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**Paper:**

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1                   **Analysing rail travellers' desire for reducing**  
2                   **carbon emissions from personal travel**  
3

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## 27 **ABSTRACT**

28 Rail is generally regarded to be more environmentally friendly than other forms of transport. Indeed,  
29 it is hypothesised that at least a small proportion of rail trips are made due to the relative  
30 environmental benefits of rail over competing modes. This paper reports on a recent study carried  
31 out in the United Kingdom which surveyed over 3,000 rail users, asking a series of questions to  
32 investigate baseline understandings of environmental issues as they relate to rail travel and the  
33 extent to which rail demand is currently influenced by environmental concerns. The study then  
34 investigates respondent's desire for reducing carbon emissions by fitting discrete choice models to  
35 data collected through a stated preference survey. The study highlights important variations across  
36 the population in their valuations of reductions in carbon emissions. Crucially, these variations  
37 retrieved in the modelling analysis align very closely with the environmental attitudes retrieved in  
38 earlier stages of the survey.

## 39 **1 INTRODUCTION**

40 Rail travel is an environmentally friendly form of transport compared to its chief competitors of road  
41 and air transport. In the UK, where at present only 40% of the network is electrified, rail has lower  
42 per passenger kilometre emission figures for CO<sub>2</sub> than car and air travel (cf. CfIT, 2001), and this is  
43 likely to decrease in the future given the recent announcement of further electrification of key rail  
44 routes (DfT, 2009). Rail currently contributes only around 1% of total UK carbon emissions,  
45 compared with 17% for road transport (cf. DfT, 2007). As well as comparatively good environmental  
46 performance on such objective measures, the general public also believes that trains do little to  
47 contribute to climate change, with only 1% of respondents to the national British Social Attitudes  
48 Survey believing that trains contribute most to climate change relative to other modes (cf. DfT,  
49 2008).

50 It might therefore be hypothesised that some journeys will be taken by rail as a result of its  
51 environmental advantages. The literature suggests however that determining how demand for travel  
52 might change in the future if the public becomes more pro-environmental is a difficult task. There  
53 are several key issues:

- 54 1. Asking questions about the environment is difficult as the phenomena are complex and  
55 quantitative methods may be superficial (cf. Poortinga et al., 2006),
- 56 2. The relationship between what people know about the environment and how this affects  
57 their attitudes is not well understood (cf. Anable et al., 2006),
- 58 3. The relationship between attitudes and actions is also complex and travel behaviour is  
59 strongly affected by factors such as cost, convenience and reliability which can have a higher  
60 weighting to travellers (cf. Marsden et al., 2009).

61 The aim of this study of rail demand in light of environmental concerns was to use a mixed methods  
62 approach to consider demand for rail from different perspectives, and thus acknowledge the issues  
63 above in our methodology. To overcome the first issue a series of focus groups were used to scope  
64 out the understanding of some key environmental concepts amongst a sample of rail and non-rail  
65 users. This qualitative understanding provided the basis for development of our questionnaire,  
66 which incorporated both psychometric and econometric aspects. We discuss this further in the  
67 methods section (Section 2).

68 Current research into environmental awareness and attitudes suggests that a moral norm (the  
69 morals and responsibilities that guide what individuals believe they should do in a given situation) to  
70 take action to help the environment is important in forming intentions to make travel behaviour

71 changes which reduce carbon (Eriksson et al., 2008; King et al., 2008). We might therefore expect  
72 the rail user population to exhibit a stronger overall moral norm to help the environment than the  
73 average traveller.

74 The relationship between attitudes and actions is perhaps the most complex and difficult to collect  
75 data on. There is clear evidence in the literature to suggest that many issues mediate between  
76 people's actions and their intentions to behave in a particular manner (e.g. Nilsson and Küller, 2000).  
77 A variety of approaches can be used to understand the relationship between attitudes and actions,  
78 and these are discussed further under methods. The approach that this paper goes on to focus on  
79 though is a form of stated preference survey. Such surveys offer a means of people trading off  
80 between different attributes as a means of understanding preferences (see e.g. Louviere et al.,  
81 2000). It is therefore of interest to explore the way in which rail travellers may be willing to sacrifice  
82 reductions in travel time in return for reductions in CO<sub>2</sub> emissions.

83 The research reported here builds on and adds to the growing body of work looking at public  
84 willingness to pay for environmental benefits, in particular in an air travel context. Here, recent work  
85 has looked at the willingness of air travellers to pay for carbon offsets for their air travel (e.g.  
86 Brouwer et al., 2008; Mackerron et al., 2009; Collins et al., 2009). Brouwer et al. (2008) found that  
87 three-quarters of all air travellers questioned stated that they would be willing to pay an additional  
88 offset charge in addition to the price of their current ticket. They applied a "double bounded (DB)  
89 dichotomous choice" (p306) contingent valuation question which identified the approximate values  
90 people stated they would pay. The resultant average valuation was "60 eurocents per 100 km they  
91 fly ...with an average WTP of about 25 euros per tonne CO<sub>2</sub>-eq" (p307), which is low compared to the  
92 Stern review (Stern et al., 2006) estimate of the social damage costs of carbon of \$85 per tonne. It is  
93 well known that contingent valuation approaches are likely to be affected by significant levels of  
94 strategic bias (cf. Louviere et al., 2000), and have in fact been completely discarded in some  
95 contexts. An alternative is to infer (rather than directly ask for) the valuations of carbon reductions  
96 by including them in a more general stated choice survey where respondents are asked to choose  
97 between different alternatives made up of a number of attributes. Here, Collins et al. (2009) recently  
98 included a carbon tax as one of the attributes in a stated choice experiment for air travel and found  
99 that the sensitivity to the carbon tax is roughly half as high as the sensitivity to air fares, suggesting  
100 that travellers clearly have a lower reluctance to pay for what is deemed to be a good environmental  
101 cause.

102 The remainder of this paper is organised as follows. The next section describes the survey work  
103 carried out for this study. This is followed by a discussion of the two main parts of the analysis;  
104 looking first at the environmental attitudes coming out of the early parts of the survey before  
105 turning our attention to the analysis of the stated preference data. Finally, we present the  
106 conclusions of the work and outline areas for future research.

## 107 **2 SURVEY WORK**

108 As set out in the introduction, the survey methods for this study were a mix of qualitative and  
109 quantitative approaches. There were two key phases to the data collection, firstly a series of focus  
110 groups, and secondly a number of on train and at platform surveys.

111 Four focus groups were held in UK cities in September 2008. The focus groups explored what people  
112 understood about the environmental impacts of rail use and if and how environmental concerns  
113 feature when choosing whether to travel by train. Participants with differing amounts of rail use  
114 were recruited according to how they are classified in an official UK government pro-environmental  
115 behaviour segmentation model (DEFRA, 2008). Two groups were recruited that had high potential  
116 and willingness to act (Positive Greens and Concerned Consumers), and two groups that had

117 potential to act but lower willingness (Waste Watchers and Cautious Participants). The data from the  
118 focus groups provided an in-depth understanding of people's perceptions about rail and the  
119 environment, and this was used to help design the questionnaire survey, in particularly to word  
120 questions such that they were meaningful to respondents at the same time as collecting the data  
121 needed for the research. In particular, when asking about the importance of 'the environment'  
122 relative to other attributes of travel, we used the umbrella term 'environment' rather than breaking  
123 this down into different components, as the focused groups revealed considerable confusion  
124 regarding the different components, but an understanding that climate change per se was perhaps  
125 the major environmental issue. Further, in the stated preference exercise, when asking people to  
126 trade off journey time savings with environmental benefits we used the percentage change in  
127 'greenhouse gas emissions', since the focus groups suggested that participants are familiar with this  
128 term even if they have a poor understanding of which emissions are included within it. For example,  
129 talking about kilograms of CO<sub>2</sub> was relatively meaningless to most people. We also drew on the  
130 focus group findings to support the analysis and interpretation of the questionnaire data.

131 As mentioned above, the questionnaire survey was administered on trains and at rail stations. Six  
132 long-distance services were selected for on-train surveys covering a range of UK national  
133 circumstances, including routes which had strong modal competition especially from air. The on-  
134 train methodology was predominantly 'distribute & collect' in that questionnaires were distributed  
135 to rail travellers during the course of their journey, and completed questionnaires were collected at  
136 the end of the trip. Surveys were carried out throughout the day with the majority of services  
137 surveyed between 7am and 4pm to ensure a wide profile of passengers. Such methods are not  
138 feasible however on commuter routes to London and other major cities and so mailback copies of  
139 the same survey were distributed at four stations in London and at stations in both Manchester and  
140 Birmingham. The survey teams worked at the stations all day (7am until 6pm).

141 The questionnaire was used to collect data on rail use in general and more specifically, for the day of  
142 the survey (e.g., frequency, ticket price and perceptions of reliability). In addition, the survey  
143 collected data on socio-demographics, attitudes both generally and specifically based on the Theory  
144 of Planned Behaviour (Ajzen, 1988), segmentation, and stated preference techniques. The research  
145 was thus mixed methods in two respects; it mixed qualitative and quantitative approaches, as well  
146 as bringing together psychometric and econometric techniques. The psychometric data collection  
147 utilised the Theory of Planned Behaviour, which states that behaviour (in this case catching the train  
148 to help the environment) is a result of intentions. Those intentions are in turn based on attitudes,  
149 social norms (in this case the influence of significant others and people the respondents know more  
150 generally), and perceived behavioural control (perceived ability to do something taking into  
151 consideration opportunities and impediments, in this case catch the train). In this study, moral  
152 norms were also added as a fourth antecedent to intentions. This area of the research was dealt  
153 with by four questions in the survey asking respondents to indicate how much they agreed or  
154 disagreed with a series of statements as outlined in Table 1.

155 The moral norm data was used with the other antecedents of intentions specified by the Theory of  
156 Planned Behaviour to explain intentions to catch the train to be environmentally friendly, and in  
157 conjunction with the rail use data and focus group findings establish whether those intentions  
158 explained actual behaviour, or whether other factors mediated between intentions and behaviour.  
159 The moral norms were also integrated into the discrete choice modelling as explained in Section 4,  
160 to assess the link between key attitudinal factors and actions. A full explanation of the psychometric  
161 aspects of this research, including the results, is provided in Shires et al (2009).

162

163

**Table 1: Questions to assess moral norms**

|                                                                                 | Strongly agree |   |   |   |   |   | Strongly disagree |
|---------------------------------------------------------------------------------|----------------|---|---|---|---|---|-------------------|
| It is my responsibility to take action to be environmentally friendly.          | 1              | 2 | 3 | 4 | 5 | 6 | 7                 |
| I am morally obliged to take action to be environmentally friendly.             | 1              | 2 | 3 | 4 | 5 | 6 | 7                 |
| It is my responsibility to catch the train more to be environmentally friendly. | 1              | 2 | 3 | 4 | 5 | 6 | 7                 |
| I am morally obliged to catch the train more to be environmentally friendly.    | 1              | 2 | 3 | 4 | 5 | 6 | 7                 |

165 The stated preference section of the questionnaire centred upon a ranking question as outlined in  
 166 Table 2. The rankings were based upon the current train journey time and the key tradeoffs  
 167 involved reductions in journey time and reductions in greenhouse gases. Journey time was  
 168 preferred to fares in this context because evidence from the focus groups suggested that it was  
 169 considered a less contentious attribute, potentially avoiding strategic bias. In addition, it was felt  
 170 that offering reductions in journey time was more realistic than offering reductions in fares. An  
 171 additional feature of the ranking exercise was an attempt to mask the intentions of the exercise by  
 172 introducing two dummy choice that were always presented to the respondents but never used in  
 173 the analysis: these being (1) The chance of a getting a seat; and (2) The chance of a train arriving at  
 174 its destination on time. When presented with the ranking experiment the respondents were asked  
 175 to consider a number of potential changes to their current rail journey and rank them in order of  
 176 preference. A specific request was made to ensure that respondents did not allow for any ties in  
 177 their ranking of alternatives.

**Table 2: Ranking experiment**

| Changes to Your Current Rail Journey                                                                      | <b>Ranking (1 to 8) where</b><br>1 - most preferred change<br>& 8 - least preferred change |
|-----------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|
| <b>Time spent travelling on the train is reduced by 5%</b>                                                |                                                                                            |
| <b>Amount of greenhouse gases generated by your trip is reduced by 20%</b>                                |                                                                                            |
| <b>Amount of greenhouse gases generated by your trip is reduced by 10%</b>                                |                                                                                            |
| <b>Time spent travelling on the train is reduced by 15%</b>                                               |                                                                                            |
| <b>There is a higher chance of getting a seat than currently</b>                                          |                                                                                            |
| <b>Amount of greenhouse gases generated by your trip is reduced by 30%</b>                                |                                                                                            |
| <b>Time spent travelling on the train is reduced by 10%</b>                                               |                                                                                            |
| <b>There is a higher chance of your train arriving at your destination station on time than currently</b> |                                                                                            |

### 179 **3 ANALYSIS OF ENVIRONMENTAL ATTITUDES**

180 This section presents the findings coming out of the study of the early parts of the survey, relating to  
181 environmental attitudes and intentions. It was immediately clear that train travel was perceived to  
182 be an environmentally friendly mode. Survey respondents ranked five transport modes according to  
183 how environmentally friendly a journey of 100 miles would be relative to the other modes. Overall  
184 respondents ranked electric train as the most environmentally friendly mode followed by diesel  
185 train, coach, car with passengers and finally, car with driver only.

186 The perception of train as the most environmentally friendly mode appears to be broadly  
187 unsupported by knowledge. Based on our journey of 100 miles, carbon comparators suggest that  
188 coach is in fact more environmentally friendly than electric train. As such, none of the survey  
189 respondents gave the correct ranking of modes. This uncertainty was reflected in the focus groups:

190 *“You imagine it [train] to be more effective but like you say, you do not know, you are*  
191 *just sort of thinking that way I think.” [Concerned Consumer, female]*

192 The environmental performance of each respondent’s current rail journey was rated highly relative  
193 to other trip attributes. During the survey, respondents rated a list of statements relating to their  
194 current rail journey according to how much they agree or disagree with the statement. This was  
195 again done using a 7 point Likert scale with 1 being strongly agree and 7 being strongly disagree. For  
196 all statements, the average ratings varied from 2.5 for “I can make productive use of time spent  
197 travelling” to 4.0 for “The fare structure is simple,” indicating that no factors were considered  
198 unimportant. “The train service is environmentally friendly” received an average rating of 2.9 and  
199 was ranked third in the list of statements, with making productive use of travelling time and the  
200 journey being safe in terms of personal security ranked first and second respectively.

201 Set against this positive environmental image of rail is a reality which suggests that for most people  
202 in most journey contexts, the environment is not amongst the most highly rated features in the  
203 decision making process. Indeed, when asked to consider which factors are important when  
204 travelling by train (using the same Likert scale) “the train service is environmentally friendly” was  
205 rated lowest (average of 2.6) whilst the highest was “the train service is reliable” (average 1.6)  
206 followed by getting a seat and train fares being good value for money.

207 A breakdown of the rankings by sociodemographics and pro-environmental segment revealed that  
208 Positive Greens, females, those aged 60 years and over, and commuters gave greater importance to  
209 train travel being environmentally friendly than other subsets, though they still ranked it as being of  
210 less importance than most other factors.

211 Similarly, the focus group participants placed other factors ahead of the environment when  
212 considering travel by train.

213 *“if I am travelling somewhere, you know, I look at cost first and time, and then I would*  
214 *eventually get down to whether it affects on the environment.” [Positive Green,*  
215 *female]*

216 In order to investigate the potential for response bias (e.g. respondents saying they use train for  
217 environmental reasons because they believe that this is the “correct” answer), two versions of the  
218 questionnaire were produced. Respondents were asked to select from a list of options the main  
219 reasons they had chosen to travel by train instead of using alternative means on the day of the  
220 survey. “Train being environmentally friendly” was presented as an option on half of the  
221 questionnaires, but omitted from the other half. In these questionnaires, an “other” option was

222 included with a space to specify the “other” reason. Responses to this were then compared with the  
223 number checking the environmentally friendly option in that version of the questionnaire.

224 A total of 15.5% of respondents selected the environmentally friendly option as a reason for their  
225 current trip being by rail when this was presented, but just 0.6% of respondents used the “other”  
226 option to state that they had chosen train for environmental reasons when the option was not  
227 presented. Of the latter a quarter stated that their companies had policies in place to encourage  
228 environmental travel. This finding seems to reinforce those above that whilst the environment is  
229 relevant and important, it is not foremost in respondents’ decisions to travel by rail. This  
230 corroborates previous research into climate change and travel choices, which suggested that a  
231 journey being environmentally friendly was an added bonus, rather than a key deciding factor (King  
232 et al, 2008).

233 The results of the psychometric analysis (which used multiple regression with intention as the  
234 dependent variable, and the Theory of Planned Behaviour antecedents of intention as the  
235 independent variables (Shires et al, 2009)) further support this finding. Approximately 50% of rail  
236 users intended to catch the train to be environmentally friendly in the future, and it was possible to  
237 explain 56% (adjusted Rsq 0.56) of intentions per se (i.e., regardless of direction of intention). The  
238 explanatory factors in order of contribution to explanation were moral norms (t 17.82, sig at 95%),  
239 social norms (t 12.73, sig at 95%), perceived behavioural control (t 11.22, sig at 95%) and attitudes (t  
240 -2.25, sig at 95%). It is clear therefore that norms are highly significant in forming intentions to travel  
241 by rail for environmental reasons, and further, the research (Shires et al, 2009) suggested that  
242 business travel policies may contribute to the importance of social norms. The significance of norms  
243 in explaining intentions is unusual and sheds new light on understanding of rail demand, and  
244 potentially mode choice in relation to environmental factors per se.

245 Previous mode choice and the environment research using the Theory of Planned Behaviour (King et  
246 al, 2008; Jopson et al, 2009; Jopson, 2003; Forward, 1998) suggested an important role for norms in  
247 forming intentions, but it has always been second to the influence of perceived behavioural control  
248 as illustrated in Table 3. Further, it is surprising that control and attitudes are not higher in the list of  
249 explanatory factors given the evidence above regarding issues that are important when travelling by  
250 train. However, if users have sufficient experience of rail travel (or any other mode) to feel confident  
251 about catching the train (or bus, or walking etc), control and attitudes may be less central to forming  
252 intentions. The implication being that if you can take it for granted that the important factors such as  
253 value for money and reliability are in place, then norms will be deciding factors. This is an important  
254 conclusion for the promotion of environmentally friendly modes. However, if important factors such  
255 as cost etc are found not to be in place, intentions will not be translated into actions. This is  
256 supported by the fact that in this case it was not possible to explain behaviour (train travel) based on  
257 intentions to catch the train because cost and other practical issues did not support rail use. Taken  
258 together with the evidence above, and that from previous research (King et al, 2008), the lack of  
259 explanation of behaviour suggests that whilst respondents may have a moral goal to travel in an  
260 environmentally friendly manor, issues such as cost and reliability intervene between intentions and  
261 behaviour. For example, an intention to save money may prove stronger than that to be  
262 environmentally friendly. Nevertheless, it is crucial to build on pro-environmental intentions given  
263 that they are the precursor to behaviour that will contribute to reducing carbon emissions (when  
264 other contextual issues such as cost also support pro-environmental behaviour). Consequently, the  
265 most significant fact in explaining intentions (moral norms) was taken forward into the willingness to  
266 pay modelling as described below.

267



268 **Table 3: Factors explaining intentions in Theory of Planned Behaviour mode choice and the environment**  
 269 **research**

|                                                                                                | King et al, 2008;<br>Jopson et al, 2009 | Jopson, 2003                           | Forward, 1998                                                         |
|------------------------------------------------------------------------------------------------|-----------------------------------------|----------------------------------------|-----------------------------------------------------------------------|
| <b>Antecedents of intentions to choose pro-environmental travel options significant at 95%</b> | PBC* (t 5.35)<br>Moral norms (t 4.05)   | PBC* (t 4.84)<br>Social norms (t 2.31) | PBC* (Beta 0.39)<br>Social norms (Beta 0.16)<br>Attitudes (Beta 0.13) |

270 \* PBC: perceived behavioural control

## 271 4. ANALYSIS OF STATED PREFERENCE DATA

### 272 4.1. Methodology

273 As set out in Section 2, each respondent was presented with a ranking experiment. From this, we  
 274 obtained the ranks for the three options involving a reduction in travel time, and the three options  
 275 involving a reduction in CO<sub>2</sub> emissions. The resulting data was then rank exploded so that for each  
 276 respondent, we obtain data on five choices. Here, the first choice involves selecting the highest  
 277 ranked alternative out of the full set of six options, the second choice involves selecting the second  
 278 ranked alternative out the five options remaining after removing the highest ranked option, etc. The  
 279 final choice involves selecting the fifth ranked alternative out of the two lowest ranked options.

280 The resulting data thus contained 8,390 choices collected from 1,678 respondents. A discrete choice  
 281 model<sup>1</sup> was used in the analysis of the data. In a discrete choice model, we analyse the choice  
 282 between a number of mutually exclusive alternatives, where the probability of choosing a specific  
 283 alternative is a function of an estimate utility (or attractiveness) for that alternative. This utility is a  
 284 function of the attributes of the alternatives and the estimated sensitivities (or tastes) of the  
 285 respondent. In the present context, the utility is given as a function of the savings in CO<sub>2</sub> and travel  
 286 time, while we also incorporate interactions with gender, overall journey time, and four moral norm  
 287 indicators. The moral norm indicators were responsibility (norm1) and moral obligation (norm2) to  
 288 take action to be environmentally friendly, and responsibility (norm3) and moral obligation (norm4)  
 289 to catch the train to be environmentally friendly. Each of these was assessed using a 7 point Likert  
 290 scale in the questionnaire, 1 representing strong agreement and thus a strong moral norm to act in  
 291 favour of the environment, and 7 representing strong disagreement.

292 Specifically, the utility of an alternative involving a reduction in travel time was specified as:

$$293 \quad V = \beta_{\text{time}} * \text{time-red}$$

294 where *time-red* gives the reduction in travel time (in %) obtained by choosing that alternative, and  
 295  $\beta_{\text{time}}$  gives the marginal utility (to be estimated) of a 1 percent reduction in travel time.

296 For the alternatives leading to a reduction in CO<sub>2</sub> emissions, a more complex specification was used<sup>2</sup>,  
 297 as follows:

<sup>1</sup> See Train, 2003, for a thorough introduction to discrete choice modelling methodology.

<sup>2</sup> Note that due to the specific nature of the design (i.e. an alternative always leads to a reduction in only one of the two attributes, time or CO<sub>2</sub>), the interaction terms could obviously only be included for one of the two types of alternatives.

$$\begin{aligned}
298 \quad V &= \delta_{\text{CO}_2} \\
299 &+ \beta_{\text{CO}_2} * \text{CO}_2\text{-red} * [ (\text{norm1} / 2)^{\lambda_{\text{norm1}}} * (\text{norm2} / 2.5)^{\lambda_{\text{norm2}}} * (\text{norm3} / 3.4)^{\lambda_{\text{norm3}}} \\
300 &\quad * (\text{norm4} / 3.7)^{\lambda_{\text{norm4}}} * (\text{jtime} / 150)^{\lambda_{\text{jtime}}} ] \\
301 &+ \beta_{\text{female,CO}_2} * \text{female} * \text{CO}_2\text{-red} \\
302 &+ \beta_{\text{env-reasons,CO}_2} * \text{env-reasons} * \text{CO}_2\text{-red},
\end{aligned}$$

303 where  $\delta_{\text{CO}_2}$  is a constant for the three alternatives that involve CO<sub>2</sub> reductions. The parameter  $\beta_{\text{CO}_2}$   
304 gives the marginal utility of a 1% reduction in CO<sub>2</sub>. Here, this is interacted continuously with the four  
305 moral norm variables as well as with journey time (jtime). As an example,  $\lambda_{\text{norm1}}$  gives the elasticity of  
306 the  $\beta_{\text{CO}_2}$  parameter in relation to a change in norm1. Here, the expected negative estimate for  $\lambda_{\text{norm1}}$   
307 would mean that an increase in the value of norm1 (and hence a reduction in the pro-environment  
308 norm) would lead to a reduction in the marginal utility of a reduction in CO<sub>2</sub>. The division of norm1  
309 by 2, which is the sample average for norm1 means that the estimate for  $\beta_{\text{CO}_2}$  gives the marginal  
310 sensitivity to CO<sub>2</sub> reductions at the sample average moral norms. A corresponding approach was  
311 used for the interactions with the three remaining norm variables as well as with the journey time.  
312 Finally,  $\beta_{\text{female,CO}_2}$  and  $\beta_{\text{env-reasons,CO}_2}$  give additional increments to the marginal utility that are  
313 estimated only for female respondents, respectively respondents who make trips for environmental  
314 reasons. Attempts to include other socio-demographic attributes, such as age and income, did not  
315 reveal any significant effects. Our a priori expectations would be that we obtain positive estimates  
316 for  $\beta_{\text{time}}$ ,  $\beta_{\text{CO}_2}$  and  $\beta_{\text{env-reasons,CO}_2}$ , along with negative estimates for  $\lambda_{\text{norm1}}$ ,  $\lambda_{\text{norm2}}$ ,  $\lambda_{\text{norm3}}$  and  $\lambda_{\text{norm4}}$ , with  
317 no preconceptions for the signs of  $\delta_{\text{CO}_2}$ ,  $\beta_{\text{female,CO}_2}$  and  $\lambda_{\text{jtime}}$ .

318 Some readers may express concern at the incorporation of attitudinal indicators in the modelling of  
319 individual choices, given endogeneity issues. In the present context, this specific approach was  
320 motivated by the desire to investigate the link between attitudes and actions.

321 Two further important points need to be discussed before presenting results. Firstly, it is a well  
322 known fact that asking respondents to rank alternatives is significantly more complex than asking  
323 them to state their most preferred options (see e.g. Louviere et al., 2000). From this perspective, the  
324 expectation would be that the modelled component of utility (i.e. not the random component) has a  
325 relatively bigger impact for the first of our choices (which equates to choosing the highest ranked  
326 alternative). In a random utility modelling context, this phenomenon is referred to as scale  
327 differences, where the scale is inversely proportional the variance of the random component of  
328 utility and where higher scale means a greater weight for the modelled component. To account for  
329 such scale differences, we explicitly estimated the scale for the five choice sets, where the scale was  
330 normalised to 1 for the first choice set (to enable identification). Taking such scale differences into  
331 account is important with a view to avoiding biased coefficient estimates.

332 The second point that needs addressing is that each respondent in our data now has five choices,  
333 and this repeated choice nature of the data potentially has impacts on the standard errors produced  
334 during a purely cross-sectional approach (see e.g. Ortúzar et al., 1997), i.e. when treating each  
335 choice as if it came from a separate respondent. Tests were carried out in this context<sup>3</sup> which  
336 showed that taking into account the correlation across choices for the same respondent did not lead  
337 to any significant drops in parameter significance.

338 All models presented in this section were estimated using BIOGEME (Bierlaire, 2005).

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<sup>3</sup> Detailed results available on request.

339 **4.2. Estimation results**

340 The estimation results for the discrete choice model are presented in Table 4, where it should be  
 341 noted that the t-ratios for the scale parameters are given in relation to a base value of 1 rather than  
 342 0.

343 **Table 4: Estimation results for discrete choice model**

Number of individuals: 1678  
 Number of observations: 8390  
 Final log-likelihood: -7071.38  
 adj.  $\rho^2$ : 0.358

|                            | est.    | t-rat. (0) |
|----------------------------|---------|------------|
| $\delta_{CO_2}$            | 1.82    | 14.52      |
| $\beta_{CO_2}$             | 0.175   | 30.8       |
| $\beta_{female,CO_2}$      | 0.00987 | 2.05       |
| $\beta_{env-reasons,CO_2}$ | 0.0566  | 8.26       |
| $\beta_{time}$             | 0.584   | 38.75      |
| $\lambda_{norm1}$          | -0.152  | -4.22      |
| $\lambda_{norm2}$          | -0.138  | -3.75      |
| $\lambda_{norm3}$          | -0.0811 | -1.71      |
| $\lambda_{norm4}$          | -0.0519 | -1.08      |
| $\lambda_{jtime}$          | 0.0422  | 2.2        |

  

|        | est.   | t-rat. (1) |
|--------|--------|------------|
| Scale1 | 1      | -          |
| Scale2 | 0.45   | -27.04     |
| Scale3 | 0.0266 | -63.25     |
| Scale4 | 1.01   | 0.23       |
| Scale5 | 1.42   | 5.56       |

344

345 Our analysis of the results shows that there is an overall preference for the CO<sub>2</sub> reducing options (as  
 346 captured in  $\delta_{CO_2}$ ). As expected, the estimates for  $\beta_{CO_2}$  and  $\beta_{time}$  are both positive, showing that  
 347 reductions in CO<sub>2</sub> and travel time have a positive impact on the utility of an alternative. Here, this is  
 348 slightly higher marginal utility for CO<sub>2</sub> reductions for female respondents and respondents who  
 349 travel by rail for environmental reasons, reflected in the positive signs for  $\beta_{female,CO_2}$  and  $\beta_{env-reasons,CO_2}$ .

350 Additionally, the estimates for the four interaction terms  $\lambda_{norm1}$ ,  $\lambda_{norm2}$ ,  $\lambda_{norm3}$  and  $\lambda_{norm4}$  are all  
 351 negative. The negative sign of these interaction terms shows that with decreasing environmental  
 352 norms (i.e. as the value of norm1 to norm4 increases), the marginal utility of CO<sub>2</sub> reductions is  
 353 decreased. We can also observe decreasing magnitude and statistical significance when moving from  
 354 norm1 to norm4, where the final two are no longer significant at the usual levels of confidence. This  
 355 gives a strong indication that the responsibility and moral obligation to be environmentally friendly  
 356 per se are stronger than the responsibility and moral obligation to catch the train to be  
 357 environmentally friendly. This is also supported by the descriptive statistics for the four moral norm  
 358 questions (note the mean values for norm1 to norm4 discussed in Section 4.1), and fits with the  
 359 findings that people want to do something for the environment, but when it comes to catching the  
 360 train issues such as cost etc intervene, i.e. are potentially more important. There is also a suggestion

361 that within each frame the two moral norm questions are asked (environment per se, and catching  
 362 the train to be environmentally friendly), perceived responsibility is stronger than moral obligation  
 363 (i.e.  $\lambda_{norm1} < \lambda_{norm2}$ , and  $\lambda_{norm3} < \lambda_{norm4}$ ). In other words, people accept the environment as their  
 364 responsibility but see it as a moral issue to a lesser extent. Again this is supported by the descriptive  
 365 statistics for the four moral norm questions.

366 Finally, there is a small positive estimate for  $\lambda_{jtime}$ , showing that the marginal utility of CO<sub>2</sub> reductions  
 367 increases with journey time. Even though the effect is small, this is an interesting finding given that  
 368 we are already working on the basis of percentage changes. What this suggests is that the marginal  
 369 utility of a one percent reduction in CO<sub>2</sub> increases more rapidly with distance than is the case for the  
 370 marginal utility of a one percent reduction in journey time.

371 Turning our attention to the scale parameters, we observe the expected reduction in scale when  
 372 moving from the first to the second and especially the third choice set, showing the increasing  
 373 difficulty for respondents to perform the rankings in the midfield. However, for the later rankings,  
 374 the scale increases once more, where this indicates for example that choosing the lowest ranked  
 375 option is relatively easy.

### 376 **4.3. Interpretation of results**

377 The easiest way to interpret the estimation results is in the form of a trade-off between reductions  
 378 in CO<sub>2</sub> and reductions in travel time. In other words, the output of such a calculation would be an  
 379 indication as to the relative value of a 1% reduction in CO<sub>2</sub> and a 1% reduction in travel time. In the  
 380 absence of interaction terms, this would simply be calculated as  $r = \beta_{CO2} / \beta_{time}$ , where the value of  $r$   
 381 would show how much a 1% reduction in CO<sub>2</sub> is worth in comparison to a 1% reduction in travel  
 382 time. In the presence of the interaction terms, this calculation is more complicated, and we now  
 383 have:

$$384 \quad r = 1 / \beta_{time} * [ \quad \beta_{CO2} * (norm1 / 2)^{\lambda_{norm1}} * (norm2 / 2.5)^{\lambda_{norm2}} * (norm3 / 3.4)^{\lambda_{norm3}} \\ 385 \quad * (norm4 / 3.7)^{\lambda_{norm4}} * (jtime / 150)^{\lambda_{jtime}} \\ 386 \quad + \beta_{female,CO2} * female + \beta_{env-reasons,CO2} * env-reasons ]$$

387 i.e. dividing the full marginal utility for CO<sub>2</sub> reductions by the full marginal utility for travel time  
 388 reductions.

389 The above shows that a different value for the trade-off is obtained when looking at male or female  
 390 respondents, when looking at respondents with different attitudes and/or respondents making trips  
 391 for environmental reasons, and when varying the journey time. As an illustration, we present here  
 392 the trade-offs for a range of different types of respondents and different journey times.

393 The first observation that can be made is that a 1% reduction in CO<sub>2</sub> is always valued less highly than  
 394 a 1% reduction in travel time. However, there are significant variations arise, where, for the ranges  
 395 presented here, the lowest valuation for a 1% reduction in CO<sub>2</sub> is a 0.18% reduction in travel time,  
 396 while the highest is a 0.57% reduction. There is a very small increase in valuations as journey time  
 397 increases, along with a small increase in valuations for female respondents, and a more marked  
 398 increase for respondents who make trips by rail for environmental reasons. The most important  
 399 variations however arise when taking into account the moral norm indicators, which show that when  
 400 looking only at those respondents that expressed the strongest moral norms to change versus those  
 401 that expressed the strongest disagreement with this moral norm, the relative value of CO<sub>2</sub>  
 402 reductions increases is more than twice as high for the former group.

403 Thus far, we have solely talked about valuations in terms of percentage changes. However, these  
 404 valuations can also be monetised. Indeed, with the average rail journey length being 40.3km, and

405 the average journey time:length ratio being 1.9km/min (source Transport Watch<sup>4</sup>), we obtain an  
 406 average journey time of 21.2mins. With an average CO<sub>2</sub> emission of 61g/km (ATOC, 2007), this  
 407 journey would thus on average produce 0.0024583 tonnes of CO<sub>2</sub>, meaning that a 1% saving in CO<sub>2</sub>  
 408 would equate to 0.000024583 tonnes.

409 **Table 5: Relative valuations for reductions in CO<sub>2</sub> emissions and travel time by type of respondent**

| First moral norm indicator | Second moral norm indicator | Third moral norm indicator | Fourth moral norm indicator | Gender | Trips made for environmental reasons | relative value of 1% reduction in CO <sub>2</sub> in terms of % travel time reductions at journey times of |          |           |           |           |           |
|----------------------------|-----------------------------|----------------------------|-----------------------------|--------|--------------------------------------|------------------------------------------------------------------------------------------------------------|----------|-----------|-----------|-----------|-----------|
|                            |                             |                            |                             |        |                                      | 30 mins.                                                                                                   | 60 mins. | 120 mins. | 150 mins. | 180 mins. | 240 mins. |
| average                    | average                     | average                    | average                     | Male   | NO                                   | 0.28%                                                                                                      | 0.29%    | 0.30%     | 0.30%     | 0.30%     | 0.31%     |
| average                    | average                     | average                    | average                     | Male   | YES                                  | 0.37%                                                                                                      | 0.38%    | 0.39%     | 0.40%     | 0.40%     | 0.40%     |
| average                    | average                     | average                    | average                     | Female | NO                                   | 0.30%                                                                                                      | 0.30%    | 0.31%     | 0.32%     | 0.32%     | 0.32%     |
| average                    | average                     | average                    | average                     | Female | YES                                  | 0.39%                                                                                                      | 0.40%    | 0.41%     | 0.41%     | 0.42%     | 0.42%     |
| strong pos.                | strong pos.                 | strong pos.                | strong pos.                 | Male   | NO                                   | 0.42%                                                                                                      | 0.43%    | 0.44%     | 0.45%     | 0.45%     | 0.46%     |
| strong pos.                | strong pos.                 | strong pos.                | strong pos.                 | Male   | YES                                  | 0.51%                                                                                                      | 0.52%    | 0.54%     | 0.54%     | 0.55%     | 0.55%     |
| strong pos.                | strong pos.                 | strong pos.                | strong pos.                 | Female | NO                                   | 0.43%                                                                                                      | 0.45%    | 0.46%     | 0.46%     | 0.47%     | 0.47%     |
| strong pos.                | strong pos.                 | strong pos.                | strong pos.                 | Female | YES                                  | 0.52%                                                                                                      | 0.54%    | 0.56%     | 0.56%     | 0.56%     | 0.57%     |
| strong neg.                | strong neg.                 | strong neg.                | strong neg.                 | Male   | NO                                   | 0.18%                                                                                                      | 0.19%    | 0.19%     | 0.20%     | 0.20%     | 0.20%     |
| strong neg.                | strong neg.                 | strong neg.                | strong neg.                 | Male   | YES                                  | 0.27%                                                                                                      | 0.28%    | 0.29%     | 0.29%     | 0.30%     | 0.30%     |
| strong neg.                | strong neg.                 | strong neg.                | strong neg.                 | Female | NO                                   | 0.20%                                                                                                      | 0.20%    | 0.21%     | 0.21%     | 0.21%     | 0.22%     |
| strong neg.                | strong neg.                 | strong neg.                | strong neg.                 | Female | YES                                  | 0.29%                                                                                                      | 0.30%    | 0.31%     | 0.31%     | 0.31%     | 0.32%     |

410

411 Using the same group of respondents as in Table 5, but at the average journey length of 21.2  
 412 minutes, we can calculate valuations as shown in Table 6. Here, we start by calculating the relative  
 413 value of a 1% reduction in CO<sub>2</sub> compared to reductions in travel time. From this, and for the given

<sup>4</sup> <http://www.transport-watch.co.uk/>

414 journey time, we can calculate the actual time saving that is equivalent to a 1% reduction in CO<sub>2</sub>,  
 415 from which, when using the average value of travel time savings of £8.29 per hour (WebTAG, 2009),  
 416 we can calculate the monetary value of the 1% reduction in CO<sub>2</sub> (equating to 0.000024583 tonnes).

417 If grossing up of marginal changes were acceptable, then these results could be used to calculate  
 418 valuations for one tonne reduction in CO<sub>2</sub> ranging from £215.11 to £614.80. These values are very  
 419 high when compared to the current shadow price of carbon which is set to £26.5/tonne of CO<sub>2</sub>  
 420 (DEFRA, 2009), but need to be put in context by noting that, for the current trip, the value for the  
 421 total CO<sub>2</sub> emissions would range between 53 pence and £1.51, where the average fare for such a  
 422 journey in the UK can vary widely, ranging from under £3 to over £10. This again assumes that  
 423 marginal rates can be grossed up, which may be more realistic at the level of an individual trip, and  
 424 in this case would give the willingness to pay for a carbon neutral trip.

425 **Table 6: Willingness-to-pay for reductions in CO<sub>2</sub> emissions by type of respondents**

| First moral norm indicator | Second moral norm indicator | Third moral norm indicator | Fourth moral norm indicator | Gender | Trips made for environmental reasons | relative value of 1% reduction in CO <sub>2</sub> in terms of % travel time reductions | Time saving equivalent to 1% reduction in CO <sub>2</sub> (mins) | Value of 1% reduction in CO <sub>2</sub> for given trip (pence) |
|----------------------------|-----------------------------|----------------------------|-----------------------------|--------|--------------------------------------|----------------------------------------------------------------------------------------|------------------------------------------------------------------|-----------------------------------------------------------------|
| average                    | average                     | average                    | average                     | Male   | NO                                   | 0.28%                                                                                  | 0.0585                                                           | 0.81                                                            |
| average                    | average                     | average                    | average                     | Male   | YES                                  | 0.37%                                                                                  | 0.0774                                                           | 1.07                                                            |
| average                    | average                     | average                    | average                     | Female | NO                                   | 0.29%                                                                                  | 0.0618                                                           | 0.85                                                            |
| average                    | average                     | average                    | average                     | Female | YES                                  | 0.38%                                                                                  | 0.0807                                                           | 1.12                                                            |
| strong pos.                | strong pos.                 | strong pos.                | strong pos.                 | Male   | NO                                   | 0.41%                                                                                  | 0.0872                                                           | 1.20                                                            |
| strong pos.                | strong pos.                 | strong pos.                | strong pos.                 | Male   | YES                                  | 0.50%                                                                                  | 0.1061                                                           | 1.47                                                            |
| strong pos.                | strong pos.                 | strong pos.                | strong pos.                 | Female | NO                                   | 0.43%                                                                                  | 0.0905                                                           | 1.25                                                            |
| strong pos.                | strong pos.                 | strong pos.                | strong pos.                 | Female | YES                                  | 0.52%                                                                                  | 0.1094                                                           | 1.51                                                            |
| strong neg.                | strong neg.                 | strong neg.                | strong neg.                 | Male   | NO                                   | 0.18%                                                                                  | 0.0383                                                           | 0.53                                                            |
| strong neg.                | strong neg.                 | strong neg.                | strong neg.                 | Male   | YES                                  | 0.27%                                                                                  | 0.0572                                                           | 0.79                                                            |
| strong neg.                | strong neg.                 | strong neg.                | strong neg.                 | Female | NO                                   | 0.20%                                                                                  | 0.0416                                                           | 0.57                                                            |
| strong neg.                | strong neg.                 | strong neg.                | strong neg.                 | Female | YES                                  | 0.29%                                                                                  | 0.0605                                                           | 0.84                                                            |

## 426 **5. DISCUSSION**

427 Train travel is perceived to be an environmentally friendly mode and those travelling by train  
428 (whether or not they are motivated by environmental reasons) rate the environmental performance  
429 of their journey highly relative to other trip attributes such as cost and reliability. Train travel is  
430 perceived to be more environmentally friendly even than coach travel although carbon comparators  
431 show this not the case. Twenty-four percent of people in our survey reported having used train  
432 partly or purely for environmental reasons in the past six months. We estimate that this corresponds  
433 to around 3.4% of all trips although it was higher (4.4%) for business trips. There may be some  
434 positive response bias associated with this figure. However, the analysis of the stated preference  
435 data supports the notion that some journeys will have an environmental motivation as there is a  
436 consistency between those stating that they travel by train for environmental reasons and those  
437 that have higher preference for carbon savings.

438         Set against this very positive environmental image of rail is a reality which suggests that, for  
439 most people, in most journey contexts, the environment is not a feature in the decision-making  
440 process. However, it can be a deciding factor where other attributes are similar across modes and  
441 some businesses also promote train travel.

442         From the estimates of our discrete choice models, and in conjunction with generally  
443 accepted value of travel time savings measures, it was possible to calculate an estimate of the  
444 willingness to pay for reductions in CO<sub>2</sub> emissions. Grossed up to the level of a tonne, these  
445 valuations were significantly higher than those produced in previous research (Brouwer et al., 2008;  
446 Mackerron et al., 2009) and which, were they to be adopted, would imply a much greater  
447 responsiveness to carbon saving initiatives than is seen in practice. In general, one would however  
448 not expect that these values can be grossed up to the level of a tonne as they relate to a single  
449 journey. However, another potential reason for the high values could be the actual approach used in  
450 the present study, in which respondents were asked to trade off between reductions in CO<sub>2</sub> and in  
451 time, rather than money, where our approach may in fact avoid some strategic bias resulting from  
452 asking more directly for monetary valuations.

453         Independently of the absolute values, the experiment provides very interesting insights as  
454 the relative valuations appear to be consistent with other aspects of the questionnaire and with the  
455 expectations from the literature. In particular there is a higher willingness to pay for climate change  
456 emission reductions amongst those that say they travel by train for environmental reasons  
457 compared with those that do not and for those that have stronger moral norms for travelling by  
458 train. This supports the notion that those with pro-environmental intentions and behaviours, on  
459 average, have a higher willingness to pay for them. The very high degree of consistency between the  
460 statistics on the four norms and their role in explaining choices is a strong endorsement for the  
461 notion that in this case, the retrieved valuations are consistent with the stated attitudes.

462         Finally, throughout the study, females expressed a slightly higher valuation than males and  
463 this was the only socio-economic variable which emerged. This too is consistent with previous  
464 research (King et al, 2008) which showed that women reported stronger feelings than men of  
465 personal responsibility to reduce car use to improve the environment and their quality of life.

466         Over time, if the population does exhibit a greater level of concern for the environment and,  
467 critically, assumes more personal responsibility to tackle environmental problems, then this will  
468 encourage greater use of rail. To benefit from any pro-environmental shift, rail will have to continue  
469 to maintain its actual (and perceived) environmental benefits over other forms of transport. In the  
470 UK context it seems that such shifts in mode use are likely to remain 'at the margins' for the  
471 foreseeable future. One important reason for this is the mis-match between the fare structure

472 (which is largely based around managing route congestion) and the relative environmental benefits  
473 of rail (which are largely independent of time of travel). There will remain a large proportion of trips  
474 for which the cost of the journey acts as a disincentive to choose an environmentally friendly option.

475 Our research suggests that there are a number of potential future areas for further  
476 investigation:

- 477 • The study reinforces the previous noted difficulties in conducting closed question format  
478 investigations about the environment. In particular it would be interesting to examine how  
479 the willingness to pay estimates varied with different question formats and terminology.
- 480 • The study captures understanding in late 2008 and it would be interesting to trace the  
481 changes in underlying attitudes over time and the extent to which this feeds forwards into  
482 estimated valuations, thus providing a more dynamic understanding of the speed with which  
483 underlying environmental motivations might affect rail demand.
- 484 • Greater understanding needs to be developed of what the population thinks a 'green' or  
485 'environmentally friendly' train service is. There is little awareness of the actions of  
486 operators to promote their environmental benefits and carbon calculators appear not to be  
487 used as part of the decision-making process. Whilst the valuation work suggests that there  
488 may be a part of the population willing to pay for carbon offset schemes for example, there  
489 is little understanding of these schemes and how they work.

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