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Detecting Signatures Of Selection On Gene Expression

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26 **ABSTRACT**

27 A substantial amount of phenotypic diversity results from changes in gene expression levels and
28 patterns. Understanding how the transcriptome evolves is therefore a key priority in identifying
29 mechanisms of adaptive change. However, in contrast to powerful models of sequence evolution, we
30 lack a consensus model of gene expression evolution. Furthermore, recent work has shown that many
31 of the comparative approaches used to study gene expression are subject to biases that can lead to
32 false signatures of selection. Here, we first outline the main approaches for describing expression
33 evolution and their inherent biases. Next, we bridge the gap between the fields of phylogenetic
34 comparative methods and transcriptomics to reinforce the main pitfalls of inferring selection on
35 expression patterns and use simulation studies to show that shifts in tissue composition can heavily
36 bias inferences of selection. We close by highlighting the multi-dimensional nature of transcriptional
37 variation and identifying major, unanswered questions in disentangling how selection acts on the
38 transcriptome.

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51 INTRODUCTION

52 A growing body of evidence indicates that changes in patterns of gene expression play a key role in
53 phenotypic divergence. Within species, a single genome can encode multiple distinct traits by varying
54 expression levels of the underlying loci^{1,2}. Similarly, across species, divergence in gene expression is
55 implicated in major phenotypic differences that underlie adaptive change³⁻⁷. Given the importance of
56 gene regulation in shaping phenotypic diversity, transcriptome analyses are widely used as a genomic
57 tool to identify the genes that underlie phenotypic variation and the selective regimes acting on
58 them^{1,7}. However, the dominant mode of evolution acting on gene expression remains controversial.
59 Current evidence supports the notion that global patterns of gene expression evolve predominantly
60 under stabilizing selection but the extent of neutral evolution is heavily debated⁸⁻¹¹.

61 Much of this debate is driven by the lack of a consensus neutral model of transcriptome evolution. In
62 contrast to established models of sequence evolution that allow us to scan coding sequence data for
63 regions of adaptive evolution, gene expression can be complex and non-additive in its phenotypic
64 effects. This complexity has resulted in a wide range of approaches to study the evolution of gene
65 expression^{7,12,13}. Importantly, these approaches make direct assumptions about how expression
66 evolves across species, many of which have yet to be robustly validated, and these assumptions vary
67 extensively across models. Over the last decade, statistical frameworks developed in the field of
68 phylogenetic comparative methods have been applied to transcriptome data to infer selection^{12,14},
69 and these have provided important insights into patterns of expression divergence. However, in recent
70 years it has become clear that several of these phylogenetic comparative approaches suffer from
71 biases that often lead to false inferences of stabilizing selection when applied to real phenotypic
72 data^{15,16}. Many of the root causes of these biases are even more pronounced in transcriptomic data,
73 but the issues uncovered in the phylogenetic comparative literature¹⁵⁻¹⁷ are only rarely discussed in
74 the genomics field^{18,19}.

75 Finally, most studies make the explicit assumption that when differential gene expression is observed,
76 it is the direct result of regulatory change. In reality, this fundamental assumption may often be flawed
77 as most studies of expression evolution measure transcript abundance in bulk across heterogeneous
78 tissue samples and so cannot distinguish changes in gene expression from differences in tissue
79 composition²⁰⁻²². This problem undermines our current understanding of the nature and abundance
80 of variation in gene expression across species, and how it contributes to phenotypic divergence.
81 Although the implications of varying tissue composition across species for measuring differential
82 expression have been discussed²⁰⁻²², the consequences of how it affects the inference of expression
83 evolution have received less attention.

84 Here, we examine our current understanding of the evolutionary processes generating variation in
85 gene expression. First, we outline the main approaches for describing gene expression evolution,
86 examine their inherent biases, and synthesize findings to provide new perspectives to the debate over
87 how selection acts on the transcriptome. Second, we attempt to bridge the gap between the fields of
88 comparative phylogenetic methods and transcriptomics to reinforce the main pitfalls of inferring
89 selection on expression levels. Importantly, we discuss the consequences of changes in tissue
90 composition across taxa for the study of expression evolution, and use simulation studies to show that
91 this issue can heavily bias inferences of selection. We close by highlighting the multi-dimensional
92 nature of transcriptional variation and identifying major, unanswered questions in disentangling how
93 selection acts on the transcriptome.

94 **INFERRING THE MODE OF GENE EXPRESSION EVOLUTION**

95 Currently, a number of different approaches for analysing expression evolution have been proposed
96 in the absence of a single consensus model. These can be divided into three broad categories; (i)
97 contrasts between divergence and variation in expression (Fig 1A), (ii) phylogenetic comparative
98 methods (Fig 1B) and (iii) fitness-based approaches (Fig 1C). Importantly, each makes different
99 assumptions regarding the mode of expression divergence and are subject to distinct biases. With a

100 few exceptions^{18,19,23,24}, studies rarely interrogate multiple approaches and so it remains unclear
101 whether discrepancies between studies are biologically meaningful or caused by inherent
102 methodological differences. Below we synthesise results from different analytical frameworks to
103 provide an overview on the debate concerning the importance of selection versus genetic drift in
104 shaping divergence in gene expression levels.

105 ***Contrasting divergence and variation in expression***

106 Many early analyses of expression evolution tested for selection by contrasting expression divergence
107 between species against diversity within species^{5,25–28}. This method relies on the assumption that
108 neutral changes are based solely on the underlying mutation rate^{29,30} and so divergence between
109 species relative to polymorphism within species will be equal at neutral loci³⁰. When applied to
110 expression data, mutation leads to polymorphism, which can be inferred through variation in
111 expression level amongst individuals. Therefore, a neutral model of evolution can be rejected when
112 there are deviations from a balanced ratio of within to between species expression variation (Fig. 1A).
113 Studies employing this approach are dominated by two competing viewpoints. One posits that gene
114 expression is predominantly neutrally evolving^{13,25,26,31} and the other suggests widespread
115 conservation and purifying selection of expression levels^{27,28,32,33} with evidence of positive selection
116 acting on certain loci^{34–39}.

117 Analogous approaches using alternative neutral models of expression divergence have also found
118 broad support for stabilizing selection^{7,10}. One such approach uses mutation accumulation studies to
119 estimate neutral expectations of expression divergence and infer selection through contrasts with
120 natural populations^{40–42}. Most recently, the distribution of expression levels of F2 offspring from a
121 genetic cross has been used to estimate expected levels of neutral change⁴³. Here, under neutrality,
122 expression variance of the two parental populations should be equal to the F2 progeny as F2
123 expression levels result from random combinations of segregating alleles. Following this logic,
124 directional selection can be inferred when parental divergence is significantly greater than the neutral

125 expectation and stabilizing selection can be inferred when expression of parental populations is
126 significantly less diverged than expected. This study found widespread stabilizing selection on
127 expression level across a range of species, the magnitude of which was dependent on the species'
128 effective population size, consistent with population genetics theory that selection is more effective
129 in species with larger effective population sizes. Selection has also been inferred through comparisons
130 of additive genetic variance of expression (Q_{ST}) with sequence divergence in neutral molecular markers
131 (F_{ST}) across populations⁴⁴. However, while $Q_{ST}:F_{ST}$ approaches have been successfully applied to gene
132 expression variation in a few instances^{45–49} accurately estimating the additive genetic basis of gene
133 expression level can be challenging⁵⁰ and there is a tendency for dominance variance to bias Q_{ST}
134 estimates, potentially leading to incorrect inferences of neutrality⁴⁴.

135 Nonetheless, the broad approach of contrasting inter- and intra-specific expression variation offers a
136 tractable method to investigate selective forces shaping expression levels. However, one drawback is
137 that these tests assume species or populations are phylogenetically independent and do not account
138 for shared and often complex evolutionary histories. Therefore, in cases where more than one pair of
139 species are compared, these methods can produce evolutionary patterns that are generated by the
140 structure of the underlying phylogeny^{51,52}. Furthermore, the neutral expectation that expression
141 divergence equals diversity tends to break down over longer evolutionary time periods. This is because
142 gene expression divergence cannot accumulate indefinitely due to upper limits on the rate of
143 transcription. With increasing genetic distance, changes in expression among taxa may become
144 nonlinear, leading to instances of genetic drift being mistaken as directional selection^{13,19}. To test for
145 selection across multiple species and evolutionary distances, approaches that take a phylogenetic
146 perspective are required.

147 ***Phylogenetic comparative methods***

148 Phylogenetic comparative methods have been widely adopted to infer selection acting on phenotypic
149 traits for a number of decades^{14,52–54}. By incorporating phylogenetic information, these methods

150 account for shared ancestry and therefore can overcome issues of statistical non-independence.
151 Recently, these approaches have been widely applied to transcriptome data to infer selection acting
152 on gene expression by fitting a number of evolutionary models to expression data for a given
153 gene^{12,55,56} (Fig. 1B). A commonly used model, Brownian Motion (BM), assumes that expression
154 divergence between species will be a function of divergence time and evolutionary rate (σ^2), and, as
155 such, is often seen as analogous to genetic drift. A second model, the Ornstein-Uhlenbeck (OU) model,
156 adds an 'elastic band' element (α) drawing expression values towards an optimum (θ) across the
157 phylogeny, akin to stabilizing selection^{12,57}. The OU model can be extended to allow for branch-specific
158 events, such as shifts in optimum trait values^{12,58}, analogous to directional selection in particular
159 lineages.

160 To date, comparative transcriptomic analyses have found overwhelming support for stabilizing
161 selection on expression levels across a wide range of species, including *Drosophila*^{12,59}, African
162 cichlids⁶⁰ and mammals⁶¹. While this appears consistent with past work^{27,28,32,33}, using OU models to
163 infer selection has received repeated criticism within the phylogenetic comparative literature (BOX 1).
164 In essence, any factor that leads to a reduction of phylogenetic signal in species' trait values will favour
165 the inference of an OU process over BM, regardless of the underlying evolutionary process.
166 Importantly, failing to account for biological intraspecific variance or methodological measurement
167 error by running these models on a mean species expression value has been shown to erode
168 phylogenetic signal and lead to false inferences of stabilizing selection^{15,16,18} or branch-specific
169 selection¹⁹. These issues are particularly relevant to expression data, which can be noisy (i.e. subject
170 to a high degree of measurement error), particularly when environmental and developmental variance
171 is not strictly controlled for. The OU framework has been adapted to specifically include within-species
172 expression variability as an error term^{18,58,62}, and whilst it has been shown to reduce false inferences
173 of stabilizing selection, this approach has only been employed by a handful of studies^{24,63}.

174 Recently, Rohlf *et al.*¹⁹ built on this approach with the Expression Variance and Evolution (EVE) model
175 for testing expression evolution. This approach is grounded in the OU framework but incorporates

176 contrasts of expression variance within versus between species, analogous to divergence-diversity
177 ratio comparisons (Fig. 1A). This is a major advance as it accounts for evolutionary relationships
178 between species as well as incorporating a neutral expectation for expression divergence that is
179 dataset-specific. Interestingly, the few studies that have employed this approach have typically
180 revealed a higher proportion of genes evolving under directional than under stabilizing selection^{19,24},
181 and evidence for elevated rates of expression evolution consistent with adaptive evolution^{63–66}. This
182 contrasts with past evidence for stabilizing selection, outlined above, and may reveal the inherent
183 biases of simpler OU models. However, it should be noted that the studies that employed EVE were
184 primarily focused on contrasts of stabilizing versus directional selection not stabilizing versus neutral
185 evolution and so do not explicitly rule out neutral processes. Finally, EVE also relies on accurately
186 estimating parameters of the OU process, so it is still likely subject to similar pitfalls identified by the
187 phylogenetic comparative literature (BOX 1).

188 ***Fitness-based approaches***

189 Most recently, fitness-based approaches have been applied to study contemporary patterns of
190 selection acting on gene expression^{67,68}. One classical approach, which has been used to study a wide
191 range of morphological traits, uses regression-based methods to estimate the strength of selection⁶⁹.
192 In this approach, the covariance between fitness and gene expression is calculated to infer selection
193 differentials at each locus, which signify the mode of selection^{67,68} (Fig. 1C). To reduce noise and
194 computation time, as well as increase robustness of model prediction, expression data can be
195 transformed to reduce dimensionality (i.e., by PCA) and selection gradients can then be obtained to
196 estimate direct selection on suites of correlated transcripts. Recent studies have used these principles
197 to measure selection on gene expression in experimental contexts (e.g. by quantifying flowering
198 success and fecundity of rice grown in wet versus drought conditions⁶⁷) and in natural settings (e.g. by
199 measuring parasite load and survivorship of wild trout using mark-recapture⁶⁸). In contrast to
200 comparative approaches, neither of these studies found strong support for stabilizing selection, and
201 in one case, the dominant mode of selection was disruptive⁶⁸. Causes of this discrepancy require

202 further investigation, particularly whether or not this reflects methodological biases or difficulties in
203 accurately estimating fitness. However, it is possible that selection pressures vary over short- versus
204 long-term evolutionary time frames, and these approaches are capturing different snapshots of the
205 evolutionary process. Furthermore, unlike these fitness-based approaches, comparative phylogenetic
206 studies primarily rely on contrasting expression across highly-conserved orthologous genes, often
207 between very distantly related species, which likely biases our understanding of how gene expression
208 evolves. Gene duplicates are likely key to the evolution of tissue-specific expression patterns⁷⁰ and so
209 further work in this area might shed new light on how selection on gene expression varies across
210 genes.

211 **DECOMPOSING TRANSCRIPTIONAL VARIATION**

212 Approaches designed to test for selection on gene expression all make the explicit assumption that
213 differential expression is the direct result of regulatory change. However, in most cases, it is unclear
214 whether this assumption is valid as processes other than regulatory evolution can generate apparent
215 gene expression differences among taxa. For example, to date, studies have primarily used bulk
216 sequencing approaches to measure expression across aggregate tissues or even entire body regions,
217 which are often composed of many different cell types with variable expression profiles. In doing so,
218 these 'bulk' expression values represent an average of expression across entire populations of distinct
219 cell types. Here, we use existing single-cell expression data (scRNA-seq) for the developing chicken
220 hypothalamus⁷¹ to illustrate this (Fig. 2A). The developing hypothalamus at Hamburger-Hamilton
221 stage 10 is composed of three major cell types, where the FOXA1 cell type represents the greatest
222 proportion of cells. Each cell type exhibits a distinct gene expression profile but average expression
223 estimated across all cells, analogous to a bulk RNA-seq approach for the whole hypothalamus, is not
224 reflective of genuine variation in gene expression. The magnitude of this effect varies across genes,
225 consistent with recent work in the mouse gonad²¹ and primate heart tissue²².

226 Within species, dramatic changes in tissue composition are well documented throughout
227 development⁷¹⁻⁷³ and between the sexes⁷². This is exemplified by gonadal tissue, which exhibits sex-
228 specific cell types⁷² as well as a mix of haploid and diploid cells at various stages of differentiation⁷³⁻⁷⁶.
229 Similarly, changes in cell type abundance between homologous tissues are common across species,
230 particularly in the brain⁷⁷⁻⁷⁹ and testes^{21,80,81}, the latter likely as a result of varying levels of sperm
231 competition and sexual selection. For instance, New World Blackbird species under more intense
232 sperm competition exhibit a greater proportion of sperm-producing tissue in the testes⁸⁰. Importantly,
233 this means that samples that vary in tissue composition can produce patterns of differential
234 expression that are often mistaken as evidence of changes in gene regulation. Conversely, this
235 approach can also dampen or mask genuine differences in expression within or between populations
236 and species²⁰⁻²². Of course, changes in tissue composition, which encompass both changes in cell type
237 abundance within tissues and allometric scaling across them, are likely due to changes in gene
238 expression across development. However, these changes in expression will not be detected if
239 transcriptomes are measured after development is completed. Instead, the resulting differences in
240 gene abundance will be mistaken as causative adaptive changes (Fig 2B).

241 To our knowledge, only a handful of studies have directly accounted for the consequences of varying
242 tissue allometry when studying modes of expression evolution^{20-22,82,83}. Addressing this is a major
243 priority for the field. Recent advances in single-cell transcriptomics permit direct comparisons of
244 expression across homologous cell types in a comparative framework and so overcome issues of tissue
245 composition variation. However, scRNA-seq currently presents its own set of challenges both in terms
246 of expense and robustly identifying homologous cell types across species⁸⁴ (BOX 2). Importantly,
247 several fields, including cancer and developmental biology, have developed methods to deconvolve
248 expression data from complex tissues, and these are likely to be extremely valuable to evolutionary
249 genomics studies. We urge future studies to carefully consider these points in project design (BOX 2).

250

251 CHALLENGES OF INFERRING SELECTION

252 While the implications of varying tissue allometry for measuring gene expression change across
253 species have been discussed²⁰⁻²² (Fig. 2), the consequences of tissue composition on inferences of
254 expression evolution have received less attention. Most studies that test for selection on the
255 transcriptome use expression data generated from heterogeneous tissue, with the exception of recent
256 work that used cell sorting to isolate distinct cell types in the mouse testes⁶⁶. As discussed, there is a
257 tendency for phylogenetic comparative methods to falsely infer stabilizing selection or more complex
258 adaptive processes if non-evolutionary processes (such as measurement error) reduce phylogenetic
259 signal. Perceived changes in expression that are driven by variation in tissue composition across
260 species represent a prominent source of non-evolutionary expression variance and could therefore
261 bias inferences of selection. This possibility has yet to be formally examined and so, using a series of
262 simulated scenarios, we directly explore how shifts in tissue composition can bias the inference of
263 evolutionary processes in a phylogenetic framework.

264 We simulated three distinct scenarios to explore how asymmetry in tissue composition across a
265 phylogeny can drive false model inferences of expression evolution when applying comparative
266 methods (Fig. 3). We imagine a simple situation where a tissue is composed of two distinct cell types.
267 We estimate bulk expression values as a function of expression level in each cell type and their relative
268 abundances in the tissue, and fit a set of evolutionary models to this bulk expression.

269 First, we describe a scenario of extreme stabilizing selection on gene expression of a single locus. This
270 locus is highly expressed in one cell type and lowly expressed in the other, but importantly, expression
271 values are identical (i.e. not evolving) across species. However, the relative abundance of each cell
272 type is evolving under genetic drift and so varies across species (Fig. 3A, scenario i). As predicted, the
273 composite expression value is not reflective of single-cell expression levels nor consistent with
274 extreme stabilizing selection (Fig. 3B, scenario i). A phylogenetic comparative approach consistently
275 rejects a 'static' model of expression evolution and finds the greatest support for genetic drift as the

276 dominant mode of evolution (Fig. 3C, scenario i). In this instance, the false positive rate is around ~86%
277 relative to when these models are run on single-cell expression levels. This suggests that shifts in tissue
278 composition can lead to false inferences of evolutionary processes acting on gene expression in the
279 complete absence of any change in expression level within each cell type.

280 Second, we assume that gene expression is evolving under genetic drift. The two cell types are of equal
281 abundance in all species with one exception in which a lineage-specific change in cellular composition
282 occurs so that one cell type dominates (Fig. 3A, scenario ii). After model fitting, we find that this type
283 of composition shift in one lineage leads to false inferences of a shift in gene expression, consistent
284 with adaptive evolution (Fig. 3B & C, scenario ii). The scale of this bias is highly dependent on the size
285 of the allometric shift (Fig. 4A). Where the shift leads to a single cell type dominating, the actual mode
286 of evolution (i.e. genetic drift), will be rejected in ~35% of instances. While this extreme situation is
287 arguably biologically unrealistic, our simulations show that even marginal shifts in relative cell type
288 proportion result in elevated type 1 error rates. For example, across New World Blackbirds, the
289 proportion of seminiferous tissue in the testes ranges from 87% to 96%⁸⁰. This equates to a shift in the
290 proportion of ~9%. Even though our simulations use different starting conditions, it is clear that shifts
291 of a similar magnitude can result in increased type 1 errors.

292 Finally, we simulated a scenario where gene expression and cell type abundance both evolve under
293 genetic drift (Fig. 3, scenario iii). Here, we recover the true signal of genetic drift more reliably (Fig. 3C,
294 scenario iii). However, in all instances so far, we have assumed that gene expression at a single locus
295 is evolving independently in each cell type. While this is likely a reasonable assumption for some loci
296 that have evolved tissue- or cell-specific regulatory machinery^{85,86}, expression changes are probably
297 correlated in many instances. Interestingly, we find that this has implications for which evolutionary
298 processes are inferred (Fig. 4B). When tissue composition evolves across the phylogeny, the type 1
299 error rate is highly dependent on the level of expression covariance between the cellular components
300 of that tissue. In particular, if expression across cell types negatively covaries, where an increase in
301 expression in one cell type is associated with a decrease in expression in another cell type at a single

302 locus, the type 1 error rate can exceed 40% (Fig. 4B). The extent to which gene regulation is decoupled
303 across cell types is, in and of itself, an interesting question. But here we have shown that gene
304 expression covariation across cell types can also have profound implications for how we infer which
305 selective processes are operating.

306 These scenarios demonstrate the potential challenges of inferring selection on expression level using
307 data from heterogeneous tissues. It is also worth noting that our simulations are conservative as we
308 do not model other non-evolutionary sources of variation (such as measurement error and tree
309 topology error) that are likely to be common in transcriptome studies. We believe this highlights an
310 urgent need to reappraise our current understanding of expression evolution in light of these
311 underlying methodological issues. In particular, establishing (i) how often and by what magnitude
312 changes in tissue composition occur and (ii) the extent to which transcriptional variation is correlated
313 across cell types are important factors to consider when studying expression evolution using
314 phylogenetic comparative approaches with bulk RNA-seq. Unfortunately, we are not aware of a simple
315 solution for correcting the biases we have uncovered, beyond recommending the use of single-cell
316 data to study expression evolution where possible. However, while single-cell approaches are
317 increasingly available, the technical demands of this approach mean that they remain challenging for
318 many species. In the meantime, we urge caution when using phylogenetic comparative approaches
319 with bulk RNA-seq and recommend some steps to minimise other sources of error (BOX 2).

320 **FUTURE DIRECTIONS**

321 Given the importance of changes in gene regulation to phenotypic divergence, studying transcriptome
322 evolution is key to understanding adaptive change. As we discussed, we currently lack a consensus
323 neutral model of transcriptome evolution and it is debatable whether we expect this to be universal
324 across all loci due to the complex transcriptional architecture of many phenotypes. Here, we argue
325 that our understanding of the evolution of gene expression will permit critical advances as we continue
326 to link insights across layers of the genotype-to-phenotype map, developmental contexts, and

327 evolutionary timescales, with organismal ecology as our foundation. Below we identify major,
328 unanswered questions in disentangling how selection acts on the entire transcriptome. We note that
329 a complete understanding of how the transcriptome evolves also requires detailed knowledge of how
330 regulatory elements combine to facilitate expression change and how selection acts on these non-
331 coding regions^{87,88}, recently discussed elsewhere⁷.

332 ***Transcriptional diversity and layers of gene regulation***

333 Variation in splicing, whereby the same gene can express different RNA variants that produce distinct
334 proteins or isoforms, are a common source of transcriptional variation across species^{33,89–91} with
335 important phenotypic effects (recently reviewed^{92,93}). For genes with constraints on expression levels
336 (e.g. because of pleiotropic effects) alternative splicing may act as another adaptive mechanism of
337 gene regulation⁹⁴. Long-read sequencing methods have the advantage of producing full-length
338 transcript sequences⁹⁵, which can be a more reliable way to identify alternatively spliced variants in
339 transcriptomic datasets. Understanding the evolution of gene regulation will ultimately require an
340 integrated understanding of how and when differences in expression level and splicing contribute to
341 phenotypes under selection.

342 For transcriptional variation – whether in terms of expression level or alternative splicing – to be
343 selected upon, it must contribute to variation at the protein layer of the genotype-to-phenotype map.
344 Due to difficulties in assaying proteins in comparison to RNA, the links between transcription and
345 translation are underexplored, particularly in non-model organisms. Recent methodological advances
346 that measure rates of protein synthesis to assay the translome show that protein expression levels
347 evolve under stronger evolutionary constraint than transcript levels⁹⁶, and report a higher correlation
348 between the translome and proteome than between the transcriptome and proteome⁹⁷. However,
349 this effect tends to decrease for functionally relevant loci, such as differentially expressed genes⁹⁸.
350 This indicates that in many cases, mRNA abundance does not fully capture transcriptional variation,

351 and more work is needed to understand the complex relationship between transcription and
352 translation (e.g. mechanisms of buffering, feedback, degradation)^{9,99}.

353 ***Regulatory and co-expression networks***

354 The intrinsically correlated nature of gene expression means that identifying selection at a single locus
355 is hard to disentangle from the expression patterns at loci with shared architectures. To account for
356 this, we must either take on network-based approaches and try to account for connectivity or
357 covariance between loci, or we must reduce the dimensionality of our data. Furthermore, recent work
358 identifying key nodes in gene regulatory networks of health and disease phenotypes between sexes
359 also established that genes that appear architecturally central to a phenotype may also not appear
360 differentially expressed¹⁰⁰. Similarly, GWAS studies have revealed that complex phenotypes are often
361 the product of many different loci where regulatory networks are likely highly interconnected and
362 heritability is distributed across the entire genome¹⁰¹⁻¹⁰⁴. Together, this means that studying
363 expression on a locus by locus basis and not through inter-locus interactions may limit our ability to
364 understand the transcriptional architectures underlying adaptive phenotypes, and how this impacts
365 the mode and strength of selection on gene expression¹⁰¹.

366 ***Developmental context***

367 Phenotypic variation is produced by dynamic developmental changes through space and time. While
368 gene regulation is highly context-dependent in terms of tissue identity and developmental stage¹⁰⁵⁻
369 ¹⁰⁷, studies primarily test for expression evolution in a single snapshot, most often in adult tissues.
370 Single-cell transcriptomic methods offer a promising path to better understanding how these sources
371 of variation interface with gene expression through development and inform models of gene
372 expression evolution.

373 ***Genotype to phenotype to adaptation***

374 If our goal is to uncover how gene regulation underlies adaptation, we must link transcriptional
375 variation with organismal ecology and natural history. This effort is twofold, as it requires

376 understanding when and how selection acts on organisms, and how transcriptional variation
377 contributes to phenotypic responses to selection. Methods of surveying variation in gene expression
378 offer increasing precision and resolution. However, our ability to identify the evolutionary processes
379 causing this variation ultimately depends on our understanding of the organisms in question. Model
380 systems like yeast continue to enable high-throughput analyses that have yielded pivotal insights into
381 the evolution of the transcriptome^{7,108–111}, but non-model systems also hold promise for studying how
382 gene expression evolves under natural settings which may yield novel and more ecologically relevant
383 findings^{68,112}. Furthermore, it remains to be seen how results from microevolutionary studies within
384 or across a single generation integrate with those from macroevolutionary studies comparing diverged
385 lineages, and the relative roles of stabilizing versus directional selection across these scales.

386 **METHODS**

387 *Single-cell transcriptomics*

388 We analysed existing single-cell expression data (scRNA-seq) for the developing chicken
389 hypothalamus⁷¹. Cell types expressing 'PAX6', 'FOXA1' or 'SIX6' at Hamburger-Hamilton (HH)10 were
390 used in this study. Methods to identify cell types and estimate expression levels are published
391 previously⁷¹. Pseudo-bulk datasets were generated at HH10 by calculating the average expression
392 across cells in the 3 cell types.

393 *Simulations*

394 For the first scenario (Fig 3Ai), expression values were set at one and two in two cell types (A,B)
395 respectively. The relative proportion of each cell type (pr) was simulated under Brownian Motion (BM)
396 for 1000 unique trees of either 25 or 100 tips, using fastBM from phytools¹¹³ in R v4.1.1. The resultant
397 values were normalised between 0 and 1. Composite expression values for each tip (i) were calculated
398 as follows: (eq. 1) $exp_i = (pr_i \times 1) + ((1 - pr_i) \times 2)$.

399 For the second scenario (Fig 3Aii), expression values were evolved under BM over 1000 unique
400 phylogenies of 25 and 100 tips. The relative proportion of each cell type (pr) was set to 0.5 across the
401 phylogeny except for one randomly-chosen tip (t). For this tip, the relative abundance of one cell type
402 was shifted to an alternate value within the range 0 to 1 in 0.05 increments (Fig 4A). The composite
403 expression value of the shifted tip (t) was calculated as follows: (eq. 2) $exp_t = (pr_t \times exp_{At}) +$
404 $((1 - pr_t) \times exp_{Bt})$. Expression for the other tips (i) was calculated as above using equation (1).

405 For the third scenario (Fig 3Aiii), expression values were evolved under BM with varying covariances
406 between cell types A and B, with covariance values varying from -1 to 1 in increments of 0.05. In all
407 cases, σ^2 was set to 1.0001 and we examined trees of 25 and 100 tips. Simulations for each covariance
408 value were run 1000 times on unique trees. This scenario was run with both a fixed cell type proportion
409 (pr), where $pr = 0.5$ in A and B at all tips, and with proportion values evolving under BM (Fig 4B). The
410 composite expression value at each tip (i) was calculated as follows: (eq. 3) $exp_i = (pr_i \times exp_{Ai}) +$
411 $((1 - pr_i) \times exp_{Bi})$.

412 ***Fitting evolutionary models to composite expression levels***

413 We fit evolutionary models in R using phylolm¹¹⁴ for scenario one (Fig 3Ai) and OUwie¹¹⁵ for scenario
414 two (Fig 3Aii) and three (Fig 3Aiii). For the first scenario (Fig 3Ai), a static evolutionary model was
415 rejected if the 95% bootstrapped confidence interval for σ^2 crossed 0. If rejected, a BM, an OU
416 (Ornstein-Uhlenbeck), and a WN (White Noise) model were fit and their Akaike weights calculated.
417 The WN model was fitted by suppressing phylogenetic signal by fixing Pagel's λ to 0. We calculated
418 the type 1 error rate for scenario one (Fig 3Ai) as the rate at which a non-static model was accepted
419 in favour of the static model, relative to when the same set of models were applied to a single-cell
420 type simulation. For scenarios two (Fig 3Aii) and three (Fig 3Aiii), we fit a BM, an OU and an OU-shift
421 model, where in the latter the optimum value of the trait is allowed to vary on a single tip. For scenario
422 two (Fig 3Aii), the OU-shift model was fit so that the tip with the proportion shift was allowed the
423 alternate optima, whereas for scenario three (Fig 3Aiii), a random tip was allocated. For scenario two

424 (Fig 3Aii) and three (Fig 3Aiii), the type 1 error rate was calculated as the rate at which a non-BM model
425 was favoured (i.e. where $\Delta AICc > 2$) relative to BM, relative to when the same set of models were
426 applied to a single-cell type simulation.

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435 **AUTHOR CONTRIBUTIONS**

436 AEW, CRC, DHPD, PDP and JEM designed the review. DWK, ESP, AEW, CRC and PDP analyzed the data.
437 All authors wrote and edited the manuscript.

438 **DATA AVAILABILITY**

439 All data has been published previously⁷¹.

440 **CODE AVAILABILITY**

441 All code is publicly available at ([https://github.com/Wright-lab-2021-Transcriptome-
442 Evo/Inferring_expression_evolution_review](https://github.com/Wright-lab-2021-Transcriptome-Evo/Inferring_expression_evolution_review)).

443 **COMPETING INTERESTS STATEMENT**

444 The authors declare no competing interests.

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447 **BOX 1: Common pitfalls of inferring selection using Ornstein-Uhlenbeck models**

448 Recent work from the phylogenetic comparative methods field has revealed inherent biases in
449 estimating OU processes, often leading to false inferences of stabilizing selection. As these have
450 already been discussed elsewhere¹⁵⁻¹⁷, we summarise the main pitfalls in relation to transcriptome
451 studies.

452 ***Small phylogenetic samples***

453 Recent work has shown that the ability to accurately estimate parameters of the OU model is strongly
454 influenced by the number of species. Cooper *et al*¹⁵ simulated a range of phylogenies of varying size
455 under Brownian Motion and compared the fit of BM and OU models to test how often stabilizing
456 selection was falsely inferred. They found a high type 1 error rate, especially when the number of
457 sampled taxa was limited. For example, with a phylogeny of 25 species, stabilizing selection was falsely
458 inferred ~10% of the time. This is especially concerning for transcriptomic studies, which are
459 frequently comprised of far fewer species due to sampling and computational costs and employ
460 thousands of model comparisons in order to infer selection at each orthologous locus separately. We
461 do anticipate this concern will lessen as expression data becomes available for more species. However,
462 even with phylogenies of 100 species, Cooper *et al*¹⁵ still estimate a type 1 error rate > 0.05.

463 ***Measurement error***

464 Here, we use the term measurement error to broadly refer to any factor that adds noise to heritable
465 expression values. This includes (i) data quality problems, such as RNA degradation, sequencing and
466 assembly issues, (ii) low sample sizes and (iii) unwanted biological variance arising from the failure to
467 control for environmental variation across samples. Measurement error across lineages can erode
468 phylogenetic signal in the data, falsely biasing model selection away from BM models and towards OU
469 processes and the inference of stabilizing selection^{15,16}. Recent work has shown that even small
470 amounts of measurement error can be problematic, particularly when the number of taxa sampled is
471 small. For instance, Cooper *et al*¹⁵ estimate that with a phylogeny of 25 species and a 10% trait

472 measurement error, stabilizing selection will be falsely concluded ~50% of the time. This is a particular
473 concern for gene expression studies, as the environment can strongly influence gene regulation.
474 Studies should endeavour to control environmental conditions so that differences in expression across
475 samples reflects the heritable, genetic component of expression, as has been discussed previously^{8,116}.
476 Second, it is clear that using a single mean expression value for each species can lead to spurious
477 inferences of selection¹⁸, making multiple replicates essential. Importantly, the OU framework has
478 been extended to parameterise within-species variance as an error term^{18,58,62} and appears to be a
479 promising approach. Finally, there are methods to control for technical problems that can introduce
480 noise into measurements of expression, such as controlling for batch effects¹¹⁷⁻¹¹⁹.

481 ***Complex patterns of trait evolution***

482 Many phenotypic traits exhibit complex patterns of evolution and evolve at different rates across
483 lineages¹²⁰. While few studies have directly tested the tempo of expression change across species⁶⁰, it
484 seems likely that gene expression does not evolve at a constant rate but instead shifts as mutation
485 rate, selective pressures and pleiotropic constraints vary^{47,121,122}. However, many evolutionary models,
486 including BM and OU, assume a homogeneous process of trait change across lineages and/or through
487 time. This is analogous to fitting a fixed d_N/d_S across all branches when estimating selection on coding
488 sequences. Recent work has shown that fitting single-process models masks complexity and leads to
489 inaccurate inferences about the underlying evolutionary process¹²⁰. Comparative methods that
490 account for rate heterogeneity are available (discussed in¹²⁰), analogous to allowing d_N/d_S to vary
491 across branches, but to our knowledge have not been widely applied in the context of gene expression
492 evolution.

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497 **BOX 2: Best practises for inferring selection in a comparative framework**

498 Best practises for inferring selection on traits using comparative approaches have been discussed in
499 length in the phylogenetic literature^{15–17}. Briefly, to avoid false inferences of stabilizing selection (BOX
500 1), studies should (i) strive to minimise measurement error, (ii) maximise the number of species
501 sampled and (iii) use comparative approaches that parameterise within-species variance as an error
502 term. Below, we discuss additional recommendations.

503 ***Validation of model fit***

504 As discussed, many factors can bias model inference to conclude stabilizing selection over genetic
505 drift. The best fitting model is often chosen by comparing the relative fit of different models. However,
506 studies rarely examine the absolute model fit¹²⁰. This simple step, performed using existing methods
507 such as ARBUTUS¹²³ or in RevBayes¹²⁴, can be used to assess confidence in model selection. This
508 approach relies on the process of posterior predictive simulations, in which datasets are simulated on
509 the estimated parameters, and then a series of test-statistics are run on the simulated data. Similarly,
510 parametric bootstrapping approaches can be applied, resampling the data to generate a bootstrapped
511 sampling distribution from which test statistics are calculated. These results can then be compared to
512 the empirical data to assess the adequacy of the model. Using such approaches for model estimation
513 has been shown to outperform maximum likelihood approaches in specific cases¹²⁵.

514 ***Multiple testing and False Discovery Rate***

515 Comparative transcriptomics studies perform multiple statistical tests across thousands of genes
516 making them susceptible to the effects of multiple testing. Procedures including False Discovery Rate
517 (FDR) and Bonferroni corrections can easily manage this phenomenon^{126,127} yet are frequently not
518 included as standard in phylogenetic comparative transcriptomic approaches. Neutral simulations
519 under predicted parameters permits the estimation of the false discovery rate to account for the
520 inflation of false positives and can be implemented in EVE⁶⁵.

521 ***Single-cell transcriptomics***

522 By directly comparing gene expression level across equivalent cell types, comparative single-cell
523 transcriptomics (scRNA-seq) can circumvent problems arising when expression is measured from
524 heterogeneous tissue (Fig. 2). However, scRNA-seq is more challenging for many non-model
525 organisms, especially those sampled from the wild, as scRNA-seq performs optimally when single cells
526 are isolated and processed immediately after harvesting tissue. Although tissue dissociation and
527 storage techniques are being developed, such as methanol fixation and cryopreservation, there are
528 concerns that these can either bias expression profiles¹²⁸ or lead to cell death. However, we anticipate
529 that these challenges will be overcome as the field progresses and the costs of scRNA-seq will
530 decrease.

531 ***Consider tissue composition***

532 We suggest that where possible, studies should quantify cellular composition of the tissue in question
533 and how this varies across species. For instance, if a single cell type dominates or expression level is
534 dominated by one cell type, then our simulations suggest that the potential for bias is reduced.
535 Importantly, if scRNA-seq data is available for the tissue, it is possible to use this to directly test for
536 biases in cellular composition in bulk RNA-seq data^{83,129}. Deconvolution methods, such as Decon2¹³⁰,
537 BayesPrism¹³¹ or ABIS¹³², can be used to estimate cell type abundances and subsequently resolve
538 expression profiles closer to those observed from purified cell subpopulations or scRNA-seq. Such
539 methods have been widely implemented^{22,133,134}, and may prove valuable if they are able to be co-
540 opted into evolutionary genomic studies. Finally, we urge the use of sampling techniques to directly
541 isolate specific regions or cells of interest using microdissection or cell sorting to greatly reduce cell
542 composition complications, as discussed by Hunnicutt *et al*²¹.

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550 **FIGURES**

551

552 **Figure 1. Approaches to detect selection on gene expression.**

553

554 **Panel (a)** Gene expression evolution has been inferred by contrasting levels of variation within a focal
555 species to divergence across species in a pairwise framework. This principle is analogous to the Hudson
556 Kreitman Aguadé (HKA) test used to detect selection at the DNA level. The neutral expectation is that
557 divergence covaries linearly with intra-specific variance, at least over shorter evolutionary distances.
558 Loci with the highest or lowest levels of intra-specific expression variation relative to neutrality are
559 the best candidates for balancing or directional selection respectively. Loci under stabilizing selection
560 should exhibit limited biological variance and divergence. **Panel (b)** Phylogenetic comparative analyses
561 enable comparisons across species to distinguish between evolutionary processes. Brownian Motion
562 models neutral trait evolution via an unconstrained random walk. It assumes that divergence time
563 between species will describe the diversity across the phylogeny with only one parameter σ^2 , the drift
564 rate, and that variance at the tips of the phylogeny will equal $T\sigma^2$. The Ornstein-Uhlenbeck (OU) model
565 assumes that gene regulation follows a stochastic process that is attracted towards a single optimum
566 value, consistent with stabilizing selection. The additional parameters are therefore α , the strength of
567 pull, and θ , the evolutionary optima. This framework has been extended to test for branch specific
568 processes by incorporating multiple optima to test for expression divergence in specific lineages (red
569 line). **Panel (c)** Phenotypic selection analyses have been applied to gene expression data to infer the
570 mode and strength of selection. These employ multiple regression of relative fitness on multiple traits
571 to calculate selection differentials that estimate total selection (direct and indirect) on gene
572 expression. The covariance between fitness and expression is calculated to infer linear (S) and
573 quadratic (C) selection differentials at each locus, which signify directional, stabilizing, or disruptive
574 selection. The linear selection differential estimates positive versus negative directional selection,
575 while the quadratic selection differential estimates disruptive versus stabilizing selection. This panel
576 is adapted from Groen et al (2020)⁶⁷, which used this approach to measure selection on gene
577 expression in rice. Rice was grown under wet (blue) and dry (yellow) environmental conditions, and
578 organism traits and fitness were measured.

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582 **Figure 2. Variation in tissue composition can lead to the perception of differential expression.**

583

584 Schematic illustrating how variation in tissue composition can bias perception of expression measured
585 from bulk RNA-Seq within (panel a) and across species (panel b). **Panel (a)** The chicken hypothalamus
586 is comprised of 3 major cell types at developmental stage HH10. Pie chart (top) shows the proportion
587 of cells in each cell type. Heatmap (bottom) shows gene expression measured across cells in each cell
588 type and average 'bulk' expression estimated across all cells, equivalent to generating RNA-seq data
589 from the whole tissue. Each cell type exhibits a distinct gene expression profile and bulk expression
590 does not accurately reflect this. Data from⁷¹. **Panel (b)** shows how differences in tissue composition
591 between species can lead to the false perception of differential expression. Here we illustrate a single
592 tissue comprised of two cell types, type 1 (blue) and type 2 (yellow), in two species. During
593 development in Species 1 (left panel), cell type 1 and 2 have the same rate of cell proliferation. The
594 resulting tissue is evenly comprised of each cell type. Cell type 1 only expresses gene 1 and cell type 2
595 only expresses gene 2. Bulk RNA-Seq expression reflects single cell expression. In Species II (right
596 panel), an increase in the rate of cellular proliferation for cell type 1 results in a greater proportion of
597 cells of type 1 in the resulting adult tissue. Even though there has been no change in per cell expression
598 of either gene 1 or 2, the relative expression from bulk RNA-Seq of the entire tissue results in the
599 perception of higher expression of gene 1 and lower expression of gene 2 compared to Species 1.

600

601 **Figure 3. Inferring selection when expression level is measured from a heterogeneous tissue.**

602

603 Three scenarios illustrating potential pitfalls of inferring selection on gene expression level at a single
604 locus using phylogenetic approaches when expression is measured from bulk sequencing. **Panel (a)**
605 The first column shows the expression level of a single gene in two different cell types across a
606 phylogeny. High levels of expression are in dark pink and low expression in light pink. The relative
607 proportion of each cell type is indicated by the size of the rectangle where cell type A is on the left and
608 cell type B is on the right. **Panel (b)** This column shows the composite expression level of the gene as
609 a function of cell type proportion and gene expression in each species. This would be analogous to
610 measuring expression in bulk from a heterogeneous tissue. **Panel (c)** Results of simulated phylogenetic
611 comparative analyses for each scenario with a phylogeny of 25 (blue) or 100 (yellow) tips on 1000
612 unique trees. Abbreviations of phylogenetic models are BM (Brownian Motion), WN (White noise),
613 OU (Ornstein-Uhlenbeck model) and BS (OU model with a branch shift). These models were fitted on

614 the simulated bulk expression values and the relative support for each model is calculated using Akaike
615 weights. Error bars show standard deviation around the mean across simulations. Type 1 error rates
616 for each scenario relative to when these models are fit to expression at the single-cell level are shown.
617 In scenario (i), expression values are static across the phylogeny for each cell type but cell type
618 abundance is evolving under BM. However, phylogenetic approaches falsely infer that expression is
619 evolving under BM. For (ii), expression in both cell types is evolving under BM, whereas tissue
620 composition is stable across the phylogeny with the exception of one tip which has undergone an
621 allometric shift. Here, phylogenetic approaches falsely infer an adaptive shift in expression on a single
622 branch. For (iii), gene expression in both cell types, as well as cell-type abundance, is evolving under
623 BM. However, phylogenetic approaches increasingly falsely infer stabilizing selection on expression
624 level.

625

626 **Figure 4. The magnitude of allometric shift and covariance of expression level biases the inference**
627 **of selection.**

628

629 **Panel (a)** The probability that regulatory selection is incorrectly inferred increases substantially with
630 the magnitude of an allometric shift. This plot is a more detailed representation of Fig. 3ii, where one
631 species undergoes a shift in tissue composition, ranging from when a tissue is composed of two cell
632 types at equal proportion to when only a single cell type is present. All other species have a tissue
633 composition of 50:50 and expression is evolving under Brownian Motion (BM) in each cell type. **Panel**
634 **(b)** Covariance of expression between cell types biases inferences of selection. This plot is an extension
635 of Fig. 3iii. Expression is evolving under BM but cell type composition is either static (dotted lines) or
636 also evolving under BM (solid lines). We varied the extent to which gene expression is correlated
637 between cell types, ranging from negative covariance, where expression levels increase in one cell
638 type at the same time as decreasing in the other cell type, to positive covariance, where expression
639 levels decrease or increase in both cell types in a correlated manner. The relative type 1 error rate was
640 calculated as the rate at which a BM model was not best fit to the composite expression value relative
641 to the equivalent error rate when models are fit to single cell simulations.

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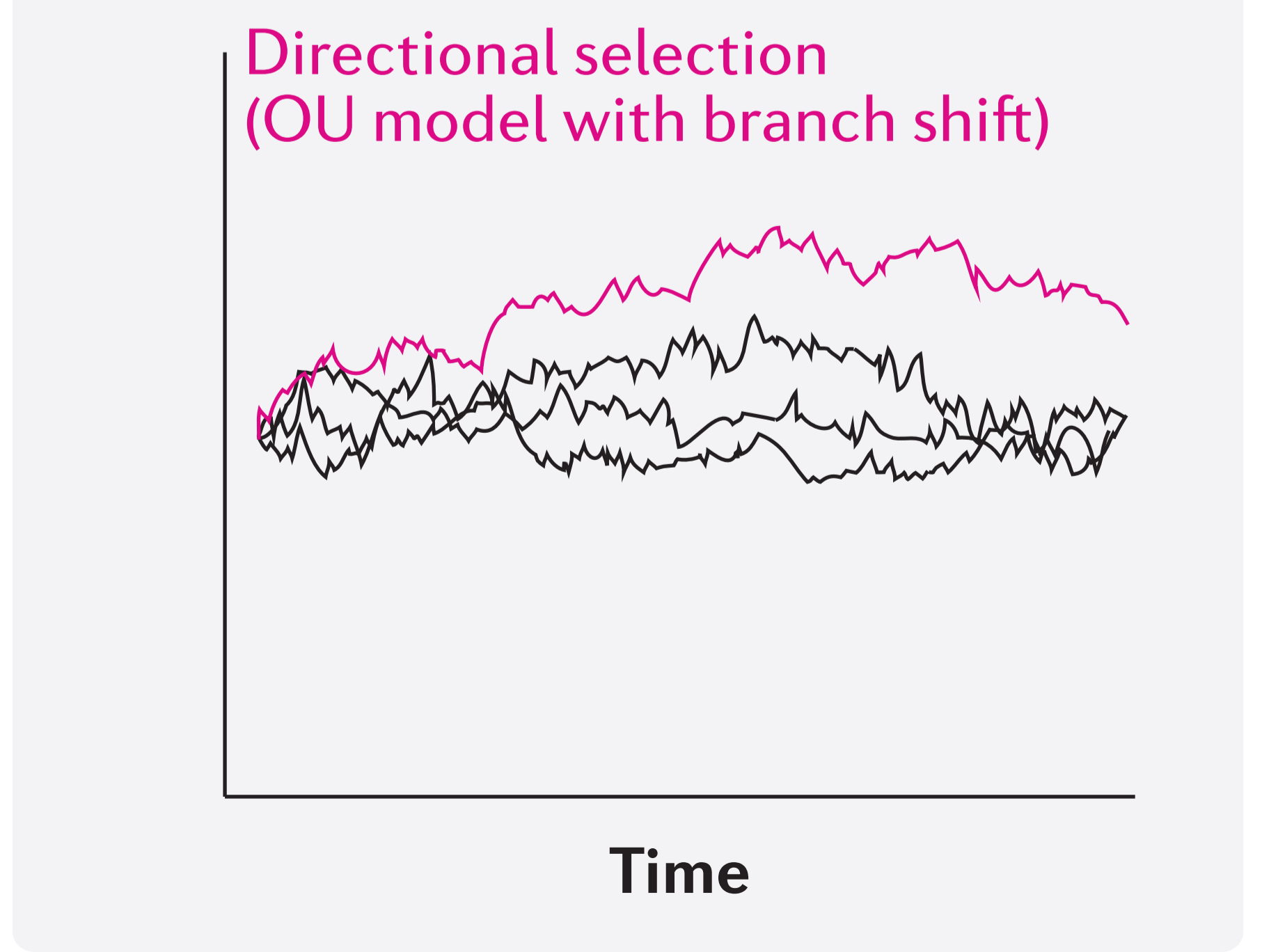
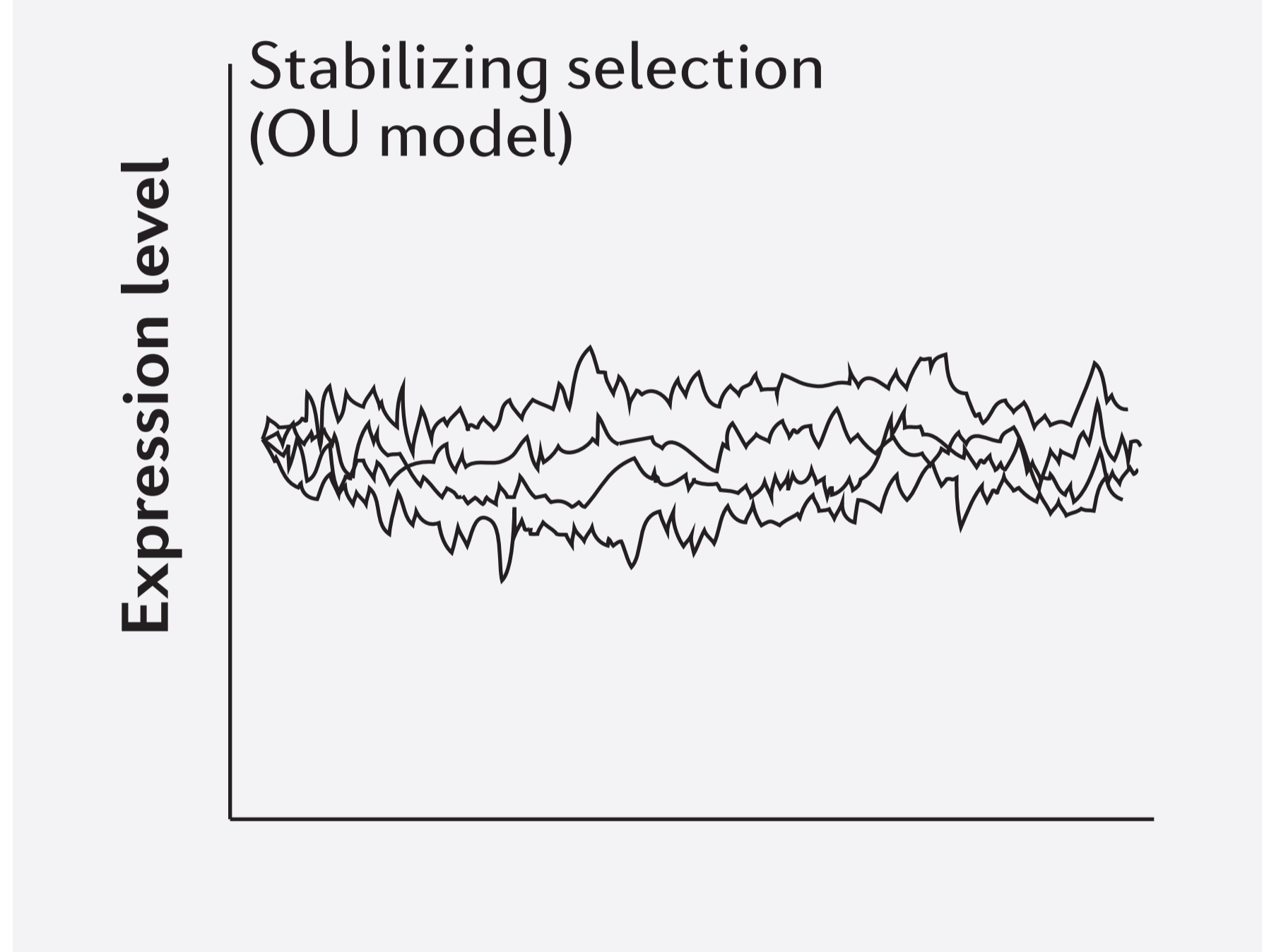
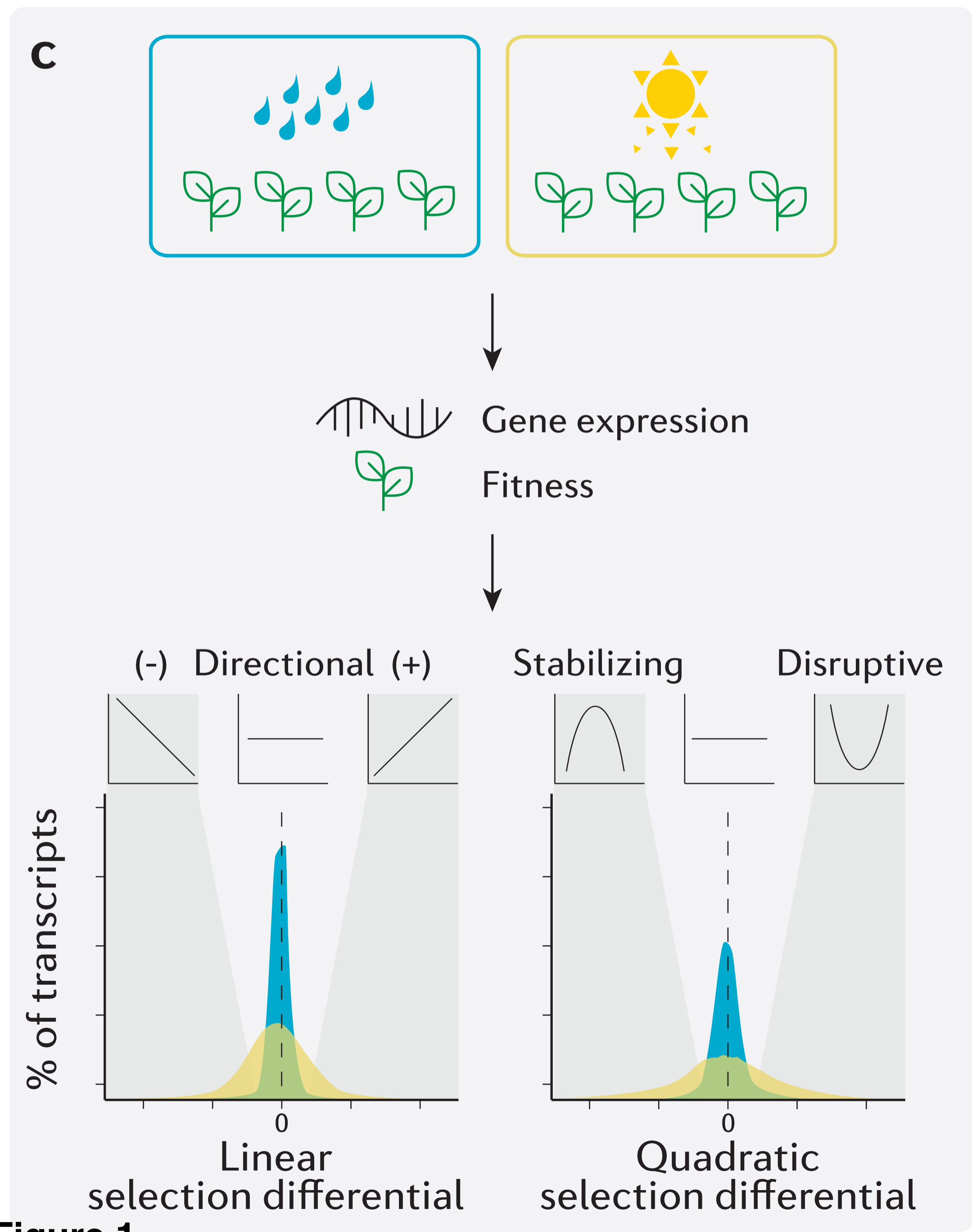
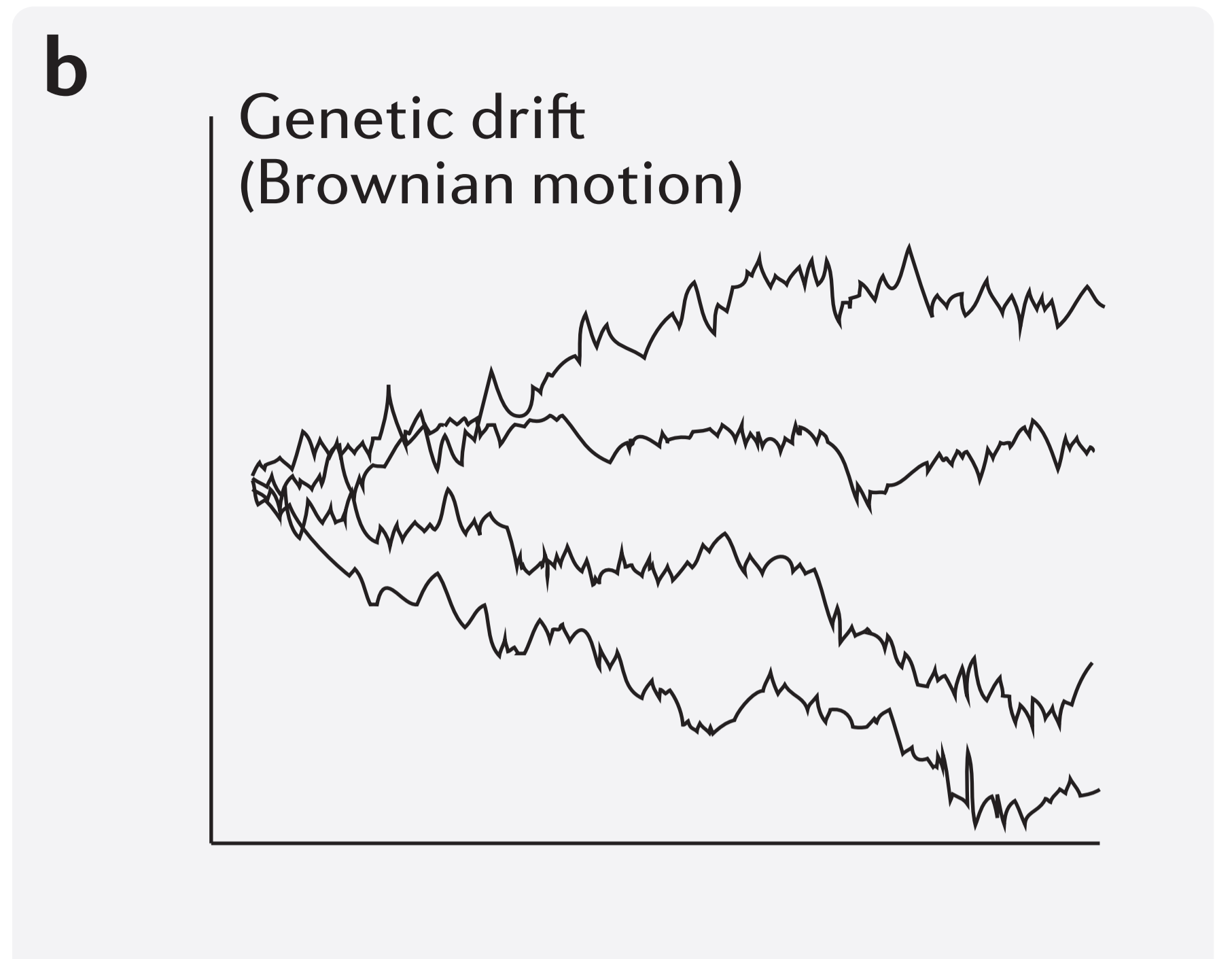
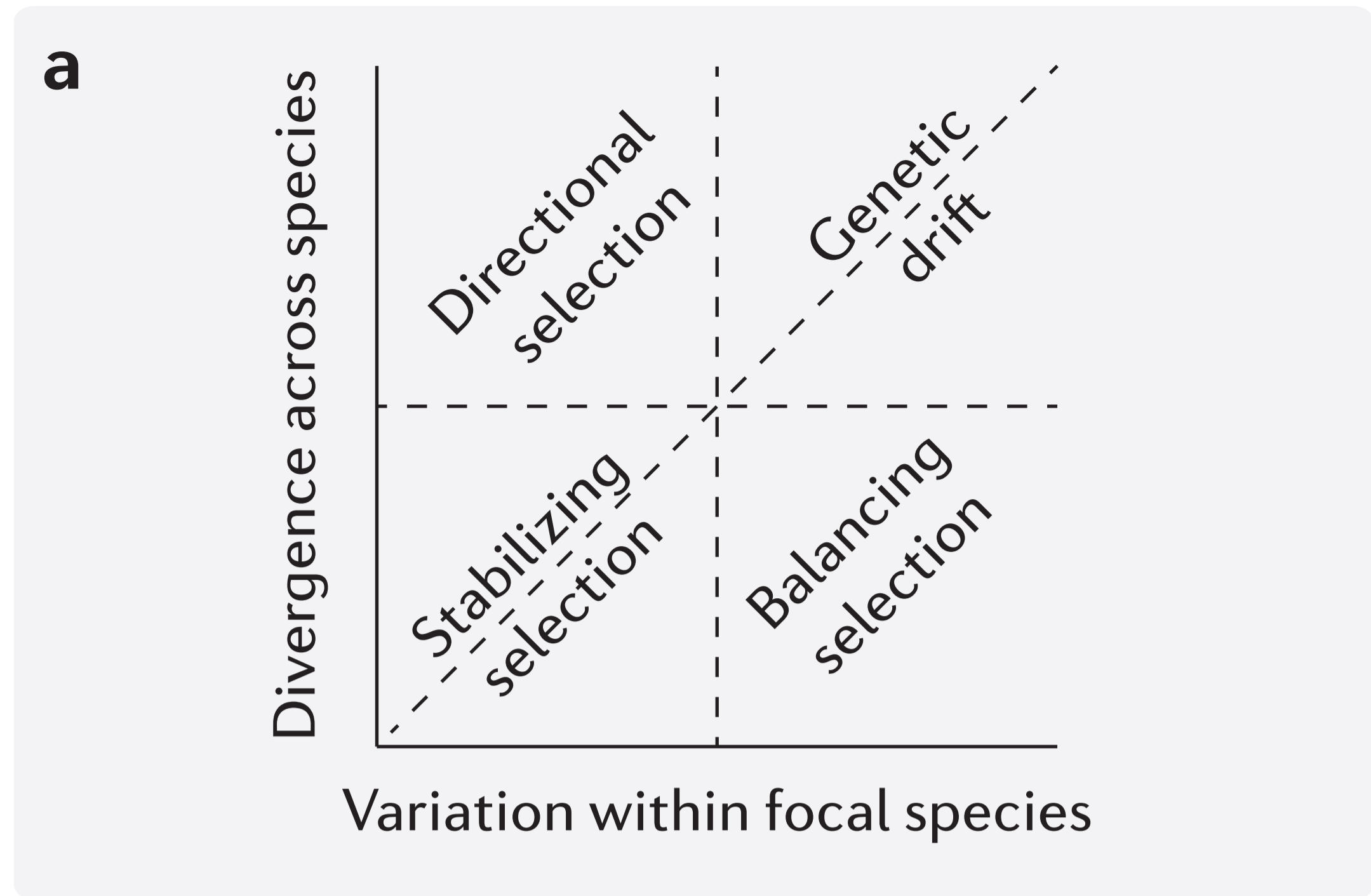


Figure 1

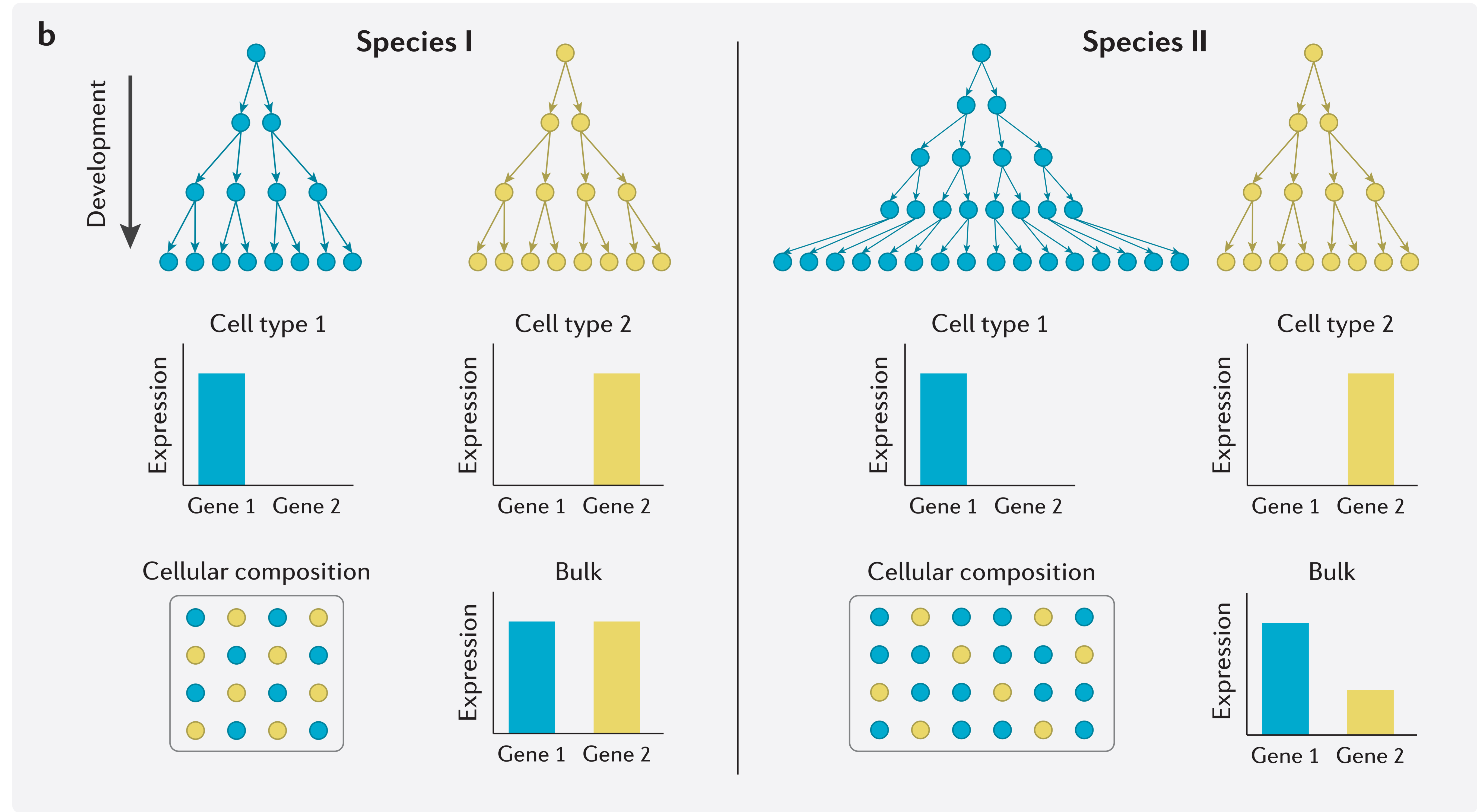
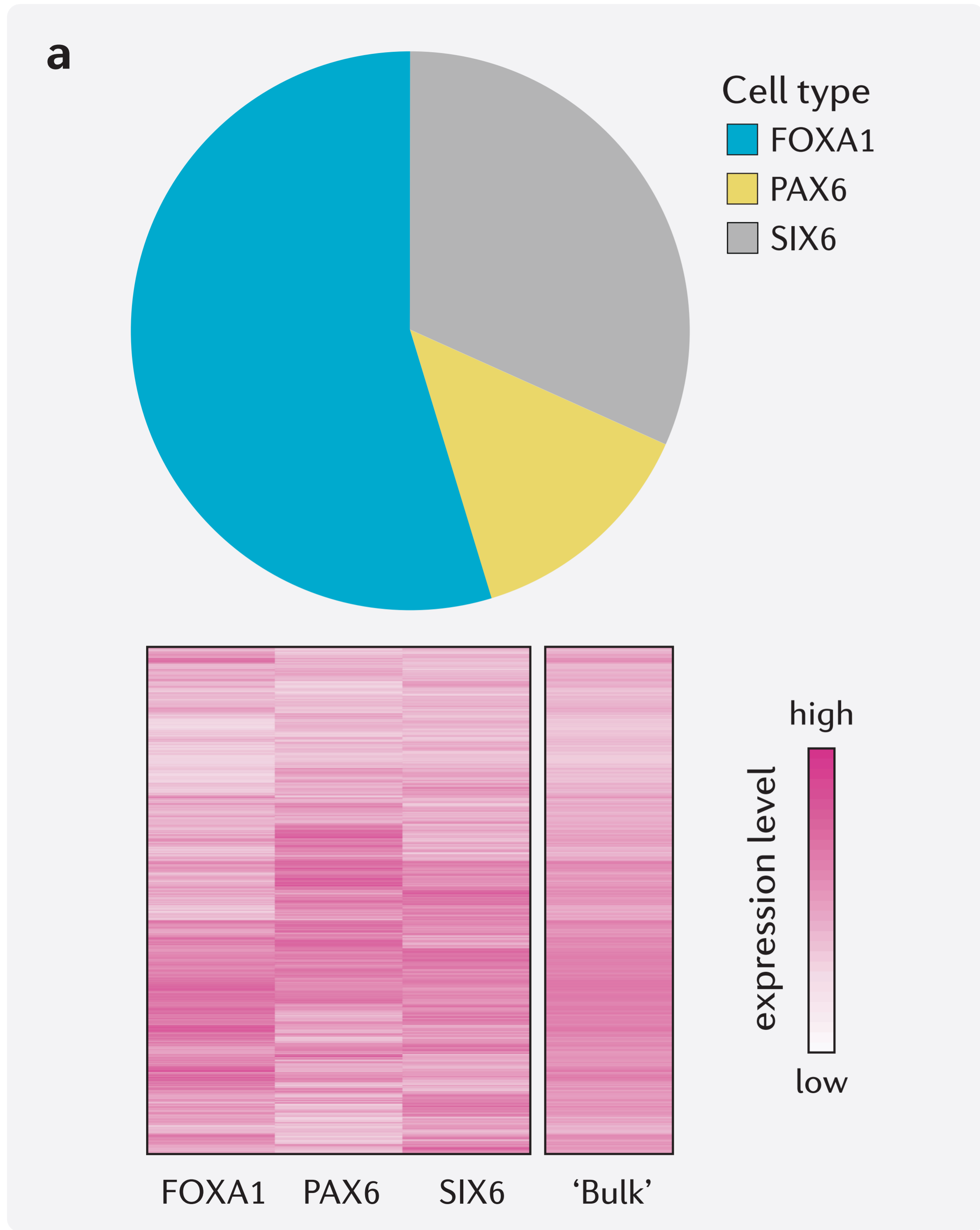


Figure 2

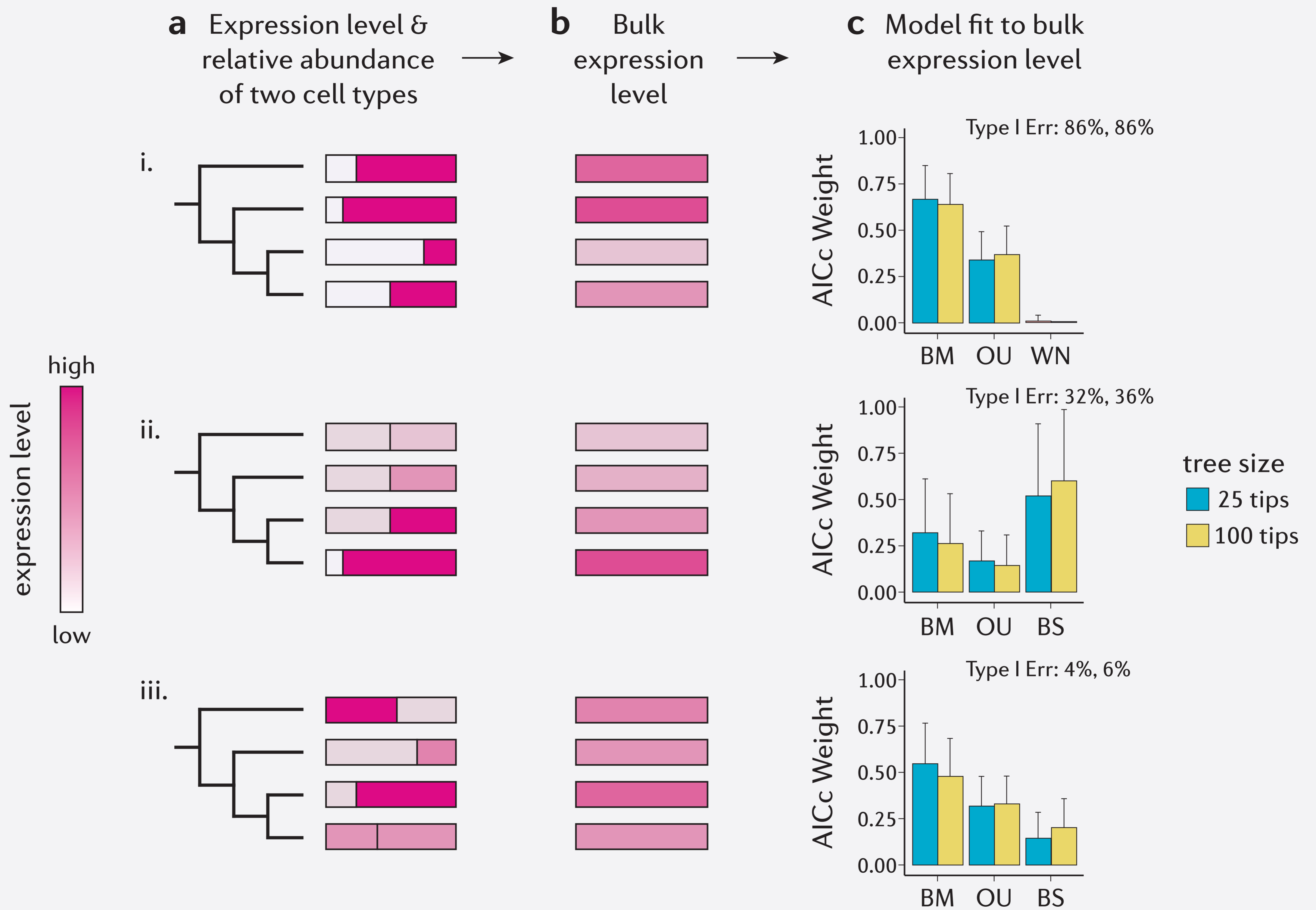


Figure 3

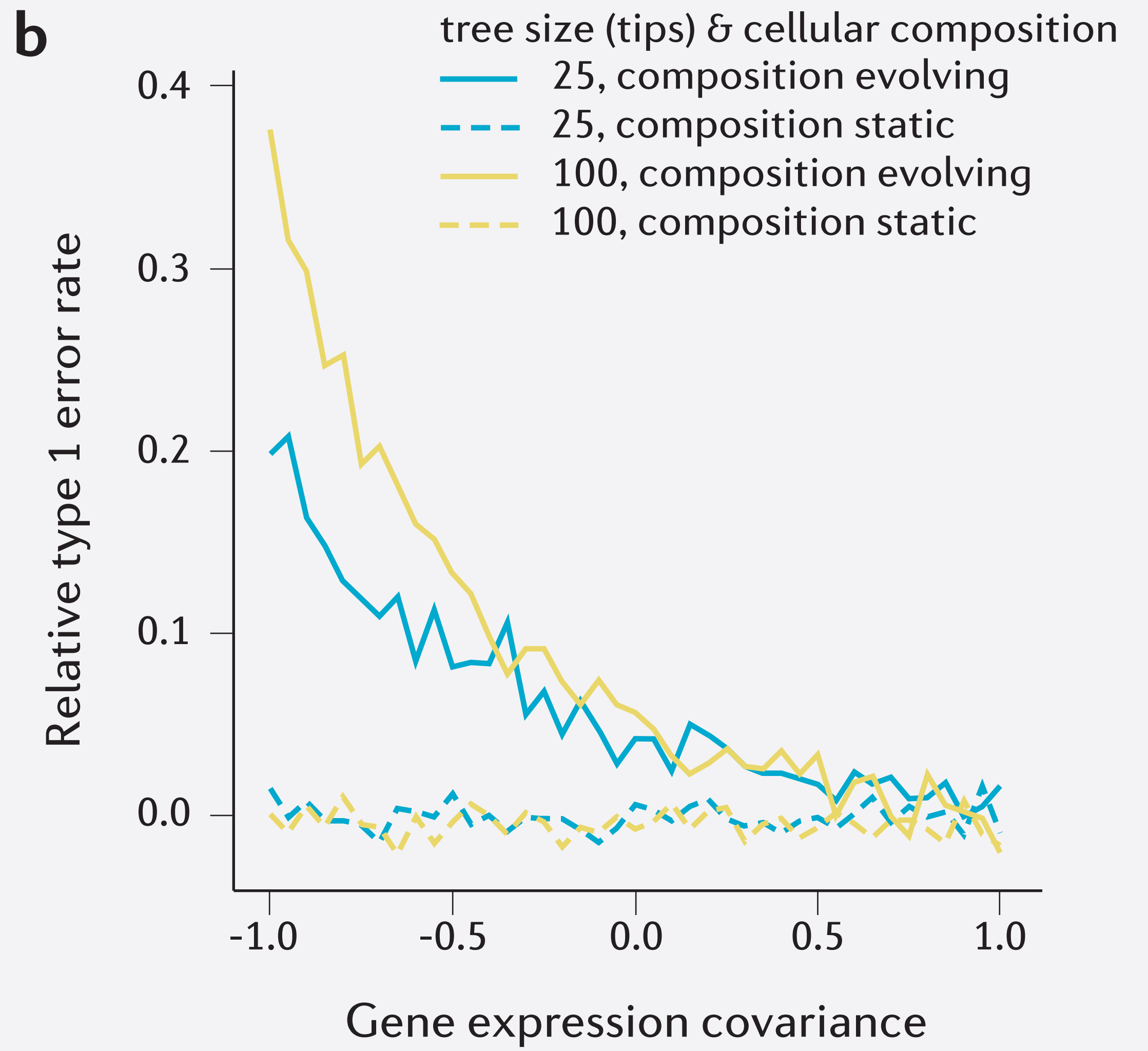
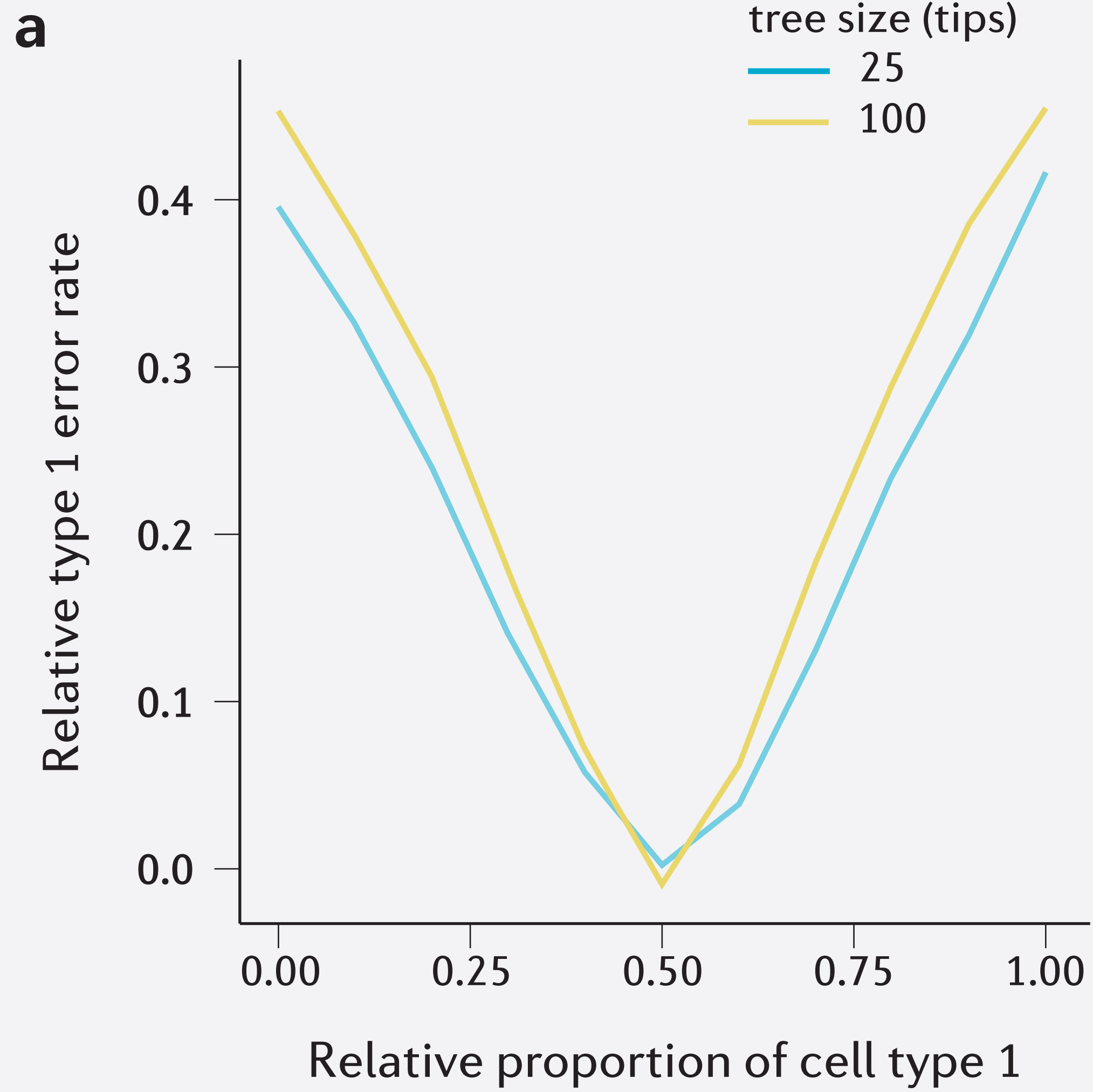


Figure 4