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Material and Sensory Experiences of Mesolithic Resinous Substances

Aimée Little , Andy Needham, Andrew Langley & Benjamin Elliott

Mesolithic resinous adhesives are well known for their role as hafting mastic within composite technologies, yet it is increasingly clear that their usage was more diverse than this. Birch-bark tar has been recovered from Mesolithic contexts as chewed lumps linked to medicinal treatment of toothache and oral diseases, and as a decorative element on ornaments and art objects; and an amorphous resinous substance possibly derived from pine or spruce resin has been found within a burial context. This diversity of applications suggests that resins and tars may have been understood in different ways which did not always privilege their mechanical functionality. To underscore the limited archaeological perspective of conifer resins and tars as hafting agents, we draw on data sourced from a wide range of ethnographically documented societies, demonstrating the array of economic and social functions these materials have for contemporary hunter-gatherer groups. Using archaeological case studies, we illustrate how a deeper understanding of the material and sensory properties of resins and tars, and the trees from which they are derived, opens new insights into the diverse roles resinous materials performed within Mesolithic worldviews.

Introduction

In this paper, we focus on birch-bark and conifer resins and tars, proposing that these substances may have been of interest for more than the properties that make them effective binding agents. Throughout the Mesolithic, tars appear to have been used across the domains of technology (hafting), art (present on personal ornaments and engraved objects), health (chewing) and mortuary rites (present in burials). They defy easy categorization: derived from living plants, converted to objects, they undergo a phase change, shifting from solid to liquid and back to solid; they can be liquid, yet hydrophobic. Biological properties of betulin, a naturally occurring triterpene derived from birch bark, is known to have a broad range of medicinal uses: as an antiseptic, anti-inflammatory, antiviral, antibacterial, antifungal and antitumour (Haque *et al.* 2014; Jensen *et al.* 2019; Morikawa *et al.* 2017).

When chewed or used as a compound applied to wounds, including burns (Frew *et al.* 2019; see also Lehtisalo & Schütze 1924, 113), it is known to dull pain and accelerate healing, transforming bodily states. Considering these unusual properties, including being able to heal and reverse through multiple states of matter, we explore the possibility that Mesolithic hunter-gatherers understood and incorporated the metamorphic capabilities and symbolism of resins and tars, themselves derived from particularly important and useful tree species, within their worldview.

Archaeological investigations into tar production, especially derived from birch bark, span a vast chronology—from the Middle Palaeolithic to the medieval period (Chen *et al.* 2021; Rageot *et al.* 2016; Regert *et al.* 2019; Schenck & Groom 2018; Schmidt *et al.* 2019; Stacey *et al.* 2020). Tar is a plant sub-product typically made from birch bark or pine wood, which appears within the archaeological

record as an amorphous residue, either as a lump or associated with a variety of objects including lithic and osseous tools, ceramic vessels and personal ornaments. Key functional attributes of resins and tars are their adhesive, binding and waterproofing qualities (Kozowoyk *et al.* 2017a), with increasing evidence for birch-bark tar ‘chewing gums’ used for both medicinal and odoriferous purposes (Aveling & Heron 1999; Evans & Heron 1993; Jensen *et al.* 2019; Kashuba *et al.* 2019; Lucquin *et al.* 2007; Rageot *et al.* 2019). Recent years have seen an increase in interest in prehistoric tar research, driven by a combination of factors including a desire to resolve technical questions about how this substance was manufactured aceramically by prehistoric hunter-gatherers (e.g. Schenck & Groom 2018) and (interrelated) being able to prove that the mode of production was sufficiently complex that it can be used as a marker of Neanderthal cultural and technological complexity (Kozowoyk *et al.* 2017b; Niekus *et al.* 2019). Greater application of analytical chemistry (gas chromatography-mass spectrometry (GC-MS)), used to identify the biomolecular makeup of otherwise amorphous residues on artefacts, alongside the recent application of aDNA, which has revealed human genomic data from chewed birch-bark mastics (Jensen *et al.* 2019; Kashuba *et al.* 2019), has further fuelled a ‘gold rush’ of archaeological interest in this material.

A common and notable aspect of these tar studies (genetic studies by Jensen *et al.* 2019; Kashuba *et al.* 2019 being exceptions) is an emphasis on explaining the technical methods of production, focusing on temperature control, maintaining the exclusion of oxygen and ways of collecting the distilled tar (e.g. Kozowoyk *et al.* 2017b; 2020a; Rageot *et al.* 2019; Schenck & Groom 2018). As a result, discussion has gravitated towards the technological and economic spheres, often employing a *chaîne opératoire* model, with birch tar and other adhesives being understood as a functional medium for solving technological problems (Fletcher *et al.* 2018; Groom *et al.* 2015; Osipowicz 2005; Schenck & Groom 2018). This is clearly necessary research; indeed, the authors of this paper have been, and still are, involved in similar studies (e.g. Fletcher *et al.* 2018 and Langley & Little *in press*). Our contribution here is not intended to undermine these more technological approaches, not least because it is through technological acts of making, often using experimental archaeological approaches, that an *experiential* understanding of the sensory and material aspects of birch-tar production can be more fully realized. Rather, we argue that an exclusive focus on

mechanical functionality risks framing production and use by prehistoric people as concerned only with material cause and effect. This is problematic in that it aligns prehistoric worldviews with a rigid Cartesian divide between objects and subjects, immaterial and material (Fausto 2007; Sillar 2009).

The Cartesian divisions which lead to the previous focus on mechanical functionality are symptomatic of a broader, ‘Western’ ontological perspective from which most archaeologists working in this field originate. The problems with projecting our own ontological positions back into the deep past are well documented, and recent developments within behavioural psychology have helped to nuance the crude distinction between ‘Western’ and ‘non-Western’ by identifying the behaviour in Western, Educated, Industrialized, Rich and Democratic (WEIRD) societies as an extreme outlier within cross-cultural comparisons (Henrich *et al.* 2010). This work reveals the fundamental flaw in assuming continuity in ontological perspective between contemporary archaeologists and past peoples. In recent years, archaeologists have begun to explore relational ontologies both within and beyond Mesolithic studies, as a way of overcoming these problems (e.g. Brown & Walker 2008; Sellers 2010; Taylor 2020). Here, in order to work across these dualisms and present a more coherent understanding of resins and tars which appear in a range of archaeological contexts, we advocate an approach which emphasizes their materiality and potential for social agency. Ethnography serves as a valuable reminder that ‘trees were not just background but a vital feature of the material world through which people spun the fabric of their lives’ (Warren 2003, 23). It is in this context that we draw on ethnography to highlight the diverse spectrum of social and sensory experiences that tree-derived products, including resins and tars and their parent materials (bark, wood), may have held for Mesolithic peoples.

Phase changes, the ability for a material to move from a liquid to a gas, or a solid, presents a fundamental challenge to the idea that materials are fixed, immutable substances. Phase changes are determined by ‘critical points’, intrinsic material properties which determine how, and under what conditions, materials change from one phase to another (Heidemann & Khalil 1980). Mesolithic tar makers were likely familiar with how much heat should be applied to soften rather than burn the tar, how it cooled, and the different results of placing hot tar in water or snow rather than cooling slowly. One of the striking properties of birch tar is its ability to be cooled and heated several times, making

possible long-term and portable storage. Examples of other substances that would have been known to Mesolithic peoples which exhibit this property include water, beeswax, saturated fats and blood (Bondetti *et al.* 2021; Heron *et al.* 2013; Lozovski 1996; Rybråten 2013). Another useful parallel is water, which can go through phase change, freezing with colder temperatures, being found in a liquid state at room temperature, changing state to steam at boiling point, but being dangerous with increasing heat.

In the remainder of this paper, we expand the discussion of resin and tar beyond the strictly technological and economic spheres through (1) a review of the evidence for birch-bark tar and pine resin within the Mesolithic, including an overview of ongoing debates surrounding aceramic manufacture methods; (2) considering ethnographic examples of the use of birch and pine products by northern-hemisphere hunter-gatherers in order to highlight the scale of diverse functions these plant-based materials served, including social and symbolic; (3) using case studies selected from the Mesolithic archaeological record to explore the material and sensory properties of birch and pine tars and resins in different cultural contexts; (4) reflecting critically on these insights as a first step towards re-evaluating the diverse role of resins and tars within everyday lived experiences during the Mesolithic period.

Background

While adhesives can be manufactured from a wide array of animal, plant and mineral sources, with bovine and potentially fish glue occasionally identified (Rigaud *et al.* 2014; Solazzo *et al.* 2016), their use during the Mesolithic remains debatable, probably due to the comparatively greater usage properties of birch tar, especially for hafting purposes (Kozowyk & Poulis 2019). Another factor is their greater rate of degradation from bacterial activity compared to terpenoid adhesives—those derived from plant sources which consist of hydrophobic triterpenoid molecules (Rageot *et al.* 2019). Like other organic adhesive products, the preservation of terpenoid tars can be negatively impacted under particular preservation conditions, such as acidic soils (Croft *et al.* 2016); or, in the right conditions, e.g. anoxic or humid conditions, preserved (Chen *et al.* 2021, 13). Experimental work focused on understanding the rate of preservation of different adhesive substances has demonstrated that birch tar survives exceptionally well, slightly better than other adhesives (e.g. gums, pine tar, resin, resin/

beeswax and ochre combinations) (Kozowyk *et al.* 2020a). This may, in part, account for its seemingly greater frequency within the prehistoric record of Mesolithic Europe. It is, however, worth noting that, in many instances where resins and tars have been identified, this determination is without molecular characterization (Rageot *et al.* 2021). This is significant because it has been shown that, for example, substances adhering to the surface of flint (and probably other objects) can look like tar, but when biomolecular analysis is undertaken, those substances are in fact simply only natural residues deriving from the burial environment (Croft *et al.* 2018).

Defining birch bark tar, both at the molecular and human scale, is not straightforward. Parsing the difference between ‘tar’, ‘pitch’ and ‘resin’ can often lead to circular and habitual classifications, which vary across time, location, language and industry (Hayek *et al.* 1990; Stacey 2004). For the purposes of this paper, we define ‘tar’ as a viscous, hydrophobic resin, a heated derivative primarily composed of terpenoid molecules, originating from an isoprene backbone and manufactured using a pyrolytic method (Modugno *et al.* 2006; Pollard & Heron 2015). We further define ‘resin’ as a viscous hydrophobic exudate, primarily composed of terpenes and collected directly from a tree or plant without the need for initial thermal processing, although this does not preclude secondary processing (Modugno *et al.* 2006; Pollard & Heron 2015). Pitch and tar are sometimes used interchangeably, with ‘pitch’ often used to describe the solid/semi-solid portion of resins and tars, but confusingly sometimes used to refer to the tapped resin from certain trees (Langejans *et al.* 2022), which is why it occurs frequently within archaeological and ethnographic texts. To avoid confusion, other than the appearance of ‘pitch’ within our ethnographic data tables, which respects the original published wording, we will avoid using this term. Conifers, the term for all plants in the class Pinophyta, includes yews, larches, firs and pines (Campbell 2005). To the best of our knowledge, only the pine tree has been securely identified in the Pinophyta-derived adhesive record of prehistoric Europe, while conifer resins have been discovered adhered to projectiles in North America (Helwig *et al.* 2008; 2014) and spruce pollen within a Mesolithic funerary context (Alciati *et al.* 1992). We refer to pine for the remainder of the paper, with the awareness that future research may reveal a wider exploitation of conifer products. While these definitions may seem over-fastidious and not without contestation, it is helpful to be

clear and remove any ambiguity. At the empirical level, tar and resin are phenomenologically different: qualities which will be further explored in this paper. At the molecular level, there are several important compounds which have become ‘fingerprints’ or ‘signatures’ in the bioarchaeological literature for birch bark tar—namely lupane triterpenoids.

Betulin is a pentacyclic triterpenoid and constitutes up to 30 per cent of the dry weight of birch bark (Green *et al.* 2007). The presence of betulin and any derivatives has long been accepted as a biomarker for the presence of birch-bark tar within an archaeological sample (Dudd & Evershed 1999; Evershed 1993). Alongside betulin and betulinic acid are the other members of the lupane triterpenoid group—lupenone, lupeol and betulone—which have also been identified as birch tar biomarkers through gas-chromatography mass-spectrometry (GC-MS) (Hayek *et al.* 1990; 1991; Perthuisson *et al.* 2020; Regert *et al.* 2003). Together these compounds constitute a ‘standard composition’ for birch tar, despite the increasing evidence that subtle molecular changes can be induced through different manufacturing techniques (Rageot *et al.* 2019). The absence of these key biomarkers usually makes it impossible to be confident in identifying a substance as birch tar; unfortunately, the technology and interpretative tools for analysing adhesives have only become routine in the last few decades, meaning that many prior identifications of birch tar in the record are either presumptions at the time, or later interpretations based on the descriptive terminology used. For example, composite projectile technologies such as antler and bone points, microlith-tipped arrowheads and other hafted tools are often found with an unidentified mastic or resin (Crombé *et al.* 2001; Friis-Hansen 1990; Haslam *et al.* 2009; Malmer 1966; Vaughan 1987). This tempers our confidence in collating larger datasets looking at the uses of birch-bark tar in the Mesolithic, since we cannot always be sure of the identity of archaeological adhesives without molecular analysis.

The production and use of birch-bark and conifer resins and tar adhesives in Mesolithic Europe is, however, relatively well attested in the archaeological record across a diverse range of applications and contexts: though, again, this comes with the *caveat* of biomolecular analysis not always being undertaken or the method of identification being unreported. The preceding Palaeolithic, by contrast, is scant. Rageot *et al.* (2019) cite just 15 analyses of reliable molecular characterization of birch-bark tar dating to this period (see also Grunberg *et al.* 1999; Mazza *et al.* 2006; Niekus *et al.* 2019) and Pinaceae

resin on Middle Paleolithic lithic tools from southern Italy (Degano *et al.* 2019). The Holocene, in particular wetland sites in northwest Europe, is known to have more favourable preservation conditions. There is also the possibility that tars were simply more extensively used for hafting composite tools during the Mesolithic compared to the Palaeolithic. During the Holocene, in most cases where biomolecular analysis has been carried out, the tar is derived from birch bark, with comparatively less pine tar identified (Rageot *et al.* 2021). A similar situation has been shown for the northwest Mediterranean Neolithic, whereby Pinaceae exudates appear infrequently, and only as waterproofing agents on ceramic vessels (Rageot *et al.* 2021). That same study highlights the presence of complex procurement networks which are likely to have involved long-distance trading systems of raw materials and finished products (tar, admixtures) into areas where these resources were absent. In some cases, more locally available and functionally comparable sources, such as pine and geological bitumen, were bypassed in favour of birch-bark tar, with palaeoenvironmental studies indicating that this raw material was only available at a much greater distance (Rageot *et al.* 2021). Similarly, a greater frequency of birch tar compared to pine tar samples for the Palaeolithic is unlikely to be a result of resource constraints, with both species of trees known to occur together during large parts of Pleistocene Europe (Bigga *et al.* 2015).

The range of uses of resins and tars within the Mesolithic is diverse; birch-bark tar is known from a number of predominantly northern European Mesolithic sites. This includes, but is not limited to: Pulli and Ulbi, Estonia (Vahur *et al.* 2011; Bjørnevatn *et al.* 2019), Tłokowo, Poland (Osipowicz *et al.* 2020; Sulgostowska 1993), Duvensee (Bokelmann 1991) and Friesack IV, Germany (Gramsch 1987); Seedorf and Ullafelson, Austria (Aveling & Heron 1999; Pawlik 2004); Øvre Storvatnet, Norway (Bang-Andersen 1989, 348); Ageröd V, Ronneholms Mosse and Kanaljorden, Sweden (Hallgren & Fornander 2016; Larsson *et al.* 2016); Holm Mølle and Klosterlund, Denmark (Rysgaard *et al.* 2016; Troels-Smith 1962); Sereteya II, Nyzhnee Veretje I and Yuzhniy Oleniy Ostrov, Russia (Oshibkina 1983; Gurina 1989); Thatcham III and Star Carr, UK (Clark 1954; Roberts *et al.* 1998); and possible resin/tar substances from Ferriter’s Cove and Clonava Island, Ireland (Woodman *et al.* 1999; Little 2014). Resin or tar for hafting composite tools can be cited from a broad range of Mesolithic contexts (Langley & Little *in press*), in association with microliths (e.g. Clark 1954; Gurina 1989, 27–310; Larsson *et al.*

2016; Oshibkina 1983; Vahur *et al.* 2011; Warren *et al.* 2018) and other types of stone tools (e.g. Little 2014; Roberts *et al.* 1998; Woodman *et al.* 1999). Less frequently, evidence has been found for the hafting of osseous slotted bone points (e.g. Bjørnevad *et al.* 2019; Chen *et al.* 2021; Manninen *et al.* 2021; Sulgostowska 1993). However, evidence is not limited to the hafting of tools.

The practice of chewing birch tar is documented from at least the Mesolithic to the Iron Age (Aveling 1997; 2016; Jensen *et al.* 2019; Karg *et al.* 2014; Kashuba *et al.* 2019). Mesolithic evidence for this practice has been identified at the sites of Huseby Klev, Sweden; Barmosen I, Denmark; and Friesack IV, Germany (Gramsch 1992; Gramsch & Kloss 1989; Hernek & Nordqvist 1995; Johansson 1990). Chewing tar has been argued to have a medicinal benefit and promote oral hygiene (Aveling & Heron 1999). Analysis of the tooth imprints that often survive on pieces of chewed tar offer important social insights about Mesolithic life, revealing that children, adolescents and adults engaged in this practice (Aveling & Heron 1999; Jensen *et al.* 2019; Kashuba *et al.* 2019). Research by Jensen *et al.* (2019) offers a similarly intimate insight into the life history of the individual from Syltholm, on the island of Lolland, Denmark, informed by the extraction and analysis of aDNA, which supports an interpretation of a potential medicinal application in this case.

In later periods, resin and tar appear to have been used as a decorative feature (e.g. Odriozola *et al.* 2019; Rageot *et al.* 2021). It is unclear how extensive this practice was in prehistory; it is possible that with closer attention we may find a greater number of examples. Nonetheless, during the Mesolithic, there are a number of known engraved objects where some type of resinous substance (identified without bimolecular methods) was possibly used as an inlay across a range of objects, including antler shafts, a mattock head, a drilled shaft, wooden paddles, daggers, a sleeve, a harpoon head, a piece of engraved antler (Płonka 2003), amber pendants (Petersen 2016, 220–21; 2021, 5; Toft & Brinch Petersen 2016, 205) and figurines (Petersen 2016, 228; 2021). Another use has been identified at the site of Zamostje 2 where a possible resinous residue was found adhering to small, engraved stones, known as plates and polishers (Płonka 2003, 130, 136, 184). At Strandvägen a slightly different use was identified. Resin dating to c. 5670–5510 cal. BC (Ua-29753) was found in a bone handle with six quartz microblade inserts which might have been used intentionally to cover engravings on the dagger (Molin *et al.* 2014, 95–6). In some cases, the use of

resins or tars may have been a method of attaching decoration to personal ornaments or fixing together component parts (Cristiani *et al.* 2012; 2014). In the Finnish Comb Ware culture, in which people largely followed a Mesolithic way of life, over 60 examples have been recorded of Comb Ware ceramics being repaired using birch tar (Pesonen 1999; Pesonen & Leskinen 2009). Resin (spruce, pine) is also known from Mesolithic funerary contexts (Alciati *et al.* 1992).

A central question in much of prehistoric archaeology where tar has been evidenced centres around how this substance was produced, especially in aceramic contexts. The Mesolithic record provides some insights into the possible production strategies involved, though often this is indirect. For example, at the site of Star Carr, birch-bark tar was recovered alongside an accumulation of birch-bark rolls (Clark 1954), 41 per cent of which showed evidence of charring (Fletcher *et al.* 2018, 419). It is likely that birch-bark rolls had several uses, with torches and fishing floats raised as possibilities (Fletcher *et al.* 2018, 428–9). Equally, rolling birch bark may have been a method of storing it for later use—tar production included (Fig. 1A). Accumulations of birch-bark rolls have been found at other Mesolithic sites such as Tågerup (Karsten & Knarrström 2003) and Ulkestrup Lyng (Andersen *et al.* 1982; Tauber 1971), where similar interpretations have been posited (Andersen 2013). In the Netherlands, hundreds of pits of Mesolithic date, believed to have been used for pine-wood tar extraction, were found during commercial excavations (Kubiak-Martens 2011; 2012). This has, however, been more recently contested by Crombé *et al.* (2015), who argue that such features are of natural origin, derived from a combination of forest fires and insect activities. Nonetheless, the main point here is that the currently available archaeological evidence provides only limited insights into the methods used to create tar and the yield. As a result, the question of how aceramic tar was produced continues to attract considerable attention.

Experimental archaeology has been used extensively in recent years to explore the question of birch-bark tar production in aceramic contexts (e.g. Fletcher *et al.* 2018; Groom *et al.* 2015; Kozowyk *et al.* 2017b; Osipowicz 2005; Schenck & Groom 2018) (Fig. 1D–1F). At the time of writing, no single or definitive method has been identified. The most proposed theory is that birch tar could only be produced via anaerobic conditions by pyrolysis in reducing environments where the exclusion of oxygen prevents the tar from immediate combustion (Kozowyk *et al.* 2017b). Mooted techniques have



Figure 1. (A) Rolled birch bark; (B) aceramic pine-tar production; (C) aceramic yield of pine tar stored in a metal container post-production—turpentine, one of the pyrolysis fractions of pine wood, displays iridescent ‘rainbow’ effect; (D) roll of birch bark still burning post-use in aceramic production of birch tar; (E) birch bark undergoing phase-change from solid to liquid; (F) reflective and glossy yield of aceramicallly produced birch-bark tar stored in metal tin; (G) a tar stick—useful for storing, transporting and reheating tar; (H) tar on a projectile is heated to make it malleable for moulding into desired form. (All photos © YEAR Centre.)

included above- and below-ground methods of heating the bark and collecting the tar, though always with the assumption that anaerobic conditions were required. More recently, this assumption was proven incorrect by Schmidt *et al.* (2019), who demonstrated that tar can be produced by the 'condensation method'. This simply involves heating birch bark adjacent to, and under, a large cobble propped on its side to create an overhang. Thus, Schmidt *et al.* (2019, 17707) argue that there was no need for the 'cognitively demanding set up' proposed by Kozowyk *et al.* (2017b), with the latter using the making of birch tar as a marker of Neanderthal technological and cultural complexity (see Kozowyk *et al.* 2020b for a response). However, it is important to stress that, to date, no direct archaeological evidence for the Palaeolithic tar-production protocol(s) used has yet been identified, meaning that these experimental methods remain hypothetical theories, unable fully to address the question of Neanderthal behavioural complexity. Hence, the argument is ongoing.

It is interesting to note that in the Baltic region, by the Late Mesolithic/Early Neolithic when hunter-gatherer communities have access to ceramics, there is no biomolecular evidence, from hundreds of pots sampled for organic residues, to suggest that vessels were used for tar production (Courel *et al.* 2020; Craig *et al.* 2011; Papakosta *et al.* 2019; Robson *et al.* 2019). This suggests that, even when ceramics were available for tar production during this period, pre-existing aceramic methods continued to be deployed; and/or that pots were not intended for this function (see Elliott *et al.* 2020 for related debates). This does not appear to be the case for later periods of prehistory, at least in eastern Europe, where recent biomolecular studies of amorphous substances on pots have shown they were used either to produce birch-bark tar ceramically or to store it (Chen *et al.* 2021). However, why Chen *et al.* (2021) have not also suggested use of tar as a sealant for these pots is unclear.

Throughout prehistory, it is likely that choices regarding what plant exudate to use were in part functional. For example, birch tar may have been desirable for its adhesive properties, thus used more frequently in hafting composite tools (Kozowyk & Poulis 2019). Recent testing of the comparative strength of pine *versus* birch tar is helping to address functional questions surrounding why pine appears less frequently used, even when available (see Kozowyk *et al.* 2017a). It also seems likely that there were several ways to create tar, depending on the context, available resources and need. For example, experiments have demonstrated that a small number of birch-bark rolls can yield enough

tar to haft a small quantity of projectiles (Fletcher *et al.* 2018). This creates the potential for on-site composite tool assembly, or the transportation of extracted tar to other sites within the landscape for re/making tools when and where they are needed (Fig. 1G, 1H). However, this is not to say that decisions regarding choice of raw material for adhesive or production strategy were purely economic or functional. To determine them as such limits our understanding of the versatility of roles (social, symbolic, etc.) that adhesives occupied in prehistoric hunter-gatherer societies.

The remainder of this paper focuses firstly on the ethnography of northern-hemisphere hunter-gatherer uses of birch- and pine-derived products as a means of expanding beyond the standard uses of these materials. With archaeologists limited to the rare examples which have been preserved, often without the benefit of knowledge regarding social context, we use ethnography here as a methodology for developing our understanding of the range of uses of pine and birch across the northern hemisphere, taking in a diverse range of cultures and ecologies, brought together in a series of tables (Tables 1–10; see also online appendix Tables A and B). The data are used to support a discussion of how material properties of different parts of the trees in different contexts can influence use and shape understanding of and attitudes towards trees and their products. This in turn encourages a different approach to trees and the products derived from them, where their material properties are given greater prominence. In this case, the material and sensory properties of resins and tars and their role within Mesolithic lifeways is explored. The sensory components of terpenoid products (smell, sight, sound, touch, taste), their medicinal properties, the relationship between trees and their distilled resins, their 'phase change' transformation from plant to tar (see Figure 1), alongside the social and symbolic roles of these substances, are also discussed.

Ethnography of northern hemisphere hunter-gatherer uses of birch- and pine-derived products

Social significance of tars and resins and appreciation of their properties starts with an understanding of the trees from which they are derived, their potentials and the choices negotiated in bringing together the material to create the tar. To explore these ideas, data were gathered on the use of pine and birch products within a wide range of ethnographically documented northern-hemisphere hunter-gatherer

Table 1. Documented uses of *Betula*.

Material	Documented uses (see online Appendix Table A for full context)
Roots	Thread, medicine, food, structures
Wood	Utensils, trays, combs, structures, sledges, bows, shafts, handles, traps, carving, snow goggles, skis, chipped for drying, reindeer-herding pole, drumsticks, statues, fire lighting (rotten), line babies cradles (rotten), snowshoes, canoe paddles, cooking supports, fire drills, digging sticks, mauls, pestles, spear thrower and dart, gaming pieces, arrow shafts, armour, dugout canoes, dishes, rattles, dolls, travois, clubs, fuel, burned (smoking food), burned (smoke purifying humans), burned (smoke tans hides), netting needles, shovels, cradle boards, fishing gauges, smoked
Bark	Shields, animal calls, dishes, mats, plates, containers, baskets, kettles, fire lighting, hats, utensils, drum sticks, heal wounds, bind wounds, dyeing, canoes, torches, human figures, tobacco cases, coffins, structures (roofing), funnels, drawing/writing medium, cradle, rodent inhibitor (posts in structures), lining food caches, burning (smoke purifying), burning (on the body, purifying), burning (destroy deceased's possessions), targets, ingredient in medicines, tattooing (soot after burning), cordage, bows, torches, musical instruments, animal depictions, wrapping the dead, worn as a cure for sickness, covering cremations, blankets, sponge, wrap animal bones (ceremony), stencils, traps, grave structures, tinder, pipes, sleeping mat, tumpline support, attaching beads, effigies, wrapping charms, masks, art, cast for broken limbs, dippers, sails, burned (smoking fish), cape, cradle boards, medicine bundles, purgative, packing in hunting implements, packing in fish hooks, snow goggles
Inner bark	Medicine, snow goggles, food
Sap	Food, drink, processed into a syrup (food, drink)
Gum	n/a
Resin	n/a
Tar	n/a
Pitch	n/a
Branches	Ceremonies (hunting), stretch animal skins, bait traps, fishing nets, snares, brooms, thongs
Twigs	Thread, paint brushes, fishing line, hanger (for vessels), traps, medicine
Leaves	Charms, marking graves
Pollen	n/a

societies. These datasets reveal not only the economic importance of these species to hunter-gatherers but also the depth of their social significance.

Human Relations Area Files: search methods and rationale

The Human Relations Area Files (eHRAF) database was used to document birch and pine use by contemporary northern-hemisphere hunting and gathering groups. The sample consisted of 256 published sources, comprising 3865 eHRAF entries in total. Search parameters were limited to those communities noted in the database as 'hunter gatherer' or 'primarily hunter gatherer' in the subsistence field and to those groups situated geographically in the northern hemisphere. It should be noted that the sample therefore takes in multiple species of birch and pine across different ecologies, uses and attitudes from distinct communities with distinct lifeways. However, this approach provided a compromise between overall sample size generated, tree ecological range, similarities in lifeway, alongside the overarching ability to extract information. For the latter, this included a record of diverse uses, the influence of material properties and the cultural significance of particular species or material extracted from that species. Initial

searches focused exclusively on birch and pine tars, pitches, resins and gums. To limit the return, a key word was prefixed by the common name of the tree (birch, pine), followed by a keyword, focusing initially on resinous substances. Search terms included a range of combinations: 'birch tar', 'birch resin', 'birch glue', 'birch mastic', 'birch adhesive', 'pine tar', 'pine resin', 'pine glue', 'pine mastic', 'pine adhesive'. However, initial results revealed several limitations: (1) the use of key terms varied between authors; therefore searching only by narrow key word risked missing entries where a closely related but different term was used. For example, 'tar' is a term commonly utilized in archaeology but provides minimal return in the eHRAF database, while 'pitch' yields several thousand results; (2) initial keyword searches revealed an emerging discrepancy in the frequency of use of resinous substances between *Betula* and *Pinus*, which could only be fully investigated and contextualized via a broader exploration of use for these species. This was facilitated by adopting a more basic search protocol which limited search terms to 'birch' and 'pine' and collecting all results. Although time-consuming, this had the advantage of allowing for the collection of

Table 2. Documented uses of Pinus.

Material	Documented uses (see online Appendix Table B for full context)
Roots	Thread (canoes, birch-bark containers, clothes), carving, nets, baskets, traps, torches, binding
Wood	Tanning, crossbows, bows, carving, bind wounds (shavings), fish traps, lamp fuel, dugout canoe, fuel (mundane and ceremonial), clubs, structures, utensils, torches, wind chimes, story sticks, sledges, seating, arrows, medicine, boxes, harpoon shafts, fishing-net poles, ceremonial poles, hot-rock lifters, fire drill, drying infants (powdered), burnt to dye hides (smoke), burned to tan hides (smoke), ceremonies, bowls, fire starting, mats, travois, lances, burned (fragrance), staffs, charcoal (tattooing), cradle boards, saddles, fishing spears, amulets
Bark	Structures (roofing), medicine (drunk, topical), canoes, baskets, navigation aid, clothing, blankets, burned (fumigation for luck), food, covering food stores, containers, fuel (firing pottery)
Inner bark	Foodstuff, medicine (topical, drunk), flavouring (sweetener), drunk
Sap	n/a
Gum	Waterproofing (canoes, containers), hafting mastic (arrows), fletching mastic (arrows), glue (canoes, adding poison to arrows), torches, masks, burned (fumigation), chewed as a gum, ink (tattooing), food
Resin	Waterproofing (crossbows, canoes, containers, moccasins), torches, hafting mastic (arrows, harpoons, spears), bows (mastic), binding wounds, paint, chewing gum
Tar	Waterproofing (canoes), medicine (topical)
Pitch	Waterproofing (baskets, vessels), repairing baskets, fire lighting, ink (tattooing), hafting mastic (harpoons), medicine (consumed, chewed, topical), chewing gum, sealant (structures, musical instruments), gaming pieces, body paint, footwear, torches, signal fires (burned), love medicine, medicine train, setting broken limbs, paint, marking bone
Branches	Structures, brush, divination (burned), ceremonial fuel (cooking bear, bear hearth), surface covering (structures, canoes, drumming area during celebrations), windbreak, broom, game pieces, fish-egg trap, drying fish eggs, bindings and lashings, ceremonial (pre-hunting ritual), disguising traps, bedding, medicine
Twigs	Burned (fragrance), medicine, structures
Needles	Baskets, medicine (topical, drunk), necklaces, charms, covering food granaries, purification (topical, burned), incense, stuff dolls (ceremonial), earrings, bracelets, bedding, brush, ground covering (structures), toys (baskets, water bottles)
Pollen	Medicine
Pinecones	Drink, smoked, fire transporter, tanning, dyeing, paint, medicine (drunk, topical)
Nuts	Foodstuff (raw, cooked, whole, ground, mixed as ingredient), baby food (pounded), medicine, clothing, beads, tobacco flavouring
Seeds	Charms, medicine (chewed, topical, burned), wash newborn babies
Sugar	Medicine (drunk, consumed, used on hands in midwifery)

data that any keyword combination would produce while facilitating a consideration of use alongside attitudes towards particular tree species and their products in their specific cultural contexts. This is pertinent, as while the use of resinous substances is the specific point of focus within this paper, this is couched within the material and sensory qualities of these substances, which in turn are fundamentally related to their source: the trees themselves.

Results

Recorded uses of resinous substances in northern hemisphere hunter-gatherers

Online Appendix Tables A and B present the full results of the eHRAF search for uses of pine and birch in northern-hemisphere hunter-gatherer societies. These tables reveal a multitude of uses for every part of both genus of trees, embedded within

often complex attitudes and understandings, and with clear sensitivity to material properties in how parts of trees are used. Tables 1 and 2 here summarize these uses by genus, amalgamating results from all groups.

The lack of uses for resinous substances derived from birch in the sample (Table 1) is noteworthy and an important consideration, given the reverse trend seen during the Mesolithic whereby birch resinous substances appear to be favoured over those derived from pine (though, as previously noted, there may be a minor bias towards birch tar preserving slightly better than pine). Table 3 summarizes the results of the documented use of birch and pine materials, separating resinous from non-resinous, allowing for a contextual evaluation of the use of birch and pine within societies and across regions. For the purposes of Table 3, all non-resinous uses are grouped, all resinous uses are grouped, and the results are presented

Table 3. *Comparison of use of Pinus and Betula.*

Culture	Location	Pine use: non-resinous	Pine use: resinous	Birch use: non-resinous	Birch use: resinous
Yukaghir	Asia	yes	no	yes	no
Koryaks	Asia	yes	no	yes	no
Nivkh	Asia	yes	no	yes	no
Samoyed	Asia	yes	no	yes	no
Nenets	Asia	yes	no	yes	no
Ainu	Asia	no	yes	yes	no
Ojibwa	North America	yes	yes	yes	no
Chipewyans	North America	yes	yes	yes	no
Ingalik	North America	yes	yes	yes	no
Ute	North America	yes	yes	yes	no
Northern Paiute	North America	yes	yes	yes	no
Crow	North America	yes	yes	yes	no
Tlingit	North America	yes	yes	yes	no
Blackfoot	North America	yes	yes	yes	no
Mi'kmaq	North America	yes	yes	yes	no
Innu	North America	yes	yes	yes	no
Western Apache	North America	yes	yes	yes	no
Assiniboine	North America	yes	yes	yes	no
Delaware	North America	yes	yes	yes	no
Kuenai	North America	yes	yes	yes	no
Creek	North America	yes	yes	yes	no
Slavey	North America	yes	no	yes	no
Kaska	North America	yes	no	yes	no
Western Woods Cree	North America	yes	no	yes	no
Alutiiq	North America	yes	no	yes	no
Copper Inuit	North America	no	no	yes	no
Nuxalk	North America	no	no	yes	no
Omaha	North America	no	no	yes	no
Comanche	North America	no	no	yes	no
Eyak	North America	no	no	yes	no
Aleut	North America	no	no	yes	no
Winnebago/ Ho-Chunk	North America	no	yes	yes	no
Yurok	North America	yes	yes	no	no
Pomo	North America	yes	yes	no	no
Yokuts	North America	yes	yes	no	no
Klamath	North America	yes	yes	no	no
Eastern Apache	North America	yes	yes	no	no
Nuu-Chah-Nulth	North America	yes	yes	no	no
Mescalero Apache	North America	yes	yes	no	no
Quinault	North America	yes	yes	no	no
Yuki	North America	yes	yes	no	no
Southern Coast Saalish	North America	yes	yes	no	no

Continued

Table 3. *Continued*

Culture	Location	Pine use: non-resinous	Pine use: resinous	Birch use: non-resinous	Birch use: resinous
Tubatulabal	North America	yes	yes	no	no
Stoney	North America	yes	no	no	no
Gros Ventre	North America	yes	no	no	no
Miskito	Middle America + Caribbean	yes	no	no	no

as a simple ‘yes’ or ‘no’ to denote presence or absence of use, allowing for the comparison of pine resinous/non-resinous uses alongside birch resinous/non-resinous uses.

Table 3 reveals a clear pattern in the use of birch and pine among northern-hemisphere hunter-gatherers. All the groups from the sample in Asia are documented using non-resinous birch and pine, but no sources report the utilization of resinous substances derived from these species. The Ainu of Japan are a solitary exception, with the reverse relationship for pine. Of the 46 communities making up the sample, there are no documented cases of the use of resinous substances from birch. In the North American sample, 15 communities are recorded to have used both the non-resinous birch and pine, but only use pine resinous substances. Four communities in the North American sample are documented using non-resinous birch and pine, but not using the resinous substances from either genus. Six communities in the North American sample are documented using non-resinous birch only, with no use of pine and no use of resinous substances from either genus. Just one community, the Winnebago/Ho-Chunk, are documented to use non-resinous birch, but not birch resinous substances, and no use of pine (resinous and non-resinous). Of the North American societies, 11 show no use of birch including its resinous substances but do use pine and its resinous substances; three societies show non-resinous use of pine only. The results therefore suggest that it is typical, but not universal, for a community to exploit pine for other products, such as its wood, roots or needles, as well as resinous substances (e.g. gum, resin, tar and pitch). However, the same cannot be said for birch: use of gum, resins, tar or pitch is lacking, despite a wide range of documented non-resinous uses for birch.

There were a number of uses recorded for *Pinus* resinous substances in the ethnographic database, the details of which are presented in Tables 4–10. This includes various uses as a glue (Table 4);

waterproofing agent (Table 5); medicine (Table 6); chewing gum (Table 7); an ingredient in (both directly and indirectly) tattooing, paint manufacture and art (Table 8); for making fires, torches and candles (Table 9); and other less frequent applications (Table 10).

Attitudes towards Pinus and Betula and their material and sensory properties among northern hemisphere hunter-gatherers

The ethnographic literature derived from the eHRAF search suggests that trees come to be understood through the potentials or affordances that their specific material properties might facilitate.

In some contexts, trees require appropriate treatment and appeasement of a spirit master, akin to widely documented beliefs held about animals. For example, the Ojibwa of Canada consider trees to be under the control of spirit masters, other-than-human-persons that demand appropriate treatment of the species under their control (Hallowell 1942, 6; 1976, 458; Hallowell & Brown 1991, 62), leading Hallowell & Brown (1991, 61) to note that success is predicated not on knowledge of the environment or of equipment, but a sensitivity to these spirit masters by treating those species under their control appropriately. In different but perhaps related conceptions that again assert the important place trees occupy in hunter-gatherer worldviews, people were known to worship trees: for example, the Ainu, with tree worship linked to success in the hunt and curing of the sick (Batchelor 1927). The Nivk, Orok and Ainu are reported as considering themselves descendants of different species of tree (Black 1973, 51; Shternberg *et al.* 1933, 460). Among the Nenets, sections of spruce and birch forest are considered sacred and revered (Lehtisalo & Schütze 1924, 62). In fact, in the Nenets creation story, the birch plays a central part and is presented as a sacred species (Lehtisalo & Schütze 1924, 7). This extends into daily life, with white pieces of cloth hung in branches of birch trees as

Table 4. *Use of Pinus resinous substances as a glue.*

Culture	Location	Material	Use	Reference
Ainu	Asia	gum	Used as a glue in making arrows	Batchelor 1927, 310
Ingalik	North America	gum	Collected from the tree, melted and mixed with fish oil for use as a glue	Osgood 1970, 190
Ingalik	North America	gum	Utilised as a glue in making birch bark canoes	Osgood 1970, 48, 359
Ingalik	North America	gum	Mixed with fish oil and applied to cache posts as a glue to deter pests	Osgood 1959, 32
Ojibwa	North America	gum	Utilised as a glue in making canoes	Hickerson 1988, 13; Theriault 1992, 14
Mescalero Apache	North America	gum	Used to glue poison onto arrow points	Opler 1971, 94a
Northern Paiute	North America	gum	Used in fletching arrows to glue feathers to arrow shaft	Kelly 1934, 144
Delaware	North America	resin	Used to affix stone arrow projectile tips to shafts	Goddard 1978, 217
Yurok	North America	resin	Used as a glue to attach a line to a detachable spear foreshaft. Used in spear fishing.	Heizer & Mills 1952, 169
Blackfoot	North America	resin	Combined with boiled steer hoof and phallus and used as a glue for bows	Hellson 1974, 117
Yurok	North America	resin	Used in combination with animal sinew to haft spears	Heizer & Mills 1952, 169
Ojibwa	North America	pitch	Used to patch baskets	Vennum 1988, 169
Nuu-Chah-Nulth	North America	pitch	Used in hafting harpoons	Koppert 1930, 60
Southern Coast Salish	North America	pitch	Used in hafting harpoons	Elmendorf 1960, 78
Southern Coast Salish	North America	pitch	Extracted by gouging the tree to the inner bark, exudate heated in a shell until thick, applied to musical instruments and joins in wooden boards of structures to seal them	Smith 1940, 276
Tubatulabal	North America	pitch	Used in making shelters	Wheeler-Voegelin 1938, 25a
Yuki	North America	pitch	Warmed and used in combination with sinew to haft arrows. Only pitch was used if the arrow was designed to detach when hitting the target	Gifford 1965, 48, 49
Blackfoot	North America	pitch	Used to glue natural or horse hair to the hair on the head to create a medicine train	Voget 2001, 700

offerings, with the trees linked to the heavenly spirits (Lehtisalo & Schütze 1924, 62). The pine, in contrast, is understood to grow in places connected to the underworld and had strong associations with underground spirits (Lehtisalo & Schütze 1924, 62). In other contexts, pine is regarded as a helpful and benevolent presence, such as amongst the Delaware, where its propensity to grow thicker bark on the side facing the north is used for wayfinding within dense forests (Wallis & Wallis 1955, 53).

Perceptions of the material properties of trees or parts of trees can shape choices around its use. Trees and their properties are typically understood with significant nuance, such as among the Ingalik, who are reported to have 25 terms to differentiate different parts of trees, including whether it is young or old, whether it is straight or curved (which would

affect the grain and so the potential uses), whether the tree was green or dead standing, driftwood, or wood that stands after a natural fire (Osgood 1959, 42–3). The Mi'kmaq have a similar attitude to bark, differentiating between bark peeled during the right or wrong part of the year, when stripped from a young tree or from a dead log, or bark suitable for tasks such as canoe building or roofing structures (Wallis & Wallis 1955, 502). It is evident that hunter-gatherers are highly sensitive to changes in the materials they use, shaped by factors such as where the tree grew, how old it is, its condition and when material was harvested. Art involving the use of birch bark was known to be a seasonal practice, responsive to the qualities of the bark being used, which varied by season, linked in part to taboos about harvesting bark at the wrong time of year

Table 5. *Use of Pinus resinous substances as a waterproofing agent.*

Culture	Location	Material	Use	Reference
Mi'kmaq	North America	gum	Boiled with animal fat and used as waterproof seams of canoes	Wallis & Wallis 1955, 44; Prins 1996, 31
Ojibwa	North America	gum	Bark scraped to release gum, gum boiled, skimmed and stored, later mixed with charcoal and used to waterproof canoes	Densmore 1929, 149; Hilger 1951, 116; Hoffman 1891, 198
Northern Paiute	North America	gum	Applied to the inside and outside of containers to waterproof them. To coat the interior, tar was applied to pebbles, pebbles inserted into the vessel and shaken	Kelly 1934, 124
Ute	North America	gum	Applied to the inside of water containers by melting and pouring into the vessel along with pebbles, then shaken to ensure an even coating	Smith 1974, 94
Nenets	Asia	resin	Mix resin with soot and heat to waterproof the birch component of crossbows	Lehtisalo & Kessler 1918, 8
Chipewyans	North America	resin	Used to caulk canoe seams	Birket-Smith 1930, 42
Blackfoot	North America	resin	Used to waterproof moccasins	Hellson 1974, 117
Ojibwa	North America	resin	Used to waterproof birch bark canoes	Kohl 1860, 32
Innu	North America	resin	Used to waterproof birch bark containers	Lips 1947, 53
Innu	North America	resin	Used to waterproof birch bark canoe seams	Tanner 1944, 638
Mescalero Apache	North America	resin	Used to waterproof woven containers	Basehart 1974, 66
Ojibwa	North America	tar	Used to waterproof birch bark canoes	Vennum 1988, 141
Ojibwa	North America	pitch	Used to waterproof birch bark canoes	Landes 1937, 106; Warren 1885, 98
Tubatulabal	North America	pitch	Used to waterproof water bottles. Lump inserted into bottle with red earth and hot stones, then shaken, melting and distributing the pitch inside the vessel. Also used to coat the outside	Wheeler-Voegelin 1938, 30a
Kutenai	North America	pitch	Applied to the outside of bark baskets to waterproof them	Tro 1967, 2
Eastern Apache	North America	pitch	Applied to vessels (inside and outside) to waterproof them	Stockel 1991, 17, 114
Mescalero Apache	North America	pitch	Applied to vessels (inside and outside) to waterproof them	Opler 1969, 61; Opler 1971, 78b
Ute	North America	pitch	Applied to the inside and outside of containers to waterproof them. Said to improve the flavour of water consumed from them, giving peppery taste	Riddell 1960, 43

(Speck 1937, 52). Similarly, it is not inevitable that all materials will be employed for purposes to which they might be effectively used: uses are shaped by material and sensory properties which are enmeshed within wider hunter-gatherer worldviews. For example, while the smoke generated by burning birch wood or bark has a number of recorded uses in relation to the purification of people and structures or to discourage spirits (Osgood 1958, 151; 1959, 75; 1970, 417; online Appendix Table A), despite its efficiency as a fuel it is avoided for this purpose prior to the hunt in some contexts due to the strong and lingering smell it generates, which might scare away game animals (Osgood 1959, 43; 1970, 300).

It is in the wider context of trees and understanding around them that we can begin to explore resinous substances, their properties and their uses. The Ingalik add fish oil to pine gum when making glue, which is thought to increase its strength and ability to adhere to birch bark, but also decrease stickiness, making it easier to work with and apply (Osgood 1970, 190). In other recipes used by the Ojibwa, finely powdered charcoal was added to create the right consistency and firmness for use, with the charcoal produced from the right type of tree for the task, in this case the cedar (Densmore 1929, 149; Hilger 1951, 116). Sensory perceptions of glue making, in terms of its properties (tack and

Table 6. *Use of Pinus resinous substances as a medicine.*

Culture	Location	Material	Use	Reference
Assiniboiné	North America	gum	Used as an ingredient in love medicine	Rodnick 1938, 61
Delaware	North America	tar	Used medicinally to relieve back pain	Tantaquidgeon & Pennsylvania Historical Commission 1942, 54
Quinault	North America	pitch	Eaten to alleviate stomach and blood problems	Olson 1936, 181
Quinault	North America	pitch	Chewed to cure a sore throat	Storm & Capoean 1990, 63
Quinault	North America	pitch	Applied to open sores	Storm & Capoean 1990, 63
Tlingit	North America	pitch	Warmed in the mouth and placed in the umbilicus of a newborn baby after the umbilical cord drops off to help it heal	Emmons & Laguna 1991, 257
Tlingit	North America	pitch	Melted, mixed with other ingredients, spread on a piece of hide, and applied to external health ailments as a treatment	Emmons & Laguna 1991, 362
Tubatulabal	North America	pitch	Mixed with grease and applied to sores as a salve	Wheeler-Voegelin 1938, 60a
Yuki	North America	pitch	Heated on a flat rock and applied to sores	Curtin & Irwin 1957, 8
Blackfoot	North America	pitch	Mixed with mansage and used to alleviate coughing	Hellson 1974, 63
Blackfoot	North America	pitch	Mixed with water and consumed to alleviate coughing from tuberculosis	Hellson 1974, 73
Crow	North America	pitch	Used in love medicine via application to the skin after being smudged with burned moss	Wildschut & Ewers 1960, 131
Klamath	North America	pitch	Applied to chapped faces and as a treatment for sore eyes	Pearsall 1950, 342a; Spier 1930, 131
Klamath	North America	pitch	Used in treating fractured limbs. Applied to the affected area and bound with strips of buckskin	Spier 1930, 128
Western Apache	North America	pitch	Used as a cure for coughs	Reagan 1929, 18

plasticity), can therefore be regarded as crucial aspects of its functionality.

Trees and the products derived from them are embedded within complex frameworks of meaning among northern-hemisphere hunter-gatherers—whether in terms of their properties and the potential they provide, their ontological status, or the types of activities tree products are used for. When and how a material is extracted and manipulated ‘appropriately’ thereafter are important considerations. Use of materials may go beyond functional considerations and may be charged with cosmological or social significance(s). This is a theme that has begun to be explored within Mesolithic archaeology in relation to plants (Taylor 2020) and some of their products, including the appropriate selection and treatment of wood (Price 2009). Our research suggests that such approaches can be usefully extended to other products derived from trees, in this case resinous substances, informed by an exploration of northern-hemisphere hunter-gatherer understandings and uses of birch and pine, and their products. Our approach to the archaeological record is informed

by the insights that material and sensory properties matter; and while these properties inform and structure use for functional reasons, this tends to be enmeshed within wider social, cultural and cosmological understandings of materials and the contexts in which they are used.

Tar as a sensory material

Birch and pine trees represent the ultimate source of tar in the Mesolithic and imbue the material with their own forms of meaning and social context. This ‘treeness’ could, however, be argued for any form of material culture derived from a particular species of tree. Tar possesses its own unique material properties which stand it apart from other materials, and as such, it holds the capacity to take on its own affordances. These merit critical discussion within our understanding of Mesolithic materiality.

An explicit appreciation of sensoriality within archaeological discussions of materiality has become a prominent feature within recent approaches to past sensory experience (e.g. Day 2013; Day & Skeates

Table 7. Use of *Pinus* resinous substances as a chewing gum.

Culture	Location	Material	Use	Reference
Yuki	North America	gum	Chewed as a gum	Curtin & Irwin 1957, 14; Foster 1944, 167, 226
Mescalero Apache	North America	gum	Used as a chewing gum	Sonnichsen 1973, 22
Eastern Apache	North America	resin	Used as a chewing gum	Castetter & Opler 1936, 45
Pomo	North America	exudate (resin? gum?)	Used as a chewing gum	Barrett 1952, 80
Quinault	North America	pitch	Chewed for pleasure	Storm & Capoeman 1990, 63
Western Apache	North America	pitch	Used as a chewing gum	Reagan 1929, 18

2020; Fahlander & Kjellström 2010; Hamilakis 2014). Conneller (2011) provides a compelling discussion of the integration of material properties and sensory experiences across a range of materials and contexts through a consideration of material affect. Drawing from the growing body of literature concerned with the agency of affective qualities of materials (Deleuze & Guattari 1999; Simondon 1964; see also Bennett 2010), she argues against the dominant hylomorphic model of material culture. She advocates a dissolution of the distinction between material and form, with emphasis on material affect, the better to develop understandings of material ontology within past societies. Alongside that of Conneller, Kuijpers' (2015; 2017) work on the sensorial components of technological know-how forms a foundational base for the methodological framework we adopt here. Kuijpers argues that sensory experience is the primary form taken by *technique* (Ingold 1990) within the construction of skill. Sensory experience lies at the core of non-discursive knowledge and is the springboard from which our understanding of archaeological actors can move from one of structured, predetermined and abstracted and universalist executors of technology to a more contextually situated conception of actors who co-realize their own worlds in collaboration with the materials around them. He further proposes that augmenting more traditional approaches with a critical understanding of sensory experience, attained through experimental work, can help to bridge the post-enlightenment

Table 8. Use of *Pinus* resinous substances to make paint, tattoo, or in art.

Culture	Location	Material	Use	Reference
Pomo	North America	gum	Used to make the eyes in deer masks	Barrett 1952, 126
Yuki	North America	gum	Used as an ink in tattooing	Foster 1944, 181
Creek	North America	pitch	Used as an ink in tattooing	Swanton 1928, 417
Yokuts	North America	pitch	Mixed with charcoal and applied to the cheeks as a sign of mourning	Latta 1949, 79
Yuki	North America	pitch	Burned and the soot used as a dye in tattooing	Powers 1976, 130
Northern Paiute	North America	pitch	Used in making black paint	Kelly 1934, 117
Northern Paiute	North America	pitch	Used to mark bone	Smith 1974, 230

dualities of technology and know-how, enabling us to develop a more holistic understanding of skilled practice in the past (Dobres 2010). Crucially, Kuijpers stresses that to do this critically, we need to follow the lead of anthropologists working on sensuality and distinguish between senses and sensations (Harris & Sørensen 2010).

Using one's senses relates to a physical experience, while a sensation relates to the commingling of emotional response and physical experience. Sensations are acutely specific to cultural and biographical contexts. This is not the case, however, for sensory perception, which has been shown to display low levels of variation across diverse world cultures (Goody 2002). Within our consideration of adhesives, we focus attention on the experience of the senses and their broader social contexts, rather than drawing analogies between the emotional component of contemporary sensations with those of the deep past. Drawing on four Mesolithic case studies, we demonstrate the ways in which the sensorial properties of tar helped to shape human experience in different social contexts. Each case study is developed from the currently available data. However, it should be noted that as biomolecular testing becomes more widespread and details of the

Table 9. *Use of Pinus resinous substances in fires, torches and candles.*

Culture	Location	Material	Use	Reference
Ojibwa	North America	gum	Used to make torches	Densmore 1929, 149
Ojibwa	North America	gum	Used to make torches used to smoke out raccoons	Johnston 1988, 176
Ojibwa	North America	resin	Traditionally used to create torches to aid in hunting	Hilger 1951, 122
Delaware	North America	resin?	Used to make candles	Goddard 1978, 217
Winnebago / Ho-Chunk	North America	pitch	Used to make torches used in night fishing	Radin 1923, 114
Tubatulabal	North America	pitch	Used in making torches	Wheeler-Voegelin 1938, 30a
Yuki	North America	pitch	Used with wet moss to start fires. Creates a thick black smoke that can be used in communication	Goldschmidt <i>et al.</i> 1939, 146
Crow	North America	pitch	Used in love medicine via application to the skin after being smudged with burned moss	Wildschut & Ewers 1960, 131

chemical composition of the tars and resins at the centre of each case study are revised or confirmed, so too are aspects of each interpretation subject to revision.

Gearing up

The concept of a ‘hunting camp’ is ubiquitous within discussions of Mesolithic settlement patterns across Europe, deriving from the ethno-archaeological work of Binford (1978) on typologies of sites within hunter-gatherer settlement patterns. Classically associated with a predominance of microliths and microburins within lithic assemblages and minimal evidence for primary and secondary core reduction, ‘hunting camps’ are interpreted as representing the repair and reconditioning of composite equipment during hunting activities. The use of adhesives to disassemble and reassemble multi-part hunting tools at these sites is clearly implied, and in some instances explicitly discussed despite the lack of preserved resin or tar.

Pointed Stone 2 (North Yorkshire, UK) is a classic example of a Mesolithic hunting site (Jacobi 1978). This upland lithic scatter has produced an assemblage of microliths very similar in form to those of the neighbouring wetland site of Star Carr, with both sites interpreted as part of the same system of Early Mesolithic settlement (Conneller 2021; Donahue & Lovis 2006; Jacobi 1978; Waughman 2017). While no hafting adhesive traces have been identified at Pointed Stone 2, this is most likely attributable to a lack of appropriate preservation conditions (Croft *et al.* 2016). Given that Pointed Stone 2 and Star Carr (for the latter, see Croft *et al.* 2018; Fletcher *et al.* 2018) form part of the same settlement system, it seems reasonable to assume that they also

shared approaches to adhesive production and use. We might therefore draw from the Star Carr data to inform our understanding of the types of adhesives used at Pointed Stone 2 and the sensory experiences that this entailed. While the evidence from Star Carr suggests that both birch tar and possibly also pine resins were used by the people who visited Pointed Stone 2, there is little evidence for the primary production of tar on-site. Palaeoenvironmental data indicates that the upland landscapes around Pointed Stone 2 consisted of open, mixed grasslands with occasional small stands of birch (Spratt & Simmons 1976), and as such, would have been unlikely to be able to provide the quantities or qualities of raw materials needed for adhesive production. This contrasts with the lower-altitude mixed birch carr and deciduous forests surrounding Star Carr, where indirect evidence for the extraction of tar comes in the form of an abundance of charred birch-bark rolls and five birch-resin cakes (Clark 1954; Fletcher *et al.* 2018). The lack of similar finds at other Early Mesolithic sites in the surrounding areas (despite the presence of organic preservation conditions) suggests that the primary extraction of birch tar was focused at Star Carr.

The repair of composite tools occurring at the Pointed Stone 2 hints at the melting and reapplication of previously made adhesives (perhaps transported as a lump or on a tar stick; see Fig. 1G). This contextual information helps to focus our discussion of tar sensoriality at Pointed Stone 2. The sticky and viscous tactility of tars and resins is fundamental to the ways in which they are experienced in use—and specifically exploited when employed as adhesives. This typically involves applying resins and tars in their warmer (sometimes dangerously

Table 10. *Use of Pinus resinous substances for other uses.*

Culture	Location	Material	Use	Reference
Pomo	North America	gum	Applied to the stick carried by the Kuksu	Loeb 1926, 321
Klamath	North America	gum	Consumed as a foodstuff	Spier 1930, 165
Tubatulabal	North America	pitch	Used in making gaming pieces	Smith 1978, 441
Tubatulabal	North America	pitch	Used in making shelters	Wheeler-Voegelin 1938, 25a
Yokuts	North America	pitch	Used in making gaming pieces	Gayton 1948, 91, 134
Tubatulabal	North America	pitch	Applied to footwear to make the soles last longer	Wheeler-Voegelin 1938, 22b, 30a
Klamath	North America	pitch	Chewed, flattened, central hole made and stick inserted, placed in cold water to water to harden, used as a spinning top	Pearsall 1950, 343b; Spier 1930, 83

hot), viscous states, with mechanical binding occurring as they cool and set. Once cooled, both resin and tar become brittle and hard, especially if not combined with a plasticizer. Control over the temperature and duration of heating and reheating adhesives is an important component in the skill-set of working with adhesives (Cnats *et al.* 2018). Ethnographic evidence of working with reusable adhesives shows that there is a limit on the number of times they can be reheated before losing their tack (Bradshaw 2013; Dickson 1981; Rots & Williamson 2004), implying that close attention to the observable behaviour was required successfully to assess the suitability of tar for re-use.

The colour of tar varies in accordance with its composition. Birch and pine resins and tars can be black, shiny, glossy, viscous, or oily in appearance (Fig. 1C & 1F). Pure birch tar is highly reflective, becoming more matt and duller if plasticizers such as charcoal or ochre are added (e.g. Fig. 1F *versus* Fig. 1H). Both birch and pine adhesives generate a strong odour at room temperature, and this intensifies with heating or burning. As such, working with adhesives in the repair of composite hunting tools contributed a suite of sensory experiences towards the creation of specific kinds of space at hunting sites such as Pointed Stone 2. The smell of warming birch and pine tar would have been a characteristic feature of human activity in these spaces, with the texture, colour and viscosity of adhesives consciously scrutinized when assessing whether material should be recycled or discarded.

Chewing lumps of tar

Small pieces of resin featuring human teeth marks have been recovered from Mesolithic sites across northern Europe (Gramsch 1992; Gramsch & Kloss 1989; Hernek & Nordqvist 1995; Johansson 1990). These

materials have been a recurrent nexus for scientific analyses, including physical anthropological studies of the teeth marks, analysis by GC-MS to establish the composition of the resin itself, and most recently aDNA extraction to gain insights into the people who chewed them. To date, these analyses have established that the resin lumps are made from birch-bark tar and in the majority of instances were chewed by children or adolescents (Jensen *et al.* 2019; Kashuba *et al.* 2019).

The Syltholm tar from southern Denmark has been subject to the most intensive analysis, and thus provides the richest source of contextual data for a discussion of the sensations associated with chewing tar (Jensen *et al.* 2019). Direct AMS dating indicates that this tar was made 3858–3661 cal. BC, and while this date falls within the Early Neolithic Funnel Beaker culture of Danish prehistory, the complete lack of genetic ancestry associated with farming within this individual's genome suggests a strong affinity with the Mesolithic hunter-gatherers who inhabited Denmark prior to the adoption of agriculture. The tar also preserved aDNA from the wider oral biome, allowing the health and diet of the individual to be assessed. The chewer was identified as a female; she had recently consumed a meal of mallard and hazelnuts prior to chewing the birch tar. Traces of viral DNA indicate that she had contracted the Epstein-Barr virus at some point in her life. Bacterial DNA traces indicate that she suffered from gum disease and possibly a strain of pneumonia (though see Belman *et al.* 2022).

The mechanical sensations associated with chewing tar hold broad similarities to other, texturally amorphous chewable materials within the Mesolithic world (e.g. hide, cartilage, congealed blood). However, specific attributes mark it out from its contemporaries within this sphere. The

taste of resins and tars is described as strong, bitter, astringent and heady (Dennis 1971)—notably distinct from the greasy, muted tones of lipid-based chewables or the metallic tang of blood. Birch and pine tar contain high amounts of phenols, which are numbing to the tongue and gums (Bethard 2004). Chewing birch tar is often reported to result in a numb, tingly sensation in the mouth and a watering of the eyes and nose. Within the immediate context of the Syltholm chewer, we might consider the contrast in flavours between the preceding meal of duck and hazelnut and the astringency of the birch tar—and perhaps consider this as another flavour being assimilated within a culture of cuisine. However, establishing a robust chronological link between the eating of the meal and the chewing of the tar is difficult; we know that the former precedes the latter, but the length of interval is impossible to ascertain.

Another focus of interpretation might fall upon the health of the Syltholm chewer. If suffering from gum disease, the numbing of the gums caused by chewing birch tar may have offered some instant sensorial relief; while the antiseptic properties of birch tar provided a longer-term change in the chewer's embodied experience by reversing the effects of the disease itself. The rich array of sensations associated with chewing birch tar may have been associated with both ill health and healing by Holocene hunter-gatherers of southern Denmark.

Viewing portable art and personal ornaments

Resinous substances appear to have played a role within Mesolithic artistic expression. In some cases, they were used to render engraved motifs obscure or inconspicuous, such as in the case of a bone point (Płonka 2003, 42) and an engraved bone knife with quartzite blade inserts from Strandvågen (Molin *et al.* 2014). A similar interest in obscuring art can be detected in other types of artistic expression, such as the engraving of flint cortex before being knapped into tools, breaking apart the engravings (Conneller 2011). It is conceivable these differences reflect fluctuating cultural attitudes to the use of tars across different contexts, or appropriate treatments depending on the specific activities and objects involved. Warren (2009) has argued that an important aspect of Mesolithic artistic expression is the bringing together of materials and the act of making, perhaps even more so than the finished artistic product itself; a theory which appears consistent with the use of resinous substances to render obscure and momentary engraved forms made on specific materials.

Possible resinous substances found within the grooves of engraved motifs have been identified across a range of bone, antler and wooden objects recovered from sites in Poland, Germany and Denmark. They have been argued to have acted as an inlay, perhaps intended to produce vivid visual effects (Płonka 2003, 32). Recent research indicates that this pattern is also observable on several engraved amber pendants (Petersen 2016, 220–21; 2021; Toft & Brinch Petersen 2016, 205) and in some cases tar can be implicated in the repair of amber figurines (Petersen 2016, 228). Against this backdrop of the increasingly recognized but emerging complexity of the role of resinous substances within Mesolithic artistic expression, we can consider an amber pendant shaped to resemble an elk from the site of Egemark, Denmark.

The Egemark pendant, through its use and repair, may reveal a facet of the aesthetics infusing artistic choices during the Mesolithic. It features a naturalistic depiction of an elk with zig-zag engravings running along the neck. Aspects of its biography are evidently complex, having been intentionally broken at some point during its use life, possibly to prevent cracking that would disrupt engraving, only to be repaired, and sometime later, re-drilled to allow its use as a pendant (Petersen 2016, 228). Repair involved birch-bark tar to bond the broken fragments, along with two drilled holes perhaps allowing the pieces to be lashed together, or alternatively, linked with how the piece may have been worn. Petersen (2016, 228) has raised the possibility that the tar was added as a decorative contrasting element, acting in a similar capacity to tar used as inlay on engraved objects, including other examples made in amber; however, he ultimately concludes that a functional role in repair is the more likely motivation.

In exploring the material properties of tar, it may be that different properties were harnessed in different ways. An important factor in the selection of tar was probably its efficacy in adhering broken pieces together. Function and aesthetic need not be mutually exclusive: the presence of tar on the Egemark amulet might simultaneously represent an aesthetic consideration drawing on different material properties of this substance, with its lustrous black colour serving as a striking visual contrast to the amber, creating a visual effect. In this light, the choice of tar may have served to draw attention to the break and render the repair conspicuous—not unlike its use to highlight engravings through inlaying in other contexts. It has been observed that other amber pendants tend to show

significant traces of wear, reflecting sustained use and a protracted life (Petersen 2016, 232). Indeed, redrilling appears frequently to have been employed to extend the life of amber pendants further where a new object might readily have been made, suggesting that visible evidence of wear reflecting a long use-life may have been a valued material property (Petersen 2016, 232). In this context, use of a resinous substance on the elk from Egemark, which would share the lustrous quality of polished or heavily handled amber but provide a distinct difference in colour, could serve to emphasize and draw attention to its brokenness; similar to the intensively worn perforations, sometimes completely worn through, seen on a number of amber pendants. In both cases, a clear visual indicator about the extended life of the object feeds into an aesthetic which foregrounds the value of curated objects.

It can be argued that the repair of the elk pendant from Egemark, while different to inlaying of engraved objects with resinous substances, nevertheless conforms to similar aesthetic principles in some respects. Resinous substances were used to render engraved surfaces conspicuous, drawing attention to engraved details. In the case of the Egemark pendant, the resinous substance was instead used to highlight an important phase in the life of the object: its breakage and repair. By virtue of its material properties, its blackness and its stickiness, tar appears to have played a role in rendering features of interest conspicuous in some objects.

Burial rites

Mortuary practices and the spaces they create are another context within which resins and tar can be demonstrated to have an impact on sensory experience. An example of this comes from the Castelnovian site of Mondeval de Sora, northern Italy. Dating to the late seventh millennium cal. BC, this site features a single inhumation of an adult male, c. 40 years old, located under the overhang of a large erratic boulder on a terrace in a high valley (Alciati *et al.* 1992; Fontana *et al.* 2016; 2020). The grave itself featured specific objects placed on body parts and three distinct clusters of material culture evenly distributed along the east-facing edge of the grave cut. One of these clusters consisted of two chert artefacts and two lumps of resinous substances. Pollen analysis and unspecified chemical profiling indicate that one lump consisted of pine and spruce resin combined with a small proportion of bee propolis, whilst the other was predominantly bee propolis (Alciati *et al.* 1992, 363). It is believed that these resins had either been directly burnt or had hot ashes

heaped over them before the grave was filled, based on the density of charcoal incorporated within the matrix of the resin lumps themselves (Alciati *et al.* 1992, 361).

The heating of resins within this context does not appear to be linked to the production of adhesives, as there is no evidence for the *in situ* production of composite tools or traces of adhesives on artefacts within the grave. However, heated resins can still contribute towards the way a space is experienced, through the smells they produce. Burning resins from different sources can create potent blends of scents which may not occur within other social contexts; the act of heating a combination of propolis, pine and spruce resin may well be linked to the creation of a distinctive and powerful olfactory experience as part of funerary rites. Other forms of direct evidence for the use of tars within Mesolithic mortuary practices are lacking; however, it is not uncommon for Mesolithic burials to involve hearths or sealing fires (e.g. Borić *et al.* 2009; Terberger *et al.* 2015) and it may be that any terpenes used were burnt away in the process. There is no evidence from contemporary Mesolithic sites in the region that pine and spruce resins were produced alongside the burning of bee propolis in more prosaic settings. Unfortunately, the Mondeval de Sora burial is the only one known for the Castelnovian complex of northern Italy and one of just a few dating to the Late Mesolithic in Europe (Fontana *et al.* 2020), making it impossible to assess whether this practice was part of a broader cultural funerary tradition, or an isolated example of an aromatic funerary rite accorded to this individual.

Discussion

Our own western ontological perspective arguably has contributed to a heavy focus on technological and functional approaches to studies of resinous substances. Equally, it might be counter-argued that hypotheses about functional properties of both the production methods and the tars/resins themselves are simply more straightforward to test than those that go beyond obvious uses. To develop a new framework for accessing a fuller range of social meanings associated with resinous substance production and use, we have proposed a material and sensory approach, with a material-ontologies perspective at its core. To demonstrate how this works in practice, case studies exploring the role of tars and resins in different archaeological contexts, hunting, health, art and death, have been employed. Ethnography has been used to help highlight the

diversity and depth of socially constructed meanings attributed to tree-derived products: a study which revealed surprising results, with an apparent difference in the use of birch tar in the Mesolithic compared to historical times where pine resin totally dominates. In this discussion, we consider these findings and expand on why a material ontological perspective on tar and resins is important.

Ethnographic studies are important for many reasons—not least because they serve as an important reminder that materials, even seemingly amorphous blobs, are never devoid of meaning. Birch-bark tar and pine resin are derived from trees which played a part in the hunter-gatherer material world (Warren 2003). Direct ethnographic analogy should, however, be cautioned against in this context, given the empirically demonstrated discrepancy between the ethnographically documented choices in species for plant-based adhesive production and those observed within the archaeological record. It is recognized that biases may contribute to this pattern of documented uses. For example, not all cultures are equally well represented in the eHRAF database. Those cultures represented by a less diverse pool of literature are more likely to be limited in the range of uses reported. It is equally possible that the pattern discussed is a product of differing emphases in reporting in the ethnographic sources composing the eHRAF database, perhaps reflecting when a source was written, or different research traditions in varying regions. Another pertinent factor that may contribute to the pattern is how the category of hunter-gatherer is defined by eHRAF and which communities this includes or excludes. Equally, use of different terms to describe resinous substances (variously pitch, tar, resin, or gum) may cloud the specific material in question in any given case. However, the overall pattern is likely to be robust, being built from a large sample, reducing the impact of bias from any given source. Hence the dissonance in results between the ethnographic and archaeological record appears a genuine one, deserving of detailed consideration here.

An important factor may be that birch bark, from which birch resin and tar would be derived, is the most recorded material used in many of the ethnographic societies sampled, with an exceptionally diverse range of applications (see Appendix Table A; Table 1), especially in the North American sample. Several factors might contribute to this pattern: (1) pine ‘gums’ and ‘resins’ are easier and more predictable to extract in greater quantity, being available by picking them off the tree or slashing the tree and leaving a container in place to collect

the exudate; (2) anaerobic and/or other methods of heating of birch bark to release tar reflect an opportunity cost for societies that use bark material for other essential elements of the lifeway: archaeological experimentation has revealed that creating tar can be difficult depending on the method employed, does not guarantee a return or a predictable yield, and the bark used is completely consumed and therefore cannot be repurposed (see Fletcher *et al.* 2018; Groom *et al.* 2015; Kozowyk *et al.* 2017b; Osipowicz 2005; Schenck & Groom 2018). Another pertinent factor may be that the sample necessarily draws together trees at genus level, but not all trees within the genus produce the same yield of tar (Krasutsky 2006; Zas *et al.* 2020). It is therefore conceivable that the availability of different tree species with varying yields is a contributing factor to the different uses observed.

The ethnographic results identified no uses of *Betula* resinous substances, but clear patterning in use of *Pinus* resinous substances. Major uses included gluing (Table 4), waterproofing (Table 5), medicine (Table 6), chewing gum (Table 7), art (Table 8), starting fires and making torches (Table 9), and other less numerous uses (Table 10). This resonates with known Mesolithic uses of *Pinus* resinous substances from the Mesolithic, but also expands beyond it, providing new possibilities for uses that might be detectable in the future. While *Betula* resinous substances are not used for these functions among contemporary hunter-gatherers documented in the sample, other parts of the tree are used for similar tasks, as well as expanding to include other novel applications. This makes the favouring of birch resinous substances during the Mesolithic record for such activities interesting. Further, it seems unlikely this pattern can be entirely attributed to preservation factors (see Kozowyk *et al.* 2020a) as both birch and pine resinous substances are known from the Mesolithic archaeological record. Instead, the use of *Betula* resinous substances by Mesolithic hunter-gatherers may be linked to social and cultural choices: perhaps related to the material properties of the adhesives themselves, attitudes surrounding the trees from which they are derived, or the environmental and ecological context.

This encourages a closer consideration of hunter-gatherer attitudes towards birch and pine, informed by their wider patterns of use—not only resinous substances, but also other products. Here there is clear resonance between contemporary hunter-gatherer engagements with materials and the known yields of resinous substances that can be extracted from trees, which might be a prominent

consideration in Mesolithic time-scheduling and extraction protocols. In the case of the former, the qualitative examples revealed, for example, clear sensitivity to time of year and the changing material properties of birch bark (Speck 1937, 52; Wallis & Wallis 1955, 502). In the latter, for both pine and birch it has become increasingly understood that the yield of tar that can be extracted varies by species, season and age of tree (Krasutsky 2006; Zas *et al.* 2020). Essentially, what the ethnographic and archaeological data tell us is that *materials matter*.

An ever-increasing interest in identifying ancient tars and resins using biomolecular characterization is transforming contemporary understandings of seemingly amorphous resinous lumps. Crucially, the new body of scientific data being generated enables a consideration of the properties of resinous substances, providing the necessary empirical framework to move beyond the mechanical and purely functional by encompassing the sensory and material aspects of tars/resins. New DNA data are providing fascinating new insights into past health and diet. They also point to the use of this material for more than ‘just’ glue. However, there is a real risk that research becomes entirely data driven, with findings devoid of theoretical underpinning; not unlike previous concerns raised about ancient DNA projects (see Crellin & Harris 2020 for a good overview of this debate). By contrast, chemical characterization of tars might be considered as having greater relevance and potential to advance theoretically informed perspectives on Mesolithic materiality.

Despite experimental archaeological work on tars and resins being relatively commonplace, rarely do practitioners reflect on the experiential sensory/material properties and processes that are both empirical and intrinsic to the successful production of tar. This seems like a missed opportunity. Through case studies, we have further sought to demonstrate how the archaeological contexts in which tars and resins are found, like other forms of material culture, do not occur in a vacuum but are essential to stimulating new interpretations beyond utilitarian parameters. To make the most of these data requires a suitable theoretical framework. We propose that material ontologies can play such a role. Data concerning the sourcing and composition of raw materials, production techniques, viscosity, odour, appearance, mechanical strength, engagement with human bodies, interaction with other materials within the context of composite objects, re-use, repair, medicinal properties, and social context contribute collectively towards a sophisticated

understanding of the material ontologies within which plant-based adhesives, sealants, etc. existed.

The growth in application of experimental archaeological approaches using actualistic methods to replicate and test different tar production have been successful in establishing probable *chaînes opératoires*, helping resolve key technological questions (e.g. temperature, use of additives, pyrolysis, yields, etc). Without doubt these studies contribute towards an impressive body of knowledge concerning the technological aspects of past practice. However, as a growing body of authors argue (e.g. Conneller 2011; Dobres 2010; Kuijpers 2015), these approaches build towards an understanding of technology that inherently privileges the etic. They reproduce the Cartesian dualisms that are historically specific within WEIRD ontologies and are fundamentally unable to account for practice within past hunter-gatherer ontologies. In marrying this data with critical considerations of sensory experience and materiality, we have attempted to develop an approach that bridges this documented divide between emic and etic approaches to adhesive technologies: an approach that draws on the different types of knowledge that experimental archaeology generates and which allows for an appreciation of skill, know-how and technology within non-WEIRD societies. This brings the study of prehistoric adhesives in line with developments across archaeological materials research; critical approaches to the synthesis of sensory experience with etic knowledge are already being advanced within the study of prehistoric metallurgy (Kuijpers 2017), stonework (Jones 2020), textiles (Harris 2020) and glass (Duckworth 2020).

Finally, we stress the need to remain mindful and avoid assumptions that Mesolithic people shared a static or uniform understanding of tars and resins. Our ethnographic study reinforces how meanings associated with materials extracted from trees can vary considerably through time and space, which is why a greater consideration of the archaeological contexts in which they are found is essential if we are to broaden current perspectives. Additionally, to date, we have no real sense of regional or diachronic variation within the Mesolithic—or other periods, for that matter. Differences, as identified through biomolecular analysis, in the composition of resinous substances (pine, birch, bitumen, etc.) might be a useful way of exploring variation in historically situated cultural traditions, sensory experiences and materiality, across time and space. Archaeological research undertaken to date indicates that temporal and regional patterns may have

existed, notably between northern and southern Europe. While some distribution patterns can be partly explained by ecological factors and access to natural resources (see Rageot *et al.* 2021 for a good overview), what we are seeing may also reflect cultural choices. Overall, current data remain scarce. As more biomolecular analyses are undertaken, trends in the sourcing, production and usage of resinous substances are likely to become more recognizable, providing an excellent opportunity to track the histories of cultural traditions relating to these materials.

Conclusion

Birch tar is arguably the earliest synthetic material manufactured by humans (Grünberg 2002). Recent tautological debate regarding the scale of cognitive complexity involved in tar production, most notably for Neanderthal populations (Kozowyk *et al.* 2017b; Schmidt *et al.* 2019), highlights how adhesives have become inextricably linked to questions of technological know-how, a perspective which is similarly evident within Mesolithic and Neolithic studies. While studies of aceramic modes of production and adhesive capabilities are raising interesting questions and aDNA analysis is proving a valuable tool for revealing insights into the health and genetic profile of the Mesolithic individuals who chewed lumps of tar, more nuanced appreciations of resinous materialities have thus far been lacking from research narratives. Moreover, a richer appreciation of this materiality broadens research scope for adhesive cognitive studies like those currently being proposed for Neanderthals.

Curiously, birch tar appears to dominate the Mesolithic archaeological record, even when pine is available. Ethnographic research has demonstrated the opposite to be true: contemporary and historically documented northern-hemisphere hunting and gathering societies rarely—if ever—use birch-derived resinous substances. The reasons for this are probably due to a complex range of factors including ecology, lifeways and beliefs, but require further dedicated work to fully understand. Nonetheless, our data strongly suggest that birch-derived resinous substances were used much more frequently during the Mesolithic, even when pine was available. We argue that birch tar may have held a historically specific significance for Mesolithic hunting and gathering societies because of its specific connection with the birch tree. Moreover, the wide-ranging evidence for diverse uses of birch and pine by historically documented and contemporary hunter-gatherer

societies indicates that, to date, we have been too reductive in the traditional technological categorization of Mesolithic resins and tars. Availability and convenience were not always the driving factors guiding decision making with regard to the procurement and production of resin and tars. Preferential use of birch products may instead have been bound up in entrenched socio-cultural traditions and generational knowledge of ‘the right way to treat the world’ (Blinkhorn & Little 2018, 417).

We have proposed a novel, integrated, theoretical framework which places emphasis on material ontologies and foregrounds the biographical and sensory affects of resinous substances in order to go beyond the conventional considerations of mechanical function. This approach, with a materiality focus, helps highlight the roles of trees and tree-derived products. An attention to materiality has further helped to identify birch tar as one of a small number of phase-change substances known to Mesolithic peoples. It is possible that the transformation of birch bark from a solid to liquid, and the same again in reverse, may have imbued tar with a sense of liminal agency. Its ability to transform human bodies—from open to closed wound, from pain to pain-free, and bring new life to broken ‘dead’ objects (pendants, hafted tools, containers, etc.) may have given this substance an elevated importance within hunter-gatherer belief systems.

Conceptualizing resins and tars in this wider fashion, supported by the sensory, theoretical and ethnographic evidence, enables greater diversity and social interpretations of the uses and functions of these substances in everyday Mesolithic life. Such an approach, we propose, has potential application beyond the Mesolithic period.

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Dedication

We dedicate this paper to our dear friend and colleague, Dr Donald Henson, who passed away during its writing after a short period of illness. Don had such a passion for the Mesolithic period and ethnobotany. Don's passing represents a significant loss to the Mesolithic research community; we will miss him dearly.

Supplementary material

Online Appendix Tables A & B may be found at <https://doi.org/10.1017/S0959774322000300>.

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