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Polyphosphinoborane Block Copolymer Synthesis Using Catalytic **Reversible Chain-Transfer Dehydropolymerization**

James J. Race, Alex Heyam, Matthew A. Wiebe, J. Diego-Garcia Hernandez, Charlotte E. Ellis, Shixing Lei, Ian Manners,* and Andrew S. Weller*

Abstract: An amphiphilic block copolymer of polyphosphinoborane has been prepared by a mechanism-led strategy of the sequential catalytic dehydropolymerization of precursor monomers, H₃B·PRH₂ (R=Ph, nusing the simple pre-catalyst (Ph₂PCH₂CH₂PPh₂)₂]Cl. Speciation, mechanism and polymer chain growth studies support a step-growth process where reversible chain transfer occurs, i.e. H₃B·PRH₂/ oligomer/polymer can all coordinate with, and be activated by, the catalyst. Block copolymer $[H_2BPPhH]_{110}$ -b- $[H_2BP(n-hexyl)H]_{11}$ can be synthesized and self-assembles in solution to form either rod-like micelles or vesicles depending on solvent polarity.

Introduction

Organic block copolymers (BCPs), in which chemicallydistinct segments of monomer units are linked together in a polymer chain, have played an important role in the development of macromolecular science. [1-4] The solid-state and solution self-assembly behavior of BCPs has led to technologically-important ordered nanostructures, [5] such as films containing phase-separated nanodomains and micelles. Self-assembled BCPs have found a variety of ance additives, and delivery agents in biomedicine. [6] The synthesis of BCPs based on inorganic elements is also of substantial interest as a result of the complementary functionality that can be introduced, such as plasma etchresistance, redox-activity, and useful preceramic properties. To date, studies have mainly been limited to a small group polymers such as polysiloxanes,[7-9] polyferrocenylsilanes^[10,11] in addition to several other phosphorus-containing systems, polyphosphaalkenes^[12] and polyphosphazenes, ^[13,14] (Scheme 1A). Polyphosphinoboranes $[H_2BPRH]_n$ (R=aryl, alkyl,

applications which include nanolithography, high-perform-

Scheme 1B), have attracted particular recent attention due to the valence-isoelectronic relationship they have with polyolefins; as well as their potential to act as lithographic resists, [15] precursors to PB ceramic materials, [16,17] hydrophilic surfaces, [18] swellable gels, [19] and flame-retardants. [20] BCPs based on polyphosphinoboranes are currently unknown. These materials would be of interest for the fabrication of nanostructured thin-films and self-assembled micelles in solution where the characteristics of the phosphinoborane segment may be exploited in nanopatterning and other materials applications.

Polyphosphinoborane homopolymers are generally (but not exclusively^[21-24]) synthesized by the catalytic dehydropolymerization^[25,26] of precursor phosphine-boranes, H₃B·PRH₂, where H₂ is the only byproduct (Scheme 2A). While initial reports used melt conditions at temperatures of up to 130°C with catalysts such as [Rh(COD)Cl]₂,^[27] more recently catalyst systems that operate in solution at lower temperatures (e.g. arenes, 100°C) have been reported, [28-31] exemplified by [Cp*RhCH₃(PMe₃)(ClCH₂Cl)][BAr^F₄], I, [32] and versatile CpFe(CO)₂OTf, **II**.[18,33,34] A step-growth-like mechanism is suggested to operate using catalyst I.[32] In contrast, for II a non-living chain-growth mechanism is proposed. [33] Such catalyst-dependent changes in mechanism has been noted

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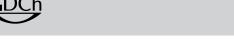
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Scheme 1. A) Examples of block copolymers of polyphosphaalkanes^[12] and polyphosphazenes. [13] B) Polyphosphinoborane (R = alkyl, aryl).



B This work

Scheme 2. A) Phosphine-borane dehydropolymerization; B) This work.

before for group 13/15 dehydropolymerizations. [30,35,36] We now report, by using the simple pre-catalyst [Rh-(Ph₂PCH₂CH₂PPh₂)₂|Cl, 1, and harnessing a step-growth like mechanism in which reversible chain transfer also occurs, [36] a polyphosphinoborane block copolymer can be prepared containing aromatic and alkyl substituted segments. We also describe that this material shows sufficient amphiphilicity to self-assemble in solution to form rod-like micelle nanostructures, Scheme 2B.

Results and Discussion

We have previously briefly reported that the Rh^I cationic $[Rh(L^1)(\eta^6-FC_6H_5)[BAr_4^F]$ catalyst, Ph₂PCH₂CH₂CH₂PPh₂) will dehydropolymerize H₃B·PPhH₂ under melt conditions to form [H₂BPPhH]_n, while solution conditions produced shorter-chain oligomers.[37] Detailed stoichiometric reactivity studies using this catalyst, with primary and secondary phosphineboranes, show that a RhIII complex with a chelating P-H activated diboraphosphine is a plausible intermediate, e.g. $[Rh(L^{1})H(\sigma,\eta-PR_{2}\cdot BH_{2}PR_{2}\cdot BH_{3})][BAr^{F}_{4}], III (R=H, Ph,$ $3.5-(CF_3)_2C_6H_3$; [37,38] Wanting to use a simpler, potentially more robust, catalyst that did not involve the costly [BAr^F₄] anion we explored the use of air-stable [Rh-(Ph₂PCH₂CH₂PPh₂)₂]Cl, 1, in the anticipation that the chelating phosphine may become labile under the conditions of catalysis (≈ 100 °C). Optimization of conditions showed that 1 mol% 1, 1.25 M H₃B·PPhH₂, heated at 100 °C in toluene for 19 hours in a sealed thick-walled NMR tube, followed by precipitation into hexanes, afforded [H₂BPPhH]_n as a white solid in 86% isolated yield. [39] GPC analysis (relative to polystyrene standards, see later) showed an essentially mono-modal distribution: $M_n = 26500 \text{ g mol}^{-1}$, D = 1.6 (Table 1). NMR spectroscopic data are fully consistent with those reported previously for [H₂BPPhH]₁₂^[27,33] in particular in the ³¹P NMR spectrum a single environment is observed at δ -49.4 as a broad doublet, ${}^{1}J(PH) = 355 \text{ Hz}$. Under these conditions no significant amounts of shorter chain, or cyclic, oligomers are observed. [27,40] Complex 1 will also dehydropolymerize relatively electron-poor $H_3B \cdot P(3,5-(CF_3)_2C_6H_3)H_2$ to form higher molecular weight polyphosphinoborane [H₂BP- $(3.5-(CF_3)_2C_6H_3)H_n$, $M_n = 127500 \text{ g mol}^{-1}$, D = 1.2 in the

Table 1: Phosphine-borane dehydropolymerization.

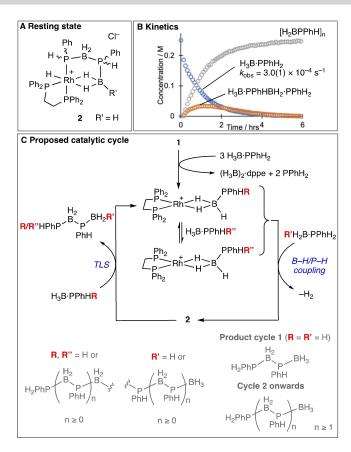
	H ₃ B·PRH ₂	1 (x mol%) time toluene, 100°C		R H P B H H n	
R	mol%	$M_n^{[a]}$	Đ	$Yield^{[b]}$	Time [hrs]
Ph 3,5-(CF ₃) ₂ C ₆ H ₃ n-hexyl	1 1 3	26 500 127 500 33 000	1.6 1.2 1.3	86 % 62 % 50 % ^[c]	19 19 66

[a] Relative to polystyrene standards, THF (0.1 w/w% [NⁿBu₄]Br), 2.0 mg ml⁻¹. [b] Isolated yield, [c] A persistent, but small, amount of co-product is also formed, which is tentatively assigned as cyclic oligomers.

same reaction time (Figure S6).^[18] Here, the atacticity of the polymer backbone is revealed in the ³¹P NMR spectrum by a statistical distribution of proposed rr, [rm, mr] or mm triads, $\delta(^{31}P\{^{1}H\})$ -45.6, -46.9, -48.3 (1:2:1 respectively), as noted previously. [18,23] n-Hexyl phosphine—borane is also dehydropolymerized using ${\bf 1}$ to form $[H_2BP(n$ hexyl)H]_n as a colorless, hexane-soluble, oil, M_n = $33\,000\,\mathrm{g\,mol^{-1}}$, D = 1.3; [17,34] but in this case a higher catalyst loading (3 mol%) and longer reaction times (66 hours) are required, consistent with the lower reactivity of alkyl phosphines.^[16] Purification of this hexane-soluble polymer was by passage through a short silica plug using CH₂Cl₂, although this does not remove a trace of $(H_3B)_2$ dppe (see later). In the ³¹P NMR spectrum a broad signal at δ –63.0 is observed. [17,34] GPC analysis also showed a small amount of lower molecular weight oligomers ($M_n \approx 2500 \text{ g mol}^{-1}$).

In situ catalyst speciation studies (3 mol% 1, 0.25 M H₃B·PRH₂) using ³¹P{¹H} NMR spectroscopy showed that in all cases (H₃B)₂·dppe is formed immediately (δ 18.7^[41]) alongside free PRH2, demonstrating loss of dppe in the active catalyst. Focusing on H₃B·PPhH₂ in the early stages of catalysis (10 mins, 23 % conversion of monomer) ¹H NMR spectroscopic analysis of the hydride region showed broad environments centered at δ -1.9 and δ -14.2 in a 3:1 relative integral respectively. Repeating at 10 mol% 1 for improved signal intensity, revealed more than one resonance in each chemical shift range, and that only the relative integral 3 H signal sharpened on decoupling ¹¹B, identifying these signals as being due to Rh...H3B and respectively.[42] Rh-H In addition (poly)phosphinoboranes, the ¹¹B NMR spectrum displayed signals at δ –3.1 and δ –16.6. The ³¹P{¹H} NMR spectrum was uninformative with regard to identifying organometallic species due broad and weak signals that also overlap with polymer/oligomer signals. These data are similar to those reported for diboraphosphine complexes III [R₂= Ph₂, CyH; e.g. $\delta(^{11}B)$ 3.2, -27.2, $\delta(^{1}H)$ -1.19, -14.10], $^{[37,38]}$ and the multiple environments observed are consistent diastereoisomers,[37] different i.e., [Rh- $(Ph_2PCH_2CH_2PPh_2)H(\sigma,\eta-PPhH\cdot BH_2PPhH\cdot BH_3)]Cl$ 2, Scheme 3A. Complex 2, and a similar mixture of diastereoisomers, can also be formed by direct addition of a slight $H_3B \cdot PPhHBH_2 \cdot PPhH_2^{[32]}$ of $(Ph_2PCH_2CH_2PPh_2)(\eta^6-C_6H_5F)[BAr_4^F]^{[43]}$ at 298 K in d_8 -





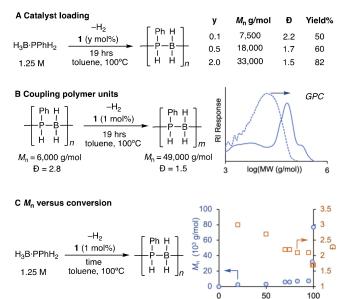
Scheme 3. A) Suggested resting state at the early stages of catalysis; B) Temporal evolution of catalysis (3 mol% 1, 0.25 M H₃B·PPhH₂); C) Proposed, simplified, catalytic cycle and P-B coupled products.

toluene. ESI-MS analysis^[44] showed a molecular ion at m/ z = 747.2 (calc. 747.2) with the correct isotopologue pattern. Irrespective of the method of synthesis, accompanying 2 are unidentified minor hydride signals observed between -15 to -16 ppm, that become dominant as catalysis reaches completion. These are currently unidentified, [45] but as catalysis restarts on addition of more H₂B·PPhH₂ they are not deactivation products. Complex 2, at least at the early stages of catalysis, is thus identified as a likely resting state.

Following reaction progress by ¹H NMR spectroscopy at 100°C (3 mol% 1), using the distinctive P-H resonances between 5.5 and 3.5 ppm, reveals a first order decay of $H_3B \cdot PPhH_2$ (0.25 M, $k_{obs} = 3.0(1) \times 10^{-4} \text{ s}^{-1}$), linear diboraphosphine H₃B·PPhHBH₂·PPhH₂ as an intermediate and the growth in of oligomeric/polymeric [H₂BPPhH]_n, Scheme 3B. Recharging with H₃B·PPhH₂ restarts catalysis $(k_{\rm obs} = 1.5(1) \times 10^{-4} \,\rm s^{-1})$. In a separate experiment (3 mol%) 1) using H₃B·PPhHBH₂·PPhH₂ (0.14 M) as the precursor resulted in its clean first order consumption $(k_{\text{obs}}=1.0(1)\times$ $10^{-4} \,\mathrm{s}^{-1}$) to form $[H_2BPPhH]_n \ (M_n = 61\,000\,\mathrm{g\,mol}^{-1}, \ D =$ 1.3^[40]) with no $H_3B \cdot PPhH_2$ observed to the detection limit of ¹H NMR spectroscopy, indicating that depolymerization to H₃B·PPhH₂ is not significant (Figure S23). Combined these observations on the resting state and the temporal evolution of substrates and products lead us to propose a

simplified mechanism, Scheme 3C, which is based on previous, detailed, mechanistic studies using the closely related dehydrocoupling of secondary phosphineboranes.^[38] The essential components of this are: (i) the P/ B dehydrocoupling of -PPhH₂ and -BH₃ end groups at the metal center to form 2 (R'=H), or a close analog thereof, i.e. $R' = [PPhHBH_2]_n PPhH \cdot BH_3$; (ii) a reversible chain transfer between bound and free phosphine-boranes; (iii) a turnover limiting step that involves substitution of the newly coupled oligomer with another phosphine-borane (monomer/oligomer/polymer), that leads to the observed first-order decay of monomers H₃B·PPhH₂ H₃B·PPhHBH₂·PPhH₂; (iv) an overall step-growth like mechanism that supports the observation $H_3B \cdot PPhHBH_2 \cdot PPhH_2$ as a persistent intermediate.

To probe this step-growth like mechanism further, a number of experiments were conducted. Firstly, variation in catalyst loading from 0.1 mol% to 2 mol% resulted in an increase in M_n of isolated polymer using higher loadings, but incomplete conversions with higher dispersities at lower loadings using the same reaction time (Scheme 4A). These observations are consistent with a step-growth mechanism, where higher catalyst loadings promote more coupling events.[35] This is in contrast to catalyst II where lower loadings resulted in higher $M_{\rm n}$, that was used as evidence for a different, chain-growth, mechanism operating. [33] Secondly, catalyst 1 is able to couple shorter polymers to form longer polymer chains, Scheme 4B. Thirdly, a conversion/ M_n/D plot (by quenching individual experiments at different times) clearly demonstrates step growth propagation (Scheme 4C), with high MW polymer



Scheme 4. Experiments to probe step-growth propagation A) Changes in catalyst loading, yield = isolated yield; B) Dehydrocoupling of shorter polymers, dotted line shows initial shorter polymer; C) Molecular weight and dispersity versus conversion. Conversion = conversion of H₃B·PPhH₂. 99% conversion was reached after 19 hrs, the final point was taken after 5 days ($M_n = 77000 \text{ g mol}^{-1}$).

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only formed at very high conversions of monomer, that is also accompanied by a decrease in dispersity. [35,46] Very high MW polymer ($M_{\rm n}\!=\!77\,000\,{\rm g\,mol^{-1}}$) is only formed after 5 days reaction time. In contrast, for a chain growth process, high molecular weight polymer would be expected to be observed at low conversions of monomer. [33,47] Collectively these observations support a step-growth mechanism where reversible chain transfer occurs, i.e. $H_3B\cdot PPhH_2/oligomer/polymer$ can all coordinate with, and be activated by, the catalyst. By harnessing this mechanism, we next show that novel block copolymers of polyphosphinoboranes can be synthesized.

It is well established that GPC/RI detection using conventional column calibration (CCC) against polystyrene standards overestimates the degree of polymerization in polyaminoboranes, by between a factor of 3 to 10, due to the fundamental chemical differences between group 13/15 and hydrocarbon-based polymers (e.g., BH/NH versus CH).[48,49] It is likely a similar relationship holds for polyphosphinoboranes. Thus, to characterize any block copolymers formed a more accurate representation of degree of polymerization is required, and this comes from multi-angle light scattering (MALS) detection. Using a variety of polyphosphinoborane samples produced in the study here allows for a calibration graph that relates $M_{\rm p}$ data from MALS with those from CCC (Figure S35). This shows that, on our instrumentation set up (Supporting Materials), CCC overestimates M_n approximately 3–4-fold for polymers measured between 80000 and 20000 gmol⁻¹ using CCC, and likely even higher for lower molecular weight polymers/oligomers.

With this calibration in hand, taking pre-formed $[H_2BPPhH]_n$, $M_n(MALS) = 7000 \text{ g mol}^{-1}$, with $H_3B \cdot P(n-1)$ hexyl)H₂ monomer (1.25 M in toluene), catalyst 1 (3 mol%), and heating for 66 hrs at 100 °C resulted in a mixture of products by ³¹P{¹H} NMR spectroscopy, including homopolymer [H₂BP(n-hexyl)H]_n and related shortchain oligomers. Using the noted solubility difference between Ph- and n-hexyl substituted polyphosphinoboranes, extraction into hexanes selectivity removed polymers/ oligomers containing only n-hexyl groups. Importantly the hexane insoluble portion displayed both phenyl and hexyl resonances in the corresponding ¹H and ³¹P spectra, an initial indication that a block copolymer had been formed, Scheme 5.^[50] For example in the ³¹P NMR spectrum a signal at δ -49.5 [J(PH)=350 Hz] is assigned to [H₂BPPhH]_n segments, while a cluster of signals centered at -63.4 is

Scheme 5. Synthesis of $[H_2BPPhH]_{110}$ -block- $[H_2BP(n-hexyl)H]_{11}$. CCC = Conventional Column Calibration. ^a Data from the major, high-molecular weight component.

assigned to [H₂BP(n-hexyl)H]_n, interestingly in which the atacticity can now be observed, [17] Figure 1A. The approximate ratio of these two distinctly different regions is 10:1. Interrogation of the ¹H NMR spectrum in the P–H region indicates a similar ratio of Ph to n-hexyl units. Additional smaller signals are observed in the $^{31}\mbox{P}$ NMR spectrum at δ -55.8 as an apparent triplet, that simplifies to a singlet on decoupling ${}^{1}H$, and $\delta -48$ (partially obscured). These could reflect connecting units between block segments, P(nhexyl)H₂ end groups^[17,34] or hexane insoluble small oligomers. GPC analysis using MALS detection showed polymer with an increased degree of polymerization M_n = $15000 \,\mathrm{g}\,\mathrm{mol}^{-1}$ (D = 1.3; CCC, $M_{\rm n} = 46000 \,\mathrm{g}\,\mathrm{mol}^{-1}$), Figure 1B. With the relative ratios from the NMR spectra and the absolute molecular weight from MALS this approximates the composition of this new block copolymer to $[H_2BPPhH]_{110}$ -b- $[H_2BP(n-hexyl)H]_{11}$, **BCP1**. A small amount of low molecular weight oligomer ($\approx 500 \,\mathrm{g}\,\mathrm{mol}^{-1}$) is also observed in the GPC spectrum. As pre-formed [H₂BPPhH]_n contained no such species, we assign this to short oligomers of [H₂BP(n-hexyl)H]_n.

 1 H Diffusion Ordered Spectroscopy (DOSY, CDCl₃, 298 K) provides further evidence for the formation of a block copolymer, Figure 1C. DOSY has been used previously for the analysis of polyphosphinoborane homopolymers^[30] as well as hydrocarbon-based block copolymers. Taking each homopolymer of similar MW (CCC, M_n =44000–33000 g mol⁻¹) shows that $[H_2BPPhH]_n$ and $[H_2BP(n-hexyl)H]_n$ have very different diffusion coef-

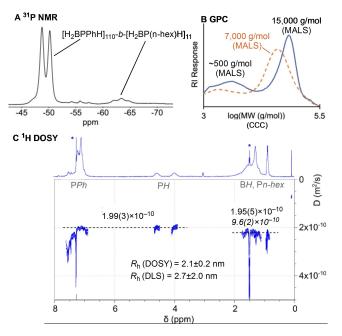
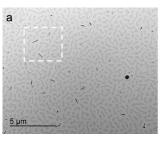


Figure 1. Solution characterization data for **BCP1**. A) ³¹P NMR spectrum (CDCl₃); B) GPC (indicated M_n from MALS), dotted line represents initial homopolymer [H₂BPPhH]_n; C) ¹H DOSY (CDCl₃, 298 K, 600 MHz) using a 2-term diffusion model for the aliphatic peaks (minor component in italics). R_h =Apparent hydrodynamic radius from DOSY, R_{DLS} =hydrodynamic radius from DLS. * residual solvent signals.

ficients (1.5(2) and 3.9(8) $\times 10^{-10}$ m² s⁻¹, respectively, Figure S42). However, BCP1 also has a different diffusion coefficient, that is the same for both phenyl and hexyl regions of the ¹H NMR spectrum (1.99(3) and 1.95(5) $\times 10^{-10} \,\mathrm{m}^2 \mathrm{s}^{-1}$), indicating both segments are in the same macromolecule. A two-component model is needed to best fit the data in the alkyl region, with a minor, faster diffusing, component required $(9.6(2) \times 10^{-10} \text{ m}^2 \text{ s}^{-1})$. This is fully consistent with the shorter, oligomeric, material observed by GPC. Dynamic Light Scattering (DLS, CHCl₃) experiments place the apparent hydrodynamic radius of **BCP1** as 2.7 ± 2.0 nm in CHCl₃ (Fig S44), a reasonable fit with that from DOSY $(2.1\pm0.2 \text{ nm})$, and supports the formation of non-aggregated polymer chains in CHCl₃ solution.

While we currently cannot comment on the precise order of events to form BCP1, the ability to reversibly bind and activate different terminus P-H/B-H groups is no doubt important to the formation of a block copolymer. As it is well established that P-H activation occurs more quickly with PPhH₂ than with P(n-hexyl)H₂ (Table 1), and also that catalyst 1 will couple pre-formed polymer (Scheme 4), we suggest that a plausible order of events is a relatively rapid coupling of shorter [H₂BPPhH]_n units, with the more reactive -PPhH₂ terminus (Scheme 3C), followed by slower sequential step-growth addition H₃B·P(nhexyl)H₂ or equivalent short chain oligomers.

Amphiphilic block copolymers are well-known to selfassemble in solvents that are selective for one of the constituent segments to form core-shell nanoparticles or micelles.^[5,52] By utilizing the different solubilities of the blocks present in BCP1 self-assembled micellar nanostructures should be formed in solution. Molecularly dissolved BCP unimers were observed in pure THF and CHCl₃, or in an equal volume mixture of THF and hexane by dynamic light scattering (DLS) (hydrodynamic radius R_h<5 nm, Figure S44 and Table S6). When the volume fraction of hexane was increased to 37.5 %:62.5 % v/v THF: hexane, to enhance the selectivity for the -[H2BP(nhexyl)H]11 segment of BCP1, DLS provided evidence for the formation of self-assembled aggregates with $R_h = 132 \pm$ 12 nm (Figure S44). Decreasing the solvent polarity further to 25 %:75 % THF:hexane resulted in larger aggregates being formed ($R_h = 180 \pm 30$ nm, Figure S44 and Table S6). The solvent composition and DLS data indicate that micelles are formed with a core of the more polar -[H₂BPPhH]₁₁₀ block and a corona of the less polar $-[H_2BP(n-hexyl)H]_{11}$ segment. The core:corona block ratio ca. 10:1 classifies these systems as crew-cut micelles and non-spherical morphologies, rather than star-like micelles, would be anticipated based on packing-parameter considerations.^[5] Indeed, TEM images of drop-cast aliquots of BCP1 in 37.5 %:62.5 % v/v THF:hexane solution revealed the formation of rod-like micelles (10 nm $\times \approx 500$ nm in dimensions, Figure 2). In the less polar solvent mix (25 %:75 % THF:hexane) assemblies with a spherical shape were formed which were even larger in dimensions (\approx 250 nm, Figure S45). These assemblies are far too large



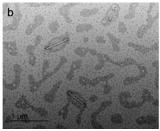


Figure 2. TEM images of assembled structures of [H2BPPhH]110-b- $[H_2BP(n-hexyl)H]_{11}$, BCP1, obtained from a 37.5%:62.5% v/v THF: Hexane solution, without staining and after allowing the solvent to evaporate. The structures highlighted in the box in (a) are shown with a fivefold magnification in (b). The carbon film substrate also shows evidence for the deposition of a unimer film formed by residual molecularly dissolved BCP1. The very dark regions in the images are believed to arise from electron-dense residual Rh catalyst-derived impurities. Qualitative analysis for residual Rh-content in BCP1 using inductively coupled plasma mass spectrometry (ICP-MS) revealed a significant amount is retained (ca. 1 ppm).

to be conventional star-like micelles and are most likely either compound micelles or, more likely, vesicles.^[5]

Conclusion

The synthesis of block copolymers of polyphosphinoboranes, and their self-assembly in solution to form welldefined micellar structures, demonstrates that these maingroup polymers, that are valence isoelectronic with polyolefins, have the potential to have rich nanoscale properties. The step growth-like mechanism that operates, using precatalysts such as 1, suggests future opportunities for bespoke tuning of the macromolecular properties in these group 13/15 polymers by variation of monomer functional group. [53] It will also be interesting to see if the methods described here can be extended to other catalyst systems that promote dehydropolymerization of phosphine-boranes.

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Conflict of Interest

The authors declare no conflict of interest.

Data Availability Statement

The data that support the findings of this study are available in the supplementary material of this article.

Keywords: Block Copolymer · Borane · Dehydropolymerization · Phosphine · Self-Assembly

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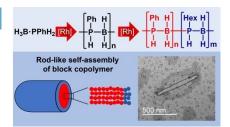
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Homogeneous Catalysis

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Polyphosphinoborane Block Copolymer Synthesis Using Catalytic Reversible Chain-Transfer Dehydropolymerization



Amphiphilic block copolymers of polyphosphinoboranes, [H₂BPPhH]₁₁₀-b-[H₂BP(n-hexyl)H]₁₁, have been prepared by a mechanism-led strategy of the catalytic reversible chain transfer dehydropolymerization of precursor monomers, $H_3B \cdot PRH_2$ (R = Ph, h-hexyl). These self-assemble in THF:hexane solutions to form nanostructured rod-like micelles, the morphology of which can be controlled by solvent polarity.