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# 1 **Facile fabrication of bulk ultrafine-grained high-performance** 2 **steels via instantaneous nanoprecipitation**

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15  
16 Steels with sub-micron grain size usually possess high strength and toughness, which  
17 makes them promising candidates for light-weighting technologies and contribute to strategies  
18 for energy savings. To date, industrial fabrication of ultrafine-grained alloys are limited to the  
19 steels where the microstructure is developed through phase transformation. Here, we report the  
20 easy mass production of ultrafine-grained structures in twinning-induced plasticity steels via  
21 manipulating the recrystallization process by fast intragranular nanoprecipitation of coherent  
22 disordered particles. The rapid and copious nanoprecipitation prevents the growth of freshly  
23 recrystallized sub-micro grains, leading to equiaxed ultrafine-grained structures. . Importantly,  
24 the precipitates exhibit weak interactions with dislocations and can refine nanotwins, resulting  
25 in large uniform ductility of 45% with tensile strengths of 2000 MPa. The current grain  
26 refinement concept can be easily extended to other alloy systems, and the manufacturing  
27 processes are compatible with existing industrial production lines.

1 One Sentence Summary: An original economical approach to mass-produce ultrafine grained  
2 alloys with superior mechanical properties is developed.

3

1            Since Eric O. Hall and Norman J. Petch proposed the well-known Hall-Petch  
2 relationship in the 1950s that the yield strength of metallic material scales with the reciprocal  
3 square root of grain size (*1, 2*), substantial effort has been devoted to exploring feasible  
4 strategies and techniques to achieve the fine structure. Alloys with ultrafine-grained (UFG)  
5 structures (less than 1  $\mu\text{m}$ ) potentially exhibit a unique combination of high toughness and  
6 strength, and are thus highly desirable for enhancing the engineering reliability and energy  
7 efficiency. Unfortunately, the broad uses of UFG alloys are still restricted (*3*), although in the  
8 past few decades, UFG structures have been achieved by utilizing phase transformation  
9 refinement in plain C-Mn steel (*4*), NANO HITEN™ steel (*5, 6*) and the other high-strength  
10 low-alloy steels. The main reason is the so-called strength-ductility trade-off phenomenon in  
11 these UFG steels, that is, the grain refinement and the accompanied nanoprecipitation of hard  
12 carbides results in a substantial increase of strength but at the expense of work hardening and  
13 uniform elongation (*3, 7, 8*), which hinders widespread application of these UFG steels (*3*).

14            For a variety of alloys such as austenitic steels, Cu alloys, Al alloys and high entropy  
15 alloys (HEAs), no solid-state phase transformation is available, and the production of UFG  
16 structures in these alloys remains in the laboratory. Severe plastic deformation methods such  
17 as equal channel angle extrusion, high pressure torsion and nano-grained powder metallurgy  
18 are presently mainly utilized for reducing the grain size. These methods are not only costly, but  
19 tend to introduce porosity, impurities or a large number of dislocations, which severely  
20 deteriorates the plastic deformation capability. More critically, the geometric dimensions of the  
21 samples produced is very small, which is a result of the need for ultrahigh strain at low  
22 temperature to subdivide the original coarse grains and the subsequent stringent annealing  
23 treatment (i.e., very precise control of temperature and time) to prevent the fast coarsening of  
24 the fine grains at the annealing temperature (*9, 10*). The rapid coarsening of the fine structure

1 is due to the high density of grain boundaries that generates a large driving force for grain  
2 growth (11, 12).

3 Therefore, to take full advantage of UFG structures and make them more viable for  
4 industrial uses, two key challenges have to be addressed. First, the manufacturing process  
5 involved should be compatible with existing industrial production lines. As such, the UFG  
6 alloys can be fabricated economically in bulk, enabling their commercialization. Second, the  
7 stabilization mechanism of UFG structures should not inference with that of plastic  
8 deformation so that the strength-ductility trade-off can be reversed. In other words, the  
9 conventional grain stabilization strategy such as grain boundary precipitation or segregation of  
10 alloying elements at grain boundary is no longer practicable because their preferential  
11 distribution at grain boundaries often results in micro-damage at the hetero-interfaces due to  
12 the high mechanical mismatch, thus deteriorating mechanical properties (11, 13).

13 Here, we propose a new cost-effective strategy to produce bulk stable UFG structures  
14 in the steels with no phase transformation by a simple rolling and annealing process. As an  
15 illustration, we refined the microstructure of a typical twinning-induced plasticity (TWIP) steel  
16 by inducing a fast intragranular precipitation (within 0.5 min at the beginning of  
17 recrystallization) of a type of coherent disordered face-centered cubic (fcc) phase to stabilize the  
18 freshly recrystallized matrix, leading to an grain size of  $800 \pm 400$  nm. Contrary to the  
19 traditional stabilization strategies of UFG alloys like grain boundary precipitation and  
20 segregation, the minimized lattice misfit between the austenite matrix and nanoprecipitates  
21 promotes homogeneous precipitation inside the grains during the annealing process. More  
22 importantly, these disordered precipitates can be easily cut by dislocations and refine nanotwins,  
23 giving rise to the simultaneous increment in the strength and uniform ductility. The current  
24 work demonstrates that using fast intragranular precipitation of coherent disordered  
25 nanoprecipitates can produce stable and fully dense bulk UFG structures economically, thus

1 opening a new route for designing high-performance bulk UFG materials.

2 Due to their unique combination of superior formability, hardenability and high  
3 strength, TWIP steels are promising structural materials for lightweight and crash safety in  
4 automobile industry, but their performance is currently limited by their low yield strength (14-  
5 16), which requires the grain sizes below 1  $\mu\text{m}$ . Therefore, we selected a typical Fe-22Mn-0.6C  
6 TWIP steel as the demonstration of our approach and studied the Cu-doped alloys, Fe-22Mn-  
7 0.6C-xCu (x=0, 1, 2,3,4, and 5, weight per cent, wt %) (17). The results show that, when its  
8 content exceeds 5 wt %, Cu cannot be fully dissolved into the matrix after solid solution  
9 treatment, leading to localized melting and cracking in the steel during rolling, whilst for the  
10 alloys with less than 3 % Cu, grain refinement was not evident since the equilibrium fraction  
11 of the Cu-rich precipitates is insufficient. Thus, we focused on the study of base alloy, Fe-  
12 22Mn-0.6C, and Cu-doped alloys, Fe-22Mn-0.6C-3Cu and Fe-22Mn-0.6C-4Cu, hereafter  
13 referred to as 0Cu, 3Cu, and 4Cu alloys, respectively. Fig. 1A shows the true tensile stress-  
14 strain curves of the three alloys annealed at 760 °C for 5 and 20 min. As can be seen, a  
15 significant increase in the yield strength and ultimate tensile strength ( $\sigma_{\text{uts}}$ ) was observed in the  
16 Cu-doped steels. Specifically, the yield strength is nearly doubled from  $365 \pm 18$  MPa for 0Cu  
17 alloy to  $710 \pm 26$  MPa for 4Cu alloy after 5 min annealing, whereas the 4Cu alloy retains a  
18 comparable ductility with coarse-grained 0Cu alloy ( $61 \pm 5$  % engineering strain, Fig. S1).  
19 Moreover, the Cu-doped steels exhibit an ultrahigh strain hardening rate ( $\sim 2900$  MPa, inset  
20 of Fig. 1A), even higher than that ( $\sim 2500$  MPa) of 0Cu alloy with micrometre sized grains,  
21 which is responsible for the high  $\sigma_{\text{uts}}$  ( $1976 \pm 32$  MPa) and large uniform elongation. The  
22 large uniform elongation of 45 % for 4Cu alloy is highlighted in the normalized strain  
23 hardening curve in Fig. 1B, even comparable with that of 0Cu steel. More importantly, an  
24 enhanced yield strength ( $620 \pm 21$  MPa; Fig. 1A) and large ductility were also observed in the  
25 4Cu alloy annealed at 760 °C for 20 min, suggesting the high stability of the Cu-alloyed

1 microstructure. Yield strength is critical for anti-intrusion beams of vehicles while tensile  
2 strength and uniform ductility (both related to work hardening capability) are essential  
3 properties responsible for light-weighting, press-forming capability and energy absorption  
4 capability for improving crashworthiness during collisions. Thus, we compare yield strength  
5 versus the product of  $\sigma_{\text{uts}}$  and uniform EL (elongation, EL) of the Cu-alloyed steels in Fig. 1C,  
6 with those of other high-performance alloys reported in literature (14, 18-36). The Cu-doped  
7 TWIP steels and the UFG TWIP steels fabricated by complicated processes, i.e., flash  
8 annealing (36) or repeated cold rolling and annealing (26), exhibit superb combination of high  
9 yield strength and exceptionally large values of  $\sigma_{\text{uts}} \times \text{uniform EL}$  (i.e., 71 GPa % for 4Cu alloy),  
10 demonstrating that grain refinement is an effective strategy to simultaneously enhance yield  
11 strength and toughness. Clearly, the current steels possess a superior dynamic energy  
12 absorption capability, a characteristic that is critical for passenger safety in the case of traffic  
13 accidents.

14 Fig. 2 A and B display the synchrotron high-energy X-ray diffraction (XRD) pattern  
15 and electron back-scattering diffraction (EBSD) map of the 4Cu alloy annealed at 760 °C for 5  
16 min, respectively, revealing a single-phase fully recrystallized fcc structure with a fine grain  
17 size of  $800 \pm 400$  nm. Further analysis with annular dark-field scanning transmission electron  
18 microscopy (ADF-STEM) in Fig. 2C revealed the presence of nanoprecipitates (bright particles)  
19 with a high number density and uniform intragranular distribution. The energy-dispersive  
20 spectroscopy spectrum-imaging (EDS-SI) image (inset of Fig. 2C) from the marked region of  
21 the grains with a relatively bright contrast confirms the homogeneous distribution of  
22 intragranular nanoprecipitates which are enriched in Cu. The selected area electron diffraction  
23 pattern (Fig. S2) taken along the  $[110]_{\text{fcc}}$  zone axis does not show any additional reflections to  
24 the fcc matrix. Analysis of the atomic resolution high angle ADF-STEM (HAADF-STEM) (  
25 image shows that the precipitate in bright contrast does not exhibit extra periodicity to the fcc

1 matrix, confirming its disordered fcc nature. Moreover, these precipitates with a diffuse  
2 interface are fully coherent with the matrix (Fig. 2D), which is responsible for their  
3 homogeneous nucleation (37). Note that under the same thermomechanical treatment (Fig. S3),  
4 a UFG structure ( $900 \pm 400$  nm) was also obtained in 3Cu alloy along with formation of high-  
5 density Cu-rich particles, whilst the grain size of 0Cu steels reaches  $2.2 \pm 1.1$   $\mu\text{m}$ .

6 Atom probe tomography (APT) was further used to characterize the characteristics of  
7 the Cu-rich nanoprecipitates and elemental distribution around grain boundaries. The  
8 reconstruction data in Fig. 2E confirms that Cu-rich nanoprecipitates with a high number  
9 density of about  $4.6 \times 10^{23} \text{ m}^{-3}$  and a small diameter of  $5.6 \pm 2.5$  nm are uniformly distributed  
10 inside grains, whilst a precipitate free zone ( $\sim 50$  nm in width) adjacent to the grain boundaries  
11 in coarser grains was observed. The proximity histograms in Fig. 2F reveal that the Cu content  
12 is  $84 \pm 6$  at %. The 1D concentration profiles (Fig. 2G and Fig. S4) of cylindrical regions across  
13 grain boundaries demonstrate that, except for slight C segregation (38), no Cu and Mn  
14 segregation at grain boundaries occurred. Therefore, different from the conventional  
15 stabilization strategies (e.g., boundary segregation and precipitation), the current approach did  
16 not introduce any crystallographic defects (e.g., hard precipitates, segregation at grain  
17 boundaries, unrecovered dislocations, etc.), which is certainly beneficial for plastic  
18 deformation.

19 Since the thermal stability of UFG alloys determines the processing window of  
20 manufacturing, e.g., the width of annealing temperature and time, and is also critical for high-  
21 temperature service (12), we evaluated the thermal stability of 0Cu alloy, UFG 3Cu and 4Cu  
22 alloys over a wide annealing temperature span (760 to 910  $^{\circ}\text{C}$ ) and time range (5 to 60 min)  
23 (Fig. 3 and Figs. S5 and S6). The 0Cu alloy exhibited a stronger tendency for grain growth  
24 with annealing temperature. In contrast, 4Cu alloy exhibited a very stable structure, even when  
25 the annealing temperature reaches up to 910  $^{\circ}\text{C}$  (Fig. 3A and Fig. S5), that is  $0.64 T_m$  of 4Cu

1 alloy (for 4Cu alloy,  $T_m$ , the melting point, is about 1430 °C), demonstrating a broad  
2 temperature processing window of 150 °C. Although the 3Cu alloy is stable from 760 to 860  
3 °C with an only slight increase in grain size from 0.9 to 1.4  $\mu\text{m}$ , nevertheless, grain growth is  
4 rather quick at 910 °C (Fig. 3B and Fig. S5). Furthermore, with an extension of annealing time  
5 from 5 to 60 min at 760 °C, limited grain growth was observed in 4Cu alloy (i.e., from 0.8 to  
6 1.3  $\mu\text{m}$ ) whereas for the 0Cu alloy, grains grow more significantly from 2.1 to 5.7  $\mu\text{m}$  (Fig. 3B  
7 and Fig. S6). Hence, owing to the enhanced thermal stability, UFG structures in the current  
8 TWIP steels can be obtained in a wide range of annealing temperature and time, which is  
9 important for the mass-production of UFG alloys. The desirable thermal stability is attributed  
10 to the continued pinning effect of highly dispersed Cu-rich nanoprecipitates, as discussed  
11 below, which is profoundly distinguished from other UFG alloys, such as low carbon steel (39),  
12 Al alloys (40) and Ti (41), where rapid grain growth occurred when the annealing temperature  
13 approaches  $0.3T_m$ .

14 To uncover the underlying mechanism responsible for the formation of such desirable  
15 UFG structures, we studied the integrated recrystallization and precipitation process. The 4Cu  
16 alloy annealed at 760 °C for 0.5, 1 and 2 min was investigated using EBSD, annular bright-  
17 field (ABF) STEM and APT analysis (Fig. 4 A and B and Figs. S7 and S8). The analyses show  
18 that after 0.5 min annealing, nucleation of recrystallization occurred extensively and Cu-rich  
19 clusters with an average diameter of 2.6 nm and a high number density of  $1.6 \times 10^{24} \text{ m}^{-3}$  were  
20 formed (Fig. 4A and Fig. S7A), confirming the rapid and homogenous precipitation at the onset  
21 of recrystallization. When the annealing time was prolonged to 1 min, equiaxed grains with a  
22 size of  $300 \pm 150 \text{ nm}$  was observed (Fig. S8A) and 76 % volume fraction of the deformed  
23 matrix has recrystallized (Fig. S7B). The average precipitate size of the Cu-rich clusters  
24 increases to 3.7 nm while the number density decreases slightly to  $8.8 \times 10^{23} \text{ m}^{-3}$  (Fig. S8B).  
25 As the annealing time is further extended to 2 min, the size of equiaxed grain increases to 500

1  $\pm 200$  nm with  $\sim 95$  % volume fraction recrystallized (Fig. 4B and Fig. S7C). The average size  
2 of Cu-rich precipitate increases slightly to 4.5 nm while the number density decreases to  $6.1 \times$   
3  $10^{23} \text{ m}^{-3}$  (Fig. 4B). More interestingly, accompanying with the size growth, the Cu content in  
4 these precipitates also increases from  $56 \pm 4$  to  $76 \pm 5$  at %, as shown by the proximity  
5 histograms in Fig. 4 A and B, respectively. To exclude the effect of trajectory aberrations on  
6 the composition of small particles, we corrected the compositions using the methods proposed  
7 by Blavette et al. (42) (Fig. S9). The enrichment of Cu in the precipitates with growth suggests  
8 that the formation of these disordered precipitates is dominated by a simple solute-enrichment  
9 process, which should contribute to the rapid precipitation as discussed below. Obviously, both  
10 recrystallization and precipitation start immediately after annealing and both processes proceed  
11 rapidly. As a result, the Cu-rich clusters quickly developed into high-density precipitates right  
12 at the onset of grain growth, thus effectively and timely stabilizing the freshly recrystallized  
13 submicron grains from further growth.

14 We then evaluated the interrelationship between recrystallization and precipitation and  
15 the mechanism responsible for the long-term stability of 4Cu alloy by comparing the evolution  
16 of the driving pressure for recrystallization ( $P_r$ ), Zener pinning pressure ( $P_z$ ), and driving  
17 pressure for grain growth ( $P_g$ ) as a function of annealing time at 760 °C (Fig. 4C).  $P_r$  is the  
18 stored energy during cold rolling, which decreases rapidly from 28.6 to 3.3 MPa after 2 min  
19 annealing (95 % recrystallized). Note that since the dislocation density is an averaged result  
20 between deformed grains and recrystallized grains, the local dislocation density of the un-  
21 recrystallized grains actually decreases slightly. Thus, the driving energy for the deformed  
22 matrix to recrystallize should stay constant, a value which is much higher than  $P_z$  offered by  
23 the precipitates, leading to full recrystallization of the deformed microstructure after  $\sim 2$ -3 min  
24 annealing. However, due to the rapid and copious precipitation at the onset of annealing, the  
25  $P_z$  increases rapidly and immediately exceeds  $P_g$  (the pressure difference between each side of

1 one grain boundary due to grain boundary curvature (43)) after 1 min annealing, suggesting  
2 that these freshly recrystallized submicron grains were stabilized right after recrystallization.  
3 When the annealing extends from 1 to 5 min, the precipitates grow slightly from 3.7 to 5.6 nm,  
4 and  $P_z$  peaks at around 5 min (Fig. 4C), whilst  $P_g$  decreases gradually. When the annealing time  
5 exceeds 5 min, nanoprecipitation develops into the capillary-driving coarsening stage which  
6 generally exhibits very slow kinetics due to the low driving force and long-range diffusion  
7 character. As a result,  $P_z$  is inevitably decreased but still higher than  $P_g$  due to the high-density  
8 nanoprecipitates, indicating that the UFG structure is continuously stabilized by Zener pinning  
9 (Fig. 4 D and E).

10 It should be noted that the pinning effect actually stems from the precipitates adjacent  
11 to grain boundaries (Fig.4 D and E). However, the coarsening of the precipitates would  
12 unavoidably decrease the number of precipitates near grain boundaries and increase the space  
13 between these precipitates and the boundaries. As the grain boundaries of the submicron grains  
14 are highly mobile, they would quickly migrate towards these precipitate-free regions (where  
15 Zener pinning effect becomes absent) until they interact with new precipitates. As can be seen  
16 in Fig. 4 D and E, migration of the grain boundary, which closely contacts with the encountered  
17 precipitates in the shrinking grains, is therefore dependent on the coarsening of precipitates.  
18 Such a local growth process leaves a precipitate-free space behind with a width of  $\sim 50$  nm in  
19 the coarsened grains (Fig. 2E and Fig. 4D). In general, grain growth is a short-range interface  
20 process, i.e., migration of the boundary does not need long-range diffusion of the constituents,  
21 yet a relatively fast process as shown in many pure UFG alloys (44). Once the boundaries are  
22 pinned by nanoprecipitates, coarsening of the nanoprecipitates, which actually is a much slower  
23 long-range diffusion process (45), then governs the grain growth process as the coarsening of  
24 nanoprecipitates increases the interspace between precipitates and grain boundaries and leads  
25 to subsequent grain growth. In conjunction with the low-misfit, fully coherent interfaces which

1 minimize the driving force for precipitate coarsening, the intrinsically unstable UFG grains are  
2 then stabilized by the nanoprecipitates. In fact, the average grain size slowly increases from  
3 0.8, 1.2 to 1.3  $\mu\text{m}$  in 4Cu alloy with an extension of annealing time from 5, 20 to 60 min (Fig.  
4 3B and Figs. S5 and S6). Fig. 4F shows the high-resolution TEM (HRTEM) image of the  
5 nanoprecipitate marked in Fig. 4E, which is coherent with the shrinking grain, clearly  
6 confirming that the continuous strong Zener pinning effect is resulted from the intragranular  
7 nanoprecipitates, instead of grain boundary precipitation.

8         The above results vividly manifest the importance of the rapid and copious  
9 intragranular nanoprecipitation on stabilization of the freshly recrystallized grains and the  
10 continuous stabilization of the resulting UFG structure. The reasons for the rapid and copious  
11 precipitation are threefold. One is the fast kinetics resulting from higher annealing temperature,  
12 as compared with that of other high-Mn steels (46) (typical around 550  $^{\circ}\text{C}$  and ageing durations  
13 around 20 hours). The second is the minimized nucleation barrier resulting from the coherent  
14 interfaces (37) and the shorter incubation time due to the disordered nature. The disordered  
15 nature of Cu-rich precipitates renders the precipitation just a continuous Cu localized  
16 enrichment process (Fig. 4 A and B), which greatly reduces the incubation time in comparison  
17 with that of intermetallic precipitates that require localized enrichment of at least two elements  
18 with a strict stoichiometric ratio. Thirdly, the positive mixing enthalpy between Cu and Fe (13  
19 kJ/mol) (47) suggests that atomic scale Cu-rich clusters would exist in the melt, which also  
20 facilitates fast precipitation. Moreover, the fully coherent interface also yields a low interfacial  
21 energy of Cu-rich nanoprecipitates in the austenite matrix of about 17  $\text{mJ}/\text{m}^2$  (48), which is the  
22 driving energy for precipitates coarsening, thus preventing these nanoprecipitates from rapid  
23 coarsening at high temperatures (37), and hence maintaining a continuously high  $P_z$ .

24         Compared with the 0Cu alloy annealed at 760  $^{\circ}\text{C}$  for 5 min (Fig. 1A), the total increment  
25 of yield strength for the 4Cu alloy is 345 MPa, which is attributed to the synergistic effects of

1 grain refinement, solid solution strengthening of Cu and precipitation strengthening. According  
2 to the calculation (17), the grain refinement dominates the yield strength enhancement, and its  
3 contribution was estimated to be 286 MPa. Owing to the ultralow elastic misfit (the lattice  
4 misfit is only 0.11 %) and the disordered nature, the elastic and interfacial strengthening of the  
5 Cu-rich nanoprecipitates were estimated to be 19.9 and 0.08 MPa respectively (17). Therefore,  
6 the main role of these coherent Cu-rich precipitates is to refine the grain size, distinguishing  
7 them from other hard nanoprecipitates in maraging steels (37) and HSLA steels (5) which were  
8 introduced mainly for strengthening.

9 To uncover the role of Cu-rich nanoprecipitates in dislocation motion and nanotwin  
10 formation, we fabricate a UFG 0Cu alloy with a grain size of  $1.1 \pm 0.5 \mu\text{m}$  (Fig. S10) by a  
11 special two-step cold rolling and flash annealing process to minimize the effect of grain size  
12 for comparison. We analysed the microstructure and calculated the respective hardening  
13 contribution (Fig. S11) from dislocations and nanotwins of 4Cu and UFG 0Cu alloys at the  
14 tensile strain of 15 % and 45 %, respectively. In the early deformation stage (i.e.,  $\leq 15$  % strain),  
15 a high density of dislocation walls and cells were observed in both alloys (Fig. 5 A and B),  
16 along with some nanotwins with interspacing of 300-500 nm. The dislocation density of 4Cu  
17 and UFG 0Cu alloys was estimated to be  $3.5 \times 10^{15}$  and  $3.9 \times 10^{15} \text{ m}^{-2}$ , respectively (Fig. S12).  
18 It seems that dislocations dominate strain hardening for both steels during this stage, and the  
19 Cu-rich nanoprecipitates exhibit a negligible effect due to its small strengthening contribution.

20 A further increase of strain to 45 % leads to continuous formation of nanotwins in both  
21 UFG alloys (Fig. 5 C and D and Fig. S13). The average width and interspacing of the  
22 nanotwins in 4Cu alloy are  $7.9 \pm 5.4$  and  $15.2 \pm 14.3$  nm, respectively, whilst those in UFG  
23 0Cu alloy are much larger, i.e.,  $15.6 \pm 13.7$  and  $69.2 \pm 38.4$  nm, respectively. Due to the thinner  
24 and denser distribution of twins beyond 15 % strain, twinning gradually dominates the strain

1 hardening in 4Cu alloy, whereas dislocations still govern hardening in the UFG 0Cu steel (Fig.  
2 S11), which is consistent with conventional TWIP steels without precipitates (49).

3         At the early plastic deformation stage, part of the Cu-rich particles was sheared through  
4 by dislocations and obviously flattened along the loading direction (Fig. 5E and Fig. S14),  
5 which is consistent with their weak strengthening effect. At the late stage, the Cu-rich  
6 precipitates were uniformly fragmented into smaller ones (Fig. 5F), leading to a much increased  
7 number density. The STEM EDS-SI images in Fig. 5 G and H confirm that the nanotwins  
8 frequently cut through the Cu-rich precipitates and in combination with dislocation shearing,  
9 caused the fragmentation, and in return, the Cu-rich clusters refined nanotwins, leading to the  
10 twinning-dominant deformation at this stage. Different from full dislocation movement,  
11 twinning proceeds via co-operative motion of Shockley partials on the subsequent  $\{111\}$  plane.  
12 When the partial dislocations cut through the Cu-rich clusters, a stacking fault with higher  
13 energy in the Cu-rich clusters ( $78 \text{ mJ/m}^2$  for Cu-rich precipitates (50) and  $22 \text{ mJ/m}^2$  for matrix  
14 (16) would emerge as an additional obstacle to resist subsequent twinning and constrained the  
15 growth of the twins, thus refining twinning substructures. More importantly, numerous small  
16 dislocation cells were observed around the thinner and denser nanotwins (Fig. S15), suggesting  
17 that the refined nanotwins could still accommodate additional dislocation accumulation, which  
18 is also critical for sustaining a continuous high strain hardening rate. In brief, the Cu-rich  
19 nanoprecipitates can be sheared by dislocations, thus relaxing the local stress concentration  
20 around these nanoprecipitates. Furthermore, the difference in stacking fault energy causes a  
21 refined nanotwin substructure, thereby resulting in stronger dynamic strengthening and large  
22 uniform ductility.

23         To clarify the universality of the proposed approach, we have summarized the alloy  
24 design principle and selection criterion of the strategic element (i.e., Cu in this study) in  
25 Materials and Methods (i.e., Composition design), which could extend our approach to a wide

1 range of alloy systems. For demonstration, we also added 3Cu wt % into a typical Fe-Mn-C  
2 TRIP steel (51) and Co-Cr-Ni medium-entropy alloy (52) and adopted the similar  
3 thermomechanical process route in this work. As shown in Figs. S16 and S17, UFG structures  
4 with greatly enhanced mechanical properties were obtained, further confirming the validity and  
5 applicability of our approach. Thus, our grain refinement concept may lead to the developments  
6 of a series of UFG alloys with superior mechanical performances by simple rolling and  
7 annealing process, which is of great significance for the industrial production and broad usage  
8 of UFG alloys, particularly for alloys without phase transformation refinement.

## 9 REFERENCES AND NOTES

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25

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15 data. H.R.Z. conducted the HR-STEM characterization and analysed the data. J.H.G. and H.R.Z. conducted  
16 STEM-EDS mapping. Y.H.H. analysed XRD patterns for calculation of dislocation density. J.H.G., S.H.J., H.R.Z.,  
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19 **availability:** All data is available in the main text or the supplementary materials.

20

## 21 **SUPPLEMENTARY MATERIALS**

22 Materials and methods

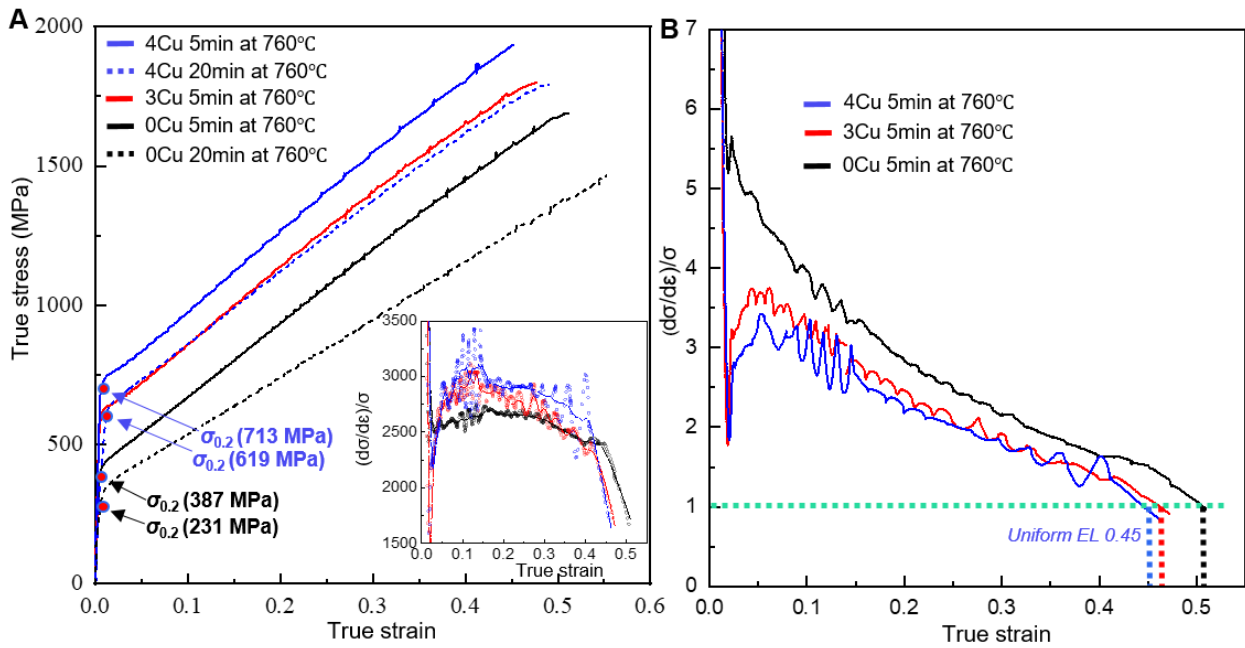
23 Figs. S1 to S17

24 Table S1

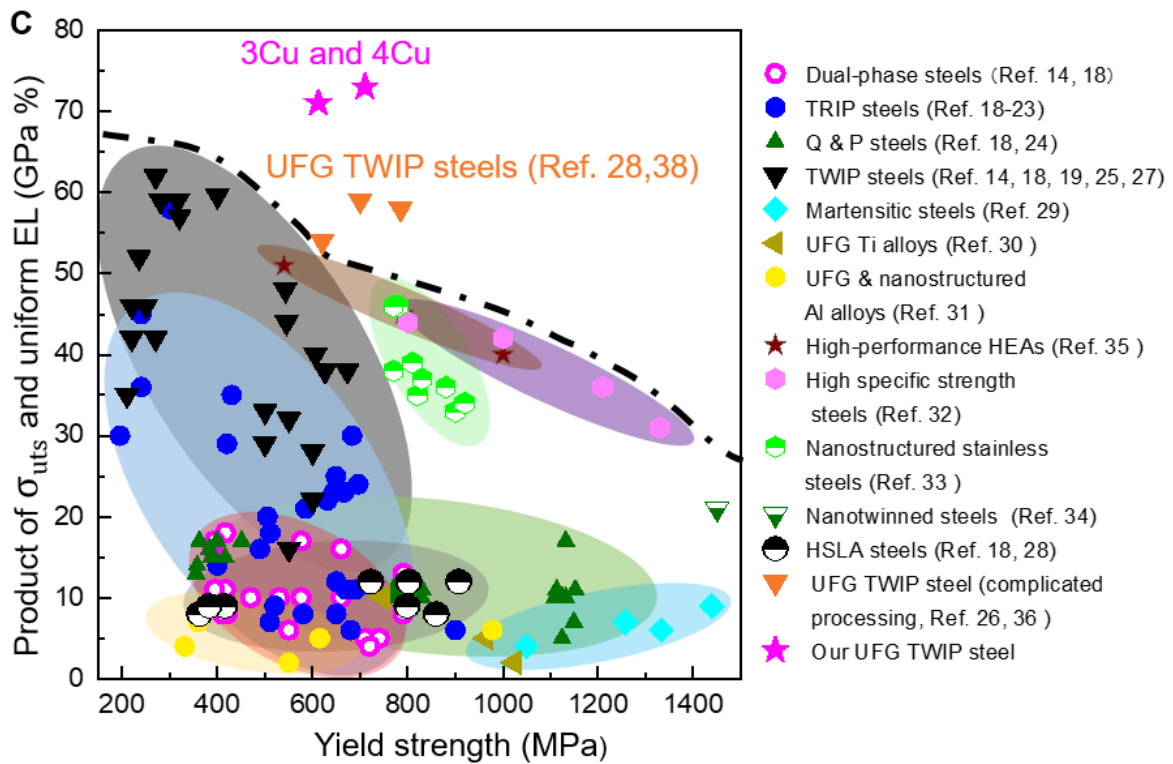
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26

1 **Fig.1**



2

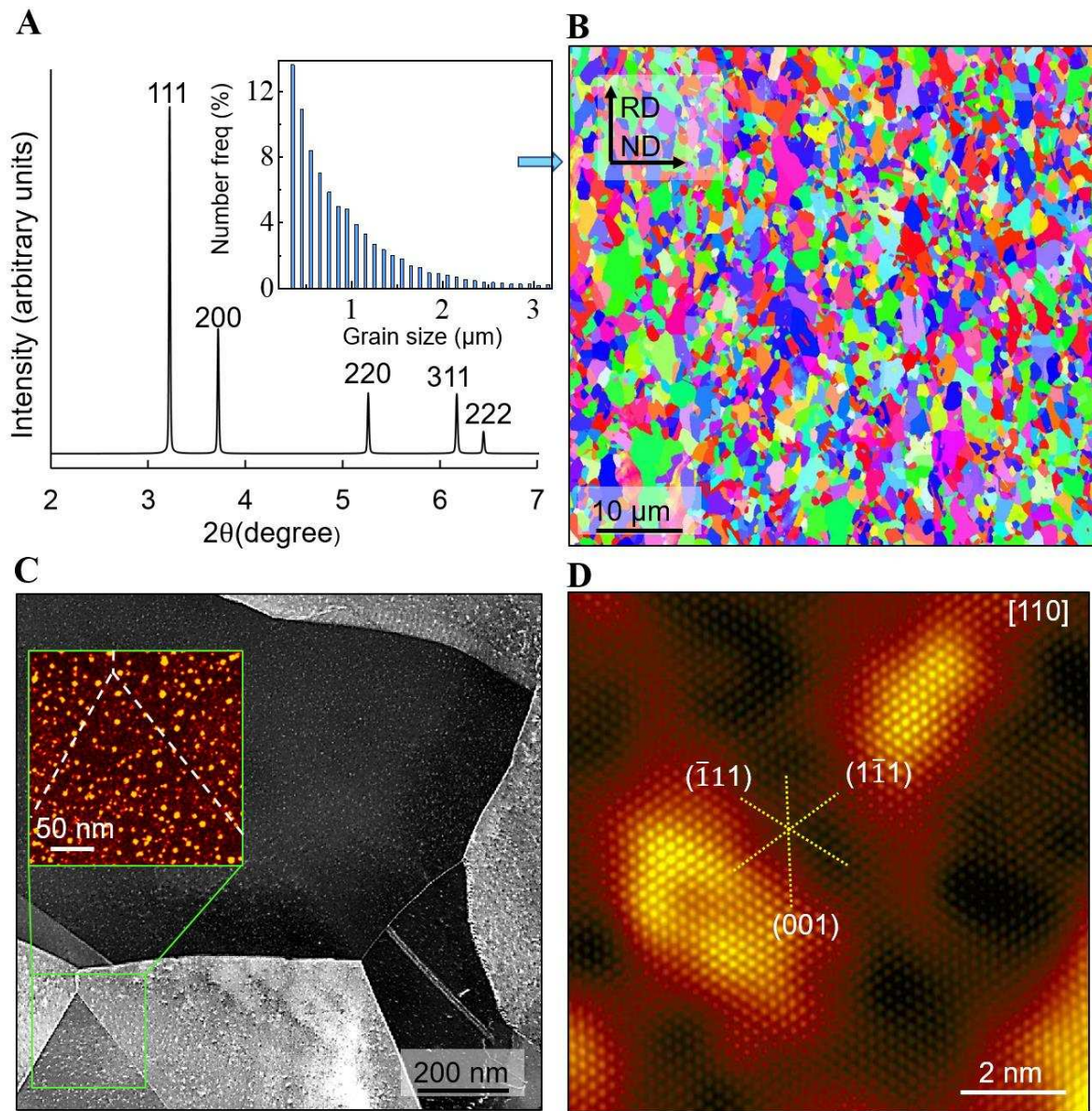


3

4 **Figure 1. Mechanical properties.** (A), Room-temperature tensile stress-strain curves of 0Cu,  
 5 3Cu and 4Cu alloys annealed for 5 and 20 min at 760 °C. A significant increase of strength  
 6 without sacrifice of ductility was achieved in the Cu-doped steels. The inset is the  
 7 corresponding strain hardening response ( $d\sigma/d\varepsilon$ ) of 0Cu, 3Cu and 4Cu alloys annealed for 5

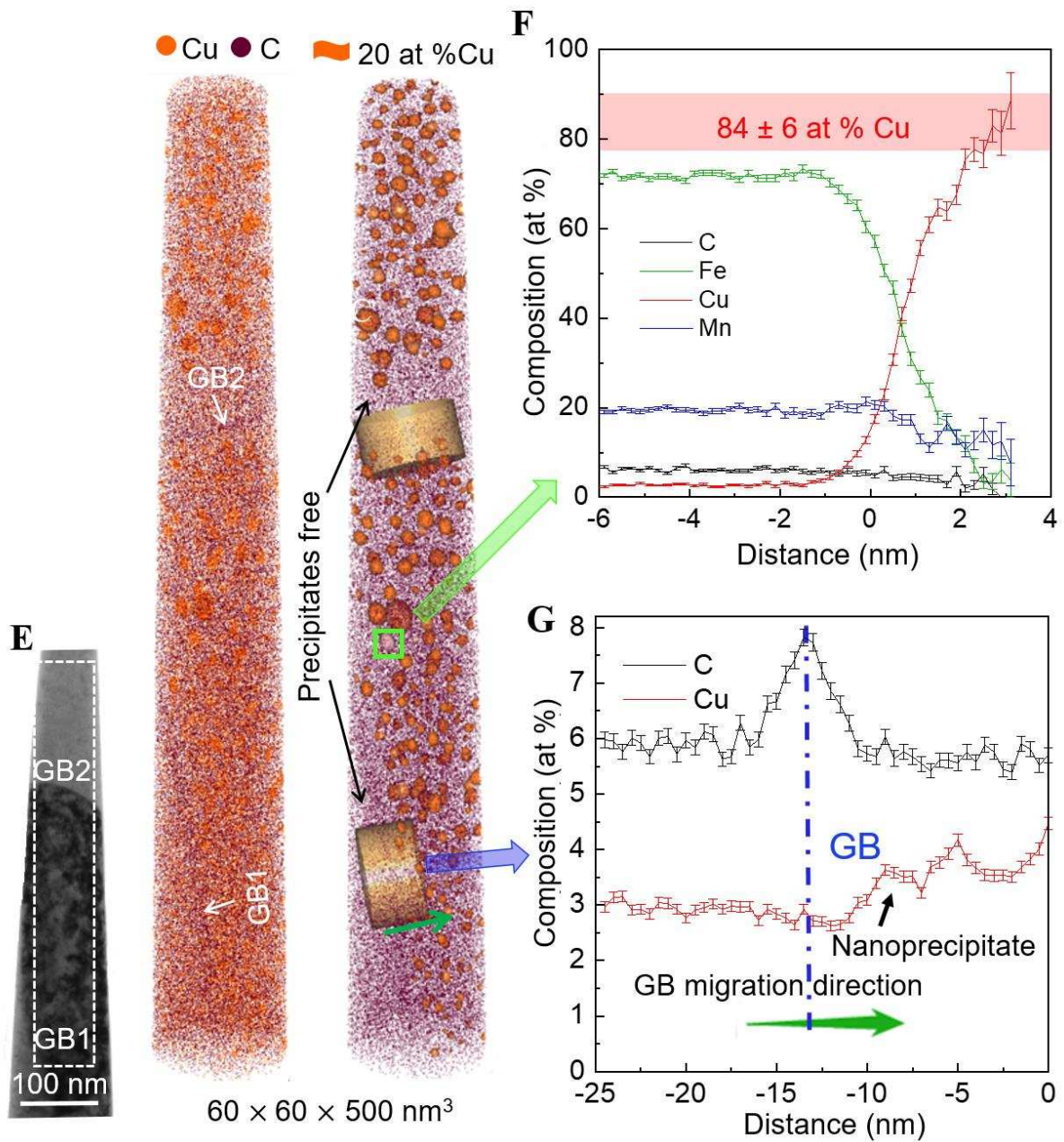
1 min at 760°C. Higher work hardening rates were observed for the Cu-doped steels. **(B)**,  
 2 Normalized strain hardening response ( $((d\sigma/d\varepsilon)/\sigma)$ ) showing a large uniform elongation of 45 %  
 3 true strain for 4Cu alloy. **(C)**, Yield strength versus the product of  $\sigma_{UTS}$  and uniform EL of 3Cu  
 4 and 4Cu alloys, as compared with those of other high performance materials reported in  
 5 literature (14, 18-36). The Cu-doped steels and the UFG TWIP steels fabricated by flash  
 6 annealing or repeatedly cold rolling and annealing have exceptionally high values of  $\sigma_{UTS} \times$   
 7 uniform EL, suggesting a superior combination of strength and ductility.

8 **Fig.2**



9

1 **Fig.2 (continue)**

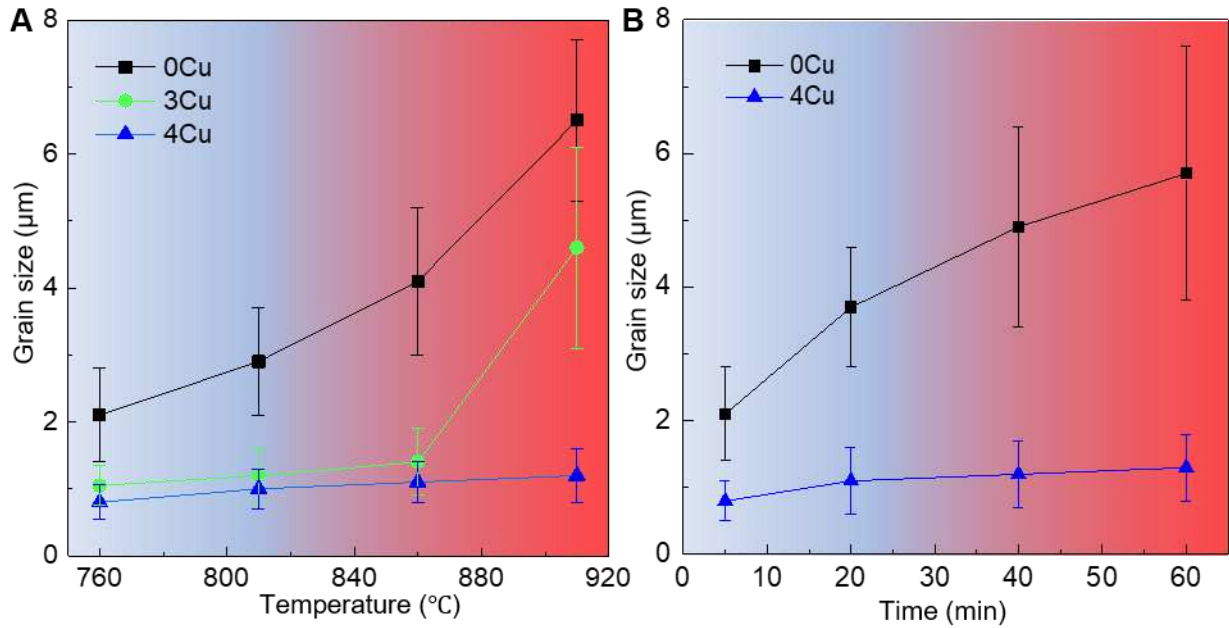


2

3 **Figure 2 Microstructure characterization of 4Cu alloy annealed at 760 °C for 5 min. (A),**  
 4 **(B),** Synchrotron high-energy XRD pattern and EBSD map showing a single fcc structure with  
 5 a grain size of  $800 \pm 400$  nm. The inset in (A) is the grain size distribution. (C), ADF-STEM  
 6 image displaying a typical ultrafine structure with a high density of intragranular  
 7 nanoprecipitates (bright particles). The inset is the STEM EDS-SI image demonstrating that  
 8 the nanoprecipitates are enriched in Cu and homogeneously distributed inside grains. (D),

1 Atomic resolution HAADF-STEM image showing that the bright Cu-rich nanoprecipitates are  
2 fully coherent with the matrix and do not exhibit extra periodicity to fcc matrix (disordered  
3 nature). **(E)**, Correlated TEM and atom probe analysis across two grain boundaries presenting  
4 the size, morphology and spatial distribution of Cu-rich nanoprecipitates. **f**, Proximity  
5 histogram across one nanoprecipitate (marked by the green square in (E)) . **g**, 1D concentration  
6 profile of cylindrical region across one grain boundary (i.e., GB1) demonstrating that, except  
7 for slight C segregation, no Cu and Mn segregation at grain boundary. The error bars are  
8 standard deviations of the mean while the isoconcentration surface is 20 at % Cu.  
9

1 **Fig.3**



2

3 **Figure 3 Effects of annealing temperature and time on the UFG structure.** (A), Evolution

4 of grain size of 0Cu, 3Cu and 4Cu alloys after annealing at 760, 810, 860 and 910 °C for 5 min.

5 Rapid grain growth was observed for 0Cu alloy with the increase of annealing temperature,

6 whilst 4Cu alloy exhibits the most stable UFG structure between 760 and 910 °C.(B), Evolution

7 of grain size of 0Cu and 4Cu alloys as a function of annealing time at 760 °C, showing that

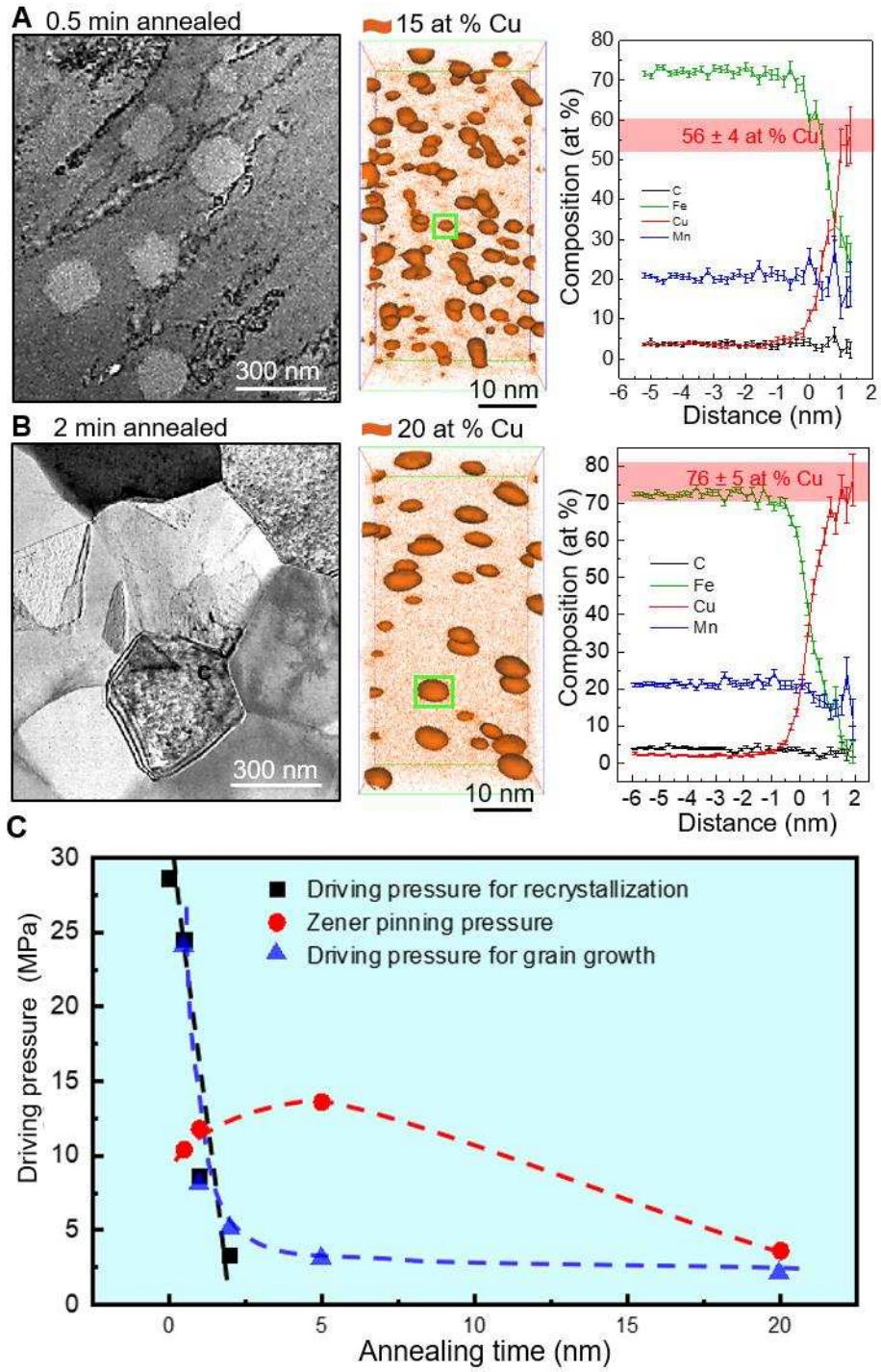
8 with extension of annealing time from 5 to 60 min, the grain size of 4Cu increases slightly from

9 0.8 to 1.3 μm, whereas the grains of 0Cu alloy coarsened rapidly from 2.1 to 5.7 μm. The error

10 bars are standard deviations of the mean.

11

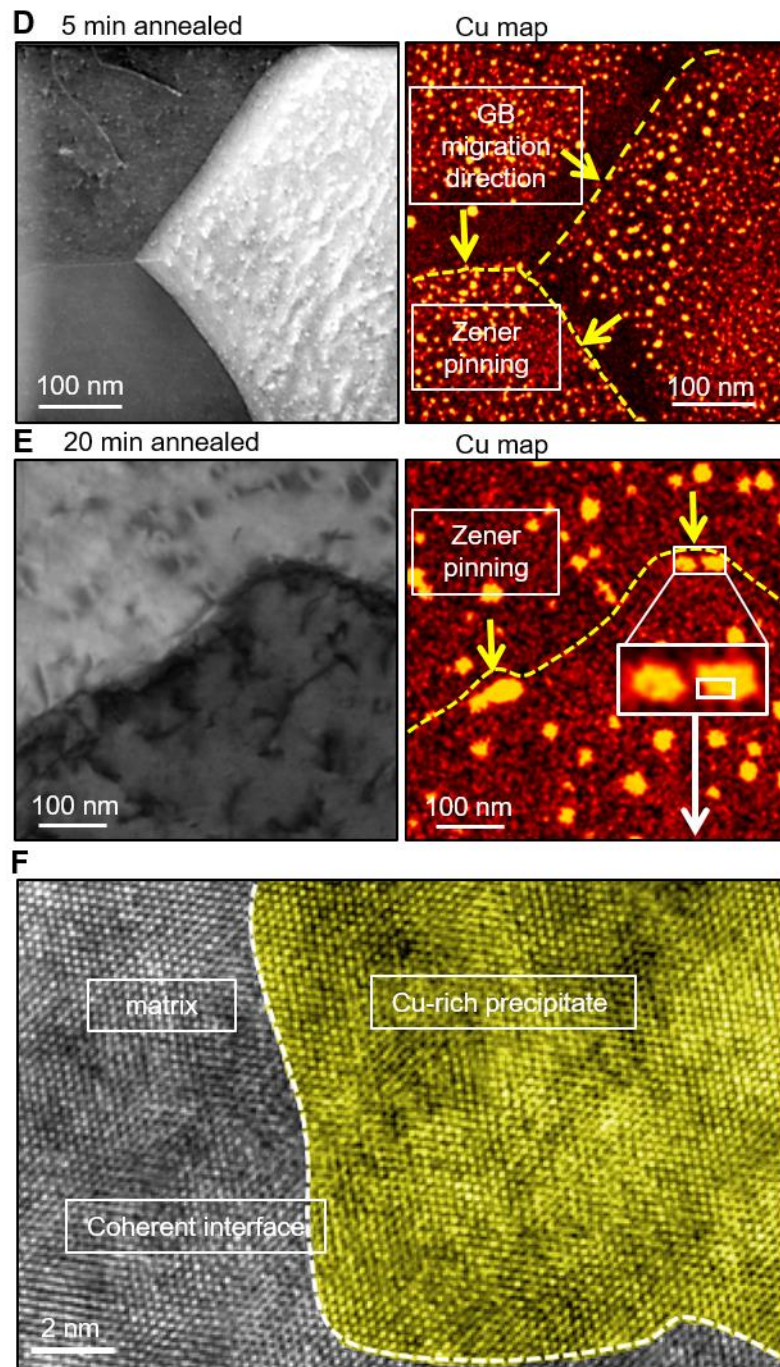
1 Fig.4



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3

1 Fig.4 (continue)



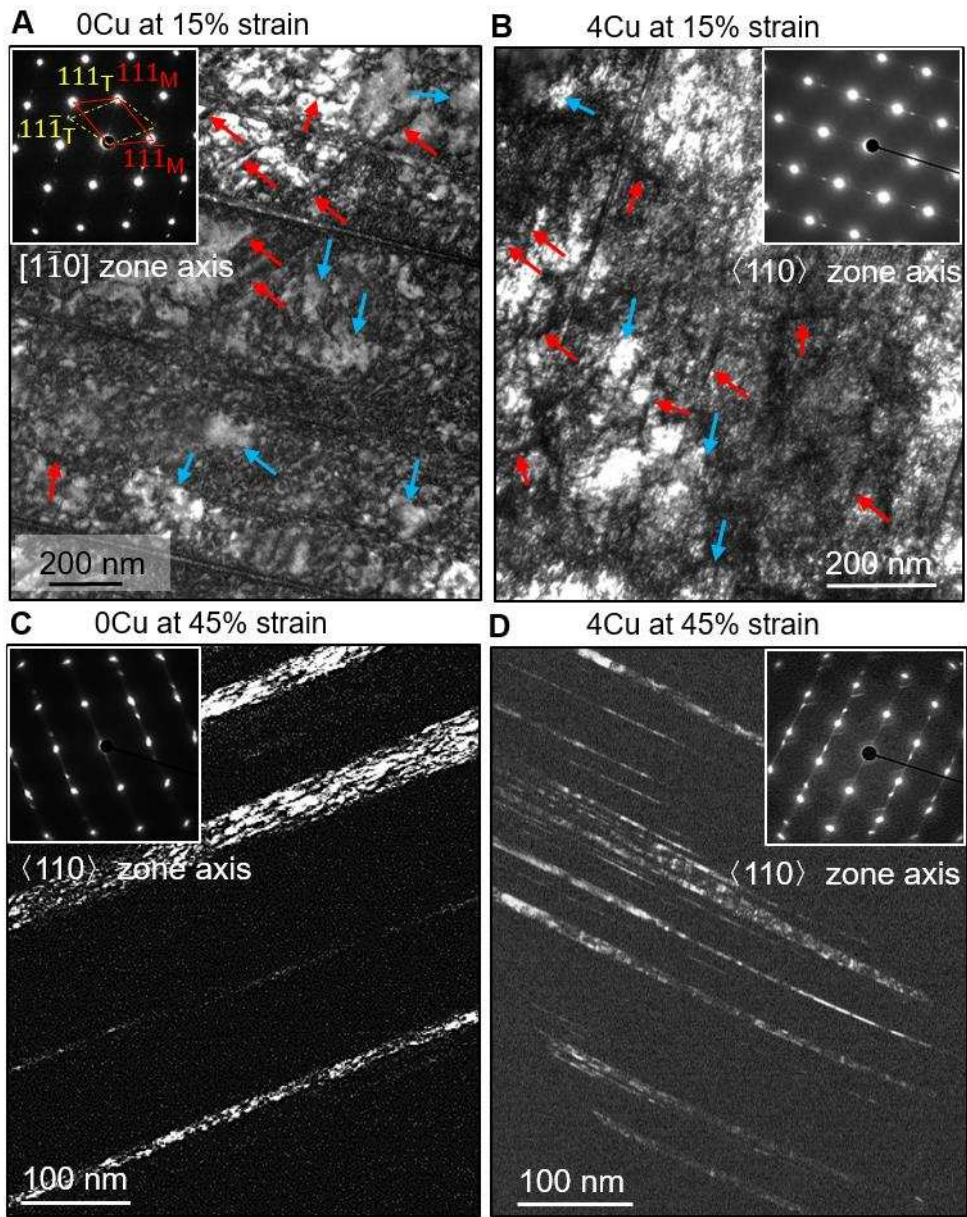
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3 **Figure 4 Mechanisms for effective grain refinement and high thermal stability.** (A), (B),  
4 ABF-STEM images and atom probe analysis of 4Cu alloys showing the nucleation of  
5 recrystallization, formation of high-density Cu-rich nanoprecipitates and equiaxed UFG grains  
6 after annealing at 760 °C for 0.5 and 2 min, respectively. Precipitates grew with annealing time  
7 and accordingly the Cu content in the precipitates increases. (C), Evolution of driving pressure

1 for recrystallization, driving pressure for grain growth and Zener pinning pressure as a function  
2 of annealing time. **(D)**, **(E)**, ABF-STEM images and their corresponding STEM EDS-SI images  
3 of 4Cu alloys annealed at 760 °C for 5 and 20 min, respectively, demonstrating the evidence  
4 of Zener pinning. **f**, HRTEM image of one nanoprecipitate at a curved grain boundary (marked  
5 by a white rectangle in **(E)**) showing a coherent interface with the shrinking grain. The error  
6 bars are standard deviations of the mean. The isoconcentration surfaces in **(A)** and **(B)** are 15  
7 at % and 20 at % Cu, respectively.

8

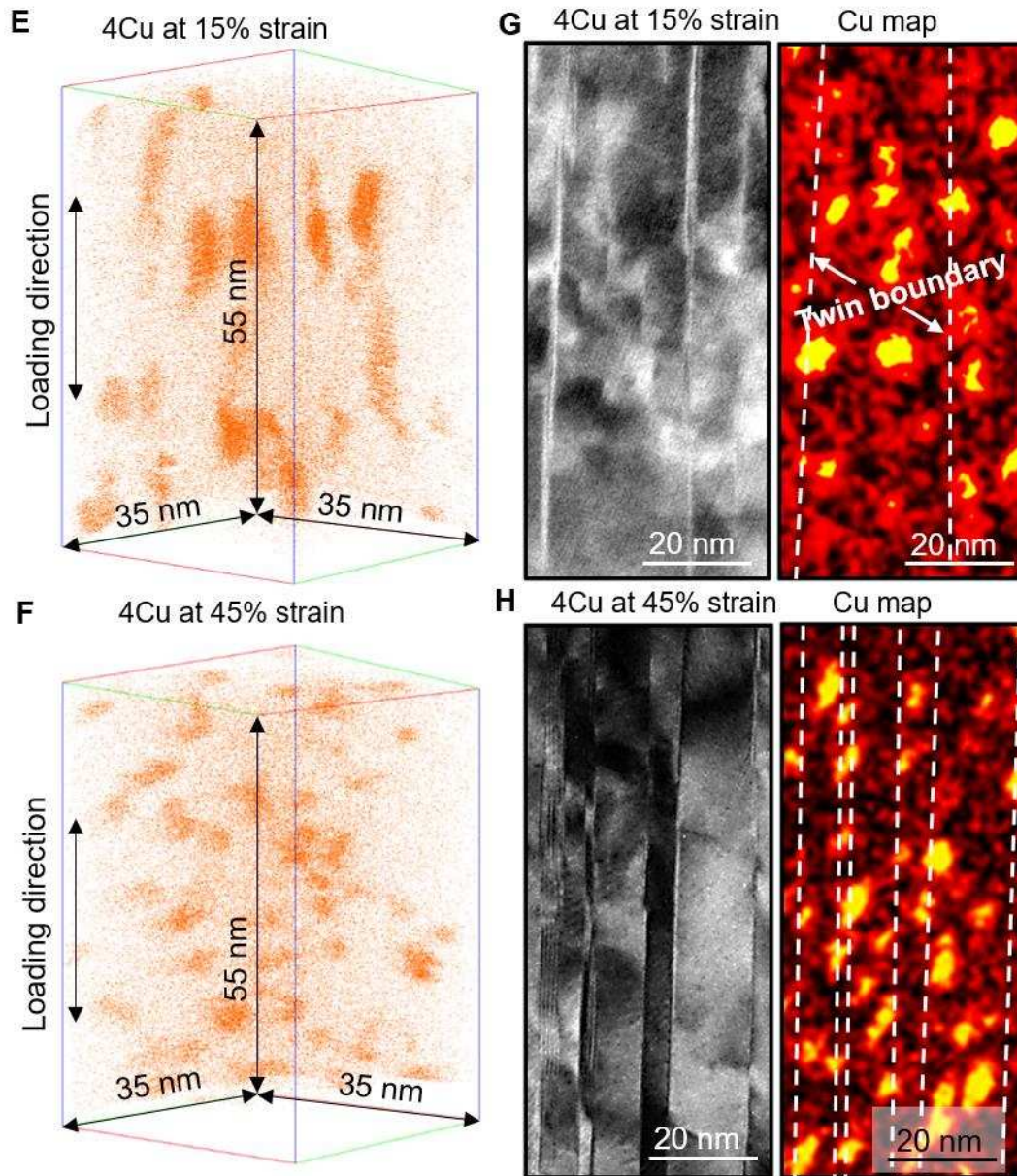
1 Fig.5



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3

1 Fig.5 (continue)



2

3 **Fig.5. Deformed microstructure of UFG 0Cu and 4Cu alloys.**(A), (B), Bright-field TEM  
4 images of UFG 0Cu and 4Cu alloys pre-strained to 15 %, respectively. Dense dislocation walls  
5 (marked by red arrows), dislocation cells (marked by blue arrows) and nanotwins were  
6 observed in both alloys. (C), (D), Dark-field TEM images of 0Cu and 4Cu alloys pre-strained  
7 to 45 %, showing thinner ( $7.9 \pm 5.4$  nm) and denser (with interspacing of  $15.2 \pm 14.3$  nm)  
8 nanotwins in 4Cu alloys. (E)to (H), APT reconstructions and ADF-STEM images with the

- 1 corresponding STEM EDS-SI images of 4Cu alloys pre-strained to 15 % and 45 %, respectively.
- 2 At the 15 % strain, part of Cu-rich precipitates was flattened along the loading direction and
- 3 cut by nanotwins. At the 45 % strain, finer and denser Cu-rich precipitates were observed in
- 4 4Cu alloy, with more nanotwins cutting through nanoprecipitates.