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1 **Physical properties and bioactivities of chitosan/gelatin-based films loaded with**
2 **tannic acid and its application on the preservation of fresh-cut apples**

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20 **Abstract**

21 The aim of this research is to develop composite (CG-TA) films by using chitosan (CS)/gelatin
22 (GL)/tannic acid (TA), for fresh-cut apples preservation. TA was used as the crossing-linking agent to
23 improve the mechanical and barrier properties, and as the active substance to improve the anti-ultraviolet
24 and antioxidant abilities of the chitosan/gelatin (CG) film. With the incorporation of TA from 0 to 1 wt%,
25 the tensile strength of the CG film was increased while the water vapor and oxygen permeability of the
26 film were decreased. The CG-TA films containing more than 0.5 wt% of TA could effectively block most
27 of UV light. The DPPH radical scavenging assay significant increased to 89.3 % when the concentration
28 of TA reached 2 wt%. Finally, CG and CG-TA films, as an active packaging material, were used to
29 preserve the cold-stored fresh-cut apples. Compared with CG film, the CG-TA films obtained better
30 performance on decreasing weight loss, delaying browning degree, inhibiting the lipid oxidase activity
31 and decreasing the malondialdehyde content during 10 d of storage under 4 °C. Therefore, CG-TA films
32 were expected to be a new active packaging material for preserving fresh-cut apples.

33 **Keywords:** Chitosan; Gelatin; Tannic acid; Active food packaging; Fresh-cut apples.

34

35 **1. Introduction**

36 The preservation for fresh-cut food products has become a critical issue, with the expanding market.
37 This is because many fresh-cut food products are perishable. For example, fresh-cut fruit are susceptible
38 to enzymatic browning and flavor loss during storage (Alves et al., 2017; Yousuf et al., 2018). Hence, to
39 reduce their quality loss and therefore extend their shelf life is meaningful.

40 In recent decades, much attention has been paid to active food packaging with antioxidant and anti-
41 ultraviolet properties, which goes beyond the traditional food packaging mainly with barrier abilities.
42 Active packaging materials could help to maintain the postharvest quality and extend the shelf life of
43 fresh-cut fruit by providing a suitable microenvironment. Gómez-Estaca et al. (2014) reported that
44 antioxidant packages maintained an internal environment suitable for food storage by continuously
45 releasing antioxidants or removing undesirable compounds. Vilela et al. (2018) found ultraviolet
46 packages can protect packaged food by decreasing the photo-oxidation in the packaging. Therefore,
47 active packaging is considered as a potential approach to improve the postharvest quality of the fresh-
48 cut fruit.

49 For modern food industry, eco-friendly and non-toxic materials are always highly desirable, and
50 active food packaging materials have no exception. Hence, many studies focused on developing active
51 packaging materials by using polysaccharides (Salarbashi et al., 2016) and proteins (Chollakup et al.,
52 2020). Gelatin (GL) is a product formed by partial hydrolysis of collagen. Due to its abundant source,
53 relatively low cost and excellent functional property, GL has become one of the most commonly used
54 biomaterials to prepare biodegradable packaging materials (Gómez-Estaca et al., 2009). However, GL
55 film has poor water barrier and mechanical properties, which are the most detrimental problem in the
56 application process. Chitosan (CS) is cationic polysaccharide isolated from deacetylation of chitin. CS

57 film has been widely studied in food packaging, to their good biocompatibility, mechanical property and
58 antibacterial capacity (Qiao et al., 2020). Usually, the mechanical property of the polymer films could be
59 modified by using two or more polymers (Hedayatnia et al., 2019). For example, CS was usually used to
60 combine with GL to develop the blend films with improved mechanical and barrier properties, because
61 of their electrostatic interactions and intermolecular hydrogen bonding (Gómez-Estaca et al., 2010).

62 Cross-linking agents can further improve the mechanical and barrier properties of biological films
63 by building a dense cross-linking network in film matrix (Choi et al., 2018). Tannic acid (TA) is an
64 abundant plant-derived polyphenol, which is recognized as a natural substitute for chemical cross-linking
65 agents. The previous studies have reported that GL film could be cross-linked by the TA to improve the
66 mechanical performance of film (Anvari and Chung, 2016). The cross-linking capacity of TA in CS film
67 was also evaluated by Rivero et al. (2010). Besides, the phenolic compound, as an active agent, can also
68 improve the bioactivities of the biological films. The antioxidant, anti-ultraviolet and antitumour
69 capacities of the TA have recently received considerable attention. Zhang et al. (2020) developed a novel
70 cellulose/tannic acid composite films, and the addition of TA endowed the films with strong anti-biofilm
71 activity. Li et al. (2019) found that the antioxidant and UV-absorbing activities of cellulose nanofibrils
72 were increased with the incorporation of TA. Therefore, TA as an active substance can incorporate with
73 film matrix to develop active packaging. However, to our best knowledge, there is no relevant report that
74 using CS /GL-based film loaded with TA as an active packaging material to preserve the fresh-cut fruit.

75 Hence, the aim of this work was to develop the composite CG-TA films with improved physical
76 properties and bioactivities and then to investigate its ability to improve the postharvest quality of a
77 typical fresh-cut fruit (apple). The intermolecular interactions, microstructure, optical, mechanical and
78 barrier properties of the films were characterized. Moreover, the functional properties including anti-

79 ultraviolet and antioxidant capacities were investigated. Finally, the composite films were used to
80 preserve the fresh-cut apples, and the relevant quality indexes including weight loss, browning index,
81 lipoxygenase (LOX) activity and malondialdehyde (MDA) content, were determined.

82 **2. Materials and methods**

83 **2.1. Materials and reagents**

84 TA was purchased from Sangon Biotechnology Co., Ltd. (Shanghai, China). Other materials and
85 reagents including CS powder (Mw: 117.000 g mol⁻¹, deacetylation degree: 80 %), gelatin (bloom 260,
86 molecular weight of 5.2 × 10⁴ Da, type B), 2,2-diphenyl-1-picrylhydrazyl (DPPH), trichloroacetic acid
87 (C₂HCl₃O₂) and acetic acid (CH₃COOH) were all purchased from Sinopharm Chemical Reagent Co., Ltd
88 (Shanghai, China). All the reagents used were in analytical grade. “Fuji” apples of uniform size, color,
89 maturity and no physical damages were purchased from the local market (Zhenjiang, China).

90 **2.2. Preparation of CG-TA composite films**

91 In this study, a two-step method of mixing and drying was used to prepare the films according to
92 the method reported by Zhang et al. (2019) with slight modifications. Briefly, 2 % (w/v) of CS solution
93 was prepared by dissolving CS powder into distilled water containing 2 % (v/v) acetic acid with stirring
94 for 3 h at 60 °C. 2 % (w/v) of GL solution was prepared by dissolving GL into distilled water with stirring
95 for 2 h at 50 °C. Afterward, the blend solution was prepared by mixing the CS and GL solution at a ratio
96 of 1:1 (v/v) and continuously stirred at 50 °C. The TA with different quality (0, 0.5, 1 and 2 wt% based on
97 the total weight of the chitosan and gelatin) was added into the blend solution to prepare the final
98 composite solution. After thoroughly stirring and degassing, the composite solution was distributed into
99 a plastic petri dish and dried in an incubator at 25 °C with 75 % relative humidity (RH). The composite
100 film containing 0, 0.5, 1 and 2 wt% of TA was named as CG, CG-TA I, CG-TA II and CG-TA III film,

101 respectively. Before testing, all films were conditioned in a desiccator with 75 % RH at 25 °C for 48 h.

102 **2.3. Characterization of the composite films**

103 **2.3.1. Fourier transform infrared (FT-IR) spectroscopy**

104 FT-IR spectrum of the film was measured using a Nicoletis50 infrared spectrometer (Perkin Elmer
105 16 PC spectrometer, Boston, USA), equipped with an attenuated total reflection (ATR) accessory. The
106 spectrum was analyzed at a resolution of 2 cm⁻¹ in the wave number range of 1000–4000 cm⁻¹.

107 **2.3.2. Scanning electron microscopy (SEM)**

108 The cross-section of the film was characterized by a scanning electron microscopy (S-4800, Hitachi
109 High-Technologies Corporation, Japan), and its accelerating voltage was 5 kV. All film samples were
110 pasted on the specimen holder with double-side adhesive tape and then sprayed with gold in a vacuum
111 evaporator.

112 **2.3.3. Color measurement**

113 The color of the film was analyzed using CR-400 Minolta colorimeter (Minolta Camera, Co., Ltd.,
114 Osaka, Japan) with a white plate (L^* (99.46), a^* (-0.08) and b^* (-0.10)) as the standard background. The
115 color parameters (L^* , a^* and b^*) were determined by calculating the average value of five random points
116 on the film sample.

117 **2.3.4. Mechanical property**

118 According to ASTM D882-00 standard method, tensile strength (TS) and elongation at break (EB)
119 were measured using an Instron Universal Testing Machine (Model 4500, Instron Corporation, Canton,
120 MA, USA). Before test, all films were cut into strips of 60 mm length and 20 mm width. Film sample
121 was fixed between tensile grip and the initial grip. The initial grip separation and cross-head speed was
122 set at 40 mm and 0.06 mm s⁻¹, respectively. Each film sample was analyzed by ten replicates, and final

123 measurement was represented by the average value.

124 **2.3.5. Water vapor permeability (WVP)**

125 The WVP of the film was determined according to the ASTM E96-95 standard method. The opening
126 of centrifuge tube (50 mL) containing 20 mL distilled water was tightly sealed by film samples. The
127 centrifuge tube was placed in a desiccator containing entirely dried silica gel. The weight of the tube was
128 measured every 2 h for 48 h. The WVP of each film sample was calculated by the following equation:

$$129 \text{ WVP} = \frac{M \times d}{S \times t \times \Delta P} \quad (1)$$

130 where M was the changed weight of centrifuge tube (g), d was the average film thickness (mm), S was
131 the transfer area (m²), t was time (s), and ΔP was the partial water vapor pressure difference between the
132 distilled water and dry atmosphere.

133 **2.3.6. Oxygen permeability (OP)**

134 The oxygen permeability (OP) of film was determined using a Model GTR-7001 automated oxygen
135 permeability testing machine (Systester Instruments Co., Ltd., Jinan, China) following the standard
136 method (ASTM D3985-05, 2005). One side of the film sample was oxygen and the other side was
137 nitrogen. Oxygen transmission rate (OTR) was measured and OP was calculated according to the
138 equation:

$$139 \text{ OP} = \text{OTR} \times \frac{d}{\Delta P^*} \quad (2)$$

140 Where, d was film thickness (mm), and ΔP^* was the partial pressure of oxygen.

141 **2.3.7. UV-vis barrier property**

142 UV-vis spectroscopy of the film was measured using a UV-vis spectrophotometer (Agilent CARY
143 100, Varian Corporation, USA) at selected wavelengths (200–800 nm). Before test, film samples were
144 cut into rectangular strip (4 cm × 1.5 cm) and fixed in the quartz spectrophotometer cells. The

145 spectroscopy of each film sample was done in triplicate.

146 **2.3.8. Antioxidant property**

147 The antioxidant property was determined by evaluating the DPPH radical scavenging activity
148 according to the method of Lee et al. (2019) with some modification. Sample strip (20 mg) was placed
149 in DPPH solution in methanol (4 mL, 0.25 μ M) and the mixture system reacted in the dark at 20 $^{\circ}$ C for
150 1 h. The supernatant was extracted and then its absorbance was measured at 517 nm. DPPH radical
151 scavenging activity was determined based on the following equation:

$$152 \text{ DPPH radical scavenging rate (\%)} = \frac{A_x - A_y}{A_x} \times 100 \quad (3)$$

153 Where A_x was the absorbance of the blank solution and A_y was the absorbance of solution after reaction.

154 **2.4. Application for preserving the fresh-cut apples**

155 Apples were pre-washed by chlorinated water (500 ppm) for 3 minutes and then rinsed thoroughly
156 by distilled water, removing impurities and killing surface microorganisms. The apple peel was removed
157 and the apple without peel was cut into slices of the same size and shape ($4 \times 2 \times 1$ cm) with a sterile
158 sharp knife. The fresh-cut apples were randomly placed in a polyethylene terephthalate packages box,
159 and then sealed by CG, CG-TA I, CG-TA II and CG-TA III films, respectively (without film packaged as
160 control). All groups were immediately stored in a vertical display freezer at 4 $^{\circ}$ C and 75 % RH and
161 monitored at 0, 2, 4, 6, 8, 10 d. The experiment was repeated in triplicates.

162 **2.4.1. Weight loss**

163 The weight loss of fresh-cut apples was represented by the value of the difference between the
164 weight before and after storage. The weight of fresh-cut apples was measured by an electronic balance
165 at 0, 2, 4, 6, 8, 10 d. The result of weight loss was expressed as the percentage of mass loss during storage
166 to the initial weight.

167 Weight loss (%) = $\frac{W_0 - W_z}{W_0} \times 100$

168 (4)

169 Where W_0 was the initial weight of fresh-cut apples and W_z was the weight of fresh-cut apples during
170 storage period ($z = 2, 4, 6, 8,$ and 10 d).

171 **2.4.2. Browning index (BI)**

172 The degree of browning of fresh-cut apples was quantized by BI during the storage period. The
173 color parameters (L^* , a^* and b^*) of each sample were determined by CR-400 Minolta colorimeter. The
174 BI was calculated by the formula as follows (Zambrano-Zaragoza et al., 2014):

175
$$\text{BI (\%)} = \frac{x - 0.31}{0.172} \times 100 \quad (5)$$

176 Where, $x = \frac{a^* + 1.75L^*}{5.645L^* + a^* - 3.012b^*} \times 100$

177 **2.4.3. Determination of LOX activity and MDA content**

178 LOX activity was measured according to the method described by Zhang et al. (2003) with slight
179 modification. Sample tissues (2.0 g) were homogenized in 10 mL phosphate buffer (0.05 mol L⁻¹, pH
180 6.8) and then centrifuged (15000 × g, 15 min at 4 °C). The substrate solution was made by 2.750 mL of
181 50 mM potassium phosphate buffer (pH 6.8) and 50 μL of sodium linoleate. 0.2 mL of supernatant of
182 sample tissues was added into the substrate solution to react at room temperature. The change of
183 absorption of reaction system was measured at 234 nm and recorded every 30 s for 3 minutes. The amount
184 of the enzyme that caused a change of 0.01 in absorbance per minute was defined as one unit of LOX
185 activity.

186 MDA content of fresh-cut apples was determined according to the method of Zhong et al. (2018).

187 Sample (2.0 g) was ground with 10 mL of 10 % (w/v) trichloroacetic acid (TCA) and then centrifuged

188 (4000 × g, 10 min at 4 °C). The 2 mL of supernatant was extracted and then mixed with 2 mL of 10 %

189 (w/v) TCA containing 0.6 % (w/v) thiobarbituric acid (TBA). The mixture was placed in boiling water
190 bath to react for 15 min. Afterwards, the mixture was cooled rapidly with cold water and centrifuged at
191 $4000 \times g$ for 10 min. The supernatant was extracted and its absorbance was measured at 450 nm, 532 nm
192 and 600 nm.

193 **2.5. Statistical analyses**

194 Data of this study were analyzed with SPSS 13.0 statistic program (SPSS Inc., IL, USA). The
195 statistical significance between means was evaluated using an analysis of variance (one-way ANOVA).
196 Differences were considered as statistically significant when $p < 0.05$.

197 **3. Results and discussion**

198 **3.1. FT-IR spectra of composite films**

199 The functional groups and inter-molecular interactions in the films can be determined by FT-IR
200 spectral analysis (Fig. 1). In the spectrum of TA, the wider bands at $3600\text{--}3000\text{ cm}^{-1}$ were due to --OH
201 stretching. The peak at 1730 cm^{-1} correspond to the presence of carboxyl carbonyl group, while the bands
202 at $1612, 1521$ and 1447 cm^{-1} were attributed to aromatic $\text{C}=\text{C}$ bonds (Erdem et al., 2013). The bands
203 of GL and CS at $3297/3256\text{ cm}^{-1}$ was attributed to N-H and O-H stretching (amides A), at $2935/2925$
204 cm^{-1} to C-H stretching (amides B). Furthermore, the spectra of GL and CS showed characteristic peaks
205 at $1636/1650\text{ cm}^{-1}$ and $1529/1552\text{ cm}^{-1}$, which assigned to amide I ($\text{C}=\text{O}$ stretching) and amide II (N-H
206 bending and C-N stretching), respectively. In addition, the typical band at 1235 cm^{-1} of GL
207 represented C-N and N-H stretching (Haghighi et al., 2019; Liu et al., 2020). When CS and GL were
208 blended, a broadening and a slight shift (from 3297 to 3285 cm^{-1}) of the amide-A band of GL were
209 described as the interaction of the carboxyl groups from GL and the amino groups from CS (Staroszczyk
210 et al., 2014). In addition, the regions of amide I, amide II and amide III bands of CG films occurred

211 obvious changes compared to pure films. Previous studies have confirmed that the phenomenon was
212 caused by intermolecular hydrogen bonds and electrostatic interactions between CS and GL (Qiao et al.,
213 2017).

214 With the addition of TA, the FT-IR spectrum of CG film showed some changes in the intensity and
215 the position of bands. The amide-A band was slightly broadened and shifted from 3285 to 3281/3280
216 cm^{-1} , indicating the formation of hydrogen bonding between the hydroxyl groups of polyphenols in the
217 TA and the amino/hydroxyl groups in CS/GL (Yao et al., 2017). After TA addition, the amide II (1546
218 cm^{-1}) and amide III (1252 cm^{-1}) of CG film shifted to 1536/1535 cm^{-1} and 1244/1242 cm^{-1} , respectively.
219 The shifts in the position of amides groups confirmed the interactions existed between functional groups
220 of biopolymers with functional groups of TA. Benbettaieb et al. (2015) also found a similar change when
221 natural antioxidants (ferulic acid, quercetin and tyrosol) incorporated chitosan-gelatin blend films. They
222 suggested that the shifting of amides groups might be due to the presence of interaction between the
223 amide groups of chitosan/gelatin and hydroxyl groups of antioxidants. When the concentration of TA
224 above 0.5 wt%, a new peak was observed at 1450/1449 cm^{-1} in CG-TA films. It may be attributed to the
225 C=C ring stretching absorptions of TA in the composite films (Hong, 2016). The results indicated that
226 TA has successfully cross-linked to the CG film. In addition, the intensity of peaks decreased slightly
227 with the further increased of TA concentration, indicating cross-linking strength increased.

228 *Fig. 1 goes here.*

229 **3.2. Microstructure of composite films**

230 The cross-section of CG and CG-TA films was observed in Fig. 2. The cross-section of CG film
231 (Fig. 2A) exhibited a uniform, smooth and without any pores structure, indicating that the presence of
232 excellent compatibility between CS and GL. This was accord with the fact that the polyanion-cation

233 complexes formed between two biopolymers via associative interactions (Mohammadi et al., 2018).
234 Regarding to the CG-TA films, the CG-TA I film had a homogeneous cross-section (Fig. 2B), and no
235 obvious difference was observed between CG film and CG-TA I film. This may be due to that low
236 concentration of TA was not enough to change the microstructure of film. The cross-section of CG-TA II
237 film became dense and tight (Fig. 2C) when the concentration of TA increased to 1 wt%, which played
238 an important role in improving the mechanical and barrier properties of film. It might be due to cross-
239 linking network established within polymer matrix of films by the interactions between biopolymers and
240 TA. Similar result was also reported by Cui et al. (2014), who developed a interpenetrating polymer
241 networks hydrogels composed of CS/GL cross-linked by genipin. However, the cross-section of CG-TA
242 III film (Fig. 2D) became rough and porous when the concentration of TA increased to 2 wt%. This result
243 was similar to those reported by Mathew and Abraham (2008), who found that high concentration of
244 ferulic acid could cause phase contrast and slight phase separation in film matrix.

245 *Fig. 2 goes here.*

246 **3.3. Color of composite films**

247 The color of the film is essential for the practical application in the food packaging. The color
248 parameters (L^* , a^* and b^*) of all films were shown in Table 1. With the TA concentration increased, the
249 L^* value of films decreased from 90.28 to 80.48. Meanwhile, the a^* and b^* values of films increased
250 from -1.36 to 4.76, and from 9.12 to 17.70, respectively. These results indicated that the CG-TA films
251 became darker and the color tended to be redder and yellower than CG film. The color differences
252 between CG and CG-TA films could also be directly observed in Fig. 3. With the concentration of TA
253 increased to 2 wt%, CG-TA III film showed significant brightness reduction and color changes compared
254 to other films. The results could be due to that the special chromophores existed in the TA had an

255 absorption effect on visible light. Hager et al. (2012) also found that wheat gluten films incorporated
256 with TA showed reddish brown appearance.

257 *Table 1 goes here.*

258 *Fig. 3 goes here.*

259 **3.4. Mechanical and barrier properties of composite films**

260 The thickness of the all films was presented in Table 2. CG film had the lowest value of thickness
261 (0.030 mm). The film thickness gradually increased with the concentration of TA increased and reached
262 maximum value in CG-TA III film (0.041mm). The enhancement of film thickness could be due to the
263 TA increased the curing material content of film (Ramziia et al., 2018).

264 The mechanical properties (TS and EB) of all films were presented in Table 2. The TS of CG film
265 was significantly increased ($p < 0.05$) after incorporation of the TA. The TS value of the CG-TA films
266 further increased with the increasing concentration of TA. When the dosage of TA was 1 wt%, the TS
267 reached the highest value (48.52 MPa). The higher TS of CG-TA films could be due to that cross-linking
268 network formed in films increased the strength and malleability of the films. Peña et al. (2010) also found
269 that the TS value of GL film was significant inflated ($p < 0.05$) with the incorporation of TA. However,
270 the TS value decreased slightly with the further increased of TA concentration. This result was similar to
271 those found by Evranos et al. (2019), who concluded that excess bone ash incorporated into
272 chitosan/gelatin blend films caused the phase separation of film matrix, thereby decreased the strength
273 of films. In contrast, the EB of CG-TA films was decreased significantly ($p < 0.05$) with incorporation
274 of the TA, especially the EB value decreased to 2.31 % when TA concentration increased to 2 wt%. This
275 result may be due to that the hydrogen bonds formed between TA and film matrix decreased the chain
276 mobility in CG-TA films, resulting in the decrease of flexibility (Wu et al., 2016).

277 The WVP of the film was presented in Fig. 4A. The WVP of the CG film was further decreased (p
278 < 0.05) with the increasing concentration of TA. The films showed the lowest WVP when TA
279 concentration reach 1 wt%, which decreased by 45 % compared with CG film. This result was mainly
280 due to that the cross-linking network formed in CG-TA II films reduced the binding sites for water
281 molecules, compressed the interspace for water vapor diffusion and limited the escape of water vapor.
282 As Aljawish et al. (2016) discussed, the decreased WVP value could be attribute to the dense cross-
283 linking network formed by ferulic acid and ethyl ferulate incorporated CS film. The OP of CG film
284 showed a similar change trend with WVP (Fig. 4B), and reached the lowest value ($4.18 \times 10^{-6} \text{ cc m}^{-1} \text{ d}^{-1}$
285 atm^{-1}) when the dosage of the TA was 1 wt%. This result might be attributed to the fact that TA molecular
286 distributed on the surface of composite films occupied the perpendicularly diffusive pathway of oxygen,
287 showing that penetrating molecules was traveling in a more tortuous diffusive pathway, which resulted
288 in decreasing oxygen permeability. Halim et al. (2018) also found that OP value of the films was
289 significantly decreased ($p < 0.05$) when the biopolymer matrix incorporated with TA. However, CG-TA
290 III film obtained a higher WVP and OP value than CG-TA II film. This result might be related to the
291 existence of pores in CG-TA III film (Fig. 2D), allowing more water vapor and oxygen to diffuse.
292 Therefore, the above results indicated that the barrier properties of CG film were improved by the
293 addition of TA, and the CG-TA II film showed the optimal property.

294 *Table 2 goes here.*

295 *Fig. 4 goes here.*

296 **3.5. Antioxidant activity of composite films**

297 The antioxidant capacity of film was evaluated by measuring the DPPH radical scavenging activity,
298 and the results were shown in Fig. 4C. The DPPH scavenging ability of the CG film (14.6 %) was

299 significantly improved ($p < 0.05$) when TA was added into CG film. The scavenging ability further
300 increased with the increasing concentration of TA. The scavenging ability of the CG-TA III film reached
301 the highest value (89.3 %), with around 6.11- fold compared to CG film. This result indicated that the
302 composite films obtained excellent antioxidant activity due to the addition of TA. This was because
303 polyphenols could trap free radicals and block the free radical chain reaction (Leopoldini et al., 2011).
304 Rui et al. (2017) also reported that the antioxidant capacity of films was improved when gallic acid
305 incorporated the chitosan-gelatin blend films.

306 **3.6. UV-vis barrier property of composite films**

307 The UV-vis barrier property plays an important role in retarding lipid oxidation and maintaining the
308 sensory property of packaged food. The transmittance of CG and CG-TA films in the wavelength range
309 of 200–800 nm was presented in Fig. 4D. The results showed that CG film had a certain barrier capacity
310 for UV light, which mainly due to the presence of aromatic amino acids residues of gelatin (Bonilla and
311 Sobral, 2016). The transmittance rate of CG film was kept at an relatively high level ($> 75\%$) when the
312 wavelength exceeded 400 nm, indicating it was very transparent. Bi et al. (2020) also obtained a similar
313 result. CG-TA films showed better UV barrier property than CG film. With the increasing concentration
314 of TA, the barrier property for UV light was stronger than before. When the dosage of TA exceeded 0.5
315 wt%, almost all of UV-C and UV-B and most of UV-A could be blocked effectively. This could be due
316 the fact that the specific phenolic hydroxyl groups and chromophores in TA could absorb a certain degree
317 of UV light. Notably, the presence of chromophores in TA also influenced the transmittance of CG-TA
318 films for visible light. Zhai et al. (2017) also found a similar phenomenon when roselle anthocyanins
319 were added into biopolymer films. In summary, TA could be used as a UV blocking agent to enhance the
320 UV-blocking property of the CG film.

321 **3.7 Application for preserving the fresh-cut apples**

322 **3.7.1. Weight loss**

323 As shown in Fig. 5A, the quality of fresh-cut apples of all groups showed a downward trend during
324 storage period. This result may due to the fact that the stomata transpiration and dry matter consumption
325 caused by respiration. The weight loss rate of unpackaged fruits reached 29.6 % at the end of storage
326 period, which was much higher ($p < 0.05$) than that of packaged groups (11.6 % to 15.2 %). A similar
327 result was also reported by Lan et al. (2020), who found that unpackaged mangoes had the highest weight
328 loss rate after 10 d storage. Among packaged groups, fresh-cut apples packaged by CG-TA films obtained
329 lower weight loss rate than CG film, especially CG-TA II film (11.6 %). This may be related to the fact
330 that the formation of cross-linking network improved water vapor barrier property (Fig. 4A) of CG-TA
331 films, thereby greatly inhibiting water vapor to escape from the packaging box.

332 **3.7.2. Browning index (BI)**

333 As we all know, browning index is an essential quality parameter for fresh-cut fruits. The BI of the
334 fresh-cut apples packaged with different films was presented in Fig. 5B. The BI of all fruits increased
335 rapidly in the initial 2 d of storage and rose smoothly thereafter. This was because reactive oxygen
336 species (ROS) triggered by physical stress damaged the original compartmentalization functions of cell
337 membrane, allowing polyphenol substrates to contact with the polyphenol oxidase and phenol
338 peroxidases, causing rapid browning of fresh-cut apples (Gao et al., 2018). After 10 d storage, the fresh-
339 cut apples packaged with CG film obtained significantly ($p < 0.05$) higher browning index than CG-TA
340 II and CG-TA III films (62.8, 56.8 and 56 for CG, CG-TA II and CG-TA III, respectively). The browning
341 of the fruits packaged with CG-TA films was delayed effectively. This result might be due to follow
342 several reasons: first, the packaging box sealed by CG-TA films maintained a relatively low oxygen

343 content due to CG-TA films have better oxygen barrier property (Fig. 4B) than CG film, which reduced
344 the chance of oxygen participating in the enzymatic reaction. Second, strong UV-barrier (Fig. 4D) of
345 composite films protected cells from the harm of lipids peroxidation, maintaining the integrity of cell
346 membrane, restraining the enzymatic browning of fresh-cut apples. Similar result was also reported by
347 Toivonen and Brummell (2008), who found that the integrity of membrane could affect the browning
348 rate of fresh-cut fruits and vegetables. The above results indicated that CG-TA composite films could
349 improve the browning of fresh-cut apples.

350 **3.7.3. LOX activity and MDA content**

351 As shown in Fig. 5C, the LOX activity of unpackaged and packaged fruits all showed a wave-like
352 change during the storage period. After 10 d storage, the LOX activity of fresh-cut apples packaged with
353 CG-TA II and CG-TA III films was 114 and $118 \times 10^{-3} \text{ U kg}^{-1}$, respectively, which was obvious ($p <$
354 0.05) lower than other treatment groups. Correspondingly, the MDA content (Fig. 5D) of the above two
355 packaged groups also showed relatively low values (3.56 and $3.67 \mu\text{mol kg}^{-1}$, respectively). This was
356 because MDA accumulation was related to non-enzymatic processes, especially LOX (Lo'ay and
357 Dawood, 2017). The decreased in LOX activity and MDA content may be attributed to the fact that the
358 oxygen barrier property (Fig. 4B) and UV blocking property (Fig. 4D) of CG films were improved by
359 the addition of TA, thereby reducing the damage of oxygen and ultraviolet rays to fresh-cut apples. Due
360 to MDA was an indicator of membrane disruption, the results could indicate that CG-TA films were
361 beneficial to alleviate cell oxidative damages. Previous research also found that MDA content indirectly
362 reflected the existence of correlation between the integrity of the cell membrane and browning degree
363 (Dokhanieh and Aghdam, 2016). The finding was consistent with the results of BI (Fig. 5B) of fruit.

364 *Fig. 5 goes here.*

365 **3.7.4. Physical appearance**

366 The effect of packaging on appearance quality of fresh-cut apples during storage was shown in Fig.
367 6. The surface of unpackaged fruit appeared wrinkled skin at the end of storage period, while the
368 packaged fruit was relatively full. The results might be attributed to the fact that the packaging films
369 inhibited the water loss of fruit during storage. Meindrawan et al. (2018) also found that there was a
370 linear correlation between weight loss and visual quality of fruit. In addition, the color gradually changed
371 during storage in both unpackaged and packaged fruit. Notably, the color of fresh-cut apples packaged
372 by CG-TA films changed more slowly than CG film. Among them, CG-TA II and III films packaged
373 fruit showed better color appearance. The BI value (Fig. 5B) of fresh-cut apple also supported the results.
374 Therefore, the browning of fruit could be inhibited effectively by the CG films incorporated with TA,
375 thereby improving the appearance quality of fruit.

376 *Fig. 6 goes here.*

377 **4. Conclusion**

378 In our research, the composite films were developed successfully by incorporating TA into chitosan-
379 gelatin film matrix. The physical properties and bioactivities of the composite films were improved due
380 to the addition of TA. The dense cross-linking microstructures have been established in the films by the
381 interaction between TA and chitosan/gelatin groups. As a result, the mechanical and barrier properties of
382 the films were strengthened. The addition of TA improved significantly the anti-ultraviolet and
383 antioxidant capacities of CG film. In general, the CG film modified by 1 wt% of TA exhibited better
384 mechanical and barrier properties, but the CG film modified by 2 wt% of TA showed better anti-
385 ultraviolet and antioxidant abilities. Moreover, the fresh-cut apples packaged with CG-TA films had
386 better freshness degree and postharvest quality as compared with that without packaging or packaged

387 with CG film. There was no significant difference in preservation effect between the CG film containing
388 1 wt% and 2 wt% of TA. Considering to the results of comprehensive characterization and application
389 experiments, the CG film incorporating 1 wt% of TA was more suitable as an active packaging material
390 to improve the postharvest quality of fresh-cut apples.

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