



UNIVERSITY OF LEEDS

This is a repository copy of *Estimation of environmental, genetic and parental age at conception effects on telomere length in a wild mammal*.

White Rose Research Online URL for this paper:  
<https://eprints.whiterose.ac.uk/167211/>

Version: Accepted Version

---

**Article:**

van Lieshout, SHJ [orcid.org/0000-0003-4136-265X](https://orcid.org/0000-0003-4136-265X), Sparks, AM [orcid.org/0000-0002-7697-4632](https://orcid.org/0000-0002-7697-4632), Bretman, A [orcid.org/0000-0002-4421-3337](https://orcid.org/0000-0002-4421-3337) et al. (5 more authors) (2020) Estimation of environmental, genetic and parental age at conception effects on telomere length in a wild mammal. *Journal of Evolutionary Biology*. ISSN 1010-061X

<https://doi.org/10.1111/jeb.13728>

---

© 2020 European Society For Evolutionary Biology. *Journal of Evolutionary Biology* © 2020 European Society For Evolutionary Biology. This is the peer reviewed version of the following article: van Lieshout, SHJ , Sparks, AM , Bretman, A et al. (5 more authors) (2020) Estimation of environmental, genetic and parental age at conception effects on telomere length in a wild mammal. *Journal of Evolutionary Biology*. ISSN 1010-061X, which has been published in final form at <http://doi.org/10.1111/jeb.13728>. This article may be used for non-commercial purposes in accordance with Wiley Terms and Conditions for Use of Self-Archived Versions.

**Reuse**

Items deposited in White Rose Research Online are protected by copyright, with all rights reserved unless indicated otherwise. They may be downloaded and/or printed for private study, or other acts as permitted by national copyright laws. The publisher or other rights holders may allow further reproduction and re-use of the full text version. This is indicated by the licence information on the White Rose Research Online record for the item.

**Takedown**

If you consider content in White Rose Research Online to be in breach of UK law, please notify us by emailing [eprints@whiterose.ac.uk](mailto:eprints@whiterose.ac.uk) including the URL of the record and the reason for the withdrawal request.



[eprints@whiterose.ac.uk](mailto:eprints@whiterose.ac.uk)  
<https://eprints.whiterose.ac.uk/>

1 **Estimation of environmental, genetic and parental age at conception effects on telomere length in**  
2 **a wild mammal**

3 Sil H.J. van Lieshout<sup>1,2</sup>, Alexandra M. Sparks<sup>1</sup>, Amanda Bretman<sup>1</sup>, Chris Newman<sup>3</sup>, Christina D.  
4 Buesching<sup>3</sup>, Terry Burke<sup>2</sup>, David W. Macdonald<sup>3</sup> & Hannah L. Dugdale<sup>1,4</sup>

5 <sup>1</sup>School of Biology, Faculty of Biological Sciences, University of Leeds, Leeds LS2 9JT, UK; <sup>2</sup>NERC  
6 Biomolecular Analysis Facility, Department of Animal and Plant Sciences, University of Sheffield,  
7 Sheffield S10 2TN, UK; <sup>3</sup>Wildlife Conservation Research Unit, Department of Zoology, University of  
8 Oxford, The Recanati-Kaplan Centre, Abingdon, Oxfordshire OX13 5QL, UK; <sup>4</sup>Groningen Institute for  
9 Evolutionary Life Sciences, University of Groningen, 9747 AG Groningen, The Netherlands

10

11 Correspondence author: Sil H.J. van Lieshout

12 E-mail: sil.vanlieshout@gmail.com

13 ORCID: SHJvL, 0000-0003-4136-265X; AMS, 0000-0002-7697-4632; AB, 0000-0002-4421-3337; CN,  
14 0000-0002-9284-6526; CDB, 0000-0002-4207-5196; TB, 0000-0003-3848-1244; DWM, 0000-0003-  
15 0607-9373; HLD, 0000-0001-8769-0099

16

17 **Abstract**

18 Understanding individual variation in fitness-related traits requires separating the environmental and  
19 genetic determinants. Telomeres are protective caps at the ends of chromosomes that are thought to  
20 be a biomarker of senescence as their length predicts mortality risk and reflect the physiological  
21 consequences of environmental conditions. The relative contribution of genetic and environmental  
22 factors to individual variation in telomere length is however unclear, yet important for understanding  
23 its evolutionary dynamics. In particular, the evidence for transgenerational effects, in terms of  
24 parental age at conception, on telomere length is mixed. Here, we investigate the heritability of  
25 telomere length, using the ‘animal model’, and parental age at conception effects on offspring  
26 telomere length in a wild population of European badgers (*Meles meles*). While we found no

27 heritability of telomere length and low evolvability ( $<0.001$ ), our power to detect heritability was low  
28 and a repeatability of 2% across individual lifetimes provides a low upper limit to ordinary narrow-  
29 sense heritability. However, year (25%) and cohort (3%) explained greater proportions of the  
30 phenotypic variance in telomere length. There was no support for cross-sectional or within-individual  
31 parental age at conception effects on offspring telomere length. Our results indicate a lack of  
32 transgenerational effects through parental age at conception and a low potential for evolutionary  
33 change in telomere length in this population. Instead, we provide evidence that individual variation in  
34 telomere length is largely driven by environmental variation in this wild mammal.

35

36 **Keywords:** Telomere length, heritability, parental age at conception, senescence, wild mammal

37

## 38 **1. Introduction**

39 The extrinsic environment can have individual-specific effects on physiology, which are key to  
40 variation in fitness (Lindström, 1999), life-history strategies (Metcalfe & Monaghan, 2001) and  
41 senescence patterns (Nussey, Kruuk, Morris, & Clutton-Brock, 2007). However, in wild populations it  
42 is challenging to quantify how the extrinsic environment affects physiology. Consequently, biomarkers  
43 reflecting how such physiological costs are related to fitness are required. The forces of natural  
44 selection acting on the heritability of such a biomarker (the proportion of phenotypic variance  
45 explained by additive genetic variance), can describe its evolutionary potential (Charmantier,  
46 Brommer, & Nussey, 2014; Lynch & Walsh, 1998). It is therefore important to separate environmental  
47 and genetic components that contribute to individual variation in fitness-related traits in order to  
48 understand the evolution of such traits (Charmantier et al., 2014; Wilson, Charmantier, & Hadfield,  
49 2008).

50       Telomeres are a biomarker of senescence in some species (López-Otín, Blasco, Partridge,  
51 Serrano, & Kroemer, 2013; Monaghan & Hausmann, 2006), and understanding the heritability and  
52 evolvability of telomere length may provide insight into the evolution of senescence (Dugdale &

53 Richardson, 2018). In addition, telomeres can quantify the physiological costs incurred by  
54 environmental conditions (Monaghan, 2014). Telomeres are repetitive non-coding sequences (5'-  
55 TTAGGG-3') at the ends of eukaryotic chromosomes that, along with shelterin proteins, maintain  
56 genomic integrity and prevent end-to-end fusion of linear chromosomes (Blackburn, 1991; de Lange,  
57 2005). Due to the end-replication problem, telomeres shorten with each cell division (Olovnikov,  
58 1973). Telomere shortening can, however, be accelerated by adverse environmental conditions (e.g.  
59 Boonekamp, Mulder, Salomons, Dijkstra, & Verhulst, 2014; Nettle et al., 2015) and metabolically  
60 demanding activities (Epel et al., 2004; Heidinger et al., 2012). *In vitro* evidence shows that oxidative  
61 damage contributes to telomere shortening (von Zglinicki, 2002), but there is no evidence for such  
62 effects *in vivo* (Boonekamp, Bauch, Mulder, & Verhulst, 2017; Reichert & Stier, 2017). Telomeres can  
63 also be restored by telomerase, although this enzyme is transcriptionally repressed in adult somatic  
64 tissue in many large-bodied endothermic vertebrates (Blackburn et al., 1989; Gomes, Shay, & Wright,  
65 2010). However, alternative telomere lengthening pathways exist (Cesare & Reddel, 2010; Mendez-  
66 Bermudez et al., 2012). Critically, short telomeres can result in replicative senescence, where  
67 accumulation of senescent cells can impair tissue functioning (Armanios & Blackburn, 2012; Campisi,  
68 2005), and may lead to organismal senescence (Young, 2018).

69

### 70 *1.1 Heritability of telomere length*

71 Individual variation in telomere length occurs in wild populations (Fairlie et al., 2016; Spurgin et al.,  
72 2017; van Lieshout et al., 2019) which is linked to individual life-histories (Wilbourn et al., 2018).  
73 Understanding the degree to which individual variation in telomere length is due to genetic and  
74 environmental effects, in addition to the strength of natural selection acting on telomere length,  
75 allows estimation of the potential for evolutionary change (Charmantier et al., 2014; Lynch & Walsh,  
76 1998). Heritability of telomere length has been estimated in over seven wild species and in >26 studies  
77 in humans (see Table 1 in Dugdale & Richardson, 2018). These studies primarily used parent-offspring  
78 regressions to determine the heritability of telomere length, with estimates ranging from 0 to 1. The

79 majority, however, of these heritability estimates were relatively high, which is unexpected given that  
80 heritabilities of traits closely related to fitness are often low (Mousseau & Roff, 1987; Postma, 2014;  
81 Price & Schluter, 1991). However, parents and offspring often live in similar environments, and  
82 parent–offspring regressions are frequently confounded by these ‘shared environment’ effects, which  
83 can inflate heritability estimates (Kruuk, 2004).

84 The ‘animal model’ provides a statistical approach that can overcome the drawbacks of  
85 parent–offspring regressions because it allows partitioning of variance components into additive  
86 genetic and shared environment sources (Kruuk & Hadfield, 2007; Wilson et al., 2010). Because  
87 narrow-sense heritability is the proportion of phenotypic variation due to additive genetic variance,  
88 any changes to the amount of environmental variation will impact heritability estimates, even if the  
89 additive genetic variance does not itself change (Dugdale & Richardson, 2018; Kruuk & Hadfield, 2007).  
90 Environmental effects (e.g. Boonekamp et al., 2014; Nettle et al., 2015) therefore need to be  
91 accounted for to derive accurate heritability estimates (Dugdale & Richardson, 2018). The ‘animal  
92 model’ is a mixed-effects model that uses either the expected proportion of the genome that  
93 individuals share by descent (from a pedigree) or by state (from genomic data) to partition phenotypic  
94 variance into environmental and genetic components (Wilson et al., 2010).

95 The three studies applying an animal model approach in wild populations of non-human  
96 vertebrates found no heritability of telomere length in white-throated dippers (*Cinclus cinclus*;  $0.007$   
97  $\pm 0.013$  SE; Becker et al., 2015), low heritability in *Myotis* bats (*Myotis myotis*; from  $0.011$ , 95% CI =  
98  $0.000$ – $0.042$  to  $0.060$ , 95% CI =  $0.023$ – $0.106$  depending on prior specification; Foley et al., 2020), but  
99 high heritability in great reed warblers (*Acrocephalus arundinaceus*;  $0.480 \pm 0.120$  SE; Asghar, Bensch,  
100 Tarka, Hansson, & Hasselquist, 2015). However, although these were pioneering studies, some of the  
101 sample sizes were relatively low for quantitative genetic analyses and the power to detect heritability  
102 was not stated. Additionally, two of these studies did not have repeated measures to estimate  
103 permanent environment effects, which may inflate additive genetic effects (Kruuk & Hadfield, 2007).  
104 More studies in wild populations, and from a wider range of taxa, with larger sample sizes and

105 repeated measures, are required to disentangle the genetic and environmental contributions to  
106 variation in telomere length.

107         The influence of environmental conditions on variation in telomere length is not only  
108 important to account for statistically, but informs about which environmental factors shape individual  
109 telomere length. Previous studies have shown that cohort (i.e. birth year; Fairlie et al., 2016; Hall et  
110 al., 2004; Watson, Bolton, & Monaghan, 2015), year (Mizutani, Tomita, Niizuma, & Yoda, 2013;  
111 Wilbourn et al., 2017), social group (Boonekamp et al., 2014; Cram, Monaghan, Gillespie, & Clutton-  
112 Brock, 2017; Nettle et al., 2015) and parental effects (Asghar et al., 2015; Cram et al., 2017) affect  
113 individual telomere length. Understanding the relative contribution of these different sources of  
114 environmental variation on telomere length sheds light on its evolution. Additionally, for insight into  
115 the evolutionary potential of telomere length, evolvability (a standardised measure of additive genetic  
116 variance) facilitates comparison of the evolutionary potential of the same trait in different populations  
117 and species (Houle, 1992).

118

### 119 *1.2 Parental age at conception effects*

120 In addition to these environmental and additive genetic effects, offspring telomere length may also  
121 be influenced by negative paternal age at conception (PAC) effects due to sperm telomeres shortening  
122 with age (de Frutos et al., 2016), or positive PAC effects according to two mutually non-exclusive  
123 hypotheses. First, to compensate for telomere loss due to sperm production and progressive cell  
124 replication, telomerase activity in germ stem cells is high. Telomerase expression might, beyond  
125 restoring telomere length, overcompensate and result in elongation of telomeres in germ stem cells  
126 (Aviv & Susser, 2013; Kimura et al., 2008). Second, stem cells with longer telomeres are better able to  
127 withstand repeated cell replication and therefore may become predominant in the stem cell pool with  
128 age due to the selective loss of germ stem cells with shorter telomeres (Hjelmborg et al., 2015; Kimura  
129 et al., 2008).

130 In humans, there is cross-sectional evidence that older men produce sperm with longer  
131 telomeres ( $r = 0.127 - 0.160$ ; Aston et al., 2012; de Meyer et al., 2007; Kimura et al., 2008; Nordfjall,  
132 Svenson, Norrback, Adolfsson, & Roos, 2010). The evidence for a positive cross-sectional PAC effect is  
133 even stronger in captive chimpanzees (*Pan troglodytes*;  $r = 0.378$ ) compared to humans (Eisenberg,  
134 Tackney, Cawthon, Cloutier, & Hawkes, 2017). An explanation for this stronger effect is that  
135 chimpanzees have relatively larger testes and higher rates of sperm production than humans, due to  
136 their more promiscuous mating system (Birkhead & Møller, 1998). Stronger sperm competition could  
137 therefore result in the PAC effect, because stronger postcopulatory competition should select for high  
138 quality sperm to be produced at a fast rate (Eisenberg et al., 2017). We would therefore expect that  
139 species with high levels of sperm competition and high rates of sperm production, such as in  
140 polygynandrous species, should show the strongest PAC effect.

141 PAC effects are often confounded with maternal age at conception (MAC), as these are  
142 typically highly correlated in human populations (Table 1 in Froy et al., 2017). The presence of MAC  
143 effects in humans is generally considered to be due to the correlation with PAC instead of a true  
144 independent biological effect (de Meyer et al., 2007; Kimura et al., 2008), because oocytes are  
145 produced prenatally, while sperm is produced throughout life (Eisenberg & Kuzawa, 2018). However,  
146 MAC effects may occur if oocyte quality differs such that there is selection for better quality oocytes,  
147 with longer telomeres, to be used earlier in life (Duran, Simsek-Duran, Oehninger, Jones, & Castora,  
148 2011; Monaghan, Maklakov, & Metcalfe, 2020).

149 Parental age effects on offspring fitness may also be sex-specific (Bouwhuis, Vedder, & Becker,  
150 2015). For example, male house sparrows (*Passer domesticus*) with older fathers and females with  
151 older mothers had lower lifetime reproductive success, with sex-specific telomere shortening  
152 hypothesised to be a potential mechanism (Schroeder, Nakagawa, Rees, Mannarelli, & Burke, 2015).  
153 However, there was no evidence of sex-specific offspring telomere length underlying sex-specific  
154 parental age effects on offspring reproductive success in common terns (*Sterna hirundo*; Bouwhuis,  
155 Verhulst, Bauch, & Vedder, 2018) and sex-specific telomere lengths are rare in birds (Barrett &

156 Richardson, 2011). Additionally, PAC effects on offspring lifespan and telomere length in captive zebra  
157 finch (*Taeniopygia guttata*) were not offspring-sex-specific: offspring from older parents had reduced  
158 lifespan, and embryos from the same mother with older versus younger fathers had shorter telomere  
159 lengths (Noguera, Metcalfe, & Monaghan, 2018). Parental age at conception effects may therefore  
160 differ according to offspring sex, but this is rarely tested in wild populations.

161         Studies in wild populations have provided mixed evidence for PAC and MAC effects. Studies  
162 from different taxa, with a variety of mating systems, have shown a negative PAC effect (Bouwhuis et  
163 al., 2018; Criscuolo, Zahn, & Bize, 2017; Olsson et al., 2011), including a longitudinal (Bauch,  
164 Boonekamp, Korsten, Mulder, & Verhulst, 2019) and an experimental study (Noguera et al., 2018).  
165 However, other studies have reported no PAC or MAC effect on offspring telomere length (Belmaker,  
166 Hallinger, Glynn, Winkler, & Haussmann, 2019; Froy et al., 2017; Heidinger et al., 2016; McLennan et  
167 al., 2018), a positive MAC effect (Asghar et al., 2015) or a positive mean parental age effect (Dupont  
168 et al., 2018). The variation in PAC and MAC effects on offspring telomere length among species  
169 requires more studies to disentangle potential causes and mechanisms underlying such variation in  
170 transgenerational effects.

171

### 172 *1.3 Testing heritability and parental age effects in European badgers*

173 Here, we investigate PAC and MAC effects and the heritability of telomere length in polygynandrous  
174 European badgers (*Meles meles*; henceforth 'badgers'). Individual variation in badger telomere length  
175 in early-life (<1 year old), but not adult life, is predictive of survival probability (van Lieshout et al.,  
176 2019). However, a low heritability is expected, as within-individual repeatability in telomere length is  
177 very low (0.022, 95% CI = 0.001 – 0.103; van Lieshout et al., 2019). While this sets the upper limit for  
178 ordinary narrow-sense heritability (Bijma, 2011), understanding the relative importance of  
179 environmental (i.e. cohort, year, social group, maternal and paternal effects) and additive genetic  
180 variance components is important to understand the evolution of telomere length. Badgers respond  
181 to year-specific weather variation which affects their behaviour, physiology and fitness (Bilham et al.,



2018; Macdonald, Newman, Buesching, & Nouvellet, 2010; Noonan et al., 2014; Nouvellet, Newman, Buesching, & Macdonald, 2013) and because they are group-living, they may be impacted by social group attributes (Beirne, Delahay, & Young, 2015; Woodroffe & Macdonald, 2000). Cubs are born synchronously in February, which is followed by a post-partum mating peak, after which matings can occur throughout the year (Macdonald, Newman, & Buesching, 2015). Badgers are highly promiscuous, which may promote sperm competition (Dugdale, Griffiths, & Macdonald, 2011). However, male badgers' testes ascend in autumn/winter (Woodroffe & Macdonald, 1995), leading to reduced sperm production rates (Sugianto, Newman, Macdonald, & Buesching, 2019), and with the lack of continuity in sperm production this may reduce the potential for transgenerational effects (i.e. PAC/MAC effects) on offspring telomere length (Bouwhuis et al., 2018).

We therefore test for: (i) sex-specific and longitudinal PAC and MAC effects on offspring relative leukocyte telomere length (RLTL), after assessing whether PAC and MAC are correlated; and (ii) the proportion of variance in juvenile RLTL ( $\leq 29$  months old) and RLTL across individual lifetimes, that is explained by additive genetic and environmental effects.

196

## 197 **2. Methods**

### 198 *2.1 Study system*

199 We conducted this study in Wytham Woods, Oxfordshire, UK (51°46'24"N, 1°20'04"W), a 424 ha mixed  
200 semi-natural woodland site surrounded by mixed arable and permanent pasture (Macdonald &  
201 Newman, 2002; Macdonald, Newman, Dean, Buesching, & Johnson, 2004). The resident badger  
202 population forms an almost closed population (immigration/emigration <3%; Macdonald & Newman,  
203 2002). Badgers live in social groups with a mean of 11.3 individuals (range = 2 – 29; da Silva,  
204 Macdonald, & Evans, 1994) and a mean number of 19 social groups (95% CI = 17 – 21; range = 14 –  
205 26; Dugdale, Macdonald, Pope, Johnson, & Burke, 2008) in the population between 1987–2010.  
206 Cohort-dependent cub survival probability varied from 0.61 to 0.94 (mean  $\pm$  SE = 0.67  $\pm$  0.03;  
207 Macdonald, Newman, Nouvellet, & Buesching, 2009), whereas mean annual adult survival probability

208 in the population was 0.83 ( $\pm$  0.01 SE; Macdonald et al., 2009) with a mean lifespan of 3.31 years ( $\pm$   
209 3.51 SD; Bright Ross, J., Pers. Comm.).

210 Trapping sessions were conducted three or four times per year over two weeks in May–June  
211 (Spring), August–September (Summer) and November (Autumn), with trapping in January (Winter) in  
212 focal years, for two to three consecutive days per social group. Trapped badgers were anaesthetised  
213 using an intra-muscular injection of 0.2 ml ketamine hydrochloride per kg body weight (McLaren et  
214 al., 2005). Badgers were identified by a unique tattoo number on the left inguinal region. Sex, age  
215 class, sett (group den system), social group and capture date were recorded for each badger. Badgers  
216 were aged by the number of days elapsed since the 14<sup>th</sup> of February (the averaged date of  
217 synchronised parturition) in the respective birth year (Yamaguchi, Dugdale, & Macdonald, 2006).  
218 Individuals first caught as adults were aged through tooth wear (on a scale of 1–5), which is commonly  
219 used and highly correlated ( $r^2 = 0.80$ ) with known age in our population (Bright Ross, Newman,  
220 Buesching, & Macdonald, 2020; da Silva & Macdonald, 1989; Hancox, 1988; Macdonald et al., 2009)  
221 where tooth wear 2 typically indicates a 1-year old adult (van Lieshout et al., 2019). Blood was  
222 collected by jugular venipuncture into vacutainers with an EDTA anticoagulant and stored at -20°C  
223 immediately. Badgers were released at their setts later on the day of capture, after full recovery from  
224 anaesthesia.

225

## 226 *2.2 Molecular analyses*

227 We extracted genomic DNA from whole blood samples ( $n = 1248$  samples; 612 badgers) using the  
228 DNeasy Blood & Tissue kit (Qiagen, Manchester, UK) according to the manufacturer's protocol, with  
229 modifications by conducting a double elution step (2x 75  $\mu$ l AE buffer) and using 125  $\mu$ l of  
230 anticoagulated blood. We checked DNA integrity by running a random selection of DNA extracts (ca.  
231 20%) on agarose gels to ensure high molecular weight, and found no evidence of degradation. DNA  
232 concentration of all samples was quantified using the Fluostar Optima fluorometer (BMG Labtech,  
233 Ortenberg, Germany) and standardized to 20 ng/ $\mu$ l, after which samples were stored at -20 °C. We

234 used monochrome multiplex quantitative PCR (MMqPCR) analysis to measure RLTL (Cawthon, 2009).  
235 This measure is the abundance of telomeric sequence relative to a reference gene, which are both  
236 analysed in the same well, and represents the mean telomere length across cells in a sample. Cq-  
237 values on the qPCR plates ( $n = 34$ ) declined in a log-linear fashion ( $r^2 > 0.99$ ). Reaction efficiencies were  
238 (mean  $\pm$  SE)  $1.793 \pm 0.004$  for IRBP and  $1.909 \pm 0.004$  for telomeres. Inter-plate repeatability (intraclass  
239 correlation coefficient) calculated from the reference sample was 0.82 for RLTL measurements (95%  
240 CI = 0.76–0.87;  $n = 142$  samples; 34 plates), and intra-plate repeatability calculated with duplicates of  
241 the same sample on the same plate, while controlling for plate effects, was 0.90 (95%CI = 0.86–0.93;  
242  $n = 1,248$  samples; 34 plates) for IRBP, 0.84 (95%CI = 0.79–0.90;  $n = 1,248$  samples; 34 plates) for  
243 telomere Cq-values and 0.87 (95% CI = 0.82–0.91;  $n = 1,248$  samples; 34 plates) for RLTL  
244 measurements. A detailed description of the MMqPCR analysis can be found in van Lieshout et al.  
245 (2019).

246

### 247 2.3 Pedigree

248 The pedigree was constructed using DNA extracted from blood or guard hair samples, genotyped for  
249 35 microsatellite loci (Annavi, Newman, Buesching, et al., 2014; Dugdale, Macdonald, Pope, & Burke,  
250 2007), and *MasterBayes* 2.47 (Hadfield, 2010). The pruned pedigree (which excludes non-informative  
251 individuals) contained 753 unique individuals, from 7 generations, trapped between 1987 and 2010  
252 (Table S1).

253

### 254 2.4 Statistical analyses

#### 255 2.4.1 PAC and MAC effects

256 Statistical analyses were conducted in R 3.3.1 (R Development Core Team, 2019). Paternal age at  
257 conception (i.e. PAC) and maternal age at conception (i.e. MAC) effects were analysed in general linear  
258 mixed models (GLMMs), with RLTL measurements square-root transformed to meet assumptions of

259 Gaussian error distributions, and subsequently turned into Z-scores (Verhulst, 2020). We checked  
260 fixed effects for collinearity through variance inflation factors ( $VIF < 3$ ).

261 We first determined the correlation between PAC and MAC to investigate whether analyses  
262 for PAC and MAC effects needed to be conducted separately. There were 471 RLTL measurements  
263 from 240 offspring (121 females and 119 males; with 108 unique fathers and 120 unique mothers)  
264 where MAC and PAC were known. PAC and MAC both spanned ages 1–12 years and there was a weak  
265 positive correlation between PAC and MAC (Pearson's  $r = 0.160$ ,  $P < 0.001$ ; Figure S1), allowing for PAC  
266 and MAC effects to be tested in the same model.

267 The effects of PAC and MAC on offspring RLTL were subsequently tested using linear mixed  
268 effect models in *lme4* 1.1–14 (Bates, Machler, Bolker, & Walker, 2015). The model included fixed  
269 covariates for the best-fitting age relationship with RLTL, which was a threshold model (van Lieshout  
270 et al., 2019), and a fixed factor for season. Individual ID, cohort (i.e. birth year), year, qPCR plate, row  
271 on qPCR plate, maternal ID, paternal ID and social group were included as random effects. MAC and  
272 PAC were added to this model as fixed effects, and their interaction with sex, where significance was  
273 tested using parametric bootstrapping ( $n = 5000$  iterations; 471 measurements; 240 badgers). When  
274 interactions with sex were non-significant we re-ran the model without the interaction to test first-  
275 order effects.

276 Based on our dataset and model structure, we have  $\geq 80\%$  statistical power to detect a PAC  
277 effect of  $\geq 0.00067$  (Figure S2) using a simulation-based power analysis in *simr* 1.0.5 (Green &  
278 MacLeod, 2016). This is equivalent to a correlation coefficient of  $\geq 0.131$  (with the PAC effect size  
279 multiplied by its standard deviation and divided by the standard deviation of RLTL; Froy et al., 2017),  
280 providing statistical power to detect correlation coefficients found previously in humans ( $r = 0.127$ –  
281  $0.160$ ; de Meyer et al., 2007; Eisenberg et al., 2017; Nordfjall et al., 2010) and chimpanzees ( $r = 0.378$ ;  
282 Eisenberg et al., 2017). While more complex relationships between PAC, MAC and RLTL may exist, for  
283 example threshold and non-linear associations, as seen in this badger population between leukocyte  
284 RLTL and age, we did not see evidence of this from visual inspection of the raw data (Figure 1), plus

285 the sample size is relatively small to test for more complex relationships, so we have not investigated  
286 these.

287 Additional models were run, where only offspring RLTL measurements from cubs (<1 year old)  
288 were included, to ensure the inclusion of adults did not mask effects of PAC or MAC. There were 194  
289 measurements from 194 cubs (94 females, 100 males) that had 97 unique fathers and 109 unique  
290 mothers. The cub model was similar to the full model, but did not include random effects for individual  
291 ID (i.e. no repeat measures) and year (i.e. equivalent to cohort).

292 We then separated, including all offspring RLTL measurements, within- from between-  
293 parental effects ( $n = 471$  measurements; 240 badgers) for each parent to test for longitudinal PAC and  
294 MAC effects, by taking the mean age that each parent conceived offspring at (between-parent effect)  
295 and subtracting this mean from each of the ages that the parent conceived offspring at (within-parent  
296 effect; van de Pol & Wright, 2009). Age at conception was estimated as the integer age in years of  
297 when the parent conceived offspring, as due to delayed implantation conception can occur from  
298 February until implantation occurs in December (Yamaguchi et al., 2006).

299

#### 300 2.4.2 Partitioning variance in RLTL

301 We determined the relative contribution of environmental and genetic components to variation in  
302 RLTL with a quantitative genetic 'animal model', using pedigree relatedness based on parent-offspring  
303 assignments ( $n = 1248$  measurements; 612 badgers). We had  $\geq 80\%$  power to detect a heritability of  
304 RLTL of  $\geq 0.27$  (Figure S3), estimated using *pedantics* 1.7 (Morrissey & Wilson, 2010). We used a  
305 stepwise addition approach to facilitate the detection of confounding random effects (Charmantier et  
306 al., 2014), while estimating the changes in heritability in response to addition of random effects.  
307 Additionally, we present results without fixed effects, as random effects are conditioned on the fixed  
308 effects (Wilson, 2008).

309 We used *MCMCglmm* 2.25 (Hadfield 2010), with the number of iterations set to 600,000, a  
310 thinning of 300 and burn-in period of 15,000 iterations. The response variable was untransformed

311 RLTL to gain variance estimates on the scale the trait was measured on (de Villemereuil, Schielzeth,  
312 Nakagawa, & Morrissey, 2016); only a square-root transformation of RLTL met Gaussian assumptions,  
313 however, a square-root link is not available in *MCMCglmm*. Three thresholds of age at measurement  
314 (van Lieshout et al., 2019) were included as fixed covariates and season as a fixed factor. The random  
315 effects included: additive genetic, permanent environment (to account for environmental and non-  
316 additive genetic between-individual variation), parental effects (mother and father ID), year effects  
317 (cohort and capture years), resident social group, and measurement effects (qPCR plate and row, to  
318 account for variance generated during the laboratory analysis).

319 We present results with qPCR plate and row included and excluded from the total phenotypic  
320 variance when calculating heritability, since qPCR plate and row represent technical, not biological,  
321 variance (de Villemereuil, Morrissey, Nakagawa, & Schielzeth, 2018). Additionally, since *MCMCglmm*  
322 treats individuals with no parents assigned as founders (Hadfield, 2010), they will be assumed to be  
323 unrelated despite potentially being related to each other in this population. We therefore confirmed  
324 that our conclusions remained unchanged when these 159 offspring with no mother or father  
325 assigned, were removed from the pedigree (Table S2; Model 8).

326 Since badgers exhibit increases as well as decreases in RLTL in later life, and juvenile RLTL ( $\leq 29$   
327 months old) does not vary with age cross-sectionally (van Lieshout et al., 2019), we also estimated  
328 variance components and heritability just using a dataset of juvenile RLTL ( $\leq 29$  months old;  $n = 837$   
329 measurements; 556 badgers). We had  $\geq 80\%$  power to detect a heritability of  $\geq 0.28$  (Figure S4). The  
330 random effects were the same as in the full dataset. For the fixed effects the difference was that age  
331 was included as a linear covariate rather than a threshold model (as the first threshold is at 29 months;  
332 van Lieshout et al., 2019).

333 For random effects we used parameter expanded priors (F distribution:  $V = 1$ ,  $\nu = 1$ ,  $\alpha \cdot \mu$   
334  $= 0$ ,  $\alpha \cdot V = 1,000$ ) since variance components were close to zero. Model convergence was checked  
335 through low autocorrelation between successive thinned samples ( $< 0.1$ ), Heidelberg and Welch's  
336 diagnostic (to see if samples are drawn from stationary distribution), Geweke diagnostic (equality of

337 means of first 10% and last 50% of Markov chain), and whether the effective size was >1000 for both  
338 fixed and variance components. Fixed effects were considered significant if the 95% credibility  
339 intervals of the posterior mode did not overlap zero.

340 We also conducted an analysis in *ASReml-R* 3 using the same model structure to determine  
341 the robustness of our variance component estimates given their dependency on the selected Bayesian  
342 prior. In *ASReml-R*, the significance of fixed effects was determined through Wald Z tests, whereas  
343 significance of random effects was determined through twice the difference in log-likelihood  
344 (Visscher, 2006).

345 Finally, we estimated evolvability, additive genetic variance divided by the squared trait's  
346 mean ( $I_A = V_A / \text{trait mean}^2$ ), for all individuals, and for juveniles only.

347

### 348 **3. Results**

349 Neither maternal age at conception (i.e. MAC) nor paternal age at conception (i.e. PAC) showed an  
350 overall, or offspring sex-specific, association with variation in offspring RLTL at any age (Figure 1a &  
351 1b, respectively, and Table S3 & S4), or as cubs (Figure 1c & 1d, respectively; Table S5 & S6).  
352 Additionally, within- and between-parental age at conception effects for each parent were not linked  
353 to variation in offspring RLTL (Table S7).

354 The additive genetic variance explained near zero of the total phenotypic variance in RLTL  
355 (Table S2, Models 1–9). Heritability ( $h^2$ ) was < 0.001 (95% CrI = <0.001–0.026) with qPCR plate and row  
356 variance included in the phenotypic variance (Table S2, Model 7) and 0.001 (95% CrI = <0.001–0.028)  
357 when qPCR plate and row variance were excluded. In contrast, year (with technical variance included:  
358 0.251, 95% CrI = 0.143–0.459; and excluded: 0.321, 95% CrI = 0.155–0.483) and cohort (0.030, 95% CrI  
359 = 0.007–0.074; 0.035, 95% CrI = 0.007–0.079) explained a greater proportion of the phenotypic  
360 variance in RLTL (Figure 2; Table S2, Model 7). Social group (with technical variance included: <0.001,  
361 95% CrI = <0.001–0.014; and excluded: <0.001, 95% CrI = <0.001–0.016), paternal (<0.001, 95% CrI =

362 <0.001–0.025; <0.001, 95% CrI = <0.001–0.026) and maternal (<0.001, 95% CrI = <0.001–0.030; <0.001,  
363 95% CrI = <0.001–0.033) effects explained near zero variance in RLTL (Figure 2; Table S2, Model 7).

364 There was also no detectable heritability of juvenile RLTL ( $\leq 29$  months old; with technical  
365 variance included;  $h^2$  <0.001, 95% CrI = <0.001–0.043), moderate year (0.216, 95% CrI = 0.107–0.431)  
366 and small cohort (0.037, 95% CrI = 0.003–0.123) effects, and no detectable social group (<0.001, 95%  
367 CrI = <0.001–0.020), paternal (<0.001, 95% CrI = <0.001–0.026) or maternal (<0.001, 95% CrI = <0.001–  
368 0.032) effects (Table S2, Model 9).

369 A frequentist approach in *ASReml-R* showed similar results with additive genetic variance  
370 explaining near zero of the phenotypic variance, but with cohort and year effects explaining variation  
371 in RLTL (Table S8 & S9).

372 Evolvability of RLTL was <0.001 (95% CrI = <0.001–0.005) including all individuals (model 7)  
373 and was <0.001 (95% CrI = <0.001–0.007) for juveniles only (model 9).

374

## 375 **4. Discussion**

### 376 *4.1 Parental age at conception effects*

377 Our study found no evidence for paternal age at conception (i.e. PAC) or maternal age at conception  
378 (i.e. MAC) associations with offspring RLTL in this European badger population. Studies in vertebrates  
379 have provided evidence for positive (e.g. Eisenberg et al., 2017; Kimura et al., 2008; Njajou et al.,  
380 2007), negative (summarised in Table 1 in Belmaker et al., 2019; Eisenberg, 2019) or no (summarised  
381 in Table 1 in Eisenberg, 2019) PAC effect, and positive (Asghar et al., 2015) or no (Bauch et al., 2019;  
382 Belmaker et al., 2019; Bouwhuis et al., 2018; Froy et al., 2017; Heidinger et al., 2016; McLennan et al.,  
383 2018) MAC effect on offspring telomere length. In cross-sectional mammalian studies, positive PAC  
384 effects have been reported in humans, a negative PAC effect was found in a captive population of  
385 short-lived house mice (*Mus musculus*; de Frutos et al., 2016), and in a wild population of longer-lived  
386 Soay sheep there was no relationship between offspring RLTL (either measured across all ages or only  
387 as lambs) and PAC or MAC (Froy et al., 2017). Five non mutually-exclusive explanations for positive,



388 negative and no PAC effects in mammals are: 1) variation in lifespan between study populations, with  
389 a negative effect in a short-lived mammal (de Frutos et al., 2016), and positive or no PAC effects in  
390 longer-lived mammals (e.g. Eisenberg et al., 2017; Froy et al., 2017; this study; Kimura et al., 2008). 2)  
391 differences in mating systems and associated sperm production rates, with positive PAC effects in  
392 species with higher sperm production rates due to greater telomere lengthening or more selective  
393 loss of germ stem cells with shorter telomeres (Bouwhuis et al., 2018; Froy et al., 2017). 3) masking by  
394 sex-specific effects on offspring, however, we tested for but did not detect these. 4) masking by  
395 selective disappearance of poor quality parents from the population, which was not the case in our  
396 study. 5) since a non-linear relationship between age and telomere length exists in badgers (van  
397 Lieshout et al., 2019) and Soay sheep (Fairlie et al., 2016) non-linear PAC/MAC effects may potentially  
398 be present. Although we did not statistically test for more complex relationships due to our small  
399 sample size, visual inspection of the raw data did not show a non-linear relationship in our system  
400 (Figure 1) or Soay sheep (Froy et al., 2017).

401 Counter to our expectation for a highly promiscuous species that exhibits multiple and  
402 repetitive mounting behaviour (Dugdale, Griffiths, et al., 2011; Dugdale et al., 2007), we found no PAC  
403 effect, for which there are several potential reasons. First, telomerase activity may be more tightly  
404 regulated, or even lower, in the germline in badgers. However, while we know telomerase activity  
405 varies among tissue types and species (Davis & Kipling, 2005; Gomes et al., 2011), we require a better  
406 understanding of telomerase activity in species with different mating systems to validate this  
407 hypothesis. Secondly, higher sperm competition and thus stronger selection on the male germline may  
408 reduce the variability in RLTL in male germ stem cells. If telomere lengths in the germline are more  
409 consistent, selective loss of germ stem cells with age will have a lower impact on mean telomere  
410 length in sperm and thus no subsequent PAC effect (Froy et al., 2017; Kimura et al., 2008). Thirdly,  
411 female badgers exhibit various postcopulatory mechanisms (i.e. embryonic diapause and  
412 superfoetation) which may obscure the relationship between PAC or MAC and offspring RLTL.  
413 Although cellular replication is suppressed during embryonic diapause, maternal stress could still

414 impact offspring RLTL through stress-related glucocorticoids (Angelier, Costantini, Blevin, & Chastel,  
415 2018; Haussmann, Longenecker, Marchetto, Juliano, & Bowden, 2012; Yamaguchi et al., 2006).  
416 Alternatively, superfoetation could result in less exposure of the later fertilised zygote to maternal  
417 glucocorticoids. However, the effects of these postcopulatory mechanisms on PAC and MAC effects  
418 are difficult to quantify as we are unable to pinpoint conception and implantation dates. Finally,  
419 badgers have a much lower life expectancy than humans and chimpanzees (Bright Ross et al., 2020),  
420 as do Soay sheep (Froy et al., 2017). While reproductive senescence in badgers is observed in both  
421 sexes (Dugdale, Pope, Newman, Macdonald, & Burke, 2011; Sugianto, Newman, Macdonald, &  
422 Buesching, 2020), the effects of telomere elongation in sperm may not become apparent due to the  
423 shorter life expectancy of badgers, compared to humans and chimpanzees.

424         Even though in male badgers the testes ascend in autumn with no spermatogenesis (Sugianto  
425 et al., 2019), sperm production is likely highest in the peak mating season immediately after  
426 parturition (Macdonald et al., 2015). Despite the potential for sperm competition in badgers, the  
427 seasonal mating peaks may explain the lack of a PAC effect due to the lack of continuity and rate of  
428 sperm production, as recently hypothesised in Bouwhuis et al. (2018).

429         Non-linear relationships observed between age and RLTL may also occur between age and  
430 sperm telomere length, leading to non-linear PAC effects. For example, when there is a correlation  
431 between sperm and leukocyte telomere length, as seen in humans (Ferlin et al., 2013), a non-linear  
432 PAC effect is expected. However, the presence and direction of non-linear, linear or no PAC effect may  
433 depend upon the level of telomerase activity in the testes, and the degree of germ stem cell selection  
434 on telomere length (Hjelmborg et al., 2015; Kimura et al., 2008). While sperm are produced  
435 throughout life, oocytes are in place at birth and therefore linear MAC effects are predicted if oocyte  
436 quality varies and higher-quality oocytes are used earlier in life (Monaghan et al., 2020), or  
437 alternatively no MAC effect may occur. PAC and MAC effects are less consistent in wild populations  
438 than in humans, and the underlying mechanisms may entail more than just the degree of promiscuity  
439 in a system.

440

#### 441 *4.2 Heritability of telomere length*

442 While our study reveals no heritability of RLTL, we did not have the statistical power to detect  
443 heritability of RLTL  $<0.27$ . The low power may be attributable to the pedigree structure, in terms of a  
444 relatively low number of full-sibs (Table S1), due to multiple paternity within litters and high extra-  
445 group paternity in badgers (Annavi, Newman, Dugdale, et al., 2014; Dugdale et al., 2007), and a low  
446 mean pairwise relatedness (Table S1). Given that the variance in RLTL explained by individual identity  
447 was very low at 2%, which forms the upper limit to ordinary narrow-sense heritability, the contribution  
448 of additive genetic variance to total phenotypic variance in RLTL in this wild mammal population is  
449 low. The low heritability of RLTL is consistent with low heritability of fitness-related traits in other  
450 species (Kruuk et al., 2000; Teplitsky, Mills, Yarrall, & Merila, 2009). Additionally, we found low  
451 evolvability of RLTL and thus little potential for evolutionary change under selection (Hansen, Pélabon,  
452 & Houle, 2011). We have previously identified associations between early-life RLTL ( $<1$  year old) and  
453 survival probability in badgers (van Lieshout et al., 2019), so selection may have eroded genetic  
454 variation underlying RLTL in this population (Mousseau & Roff, 1987; Postma, 2014; Price & Schluter,  
455 1991). Our study however contrasts with human studies that estimate higher heritability of telomere  
456 length (summarised in Table 1 in Dugdale & Richardson, 2018), although these studies could not  
457 separate additive genetic effects from shared environments either because parent-offspring  
458 regressions were used or because environmental risk factors were included as covariates rather than  
459 random effects.

460         Partitioning of variation in RLTL in badgers into genetic and environmental factors showed  
461 that variation in RLTL was largely driven by environmental variation. Of the environmental factors  
462 investigated, we found no evidence for social group, maternal or paternal effects explaining variation  
463 in RLTL. Even though nest or social group (Becker et al., 2015; Boonekamp et al., 2014; Cram et al.,  
464 2017; Nettle et al., 2015) and maternal effects (Asghar et al., 2015) are important effects on telomere  
465 length variation in other species, this is not the case for our badger population. Badger mothers

466 provide neonatal care up to independence at around 14–16 weeks (Dugdale, Ellwood, & Macdonald,  
467 2010; Fell, Buesching, & Macdonald, 2006), and we therefore cannot capture badgers until at least 3  
468 months of age (Protection of Badgers Act, 1992). As the strength of maternal effects on offspring  
469 decline with the age of the offspring (Moore, Whiteman, & Martin, 2019), maternal effects explaining  
470 variation in offspring RLTL become more difficult to detect. While changing leukocyte ratios with age  
471 may drive within-individual changes in telomere length, we have found evidence that leukocyte cell  
472 composition changes with age in males but not females (van Lieshout et al., 2020). Even though human  
473 and baboon lymphocytes have shorter telomeres than neutrophils (Baerlocher, Rice, Vulto, &  
474 Lansdorp, 2007; Kimura et al., 2010), variation in leukocyte telomere length in Soay sheep did not  
475 influence variation in telomere length (Watson et al., 2017). Since there is no sex difference in  
476 telomere length across ages in our study population (van Lieshout et al., 2019), a change in leukocyte  
477 cell composition is unlikely to contribute to variation in telomere length.

478 We found a small effect of cohort on RLTL which is in accordance with previous studies in  
479 mammals and birds which had shorter telomeres, or accelerated telomere shortening, when subject  
480 to sub-optimal natal conditions (Fairlie et al., 2016; Hall et al., 2004; Nettle et al., 2015; Watson et al.,  
481 2015). However, the variance explained by the year in which the individual was captured was about  
482 eight times greater than the cohort effect, even though we could not separate cohort and year effects  
483 for 163 badgers since they died as cubs. Although we cannot identify the specific drivers of the  
484 association between year and variation in RLTL, badgers are sensitive to annual weather variation  
485 (Macdonald et al., 2010; Nouvellet et al., 2013), which affects their food availability, and can lead to  
486 elevated levels of oxidative stress (Bilham et al., 2018). Additionally, exposure to diseases may vary  
487 among years and could contribute to variation in RLTL (Newman, Macdonald, & Anwar, 2001; Sin et  
488 al., 2014). Furthermore, the size of the extant population increased substantially over the study  
489 interval (with no change in range), causing considerable inter-annual variation in population density  
490 (Bright Ross et al., 2020; Macdonald & Newman, 2002; Macdonald et al., 2009) that could lead to RLTL  
491 variation in badgers.

492            Since an evolutionary response depends on the magnitude of both natural selection and the  
493 heritability of the trait (Kruuk 2004; Lynch & Walsh 1998), the evolutionary potential of telomere  
494 length, in this badger population, appears to be low. Instead, variation in badger RLTL is largely driven  
495 by non-additive genetic sources such as variation between cohorts and years. Further research is  
496 required to understand which and how specific environmental and social factors impact an individual's  
497 physiology and contribute to variation in RLTL.

498

#### 499 **Ethics**

500 All work was approved by the University of Oxford's Animal Welfare and Ethical Review Board, ratified  
501 by the University of Leeds, and carried out under Natural England Licenses, currently 2017-27589-SCI-  
502 SCI and Home Office Licence (Animals, Scientific Procedures, Act, 1986) PPL: 30/3379.

503

#### 504 **Acknowledgements**

505 We thank all members of the Wytham badger team, past and present, for their help in data collection.  
506 We also thank Geetha Annavi for her help with the pedigree, Natalie dos Remedios and Mirre Simons  
507 for their help and advice on telomere analyses, and three anonymous reviewers for their comments  
508 that greatly improved the manuscript. S.H.J.v.L. was funded by a Leeds Anniversary Research  
509 Scholarship from the University of Leeds with support of a Heredity Fieldwork Grant from the Genetics  
510 Society and a Priestley Centre Climate Bursary from the University of Leeds. Telomere length analyses  
511 were funded by a Natural Environment Research Council (NERC) Biomolecular Analysis Facility –  
512 Sheffield, grant to H.L.D. and A.B. (NBAF984) and a Royal Society Research Grant to H.L.D. (RG170425).  
513 We declare no conflict of interest.

514

#### 515 **Authors' contributions**

516 This study was conceived by S.H.J.v.L., A.B. and H.L.D., and developed by A.M.S.; Samples were  
517 collected by S.H.J.v.L., C.N., C.D.B., D.W.M. and H.L.D.; S.H.J.v.L. conducted the telomere laboratory

518 work with advice from T.B. and statistical analyses with input from A.M.S. and H.L.D.; The paper was  
519 written by S.H.J.v.L. and H.L.D. and all authors contributed critically and gave final approval for  
520 publication.

521

## 522 **Data accessibility**

523 Data will be deposited in the Dryad Digital Repository upon acceptance.

524

## 525 **References**

- 526 Angelier, F., Costantini, D., Blevin, P., & Chastel, O. (2018). Do glucocorticoids mediate the link  
527 between environmental conditions and telomere dynamics in wild vertebrates? A review.  
528 *General and Comparative Endocrinology*, **256**, 99-111.  
529 <https://doi.org/10.1016/j.ygcen.2017.07.007>
- 530 Annavi, G., Newman, C., Buesching, C. D., Macdonald, D. W., Burke, T., & Dugdale, H. L. (2014).  
531 Heterozygosity-fitness correlations in a wild mammal population: accounting for parental  
532 and environmental effects. *Ecology and Evolution*, **4**(12), 2594-2609.  
533 <https://doi.org/10.1002/ece3.1112>
- 534 Annavi, G., Newman, C., Dugdale, H. L., Buesching, C. D., Sin, Y. W., Burke, T., & Macdonald, D. W.  
535 (2014). Neighbouring-group composition and within-group relatedness drive extra-group  
536 paternity rate in the European badger (*Meles meles*). *Journal of Evolutionary Biology*, **27**(10),  
537 2191-2203. <https://doi.org/10.1111/jeb.12473>
- 538 Armanios, M., & Blackburn, E. H. (2012). The telomere syndromes. *Nature Reviews Genetics*, **13**(10),  
539 693-704. <https://doi.org/10.1038/nrg3246>
- 540 Asghar, M., Bensch, S., Tarka, M., Hansson, B., & Hasselquist, D. (2015). Maternal and genetic factors  
541 determine early life telomere length. *Proceedings of the Royal Society B: Biological Sciences*,  
542 **282**(1799), 20142263. <https://doi.org/10.1098/rspb.2014.2263>
- 543 Aston, K. I., Hunt, S. C., Susser, E., Kimura, M., Factor-Litvak, P., Carrell, D., & Aviv, A. (2012).  
544 Divergence of sperm and leukocyte age-dependent telomere dynamics: implications for  
545 male-driven evolution of telomere length in humans. *Molecular Human Reproduction*,  
546 **18**(11), 517-522. <https://doi.org/10.1093/molehr/gas028>
- 547 Aviv, A., & Susser, E. (2013). Leukocyte telomere length and the father's age enigma: Implications for  
548 population health and for life course. *International Journal of Epidemiology*, **42**(2), 457-462.  
549 <https://doi.org/10.1093/ije/dys236>
- 550 Baerlocher, G. M., Rice, K., Vulto, I., & Lansdorp, P. M. (2007). Longitudinal data on telomere length  
551 in leukocytes from newborn baboons support a marked drop in stem cell turnover around 1  
552 year of age. *Aging Cell*, **6**(1), 121-123. <https://doi.org/10.1111/j.1474-9726.2006.00254.x>
- 553 Barrett, E. L. B., & Richardson, D. S. (2011). Sex differences in telomeres and lifespan. *Aging Cell*,  
554 **10**(6), 913-921. <https://doi.org/10.1111/j.1474-9726.2011.00741.x>
- 555 Bates, D., Machler, M., Bolker, B. M., & Walker, S. C. (2015). Fitting linear mixed-effects models using  
556 lme4. *Journal of Statistical Software*, **67**(1), 1-48. <https://doi.org/10.18637/jss.v067.i01>
- 557 Bauch, C., Boonekamp, J. J., Korsten, P., Mulder, E., & Verhulst, S. (2019). Epigenetic inheritance of  
558 telomere length in wild birds. *PLoS Genetics*, **15**(2), e1007827.  
559 <https://doi.org/10.1371/journal.pgen.1007827>

- 560 Becker, P. J. J., Reichert, S., Zahn, S., Hegelbach, J., Massemin, S., Keller, L. F., . . . Criscuolo, O. (2015).  
561 Mother-offspring and nest-mate resemblance but no heritability in early-life telomere length  
562 in white-throated dippers. *Proceedings of the Royal Society B: Biological Sciences*, **282**(1807),  
563 20142924. <https://doi.org/10.1098/rspb.2014.2924>
- 564 Beirne, C., Delahay, R., & Young, A. (2015). Sex differences in senescence: the role of intra-sexual  
565 competition in early adulthood. *Proceedings of the Royal Society B: Biological Sciences*,  
566 **282**(1811), 20151086. <https://doi.org/10.1098/rspb.2015.1086>
- 567 Belmaker, A., Hallinger, K. K., Glynn, R. A., Winkler, D. W., & Hausmann, M. F. (2019). The  
568 environmental and genetic determinants of chick telomere length in Tree Swallows  
569 (*Tachycineta bicolor*). *Ecology and Evolution*, **9**, 8175 - 8186.  
570 <https://doi.org/10.1002/ece3.5386>
- 571 Bijma, P. (2011). A general definition of the heritable variation that determines the potential of a  
572 population to respond to selection. *Genetics*, **189**(4), 1347-1359.  
573 <https://doi.org/10.1534/genetics.111.130617>
- 574 Bilham, K., Newman, C., Buesching, C. D., Noonan, M. J., Boyd, A., Smith, A. L., & Macdonald, D. W.  
575 (2018). Effects of weather conditions on oxidative stress, oxidative damage, and antioxidant  
576 capacity in a wild-living mammal, the European badger (*Meles meles*). *Physiological and*  
577 *Biochemical Zoology*, **91**(4), 987-1004. <https://doi.org/10.1086/698609>
- 578 Birkhead, T., & Møller, A. P. (1998). *Sperm competition and sexual selection*: Academic Press.
- 579 Blackburn, E. H. (1991). Structure and function of telomeres. *Nature*, **350**(6319), 569-573.  
580 <https://doi.org/10.1038/350569a0>
- 581 Blackburn, E. H., Greider, C. W., Henderson, E., Lee, M. S., Shampay, J., & Shippenlantz, D. (1989).  
582 Recognition and elongation of telomeres by telomerase. *Genome*, **31**(2), 553-560.  
583 <https://doi.org/10.1139/g89-104>
- 584 Boonekamp, J. J., Bauch, C., Mulder, E., & Verhulst, S. (2017). Does oxidative stress shorten  
585 telomeres? *Biology Letters*, **13**(5), 20170164. <https://doi.org/10.1098/rsbl.2017.0164>
- 586 Boonekamp, J. J., Mulder, G. A., Salomons, H. M., Dijkstra, C., & Verhulst, S. (2014). Nestling  
587 telomere shortening, but not telomere length, reflects developmental stress and predicts  
588 survival in wild birds. *Proceedings of the Royal Society B: Biological Sciences*, **281**(1785),  
589 20133287. <https://doi.org/10.1098/rspb.20133287>
- 590 Bouwhuis, S., Vedder, O., & Becker, P. H. (2015). Sex-specific pathways of parental age effects on  
591 offspring lifetime reproductive success in a long-lived seabird. *Evolution*, **69**(7), 1760-1771.  
592 <https://doi.org/10.1111/evo.12692>
- 593 Bouwhuis, S., Verhulst, S., Bauch, C., & Vedder, O. (2018). Reduced telomere length in offspring of  
594 old fathers in a long-lived seabird. *Biology Letters*, **14**(6), 20180213.  
595 <https://doi.org/10.1098/rsbl.2018.0213>
- 596 Bright Ross, J. G., Newman, C., Buesching, C. D., & Macdonald, D. W. (2020). What lies beneath?  
597 Population dynamics conceal pace-of-life and sex ratio variation, with implications for  
598 resilience to environmental change. *Global Change Biology*, **26**(6), 3307-3324.  
599 <https://doi.org/10.1111/gcb.15106>
- 600 Campisi, J. (2005). Senescent cells, tumor suppression, and organismal aging: Good citizens, bad  
601 neighbors. *Cell*, **120**(4), 513-522. <https://doi.org/10.1016/j.cell.2005.02.003>
- 602 Cawthon, R. M. (2009). Telomere length measurement by a novel monochrome multiplex  
603 quantitative PCR method. *Nucleic Acids Research*, **37**(3), e21.  
604 <https://doi.org/10.1093/nar/gkn1027>
- 605 Cesare, A. J., & Reddel, R. R. (2010). Alternative lengthening of telomeres: models, mechanisms and  
606 implications. *Nature Reviews Genetics*, **11**(5), 319-330. <https://doi.org/10.1038/nrg2763>
- 607 Charmantier, A., Brommer, J. E., & Nussey, D. H. (2014). The quantitative genetics of senescence in  
608 wild animals. In A. Charmantier, D. Garant, & L. E. B. Kruuk (Eds.), *Quantitative Genetics in*  
609 *the Wild* (pp. 68-83). Oxford: Oxford University Press.

610 Cram, D. L., Monaghan, P., Gillespie, R., & Clutton-Brock, T. (2017). Effects of early-life competition  
611 and maternal nutrition on telomere lengths in wild meerkats. *Proceedings of the Royal*  
612 *Society B: Biological Sciences*, **284**(1861), 20171383. <https://doi.org/10.1098/rspb.2017.1383>

613 Criscuolo, F., Zahn, S., & Bize, P. (2017). Offspring telomere length in the long lived Alpine swift is  
614 negatively related to the age of their biological father and foster mother. *Biology Letters*,  
615 **13**(9). <https://doi.org/10.1098/rsbl.2017.0188>

616 da Silva, J., & Macdonald, D. W. (1989). Limitations of the use of tooth wear as a means of ageing  
617 Eurasian badgers, *Meles meles*. *Revue D'Ecologie La Terre et la Vie*, **44**(3), 275-278.

618 da Silva, J., Macdonald, D. W., & Evans, P. G. H. (1994). Net costs of group living in a solitary forager,  
619 the Eurasian badger (*Meles meles*). *Behavioral Ecology*, **5**(2), 151-158.  
620 <https://doi.org/10.1093/beheco/5.2.151>

621 Davis, T., & Kipling, D. (2005). Telomeres and telomerase biology in vertebrates: Progress towards a  
622 non-human model for replicative senescence and ageing. *Biogerontology*, **6**(6), 371-385.  
623 <https://doi.org/10.1007/s10522-005-4901-4>

624 de Frutos, C., López-Cardona, A. P., Fonseca Balvís, N., Laguna-Barraza, R., Rizos, D., Gutierrez-Adán,  
625 A., & Bermejo-Álvarez, P. (2016). Spermatozoa telomeres determine telomere length in early  
626 embryos and offspring. *Reproduction*, **151**(1), 1-7. <https://doi.org/10.1530/REP-15-0375>

627 de Lange, T. (2005). Shelterin: the protein complex that shapes and safeguards human telomeres.  
628 *Genes & Development*, **19**(18), 2100-2110. <https://doi.org/10.1101/gad.1346005>

629 de Meyer, T., Rietzschel, E. R., de Buyzere, M. L., de Bacquer, D., van Criekinge, W., de Backer, G. G., .  
630 . . Bekaert, S. (2007). Paternal age at birth is an important determinant of offspring telomere  
631 length. *Human Molecular Genetics*, **16**(24), 3097-3102.  
632 <https://doi.org/10.1093/hmg/ddm271>

633 de Villemereuil, P., Morrissey, M. B., Nakagawa, S., & Schielzeth, H. (2018). Fixed-effect variance and  
634 the estimation of repeatabilities and heritabilities: issues and solutions. *Journal of*  
635 *Evolutionary Biology*, **31**(4), 621-632. <https://doi.org/10.1111/jeb.13232>

636 de Villemereuil, P., Schielzeth, H., Nakagawa, S., & Morrissey, M. (2016). General methods for  
637 evolutionary quantitative genetic inference from generalized mixed models. *Genetics*,  
638 **204**(3), 1281-1294. <https://doi.org/10.1534/genetics.115.186536>

639 Dugdale, H. L., Ellwood, S. A., & Macdonald, D. W. (2010). Alloparental behaviour and long-term  
640 costs of mothers tolerating other members of the group in a plurally breeding mammal.  
641 *Animal Behaviour*, **80**(4), 721-735. <https://doi.org/10.1016/j.anbehav.2010.07.011>

642 Dugdale, H. L., Griffiths, A., & Macdonald, D. W. (2011). Polygynandrous and repeated mounting  
643 behaviour in European badgers, *Meles meles*. *Animal Behaviour*, **82**(6), 1287-1297.  
644 <https://doi.org/10.1016/j.anbehav.2011.09.008>

645 Dugdale, H. L., Macdonald, D. W., Pope, L. C., & Burke, T. (2007). Polygynandry, extra-group  
646 paternity and multiple-paternity litters in European badger (*Meles meles*) social groups.  
647 *Molecular Ecology*, **16**(24), 5294-5306. <https://doi.org/10.1111/j.1365-294X.2007.03571.x>

648 Dugdale, H. L., Macdonald, D. W., Pope, L. C., Johnson, P. J., & Burke, T. (2008). Reproductive skew  
649 and relatedness in social groups of European badgers, *Meles meles*. *Molecular Ecology*,  
650 **17**(7), 1815-1827. <https://doi.org/10.1111/j.1365-294X.2008.03708.x>

651 Dugdale, H. L., Pope, L. C., Newman, C., Macdonald, D. W., & Burke, T. (2011). Age-specific breeding  
652 success in a wild mammalian population: selection, constraint, restraint and senescence.  
653 *Molecular Ecology*, **20**(15), 3261-3274. <https://doi.org/10.1111/j.1365-294X.2011.05167.x>

654 Dugdale, H. L., & Richardson, D. S. (2018). Heritability of telomere variation: it is all about the  
655 environment! *Philosophical Transactions of the Royal Society B: Biological Sciences*,  
656 **373**(1741), 20160450. <https://doi.org/10.1098/rstb.2016.0450>

657 Dupont, S. M., Barbraud, C., Chastel, O., Delord, K., Ruault, S., Weimerskirch, H., & Angelier, F.  
658 (2018). Young parents produce offspring with short telomeres: A study in a long-lived bird,  
659 the Black-browed Albatross (*Thalassarche melanophrys*). *PLoS ONE*, **13**(3), e0193526.  
660 <https://doi.org/10.1371/journal.pone.0193526>



661 Duran, H. E., Simsek-Duran, F., Oehninger, S. C., Jones, H. W., Jr., & Castora, F. J. (2011). The  
662 association of reproductive senescence with mitochondrial quantity, function, and DNA  
663 integrity in human oocytes at different stages of maturation. *Fertility and Sterility*, **96**(2),  
664 384-388. <https://doi.org/10.1016/j.fertnstert.2011.05.056>

665 Eisenberg, D. T. A. (2019). Paternal age at conception effects on offspring telomere length across  
666 species - what explains the variability? *PLoS Genetics*, **15**(2), e1007946.  
667 <https://doi.org/10.1371/journal.pgen.1007946>

668 Eisenberg, D. T. A., & Kuzawa, C. W. (2018). The paternal age at conception effect on offspring  
669 telomere length: mechanistic, comparative and adaptive perspectives. *Philosophical  
670 Transactions of the Royal Society B: Biological Sciences*, **373**(1741).  
671 <https://doi.org/10.1098/rstb.2016.0442>

672 Eisenberg, D. T. A., Tackney, J., Cawthon, R. M., Cloutier, C. T., & Hawkes, K. (2017). Paternal and  
673 grandpaternal ages at conception and descendant telomere lengths in chimpanzees and  
674 humans. *American Journal of Physical Anthropology*, **162**(2), 201-207.  
675 <https://doi.org/10.1002/ajpa.23109>

676 Epel, E. S., Blackburn, E. H., Lin, J., Dhabhar, F. S., Adler, N. E., Morrow, J. D., & Cawthon, R. M.  
677 (2004). Accelerated telomere shortening in response to life stress. *Proceedings of the  
678 National Academy of Sciences of the United States of America*, **101**(49), 17312-17315.  
679 <https://doi.org/10.1073/pnas.0407162101>

680 Fairlie, J., Holland, R., Pilkington, J. G., Pemberton, J. M., Harrington, L., & Nussey, D. H. (2016).  
681 Lifelong leukocyte telomere dynamics and survival in a free-living mammal. *Aging Cell*, **15**(1),  
682 140-148. <https://doi.org/10.1111/accel.12417>

683 Fell, R. J., Buesching, C. A., & Macdonald, D. W. (2006). The social integration of European badger  
684 (*Meles meles*) cubs into their natal group. *Behaviour*, **143**, 683-700.  
685 <https://doi.org/10.1163/15685390677791315>

686 Ferlin, A., Rampazzo, E., Rocca, M. S., Keppel, S., Frigo, A. C., De Rossi, A., & Foresta, C. (2013). In  
687 young men sperm telomere length is related to sperm number and parental age. *Human  
688 Reproduction*, **28**(12), 3370-3376. <https://doi.org/10.1093/humrep/det392>

689 Foley, N. M., Petit, E. J., Brazier, T., Finarelli, J. A., Hughes, G. M., Touzalin, F., . . . Teeling, E. C.  
690 (2020). Drivers of longitudinal telomere dynamics in a long-lived bat species, *Myotis myotis*.  
691 *Molecular Ecology*. <https://doi.org/10.1111/mec.15395>

692 Froy, H., Bird, E. J., Wilbourn, R. V., Fairlie, J., Underwood, S. L., Salvo-Chirnside, E., . . . Nussey, D. H.  
693 (2017). No evidence for parental age effects on offspring leukocyte telomere length in free-  
694 living Soay sheep. *Scientific Reports*, **7**(1), 9991. [https://doi.org/10.1038/s41598-017-09861-  
695 3](https://doi.org/10.1038/s41598-017-09861-3)

696 Gomes, N. M., Shay, J. W., & Wright, W. E. (2010). Telomere biology in metazoa. *FEBS Letters*,  
697 **584**(17), 3741-3751. <https://doi.org/10.1016/j.febslet.2010.07.031>

698 Gomes, N. M. V., Ryder, O. A., Houck, M. L., Charter, S. J., Walker, W., Forsyth, N. R., . . . Wright, W.  
699 E. (2011). Comparative biology of mammalian telomeres: Hypotheses on ancestral states  
700 and the roles of telomeres in longevity determination. *Aging Cell*, **10**(5), 761-768.  
701 <https://doi.org/10.1111/j.1474-9726.2011.00718.x>

702 Green, P., & MacLeod, C. J. (2016). simr: an R package for power analysis of generalized linear mixed  
703 models by simulation. *Methods in Ecology and Evolution*, **7**(4), 493-498.  
704 <https://doi.org/10.1111/2041-210x.12504>

705 Hadfield, J. D. (2010). MCMC methods for multi-response generalised linear mixed models: the  
706 MCMCglmm R package. *Journal of Statistical Software*, **33**(2), 1-22.  
707 <https://doi.org/10.18637/jss.v033.i02>

708 Hall, M. E., Nasir, L., Daunt, F., Gault, E. A., Croxall, J. P., Wanless, S., & Monaghan, P. (2004).  
709 Telomere loss in relation to age and early environment in long-lived birds. *Proceedings of the  
710 Royal Society B: Biological Sciences*, **271**(1548), 1571-1576.  
711 <https://doi.org/10.1098/rspb.2004.2768>

712 Hancox, M. (1988). Field age determination in the European Badger. *Revue D'Ecologie La Terre et la*  
713 *Vie*, **43**(4), 399-404.

714 Hansen, T. F., Pélabon, C., & Houle, D. (2011). Heritability is not evolvability. *Evolutionary Biology*,  
715 **38**(3), 258. <https://doi.org/10.1007/s11692-011-9127-6>

716 Haussmann, M. F., Longenecker, A. S., Marchetto, N. M., Juliano, S. A., & Bowden, R. M. (2012).  
717 Embryonic exposure to corticosterone modifies the juvenile stress response, oxidative stress  
718 and telomere length. *Proceedings of the Royal Society B: Biological Sciences*, **279**(1732),  
719 1447-1456. <https://doi.org/10.1098/rspb.2011.1913>

720 Heidinger, B. J., Blount, J. D., Boner, W., Griffiths, K., Metcalfe, N. B., & Monaghan, P. (2012).  
721 Telomere length in early life predicts lifespan. *Proceedings of the National Academy of*  
722 *Sciences of the United States of America*, **109**(5), 1743-1748.  
723 <https://doi.org/10.1073/pnas.1113306109>

724 Heidinger, B. J., Herborn, K. A., Granroth-Wilding, H. M. V., Boner, W., Burthe, S., Newell, M., . . .  
725 Monaghan, P. (2016). Parental age influences offspring telomere loss. *Functional Ecology*,  
726 **30**(9), 1531-1538. <https://doi.org/10.1111/1365-2435.12630>

727 Hjelmberg, J. B., Dalgard, C., Mangino, M., Spector, T. D., Halekoh, U., Moller, S., . . . Aviv, A. (2015).  
728 Paternal age and telomere length in twins: the germ stem cell selection paradigm. *Aging*  
729 *Cell*, **14**(4), 701-703. <https://doi.org/10.1111/accel.12334>

730 Houle, D. (1992). Comparing evolvability and variability of quantitative traits. *Genetics*, **130**(1), 195-  
731 204.

732 Kimura, M., Cherkas, L. F., Kato, B. S., Demissie, S., Hjelmberg, J. B., Brimacombe, M., . . . Aviv, A.  
733 (2008). Offspring's leukocyte telomere length, paternal age, and telomere elongation in  
734 sperm. *PLoS Genetics*, **4**(2). <https://doi.org/10.1371/journal.pgen.0040037>

735 Kimura, M., Gazitt, Y., Cao, X. J., Zhao, X. Y., Lansdorp, P. M., & Aviv, A. (2010). Synchrony of  
736 telomere length among hematopoietic cells. *Experimental Hematology*, **38**(10), 854-859.  
737 <https://doi.org/10.1016/j.exphem.2010.06.010>

738 Kruuk, L. E. B. (2004). Estimating genetic parameters in natural populations using the 'animal model'.  
739 *Philosophical Transactions of the Royal Society of London Series B-Biological Sciences*,  
740 **359**(1446), 873-890. <https://doi.org/10.1098/rstb.2003.1437>

741 Kruuk, L. E. B., Clutton-Brock, T. H., Slate, J., Pemberton, J. M., Brotherstone, S., & Guinness, F. E.  
742 (2000). Heritability of fitness in a wild mammal population. *Proceedings of the National*  
743 *Academy of Sciences of the United States of America*, **97**(2), 698-703.  
744 <https://doi.org/10.1073/pnas.97.2.698>

745 Kruuk, L. E. B., & Hadfield, J. D. (2007). How to separate genetic and environmental causes of  
746 similarity between relatives. *Journal of Evolutionary Biology*, **20**(5), 1890-1903.  
747 <https://doi.org/10.1111/j.1420-9101.2007.01377.x>

748 Lindström, J. (1999). Early development and fitness in birds and mammals. *Trends in Ecology &*  
749 *Evolution*, **14**(9), 343-348. [https://doi.org/10.1016/S0169-5347\(99\)01639-0](https://doi.org/10.1016/S0169-5347(99)01639-0)

750 López-Otín, C., Blasco, M. A., Partridge, L., Serrano, M., & Kroemer, G. (2013). The hallmarks of aging.  
751 *Cell*, **153**(6), 1194-1217. <https://doi.org/10.1016/j.cell.2013.05.039>

752 Lynch, M., & Walsh, B. (1998). *Genetics and analysis of quantitative traits*. Sunderland, MA: Sinauer.

753 Macdonald, D. W., & Newman, C. (2002). Population dynamics of badgers (*Meles meles*) in  
754 Oxfordshire, UK: Numbers, density and cohort life histories, and a possible role of climate  
755 change in population growth. *Journal of Zoology*, **256**(1), 121-138.  
756 <https://doi.org/10.1017/S0952836902000158>

757 Macdonald, D. W., Newman, C., & Buesching, C. D. (2015). Badgers in the rural landscape -  
758 conservation paragon or farmland pariah? Lessons from the Wytham badger project. In D.  
759 W. Macdonald & R. E. Feber (Eds.), *Wildlife conservation on farmland volume 2: Conflict in*  
760 *the countryside* (pp. 1-32). Oxford: Oxford University Press.

761 Macdonald, D. W., Newman, C., Buesching, C. D., & Nouvellet, P. (2010). Are badgers 'under the  
762 weather'? Direct and indirect impacts of climate variation on European badger (*Meles meles*)

763 population dynamics. *Global Change Biology*, **16**(11), 2913-2922.  
764 <https://doi.org/10.1111/j.1365-2486.2010.02208.x>

765 Macdonald, D. W., Newman, C., Dean, J., Buesching, C. D., & Johnson, P. J. (2004). The distribution of  
766 Eurasian badger, *Meles meles*, setts in a high-density area: field observations contradict the  
767 sett dispersion hypothesis. *Oikos*, **106**(2), 295-307. <https://doi.org/10.1111/j.0030-1299.2004.12879.x>

768

769 Macdonald, D. W., Newman, C., Nouvellet, P. M., & Buesching, C. D. (2009). An analysis of Eurasian  
770 badger (*Meles meles*) population dynamics: Implications for regulatory mechanisms. *Journal*  
771 *of Mammalogy*, **90**(6), 1392-1403. <https://doi.org/10.1644/08-MAMM-A-356R1.1>

772 McLaren, G. W., Thornton, P. D., Newman, C., Buesching, C. D., Baker, S. E., Mathews, F., &  
773 Macdonald, D. W. (2005). The use and assessment of ketamine-medetomidine-butorphanol  
774 combinations for field anaesthesia in wild European badgers (*Meles meles*). *Veterinary*  
775 *Anaesthesia and Analgesia*, **32**(6), 367-372. <https://doi.org/10.1111/j.1467-2995.2005.00206.x>

776

777 McLennan, D., Armstrong, J. D., Stewart, D. C., McKelvey, S., Boner, W., Monaghan, P., & Metcalfe,  
778 N. B. (2018). Links between parental life histories of wild salmon and the telomere lengths of  
779 their offspring. *Molecular Ecology*, **27**(3), 804-814. <https://doi.org/10.1111/mec.14467>

780 Mendez-Bermudez, A., Hidalgo-Bravo, A., Cotton, V. E., Gravani, A., Jeyapalan, J. N., & Royle, N. J.  
781 (2012). The roles of WRN and BLM RecQ helicases in the alternative lengthening of  
782 telomeres. *Nucleic Acids Research*, **40**(21), 10809-10820.  
783 <https://doi.org/10.1093/nar/gks862>

784 Metcalfe, N. B., & Monaghan, P. (2001). Compensation for a bad start: grow now, pay later? *Trends*  
785 *in Ecology & Evolution*, **16**(5), 254-260. [https://doi.org/10.1016/S0169-5347\(01\)02124-3](https://doi.org/10.1016/S0169-5347(01)02124-3)

786 Mizutani, Y., Tomita, N., Niizuma, Y., & Yoda, K. (2013). Environmental perturbations influence  
787 telomere dynamics in long-lived birds in their natural habitat. *Biology Letters*, **9**(5),  
788 20130511. <https://doi.org/10.1098/rsbl.2013.0511>

789 Monaghan, P. (2014). Organismal stress, telomeres and life histories. *Journal of Experimental*  
790 *Biology*, **217**, 57-66. <https://doi.org/10.1242/jeb.090043>

791 Monaghan, P., & Haussmann, M. F. (2006). Do telomere dynamics link lifestyle and lifespan? *Trends*  
792 *in Ecology & Evolution*, **21**(1), 47-53. <https://doi.org/10.1016/j.tree.2005.11.007>

793 Monaghan, P., Maklakov, A. A., & Metcalfe, N. B. (2020). Intergenerational transfer of ageing:  
794 Parental age and offspring lifespan. *Trends in Ecology & Evolution*, **35**(10), 927-937.  
795 <https://doi.org/10.1016/j.tree.2020.07.005>

796 Moore, M. P., Whiteman, H. H., & Martin, R. A. (2019). A mother's legacy: the strength of maternal  
797 effects in animal populations. *Ecology Letters*, **22**(10), 1620-1628.  
798 <https://doi.org/10.1111/ele.13351>

799 Morrissey, M. B., & Wilson, A. J. (2010). pedantics: an R package for pedigree-based genetic  
800 simulation and pedigree manipulation, characterization and viewing. *Molecular Ecology*  
801 *Resources*, **10**(4), 711-719. <https://doi.org/10.1111/j.1755-0998.2009.02817.x>

802 Mousseau, T. A., & Roff, D. A. (1987). Natural selection and the heritability of fitness components.  
803 *Heredity*, **59**, 181-197. <https://doi.org/10.1038/hdy.1987.113>

804 Nettle, D., Monaghan, P., Gillespie, R., Brilot, B., Bedford, T., & Bateson, M. (2015). An experimental  
805 demonstration that early-life competitive disadvantage accelerates telomere loss.  
806 *Proceedings of the Royal Society B: Biological Sciences*, **282**(1798), 20141610.  
807 <https://doi.org/10.1098/rspb.2014.1610>

808 Newman, C., Macdonald, D. W., & Anwar, M. A. (2001). Coccidiosis in the European badger, *Meles*  
809 *meles* in Wytham Woods: infection and consequences for growth and survival. *Parasitology*,  
810 **123**, 133-142. <https://doi.org/10.1017/S0031182001008265>

811 Njajou, O. T., Cawthon, R. M., Damcott, C. M., Wu, S. H., Ott, S., Garant, M. J., . . . Hsueh, W. C.  
812 (2007). Telomere length is paternally inherited and is associated with parental lifespan.

813 *Proceedings of the National Academy of Sciences of the United States of America*, **104**(29),  
814 12135-12139. <https://doi.org/10.1073/pnas.0702703104>

815 Noguera, J. C., Metcalfe, N. B., & Monaghan, P. (2018). Experimental demonstration that offspring  
816 fathered by old males have shorter telomeres and reduced lifespans. *Proceedings of the*  
817 *Royal Society B: Biological Sciences*, **285**(1874). <https://doi.org/10.1098/rspb.2018.0268>

818 Noonan, M. J., Markham, A., Newman, C., Trigoni, N., Buesching, C. D., Ellwood, S. A., & Macdonald,  
819 D. W. (2014). Climate and the individual: Inter-annual variation in the autumnal activity of  
820 the European badger (*Meles meles*). *PLoS ONE*, **9**(1), e83156.  
821 <https://doi.org/10.1371/journal.pone.0083156>

822 Nordfjall, K., Svenson, U., Norrback, K. F., Adolfsson, R., & Roos, G. (2010). Large-scale parent-child  
823 comparison confirms a strong paternal influence on telomere length. *European Journal of*  
824 *Human Genetics*, **18**(3), 385-389. <https://doi.org/10.1038/ejhg.2009.178>

825 Nouvellet, P., Newman, C., Buesching, C. D., & Macdonald, D. W. (2013). A multi-metric approach to  
826 investigate the effects of weather conditions on the demography of a terrestrial mammal,  
827 the European badger (*Meles meles*). *PLoS ONE*, **8**(7), 1-7.  
828 <https://doi.org/10.1371/journal.pone.0068116>

829 Nussey, D. H., Kruuk, L. E. B., Morris, A., & Clutton-Brock, T. H. (2007). Environmental conditions in  
830 early life influence ageing rates in a wild population of red deer. *Current Biology*, **17**(23),  
831 R1000-R1001. <https://doi.org/10.1016/j.cub.2007.10.005>

832 Olovnikov, A. M. (1973). Theory of marginotomy - Incomplete copying of template margin in  
833 enzymic-synthesis of polynucleotides and biological significance of phenomenon. *Journal of*  
834 *Theoretical Biology*, **41**(1), 181-190. [https://doi.org/10.1016/0022-5193\(73\)90198-7](https://doi.org/10.1016/0022-5193(73)90198-7)

835 Olsson, M., Pauliny, A., Wapstra, E., Uller, T., Schwartz, T., & Blomqvist, D. (2011). Sex differences in  
836 sand lizard telomere inheritance: Paternal epigenetic effects increases telomere heritability  
837 and offspring survival. *PLoS ONE*, **6**(4), e17473.  
838 <https://doi.org/10.1371/journal.pone.0017473>

839 Postma, E. (2014). Four decades of estimating heritabilities in wild vertebrate populations: improved  
840 methods, more data, better estimates. In A. Charmantier, D. Garant, & L. E. B. Kruuk (Eds.),  
841 *Quantitative Genetics in the Wild* (pp. 16-33). Oxford, UK: Oxford University Press.

842 Price, T., & Schluter, D. (1991). On the low heritability of life-history traits. *Evolution*, **45**(4), 853-861.  
843 <https://doi.org/10.1111/j.1558-5646.1991.tb04354.x>

844 R Development Core Team. (2019). R: a language and environment for statistical computing. Vienna:  
845 R foundation for statistical computing.

846 Reichert, S., & Stier, A. (2017). Does oxidative stress shorten telomeres in vivo? A review. *Biology*  
847 *Letters*, **13**(12), 20170463. <https://doi.org/10.1098/rsbl.2017.0463>

848 Schroeder, J., Nakagawa, S., Rees, M., Mannarelli, M. E., & Burke, T. (2015). Reduced fitness in  
849 progeny from old parents in a natural population. *Proceedings of the National Academy of*  
850 *Sciences of the United States of America*, **112**(13), 4021-4025.  
851 <https://doi.org/10.1073/pnas.1422715112>

852 Sin, Y. W., Annavi, G., Dugdale, H. L., Newman, C., Burke, T., & Macdonald, D. W. (2014). Pathogen  
853 burden, co-infection and Major Histocompatibility Complex variability in the European  
854 badger (*Meles meles*). *Molecular Ecology*, **23**(20), 5072-5088.  
855 <https://doi.org/10.1111/mec.12917>

856 Spurgin, L. G., Bebbington, K., Fairfield, E. A., Hammers, M., Komdeur, J., Burke, T., . . . Richardson, D.  
857 S. (2017). Spatio-temporal variation in lifelong telomere dynamics in a long-term ecological  
858 study. *Journal of Animal Ecology*, **87**(1), 187-198. <https://doi.org/10.1111/1365-2656.12741>

859 Sugianto, N. A., Newman, C., Macdonald, D. W., & Buesching, C. D. (2019). Heterochrony of puberty  
860 in the European badger (*Meles meles*) can be explained by growth rate and group-size:  
861 Evidence for two endocrinological phenotypes. *PLoS ONE*, **14**(3), e0203910.  
862 <https://doi.org/10.1371/journal.pone.0203910>

863 Sugianto, N. A., Newman, C., Macdonald, D. W., & Buesching, C. D. (2020). Reproductive and somatic  
864 senescence in the European badger (*Meles meles*): Evidence from lifetime sex-steroid  
865 profiles. *Zoology*, **141**, 125803. <https://doi.org/10.1016/j.zool.2020.125803>

866 Teplitsky, C., Mills, J. A., Yarrall, J. W., & Merila, J. (2009). Heritability of fitness components in a wild  
867 bird population. *Evolution*, **63**(3), 716-726. [https://doi.org/10.1111/j.1558-  
868 5646.2008.00581.x](https://doi.org/10.1111/j.1558-5646.2008.00581.x)

869 van de Pol, M., & Wright, J. (2009). A simple method for distinguishing within- versus between-  
870 subject effects using mixed models. *Animal Behaviour*, **77**(3), 753-758.  
871 <https://doi.org/10.1016/j.anbehav.2008.11.006>

872 van Lieshout, S. H. J., Badás, E. P., Mason, M. W. T., Newman, C., Buesching, C. D., Macdonald, D. W.,  
873 & Dugdale, H. L. (2020). Social effects on age-related and sex-specific immune cell profiles in  
874 a wild mammal. *Biology Letters*, **16**(7), 20200234. <https://doi.org/10.1098/rsbl.2020.0234>

875 van Lieshout, S. H. J., Bretman, A., Newman, C., Buesching, C. D., Macdonald, D. W., & Dugdale, H. L.  
876 (2019). Individual variation in early-life telomere length and survival in a wild mammal.  
877 *Molecular Ecology*, **28**(18), 4152-4165. <https://doi.org/10.1111/mec.15212>

878 Verhulst, S. (2020). Improving comparability between qPCR-based telomere studies. *Molecular  
879 Ecology Resources*, **20**(1), 11-13. <https://doi.org/10.1111/1755-0998.13114>

880 Visscher, P. M. (2006). A note on the asymptotic distribution of likelihood ratio tests to test variance  
881 components. *Twin Research and Human Genetics*, **9**(4), 490-495.  
882 <https://doi.org/10.1375/183242706778024928>

883 von Zglinicki, T. (2002). Oxidative stress shortens telomeres. *Trends in Biochemical Sciences*, **27**(7),  
884 339-344. [https://doi.org/10.1016/S0968-0004\(02\)02110-2](https://doi.org/10.1016/S0968-0004(02)02110-2)

885 Watson, H., Bolton, M., & Monaghan, P. (2015). Variation in early-life telomere dynamics in a long-  
886 lived bird: Links to environmental conditions and survival. *Journal of Experimental Biology*,  
887 **218**(5), 668-674. <https://doi.org/10.1242/jeb.104265>

888 Watson, R. L., Bird, E. J., Underwood, S., Adams, R. V., Fairlie, J., Watt, K., . . . Nussey, D. H. (2017).  
889 Sex differences in leukocyte telomere length in a free-living mammal. *Molecular Ecology*,  
890 **26**(12), 3230-3240. <https://doi.org/10.1111/mec.13992>

891 Wilbourn, R. V., Froy, H., McManus, M. C., Cheynel, L., Gaillard, J. M., Gilot-Fromont, E., . . . Nussey,  
892 D. H. (2017). Age-dependent associations between telomere length and environmental  
893 conditions in roe deer. *Biology Letters*, **13**(9), 20170434.  
894 <https://doi.org/10.1098/rsbl.2017.0434>

895 Wilbourn, R. V., Moatt, J. P., Froy, H., Walling, C. A., Nussey, D. H., & Boonekamp, J. J. (2018). The  
896 relationship between telomere length and mortality risk in non-model vertebrate systems: a  
897 meta-analysis. *Philosophical Transactions of the Royal Society B: Biological Sciences*,  
898 **373**(1741), 20160447. <https://doi.org/10.1098/rstb.2016.0447>

899 Wilson, A. J. (2008). Why  $h^2$  does not always equal  $VA/VP$ ? *J Evol Biol*, **21**(3), 647-650.  
900 <https://doi.org/10.1111/j.1420-9101.2008.01500.x>

901 Wilson, A. J., Charmantier, A., & Hadfield, J. D. (2008). Evolutionary genetics of ageing in the wild:  
902 empirical patterns and future perspectives. *Functional Ecology*, **22**(3), 431-442.  
903 <https://doi.org/10.1111/j.1365-2435.2008.01412.x>

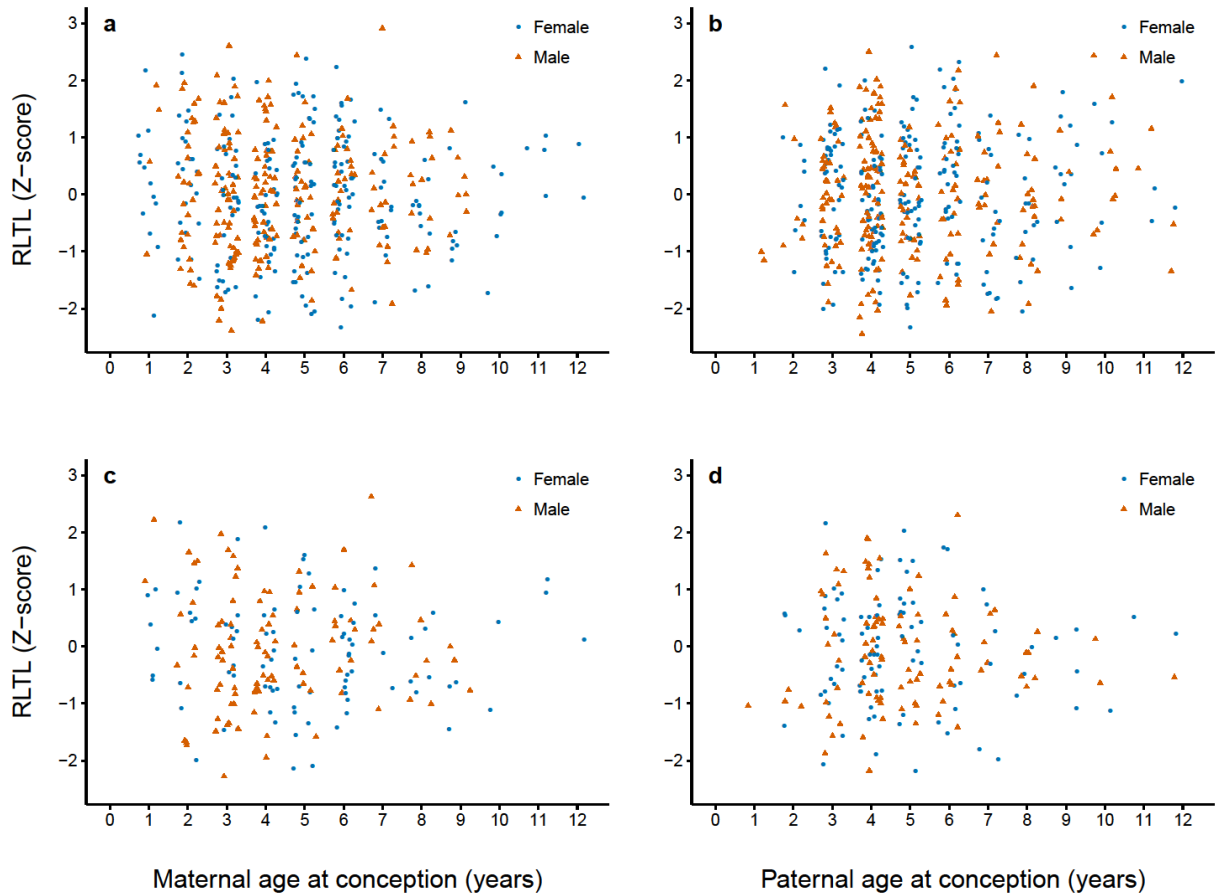
904 Wilson, A. J., Reale, D., Clements, M. N., Morrissey, M. M., Postma, E., Walling, C. A., . . . Nussey, D.  
905 H. (2010). An ecologist's guide to the animal model. *Journal of Animal Ecology*, **79**(1), 13-26.  
906 <https://doi.org/10.1111/j.1365-2656.2009.01639.x>

907 Woodroffe, R., & Macdonald, D. W. (1995). Costs of breeding status in the European badger, *Meles  
908 meles*. *Journal of Zoology*. <https://doi.org/10.1111/j.1469-7998.1995.tb05140.x>

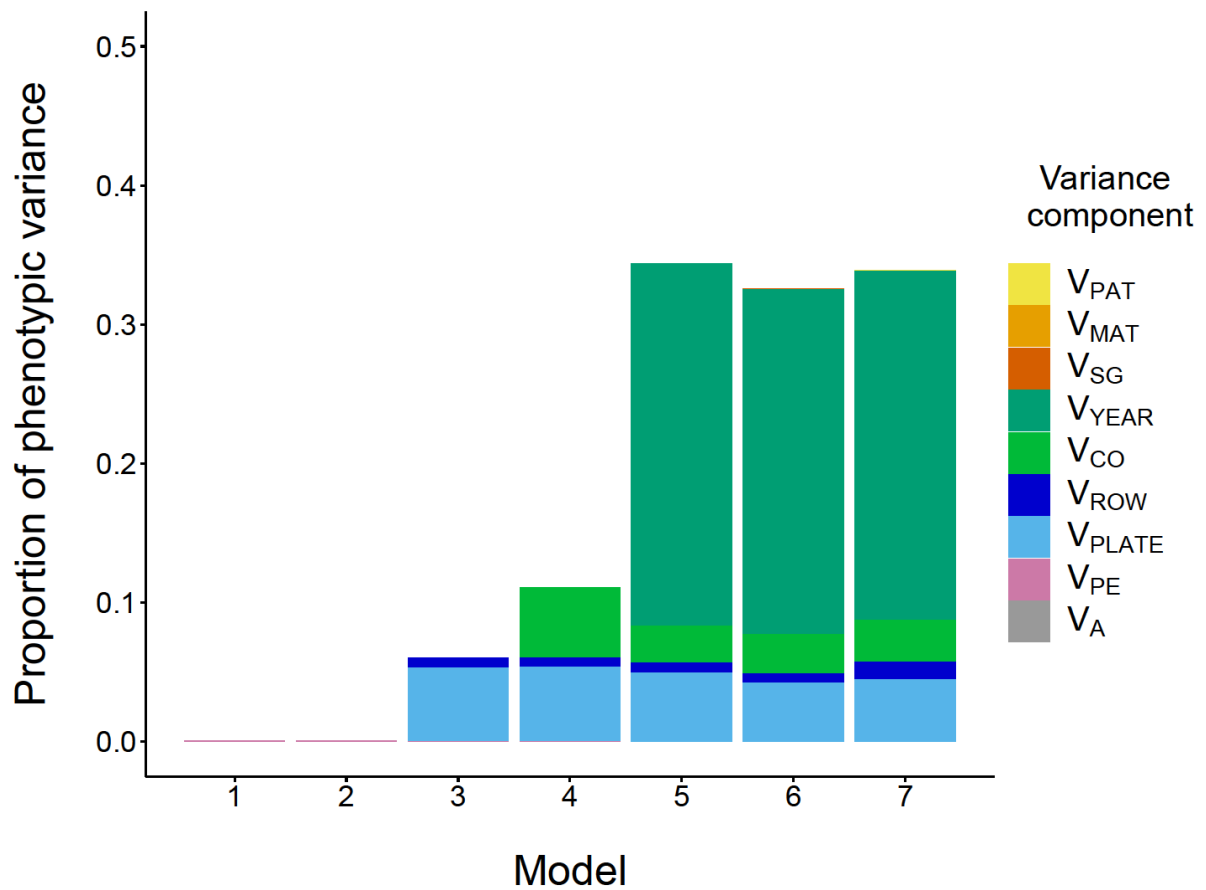
909 Woodroffe, R., & Macdonald, D. W. (2000). Helpers provide no detectable benefits in the European  
910 badger (*Meles meles*). *Journal of Zoology*, **250**(1), 113-119.  
911 <https://doi.org/10.1017/S095283690001102>

912 Yamaguchi, N., Dugdale, H. L., & Macdonald, D. W. (2006). Female receptivity, embryonic diapause  
913 and superfoetation in the European badger (*Meles meles*): Implications for the reproductive

914 tactics of males and females. *Quarterly Review of Biology*, **81**(1), 33-48.  
915 <https://doi.org/10.1086/503923>  
916 Young, A. J. (2018). The role of telomeres in the mechanisms and evolution of life-history trade-offs  
917 and ageing. *Philosophical Transactions of the Royal Society B: Biological Sciences*, **373**(1741),  
918 20160452. <https://doi.org/10.1098/rstb.2016.0452>  
919



921  
 922 **Figure 1** Associations between offspring relative leukocyte telomere length (RLTL) and either maternal  
 923 (a & c) or paternal (b & d) age at conception (years) in European badgers. Scatterplots show raw data  
 924 (blue for females and brown for males) for all ages (a & b;  $n = 417$  measurements; 240 badgers) or  
 925 only offspring measured as cubs (<1 year; c & d; 194 measurements; 194 badgers), and jittered for  
 926 clarity.



927

928

929 **Figure 2** Proportion of variance explained in relative leukocyte telomere length (RLTL; models 1–8) in

930 European badgers of all ages. Variance components:  $V_A$  = additive genetic,  $V_{PE}$  = permanent

931 environment,  $V_{PLATE}$  = plate,  $V_{ROW}$  = row,  $V_{CO}$  = cohort,  $V_{YEAR}$  = year,  $V_{SG}$  = social group,  $V_{MAT}$  = maternal,

and  $V_{PAT}$  = paternal. Model numbers on the x-axis correspond with Table S2.