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**Table 1. Description of survey participants**

	N	Cat. 1	Cat. 2	Cat.3	M	F	Mean Age	Mean MMSE
Finland	86	31	27	28	24	62	81.52 ±7.30	26.38±2.69
France	101	26	36	39	20	81	84.58 ±7.30	27.26±2.18
Poland	70	28	27	15	16	54	80.8 ±6.87	26.56±2.81
Spain	77	28	24	25	22	55	83.31 ±7.12	26.25±2.64
UK	71	30	27	14	9	62	81.22 ±7.65	26.52±2.65

(Category is abbreviated as cat.; cat.1: living at home with help for food purchasing; cat. 2: living at home with help for food preparation, cat. 3: living at nursing home; MMSE: Mental State Examination test).

Number followed by (±) represent standard deviation.

**Table 2. Number of participant's response per country and category to the question : Do you have difficulties to open...?**

Closure type		Finland			France			Poland			Spain			United Kingdom			X <sup>2</sup> test <sup>a</sup> (P-value)	
		cat. 1	cat. 2	cat. 3	cat. 1	cat. 2	cat. 3	cat. 1	cat. 2	cat. 3	cat. 1	cat. 2	cat. 3	cat. 1	cat. 2	cat. 3	Country	Category
Easy open	Yes	15	11	10	11	18	19	7	10	5	12	6	3	15	10	2	4.66	0.33
	No	15	14	11	15	18	19	19	16	9	11	16	7	14	14	7	(0.324)	(0.847)
Cap	Yes	20	14	19	28	28	12	16	6	7	7	1	16	16	3	3	41.01	8.31
	No	7	13	7	8	10	16	10	9	15	15	12	14	8	6	6	(0.001)	(0.090)
Opercula	Yes	15	15	10	4	11	22	4	9	5	7	6	1	14	12	0	15.81	4.55
	No	16	8	9	22	25	11	24	18	10	15	16	6	16	14	8	(0.003)	(0.103)
Can	Yes	12	17	12	4	16	18	4	11	5	6	6	1	15	12	0	7.00	7.03
	No	19	10	9	22	19	17	24	16	9	15	15	7	14	13	7	(0.023)	(0.013)
Tin can	Yes	15	11	15	4	15	18	8	14	7	6	7	1	14	13	1	7.03	7.43
	No	16	14	7	22	20	15	20	12	4	15	13	5	15	12	6	(0.134)	(0.024)

<sup>a</sup>Chi-square test for independence between food packaging closure and country; and between food packaging closure and category.

Note. Food packaging closure difficulties were initially assessed in a 4 point scale (1= Yes, 2=Probably yes, 3=Probably no, 4=No), in the table has been grouped the affirmative responses (Yes and probably yes) as "Yes", and the negative responses (Probably no, and No) as "No".

Category is abbreviated as cat.; cat.1: living at home with help for food purchasing; cat. 2: living at home with help for food preparation

**Table 3. Percentage of respondents perceiving difficulty to reheat meal preparation at home**

	<b>Cat. 1</b>		<b>Cat. 2</b>			
	Yes/Probably yes	No/Probably No	Yes	Probably yes	Probably no	No
<b>Finland</b>	0	100	7.4	0	7.4	70.4
<b>France</b>	0	100	0	5.6	0	94.4
<b>Poland</b>	0	100	22.2	3.7	11.1	63.0
<b>Spain</b>	0	100	0.0	8.3	4.2	62.5
<b>UK</b>	0	100	3.7	3.7	7.4	85.2

(Category is abbreviated as cat.; cat.1: living at home with help for food purchasing; cat. 2: living at home with help for food preparation .N cat. 1=142; N cat. 2=141.)

Note. Reheating difficulties were assessed in a 4 point scale (1=Yes, 2=Probably yes, 3=Probably no, 4=No). As in category 1, none of the respondents give a negative answer, in the table has been grouped the

**Table 4. Percentage (by categories) of elderlies who confirmed to have problem executing different actions during eating process including hand and oral actions.**

ACTIONS	Category 1 (% population cat.1)	Category 2 (% population cat.2)	Category 3 (% population cat.3)	$X^{2*}$	p-value*
• cutting meat with a knife?	27.5	38.3	41.4	7.61	0.268
• cutting food such as pie	14.4	31.2	34.7	18.70	0.017
• cutting food as boiled potatoes	6.3	22.7	20.7	15.50	0.017
• cutting "solid foods" such as chocolate bar, bread, toasted bread with your hand	21.1	34.0	33.1	8.49	0.204
• peeling fresh fruits or vegetables, banana, green beans	11.7	24.1	29.8	19.91	0.003
• peeling fresh vegetables, apple, potato, cucumber	18.3	38.3	35.5	21.24	0.002
• penetrating food with fork	7.0	16.3	21.5	14.20	0.027
• bite with incisors fresh apple, chocolate bar	29.58	46.1	42.98	16.07	0.013
• chewing/masticating	14.79	31.09	29.75	12.07	0.060
• swallowing	7.04	17.73	24.79	11.43	0.076

Category is abbreviated as cat.; cat.1: living at home with help for food purchasing; cat. 2: living at home with help for food preparation, cat. 3: living at nursing home

\*Chi-square test for independence among categories and difficulty perceived

**Table 5. Influence of the teeth status on the difficulty perceived.**

Teeth status	Difficulty perceived executing:	
	first bite	chewing
Complete set of teeth, bridges & implants	3.63 <sup>a</sup> (0.81)	3.76 <sup>a</sup> (0.66)
Natural set of teeth and false teeth	3.41 <sup>ab</sup> (0.98)	3.68 <sup>a</sup> (0.78)
Total false teeth (denture)	3.25 <sup>ab</sup> (1.04)	3.53 <sup>a</sup> (0.94)
Partial natural set of teeth	2.80 <sup>abc</sup> (1.13)	3.26 <sup>ab</sup> (0.95)
Partial false teeth	3.09 <sup>bc</sup> (1.05)	3.25 <sup>ab</sup> (1.10)
Absence of teeth and false teeth	2.55 <sup>c</sup> (1.44)	2.73 <sup>b</sup> (1.42)

Values in parentheses are standard deviations. Means in the same column with the same letter do not differ significantly ( $p > 0.05$ ) according to Tukey's test.

Note. Difficulty perceived was assessed in a 4 point scale (1= Yes, 2=Probably yes, 3=Probably no, 4=No)