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## Article:

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Figure 1

## Prisma Flow Diagram

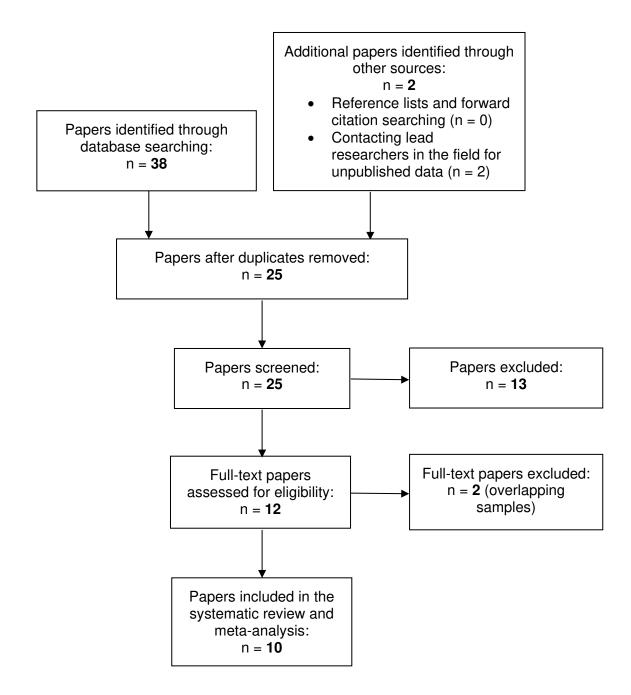


Figure 2

Forest Plot Showing the Within Groups Intent-to-Treat Effect Sizes for Global Eating Disorder Psychopathology from Pre- to PostTreatment

Study name	<u>Outcome</u>	Statistics for each study								Hedges's g and 95% CI				
		Hedges's g	Standard error	Variance	Lower limit	Upper limit	Z-Value	p-Value						
Moore, Hinde et al. (2021)	Eating disorder psychopathology	-1.420	0.193	0.037	-1.799	-1.041	-7.348	0.000	I —		1	1		
Moore, Turner et al. (2021)	Eating disorder psychopathology	-1.497	0.123	0.015	-1.739	-1.256	-12.152	0.000	-	_				
Pellizer et al. (2019a)	Eating disorder psychopathology	-1.902	0.253	0.064	-2.398	-1.406	-7.510	0.000	<b>-</b>	- 1				
Pellizer et al. (2019b)	Eating disorder psychopathology	-2.175	0.454	0.206	-3.065	-1.286	-4.793	0.000	<b>←</b>	<b>—</b>				
Waller et al. (2018)	Eating disorder psychopathology	-1.571	0.188	0.035	-1.940	-1.203	-8.363	0.000	<b>-</b>	<b>─</b> ─				
Tatham et al. (2020)	Eating disorder psychopathology	-1.260	0.146	0.021	-1.545	-0.974	-8.654	0.000	-	<del></del>				
Wade et al. (2021)	Eating disorder psychopathology	-1.693	0.224	0.050	-2.132	-1.255	-7.566	0.000	<del>&lt; ■</del>	<b>—</b>				
Rose et al. (2021)	Eating disorder psychopathology	-1.035	0.229	0.052	-1.484	-0.586	-4.521	0.000		<del></del>				
		-1.491	0.094	0.009	-1.675	-1.307	-15.865	0.000	◀			J	l	
									-2.00	-1.00	0.00	1.00	2.0	
										Favours A		Favours B		

Figure 3

Forest Plot Showing the Within Groups Intent-to-Treat Effect Sizes for Clinical Impairment from Pre- to Post-Treatment

Study name	<u>Outcome</u>			Statistics	for each st	<u>tudy</u>	Hedges's g and 95% Cl						
		Hedges's g	Standard error	Variance	Lower limit	Upper limit	Z-Value	p-Value					
Pellizer et al. (2019a)	Clinical impairment	-1.573	0.244	0.059	-2.051	-1.095	-6.452	0.000	<b>├─</b> ■	<b>—</b>	1		
Pellizer et al. (2019b)	Clinical impairment	-2.013	0.427	0.183	-2.850	-1.176	-4.711	0.000	⊬	<u> </u>			
Tatham et al. (2020)	Clinical impairment	-0.873	0.187	0.035	-1.239	-0.507	-4.670	0.000		_ <del> ■</del> _			
Wade et al. (2021)	Clinical impairment	-1.309	0.162	0.026	-1.626	-0.992	-8.093	0.000	-				
Rose et al. (2021)	Clinical impairment	-0.775	0.188	0.035	-1.144	-0.407	-4.124	0.000		+■	-		
		-1.222	0.184	0.034	-1.583	-0.860	-6.627	0.000	-				
									-2.00	-1.00	0.00	1.00	2.0
										Favours A		Favours B	

Figure 4

Forest Plot Showing the Within Groups Intent-to-Treat Effect Sizes for Eating Disorder Psychopathology from Pre-Treatment to Follow-up

Outcome	Study name	Statistics for each study_								Hedges's g and 95% Cl					
		Hedges's g	Standard error	Variance	Lower limit	Upper limit	Z-Value	p-Value							
Eating disorder psychopathology	Moore, Hinde et al. (2021)	-1.441	0.175	0.031	-1.785	-1.098	-8.234	0.000		-		1			
Eating disorder psychopathology	Pellizer et al. (2019a)	-1.803	0.177	0.031	-2.150	-1.457	-10.200	0.000		-∤==-					
Eating disorder psychopathology	Pellizer et al. (2019b)	-2.073	0.244	0.060	-2.552	-1.594	-8.488	0.000		<b>-</b>					
Eating disorder psychopathology	Waller et al. (2018)	-1.435	0.133	0.018	-1.696	-1.174	-10.785	0.000		-					
Eating disorder psychopathology	Tatham et al. (2020)	-1.167	0.171	0.029	-1.503	-0.831	-6.807	0.000		<del>-</del> ■	•				
Eating disorder psychopathology	Wade et al. (2021)	-1.759	0.257	0.066	-2.262	-1.256	-6.852	0.000		<del>- =</del>					
		-1.578	0.124	0.015	-1.821	-1.336	-12.750	0.000		◆		l			
									-4.00	-2.00	0.00	2.00	4.00		
										Favours		Favours B			