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SHORT COMMUNICATION

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# The sodium channel-blocking antiepileptic drug phenytoin inhibits breast tumour growth and metastasis

Michaela Nelson, Ming Yang, Adam A Dowle, Jerry R Thomas and William J Brackenbury\*

## Abstract

**Background:** Voltage-gated Na<sup>+</sup> channels (VGSCs) are heteromeric protein complexes containing pore-forming  $\alpha$  subunits and smaller, non-pore-forming  $\beta$  subunits. VGSCs are classically expressed in electrically excitable cells, e.g. neurons. VGSCs are also expressed in tumour cells, including breast cancer (BCa) cells, where they enhance cellular migration and invasion. However, despite extensive work defining in detail the molecular mechanisms underlying the expression of VGSCs and their pro-invasive role in cancer cells, there has been a notable lack of clinically relevant *in vivo* data exploring their value as potential therapeutic targets.

**Findings:** We have previously reported that the VGSC-blocking antiepileptic drug phenytoin inhibits the migration and invasion of metastatic MDA-MB-231 cells *in vitro*. The purpose of the present study was to establish whether VGSCs might be viable therapeutic targets by testing the effect of phenytoin on tumour growth and metastasis *in vivo*. We found that expression of Na<sub>v</sub>1.5, previously detected in MDA-MB-231 cells *in vitro*, was retained on cells in orthotopic xenografts. Treatment with phenytoin, at a dose equivalent to that used to treat epilepsy (60 mg/kg; daily), significantly reduced tumour growth, without affecting animal weight. Phenytoin also reduced cancer cell proliferation *in vivo* and invasion into surrounding mammary tissue. Finally, phenytoin significantly reduced metastasis to the liver, lungs and spleen.

**Conclusions:** This is the first study showing that phenytoin reduces breast tumour growth and metastasis *in vivo*. We propose that pharmacologically targeting VGSCs, by repurposing antiepileptic or antiarrhythmic drugs, should be further studied as a potentially novel anti-cancer therapy.

**Keywords:** Antiepileptic, Breast cancer, Metastasis, Phenytoin, Voltage-gated Na<sup>+</sup> channel

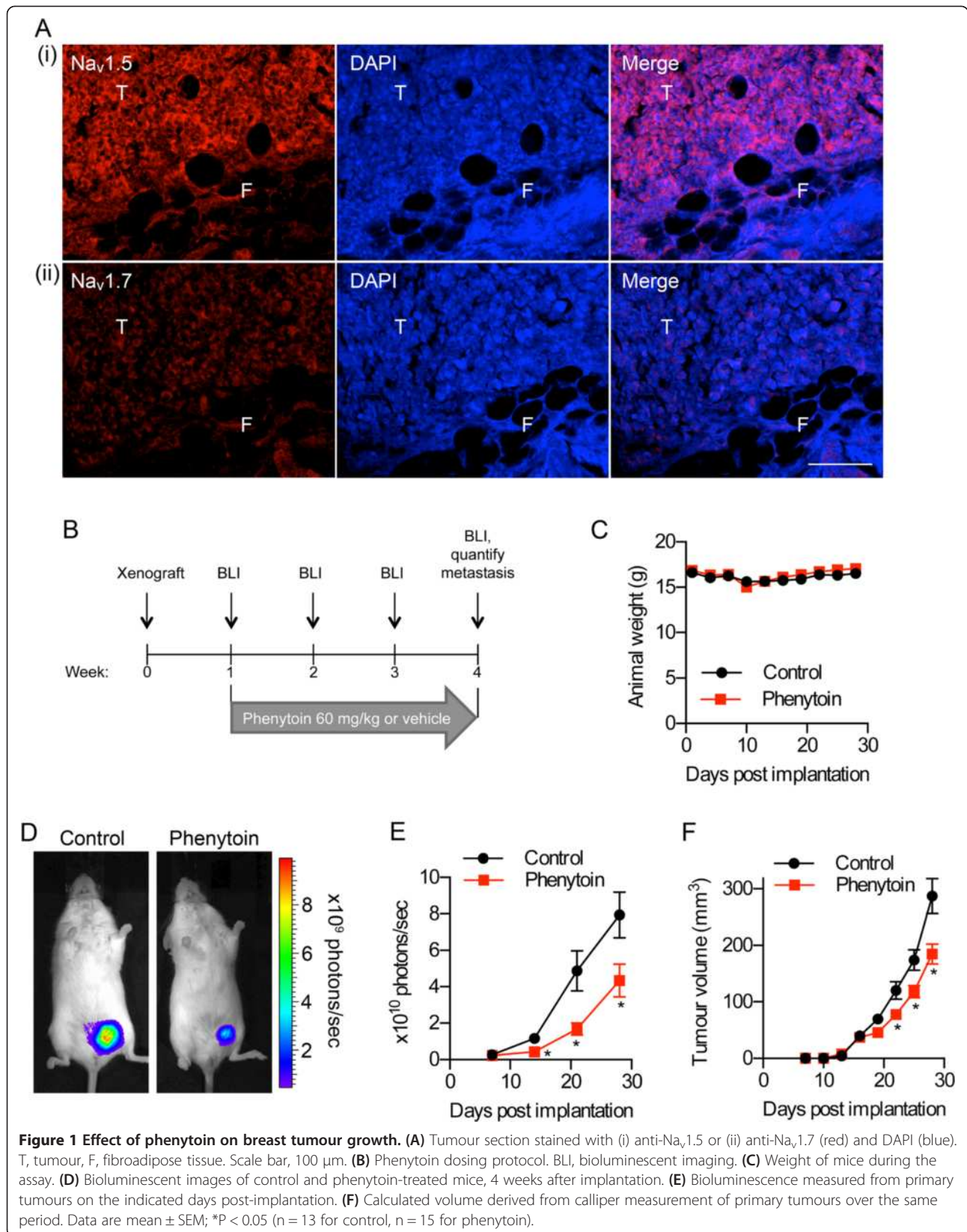
## Findings

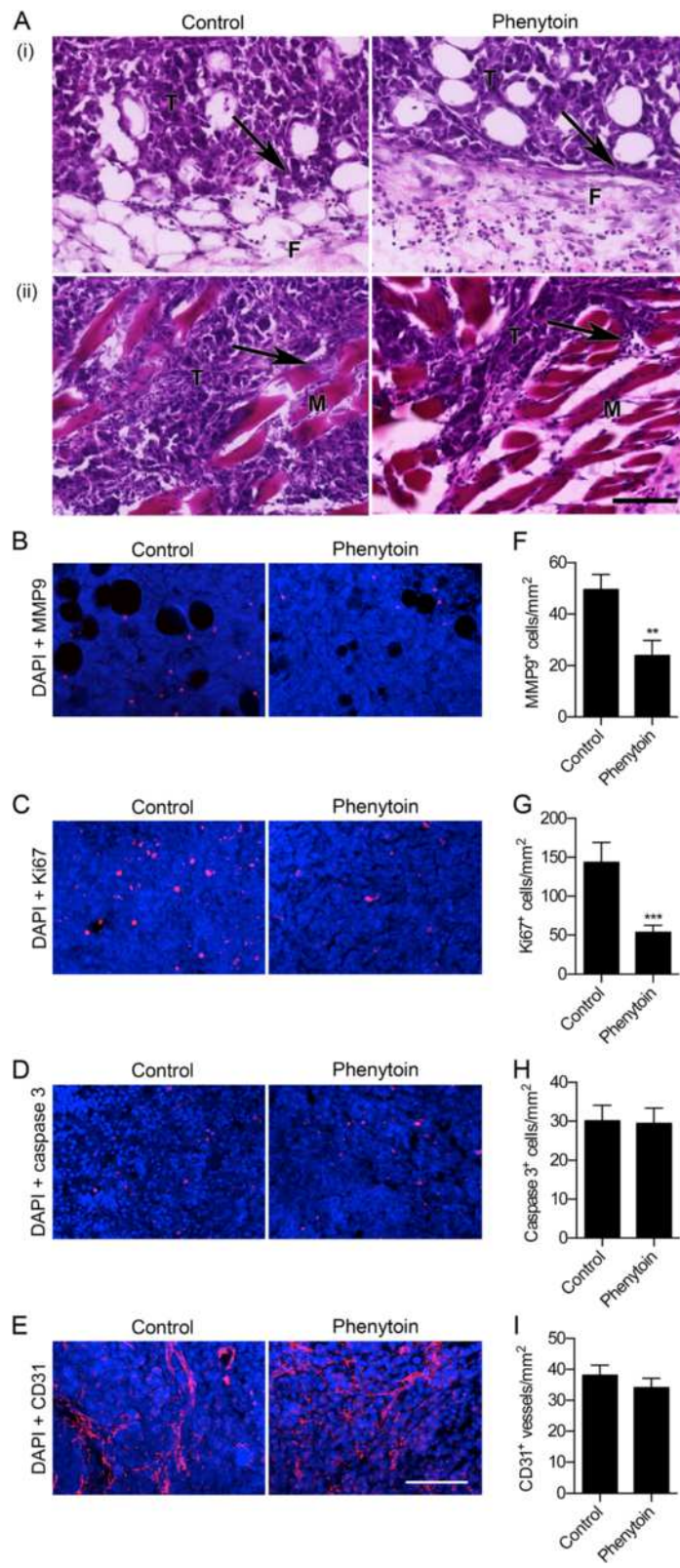
Despite recent advances, breast cancer (BCa) is still the leading cause of cancer-related deaths in women [1]. Metastasis, the spread of tumours to secondary sites, is responsible for 90% of these deaths and is rarely curable [2]. Thus, there is an urgent need to identify new molecular targets and curative therapies. Voltage-gated Na<sup>+</sup> channels (VGSCs) contain a pore-forming  $\alpha$  subunit with smaller  $\beta$  subunits. There are nine  $\alpha$  subunits, Na<sub>v</sub>1.1-Na<sub>v</sub>1.9, and four  $\beta$  subunits,  $\beta$ 1- $\beta$ 4. The  $\beta$  subunits modulate channel function and are cell adhesion molecules (CAMs) [3]. VGSCs transmit electrical activity in cells in the nervous system and regulate neuronal growth

and migration during CNS development [4]. VGSCs are clinical targets for a range of disorders, including epilepsy, cardiac arrhythmias, neuropathic pain and depression [5].

VGSCs are widely expressed in traditionally non-excitable cells, including microglia, astrocytes, immune cells, fibroblasts and cancer cells [6]. In the latter, a number of studies have shown that VGSCs contribute to cellular migration and invasion [7]. Na<sub>v</sub>1.5 is up-regulated in breast tumours, associating with recurrence, metastasis, and reduced survival [8,9]. Na<sub>v</sub>1.5 carries a fast inward Na<sup>+</sup> current in triple negative (lacking estrogen receptor, progesterone receptor and HER2) MDA-MB-231 cells [9-11]. Pharmacological or genetic ablation of this Na<sup>+</sup> current inhibits *in vitro* cell behaviours associated with the metastatic cascade, including migration, galvanotaxis, and invasion [9-11]. Similar results have been reported in

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**Figure 2** (See legend on next page.)

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**Figure 2 Effect of phenytoin on invasion, proliferation, apoptosis and angiogenesis.** (A) Tumour sections stained with H&E showing (i) mammary fat pad and (ii) skeletal muscle invasion. Arrows, infiltration of tumour cells (T) into fibroadipose tissue (F) or skeletal muscle fibres (M). (B) Tumour stained with anti-MMP9 (red) and DAPI (blue). (C) Tumour stained with anti-Ki67 (red) and DAPI (blue). (D) Tumour stained with anti-activated caspase-3 (red) and DAPI (blue). (E) Blood vessels stained with anti-CD31 (red) and DAPI (blue). (F) MMP9<sup>+</sup> cells/mm<sup>2</sup> (n = 40) (G) Ki67<sup>+</sup> nuclei/mm<sup>2</sup> (n = 40). (H) Activated caspase-3<sup>+</sup> cells/mm<sup>2</sup> (n = 40). (I) CD31<sup>+</sup> blood vessels/mm<sup>2</sup> (n = 40). Data are mean + SEM; \*\*P < 0.01; \*\*\*P < 0.001. Scale bars, 100 μm.

metastatic cell lines from other cancers, suggesting that VGSC expression/activity in cancer may be a general phenomenon [7,12]. Na<sup>+</sup> current enhances invasion by promoting cysteine cathepsin activity in caveolae *via* allosteric regulation of the Na<sup>+</sup>/H<sup>+</sup> exchanger type 1 [13], and Na<sub>v</sub>1.5 is a key regulator of a gene network that controls invasion [14]. In addition, the widely used VGSC-blocking Class Ib antiarrhythmic agent and anti-epileptic drug (AED) phenytoin (5,5-diphenylhydantoin) reduces the migration and invasion of MDA-MB-231 cells *in vitro* [8]. Furthermore, we have recently shown that the VGSC β1 subunit is also expressed in BCa specimens, and accelerates tumour growth and metastasis in a mouse model [15].

Together, these data highlight the potential for VGSCs as novel molecular targets. However, there remains a paucity of clinically relevant *in vivo* data exploring their potential therapeutic value. The aim of the present study was to study the effect of phenytoin on tumour growth and metastasis in a mouse model of triple negative BCa. We found that systemic phenytoin treatment reduces cellular proliferation, tumour growth, local invasion and metastasis. This is the first *in vivo* study demonstrating the potential therapeutic value of pharmacologically targeting VGSCs in BCa using an AED.

#### Phenytoin reduces tumour growth

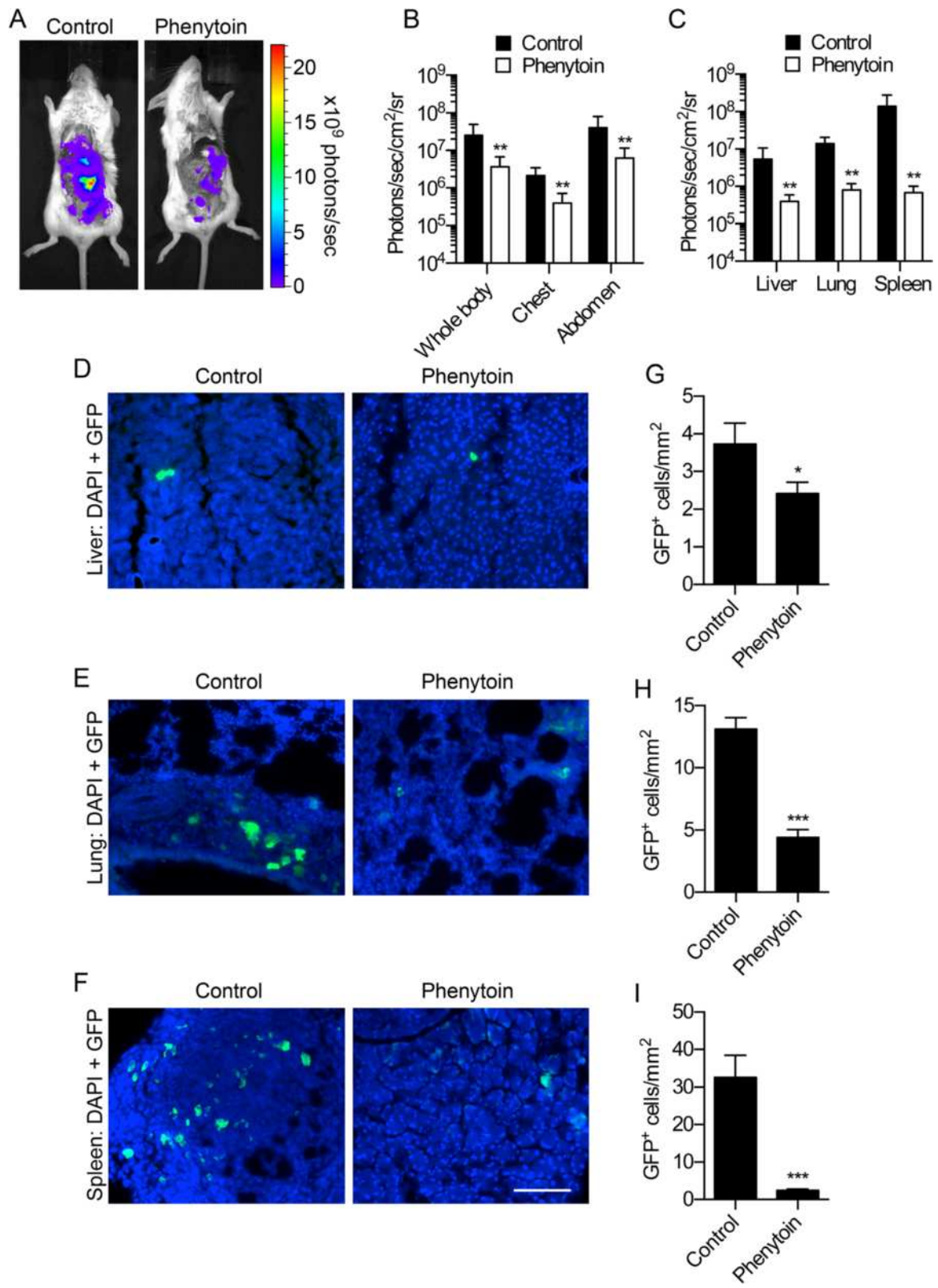
Na<sub>v</sub>1.5 is expressed on cancer cells from breast tumours in clinical specimens, and in MDA-MB-231 cells cultured *in vitro* [8-11]. Here, we studied VGSC expression in tumours following orthotopic implantation of luciferase-expressing MDA-MB-231 cells into the mammary fat pad of female *Rag2*<sup>-/-</sup> *Il2rg*<sup>-/-</sup> mice, a robust model of BCa growth and metastasis [15]. All methods are described in detail in Additional file 1. Na<sub>v</sub>1.5 expression, detected by immunohistochemistry, was retained in the tumours *in vivo* (Figure 1Ai). Na<sub>v</sub>1.7 was also present in the tumours, although expression was weaker (Figure 1Aii). These data agree with previous *in vitro* studies showing that although Na<sub>v</sub>1.5 is the predominant VGSC in MDA-MB-231 cells, accounting for >80% of Na<sup>+</sup> current, there may be a small contribution from other isoforms, e.g. Na<sub>v</sub>1.7 [9,11]. We have previously shown that phenytoin inhibits Na<sup>+</sup> current and VGSC-dependent migration in MDA-MB-231 cells in culture, suggesting that pharmacological targeting of VGSCs may have therapeutic utility in

BCa [8]. In order to test the effect of phenytoin on BCa progression *in vivo*, we next treated tumour-bearing mice with 60 mg/kg phenytoin or vehicle (by daily intraperitoneal injection) for three weeks, starting one week after orthotopic implantation of MDA-MB-231 cells (Figure 1B). This dosing regimen gave a phenytoin trough level of 9.0 ± 1.0 μg/ml plasma, measured by liquid chromatography-mass spectrometry with single reaction monitoring (LC-SRM-MS) on samples taken 16 h after the last dose, which is within the therapeutic range for epilepsy treatment in rodents (6-23 μg/ml) [16]. We have previously shown that a similar concentration (50 μM) blocks Na<sup>+</sup> current in MDA-MB-231 cells by 43% [8]. Importantly, there were no obvious signs of toxicity associated with the phenytoin treatment, and animal weight remained constant throughout the experiment (Figure 1C). Photon flux from tumours increased more slowly in phenytoin-treated animals than control-treated animals, indicating that the drug reduced the rate of tumour growth (Figure 1D,E). We also analysed tumour growth by calliper measurement. As with the bioluminescent data, the volume of tumours increased more slowly in phenytoin-treated animals than in control animals, indicating that phenytoin slowed the rate of tumour growth (Figure 1F).

#### Phenytoin reduces invasion and proliferation

We next studied the effect of phenytoin treatment on the structure and composition of the primary tumours. At the tumour periphery, there was some local invasion into surrounding skeletal muscle and fibroadipose tissue, and this invasion was moderately reduced (indicated by arrows) in phenytoin-treated animals compared to control (Figure 2A). Various MMPs, e.g. MMP9, are expressed in carcinomas, correlating with local invasion [17]. We found that the density of MMP9-expressing cells was significantly reduced by 51.9% in the tumours of phenytoin-treated animals (P < 0.01; Figure 2B,F). Together, these data suggest that phenytoin reduces local invasion from tumours *in vivo*, as it does in the same cells cultured *in vitro* [8].

We found that the prevalence of Ki67-expressing cycling cells was reduced by 62.6% in the tumours of phenytoin-treated animals (P < 0.001; Figure 2C,G). However, the number of apoptotic cells expressing activated caspase-3 was unchanged (Figure 2D,H). Similarly, the phenytoin treatment had no effect on the density of



**Figure 3** (See legend on next page.)

(See figure on previous page.)

**Figure 3 Effect of phenytoin on metastasis.** (A) Bioluminescent images of metastases in control and phenytoin-treated mice. (B) Bioluminescence measured from the indicated anatomical sites ( $n \geq 10$ ). (C) Bioluminescence measured *ex vivo* from the liver, lungs and spleen ( $n = 11$ ). Liver (D), lungs (E), and spleen (F) stained with anti-GFP (green) and DAPI (blue). (G,H,I) GFP<sup>+</sup> cells/mm<sup>2</sup> at each site ( $n \geq 249$ ). Data are mean + SEM; \* $P < 0.05$ ; \*\*\* $P < 0.001$ . For (B) and (C),  $P < 0.01$  between control and phenytoin (two-way ANOVA). Scale bar, 100  $\mu\text{m}$ .

CD31-expressing vascular structures (Figure 2E,I). Together, these data suggest that phenytoin inhibited growth of primary tumours by reducing the number of proliferating cancer cells, rather than by inhibiting angiogenesis or promoting apoptosis. Interestingly, previous studies have indicated that VGSCs do not regulate proliferation of MDA-MB-231 cells in 2D cultures *in vitro* [9,10]. However, the VGSC blocker tetrodotoxin reduces colony growth in 3D Matrigel matrices [18]. Thus, the contribution of VGSCs to tumour growth *in vivo* appears complex, and may be dependent on multiple factors, including heterotypic signalling interactions with adjacent cells or the extracellular matrix [15]. In addition, VGSCs may regulate proliferation *via* reverse Na<sup>+</sup>/Ca<sup>2+</sup> exchange, as has recently been shown in astrocytes after injury [19].

#### Phenytoin reduces metastasis

When we monitored metastasis 3 weeks after onset of drug treatment, following *post mortem* resection of the primary tumour (Figure 3A), photon flux was significantly reduced across the whole body, chest and abdomen of phenytoin-treated animals compared to control animals ( $P < 0.01$ ; Figure 3B). Similarly, there was a notable reduction in photon flux across metastatic sites measured *ex vivo* ( $P < 0.01$ ; Figure 3C). In order to further study metastasis to these sites at the cellular level, we next measured the number of GFP-expressing tumour cells within tissue sections. We have previously shown that GFP expression is retained in MDA-MB-231 cells at metastatic sites in this mouse model [15]. The number of GFP-expressing cells was moderately reduced in the liver of phenytoin-treated animals by 35.4% ( $P < 0.05$ ; Figure 3D,G). Phenytoin treatment caused a more robust reduction in the density of metastatic cells in the lungs and spleen, of 66.3% and 92.4%, respectively ( $P < 0.001$ ; Figure 3E,F,H,I). In summary, phenytoin treatment reduced BCa metastasis *in vivo*.

#### Therapeutic potential

We have previously shown that phenytoin inhibits Na<sup>+</sup> current and significantly reduces migration and invasion of BCa cells *in vitro* [8]. Together with the present data, these findings suggest that targeting VGSC-mediated Na<sup>+</sup> current with phenytoin may have therapeutic value. Phenytoin also inhibits migration and secretion in prostate cancer cells [20,21], suggesting that it may have broad utility in other cancers. In support of this,

tetrodotoxin has been shown to reduce metastasis in a rat prostate cancer model [22]. In the present study, we provide, for the first time, clinically relevant *in vivo* data showing that pharmacological targeting of VGSCs with phenytoin significantly reduces tumour growth, local invasion and metastasis in a mouse model of BCa. Indeed, given that the membrane potential ( $V_m$ ) of cancer cells is relatively depolarized [23], and that phenytoin displays robust use-dependent and tonic channel block at depolarized voltages [8], our data suggest that phenytoin may be a highly effective VGSC blocker in tumours.

We propose that VGSCs may be useful molecular targets for BCa therapy, and that repurposing FDA-approved, VGSC-targeting AEDs and Class I antiarrhythmic agents, e.g. phenytoin, carbamazepine, flecainide, to cancer may therefore improve outcome. It is possible that phenytoin may be effective in combination with existing conventional therapies, e.g. in the adjuvant setting, which would need to be tested in a randomised controlled clinical trial. In support of this notion, application of VGSC-targeting local anaesthetics during radical prostatectomy associates with substantially reduced recurrence and metastasis [24]. In addition, the FDA-approved ALS drug, riluzole, which inhibits both metabotropic glutamate receptors and VGSCs, reduces tumour growth [25]. Furthermore, given that VGSCs favour an invasive/metastatic phenotype [9,13-15], it is possible that the adjuvant prescription of AEDs, which cross the blood-brain-barrier, may reduce and/or delay metastasis formation in patients. This would transform the landscape of cancer treatment considerably, with very little added cost, while leading to healthier patients and huge financial savings.

#### Additional file

**Additional file 1: Supplementary materials and methods.**

#### Abbreviations

AED: Antiepileptic drug; BCa: Breast cancer; CAM: Cell adhesion molecule; LC-SRM-MS: Liquid chromatography-mass spectrometry with single reaction monitoring; MMP9: Matrix metalloproteinase-9; VGSC: Voltage-gated Na<sup>+</sup> channel.

#### Competing interests

The authors declare that they have no competing interests.

#### Authors' contributions

MN and MY carried out the tumour growth and drug studies. AAD and JRT carried out and analysed the LC-SRM-MS. WJB designed the study, performed immunohistochemistry, and drafted the manuscript. All authors read and approved the final manuscript.

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