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Original article

# **Posterior Stabilized Versus Cruciate Retaining Total Knee Arthroplasty Designs: Conformity Affects the Performance Reliability of the Design over the Patient Population**

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## **Abstract**

Commercially available fixed bearing knee prostheses are mainly divided into two groups: posterior stabilized (PS) versus cruciate retaining (CR). Despite the widespread comparative studies, the debate continues regarding the superiority of one type over the other. This study used a combined finite element (FE) simulation and principal component analysis (PCA) to evaluate "reliability" and "sensitivity" of two PS designs versus two CR designs over a patient population. Four contemporary fixed bearing implants were chosen: PFC (DePuy), PFC Sigma (DePuy), NexGen (Zimmer) and Genesis II (Smith&Nephew). Using PCA, a large probabilistic knee joint motion and loading database was generated based on the available experimental data from literature. The probabilistic knee joint data was applied to each implant in a FE simulation to calculate the potential envelopes of kinematics (i.e. anterior-posterior [AP] displacement and internal-external [IE] rotation) and contact mechanics. The performance envelopes were considered as an indicator of performance reliability. For each implant, PCA was used to highlight how much the implant performance was influenced by changes in each input parameter (sensitivity).

Results showed that (1) conformity directly affected the reliability of the knee implant over a patient population such that lesser conformity designs (PS or CR), had higher kinematic variability and were more influenced by AP force and IE torque, (2) contact reliability did not differ noticeably among different designs and (3) CR or PS designs affected the relative rank of critical factors that influenced the reliability of each design. Such investigations enlighten the underlying biomechanics of various implant designs and can potentially lead towards optimized implants for specific patient groups.

**Keywords:** Total knee arthroplasty, Inter-patient variability, Stanmore knee simulator, Principal component analysis, Finite element simulation, Sensitivity

## 1 **1. Introduction**

2 Total knee arthroplasty (TKA) is one of the most prevalent treatments for severe knee osteoarthritis. A  
3 number of different fixed bearing knee prostheses have been designed and are currently available in the  
4 market. These are mainly divided into two groups: posterior stabilized (PS) versus cruciate retaining (CR). In  
5 CR designs, posterior cruciate ligament (PCL) is preserved [1, 2] while in PS, PCL is resected and a post-cam  
6 mechanism is accommodated in the implant structure to compensate its function [3-5].

7 A number of clinical studies have compared PS designs versus CR designs from the perspective of  
8 survivorship, patient satisfactory, post-surgery complications and knee functional score [6-10]. Of particular  
9 interest is to compare these two designs in terms of knee joint kinematics [11, 12] and contact mechanics [13,  
10 14] since these factors substantially affect the aforementioned clinical outcomes. Several studies concluded  
11 the superiority of CR [15, 16] or PS designs [11, 12, 17-21] while others demonstrated no significant  
12 differences between these two designs [22-25]. This inconsistency perhaps comes from the inherent  
13 limitations of clinical investigations, e.g. small number of patients and large inter-patient variability [26, 27].  
14 An alternative approach to compare and contrast these designs could be in terms of their "reliability" and  
15 "sensitivity". "Reliability" highlights the extent to which the performance of the implant (i.e. kinematics and  
16 contact mechanics) is robust to inter-patient variations and implies the repeatability of the outcomes over a  
17 patient population. "Sensitivity" provides insights into critical factors affecting the performance of a particular  
18 design. Such evaluations are challenging to perform via in vitro cadaveric studies due to number of patients  
19 and resources required.

20 Computational models based on finite element (FE) method, present an alternative approach to in vivo  
21 and in vitro investigations [28-30] while validation of such models is crucial to build confidence in their  
22 predictions. This can be achieved by comparing the FE predictions against in vitro tests and clinical data [29,  
23 31-34] or more importantly by providing realistic input parameters (e.g. based on in vivo studies) for FE  
24 models [35, 36]. Nevertheless, in comparative studies when for example several implants are tested under  
25 similar condition, the comparative nature of the study can still remain valid while the effect of various  
26 parameters can be tested in a controlled fashion [37-40].

27        Recently , probabilistic methods have been combined with FE solvers to evaluate the impact of various  
28 parameters on the clinical performance of TKA, including design geometry [35, 41] , component alignment  
29 [39, 42, 43] and loading variability [38, 44]. Compared to the deterministic FE studies, probabilistic FE  
30 investigations provide a more realistic understanding of the clinical outcome. Beside this, principal component  
31 analysis (PCA) has been combined with these probabilistic studies [44-47]. The latter approach enables us to  
32 generate large probabilistic databases representing the inherent variability of a patient population or to model  
33 the complicated interactions between input variables and output metrics in terms of sensitivity indices. The  
34 aforementioned studies however have mostly attempted to investigate PS designs [35, 41] or CR designs  
35 [38-40] . To best of our knowledge, no previous computational study has compared PS versus CR in a  
36 systematic approach.

37        This study aimed to evaluate the reliability of four fixed-bearing knee implants, including two different  
38 PS designs and two CR designs and assess the sensitivity of each design due to inter-patient variability. Patient  
39 population was modelled via a large probabilistic database of joint loadings and flexion angle, generated  
40 through PCA. Implants were investigated in terms of kinematics (i.e. anterior-posterior displacement and  
41 internal-external rotation) and contact mechanics (i.e. contact pressure and contact area), calculated based on  
42 finite element model of an in vitro knee simulator.

## 43 **2. Materials and methods**

44        Experimental gait data was obtained from a published repository (section 2.1). This experimental  
45 database was then enlarged through PCA and a large probabilistic database of inter-patient knee joint data was  
46 created (section 2.2). Probabilistic knee joint data (i.e. 3D knee joint loading plus flexion angle, as used in the  
47 in vitro knee simulator) were applied to four different knee implants in a finite element simulation to calculate  
48 the resultant kinematics and contact mechanics of each implant (section 2.3). The performance envelopes were  
49 then computed as an indicator of the performance reliability. Furthermore, PCA was used to calculate the  
50 performance sensitivity of individual implants due to the inter-patient variations (section 2.4). It should be  
51 noted that PCA was used for a twofold purpose: (1) to enlarge the experimental repository and generate a  
52 probabilistic database which accommodated sufficient inter-patient variability and (2) to calculate the  
53 sensitivity indices of each implant due to different parameters. Figure 1 shows a schematic diagram of the  
54 proposed methodology.

55 **2.1. Experimental measurements**

56 An experimental repository of gait data was obtained from the literature  
57 (<https://simtk.org/home/kneeloads> ; accessed on March 2014). This database comprised three dimensional  
58 ground reaction forces (Force plate, AMTI Corp., Watertown, MA,USA) and marker trajectory data  
59 (10-camera motion capture system, Motion Analysis Corp., Santa Rosa, CA,USA) , measured within a  
60 number of level-walking trials for five subjects with unilateral knee implants (four males, one female; height:  
61 170.6±5.7 cm; mass: 70.4±6.0 kg). A detailed description of this database has been given elsewhere [48].  
62 Using marker data and ground reaction forces, 3D joint loadings and kinematics were then extracted from a  
63 multi-body dynamic analysis. Detailed description of this multi-body dynamic analysis has been presented  
64 elsewhere [49]. In brief, a musculoskeletal model was used in AnyBody software (version 5.2,193 AnyBody  
65 Technology, Aalborg, Denmark) based on the University of Twente Lower Extremity Model (TLEM) [50].  
66 Marker trajectory data and ground reaction forces were applied to this model to calculate joint angles and joint  
67 loadings. For the rest of this study, 3D knee joint loading (axial force, anterior-posterior [AP] force and  
68 internal-external [IE] torque) and knee joint flexion angle were considered as "knee joint data", required for  
69 FE simulation.

70 **2.2. Principal component analysis-based statistical model of knee joint motion and loading**

71 From a technical point of view, knee joint data are "inter-dependent" variables that cannot be randomized  
72 individually. To randomize these variables and create a large probabilistic inter-patient database, PCA was  
73 used [46]. In this technique, "inter-dependent" variables were mapped into a reduced number of corresponding  
74 "independent" variables (principal component values) that can be randomized separately. Randomized  
75 independent variables were then inversely mapped into their original inter-dependent variables. A more  
76 detailed study of PCA technique can be found in [51]. Probabilistic knee joint data were as follow:

77 (1) A total of eighty experimental knee joint data sets, obtained from the published repository, were arranged  
78 in a matrix X:

79 
$$X = [x_1, x_2, x_3, \dots, x_{80}] \tag{1}$$

80 Where  $x_i$  is a single experimental set:

81  $x_i = [KF \ F_x \ F_z \ M_z] \quad 1 \leq i \leq 80$  (2)

82 In the above equation, KF is knee flexion angle,  $F_x$  is AP force,  $F_z$  is axial load and  $M_z$  is IE torque. Since  
 83 the above data have different units (e.g. forces in N, moment in N.m and angle in deg), X was normalized by  
 84 row-wise standard deviation and then mean centered to generate  $\hat{X}$  [46, 51].

85 (2) Using PCA, a total of four eigenvectors and the corresponding eigenvalues, associated with the above  
 86 four variables, were computed for the experimental data set ( $\hat{X}$ ). The importance of eigenvectors was ranked  
 87 with respect to the associated eigenvalues. Higher eigenvalues meant the associated eigenvectors were more  
 88 essential and descriptive for the data set ( $\hat{X}$ ) and the lower eigenvalues referred to the less-important features  
 89 that might be caused by noise.

90 (3) The first three important eigenvectors which explained 96% of the variance in  $\hat{X}$ , were arranged in the  
 91 matrix E. The experimental data set ( $\hat{X}$ ) was then transformed into principal component (PC) values without  
 92 significant loss of information:

93  $PC \text{ value} = \hat{X} \times E$  (3)

94 In other words, matrix  $\hat{X}$ , consisted of four inter-dependent variables, was transformed into a reduced  
 95 number of three secondary independent variables (PC values) that can be randomized separately.

96 (4) For the computed PC values, row-wise mean (m) and standard deviation (d) were computed over all the  
 97 eighty experimental data sets. Each PC value was randomly sampled from a normal distribution with a mean  
 98 value of m and a standard deviation value of  $\pm 2d$ . Randomized PC values ( $\tilde{P}$ ) were then mapped into their  
 99 original variables (angle, force and moment variables) resulting in a probabilistic data set of knee joint  
 100 variables (Y) while the correspondence between variables was preserved:

101  $Y = \tilde{P} \times E^{-1}$  (4)

102 in the above equation,  $E^{-1}$  represents the inverse of matrix E. The aforementioned methodology can be studied  
 103 in more details elsewhere[46].

### 104 **2.3. Knee prostheses and finite element analysis**

105 Explicit finite element models of four fixed-bearing tibiofemoral knee implants were developed in the  
106 commercial finite element package; ABAQUS/Explicit (version 6.12 Simulia Inc., Providence, RI, USA)  
107 using computer aided design (CAD) models (Figure 2). These included two PS designs: PFC (DePuy ,  
108 Johnson & Johnson, Leeds, UK) and Genesis II (Smith & Nephew, Memphis, TN, USA) and two CR designs:  
109 NexGen (Zimmer Inc , Warsaw, IN, USA) and PFC Sigma (DePuy , Johnson & Johnson, USA). Lesser  
110 constraints of NexGen [34, 40] compared to PFC Sigma [32] suggested that PFC Sigma had higher  
111 conformity than NexGen. Also , Genesis II had higher conformity than PFC [52, 53]. Hence, for the rest of  
112 this study, PFC Sigma and Genesis II were referred as high conformity designs (in comparison with PFC and  
113 NexGen) whilst PFC and NexGen were considered as low conformity implants in their respective category.

114 Each tibiofemoral knee implant consisted of two main parts; femoral component and tibia insert. Rigid  
115 body assumptions were applied to both femoral and tibia insert components, with a simple linear elastic  
116 foundation model defined between the two contacting bodies [37]. Penalty based contact condition was  
117 specified at the tibia insert and femoral component interface with a friction coefficient of 0.04 [37]. Modified  
118 quadratic tetrahedron 10-node elements (C3D10M) were used to mesh the tibiofemoral knee implants in  
119 ABAQUS. Here, it should be pointed out that due to rigid body assumptions, solid parts could have been  
120 transformed into shell models and meshed with shell elements. This could have reduced the computation cost  
121 of FE simulation and produce the same results with C3D10M element. However , solid elements (C3D10M)  
122 were still used in the present study, with the aim of calculating wear and deformation in future. Convergence  
123 was tested by decreasing the length of elements from 8 mm to 0.5 mm in five steps (8, 4,  
124 2, 1, and 0.5 mm). The solution converged on the parameter of the interest ( $\leq 5\%$  - contact pressure) with over  
125 86000 elements.

126 The Stanmore simulator is a well-established load-controlled knee simulator [54, 55] in which in vivo  
127 environment of the knee joint is replicated through applying the appropriate forces and moments to the  
128 femoral and tibial components. Soft tissue constraints have been modelled with a mechanical spring-based  
129 assembly consisting of four linear springs (Figure 3). For the PS implants , resected anterior cruciate ligament  
130 (ACL) as well as posterior cruciate ligament (PCL) were simulated with a translational stiffness of 7.24  
131 N/mm , positioned in both anterior and posterior sides of the tibial component [56, 57] while medial collateral

132 ligament (MCL) and lateral collateral ligament (LCL) were simulated by adding a rotational stiffness of 0.3  
133 N/deg to the springs [32]. For the CR implants , resected ACL and retained PCL were simulated with a  
134 translational stiffness of 7.24 N/mm on the anterior side and 33.8 N/mm on the posterior side of the tibial  
135 component [34, 56] with a 0.3 N/deg rotational stiffness mimicking the collateral ligaments (MCL and LCL).  
136 A spring gap of 2.5 mm was considered at each side to simulate anatomical laxity (Figure 3) and the axial  
137 force was applied with a 5 mm medial offset from the central axis of the femoral component to simulate the  
138 natural varus loading of the knee joint [56].

139 The loading and boundary conditions, adopted in the load-controlled Stanmore simulator, were consistent  
140 with ISO Standard 14243-2 [58] as follows: (1) tibia insert was free in medial-lateral degree of freedom whilst  
141 it was constrained in superior-inferior, flexion-extension and valgus-varus directions. AP force and IE torque  
142 were applied to the tibia insert; (2) femoral component was free in valgus-varus direction whilst it was  
143 constrained in anterior-posterior, medial-lateral and internal-external degrees of freedom. Flexion angle and  
144 axial load were applied to the femoral component. Probabilistic load and boundary conditions were obtained  
145 from the randomized knee joint data (angle, force and moment), generated in section 2.2. The FE model  
146 estimated the performance of TKA designs in terms of AP displacement, IE rotation, contact pressure and  
147 contact area over the entire flexion cycle.

#### 148 **2.4. Principal component analysis of sensitivity**

149 Traditional sensitivity analysis often discards the potential inter-dependencies between input variables  
150 and therefore is not applicable to study knee joint with highly inter-dependent variables (angle, force and  
151 moment). Instead, a principal component-based technique was adopted following [44]. PCA is used to  
152 measure the sensitivity of an output metric due to changes in inputs that are in turn coupled to each other. A  
153 data matrix (T) was constructed from probabilistic knee joint data (section 2.2) and resultant performance  
154 measures (section 2.4):

$$155 \quad T = [KF, Fx, Fz, Mz, \text{ performance measures}] \quad (5)$$

156 PCA was applied to calculate the eigenvectors and eigenvalues for the probabilistic matrix T. Here, each  
157 eigenvector consisted of two separate parts: one part was related to the "knee variables" (i.e. flexion angle, AP  
158 force, axial force and IE torque) and the other part was related to the "performance measures" (i.e. AP

159 displacement, IE rotation, contact pressure, contact area). Using eigenvectors, the data matrix T was  
160 transformed into a secondary orthogonal data space of PC values:

$$161 \quad \text{PC value} = T \times E_T \quad (6)$$

162 In the above equation,  $E_T$  is the feature matrix which contained all eigenvectors of matrix T. PC values  
163 were in fact the secondary independent variables for primary inter-dependent variables (knee variables and  
164 performance measures). The average PC values, over all probabilistic data sets, contained two separate parts  
165 associated with the "knee variables" and "performance measures". The first part represented how the coupled  
166 knee variables varied together and the second part explained how the resultant performance measures changed  
167 accordingly. For each implant, the proportions of the PC values corresponding to the "knee variables" to the  
168 PC values associated with the "performance measures" were considered as the sensitivity indices (SI) of the  
169 performance measures due to the knee variables ( $0 \leq SI \leq 1$ ). The aforementioned methodology has been  
170 adopted from literature and more details can be found elsewhere[44].

### 171 3. Results

172 The PCA-based statistical model of knee joint data was randomly sampled and a total number of two  
173 hundreds probabilistic data sets were created. The probabilistic variables had similar waveforms to the  
174 corresponding experimental measurements (Figure 4). The above probabilistic knee data were applied to each  
175 knee implant in a FE simulation and the resultant kinematics (AP displacement and IE rotation) and contact  
176 mechanics (contact pressure and contact area) were computed. The predicted envelopes of kinematics are  
177 presented in Figures 5 and 6. The AP displacement and IE rotation of PFC implant varied by up to 7.5 mm and  
178  $6.2^\circ$  and the AP displacement and IE rotation of NexGen implant varied by up to 3.5 mm and  $5.7^\circ$ . The  
179 other two implants however showed lower variability of 2.2 mm and  $2.5^\circ$  for Genesis II, and 2.8 mm and  
180  $3.25^\circ$  for the PFC Sigma. The envelopes of contact pressure and contact area demonstrated no considerable  
181 differences across the available implants (Figures 7 and 8) and varied by up to 12 MPa and  $135 \text{ mm}^2$  for the  
182 PFC sigma and 14 MPa and  $100 \text{ mm}^2$  for the PFC implant. The contact pressure and contact area of Genesis II  
183 implant varied by up to 11 MPa and  $150 \text{ mm}^2$ , whilst the NexGen implant varied by up to 12 MPa and 120  
184  $\text{mm}^2$ .

185 Sensitivity indices highlighted the critical factors that mostly affected the performance metrics of each  
186 implant (Figure 9). In general, AP displacement was mainly affected by knee flexion angle and AP force  
187 (Figure 9a). The IE rotation was highly sensitive to changes in the knee flexion angle and IE torque (Figure  
188 9b). Contact area was sensitive to the knee flexion variations (Figure 9c) whilst contact pressure was mainly  
189 affected by changes in the knee flexion and axial knee joint loading (Figure 9d). The relative importance of  
190 critical factors however differed over different designs. More specifically, lesser conformity designs were  
191 more sensitive to inter-patient variations of AP force (PFC: SI=0.85; NexGen: SI=0.62) than high conformity  
192 designs (PFC Sigma: SI=0.42, Genesis II: SI=0.33). Similarly, lesser conformity designs were more sensitive  
193 to the variations of IE torque (PFC: SI=0.79; NexGen: SI=0.65) than high conformity designs (PFC Sigma:  
194 SI=0.45, Genesis II: SI=0.38). By comparison, kinematics of high conformity CR design (PFC Sigma) was  
195 mainly dependent on the knee flexion angle rather than AP force or IE torque. For a low conformity CR  
196 design (NexGen) and a low conformity PS designs (PFC) however, the relative ranks of the knee flexion and  
197 load were changed and AP force or IE torque variations played a more important role to alter kinematics rather  
198 than knee flexion. Moreover, the high conformity PS design (Genesis II) was equally affected by both force  
199 variations and flexion changes. It is also noteworthy that NexGen could accommodate more knee flexion  
200 angle variability ( $SI \cong 0.3$ ) than PFC Sigma ( $SI \cong 0.50$ ), PFC ( $SI \cong 0.43$ ), and Genesis II ( $SI \cong 0.36$ ).

## 201 **4. Discussion**

### 202 **4.1. The rationale behind chosen input variables**

203 The overall in vivo performance of a total knee replacement is dictated through a complicated  
204 interaction of three different groups of factors: (i) patient-specific variables such as patients' musculature  
205 and soft tissues , (ii) surgical techniques and (iii) implant designs [35, 41]. The latter, implant design,  
206 has been of particular interest as reported in the literature[59-63] and there has been a great effort to  
207 compare PS versus CR designs[11, 12, 16-22, 24, 25]. The conventional approach has been to compare  
208 the absolute performance of PS and CR under similar loading conditions or to compare over a very few  
209 numbers of subjects (due to the financial cost and ethical limitation of humanoid tests). Therefore results  
210 are often inconsistent from one study to another.

211 The main motivation of our study was to provide an alternative approach to compare and contrast  
212 these designs in a larger scale from the perspective of inter-patient variability. Inter-patient variability

213 denotes a variety of different aspects such as significant differences in patient anatomy, muscle-tendon  
214 strength and lower limb alignment, all which result in joint loading variability. In fact inter-patient  
215 variability in joint loading is the main aspect that has been most highlighted in literature [26, 27, 38, 64].  
216 Therefore, in the present study, patient-population was mainly outlined in terms of probabilistic joint  
217 loading and flexion angle. From this perspective, the performance should be repeatable in a large scale  
218 and over a patient population. Consequently, our findings showed that performance repeatability  
219 (reliability) is related to the conformity of the design, not to the type of the design (CR or PS).

#### 220 **4.2. The rationale behind chosen performance criteria**

221 Total knee replacement performance can be investigated through a variety of different criteria  
222 including (1) clinical outcome (i.e. survival rate , revision rate and knee clinical scores), (2) functional  
223 outcome (i.e. lower limb joint moments , knee flexion and range of motion), (3) kinematics (AP and IE  
224 laxity, femoral roll back and impingement) (4) contact mechanics ( contact position , pressure and area)  
225 and last but not least (5) tribological behavior (wear, wear scars and deformation).

226 Clearly the aforementioned criteria are linked to each other e.g. the underlying contact mechanics  
227 and kinematics have an impact on the tribological behaviors which all then lead to an overall impact on  
228 the functional outcome which in turn impacts the clinical scores. However, from a technical point of view,  
229 each group of the aforementioned performance criteria is most suitable for a special direction of  
230 investigation. For example, in order to investigate the effect of surgical or inter-patient variables, clinical  
231 scores and functional outcomes are usually adopted in literature [65-69]. In order to investigate the impact  
232 of implant design, tribological behavior, contact mechanics, and kinematic outcomes have been  
233 commonly used as key factors. Particularly, because of the competing effect of implant design on  
234 kinematics and contact mechanics[63], these two performance criteria have been widely adopted in  
235 literature when investigating the impact of the implant design on the performance of TKA [11-14, 35, 41].  
236 Therefore, the basic contact mechanics, i.e. contact area and pressure, on one side and basic kinematic  
237 data, i.e. anterior-posterior displacement and internal-external rotation, were chosen as performance  
238 criteria in this study.

### 239 **4.3. Principal component analysis**

240 In the traditional scenario of random sampling, input parameters are perturbed independently  
241 whereas the interactions between inputs are often ignored. Therefore, the conventional randomizing  
242 techniques (e.g. Latin hyper cube sampling) cannot be used to randomize knee data since load components  
243 and flexion angle are highly coupled to each other and cannot be randomized separately. In other words,  
244 correspondence should be preserved between knee data in order to generate a valid randomized data set.  
245 Galloway et al [46] suggested using PCA to provide a valid large probabilistic database of knee joint variables  
246 (section 2.2). Moreover, in the conventional sensitivity analysis, a single input is perturbed while other inputs  
247 are kept constant. This technique cannot be employed to evaluate the sensitivity of an output measure due to  
248 the changes in inter-dependent inputs since all inputs are altered simultaneously. For example, the overall  
249 variation in the kinematics of TKA is the result of simultaneous changes in knee joint loadings and knee  
250 flexion angle. Similarly, Fitzpatrick et al [44] suggested using PCA as an alternative to calculate the sensitivity  
251 indices (section 2.4).

### 252 **4.4. Validation**

253 Overall, the general trends of finite element computations were well compared with the previously  
254 published experimental and computational literature for PFC [52], PFC Sigma [32] and NexGen [34, 40].  
255 Experimental or computational data for Genesis II in Stanmore knee simulator were not found in literature for  
256 comparison. Beside this, lesser conformity designs are expected to have lower constraints and higher contact  
257 pressure values whilst higher conformity designs are expected to have higher constraint and lower contact  
258 pressure values. These are consistent with the present findings. Lesser conformity designs for example, had an  
259 average AP displacement of 10 mm and IE rotation of  $6^\circ$  with the maximum contact pressure values below  
260 40 MPa for PFC, and AP displacement of 4.5 mm and IE rotation of  $7.5^\circ$  with the maximum contact pressure  
261 values below 35 MPa for NexGen. Higher conformity designs however, had an average AP displacement of  
262 2.3 mm and IE rotation of  $2.5^\circ$  with the maximum contact pressure values below 22MPa for Genesis II and  
263 an average AP displacement of 4 mm and IE rotation of  $3.5^\circ$  with the maximum contact pressure values  
264 below 27 MPa for PFC Sigma.

265 Present findings were also consistent with the available literature: lesser conformity designs had  
266 higher kinematic variability than higher conformity designs [70] and were mostly affected by AP force and IE

267 torque [38]. However, part of the present predictions were in contrast with a previously published study that  
268 compared the variability of two low conformity and high conformity CR designs [38]. In that study, the  
269 authors found similar kinematic and contact reliability for both designs. Although in the present study contact  
270 mechanics variability did not differ noticeably, the high conformity CR design indicated higher kinematic  
271 reliability over low conformity CR design. The possible explanation is that Laz et al [38] used fairly small  
272 perturbation levels (i.e. 20.6 N for AP force, 0.37 N.m for IE torque, 18.7 N for axial force and 0.11 ° for  
273 flexion angle) compared to the present study (i.e. 44 N for AP force, 2.5 N.m for IE torque, 344 N for axial  
274 force, and 6° for flexion angle). Also, the overall performance variability of CR designs, achieved in their  
275 study, was much lower than the present study.

#### 276 **4.5. Contribution of this study**

277 Contribution of the present study, to the available literature, can be outlined both in terms of methodology  
278 and insights. In terms of methodology, first, previous comparative studies have been mostly in vivo or in vitro  
279 "clinical" investigations limited to a small number of patients. Hence, results differed noticeably from one  
280 laboratory to another. This study developed a computational framework to compare the reliability and  
281 sensitivity of CR and PS designs over a large patient population. Second, available "computational" studies  
282 have mainly ignored the inter-dependency of variables and randomized loading components separately [35,  
283 38-41, 43], used simplified linear sensitivity indices such as Pearson correlation [35, 41] and utilized  
284 relatively small variability levels [38, 39] to evaluate CR or PS TKA. The present study on the other hand,  
285 considered the inter-dependency of the knee joint variables and used a more rigorous sensitivity approach  
286 based on PCA and utilized higher variability levels to compare CR versus PS designs.

287 In terms of insights, the present findings provided a quantitative understanding of the performance  
288 variability and the critical factors that affect the potential outcome of each implant. Major findings can be  
289 outlined as: first, kinematic reliability of TKA was directly affected by conformity such that higher conformity  
290 designs indicated more reliable kinematics over the patient populations, second, contact reliability did not  
291 differ noticeably among different designs, and third, CR or PS designs affected the relative rank of critical  
292 factors that affect the reliability of each design.

293 From this perspective, a specific design may produce better kinematics but this level of kinematics may  
294 not be guaranteed to be repeatable over all patients. For example, our results indicated that a low conformity

295 CR design produced the least constraint and provided the highest range of kinematics but this level of  
296 kinematic performance might not be achievable over all patients since results highlighted the low reliability of  
297 this design when considering inter-patient variability. Instead, a small increase in the conformity increased the  
298 constraint but made more confidence in the expected clinical outcome.

#### 299 **4.6. Limitations and future research directions**

300 There were several limitations in this study. First, only one source of variability (load and angle) was  
301 considered to compare CR and PS designs. Considerable inter-subject variability has been reported in soft  
302 tissue, patients' musculature, component alignment and surgical techniques which should be considered for  
303 further comparison. The primary aim of the present study was to present a new approach to compare different  
304 designs and establish the required methodology. Nevertheless, the presented framework is equally applicable  
305 to study a wider range of inter-patient variables over different surgical techniques. Second, the initial  
306 experimental database consisted of five subjects. Further numbers of patients are required to confirm the  
307 aforementioned findings and elicit stronger information which can subsequently provide improved comparison  
308 of PS and CR designs. Third, rigid body constraints were applied in the finite element simulation to both  
309 femoral component and tibia insert. In fact Halloran et al [37] showed that rigid body analysis of the  
310 tibiofemoral knee implant calculates contact pressure and area similar to a full deformable analysis whilst  
311 rigid body simulation would be much more time-efficient. Accordingly, rigid body constraints were applied to  
312 both femoral and tibia inserts to perform the analyses with a reasonable computational cost.

313 Several future directions can be considered from this study. First, patient population variability can be  
314 modelled more precisely by considering soft tissue. In the present study, inter-patient variability was modelled  
315 in terms of perturbations in the flexion angle and joint loadings and TKA designs were simulated in a  
316 computational model of Stanmore knee simulator. TKA designs may be implanted in a finite element model of  
317 human leg including relevant soft tissue. Patient variability can be then modelled more precisely by perturbing  
318 the soft tissue parameters such as tendon length or ligament stiffness. Second, other daily activities such as  
319 stair ascending/descending, jumping or running may be investigated to find whether the reliability of a design  
320 differs among activities. For example, whether the most reliable design for normal walking still can produce  
321 consistent performance over the patient population while running?

## 322 **5. Conclusions**

323 A combined finite element simulation and principal component analysis was used to evaluate the  
324 “reliability” and “sensitivity” of four different fixed-bearing knee implants with different conformities and  
325 different designs (PS vs CR). Results implied that (1) conformity directly affected the reliability of the TKA  
326 over a patient population such that lesser conformity designs (PS or CR), had higher kinematic variability and  
327 were more affected by AP force and IE torque, (2) contact reliability did not differ noticeably among different  
328 designs (3) CR or PS designs affected the relative rank of critical factors that influenced the reliability of each  
329 design.

330 To the best of authors’ knowledge, previous probabilistic studies have mostly focused on one type of  
331 implants: PS or CR design and this is the first computational study in which both designs have been compared  
332 in a probabilistic finite element approach. Compared to the available clinical literature which compared PS  
333 versus CR for a small number of patients in terms of absolute kinematics or contact mechanics, present study  
334 compared the variability of the kinematics and contact mechanics of PS versus CR designs for a large  
335 inter-patient database (reliability) and highlighted the key factors that affected each implant (sensitivity). Such  
336 study therefore could discriminate between different designs and provide further insights for comparison  
337 purposes.

### 338 **Conflict of interest statement**

339 The authors have no conflict of interests to be declared.

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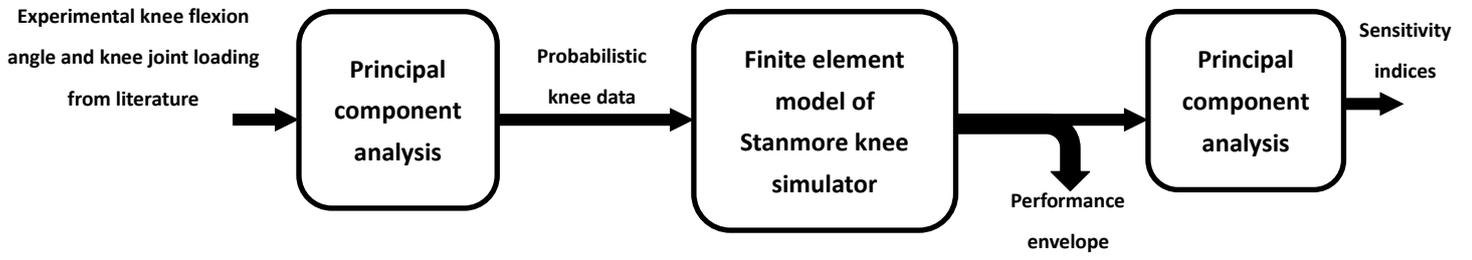
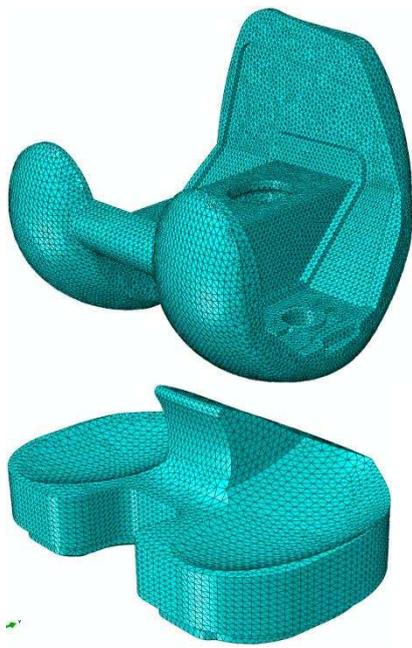
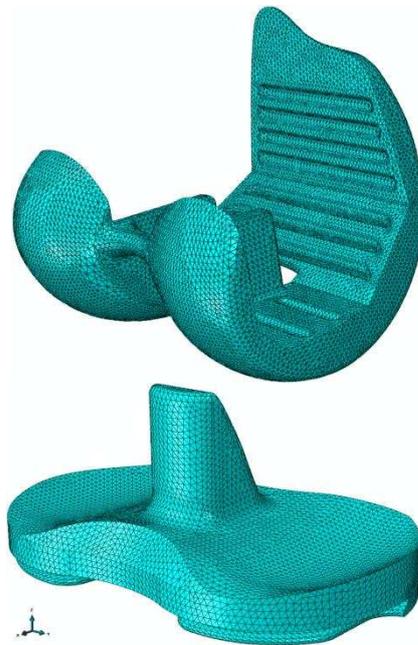


Figure 1 A schematic diagram of the proposed methodology



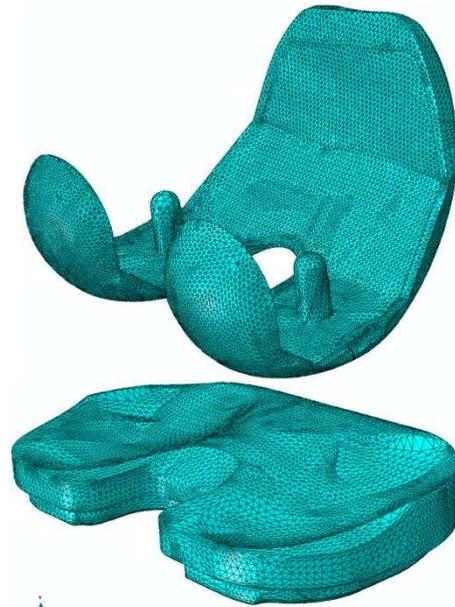
**PFC**



**Genesis II**



**NexGen**



**PFC Sigma**

Figure 2 CAD models of implants which were considered in this study

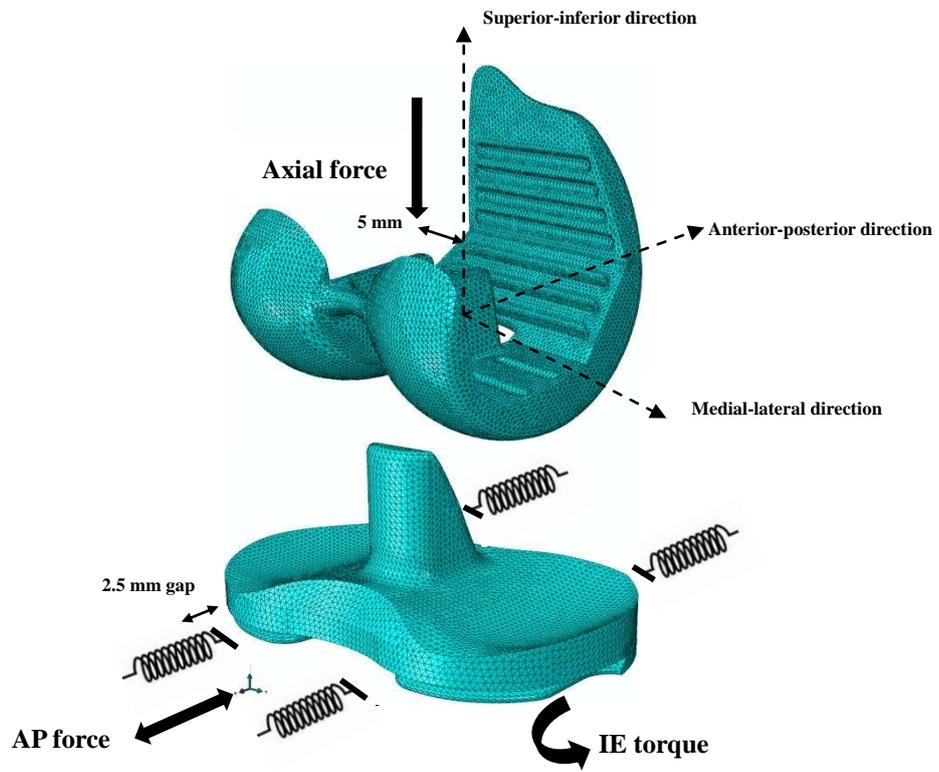


Figure 3 Finite element model of load-controlled Stanmore knee simulator

Figure

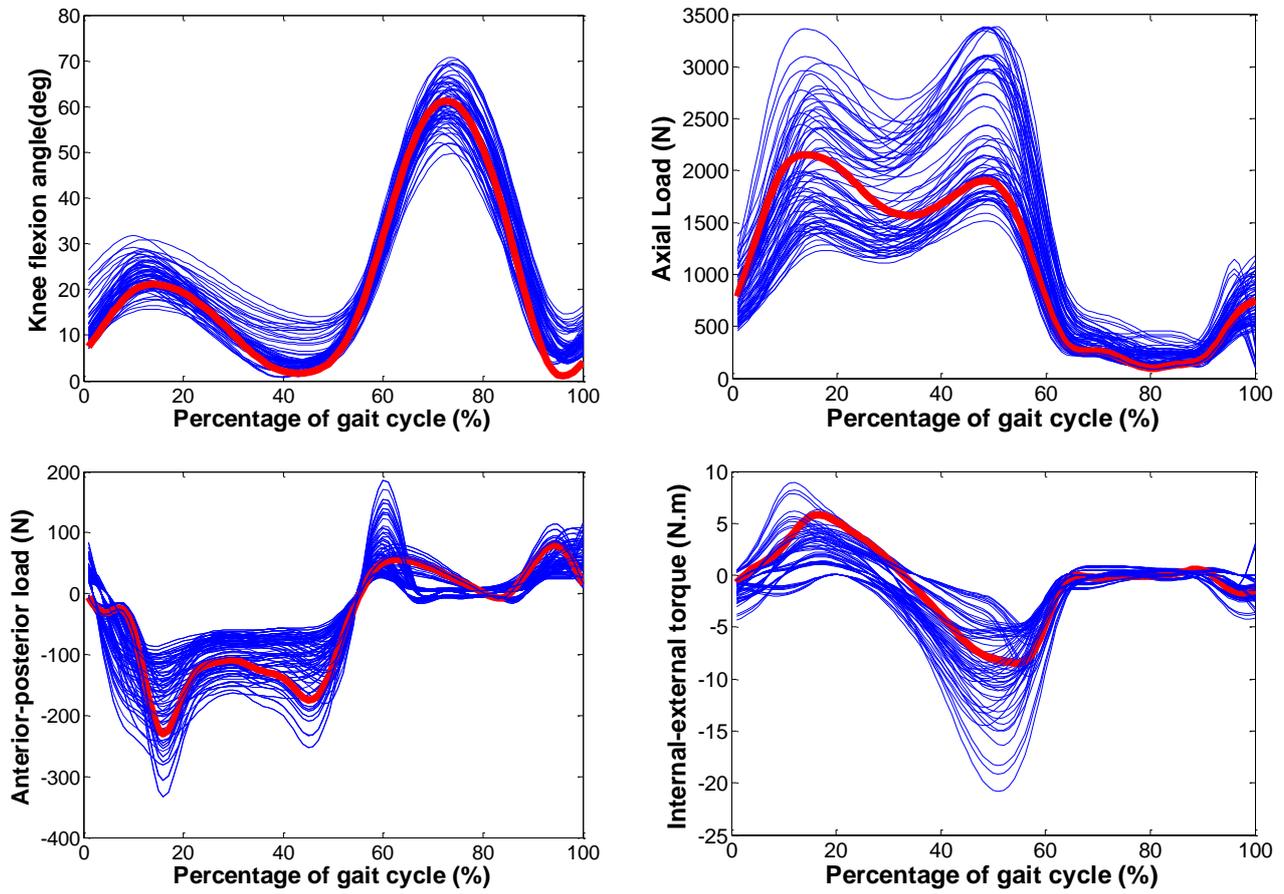


Figure 4 Probabilistic knee data (blue) were seen to be similar in pattern to the original experimental data (red).

Figure

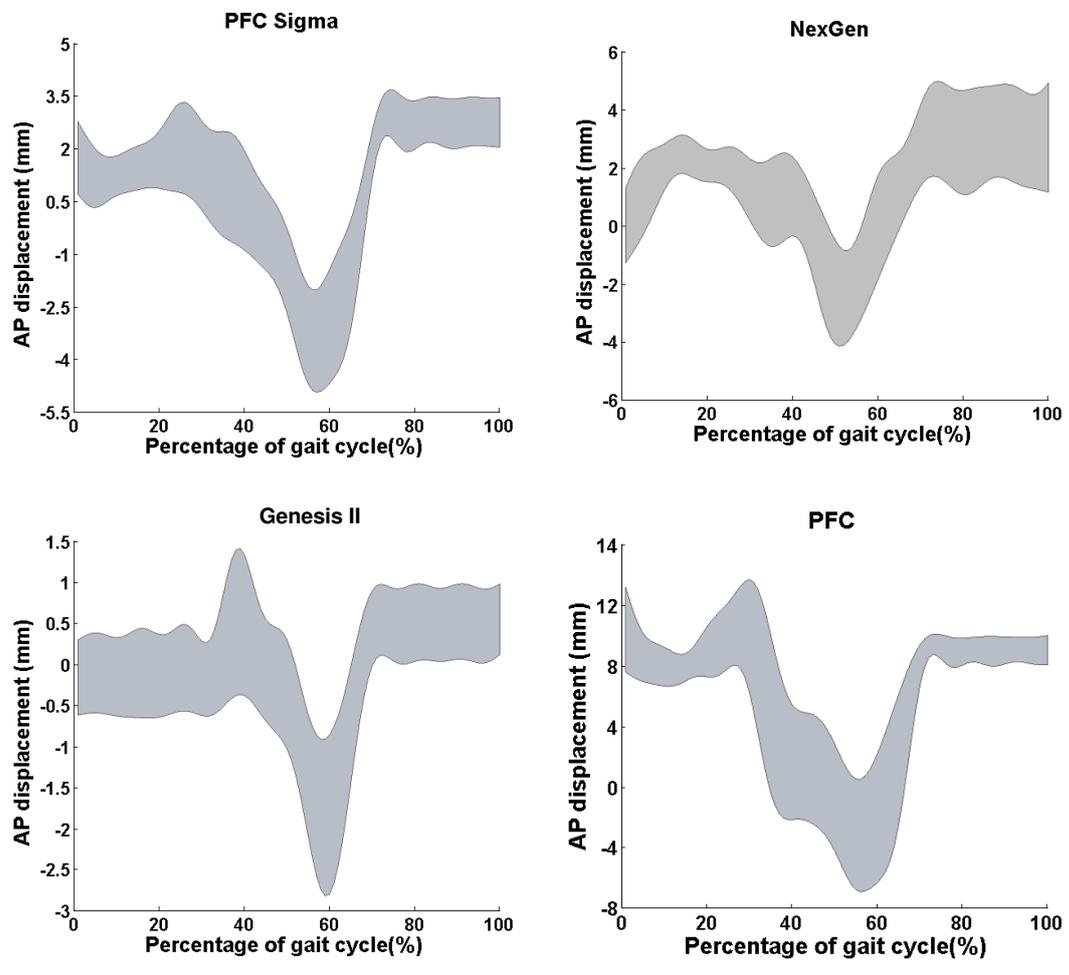


Figure 5 Probabilistic envelopes of anterior-posterior displacement.

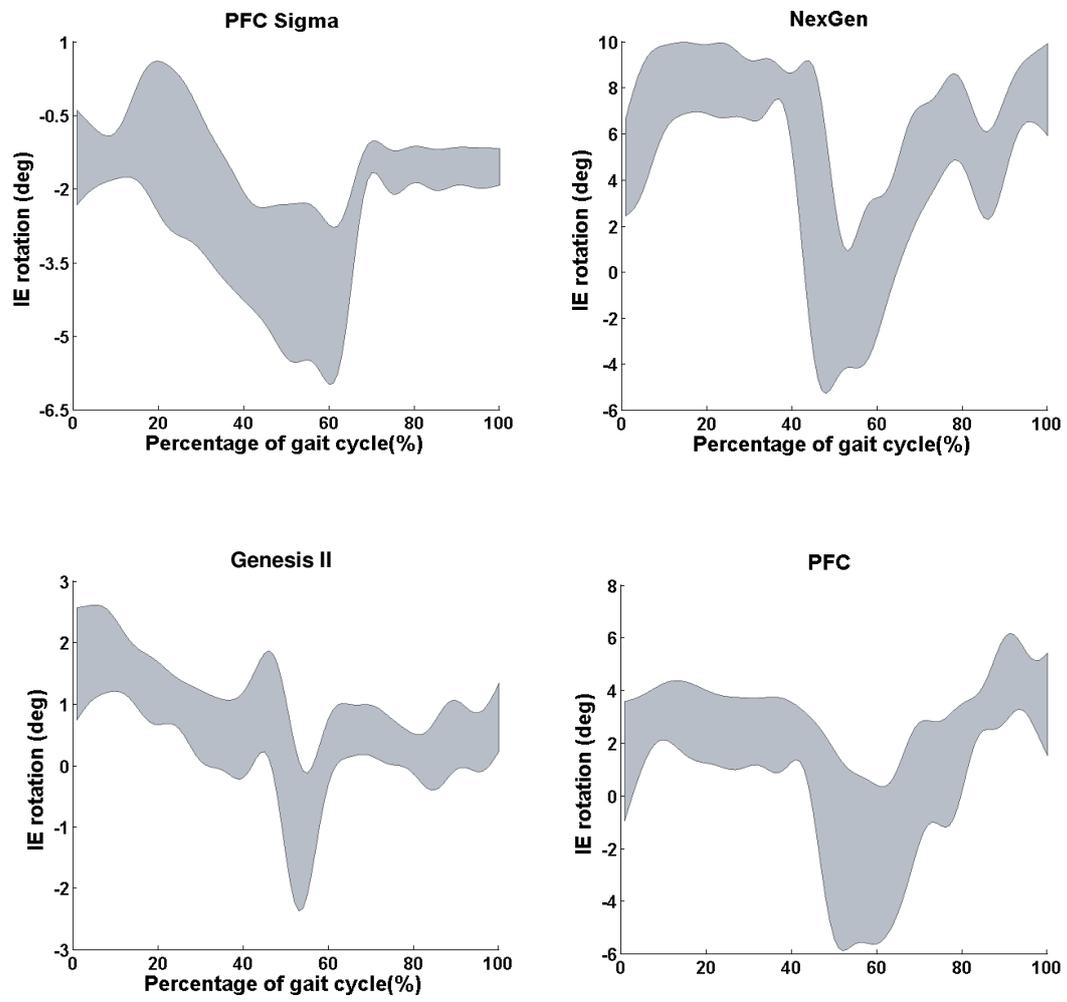


Figure 6 Probabilistic envelopes of internal-external rotation.

Figure

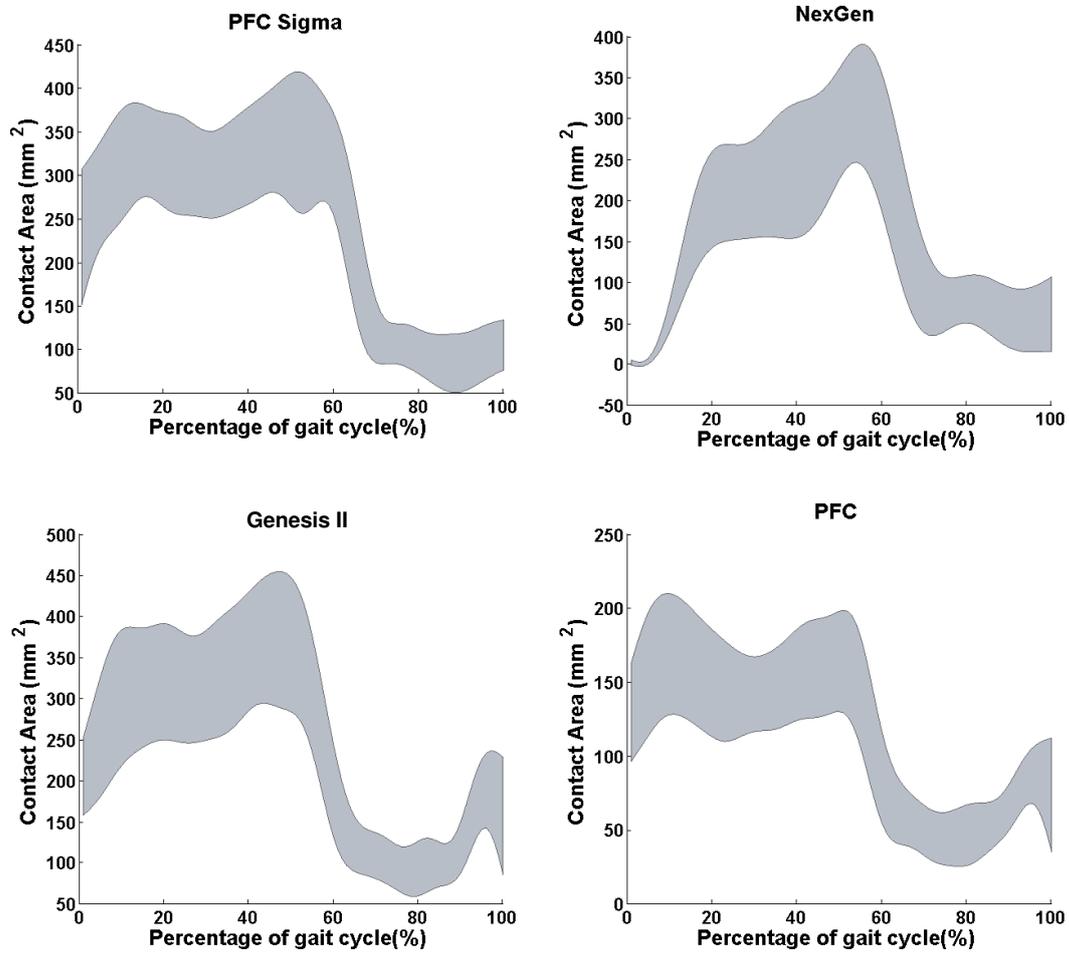


Figure 7 Probabilistic envelopes of contact area.

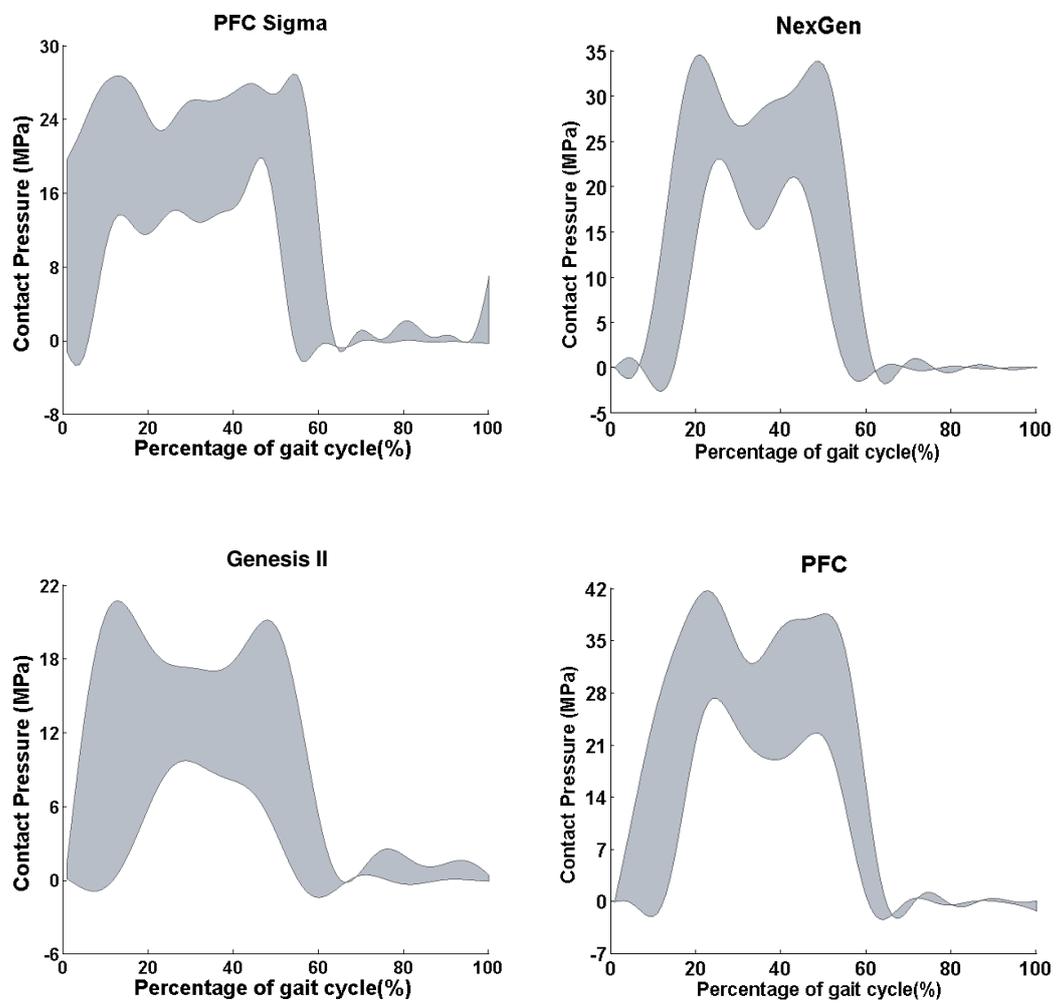


Figure 8 Probabilistic envelopes of contact pressure.

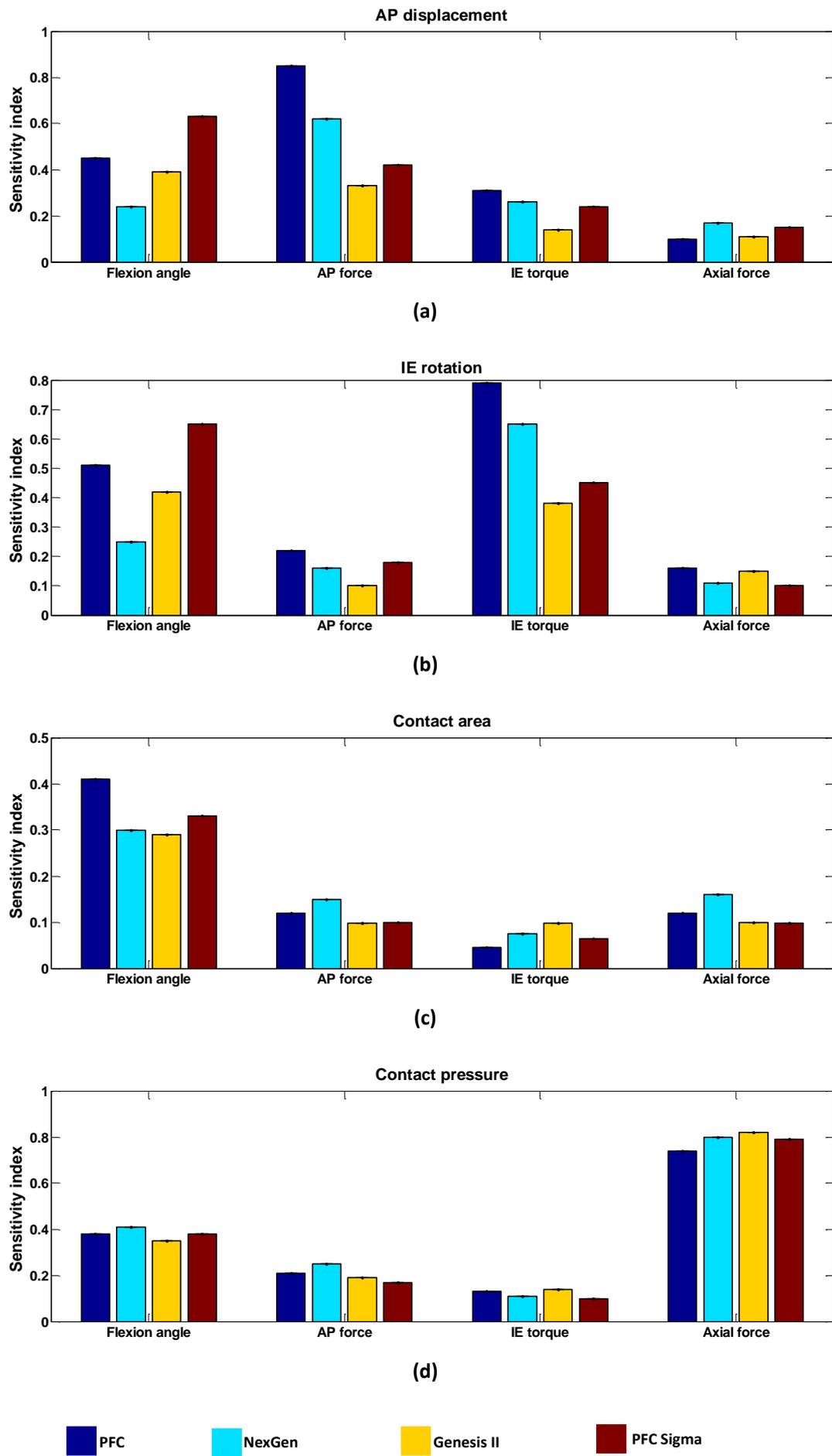


Figure 9 Quantitative sensitivity indices of performance (kinematics and contact mechanics) due to inter-patient variations of load and knee flexion.

Table 1 Description of the implants used in this study

| <b>Implant</b> | <b>Femur</b> | <b>Tibia</b> | <b>Generic description</b>           |
|----------------|--------------|--------------|--------------------------------------|
| PFC            | Multi-radius | Symmetric    | Posterior stabilized low conformity  |
| NexGen         | Multi-radius | Asymmetric   | Cruciate retaining low conformity    |
| PFC Sigma      | Multi-radius | Symmetric    | Cruciate retaining high conformity   |
| Genesis II     | Multi-radius | Asymmetric   | Posterior stabilized high conformity |