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## Supporting unpaid carers around hospital leave



KNOW	Be knowledgeable about leave and what it means for carers	INVOLVE	Involve o
IDENTIFY	Identify carers and check what support they need	INVOLVE	Discuss with care
SUPPORT	Support carers, give them		<u> </u>
AND REFER	information about other support, and refer for support as needed	CO-WORK	Handove leave as
INFORM	Tell carers about 'life on the ward'	CO-WORK	Get feed 24 hours
INFORM	Talk to carers about leave		
	and give them written information from the start of the admission	SUPPORT AND REFER	Support challeng support

INVOLVE	Involve carers in planning any leave that is happening with them		
INVOLVE	Discuss any changes to leave with carers as far in advance as possible		
CO-WORK	Handover care to carers for leave as you would for staff		
CO-WORK	Get feedback from carers within 24 hours of leave		
SUPPORT AND REFER	Support carers when leave is challenging, and refer them for support as needed		

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