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Optical evolution of AT 2024wpp: the high-velocity outflows in Cow-like transients are consistent with high spherical symmetry

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ABSTRACT

We present the analysis of optical/near-infrared (NIR) data and host galaxy properties of a bright, extremely rapidly evolving transient, AT 2024wpp, which resembles the enigmatic AT 2018cow. AT 2024wpp rose to a peak brightness of $c = -21.9$ mag in 4.3 d and remained above the half-maximum brightness for only 6.7 d. The blackbody fits to the photometry show that the event remained persistently hot ($T \gtrsim 20\,000$ K) with a rapidly receding photosphere ($v \sim 11\,500$ km s⁻¹), similarly to AT 2018cow albeit with a several times larger photosphere. JH photometry reveals an NIR excess over the thermal emission at $\sim +20$ d, indicating a presence of an additional component. The spectra are consistent with blackbody emission throughout our spectral sequence ending at $+21.9$ d, showing a tentative, very broad emission feature at ~ 5500 Å – implying that the optical photosphere is likely within a near-relativistic outflow. Furthermore, reports of strong X-ray and radio emission cement the nature of AT 2024wpp as a likely Cow-like transient. AT 2024wpp is the second event of the class with optical polarimetry. Our $BVRI$ observations obtained from $+6.1$ to $+14.4$ d show a low polarization of $P \lesssim 0.5$ per cent across all bands, similar to AT 2018cow that was consistent with $P \sim 0$ per cent during the same outflow-driven phase. In the absence of evidence for a preferential viewing angle, it is unlikely that both events would have shown low polarization in the case that their photospheres were aspherical. As such, we conclude that the near-relativistic outflows launched in these events are likely highly spherical, but polarimetric observations of further events are crucial to constrain their ejecta geometry and stratification in detail.

Key words: stars: black hole – supernovae: general – supernova: individual: AT2024wpp.

1 INTRODUCTION

Modern wide-field, high-cadence transient surveys have revolutionized the field of time-domain astronomy, by allowing the discovery of extragalactic phenomena that evolve faster than expected of standard supernovae (SNe). These were recognized as an abundant population in archival searches of surveys such as the Pan-STARRS1 Medium Deep Survey (Drout et al. 2014), and the Dark Energy

Survey (Pursiainen et al. 2018; Wiseman et al. 2020), resulting in large samples of spectroscopically unclassified fast transients. Their light curves evolve too rapidly to be explained purely by the decay of radioactive ⁵⁶Ni, the canonical power source of standard SNe, and alternative mechanisms have been sought to explain observed properties. It is now known that many of them are likely Type Ibn/Icn SNe (e.g. Ho et al. 2023b), powered by the interaction between their ejecta and surrounding H-poor circumstellar material (CSM). However, since 2018, a particularly luminous, engine-driven subclass of these events, dubbed ‘Cow-like’ transients after their prototype AT 2018cow, has held the spotlight.

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AT2018cow is one of the most remarkable extragalactic transients discovered in recent years. It rose to a peak brightness of ~ -20.5 mag in the optical in a mere 2.5 d, before hastily declining at 0.2 mag d^{-1} (e.g. Prentice et al. 2018; Perley et al. 2019). For the first ~ 15 d, its spectra were consistent with blackbody emission ($\gtrsim 20\,000$ K) with some extremely broad emission lines that were indicative of a high expansion velocity of $\sim 0.1c$. The subsequent spectra showed the emergence of skewed H and He emission at $v \sim 4000 \text{ km s}^{-1}$, implying the presence of a relatively slowly expanding aspherical ejecta (Margutti et al. 2019). Despite first being discovered in the optical, AT2018cow was remarkably luminous across all wavelength regimes from radio to X-rays (e.g. Rivera Sandoval et al. 2018; Ho et al. 2019; Margutti et al. 2019; Kuin et al. 2019; Nayana & Chandra 2021), further supporting the extreme outflows and suggesting a presence of a central source for the X-rays emission.

Following Margutti et al. (2019), who performed a multiwavelength analysis of AT2018cow, the observed properties can be understood via a central engine surrounded by a complex aspherical ejecta structure: with near-relativistic polar outflows and a lower velocity ($\sim 3000 \text{ km s}^{-1}$) equatorial ring/torus. Compact object is strongly favoured for the central engine due to quasi-periodic oscillations (QPOs) in the X-ray (Pasham et al. 2021), as well as persistent late-time optical to X-ray emission (Sun et al. 2022, 2023; Chen et al. 2023a, b; Inkenhaag et al. 2023; Migliori et al. 2024). During the first ~ 15 d, when the spectra are blue and featureless, the optical emission arises from reprocessed X-ray emission through a photosphere formed in the high-velocity outflow (see also e.g. Piro & Lu 2020; Uno & Maeda 2020; Calderón, Pejcha & Duffell 2021; Chen & Shen 2022). This photosphere eventually recedes to the equatorial torus closer to the central engine, as the reprocessing becomes less efficient in time and the polar outflow dissipates, thus explaining the emerging narrow emission lines. While the ejecta profile is fairly well understood, the nature of the phenomena themselves is not, and the possible scenarios range from tidal disruption events (TDEs) with intermediate-mass black holes (e.g. Perley et al. 2019), engine-powered SNe (e.g. Prentice et al. 2018), and failed SNe with prompt accretion disc formation (Margutti et al. 2019), to a merger of a black hole and Wolf–Rayet star (Metzger 2022). There are now six transients reported in the literature that exhibit similar multiwavelength properties to AT2018cow. These are: AT2018lug (ZTF18abvkwla; Ho et al. 2020), CSS161010 (Coppejans et al. 2020; Gutiérrez et al. 2024), AT2020xnd (ZTF20acigmel; Perley et al. 2021; Bright et al. 2022), AT2020mrf (Yao et al. 2022), AT2022tsd (Ho et al. 2023a; Matthews et al. 2023), and AT2022fhn (Chrimis et al. 2023, 2024). Here, we refer to the events as ‘Cow-like’ transients after the prototype, AT2018cow, but note that these events are also often referred to as luminous fast blue optical transients (LFBOTs; Metzger 2022).

Optical polarimetry is a powerful observational technique that can be used to constrain the geometry of events with electron scattering photospheres, such as SNe (e.g. Wang & Wheeler 2008) and TDEs (e.g. Leloudas et al. 2022). Out of the Cow-like events, only the prototype AT2018cow has any optical polarimetry, though this shows intriguing results. Maund et al. (2023) report high ($\lesssim 7$ per cent) wavelength-dependent polarization at $+5.7$ d post-explosion that declined rapidly, attributed to a shock breakout through an optically thick, physically thin disc. The high polarization is supported by multi-epoch spectral polarimetry obtained at the 2.3-m Bok telescope, between phases $+6.0 - 8.9$ d (Smith et al. 2018). The last two epochs of Bok polarimetry ($\gtrsim 8$ d) also constrained the polarization to be consistent with Milky Way (MW) interstellar

polarization (ISP) with an error of $\delta P \sim 0.1$ per cent, implying that AT2018cow showed zero polarization and is consistent with a high degree of spherical symmetry at this phase. Obtaining polarimetry of other Cow-like transients is crucial to investigate the geometry of the two ejecta components, but as these events have an intrinsically low rate ($\lesssim 400 \text{ Gpc}^{-3} \text{ yr}^{-1}$, $\lesssim 0.6$ per cent of core-collapse SNe; Coppejans et al. 2020), they are typically distant and too faint for high-quality polarimetry to be obtained.

AT2024wpp, the newest candidate for the class, was first identified in ZTF survey data on 2024 September 26 (Ho et al. 2024), showing a fast rise of ~ 3 mag in a day. Subsequent follow-up observations showed strong X-ray emission in *Swift* (Srinivasaragavan et al. 2024) and *NuSTAR* (Margutti et al. 2024), strong radio emission at 10 and 15 GHz (Schroeder, Ho & Perley 2024) and verified the transient’s association with a diffuse, extended host galaxy at a separation of 3.1 arcsec at redshift $z = 0.0868$ (Perley et al. 2024, approx 5.2 kpc). With a peak brightness of nearly -22 mag, rapid evolution time-scale, and strong X-ray and radio detections, AT2024wpp likely belongs to the herd of Cow-like transients.

In this paper, we present the analysis of optical photometry, spectroscopy and polarimetry, as well as host galaxy properties of AT2024wpp. The paper is structured as follows: In Section 2, we introduce the data sets and how they were reduced, in Sections 3–6, we present the analysis of the observations and discuss the implications for the class of Cow-like events, and in Section 7 we conclude our findings. Throughout this paper, we assume the Planck Collaboration et al. (2020) Λ CDM cosmology. Using the redshift $z = 0.0868$ (Perley et al. 2024), this corresponds to a distance modulus to the host of AT2024wpp of $\mu = 38.06$ mag. All magnitudes are given in the AB system. The phases in this paper are given in the transient rest frame relative to the ZTF first detection at MJD = 60578.44 (Ho et al. 2024).

2 OBSERVATIONS AND DATA REDUCTION

We collated all available photometry on AT2024wpp. ATLAS (Tonry et al. 2018; Smith et al. 2020) *o*- and *c*-band photometry was retrieved via the ATLAS Forced Photometry Server (Shingles et al. 2021), and combined per-quad using the inverse-variance-weighted mean of forced flux, with sigma clipping to remove discrepant points. Upper limits were also re-computed based on the stacked fluxes and their uncertainties, with 5σ limits being used in practice. Photometry from the Gravitational-wave Optical Transient Observer (GOTO; Steeghs et al. 2022; Dyer et al. 2024) in the *L*-band was retrieved via the GOTO Forced Photometry service (Jarvis et al., in preparation). We also collated all publicly available photometry from relevant Transient Name Server¹ (TNS) AstroNotes and discovery reports. The Neil Gehrels *Swift* Observatory (*Swift*) observed AT2024wpp as part of a number of target-of-opportunity programs (PIs: Margutti, Srinivasaragavan, Brown, and Coughlin). The images from *Swift* Ultraviolet/Optical Telescope (UVOT; Roming et al. 2005) were reduced, and photometry in *W1*, *M2*, *W2*, *U*, *B*, *V* bands was performed following the methodology of Charalampopoulos et al. (2024). We do not consider *Swift* XRT observations in this work. Finally, we obtained one epoch of near-infrared (NIR) *JH*-band imaging with the Nordic Optical Telescope near-infrared Camera and spectrograph (NOTCAM) instrument mounted on the Nordic Optical Telescope (NOT) at $+20$ d. Observations were taken with a 9-position box dither pattern, reduced with standard procedures,

¹<https://www.wis-tns.org/>

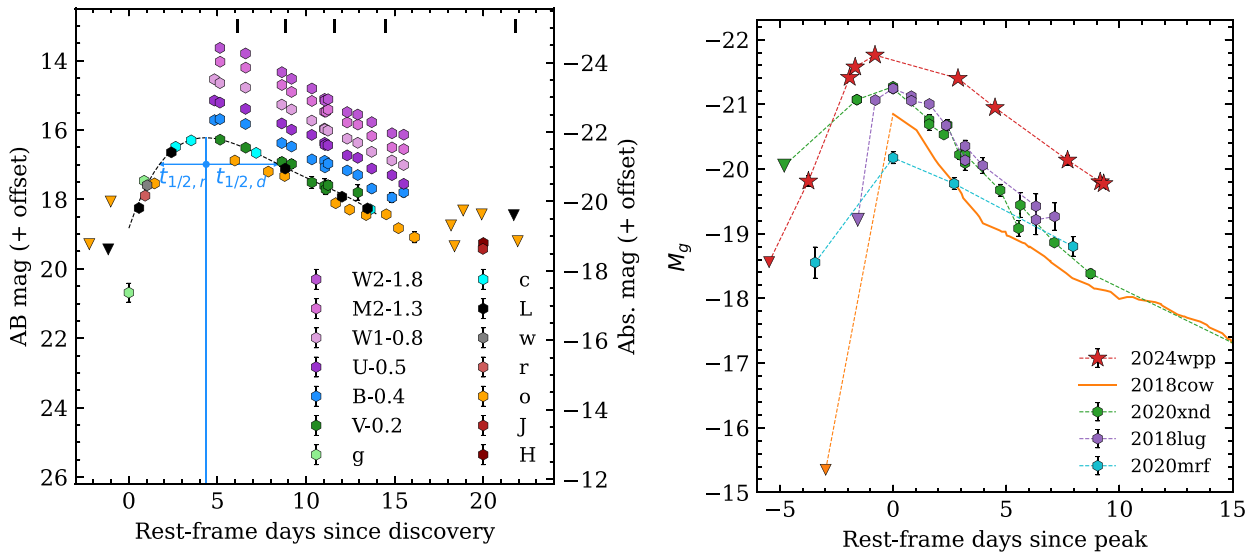


Figure 1. *Left panel:* Collated photometry of AT 2024wpp, corrected for Galactic reddening and shown in the transient rest-frame with respect to the ZTF first detection. Overplotted is a polynomial interpolation of ATLAS *c* and GOTO *L* bands to determine an approximate peak epoch and time-scale – with these key parameters plotted. The vertical bars refer to the epochs of our spectra, but polarimetry was also obtained for the first four epochs. Offsets are applied to the *Swift* photometry for clarity. *Right panel:* comparison of AT 2024wpp to a number of literature Cow-like transients, with *g*-band photometric coverage: AT 2018cow (Perley et al. 2019), AT 2020xnd (Perley et al. 2021), AT 2018lug (Ho et al. 2020), and AT 2020mrf (Yao et al. 2022). Magnitudes are corrected for Galactic extinction, and distance moduli are computed from the host redshift using the same cosmology as for AT 2024wpp.

and measured with aperture photometry, which was then calibrated using 2MASS stars in the field. Photometry is corrected for Galactic extinction assuming $E(B - V) = 0.0253 \pm 0.0025$ mag (Schlafly & Finkbeiner 2011) and $R_V = 3.1$, using the filter curves hosted at the SVO Filter Profile Service (Rodrigo, Solano & Bayo 2012; Rodrigo & Solano 2020; Rodrigo et al. 2024). In lack of evidence for notable host extinction, we do not account for it in our analysis.

We obtained a sequence of optical spectra of AT 2024wpp using the Kyoto Okayama Optical Low-dispersion Spectrograph with optical-fiber Integral Field Unit (KOOLS-IFU; Matsubayashi et al. 2019) instrument on Seimei Telescope and Alhambra Faint Object Spectrograph and Camera (ALFOSC), mounted on the Nordic Optical Telescope (NOT). The observation logs, with salient details about the data, are provided in Table A1. The spectrum at +5.8 d taken with KOOLS-IFU was reduced using the Hydra package in IRAF (Barden et al. 1994) and a reduction software developed for KOOLS-IFU data,² following the standard procedures (bias, sky subtraction, wavelength calibration with Arc lamps, and relative flux calibration). We used VPH-blue grism with a spectral resolution of ~ 500 ; while it officially gives the wavelength coverage of 4100–8900 Å, we cut the low-SNR portions of the spectrum, resulting in 4600–8000 Å in the final spectrum. Optical spectra obtained with NOT/ALFOSC starting at +6.1 d post-detection were reduced with PyNOT³ reduction pipeline. Spectra are corrected for Galactic reddening using the Fitzpatrick (1999) dust law, assuming $E(B - V) = 0.0253 \pm 0.0025$ mag (Schlafly & Finkbeiner 2011) and $R_V = 3.1$. We do not perform absolute flux calibration on the spectra with contemporaneous photometry owing to sparse multi-colour photometry available, but deem the relative flux calibration to be more than adequate to discuss the overall spectroscopic evolution.

We also obtained a sequence of multi-epoch *BVRI* polarimetry with NOT/ALFOSC. The imaging polarimetry was reduced with a custom-built reduction pipeline based on `photutils` (Bradley et al. 2024), using the reduction steps detailed in Pursiainen et al. (2023a). The observations were taken during waxing moon, between lunar illumination 0–53 per cent, and thus lunar phase should not influence the results (Pursiainen et al. 2023a). The details of our polarimetry are given in Table A2.

3 LIGHT-CURVE EVOLUTION

The collated light curves of AT 2024wpp are presented in Fig. 1. The time of peak light and corresponding peak (absolute) magnitude are estimated via fitting Chebyshev polynomials to GOTO *L* and ATLAS *c*-band photometry – jointly providing the best-sampled light curve. Whilst there is a slight mismatch in bandpass between these two filters, considering the extreme blue colour of the source, and the bandpass differing only in the red, this treatment is adequate for the level of analysis we do here. The fit implies a rise to peak in the transient rest frame of 4.3 ± 0.1 d, with uncertainties estimated via bootstrap resampling. In the absence of any tightly-constraining non-detections, we assume the ZTF discovery is the explosion time. While the rise time is thus formally a lower limit, we note that given the fast rise of 3 mag in a day post-discovery (Ho et al. 2024), the explosion epoch has to be very close in time. The peak magnitude based on the fit is 16.3, corresponding to an absolute magnitude of -21.9 in ATLAS *c*/GOTO *L* under the assumed distance modulus, and correcting for Galactic extinction of approximately 0.078 mag. The post-peak decline of AT 2024wpp is rapid based on the fit evaluated at +10 d: 0.24 mag d^{-1} in GOTO *L*/ATLAS *c*. Based on the measured peak time and this peak magnitude, we compute the time above half-maximum ($t_{1/2}$) of the light curve using our fitted interpolant by computing the elapsed times before and after peak that the transient flux decreases by a factor of 2. This yields $t_{1/2,r} = 2.6$ d and $t_{1/2,d} =$

²<http://www.o.kwasan.kyoto-u.ac.jp/inst/p-kools/>

³<https://github.com/jkrogager/PyNOT>

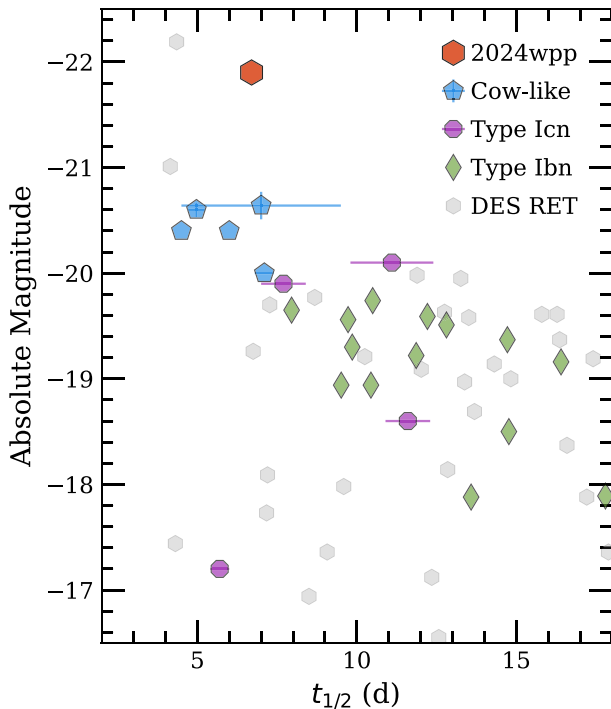


Figure 2. Absolute magnitude and time above half-maximum brightness for selected populations of fast-evolving extragalactic transients. The values for AT2024wpp are estimated from the light-curve fit presented in Fig. 1. The comparison objects are shown in either observer-frame g - or r -band, as provided in the literature. The values are collected from following source: Cow-likes (Perley et al. 2019, 2021; Ho et al. 2020, 2023a; Yao et al. 2022); Type Icn SNe (Pellegrino et al. 2022), Type Ibn SNe (ZTF Bright Transient Survey; Fremling et al. 2020; Perley et al. 2020), and the Dark Energy Survey sample of rapidly evolving transients (RETs; Pursiainen et al. 2018). Uncertainties are shown if available. The bands of individual RETs (g , r , i , or z) were chosen to be the closest to the GOTO $L/ATLAS$ c used for AT2024wpp in their respective rest frames.

4.1 d for the rise and decline time-scales, respectively – implying an overall $t_{1/2}$ of 6.7 d in these bands.

In terms of the light-curve evolution, AT2024wpp lies firmly among other published Cow-like events, showing a high peak luminosity and rapid light-curve evolution ($M \gtrsim -20$, $t_{1/2} \lesssim 7$ d; Ho et al. 2023b). We present a comparison of AT2024wpp to other Cow-like transients from the literature in the right panel of Fig. 1. Although a full light curve-driven comparison is left to future works with more comprehensive photometric data sets, the overall duration of AT2024wpp is more comparable to AT2020xnd (Perley et al. 2021, $t_{1/2} = 5.6 \pm 1.6$ d) than either AT2018cow or AT2018lug, however, markedly more luminous by ~ 0.8 mag. The $(J - H)$ colour of 0.18 ± 0.12 mag in AT2024wpp is relatively bluer compared to that of AT2018cow at a similar phase, $(J - H) \sim 0.30 \pm 0.04$ mag (e.g. Perley et al. 2019), although these are consistent with each other within the uncertainties.

In comparison, no other known phenomena exhibit such properties as a population. To emphasize this, in Fig. 2 we compare the luminosities and time-scales of the populations of rapidly evolving transients with AT2024wpp. Type Ibn and Icn SNe occasionally exhibit luminosities of up to ~ -20 mag (e.g. Icn SNe 2021csp and 2021ckj; Fraser et al. 2021; Perley et al. 2022; Nagao et al. 2023), but are typically fainter and slower as a population (see e.g. Hosseinzadeh et al. 2017; Pursiainen et al. 2023b), and their spectra

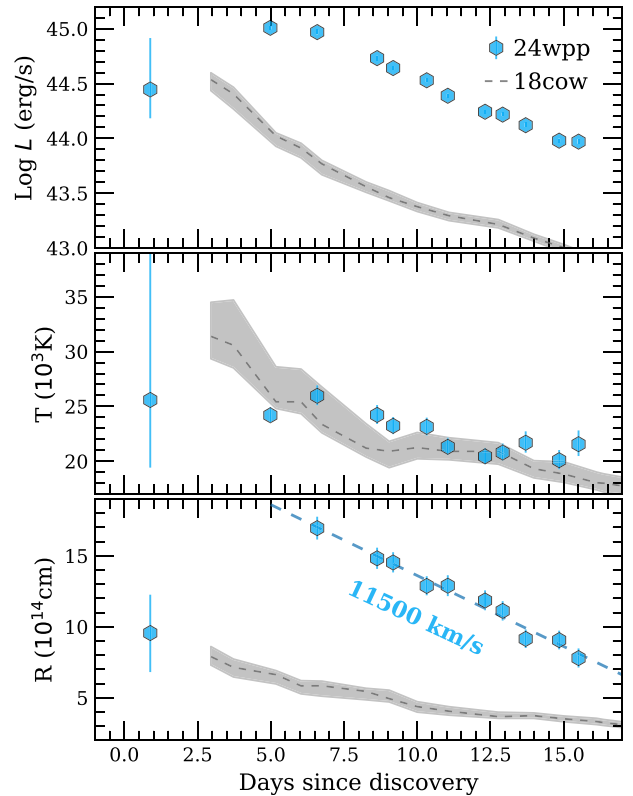


Figure 3. The evolution of bolometric luminosity, temperature, and radius of AT2024wpp based on the blackbody fits presented in Fig. A1 against AT2018cow (Perley et al. 2019). The temperature follows AT2018cow closely and shows a persistently high value. The evolution of radius is similar to AT2018cow in that it recedes rapidly, but the photosphere of AT2024wpp is significantly larger, resulting in higher peak luminosity. The optical photosphere of the event appears to recede at $v \sim 11500$ km s $^{-1}$, as shown by the dashed line.

are dominated with line features arising from H-poor CSM, which AT2024wpp does not exhibit. Similarly, the luminous fast-cooling transients, such as ‘Dougie’ (Vinkó et al. 2015), are extremely luminous (~ -22 mag) in nature, but they are clearly slower evolving ($t_{1/2} \sim 20$ d; Nicholl et al. 2023) than Cow-like events, and occur solely in passive environments, inconsistent with star-forming host of AT2024wpp (Perley et al. 2024).

To investigate the properties of the photosphere, we fit the multi-band photometry of AT2024wpp with a simple blackbody function. The resulting temperature, radius, and bolometric luminosity curves are presented in Fig. 3 and the fits themselves in Fig. A1. AT2024wpp a similar evolution to AT2018cow. The event exhibits a high temperature of $T \gtrsim 20000$ K throughout, accompanied by a rapidly receding photosphere ($v \sim 11500$ km s $^{-1}$) after peak brightness – evolution associated with AT2018cow (e.g. Prentice et al. 2018; Perley et al. 2019). The photosphere of AT2024wpp, however, has a several times larger radius than AT2018cow, making it also significantly brighter. Furthermore, while the fit to the early ZTF gr epoch at $+0.9$ d is uncertain, it clearly implies that the event was hot, but small at the time, and that the photosphere was still expanding as the event grew brighter.

We note that the blackbody fits of the *Swift* six-band photometry appear to show a slight excess in the UV over the optical, despite being largely consistent with thermal emission (see Fig. A1). This

could be caused by significant down scattering of X-ray emission, as proposed for AT2018cow (Margutti et al. 2019). Maund et al. (2023) argue that a resulting excess of blue emission could explain the wavelength dependency of the early polarization of AT2018cow. The observed polarization peaks towards the red – a natural consequence if the polarization carried by the thermal emission is diluted in the blue, thanks to the addition of down scattered unpolarized emission.

Finally, we consider our epoch of NIR photometry given our inferred blackbody parameters and evolution, in light of suggested dust echoes in Cow-like transients (e.g. Metzger & Perley 2023). Most notably, AT2018cow showed an NIR excess at similar epoch (Perley et al. 2019), though only *H*-band photometry had continuous coverage, thus little information on the temperature evolution of this component is available. Assuming a constant temperature ($\sim 21,000$ K) beyond +15 d, and a linearly receding radius, the hot blackbody component alone cannot explain the observed NIR photometry. The extrapolated radius at this epoch is $3.6_{-0.8}^{+0.9} \times 10^{14}$ cm, and we estimate AT2024wpp has brightness $J = H = 20.6$ mag at +20 d under these assumptions. This is ~ 1 mag fainter than the observed NOTCAM points ($J = 19.43$ mag, $H = 19.25$ mag, corrected for extinction) implying an NIR excess arising from an additional SED component must be present. The optical spectrum remains blue at +21.8 d indicating it remains hot, yet the NIR colour is red (brighter in *H* than *J*), which is inconsistent with a single thermal component, where we would be sampling the Rayleigh–Jeans tail in *JH*. This observed excess is best explained by an additional cooler component present, with properties consistent with those predicted by a dust echo.

4 SPECTRAL SERIES AND EVOLUTION

As shown in Fig. 4, the spectra of AT2024wpp are consistent with AT2018cow during our spectral series – blue and featureless throughout with no narrow emission or absorption lines present from the transient. The fact that our spectra remain consistently blue and featureless up to the end of the spectral sequence at $\sim +21$ d is a strong indicator for the presence of a central heating source in AT2024wpp as expected for Cow-like transient, as without one the ejecta would cool quickly and ejecta-associated lines would emerge. Further, hints of extremely broad emission lines are visible in our spectra, as has been reported for Cow-like transients previously (e.g. Perley et al. 2019; Margutti et al. 2019) – with their spectra showing velocities $v \sim 0.1c$ at early times. The most prominent, a broad spectral feature around 5500 \AA , is seen in AT2024wpp growing in strength as the light curve of AT2024wpp declines. Given prior Cow-like events have predominantly shown emission lines of H and He, this feature could be associated with He $\lambda 5876$, highly broadened and offset from rest by $\sim 0.08c$. The next-closest possibility is H α , which would require a velocity of $\sim 0.3c$, and as such we consider it less plausible. While the required helium velocity is high, it is still reasonable given the high-velocity outflows invoked in, for instance, AT2018cow and CSS161010, to explain their observed high-energy properties (e.g. Margutti et al. 2019; Coppejans et al. 2020). Further, recent work on CSS161010 (Gutiérrez et al. 2024) identified He II emission at comparable phase, with velocities of $\sim 0.1c$. Although this is different to the He I identification, it demonstrates He can be found at comparable velocities. This indeed hints that the photosphere at the phases covered by our spectral series lies within the near-relativistic outflow suggested for Cow-like events (e.g. Margutti et al. 2019). Following other Cow-like event, later spectroscopy of the event might show emerging narrow

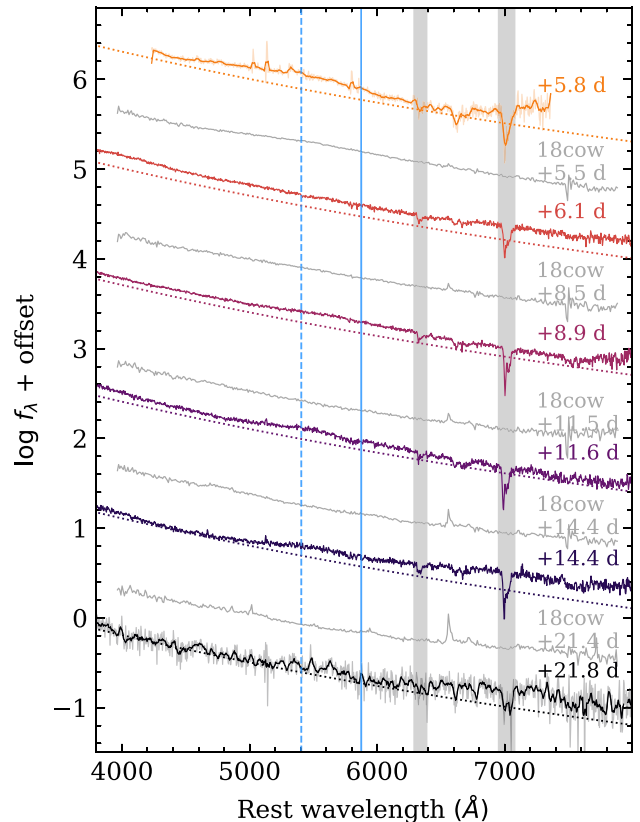


Figure 4. Spectral series of AT2024wpp, spanning +5.8 to +21.8 d post-discovery in the transient rest frame. Spectra are plotted in the transient rest frame, and corrected for Galactic reddening. Shaded bands correspond to the most prominent telluric absorption lines. Interspersed between the AT2024wpp spectra are the spectra of AT2018cow presented in Prentice et al. (2018), retrieved via WISEREP (Yaron & Gal-Yam 2012). The solid line corresponds to He $\lambda 5876$ at rest, with the dashed line denoting this ion at a velocity of $\sim 0.08c$. We also overplot a 23 000 K blackbody below each spectrum of AT2024wpp to guide the eye. The first and final spectra are smoothed with a 30 \AA boxcar filter for clarity of visualization, and cosmic rays are interpolated over.

emission lines that are possibly skewed, as in AT2018cow (Margutti et al. 2019).

5 HOST GALAXY PROPERTIES

AT2024wpp occurred on the outskirts of a blue, diffuse galaxy at $z = 0.0868$ (Perley et al. 2024) as shown in Fig. 5. To quantify the galaxy properties, we used the *griz* images as well as the *Wide-field Infrared Survey Explorer* (WISE) W1 and W2 fluxes from the 10th DESI Legacy Survey (Dey et al. 2019) data release.⁴ The multiband data was fitted with the CIGALE software (Boquien et al. 2019) following details presented in Warwick et al. (2025). CIGALE computes a composite spectral energy distribution (SED) from different galaxy components. The galaxy templates used were created with a delayed star formation history, utilizing the simple stellar population models from Bruzual & Charlot (2003).

The host galaxy is found to be relatively faint at $g = -17.91$, $r = -18.38$, $i = -18.61$, and $z = -18.70$, and the CIGALE fit

⁴www.legacysurvey.org/dr10

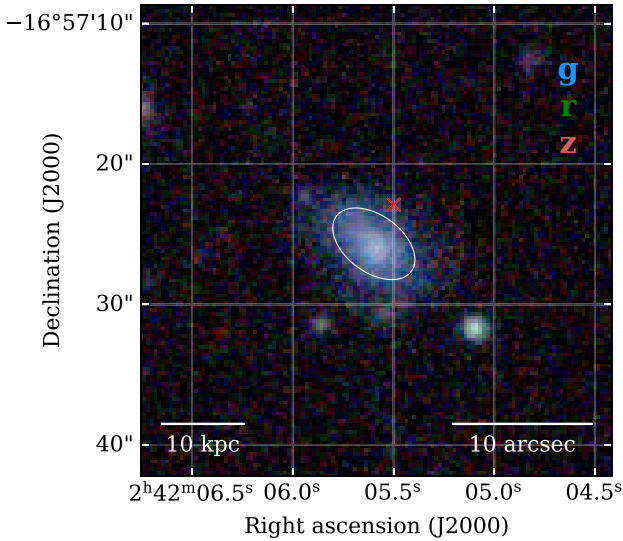


Figure 5. DESI Legacy Surveys *grz* cutout of the explosion site of AT 2024wpp, marked with the red cross. The ellipse marks the contour that encloses 50 per cent of the host flux. Data are plotted with logarithmic scaling to emphasize the underlying faint host galaxy.

resulted in a stellar mass of $1.15 \pm 0.55 \times 10^9 M_{\odot}$. The host of AT 2024wpp appears to be similar to that of AT 2018cow, which was found to have a stellar mass of $\sim 1.5 \times 10^9 M_{\odot}$ with moderate star formation rate of $\text{SFR} \sim 0.2 M_{\odot}$ per year (Perley et al. 2019; Lyman et al. 2020). While we consider the estimated stellar mass of the host to be robust, any SFR estimate would be unreliable in the absence of UV coverage to capture the young, hot stellar populations, and we leave the detailed investigation of the star formation history to future studies with improved data sets. However, we note that the host galaxy of AT 2024wpp is likely star forming. The host is visibly blue in Fig. 5, implying contribution from some young stellar populations. The galaxy would also be remarkably low-mass for an isolated passive galaxy. Further, the presence of narrow emission lines has been reported with line ratios that imply star formation (Perley et al. 2024). As such, we conclude that the host of AT 2024wpp is similar to that of AT 2018cow and comparable to the Large Magellanic Cloud (LMC).

We also investigated if the location of AT 2024wpp is common in the context of Cow-like transients. For this purpose, we estimated the half-light radius r_{50} of the galaxy towards AT 2024wpp in *g*-band using *starmorph* software (Rodriguez-Gomez et al. 2019) similarly to Chrimes et al. (2023). The estimated half-light ellipse of the galaxy is shown in Fig. 5. AT 2024wpp occurred 5.1 kpc from the host nucleus, which is significantly further away than the $r_{50} = 3.3$ kpc in the direction of AT 2024wpp. The Cow-like transient most distant from its host, AT 2023fhn (Chrimes et al. 2023), was found to be either at 16.5 kpc if it is associated with the large near-by spiral galaxy, or at 5.4 kpc if it occurred in the smaller satellite. While the distance of AT 2024wpp is comparable if one assumes the satellite as the host of AT 2023fhn, in normalized offsets ($r_n = D/r_{50}$), AT 2024wpp is significantly closer to its host: $r_{50} = 1.5$ while for AT 2023fhn the values are 3.7 and 3.6 (the spiral and satellite, respectively). The values for AT 2023fhn are estimated in *F555W*, which at the redshift ($z = 0.24$) is comparable to *g*-band for AT 2024wpp. As such, we conclude that, while AT 2024wpp is relatively distant from its host for the class, it is not an outlier like AT 2023fhn.

6 MULTI-EPOCH IMAGING POLARIMETRY

Our NOT/ALFOSC imaging polarimetry is presented in Fig. 6 and Table A3. The polarimetry is low at $P \lesssim 0.5$ per cent regardless of wavelength and phase of observation, and the values are consistent with zero polarization. The low value does not seem to be the result of destructive interstellar polarization (ISP). The field of view of the NOT polarimetry does not include any bright stars, and therefore a direct measurement of MW ISP is not possible, but indirect means can be used to constrain its significance. The line-of-sight colour excess due to Galactic dust is very low, at $E(B - V) = 0.0253 \pm 0.0025$ mag (Schlafly & Finkbeiner 2011). Using the empirical Serkowski relation $P_{\text{ISP}} \leq 9 \times E(B - V)$ (Serkowski, Mathewson & Ford 1975), the MW dust content corresponds to an ISP of no greater than $P \sim 0.23$ per cent, well within our observational uncertainties. Low ISP is further supported by stars catalogued in Heiles (2000) near the line-of-sight of the event. There are four stars within 3 deg, all with $P < 0.15$ per cent. The plausible extent of Galactic ISP based on the Serkowski relation is shown in Fig. 6 with a filled red circle. Similarly, we can constrain the effect of host galaxy ISP using indirect methods. The spectra and photometry appear to be consistent with blue continua, and while the NIR excess might indicate a dust echo, there are no obvious signs of dust scattering in the optical (see Figs 4 and A1). We also see no Na ID absorption from the host galaxy, often used to estimate extinction in the host (Poznanski, Prochaska & Bloom 2012), indicating a low dust content. Finally, we note that it would be unlikely to have such a magnitude and orientation of host galaxy ISP that would be completely destructive, and cause the intrinsically polarized light from the event to appear consistent with $P = 0$ per cent. As such, we conclude that the total ISP must be low, and that the event shows intrinsically low polarization. In the case of an oblate photosphere, $P \sim 0.5$ per cent implies an ellipticity of $b/a \sim 0.9$ (Hoflich 1991), and the polarimetry is consistent with a high degree of spherical symmetry.

AT 2024wpp is only the second Cow-like transient with optical polarimetry. The prototypical AT 2018cow showed high, wavelength-dependent polarization of up to ~ 7 per cent at $+5.7$ d post-explosion, attributed to a shock breakout in a disc of material (Maund et al. 2023). Our observations of AT 2024wpp do not show such a high value, but since our polarimetric sequence started $+6.1$ d after the first reported detection in ZTF (Ho et al. 2024); it is possible that this phase was not covered by our observing campaign especially given the events show a range of evolution time-scales despite being always fast (see Fig. 1). However, from $\sim +8$ d onwards AT 2018cow is perfectly consistent with the inferred MW ISP to high accuracy ($\delta P \sim 0.1$; Smith et al. 2018), implying zero polarization, similar to AT 2024wpp at a comparable epoch. Maund et al. (2023) also report a consequent increase of polarization up to $P \sim 1.5$ per cent at $\sim +13$ d in the bluer wavelengths, which we rule out for AT 2024wpp.

In the context of SNe, a low polarization normally implies a near-spherical photosphere (e.g. Wang & Wheeler 2008). However, it is typically not possible to confirm it with only one event, as the projection of an aspherical geometry can be circular on the sky and thus result in low polarization. Now with AT 2024wpp, both events with optical polarimetry show low polarization at a similar phase and their photospheres at this epoch are consistent with high spherical symmetry. At face-value, this is at odds with the conclusions made for other Cow-like events that imply a complex stratified ejecta profile, producing an intrinsically aspherical photosphere. Margutti et al. (2019) used multiwavelength data to constrain the location of the optical photosphere of AT 2018cow to be in the near-relativistic polar outflow until about ~ 15 d post-discovery. The photosphere

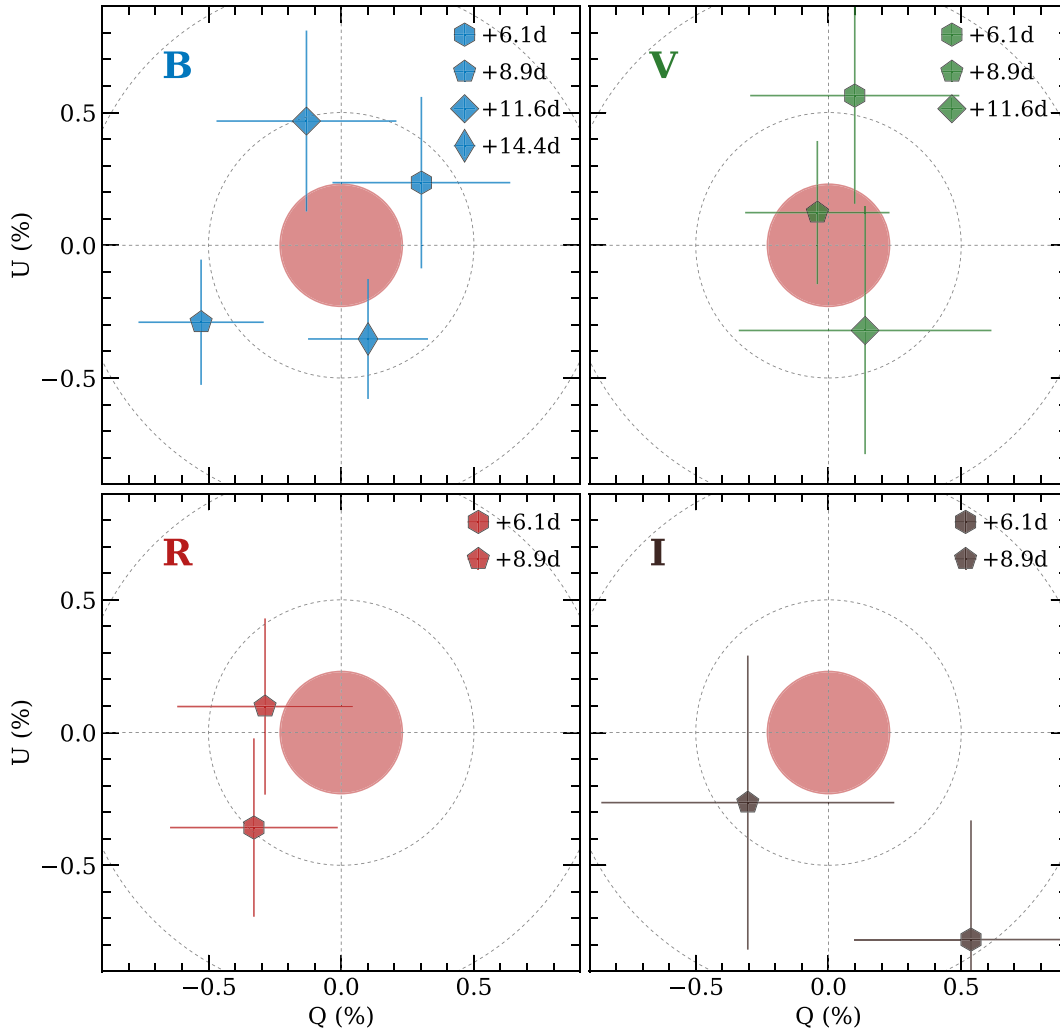


Figure 6. The Stokes $Q-U$ planes of NOT/ALFOSC $BVR I$ polarimetry of AT 2024wpp. The event shows low polarization ($\lesssim 0.5$ per cent) and is consistent with zero polarization regardless of the phase and band. The possible region of Galactic ISP ($\gtrsim 0.23$ per cent) is highlighted with a filled circle. The dashed lines mark $Q, U = 0$ per cent and $P = 0.5, 1.0$ per cent.

then receded to a dense equatorial torus, viewed close to edge-on, with the torus reprocessing hard X-rays arising from a central engine. The early (+5.7 d) high polarization of AT 2018cow that was attributed to a disc-like geometry also supports a large viewing angle (Maund et al. 2023). Assuming that AT 2024wpp is powered by a similar mechanism and has an overall similar ejecta geometry to AT 2018cow, the optical polarimetry is likely taken when the optical photosphere is located in the high-velocity outflow as supported by the spectral properties (see Section 4). There are two possible reasons why the two events show low polarization: (1) There is a preferential viewing angle to discover these phenomena related to the outflow direction so that projection of intrinsically aspherical photospheres would appear circular or (2) their outflows are at least nearly spherical.

A preferential viewing angle along the outflow axis could cause low polarization. For instance, the low polarization of the jetted TDE AT 2022cmc was argued to be consistent with viewing the relativistic jet directly pole-on (Cikota et al. 2023). However, despite the complex ejecta geometry, there is no discussion in the literature on a preferred viewing angle at which to discover Cow-like events,

and instead, they appear to be observed at a range of orientations. The prototype AT 2018cow was likely viewed close to edge-on based on both spectroscopic (e.g. Margutti et al. 2019) and polarimetric properties (Maund et al. 2023), but on the other hand, the minute-time-scale optical variability in AT 2022tsd has been used to suggest it is viewed more face-on (Ho et al. 2023a). As such, there is no a priori reason that suggests a particularly preferential viewing angle. In fact, if Cow-like events are discovered at random inclinations, it would be more likely to view them equator-on rather than pole-on. As such, it is unlikely that both AT 2024wpp and AT 2018cow would have been viewed from a same specific inclination needed to explain the low observed polarizations if the photospheres were aspherical. Therefore, the fact that both events show low polarization at $\gtrsim +8$ d implies that the optical photospheres in the near-relativistic outflows, often referred to as ‘polar’, show a high degree of spherical symmetry. This in turn is a strong indication that the outflows themselves are at least nearly spherical in nature.

Such a configuration is consistent with the deduced ejecta geometry in AT 2018cow, as the lower-density ejecta profile in the polar direction only requires a separate dense equatorial disc/torus.

While the torus undoubtedly affects the high-velocity outflow, given the velocity difference between the outflow ($\sim 0.1c$) and the torus ($\sim 4000 \text{ km s}^{-1}$); it is possible that the outflow could flow around it. The polarimetric evolution of AT 2018cow can be directly understood under such a scenario. The high initial polarization could still arise from photosphere formed in a disc/torus of material, but once the photosphere carried by the high-velocity, spherical outflow overtakes it, the polarization would suddenly decrease. A similar scenario has also been modelled in the context of SN surrounded by a disc of CSM (McDowell, Duffell & Kasen 2018), which has already been invoked to explain the spectroscopic and polarimetric evolution of the superluminous SN2018bsz (Pursiainen et al. 2022). The only genuine constraint for such a scenario is that in case the disc/torus is geometrically thick and covers a large opening angle, the outflow could possibly be funnelled towards the poles and be suppressed in the equatorial direction. As such, the equatorial torus must be reasonably constrained in size to allow the outflow to largely engulf it, as proposed. However, polarimetry of a sample of Cow-like events from near explosion to late time is needed to investigate their ejecta stratification and overall geometry in detail.

7 CONCLUSIONS

Here, we have presented the analysis of optical/NIR data as well as host galaxy properties of the bright, rapidlyevolving transient AT2024wpp, and multiple angles support it being a Cow-like event. Its extreme brightness of -21.9 mag, fast-evolving light curve ($t_{1/2} = 6.7$ d), persistently hot ($T \gtrsim 20\,000$ K), but rapidly receding photosphere ($v \sim 11\,500 \text{ km s}^{-1}$) and the NIR excess at $\sim +20$ d are consistent with the population, but are extreme outliers for any other class of extragalactic events. Our NOT spectra are consistent with blackbody emission all the way to $+22$ d implying the presence of a central heating source, as well as showing tentative extremely broad emission features, consistent with a near-relativistic outflow. The host galaxy is similar to that of AT2018cow with a stellar mass of $1.15 \pm 0.55 \times 10^9 M_{\odot}$, and while AT2024wpp occurred on the outskirts of its host (5.1 kpc), it is still clearly in the galaxy at a normalized offset $r_n = r/r_{50} = 1.5$. Furthermore, the event has shown strong X-ray and radio emission (Margutti et al. 2024; Schroeder et al. 2024; Srinivasaragavan et al. 2024) as expected of the class. As such, AT2024wpp appears to be part of the growing herd of Cow-like transients.

AT2024wpp is only the second Cow-like event with optical polarimetry. The NOT *BVRI* imaging polarimetry is low level ($\lesssim 0.5$ per cent) and consistent with zero polarization $+6$ – 14 d post-discovery. The event does not show the early, high, wavelength-dependent polarization seen in AT2018cow (Smith et al. 2018; Maund et al. 2023), but given our first observation is taken after this was seen in AT2018cow, it is plausibly not covered by our data set. However, both events showed values consistent with zero polarization at $\gtrsim +8$ d, during the phase when the optical photosphere is thought to be located in the near-relativistic outflow. With a lack of evidence for preferential orientation, it is unlikely that the two events would have been observed from similar viewing angles. As such, the fact that both of them show low polarization implies that the high-velocity outflows in these systems are consistent with a high degree of spherical symmetry. While a number of Cow-like transients have shown evidence for highly aspherical ejecta geometry previously, it is possible that the outflow has flown around the suggested equatorial torus, thus explaining the spherical photospheres.

Obtaining high-quality optical polarimetry of more Cow-like transients is critical in investigating their ejecta geometry. These

observations can be used to probe the spherical geometry of the outflow-dominated phase for the class at large, and also constrain the shape of the equatorial disc/torus. This will yield crucial (and novel) constraints on current models of Cow-like transients, making an important contribution to our understanding of the nature of these enigmatic objects.

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DATA AVAILABILITY

Public data sets presented in this paper may be retrieved from their respective locations, referenced in the text. A machine readable version of Table A4 is available in the Supplementary Material for this manuscript. All other data is available from the corresponding author upon reasonable request. Upon acceptance, our spectral data sets will be uploaded to WISEREP.⁵

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SUPPORTING INFORMATION

Supplementary data are available at *MNRAS* online.

Table A4. Collated UV, optical, and NIR photometry of AT 2024wpp.

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APPENDIX A: TABLES AND FIGURES

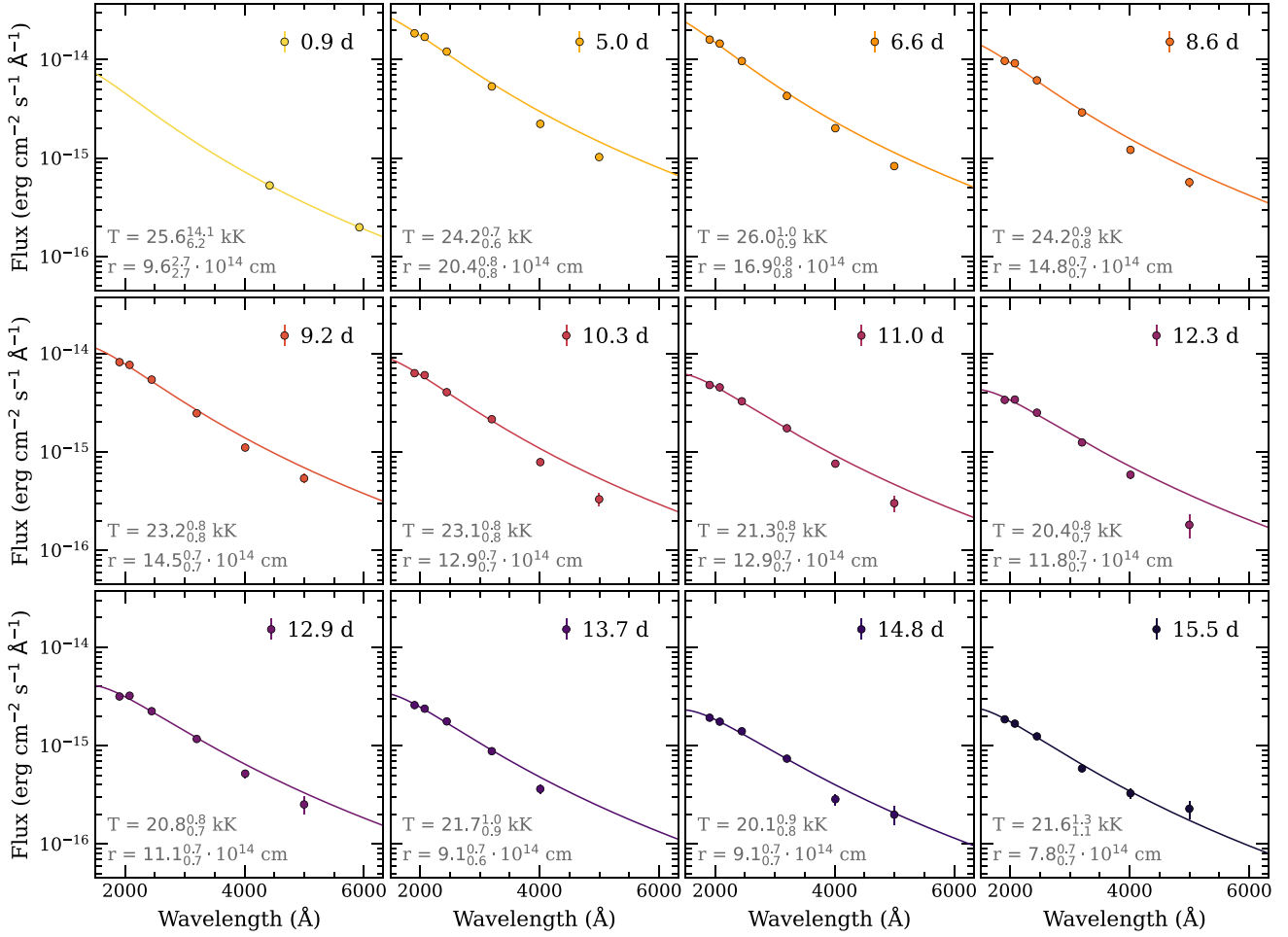


Figure A1. Blackbody fits to the multiband photometry, including an early ZTF *gr* epoch on the rise and six-band *Swift* UVOT photometry on the decline. The shown temperature and radius errors are estimated via Monte Carlo sampling, with 10 000 realizations of the data. The data is largely consistent with a blackbody of $T \gtrsim 20\,000$ K throughout, but the fits to *Swift* photometry appear to show a slight blue excess, especially at early times.

Table A1. Log of spectra obtained of AT 2024wpp during our observing campaign. Resolving power and wavelength ranges for NOT are based on nominal instrument performance as tabulated in the ALFOSC documentation. The slit width for KOOLS-IFU is given as the fibre size, for completeness.

Instrument	Grism	Date (UT)	Phase (d)	Exp. time (s)	Airmass	Slit width (arcsec)	R	Range (Å)
Seimei/KOOLS-IFU	VPH-blue	2024 Oct 01 16:56:59	5.8	3×600	1.60	0.84	500	4600–8000
NOT/ALFOSC	4	2024 Oct 02 01:38:16	6.1	1200	1.61	1.3	277	3200–9600
NOT/ALFOSC	4	2024 Oct 05 01:37:01	8.9	1200	1.57	1.0	360	3200–9600
NOT/ALFOSC	4	2024 Oct 08 01:27:28	11.6	1800	1.58	1.0	360	3200–9600
NOT/ALFOSC	4	2024 Oct 11 03:25:08	14.4	1800	1.45	1.0	360	3200–9600
NOT/ALFOSC	4	2024 Oct 19 03:24:06	21.8	3600	1.47	1.3	277	3200–9600

Table A2. Log of NOT/ALFOSC imaging polarimetry observations presented in this paper.

Date (UT)	Phase (d)	Filters	Exp. time (s)	Airmass	Lunar Ill. (per cent)
2024 Oct 02 01:50:31.53	6.1	<i>BVRI</i>	100	1.54	0
2024 Oct 05 01:49:11.63	8.9	<i>BVRI</i>	200	1.51	5
2024 Oct 08 01:44:42.89	11.6	<i>BV</i>	2 × 300	1.49	24
2024 Oct 11 02:01:29.83	14.4	<i>B</i>	2 × 450	1.45	53

Table A3. The results of the *BVRI* imaging polarimetry of AT 2024wpp.

Date	MJD (d)	Phase (d)	FWHM (pixel)	S/N	Q (per cent)	U (per cent)	P^a (per cent)	θ ($^\circ$)
B band								
2024 Oct 01	60585.1	6.1	7.50	218.18	0.30 ± 0.34	0.24 ± 0.32	0.28 ± 0.33	19.0 ± 24.7
2024 Oct 04	60588.1	8.9	5.20	299.09	-0.53 ± 0.24	-0.29 ± 0.24	0.56 ± 0.24	-75.6 ± 11.2
2024 Oct 07	60591.1	11.6	5.60	208.10	-0.13 ± 0.34	0.47 ± 0.34	0.38 ± 0.34	52.8 ± 20.1
2024 Oct 10	60594.1	14.4	3.90	313.05	0.10 ± 0.23	-0.35 ± 0.23	0.30 ± 0.23	-37.0 ± 17.6
V band								
2024 Oct 01	60585.1	6.1	7.50	178.82	0.10 ± 0.39	0.56 ± 0.41	0.45 ± 0.40	40.0 ± 20.4
2024 Oct 04	60588.1	8.9	5.10	260.89	-0.04 ± 0.27	0.12 ± 0.27	0.07 ± 0.27	54.5 ± 59.7
2024 Oct 07	60591.1	11.6	4.70	151.38	0.14 ± 0.48	-0.32 ± 0.47	0.21 ± 0.47	-33.4 ± 38.4
R band								
2024 Oct 01	60585.1	6.1	4.00	218.65	-0.33 ± 0.32	-0.36 ± 0.34	0.39 ± 0.33	-66.3 ± 19.3
2024 Oct 04	60588.1	8.9	5.40	213.49	-0.29 ± 0.33	0.10 ± 0.33	0.20 ± 0.33	80.6 ± 31.3
I band								
2024 Oct 01	60585.1	6.1	3.90	160.40	0.54 ± 0.44	-0.78 ± 0.45	0.84 ± 0.44	-27.7 ± 13.5
2024 Oct 04	60588.1	8.9	4.60	127.84	-0.30 ± 0.55	-0.26 ± 0.55	0.25 ± 0.55	-69.5 ± 39.4

^a Bias-corrected polarization degree. Measurements whose error is larger than the value are 1σ consistent with zero polarization.

Table A4. Collated UV, optical, and NIR photometry of AT 2024wpp. The values in this table are as observed, uncorrected for Galactic extinction. Upper limits refer to the 5σ point-source limiting magnitude. Only the first few rows are shown here, with the full table being available online in machine-readable form.

Filter	MJD	Phase	Magnitude	Uncertainty	Source
<i>L</i>	60574.2	-3.9	>18.50	-	GOTO
<i>o</i>	60574.6	-3.5	>19.46	-	ATLAS
<i>o</i>	60576.0	-2.2	>19.35	-	ATLAS
<i>L</i>	60577.2	-1.2	>19.52	-	GOTO
<i>o</i>	60577.3	-1.0	>18.12	-	ATLAS
<i>g</i>	60578.4	+0.0	20.78	0.27	ZTF
<i>L</i>	60579.1	+0.6	18.33	0.08	GOTO
<i>g</i>	60579.4	+0.9	17.56	0.05	ZTF
⋮					
<i>J</i>	60600.1	+20.0	19.45	0.07	NOT
<i>H</i>	60600.2	+20.0	19.27	0.10	NOT
<i>L</i>	60602.0	+21.7	>18.53	-	GOTO
<i>o</i>	60602.3	+21.9	>19.27	-	ATLAS

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