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# Terminal PEGylated DNA-Gold Nanoparticle Conjugates Offering High Resistance to Nuclease Degradation and Efficient Intracellular Delivery of DNA Binding Agents

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**KEYWORDS:** DNA-gold nanoparticle conjugate, PEGylation, drug delivery, DNase  
resistance, DNA intercalation reagent

## ABSTRACT

Over the past 10 years, polyvalent DNA-gold nanoparticle (DNA-GNP) conjugate has been demonstrated as an efficient, universal nanocarrier for drug and gene delivery with high uptake by over 50 different types of primary and cancer cell lines. A barrier limiting its in vivo effectiveness is limited resistance to nuclease degradation and non-specific interaction with blood serum contents. Herein we show that terminal PEGylation of the complementary DNA strand hybridized to a polyvalent DNA-GNP conjugate can eliminate non-specific adsorption of serum proteins and greatly increases its resistance against DNase I based degradation. The PEGylated DNA-GNP conjugate still retains high cell uptake property, making it an attractive intracellular delivery nanocarrier for DNA binding reagents. We show it can be used for successful intracellular delivery of doxorubicin, a widely used clinical cancer chemotherapeutic drug. Moreover, it can be used for efficient delivery of some cell-membrane impermeable reagents such as propidium iodide (a DNA intercalating fluorescent dye currently limited to the use of staining dead cells only) and a di-ruthenium complex (a DNA groove binder), for successful staining of live cells.

## INTRODUCTION

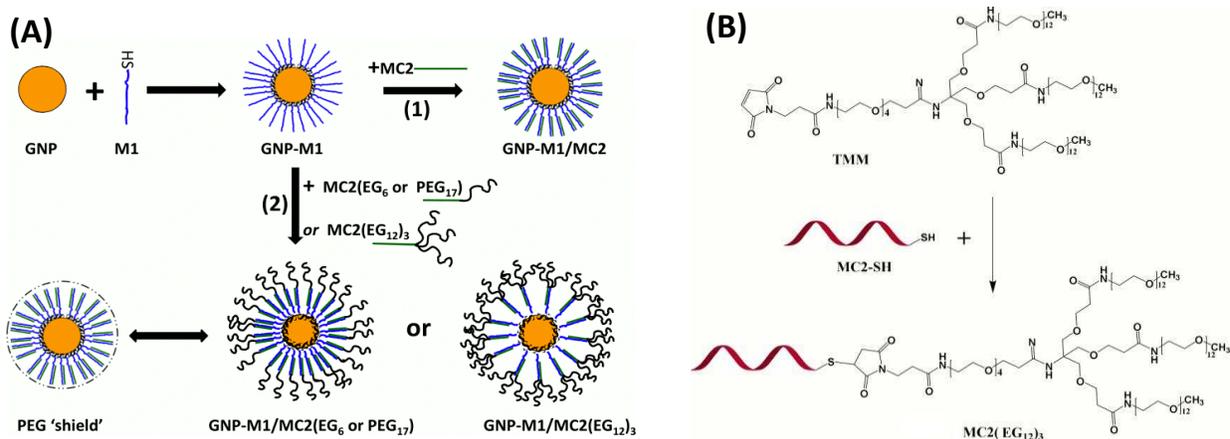
The polyvalent oligonucleotide-gold nanoparticle (DNA-GNP) conjugate, first developed by Mirkin et al.<sup>1</sup>, has been demonstrated to be a wonder material for nanotechnology,<sup>1</sup> biosensing,<sup>2-8</sup> materials science, and medicine over the past two decades.<sup>9-13</sup> It exhibited a number of highly attractive properties such as low-/non- cytotoxicity, excellent biocompatibility, good stability in high salt biological buffers, improved resistance against nuclease degradation and universally high cell uptake via scavenger receptor mediated endocytosis pathways. Such properties made it extremely attractive for multimodal bio-imaging and drug/gene delivery. For example, the DNA-GNPs have been used for intracellular gene regulation and siRNA delivery,<sup>14-17</sup> displaying impressive gene silencing efficiencies which are better than some widely used gene transfection reagents (e.g. lipofectmine).<sup>14</sup> More recently, a RNA-GNP conjugate has shown capable of in vivo RNAi therapy of brain cancer with a mouse model.<sup>18-19</sup> The DNA-GNP system has also been exploited for intracellular delivery of small chemotherapeutic drugs.<sup>20-24</sup> We have found recently that a pH-responsive- (PR-) DNA which exhibits highly reversible, pH-triggered conformational switch between a four-stranded i-motif and a random coil,<sup>25-27</sup> can be combined with GNP to develop an effective nanocarrier for doxorubicin (DOX), a widely used clinical cancer chemotherapy drug. It allows for effective treatment of cancer at the cellular level.<sup>12</sup> The PR-DNA-GNP displays numerous features of an “ideal drug nanocarrier” outlined by Langer et al.<sup>28</sup> It can effectively exploit the gradually acidified local pH of the natural endo-/lyso- somal maturation/trafficking process to achieve effective, pH-triggered intracellular drug release.

Despite significant studies, most of the DNA-GNP systems reported so far have been based on unmodified DNAs. The inherent strong negative-charge of the DNA phosphate backbone can lead to non-specific interactions with serum proteins, altering their particle size,

charge and pharmacokinetic properties.<sup>29-30</sup> This can lead to strong recognition by the reticulo-endothelial system (RES), resulting in rapid removal from blood circulation. As a result, this can limit its ability to exploit the enhanced permeation and retention (EPR) effect, a characteristic pathological property of cancer tumour,<sup>28</sup> to achieve tumour-targeted accumulation, and hence compromising its therapeutic efficacy in vivo. Additionally, although the stability of DNA against nuclease degradation can be improved by ~3 fold after GNP conjugation,<sup>31</sup> this may still not be not good enough to satisfy the challenging in vivo conditions because of the extensive exposure to various nucleases.

To address the problem of serum protein non-specific adsorption, the Mirkin group has used a post treatment of the formed DNA-GNP with a thiolated poly(ethylene glycol, PEG). Despite of success, a drawback here has been a reduced DNA/RNA loading on the GNP, due to competitive displacement of the thiolated nucleic acid strands on the GNP surface by the thiolated PEG passivation molecules. As a result, the number of functional DNA/RNA strands on each ~14 nm GNP was found to be only ~35,<sup>18</sup> a considerable reduction from the typical  $\geq$  100 strands found for non-treated DNA-GNPs.<sup>1-12</sup> Herein we report a new PEGylation strategy for the DNA-GNP via terminal PEGylation of the complementary strand (MC2). The specific hybridisation between the PR-DNA-GNP and MC2(PEG) then completes the carrier PEGylation (**Figure 1A**). An advantage of this strategy over the post thiolated PEG treatment is that it yields more functional DNA strands per GNP (ca. 110 v.s. 35), making it potentially a more effective drug or gene nanocarrier. We show our PEGylation approach offers complete resistance to nonspecific adsorption of serum proteins in cell culture media and provides >10 times higher resistance to DNase I mediated enzymatic digestion. Moreover, the PEGylated DNA-GNP

nanocarrier still retains high cell uptake which can be exploited for efficient delivery of both chemotherapeutic drugs (ca. DOX) and some cell membrane-impermeable reagents to live cells.



**Figure 1.** (A) Schematic procedures of our approach to PEGylated DNA-GNP drug nanocarriers. Thiolated PR-DNA (denoted as M1) was first loaded onto a citrate stabilized 14 nm GNP via gold-thiol self-assembly to form GNP-M1, which was then hybridized to complementary MC2 (unmodified, Route 1) or PEG-modified MC2s (Route 2) to form the GNP-M1/MC2(PEG) carriers. (B) Schematic of MC2(EG<sub>12</sub>)<sub>3</sub> preparation via the Michael addition between the maleimide-modified three-chain oligo(ethylene glycol) and the MC2-free sulfhydryl group, forming a stable covalently linked MC2(EG<sub>12</sub>)<sub>3</sub>.

## RESULTS AND DISCUSSION

**Table 1** summarizes the DNA sequences used in this study. EG<sub>m</sub> represents uniform, single-length oligo(ethylene glycol, EG) containing “m” EG units, while PEG<sub>n</sub> represents poly(ethylene glycol) with mixed length PEGs containing an average number of “n” EG repeats. The thiolated pH-responsive (PR) DNA strand (M1) contains an i-motif domain consisting of 4 stretches of cytosine-rich sequences. The i-motif domain is separated by a

ten-consecutive thymine (T<sub>10</sub>) linker from the 5'-thiol modification to minimise any possible non-specific interactions with the GNP after conjugation.<sup>12</sup> The MC2 sequence is fully complementary to the M1 i-motif domain except for two designed mismatches to stop it forming a stable G-quadruplex. The mismatches are also used to tune the stability of the resulting double-stranded (ds) DNA structure, ensuring the ability to form a stable i-motif triggered by the acidic pH environment of intracellular compartment and to release the intercalated drugs/reagents as described previously.<sup>12</sup> The GC rich base pairs in the M1/MC2 duplex also allow for convenient loading of doxorubicin (DOX), a widely used clinical cancer chemotherapeutic drug, via its preferred GC base pair intercalation.<sup>24</sup>

**Table 1.** The DNA abbreviations and their sequences used in this paper. The two designed mismatched bases between MC2 and M1 are highlighted in red.

DNA name	Sequence (5' → 3')
M1 (PR-DNA)	HS(CH <sub>2</sub> ) <sub>6</sub> -TTT TTT TTT TCC CTA ACC CTA ACC CTA ACC C
MC2	<b>GT</b> G TTA <b>GGT</b> TTA GGG TTA GGG
MC2(EG <sub>6</sub> )	EG <sub>6</sub> - <b>GT</b> G TTA <b>GGT</b> TTA GGG TTA GGG
MC2(PEG <sub>17</sub> )	PEG <sub>17</sub> - <b>GT</b> G TTA <b>GGT</b> TTA GGG TTA GGG
MC2(EG <sub>12</sub> ) <sub>3</sub>	(EG <sub>12</sub> ) <sub>3</sub> - <b>GT</b> G TTA <b>GGT</b> TTA GGG TTA GGG

EG<sub>m</sub>: single-length oligo(ethylene glycol) containing “m” EG repeat.

PEG<sub>n</sub>: a mixed length poly(ethylene glycol) with an average number of “n” EG repeats.

The MC2 modified with a 5'-terminal six EG unit, MC2(EG<sub>6</sub>), is purchased commercially from IBA GmbH (Germany). The synthesis and characterisation of the MC2(PEG<sub>17</sub>), MC2 with a 5'-terminal modification of PEG with an average of 17 repeat EG units, has been reported in our previous publication.<sup>12</sup> MC2(EG<sub>12</sub>)<sub>3</sub> is synthesised in house by reaction of a 5'-thiol modified MC2 with a maleimide-modified, branched three-chain PEG each containing 12 EG units

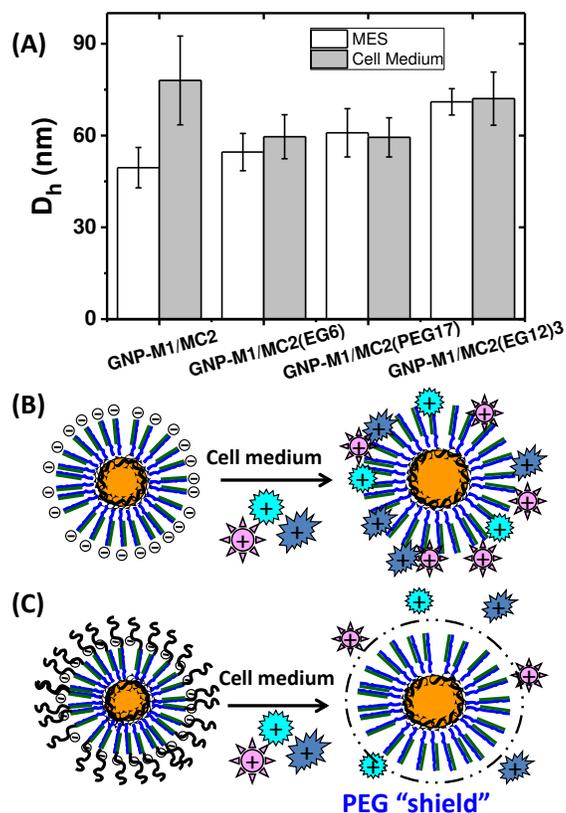
[(Methyl-EG<sub>12</sub>)<sub>3</sub>-EG<sub>4</sub>-Maleimide (TMM)] as shown schematically in **Figure 1B**. Details of the MC2(EG<sub>12</sub>)<sub>3</sub> characterisation are given in the Supporting Information (SI).

GNP-M1 conjugates with the average M1 strand loading per GNP of 60, 85 and 110 respectively are prepared by incubating citrate stabilised GNP (~14 nm in diameter, see SI, Fig. S1) with 100, 200 and 300 molar equivalent of thiolated M1s followed by salt aging as described previously.<sup>12</sup> The resulting GNP-M1 conjugates are then hybridized to the MC2, MC2(EG<sub>6</sub>), MC2(PEG<sub>17</sub>) or MC2(EG<sub>12</sub>)<sub>3</sub> at a fixed M1:MC2 molar ratio of 1:1 in a 2-N-morpholino ethanesulfonic acid (MES) buffer (50 mM MES, 150 mM NaCl, pH 7.4) to complete the carrier assembly. Effects of the EG (or PEG) chain length and number and the GNP surface M1 density on the carrier's resistance to nonspecific serum protein adsorption and DNase I digestion are investigated.

### **PEGylation eliminates non-specific adsorption of serum proteins on the DNA-GNP carrier**

The size and surface properties of a drug carrier are critical to its stability, pharmacokinetics and biodistribution in vivo, which in turn strongly affect its cancer targeting ability and efficacy. For effective cancer targeting via the EPR effect, a characteristic pathological condition of many solid tumours, an ideal carrier size should be greater than the renal clearance threshold (~8 nm, ensuring long blood half-time)<sup>32-33</sup> but smaller than the average gap of leaky blood vessels of solid tumours (~100 nm).<sup>28,34</sup> The carrier should also minimise the capture by fixed macrophages in the liver and spleen,<sup>35</sup> and have the right surface properties to avoid being recognised and cleared out of the body during systemic circulation before reaching the target tumour.<sup>36-37</sup> The carrier should not interact strongly with blood components to alter its size and surface properties. In this regard, PEGylation has been shown to be one of the most effective and widely used

strategies.<sup>38-39</sup> PEGylation can provide a flexible, hydrophilic shield to minimise the non-specific uptake and removal by macrophages. Indeed, PEGylation has shown to be effective at resisting nonspecific adsorption of biomolecules on both flat and curved nanoparticle (e.g. magnetic nanoparticle, quantum dot) surfaces.<sup>40-43</sup> Therefore the hydrodynamic diameters ( $D_h$ s) of the DNA-GNPs (with ~110 M1 strands per GNP) in MES buffer and in Dulbecco's Modified Eagle Medium (DMEM) cell culture media with 10% Fetal Bovine Serum (FBS) are measured by dynamic light scattering (DLS) and the results are shown in Figure 2.



**Figure 2.** (A) Comparison of the hydrodynamic diameters ( $D_h$ s) of different GNP-M1/MC2 systems in MES buffer (white bars) and DMEM cell culture media with 10% FBS (grey bars). (B) Schematic presentations of the interaction between DNA-GNP and serum proteins: positively-charged serum proteins (or protein domains) may electrostatically adsorb to the strongly negatively-charged DNA-GNP,

leading to a significantly increased  $D_h$ . (C) A dense PEG shield on the PEGylated DNA-GNP can prevent the adsorption of serum proteins, leading to effectively no change of  $D_h$ .

The un-PEGylated GNP-M1/MC2 displays a  $D_h$  of  $50 \pm 4$  nm in MES buffer, while those with various PEG-modifications, i.e. GNP-M1/MC2(EG<sub>6</sub>), GNP-M1/MC2(PEG<sub>17</sub>) and GNP-M1/MC2-(EG<sub>12</sub>)<sub>3</sub>, all show larger  $D_h$ s of  $55 \pm 6$ ,  $61 \pm 8$  and  $70 \pm 5$  nm, respectively (**Figure 2A**). Therefore the size of the GNP-DNA carrier gradually increases with the increasing number of total PEG units grafted to each MC2 strand. This result agrees well with our design that the MC2 strands hybridize to the GNP-M1 to form the GNP-M1/MC2 carrier, leaving the terminal PEG grafts extending outwards. As a result, the higher the number of the PEG units grafted on each MC2 strand the bigger the volume it will occupy, and hence the bigger the overall carrier  $D_h$ .

In serum-containing media, the  $D_h$  of the un-PEGylated GNP-M1/MC2 is increased significantly (by  $\sim 30$  nm) to  $\sim 80$  nm, indicating significant adsorption of serum proteins onto the carrier. This is most likely due to electrostatic adsorption of some positively charged proteins (or domains) onto such a strongly negatively-charged nanocarrier (**Figure 2B**). This result agrees well with those of unmodified DNA-GNPs reported in earlier literatures.<sup>29,44</sup> In contrast, the  $D_h$ s of the PEGylated GNP-M1/MC2s (except for GNP-M1/MC2(EG<sub>6</sub>) which shows a small increase of  $\sim 4$  nm) in the cell culture media show effectively no changes over those in the MES buffer, indicating no non-specific adsorption of serum proteins onto the PEGylated nanocarriers. This result confirms the success of our PEGylation strategy for the DNA-GNP system. PEGylation is a well-established strategy for resisting non-specific adsorption of biomolecules on surfaces. It has been widely used to improve the pharmacokinetic properties and to reduce non-specific uptake for therapeutic biomolecules.<sup>45-46</sup> In those cases, a few strands of relatively long PEGs (with molecular weight of  $\sim 5$ -40 kDa, containing  $\sim 110$ -900 PEG units each) are conjugated to

each protein to complete the PEGylation. Here we find that ~110 strands of short PEGs (each containing 17 PEG units) are sufficient to completely inhibit the nonspecific adsorption of proteins on such a large ( $D_h \sim 50$  nm) and strongly negatively-charged DNA-GNP conjugate. Presumably because many such short PEGs create a uniform, flexible, neutral, hydrophilic and relatively dense shield on the particle outer surface that can sterically limit the access to the underneath DNAs by serum proteins to initiate electrostatic adsorption.<sup>47-49</sup> As a result, the sizes of the PEGylated DNA-GNP carriers, particularly those with a moderate length or branched multi-chain PEGs, show no measurable changes after exposure to the serum containing culture media. This result also agrees well with the earlier reports that longer PEG chains and higher PEG density can provide greater shielding efficiency.<sup>50-53</sup>

### **PEGylation improves carrier resistance to DNase I digestion**

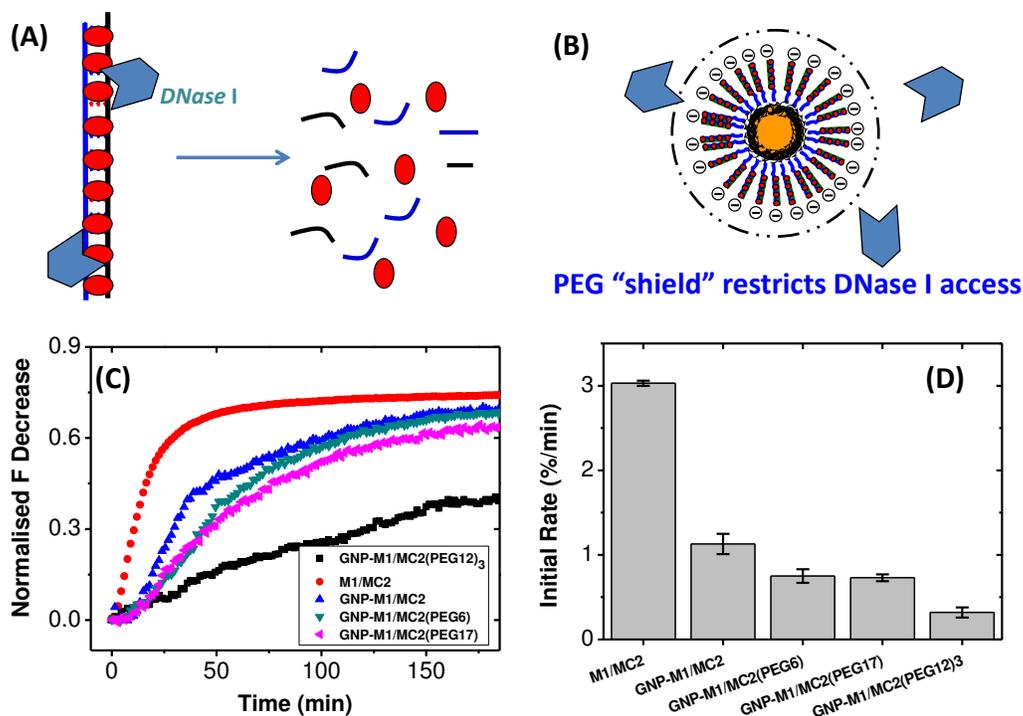
In addition to resisting non-specific adsorption, an effective drug nanocarrier should have sufficient stability *in vivo*. This has been a significant challenge for any DNA-based drug carriers because of exposure to numerous nucleases under the *in vivo* environment that can degrade them rapidly. It has been reported that a dense DNA packing on the DNA-GNP can increase the resistance of DNA to nuclease degradation by ~3 fold, primarily through inhibition of nuclease activity by the high local salt (counter ion) concentration surrounding the strongly negatively charged DNA-GNP.<sup>31</sup> However, the 3-fold improvement may still not be enough to satisfy the more challenging *in vivo* conditions.

To investigate whether our PEGylation strategy can improve the carrier resistance to nuclease degradation, the dsDNA-GNPs are treated with a DNA digestive enzyme, DNase I (Figure 3A). This process is monitored by following a literature protocol,<sup>31</sup> but using a different

signal readout strategy. Here a DNA intercalating dye, YO-PRO-1, is used instead of a covalently attached fluorophore at the end of the complementary strand.<sup>31</sup> Compared to the literature approach, this strategy has several advantages: First, YO-PRO-1 binds strongly to dsDNA by intercalation which is very similar to that of anticancer drug (e.g. DOX) loading. Therefore, the stability of dsDNA-GNP-YO-PRO-1 against nuclease degradation should mimic more closely to that of the dsDNA-GNP-DOX system. Second, unlike the covalent labelling strategy where each DNA strand contains just one fluorophore, multiple YO-PRO-1 molecules can bind to each dsDNA strand, allowing for a stronger fluorescence readout signal. Third, unlike DOX which intercalates preferentially to the GC base pairs,<sup>54</sup> YO-PRO-1 intercalation does not have base pair preference and takes place throughout the whole dsDNA structure.<sup>55</sup> Therefore, the YO-PRO-1 fluorescence intensity change should present a better reflection of the whole dsDNA degradation process than relying on terminal labelling or DOX intercalation. And finally, free YO-PRO-1 is effectively non-fluorescent. Its fluorescence intensity is enhanced by >1000 fold after dsDNA binding. This property allows for unambiguous differentiation of the DNA-bound and free YO-PRO-1 states after DNase I digestion.

A series of samples containing the M1/MC2 duplex only, and GNP-M1/MC2s (with or without PEG modification, with ~85 M1 strands per GNP) with identical effective final M1/MC2 strand concentrations (80 nM) and DNA strand loading per GNP (85) are mixed with YO-PRO-1 (400 nM, M1/MC2:YO-PRO-1 molar ratio = 1:5) for 10 min before DNase I (2 U/L) is introduced. The resulting time-dependent fluorescence intensity change of YO-PRO-1 ( $\lambda_{\text{EX}}/\lambda_{\text{EM}}$ : 491/509 nm) for each sample is monitored and shown in Figure 3C. The fluorescence decreases are all normalised by that of the M1/MC2 duplex only (80 nM) with YO-PRO-1 (400 nM). The fluorescence intensity changes within the first 30 min for all samples are approximately linear,

hence the slopes of the resulting linear fits are used to quantify their relative enzymatic digestion rates (Figure 3D). As shown in Figure 3C, free M1/MC2 duplex is rapidly digested by DNase I. The whole digestion process is complete in ~50 min with an initial rate of 3.03 %/min. In contrast, degradation of the GNP-M1/MC2 is much slower, with an initial rate of 1.13 %/min, ~1/3 that of the free duplex DNA alone. This result is in excellent agreement with an earlier report that the DNA stability against nuclease degradation can be improved by ~3 fold upon GNP conjugation.<sup>31</sup> The improved resistance is assigned to a high local Na<sup>+</sup> concentration at the DNA-GNP surface (to balance its strong negative surface charge) that can inhibit the DNase I activity.<sup>31</sup>



**Figure 3.** Schematic presentations of the YO-PRO-1 loaded (A) dsDNA and (B) PEGylated dsDNA-GNP systems under treatment of DNase I. The dsDNA only system is quickly degraded by DNase I but the PEG-shield on the dsDNA-GNP can provide protection against DNase I digestion. (C) Normalised time-dependent fluorescence changes for the YO-PRO-1 loaded M1/MC2 and GNP-M1/MC2 (with or without

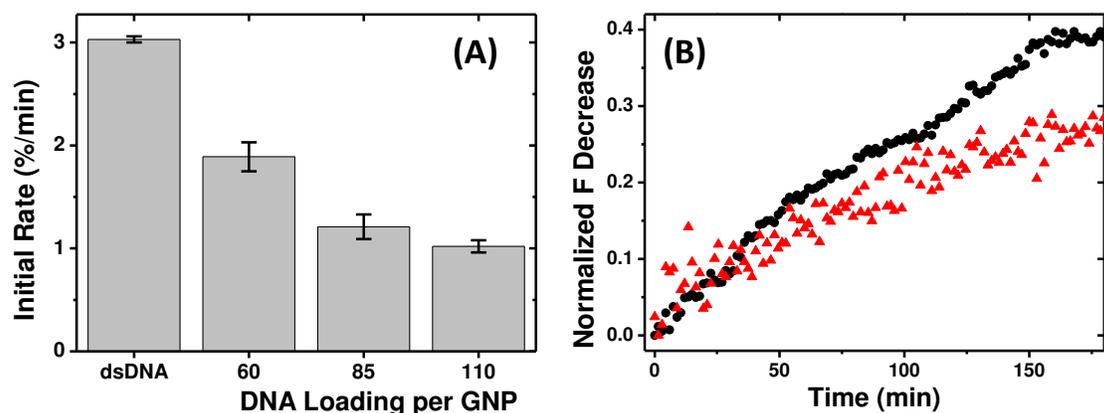
PEGylation) conjugates after treatment with DNase I. **(D)** Comparison of initial rate of degradation velocities (%/min) over the first 30 min derived from **(C)**.

All of the PEGylated GNP-M1/MC2 carriers exhibit a slower degradation rate than the un-PEGylated GNP-M1/MC2. For single-PEG chain modified systems, GNP-M1/MC2(EG<sub>6</sub>) and GNP-M1/MC2(PEG<sub>17</sub>), they both show very similar initial degradation rates of ~0.70 %/min, which is ~21% that of the M1/MC2 duplex alone. Significantly, the three-PEG-chain modified GNP-M1/MC2(EG<sub>12</sub>)<sub>3</sub> exhibits the slowest degradation rate, 0.32 %/min, which is less than half that of the single-PEG-chain systems and only ~1/10 that of the free M1/MC2 duplex alone. This indicates that modification of GNP-M1/MC2 with a branched three-chain PEG greatly enhances its resistance to DNase I mediated enzyme degradation.

The enhanced resistance of the PEGylated DNA-GNPs to DNase I degradation is likely to originate from a combined effect of steric hindrance and high local Na<sup>+</sup> concentration. A dense PEG ‘shield’ on the dsDNA-GNP outer surface (Figure 3B) can restrict the enzyme access to the underneath DNA structure, just like their ability to resist non-specific adsorption of serum proteins observed above.<sup>38,46</sup> These highly flexible, hydrophilic PEG chains produce a vast number of conformations constantly switching from one to another, acting as a “PEG shield” that can significantly reduce the possibility of digestive enzymes to reach the underneath objects. Meanwhile, the dense negative charge of the DNAs underneath the “PEG shield” still induces a high local Na<sup>+</sup> concentration that can inhibit the activity of any enzymes managed to penetrate the “PEG shield”. Therefore, all three PEGylated DNA-GNPs exhibit slower enzymatic degradation rates than the un-PEGylated GNP-M1/MC2. The GNP-M1/MC2(EG<sub>12</sub>)<sub>3</sub>, which has a surface PEG density three times as high as the single-chain PEGs, can produce a much denser

and hence more effective steric shield to prevent the access of DNase I to the DNA structures, leading to the slowest enzymatic degradation rate.<sup>50, 56-58</sup>

A further insight into the resistance to DNase I degradation is obtained by examining the effects of the DNA (hence PEG as each MC2 strand is PEGylated) packing density on the GNP surface. Figure 4A shows the initial degradation rates of the un-PEGylated GNP-M1/MC2s with M1 strand loadings of 60, 85 and 110 per GNP, respectively (the M1:MC2 molar ratio is always maintained at 1:1). It clearly shows that the higher the DNA strand loading per GNP, the slower the degradation rate. For example, the initial degradation rate for the conjugate with 110 M1 strands per GNP (1.02 %/min) is 46% slower than that with 60 strands (1.89 %/min) and ~11% slower than that with 85 strands (1.13 %/min). This is consistent with the mechanism that the higher the DNA (negative charge) density, the higher the local Na<sup>+</sup> ion concentration, and hence the more effective inhibition of DNase I activity. A similar trend is also observed for the three-PEG-chain modified GNP-M1/MC2(EG<sub>12</sub>)<sub>3</sub> (Figure 4B). The initial rate of degradation is decreased from 0.32 to 0.25 %/min as the DNA strand loading is increased from 85 to 110, a reduction of 22%, which is about twice that observed for the non-PEGylated system (~11%). This result indicates that the stability of the PEGylated DNA-GNP against DNase I digestion can be further enhanced by increasing the GNP surface DNA loading. The combined effect of high DNA density (hence high local Na<sup>+</sup> concentration for inhibiting DNase activity) and PEGylation (steric restriction of DNase access to underneath DNA structure) makes it more resistance to DNase degradation. This result thus provides a useful guidance towards the design of highly stable DNA-GNP based drug nanocarriers.



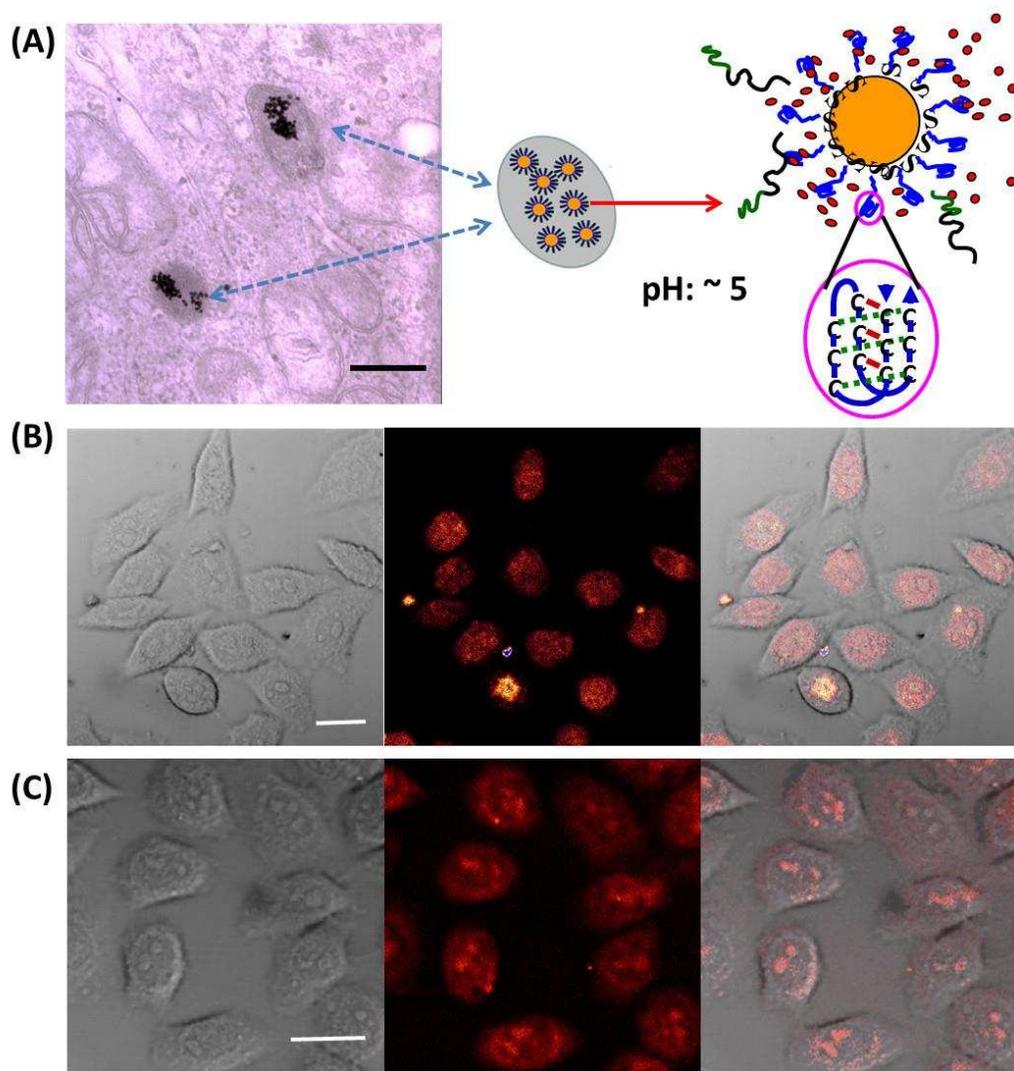
**Figure 4.** (A) Comparison of initial degradation rates for M1/MC2 duplex and un-PEGylated GNP-M1/MC2s at different DNA loadings per GNP. (B) Time-dependent fluorescence intensity changes of the GNP-M1/MC2(EG<sub>12</sub>)<sub>3</sub> at M1 strand loadings of 85 (black dots) and 110 (red triangles) per GNP.

### GNP-M1/MC2(EG<sub>12</sub>)<sub>3</sub> for intracellular delivery of DNA binding reagents

The excellent resistance of the GNP-M1/MC2(EG<sub>12</sub>)<sub>3</sub> against serum protein adsorption and DNase I degradation makes it highly attractive for drug delivery. We have previously shown that the GNP-M1/MC2 can be used for efficient delivery and pH-responsive release of DOX inside cancer cells, leading to high cytotoxicity.<sup>12</sup> Here we report that the GNP-M1/MC2(EG<sub>12</sub>)<sub>3</sub> not only can deliver DOX (a widely used clinical anticancer drug for treating bladder, breast, stomach, lung, ovaries, thyroid, soft tissue sarcoma, multiple myeloma, some leukemias and Hodgkin's lymphoma, Figure 5B), but also propidium iodide (PI), a cell membrane-impermeable fluorescent dye, to live human cervical cancer cells (HeLa cells). PI is widely used to stain dead cells, but not live cells. As shown in Figure 5C, live HeLa cells are clearly stained by PI after exposure to PI mixed with the DNA-GNP nanocarrier. The DNA-GNPs have been previously reported to be internalised by cells mainly via the scavenger receptor-mediated endocytosis

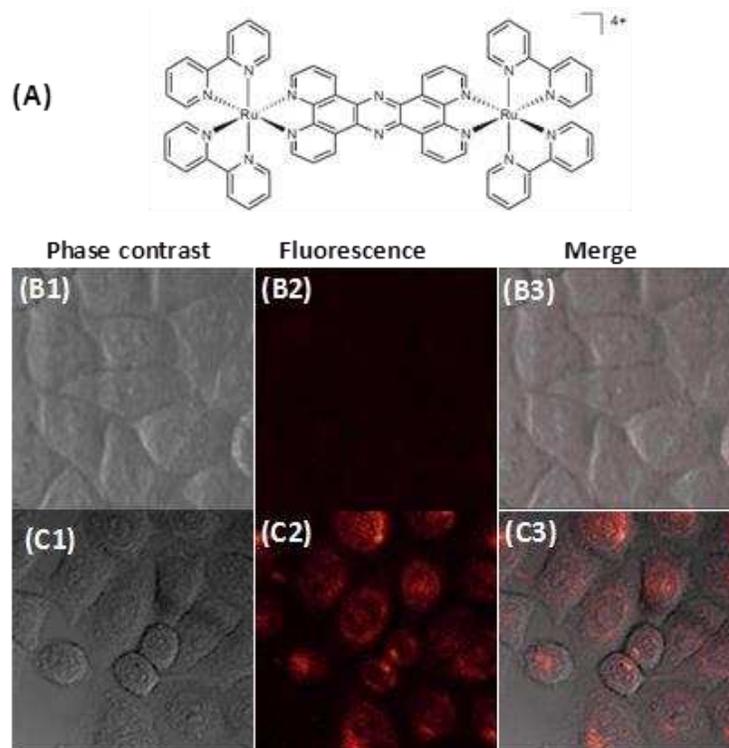
route.<sup>30</sup> As a result, they should be mainly located in intracellular endosomes or lysosomes. Transmission electron microscopy (TEM) analysis of HeLa cells after incubation with the GNP-M1/MC2(EG<sub>12</sub>)<sub>3</sub> for 3 h reveals that this is indeed the case. The GNPs are found to be exclusively located in endo-/lyso- somal like intracellular compartments (Figure 5A), suggesting that modification of the GNP-M1/MC2 with the three-chain-PEG does not alter its cell uptake pathway. Therefore its intracellular delivery mechanism is likely to be as follows: after cell uptake, the gradual acidification of the local environment following the natural endosomal maturation process (the local pH in late endosome or lysosome can be as low as 4.3)<sup>59</sup> will trigger the formation of intra-molecular i-motifs, leading to release of the intercalated PI molecules into the cytoplasm. The released PI molecules can then diffuse into the nucleus, staining live HeLa cells with a strong red fluorescence as shown in Figure 5C.

Besides the ability of delivering PI molecules to live cells, the GNP-M1/MC2(EG<sub>12</sub>)<sub>3</sub> also shows significantly higher stability in vitro than the un-PEGylated GNP-M1/MC2. For example, it shows no observable aggregation or change of physical appearance for at least 24 h even after exposure to excess free PI or DOX molecules in solution, whereas the un-PEGylated GNP-M1/MC2 is found to have aggregated and precipitated out of the solution under such conditions. The greatly improved stability of the GNP-M1/MC2(EG<sub>12</sub>)<sub>3</sub> is most likely due to the dense branched EG chains on its outer surface that can provide a sufficient hydrophilic physical barrier to prevent DNA-GNP aggregation resulting from the PI/DOX intercalation induced DNA charge neutralisation (both PI and DOX molecules are positively charged). In contrast, the un-PEGylated GNP-M1/MC2 is mainly stabilised by electrostatic repulsion among such negatively charged nanoparticles. It aggregates readily and precipitates out of solution once its negative charges are neutralized.



**Figure 5.** (A) A representative TEM image of HeLa cells after incubation with the GNP-M1/MC2(EG<sub>12</sub>)<sub>3</sub> for 3 h at 37 °C, scale bar = 1 μm. (B) Confocal phase contrast (left), fluorescence (middle) and merged optical/fluorescence (right) images of HeLa cells after incubation with GNP-M1/MC2(EG<sub>12</sub>)<sub>3</sub>-DOX for 1.5 h at 37 °C, scale bar = 25 μm. (C) Confocal phase contrast (left), fluorescence (middle) and merged optical/fluorescence (right) images of HeLa cells after incubation with GNP-M1/MC2(EG<sub>12</sub>)<sub>3</sub>-PI for 3 h at 37 °C, scale bar = 25 μm.

To demonstrate the general use of the GNP-M1/MC2(EG<sub>12</sub>)<sub>3</sub> for intracellular delivery of other types of DNA binding agents, we have further employed it to deliver a fluorescent di-ruthenium (II) complex, [(bpy)<sub>2</sub>Ru(tpphz)Ru(bpy)<sub>2</sub>]<sup>4+</sup>, denoted as BPY (Figure 6A). Unlike DOX and PI molecules which bind to DNA mainly through intercalation, BPY is DNA groove binder.<sup>60</sup> BPY has been shown to be impermeable to live cell membranes and therefore cannot enter cells on its own.<sup>60</sup> This property is further confirmed from our results shown in Figure 6B: 3 h incubation of free BPY with HeLa cells produces negligible BPY fluorescence inside the cells, suggesting no significant cell uptake. In contrast, incubation of HeLa cells with the BPY mixed with the GNP-M1/MC2(EG<sub>12</sub>)<sub>3</sub> for 3 h yields strong BPY fluorescence inside HeLa cells, suggesting that the GNP-M1/MC2(EG<sub>12</sub>)<sub>3</sub> can effectively carry the BPY molecules and successfully deliver them into live HeLa cells. Together, these results demonstrate that the GNP-M1/MC2(EG<sub>12</sub>)<sub>3</sub> reported herein has great potential for intracellular delivery of a wide range of DNA-intercalating agents. Its excellent stability and resistance against non-specific adsorption and enzymatic degradation, together with high cell uptake, should make it an effective nanocarrier for intracellular delivery of any DNA-binding/intercalating reagents. Given a large number of drug molecules and metal complexes are known to be DNA-binders,<sup>61</sup> the robust, versatile PEGylated DNA-GNP nanocarrier reported herein should have broad applications in bioimaging, drug delivery and therapeutics, possibly even at the in-vivo level.



**Figure 6.** Delivery of a cell-membrane impermeable diruthenium complex to live cancer cells by using the GNP-M1/MC2(EG<sub>12</sub>)<sub>3</sub>. (A) Chemical structure of the diruthenium(II) complex, BPY. (B) Confocal phase contrast (left), fluorescence (middle) and merged optical/fluorescence images (right) of HeLa cells after treatment with the BPY for 3 h at 37 °C. (C) Confocal phase contrast (left), fluorescence (middle) and merged optical/fluorescence (right) images of HeLa cells after incubation with GNP-M1/MC2(EG<sub>12</sub>)<sub>3</sub>-BPY for 3 h at 37 °C.

## Conclusions

In summary, we have developed an effective PEGylation approach for polyvalent DNA-GNPs by terminal PEGylation of the complementary DNA strand. Hybridisation of the PEGylated MC2s to the GNP-M1 conjugates produces a dense PEG ‘shield’ on the carrier surface that can efficiently mask the strong negative charges, providing high resistance to non-specific adsorption

of serum proteins and greatly improved stability against enzymatic degradation. Particularly, the three-chain PEG modified DNA-GNP nanocarrier is completely resistant to non-specific adsorption of serum proteins and displaying >10-fold higher stability against DNase I based enzymatic digestion over the corresponding dsDNA alone. Its stability may be further improved by increasing the PEG length, the number of PEG branches and/or the GNP surface DNA density. Importantly, the PEGylated DNA-GNP still retains high cell uptake property. It can be used as a general, efficient intracellular delivery nanocarrier for a wide range of DNA-binding/intercalating reagents, including those which are cell-membrane impermeable on their own. Such stable and highly resistant DNA-GNP nanocarriers should have broad applications in bio-imaging, drug delivery and therapeutics.

## **EXPERIMENTAL SECTION**

### **Materials**

Hydrogen tetrachloroaurate (III) hydrate, 99.9% (metals basis) and 2-(N-morpholino) ethane sulfonic acid monohydrate (MES, 98%) were purchased from Alfa Aesar (UK). Tris-sodium citrate (99%), HCl (36%), HNO<sub>3</sub> (70%), NaOH, NaCl (99.99%), and doxorubicin hydrochloride were purchased from Fisher Scientific UK limited (Milton Keynes, UK). DMEM (Dulbecco's Modified Eagle's Medium), PBS (phosphate buffered saline), MTT (3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium bromide), FBS (Fetal bovine serum ) and Penicillin-Streptomycin (10,000 units/mL penicillin, 10 mg/mL streptomycin) and anhydrous DMSO ( $\geq 99.7\%$ ) were all purchased from Sigma-Aldrich UK limited (Dorset, UK). High purity de-ionised water (resistance >18.2 M $\Omega$ .cm), purified by an ELGA Purelab classic UVF system, was used for all experiments and for making buffers. All buffers were filtered through a Whatman syringe filter

(0.20  $\mu\text{m}$  pore size, Whatman Plc.) before use. HPLC purified DNA oligos, MC2, MC2-SH and MC2(EG<sub>6</sub>) were purchased commercially from IBA GmbH (Göttingen, Germany). MC2(PEG<sub>17</sub>) was prepared in house and its preparation and characterization details have been described in our recent paper.<sup>12</sup> (Methyl-EG<sub>12</sub>)<sub>3</sub>-EG<sub>4</sub>-Maleimide (TMM) was purchased from Thermo Scientific (UK). YO-PRO-1 was purchased from Life Technologies (UK). DNase I (1 U/ $\mu\text{L}$ ) was purchased from Fisher Bio Reagents (Milton Keynes, UK). All chemicals and reagents were used as received unless otherwise stated.

### **Preparation of gold nanoparticle**

80 mg HAuCl<sub>4</sub> was dissolved in 200 mL of ultrapure water. The solution was then transferred to a freshly-cleaned 250 mL three-necked flask and heated to reflux in an oil bath under magnetic stirring. When the solution began to reflux, an aqueous solution of tri-sodium citrate (228 mg in 20 mL water) was quickly added and the resulting solution was continuously refluxed. The color of the solution changed from yellow to deep red in  $\sim$ 1 min. After refluxing for another 50 min, a stable deep red solution was obtained. The heating bath was then removed and the solution was allowed to cool to room temperature naturally. The prepared GNP solution was transferred to a clean glass container and stored at room temperature. This produced a  $\sim$ 14 nm GNP stock (as confirmed by TEM imaging see, Figure S1 in the SI) with a concentration of ca. 15 nM.

### **Preparation of MC2(EG<sub>12</sub>)<sub>3</sub>**

100 nmol MC2-SH was dissolved in 1 mL of freshly filtered (Whatman syringe filter with 0.22  $\mu\text{m}$  pore size) MES buffer (50 mM MES, 0.15 M NaCl, pH 7.4) to make a 100  $\mu\text{M}$  stock. TMM was dissolved in anhydrous DMSO to make a TMM stock solution of 40 mM. 0.5 mL of the MC2-SH stock solution (50 nmol) was then mixed with 50  $\mu\text{L}$  of TMM stock (the molar ratio of MC2-SH: TMM = 1:40) to ensure high DNA conversion. The resulting solution was allowed to

stand overnight at room temperature to form MC2(EG<sub>12</sub>)<sub>3</sub> via Michael addition between the DNA thiol group and the maleimide group in TMP (see Figure 1B).

Both RP-HPLC analysis and purification of MC2(EG<sub>12</sub>)<sub>3</sub> were performed on a Gynkotek HPLC Instrument at room temperature using a Phenomenex C18 column (4.6 × 250 mm, 5 μm) with mobile phase consisting of TEAA buffer (A) and acetonitrile (B). UV absorbance was monitored by a Gynkotek (UVD 340S) detector at 260 nm. The solvent gradient used for analysis and purification of the MC2(EG<sub>12</sub>)<sub>3</sub> was 10-70% (B) over 30 min. The resulting HPLC eluting profiles for MC2-SH and MC2(EG<sub>12</sub>)<sub>3</sub> were shown in SI, Figures S2 and S3, respectively. The fractions containing the purified MC2(EG<sub>12</sub>)<sub>3</sub> were combined, lyophilized and stored at -20 °C till use. Its identity was confirmed by Matrix-assisted laser desorption/ ionization time of flight mass spectrometry (MALDI-TOF MS) (see SI, Figure S4).

### **Preparation of PEGylated DNA-GNPs**

The DNA-GNPs were prepared by following our previously established procedures. Briefly, a batch of three 2.2 ml GNP stock solutions (15 nM) obtained above were mixed with 33, 66 and 100 μL of DNA M1 aqueous stock solution (100 μM) overnight (GNP:M1 molar ratios = 1:100; 1:200; 1:300, respectively). The resulting solutions were then salt-aged (0.30 M NaCl) overnight. The samples were then centrifuged at 14800 rpm for 60 mins to remove any unconjugated free DNAs that were remained in the supernatant, yielding the GNP-M1 as an oily pellet that could be rapidly re-dispersed in water. The amounts of unbound free DNAs in the clear supernatants were determined as 13.2, 38, and 62.7 pmole by monitoring the UV absorption at 260 nm using an extinction coefficient of  $\epsilon_{M1} = 2.65 \times 10^5 \text{ cm}^{-1}\text{M}^{-1}$ . The amounts of DNA conjugated onto the GNP were thus determined as 19.8, 28, and 37.3, nmole respectively. Given 0.33 pmole of GNP was used for each sample, the M1 strand loading per GNP was thus determined as 60, 85, and

110, respectively for the above samples.<sup>12</sup> Afterwards, the complementary MC2 strands (MC2, MC2(EG<sub>6</sub>), MC2(PEG<sub>17</sub>) or MC2(EG<sub>12</sub>)<sub>3</sub>) were added to the GNP-M1 (under a fixed M1:MC2 molar ratio of 1:1) and were allowed to hybridize in an MES buffer for 1 h to make GNP-M1/MC2, GNP-M1/MC2(EG<sub>6</sub>), GNP-M1/MC2(PEG<sub>17</sub>) and GNP-M1/MC2(EG<sub>12</sub>)<sub>3</sub> nanocarriers.

### **Dynamic light scattering (DLS) measurement**

The hydrodynamic diameters ( $D_{hs}$ ) of the DNA-GNPs (with M1 strand loading of 110 per GNP) were measured in both MES buffer (pH 7.4) and in complete DMEM media with 10% FBS. Briefly, 30  $\mu$ L of the dsDNA-GNP stock solution (0.46  $\mu$ M GNP) was mixed with 1.2 mL of MES buffer or complete DMEM, and then filtered through a Whatman syringe filter (0.22  $\mu$ m pore size). After 3 h, their  $D_{hs}$  were measured on a Brookhaven Instruments Corp BI-200SM Laser Light Scattering Goniometer with a BI-APD detector, using an He-Ne laser at 633 nm (scattering angle: 90°).<sup>12</sup>

### **DNase I digestion Experiments**

The dsDNA-GNP samples were mixed with YO-PRO-1 and then diluted to 200  $\mu$ L with the enzyme working buffer (10 mM Tris-HCl, 2.5 mM MgCl<sub>2</sub> and 0.5 mM CaCl<sub>2</sub>, pH 7.5) to give a final concentration of 80 nM for the dsDNA and 400 nM for YO-PRO-1. After 10-min equilibration at 37 °C, the DNase I was added to yield a final DNase I concentration of 2 U/L. The resulting fluorescence intensity change for each sample was measured on a fluorescence plate reader every 90 seconds for 3 h ( $\lambda_{EX}$  = 491 nm;  $\lambda_{EM}$  = 509 nm) and normalized against that of YO-PRO-1 + dsDNA sample.

### **GNP-M1/MC2(EG<sub>12</sub>)<sub>3</sub> for PI delivery**

All confocal fluorescence imaging were carried out on a Leica TCS SP5 confocal laser scanning microscope with a fixed excitation wavelength of ( $\lambda_{EX}$ ) of 488 nm. The GNP-M1 conjugate was

mixed with MC2(EG<sub>12</sub>)<sub>3</sub> (M1: MC2(EG<sub>12</sub>)<sub>3</sub> molar ratio = 1:1) in an MES buffer (pH 7.4), and hybridized for 3 h to make a GNP-M1/MC2(EG<sub>12</sub>)<sub>3</sub> carrier. The PI stock solution (1 mg/mL in water) was then added to form the GNP-M1/MC2(EG<sub>12</sub>)<sub>3</sub>-PI system (M1:PI molar ratio = 1:6). 10<sup>5</sup> HeLa cells per well were seeded in a 24-well plate, incubated overnight and then treated with the GNP-M1/MC2(EG<sub>12</sub>)<sub>3</sub>-PI (containing 10 μM PI) for 3 h. The spent medium was removed, and the cells were washed with PBS three times before being imaged on a confocal laser scanning microscope, using 488 nm excitation and fluorescence detection over 600-630 nm.

### **Delivery of DOX**

The DOX stock solution (500 μM) was mixed with GNP-M1/MC2-(EG<sub>12</sub>)<sub>3</sub> to form the GNP-M1/MC2(EG<sub>12</sub>)<sub>3</sub>-DOX system (M1:DOX molar ratio = 1:3). 10<sup>5</sup> HeLa cells per well were seeded in a 24-well plate, incubated overnight and then treated with the GNP-M1/MC2-(EG<sub>12</sub>)<sub>3</sub>-DOX (containing 5 μM DOX) for 1.5 h. The spent medium was then removed, and the cells were washed with PBS three times. They were then imaged on a confocal laser scanning microscope using 488 nm excitation and fluorescence detection over 580-600 nm.

### **Delivery of di-ruthenium(II) complex, BPY**

BPY was dissolved in water and mixed with GNP-M1/MC2-(EG<sub>12</sub>)<sub>3</sub> to prepare GNP-M1/MC2-(EG<sub>12</sub>)<sub>3</sub>-BPY (the molar ratio of M1 to BPY is 1:9). The HeLa cells treated with GNP-M1/MC2-(EG<sub>12</sub>)<sub>3</sub>-BPY (containing 30 μM BPY) for 3 h. The spent medium was then removed, and the cells were washed with PBS three times as above. The cells were then imaged by confocal laser scanning microscopy using 488 nm excitation and fluorescence detection over 630-670 nm.

### **Transmission electron microscopy**

5 × 10<sup>5</sup> HeLa cells per well were seeded in 6-well plates and incubated overnight at 37°C. The cells were treated with the GNP-M1/MC2(EG)<sub>3</sub> nanocarrier in media for 3 h at 37°C. After

washing with PBS, the cells were detached and centrifuged. The cell pellets were fixed with 2.5% glutaraldehyde in 0.1 M phosphate buffer for 2.5 h, dehydrated using an ascending alcohol series (20, 40, 60, 80 and 100% twice) for 20 min for each change and embedded in Araldite resin at 65°C overnight. A 70 nm section was placed on a TEM grid and stained with saturated uranyl acetate and 0.2% Reynolds lead citrate before TEM imaging.<sup>12</sup>

## **ASSOCIATED CONTENTS**

### **Supporting Information**

TEM image of the GNP, HPLC profiles showing the purification and characterisation of the three chain PEG modified DNA, MC2(EG<sub>12</sub>)<sub>3</sub> and its MS characterisation (MALDI-TOF). The Supporting Information is available free of charge on the ACS Publications website at <http://pubs.acs.org>.

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### **Author Contributions**

D.Z. designed and jointly supervised the research with R.C. and S.G.; L.S. performed all of the research with help from Y.G. and D.R. except the synthesis of MC2(PEG17) (done by C.C. Z.Y. and D.L.); DNA MALDI-TOF analysis (done by M.Y.) and the synthesis of the di-Ruthenium complex (done by C.G., S.S. and J.A.T.); L.S. and D.Z. analyzed data; L.S. and D.Z. wrote the paper. All authors have read, commented and approved the final version of the paper.

## Notes

The Authors declare no competing financial interest.

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