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Closed-form solutions for large strain analysis of cavity contraction in a bounded Mohr-Coulomb medium

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Abstract: This paper presents rigorous analytical solutions for cavity contraction analysis of a thick-walled cylinder/sphere after an arbitrary magnitude of expansion. Closed-form solutions are given for the distribution of stress and displacement within the cylinder/sphere of soil that is subjected to constant external pressure and monotonically decreasing internal pressure. The soil is modelled as an elastic-perfectly plastic material obeying the Mohr-Coulomb yield criterion and a non-associated flow rule. Large strain effects are taken into account by adopting the logarithmic strain definition in the plastic deformation analysis. The new solutions are validated with published results at first, then parametric studies are carried out. It is shown that the reference stress state (e.g. in-situ, elastic, partially plastic and fully plastic) and the cavity geometry ratio may greatly affect the unloading behaviour, in particular, when the cavity geometry ratio is smaller than a limit value. Finally, three typical applications of the solutions are demonstrated, including (i) design of the thickness of frozen cylinder walls accounting for large deformation effects, (ii) interpretation of laboratory pressuremeter tests with consideration of effect of the constant stress boundary, and (iii) shakedown analysis of a soil cylinder/sphere considering its geometry changes upon cyclic loading and unloading.

Keywords: Cavity contraction; Boundary effect; Shakedown; Pressuremeter; Frozen earth wall

1 Introduction

Cavity contraction theory is concerned with the theoretical study of changes in stresses and 2 3 displacements of cylindrical and spherical cavities upon unloading. It provides a versatile and 4 accurate tool for study of a variety of geotechnical problems. Among them are the interpretation 5 of pressuremeter tests (Ferreira & Robertson, 1992; Houlsby et al., 1985; Houlsby & Withers, 6 1988; Jefferies, 1988; Schnaid et al., 2000; Shuttle, 2007; Withers et al., 1989; Yu, 1996) and 7 analysis of stability and deformation associated with underground excavation, tunneling and 8 drilling (Brown et al., 1983; Carter, 1988; Chen et al., 2012; Jirari et al., 2020; Mair & Taylor, 9 1993; Mo & Yu, 2017; Ogawa & Lo, 1987; Vrakas & Anagnostou, 2014; Yu & Rowe, 1999). 10 In the modelling of pressuremeter tests during unloading, the cavity contraction analysis normally starts from a residual (elastic-plastic) stress state that was induced by previous loading 11 12 (e.g. installation and expansion of pressuremeters). However, it is usually assumed that the soil 13 is unloaded from an in-situ elastic stress state in the stability and deformation analysis of tunnels 14 and wellbores. Hence, corresponding cavity contraction analyses involve different complexity. Both cases will be considered in this study. 15

16 Cavity contraction approaches for modelling pressuremeter tests were advocated mainly 17 because the unloading response of pressuremeters is less sensitive to the initial soil disturbance 18 (Hughes & Robertson, 1985; Schnaid & Houlsby, 1992). Over the years, a number of solutions 19 has been developed to derive soil properties from the unloading portion of pressuremeter curves 20 for both sand (Houlsby et al., 1985; Schnaid et al., 2000; Withers et al., 1989; Yu, 1996) and 21 clay (Ferreira & Robertson, 1992; Houlsby & Withers, 1988; Jefferies, 1988). For example, 22 assuming the cavity unloading from the limit expansion state, Houlsby and Withers (1988) 23 derived an analytical solution for both cylindrical and spherical cavities in clays obeying the 24 Tresca failure criterion. Using a non-associated Mohr-Coulomb plasticity model, Houlsby et al. 25 (1985) first developed an approximate small strain solution for interpreting the unloading portion of pressuremeter curves in sands, which was extended later by Withers et al. (1989) to 26 27 include the case of a spherical cavity. Later on, Yu and Houlsby (1995) presented a more 28 rigorous large-strain solution for the analysis of unloading from any elastic-plastic stress state 29 adopting the same soil model. These unloading solutions are also of great importance for the 30 interpretation methods that consider both the loading and unloading portions of pressuremeter 31 tests (Jefferies, 1988; Schnaid et al., 2000). Nevertheless, almost without exception, the 32 previous analytical solutions for elastic-plastic contraction analysis have been developed with 33 the idealization that the surrounding soil is infinitely large. This assumption may approximately 34 represent the field conditions of site pressuremeter tests but is not suitable for tests performed 35 in small-sized containers due to the possible lateral boundary effects (Alsiny et al., 1992; Fahey

36 & Carter, 1993; Geng et al., 2012; Jewell et al., 1980; Schnaid & Houlsby, 1991). To capture 37 the boundary effects, many analytical/semi-analytical expansion solutions for cavities within a 38 bounded soil mass have been proposed (Cheng & Yang, 2019; Fahey, 1986; Juran & BenSaid, 39 1987; Pournaghiazar et al., 2013; Salgado et al., 1998; Yu, 1992, 1993). However, the progress 40 in developing counterpart contraction solutions in bounded soils lags much behind due to the 41 presence of residual stresses that makes the mathematics of the unloading analysis more 42 complex than that of loading. Existing elastic-plastic loading-unloading studies into this 43 problem mainly focused on the shakedown behaviour of a thick-walled cylinder or sphere, 44 which usually involves elastic unloading only and is lack of consideration for the deformation 45 (Gao et al., 2015; Hill, 1950; Wen et al., 2017; Xu & Yu, 2005; Zhao & Wang, 2010).

46 Cavity contraction analysis from an in situ stress state can be regarded as a reverse process 47 of traditional cavity expansion analysis (Chadwick, 1959; Collins & Yu, 1996; Yu & Rowe, 1999). As such, the solution methods between them are transferable. Meanwhile, the elastic 48 49 initial stress state is relatively simple. Hence, many relevant analytical/semi-analytical 50 contraction solutions have been developed in this case over the years (Brown et al., 1983; Chen 51 & Abousleiman, 2016; Mo & Yu, 2017; Park, 2014; Sharan, 2008; Vrakas & Anagnostou, 2014; 52 Yu & Rowe, 1999; Yu et al., 2019). Likewise, most of them concentrated on the case of a cavity 53 embedded in an infinite soil mass, which represents a reasonable simplification for the problem 54 of deep tunnels and un-reinforced boreholes. However, this is not suitable for the unloading analysis of thick-walled soil cylinders or shallow tunnels (Abdulhadi et al., 2011; Franza et al., 55 2019; Grant, 1998; Mair, 1979), for example, in the stability and deformation analysis of 56 57 controlled ground freezing involved tunnels and boreholes, in which the finite thickness of the 58 frozen earth wall must be well accounted for (Andersland & Ladanyi, 2004; Sanger & Sayles, 59 1979; Zhang et al., 2018).

60 In this paper, we present analytical large strain solutions for contraction analysis of a thick-61 wall cylinder/sphere of dilatant elastic-plastic soils using the Mohr-Coulomb yield criterion and 62 a non-associated flow rule. Without loss of generality, an arbitrary residual stress state 63 (including in-situ, elastic, partially plastic and fully plastic) induced by loading prior to the 64 unloading is considered. The solutions at first are compared with other solutions in the special 65 case of an infinite soil mass for validation. This is followed by parametric studies with a focus 66 on the effects of soil thickness and loading history on cavity contraction behaviour. Finally, 67 three typical applications of the new solutions are presented to show their usefulness, including 68 (i) preliminary design of the thickness of frozen cylinder walls, (ii) prediction of pressuremeter 69 curves measured in calibration chambers in sand, and (iii) determination of the optimal 70 thickness of a hollow cylinder/sphere based on the shakedown concept considering the large 71 deformation effects.

72 Problem definition and reference stress state

73 **Problem definition**

74 Initially, the inner and outer radii of the soil cylinder/sphere are a_0 and b_0 , respectively, and 75 a hydrostatic pressure p_0 acts throughout the soil which is assumed to be isotropic and homogeneous. An additional radial pressure $p_{in} - p_0$ (≥ 0) is then applied at the inner wall of 76 77 the cavity and increased gradually (i.e. loading). At the end of the loading process (i.e. 78 $p_{in} = p_{20}$), the inner and outer radii of the cylinder/sphere are a_{20} and b_{20} , respectively. 79 Subsequently, the radial pressure acting on the inner cavity wall reduces monotonically (i.e. 80 unloading). During the loading and unloading processes, the internal cavity pressure is applied 81 or removed sufficiently slowly, thus the dynamic effects are negligible, and the radial confining 82 pressure at the outer wall of the cavity remains unchanged as p_0 . The major concern of this 83 paper is the distribution of stress and displacement in the cylinder/sphere of soil during the 84 unloading process.

The unloading analyses of cylindrical and spherical cavities are conducted simultaneously by the introduction of a parameter k which takes 1 for a cylindrical cavity and 2 for a spherical cavity. For convenience, the behaviour of the cylindrical cavity is described in terms of cylindrical polar coordinates (r, θ, z) and the behaviour of the spherical cavity is described in terms of spherical polar coordinates (r, θ, ϕ) . As a long cylindrical cavity is considered, its expansion and contraction occur under plane strain conditions with respect to the z-direction of the cylindrical coordinates.

92 Under axisymmetric/spherically-symmetric conditions, the equilibrium equation in the radial93 direction can be expressed as:

94
$$\frac{\mathrm{d}\sigma_r}{\mathrm{d}r} + \frac{k}{r} (\sigma_r - \sigma_\theta) = 0 \tag{1}$$

95 where σ_r and σ_{θ} represent the radial and circumferential stresses, respectively.

96 The configuration of the system at the completion of loading is used as a reference state from 97 which the stress and displacement of the unloading process are measured. For clarity, subscripts 98 '0', '1' and '2' are used in this paper to distinguish the in-situ (or initial) state, the loading 99 process and the unloading process (e.g. Figure 1). The residual stresses and radial displacement 100 during unloading are expressed as:

101
$$\sigma_{r2} = \sigma_{r20} + \Delta \sigma_r \tag{2}$$

102
$$\sigma_{\theta 2} = \sigma_{\theta 20} + \Delta \sigma_{\theta} \tag{3}$$

103
$$u_2 = u_{20} + \Delta u = r_2 - r_0 \tag{4}$$

104 where σ_{r2} , $\sigma_{\theta 2}$ and u_2 represent radial stress, circumferential stress, and radial displacement 105 during unloading, and σ_{r20} , $\sigma_{\theta 20}$ and u_{20} represent their values at the end moment of loading 106 (or beginning of unloading), respectively. $\Delta \sigma_r$, $\Delta \sigma_{\theta}$ and Δu are changes in the radial stress, 107 the circumferential stress and the radial displacement due to unloading, respectively; r_2 is the 108 radial coordinate of a soil particle during unloading, and r_0 indicates its original location.

109 Taking tensile as positive, the stress boundary conditions during unloading are defined as:

110
$$\sigma_{r_2}|_{r_2=a_2} = -p_2$$
, $\sigma_{r_2}|_{r_2=b_2} = -p_0$ (5 a,b)

111 The surrounding soil is modelled as a linearly elastic-perfectly plastic material obeying the 112 Mohr-Coulomb criterion and a non-associated flow rule. The soil behaves elastically and obeys Hooke's law until the onset of yielding. Depending on the loading history, possible reference 113 114 stress states within the finite soil medium at the beginning of unloading can be generally divided 115 into three cases as shown in Figure 1, namely (I) purely elastic state (including the case of $p_{20} = p_0$); (II) partially plastic state; and (III) fully plastic state. In Figure 1, c_1 denotes the 116 117 radius of the elastic-plastic boundary during the loading phase, c₂₀ represents its value at the 118 end of loading (or the beginning of unloading), and c_2 denotes the outer radius of the loading-119 induced plastic zone during unloading. Note that the axial stress σ_z in the cylindrical case is 120 assumed to be the intermediate principal stress for the sake of analytical solutions, and it has 121 been shown that the errors that may be caused in the associated stress and displacement fields 122 by this simplification are negligible for practical purpose (Reed, 1986; Vrakas & Anagnostou, 123 2014).



Figure1. Definition of the loading and unloading processes

124 As the cavity pressure p_2 reduces from p_{20} , the surrounding soil contracts purely elastically 125 at first (i.e. the elastic unloading phase in Figure 1). With further removal of the internal 126 pressure, plastic yielding occurs in the reverse direction (referred to as 'reverse yielding') once 127 the residual stresses satisfy the Mohr-Coulomb yielding criterion under unloading, which 128 initiates from the inner wall of the cavity (i.e. the partially plastic unloading phase in Figure 1). 129 The outer radius of the reverse plastic zone is denoted as d_2 , and its corresponding position at the fully loaded state (i.e. the reference state) is denoted as d_{20} . Upon further unloading, the 130 131 entire soil annulus or spherical shell may enter the plastic state (i.e. fully plastic unloading phase 132 in Figure 1). In the reverse plastic zone, the circumferential stress becomes the major principle 133 stress and the yielding function can be expressed as:

134
$$\alpha \sigma_{r^2} - \sigma_{\theta^2} = Y \tag{6}$$

135 where $\alpha = (1 + \sin \varphi)/(1 - \sin \varphi)$; $Y = 2c \cos \varphi/(1 - \sin \varphi)$. φ is the angle of friction and *c* is 136 the cohesion of soil. It has been proven that Equation (6) is satisfied throughout the whole 137 unloading process for any soil (Vrakas & Anagnostou, 2014; Yu & Houlsby, 1995).

138 **Reference stress state for unloading**

The soil model adopted in this study is the same as that was used by Yu (1992, 1993) in the loading analysis of a cylinder/sphere. At first, following Yu (1992, 1993), the distribution of stress in the soil during loading is presented to provide a reference for the analysis of the subsequent unloading process.

143 Upon uniform and monotonic loading, the surrounding soil behaves elastically before the 144 cavity pressure reaches the elastic limit p_{lelim} , and the distribution of the elastic stresses is 145 known as:

146
$$\sigma_{r1} = -p_0 - (p_1 - p_0) \frac{(b_1/r_1)^{k+1} - 1}{(b_1/a_1)^{k+1} - 1}$$
(7)

147
$$\sigma_{\theta_1} = -p_0 + (p_1 - p_0) \frac{\left[\left(b_1 / r_1 \right)^{k+1} \right] / k + 1}{\left(b_1 / a_1 \right)^{k+1} - 1}$$
(8)

148
$$p_{1\text{elim}} = p_0 + \frac{\left[Y + (\alpha - 1)p_0\right] \left[(b_1/a_1)^{k+1} - 1 \right]}{(\alpha / k + 1)(b_1/a_1)^{k+1} + \alpha - 1}$$
(9)

149 When the cavity pressure increases to be larger than $p_{1\text{elim}}$, the distribution of stresses is 150 defined as:

151
$$\sigma_{r1} = Y / (\alpha - 1) - A_1 (c_1 / r_1)^{\frac{k(\alpha - 1)}{\alpha}}$$
(10)

152
$$\sigma_{\theta 1} = Y/(\alpha - 1) - (A_1/\alpha)(c_1/r_1)^{\frac{k(\alpha - 1)}{\alpha}}$$
(11)

153 for $a_1 \le r_1 \le c_1$ (i.e. the loading plastic zone), and

154
$$\sigma_{r1} = -p_0 - B_1 \left[\left(b_1 / r_1 \right)^{k+1} - 1 \right]$$
(12)

155
$$\sigma_{\theta_1} = -p_0 + B_1 \left[\left(b_1 / r_1 \right)^{k+1} / k + 1 \right]$$
(13)

156 for $c_1 \le r_1 \le b_1$ (i.e. the loading elastic zone). In which,

157
$$A_{1} = \frac{\alpha (k+1) \left[Y + (\alpha - 1) p_{0} \right]}{k (\alpha - 1) \left[\alpha / k + 1 + (\alpha - 1) (c_{1} / b_{1})^{k+1} \right]}$$
(14)

158
$$B_{1} = \frac{Y + (\alpha - 1) p_{0}}{(\alpha/k + 1)(b_{1}/c_{1})^{k+1} + \alpha - 1}$$
(15)

159 The radius of the elastic-plastic boundary upon loading (i.e. c_1) can be determined by:

160
$$(c_1/a_1)^{\frac{k(\alpha-1)}{\alpha}} = \frac{\left[k(\alpha-1)(c_1/b_1)^{k+1} + \alpha + k\right]\left[Y + (\alpha-1)p_1\right]}{\alpha(k+1)\left[Y + (\alpha-1)p_0\right]}$$
(16)

With sufficiently large loading, the entire soil mass of a finite radial extent may become fully plastic (i.e. $c_1 = b_1$). The distribution of stress in this phase can also be determined by Equations (5 a,b), (10) and (11) by replacing c_1 with b_1 therein.

164 At the beginning of unloading, $a_1 = a_{20}$, $b_1 = b_{20}$ and $p_1 = p_{20}$. According to the difference 165 in the residual stress state and the corresponding geotechnical applications, solutions for the 166 unloading analysis from an in-situ (or elastic) stress state and a plastic reference stress state will 167 be derived separately in the following two sections for clarity.

168 Solutions for unloading from an in-situ/elastic stress state

This section focuses on the analysis of a cavity unloading from an elastic stress state (namely, case I in Figure 1, $p_0 \le p_{20} \le p_{1\text{elim}}$). In this case, the unloading from p_{20} back to p_0 is a reverse process of the previous elastic loading (fully recoverable). Thus, the distribution of stress and strain during this process can be readily obtained by the corresponding loading solution (e.g. (Yu, 1992, 1993)). Hence, the following analysis is carried out with reference to an *in-situ* stress state for brevity.

175 Elastic unloading analysis

In the elastic unloading analysis, the small strain definition (e.g. Equations (17) and (18)) is adopted as the elastic deformation is rather small (Houlsby & Withers, 1988; Yu & Houlsby, 1995). This is commonly used in quasi-static cavity expansion and contraction analyses and consistent with the counterpart expansion analysis of Yu (1992, 1993). Hence, the elastic stressstrain relationships in rate forms are:

181
$$\dot{\varepsilon}_{r} = \frac{\mathrm{d}\dot{u}_{2}}{\mathrm{d}r_{2}} = \frac{1}{M} \left(\dot{\sigma}_{r2} - \frac{kv}{1 - v(2 - k)} \dot{\sigma}_{\theta 2} \right)$$
(17)

182
$$\dot{\varepsilon}_{\theta} = \frac{\dot{u}_2}{r_2} = \frac{1}{M} \left[\frac{-v}{1 - v(2 - k)} \dot{\sigma}_r + (1 + v - kv) \dot{\sigma}_{\theta} \right]$$
(18)

183 where ε_r and ε_{θ} denote radial and circumferential strains, respectively. v is the Poisson's ratio. 184 $M = E/[1-v^2(2-k)]$; E is the elastic modulus of soil, and E=2G(1+v); G is the shear 185 modulus of soil.

Changes in the stresses and radial displacement due to purely elastic unloading from p_0 to p_2 can be determined by solving the stress equilibrium equation (i.e. Equation (1)) and the strain compatibility equations (i.e. Equations (17) and (18)) with the stress boundary conditions defined in Equation (5 a,b) as:

190
$$\sigma_{r_2} = -p_0 - (p_2 - p_0) \frac{(b_2/r_2)^{k+1} - 1}{(b_2/a_2)^{k+1} - 1}$$
(19)

191
$$\sigma_{\theta 2} = -p_0 + (p_2 - p_0) \frac{(b_2/r_2)^{k+1}/k + 1}{(b_2/a_2)^{k+1} - 1}$$
(20)

192
$$u_{2}(r_{2}) = \frac{(p_{2} - p_{0})}{Mr_{2}^{k}(1/a_{2}^{k+1} - 1/b_{2}^{k+1})} \left\{ (1 + v - kv) \left[\left(\frac{r_{2}}{b_{2}}\right)^{k+1} + \frac{1}{k} \right] + \frac{v}{1 - v(2 - k)} \left[1 - \left(\frac{r_{2}}{b_{2}}\right)^{k+1} \right] \right\}$$
(21)

Equations (19) and (20) show that σ_{r2} increases and $\sigma_{\theta 2}$ decreases upon unloading. Reverse plasticity occurs once the Mohr-Coulomb yield criterion Equation (6) is satisfied. This condition is firstly satisfied at the inner wall of the cavity when the internal pressure reaches its reverse elastic limit $p_{2\text{elim-1}}$:

197
$$p_{2\text{elim}-1} = p_0 - \frac{\left[Y + (\alpha - 1)p_0\right] \left[(b_2/a_2)^{k+1} - 1\right]}{(\alpha + 1/k)(b_2/a_2)^{k+1} + 1 - \alpha}$$
(22)

198 Elastic-plastic unloading analysis

199 Stress analysis

As the cavity pressure p_2 further reduces, a plastic unloading zone $a_2 \le r_2 \le d_2$ forms and spreads outwards from the inner wall of the cavity. The distribution of stress in the soil can be obtained by considering the plastic zone and elastic zone (i.e. $d_2 \le r_2 \le b_2$) separately and matching at the elastic-plastic interface $r_2=d_2$.

In the elastic zone (i.e. $d_2 \le r_2 \le b_2$), the unloading-induced changes in the principal stresses can be obtained by solving the stress equilibrium equation (i.e. Equation (1)) and the strain compatibility equations (i.e. Equations (17) and (18)) as:

207
$$\sigma_{r2} = -p_0 + B_{2-1} \left[\left(\frac{b_2}{r_2} \right)^{k+1} - 1 \right]$$
(23)

208
$$\sigma_{\theta 2} = -p_0 - B_{2-1} \left[\left(b_2 / r_2 \right)^{k+1} / k + 1 \right]$$
(24)

where the integration constant B_{2-1} can be determined as the yield criterion of Equation (6) is satisfied at $r_2=d_2$, namely

211
$$B_{2-1} = \frac{Y + (\alpha - 1)p_0}{(\alpha + 1/k)(b_2/d_2)^{k+1} + 1 - \alpha}$$
(25)

In the reverse plastic zone $(a_2 \le r_2 \le d_2)$, the principal stresses are determined by jointly solving the stress equilibrium equation and the Mohr-Coulomb yield criterion as:

214
$$\sigma_{r2} = Y / (\alpha - 1) + A_{2-1} (d_2 / r_2)^{k(1-\alpha)}$$
(26)

215
$$\sigma_{\theta 2} = Y / (\alpha - 1) + \alpha A_{2-1} (d_2 / r_2)^{k(1-\alpha)}$$
(27)

where the integration constant A_{2-1} can be determined from the continuity condition of stress components at the outer radius of the elastic-plastic interface (i.e. $r_2=d_2$) as:

218
$$A_{2-1} = \frac{-(k+1) \left[Y + (\alpha - 1) p_0 \right]}{k (\alpha - 1) \left[\alpha + 1/k + (1 - \alpha) (d_2/b_2)^{k+1} \right]}$$
(28)

Then the cavity pressure p_2 and the radius of the elastic-plastic interface d_2 during unloading can be related based on Equations (5 a), (26) and (28) as:

221
$$\left(\frac{d_2}{a_2}\right)^{k(1-\alpha)} = \frac{k}{(k+1)} \frac{\left[Y + (\alpha-1)p_2\right]}{\left[Y + (\alpha-1)p_0\right]} \left[\alpha + \frac{1}{k} + (1-\alpha)\left(\frac{d_2}{b_2}\right)^{k+1}\right]$$
(29)

222 While p_2 reduces to the fully plastic limit value $p_{2fp-lim}$, the entire soil medium will 223 become plastic. Equation (29) gives:

224
$$p_{2\text{fp-lim}} = p_0 + \frac{Y + (\alpha - 1)p_0}{\alpha - 1} \Big[(b_2/a_2)^{k(1-\alpha)} - 1 \Big]$$
(30)

225 Displacement analysis

In the elastic unloading zone $(d_2 \le r_2 \le b_2)$, the radial displacement at r_2 can be obtained by integrating Equations (17) and (18) with the inputs of Equations (23) and (24) as:

228
$$u_{2}(r_{2}) = \frac{-B_{2-1}r_{2}}{M} \left\{ 1 + v - kv - \frac{v}{1 - v(2 - k)} + \left[\frac{v}{1 - v(2 - k)} + \frac{1 + v - kv}{k} \right] \left(\frac{b_{2}}{r_{2}} \right)^{k+1} \right\}$$
(31)

229 At the elastic-plastic interface and the outer wall of the cavity, we have:

230
$$d_{20} = d_2 - u_2(d_2)$$
, $b_{20} = b_2 - u_2(b_2)$ (32a, b)

In the displacement analysis within the plastic unloading zone $(a_2 < r_2 < d_2)$, a non-associated 231 232 flow rule (i.e. ψ is not necessarily equal to φ ; ψ is the dilation angle of soil) is adapted, and ψ 233 is assumed to be constant to limit the complexity of the model so that closed-form solutions 234 can be obtained. The non-associated flow rule is expressed as:

235
$$\frac{\dot{\varepsilon}_{r}^{p}}{\dot{\varepsilon}_{\theta}^{p}} = \frac{\dot{\varepsilon}_{r} - \dot{\varepsilon}_{r}^{e}}{\dot{\varepsilon}_{\theta} - \dot{\varepsilon}_{\theta}^{e}} = -k\beta$$
(33)

236 where $\beta = (1 + \sin \psi)/(1 - \sin \psi)$. Note that the dilatancy of soils is in fact not constant (e.g. 237 tends to zero at critical state). Hence, the above assumption on the dilation angle may lead to 238 overprediction on the volumetric deformation at large deformation. The superscripts 'e' and 'p' 239 represent the elastic and plastic components of strain, respectively. The distribution of stress 240 and strain in the soil at the initiation of reverse plastic yielding is known with Equations (17)-241 (20) by putting $p_2 = p_{2\text{elim}-1}$. Subject to this initial condition, the total stress-strain relation in the reverse plastic zone is obtained by integrating Equations (17), (18) and (33) as: 242

243
$$\varepsilon_{r2} + k\beta\varepsilon_{\theta 2} = \frac{1}{M} \left\{ \left[1 - \frac{k\beta v}{1 - v(2 - k)} \right] (\sigma_{r2} + p_0) + \left[k\beta(1 + v - kv) - \frac{kv}{1 - v(2 - k)} \right] (\sigma_{\theta 2} + p_0) \right\}$$
244 (34)

244

245 The definition of logarithmic strain is adopted to account for the effects of large strain in the axisymmetric plastic deformation analysis (Chadwick, 1959; Yu & Houlsby, 1995), namely: 246

247
$$\varepsilon_{r_2} = \ln(dr_2/dr_0) , \quad \varepsilon_{\theta 2} = \ln(r_2/r_0)$$
(35 a,b)

248 Substituting Equations (10), (11), (26), (27) and (35 a,b) into Eq. (34) leads to:

249
$$\ln \frac{r_2^{k\beta} dr_2}{r_0^{k\beta} dr_0} = \ln \eta - \omega (d_2/r_2)^{k(1-\alpha)}$$
(36)

250 where

251
$$\ln \eta = \frac{\left[Y + (\alpha - 1)p_0\right]}{(\alpha - 1)M} \left[1 - \frac{kv(\beta + 1)}{1 - v(2 - k)} + k\beta(1 + v - kv)\right]$$
(37)

252
$$\omega = \frac{(k+1) \left[Y + (\alpha - 1) p_0 \right]}{kM \left(\alpha - 1 \right) \left[\alpha + 1/k + (1 - \alpha) \left(\frac{d_2}{b_2} \right)^{k+1} \right]} \left[1 + k\alpha \beta \left(1 + v - kv \right) - \frac{kv(\beta + \alpha)}{1 - v(2 - k)} \right]$$
(38)

253 With the aid of the transformation variable θ in Equation (39),

254
$$\theta(r_2) = \omega \left(\frac{d_2}{r_2} \right)^{k(1-\alpha)}$$
(39)

255 the integration of Equation (36) over $[r_2, d_2]$ leads to:

256
$$\omega^{-\gamma} \int_{\theta(r_2)}^{\theta(d_2)} e^{\theta} \theta^{\gamma-1} d\theta = \frac{\eta}{\gamma} \left[\left(\frac{d_{20}}{d_2} \right)^{k\beta+1} - \left(\frac{r_0}{d_2} \right)^{k\beta+1} \right]$$
(40)

257 where
$$\gamma = (k\beta + 1)/[k(\alpha - 1)].$$

258 Then putting $r_0=a_0$ and $r_2=a_2$, Equation (40) can be solved with the aid of series expansion 259 of e^{θ} (i.e. $e^{\theta} = \sum_{n=1}^{\infty} \theta^n / n!$, n! represents the factorial of n) as:

260
$$\sum_{n=0}^{\infty} \frac{\omega^{n}}{n!(n+\gamma)} \left[1 - \left(\frac{d_{2}}{a_{2}}\right)^{k(1-\alpha)(n+\gamma)} \right] = \frac{\eta}{\gamma} \left[\left(\frac{d_{20}}{d_{2}}\right)^{k\beta+1} - \left(\frac{a_{0}}{d_{2}}\right)^{k\beta+1} \right]$$
(41)

It is worth noting that the above displacement analysis can be significantly simplified by ignoring the contribution of elastic strain and/or using the small strain definition within the plastic zone. For example, the right-hand side of Equation (34) will become zero under the former assumption (Vrakas & Anagnostou, 2014; Yu & Houlsby, 1995; Yu & Rowe, 1999). However, to avoid possible errors that are accompanied by these simplifications (Vrakas & Anagnostou, 2014), they are not attempted in this study.

267 Fully plastic unloading analysis

268 When the surrounding soil enters the fully plastic unlading phase (i.e. $d_2=b_2$), it is found that 269 the stress distribution can be obtained directly by replacing d_2 with b_2 from Equations (26), (27) 270 and (28) as:

271
$$\sigma_{r2} = \frac{Y}{\alpha - 1} - \frac{Y + (\alpha - 1) p_0}{\alpha - 1} \left(\frac{b_2}{r_2}\right)^{k(1 - \alpha)}$$
(42)

272
$$\sigma_{\theta 2} = \frac{Y}{\alpha - 1} - \frac{\alpha \left[Y + (\alpha - 1) p_0 \right]}{\alpha - 1} \left(\frac{b_2}{r_2} \right)^{k(1 - \alpha)}$$
(43)

273 A large-strain displacement solution for a fully plastic soil cylinder/sphere can be obtained

by integrating Equation (36) over $[a_2, b_2]$ as:

275
$$\sum_{n=0}^{\infty} \frac{\left(\omega\right|_{d_2=b_2}\right)^n}{n!(n+\gamma)} \left[1 - \left(\frac{b_2}{a_2}\right)^{k(1-\alpha)(n+\gamma)}\right] = \frac{\eta}{\gamma} \left[\left(\frac{b_0}{b_2}\right)^{k\beta+1} - \left(\frac{a_0}{b_2}\right)^{k\beta+1}\right]$$
(44)

For a cavity unloading from an in-situ stress state (also applicable for unloading analysis from a loading-induced elastic stress state), all the necessary information for determining the complete pressure-contraction curve and stress distributions has been given. Results can be readily obtained following a similar procedure given by Yu (1992, 1993) or in a simplified way of that will be detailed in the next section.

281 Solutions for unloading from a partially/fully plastic state

This section presents solutions for the analysis of a cavity unloading from a partially or fully plastic stress state (namely cases II and III in Figure 1, $p_{20} \ge p_{\text{lelim}}$).

284 Elastic unloading analysis

Initially, the unloading is purely elastic. Upon elastic unloading, changes in the stress and displacement can be determined by solving Equations (1), (17) and (18), which gives:

287
$$\Delta \sigma_r = -(p_2 - p_{20}) \frac{(b_2/r_2)^{k+1} - 1}{(b_2/a_2)^{k+1} - 1}$$
(45)

288
$$\Delta \sigma_{\theta} = (p_2 - p_{20}) \frac{(b_2/r_2)^{k+1}/k + 1}{(b_2/a_2)^{k+1} - 1}$$
(46)

289
$$\Delta u(r_2) = \frac{(p_2 - p_{20})}{Mr_2^k (1/a_2^{k+1} - 1/b_2^{k+1})} \left\{ (1 + v - kv) \left[\left(\frac{r_2}{b_2}\right)^{k+1} + \frac{1}{k} \right] + \frac{v}{1 - v(2 - k)} \left[1 - \left(\frac{r_2}{b_2}\right)^{k+1} \right] \right\} (47)$$

290 Reverse plasticity occurs once the Mohr-Coulomb yield criterion Equation (6) is satisfied. 291 This condition is firstly satisfied at the inner wall when the cavity pressure reaches its elastic 292 limit $p_{2\text{elim}-2}$. Combining Equation (6), (10), (11), (45) and (46), it gives:

293
$$p_{2\text{elim}-2} = p_{20} - \frac{A_1 (\alpha - 1/\alpha) (c_{20}/a_{20})^{\frac{k(\alpha - 1)}{\alpha}} [(b_2/a_2)^{k+1} - 1]}{(\alpha + 1/k) (b_2/a_2)^{k+1} + 1 - \alpha}$$
(48)

294 Elastic-plastic unloading analysis

As the cavity pressure p_2 further reduces, a reverse plastic zone forms and spreads outwards

from the inner wall of the cavity (i.e. $a_2 \le r_2 \le d_2$). Equations (2) and (3) define that the current stress state in the soil depends on both the residual stresses due to previous loading and the stress changes due to unloading. Hence, for a cavity unloading from a partially plastic state (i.e. case II in Figure 1), the solution needs to be discussed according to the relative size of the loading-induced plastic zone and the reverse plastic zone as illustrated in Figure 2. The elasticplastic unloading behaviour of a cavity unloading from a fully plastic state (i.e. case III in Figure 1) is studied simultaneously as follows.



(a) Phase with $d_2 < c_2 \le b_2$

(b) Phase with
$$c_2 \le d_2 < b_2$$

Figure2. Distribution of stress states

303 Unloading Phase with $d_2 < c_2 \le b_2$

304 (1) Stress analysis

The unloading-induced changes of the principal stresses in the elastic unloading zone (i.e. $d_2 \le r_2 \le b_2$, Figure 2a) can be determined by solving Equations (1), (17) and (18) as:

307
$$\Delta \sigma_r = B_{2-2} \left[\left(b_2 / r_2 \right)^{k+1} - 1 \right]$$
(49)

308
$$\Delta \sigma_{\theta} = -B_{2-2} \left[\left(b_2 / r_2 \right)^{k+1} / k + 1 \right]$$
 (50)

309 In the reverse plastic zone $(a_2 \le r_2 \le d_2)$, the principal stresses are determined by jointly solving 310 Equations (1) and (6) as:

311
$$\sigma_{r2} = Y / (\alpha - 1) + A_{2-2} (d_2 / r_2)^{\kappa_1 - \alpha}$$
(51)

312
$$\sigma_{\theta 2} = Y / (\alpha - 1) + A_{2-2} \alpha (d_2 / r_2)^{k(1-\alpha)}$$
(52)

The constants B_{2-2} and A_{2-2} of integration can be determined based on the continuity condition of stress components at the outer radius of the reverse plastic interface (i.e. at $r_2=d_2$) as:

316
$$B_{2-2} = \frac{A_1 \left(\alpha - 1/\alpha\right) \left(c_{20}/d_{20}\right)^{\frac{k(\alpha-1)}{\alpha}}}{\left(\alpha + 1/k\right) \left(b_2/d_2\right)^{k+1} + 1 - \alpha} \qquad \text{(while } d_2 < c_2 \le b_2\text{)} \tag{53}$$

317
$$A_{2-2} = B_{2-2} \left[\left(\frac{b_2}{d_2} \right)^{k+1} - 1 \right] - A_1 \left(\frac{c_{20}}{d_{20}} \right)^{\frac{k(\alpha-1)}{\alpha}} \quad \text{(while } d_2 < c_2 \le b_2 \text{) (54)}$$

318 (2) Displacement analysis

In the elastic unloading zone $(d_2 \le r_2 \le b_2)$, the radial displacement can be obtained by integrating Equations (17) and (18) with inputs of Equations (49) and (50) as:

321
$$\Delta u(r_2) = \frac{-B_{2-2}r_2}{M} \left\{ 1 + v - kv - \frac{v}{1 - v(2-k)} + \left[\frac{v}{1 - v(2-k)} + \frac{1 + v - kv}{k} \right] \left(\frac{b_2}{r_2} \right)^{k+1} \right\}$$
(55)

The below relationship between strain and stress is established with reference to the state at the completion of unloading, taking a procedure akin to that of obtaining Equation (34).

324
$$\Delta \varepsilon_r + k\beta \Delta \varepsilon_{\theta} = \frac{1}{M} \left\{ \left(1 - \frac{k\beta v}{1 - v(2 - k)} \right) \Delta \sigma_r + \left(k\beta \left(1 + v - kv \right) - \frac{kv}{1 - v(2 - k)} \right) \Delta \sigma_{\theta} \right\} (56)$$

325 According to the definition of logarithmic strains, $\Delta \varepsilon_r$ and $\Delta \varepsilon_{\theta}$ are expressed as:

326
$$\Delta \varepsilon_r = \ln(dr_2/dr_{20}), \quad \Delta \varepsilon_{\theta} = \ln(r_2/r_{20})$$
(57 a,b)

327 Substituting Equations (57 a,b) into Equation (56) gives:

328
$$\ln\left(r_{2}^{k\beta}dr_{2}/r_{20}^{k\beta}dr_{20}\right) = -\omega_{1}\left(d_{2}/r_{2}\right)^{k(1-\alpha)} + \lambda_{1}\left(c_{20}/r_{20}\right)^{\frac{k(\alpha-1)}{\alpha}}$$
(58)

in which

330
$$\omega_{1} = -\frac{A_{2-2}}{M} \left\{ 1 - \frac{k\beta v}{1 - v(2-k)} + \alpha \left[k\beta (1 + v - kv) - \frac{kv}{1 - v(2-k)} \right] \right\}$$
(59)

331
$$\lambda_{1} = \frac{A_{1}}{M} \left\{ 1 - \frac{k\beta v}{1 - v(2 - k)} + \frac{1}{\alpha} \left[k\beta (1 + v - kv) - \frac{kv}{1 - v(2 - k)} \right] \right\}$$
(60)

332 In this case, two transformation variables are introduced, namely:

333
$$\overline{\theta}(r_2) = \omega_1 (d_2/r_2)^{k(1-\alpha)} \Box \rho(r_{20}) = \lambda_1 (c_{20}/r_{20})^{\frac{k(\alpha-1)}{\alpha}}$$
(61 a,b)

Then integrating Equation (58) over the interval $[r_2, d_2]$ leads to:

335
$$d_{2}^{k\beta+1}\int_{\bar{\theta}(r_{2})}^{\bar{\theta}(d_{2})}e^{\bar{\theta}}\bar{\theta}^{\gamma-1}\omega_{1}^{-\gamma}\mathrm{d}\bar{\theta} + \alpha c_{1}^{k\beta+1}\int_{\rho(r_{20})}^{\rho(d_{20})}e^{\rho}\lambda_{1}^{\alpha\gamma}\rho^{-\alpha\gamma-1}\mathrm{d}\rho=0 \qquad (62)$$

Placing $r_{20}=a_{20}$ and $r_2=a_2$, Equation (62) can be solved with the aid of infinite series as:

337
$$\sum_{n=0}^{\infty} \frac{d_2^{k\beta+1} \omega_1^n}{(n+\gamma)n!} \left[1 - \left(\frac{d_2}{a_2} \right)^{k(1-\alpha)(n+\gamma)} \right] + \sum_{n=0}^{\infty} \Omega_n^1 = 0$$
(63)

338 where

339
$$\Omega_{n}^{1} = \begin{cases} \frac{\alpha c_{20}^{k\beta+1} \lambda_{1}^{n}}{n!} \frac{k(\alpha-1)}{\alpha} \ln \frac{a_{20}}{d_{20}} , & \text{if } n = \alpha \gamma \\ \frac{\alpha c_{20}^{k\beta+1} \lambda_{1}^{n}}{(n-\alpha\gamma)n!} \left[(c_{20}/d_{20})^{\frac{k(\alpha-1)(n-\alpha\gamma)}{\alpha}} - (c_{20}/a_{20})^{\frac{k(\alpha-1)(n-\alpha\gamma)}{\alpha}} \right], & \text{otherwise} \end{cases}$$
(64)

While taking $b_0 \propto \infty$, the above solution reduces to the large-strain solution of Yu and Houlsby (1995) for the cavity contraction analysis in an infinitely large soil mass.

Note that the above solution can also be applied in the analysis of a cavity unloading from a fully plastic stress state before it reaches the reverse fully plastic phase because the condition of $d_2 < c_2$ is always fulfilled in this case. However, care should be exercised in the calculation of the residual stress field in the soil as it is different between the partially plastic expansion state and the fully plastic expansion state.

347 Unloading Phase with $c_2 \le d_2 < b_2$

348 (1) Stress analysis

The unloading phase of $c_2 \le d_2 < b_2$ (Figure 2b) is likely to occur in a lightly pre-loaded soil mass. In this phase, the stress solutions of Equations (49) and (50) for the elastic unloading zone (i.e. $d_2 \le r_2 \le b_2$) and Equation (51) and (52) for the reverse plastic zone ($a_2 \le r_2 \le d_2$) are still valid. However, the constants of integration B_{2-2} and A_{2-2} need to be replaced by B_{2-3} and A_{2-3} below respectively as the stress conditions at $r_2 = d_2$ changed.

354
$$B_{2-3} = \frac{Y + (\alpha - 1)p_0 + B_1 \left[(\alpha + 1/k)(b_{20}/d_{20})^{k+1} + 1 - \alpha \right]}{(\alpha + 1/k)(b_2/d_2)^{k+1} + 1 - \alpha} \quad \text{(while } c_2 \le d_2 < b_2 \text{)} \quad (65)$$

355
$$A_{2-3} = -\frac{Y + (\alpha - 1)p_0}{(\alpha - 1)} - B_1 \left[\left(\frac{b_{20}}{d_{20}} \right)^{k+1} - 1 \right] + B_{2-3} \left[\left(\frac{b_2}{d_2} \right)^{k+1} - 1 \right] \quad \text{(while } c_2 \le d_2 < b_2 \text{)} \tag{66}$$

356 Then according to Equation (2) and (3) (i.e. $\Delta \sigma_r = \sigma_{r2} - \sigma_{r20}$ and $\Delta \sigma_{\theta} = \sigma_{\theta 2} - \sigma_{\theta 20}$), the

- 357 changes in stress due to unloading can be readily determined using Equation (10), (11), (51),
- 358 (52), (65) and (66) for the zone $a_2 \le r_2 \le c_2$ (named as loading plastic and reverse plastic zone)
- and Equations (12), (13), (51), (52), (65) and (66) for the zone $c_2 \le r_2 \le d_2$ (named as loading
- 360 elastic and reverse plastic zone), respectively.
- 361 (2) Displacement analysis

In this unloading phase, the radial displacement in the elastic zone (i.e. $d_2 \le r_2 \le b_2$) can be calculated by Equation (55) with the value of B_{2-3} of Equation (65).

In the reverse plastic zone $a_2 \le r_2 \le d_2$ (Figure 2b), a large-strain displacement analysis can be carried out following the same procedure of deriving Equations (31)-(64). However, due to the difference in the residual stress field between the zone of $a_2 \le r_2 \le c_2$ and the zone of $c_2 \le r_2 \le d_2$, the distribution of displacement in the soil now needs to be derived by considering these two zones separately, which is continuous at the interface $r_2=c_2$.

In the loading-elastic and reverse plastic zone of $c_2 \le r_2 \le d_2$, substituting Equations (12), (13), (51), (52), (57 a,b), (65) and (66) into Equation (56) leads to:

371
$$\ln\left(r_{2}^{k\beta}dr_{2}/r_{20}^{k\beta}dr_{20}\right) = \ln\eta_{1} - \omega_{2}\left(d_{2}/r_{2}\right)^{k(1-\alpha)} + \lambda_{2}\left(b_{20}/r_{20}\right)^{k+1}$$
(67)

where

373
$$\ln \eta_{1} = \frac{1}{M} \left[1 - \frac{k\beta v}{1 - v(2 - k)} + k\beta (1 + v - kv) - \frac{kv}{1 - v(2 - k)} \right] \left(p_{0} + \frac{Y}{\alpha - 1} - B_{1} \right)$$
(68)

374
$$\lambda_2 = \frac{B_1}{M} \left[1 - \frac{k\beta v}{1 - v(2 - k)} - \beta (1 + v - kv) + \frac{v}{1 - v(2 - k)} \right]$$
(69)

375
$$\omega_2 = -\frac{A_{2-3}}{M} \left\{ 1 - \frac{k\beta v}{1 - v(2-k)} + \alpha \left[k\beta (1 + v - kv) - \frac{kv}{1 - v(2-k)} \right] \right\}$$
(70)

376 Then the integration of Equation (67) in the interval of
$$[c_2, d_2]$$
 gives:

377
$$\frac{1+k}{k(\alpha-1)} \sum_{n=0}^{\infty} \frac{d_2^{k\beta+1} \omega_2^n}{(n+\gamma)n!} \left[1 - \left(\frac{d_2}{c_2}\right)^{k(1-\alpha)(n+\gamma)} \right] + \sum_{n=0}^{\infty} \Omega_n^2 = 0$$
(71)

378 where

379
$$\Omega_{n}^{2} = \begin{cases} \frac{\eta_{1}b_{20}^{k\beta+1}\lambda_{2}^{n}(k+1)}{n!}\ln\frac{c_{20}}{d_{20}} , \text{ if } n = \frac{k\beta+1}{k+1} \\ \frac{\eta_{1}b_{20}^{k\beta+1}\lambda_{2}^{n}}{\left(n-\frac{k\beta+1}{k+1}\right)n!} \left[(b_{20}/d_{20})^{\left(n-\frac{k\beta+1}{k+1}\right)(k+1)} - (b_{20}/c_{20})^{\left(n-\frac{k\beta+1}{k+1}\right)(k+1)} \right] , \text{ otherwise} \end{cases}$$
(72)

380 In the loading-plastic and reverse plastic zone of $a_2 \le r_2 \le c_2$, the displacement at $r_2 = a_2$ can be 381 obtained by integrating Equation (67) in the interval of $[a_2, c_2]$, which is:

382
$$\sum_{n=0}^{\infty} \frac{d_2^{k\beta+1} \omega_2^n}{(n+\gamma)n!} \Big[\left(\frac{d_2}{c_2} \right)^{k(1-\alpha)(n+\gamma)} - \left(\frac{d_2}{a_2} \right)^{k(1-\alpha)(n+\gamma)} \Big] + \sum_{n=0}^{\infty} \Omega_n^3 = 0$$
(73)

383 where

384
$$\Omega_n^3 = \begin{cases} \frac{\alpha c_{20}^{k\beta+1} \lambda_1^n}{n!} \frac{k(\alpha-1)}{\alpha} \ln \frac{a_{20}}{c_{20}} , & \text{if } n = \alpha \gamma \\ \frac{\alpha c_{20}^{k\beta+1} \lambda_1^n}{(n-\alpha\gamma)n!} \left[1 - (c_{20}/a_{20})^{\frac{k(\alpha-1)(n-\alpha\gamma)}{\alpha}} \right] , & \text{otherwise} \end{cases}$$
(74)

385 **Reverse fully plastic unloading analysis**

With sufficiently large contraction, the cylinder/sphere of soil will enter a fully plastic
unloading phase. This may be reached from either a partially plastic state (i.e. case II in Figure
1) or a fully plastic state (i.e. case III in Figure 1) as studied separately below.

389 Reverse fully plastic unloading of Case II

This state follows the unloading phase of $c_2 \le d_2 < b_2$ that was studied previously. The stress solution of Equations (51) and (52) still holds in this phase, but A_{2-2} and d_2 therein need to be replaced by A_{2-4} and b_2 , respectively. The new integration constant A_{2-4} is determined according to the given stress boundary conditions in Equation (5 a,b) as:

394
$$A_{2-4} = -[p_0 + Y/(\alpha - 1)]$$
 (while $c_2 < d_2 = b_2$) (75)

The distribution of displacement in the soil can be obtained with the same procedure of deriving Equations (67)-(74), considering the zone $a_2 \le r_2 \le c_2$ and the zone of $c_2 \le r_2 \le b_2$ separately. Similarly, it is found that the displacement solution can be obtained by replacing A_{2-4} and d_2 with A_{2-4} and b_2 , respectively, in Equation (67)-(74).

399 Reverse fully plastic unloading of Case III

400 This is for the fully plastic unloading analysis of the case that the soil cylinder/sphere was

401 previously loaded to be fully plastic ($c_2 = b_2$). In this case, the stress distribution in the soil can 402 be obtained by Equation (51) and (52), replacing d_2 and A_{2-2} with b_2 and the new constant 403 A_{2-5} (i.e. Equation (76)), respectively.

404
$$A_{2-5} = A_{2-4} = -[p_0 + Y/(\alpha - 1)]$$
 (while $c_2 = d_2 = b_2$) (76)

The large-strain displacement of the surrounding soil during this fully plastic unloading phase can be described by Equations (55), (56), (59) and (60) as well while replacing d_2 , c_1 , and A_{2-2} therein with b_2 , b_2 and A_{2-5} , respectively.

408 Solution procedure

All the necessary information for determining the pressure-contraction curve and stress
distributions has been given. As the pressure-expansion relationship is not expressed in terms
of a single equation, it is instructive to summarize the procedure that can be used to construct
the complete pressure-contraction curve as below:

413 (1) Choose input soil parameters: *E*, *v*, *c*, *φ*, *ψ*; in-situ stress: *p*₀; cavity geometry information:
414 *k*, *b*₀ and *a*₀; and the reference state parameter: *a*₂₀;

415 (2) Calculate the derived parameters $G, Y, \alpha, \beta, \gamma, M$ and the reverse limit $p_{2\text{elim}-2}$ (Equation 416 (48));

417 (3) Calculate the pressure-expansion curve in the loading process until the inner cavity radii 418 reaches a_{20} , and then record c_{20} , b_{20} , and p_{20} for elastic-plastic loading process, or b_{20} and p_{20} 419 for fully plastic loading process. The solution procedure is available in Yu (1992, 1993);

420 (4) Calculate A_1 and B_1 from Equations (14) and (15), respectively, with the known value of 421 c_{20} and b_{20} . The stress field at the end of loading process (σ_{r20} and $\Delta\sigma_{\theta 20}$) can be obtained from 422 Equations (10) and (11) for the plastic zone and Equations (12) and (13) for the elastic zone;

423 (5) For elastic unloading analysis, choose a pressure p_2 ($p_{20} < p_2 < p_{2\text{elim}-2}$) and calculate $\Delta \sigma_r$ 424 and $\Delta \sigma_{\theta}$ from Equations (45) and (46), respectively. Then the distribution of stress can be 425 obtained from Equations (2), (3) and (10)-(13). And the relative displacement Δu could be 426 calculated from Equation (47);

427 (6) If $p_2 < p_{2\text{elim}-2}$, elastic-plastic ($a_{20} < c_{20} < b_{20}$) or fully plastic ($c_{20} = b_{20}$) unloading analysis is 428 needed;

429 (7) In the case of $a_{20} < c_{20} < b_{20}$ (Case II in Figure 1):

- 430 (a) while $d_2 < c_2 \le b_2$, choose a value of d_{20} ($a_{20} < d_{20} < c_{20}$), calculate d_2 and b_2 from 431 Equation (55) with the known value of d_{20} and b_{20} ; then calculate a_2 from Equations (63) and 432 (64) with the known values of d_2 , d_{20} , b_2 and c_{20} , and p_2 from Equations (51) and (54).
- 433 When d_{20} , d_2 , b_2 are known, B_{2-2} and A_{2-2} can be calculated from Equations (53) and (54), 434 and then the distribution of stress can also be derived from Equations (49)-(52).
- 435 (b) while $c_2 \le d_2 < b_2$, choose a value of d_{20} ($c_{20} < d_{20} < b_{20}$), calculate d_2 and b_2 from 436 Equation (55) with the known value of d_{20} and b_{20} ; calculate c_2 from Equations (71) and (72) 437 with the known values of d_2 , d_{20} , b_2 and c_{20} ; calculate a_2 from Equations (73) and (74); then 438 calculate p_2 from Equation (51) by setting $r_2=a_2$. Note that in all calculations of this phase, 439 A_{2-2} and B_{2-2} need to be replaced by A_{2-3} and B_{2-3} (Equations (65) and (66)), respectively;
- 440 With the values of A_{2-3} , B_{2-3} , b_2 and d_2 , the distribution of stress components can be 441 calculated from Equations (49)-(52) by replacing A_{2-2} and B_{2-2} with A_{2-3} and B_{2-3} , respectively.
- 442 (c) while $d_2=b_2$, choose a value of b_2/c_2 (greater than b_{20}/c_{20}), calculate c_2 and b_2 from 443 Equations (71) and (72); calculate a_2 from Equations (73) and (74) with the known values of 444 b_2 and c_2 ; then calculate p_2 from Equation (51) with $r_2=a_2$. In this phase, A_{2-2} in the relevant 445 equations needs to be replaced by A_{2-4} (Equation (75)), and the stress components can be 446 obtained from Equations (51) and (52).
- 447 (d) For the case of $c_{20} < b_{20}$, repetition of steps of (a) and (b) for varying d_{20} , and (c) for 448 varying b_2/c_2 provides the data for a complete pressure-contraction curve.
- 449 (8) In the case of $c_{20}=b_{20}$ (Case III in Figure 1):
- 450 (e) while $d_2 < c_2 = b_2$, step (a) still holds;

451 (f) while $c_2 = d_2 = b_2$, choose a value of b_2/c_2 (greater than the value of b_2/c_2 in the previous 452 step), calculate b_2 and a_2 from Equations (63) and (64); then calculate p_2 from Equation (51) 453 with $r_2 = a_2$. In this phase, A_{2-2} in the relevant equations needs to be replaced by A_{2-5} (Equation 454 (76)). Similarly, the distribution of stress components can be obtained from Equations (51) 455 and (52) by replacing A_{2-2} by A_{2-5} .

456 Repetition of steps of (e) for varying d_{20} and (f) for varying of b_2/a_2 provides the data for 457 complete pressure-contraction curve. Note that, for the cases in a frictionless soil, results can 458 be calculated with the above solutions using very small φ values.

459 Solution validation and result analysis

460 Unloading curves from an in-situ stress state

461 At first, the unloading solution from an in-situ stress state is validated by comparing with the 462 solution of Vrakas and Anagnostou (2014) in the special case of a cavity in an infinite soil mass. Taking the material parameters: $p_0=22.5$ MPa, E=2000MPa, c=0.25MPa, $\varphi=23^{\circ}$, $\psi=3^{\circ}$ and 463 v=0.25 that were used by Vrakas and Anagnostou (2014), both the pressure-contraction curve 464 465 and the distribution of stresses and the radial displacement at the moment of $p_2=0$ MPa were 466 calculated, and they are compared with those obtained by Vrakas and Anagnostou (2014) in 467 Figure 3. The comparisons in Figure 3 indicate that their solution can be recovered by the 468 present solution assuming $b_0 / a_0 \propto \infty$, neglecting the out-of-plane plastic flow effect which proved to be insignificant (Reed, 1986; Vrakas & Anagnostou, 2014). 469



(a) pressure-contraction curve.(b) distribution of stresses and radial displacement.Figure3. A cylindrical cavity unloading from an in-situ stress state (Sedrun section of the Gotthard Base Tunnel (Vrakas & Anagnostou, 2014))



Figure 4. Pressure-contraction curves with varying b_0/a_0

470 To indicate the effects of the cavity geometry ratio b_0/a_0 , example cavity pressure-471 contraction curves with different values of b_0/a_0 are computed using the same material 472 parameters as above. The results in Figure 4 show that the value of b_0/a_0 greatly influences the 473 cavity unloading behaviour when it is smaller than a limit value for both hollow cylinders and 474 spheres. The value of this limit ratio varies with soil properties and is generally smaller for a 475 hollow sphere than a cylinder. With the same level of contraction (e.g. $(a_{20}-a_0)/a_0$), the 476 magnitude of unloading (e.g. $(p_{20}-p_0)/p_0)$ is smaller for a thinner cylinder/sphere of soil while 477 b_0/a_0 is smaller than the limit ratio. In other words, with the same magnitude of unloading, 478 greater radial contraction may occur for a thinner hollow cylinder/sphere. Tunneling involves 479 the removal of soil/rock masses from their initial locations, and this is analogy to the problem 480 of cavity unloading from an in-situ stress state (Mair & Taylor, 1993; Mo & Yu, 2017; Ogawa 481 & Lo, 1987; Vrakas & Anagnostou, 2014; Yu & Rowe, 1999). Experimental results (e.g. (Franza 482 et al., 2019)) have shown that the ground response curves (GRCs) of shallow tunnels in sands varv with the tunnel depth ratio (e.g. soil cover depth/tunnel radius) in a very similar fashion as 483 484 that is shown in Figure 4.

485 Apart from the geometry ratio b_0/a_0 , soil strength and stiffness parameters also affect the 486 cavity unloading behaviour. Their influences are akin to those observed in unloading analyses 487 of a cavity in an infinite soil mass, which can refer to the results of Yu and Rowe (1999) and 488 Vrakas and Anagnostou (2014).

489 Unloading curves from a partially/fully plastic state

490 Using the same soil model, Yu and Houlsby (1995) developed an analytical large-strain solution 491 for unloading analysis of an infinite soil mass under a loading-induced partially plastic state. 492 The paper extended their solution to the more general case of a hollow cylinder/sphere of soil. 493 For validation, results obtained by these two solutions are compared in Figure 5. It is shown 494 that the present solution can exactly recover to their solution, taking $b_0 / a_0 \propto \infty$. Note that the 495 solutions of Yu (1992, 1993) were used to calculate the expansion curves and the reference 496 stress state in the validation and following analyses.



Figure 5. Comparison with results of Yu and Houlsby (1995) ($E/p_0=1300$, v=0.3 and c=0).

497 To show the effects of the reference stress state on the unloading behaviour of a finite soil mass, a selection of results of loading and unloading curves with different magnitudes of 498 499 preloading and values of b_0/a_0 are presented in Figures 6-9. The soil parameters of $\varphi=40^\circ$, $\psi=20^\circ$, v=0.3, c=0 and $E/p_0=1300$ were used. In Figures 6 and 7, two typical ratios of the initial outer 500 501 to inner radii of a finite soil mass are considered (e.g. $b_0/a_0=10000$ or $b_0/a_0=5$), and the unloading is assumed to start after different magnitudes of expansion (i.e. a_{20}/a_0). In Figures 8 502 503 and 9, loading and unloading curves with different values of b_0/a_0 are plotted, in which the 504 applied cavity pressure is removed when the expansion ratio a_{20}/a_0 is equal to 3 and 1.15, 505 respectively. In the figures, the triangle represents the point when the elastic-plastic interface reaches the outer boundary of the hollow cylinder/sphere during loading (i.e. $c_1=b_1$); the circle 506 507 for each curve represents the point when plastic unloading occurs (i.e. $d_2=a_2$).



Figure6. Unloading curves of soil cylinders from varying reference stress states



(a) $b_0/a_0 = 10000$

(b) $b_0/a_0=5$





(a) cylinders

(b) spheres

Figure 8. Variation of loading and unloading curves with b_0/a_0 ($a_{20}/a_0=3$)



Figure 9. Variation of loading and unloading curves with b_0/a_0 ($a_{20}/a_0=1.15$)

508

Figures 6-9 show that initially the internal cavity pressure reduces rapidly with cavity

509 contractions in the elastic unloading phase (i.e. Equations (45)-(47)). The unloading curves in 510 the non-dimensional plot of p_2/p_0 against a_2/a_0 are almost linear and parallel with each other in 511 this phase. Although the slope of the unloading curve is insensitive to the initial geometry ratio 512 b_0/a_0 and the previous loading history (e.g. a_{20}/a_0), these factors affect the maximum amount of 513 the stress reduction during elastic unloading. Due to the residual stresses generated during 514 previous loading (i.e. the so-called 'overstrain' effect (Hill, 1950; Zhao & Wang, 2010)), the 515 elastic unloading process is much longer than the initial elastic loading process.

516 The above intrinsic characteristics of the elastic unloading process have been used in various 517 applications such as the control of unloading-reloading loops of pressuremeter tests and the 518 shakedown analysis. As pointed out by Wroth (1982), the soil stiffness can be obtained from 519 the unloading-reloading loop of self-boring pressuremeter tests. While conducting unloading-520 reloading loops, it is important to ensure that the loop deformation remains in an elastic state. 521 For a linear elastic-perfectly plastic Mohr-Coulomb material, Equations (10) and (48) can be 522 used to determine the maximum reduction of the effective pressure allowed for elastic 523 unloading in pressuremeter tests. In an infinite soil mass, the maximum cavity pressure 524 reduction is a function of soil strength parameters (e.g. friction angle and cohesion) and the 525 loading-induced stress state (e.g. p₂₀) (Wroth, 1982; Zhao & Wang, 2010). However, it also 526 varies with the value of b_0/a_0 for the unloading of a finite soil mass (e.g. Figures 6(b), 7(b), 8 527 and 9). An example application to the shakedown analysis will be given in the next section.

528 Once the cavity pressure reduces to be smaller than the elastic limit (i.e. Equation (48)), the 529 unloading curve becomes highly non-linear as reverse yielding occurs in the soil. The radial 530 convergence accelerates as the plastic region spreads out with smaller internal confining 531 pressure. When the cavity pressure reaches a sufficiently low value, the radial convergence 532 increases sharply until the inner cavity is filled. In general, the speed of transition from a purely 533 elastic state to the steady or limit state during unloading is much faster than that occurred in the 534 initial loading process, and it varies with the cavity shape (normally, it is faster for a spherical 535 cavity than a cylindrical cavity). The minimum internal pressure that the soil can sustain mainly depends on the soil strength parameters as defined in Equation (51), for example, it is close to 536 537 zero for cohesionless soils but could be negative for cohesive soils or rocks. Figures 6-9 show 538 that this limit value of unloading pressure does not significantly vary with the value of b_0/a_0 539 and the loading history.

As mentioned previously, experimental studies on both self-boring and full-displacement pressuremeters (Hughes & Robertson, 1985; Schnaid & Houlsby, 1992) have shown the unloading portion of pressuremeter curves is less sensitive to initial soil disturbance than the loading portion. This is consistently observed in the results of Figures 6-9. Besides, the results indicate that the shape of the unloading curve is also less sensitive to the geometry ratio b_0/a_0 than the loading curve in a finite soil mass. This suggests that the use of the unloading curve of pressuremeter tests to measure the soil properties may also help to remove the boundary effects that are commonly encountered in small-sized calibration chambers.

548 Example geotechnical applications

549 Thickness of frozen cylinder earth walls

Artificial ground freezing has been widely used to stabilize temporarily the ground in order to 550 551 provide ground support and/or exclude groundwater from an excavation until the final retaining 552 and lining structures are constructed (Andersland & Ladanyi, 2004; Sanger & Sayles, 1979; 553 Viggiani & Casini, 2015; Zhang et al., 2018). From a structural point of view, determination of 554 the geometry and the thickness of a frozen wall is one of the main concerns for practitioners. 555 Because of the relatively high compressive and low tensile strengths of frozen soil, curved arch walls, particularly circular walls, are often selected with priority. The unloading model of a 556 557 cylinder unloading from an in-situ stress state that was studied previously has been commonly 558 used to determine the thickness of a circular frozen wall (Andersland & Ladanyi, 2004; Klein & Gerthold, 1979; Sanger & Sayles, 1979). For example, assuming $\sigma_{r2}|_{r_{2}=b_{2}}=-p_{0}$ and 559 $\sigma_{r_2}|_{r_1=a_2} = 0$ (i.e. no internal support), Sanger and Sayles (1979) proposed Equation (77) to 560 561 estimate the minimum thickness of a cylinder wall. Klein and Gerthold (1979) extended this solution to the case where the internal pressure acting on the wall equals p_2 (i.e. 562 $\sigma_{r_2}|_{r_1=q_2} = -p_2$), thereby Equation (78) was given. These solutions were obtained by solving 563 the equilibrium equation (1) and the Mohr-Coulomb yield function (6). Therefore, they can be 564 565 recovered by Equation (26) or (30) considering the boundary conditions they adopted.

566
$$(b_0/a_0)^{\alpha-1} = \frac{p_0 + c \cot \varphi}{c \cot \varphi}$$
 (77)

567
$$(b_0/a_0)^{\alpha-1} = \frac{p_0 + c \cot \varphi}{p_2 + c \cot \varphi}$$
 (78)

568 In both Equations (77) and (78), a hidden assumption is that the cylinder wall of frozen soil 569 becomes unstable once it becomes fully plastic. This is a typical large deformation problem, 570 and displacements of the cavity during elastic-plastic contractions can be calculated by using 571 Equations (30), (32a, b) and (44). Adopting the criterion of Sanger and Sayles (1979) (i.e. 572 $p_{2\rm fp-lim} = 0$ in Equation (30)), new results are calculated considering the large deformation

- 573 effects with typical soil properties of v=0.3, $E/p_0=100$ and $\psi=\min(0, \varphi-20)$. The new results are
- 574 compared with the published results of Sanger and Sayles (1979) in Figure 10. It is shown that
- 575 Equation (77) tends to give conservative predictions of the minimum thickness of a cylinder
- 576 wall due to the lack of accounting for its radial convergence, whose effects become more
- 577 significant at larger values of the in-situ earth pressure and the friction angle of soil.



Figure 10. Comparison of design charts for circular frozen walls

In addition to the requirement of stability, frozen earth walls may also be designed under 578 579 displacement control on the basis of required excavation limits and the available space on site (Andersland & Ladanyi, 2004). For example, taking 2% cavity strain (i.e. $a_2/a_0=0.98$) as the 580 maximum allowable radial convergence of a cylinder wall, the minimum internal pressure 581 582 required can be obtained by the cylindrical unloading solution from an in-situ state. Example results are presented in Figure 11 with varying strength and stiffness parameters of frozen soils. 583 584 It is shown that the self-stability of a cylinder wall, in general, increases with the thickness ratio, 585 the frictional strength and stiffness of the soil, thus less internal support is required accordingly.

Adopting different control standards, the application of the large strain in-situ unloading 586 solution to the preliminary structural design of frozen cylinder walls is illustrated in Figures 10 587 and 11. It needs to be pointed out that the boundary conditions at the outer wall of the cylinder 588 589 were simplified as a constant radial pressure whose value equals the in-situ stress. In fact, 590 however, the outside confining pressure may reduce with contractions of the cylinder. Thus, 591 this method still tends to be conservative as well. Additionally, it should bear in mind that the 592 above analyses focused on the short-term unloading behaviour. For the long-term stability and 593 deformation analysis, the time-dependent behaviour of frozen soils (e.g. creep strength) needs 594 to be taken into account (Andersland & Ladanyi, 2004; Sanger & Sayles, 1979).



(a) variation with angle of friction $(E/p_0=100)$ (b) variation with stiffness ($\varphi=30^\circ$) Figure 11. Internal cavity pressure at a radial displacement of 2% (v=0.3 and $c/p_0=0.3$)

595 **Prediction of pressuremeter curves**

596 Based on the analogy between pressuremeter tests and a long cylindrical cavity upon loading and unloading, cavity expansion and contraction solutions have been used in the interpretation 597 of pressuremeter tests with considerable success (Clarke, 1995; Mair & Wood, 1987; Wroth, 598 1984; Yu, 2000). As summarized by Schnaid et al. (2000), the methods of interpreting 599 600 pressuremeter tests can be broadly categorised into two groups: in the first group each parameter of soil is assessed independently from one portion of the pressuremeter curve; in the 601 second the whole pressuremeter curve (both loading and unloading portions) is taken into 602 account. Using the closed-form expansion and contraction solutions of Yu and Houlsby 603 604 (1991,1995), Schnaid et al. (2000) analysed many site pressuremeter tests, from which a set of 605 fundamental parameters of soil can be derived. In modelling site pressuremeter tests, it is reasonable to assume the surrounding soil to be horizontally infinite. However, this might be 606 607 questionable for the modelling of laboratory pressuremeter tests in small-sized calibration chambers as highlighted previously (Alsiny et al., 1992; Fahey, 1986; Jewell et al., 1980; Juran 608 609 & BenSaid, 1987; Schnaid & Houlsby, 1991).

610 To account for the possible boundary effects during cavity expansion, Yu (1992, 1993) extended the solution of Yu and Houlsby (1991) to the case in a finite soil mass. Likewise, an 611 extension of the solution of Yu and Houlsby (1995) was obtained in this paper for the analysis 612 of a cavity in a finite soil mass. Now, using the loading solution of Yu (1992) and the present 613 614 unloading solution in combination, the method proposed by Schnaid et al. (2000) can be 615 extended for the interpretation of pressuremeter tests performed in calibration chambers of a constant lateral stress boundary (i.e. the BC1-type boundary (Ghionna & Jamiolkowski, 1991)). 616 This is evaluated by comparing with the experimental results of pressuremeter tests obtained 617 618 by Ajalloeian (1996).

- 619 A number of pressuremeter tests were performed by Ajalloeian (1996) in a calibration 620 chamber using dry Stockton Beach sand. The ratio of the chamber diameter (1000mm) to the 621 pressuremeter diameter D (30mm) was 33.3. As the pressuremeter is assumed to be infinitely 622 long in the plane strain cylindrical cavity model, test data obtained with pressuremeters of the 623 longest membrane length L available were selected in the analysis to minimize the possible end 624 effects (Ajalloeian & Yu, 1998; Houlsby & Carter, 1993). In specific, L/D was 15 for the test in 625 the loose sand (test ID: 15LK1P100, relative density $D_r=27.5\%$); L/D was 20 for the tests in the 626 medium dense (test ID: 20MK1P100, D_r =63.3%) and dense sand samples (test ID: 20DK1P100, 627 $D_{\rm r}$ =86.8%) (see Figure 12).
- Based on the loading solution of Yu (1992) and the unloading solution of this study (Equations (45)-(76)), the pressuremeter tests are interpreted following the curve fitting method proposed by Schnaid et al. (2000) as follows:

(a) Initial stress state. The initial mean effective stress was 100kPa and the initial stress ratio
of the effective vertical stress to the effective horizontal stress was 1 in the tests (Ajalloeian,
1996). The same initial stress state was used in the modelling.

- (b) Shear modulus. For the loading portion, the curve fitting was initiated using the tangent
 stiffness value of the initial portion of the loading curve (Ajalloeian, 1996); for the unloading
 portion, the value of the shear modulus was estimated by drawing a single line between the
 point that defines the end of the loading and the representative point of the theoretical plastic
 reverse of the experimental unloading curve (Schnaid et al., 2000). The Poisson's ratio was
 assumed to be 0.3.
- 640 (c) Strength parameters. The dilation angle ψ was calculated using the correlation of Rowe 641 (1962) (i.e. Equation (79)). The critical state friction angle φ_{cv} of the Stockton Beach sand 642 required in Equation (79) is 31° (Ajalloeian, 1996). The cohesion was set as zero for the dry 643 sand. Then based on the cavity expansion and contraction solutions and the measured 644 pressuremeter curves (both loading and unloading portions), the plane strain friction angle φ_{ps} 645 was back-calculated using a curve fitting technique.

646
$$\sin \psi = \frac{\sin \varphi_{\rm ps} - \sin \varphi_{\rm cv}}{1 - \sin \varphi_{\rm ps} \sin \varphi_{\rm cv}}$$
(79)

Figure 12 presents the predicted and the measured loading and unloading curves. The comparison shows that a good fit (the correlation coefficient $R^2>0.99$ in all three cases compared) was achieved between theory and data over the whole curve of loading and unloading. In Figure 13, the back-calculated friction angles are compared with the data from

triaxial tests measured by Ajalloeian (1996). The relationship $8\varphi_{ps} = 9\varphi_{tri}$ (Wroth, 1984) was 651 652 used to convert the triaxial friction angle φ_{tri} and the plane strain friction angle φ_{rs} for 653 comparison. Results obtained by Ajalloeian (1996) using other common theoretical methods 654 (e.g. (Hughes et al., 1977; Manassero, 1989; Yu, 1994)) are also plotted in Figure 13. It is shown 655 that the combined use of the loading solution of Yu (1992) and the present unloading solution 656 from an elastic-plastic state as well as the curve-fitting technique of Schnaid et al. (2000) gave 657 the best estimate of the soil strength parameters in the compared cases. The close agreement 658 between theoretical and experimental results in Figures 12 and 13 indicates that this method is 659 able to construct a theoretical curve that reproduces a pressuremeter test from which 660 fundamental soil parameters can be derived reasonably well.

Note that the maximum cavity strain was less than 11% and a large diameter ratio of the 661 chamber to the pressuremeter was intentionally used in the tests of Ajalloeian (1996) to 662 663 minimize the boundary effect. Therefore, the difference of the friction angle back-calculated 664 with or without considering the size of the sand sample is not significant in these tests (Figure 13). Much stronger boundary effects may appear in tests performed in smaller sand samples as 665 shown in Figure 9 and observed by Jewell et al. (1980), Fahey (1986), Schnaid and Houlsby 666 667 (1991) and Alsiny et al. (1992), among others. Under this circumstance, the advantages of the 668 present method will be more obvious.

It is necessary to bear in mind that as an elastic-perfectly plastic soil model was used, the non-linear elastic (e.g. stress and strain-dependent shear modulus) and strain hardening/softening behaviour of sand (e.g. non-constant dilatancy) cannot be realistically modelled by the present solutions (Fahey & Carter, 1993; Manassero, 1989). The constraints imposed by these simplifications may introduce some limits to the quality of the comparisons but enforce the consistency among all parameters (Schnaid et al., 2000).





(c) dense sand

Figure 12. Comparisons between theoretical and experimental pressuremeter curves (test data from Ajalloeian (1996)).



Figure13. Back-calculated and measured plane strain friction angles

675 **Optimal thickness of a hollow cylinder/sphere for overstrain**

Several stress limits are of great concern in the stress analysis and optimal design of a hollow 676 cylinder/sphere, for example, the elastic limit, the plastic limit and the shakedown limit (Hill, 677 1950; Xu & Yu, 2005; Zhao & Wang, 2010). In the process of loading, the elastic limit $p_{1\text{elim}}$ 678 (i.e. while $c_1=a_1$) and plastic limit $p_{1\text{plim}}$ (i.e. while $c_1=b_1$) were given in Equations (9) and 679 680 (16), respectively. In the subsequent unloading process, reverse yielding occurs at the inner wall of the cavity (i.e. $d_2=a_2$) while the cavity pressure reduces to be equal to $p_{2\text{elim}-2}$ (i.e. the 681 unloading elastic limit defined in Equation (48)); the unloading plastic limit (i.e. while $d_2=b_2$) 682 683 can be obtained from Equation (51).

As defined previously, due to the additional pressure $p_{20} - p_0$, residual stresses are generated within the cylinder/sphere (i.e. overstrain effect). Subsequently, as the internal pressured is removed, the soil undergoes elastic unloading until the reverse yielding limit $p_{2\text{elim}-2}$ is reached. Based on the shakedown concept, no new plastic deformation will occur in the hollow cylinder/sphere of soil during the subsequent cyclic reloading-unloading under uniform internal pressures varying within the range of ($p_{2\text{elim}-2}, p_{20}$) (neglecting the possible Bauschinger effects) (Hill, 1950; Zhao & Wang, 2010). Providing that the cavity pressure varies in the range of [p_0 , p_{20}], the shakedown limit, within which neither fully plastic state during the initial loading nor reverse plastic state during subsequent unloading will occur in the soil, can be determined by two conditions: (i) $p_{20} \le p_{1\text{plim}}$, and (ii) $p_0 \ge p_{2\text{elim}-2}$, which gives, respectively,

695
$$p_{20} \le p_0 + \frac{Y + (\alpha - 1) p_0}{\alpha - 1} \Big[(b_{20} / a_{20})^{k(\alpha - 1)/\alpha} - 1 \Big]$$
(80)

696
$$p_{20} \le p_0 + \frac{A_1 (\alpha - 1/\alpha) (b_{20}/a_{20})^{\frac{k(\alpha - 1)}{\alpha}} [(b_2/a_2)^{k+1} - 1]}{(\alpha + 1/k) (b_2/a_2)^{k+1} + 1 - \alpha}$$
(81)

697 The shakedown limit equals the minimum value of Equations (80) and (81) as it requires that the inequalities hold simultaneously (Xu & Yu, 2005). It needs to be pointed out that 698 699 previous shakedown analyses of a hollow cylinder/sphere were mostly carried out in the 700 framework of small strain theory (Hill, 1950; Zhao & Wang, 2010). However, large deformation 701 may occur during the initial elastic-plastic loading process, which may affect the shakedown 702 limit, particularly in soft materials like soils. For example, Yu (1992) observed that the cavity 703 pressure reaches a peak value before the whole cylinder of soil becomes plastic due to the large 704 strain effects, which can also be seen in Figures 8 and 9. Hence, the large strain effects on the shakedown limit are examined by calculating the optimal thickness of hollow cylinders/spheres 705 706 as follows.

It is known that a hollow cylinder or sphere cannot be too thin to be strengthed (Hill, 1950; Zhao & Wang, 2010). The optimal thickness of a hollow cylinder/sphere for *overstrain* can be determined by taking the equalities of Equation (80) and (81) simultaneously. Within the shakedown limit, the unloading process is purely elastic. Thus, the radial displacement can be determined by Equation (47), from which another relationship between the cavity pressure and the geometry ratio can be obtained as:

713
$$\frac{b_{20}}{a_{20}} = \frac{b_2}{a_2} \frac{1 - \left[\left(p_0 - p_{20} \right) / M \right] \left[\left(1 + v - kv \right) \left(k + 1 \right) / k \right] / \left[\left(b_2 / a_2 \right)^{k+1} - 1 \right]}{1 - \frac{p_0 - p_{20}}{M \left[1 - \left(a_2 / b_2 \right)^{k+1} \right]} \left\{ \left[1 + v - kv - \frac{v}{1 - v(2 - k)} \right] \left(\frac{a_2}{b_2} \right)^{k+1} + \frac{v}{1 - v(2 - k)} + \frac{1 + v - kv}{k} \right\}$$
714 (82)

Final Equations (80)-(82) give the value of b_{20}/a_{20} after the *overstrain*, based on which the optimal geometry ratio (i.e. b_0/a_0) can be readily obtained from the displacement solutions of loading (see the Appendix).

At first, the optimal thickness for frictionless soil is investigated. In this special case, the
condition of equality of Equations (80)-(81) can be simplified as:

720
$$\ln(b_{20}/a_{20}) = \left[\frac{2}{(k+1)}\right] \left[1 - \left(\frac{a_2}{b_2}\right)^{k+1}\right]$$
(83)

721 Equation (83) will reduce to the expression given by Zhao and Wang (2010) for Tresca materials if ideally regarding the surrounding soil as rigid or adopting the small strain 722 723 definitions (i.e. $a_1=a_2=a_0$ and $b_1=b_2=b_0$). However, when the soil deformation during the elastic-724 plastic loading and elastic unloading process is considered, the optimal thickness will vary with 725 the soil stiffness index G/s_u (s_u represents the shear strength of clay, corresponding to the 726 cohesion strength in the Mohr-Coulomb criterion). The variation of the optimal thickness for both hollow cylinders and spheres with the soil stiffness is presented in Figure 14, taking a 727 broad range of values of G/s_u for clays. It is shown that the optimal thickness decreases with 728 729 increases of G/s_{μ} and gradually converges to the limit value calculated by Zhao and Wang (2010) 730 for rigid clays. In other words, the geometry changes of the cylinder/sphere during loading and 731 unloading apply insignificant influence on the optimal thickness ratio in stiff clays, whereas 732 this effect cannot be ignored when the soil is relatively soft (e.g. $G/s_u < 200$).



Figure 14. Optimal thickness ratio b_0/a_0 of cohesive soil ($p_0/s_u=1$ and v=0.5)

For frictional soils, Zhao and Wang (2010) observed that the optimal thickness ratio is a pure function of the friction angle based on the small strain theory. However, Equations (80) and (81) show that it is also dependent on the stiffness and compressibility of materials while taking the geometry changes of the cylinder/sphere into consideration. A selection of results was computed taking the soil cohesion as 0, the Poisson' ratio as 0.3 and the dilation angle as 0 and is plotted in Figure 15. The example results indicate that due consideration should be given to the soil deformation in the shakedown analysis. Its influences on the optimal thickness become greater for a larger value of the friction angle φ and a smaller value of the shear modulus. Not surprisingly, results predicted by the present solution converge to those reported by Zhao and Wang (2010) when the soil is sufficiently stiff (e.g. $G/p_0=500$ in Figure 15).



Figure 15. Optimal thickness ratio b_0/a_0 at various shear moduli and friction angles

743 Conclusion

744 This paper presents analytical solutions for quasi-static contraction analysis of a thick-walled cylinder/sphere of dilatant soils. The unloading is assumed to start after an arbitrary magnitude 745 746 of loading. The logarithmic strain definition is adopted in the plastic zone so that large strain 747 effects are taken into account. A linear elastic perfectly-plastic model is used. The plasticity of 748 the soil is described by adopting the Mohr-Coulomb yield criterion with a non-associated plastic 749 flow rule. The solutions are able to calculate the stress and displacement distribution in the soil 750 at any stage of the unloading process. They are validated by comparing with corresponding 751 analytical solutions for the case of an infinite soil mass. Parametric studies showed that both 752 the reference stress state and the cavity geometry parameters may greatly influence the cavity 753 contraction behaviour, in particular, for thin cylinders and spheres.

754 The new solutions are useful in modelling many geotechnical problems. Among them, three typical applications are demonstrated, including: preliminary design of the thickness of the 755 756 frozen cylinder walls under either stress or displacement control, interpretation of laboratory 757 pressuremeter tests with consideration of the finite boundary effect, and determination of the 758 optimal thickness of cylinders/spheres based on the shakedown concept considering large 759 deformation effects. Additionally, the closed-form solutions can also be used to verify elastic-760 plastic numerical methods in analysing the Mohr-Coulomb materials, in particular, in a finite 761 soil mass.

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939 Appendix

At the moment that the elastic-plastic boundary reaches the outer radius of the cavity upon loading, the displacement at $r=b_{20}$ can be calculated from the elastic displacement solution of Yu (1992, 1993) as:

943
$$b_0 = b_{20} \left\{ 1 - \frac{(1+v-kv) \left[Y + (\alpha - 1) p_0 \right]}{M \alpha} \right\}$$
(84)

944 The displacement of the inner wall of the cavity (i.e. $r=a_{20}$) can be obtained from the large 945 strain plastic displacement solution as below.

946
$$\sum_{n=0}^{\infty} \Omega_n^4 = \frac{\overline{\eta}}{\overline{\gamma}} \left[\left(\frac{b_0}{b_{20}} \right)^{\frac{k}{\beta}+1} - \left(\frac{a_0}{b_{20}} \right)^{\frac{k}{\beta}+1} \right]$$
(85)

947 in which
$$\overline{\gamma} = \frac{(k+\beta)\alpha}{k\beta(\alpha-1)}$$
, and

948
$$\Omega_n^4 = \begin{cases} \frac{k(\alpha-1)\omega_3^n}{\alpha n!} \ln \frac{b_{20}}{a_{20}} , \text{ if } n = \overline{\gamma} \\ \frac{\omega_3^n}{(n-\overline{\gamma})n!} \left[(b_{20}/a_{20})^{\frac{k(\alpha-1)(n-\overline{\gamma})}{\alpha}} - 1 \right] , \text{ otherwise} \end{cases}$$
(86)

949
$$\omega_{3} = \frac{Y + (\alpha - 1)p_{0}}{M\beta(\alpha - 1)\alpha} \left[\alpha\beta - \frac{\alpha kv}{1 - v(2 - k)} + k(1 + v - kv) - k\beta \frac{v}{1 - v(2 - k)} \right]$$
(87)

950
$$\ln \bar{\eta} = \frac{Y + (\alpha - 1) p_0}{M \beta (\alpha - 1)} \left[\beta - \frac{kv}{1 - v(2 - k)} + k(1 + v - kv) - \frac{k\beta v}{1 - v(2 - k)} \right]$$
(88)

951	51 Notation				
952	a_0, b_0	initial inner and outer radii of a cylinder/sphere			
953	p_0, p_{20}	in-situ stress and cavity pressure at the beginning of unloading			
954	$p_{ m in}$	internal cavity pressure			
955	a_{20}, b_{20}	initial inner and outer radii of a cylinder/sphere at the beginning of			
956	unloading				
957	k	k=1 for a cylinder and $k=2$ for a sphere			
958	r, θ, z	cylindrical polar coordinates			
959	$r, heta, \phi$	spherical polar coordinates			
960	$\sigma_r, \sigma_{\theta}, \sigma_z$	radial, circumferential and axial stresses			
961	$\Delta \sigma_r, \ \Delta \sigma_{\theta}$	incremental radial and circumferential stresses due to unloading			
962	u_{20}, u_2	radial displacement at the beginning of unloading and during unloading			
963	Δu	incremental radial displacement due to unloading			
964	$\sigma_{r2}, \sigma_{\theta 2}$	radial and circumferential stresses during unloading			
965	$\sigma_{r20}, \sigma_{\theta 20}$	radial and circumferential stresses at the beginning of unloading			
966	r_0	initial radius of a given soil particle			
967	a_2, b_2	inner and outer radii of the cavity during unloading			
968	p_1, p_2	internal cavity pressures during loading and unloading			
969	C ₁ , C ₂₀ , C ₂	radii of the elastic-plastic interface caused by loading in the loading			
970	process, at the	process, at the end of loading and during unloading			
971	d_{2}, d_{20}	radius of the elastic-plastic interface caused by unloading and its initial			
972	value				
973	φ, c, ψ	soil friction angle, cohesion and dilation angle			
974	α, Υ	functions of soil cohesion and friction angle			
975	β	function of dilation angle			
976	$p_{1 \mathrm{elim}}$	elastic limit pressure in the loading process			

977	a_1, b_1	inner and outer radii of a cavity in the loading process
978	r_1, r_2	radial radii during loading and unloading
979	σ_{r1} , $\sigma_{ heta1}$	radial and circumferential stresses during loading
980	A_1, B_1	constants of integration in the loading process
981	$\mathcal{E}_r,\ \mathcal{E}_ heta$	radial and circumferential strains
982	v, E, G	Poisson's ratio, elastic modulus and shear modulus
983	M	function of Poisson's ratio and elastic modulus
984	a_2, b_2	inner and outer radii of a cavity in the unloading process
985	$p_{2\text{elim-1}}$	elastic unloading limit of case I
986	A2-1, B2-1	constants of integration in the unloading process of case I
987	$p_{ m 2fp-lim}$	fully plastic unloading limit of case I
988	${\mathcal E}_r^p, {\mathcal E}_{ heta}^p$	plastic radial and circumferential strains
989	${\cal E}^{e}_{r},{\cal E}^{e}_{ heta}$	elastic radial and circumferential strains
990	$\eta, \omega, \theta, \gamma$	non-dimensional coefficients of case I
991	<i>n</i> !	factorial of n
992	A2-1, B2-1, A2-2, B2-2,	
993	A2-3, B2-3, A2-4, A2-5	constants of integration in the unloading process
994	$p_{2 ext{elim-2}}$	elastic unloading limit of cases II and III
995	$\Delta \varepsilon_r, \ \Delta \varepsilon_{\theta}$	incremental radial and circumferential strains due to unloading
996	$\omega_1, \lambda_1, \ \overline{ heta}, ho$	non-dimensional coefficients of case II
997	$\Omega_n^1, \ \Omega_n^2, \ \Omega_n^3, \Omega_n^4$	infinite power series
998	$\eta_1, \omega_2, \lambda_2$	non-dimensional coefficients of case III
999	L, D	length and diameter of pressuremeters
1000	$D_{ m r}$	relative density of sand
1001		$\varphi_{cv}, \varphi_{ps}, \varphi_{tri}$ critical state friction angle, plane strain friction angle and

1002		triaxial friction angle of sand
1003	R^2	the correlation coefficient
1004	$p_{1 \mathrm{plim}}$	plastic limit during loading
1005	$S_{\mathcal{U}}$	shear strength of clay
1006	$\overline{\eta},\omega_{3},\overline{\gamma}$	non-dimensional coefficients in Appendix