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# An Analysis Framework for Inter-User Interference in IEEE 802.15.6 Body Sensor Networks: A Stochastic Geometry Approach

Wen Sun, Yu Ge, Zhiqiang Zhang\*, and Wai-Choong Wong

Abstract—Inter-user interference occurs when multiple body sensor networks (BSNs) are transmitting simultaneously in close proximity to each other. Interference analysis in BSNs is challenging due to the hybrid medium access control (MAC) and the specific channel characteristics of BSNs. This paper presents a stochastic geometry analysis framework for inter-user interference in IEEE 802.15.6 BSNs. An extended Matern point process is proposed to model the complex spatial distribution of the interfering BSNs caused by the hybrid MAC defined in IEEE 802.15.6. We employ stochastic geometry approach to evaluate the performance of BSNs, considering the specific channel characteristics of BSNs in the vicinity of human body. Performance metrics are derived in terms of outage probability and spatial throughput in the presence of inter-user interference. We conduct performance evaluation through extensive simulations and show that the simulation results fit well with the analytic results. Insights are provided on the determination of the interference detection range, the BSN density, and the design of MAC for BSNs.

*Index Terms*—inter-user interference, body sensor networks, stochastic geometry, medium access control.

# I. INTRODUCTION

Advances in wireless communication technologies and recent development in the miniaturized computing devices have empowered the implementation of body sensor networks (B-SNs). A BSN comprises multiple sensor nodes and a coordinator worn on a human body. Sensor nodes continuously monitor the physiological information of the human body and deliver it through the coordinator to the backbone network for further processing [1]–[3]. The IEEE 802.15.6 Working Group was formed to develop a dedicated wireless standard for BSNs [4].

Inter-user interference is incurred by simultaneous transmissions in multiple BSNs in the vicinity, which tremendously deteriorates reliable communication in BSNs. Natarajan et al. [5] highlighted the existence of the inter-user interference, and found that such interference reduces packet delivery rate by

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W.C. Wong is with the Department of Electrical and Computer Engineering, National University of Singapore, Singapore 117576 (e-mail: idmwwcl@nus.edu.sg). 35% in the presence of eight or more interfering BSNs. In our previous work [6], we found that only 68.5% of data transmission meets the reliability requirement even in the offpeak period in a realistic BSN deployment case in hospital. Interference analysis in BSNs is beneficial for interference mitigation and network management. The interference at the intended receiver is determined by a number of stochastic processes including the random spatial distribution of interferers. Typically, multiple topologies of interferers are assumed for the interference analysis, e.g., hexagonal lattice and regular lattice [7], [8]. However, for BSNs, it is impossible to assume typical topologies as BSN users usually move around without mobility constraints.

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To this end, stochastic geometry has attracted extensive attentions to solve this problem as it provides a natural way of modeling the interferer placement, by averaging over all potential geometrical realizations for the interferers [9]. It typically assumes interferers are placed according to a certain probability distribution, e.g. a Poisson point process. There are two important factors in stochastic geometry, i.e., medium access control (MAC) and channel model. MAC affects the stochastic geometry analysis by determining the spatial distribution of the concurrently transmitting nodes, which are the effective interferers. Thus far, there are extensive research works on the effect of MAC on stochastic geometry analysis. For example, Baccelli et al. [10] analyzed an Aloha-based MAC mechanism for mobile wireless networks using stochastic geometry where BSNs may transmit densely and simultaneously in the same vicinity. Nguyen et al. [11] modeled the interferences under carrier sense multiple access with collision avoidance (CSMA/CA) in dense IEEE 802.11 networks using a Matern point process, which ensures the distance between any two selected nodes is greater than a carrier sense range. Tong et al. [12] proposed an extended Matern point process to model IEEE 802.11p for vehicular ad hoc networks where the backoff counter takes discrete and non-uniform distribution within the backoff window. However, the Matern point process presents several flaws regarding the modeling of transmitters in a CSMA/CA network, as it cannot estimate the CSMA/CA networks in certain situations [13]. Busson et al. [13] discussed another point process, the simple sequential inhibition point process, as being a valuable and more appropriate model for CSMA/CA networks. Besides MAC protocols, channel characteristic is another significant factor in stochastic geometry. It affects the received power of both signal and interference at the receiver side. Due to the blockage and absorption

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of human body, signals transmitting over a BSN typically experience more severe attenuation as compared with that without the presence of a human body [14]. Michalopoulou et al. [15] investigated the effects of human body on signal transmission and derived performance metrics in the closedform expressions. Kim et al. [16] analyzed and compared the effects of passerby movement types, in both outdoor and indoor environments, to capture the effects of user motions such as walking and running. Rician distribution is found as a good fit for channel model in the on-body transmission in a BSN.

However, the existing stochastic geometry analysis works cannot be applied to BSNs directly due to the following reasons: (1) BSNs typically employ the hybrid IEEE 802.15.6 MAC, which would lead to more complex geometrical distribution of the interferers (when compared to a traditional wireless network with a single-structure MAC protocol) due to the coexistence of contention-based and contention-free nodes. (2) Due to the presence of human body, the desired link in a BSN user follows a different channel model from that of the interference link, i.e., transmissions between interfering BSNs. To the best of our knowledge, there is no existing works on the interference analysis considering the effects of hybrid MAC and the specific channel characteristic of BSNs.

In this paper, we present a stochastic geometry analysis framework of inter-user interference in IEEE 802.15.6 BSNs. The main contributions of this paper are as follows.

- Firstly, we propose a stochastic geometry model to analyze the effects of IEEE 802.15.6 MAC on the spatial distribution of the interfering BSNs. Compared to the existing stochastic geometry analysis [9], [17]–[19], we relax the assumptions that each node in the network follows the same MAC operation mode at a given time. In our study, although all the BSNs employ the hybrid MAC structure defined in IEEE 802.15.6, a specific BSN may operate at either contention-based or contention-free state at a given time in the absence of global synchronization. We analyze the effects of IEEE 802.15.6 MAC using an extended Matern point process.
- Secondly, we analyze the inter-user interference considering the specific channel characteristics of BSNs. We derive outage probability and spatial throughput of BSNs, under the assumption that Rician fading channel model is adopted for on-body communication (intended signal transmission) and Rayleigh fading is explored for interbody communication, i.e., interference.
- Thirdly, we conduct extensive performance evaluation through simulations and validate the theoretical analysis. Based on the analysis, the interference detection range is optimized to achieve the maximum spatial throughput while the reliable transmission requirement is met. Moreover, our study provides insights on the design of MAC for BSNs depending on the specific BSN applications.

The remainder of this paper is organized as follows. Section II describes the network model. Section III characterizes the inter-user interference in BSNs using stochastic geometry. In Section IV, we validate the theoretical works using simulations, and provide implications on the detection range, BSN density and MAC design. Finally, Section V concludes the paper.

## **II. NETWORK MODEL**

Fig. 1 illustrates the common architecture of BSNs. In a BSN, there is a single coordinator and multiple sensor nodes. BSN transmission is a two-tier communication, i.e., consisting of intra-BSN communication and inter-BSN communication. Intra-BSN communication is between the sensor nodes (including the coordinator) within a BSN, while inter-BSN communication is between the BSN and the remote server. In particular, the physiological information collected by sensor nodes is first delivered to a coordinator within a BSN, which is referred to as intra-BSN communication. After that, the coordinator then forwards the information to the local or remote server for further processing, which is referred to as inter-BSN communication.

When BSNs move into the interference range of each other and transmit simultaneously, inter-user interference occurs. In other words, inter-user interference is the interference experienced by the intra-BSN communication of the current BSN from the intra-BSN communication of other BSNs in the same vicinity. As intra-BSN communication is between sensor nodes and the coordinator in a BSN, the source of the inter-user interference on the current BSN may be the transmission of either the coordinator or a sensor node of another BSN in the vicinity. As the intra-BSN communication is typically coordinated by IEEE 802.15.6 MAC (see Subsection II-A), only a node transmits at a time. Thus an intra-BSN communication will not be interfered by the intra-BSN communication within the same BSN according to IEEE 802.15.6 MAC. For notational simplicity, in the rest of this paper, when we say a BSN transmits, it means that there is an on-going intra-BSN communication within the current BSN. The inter-BSN communication leverages on WLAN or cellular networks, which is different from that of the intra-BSN communication.



Fig. 1. The common architecture of BSNs. In a BSN, sensor nodes send the sensor data to the cloud through the coordinator in a BSN. When multiple BSNs, i.e., BSN1, BSN2, and BSN n, are within the interference range of each other, inter-user interference occurs.

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## A. IEEE 802.15.6 MAC Protocol

The IEEE 802.15.6 standard is specified to coordinate the intra-BSN communication [20]. We consider the beacon mode with superframes in this study. Fig. 2 shows the superframe structure. In IEEE 802.15.6, the entire channel is divided into superframe structures, which contains an active period and an inactive period. Each superframe is bounded by a beacon period of equal length. The active period is further divided into exclusive access phase 1 (EAP1), random access phase 1 (RAP1), managed access phase (MAP), exclusive access phase 2 (EAP2), random access phase 2 (RAP2), another managed access phase (MAP), and contention access phase (CAP)-in the order stated and shown above. At the beginning of the active period, the coordinator of a BSN synchronizes its sensor nodes by broadcasting a beacon packet. The beacon packet contains schedule information of the BSN. According to the beacon information, a sensor node that wishes to communicate during the EAP, RAP and CAP competes with other nodes using either a CSMA/CA or a slotted Aloha mechanism. The EAP1 and EAP2 are used for highest priority traffic such as reporting emergency events. The RAP1, RAP2, and CAP are used for regular traffic only. The Type I/II phases are used for uplink allocation intervals, downlink allocation intervals, bilink allocation intervals, and delay bi-link allocation intervals. In Type I/II phases, polling is used for resource allocation. In the MAP, nodes transmit in a contention-free mode in their allocated slots without competition. Sensor nodes are in sleep mode in the inactive period to save energy. The length of each time fraction, such as the RAP, MAP, CAP, EAP, etc. is determined by the parameters of the IEEE 802.15.6 MAC. The parameters could be adjusted according to the specific applications. The coordinator selects the boundaries of the superframe and thereby selects the allocation slots. The beacons are transmitted in every superframe. A sensor node could send information using either contention-based or contention-free scheme depending on the traffic type. As a BSN may have low channel utilization, duty cycle is defined to denote the percentage of the active period in a superframe.

Typically, the hybrid MAC defined in the IEEE 802.15.6 standard comprises two categories of MAC protocols:

- Contention-free access mechanism: e.g. unscheduled access, or scheduled access and variants, where a BSN transmits whenever there is a packet to be transmitted. In a MAP, nodes transmit using contention-free scheme.
- Contention-based access mechanism: e.g. CSMA/CA,



Fig. 2. IEEE 802.15.6 superframe structure, consisting of beacon transmission (B), exclusive access phase (EAP), random access phase (RAP) and contention access phase (CAP) periods. The EAP1 and EAP2 are used for highest priority traffic such as reporting emergency events. The RAP1, RAP2, and CAP are used for regular traffic only.

where a BSN transmits only if other BSNs within the detection range are detected silent.

Note that a node may have information that needs to be transmitted using contention-based and contention-free traffic at the according time slots. Although the analysis is performed for BSNs using IEEE 802.15.6 in this paper, it can also be applied to other networks where hybrid MAC mechanisms are employed, such as IEEE 802.15.4.

#### B. Channel Model

In a wireless channel, the signal experiences path-loss and fading before arriving at the intended receiver. The received signal strength  $\Omega(d)$  is given by

$$\Omega\left(d\right) = G \cdot \Omega_0 \cdot h \cdot d^{-\alpha},\tag{1}$$

where G is a constant accounting for system loss,  $\Omega_0$  is the transmission power, h represents the fast fading factor, d is the distance between the transmitter and receiver, and  $\alpha$  is the path-loss exponent.

Due to the blockage and absorbtion of human bodies, wireless signals are usually attenuated according to different channel models for on-body and inter-body communications. In particular, the path-loss exponent over on-body channels  $\alpha_o$  is higher than that over the inter-body channels  $\alpha_I$ , i.e.,  $2 < \alpha_I < \alpha_o$  [14]. Rayleigh fading has been widely used in indoor environments, and thus is employed for inter-body channel model in this paper. For on-body channel, the fast fading of on-body channel model fits well with a Rician distribution [16].

The notations and symbols involved in this paper are summarized in Table I.

#### **III. INTERFERENCE CHARACTERIZATION**

In this section, we first describe the spatial distribution of the interfering BSNs, and then propose an extended Matern point process to model it. After that, we derive the outage probability and spatial throughput of BSNs in the presence of inter-user interference.

## A. Spatial distribution of the interfering BSNs

We assume that BSNs are distributed uniformly and independently in the BSN deployment area according to a homogeneous Poisson point process (with the intensity of  $\lambda_0$ ). Denote the set of BSN locations as  $\Phi_0 = \{X_1, X_2, ..., X_k, ...\}$ . The BSNs which intend to transmit at a given time can be divided into two categories:

•  $\Phi_1$ : the BSNs which intend to transmit under contentionfree scheme.  $\Phi_1$  also follows a Poisson point process with the intensity of

$$\lambda_1 = w_1 \eta \lambda_0, \tag{2}$$

where  $0 \le w_1 \le 1$  is the ratio of contention-free traffic in a superframe and  $\eta$  is the duty cycle of a BSN. A duty cycle is the percentage of one period in which a signal is active. •  $\Phi_2$ : the BSNs which intend to transmit under contentionbased scheme. Similarly,  $\Phi_2$  follows a Poisson point process with the intensity of

$$\lambda_2 = w_2 \eta \lambda_0, \tag{3}$$

where  $w_2 = 1 - w_1$ .

We have

$$\Phi_0 = \Phi_1 \cup \Phi_2. \tag{4}$$

**Definition 1** (Interfering BSNs). The interfering BSNs  $\Phi$  are defined as the BSNs which are transmitting effectively and simultaneously at a given time in the same channel, and hence, they may incur interference to one another.

For the contention-free scheme, the set of interfering B-SNs is exactly  $\Phi_1$ . For the contention-based scheme, a BSN transmits only when other BSNs, either contention-based or contention-free based, are detected silent within the carrier sense range. Denote  $\Phi_m$  as the set of interfering BSNs under contention-based scheme. We have

$$\Phi = \Phi_1 \cup \Phi_m. \tag{5}$$

$$\Phi_1 \cap \Phi_m = \emptyset. \tag{6}$$

Fig. 3 shows an example of transmission status of B-SNs in the BSN deployment area. In this scenario, BSN2 and BSN4 may hold-on or back-off their transmissions due to the detection of the transmissions of BSN1 and BSN3 respectively, while BSNs under contention-free mode, e.g., BSN3 and BSN5, are able to transmit directly although they are close to each other. Thus without notating the location

TABLE I THE NOTATIONS OF THE SELECTED TERMS.

Notation	Description
$\Phi_0$	The set of BSNs which actually deployed in
	application area with intensity of $\lambda_0$
$\Phi_1$	The set of BSNs which intend to transmit under
	contention-free scheme with intensity of $\lambda_1$
$\Phi_2$	The set of BSNs which intend to transmit under
	contention-based scheme with intensity of $\lambda_2$
$\Phi_{_m}$	The set of BSNs in modified Matern point process
	with intensity of $\lambda_m$
Φ	The set of the interfering BSNs with intensity of $\lambda$
h	Rayleigh fading factor
$\Omega_0$	Transmit power
$\alpha_{o}, \alpha_{I}$	On-body, inter-body path loss exponent ( $\alpha_I < \alpha_O$ )
r	The distance between coordinator and sensor node
R	Interference detection range
и	The distance between two BSNs
$B(X_i, R)$	The observation area at $X_i$ with radium R
β	The acceptable SINR threshold
μ	The parameter of Rayleigh fading
η	The duty cycle of a BSN

of the BSNs, we have the contention-free interfering BSN set  $\Phi_1 = \{BSN3, BSN5, BSN6\}$ , contention-base interfering BSN set  $\Phi_m = \{BSN1\}$ , and the total interfering BSN set  $\Phi = \{BSN1, BSN3, BSN5, BSN6\}$ . To model  $\Phi_m$  in a general case, we propose an extended Matern point process, described in the next subsection.

# B. Extended Matern point process

As aforementioned, Matern point process models the spatial distribution of nodes using CSMA/CA. It is a non-independent thinning of the Poisson point process such that the distance between any two nodes in the Matern thinning is larger than a carrier sense range of R. The node set selected in the Matern point process represents the nodes which effectively transmit using CSMA/CA at a given time, while the original Poisson point process represents the potential node distribution. This is accomplished by a hardcore process in Matern point process. In particular, each point of the original set is attributed an independent mark which is uniformly distributed in the interval [0,1]. A point x of the original set is selected in the Matern thinning if its mark is smaller than that of any other point of the original set within a range of R around x. The hardcore process of Matern point process simulates the back-off mechanism in CSMA/CA, where only the nodes with the shortest back-off time within R are allowed to transmit. The classic Matern point process cannot be applied directly in the interference analysis in BSNs as contention-free nodes are included in this case.

In this paper, we propose an *extended Matern point process* to represent the spatial distribution of the interfering BSNs under contention-based scheme in the presence of inter-user interference. Let  $\Phi_m = \{X_1, X_2, ..., X_M\}$  be the set of BSNs which are chosen for the extended Matern point process.  $\Phi_m$  is also an non-independent thinning of the original Poisson point process  $\Phi_2$ . It differs from the classic Matern process as the selection of points in  $\Phi_m$  does not only depend on the contention-free

- ▲ shows a contention-based interfering BSN.
- $\triangle$  shows a BSN which tries to transmit using contentionbased scheme but backoff due to busy medium.
- shows a contention-free interfering BSN.



Fig. 3. Example of BSN transmission status in a BSN application area. It is a snapshot of the transmission status of BSNs in the current time.

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set  $\Phi_1$ . This captures the fact that BSN  $X_i$  using contentionbased scheme is allowed to transmit when BSNs from both  $\Phi_1$  and  $\Phi_2$  are detected silent within the open disc  $B(X_i, R)$ centered in  $X_i$  and of radius R. In particular, each point of  $\Phi_2$ is attributed to an independent mark uniformly distributed in the interval [0,1]. A tagged BSN  $X_i$  of  $\Phi_2$  is selected in  $\Phi_m$ when the hardcore assigned to the tagged BSN t is smaller than that of any other point of  $\Phi_2$  in  $B(X_i, R)$  and there is no point of  $\Phi_1$  within  $B(X_i, R)$ .

The following terms are utilized to describe our model:

- *Intensity* is the spatial average of the number of BSNs within a unit area. It is the same as the BSN density.
- *Outage probability* is the probability that SINR of a BSN is less than a threshold. It measures the performance of an individual BSN.
- *Spatial throughput* measures the number of BSNs that transmit simultaneously and successfully within a unit area. It measures the overall performance of BSNs.

# C. The intensity of the interfering BSNs

**Proposition 1** The intensity of the interfering BSNs using contention-based scheme, i.e., the BSN set thinning by the extended Matern point process, is given by

$$\lambda_m = \frac{e^{-\lambda_1 \pi R^2} \cdot \left(1 - e^{-\lambda_2 \pi R^2}\right)}{\pi R^2}, \quad R > 0$$
 (7)

where  $\lambda_1$  and  $\lambda_2$  are obtained from Eqs. (2) and (3), R is the interference detection range.

**Proof:** In order to calculate  $\lambda_m$ , we first derive the spatial probability of the interfering BSNs under contention-based mode. Spatial probability is defined as the ratio of the number of the transmitting BSNs to the number of BSNs which intends to transmit in a defined geographic area. Assume the Matern hardcore assigned to a tagged BSN i in the contention-based set  $\Phi_2$  is  $m(Y_i) = t$ . From the modeling of the extended Matern point process, we know that BSN i is allowed to transmit when the Matern hardcore of other BSN j ( $j \neq i$ ) within  $B(Y_i, R)$  from  $\Phi_2$  is larger than t, i.e.,  $m(Y_j) > t$ , and there is no BSN from  $\Phi_1$  in  $B(Y_i, R)$ , i.e.,  $\phi_1(B(Y_i, R)) = 0$ . The integration is taken over all possible  $m(Y_i) = t$  (from 0 to 1) and all possible number of BSNs in  $B(Y_i, R)$ , i.e.,  $\phi_2(B(Y_i, R)) = n$ . We get the spatial probability that BSN i transmits by

$$p_{s} = \int_{0}^{1} \sum_{n \in \mathbb{N}} \Pr\{m(Y_{i}) = t\} \cdot \Pr\{\phi_{1}(B(Y_{i}, R)) = 0\}$$
$$\cdot \Pr\left\{\prod_{j=1, j \neq i}^{n} m(Y_{j}) > t | \phi_{2}(B(Y_{i}, R)) = n, m(y) = t\right\}$$
$$\cdot \Pr\{\phi_{2}(B(Y_{i}, R)) = n\} dt \tag{8}$$

$$= \int_{0}^{1} \sum_{n \in \mathbb{N}} \frac{(\lambda_2 \pi R^2)^n}{n!} \cdot e^{-\lambda_2 \pi R^2} \cdot e^{-\lambda_1 \pi R^2} \cdot (1-t)^n dt \quad (9)$$
$$e^{-\lambda_1 \pi R^2} \cdot \left(1 - e^{-\lambda_2 \pi R^2}\right)$$

$$=\frac{e^{-\lambda_1\pi R}\cdot\left(1-e^{-\lambda_2\pi R}\right)}{\lambda_2\pi R^2},\tag{10}$$

where  $\phi_1(B(Y_i, R))$  and  $\phi_2(B(Y_i, R))$  are the number of BSNs under contention-free and contention-based scheme within  $B(Y_i, R)$  respectively. Eq. (9) is by the fact that the number of contention-based or contention-free BSNs near the tagged BSN follows Poisson distribution with intensity of  $\lambda_1$  and  $\lambda_2$  respectively, i.e.,

$$\Pr \{ \phi_2(B(Y_i, R)) = n \} = \frac{(\lambda_2 \pi R^2)^n}{n!} \cdot e^{-\lambda_2 \pi R^2},$$
$$\Pr \{ \phi_1(B(Y_i, R)) = 0 \} = e^{-\lambda_1 \pi R^2}.$$

We arrive at Eq. (10) from Eq. (9) by employing the MacLaurin series of exponential function. Thus we get the intensity of  $\Phi_m$  (as shown in Proposition 1) by multiplying the spatial probability  $p_s$  with the intensity of BSNs under contention-based scheme.

From Proposition 1, the extended Matern point process  $\Phi_m$  depends on the contention-free set  $\Phi_1$ , while  $\Phi_1$  is independent from  $\Phi_m$ . The intensity of the interfering BSNs ( $\Phi = \Phi_1 \cup \Phi_m$ ) is the addition of BSNs under both contention-based and contention-free schemes.

Lemma 1 The intensity of the interfering BSNs is given by

$$\lambda = \lambda_1 + \lambda_m. \tag{11}$$

# D. Outage probability

In the presence of inter-user interference, outage occurs when the SINR of a BSN is below an acceptable threshold  $\beta$ , i.e.,

$$SINR = \frac{h_s r^{-\alpha_o}}{\Omega_I + \Omega_n} < \beta, \tag{12}$$

where  $h_s$  is the fading factor for the desired signal, r is the distance between the coordinator and sensor nodes in a BSN,  $\Omega_I$  is the interference power normalized with transmission power  $\Omega_0$ , and  $\Omega_n$  is the average noise power, also normalized with  $\Omega_0$ . We assume the noise is white noise, i.e., being constant over the whole frequency band.

**Proposition 2** The outage probability of a BSN with Rician fading for the on-body communication in the presence of interuser interference is given by

$$P_{o} = e^{\left(-Bs^{\delta}-K\right)} \sum_{m=0}^{\infty} \sum_{n=0}^{\infty} (-1)^{m} J(m,n) \sum_{k=1}^{m} \frac{\gamma_{k}^{m}}{k!} \left(Bs^{\delta}\right)^{k},$$
(13)

where

$$B = \lambda c_d \mathbb{E} \left[ h_I^{\delta} \right] \Gamma \left( 1 - \delta \right), \ s = \frac{r^{\alpha_o} \beta}{2}, \ \delta = \frac{d}{\alpha_I},$$
$$J \left( m, n \right) = \frac{K^m}{n! \Gamma \left( m + n + 1 \right)} \left( \frac{K \beta r^{\alpha_o}}{2} \right)^n,$$
$$\gamma_k^m = \sum_{n=1}^m \left( -1 \right)^n \binom{m}{n} (\delta n)_m,$$
$$\left( x \right)_m \triangleq x \left( x - 1 \right) \dots \left( x - m + 1 \right),$$

and K is the Rician parameter which is the ratio between the power in the direct path and the power in the other scattered paths.

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*Proof:* Outage occurs when SINR is below a threshold  $\beta$ . Denote the CDF of SINR regarding  $\beta$  as  $F_{SINR}(\beta)$ . From Eq. (12), the outage probability of a BSN regarding the SINR threshold  $\beta$  is

$$P_{o} = 1 - F_{SINR}(\beta) = 1 - \iint_{x \ge 0, y \ge 0, x/y \le \beta} f_{s}(x) f_{I}(y) dxdy$$
$$= 1 - \int_{0}^{\infty} F_{s}(\beta y) f_{I}(y) dy, \qquad (14)$$

where  $f_s(x)$  is the PDF of the desired signal x,  $f_I(y)$  is the PDF of the interference signal y, and  $F_s(x)$  is the cumulative distribution function (CDF) of the desired signal. This is the ratio of the desired signal (x in Eq. (14)) to the interference (y in Eq. (14)) is less than  $\beta$ , i.e.,  $x/y \leq \beta$ , when the noise is negligible, i.e.,

$$\iint_{k\geq 0, y\geq 0, x/y\leq \beta} f_s(x)f_I(y)\,dxdy = \int_0^\infty \int_0^{\beta y} f_s(x)\,f_I(y)\,dxdy.$$

Firstly, we calculate CDF for the desired signal  $F_s(x)$ . From Eq. (1), we have the desired signal

$$x(d) = G \cdot \Omega_0 \cdot h_s \cdot d^{-\alpha_o}, \tag{15}$$

where  $h_s$  is the fading factor of the desired signal.

As the desired signal experiences Rician fading,  $h_s$  at the intended receiver follows non-central chi-squared distribution. According to [21], we have the CDF of  $h_s$  as

$$F_{h_s}(x) = 1 - \exp\left(-\frac{2K+x}{2}\right) \sum_{m=0}^{\infty} \left(\frac{2K}{x}\right)^{m/2} I_m\left(\sqrt{2Kx}\right)$$
(16)

where

x

$$I_{m}(x) = \sum_{k=0}^{\infty} \frac{1}{k! \Gamma(k+m+1)} \left(\frac{x}{2}\right)^{2k+m}$$

is the modified Bessel function.

From Eq. (15), we have

$$F_s(x) = F_{h_s}(xr^{\alpha_o}), \qquad (17)$$

Substitute Eq. (16) and Eq. (17) in Eq. (14). We have

$$P_{o} = \sum_{m=0}^{\infty} \sum_{n=0}^{\infty} e^{-K} J(m,n) \int_{0}^{\infty} y^{n} \exp\left(-\frac{r^{\alpha_{o}} \beta y}{2}\right) f_{I}(y) \, dy.$$
(18)

Let  $s = \frac{r^{\alpha_o}\beta}{2}$ , we have

$$P_{o} = e^{-K} \sum_{m=0}^{\infty} \sum_{n=0}^{\infty} J(m,n) \int_{0}^{\infty} y^{m} e^{-sy} f_{I}(y) dy$$
$$= e^{-K} \sum_{m=0}^{\infty} \sum_{n=0}^{\infty} J(m,n) (-1)^{m} \mathcal{L}_{I}^{(m)}(s), \qquad (19)$$

where  $\mathcal{L}_{I}(s)$  is the Laplace transform of the interference with the PDF of  $f_{I}(y)$  and  $\mathcal{L}_{I}^{(m)}(s)$  is the *m*-th derivative of  $\mathcal{L}_{I}(s)$ . The last expression is obtained considering the property of derivative of Laplace transform. According to Ref. [22], we have

$$\mathcal{L}_{I}(s) = \exp\left\{-\int_{0}^{\infty} \mathbb{E}\left[1 - e^{-sh_{I}r^{-\alpha}}\right]\lambda(r) dr\right\}$$
$$= \exp\left(-\lambda c_{d}\mathbb{E}\left[h_{I}^{\delta}\right]\Gamma(1-\delta) s^{\delta}\right)$$
$$= \exp\left(-Bs^{\delta}\right), \qquad (20)$$

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where  $c_d$  is the volume of the *d*-dim unit ball. Then  $\mathcal{L}_I^{(m)}(s)$  is expressed as

$$\mathcal{L}_{I}^{(m)}(s) = \exp\left(-Bs^{\delta}\right) \cdot \sum_{k=1}^{m} \frac{\gamma_{k}^{m}}{k!} \left(Bs^{\delta}\right)^{k}.$$
 (21)

Substitute Eq. (21) in Eq. (19), we obtain Proposition 2.

**Corollary 1** The outage probability of a BSN with Rician fading for on-body communication and Rayleigh fading for on-body communication in the presence of inter-user interference can be expressed as Eq. (13) with a simplified B as

$$B = \frac{\lambda c_d \pi \delta}{\sin \left(\pi \delta\right)}.$$
(22)

*Proof:* Eq. (12) considers the general channel model for the inter-body communication, i.e., interference channel model. When interference link experiences Rayleigh fading, it can be simplified as

$$\mathcal{L}_{I}(s) = \exp\left(-\lambda c_{d}s^{\delta}\frac{\pi\delta}{\sin\left(\pi\delta\right)}\right).$$
(23)

Thus we get Corollary 1.

## E. Spatial throughput

A specific metric in stochastic geometry [10] is spatial throughput which characterizes the density of the nodes which successfully transmit at a given time (i.e. BSNs in the context of this paper) within a unit area. Spatial throughput considers the successful transmission probability of a BSN as well as the spatial reuse. For example, according to Ref. [10], in the case of Aloha MAC network with half-duplex transceivers, the spatial throughput is expressed as  $p(1-p)(1-P_o)$  [10], where p is spatial probability, (1 - p) is the probability that the intended receiver is listening (not transmitting) when the transmitter transmits, and  $(1 - P_o)$  is the successful transmission probability. In a BSN where the receiver is in listening state when the transmitter is transmitting, the term (1-p)is negligible. Moreover, we utilize the intensity of interfering BSNs, e.g.  $\lambda_1$  and  $\lambda_m$ , instead of the spatial probability p in order to consider the ratio of contention-based traffic and contention-free traffic in IEEE 802.15.6 BSNs.

## **Corollary 2** The spatial throughput is given by

$$S = (\lambda_1 + \lambda_m) (1 - P_o).$$
<sup>(24)</sup>

Eq. (24) can be derived from Eqs. (11) and (13). The first term accounts for the interfering BSNs under contention-free scheme while the second term for the contention-based scheme. It can be seen from Eq. (24), the spatial throughput

is determined by a number of factors, including the interference detection range R, the traffic allocation  $w_1$ , and the BSN intensity. Spatial throughput can also be described as  $S = \lambda (1 - P_o) \Psi$  when considering transmission rate  $\Psi$  of the nodes, as shown in [23]. In this paper, we normalize the transmission rate without considering it in Eq. (24), as defined in [10].

## **IV. SIMULATION AND NUMERICAL RESULTS**

We investigate the performance of BSNs in the presence of inter-user interference in the network simulator QualNet 5.0.2 [24]. The simulation results are compared with the analytical results to validate the analysis. After the simulation validation, we present the numerical results, which provide implications on the selection of the interference detection range, the MAC protocol design, and the BSN intensity.

## A. Simulation settings

In the simulation, a coordinator and a sensor node form a BSN. The distance between the coordinator and the sensor node is set as 1 meter. The simulation settings are configured according to the IEEE 802.15.6 standard [4], as shown in Table II. In this study, we consider an on-body channel model for the desired link (the transmission between sensor nodes in a BSN) with Rician fading and a path-loss model with the path-loss exponent of  $\alpha_o$ . The parameters regarding Rician channel model are set according to [15]. On the other hand, we consider an inter-body channel model for the interference link (the transmission between BSNs) with Rayleigh fading and a path-loss model with the path-loss exponent of  $\alpha_I \ (\alpha_I < \alpha_O)$ . We consider the signal attenuates with Rayleigh fading with standard deviation of 6.2 dB for interbody communication [14]. We choose a radio data rate of 250 kbps and a superframe length of 0.1 second. For healthcare applications, the data rate requirements of commonly used sensor nodes are 5 kbps for Electrocardiograph (ECG) and Electroencephalography (EEG), and 1 kbps for temperature sensor, respiratory sensor, and pulse sensor [1]. The wireless noise floor is set as -90 dBm [25]. Considering the combined usage of those sensors in a BSN, we set the duty cycle to be 20% in the simulation. For simplicity, the traffic load for all the BSNs are set the same in a specific scenario.

We consider the typical BSN deployment in the emergency waiting room in a hospital scenario in Singapore<sup>1</sup>, where the average area occupied by each patient is from 0.2 to 1 square meters. Considering the general case where only partial patients utilize BSNs, multiple channels available, and the generic characteristic of low channel utilization (duty cycle), we assume the BSN intensity range is from 1 BSN per unit area to 5 BSNs per unit area. According to the comprehensive survey [1], BSN intensity varies from 0.1 to 5 (BSNs per unit area) depending on the specific BSN application. Each BSN moves according to the random waypoint model [26]– [28]. As pointed out by Gong and Haenggi [19], the random

TABLE II The parameter settings of the simulation in interference analysis.

Transmission power $\Omega_0$ (dBm)	-10
BSN intensity $\lambda$ (# of BSNs per unit area)	1~5
Duty cycle of a BSN $\eta$ (%)	20
Noise level W (dBm)	-90
Path-loss exponent of on-body channel model $\alpha_o$	3.6
Path-loss exponent of inter-body channel model $\alpha_I$	3
The distance between coordinator and sensor node $r$ (m)	0.6~1.4
SINR threshold $\beta$ (dB)	5~15

walk model does not affect the uniform property of the point distribution. Initially, all BSNs are uniformly deployed and then they move independently. To remove the effect of differing initial conditions on performance, we run the simulation fifty times with different initial conditions and then calculate the average results. We compare the results in the mobility case with that in the Poisson point process case. As there is no existing works on interference analysis using stochastic geometry, we conduct the comparison between the analytical and the simulation results. As the spatial throughput is the function of intensity of the interfering BSNs and outage probability, we only compare the theoretical results with the simulation results regarding these two metrics.

#### **B.** Simulation Results

Fig. 4 shows the comparison of the intensity of the interfering BSNs obtained through simulation with that obtained through analysis by Eq. (7). As can be seen, both results are very close, except that the analytical results are a bit lower than the actual results, due to the reason that Matern point process cannot accurately estimate the CSMA/CA networks in certain situations. For example, if BSN1, BSN2, and BSN3 congregate together, BSN1 is silenced by its only neighbor BSN2, whereas BSN2 is in turn actually silenced by its neighbor BSN3. In the Matern model, BSN1 and BSN2 will not be retained, but if BSN1 and BSN3 are not neighbors and BSN3 has only BSN2 as neighbor, then CSMA/CA will allow BSN1 and BSN3 to transmit simultaneously. In [13], it is shown that only 78% of the transmitting nodes can be appropriately modeled using the classic Matern point process. The proposed extended Matern point process shows an improvement as compared with the classic Matern point process, because the intensity also comprises the BSNs under contention-free scheme which is more comprehensively modeled in the analysis.

Fig. 5 compares the outage probability of the interfering BSNs through simulations with that obtained through analysis. Each curve represents a scenario with a certain BSN intensity. As can be seen, the simulation results are close to the analytical results, which validates the approximation of ignoring the dependence between BSNs which are deployed out of the interference detection range away from the tagged BSN. This is because although all the interferers contribute to the interference, the nearest interfering BSNs dominates the

<sup>&</sup>lt;sup>1</sup>The configuration settings of Changi General Hospital and Tan Tock Seng Hospital in Singapore



Fig. 4. Comparison of the intensity of the interfering BSNs obtained through analysis and simulations under the same number of BSNs which intend to transmit.



Fig. 5. Comparison of the average outage probability of BSNs obtained through analysis and simulations. Results are obtained with BSN intensity of 0.5, 1, 2, and 4.

inter-user interference. It is also noted that the actual outage probability is a bit higher than the analytical results due to the conservation of the extended Matern point process.

#### C. Implications for the Interference Detection Range

Interference detection range R (also referred to as carrier sense range) is the range within which a BSN under contention-based scheme is not allowed to transmit if other BSNs transmit. It determines the maximum signal detection distance between two simultaneous transmitting BSNs under the contention-based scheme. It is beneficial to schedule a higher spatial throughput (with a short R) for spatial reuse, while with a short R a BSN is likely to experience severe outage due to inter-user interference. Thus, the interference detection range R should be tradeoff to achieve the maximum spatial throughput while the reliable transmission requirement of a BSN is met, i.e.,  $P_o \leq \kappa$ , where  $\kappa$  is the target outage probability.

To consider the outage probability constraint, Figs. 6 and 7 show the spatial throughput and the outage probability as a function of detection range under difference SINR threshold and BSN intensity respectively. As can be seen from Fig. 6, the spatial throughput increases with R when R is



Fig. 6. Spatial throughput as a function of interference detection range under different BSN intensities. The trend of the spatial throughput is over different interference detection range from 0 to 20 meters.

small. After the spatial throughput arriving at an optimal threshold (when R=2), it decreases. As can be seen from Figs. 6 and 7, the outage probability requirement cannot be met at R=2 for a typical reliability requirement, i.e., the target outage probability  $\kappa = 90\%$ . In fact, in typical BSN deployment scenarios (BSN intensity varies from 0.1 to 5), spatial throughput is a monotonically decreasing function over R within the acceptable detection range, where the acceptable detection range is typically achieved when the equality holds for the outage probability requirement  $P_o(R) = \kappa$ .

#### D. Implications for the MAC design for BSNs

In a BSN, the ratio of the contention-free traffic in a superframe structure  $w_1$  is typically determined by the data type of a BSN, e.g. deterministic or random traffic. In this subsection, we show that the ratio of the contention-free traffic  $w_1$  affects the spatial throughput given the other settings fixed. Finding the optimum traffic allocation means finding the



Fig. 7. Outage probability as a function of interference detection range when SINR threshold is -10, 0, 10, 15 dB and BSN intensity is 1.

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Fig. 8. The spatial throughput as a function of the ratio of contention-free traffic  $w_1$ . The interference detection range is 10 meter.

optimum trade-off between spatial reuse (a high contentionfree traffic ratio  $w_1$  results in a higher density of concurrent transmissions) and success probabilities (a high  $w_1$  results in higher interference and thus a lower success probability). The success probability is defined as the probability that a packet could be successfully transmitted. It is inversely proportional to the outage probability, and can be calculated as  $(1 - P_o)$ .

Fig. 8 shows the spatial throughput as a function of  $w_1$ . As can be seen, for a specific BSN intensity, spatial throughput increases with  $w_1$  when  $w_1$  is still low. After the spatial throughput arriving at an optimal value, it decreases. This is because when  $w_1$  is still low, the number of simultaneous transmissions increases with  $w_1$ , resulting in the improvement of spatial throughput. However, when  $w_1$  increases to some extent (optimal point), the increment of contention-free traffic incurs severe outage, deteriorating the spatial throughput. In addition, the optimal  $w_1$  decreases when the BSN intensity increases. This is because when the BSN intensity is low, it is beneficial to use contention-free mechanism to improve the number of simultaneous transmissions. On the other hand, when the BSN intensity is high, contention-based mechanism is more suitable to alleviate collisions. Based on the analysis, we are able to determine the optimal ratio of contentionbased mechanism and contention-free mechanism, as  $w_1$  not only depends on the data characteristics, i.e., deterministic or random traffic, but also on the BSN intensity.

# E. Implication for the effects of the BSN intensity

Similarly, we are able to maximize the spatial throughput by adjusting the BSN deployment, i.e. BSN intensity, given the MAC design of a BSN. Fig. 9 shows the spatial throughput as a function of BSN intensity given the traffic allocation  $w_1$ . As can be seen, for higher  $w_1$ , the maximum BSN intensity is lower. The reason is that when the number of BSNs under contention-free scheme is large, the BSN intensity should be kept low to ensure the reliable transmission. For a specific  $w_1$ , there exists an optimal BSN intensity to achieve the maximum spatial throughput. In practice, we choose to adjust the parameter, i.e., either the traffic allocation or the BSN



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Fig. 9. Spatial throughput as a function of BSN intensity under different ratios of contention-free traffic  $w_1$ . The ratio of contention-free traffic to all the traffic is 0.3, 0.5, and 0.7 respectively. The interference detection range is 10 meter.



Fig. 10. Spatial throughput as a function of BSN intensity under different distances r between sensor nodes in a BSN.  $w_1$  is set as 0.5 and interference detection range is 10 meter.

intensity, depending on which is more convenient, to achieve maximum spatial throughput.

## F. Effects of the distances between sensor nodes in a BSN

Fig. 10 shows the spatial throughput as a function of BSN intensity under different distances between sensor nodes in a BSN. As can be seen, when the distance between sensor nodes in a BSN r increases, the spatial throughput decreases for the same BSN intensity. This is because when r, i.e., the transmission distance, increases, the desired signal decreases. With the same interference, SINR decreases. Thus spatial throughput decreases as well.

#### V. CONCLUSION

In this paper, we have presented a stochastic geometry analysis framework of the inter-user interference in IEEE 802.15.6 body sensor networks (BSNs). The framework considers BSN interferers which are spatially scattered according to a Poisson point process. Outage probability and spatial throughput are derived in tractable expressions. Based on the analysis, two implications are given: 1) The interference detection range is optimized to achieve the maximum spatial throughput while the reliable transmission requirement is met. 2) The design of medium access control (MAC) for BSNs and the intensity of BSNs are optimized depending on the specific BSN applications.

Although the stochastic geometry analysis framework is designed for the inter-user interference in BSNs in this paper, it can also be applied to other networks where various MAC mechanisms are employed. For future work, we will evaluate the performance with extensive experiments.

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