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## Supporting unpaid carers around hospital leave

<b>KNOW</b>	Be knowledgeable about leave and what it means for carers
<b>IDENTIFY</b>	Identify carers and check what support they need
<b>SUPPORT AND REFER</b>	Support carers, give them information about other support, and refer for support as needed
<b>INFORM</b>	Tell carers about 'life on the ward'
<b>INFORM</b>	Talk to carers about leave and give them written information from the start of the admission



<b>INVOLVE</b>	Involve carers in planning any leave that is happening with them
<b>INVOLVE</b>	Discuss any changes to leave with carers as far in advance as possible
<b>CO-WORK</b>	Handover care to carers for leave like you would for staff
<b>CO-WORK</b>	Get feedback from carers within 24 hours of leave
<b>SUPPORT AND REFER</b>	Support carers when leave is challenging, and refer them for support as needed

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