenous and rigid such that the energy dissipation  $D \approx 0$ . In contrast, our experiments indicate that the immobilized vesicle layers are highly viscoelastic ( $D > 0$ ) and the mass loading calculated using the Sauerbrey equation should only be considered an estimate.

**Atomic Force Microscopy.** Imaging of immobilized LUVs was conducted using a Bioscope Resolve atomic force microscope (Bruker) in fluid tapping mode. A silicon nitride cantilever (DNP-10 tips, Bruker) with a nominal spring constant of 0.12 N m<sup>−1</sup> and a resonant frequency of 23 kHz was used for all measurements. Typical scan sizes were 1.2  $\mu$ m  $\times$  1.2  $\mu$ m for probing multiple LUVs in 50 mM Tris buffer (pH 8). To evaluate, LUV dimensions vesicles were sampled by taking multiple images per sample. Images were then selected to represent the average distribution, density, and size of the sample. Structures were then sampled using the forbidden line unbiased counting rule in ImageJ. The mean caliper diameter at each LUV mid-height was measured both horizontally and vertically, and the average of both measurements,  $d$ , was calculated.

## RESULTS AND DISCUSSION

LUVs composed of 98.8% DMPC, 1% Biotin-PE, 0.1% DiI (svFRET donor), and 0.1% DiD (svFRET acceptor) were prepared as detailed in the Experimental section and are schematically illustrated in Figure 1a. The chemical structures of DMPC, DiI, DiD, and Biotin-PE can be found in Figure S1. DMPC is a synthetic phospholipid used widely for the preparation of vesicles and supported lipid bilayers<sup>24</sup> and is used here to provide a structural framework. DiI and DiD are lipophilic cyanine derivatives, and when 0.1 mol % of each was used, the average spatial separation between them was close to their Förster radius of 53 Å, corresponding to an average apparent FRET efficiency ( $E_{\text{FRET}}$ ) of ~0.5. As we previously reported,<sup>22</sup> this enables nanoscopic changes in the average interdy distance to be measured by observable changes in  $E_{\text{FRET}}$  in either direction.

The formation of ~200 nm-sized LUVs was confirmed by DLS (Figure S2), and their steady-state fluorescence emission was recorded as a first step to characterize their interaction with SDS. We note that the hydrodynamic radii and ensemble  $E_{\text{FRET}}$  values obtained from the LUVs remained largely invariant over the course of several weeks, pointing toward their long-term stability under the buffer conditions used (Figure S3). As the concentration of SDS was increased at 21 °C, a progressive increase in DiI emission, concurrent with a progressive decrease in DiD emission, was observed, giving rise to an overall decay in  $E_{\text{FRET}}$  (Figure 1b), from an initial value of  $0.50 \pm 0.02$  ( $\pm$ SEM) in the absence of SDS to  $0.09 \pm 0.02$  in the presence of 4 mM. A Hill model applied to the  $E_{\text{FRET}}$  data indicates a half-maximal concentration constant of  $0.92 \pm 0.16$  mM with a Hill coefficient of  $1.25 \pm 0.20$ . When similar experiments were performed at 30 °C and on vesicles ~100 nm in size at 21 °C, comparable decay profiles and similar concentration requirements were observed (Figure S4). The



**Figure 2.** Visualization of SDS-induced vesicle expansion by liquid AFM. (a) Representative image of LUVs pre-immobilized onto a glass substrate using a BSA–biotin–avidin immobilization scheme. The scale bar indicates 150 nm. (b) Comparative box plots, first quartile, median, and third quartile, and standard deviation (error bars) are shown summarizing the relative variation in mean caliper diameter,  $d$ , in the absence (grey,  $N = 50$ ) and presence of 0.1 mM (blue,  $N = 50$ ) and 0.5 mM (green,  $N = 50$ ) SDS.

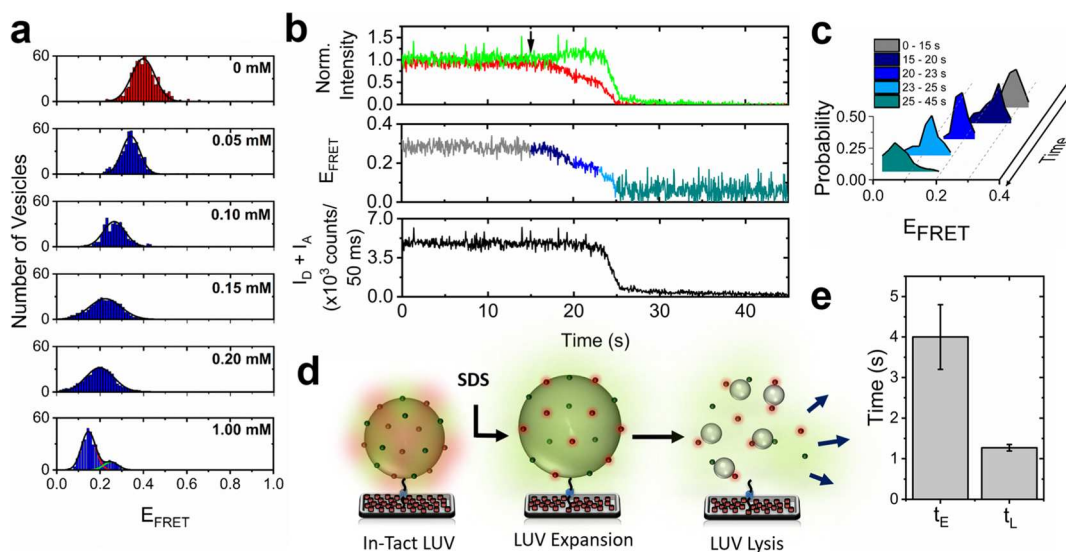
time-dependent increase in DiI emission took place immediately after injection of SDS followed bi-exponential kinetics, where the amplitude weighted average time constant progressively decreased from  $28.2 \pm 7.6$  s in the presence of 1 mM SDS to  $4.51 \pm 0.48$  s at 4 mM (Figure S5 and Table S1). Taken together, these data suggest that the addition of SDS at concentrations approaching the cmc ( $\sim 8$  mM<sup>25</sup>) introduces structural changes in the vesicle architecture, composition, or both, which results in a  $\sim 47\%$  increase in the average spatial separation distance between the fluorophores.

Having established ensemble FRET as an optical sensor of changes in the dye separation distance as a function of SDS, DLS was next used to probe the hydrodynamic radii of LUVs in detergent-rich solutions. The high sensitivity of DLS to the diffusion of nanomolar concentrations of vesicles makes it an attractive technique for accessing structural characteristics along the solubilization pathway.<sup>26,27</sup> Here, the autocorrelation function obtained from the intensity of light scattered by the LUVs yields their translational diffusion coefficient which can be used to extrapolate their hydrodynamic radius ( $r_H$ ) via the Stokes–Einstein equation. In the absence of SDS, the ensemble vesicle population after extrusion displayed a polydisperse lognormal size distribution with a peak hydrodynamic radius,  $r_H$ , of  $97 \pm 6$  nm (Figure 1c). However, the peak  $r_H$  associated with the LUVs in the presence of 1 mM SDS was found to increase by 25%, and the full width at half-maximum (fwhm) of the distribution broadened two-fold. At higher SDS concentrations, a progressive decrease in peak  $r_H$  toward several nanometers was observed, which we attributed to the formation of micelles. The increase in peak  $r_H$  observed at relatively low SDS concentrations points toward an increase in the mean LUV surface area prior to micellization and was assigned to LUV swelling, fusion, or the combination of both in solution. As recently demonstrated by molecular dynamics simulations,<sup>28</sup> the high membrane curvature associated with LUVs regulates recruitment and may in this case facilitate the incorporation of SDS monomers into the bilayer, even at concentrations lower than the cmc.

To rule out the possibility of fusion and investigate each step of the solubilization process in more detail, LUVs containing a low percentage of Biotin-PE were immobilized onto an avidin-coated surface and imaged by liquid-based AFM in the absence and presence of SDS. As shown in Figure S6, biotinylated vesicles were tethered to avidin which was in turn coupled to biotinylated BSA adsorbed onto a glass substrate. In the absence of SDS, the LUVs appeared spherical in nature (Figure

2a) with a mean caliper diameter, defined as the average LUV width at half-maximum of approximately  $44 \pm 1$  nm ( $\pm$ SEM,  $N = 50$ ) (Figure 2b). In the presence of low concentrations of SDS, namely 0.1 and 0.5 mM SDS, the mean caliper diameters were found to be  $51 \pm 2$  nm ( $N = 50$ ) and  $57 \pm 2$  nm ( $N = 50$ ), corresponding to a size increase of  $16.1 \pm 0.5$  and  $28.3 \pm 0.9\%$ , respectively (Figure 2b). We note that low SDS concentrations were chosen here to facilitate exploration of vesicle conformational changes without solubilizing and removing them from the surface. In turn, these data suggest an interaction between SDS and the vesicles that leads to LUV expansion. We note that the measured LUV heights ranged from approximately 18–30 nm, similar to those previously reported for extracellular vesicles of a comparable size. The observed reduction in the LUV height relative to the diameter measured by DLS was assigned to elastic deformation of the structures induced by mechanical indentation exerted by the AFM tip as previously reported.<sup>29–32</sup> Here, elastic deformation occurs at the onset of interaction, and a tip indentation of  $\sim 10$  nm is typical with an applied force of  $\sim 2$  nN, comparable to those used in this work. Nevertheless, the measurable expansion of mean caliper diameters in the presence of SDS points toward a mechanism of interaction involving a substantial LUV structural change that precedes complete solubilization.

To investigate this observation further and to extract the kinetic rates of the swelling event, single immobilized vesicles were imaged via objective-based TIRF microscopy and the  $E_{\text{FRET}}$  response recorded with a time-resolution of 50 ms as SDS was flushed across the sample. To ensure fluorescence signals originated from single DiI and DiD-labeled LUVs, varying concentrations of vesicles were added to the substrate, resulting in a corresponding change in the number of fluorescent foci per field-of-view (Figure S7). To optimize the experimental conditions necessary for minimizing photobleaching, fluorescence emission from single LUVs in the absence of SDS was first recorded as a function of excitation intensity. Here, DiI and DiD-labeled LUVs were imaged using 532 nm excitation powers of 5 mW, 1 mW, and 16  $\mu$ W, as measured at the back aperture of the TIRF objective lens. When the excitation power was 5 mW, the fluorescence trajectories displayed a biexponential behavior ( $\chi^2 = 0.97$ ) with decay time constants of  $1.6 \pm 0.1$  and  $10.8 \pm 0.6$  s, respectively (Figure S8). At 1 mW, the fluorescence decays were dominated by longer-lived components, and an average decay time of  $23.7 \pm 0.3$  s was observed. At 16  $\mu$ W, however, the trajectories were photostable across the duration of the



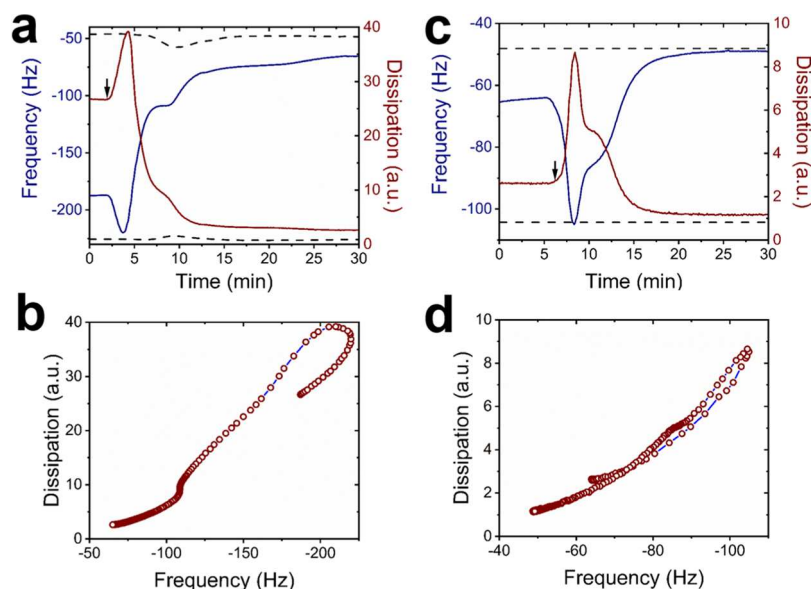
**Figure 3.** Real-time visualization of solubilization kinetics by svFRET. (a)  $E_{\text{FRET}}$  histograms obtained from immobilized LUVs after incubation with SDS at concentrations of 0 mM ( $N = 631$ ), 0.05 mM ( $N = 438$ ), 0.1 mM ( $N = 339$ ), 0.15 mM ( $N = 400$ ), 0.2 mM ( $N = 432$ ), and 1 mM ( $N = 351$ ). Solid lines represent Gaussian fits to the data. (b) Normalized variation in the fluorescence emission of DiI (green) and DiD (red) (top panel); the corresponding variation in FRET efficiency obtained before (grey) (<15 s) and after (>15 s) injection of 10 mM SDS (middle panel) and the corresponding sum of DiI and DiD fluorescence intensities (black) (lower panel) obtained from a single LUV. DiI and DiD emission intensities are reported as accumulated counts from the pixels in a region of interest representing a single LUV. The black arrow indicates the time point at which SDS was injected. (c) Corresponding relative FRET state occupancies observed over the 45 s measurement window. (d) Schematic illustration of the solubilization process. Injection of SDS leads to an initial LUV expansion event that precedes lysis. (e) Comparative bar plot summarizing the relative variation in  $t_E$  and  $t_L$  obtained after injection of 10 mM SDS. Error bars indicate the standard error of the mean ( $N = 30$ ).

measurement time window (Figure S8). Having established that an excitation intensity of  $16 \mu\text{W}$  was necessary for long-term photostability, LUV perturbation induced by SDS was then detected through changes in the apparent FRET efficiency. Conformational changes were first determined by fitting Gaussian distributions to histograms of the mean svFRET efficiencies obtained from >300 LUVs and monitoring the peak position as a function of SDS concentration (Figure 3a, Table S2). The  $E_{\text{FRET}}$  histogram for LUVs in the absence of SDS showed a single Gaussian peak at  $0.39 \pm 0.01$  (fwhm = 0.10), characteristic of an intact LUV in which the average fluorophore separation is  $5.7 \pm 1.5$  nm. After incubation of the immobilized LUVs with SDS concentrations similar to those used in the AFM work, a progressive decrease in the peak position toward  $0.19 \pm 0.06$  (fwhm = 0.15) at 0.20 mM SDS was observed, indicating an 18% increase in the mean interdy distance. In the presence of 1 mM SDS, a doublet distribution, reflecting heterogeneity in the immobilized LUVs, assigned to partial lysis was observed, with the main peak position shifting further to  $0.14 \pm 0.02$  and corresponding to an overall 26% increase in dye separation. Taken together, the overall reduction in the svFRET signal, concurrent with an increase in the DiI–DiD separation distance, agrees well the ensemble FRET measurements and AFM data.

Next, to extract the kinetic details of the interaction, fluorescence emission trajectories obtained from single LUVs were recorded over time as SDS was injected into a flow-cell containing pre-immobilized LUVs. In the absence of SDS, emission trajectories obtained from DiI and DiD were invariant with no variation in the apparent FRET efficiency observed. However, as SDS was injected into the flowcell, deformation of single LUVs was then measured via anticorrelations in the DiI and DiD signals and thus quantifiable changes in the apparent FRET efficiency (Figures

3b and S9). In the absence of SDS,  $E_{\text{FRET}}$  from single vesicles was found to be invariant with a value of  $0.32 \pm 0.01$ . To promote solubilization, 10 mM SDS was injected, and variations in  $E_{\text{FRET}}$  and the total intensity were observed over very different timescales. As can be seen from the representative single vesicle trace shown in Figure 3b, the FRET efficiency progressively decreased to a final value of  $\sim 0.06$  following injection of SDS at 15 s. The corresponding shift in  $E_{\text{FRET}}$  population histograms shows that most of this change occurred within the first 8 s following SDS injection (Figure 3c), pointing toward an initial 18% increase in the average separation between the dyes. Assuming spherical vesicles, this increase scales directly with the vesicle radius and thus agrees well with the swelling observed by AFM. Within this time window, the total intensity associated with each vesicle remained invariant; however, at longer timescales (>23 s)  $E_{\text{FRET}}$  remained constant at a lower value of 0.06, whereas the total intensity decreased rapidly to only a few percent of its initial value.

As we previously reported,<sup>22</sup> the different timescales and responses of both signals indicate that they represent different perturbations of the vesicle structure. First, the initial reduction in  $E_{\text{FRET}}$  with a largely unchanged total intensity indicates expansion of the LUV with little-to-no lipid loss, and second, a rapid decrease in the total intensity while  $E_{\text{FRET}}$  remains invariant suggests a fast lysis step corresponding to release of lipids into solution (Figure 3d). The  $E_{\text{FRET}}$  plateau observed at  $\sim 25$  s when lipids are lost to solution represents an interdy distance of  $8.4 \pm 1.4$  nm. The cross-sectional profiles of the Airy disk point spread functions associated with the immobilized vesicles were found to be Gaussian distributed above background before and after injection of SDS, suggesting that the low  $E_{\text{FRET}}$  signals at the plateau stage arise from resultant micelles (Figure S10). Under these conditions, LUV



**Figure 4.** SDS induced vesicle solubilization monitored by QCM-D. (a) Representative variation in frequency (blue) and dissipation (red) of the 7th overtone associated with surface immobilized LUVs in the presence of (a) 0.6 mM SDS and (c) 0.9 mM SDS. The dashed lines represent data collected from a control sensor pretreated with biotinylated BSA and avidin but lacking LUVs. The arrows indicate the start point of the solubilization process for each condition. The corresponding frequency vs dissipation plots observed during the interaction between surface-immobilized vesicles and (b) 0.6 mM SDS and (d) 0.9 mM SDS are also shown.

expansion was found to occur with a half-life,  $t_E$ , of  $4.0 \pm 0.8$  s, followed by a faster lysis event with a half-life ( $T_L$ ) of  $1.3 \pm 0.1$  s (Figure 3e). Because the expansion event reflects the initial interaction between SDS and the LUV,  $t_E$  can also be interpreted as the association and diffusion rate of SDS into the membrane. It is worth noting that the vesicle population, even after extrusion, exhibited a degree of polydispersity. As such, the FRET histograms (Figure 3a) and solubilization kinetics (Figure 3e) are likely observed from surface-immobilized vesicles that vary in overall size.<sup>33,34</sup> Given that the total integrated intensity of the labeled vesicles can be related to the particle size,<sup>35</sup> which may hold promise for evaluating the effect of the vesicle size on the SDS-induced solubilization pathway without the need for multiple extrusions, we approximated the size distribution from  $N = 40$  randomly selected vesicles and found a mean diameter of  $198 \pm 11$  nm (standard deviation = 68 nm), which is comparable to the distribution observed by DLS (Figure 1c, top panel).

The detection of a multistep solubilization mechanism in LUVs agrees well with optical microscopy and phase contrast measurements reported for giant unilamellar vesicles composed of 1-palmitoyl-2-oleoyl-glycero-3-phosphocholine (POPC) and DMPC lipids and with diameters  $> 1 \mu\text{m}$ .<sup>20,21</sup> These experiments demonstrated that injection of SDS around the cmc causes a change in the spontaneous curvature over the first several seconds, attributed to the homogeneous incorporation of SDS into the outer layer, which precedes membrane fracturing, the opening of transient nanopores, and the ejection of mixed micelles. With increasing GUV size, the local density of SDS incorporation was found to differ across the membrane resulting in local instabilities. However, the microscopy techniques used in these studies only provide access to a cross section of the GUVs and thus quantification of conformational changes across the entire three-dimensional volume is nontrivial. Nevertheless, the diffraction-limited LUVs and GUVs displayed common solubilization characteristics: comparable concentration requirements to achieve

complete solubilization and conformational changes to the vesicle that precedes a lysis step where micelles are released to the solution. Fluorescence microscopy experiments performed on POPC GUVs ( $10\text{--}20 \mu\text{m}$ ) in the presence of the nonionic detergent Triton X-100 (TX-100) at the cmc also showed an increase in the surface area, attributed to the rapid insertion of TX-100 into the bilayer, prior to a gradual lysis step.<sup>20,36</sup> Furthermore, when we applied the svFRET technique to explore the effect of TX-100 on LUVs composed of POPC and 1-palmitoyl-2-oleoyl-*sn*-glycero-3-phospho-L-serine (POPS), the timescales associated with the expansion and lysis steps were found to be  $\sim 5$  and  $\sim 40$  s, respectively.<sup>22</sup> Though a side-by-side comparison of the TX-100 and current SDS data is nontrivial because of differences in the vesicle composition and surfactant concentration, it is noteworthy that a similar expansion timescale was observed in the current work with SDS, while the lysis rate was an order of magnitude faster, consistent with previous studies investigating the interaction between anionic and nonionic detergents and single cells.<sup>37</sup> Taken together, the svFRET studies on submicron and highly curved LUVs are complementary to phase-contrast, fluorescence, and conventional optical microscopy experiments performed on GUVs, and both are consistent with a common general mechanism of detergent-induced membrane solubilization where a vesicle expansion event precedes lipid loss. Because SDS has a negatively charged sulphate group in the headgroup, which is known to exhibit a low flip-flop rate across the bilayer, contrary to Triton-X 100, which is nonionic and easily equilibrates across the two leaflets, the observed expansion process likely takes place via different means. In the case of TX-100, we speculate that expansion arises because of the equilibration of detergent molecules across both leaflets that results in lipid partitioning and an increase in the LUV surface area.<sup>38</sup> However, in the case of SDS, detergent molecules incorporate into the external leaflet and cannot quickly equilibrate across the bilayer. In this case, we speculate that the binding of SDS to the outer monolayer results in an

initial nondestructive interaction whereby the vesicle exterior is detergent-rich and substantially differs in mass relative to the inner monolayer. Because the SDS monomer exhibits a highly positive spontaneous curvature, unlike the lipids which have approximately zero spontaneous curvature, the outer monolayer is thus likely to contain curvophilic SDS monomers interacting with locally flat regions of the bilayer. The curvophilic nature of the detergent then perturbs the local bilayer structure via bilayer bending,<sup>38,39</sup> and this altered shape is accompanied by a curvature-dependent separation of lipids, which results in vesicle perturbation. When subsequent accumulation of SDS monomers on the outer monolayer then occurs, facilitating an outward bending of the membrane, local invaginations may then occur, enabling mixed-detergent lipid micelles to form. This in turn may promote fragmentation within the intact vesicle prior to their detachment into solution.<sup>39,40</sup> However, we cannot rule out the opening of transient pores across the vesicle bilayer, which may facilitate SDS flip-flop and the further perturbation of the interior via a similar process.

The ensemble FRET, DLS, AFM, and svFRET data discussed so far afforded access to new structural and kinetic insights into the mechanism underpinning SDS-induced LUV solubilization. However, in order to quantify the extent of mass transfer at each stage, a complementary label-free QCM-D monitoring approach was employed. QCM-D has emerged as a powerful tool for monitoring vesicle deposition on solid surfaces, the formation of lipid bilayers, vesicle fusion, and protein-induced pore formation on supported lipid bilayers,<sup>41–44</sup> but its utility in the context of probing detergent–LUV interactions has remained underexplored. Here, LUVs incorporating 1 mol % Biotin-PE were immobilized onto a QCM-D sensor using an identical immobilization strategy (Figure S11). Interactions between the immobilized LUVs and SDS were then monitored via real-time changes in the oscillation frequency and dissipation, reflecting the mass and viscoelasticity of the immobilized vesicles, respectively. As a solution of 0.6 mM SDS was flushed across the sensor surface, anticorrelative changes in both the frequency and dissipation traces were observed (Figure 4a), corresponding to mass gain at the sensor surface which we attributed to the initial deposition of SDS molecules onto the LUVs. This was followed by a nondestructive interaction that leads to a broad conformational change in intact vesicles. A considerable mass loss of ~70% was then observed via an increase in resonance frequency, consistent with immobilized materials being released to the solution (Figure 4b). We note that as the intact vesicles are highly viscoelastic (shown by the magnitude of the dissipation), the change in mass calculated using the Sauerbrey equation should be considered an estimate. The initial increase in energy dissipation observed as SDS entered the sensor surface relates to an increase in the surface viscoelasticity and LUV conformational changes arising from the deposition of SDS molecules. Following SDS deposition, the energy dissipation decreased substantially and closely matched that obtained from a control sensor lacking LUVs, indicating a decrease in viscoelasticity and loss of the LUV surface material (Figure 4a). When a higher concentration (0.9 mM) was then flushed across the sensor, similar datasets were obtained (Figure 4c,d) pointing toward a mechanism through which mass is taken up by the LUVs prior to a conformational change and, at longer times, mass loss. Control experiments performed simultaneously indicated

little interaction between a biotinylated-BSA–avidin-coated sensor surface and SDS under the conditions tested, as indicated by minimal changes to the frequency and dissipation response after SDS injection across the sensors (Figure 4a,c). Taken together, this data set also supports a mechanism through which SDS accumulation on the highly curved LUV surface precedes an expansion of the vesicle that in turn precedes a lysis event. We note that while SDS may in addition promote membrane content leakage through pore formation,<sup>45</sup> this model is similar to that proposed for the nonionic detergent TX-100 operating on LUVs of comparable size<sup>22</sup> and supports a general mechanism of detergent-induced vesicle solubilization.

## CONCLUSIONS

We have directly observed the solubilization of highly curved LUVs in response to SDS using the combination of multiple advanced spectroscopic techniques. The collective data unambiguously separates each step of the SDS-induced solubilization pathway and through the implementation of svFRET, kinetic parameters were assigned to each process without interference from vesicle fusion. We report the mechanism of SDS membrane solubilization as a sequence of events, whereby SDS deposition onto the LUV bilayer triggers expansion of intact LUVs that in turn precedes lipid loss. Exploring the organizational structure and real-time dynamics of controllable vesicles is especially appealing across the life sciences, not only because they are commonly used for a wide variety of biotechnological applications but also because critical trafficking pathways rely on the formation of highly curved LUVs.<sup>46,47</sup> We expect the presented approaches to be used for affording new access to previously intractable interactions between small-molecule membrane disruptors and LUVs of varying size, to evaluate the role of the lipid composition and phase on the solubilization pathway and to explore the interactions between a wide range of molecules that target, cross, and disrupt the lipid membrane, such as those with important biomedical significance. We also anticipate that this work may lead to the quantification of the molecular mobility of membrane-integrated proteins relative to lipids observed in living cell systems.<sup>48</sup> Importantly, the observation of biphasic kinetics also has exciting implications for the adaptation and fine-tuning of detergent-based solubilization protocols.

## ASSOCIATED CONTENT

### Supporting Information

The Supporting Information is available free of charge at <https://pubs.acs.org/doi/10.1021/acs.langmuir.0c01810>.

Schematic representation of LUVs; Semi-log plot of LUV hydrodynamic radius as a function of scattering intensity; LUV stability monitored by DLS and steady-state FRET spectroscopy; SDS-induced solubilization of DMPC vesicles as a function of temperature and size reported by ensemble FRET spectroscopy; ensemble kinetics of SDS solubilization; pre-exponential factors, time constants, and fitting errors; schematic illustration of the immobilization scheme; representative TIRF images; representative normalized fluorescence trajectories; fitting parameters and errors; representative cross-sectional profiles; and real-time LUV immobilization monitored by QCM-D (PDF)

## AUTHOR INFORMATION

### Corresponding Author

Steven D. Quinn – Department of Physics and York Biomedical Research Institute, University of York, York YO10 SDD, U.K.; [orcid.org/0000-0003-3442-4103](https://orcid.org/0000-0003-3442-4103); Email: [steven.quinn@york.ac.uk](mailto:steven.quinn@york.ac.uk)

### Authors

José Juan-Colás – Department of Electronic Engineering, University of York, York YO10 SDD, U.K.; [orcid.org/0000-0002-1031-915X](https://orcid.org/0000-0002-1031-915X)

Lara Dresser – Department of Physics, University of York, York YO10 SDD, U.K.

Katie Morris – Department of Physics, University of York, York YO10 SDD, U.K.

Hugo Lagadou – Department of Physics, University of York, York YO10 SDD, U.K.

Rebecca H. Ward – Department of Physics, University of York, York YO10 SDD, U.K.

Amy Burns – Department of Physics, University of York, York YO10 SDD, U.K.

Steve Tear – Department of Physics, University of York, York YO10 SDD, U.K.

Steven Johnson – Department of Electronic Engineering and York Biomedical Research Institute, University of York, York YO10 SDD, U.K.

Mark C. Leake – Department of Physics, Department of Biology, and York Biomedical Research Institute, University of York, York YO10 SDD, U.K.

Complete contact information is available at:

<https://pubs.acs.org/10.1021/acs.langmuir.0c01810>

### Notes

The authors declare no competing financial interest.

## ACKNOWLEDGMENTS

We thank Dr. Daniella Barillá (University of York, UK) for use of the DLS instrumentation and the Bioscience Technology Facility (University of York, UK) for use of the Fluoromax 4. The AFM work was carried out in the York JEOL Nanocentre at the University of York. We also thank the EPSRC (EP/P030017/1), BBSRC (BB/R001235/1), and Alzheimer's Research UK (ARUK-RF2019A-001) for support.

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