

This is a repository copy of *The effect of intestinal microbiota dysbiosis on growth and detection of carbapenemase-producing Enterobacterales within an in vitro gut model.*

White Rose Research Online URL for this paper: https://eprints.whiterose.ac.uk/174247/

Version: Accepted Version

Article:

Harris, HC, Buckley, AM orcid.org/0000-0002-2790-0717, Spittal, W et al. (9 more authors) (2021) The effect of intestinal microbiota dysbiosis on growth and detection of carbapenemase-producing Enterobacterales within an in vitro gut model. The Journal of hospital infection. ISSN 0195-6701

https://doi.org/10.1016/j.jhin.2021.04.014

© 2021 The Healthcare Infection Society. Published by Elsevier Ltd. This manuscript version is made available under the CC-BY-NC-ND 4.0 license http://creativecommons.org/licenses/by-nc-nd/4.0/.

Reuse

This article is distributed under the terms of the Creative Commons Attribution-NonCommercial-NoDerivs (CC BY-NC-ND) licence. This licence only allows you to download this work and share it with others as long as you credit the authors, but you can't change the article in any way or use it commercially. More information and the full terms of the licence here: https://creativecommons.org/licenses/

Takedown

If you consider content in White Rose Research Online to be in breach of UK law, please notify us by emailing eprints@whiterose.ac.uk including the URL of the record and the reason for the withdrawal request.



eprints@whiterose.ac.uk https://eprints.whiterose.ac.uk/

1	The effect of intestinal microbiota d	vsbiosis on a	growth and detection	of carbapenemase	-producing
-	The check of intestinal fine oblota a	y 3010313 011	Browen and actection	or cursuperientuse	producing

2	Enterobacterales within an in vitro gut model
---	---

- 3 Hannah C Harris¹, Anthony M Buckley¹, William Spittal¹, Duncan Ewin¹, Emma Clark¹, James
- 4 Altringham¹, Karen Bentley¹, Ines B Moura¹, Mark H Wilcox^{1,2}, Neil Woodford³, Kerrie Davies^{1,2},
- 5 Caroline H Chilton^{1*}
- 6 1. Heath care associated infection research group, Leeds Institute of Medical Research, Faculty of
- 7 Medicine and Health, University of Leeds, Leeds, LS1 LEX, United Kingdom.
- 8 2. Department of Microbiology, Leeds Teaching Hospitals NHS Trust, The General Infirmary, Leeds,
- 9 LS1 3EX United Kingdom.
- 10 3. Antimicrobial Resistance and Healthcare Associated Infections (AMRHAI), Reference Unit,
- 11 Microbiology Services Colindale, Public Health England.
- 12
- 13
- 14 * Corresponding author: <u>C.H.Chilton@leeds.ac.uk</u>, Tel: +44 113 393 8663
- ¹⁵ ⁺Current institution: Quadram Institute Bioscience, Norwich, NR4 7UQ, United Kingdom

- 17 Running title
- 18 Detection of CPE in an in vitro gut model
- 19
- 20 Summary
- 21 Background: Carbapenemase-producing Enterobacterales (CPE) can colonise the gut and are of
- 22 major clinical concern. Identification of CPE colonisation is problematic; there is no gold-standard
- 23 detection method, and the effects of antibiotic exposure and microbiota dysbiosis on detection
- 24 are unknown.

25	Aim: Based on a national survey we selected four CPE screening assays in common use. We used a
26	clinically-reflective in vitro model of human gut microbiota to investigate the performance of each
27	test to detect three different CPE strains under different, clinically-relevant antibiotic exposures.
28	Methods: Twelve gut models were seeded with a pooled faecal slurry and exposed to CPE either
29	before, after, concomitant with, or in the absence of piperacillin-tazobactam (358 mg/l, 3x daily, 7
30	days). Total Enterobacterales and CPE populations were enumerated daily. Regular screening for
31	CPE was performed using Cepheid Xpert [®] Carba-R molecular test, and with <i>Brilliance™ CRE</i> ,
32	Colorex [™] mSuperCARBA and CHROMID [®] CARBA SMART agars.
33	Findings: Detection of CPE when the microbiota are intact is problematic. Antibiotic exposure
34	disrupts microbiota populations and allows CPE proliferation, increasing detection. The
35	performances of assays varied, particularly with respect to different CPE strains. The Cepheid
36	assay performed better than the three agar methods for detecting a low level of CPE within an
37	intact microbiota, although performance of all screening methods was comparable when CPE
38	populations increased in a disrupted microbiota.
39	Conclusion: CPE strains differed in <mark>their dynamics of colonisation in an </mark> in vitro gut model and in
40	their subsequent response to antibiotic exposure. This affected detection by molecular and
41	screening methods, which has implications for the sensitivity of CPE screening in healthcare
42	settings.
43	
44	Key words: Carbapenemase-producing Enterobacterales (CPE), gut microbiota, dysbiosis, screening,
45	antibiotics.
46	Introduction

Antibiotic resistance in clinically relevant bacteria is of increasing concern. In particular, the
prevalence of carbapenemase-producing Enterobacterales (CPE) has increased in recent years,

becoming an important threat to public health.¹⁻³ There are numerous carbapenemases, however,
isolates containing the so-called 'big five' carbapenemase families (IMP, KPC, NDM, OXA-48-like and
VIM) predominate among those submitted to the PHE's Antimicrobial Resistance and Healthcare
Associated Infections (AMRHAI) Reference Unit for investigation of carbapenem resistance.⁴ These
enzymes can render bacteria resistant to most beta-lactam antibiotics, reducing the number of
treatment options.

Carbapenemases are increasingly identified in Enterobacterales that form part of the normal gut
microbiota. Thus, CPE may colonise patients, as part of their (altered) gut microbiota, ⁵ and spread
between asymptomatic individuals, particularly in healthcare settings.⁶ A recent prospective
European study demonstrated that 1.3 patients per 10,000 hospital admissions had CPE-positive
clinical specimens, although this rate varied considerably between countries.³

60 Rapid, accurate detection of these organisms in patients is paramount to ensure appropriate patient management and infection control procedures are put in place to minimise spread.⁷ However, this is 61 complicated by a number of factors, not least determining which patients to screen for CPE carriage. 62 It is unrealistic and expensive to test all patients in most hospitals (this is not considered to be cost-63 64 effective⁷), so detection is usually targeted towards 'at risk' patient subgroups, defined according to local epidemiology and prevalence.^{7, 8}. Importantly, very little is known about the impact of 65 antibiotic therapy on the detection of CPE, and this factor is rarely considered when screening 66 67 patients.

There is no 'gold standard' method for detection of CPE in stool samples or rectal swabs; UK
Standards for Microbiology Investigations (SMI) guidelines recommend using commercial selective
chromogenic agar, ⁹ and many options for CPE detection are available. ¹⁰⁻¹⁵ Indeed, a recent survey
found considerable heterogeneity in the screening methods used across England, and also in
identification of patients targeted for screening.¹⁶

We investigated the growth and detection of three carbapenemase-producing *Klebsiella pneumoniae* strains in an *in vitro* model of the human colon in the presence of both a normal,
healthy microbiota, and a dysbiotic microbiota disrupted by antibiotic exposure. We have previously
demonstrated that this model can be used to investigate CPE intestinal colonisation.¹⁷ This gut
model has been used extensively to investigate the interplay between the intestinal microbiota,
antibiotic exposure and *Clostridioides difficile* ¹⁸⁻²⁰ and has been shown to be reproducible and
clinically reflective.²¹

- 80
- 81
- 82 Methods

83 The in vitro gut model consists of a triple-stage chemostat system, water-jacketed at 37°C, top-fed 84 with complex growth media and maintained at gut-reflective pH (pH 5.5 (±0.2), 6.2 (±0.2), 6.8 (±0.2) 85 for vessel 1, 2 and 3, respectively). Vessel contents are magnetically stirred and sparged with nitrogen 86 to maintain an anaerobic environment. Intestinal microbiota populations are established via a pooled 87 slurry of faecal samples from healthy volunteers (n=5). Any healthy adult (age >18 years) with no 88 history of antibiotic therapy in the last three months was eligible. Samples were anonymous and no participant information was collected. Samples were confirmed negative for CPE (by Cepheid Xpert® 89 90 Carba-R assay and plating on at least one commercial agar specific for CPE detection). Each vessel has 91 stoppered ports to facilitate interventions and sampling.

- 92 Experimental design
- 93 Twelve gut model experiments were run, evaluating the detection of three different CPE strains
- 94 (outlined in Table 1) with and without prior exposure to antibiotics (Figure 1). Initial microbiota
- 95 populations were established from faecal slurry and allowed to reach a steady state (~2 weeks) prior
- 96 to any intervention. Initially, three models were run for each CPE strain; one was not exposed to

97	antimicrobials (models A, D, G), and the other two were instilled with a clinically reflective
98	antimicrobial dosing regimen (piperacillin/tazobactam - 358 mg/l, 3x daily, 7 days), either before
99	(model B, E, H) or during (model C, F, I) CPE exposure (Figure 1). Faecal levels of piperacillin-
100	tazobactam have been shown to vary considerably ^{22, 23} , so the dosing regimen has been chosen to
101	reflect reported biliary concentrations ²⁴ as with previous gut model experiments ²⁵ . These nine
102	models were exposed to daily increasing inocula of CPE strains (between 3 and 6 log_{10} cfu/mL diluted
103	from overnight cultures in nutrient broth) over a 5-8 day period. A further three models (J,K,L) were
104	run in which two, single inocula of CPE (1 mL of a 1:10,000 dilution of the overnight culture) were
105	added into an intact microbiota, one week apart, followed by instillation of the same
106	piperacillin/tazobactam regimen (Figure 1). All models were sampled daily and total
107	Enterobacterales populations (MacConkey agar), and CPE populations (BioMerieux CHROMID®
108	CARBA SMART) enumerated. Other microbiota populations were also regularly enumerated on
109	selective and non-selective agars (appendix 1). Four different detection assays (selected to reflect
110	current practices in the UK) ¹⁶ were used to detect CPE at each of the screening times outlined in
111	Figure 1.
112	Screening methods

- 113 Screening methods used for CPE detection were;
- Cepheid Xpert[®] Carba-R assay molecular assay (Cepheid)
- Brilliance[™] CRE agar (Oxoid)
- Colorex[™] mSuperCARBA[™] agar (E&O Laboratories)
- CHROMID[®] CARBA SMART agar (bioMérieux)
- 118 For all screening methods, collection swabs (Cepheid) were submerged in aliquots (~3mL) of gut
- 119 model fluid taken from vessel 3. Each aliquot was tested in triplicate at each time point, i.e. three
- swabs were submerged in the same aliquot of fluid, prior to being used according to manufacturer's
- 121 instructions for processing a clinical rectal swab.

122

123 CPE strains

- We evaluated the detection of three different CPE strains within the gut model (Table 1). Strains
 were isolated from clinical samples of patients at Leeds Teaching Hospitals Trust (LTHT) and were
 selected as producers of three prevalent carbapenemases; KPC, NDM and the often difficult to
 detect OXA-48.²⁶
- 128
- 129 Results

130 *Growth dynamics of CPE in the gut model*

131 CPE populations were enumerated regularly to allow the growth dynamics of the CPE within the gut132 microbiota environment to be investigated.

The instillation of piperacillin-tazobactam into gut models caused marked disruption to the microbiota. All measured microbiota populations were affected, most notably bifidobacteria, *Bacteroides fragilis* group and lactobacilli, often reduced below the limit of detection (appendix 2). In models that received no antibiotics (A, D, G), microbiota disruption was not observed, with the exception of a reduction in bifidobacteria in model D.

138 CPE populations remained low when inoculated into an intact microbiota. In all cases, piperacillin-139 tazobactam exposure caused an initial decline in Enterobacterales (Figure 2), which soon recovered, 140 driven by an expansion of CPE. However, differences in the growth dynamics of the three different 141 strains were observed.

142 K. pneumoniae OXA-48 (KP-OXA-48): Models A (no antibiotics), B (prior antibiotics), C (concomitant
143 antibiotics), J (post antibiotics)

Increasing inocula of KP-OXA-48 were added to models A, B and C from day 28 (3.26 log₁₀ cfu) up to
day 35 (5.12 log₁₀ cfu). Due to lack of CPE detection, an additional inoculum of 6.25 log₁₀ cfu was
added into model A on day 39. For model J, two aliquots of 2.7 log₁₀ cfu were added on days 14 and
21 (Figure 3).

KP-OXA-48 populations did not establish in an intact microbiota in the absence of antibiotics (Figures
2A, 3J), even following the largest inoculum used (6.25 log₁₀ cfu). However, when introduced into a
disrupted microbiota (model B), KP-OXA-48 was detectable following the lowest inoculum (3.26 log₁₀
cfu). In all models, CPE populations quickly proliferated following antibiotic exposure to ~8 log₁₀
cfu/mL, equal to total Enterobacterales indicating that immediately post antibiotic exposure, the
majority of Enterobacterales were carbapenemase producers (Figures 2B, 2C, 2J).

154

K. pneumoniae NDM (KP-NDM): Models D (no antibiotics), E (prior antibiotics), F (concomitant
antibiotics), K (post antibiotics)

Increasing inocula of KP-NDM were added to models D, E and F from day 23 (3.49 log₁₀ cfu) up to day
30 (5.62 log₁₀ cfu). For model K, two aliquots of 2.1 log₁₀ cfu were added on days 14 and 21. (Figure
3)

160 Total Enterobacterales populations remained fairly stable in the absence of antibiotic exposure, and 161 CPE populations did not establish until after the highest inoculum of KP-NDM in model D (Figure 2D), 162 or the second inoculum KP-NDM in model K (Figure 2K). In model D, CPE remained at around the 163 limit of detection, whereas in model K, CPE increased to ~4log₁₀ cfu/mL. In models E and F, following piperacillin-tazobactam exposure, a non-CPE population was detected on Colorex™ 164 mSuperCARBA agar plates (prior to KP-NDM inoculation in model E). These colonies did not contain 165 166 an NDM gene (as confirmed by PCR) and did not grow on CHROMID® CARBA SMART agar, and are 167 likely to represent a separate organism present in the initial faecal slurry proliferating after antibiotic 168 exposure. Enumeration of CPE on both CHROMID[®] CARBA SMART agar and Colorex[™] mSuperCARBA
 169 agar is therefore presented for these models (Figures 2E, 2F).

170 When inoculated into a disrupted microbiota (model E) KP-NDM (confirmed by MALDI-TOF and PCR) 171 was detected following the lowest inoculum (3.49 log₁₀ cfu) and populations quickly proliferated to 172 $\sim 6 \log_{10}$ cfu (Figure 2E). When piperacillin-tazobactam and K. pneumoniae NDM were inoculated 173 concomitantly into model F, KP-NDM was detected on day 28 following an inoculation of 4.54 log₁₀ 174 cfu, and increased, but to a much lower level than in model E (~3 log₁₀ cfu/mL – Figure 2F). In model 175 K, instillation of piperacillin-tazobactam caused a rapid decline in CPE populations initially (day 30), 176 but these quickly recovered and increased to $>8 \log_{10}$ cfu/mL by the end of the antibiotic dosing 177 period. Interestingly, molecular testing revealed the emergence of an additional CPE population in 178 this model (model K). Prior to antibiotic exposure, only the NDM gene was detected, but from day 179 34, the KPC gene also began to be detected, indicating that from this point onwards, the 180 enumerated CPE populations comprised both NDM and KPC encoding organisms.

181

182 K. pneumoniae KPC (KP-KPC): Models G (no antibiotics), H (prior antibiotics), I (concomitant
183 antibiotics), L (post antibiotics)

Increasing inocula of KP-KPC were added to models G, H and I from day 26 (3.53 log₁₀ cfu) up to day
30 (4.43 log₁₀ cfu). For model L, two aliquots of 3.3 log₁₀ cfu were added on days 14 and 21 (Figure
3).

In the absence of antibiotic mediated microbiota disruption, KP-KPC was detectable following an
 inoculum of 4.03 log₁₀ cfu in model G (Figure 2G), and following the second KP-KPC inoculum in
 model L. In both these models CPE populations increased to ~6 log₁₀ cfu/mL despite the absence of
 antibiotic exposure. In all models inoculated with KP-KPC, CPE population growth was rapid (Figures

2G, 2H, 2I, 2L), but particularly in those where the microbiota was disrupted with antibiotics (Figures
2H, 2I, 2L).

193 Notably, although the CPE strains inoculated into the model were all *K. pneumoniae*, other resistant

194 Enterobacterales, particularly *E. coli* were isolated on both enumeration and screening plates. This

195 was particularly evident in models inoculated with the KP-KPC strain.

196

197 Detection of CPE using the different screening methods

198 Swabs submerged in gut model fluid (to mimic a rectal swab) were regularly collected in order to

199 compare the four different screening platforms at different points in the experiment.

200

201 Effect of CPE isolate (carbapenemase gene) on detection

202 Differences were observed between the performance of the detection methods for different203 isolates.

204 The molecular test (Cepheid) had a lower limit of detection for KP-OXA-48 than other methods and

was the only screening test to detect it in a diverse microbiota (models A and J, Figure 3). Of the

agars tested, Brilliance[™] CRE was the most consistent in detection of KP-OXA-48. Interestingly, the

207 OXA side of the CHROMID[®] CARBA SMART bi-plate, which is designed to help identify hard-to-

208 detect OXA-48 – like containing organisms, was the least consistent in detection of this KP-OXA-48

strain, and had a much higher limit of detection for this strain than the CARBA side.

210 For the KP-NDM strain, it appeared that the Colorex[™] mSuperCARBA agar had the lowest limit of

211 detection, identifying this CPE strain earlier in the experiment than any other method. However,

further molecular analysis on growth from Colorex[™] mSuperCARBA plates showed no NDM gene

213 was present (indeed, no carbapenemase gene was detected), suggesting this agar may be prone to

false positives. The Cepheid molecular test therefore appeared to have the lowest limit of detection

for KP-NDM, identifying it more frequently (particularly in model F) than the remaining agar tests
(Brilliance[™] CRE and CHROMID[®] CARBA SMART).

217 Three screening methods had a similar limit of detection for KP-KPC; the Cepheid molecular 218 platform, Colorex[™] mSuperCARBA agar and CHROMID[®] CARBA SMART agar. Both the Cepheid 219 Xpert[®] and Colorex[™] mSuperCARBA platforms had sporadic positive screens (in models G and I 220 respectively), but generally, these three methods detected CPE at the same point in the 221 experiments. However, the Brilliance™ CRE agar performed substantially worse at detecting this CPE 222 strain, consistently not returning a positive result until later than other tests (6, 1 and 2 days later in 223 models G, H and I respectively). Interestingly, the Brilliance[™] CRE agar was also negative for CPE at 224 the end of the experiment in models H, I, and especially L, despite enumerated CPE remaining high, 225 and other screening platforms detecting CPE at this point.

226

227 Effect of Host Microbiota on detection

The state of the host microbiota had a marked effect on the behaviour of CPE within the gut model,
which in turn markedly impacted on CPE detection. When CPE were inoculated into an intact
microbiota (models A, D, G, J, K, L), a much larger inoculum was required before screening platforms
could detect the resistant organisms. Crucially, in models A and J (inoculated with KP-OXA-48) and D
(inoculated with KP-NDM) only sporadic positive screens were observed despite inoculation of >5
log₁₀ cfu/mL. Only in models inoculated with KP-KPC (G and L) was CPE consistently detected in an
intact microbiota.

Conversely, when CPE were inoculated into a disrupted microbiota (models B, E and H), they were
rapidly detected following the lowest inoculum. Due to the rapid proliferation of CPE strains in a
disrupted microbiota, the majority of screening methods evaluated were consistently positive for
CPE detection and appeared to have comparable performance and limits of detection, although
some strain-specific variation was observed as discussed above.

240 Effect of Antibiotic Exposure on detection

241 Enumeration demonstrated that when CPE were inoculated into an intact microbiota concomitant to

242 antibiotic exposure (models C, F, and I), proliferation of CPE occurred as other microbiota species

- 243 were disrupted. This was reflected in the performance and limit of detection of the screening
- 244 platforms. Interestingly in model J (inoculated with KP-OXA-48), CPE were detected only
- sporadically following inoculation, however by 5 days post antibiotic exposure, CPE was detected in
- all models by all screening platforms (Figure 3).
- 247

248 Discussion

- 249 Using an *in vitro* gut model system, we have simulated CPE exposure and colonisation of the gut and
- 250 demonstrated that the status of the microbiota and antibiotic exposure affects CPE population
- 251 dynamics and detection in a strain-dependant manner. This model system has been validated using
- 252 chemical and microbiological measurements on the intestinal content of sudden death victims, ²⁷
- and has been shown to model the interplay between the microbiota, antibiotics and *C. difficile*
- 254 infection in a clinically reflective way. ²¹ We have previously demonstrated that this model can be
- 255 used to investigate interplay between the microbiota and CPE, ¹⁷ although how this reflects clinical
- 256 CPE behaviour is not yet clear.

257 We demonstrated that when the intestinal microbiota is intact, large and/ or repeated CPE

258 exposure can be required for CPE populations to proliferate and establish in large numbers. This

259 was particularly evident for the KP-OXA-48 strain and is in line with previously described

- 260 'colonisation resistance' to CPE, which has led to the investigation of Faecal Microbiota
- 261 Transplantation (FMT) as a 'decolonisation' method.²⁸⁻³⁰ It is important to note, however, that
- 262 'decolonisation' more likely equates to a reduction in population density to below the limit of
- 263 detection. Indeed, our data suggest that CPE can be present in an intact microbiota below the limit

of detection for a matter of weeks, but can subsequently proliferate and become detectable, e.g.

- 265 following antibiotic exposure. This could have major implications for the way FMT donor stools are
- screened for CPE and other MDRO, particularly given the recent safety alert issued by the FDA
- 267 following deaths associated with MDRO transmission events.³¹ In these cases, organisms were not
- 268 detected due to a lack of screening (and subsequent screening of stored stool identified ESBL-
- 269 producing E-coli identical to that in the patients), however, our data indicates that for the CPE
- 270 strains investigated here, a lack of detection in healthy stool samples may not be sufficient to ensure
- 271 no CPE are present, and hence transferred to vulnerable recipients.

272 The KP-KPC strain established most readily in the intact microbiota, tended to proliferate most 273 readily and was associated with rapid dissemination of resistance genes into other Enterobacterales populations, confirming both previous observations in the gut model ¹⁷, and the described wide 274 275 dissemination and plasticity of these genes and associated mobile genetic elements.³² The 276 emergence of an unexpected KPC encoding population in model K following antibiotic exposure also 277 points to increased dissemination and plasticity of these genes. It is not clear whether the 278 emergence of this KPC containing population is due to the accidental introduction of a KPC 279 containing organism, or whether it was present in the original stool below the limit of detection. 280 We have concentrated on investigating the performance of one molecular and three agar screening methods to reflect those used most commonly across England.¹⁶ Importantly, we found that the 281 282 performance of the screening methods varied according to the CPE strain, and was also affected by 283 the composition of the microbiota populations within the gut environment. The Cepheid molecular platform proved to be the most consistent test across all conditions. When microbiota populations 284 285 were disrupted, and CPE proliferation was high, performance of the CHROMID[®] CARBA SMART agar 286 was similar to that of the Cepheid, however, in an intact microbiota, where levels of CPE remained 287 low, the Cepheid platform detected CPE more frequently. Performance of agar methods were 288 variable and particularly influenced by CPE strain (e.g. the high limit of detection of the Brilliance™

289 CRE agar for the KP-KPC strain used here), and specificity issues (false positive detection by the

290 Colorex[™] mSuperCARBA agar of a population of non-CPE encoding *K. pneumonia* was noted). Of

291 the agars, the CHROMID[®] CARBA SMART was the most consistent in CPE detection, although it was

292 interesting to note that the 'OXA-48' portion of this biplate did not reliably detect this KP-OXA-48

293 strain, whereas the 'CARBA' portion did.

It is important to note that only three strains representative (in terms of carbapenemase gene) of those in patients in Leeds Teaching Hospitals Trust were investigated in this study. Given the marked strain-to-strain differences observed, use of different CPE strains may have led to different relative test performances. The use of different CPE strains should therefore be carefully considered when comparing detection platforms.

Multiple comparisons of various agars for the detection of CPE have been carried out, and huge variation has been reported in performance ^{15, 33-35}. Many studies have indicated that performance of screening tests is dependent on strain, and the background epidemiology of CPE will affect the performance of detection assays. Particularly problematic strains such as OXA-244 producers have been described, and the CHROMID[®] CARBA SMART agar has been shown to be less effective in detection of these strains.³⁶ We found the Brilliance[™] CRE agar to be particularly inconsistent for the detection of *K. pneumoniae* KPC.

306 Taken together, these data show that the status of the host microbiota greatly affects the 307 population dynamics of CPE within the gut environment. This may have particular relevance in 308 healthcare settings, a known risk for CPE dissemination ⁶, and where patients are likely to receive 309 antibiotic treatments. Our data suggest that in certain cases patients exposed to CPE could screen 310 negative for the organisms, but that subsequent antibiotic exposure could lead to proliferation of a 311 previously undetected population within the gut environment, leading to these patients becoming 312 an infection control risk. Potentially the inclusion of antibiotic exposure as a new testing criterion in 313 high-risk patients should be considered, as outlined in the recently updated PHE framework.⁷

314 Importantly, in our experiments this was most likely to be the case for the KP-OXA-48 strain. OXA-48-like genes are hard to detect.²⁶ Molecular testing (as represented by the Cepheid here) has the 315 316 advantage of identifying the CPE gene(s) present in a patient's gut flora, which can be crucial in 317 outbreak investigation, reducing the need for confirmatory testing. It also has the advantage of 318 speed, with a result returned ~1 hour after processing as compared with ~24 hours for agar 319 methods. However, it should also be noted that isolation of the organism (achieved by agar but not 320 molecular methods) can be desirable for longitudinal monitoring, epidemiological studies and 321 determination of antibiotic susceptibilities. This is important in the detection of horizontal gene 322 transfer and multi-species outbreaks. Crucially, it may be of more importance for screening 323 laboratories to understand the underlying population of CPE strains in the healthcare settings they 324 serve and take this into consideration when detecting their preferred screening assay. However, 325 there is likely to be a benefit to regular use of different /multiple screening assays to ensure 326 emergence of 'new' CPE populations are not missed. 327 **Funding Source** 328

- 329 Ths work was funded by a Healthcare Infection Society Major Research Grant (MRG/2016_07/004)
- 330
- 331 References
- 332
- 3331.Johnson AP, Woodford N Global spread of antibiotic resistance: the example of New Delhi334metallo-beta-lactamase (NDM)-mediated carbapenem resistance. Journal of medical335microbiology 2013; 62: 499-513.
- Lee CR, Lee JH, Park KS, Kim YB, Jeong BC, Lee SH Global Dissemination of Carbapenemase Producing Klebsiella pneumoniae: Epidemiology, Genetic Context, Treatment Options, and
 Detection Methods. *Frontiers in microbiology* 2016; **7**: 895.
- Grundmann H, Glasner C, Albiger B *et al.* Occurrence of carbapenemase-producing Klebsiella
 pneumoniae and Escherichia coli in the European survey of carbapenemase-producing
 Enterobacteriaceae (EuSCAPE): a prospective, multinational study. *Lancet Infect Dis* 2017;
 17: 153-63.
- PHE English Surveillance Programme for Antimicrobial Utilisation and Resistance (ESPAUR),
 Report 2019. *Gateway number GW-687* 2019.

345	5.	Woodford N, Wareham DW, Guerra B, Teale C Carbapenemase-producing
346		Enterobacteriaceae and non-Enterobacteriaceae from animals and the environment: an
347		emerging public health risk of our own making? The Journal of antimicrobial chemotherapy
348		2014; 69 : 287-91.
349	6.	David S, Reuter S, Harris SR <i>et al.</i> Epidemic of carbapenem-resistant Klebsiella pneumoniae
350		in Europe is driven by nosocomial spread. <i>Nat Microbiol</i> 2019; 4 : 1919-29.
351	7.	PHE Framework of actions to contain carbapenemase-producing Enterobacterales. PHE
352		publications Ref: GW-1625 2020.
353	8.	Vella V, Moore LS, Robotham JV <i>et al.</i> Isolation demand from carbapenemase-producing
354		Enterobacteriaceae screening strategies based on a West London hospital network. The
355		Journal of hospital infection 2016; doi 10.1016/j.jhin.2016.04.011.
356	9.	Investigations USfM Laboratory Detection and Reporting of Bacteria with Carbapenem-
357		Hydrolysing β-lactamases (Carbapenemases).
358		https://www.govuk/government/publications/smi-b-60-detection-of-bacteria-with-
359		carbapenem-hydrolysing-lactamases-carbapenemases 2016.
360	10.	Adler A, Navon-Venezia S, Moran-Gilad J, Marcos E, Schwartz D, Carmeli Y Laboratory and
361		clinical evaluation of screening agar plates for detection of carbapenem-resistant
362		Enterobacteriaceae from surveillance rectal swabs. <i>Journal of clinical microbiology</i> 2011: 49 :
363		2239-42.
364	11.	Hammoudi D. Moubareck CA. Sarkis DK How to detect carbapenemase producers? A
365		literature review of phenotypic and molecular methods. <i>Journal of microbiological methods</i>
366		2014: 107 : 106-18.
367	12.	Panagea T. Galani I. Souli M. Adamou P. Antoniadou A. Giamarellou H Evaluation of
368		CHROMagar KPC for the detection of carbapenemase-producing Enterobacteriaceae in rectal
369		surveillance cultures. International journal of antimicrobial agents 2011: 37 : 124-8.
370	13.	Perry JD. Nagyi SH. Mirza IA <i>et al.</i> Prevalence of faecal carriage of Enterobacteriaceae with
371		NDM-1 carbapenemase at military hospitals in Pakistan, and evaluation of two chromogenic
372		media. The Journal of antimicrobial chemotherapy 2011: 66 : 2288-94.
373	14.	Samra Z. Bahar J. Madar-Shapiro L. Aziz N. Israel S. Bishara J Evaluation of CHROMagar KPC
374		for rapid detection of carbapenem-resistant Enterobacteriaceae. <i>Journal of clinical</i>
375		<i>microbiology</i> 2008: 46 : 3110-1.
376	15.	Simner PJ. Gilmour MW. DeGagne P. Nichol K. Karlowsky JA Evaluation of five chromogenic
377		agar media and the Rosco Rapid Carb screen kit for detection and confirmation of
378		carbapenemase production in Gram-negative bacilli. <i>Journal of clinical microbiology</i> 2015:
379		53 : 105-12.
380	16.	Berry C. Davies K. Woodford N. Wilcox M. Chilton C Survey of screening methods, rates and
381		policies for the detection of carbapenemase-producing Enterobacteriaceae in English
382		hospitals. <i>The Journal of hospital infection</i> 2019: 101 : 158-62.
383	17.	Rooney CM. Sheppard AE. Clark E <i>et al.</i> Dissemination of multiple carbapenem resistance
384		genes in an in vitro gut model simulating the human colon. The Journal of antimicrobial
385		<i>chemotherapy</i> 2019; 74 : 1876-83.
386	18.	Chilton CH. Crowther GS. Todhunter SL <i>et al.</i> Efficacy of alternative fidaxomicin dosing
387		regimens for treatment of simulated Clostridium difficile infection in an in vitro human gut
388		model. J Antimicrob Chemother 2015: 70 : 2598-607.
389	19.	Chilton CH. Freeman J. Crowther GS. Todhunter SL. Nicholson S. Wilcox MH Co-amoxiclay
390		induces proliferation and cytotoxin production of Clostridium difficile ribotype 027 in a
391		human gut model. Journal of Antimicrobial Chemotherapy 2012: 67: 951-4.
392	20.	Freeman J. O'Neill FJ. Wilcox MH Effects of cefotaxime and desacetylcefotaxime upon
393		Clostridium difficile proliferation and toxin production in a triple-stage chemostat model of
394		the human gut. Journal of Antimicrobial Chemotherapy 2003; 52 : 96-102.

- 395 Chilton CH, Freeman J Predictive values of models of Clostridium difficile infection. Infectious 21. 396 disease clinics of North America 2015; 29: 163-77. 397 22. Nord CE, Brismar B, Kasholm-Tengve B, Tunevall G Effect of piperacillin/tazobactam 398 treatment on human bowel microflora. J Antimicrob Chemother 1993; 31 Suppl A: 61-5. 399 Wilcox MH, Brown A, Freeman J Faecal concentrations of piperacillin and tazobactam in 23. 400 elderly patients. J Antimicrob Chemother 2001; 48: 155-6. 401 24. Westphal JF, Brogard JM, Caro-Sampara F et al. Assessment of biliary excretion of 402 piperacillin-tazobactam in humans. Antimicrob Agents Chemother 1997; 41: 1636-40. 403 25. Baines SD, Freeman J, Wilcox MH Effects of piperacillin/tazobactam on Clostridium difficile 404 growth and toxin production in a human gut model. Journal of Antimicrobial Chemotherapy 405 2005; 55: 974-82. 406 26. Pitout JDD, Peirano G, Kock MM, Strydom KA, Matsumura Y The Global Ascendency of OXA-407 48-Type Carbapenemases. Clin Microbiol Rev 2019; 33. 408 Macfarlane GT, Macfarlane S, Gibson GR Validation of a Three-Stage Compound Continuous 27. 409 Culture System for Investigating the Effect of Retention Time on the Ecology and Metabolism 410 of Bacteria in the Human Colon. Microb Ecol 1998; 35: 180-7. 411 28. Leo S, Lazarevic V, Girard M et al. Metagenomic Characterization of Gut Microbiota of 412 Carriers of Extended-Spectrum Beta-Lactamase or Carbapenemase-Producing 413 Enterobacteriaceae Following Treatment with Oral Antibiotics and Fecal Microbiota 414 Transplantation: Results from a Multicenter Randomized Trial. Microorganisms 2020; 8. 415 29. Huttner BD, de Lastours V, Wassenberg M et al. A 5-day course of oral antibiotics followed 416 by faecal transplantation to eradicate carriage of multidrug-resistant Enterobacteriaceae: a 417 randomized clinical trial. Clin Microbiol Infect 2019; 25: 830-8. 418 30. Manges AR, Steiner TS, Wright AJ Fecal microbiota transplantation for the intestinal 419 decolonization of extensively antimicrobial-resistant opportunistic pathogens: a review. 420 Infect Dis 2016; 48: 587-92. 421 FDA Fecal Microbiota for Transplantation: Safety Communication- Risk of Serious Adverse 31. 422 Reactions Due to Transmission of Multi-Drug Resistant Organisms. 2019. 423 32. Stoesser N, Phan HTT, Seale AC et al. Genomic Epidemiology of Complex, Multispecies, 424 Plasmid-Borne bla KPC Carbapenemase in Enterobacterales in the United Kingdom from 425 2009 to 2014. Antimicrobial agents and chemotherapy 2020; 64. 426 Gottig S, Walker SV, Saleh A et al. Comparison of nine different selective agars for the 33. 427 detection of carbapenemase-producing Enterobacterales (CPE). Eur J Clin Microbiol Infect Dis 428 2020; 39: 923-7. 429 34. Papadimitriou-Olivgeris M, Vamvakopoulou S, Spyropoulou A et al. Performance of four 430 different agar plate methods for rectal swabs, synergy disk tests and metallo-beta-lactamase 431 Etest for clinical isolates in detecting carbapenemase-producing Klebsiella pneumoniae. 432 Journal of medical microbiology 2016; 65: 954-61. 433 35. Girlich D, Poirel L, Nordmann P Comparison of the SUPERCARBA, CHROMagar KPC, and 434 Brilliance CRE screening media for detection of Enterobacteriaceae with reduced 435 susceptibility to carbapenems. Diagnostic microbiology and infectious disease 2013; 75: 214-436 7. Emeraud C, Biez L, Girlich D et al. Screening of OXA-244 producers, a difficult-to-detect and 437 36. 438 emerging OXA-48 variant? The Journal of antimicrobial chemotherapy 2020; doi 439 10.1093/jac/dkaa155. 440
- 441

442 Table I – CPE isolates to be investigated in the gut model. MIC = minimum inhibitory concentration;

443 ERT = ertapenem; IMI = imipenem; MER = meropenem

Organism	Carbapenemase	Plasmid ¹⁷	Clinical	MIC	MIC	MIC
	gene		detalls	EKI		WER
Klebsiella	КРС	pKpQiL-D2	Rectal	4 mg/L	8 mg/L	4 mg/L
pneumoniae			swab			
ST661			Female			
			Age 73yrs			
Klebsiella	OXA-48	No	Rectal	>32 mg/L	Not	16 mg/L
pneumoniae		information	swab		available	
		available	Male			
			Age 55yrs			
Klebsiella	NDM	>170 kb	Rectal	>32 mg/L	1 mg/L	8mg/L
pneumonia		IncFIB/IncFII	swab			
single-locus		(previously	Female			
variant of		undescribed)	Age 68yrs			
ST147						

444

445



- Figure 1 Gut model Experimental design. Timelines (in days) for each model is described. Green
 arrows represent antibiotic dosing periods. Red arrows represent CPE inoculation (either single
 aliquot or repeat increasing inocula). Black dots represent a CPE screening sampling timepoint. NB
 In model I the CPE was inoculated over a 4 day period (day 26-30) whereas the antibiotics were
- 451 **instilled over a 7 day period (ay 26-33).**

452





Figure 2 – Enterobacterales populations (log₁₀ cfu/mL) in models A-L. Total Enterobacterales
enumerated on MaConkey agar. Carbapenemase-producing Enterobacterales enumerated on
Colorex[™] mSuperCARBA and (in some models) CHROMID[®] CARBA SMART agars. Green arrows
represent antibiotic dosing periods. Red arrows represent CPE inoculation (either single aliquot or
repeat increasing inocula). Black dotted lines indicate limit of detection (1.22log₁₀ cfu/mL). Blue

460 stars indicate the first sample in which all three aliquots of any screening assay were positive for

461 CPE.



462

Figure 3 – Results of screening assays in all gut model experiments. Ceph = Cepheid Gene Xpert[®]
molecular assay [Cepheid]; Colo = Colorex[™] mSuperCARBA agar [E&O Laboratories; Brill =
Brilliance[™] CRE CPE agar [Oxoid]; CS-Carb = CHROMID[®] CARBA SMART biplate agar [bioMérieux]

- 467 Carb side; CS-OXA = CHROMID[®] CARBA SMART biplate agar [bioMérieux] OXA side. Red bars
- 468 indicate the inoculation of CPE (log₁₀ cfu) into vessel 1 on that day (pre screening). Blue cells indicate
- 469 negative results for all replicates (maximum 3). Dark yellow cells indicate positive results for all
- 470 replicates. Light yellow cells indicate some replicates, but not all replicates were positive for CPE.
- 471 The table (bottom R) indicates the timing of antibiotic exposure relative to CPE exposure.