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**Other:**

Tucker, Laura, Naughton-Doe, Ruth Jennifer, Moran, Nicola Elizabeth et al. (2024) S.17 Standard - Business card: Supporting unpaid carers around hospital leave. UNSPECIFIED.

<https://doi.org/10.15124/yao-qyjh-5344>

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## Supporting unpaid carers around hospital leave

<b>KNOW</b>	Be knowledgeable about leave and what it means for carers
<b>IDENTIFY</b>	Identify carers and check what support they need
<b>SUPPORT AND REFER</b>	Support carers, give them information about other support, and refer for support as needed
<b>INFORM</b>	Tell carers about 'life on the ward'
<b>INFORM</b>	Talk to carers about leave and give them written information from the start of the admission

**INVOLVE**

Involve carers in planning any leave that is happening with them

**INVOLVE**

Discuss any changes to leave with carers as far in advance as possible

**CO-WORK**

Handover care to carers for leave like you would for staff

**CO-WORK**

Get feedback from carers within 24 hours of leave

**SUPPORT  
AND REFER**

Support carers when leave is challenging, and refer them for support as needed

Produced from research led by the University of York and funded by  
NIHR School for Social Care Research

<https://doi.org/10.15124/yao-qyjh-5344>