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# Bladder cancer

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23

## 24 **Abstract**

25 Bladder cancer is a global health issue with sex differences in incidence and prognosis.  
26 Bladder cancer has distinct molecular subtypes with multiple pathogenic pathways  
27 depending on whether the disease is non-muscle-invasive or muscle-invasive . The  
28 mutational burden is higher in muscle-invasive than in non-muscle invasive disease.  
29 Commonly mutated genes include *TERT*, *FGFR3*, *TP53*, *PIK3CA*, *STAG2* and genes  
30 involved in chromatin modification. Subtyping of both forms of bladder cancer is likely to  
31 change considerably with the advent of single-cell analysis methods. Early detection  
32 signifies a better disease prognosis; thus, minimally invasive diagnostic options are needed  
33 to improve patient outcomes. Urine-based tests are available for disease diagnosis and  
34 surveillance, and analysis of blood-based cell-free DNA is a promising tool for detection of  
35 minimal residual disease and metastatic relapse. Transurethral resection is the cornerstone  
36 treatment for non-muscle-invasive bladder cancer and intravesical therapy can further  
37 improve oncological outcomes. For muscle-invasive bladder cancer, radical cystectomy with  
38 neoadjuvant chemotherapy is the standard of care with evidence supporting trimodality  
39 therapy. Immune checkpoint inhibitors have demonstrated benefit in non-muscle-invasive,  
40 muscle-invasive, and metastatic bladder cancer. Effective management requires a multi-  
41 disciplinary approach that considers patient characteristics and molecular disease  
42 characteristics.

43

## 44 [H1] Introduction

45 In 2020, 573,278 people were newly diagnosed with bladder cancer worldwide<sup>1,2</sup>, and this  
46 number is expected to double by 2040 based on World Health Organization predictions<sup>3</sup>. If  
47 detected early before muscle invasion, this disease is often treatable and can be managed  
48 with minimal effects on survival. Muscle-invasive disease can metastasize, predominantly to  
49 lymph nodes, bones, lungs and liver<sup>4</sup>, and is associated with a median survival of ~15  
50 months<sup>5</sup>.

51 The bladder wall consists of 5-7 epithelial cell layers with surface umbrella cells (urothelium)  
52 with underlying layers of fibroconnective tissue and vessels (lamina propria), thick muscular  
53 bundles (muscularis propria or detrusor muscle) and peri-vesical fat **(Figure 1)**. Urothelial  
54 cells are the primary cells of origin of bladder cancer and urothelial cancer is the most  
55 common form of bladder cancer, affecting ~95% of patients<sup>6,7</sup>. Tobacco use is the primary  
56 risk factor in ~50% of bladder cancer diagnoses<sup>8,9</sup>, as the urothelium is exposed to  
57 carcinogenic tobacco metabolites eliminated via the urine<sup>10</sup>. Other urothelial-cell-derived  
58 bladder cancer types, occurring in <2% of patients, include small cell carcinoma, squamous  
59 cell carcinoma and adenocarcinoma<sup>7</sup>.

60 At diagnosis, urothelial cancer is categorized as either non-muscle-invasive bladder cancer  
61 (NMIBC; stages Tis, Ta and T1) or muscle-invasive bladder cancer (MIBC; stages T2-T4)  
62 when the disease has grown into the muscularis propria. The overall categorisation of the  
63 disease into NMIBC and MIBC is used frequently as treatment modalities differ substantially  
64 between these entities; however, within the NMIBC category, Ta tumors have a much more  
65 benign disease course than T1 and Tis tumors, and treatment of these subtypes is also  
66 markedly different<sup>7</sup>. The different tumour stages are associated with different genetic  
67 features, which can be used as markers for minimally invasive diagnostics and disease  
68 aggressiveness<sup>11,12</sup>. The importance of these markers in disease management will further  
69 increase as molecular pathology will become more predominant in diagnosis, treatment  
70 selection and follow-up planning. The most informative molecular markers to date are  
71 genetic variants of *TP53*, *ERCC1*, and *FGFR3* as markers of disease progression,  
72 chemotherapy sensitivity and small molecule therapeutic selection, respectively<sup>11,12</sup>.

73 Of note, bladder cancer incidence and aggressiveness differ considerably between men and  
74 women<sup>13</sup>. For instance, bladder cancer is the 6<sup>th</sup> most common cancer in biologic males, but  
75 only the 17<sup>th</sup> most common cancer in biologic females<sup>14</sup>. However, women present clinically  
76 with more advanced disease and have a poorer prognosis<sup>15,16</sup> and, perhaps, a lower survival  
77 than men (possibly confined to the first 2 years after diagnosis)<sup>17</sup>. In the past few years,

78 efforts have also been made to understand the role of race in bladder cancer biology<sup>18</sup> and  
79 further advances in this field are expected in the future.

80 This Primer focuses on urothelial cancer, the most common form of bladder cancer. We  
81 summarize the epidemiology of the disease, with a focus on risk factors, discuss  
82 mechanisms of pathogenesis including genetic alterations, and provide an overview of  
83 current diagnostic methods. In addition, we review current treatment modalities employed at  
84 different disease stages, discuss the quality of life of patients with the disease, and discuss  
85 outstanding issues and research questions.

## 86 **[H1] Epidemiology**

### 87 **[H2] Incidence and mortality**

88 Bladder cancer incidence is highest in higher-income regions of the world, including Europe,  
89 North America, and Western Asia, and is also increased in regions affected by schistosoma  
90 parasites, such as Northern Africa<sup>19</sup>. By contrast, South America, Eastern Asia, the  
91 Caribbean, and Middle and Southern Africa have much lower rates of bladder cancer. The  
92 differences in bladder cancer incidence between these regions has been linked to the  
93 prevalence of tobacco use, occupational exposure to aromatic amines in industry, arsenic in  
94 drinking water and other causes<sup>2,20</sup>. In 2020, nearly 600,000 people were diagnosed with  
95 bladder cancer globally, predominantly affecting individuals >55 years of age and men<sup>1,2</sup>  
96 **(Figure 2, Figure 3)**. Bladder cancer is the 10th most common cause of cancer globally and  
97 the 13<sup>th</sup> most common cause of mortality from cancer<sup>19</sup>. Ongoing efforts to mitigate risk  
98 factors, improve timely diagnosis, better understand sex differences, and expand therapy  
99 seems to have resulted in decreasing global rates of bladder cancer diagnoses and deaths  
100 <sup>21</sup>.

### 101 **[H2] Risk factors**

#### 102 ***[H3] Cigarette smoking.***

103 Cigarette smoking is the most prominent contributor to bladder cancer development in most  
104 countries, with ~50% of all cases linked to this risk factor<sup>8,9</sup>. A global decline in smoking  
105 prevalence might have contributed to improving rates of bladder cancer diagnoses and  
106 deaths; however, trends vary considerably by country<sup>21</sup>. More than 1 billion people are  
107 estimated to smoke tobacco globally but smoking prevalence has decreased since 1990 by  
108 ~27% in men and 38% in women<sup>22,23</sup>. The highest reductions seem to have occurred in

109 higher socioeconomic groups, which probably reflects higher health awareness and  
110 enhanced access to healthcare in this population<sup>22,23</sup>.

111 **[H3] Parasitic infection and chronic inflammation.**

112 Infection with *Schistosoma haematobium*, a parasite in the blood fluke family, is a relatively  
113 unique risk factor for bladder cancer in Northern Africa<sup>24</sup>. Parasites infect individuals via the  
114 skin when swimming in water containing schistosome cercariae and, following maturation in  
115 the liver, can deposit eggs within the bladder and mesenteric plexus. Calcification of the  
116 eggs and resultant chronic inflammation of the bladder lining leads primarily to the  
117 development of squamous cell carcinoma<sup>25</sup>. Efforts to eradicate this parasite have resulted  
118 in a decrease in bladder cancer incidence<sup>26</sup>. In addition to parasitic infection, other  
119 conditions that can increase chronic inflammation may contribute to the development of  
120 bladder cancer, including presence of diverticula, alterations in gut or urinary tract  
121 microbiome, and dysfunction of the immune system<sup>27</sup>.

122 **[H3] Sex and age.**

123 Sex and age are two key epidemiological features associated with the development of  
124 bladder cancer. Men are more commonly affected by the disease, with the male:female ratio  
125 remaining relatively steady at approximately 4:1<sup>21</sup>. This discrepancy is reflected in the  
126 finding that bladder cancer is the 6th most common cancer in men worldwide and the 4th  
127 most common cancer in men in the USA<sup>1,21</sup>. Several explanations have been proposed,  
128 including differences in smoking rates and exposure to specific compounds in work  
129 environments, hormonal factors and the effects of sex chromosomes<sup>13</sup>. Bladder cancer  
130 more commonly affects older individuals, with an average age at diagnosis of 73 years and  
131 >90% of cases occurring in persons >55 years of age. The discrepancy between sexes  
132 exists irrespective of age at diagnosis<sup>1,21</sup>.

133 **[H3] Occupational exposure.**

134 Occupational exposure to certain chemicals is another risk factor for bladder cancer.  
135 Exposure to aromatic amines, such as benzidine and beta-naphthylamine in the dye  
136 industry, exposure to hair dyes, paint products, and other occupational exposures to organic  
137 compounds may increase the risk of bladder cancer<sup>28</sup>. Processing of rubber and textiles, as  
138 well as exposure to diesel fumes, may also be associated with an increased risk of bladder  
139 cancer<sup>29</sup>.

140

### 141 **[H3] Genetic factors.**

142 Risk factors in the development of bladder cancer include hereditary (germline) DNA  
143 alterations. For example, hereditary nonpolyposis colon cancer (Lynch syndrome), is  
144 indicated in the development of urothelial carcinoma, accounting for ~5% of upper tract  
145 urothelial carcinomas and probably also cases of bladder cancer, although studies are  
146 ongoing<sup>30,31</sup>. In this hereditary disease, mutations in mismatch repair genes *MLH1*, *MSH2*,  
147 *MSH6*, and *PMS2* result in microsatellite instability, with mutations in *MSH2* and associated  
148 microsatellite instability posing a high risk for the development of urothelial carcinoma<sup>30</sup>.

## 149 **[H1] Mechanisms/pathophysiology**

150 Overall, NMIBC (stages Tis, Ta and T1) and MIBC (stages T2-T4) have distinct molecular  
151 profiles with considerable molecular heterogeneity within each disease category. T1 tumors  
152 often share molecular characteristics with MIBC but these tumours usually differ  
153 substantially from low grade Ta tumors (**Figure 4**)<sup>32-34</sup>. There is no obligate pathway from  
154 NMIBC to MIBC and it seems that these tumour categories have largely non-overlapping  
155 pathogenesis pathways. Histopathological and molecular data indicate that the flat lesion  
156 carcinoma *in situ* is the major precursor of MIBC, whereas most papillary NMIBC arise from  
157 normal-appearing urothelium. Nevertheless, progression from initially non-invasive to  
158 invasive disease occurs in some NMIBC patients, particularly those with lamina-propria-  
159 invasive tumors.

### 160 **[H2] The normal urothelium**

161 The urothelium is composed of basal, intermediate and superficial cell layers, the latter  
162 specialized to form a tight barrier that prevents urine absorption. This barrier function relies  
163 on expression of uroplakins<sup>35</sup> and claudin family members in tight junctions<sup>36</sup>. Keratin 20 is  
164 restricted to the umbrella cells<sup>37</sup>. This normally quiescent epithelium can proliferate rapidly in  
165 response to damage. Whether a definitive stem cell exists is unclear but evidence suggests  
166 that human basal cells have regenerative capacity<sup>38</sup>. In mouse models, both basal and  
167 intermediate cells are implicated as tumour cells of origin<sup>39</sup>. PPAR $\gamma$ , a member of the  
168 nuclear receptor superfamily, is a regulator of urothelial differentiation, whose activation  
169 leads to expression of uroplakins, relevant keratins and claudins via transcription factors  
170 FOXA1, GATA2 and ELF3. In the absence of PPAR $\gamma$  activation, p63 maintains the  
171 undifferentiated (basal) phenotype<sup>40</sup>.

### 172 **[H2] Field cancerization**

173 Field cancerization, the acquisition of pro-tumorigenic mutations and genomic alterations in  
174 normal cell lineages, has been associated with the development of bladder cancer<sup>41</sup>. The  
175 origin of transformed cells among normal appearing urothelial cells is unclear, with original  
176 speculation that cancer cells from tumors migrate in the urothelium or are shed from tumors  
177 and implanted between normal cells<sup>42</sup>. This is referred to as the 'tumor-first-field-later' theory.  
178 In the past decade, it has been suggested that field cancerization evolves from transformed  
179 stem cells in the urothelium that expand and drive tumor formation ('field-first-tumor-later'  
180 theory)<sup>43,44</sup>. Both theories may explain frequent recurrences of clonally related bladder  
181 tumors that develop years apart<sup>45</sup>. Whole-organ mapping studies demonstrated that genetic  
182 alterations can be divided into two categories: low-frequency mutations and high-frequency  
183 mutations increasing with disease progression. Based on this, it was estimated that bladder  
184 carcinogenesis spans 10-15 years, with a progressive phase of 1-2 years involving the high-  
185 frequency mutations<sup>46</sup>. In another study, patients with a high level of field cancerization had  
186 poor survival, and tumors from these patients harbored a high mutational burden, high  
187 neoantigen load, and high tumor-associated CD8 T-cell exhaustion<sup>47</sup>. Importantly, non-  
188 synonymous mutations in known bladder cancer driver genes, such as chromatin-  
189 remodeling genes and *TP53*, *STAG2* and *PIK3CA*, have been identified in non-diseased  
190 bladders<sup>48</sup>, as well as in histologically tumor-free urothelium from patients with bladder  
191 cancer<sup>49</sup>.

## 192 [H2] Common genetic alterations

193 Mutational signatures are similar regardless of tumour grade and stage despite largely non-  
194 overlapping pathogenesis pathways<sup>34,50</sup>. There is a major contribution from the activity of the  
195 APOBEC family of cytidine deaminases, accounting for more than 60% of all single  
196 nucleotide mutations<sup>34,51,52</sup> but only few known tobacco-use-related signatures despite the  
197 association of tobacco use with risk. Compared with NMIBC, the overall mutational burden is  
198 much higher in MIBC (>7 mutations per Mb), surpassed only by lung cancer and  
199 melanoma<sup>53</sup>, and large structural alterations and aneuploidy are more common<sup>54</sup>.

200 Deletions of chromosome 9 are found in ~50% of both NMIBC and MIBC. These deletions  
201 include the *CDKN2A* locus (9p21), encoding p16 and p14ARF, which are regulators of the  
202 RB and TP53 pathways, respectively. On 9q, loss of *TSC1* that regulates mTOR signaling  
203 has been found, and 9q loss is associated with upregulated expression of mTOR targets<sup>55</sup>.  
204 Interestingly, mTOR has been implicated as a regulator of telomerase reverse transcriptase  
205 (TERT) gene transcription. In addition to maintenance of telomere integrity, TERT has non-  
206 canonical functions including upregulation of oncogenic signaling pathways<sup>56</sup>, is crucial in  
207 maintaining tumor immortality and contributes to tumor progression in bladder cancer<sup>57-60</sup>.

208 Other copy number alterations in NMIBC (8-22%) include gains of 1q, 5p, 18q, 20p and 20q  
209 and losses on 8p, 11p, 17p and 18q, particularly in stage T1 tumors<sup>32</sup>. These regions are  
210 more commonly altered in MIBC in which amplifications of 3p25 (*PPARG*), 6p22 (*E2F3*),  
211 7p11 (*EGFR*), 17q12 (*ERBB2*) and 19q12 (*CCNE1*) are also found<sup>52</sup>. High-level DNA  
212 amplification is uncommon in NMIBC<sup>61</sup>.

213 Commonly mutated genes are shown in **Tables 1 and 2**. Extremely common in all tumor  
214 grades and stages (70-80%) are mutations in the promoter of the telomerase reverse  
215 transcriptase *TERT*<sup>58,62,63</sup>, which are associated with upregulated expression. Apart from  
216 *TERT*, mutated genes and mutation frequencies differ considerably between NMIBC and  
217 MIBC. The mutational profile of lamina propria-invasive tumors (stage T1) is more closely  
218 related to that of MIBC compared with stage Ta NMIBC. However, the mutational profile of  
219 stage T1 tumors does not indicate the presence of some tumors with MIBC-like features and  
220 some with Ta-like features but rather that individual T1 tumors often contain both Ta-like and  
221 MIBC-like features<sup>34</sup>.

## 222 [H2] NMIBC

223 NMIBC is characterized by *FGFR3* point mutations (in ~60% of patients), which are  
224 associated with low tumor grade and stage<sup>55</sup>. The most common of these mutations (S249C)  
225 is predicted to result from APOBEC activity<sup>64</sup>. In cultured normal human urothelial cells,  
226 mutant *FGFR3* drives cell overgrowth at confluence, suggesting a potential contribution to  
227 urothelial hyperplasia *in vivo*<sup>65</sup>. Mutation of *RAS* genes and *FGFR3* are mutually exclusive,  
228 with mutation of one or the other in 90% of stage Ta tumors<sup>55</sup>. APOBEC target mutations in  
229 *PIK3CA* hotspot codons are found in ~30% of NMIBC patients, often with mutations in  
230 *FGFR3* or *RAS* genes<sup>34</sup>, indicating that most NMIBC have activation of both Ras-MAPK and  
231 PI3K signaling. Loss of 9q, including *TSC1* in 50% of patients, provides activation of the  
232 PI3K pathway downstream of mTOR. In stage T1, gain of function mutations in *ERBB2* and  
233 *ERBB3* that provide PI3K activation<sup>53</sup> are present in ~15% of tumors, and often co-occur<sup>34</sup>.

234 Mutations of *STAG2* and other chromatin regulators (*KDM6A*, *KMT2D*, *KMD2C*, *CREBBP*,  
235 *EP300* and *ARID1A*) are common. Inactivation of one or more of these regulators is found in  
236 >65% of patients with NMIBC, with *KDM6A* mutations more common in stage Ta than stage  
237 T1 and *ARID1A* mutations more common in stage T1 tumours<sup>34</sup>. The exact roles of these  
238 genes in bladder cancer are not well understood and some mutations can be found in  
239 normal urothelium of cancer-bearing bladders. Compatible with this is the role for *KDM6A* in  
240 the regulation of normal urothelial differentiation<sup>66,67</sup> and its antagonistic effect on *FGFR3*  
241 activation<sup>66</sup>. Mutation of *STAG2*, a subunit of the cohesin complex, is more common in



242 bladder cancer than in other cancers and is implicated in negative regulation of basal cell  
243 identity<sup>68</sup>. Inactivating mutations and loss of expression are present in ~30% of low-grade Ta  
244 tumours, often with *FGFR3*, *PIK3CA* and/or *KDM6A* mutations, but in fewer T1 tumors<sup>34,69,70</sup>.

## 245 [H2] MIBC and metastatic disease

246 MIBC exhibits remarkable intra-tumour genetic heterogeneity<sup>71</sup>. Despite limited sampling,  
247 key players have been clearly identified<sup>52</sup> (Tables 1 and 2). Almost all MIBC have loss of  
248 cell cycle checkpoints via *TP53*, *RB1* and/or *ATM* mutations and/or alterations affecting their  
249 regulators, for example *E2F3* and *MDM2* amplification, mutation of *FBXW7* (8%) and  
250 deletion of *CDKN2A*. Response to DNA damage and DNA repair pathways (for example  
251 through loss of function of *ATM* or *ERCC2* mutation<sup>72</sup>) are also affected; *ERCC2* is also  
252 implicated in (24%) of T1 cases<sup>34</sup>.

253 Overall involvement of chromatin modifiers in MIBC is similar to that in NMIBC except that  
254 the distribution of mutations differs. Activating point mutations in *FGFR3* and *PIK3CA* are  
255 less common than in NMIBC, though upregulated expression of *FGFR3* is frequent.  
256 Activating translocations involving *FGFR3* are found in some tumors (2-5%)<sup>73</sup>. Upregulated  
257 expression and/or isoform switching of *FGFR1*, with potential effect on epithelial-  
258 mesenchymal transition (EMT)<sup>74,75</sup> are also found in some tumours. *FGFR3*, *PIK3CA*,  
259 *KDM6A* and *STAG2* mutations often co-occur and, in the tumors with this mutation profile  
260 and luminal phenotype, loss of 9p (p16 and p14ARF) may contribute to progression<sup>76</sup>.  
261 Activation of the Ras-MAPK/PI3K pathways is estimated to occur in ~70% of MIBC<sup>52</sup>,  
262 commonly via mutation or upregulation of upstream regulators, including gain of function  
263 mutations of *ERBB2* and *ERBB3*, or amplification of *ERBB2* and *EGFR*<sup>52</sup>. Loss of *PTEN* and  
264 *TSC1* also contribute to AKT/mTOR activation<sup>77</sup>. Other pathways implicated in MIBC include  
265 upregulated MET signaling<sup>78</sup> and the NOTCH pathway<sup>79</sup>.

## 266 [H2] Tumor microenvironment

267 The tumor microenvironment (TME) comprises both malignant and non-malignant cells.  
268 Cancer-associated fibroblasts (CAFs) are the most common non-malignant cells in bladder  
269 cancer, forming distinct regions within the tumor<sup>80</sup>, and these CAFs have been associated  
270 with tumor aggressiveness, chemoresistance and reduced response to immune checkpoint  
271 inhibitor therapy<sup>80-82</sup>. Tumor-associated macrophages (TAMs) are another important non-  
272 malignant population in bladder cancer<sup>83</sup>. TAMs are recruited to sites of inflammation and  
273 hypoxia within the TME but, like CAFs, they are co-opted by cancerous cells to promote an  
274 immune suppressive environment, drug resistance and metastasis<sup>84-90</sup>. Resistance to

275 inhibition of PD-1 or PD-L1 in urothelial cancer has also been linked to a proinflammatory  
276 cellular state of myeloid phagocytic cells detectable in tumor and blood<sup>91</sup>. Tumor-infiltrating  
277 lymphocytes (TILs) are immune cells clear cancerous cells. Mostly composed of CD8+ T  
278 cells, TILs develop and expand to recognize foreign antigens present on cancer cells or  
279 antigen-presenting cells. Of note, bladder cancer, and MIBC in particular, has a high level of  
280 mutational burden<sup>92,93</sup>, providing neoantigens for the immune cells to recognize. However,  
281 the beneficial effect in bladder cancer is lower than expected because of low numbers of  
282 TILs in the tumor and/or inactivation of TILs that do reach malignant cells. In MIBC, the  
283 presence of TILs in or adjacent to the tumor is a predictor of patient response and survival to  
284 immune checkpoint inhibitors (ICI)<sup>94</sup>. The degree of stromal cell infiltration, most notably  
285 CAFs, into tumors also determines patient response to immune therapies. Patients with high  
286 numbers of TILs and low stromal gene tumor signatures have an improved survival and  
287 response to immune therapies<sup>95</sup>. The discoidin domain (DDR1 and DDR2) collagen  
288 receptors, which are commonly found on cancer cells and fibroblasts, have been implicated  
289 as biomarkers for ICI response in bladder cancer and other cancer types in both the  
290 experimental setting<sup>89</sup> and patients<sup>96</sup>. This important finding supports the link between  
291 collagen deposition, fibroblasts and resistance to ICI. Future clinical trials of targeted  
292 therapies, such as DDR1 and/or DDR2 inhibition combined with ICIs would be expected to  
293 enhance the effectiveness of ICI.

## 294 **[H2] Biologic sex differences**

295 Bladder cancer incidence and aggressiveness differ substantially between men and  
296 women<sup>13</sup>. Absence of X chromosome gene *KDM6A* leads to an increased incidence of  
297 bladder cancer in mouse models<sup>97</sup> but, notably, only in female animals. *KDM6A* is mutated in  
298 24% of patients with bladder cancer and its experimental depletion in human bladder cancer  
299 cells enhanced *in vitro* cell proliferation, migration, and *in vivo* tumor growth; however, the  
300 limited number of cell lines investigated prevents a conclusion whether this effect is sex  
301 dependent<sup>60</sup>.

302 In addition to sex-chromosome-mediated effects, androgen receptor (AR) signaling can lead  
303 to sexual dimorphism in bladder cancer incidence and therapeutic response. Two studies in  
304 2022 demonstrated that T cell-intrinsic AR promotes CD8+ T cell exhaustion in the tumor  
305 microenvironment (TME)<sup>98,99</sup>. Furthermore, AR can suppress expression of CD44<sup>100</sup>, a well-  
306 known driver of tumor progression and metastasis in bladder cancer<sup>101–103</sup> and other cancer  
307 types<sup>104</sup>. In mouse studies, AR deletion reduces the incidence of bladder cancer induced by  
308 standard orally ingested chemical carcinogens that accumulate in urine and are analogs of  
309 those found in cigarette smoke<sup>105</sup>. However, the role of AR in humans is less clear<sup>106,107</sup>. Use

310 of the 5 $\alpha$ -reductase inhibitor finasteride was found to reduce bladder cancer incidence in  
311 white and hispanic, but not black men<sup>108</sup>. Intriguingly, black men have higher free  
312 testosterone levels than white men<sup>109</sup>, yet a lower incidence of bladder cancer<sup>110</sup>. By  
313 contrast, reduced AR expression in bladder cancer is associated with more advanced  
314 stage<sup>100,111</sup> and aggressive tumor subtypes<sup>112</sup>. Inhibition of AR signaling has shown promise  
315 in men with reduced recurrence of NMIBC<sup>113–115</sup>.

316 In a systematic review of 18 studies, the incidence and clinical outcomes of bladder cancer  
317 were investigated in patients who received androgen suppression therapy<sup>109</sup>. 5 $\alpha$ -reductase  
318 inhibitors or androgen deprivation therapy were not significantly associated with a reduced  
319 risk of bladder cancer incidence or cancer-specific, overall or progression-free survival. In  
320 subgroup analysis, only finasteride use was associated with reduced bladder cancer risk,  
321 and recurrence-free survival was improved in those receiving androgen suppression therapy  
322 compared with nonusers. Hence, finasteride use may represent a strategy for reducing  
323 bladder cancer incidence, and overall androgen suppression may reduce recurrence risk in  
324 patients with a history of bladder cancer. Only randomized trials with well characterized  
325 study populations can definitively prove these observations.

326 The Y chromosome is essential for male sex determination and spermatogenesis<sup>116</sup>. In aging  
327 men, loss of the Y chromosome (LOY) in hematopoietic cells has been associated with  
328 increased risk of several diseases, including cardiac fibrosis<sup>117</sup> and multiple cancer types<sup>117–</sup>  
329 <sup>120</sup>. In bladder cancer, LOY has been found in 10-40% of tumors<sup>121–127</sup>. This is unsurprising  
330 as bladder cancer is commonly caused by environmental exposures, such as tobacco and  
331 industrial chemicals that are known to result in DNA damage and LOY<sup>128–130</sup>. Recent studies  
332 have shown that LOY and the corresponding loss of Y genes *KDM5D* and *UTY*, which are  
333 chromatin modifiers, confer an aggressive phenotype to bladder cancer through acquiring  
334 ability to evade the adaptive immune system<sup>18</sup>. Fortunately, this also makes LOY tumors  
335 more vulnerable to ICI. This landmark study is the first to show LOY drives cancer biology  
336 and the host immune response to cancer<sup>131</sup>.

## 337 **[H1] Diagnosis and screening**

### 338 **[H2] Clinical Presentation**

339 Around 75% of patients with bladder cancer present with painless, visible (gross) hematuria,  
340 which warrants early medical attention<sup>132</sup>. In a prospective observational study, 22.4% of  
341 patients presenting with visible hematuria were found to have bladder cancer, with the  
342 incidence increasing with age: only 4.7% of those <35 years of age compared with 35% of

343 those >75 years of age<sup>133</sup>. Rates of urologic referral of patients with hematuria is generally  
344 low<sup>134</sup> and, therefore, the reported rates of bladder cancer can differ in the literature.  
345 Patients may also present with microscopic or non-visible hematuria commonly detected  
346 upon health checkup, and bladder cancer was found in 3.3-5.2% of that population<sup>133 135</sup>.  
347 Presentation with microscopic hematuria seems to correspond to a low disease stage<sup>136</sup>. In a  
348 multi-center cohort study- in patients with microscopic hematuria, 68.8% had Ta/Tis disease,  
349 19.6% had T1 disease and 11.6% had T2 disease, whereas in patients presenting with gross  
350 hematuria, 55.9% had Ta/Tis disease, 19.6% had T1 disease and 17.9% had T2 disease<sup>136</sup>.

351 Bladder cancer is rare in children, with an incidence of only 0.1-0.4%<sup>137,138</sup>. In a systematic  
352 review including 243 pediatric patients with bladder cancer<sup>139</sup>, gross hematuria was the  
353 commonest presentation (75.6%), followed by lower urinary tract symptoms (8.6%) and  
354 abdominal and/or flank pain (3.4%). Most of the patients presented with Ta (86.4%) and low-  
355 grade (93.4%) disease; T2 or above disease was uncommon (4.1%).

## 356 **[H2] Diagnosis**

357 Diagnostic evaluation of patients with hematuria should include a physical examination  
358 including rectal and vaginal bimanual palpation to assess for pelvic masses suggesting a  
359 locally advanced tumor<sup>140</sup>, although the risk of both clinical under-staging and over-staging  
360 is well known<sup>141,142</sup>. Cystoscopy is considered the gold standard for diagnosing bladder  
361 cancer. White-light imaging cystoscopy is the conventional method to detect bladder cancer  
362 but may miss some lesions, such as carcinoma-in-situ (CIS). CIS usually presents as a  
363 velvet-like, reddish area that is difficult to detect and differentiate from inflammation<sup>143</sup>, which  
364 has led to advanced cystoscopy technologies, such as narrow-band imaging, photodynamic  
365 diagnosis and Image 1S to enhance bladder cancer detection (**Supplementary Table 1**).

366 If a lesion is seen on cystoscopy, this is followed by examination under anesthesia at time of  
367 transurethral resection bladder tumor (TURBT), although the risk of both clinical under-  
368 staging and over-staging with this assessment is well known<sup>142</sup>. Pathological work up of  
369 patients includes the use of urine-based evaluation to detect malignant cells and/or analysis  
370 of biopsy or TURBT samples of visibly identifiable lesions.

### 371 ***[H3] Urine-based diagnosis of bladder cancer.***

372 Urine cytology is the most cost-effective urine-based method to diagnose high-grade bladder  
373 cancer<sup>144</sup>. The sensitivity of this analysis is suboptimal but its specificity is high, especially for  
374 high-grade urothelial carcinoma; thus, urine cytology remains the gold standard in the  
375 diagnosis of bladder cancer compared with marker-based studies in urine<sup>145,146</sup>. Urine

376 cytology specimens are classified according to the Paris System for Reporting Urinary  
377 Cytology published in 2016, which subdivides specimens into nondiagnostic, negative for  
378 high-grade urothelial carcinoma (NHGUC), atypical urothelial cells (AUC), suspicious for  
379 high-grade urothelial carcinoma (SHGUC), high-grade urothelial carcinoma (HGUC), low-  
380 grade urothelial neoplasm (LGUN), and other malignancies<sup>145</sup>. The risk of cancer with a  
381 diagnosis of HGUC is >90% using this classification system<sup>145,146</sup>. Of note, any cytology  
382 classification approach to low-grade urothelial carcinomas yields lower sensitivity than those  
383 for high-grade carcinomas owing to the more cohesive nature of low-grade lesions and the  
384 much closer similarity of low-grade lesions to normal cellular morphology<sup>147</sup>.

385 Over the past decades, extensive effort has gone into the development of protein- and  
386 molecular-based urine tests to diagnose bladder cancer. These efforts have resulted in  
387 numerous FDA-approved tests, including cell-free DNA tests<sup>148-151</sup>. Methodologies of these  
388 tests include, for example, detection of proteins elevated in dividing cells using antibody-  
389 based methods to detection of chromosome aneuploidy by fluorescence in situ  
390 hybridization<sup>149,152</sup>. Although many of these tests show higher sensitivity in detection of  
391 bladder cancer than urine cytology, they are often limited by lower specificity, false positive  
392 results, and better utility in high-grade lesions<sup>148-151</sup>. Efforts to identify new markers,  
393 including *TERT* and *FGFR3* alterations, are ongoing, but hurdles remain to determine  
394 whether these will outperform existing approaches to urine-based diagnosis<sup>153</sup>.

### 395 **[H3] Circulating tumour DNA analysis.**

396 In addition to tumor markers in urine, cell-free DNA with tumor-specific alterations is  
397 released into the blood circulation (circulating tumor DNA; ctDNA) mainly by cell death<sup>154</sup>.  
398 ctDNA is cleared through nuclease digestion, renal clearance, and uptake by the liver and  
399 spleen<sup>155-158</sup>. The half-life of ctDNA is ~2 hours<sup>159</sup>, which makes ctDNA useful for real-time  
400 tracking of tumor burden following surgery and during oncological treatment. Analysis of  
401 ctDNA in plasma has shown promising results for detection of minimal residual disease and  
402 metastatic relapse in multiple cancer types, including bladder cancer<sup>160</sup>. In one prospective  
403 study, ctDNA measurements detected clinical relapse on average 3 months earlier than CT  
404 scans and better predicted outcome following neoadjuvant chemotherapy compared than  
405 pathological response<sup>160,161</sup>. Furthermore, ctDNA levels have been shown to correlate to  
406 pathological complete response (pCR) and outcome following neoadjuvant  
407 immunotherapy<sup>162</sup>. Of note, another study used ctDNA measurements to document a  
408 survival benefit with adjuvant immunotherapy in patients positive for ctDNA<sup>163,164</sup>. These  
409 results are overall promising, especially for detection of minimal residual disease and for  
410 guiding adjuvant treatment, but further replication in large cohorts and development of

411 optimal laboratory procedures for clinical use are needed. Furthermore, additional  
412 knowledge of ctDNA assay sensitivity and specificity is needed to address false positive and  
413 false negative rates in specific settings. ctDNA guided clinical intervention trials are currently  
414 ongoing to determine the benefit of blood-based tests to guide adjuvant immunotherapy (for  
415 example, IMVIGOR011 and TOMBOLA)<sup>165,166</sup>. Importantly, ctDNA analysis can also identify  
416 genomic alterations associated with metastatic disease<sup>167,168</sup>, potentially serving as  
417 actionable therapeutic targets.

### 418 **[H3] Tissue-based diagnosis of bladder cancer.**

419 Analysis of samples from biopsy or TURBT at the time of cystoscopy is the most common  
420 method of initial diagnosis. Pathological analysis confirms presence of cancer, histological  
421 type, and stage. Bladder carcinoma is subdivided by grade into low-grade and high-grade  
422 categories, with low-grade carcinomas showing frequent recurrence but limited  
423 progression<sup>169</sup>. High-grade carcinomas can be either NMIBC or MIBC, of which NMIBC  
424 commonly show recurrence and progression to MIBC, requiring more aggressive clinical  
425 management and follow-up.

426 More than 90% of all bladder carcinoma histological subtypes are of urothelial histology, with  
427 the remainder comprising squamous cell carcinoma, adenocarcinoma, and neuroendocrine  
428 carcinoma<sup>170,169</sup> (**Figure 5**). These broad categories describe 'pure' or non-mixed carcinomas  
429 representing a single histological type of carcinoma. Urothelial carcinoma itself can occur as  
430 a broad array of variants or subtypes, such as micropapillary, plasmacytoid, nested and  
431 lymphoepithelioma-like carcinomas. These categories are defined by the WHO Classification  
432 of Tumours of the Urinary System and Male Genital Organs<sup>169</sup>. Several subtypes have been  
433 associated with unique molecular and/or therapeutic considerations. Micropapillary urothelial  
434 carcinoma, which shows clusters of inversely-polarized nests of tumor cells within prominent  
435 retraction spaces, has a disproportionately higher rate of *ERBB2* amplification than  
436 conventional urothelial carcinoma<sup>171-173</sup>. This amplification has been identified in up to 40%  
437 of micropapillary urothelial carcinomas, resulting in efforts to selectively target this  
438 pathway<sup>171</sup>. Plasmacytoid urothelial carcinoma, which is defined by distinct *CDH1* mutations  
439 and a morphology that shows single, plasma-cell-like cells that are highly infiltrative, is  
440 another research focus<sup>174</sup>. Micropapillary and plasmacytoid urothelial carcinomas are  
441 biologically aggressive subtypes and optimizing the approach to these diagnostic categories  
442 has resulted in some institutions advocating early cystectomy regardless of stage<sup>169</sup>.  
443 Furthermore, micropapillary urothelial carcinoma is often variably mixed with conventional  
444 urothelial carcinoma, with higher proportions of micropapillary urothelial carcinoma  
445 portending more aggressive pathological behavior<sup>175,176</sup>. Despite their urothelial carcinoma

446 origin, these two examples of urothelial carcinoma subtypes highlight the dramatic  
447 differences of urothelial carcinoma evolution and differentiation, which complicates a unified  
448 approach to understanding and treating bladder cancer.

449 In addition to histological subtyping, pathological analysis determines depth of invasion of  
450 the carcinoma at biopsy or TURBT and also following cystectomy. Pathological (after  
451 cystectomy) staging is defined by the American Joint Committee on Cancer (AJCC),  
452 currently in its 8th edition<sup>177</sup>. NMIBC occurs as either papillary (pTa) or flat urothelial  
453 carcinoma in situ (pTis). Invasion of the lamina propria (pT1), invasion of the muscularis  
454 propria (pT2), perivesical fat (pT3), and involvement of adjacent organs (pT4) is associated  
455 with a progressive reduction in survival <sup>177</sup>. Determination of pathological stage on  
456 cystectomy specimens is straight-forward, but diagnosis and staging on TURBT samples is  
457 challenging owing to the extent of sampling, interpretation artifact due to cautery or crush  
458 phenomenon, and lack of objective markers to conclusively determine if muscularis propria  
459 is present.

460 Use of tissue to predict progression from lamina propria-invasive (T1) disease to muscle-  
461 invasive carcinoma has been a subject of interest for some time. A recommendation was  
462 made in the of the AJCC manual 8th edition to attempt substaging T1 disease based on  
463 numerous studies that showed that a larger amount of tumor in the lamina propria correlated  
464 with a higher rate of progression <sup>177</sup>. However, various approaches were used in the studies,  
465 including different cut-off criteria used for substaging, use of surface orientation in some  
466 approaches that was impossible to perform on a considerable subset of specimens, and  
467 diverse outcome endpoints. An additional confounder was the challenge of not knowing with  
468 certainty whether the lesion was fully resected. Comparison of these various approaches  
469 showed that an aggregate tumor measurement of  $\geq 2.3$  mm outperformed other histology-  
470 based approaches in predicting progression to muscle-invasive disease <sup>178</sup>. Since the  
471 endorsement of attempted substaging of T1 disease by the AJCC, numerous studies have  
472 evaluated additional approaches to predicting progression to MIBC, including histological,  
473 molecular and/or protein biomarkers <sup>179,180</sup>. Ultimately, these are challenging endeavors  
474 given uncertainty regarding presence of residual tumor, effects of precedent therapies on  
475 disease progression, and cellular heterogeneity associated with bladder cancer.

## 476 [H2] Staging

477 Diagnostic imaging is critical for both local and distant staging. During a workup of  
478 hematuria, abdominopelvic imaging including imaging of the upper urinary tract (renal pelvis  
479 and ureters) should be performed to assess for a bladder mass (ideally prior to TURBT)<sup>181–</sup>  
480 <sup>183</sup>. Imaging informs both location and extent of disease (including potential upper tract  
481 involvement, extravesical extension, hydronephrosis, nodal involvement or distant metastatic  
482 disease). CT urography (CTU) with and without intravenous contrast is preferred and has  
483 largely replaced intravenous pyelogram<sup>184,185</sup>. In patients with poor renal function or allergy  
484 to iodinated contrast, MR urogram with gadolinium-based contrast may be considered<sup>186</sup>.  
485 Renal ultrasonography or CT without contrast combined with a retrograde  
486 ureteropyelography is done in patients who cannot receive iodinated or gadolinium-based  
487 contrast<sup>184,185</sup>.

488 In addition to CTU, MRI of the pelvis with and without intravenous contrast may be  
489 considered for further local staging, especially depth of bladder wall invasion<sup>187</sup>. The best  
490 evidence supporting use of MRI is in MIBC in the pre-TURBT setting to improve staging<sup>188</sup>.  
491 Multiparametric MRI has improved soft tissue resolution compared with CT, and the Vesical  
492 Imaging Reporting and Data System (VI-RADS) score has been developed to predict  
493 likelihood of muscle invasion<sup>189</sup>. MRI may also have potential to assess response after  
494 treatment, including TURBT, neoadjuvant chemotherapy and/or chemoradiation<sup>190</sup>.

495 For patients with NMIBC, chest and other metastatic imaging is not necessary, whereas for  
496 patients with MIBC, chest CT is recommended<sup>141</sup>. Bone scan and brain MRI have limited  
497 value and are typically reserved for symptomatic or very high-risk (stage, tumor size,  
498 adverse pathology) patients<sup>191</sup>. 18F-fluorodeoxy glucose-PET (FDG PET)/CT is not as  
499 commonly used and does not have a clearly established role in patients with localized  
500 disease, although it may have more value in locally advanced disease and in when  
501 metastatic disease is suspected<sup>192–195</sup>.

## 502 [H2] Prognostic and predictive biomarkers

503 In NMIBC, several prognostic biomarkers have been described; however, none have yet  
504 been implemented in clinical decision making. For example, in one study, patients with  
505 NMIBC at high risk for progression were subdivided into groups with good, moderate, and  
506 poor risk of progression based on mutations in *FGFR3* and methylation of *GATA2*<sup>196</sup>. In  
507 addition, studies using measurements of genome-wide copy number alterations (CNAs)  
508 through array-based comparative genomic hybridization<sup>55</sup> or SNP array analysis<sup>32</sup> separated



509 patients with Ta tumors or NMIBC, respectively, into different groups and found an  
510 association between a high level of CNAs and poor outcomes. Furthermore, tumor  
511 mutational burden (TMB) and APOBEC-associated mutations have been associated with  
512 increased NMIBC aggressiveness<sup>32</sup>. However, when analyzing T1 tumors only, a high TMB  
513 was associated with better survival<sup>197</sup>. Earlier studies of gene expression subtypes in NMIBC  
514 identified two major molecular subtypes associated with disease aggressiveness<sup>198,199</sup>. Five  
515 subtypes of bladder cancer were identified when considering the whole spectrum of bladder  
516 cancer stages, and urothelial-like, genomically unstable, and a group of infiltrated cases  
517 were specifically associated with NMIBC<sup>200</sup>. Three expression-based subtypes were reported  
518 by the UROMOL consortium, which showed different clinical outcomes and molecular  
519 characteristics<sup>33</sup>. The work from the UROMOL consortium was later expanded and four  
520 subtypes were identified: the UROMOL2021 classification system showed overlap with  
521 previously reported subtypes, but with increased granularity<sup>32</sup>. In another multi-omics  
522 approach, further molecular heterogeneity within disease stage categories was discovered,  
523 enabling further subclassification of Ta and T1 tumors<sup>34</sup>.

524 In MIBC, several classification systems based on gene expression subtypes have been  
525 reported, ranging from two major subtypes (luminal and basal)<sup>201</sup>, to six subtypes<sup>202</sup>. A  
526 consensus classification of six subtypes using previous classification systems has been  
527 reported<sup>203</sup>. The subtypes harbor different molecular alterations and immune cell  
528 characteristics and, overall, have been reported to be prognostic. In patients with MIBC, high  
529 TMB and neoantigen loads have been associated with particularly good survival, and high  
530 mutational contribution from APOBEC mutational processes was also associated with  
531 improved survival<sup>52</sup>, similar to observations in T1 tumors<sup>197</sup>.

532 Several studies sought to develop predictive biomarkers in both NMIBC and MIBC. In  
533 relation to Bacillus Calmette–Guérin (BCG) treatment in NMIBC, high PD-L1 expression has  
534 been associated with BCG-unresponsiveness, linking immune inhibitory pathways to BCG  
535 failure<sup>204</sup>. In another study, T cell exhaustion in the tumor was associated with outcome  
536 following BCG instillations<sup>205</sup>. In one study, molecular profiling of high-risk BCG-naive  
537 NMIBC and recurrent tumours after BCG treatment found three distinct BCG response  
538 subtypes (BRS1–3)<sup>206</sup>. Patients with BRS3 tumors had reduced recurrence-free and  
539 progression-free survival compared with BRS1 and BRS2. BRS3 tumors expressed high  
540 EMT and basal markers and had an immunosuppressive profile. Tumors that recurred after  
541 BCG were enriched for BRS3. In a second cohort of BCG-naive patients with high-risk  
542 NMIBC, BRS molecular subtypes outperformed guideline-recommended risk stratification  
543 based on clinicopathological variables .

544 In MIBC, expression of and mutations in genes involved in DNA damage response (DDR)  
545 are associated with a particularly good outcome following chemotherapy and chemoradiation  
546 <sup>207,208,209,210</sup>. Some of these genomic alterations have been tested in a clinical trial evaluating  
547 bladder sparing approaches; however, the study did not reach the primary endpoint and  
548 further study refinements are needed<sup>211</sup>. In addition, a CD8+ T-effector cell phenotype, high  
549 TMB and high neoantigen load have been demonstrated to be predictors of immunotherapy  
550 response in MIBC, whereas lack of response was associated with a signature of  
551 transforming growth factor  $\beta$  (TGF $\beta$ ) signaling in fibroblasts<sup>212</sup>. Other studies demonstrated  
552 that MIBC tumors of the luminal subtypes show an improved response to  
553 chemotherapy<sup>213,214</sup>, but contradicting results have also been reported<sup>215</sup>. Further gene  
554 expression profiling studies have shown that increased immune cell infiltration in MIBC is  
555 associated with improved outcomes after chemoradiation, whereas increased stromal  
556 infiltration is associated with worse outcomes after neoadjuvant chemotherapy and  
557 cystectomy <sup>216</sup>. Several seminal studies have shown substantial intratumor heterogeneity  
558 using single-cell and spatial transcriptomic analysis, which is likely complicating the utility of  
559 current subtype classifications for clinical outcome prediction<sup>80,217</sup>.

## 560 **[H1] Management**

561  
562 The management of bladder cancer requires careful consideration of disease stage and  
563 tumour characteristics, as well as the patient's demographics, comorbidities and preferences.  
564 Optimal treatment involves a multidisciplinary approach that may include surgery,  
565 chemotherapy, radiation therapy, immunotherapy, and targeted therapy.

## 566 **[H2] TURBT and en-bloc resection of bladder tumor**

567 TURBT is a diagnostic, staging and, for NMIBC, therapeutic tool, making it a cornerstone in  
568 management. The procedure starts with a comprehensive inspection of the bladder, followed  
569 by resection of the exophytic part of the tumour, and separate resection of the underlying  
570 bladder wall and the edges of the resection area<sup>143</sup>. TURBT has two main goals: complete  
571 (possibly curative) resection in the case of NMIBC; and proper local staging and expediting  
572 subsequent definite treatment in the case of MIBC . To ensure complete tumour eradication  
573 in NMIBC, the quality of resection is extremely important, but the procedure is highly  
574 dependent on the operator's skills and experience <sup>218</sup>. Although TURBT aims to resect  
575 NMIBC completely, this is not always possible due to its technical difficulty and fear of  
576 bladder perforation. A second TURBT, 2-6 weeks later, is indicated if the tumour was not  
577 completely resected in first TURBT, if the patient has T1 disease, or if detrusor muscle is

578 absent in the first TURBT specimen with the exception of Ta low-grade tumours and primary  
579 CIS<sup>143</sup>. Second TURBT may be associated with improved progression-free survival in  
580 patients with T1 NMIBC<sup>219</sup>. A meta-analysis of 81 studies found that the pooled rates of any  
581 residual tumours and upstaging on second TURBT were 31.4% and 2.8%, respectively <sup>220</sup>,  
582 highlighting the limitations of the conventional TURBT procedure. In the case of MIBC,  
583 maximal TURBT is also important to optimise subsequent treatment, such as radical  
584 cystectomy and trimodality therapy (TMT) <sup>221,222</sup>. Maximal resection of all visible bladder  
585 tumors down to the detrusor muscle layer should be pursued even when MIBC is suspected  
586 endoscopically <sup>221,222</sup>.

587 En-bloc resection of bladder tumor (ERBT), that is removal of bladder tumor in one piece,  
588 has been proposed as a potentially more favorable surgical approach than conventional  
589 TURBT<sup>223,224</sup>. Results from three randomized trials comparing ERBT and TURBT have been  
590 reported <sup>225,226,227</sup>. In one trial<sup>225</sup>, the rate of detrusor muscle presence for ERBT was non-  
591 inferior to TURBT (94% vs 95%), and T1 substaging was more feasible in the ERBT group  
592 (100% vs 80%, p=0.02). In a second trial<sup>226</sup>, the ERBT group had a higher rate of detrusor  
593 muscle presence (80.7% vs 71.1%, p=0.01) and a lower rate of bladder perforation (5.6% vs  
594 12%, difference -6.4%, 95% CI -12.2 to -0.6%) than the TURBT group. In a third trial<sup>227</sup>,  
595 ERBT resulted in a reduction in 1-year recurrence rate from 38.1% to 28.5% (p=0.007), and  
596 30-day complications were similar between the two groups.

597 A single dose of intravesical chemotherapy (commonly mitomycin C or epirubicin)  
598 immediately after TURBT is associated with a decreased risk of recurrence<sup>228</sup>. A systematic  
599 review and individual patient data meta-analysis of a total of 2,278 patients found that a  
600 single dose of intravesical chemotherapy reduced the risk of recurrence by 35%  
601 (p<0.001)<sup>228</sup>. However, this benefit was not observed in patients with a prior recurrence rate  
602 of >1 recurrence per year, or in patients with an European Organization for Research and  
603 Treatment of Cancer (EORTC) recurrence score of  $\geq 5$  <sup>228</sup>. Single-dose intravesical  
604 chemotherapy should not be given when there is a concern for bladder perforation, as  
605 chemotherapy extravasation can result in severe consequences <sup>229</sup>.

606 Although TURBT with or without single-dose intravesical chemotherapy is the standard of  
607 care in treating NMIBC, it is a major surgery requiring formal anaesthesia, which could be a  
608 burden for patients with recurring diseases. As the risk of disease progression for recurrent  
609 Ta low-grade bladder tumours is low, fulguration or laser vaporisation of small papillary  
610 recurrences on an outpatient basis has been proposed to reduce the therapeutic burden

611 <sup>143,230,231</sup>. In particular for patients at advanced age, watchful waiting with urine cytology and  
612 regular cystoscopy without resection can also be considered <sup>232</sup>.

## 613 **[H2] Intravesical therapy for NMIBC**

614 Intravesical therapy with BCG vaccine was first proposed in 1976 as a type of  
615 immunotherapy to treat bladder cancer<sup>233</sup> and became a standard of care for NMIBC. A  
616 randomized study to investigate the optimal BCG schedule for intermediate-risk and high-  
617 risk NMIBC with a primary outcome of disease-free interval, concluded that 1 year and 3  
618 years of full-dose BCG should be given to patients with intermediate-risk and high-risk  
619 NMIBC, respectively<sup>234</sup>. Adverse effects of BCG include inflammation and/or infection of the  
620 bladder, prostate, epididymis and testis, as well as general malaise, fever and BCG  
621 sepsis<sup>143</sup>. Since 2013, an intermittent BCG shortage has been a global problem and  
622 alternative treatment options are urgently needed<sup>235,236</sup>. Intravesical maintenance  
623 chemotherapy can be an alternative in intermediate-risk NMIBC, but its efficacy in high-risk  
624 NMIBC is limited<sup>143</sup>. New intravesical therapies, such as intravesical gene therapy with  
625 nadofaragene firadenovec<sup>237</sup>, and systemic ICI with pembrolizumab<sup>238</sup> have been approved  
626 by the FDA for BCG-unresponsive NMIBC with CIS, with or without papillary tumors.

627 Intravesical maintenance chemotherapy, given repeatedly on a weekly or monthly basis  
628 <sup>239,240</sup>, has been investigated as an alternative to intravesical BCG therapy. A meta-analysis  
629 compared TURBT plus intravesical maintenance chemotherapy with TURBT only and found  
630 that the use of intravesical maintenance chemotherapy was associated with a 44% reduction  
631 in 1-year recurrence ( $p < 0.001$ )<sup>241</sup>. In an individual patient data meta-analysis comparing  
632 intravesical maintenance chemotherapy and intravesical BCG, the use of BCG was  
633 associated with a 32% reduction in the risk of recurrence ( $p < 0.001$ )<sup>240</sup>. In patients with  
634 intermediate-risk NMIBC who cannot tolerate intravesical BCG, intravesical maintenance  
635 chemotherapy can be considered noting its inferiority in oncological efficacy.

## 636 **[H2] Radical Cystectomy**

637 Radical cystectomy is a standard of care in localized MIBC<sup>183</sup> and in patients with BCG-  
638 unresponsive NMIBC<sup>183</sup>. The surgery itself includes three major components: cystectomy,  
639 pelvic lymph node dissection (LND) and urinary diversion. In men, standard radical  
640 cystectomy includes removal of the bladder, prostate, seminal vesicles and distal ureters<sup>183</sup>.  
641 In women, standard radical cystectomy includes removal of the bladder, the entire urethra,  
642 anterior vaginal wall, uterus, and distal ureters<sup>183</sup>. Standard LND includes removal of bilateral

643 obturator, internal and external iliac lymph nodes. Two randomized trials investigated the  
644 role of extended LND (including the common iliac, presacral, and up to at least the aortic  
645 bifurcation), and found that extended LND was associated with more grade  $\geq 3$  complications  
646 <sup>242,243</sup> but no benefit in recurrence-free survival <sup>242</sup>, cancer-specific survival <sup>242</sup>, disease-free  
647 survival<sup>243</sup> and overall survival <sup>242,243</sup>. For urinary diversion, ileal conduit and orthotopic  
648 neobladder are commonly performed. The choice of urinary diversion depends on patient  
649 factors (for example, age, renal function, ability to perform self-catheterization and patient  
650 preference) and disease factor (for example, urethral involvement, locally advanced disease  
651 and need for adjuvant therapy)<sup>244</sup>. Patients should be carefully counselled about the  
652 advantages and disadvantages of each option, so that a shared decision can be made in the  
653 patient's best interest. Radical cystectomy can be performed in an open, laparoscopic or  
654 robot-assisted approach. In a meta-analysis comparing robot-assisted radical cystectomy  
655 (RARC) with open radical cystectomy (ORC) no difference in terms of recurrence-free  
656 survival (HR 0.99, 95% CI 0.75-1.31) and overall survival (HR 0.98, 95% CI 0.73-1.30) was  
657 found <sup>245</sup>. RARC had a lower transfusion rate (OR 0.42, 95% CI 0.30-0.59), but a longer  
658 operative time (mean difference 78.54 minutes, 95% CI 45.87-111.21 minutes) than ORC  
659 <sup>245</sup>. Overall complications, major complications, positive margin rates and length of hospital  
660 stay did not differ<sup>245</sup>. High-quality data comparing RARC with intracorporeal versus  
661 extracorporeal urinary diversion are lacking, although non-randomised studies favoured the  
662 intracorporeal approach showing benefits in blood loss and hospital stay <sup>246,247</sup>. High-quality  
663 data on laparoscopic radical cystectomy is limited <sup>245</sup>.

664 Some patients with pT3/T4 pN0–2 bladder cancer (N0, no regional lymph node metastasis;  
665 N1, metastasis in a single regional lymph node; N2, metastasis in multiple regional lymph  
666 nodes) may be candidates for postoperative adjuvant pelvic radiotherapy to the pelvic lymph  
667 nodes with or without the cystectomy bed following radical cystectomy<sup>248,249</sup>. Addition of  
668 adjuvant radiotherapy to chemotherapy alone was associated with improved local relapse-  
669 free survival<sup>250</sup>.

670 Partial cystectomy may be considered in highly selected patients, including those with  
671 solitary tumours at favourable locations, such as the bladder dome, without concomitant CIS  
672 <sup>251</sup>. Special caution must be taken to avoid urine and tumour spillage during the procedure.  
673 To date, there are no randomized trials comparing partial with radical cystectomy, but  
674 previous retrospective studies showed comparable results <sup>251</sup>. Patient selection is key should  
675 partial cystectomy be contemplated.

## 676 [H2] TMT

677 TMT is a bladder-preserving treatment of MIBC that includes a maximal, ideally visibly  
678 complete, TURBT followed by concurrent radiosensitizing chemotherapy and radiotherapy  
679 (chemoradiotherapy). TMT is an accepted alternative to radical cystectomy for selected  
680 patients with MIBC who have a desire to retain their native bladder or who are medically unfit  
681 for radical cystectomy<sup>182,183,252</sup> and may be most effective in patients with specific  
682 characteristics **(Box 1)**. Randomized controlled trials comparing TMT to radical cystectomy  
683 closed due to lack of accrual<sup>253</sup>, but best available data from prospective TMT trials  
684 (including from NRG/RTOG in the USA and from UK-based trials), meta-analyses and multi-  
685 institutional cohorts demonstrate comparable survival<sup>254–258</sup>. Chemoradiotherapy is  
686 considered standard in patients who can tolerate combined therapy, following a phase III  
687 randomized BC2001 trial that showed that concurrent chemoradiotherapy with 5-FU and  
688 mitomycin leads to improved locoregional disease control compared with external beam  
689 radiotherapy (EBRT) alone<sup>257</sup>. Other options for concurrent chemotherapy include cisplatin-  
690 based regimens or single-agent gemcitabine<sup>259</sup>. Ongoing randomized trials are investigating  
691 the addition of immunotherapy (for example, atezolizumab or pembrolizumab) to TMT <sup>260,261</sup> .

692 Life-long post-treatment bladder surveillance is essential for the detection of in-bladder  
693 recurrences (10-year rates: NMIBC 20-26%, MIBC 13-18%) or second primary tumours, and  
694 10-15% of patients may require a salvage cystectomy, which is associated with a higher risk  
695 of overall and major late complications than primary cystectomy and most often requires an  
696 incontinent urinary diversion <sup>262</sup>. Patients with MIBC, who are appropriate candidates, should  
697 be offered the choice between radical cystectomy and TMT approaches. MIBC treatment,  
698 and in particular TMT, requires close multidisciplinary collaboration and environments that  
699 enable shared and informed decision-making<sup>263</sup>. A multi-institutional study in 722 patients  
700 (440 radical cystectomy, 282 TMT) used propensity score matching and logistic regression  
701 to show similar oncological outcomes between these two treatment modalities <sup>258</sup>. Although  
702 there are no conclusive randomized trials supporting the equivalence of TMT to radical  
703 cystectomy for selected patients in bladder cancer, the current evidence from other studies  
704 as summarized above supports that TMT, in the setting of multidisciplinary shared decision  
705 making, should be offered to all suitable candidates with MIBC and not only to patients with  
706 considerable comorbidities for whom surgery is not an option.

707 Bladder-preserving TMT has also been evaluated in a small phase II single-arm study in  
708 patients with recurrent high-grade NMIBC following intravesical therapy for whom the next  
709 step would be cystectomy, with chemoradiotherapy leading to favorable 88% cystectomy-  
710 free survival results at 3 years<sup>264</sup>.

711 Radiotherapy of the primary tumour and possible sites of metastases may also have a role in  
712 oligometastatic bladder cancer. Studies suggest a possible survival benefit when adding  
713 local therapy to the bladder (including radiotherapy over chemotherapy alone) in metastatic  
714 disease<sup>265,266</sup> and when using metastasis-directed therapy<sup>267,268</sup>. However, data are limited in  
715 the adjuvant, recurrent NMIBC and oligometastatic settings, and further prospective  
716 research is needed.

## 717 **[H2] Perioperative systemic therapy**

718 For patients with MIBC, the risk of metastatic recurrence despite curative-intent local therapy  
719 (that is, radical cystectomy or TMT) is high and systemic therapy has been explored to  
720 further improve outcomes. The BA06 30894 trial compared neoadjuvant cisplatin,  
721 methotrexate plus vinblastine (CMV) followed by definitive local therapy versus definitive  
722 local therapy in patients with clinical stage T2-T4aN0M0 and is the largest neoadjuvant study  
723 reported to date<sup>269</sup>. This trial revealed that neoadjuvant CMV improved survival (HR 0.84;  
724 95% CI, 0.72-0.99). The Southwest Oncology Group 8710 trial randomized patients with  
725 clinical stage T2-4aN0M0 to neoadjuvant methotrexate, vinblastine, doxorubicin plus  
726 cisplatin (MVAC) followed by cystectomy versus cystectomy alone<sup>270</sup>. This trial reported an  
727 improvement in overall survival with neoadjuvant MVAC (HR 0.75; 95% CI, 0.57-1.00).  
728 Importantly, these trials of neoadjuvant cisplatin-based chemotherapy have revealed an  
729 increased likelihood of achieving a pathological complete response at cystectomy with  
730 neoadjuvant chemotherapy followed by cystectomy versus cystectomy alone<sup>270</sup>. Meta-  
731 analyses of the neoadjuvant chemotherapy trials in MIBC have confirmed the survival benefit  
732 leading to this approach becoming standard care<sup>271</sup>. The optimal form of neoadjuvant  
733 chemotherapy, gemcitabine plus cisplatin or dose-dense MVAC remains  
734 controversial.<sup>272,273,274</sup>

735 Deferring decisions regarding the use of systemic therapy for MIBC to the post-operative  
736 setting is attractive given the ability to base treatment decisions on more precise pathological  
737 staging rather than clinical staging. Notwithstanding, clinical trials exploring adjuvant  
738 chemotherapy in patients with pT3-4 and/or pN+ urothelial cancer of the bladder have  
739 provided less robust evidence<sup>275</sup> despite observational analyses and meta-analyses  
740 suggesting a benefit<sup>275,276</sup>.

741 There has historically been no standard perioperative systemic therapy to decrease the risk  
742 of recurrence after curative-intent surgery in cisplatin-ineligible patients with high-risk  
743 pathological features at cystectomy (pT3 and/or pN+) or patients who received prior  
744 neoadjuvant therapy with high-risk pathological features at cystectomy (pT3 and/or pN+).

745 Two phase 3 trials with a similar design sought to define the role of adjuvant PD-1 or PD-L1  
746 blockade in this population by randomly allocating patients to 1 year of adjuvant PD-1 or PD-  
747 L1 blockade versus observation or placebo. Checkmate 274 demonstrated a significant  
748 improvement in disease-free survival in the overall population (HR 0.70; 95% CI 0.55–0.90)  
749 and in the subset of patients with tumors with increased PD-L1 expression (HR 0.55; 95% CI  
750 0.35–0.85)<sup>277</sup>, leading to regulatory approval of adjuvant nivolumab for bladder cancer in  
751 several parts of the world. IMvigor 010 did not demonstrate an improvement in the primary  
752 end point of disease free survival.<sup>278</sup> However, an exploratory analysis suggested a disease-  
753 free and overall survival benefit with adjuvant atezolizumab versus placebo in patients with  
754 detectable baseline ctDNA<sup>163</sup> paving the way for ctDNA-based studies of adjuvant therapy in  
755 bladder cancer.

## 756 **[H2] Systemic therapy for metastatic bladder cancer**

757 Cisplatin-based combination chemotherapy became a standard treatment for metastatic  
758 bladder cancer in the early 1990s after a randomized clinical trial demonstrated a survival  
759 benefit with MVAC versus cisplatin alone<sup>279</sup>. A series of subsequent randomized trials found  
760 that administration of MVAC in a dose-dense fashion and/or with granulocyte colony  
761 stimulating factor support was associated with less toxicity and possibly enhanced  
762 efficacy<sup>280,281</sup> and that the combination of gemcitabine plus cisplatin yielded similar efficacy  
763 but less toxicity than MVAC<sup>282</sup>. Although cisplatin-based chemotherapy became a standard  
764 of care for patients with metastatic urothelial cancer, many patients with bladder cancer are  
765 of advanced age and many are cisplatin ineligible<sup>283</sup>. For these patients, gemcitabine plus  
766 carboplatin is generally substituted.<sup>284</sup>

767 By 2015, PD-1 and PD-L1 ICIs had demonstrated durable responses in 20-25% of patients  
768 with metastatic urothelial cancer and received regulatory approval initially in patients  
769 progressing despite first-line platinum-based chemotherapy and, subsequently, as first-line  
770 treatment for cisplatin-ineligible patients<sup>285–289</sup>. Only the approval of pembrolizumab in  
771 patients with platinum-resistant metastatic urothelial cancer was based on a randomized  
772 phase 3 trial<sup>287</sup> with the remainder based on single-arm phase 2 studies. Potential adverse  
773 events with PD-1 and PD-L1 ICIs include, but are not limited to, immune-related adverse  
774 events, such as colitis, pneumonitis, dermatitis, hepatitis and endocrinopathies. Although  
775 requiring thorough validation in larger series, if the early data showing that LOY tumors are  
776 more vulnerable to ICIs holds, this would be a potentially valuable marker to stratify patients  
777 to this approach<sup>131</sup>.



778 Several phase 3 trials were launched to optimize the use of these therapies. IMvigor 130<sup>290</sup>  
779 and Keynote 361<sup>291</sup> compared platinum-based chemotherapy versus PD-1 or PD-L1  
780 blockade versus platinum-based chemotherapy plus PD-1 or PD-L1 blockade as first-line  
781 treatment for metastatic urothelial cancer. These trials failed to demonstrate a benefit of  
782 concurrent platinum-based chemotherapy plus PD-1 or PD-L1 blockade versus platinum-  
783 based chemotherapy alone. A randomized phase 2 and 3 trial compared switch  
784 maintenance PD-1 or PD-L1 blockade (pembrolizumab and atezolizumab, respectively)  
785 versus placebo or observation in patients with at least stable disease after initial platinum-  
786 based chemotherapy<sup>292,293</sup>. These trials met their primary endpoints, with the phase 3  
787 JAVELIN-Bladder 100 demonstrating an overall survival benefit, resulting in switch  
788 maintenance ICI being adopted into standard treatment paradigms. After decades of  
789 investigation, platinum-based chemotherapy remains standard care for first-line treatment for  
790 most patients with metastatic urothelial cancer with switch maintenance ICI employed for  
791 patients with stable disease after ~4-6 cycles of chemotherapy. However, in some regions  
792 the combination of an antibody–drug conjugate (enfortumab vedotin) plus pembrolizumab  
793 has received regulatory approval as first-line treatment for cisplatin-ineligible patients, based  
794 on relatively high response rates and promising response durations<sup>294</sup>. Several new  
795 therapies with distinct mechanisms of action have subsequently been integrated into  
796 standard therapeutic strategies for metastatic bladder cancer **(Table 3)**.

## 797 **[H1] Quality of life**

798 A cross-sectional survey investigated the health-related quality of life (HRQoL) of 1,796  
799 bladder patients, of whom 868 (48%) had NMIBC, 893 (50%) received radical cystectomy or  
800 radiotherapy, and 35 (1.9%) had unknown treatment<sup>295</sup>. Most patients (69%) reported at  
801 least one problem in any EQ-5D dimension<sup>295</sup>. HRQoL outcomes adjusted for age and sex  
802 were similar across all stages and treatment groups. Sexual problems were common in male  
803 patients and increased with younger age and radical treatment<sup>295</sup>. A prospective study of 133  
804 patients using the Short-Form 36-item survey (SF-36) found that patients' physical  
805 functioning, social functioning, and role-emotional worsened with first, second and third  
806 TURBT, and finally improved when TURBT was performed  $\geq 4$  times<sup>296</sup>. Patient's mental  
807 health was also impaired at first TURBT, but gradually returned to normal with repeated  
808 TURBT.

809 A study investigated the QoL of 103 patients with NMIBC who received intravesical BCG or  
810 mitomycin C, using the EORTC QLQ-C30 and QLQ-BLS24 questionnaires<sup>297</sup>. QoL seemed  
811 to drop after the induction course and returned to baseline at 3 months. QoL was more  
812 affected in patients >70 years, especially in those who received intravesical BCG therapy. In  
813 another study, QoL of 106 patients with NMIBC who underwent intravesical chemotherapy  
814 was evaluated using the EORTC QLQ-C30 and the Core Lower Urinary Tract Symptom  
815 Score (CLSS) questionnaire, finding that global health status and social functioning  
816 decreased, and that CLSS also worsened significantly<sup>298</sup>.

817 A meta-analysis investigated the HRQoL following radical cystectomy and urinary diversion  
818 <sup>299</sup>. All included studies reported an initial deterioration in overall HRQoL, but general health,  
819 functional and emotional domains at 12 months after surgery were similar to or better than  
820 baseline. Overall, there was no significant difference in HRQoL between continent and  
821 incontinent urinary diversion. Subgroup analysis showed greater improvement in physical  
822 health for patients undergoing incontinent urinary diversion, but mental health and social  
823 health did not differ between diversion types <sup>299</sup>. Qualitative analysis showed that patients  
824 with neobladder had better emotional function and body image than those with cutaneous  
825 diversion <sup>299</sup>.

826 A meta-analysis comparing RARC and ORC showed no significant difference in QoL  
827 (standard mean difference -0.02, 95% CI -0.17-0.13, p=0.78). In the RAZOR study  
828 comparing RARC plus extracorporeal urinary diversion and ORC, no significant difference in  
829 the Functional Assessment of Cancer (FACT)-Vanderbilt Cystectomy Index was found  
830 between the two groups at any time point. In the iROC study comparing RARC plus  
831 intracorporeal urinary diversion and ORC, patients undergoing ORC had worse QoL at 5  
832 weeks and greater disability at 5 weeks and 12 weeks, but their QoL improved with time and  
833 QoL did not differ between RARC and ORC after 12 weeks<sup>300</sup>.

834 TMT experiences have shown favorable toxicity profiles and good long-term QoL. Late pelvic  
835 (genitourinary or gastrointestinal) grade  $\geq 3$  toxicity rates from NRG/RTOG and BC2001 trials  
836 are acceptable and low (1-6%)<sup>257,301</sup>. Analysis of long-term survivors from four NRG/RTOG  
837 trials showed that TMT was associated with 5.7% genitourinary and 1.9% gastrointestinal  
838 late grade 3 toxic effects (that rarely persist), and no late grade 4 toxic effects or treatment-  
839 related deaths<sup>301</sup>. In TMT series, <1% of patients require cystectomy due to treatment-  
840 related toxicity. Other studies, from prospective trials and retrospective cohorts, using  
841 validated instruments, as well as urodynamic studies, in long-term survivors of TMT for

842 MIBC made three quality of life related findings. First, the BC2001 trial showed short-term  
843 declines in HRQoL during treatment and immediately following chemoradiation, as would be  
844 expected, but these improved to baseline levels after 6 months with no impairment from the  
845 addition of chemotherapy<sup>302</sup>. Second, most patients have normally functioning bladders  
846 following therapy<sup>303</sup>. Third, TMT resulted in QoL gains compared with radical cystectomy,  
847 including modestly better general HRQoL, markedly better sexual function and QoL, better  
848 informed decision-making, less concerns about appearance and less life interference from  
849 cancer or cancer treatment<sup>304</sup>.

850 A Swedish bladder cancer database investigated the natural history of patients unable or  
851 unwilling to receive therapy with curative intent<sup>305</sup>. Among patients with T2-3 M0 disease, a  
852 median of 2.4 hospitalizations per patient occurred during the first 12 months of diagnosis,  
853 and half of these hospitalizations were due to cancer or genitourinary symptoms<sup>305</sup>. These  
854 patients experienced substantial disease-specific morbidity, which might have been avoided  
855 if they underwent treatment with curative intent<sup>305</sup>.

856 Several large phase 3 trials have evaluated QoL of patients with bladder cancer receiving  
857 systemic therapy. There are limited available instruments that have been designed and  
858 validated to assess both general and bladder cancer-specific quality of life domains in these  
859 patients. The FACT-BI (Functional Assessment of Cancer Therapy-Bladder) is a 39-item  
860 questionnaire that integrates questions regarding general quality of life domains (FACT-  
861 General), as well as a cancer site-specific bladder subscale, and has been assessed for  
862 validity in a cohort of patients with metastatic bladder cancer receiving ICI<sup>306</sup>. This tool, as  
863 well as the National Comprehensive Cancer Network/Functional Assessment of Cancer  
864 Therapy Bladder Symptom Index-18 (FBISI-18), European Organisation for Research and  
865 Treatment of Cancer Quality of Life Questionnaire (EORTC QLQ-C30), and EuroQol-4D  
866 (EQ-5D) have been most commonly employed in bladder cancer trials.

867 The effects of neoadjuvant cisplatin-based chemotherapy on QoL are not well studied. In a  
868 randomized trial comparing two cycles of neoadjuvant MVAC followed by cystectomy versus  
869 cystectomy alone in 99 patients, quality of life was assessed using the FACT-BI  
870 instrument<sup>307</sup>. QoL after completion of chemotherapy was lower than baseline scores in  
871 domains including physical and functional well-being as well as total FACT-BI scores;  
872 however, there was no difference in these domains between study arms on follow-up after  
873 radical cystectomy. In the Checkmate 274 trial comparing adjuvant nivolumab versus  
874 placebo in 709 patients, QoL was assessed using the EORTC QLQ-C30 and the EQ-5D-  
875 3L<sup>308</sup>: adjuvant nivolumab was noninferior to placebo on changes from baseline across all  
876 major domains. In the JAVELIN-Bladder 100 trial of switch maintenance avelumab versus

877 observation in 700 patients with at least stable disease after first-line platinum-based  
878 chemotherapy, the FBISI-18 and EQ-5D-5L instruments were explored<sup>309</sup>. Switch  
879 maintenance avelumab was demonstrated to have minimal effects on quality of life. QoL with  
880 ICI was also assessed in the Keynote-045 trial comparing pembrolizumab versus  
881 chemotherapy in 519 patients with platinum-resistant metastatic bladder cancer<sup>310</sup>.  
882 Pembrolizumab prolonged the time to deterioration in global QOL compared with  
883 chemotherapy (median, 3.5 months v 2.3 months; hazard ratio, 0.72; nominal one-sided P =  
884 .004). QoL with systemic therapy in patients with bladder cancer is complex to measure and  
885 interpret given the variability of instruments, timepoints, and heterogeneity in clinical disease  
886 states with differential effects of disease-related and treatment-related burden.

887 Because of unique biology, such as high recurrence rates, procedural requirements related  
888 to surveillance and expensive treatments, bladder cancer management contributes  
889 considerably to medical costs. In the USA, the overall annual costs of cancer were \$183  
890 billion in 2015 and are projected to increase to \$246 billion by 2030<sup>311</sup>. Bladder cancer  
891 contributed \$7.93 billion in 2015, with an anticipated increase of \$11.6 billion by 2030 .  
892 Similarly, among European Union members, cancer costs totaled €152.8 billion in 2012, of  
893 which bladder cancer contributed €5.24 billion (adjusted to 2019 values)<sup>312</sup>. Multiple cost-  
894 effectiveness analyses and reviews have been published and provide perspectives on the  
895 cost, efficacy, and effects on quality of life of interventions in patients with bladder cancer<sup>313–</sup>  
896 <sup>315</sup>.

## 897 **[H1] Outlook**

898 Bladder cancer is a considerable and growing global health issue and its prevalence is  
899 expected to increase by 2040. However, with advances in molecular biology and therapy  
900 culminating progressive advances over the past 100 years (**Figure 6**), there is hope for the  
901 development of more effective diagnostic and treatment options that can improve patient  
902 outcomes.

903 One promising area of research is the development of minimally invasive diagnostic tools,  
904 such as urine-based or blood-based tests that can detect disease recurrences and minimal  
905 residual disease. These tests could provide a less invasive and more convenient alternative  
906 to current diagnostic methods. Furthermore, the tests could ultimately lead to new ways for  
907 guiding oncological decisions and follow-up programs. Further research in this area should  
908 focus on validation of clinical applicability of the tests in clinical trials, to demonstrate clinical  
909 utility. Furthermore, development of robust multi-cancer early detection tests may ultimately

910 lead to better screening for bladder cancer and in this way detect the disease at earlier  
911 stages.

912 The development of precision medicine approaches is also critical for improving bladder  
913 cancer management. The distinct molecular profiles of NMIBC and MIBC suggest that  
914 personalized treatment approaches based on the specific genetic mutations of tumor could  
915 lead to more effective outcomes. Similarly, understanding the sex and race differences in  
916 bladder cancer incidence and prognosis can help tailor treatment approaches to individual  
917 patients and improve outcomes. In addition, there is an urgent need to delineate tumor  
918 heterogeneity using single-cell and spatial transcriptomic analysis, which is likely  
919 compromising the utility of current subtype classifications for clinical outcome prediction<sup>80,217</sup>.  
920 These approaches will likely provide much needed clues to clinically tractable approaches  
921 that can be used to determine the primary driver populations in each specific tumor and use  
922 that driver as a prognosticator, predictor or therapeutic target. Finally, it is essential to  
923 continue to prioritize research into the causes and risk factors for bladder cancer. With a  
924 better understanding of the disease's underlying biology, more effective prevention  
925 strategies can be developed to identify patients who are at increased risk for developing  
926 bladder cancer. This could include lifestyle interventions, such as smoking cessation and  
927 dietary changes, as well as targeted screening for high-risk populations.

928 Machine learning, a subdiscipline of artificial intelligence that focuses on data analytics, has  
929 played a prominent role in cancer research and care because of the complexity of the disease  
930 and the availability of big data from technologies such as genomics and imaging. Applications  
931 include predicting regulatory elements in DNA sequences, predicting disease risk in  
932 populations, and diagnosing cancer from pathology and radiology images, as well as modeling  
933 and prediction of physiologic and biologic behaviors or systems biology<sup>316,317</sup>. A seminal study  
934 demonstrated the “Molecular Twin” precision medicine platform (MT-POP) technology, which  
935 applied AI on multi-omic and digital pathology data obtained from patients with cancer to  
936 provide a novel parsimonious biomarker model. This model greatly improved prediction of  
937 recurrence compared to current markers used in patients undergoing surgery for pancreatic  
938 cancer (Osipov, NATURE Cancer, 2023, in press; to be added later) This study demonstrated  
939 how the power of AI technology coupled with multi-omics can provide clinically tractable and  
940 cost-effective marker panels, potentially providing avenues to democratize precision medicine  
941 worldwide across most cancer types.

942 In conclusion, the outlook for bladder cancer is promising, with multiple advances in the  
943 understanding of the biological context of bladder cancer, development of novel non-invasive  
944 test methods for potentially guiding treatment and, finally, the development of multiple novel

945 oncological treatments. A multi-disciplinary approach that considers sex and race  
946 differences, as well as the genetic and molecular characteristics of the disease, will be  
947 critical for improving patient outcomes and reducing the global burden of bladder cancer.

948

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1774

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1776 Introduction (L.D.; D.T.); Epidemiology (D.E.H); Mechanisms/pathophysiology (L.D.; M.A.K.;  
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1783 COI statement in the competing interest form  
1784 <https://www.nature.com/documents/nr-competing-interests.pdf> ]

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1804 The other authors declare no competing interests.  
1805

## 1806 FIGURES

### 1807 **Figure 1: Bladder cancer categories**

1808 Bladder cancer can be categorized into grades, which is the cytological appearance of the  
1809 urothelium, and stages, which is determined by the spread and depth of bladder wall  
1810 invasion of the tumour. Non-invasive papillary carcinomas are classified as pTa disease,  
1811 whereas urothelial carcinoma in situ is classified as pTis disease. All invasive urothelial  
1812 cancers arise from either high-grade papillary carcinoma or urothelial carcinoma situ.  
1813

### 1814 **Figure 2: Global incidence of bladder cancer**

1815 Global estimated incidence of bladder cancer in 2020 in men and women of all ages. Data  
1816 are expressed as age-standardized rates (ASR; adjusted to World Standard Population) to  
1817 account for differing age profiles among regions. Data was obtained from GLOBOCAN 2020.  
1818 Map was produced by the World Health Organization (WHO) / International Agency for  
1819 Research (IARC) (<https://gco.iarc.fr/today>).

### 1820 **Figure 3: Global mortality of bladder cancer**

1821 Global estimated mortality due to bladder cancer in 2020 in men and women of all ages.  
1822 Data are expressed as age-standardized rates (ASR; adjusted to World Standard  
1823 Population) to account for differing age profiles among regions. Data was obtained from  
1824 GLOBOCAN 2020. Map was produced by the World Health Organization (WHO) /  
1825 International Agency for Research (IARC) (<https://gco.iarc.fr/today>).

### 1826 **Figure 4. Pathogenesis pathways.**

1827 Potential pathogenesis pathways to papillary NMIBC and solid invasive MIBC, including key  
1828 genomic events are shown (**Table 1, Table 2**). Solid arrows indicate pathways for which  
1829 there is histopathologic and/or molecular evidence. Dashed arrows indicate pathways for  
1830 which there is uncertainty. Estimated time for tumour development is shown on right.  
1831

### 1832 **Figure 5. Histopathology of bladder cancer**

1833 Normal urothelium (A) is defined by cellular polarization towards the luminal surface with  
1834 individual cells relatively monotonous in appearance and containing open chromatin. Low-  
1835 grade papillary urothelial carcinoma (B) shows papillary cores, in this image cut in cross-  
1836 section, lined by urothelium that remains relatively monotonous and polarized but with  
1837 hyperchromasia of some nuclei. Non-invasive high-grade neoplasia in the bladder may be  
1838 papillary (C) or flat (D) and demonstrates disorganization, nuclear enlargement, nuclear  
1839 pleomorphism, and hyperchromasia. High-grade lesions have the potential to invade beyond  
1840 the basement membrane and into the underlying bladder wall.  
1841



1842 **Figure 6: Landmarks in understanding, diagnosis and treatment of bladder**  
1843 **cancer**

1844 **[Au: Please add a brief legend for this timeline, along the lines of "This timeline shows**  
1845 **..." and ideally not re-iterating just the title but providing just a bit more general detail.**

1846

1847 **This timeline shows the seminal development in the bladder cancer highlighting both**  
1848 **clinical, scientific and technical advances that have or will change clinical practice or**  
1849 **scientific thinking in the field**

1850

1851 **In addition, I have now collated references for the timeline in the timeline ppt that I**  
1852 **have sent to you. I will add these to the Figure legend once you sent the legend back**  
1853 **to me. You do NOT need to add them to the reference list yourself. However, please**  
1854 **check that all the references I have selected are correct. For this, I have provided links**  
1855 **for each of the references so it's easy for you to quickly go through them. Thank**  
1856 **you!]-you picked very well! The really old stuff, you can quote the textbook...I don't**  
1857 **know the references and I don't have the book anymore. I just sent you the revised**  
1858 **ppt**

1859

1860 **TABLES**1861 **Table 1. Oncogenes activated in bladder cancer**

Gene	Chromosome	Frequency (%)			Alteration	Functions affected
		Ta	T1	T2+		
<i>TERT</i>	5p15	70-80	70-80	70-80	Point mutation	Senescence and other functions
<i>FGFR3</i>	4p16	80	30	10-15	Point mutation	Ras-MAPK signaling
		70-80	50-60	40	Upregulated expression	
<i>PIK3CA</i>	3q26	40	20	20	Point mutation	PI3K signaling
<i>HRAS/KRAS</i>	11p15/12p12	10-15	10-15	10-15	Point mutation	Ras-MAPK/PI3K signaling
<i>ERBB2</i>	17q12	≤2	10-15	10-15	Mutation or amplification	Ras-MAPK/PI3K signaling
<i>ERBB3</i>	12q13	≤2	10-15	10-15	Mutation	Ras-MAPK/PI3K signaling
<i>EGFR</i>	7p12	≤2	≥2	11	Amplification	Ras-MAPK/PI3K signaling
<i>PPARG</i>	3p25	≤2	10	15	Amplification	PPARG signaling
		≤2	9	3	Mutation	
<i>RXRA</i>	9q34	2	5	6	Mutation	PPARG signaling
<i>E2F3</i>	6p22	≤2	5-10	10-15	Amplification	Cell cycle regulation
<i>MDM2</i>	12q15	0	5-15	5-15	Amplification	Cell cycle regulation
<i>CCND1</i>	11q13	≤2	10	10	Amplification	Cell cycle regulation
<i>CCNE1</i>	19q12	≤2	≤2	10	Amplification	Cell cycle regulation

1862 Genes with activating mutation or high-level DNA amplification in >10% of at least one bladder cancer stage  
1863 are shown. If very low frequencies have been found in stage Ta tumors but samples were too few for accurate  
1864 estimation, ≤2% is shown. Adapted from <sup>318</sup>.

1865

1866

**Table 2. Genes commonly inactivated by mutation in bladder cancer.**

Gene	Chromosome	Frequency (%)			Alteration	Functions affected
		Ta	T1	T2+		
<i>CDKN2A</i>	9p21	30	60	60	Loss of heterozygosity, deletion	Cell cycle
		≤2	12	22	Homozygous deletion	
		1	7	7	Mutation	
<i>RB1</i>	13q14	0	14	17	Inactivating mutation	Cell cycle
<i>ATM</i>	11q22	12	16	14	Inactivating mutation	Cell cycle
<i>CDKN1A</i>	6p21	11	11	9	Inactivating mutation	Cell cycle
<i>TP53</i>	17p13	4	24	48	Inactivating mutation	Transcription
<i>ELF3</i>	1q32	8	22	12	Inactivating mutation	Transcription
<i>ZFP36L1</i>	14q24	12	11	6	Inactivating mutation	Transcription
<i>KDM6A</i>	Xp11	40	40	26	Inactivating mutation	Chromatin regulation
<i>KMT2D</i>	12q13	35	27	28	Inactivating mutation	Chromatin regulation
<i>CREBBP</i>	16p13	23	20	12	Inactivating mutation	Chromatin regulation
<i>KMT2C</i>	7q36	23	14	18	Inactivating mutation	Chromatin regulation
<i>STAG2</i>	Xq25	30	9	14	Inactivating mutation	Chromatin regulation
<i>ARID1A</i>	1p36	11	27	25	Inactivating mutation	Chromatin regulation
<i>KMT2A</i>	11q23	11	15	11	Inactivating mutation	Chromatin regulation
<i>EP300</i>	22q13	15	11	15	Inactivating mutation	Chromatin regulation
<i>ASH1L</i>	1q22	10	12	7	Inactivating mutation	Chromatin regulation
<i>ARID2</i>	12q12	7	11	8	Inactivating mutation	Chromatin regulation
<i>ERCC2</i>	19q13	4	24	18	Inactivating mutation	DNA repair
<i>BRCA2</i>	13q13	10	10	9	Inactivating mutation	DNA repair
<i>PTEN</i>	10q23	7-12	20-30	50	Loss of heterozygosity, deletion, mutation	Regulator of AKT signaling
<i>TSC1</i>	9q34	12	15	8	Inactivating mutation	Regulator of mTOR signaling
<i>RBM10</i>	Xp11	7	13	5	Inactivating mutation	RNA splicing

1867

Genes affected in >10% of at least one bladder cancer stage are shown. Large genes not formally identified as significantly mutated or with unknown function are not listed.

1868

1869

**Table 3. New systemic therapies for metastatic bladder cancer\***

<b>Drug</b>	<b>Mechanism of action</b>	<b>Evidence</b>	<b>Select adverse events</b>
Erdafitinib	Small molecule inhibitor of fibroblast growth factor receptor 3	In a phase 2 study of patients with FGFR3-mutated metastatic urothelial cancer progressing despite prior platinum-based chemotherapy, erdafitinib demonstrated an objective response rate of 42% <sup>319</sup>	Hyperphosphatemia, stomatitis, hand-foot syndrome, as well as ocular disorders such as central serous retinopathy
Enfortumab vedotin	Antibody-drug conjugate comprised of a monoclonal antibody directed against Nectin-4 linked to a monomethyl auristatin E payload	The phase 3 EV-301 trial <sup>320</sup> randomized patients with metastatic urothelial cancer progressing despite prior platinum-based chemotherapy and PD-1 or PD-L1 blockade to treatment with enfortumab vedotin versus standard chemotherapy (docetaxel, paclitaxel, or vinflunine). The trial demonstrated an improvement in overall survival with enfortumab vedotin versus chemotherapy (HR 0.70; 95% CI 0.56–0.89; P = 0.001). The combination of enfortumab vedotin plus pembrolizumab has been explored as first-line treatment in cisplatin-ineligible patients with metastatic urothelial cancer <sup>321</sup> , yielding a 73% response rate.	Peripheral neuropathy, hyperglycemia, rash
Sacituzumab govitecan	Antibody drug conjugate comprising a monoclonal antibody directed against Trop-2 linked to the topoisomerase I inhibitor SN-38 payload	A large phase 2 trial demonstrated an objective response rate of 27% with sacituzumab govitecan in patients with metastatic urothelial cancer progressing despite prior platinum based chemotherapy and PD-1 or PD-L1 immune checkpoint inhibition. <sup>322</sup>	Diarrhea, neutropenia

\*New systemic therapies that have received regulatory in at least one region of the world are shown.

1873 **BOXES**

1874 **Box 1. Optimal patient characteristics for trimodality bladder-sparing treatment**  
1875 **for muscle-invasive bladder cancer**

- 1876 ● Predominant urothelial cancer histology
- 1877 ● Unifocal tumor <7 cm in size
- 1878 ● Visibly complete TURBT
- 1879 ● Clinical stage T2-T3a
- 1880 ● Lack of extensive carcinoma in situ
- 1881 ● Absence of hydronephrosis
- 1882 ● Good bladder function