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Student Participants by School

School	Number of questionnaire	Number of focus
	participants	group participants
School A	63	7
UTC B	40	3
School C	46	10
Academy D	26	0
School & Language College E	28	0
Academy G	21	0
School H	47	0
Academy I	38	0
School J	88	0
School K	34	0
Academy L	79	0
School M	34	0
School N	32	0
Other	90	0
Total	666	20

Other encompasses questionnaires returned anonymously

The Self-Determination Continuum and Modified SRQ-A Responses

Type of motivation Amotivation		Extrinsic motivation			Intrinsic motivation	
Type of regulation	Non-regulation	External	Introjected	Identified	Intrinsic	
Characterised by	Lack of intent, lack of value placed on outcome	Compliance, seeking external rewards, avoiding external punishments	Self-control, allocation of internal rewards and punishment	Personal importance, conscious valuing of outcome	Interest, enjoyment, inherent satisfaction	
Identifying responses		Because that's what I'm supposed to do	So my teachers will think I'm a good student	Because I want to understand the subject	Because it's fun	
		Because I will get in trouble if I don't	Because I'll feel bad about myself if I don't do well	Because it's important to me	Because I enjoy it	
		Because I might get a reward if I do well	Because I will feel proud of myself if I do well			

Response Options for the Item 'Did you Have a Choice Whether to Take a Language or not?'

Students taking a language	Students not taking a language
Yes, it was up to me (Free choice)	Yes, but I didn't want to do a language at all
School gave me a choice but basically I had	Yes, but it didn't fit in with my other
to take one – I felt under pressure	subjects
(Pressure)	
No, everyone in my school has to take a	No, I wasn't allowed
language (Everyone)	
No, not really – because I get good grades	Yes, but I didn't want to do any of the
my school said I had to take one (Grades)	languages on offer.

At GCSE, do Students Have a Choice Whether or not to 2	<i>[ake a Language?]</i>
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Response	Head teacher frequency	Head teacher %	Head of department frequency	Head of department %	Total number of schools	Total %
No students can choose, a language is compulsory	13	32.5	16	20.8	27	24.3
Some students can choose	6	15.0	21	27.3	26	23.4
All students can choose	21	52.5	40	51.9	58	52.3
Total	40	100.0	77	100.0	111	100.0

Response	Head teacher frequency	Head of department frequency	Total frequency	Total %
Attainment in languages	2	12	14	45.2
Likelihood of obtaining an EBacc	2	5	7	22.6
Attainment in other subjects	1	4	5	16.1
Other		5	5	16.1
Total	5	26	31	100.0

How is it Decided Which Students Have a Choice Whether or not to Take a Language?

		L = A = C + C = (-0.2)
Kesuiis of Kruskai-Wallis Tesis	<i>Comparing Self-Regulation</i>	<i>Items Across Choice Groups</i> $(n = 93)$

Item	Z.	р
	-	I
I want my teacher to think I'm a good student	1.814	.070
I'll get in trouble if I don't	.619	.536
It's fun	599	.549
I'll feel bad about myself if I don't do it	.072	.943
I want to understand the subject	027	.979
That's what I'm supposed to do	.724	.469
I enjoy it	176	.860
It's important to me	-1.608	.108
I'll feel proud of myself if I do well	.227	.820
I might get a reward if I do well	341	.733

Translation of Items Into Scales

Items	Subscales	Composite scales	Scale
Because I want my teacher to think I'm a good			
student			
Because I'll feel bad about myself if I don't do	Introjected		
it		Controlled	
Because I'll feel proud of myself if I do well			Relative
Because I'll get in trouble if I don't			Autonomy
Because that's what I'm supposed to do	External		Index
Because I might get a reward if I do well			_
Because it's fun	Intrinsic		
Because I enjoy it	mumste	– Autonomous	
Because I want to understand the subject	Identified	Autonomous	
Because it's important to me			

Results of Kruskal-Wallis Tests on the Four Self-Regulation Subscales Compared Across Four Choice Groups (n = 365)

	Yes it was up to me	I felt under pressure	Everyone has to take a language	Because I get good grades my school said I had to
Intrinsic $\chi^2(3) = 27.822, p = .000)$	207.15	144.32* (<i>r</i> = .22)		
	207.15			143.91* (<i>r</i> = .21)
		144.32* (<i>r</i> = .15)	195.56	
			195.56	143.91* (<i>r</i> = .15)
Identified $\chi^2(3) = 18.239, p = .000)$	208.01	162.26* (<i>r</i> = .16)		
	208.01		164.27* (<i>r</i> = .16)	_
	208.01			157.84* (<i>r</i> = .17)
External ^a $\chi^2(3) = 8.721, p = .033)$			2.50* (<i>r</i> = .15)	3.00
Introjected $\chi^2(3) = 5.23, p = .156)$				

*Significant at the .005 level

Mean Ranks for RAI, Autonomous and Controlled Regulation Compared Across Four Groups -

Results of	f Kruskal-V	Wallis Tests	(n = 389)
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	Yes it was up to me	I felt under pressure	Everyone has to take a language	Because I get good grades my school said I had to
RAI	226.03	148.59*		
$(\chi^2(3) = 38.183,$		(r = .26)	011 75	_
p = .000)		148.59*	211.75	
		(r = .17)	211.75	152 27*
			211.75	153.37*
	226.03			$\frac{(r = .15)}{153.37*}$
	220.03			(r = .23)
Controlled regulation ($\chi^2(3) = 2.541$, p = .468)				(723)
Autonomous regulation $(\chi^2(3) = 32.083,$	211.04	147.69* (<i>r</i> = .25)		
$(\chi(3) = 32.083, p = .000)$		(r = .23) 147.69* (r = .18)	214.82	_
		× /	214.82	161.15*
				(r = .14)
	211.04			161.15*
				(r = .19)

Graphical Representation of how Choice Affects Motivation

Students who selected:		
Yes, it was up to me	Everyone in my school has to	Because I get good grades my
	take a language	school said I had to take one
were more likely to be motivated by:		
Intrinsic regulation	Intrinsic regulation	External regulation
Identified regulation	-	-

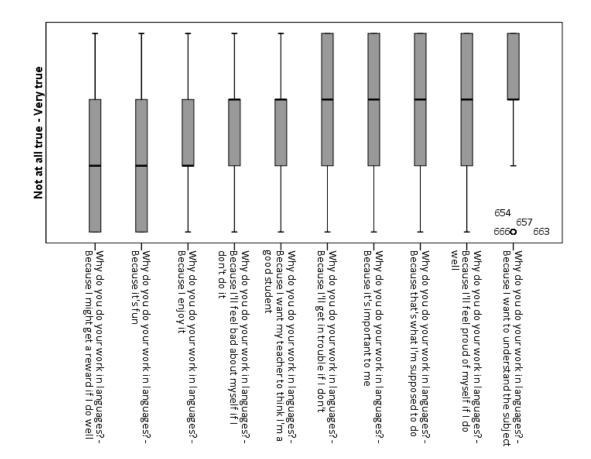


FIGURE 1

Distribution of Scores for the Item 'Why do you do Your Work in Languages'

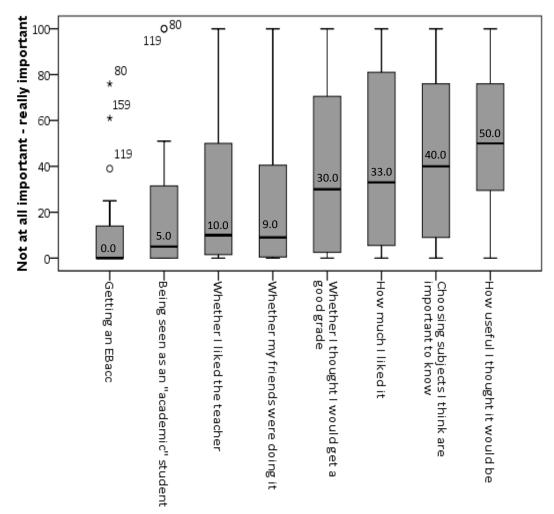


FIGURE 2

Distributions of Scores for the Item 'As far as you can Remember, how Important Were Each of These Things When you Decided Whether to Take a Language or not?' for Students who Chose not to Take a Language

Medians are labelled

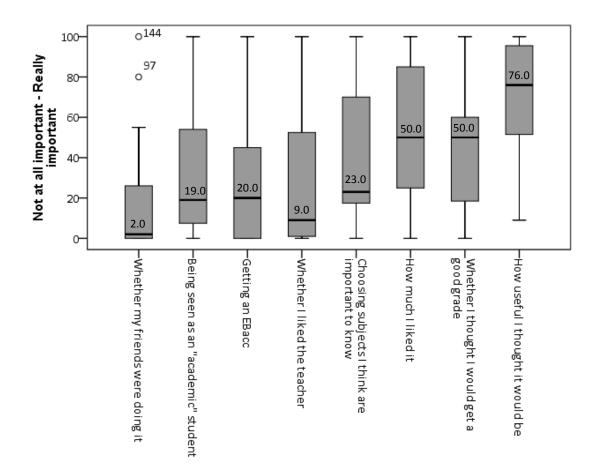


FIGURE 3

Distributions of Scores for the Item 'As far as you can Remember, how Important Were Each of These Things When you Decided Whether to Take a Language or not?' for Students in the 'Free Choice' Group

Medians are labelled