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1	Arable fields as potential reservoirs of biodiversity:
2	earthworm populations increase in new leys
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27 Abstract

28 Managing soil to support biodiversity is important to sustain the ecosystem services provided by soils upon which society depends. There is increasing evidence that 29 functional diversity of soil biota is important for ecosystem services, and has been 30 31 degraded by intensive agriculture. Importantly, the spatial distribution of reservoirs of soil biota in and surrounding arable fields is poorly understood. In a field experiment, 32 grass-clover ley strips were introduced into four arable fields which had been under 33 continuous intensive/conventional arable rotation for more than 10 years. Earthworm 34 communities in arable fields and newly established grass-clover leys, as well as field 35 36 boundary land uses (hedgerows and grassy field margins), were monitored over 2 years after arable-to-ley conversions. Within 2 years, earthworm abundance in new 37 levs was 732 \pm 244 earthworms m⁻², similar to that in field margin soils (619 \pm 355 38 earthworms $m^{-2} yr^{-1}$) and four times higher than in adjacent arable soil (185 ± 132) 39 earthworms m⁻²). Relative to the arable soils, earthworm abundance under the new 40 leys showed changes in community composition, structure and functional group, 41 42 which were particularly associated with an increase in anecic earthworms; thus new leys became more similar to grassy field margins. Earthworm abundance was similar 43 in new leys that were either connected to biodiversity reservoirs i.e. field margins and 44 hedgerows, or not (installed earthworm barriers). This suggests that, for earthworm 45

communities in typical arable fields, biodiversity reservoirs in adjacent field margins 46 and hedgerows may not be critical for earthworm populations to increase. We 47 conclude that the increase in earthworm abundance in the new leys observed over 2 48 years was driven by recruitment from the existing residual population in arable soils. 49 Therefore, arable soils are also potential reservoirs of biodiversity. 50 51 52 53 54 55 1. Introduction 56 57 Soil security is an important global issue (McBratney et al., 2014; Amundson et al., 58 2015). The need to maintain healthy soils and increase soil organic matter (SOM) 59 60 content has been proposed as central to achieving some of the UN's Sustainable Development Goals (SDGs) (Keesstra et al., 2016; Lal, 2019) such as zero hunger 61 (SDG2); good health and well-being (SDG 3); climate action (SDG13); and restoring 62 degraded land (SDG 15), which either directly or indirectly rely on soil as a key 63 resource. Continuous conventional tillage in arable systems relies on intensive 64 agricultural management practices which depletes SOM, can destroy soil structure 65 and can lower soil biodiversity, including key ecosystem engineers such as 66

- earthworms (Beylich et al., 2010; Chan, 2000; Stroud et al., 2016; Briones and
- 68 Schmidt, 2017; Pelosi et al., 2014). Intensive soil management practices, such as

annual inversion ploughing, lower earthworm abundance, biomass and species 69 diversity. For example, Holden et al., (2019) reported low earthworm abundance, 70 71 biomass and diversity in intensively managed arable fields over a 3-year period (2015-2017) compared to soils under long-term permanent pasture. The burrowing 72 and feeding activities of earthworms are related to their functional group (Edwards 73 and Bohlen, 1996). Anecic earthworms form deep vertical, permanent burrows; 74 75 these species are important for pulling plant litter into their burrows. Endogeic earthworms feed on soil and soil-associated organic matter and form transient 76 77 horizontal burrows. Epigeic earthworms live within and feed on the surface litter layer (Edwards and Bohlen, 1996). The distribution of these functional groups has 78 important consequences for soil ecosystem functions and soil health and there is 79 good evidence showing that increased earthworm abundance and diversity benefits 80 soil ecosystem services (Spurgeon et al., 2013; Blouin et al., 2013). For example, 81 the permanent burrows formed by anecics like Lumbricus terrestris generate 82 important classes of large pores that control water infiltration rates and facilitate root 83 growth to access groundwater. In turn, these contribute to reducing overland flow 84 and soil erosion. Endogeic species promote soil aggregation and soil organic carbon 85 (SOC) stabilisation and sequestration (Zhang et al., 2013) and also contribute to 86 increased hydraulic conductivity (Hallam et al., 2021), while epigeics are important 87 for surface litter processing; all of which increase soil carbon and improve soil fertility 88 via nitrogen mineralisation (Blouin et al., 2013). Meta-analyses suggest that the 89 presence of earthworms in agroecosystems can lead to 25% increases in plant 90 growth (Van Groenigen et al., 2014), however, agricultural intensification, especially 91 high soil disturbance (Briones and Schmidt, 2017) and low organic matter inputs due 92 to annual cropping, are detrimental to soil biodiversity and earthworm communities. 93

Continuing with current intensive agricultural management practices will not deliver
soil security. Soil management changes are therefore required which promote soil
biodiversity and sustainable agro-ecosystems, but it remains unclear at what rate, or
even if, earthworm populations can increase after depletion by many decades of
intensive arable management.

99

It is generally accepted that pasture soils with permanent plant cover have higher 100 101 SOM contents, better soil structure and support a higher biodiversity including earthworm communities (Spurgeon et al., 2013) compared to soils under continuous 102 103 conventional arable cultivation. In arable systems, continuous cultivation destroys 104 soil aggregates and soil structure and the increased disturbance reduces earthworm abundance and diversity, especially for the larger anecic species (Gerard and Hay, 105 1979; Stroud et al., 2016; Chan, 2000; Crittenden et al., 2015). Annual tillage 106 promotes decomposition of organic matter, decreases food resources and their 107 availability to earthworms and increases earthworm predation (Edwards and Lofty, 108 1982; Boström, 1995; Briones and Schmidt, 2017). Previous research has indicated 109 improvements to soil biology and soil functioning that changes to land management 110 can bring. For example, the use of rotational grass levs can lead to increases in 111 112 SOM and earthworms (Evans and Guild, 1948; Gerard and Hay, 1979). However, the potential and timescale required for earthworm communities to increase in long-113 term intensively managed soils following a change in soil management is poorly 114 understood. Increasing demand for agricultural productivity has led to a reduction in 115 the use of leys. Therefore, confirming the timescales involved in the restoration of 116 earthworm communities and soil function by leys may help decision-making with 117 respect to the duration of leys needed. This is important especially where leys are 118

being used as part of a transition to less intensive cultivation approaches such as no-tillage crop production.

121

While earthworms are generally considered to be ecosystem engineers (Blouin et al., 122 2013), we still do not fully understand their distribution across farming landscapes 123 and how this varies on different temporal and spatial scales (White et al., 2020). 124 Moreover, while earthworm distributions have generally been compared between 125 126 broad land uses, e.g. between pasture, arable and woodland (e.g. Decaëns et al., 2008; Smith et al., 2008; Spurgeon et al., 2013), earthworm abundance and diversity 127 vary at more local spatial scales within field boundary soils e.g. between the interior 128 of fields and their grassy margins. Studies by Crittenden et al., (2015), Roarty and 129 Schmidt (2013), Nuutinen et al., (2011) and Smith et al., (2008) have looked at 130 annual changes in earthworms comparing arable fields and different field margins 131 including newly established margins. Earthworm abundance tends to be higher in 132 field margin soils and lower in adjacent arable soils. Smith et al., (2008) sampled soil 133 biodiversity, including *Lumbricidae*, from different habitats, including hedgerows, 134 margins, and 9 and 27 m into arable fields planted with beans or wheat. Hedgerows 135 were shown to be distinct in their soil communities and margins were proposed as 136 137 acting as corridors to enhance species dispersal within the arable fields. While arable fields with margins seem to have higher soil biota densities than fields without 138 margins, there is still debate around the importance of field margins as biodiversity 139 refugia and whether they are key in facilitating migration, of for example earthworms, 140 between arable fields and the relatively higher quality soils in field margins. Studies 141 have shown gradients in earthworm abundance, with abundance in arable fields 142 declining with increasing distance from the field margin (e.g. Nuutinen et al., 2011; 143

Nieminen et al., 2011), suggesting that migration and refugia in the margins are 144 important. Dispersal time is important, as migration rates for earthworm species vary 145 from 1.5 to 14 m yr⁻¹ (Eijsackers, 2011). In contrast to the refugia-migration 146 hypothesis, Roarty and Schmidt (2013) and Frazao et al., (2017) propose that 147 margins do not contribute to earthworm species found in cultivated adjacent fields. 148 By comparing old and new margins 3 years post-establishment, Roarty and Schmidt 149 150 (2013) showed rapid increases in earthworm populations in new margins extending onto previously cultivated land, and showed no evidence that earthworm populations 151 152 were affected by spill-over or migration into the remaining permanent arable part of the field. However, the study design did not resolve whether the increase in 153 earthworm populations in the new margins was facilitated by migrations from the 154 existing permanent margins. Frazao et al., (2017) showed that while the presence of 155 field margins increased earthworm biodiversity in arable fields, the margins had 156 limited effect on earthworms within arable fields, as biodiversity did not change. 157 Therefore, further work is required to test the effect of landscape connectivity in 158 controlling earthworm abundance in agro-ecosystems, especially under arable-to-ley 159 conversions. 160

161

Given that soil health and biodiversity are generally lower under continuous arable cultivation and that viable soil management practices are required to improve soil function in agro-ecosystems, a field experiment was established with two main objectives: (1) to determine the rate of change in soil function in new grass-clover leys; and (2) to determine the importance of field boundary soils (hedgerows and grassy margins) as biodiversity reservoirs for soil ecosystem engineers like earthworms to colonise new leys. While several measures of soil biodiversity and soil

function were taken in this field experiment (see Holden et al., 2019; Hallam et al.,
2020), this paper focuses on the earthworm communities *in situ*. We monitored
earthworm abundance, biomass, species composition and population structure over
a 3-year period. The experiment used spatial sampling (samples were taken from set
distances from the hedgerow), an earthworm migration barrier at the margin-field
boundary, and temporal sampling (repeated annual and seasonal time points over 3
years) to test the following hypotheses:

H1: Agro-ecosystem land uses with a permanent plant cover e.g. hedgerows, grassy
field margins and leys, support higher earthworm abundance, biomass and species
composition than that found in continuous conventional arable cultivation with typical
annual crops (cereals and oilseeds);

180 H2: Earthworm abundance in newly established leys declines with increasing

distance away from the field boundary soils i.e. from hedgerow and grassy margins;

182 H3: Field boundary soils are important reservoirs of earthworm diversity:

183 belowground connectivity between high quality soils in hedgerow and grassy field

184 margins and newly-established leys facilitates colonisation via migration;

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187 **2. Material and methods**

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189 2.1 Study site

190 The field experiment was established in April 2015 at the University of Leeds Farm,

191 North Yorkshire, northern England, UK (53°52'06.0"N; 1°19'36.8"W). It is a

commercial mixed arable and pasture farm, on loamy, calcareous brown earth soils 192 50 - 90 cm deep, underlain by dolomitic limestone, in the Aberford series of Calcaric 193 Endoleptic Cambisols (Holden et al., 2019). Four arable fields were studied (A1-A4, 194 see Fig. S1), each with mature hedgerow boundaries and grassy field margins. Field 195 margins were c. 1 m in width and were mown sporadically but were otherwise left 196 unmanaged. Three of the four fields have been under conventional management 197 198 since 1995. One field (A2) was under permanent pasture between 1998 and 2008 when it was returned to the same conventional cropping rotation as the other fields 199 (see Supporting information Table S1). The main crop was winter wheat. Oilseed 200 rape, barley, potatoes and vining peas were used as break crops. Arable fields 201 received 150 kg N ha⁻¹ and 70 kg K ha⁻¹ in spring 2016, 23 kg P ha⁻¹ in autumn 2016, 202 140 kg N ha⁻¹, 86 kg K ha⁻¹ and 22 kg S ha⁻¹ in spring 2017, and 8 t ha⁻¹ of pig 203 manure in autumn 2017 (Holden et al., 2019). Further site details on climate, farm 204 management and hedgerow species composition are given in Holden et al., (2019). 205

206

207 2.2 Experimental design

Paired grass-clover ley strips (70 m long, 3 m wide) were established in each arable 208 field (see Supporting Information Figs. S1 and S2) for the field experiment described 209 below. The strips ran perpendicular to one edge of each arable field and were 210 approximately 40 m apart. Strips were prepared by subsoiling and were sown in May 211 2015 with a grass-clover seed mixture (Broadsword Hi-Pro), comprising tetraploid 212 Lolium x boucheanum (12% and 16%), diploid and tetraploid Lolium perenne (20% 213 and 16% respectively), *Festulolium* spp., 16%, *Trifolium repens* 5%, and *Trifolium* 214 pratense 15%, at an application rate of 4.2 g m⁻². The grass-clover ley strips 215

216 received no fertiliser or agricultural chemical treatments over the course of the217 experiment.

218

In order to test the effect of hedgerow-to-field connectivity, one of each pair of ley 219 strips was disconnected from the hedge-margin field boundary by installing a vertical 220 steel mesh (104 µm pore size) barrier to 1 m depth to reach the bedrock (see 221 Supporting Information Figs. S2 and S3). The barrier was inserted at the head of the 222 223 Unconnected Arable-Ley strip (UAL), at the field-margin boundary. The first 2 m of the margin adjacent to the barrier was dug up during barrier insertion and 224 225 subsequently kept fallow by regular glyphosate treatment to further discourage 226 development of large populations of earthworms on plant litter and root carbon inputs, and movement of earthworms from the remaining margin to the new ley strip. 227 Both the barrier and the fallow soil extended for 5 m either side of the ley strip giving 228 a total length of 13 m centred on the ley strip. The height of the barrier was c.15 cm 229 above the soil surface, supported with a wooden frame to keep the barrier vertical. 230 The second strip, Connected Arable-Ley strip (CAL), was not modified at the field-231 margin boundary and was contiguous with the grassy field margin, giving continuous 232 vegetation cover from the hedgerow to the end of the ley strip, 70 m into the arable 233 234 field. The area of field lying between the two strips was managed in the same way as the rest of the arable field and served as the arable control (CON). Within the arable 235 fields and CON area, winter wheat was grown in 2015. In 2016, spring barley was 236 237 sown in three fields; one field had winter wheat (A2). In 2017, all fields were sown with winter barley. The ley strips were mown four times a year: in April and May 238 2016, clippings were retained within the leys. From June 2016 onwards, grass 239 clippings were removed from the ley strips to promote clover *versus* grass biomass. 240

242 2.3 Earthworm and soil sampling

243 Hedgerow and Margin samples were taken under the hedgerow and from the middle of the margin at the head of each CON, CAL and UAL strip. Within each of these 244 strips, further samples were taken at distances 2, 4, 8, 16, 32 and 64 m from the field 245 margin edge (see Supporting Information Fig. S2). This sampling scheme was 246 designed to test the effect of distance from the field boundary soils on earthworm 247 248 communities and soil properties, providing 'hedgerow to field' transects when all sample points were taken into account, or 'in-field' transects when the hedgerow and 249 250 margin samples were not included.

251

CON, CAL and UAL strips were sampled in April 2015 (spring) before the grassclover ley strips were established (Baseline study), and then sampled again in April
2016 and April 2017 (Annual study). Additional sampling occurred in one arable field
(A4, Fig. S1) in December 2015 (winter), July 2016 (summer) and October (autumn)
2016, providing a seasonal sampling period from the April 2015 baseline, before the
leys were established, through to April 2017 (Seasonal study).

258

For earthworm sampling, a soil block (18 x 18 cm at the surface and 15 cm deep)
was removed at each location and earthworms were collected by hand-sorting.
Dilute allyl isothiocyanate (1.5 L; 0.1 g L⁻¹) (Zaborski, 2003; Pelosi et al., 2009) was
poured into each soil pit and left to drain into the soil to facilitate collection of deeperdwelling species. Earthworm appearance in the pit was monitored over a 30-min
period. Earthworms were stored in 80% ethanol and adults (with a clitellum) were

identified to species using keys in Sims and Gerard (2013). Juvenile earthworms
were identified to functional groups (epigeic, endogeic or anecic) based on
pigmentation and size (Bouché, 1977). Earthworm biomass (the weight of individual
earthworms) was also determined for samples collected from December 2015
onwards. After removal of earthworms, soils were returned to their respective pits
and sample position was recorded to avoid re-sampling the same position on
subsequent surveys.

272

Soil moisture and temperature measurements were taken at three positions (within 10 cm) around the excavated soil pit, at 5 and 10 cm depths. Soil moisture was measured using a ML3 ThetaProbe Soil Moisture Sensor (Delta-T Devices) and soil temperature using a Checktemp®1 probe (Hanna Instruments). Soil bulk density samples were taken from the side of the sample pit wall at 5 and 10 cm soil depth using steel bulk density rings (118 cm³); bulk density was calculated on an oven dry weight basis (dried for 24 hr at 105 °C).

280

281 2.3.1 Soil organic carbon and nitrogen analyses

SOC and total nitrogen were measured from 100 cm³ bulk density samples collected at 2-7 cm depth at each sampling distance across the 4 fields in April 2018 (an additional sampling event for soil properties only). Samples were oven dried (105°C, 48 hours), weighed and then sieved (1 mm sieve size) to remove roots and large stones before being re-dried (105°C, 48 hours) and weighed. Dried soil was crushed to a fine powder using a Fristch Pulverisette agate ball mill. Inorganic C was removed by reaction with acid as detailed in Holden et al., (2019). Duplicate 25 - 30

mg samples of acid-treated soil were analysed using an Elementar vario MICROcube for total nitrogen and SOC.

291

292 2.3.2 Soil sensors

Moisture and temperature sensors (Decagon 5TM) were installed at four distances along each strip (under hedgerow and 5, 20 and 50 m from margin) and at three depths for each distance (5, 20 and 50 cm). Data were recorded at 15 min intervals using Arduino Uno data loggers. Soil-specific calibrations were derived for each field based on a gravimetric method.

298

299 2.4 Statistical analyses

Data were transformed where required to reduce the variance. Unless otherwise stated, analyses were performed using SPSS (IBM v25). All data relating to the earthworm study described here have been archived in the Natural Environment Research Centre (NERC) Environmental Information Data Centre (Prendergast-Miller et al., 2019).

305

2.4.1 Effect of distance, field, year and land use on earthworm abundance

307 Earthworm abundance data were first natural log transformed to reduce the

variance. For the 2015 baseline data, the effect of distance across the arable fields

309 was tested using one-way ANOVAs on hedgerow-to-field (i.e. hedgerow to 64 m) or

in-field distances (i.e. 2 – 64 m). Differences between field and land use were tested

using a 2-way ANOVA with field (A1-A4) and land use (arable, hedgerow, margin) asfactors.

313

The impact of arable-to-ley conversion was determined using data collected in April 2016 and April 2017. Analyses of variance for repeated measures with sampling year (2016, 2017) as the within-subject factor were conducted to test the effects of (1) field (A1-A4), land use (hedgerow, margin, arable, ley) and distance (hedge-tofield or in-field); and (2) connectivity (CAL vs UAL) and distance (hedge-to-field or infield). Post-hoc pair-wise comparisons were performed using Bonferroni tests.

320

2.4.2 Effects of field, distance and land use on abundance of earthworm species and
 functional groups

Only species making up > 1% of total abundance were included in the analyses. The 323 effects of field, distance, year and land use on abundance of earthworm species, 324 325 juvenile functional groups and total functional groups were determined using the mvabund package in R (Wang et al., 2012), using a negative binomial distribution. 326 Plots of residuals *versus* fitted were visually inspected to confirm model assumptions 327 and model best fit (Wang et al., 2012). Population structure was calculated as the 328 juvenile:adult ratio, based on earthworm abundance in each land use for 2015, 2016 329 and 2017. For each year, a one-way ANOVA on ranks was performed to compare 330 331 population structure for each land use.

332

2.4.3 Soil properties and relationship with earthworm abundance

Soil moisture, temperature and bulk density were analysed by ANOVA with repeated 334 measures, using year as the within-subjects factor (2016, 2017), and field, distance, 335 336 land use and depth as the between-subjects factors. Post-hoc pair-wise comparisons were performed using Bonferroni tests. Differences in average SOC between land 337 uses were tested using a Kruskal-Wallis test. Earthworm species abundance data 338 were square-root transformed and a Bray-Curtis resemblance matrix was created. A 339 340 distance-based redundancy analysis (dbRDA) plot was used to visualise the relative contribution of soil properties to earthworm abundance in each land use using data 341 342 collected in April 2017 (April 2018 for SOC and N). Multivariate analyses were conducted using PRIMER-E (Clarke and Gorley, 2006). 343

344

2.4.4 Seasonal effects on earthworm communities and soil properties

One field (A4) was sampled over six time points between April 2015 and April 2017. 346 As with the annual data, initial analyses confirmed that effects of distance and 347 connectivity on earthworm abundance were not significant. The seasonal earthworm 348 abundance and biomass data, as well as soil properties (soil moisture, temperature 349 and bulk density data) were analysed over 6 seasonal time points: April 2015, 350 December 2015, April 2016, July 2016, October 2016 and April 2017 using ANOVA 351 with repeated measures. Month was the within-subject factor, with land use and 352 depth (for soil properties) as the between-subjects factors. This is a pseudo-353 replicated sampling design which may constrain interpretation of the results. 354 However, because the overall land use trends in field A4 were representative of 355 changes in the other three fields, and earthworms are known to be sensitive to 356 seasonality and soil moisture and temperature, we can assume that the temporal 357

358	changes observed in one field also occurred in the adjacent fields used in this study.
359	Data generated from the soil sensors installed at A4 field were used to calculate the
360	number of antecedent dry days (ADD; 0 mm of precipitation), mean soil moisture and
361	mean soil temperature 7, 14, 21, 30, 50, 80 and 100 days before each seasonal
362	sampling date.
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365	3. Results
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367	3.1 Earthworm species
368	The earthworm species and their respective functional groups identified over the
369	study period are listed in Table 1.
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- **Table 1: Earthworm species and the proportion of individuals (%) recorded in**
- 379 the annual surveys, 2015-2017. Species/juveniles groups highlighted in bold

380 accounted for > 1% of the total abundance (total number of individuals) and

- 381 were used in subsequent data analyses.
- 382

Species name	Functional group	% abundance (Total abundance = 4704 individuals)		
Aporrectodea longa (Ude, 1885) Lumbricus terrestris	Anecic	2.0		
(Linnaeus, 1758) Juveniles		10.8		
Allolobophora chlorotica (Savigny, 1826)	Endogeic	14.4		
Aporrectodea caliginosa (Savigny, 1826) Aporrectodea rosea (Savigny, 1826) Murchieona muldali (Omodeo, 1956) Octolasion cyaneum (Savigny, 1826) Juveniles		0.5		
		3.8		
		0.2		
		0.1		
		50.1		
Dendrodrilus rubidus	Epigeic	0.04		
<i>Lumbricus castaneus</i> (Savigny, 1826) <i>Eisenia fetida</i> (Savigny,		4.8		
		0.02		
Satchellius mammalis		1.2		
Juveniles		10.7		

385 3.2 Baseline study (April 2015 survey)

3.2.1 Effect of field, land use and distance on earthworm communities in April 2015 386 The baseline study in 2015 compared earthworm abundance under hedgerow, 387 margin and continuous arable in four fields. A 2-way ANOVA with field (4 levels) and 388 land use (3 levels) as factors showed significant effects of field (P < 0.001) and land 389 use (P < 0.05), but no significant interaction (P > 0.05). For reference, earthworm 390 abundance in each field CON strip is shown in Fig. S4 (Supplementary information), 391 indicating higher abundance in field A2 (see management history Table S1). Field 392 differences are not considered further because the focus of this study is on land use 393 impacts. In 2015, earthworm abundance was highest in the field margins (704 ± 534 394 earthworms m^{-2}) compared to the hedgerow (473 ± 257 earthworms m^{-2}) and arable 395 $(460 \pm 359 \text{ earthworms m}^{-2})$ soils (Fig. 1A). Earthworm abundance across the 396 different fields was not affected by in-field sampling distances (i.e. 2 to 64 m) within 397 the arable strips (P > 0.05). 398

399

400

401



Fig. 1. Earthworm abundance (top panel), biomass (mid panel) and population 404 structure (lower panel) in hedgerows, field margins, arable fields and new 405 406 arable-to-ley strips. Samples were taken in April 2015 (before new leys were set up) and again in April 2016 and April 2017. For each year, n = 12 in 407 hedgerow and margin soils; n = 24 in arable soils (for 2015, n = 72 in arable 408 soils); n = 48 in ley soils. Biomass was not determined in 2015. The width of 409 each violin plot indicates the frequency distribution of the data for each land 410 use and year. Within each violin plot is a box and whisker plot. The central bar 411 is the median (50th percentile), which divides the box into the interguartile 412 range. The upper vertical line (whisker) extends to the largest value within 1.5 413 times the interguartile range above the 75th percentile, while the lower whisker 414

415	extends to the smallest value within 1.5 times the interquartile range below the
416	25 th percentile. The dots show outlier values beyond the interquartile range.
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3.2.2 Earthworm community structure and composition in April 2015

Baseline earthworm abundance and community composition are shown in Figs. 1 and 2A. Species abundance was affected by land use (P < 0.001) and field (P < 0.001) but not distance (P > 0.05). Specifically, the abundance of anecic juveniles (P < 0.001; lowest in hedgerow soils), *A. caliginosa* (P = 0.058; marginally significant and most abundant in margin soils) and *L. castaneus* (P < 0.01; most abundant under hedgerows) were affected by land use.

452

The three functional groups were represented in each land use (arable, hedgerow and margin), especially by juvenile earthworms. Margin soils tended to have the highest abundance of each species, except *L. castaneus* which was highest under hedgerows (Fig. 2A). Distribution of functional groups was also affected by land use (P < 0.01) and field (P < 0.001), but not distance from the margins (P > 0.05). Abundance of total anecic (P < 0.001; lowest under hedgerows) and epigeic species (P = 0.05) were affected by land use, whereas endogeics (P > 0.05) were not.

460

461 3.3 Annual study: the arable to ley conversion

462 3.3.1 Does connectivity facilitate earthworm migration into new leys?

463 Connectivity to hedgerows and grassy margins had no effect on earthworm

abundance or biomass in the CAL (P > 0.05) or UAL (P > 0.05) ley soils. Earthworm

abundance (P < 0.001) and biomass (P < 0.001) both increased in the CAL and UAL

ley strips between 2016 and 2017. There was no effect of in-field distance on

467 abundance (P > 0.05) or biomass (P > 0.05) within the ley strips and no significant

interactions between year, strip or distance. Therefore, in all subsequent analyses,
UAL and CAL samples were combined across fields and treated as 'ley' (whereby
ley n = 48).

471

3.3.2. Impact of arable-ley conversion on earthworm abundance and biomass 472 Earthworm abundance increased significantly from a mean arable density of 472 ± 473 366 earthworms m⁻² in 2015 (before ley conversion) to 732 \pm 244 earthworms m⁻² in 474 2017 in the new ley strips. There was also a significant increase in earthworm ley 475 abundance between 2016 and 2017 (P < 0.001) (Fig. 1A). In contrast to this 476 increase, between 2015 and 2017, mean earthworm abundance in arable soils 477 appeared to decline from 470 \pm 376 to 185 \pm 132 earthworms m⁻² but this change 478 was not significant. Annual densities in field margins (619 ± 355 earthworms m⁻² yr⁻¹) 479 and hedges (495 \pm 277 earthworms m⁻² yr⁻¹) remained relatively stable over this 480 period (2015, 2016 and 2017) (P > 0.05) and are therefore reported as mean values 481 over the whole period. Total earthworm biomass (annual data available for 2016 and 482 2017 only; Fig. 1B) was also affected by land use (P < 0.001). In April 2016, 483 earthworm biomass in margin soils $(130 \pm 67 \text{ g m}^{-2})$ was significantly greater than 484 biomass in arable soil $(43 \pm 39 \text{ g m}^2)$ (*P* < 0.001). By April 2017, earthworm biomass 485 in margin (195 \pm 135 g m⁻²) and ley (171 \pm 74 g m⁻²) soils was similar and both were 486 significantly higher compared to biomass in arable soil $(57 \pm 62 \text{ g m}^2)$ (*P* < 0.001). 487 488

3.3.3. Effects of land use, year and distance on abundance of earthworm speciesand functional groups

Species distributions in each land use before and after ley establishment are shown 491 in Fig. 2. Abundance of individual species was significantly affected by land use (P <492 0.001) and year (P < 0.001) but not distance (P > 0.05). Species richness in the new 493 ley soils in 2017 was similar to that found in margin and hedgerow soils, but was 494 significantly higher compared to arable soil (Fig. S5). While A. chlorotica and 495 endogeic and epigeic juveniles were found in all land uses (P > 0.05), land use 496 497 affected distribution of species such as A. longa and L. terrestris (low to no abundance in hedgerow or arable soils), *A. rosea* (lowest abundance in arable soils) 498 499 and L. castaneus (low to no abundance in arable soils) (Fig. 2; S6). In particular, A. *chlorotica* and the three juvenile functional groups showed significant annual 500 increases in abundance. Similar trends were found for the three earthworm 501 functional groups (adults and juveniles), which were affected by land use (P < 0.001) 502 and year (P < 0.001), but not distance (P > 0.05) (Fig. 2; S6). While anecic 503 earthworms were found in all land uses, their abundance was lowest in arable and 504 hedgerow soils. 505

506

In both 2015 and 2017, earthworm abundance was dominated by juvenile 507 earthworms: juveniles made up at least 60% of the average earthworm abundance in 508 509 each land use. In 2015, the proportion of juveniles: adults was generally highest in the arable soil (~76% juveniles). However, in 2017, the proportion of juveniles was 510 greatest in the ley soil (~83% juveniles). Abundance of functional groups followed the 511 order endogeic > epigeic > anecic earthworms. Juvenile earthworms made the 512 largest contribution to abundance overall and within each functional group. Juvenile 513 endogeic, anecic and epigeic earthworms made up 50.1%, 10.7% and 10.8% of total 514 abundance. 515

In terms of biomass (Fig. S7), anecic juveniles and adults dominated earthworm
biomass in margin, ley and arable soils. Endogeic earthworms were dominant in
biomass in hedgerow soils. The biomass of the anecic adult earthworms, especially *L. terrestris* (which was not the dominant anecic earthworm in terms of abundance)
was highest in the margin soil.

521

522 3.4 Population structure

In the baseline data (2015), population structure (Fig. 1C) was similar in hedgerow, margin and arable soils, nor did it change over time in these soils (P > 0.05). In the ley soils, population structure was similar to arable soils in 2016, but changed the following year (P < 0.001). In 2017, population structure in the ley soils had increased from an arable soil baseline (2015) mean juvenile:adult ratio of 3.1:1 and 3.3:1 in 2016, to a mean ratio of 6.5:1.

529

530 3.5 Soil physical properties (annual study)

531 Soil moisture, temperature and bulk density (Fig. S8) varied with sampling year: soils

tended to be drier (0.43 \pm 0.003 g g⁻¹ (2016) vs. 0.38 \pm 0.003 g g⁻¹ (2017); *P* <

533 0.001), warmer (9.50 ± 0.107 °C (2016) vs. 10.55 ± 0.08 °C (2017); *P* < 0.001) and

had a higher bulk density (1.02 \pm 0.009 g cm⁻³ (2016) vs. 1.12 \pm 0.007 g cm⁻³

535 (2017); *P* < 0.001) in 2017 compared to 2016. Overall, soil moisture was lower (~ 6%

drier) and soil temperature higher (~1 °C) in April 2017 compared to April 2016. This

complements the weather station monitoring data, which indicated that April 2017

was drier compared to the 20-year average for the farm (Fig. S9).

Soil properties varied with land use and depth, but were not affected by distance 540 from the field margins. Interactions between year and land use (P < 0.001) or year 541 and depth (P < 0.001) in soil moisture reflected the drier and warmer conditions 542 during sampling in April 2017 compared to April 2016. Overall, mean soil moisture 543 544 was significantly higher in margin soils compared to arable, hedgerow and ley soils (P < 0.001). Mean soil temperatures under hedgerows and margin soils were similar, 545 and the highest mean soil temperatures were recorded in arable soils. Although soil 546 bulk density tended to be low under hedgerows, there were no significant land use or 547 depth effects in the soil bulk density data. SOC was highest under hedgerows (3.07 548 \pm 0.43%) and lowest in arable and, to a lesser extent, ley soils (1.93 \pm 0.29% and 549 $2.13 \pm 0.36\%$ respectively) (*P* < 0.001; Fig. S8). 550

551

Earthworm abundance (2017 data) showed weak correlations with soil properties. For example, abundance and biomass were negatively correlated to soil temperature (r = -0.4, -0.2; P < 0.001; P = 0.017 respectively) and bulk density (r = -0.05, -0.2; P= 0.633, P = 0.043 respectively) (at 5 cm depth), but showed no correlation with soil moisture (r = 0.2, 0.2; P = 0.117, P = 0.117 respectively) (5 cm depth).

The relationship between earthworm species composition and soil properties in each land use was analysed using dbRDA (Fig. 3), using earthworm, soil temperature and density data collected in April 2017 and SOC, N and water holding capacity collected in April 2018. Here, soil temperature is a strong factor differentiating arable soils from ley, margin and hedgerow soils. Margin and hedgerow soils tend to separate along increasing SOC contents.



and October 2017), or higher (e.g. December 2015; April 2016) than the long-term 575 average (2001-2018) (supplementary information, Fig. S9). In turn, variability in the 576 weather was also reflected in soil temperature and moisture measured from the 577 sampled earthworm pits (Fig. 4A&B). There were strong effects of month (P < 0.001) 578 and land use (P< 0.001) on soil temperature and moisture (at both 5 and 10 cm 579 depths). Land use also affected temperature: arable and ley soils tended to be 580 581 warmer than hedgerow and margin soils. Moisture content indicated relatively drier soils under hedgerows compared to arable, ley and margin soils. 582

583

As expected, seasonal variability affected earthworm distributions, particularly in the 584 annual spring surveys where for example, April 2017 which was relatively dry 585 compared to previous spring samples, had a lower overall total abundance. There 586 was a significant effect of month (P < 0.001) and land use (P < 0.001) and a 587 significant month-land use interaction on earthworm abundance (P < 0.001) (Fig. 588 4C). Earthworm abundance across land uses tended to be higher in wetter and 589 cooler months, with peak abundance coinciding with greater than average rainfall; 590 and abundance was lower in drier and warmer months. Similar to abundance data, 591 earthworm biomass showed similar significant effects of month (P < 0.001) and land 592 use (*P* < 0.001) (Fig. 4D). 593



Fig. 4. Seasonal variation in soil temperature (A), soil moisture (B), earthworm 595 abundance (C) and biomass (D) in hedgerows, field margins, arable field and 596 new arable-to-ley strips (in field A4). Samples were taken in April 2015 (before 597 new leys were set up) and again in April 2016 and April 2017, with additional 598 seasonal sampling in December 2015, July 2016 and October 2016. For each 599 month, n = 3 in hedgerow and margin soils; n = 6 in arable soils (for April 2015, 600 n = 18 in arable soils); n = 12 in ley soils). Biomass was not determined in April 601 2015. In the boxplots, X marks the mean, with the median line dividing the box 602 603 into the interguartile range. Outliers are shown beyond the maximum and minimum vertical lines. 604

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Species abundance and functional groups (see Fig. S10) varied with land use (P < 0.001) and month (P < 0.001). Sampling month affected abundance of anecic (P < 0.01), endogeic (P < 0.001) and epigeic (P < 0.01) juveniles, as well as *A. chlorotica* (P < 0.001) and *L. castaneus* (P < 0.01). While total abundance of each functional group was affected by land use (P < 0.001), total abundance of anecic (P < 0.01) and endogeic (P < 0.001) groups were also affected by month, but total abundance of epigeic earthworms was not (P > 0.05).



Earthworm abundance and biomass did not correlate with antecedent soil moisture 617 or temperature. However, earthworm biomass did negatively correlate with the 618 number of dry days in the 14 days before sampling (ADD14; r = -0.876; P = 0.051). 619 Antecedent dry day correlations were then calculated for each land use to see if land 620 use had an effect. Earthworm abundance in arable soil negatively correlated with the 621 number of dry days in the preceding 30- and 50-day periods before sampling 622 (ADD30, r = -0.884, *P* < 0.05; ADD50, r = -0.897, *P* < 0.05). Earthworm biomass in 623 arable soils also negatively correlated with the number of dry days in the preceding 624 625 30-day period (ADD30, r = -0.962, P < 0.01). Earthworm abundance in margin soils negatively correlated with each of the short-term antecedent periods, i.e. the number 626 of dry days 7, 14, 21 or 30 days before sampling (r > -0.9, P < 0.05), but not the 627 longer-term periods (50, 80 or 100 days). There were no correlations between ADD 628 and earthworm abundance in ley soil or under hedgerows. 629

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632 **4. Discussion**

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This study set out to test three hypotheses relating to earthworm distributions in agro-ecosystems. We found that although earthworm communities were more diverse and distinct in hedgerow and margin soils compared to arable soils (H1), there was no effect of distance from high diversity field boundary soils (H2) or connectivity to the field margins (H3) on earthworm distributions in newly established leys. Earthworm distributions varied with annual and seasonal differences in soil moisture and temperature.

4.1 Earthworm communities in hedgerow and grassy field margins are distinct 642 compared to those under continuous conventional arable (Baseline study) 643 In this study, soils under continuous conventional arable had a smaller and less 644 diverse earthworm community, which was largely dominated by endogeic juvenile 645 earthworms. In comparison, grassy field margins had the highest and most diverse 646 earthworm communities. Earthworm abundance under hedgerows was similar to 647 648 arable soils, but community composition was dominated by epigeic juveniles under hedgerows, where there is substantial deciduous litterfall. These findings agree with 649 other studies showing that land use and cropping history in agricultural landscapes 650 play a large role in determining earthworm abundance, biomass, species 651 composition, age structure and functional group distribution (Blouin et al., 2013; 652 Evans and Guild, 1948). 653

654

Continuous conventional arable cultivation with annual crops is detrimental to 655 earthworms, due to soil disturbance during tillage, chemical inputs as fertilisers and 656 pesticides, increased risk of predation after cultivation, and the removal of a 657 permanent plant cover and crop residues, which reduce earthworm food resources 658 (Briones and Schmidt, 2017; Stroud et al., 2016; Chan, 2000). In this study, arable 659 soils had low SOC, high bulk density, and tended to be warmer and drier compared 660 to margin soils. Additional related studies by Holden et al., (2019) and Hallam et al., 661 (2020) at the same field sites confirm the hydrological functioning of these arable 662 soils have lower infiltration rates and fewer macropores than for the hedgerow and 663

margin soils. There are important links between earthworm communities and soil
water (e.g. Spurgeon et al, 2013; Hallam and Hodson, 2020; Hallam et al., 2021).

In contrast, environmental stability in grassy field margins supported the highest and
most diverse earthworm community in this study. Earthworm communities in field
margins respond positively to environmental stability, the accrual of SOM and
abundance of food resources for earthworms (Roarty and Schmidt, 2013; Frazão et
al., 2017; Smith et al., 2008; Crittenden et al., 2015).

672

Despite the historical dominance of hedgerows and their potential loss in farming 673 674 landscapes (Holden et al., 2019), few studies consider earthworm communities under hedgerows (e.g. Smith et al., 2008). Studies on field boundaries in agricultural 675 676 landscapes tend to focus on grassy field margins. In this study, hedgerow soils had the highest abundance of epigeic earthworms. Soil pH was unlikely to be a strong 677 factor in earthworm distributions between hedgerow and arable soils, because soil 678 solution pH values were neutral and were not significantly different (see Holden et 679 al., 2019). Hedgerow and arable soils had the greatest differences in bulk density 680 and SOC contents which would affect earthworm abundance and community 681 composition in these contrasting habitats (Fig. 2). Hedgerow soils also tended to be 682 drier over the monitoring period of this study, reflecting the potentially large 683 evapotranspiration of hedges and their interception of rainfall (Holden et al., 2019), 684 which would tend to lower earthworm abundance compared to margin and ley soils. 685

686

4.2 New grass-clover leys boost earthworm abundance in arable soils (Annual study)

In this study, we showed that earthworm communities increased rapidly in new leys 688 within 2 years of establishment, confirming the benefits of clover-rich ley rotations to 689 earthworms (Riley et al., 2008; Scullion et al., 2007; Jarvis et al., 2017; van Eekeren 690 et al., 2008; Schmidt et al., 2001). For example, van Eekeren et al., (2008) showed 691 that earthworm abundance increased under a grass ley, and abundance was similar 692 to the long-term grassland within 2 years. However, in their study, the biomass was 693 694 still smaller than that observed in permanent grassland. In contrast, in our study, the abundance and biomass in the leys were similar to that observed in the field 695 margins. Comparing our data to earthworm abundance in adjacent long-term pasture 696 fields indicated that earthworm abundance in new leys was also similar to the 3-year 697 average abundance in pasture soils (see Holden et al., 2019). Our results highlight 698 that in these soils, 2 years under clover-rich grass ley is sufficient to increase 699 earthworm populations. Availability of high guality food sources such as clover, as 700 701 well as the reduction in ploughing disturbance have been linked to increased earthworm abundance (Schmidt et al., 2001; Yeates et al., 1998). In particular, 702 Yeates et al., (1998) demonstrated the value of grass-clover mixtures in supporting 703 higher earthworm abundance: earthworm biomass increased by only 13 g m⁻² after 5 704 years in perennial ryegrass compared to 113 g m⁻² under a ryegrass-clover mix. 705

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The conversion of arable to ley demonstrated the rapid increase in earthworm abundance following cessation of disruptive ploughing. The positive effect on earthworms was not only in abundance, but also in species richness, biomass and population structure. In related studies (Hallam et al., 2020; Hallam and Hodson, 2020; Hallam et al., 2021) we have shown the positive effects earthworm increases have on soil properties; although it is possible that there might be a time-lag in the

field between earthworm population change and changes in hydrological function. 713 However, in this study, earthworms showed weak correlations to soil physical 714 715 properties, and other variables such as soil texture, soil aggregation, plant biomass and organic matter may be important to consider. Nevertheless, it is plausible that 716 the lack of soil disturbance and the presence of a permanent plant cover, continuous 717 inputs of plant litter and plant C contributed to the positive effect on earthworms. 718 719 Hallam et al., (2021) found a synergistic relationship between endogeic earthworms and plants in terms of improved soil hydraulic properties. Meta-analyses of data sets 720 reporting earthworm abundance after converting arable to grassland showed that 721 increases in earthworm abundance tended to occur in the short-term (0-3 yrs), with 722 rapid increases due to the endogeic earthworms which tend to dominate in arable 723 soils. As soil conditions improved and food resources became more available, so did 724 the diversity in endogeic, epigeic and anecic earthworms over time; however longer 725 726 periods since conversion did not add to the increase (Spurgeon et al., 2013).

727

4.3 Arable soils are important biological reservoirs (Annual study)

729 Our experimental design set out to determine the role of migration from biodiversity refugia into new ley strips. Our data show that the earthworm barrier at the margin-730 field boundary had no effect on earthworm distributions within the new leys. Although 731 abundance was higher in margin soils, there was no gradient in earthworm 732 distribution with distance from hedgerow and margin. The lack of a gradient in 733 earthworm density has also been shown by Roarty and Schmidt (2013), Crittenden 734 et al., (2015) and Smith et al., (2008). Where distance effects have been reported, 735 these tend to reflect lower abundance at distances close to the margin, where 736

vehicle traffic may have compacted soils, leading to lower earthworm numbers (e.g. 737 Hof and Bright, 2010). The barriers were only installed at the head of each 738 739 unconnected strip, so we cannot completely discount migration of earthworms from beyond the 13 m-long barrier at the margin-field boundary or from other parts of the 740 arable field. Evidence from soil surface pitfall traps reveal that several earthworm 741 species, particularly anecics, but also endogeics and some epigeics crawl over the 742 743 soil surface at night (Eijsackers, 2011). Frazao et al., (2017) also noted that L. terrestris was likely to colonise plots in which they were not introduced, although 744 745 there were 'large' buffer zones between the plots. Therefore, burrowing and soil surface dispersal from adjacent arable soils could also account for the population 746 increase, as earthworms in lower quality arable soils are attracted into the new leys 747 as conditions improved over time. Our study supports previous work by Smith et al., 748 (2008), Roarty and Schmidt (2013), Crittenden et al., (2015) and Frazao et al., 749 (2017) which demonstrate that although field margins have higher earthworm 750 abundance, there is no 'spill-over' effect into adjacent arable fields. Roarty and 751 Schmidt (2013) proposed that the survival of in-field populations supported the 752 increase in earthworm abundance, rather than immigration from surrounding refugia 753 (Marinissen and van den Bosch, 1992; Nuutinen et al., 2011). Our data support their 754 idea of improved survival of in-field earthworm populations. However, we cannot rule 755 out that the ley populations were also increased by immigation from the surrounding 756 arable field as soil quality developed in the new leys. Our results demonstrate that 757 despite low abundance and dominance by juvenile earthworms, intensively managed 758 arable soils can still be considered as biodiversity reservoirs. Despite very limited 759 abundance, this arable reservoir held juvenile representatives of the three functional 760 groups. Our understanding of arable soil earthworm species diversity is incomplete 761

because juveniles were identified to functional group only. However, arable 762 earthworm diversity would still be relatively lower compared to the margins or new 763 764 leys because of soil conditions and limited food resources. The new leys provided the stability and permanent plant cover which gave the juvenile earthworms the 765 opportunity to mature and reach adulthood. Furthermore, the change in population 766 structure suggests a shift from low survival and low abundance in arable soils to 767 768 improved conditions in the new ley soils allowing adult earthworms to produce more offspring. Spurgeon et al., (2013) also suggested that the rapid accrual of 769 earthworms following arable to grassland conversion was driven by improved 770 survival of juvenile earthworms. They went on to highlight that endogeic species, 771 which often dominate agroecosystems, may have an important role in initiating a 772 positive feedback in soil conditions, thus facilitating the recruitment of epigeic and 773 anecic species once plant surface litter became more available. Endogeic juveniles 774 and species were the dominant group in our study. This highlights that arable soils 775 may be potential reservoirs for all earthworm groups, but this is likely to depend on 776 soil conditions and the historical legacy of land use management. 777

778

The increase in the number of adult earthworms in the leys could have been due to 779 780 migration from the surrounding arable soils, resulting in an apparent decline in arable soil adult earthworms (Fig. 2). However, population structure remained the same in 781 arable soils over the study period. Also, April 2017 was relatively drier than previous 782 years, resulting in relatively lower earthworm abundance overall (the ley soils were 783 the only land use to show an increase in abundance in 2017). It is likely that cocoon 784 production and survival increased in the ley soils and also contributed to the increase 785 in earthworm abundance. In addition, any adult earthworms that dispersed from the 786

adjacent arable soil in the new leys are likely to reproduce and deposit cocoons. This
may help account for the doubling in the juvenile:adult ratio in new leys compared to
no change in arable, hedgerow or margin soils over the monitoring period.

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4.4 Annual and seasonal changes in earthworm abundance

Temporal variation in soil moisture and temperature have strong effects on 792 earthworm populations (Lowe and Butt, 2005; Schmidt et al., 2001; Whalen and 793 Parmelee, 1999; Evans and Guild, 1947). As expected, earthworm abundance in 794 our study correlated positively with soil moisture but negatively with temperature, and 795 numbers declined during summer (July 2016) and the unusually dry spring (April 796 2017). In addition, our analyses show that earthworm data can be negatively 797 affected by antecedent dry weather. Therefore, it is important to report weather 798 conditions for the week before sampling in association with earthworm sampling 799 data. Our data indicated that there were no correlations between number of 800 antecedent dry days and earthworm abundance in soils from new leys or under 801 hedgerows, suggesting that semi-permanent plant cover may help earthworm 802 populations to be more resilient to fluctuations in soil conditions. 803

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805

806 **5. Conclusions**

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Results from our field experiments clearly show the positive impact on earthworm
populations of converting arable soils, which are relatively low in earthworms, to

grass-clover leys. This conversion increased earthworm abundance, biomass, and 810 species diversity, while population structure shifted to relatively more adults. After 2 811 812 years, earthworm abundance had reached the average levels recorded in long-term pasture fields at the same site (see Holden et al., 2019), suggesting the maximum 813 population level had been achieved. This rapid increase has important implications 814 for soil management as arable farming practices seek to move towards sustainability 815 816 and ecological intensification, as leys are also associated with other co-benefits to soil health, soil function, resilience and plant productivity. The policy mechanisms to 817 818 encourage farmers to adopt rotational leys and the barriers to their use now need to be investigated. 819

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Our data confirmed that although arable soils are depleted in earthworms, they can 821 still be important reservoirs of biological diversity. Once converted to grass-clover 822 ley, the earthworm community inhabiting former arable soils was able to survive 823 under improved soil conditions, which supported the rapid increase in earthworm 824 abundance. However, active dispersal from adjacent arable soils to the levs, due to 825 greater food supply and improved conditions in the new leys, may also be 826 contributing to the population increase. Our data show that sampling campaigns 827 828 coinciding with periods of relatively high or low soil moisture strongly affect earthworm abundance assessments. This has implications for soil health metrics and 829 long-term data collection is necessary to avoid misinterpreting changes in soil 830 831 management practices.

832

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