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## Article:

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## TABLE 1

Student Participants by School

| School | Number of questionnaire <br> participants | Number of focus <br> group participants |
| :--- | :--- | :--- |
| School A | 63 | 7 |
| UTC B | 40 | 3 |
| School C | 46 | 10 |
| Academy D | 26 | 0 |
| School \& Language College E | 28 | 0 |
| Academy G | 21 | 0 |
| School H | 47 | 0 |
| Academy I | 38 | 0 |
| School J | 88 | 0 |
| School K | 34 | 0 |
| Academy L | 79 | 0 |
| School M | 34 | 0 |
| School N | 32 | 0 |
| Other | 90 | 0 |
| Total | 666 | 20 |
| Other encompasses questionnaires returned anonymously |  |  |

TABLE 2

The Self-Determination Continuum and Modified SRQ-A Responses

| Type of motivation | Amotivation |  | Extrinsic motivation |  | Intrinsic motivation |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Type of regulation | Non-regulation | External | Introjected | Identified | Intrinsic |

TABLE 3

Response Options for the Item 'Did you Have a Choice Whether to Take a Language or not?'

| Students taking a language | Students not taking a language |
| :--- | :--- |
| Yes, it was up to me (Free choice) | Yes, but I didn't want to do a language at <br> all |
| School gave me a choice but basically I had <br> to take one - I felt under pressure <br> (Pressure) | Yes, but it didn't fit in with my other <br> subjects |
| No, everyone in my school has to take a <br> language (Everyone) | No, I wasn't allowed |
| No, not really - because I get good grades <br> my school said I had to take one (Grades) | Yes, but I didn't want to do any of the <br> languages on offer. |

At GCSE, do Students Have a Choice Whether or not to Take a Language?

| Response | Head teacher <br> frequency | Head <br> teacher $\%$ | Head of <br> department <br> frequency | Head of <br> department <br> $\%$ | Total <br> number <br> of <br> schools | Total \% |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| No students <br> can choose, a | 13 | 32.5 | 16 | 20.8 | 27 | 24.3 |
| language is <br> compulsory <br> Some students | 6 | 15.0 | 21 | 27.3 | 26 | 23.4 |
| can choose | 21 | 52.5 | 40 | 51.9 | 58 | 52.3 |
| All students <br> can choose | 21 | 100.0 | 77 | 100.0 | 111 | 100.0 |

## TABLE 5

How is it Decided Which Students Have a Choice Whether or not to Take a Language?

| Response | Head teacher <br> frequency | Head of department <br> frequency | Total <br> frequency | Total \% |
| :--- | :--- | :--- | :--- | :--- |
| Attainment in <br> languages | 2 | 12 | 14 | 45.2 |
| Likelihood of <br> obtaining an EBacc | 2 | 5 | 7 | 22.6 |
| Attainment in other <br> subjects | 1 | 4 | 5 | 16.1 |
| Other | 5 | 5 | 16.1 |  |
| Total | 5 | 26 | 31 | 100.0 |

TABLE 6

Results of Kruskal-Wallis Tests Comparing Self-Regulation Items Across Choice Groups $(n=93)$

| Item | $z$ | $p$ |
| :--- | :--- | :--- |
| I want my teacher to think I'm a good student | 1.814 | .070 |
| I'll get in trouble if I don't | .619 | .536 |
| It's fun | -.599 | .549 |
| I'll feel bad about myself if I don't do it | .072 | .943 |
| I want to understand the subject | -.027 | .979 |
| That's what I'm supposed to do | .724 | .469 |
| I enjoy it | -.176 | .860 |
| It's important to me | -1.608 | .108 |
| I'll feel proud of myself if I do well | .227 | .820 |
| I might get a reward if I do well | -.341 | .733 |

TABLE 7

## Translation of Items Into Scales

| Items | Subscales | Composite scales | Scale |
| :--- | :--- | :--- | :--- |
| Because I want my teacher to think I'm a good <br> student |  |  |  |
| Because I'll feel bad about myself if I don't do <br> it | Introjected |  |  |
| Because I'll feel proud of myself if I do well |  | Controlled | Relative |
| Because I'll get in trouble if I don't <br> Because that's what I'm supposed to do <br> Because I might get a reward if I do well | External |  | Autonomy |
| Because it's fun <br> Because I enjoy it | Intrinsic |  |  |
| Because I want to understand the subject <br> Because it's important to me | Identified | Autonomous |  |

## TABLE 8

Results of Kruskal-Wallis Tests on the Four Self-Regulation Subscales Compared Across Four Choice
Groups ( $n=365$ )

|  | Yes it was up to me | I felt under pressure | Everyone has to take a language | Because I get good grades my school said I had to |
| :---: | :---: | :---: | :---: | :---: |
| Intrinsic$\left.\chi^{2}(3)=27.822, p=.000\right)$ | 207.15 | $\begin{aligned} & 144.32^{*} \\ & (r=.22) \end{aligned}$ |  |  |
|  | 207.15 | $\begin{aligned} & 144.32^{*} \\ & (r=.15) \end{aligned}$ | 195.56 | $\begin{aligned} & 143.91^{*} \\ & (r=.21) \end{aligned}$ |
|  |  |  | 195.56 | $\begin{aligned} & 143.91^{*} \\ & (r=.15) \end{aligned}$ |
| Identified$\chi 2(3)=18.239, p=.000)$ | 208.01 | $\begin{aligned} & 162.26^{*} \\ & (r=.16) \\ & \hline \end{aligned}$ |  |  |
|  | 208.01 |  | $\begin{aligned} & 164.27^{*} \\ & (r=.16) \end{aligned}$ |  |
|  | 208.01 |  |  | $\begin{aligned} & 157.84^{*} \\ & (r=.17) \end{aligned}$ |
| External ${ }^{\text {a }}$ $\chi 2(3)=8.721, p=.033)$ |  |  | $\begin{aligned} & 2.50^{*} \\ & (r=.15) \end{aligned}$ | 3.00 |
| Introjected$\chi 2(3)=5.23, p=.156)$ |  |  |  |  |
| ${ }^{2}$ Median scores are shown |  |  |  |  |

## TABLE 9

Mean Ranks for RAI, Autonomous and Controlled Regulation Compared Across Four Groups -
Results of Kruskal-Wallis Tests $(n=389)$


TABLE 10

Graphical Representation of how Choice Affects Motivation

| Yes, it was up to me | Students who selected: <br> Everyone in my school has to <br> take a language | Because I get good grades my <br> school said I had to take one |
| :---: | :---: | :---: |
|  | were more likely to be motivated by: |  |
| Intrinsic regulation | Intrinsic regulation | External regulation |
| Identified regulation |  |  |



FIGURE 1
Distribution of Scores for the Item 'Why do you do Your Work in Languages'


FIGURE 2
Distributions of Scores for the Item 'As far as you can Remember, how Important Were Each of These Things When you Decided Whether to Take a Language or not?' for Students who Chose not to Take a Language

Medians are labelled


## FIGURE 3

Distributions of Scores for the Item 'As far as you can Remember, how Important Were Each of These Things When you Decided Whether to Take a Language or not?' for Students in the 'Free Choice' Group

Medians are labelled

