A Recessively Inherited Risk Locus on Chromosome 13q22-31 Conferring Susceptibility to Schizophrenia

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We report a consanguineous family in which schizophrenia segregates in a manner consistent with recessive inheritance of a rare, partial-penetrance susceptibility allele. From 4 marriages between 2 sets of siblings who are half first cousins, 6 offspring have diagnoses of psychotic disorder. Homozygosity mapping revealed a 6.1-Mb homozygous region on chromosome 13q22.2-31.1 shared by all affected individuals, containing 13 protein-coding genes. Microsatellite analysis confirmed homozygosity for the affected haplotype in 12 further apparently unaffected members of the family. Psychiatric reports suggested an endophenotype of milder psychiatric illness in 4 of these individuals. Exome and genome sequencing revealed no potentially pathogenic coding or structural variants within the risk haplotype. Filtering for noncoding variants with a minor allele frequency of <0.05 identified 17 variants predicted to have significant effects, the 2 most significant being within or adjacent to the SCEL gene. RNA sequencing of blood from an affected homozygote showed the upregulation of transcription from NDFIP2 and SCEL. NDFIP2 is highly expressed in brain, unlike SCEL, and is involved in determining T helper (Th) cell type 1 and Th2 phenotypes, which have previously been implicated with schizophrenia.

Keywords: consanguineous/endophenotype/homozygosity/ chromosome 13q/risk haplotype

Introduction

The substantial heritability of schizophrenia $(60\%-80\%)^{1-4}$ is partly accounted for by common risk variants detected by genome-wide association studies (GWAS),^{5,6} rarer copy number variants (CNVs),^{7,8} and high penetrance alleles in genes such as *SETD1A*.^{9,10} Further ultrarare variants could be shared by families^{11,12} or small, endogamous communities but would be missed in general population association studies because of their extremely low overall frequency.

Recessive alleles with a major effect on psychosis risk, if they exist, are likely to be enriched in affected individuals from populations with high consanguinity. This is because such progeny may have inherited 2 copies of the relevant variant (maternal and paternal) from a recent common ancestor.¹³ Evidence for such alleles comes from the observation that schizophrenia risk increases with consanguinity.^{13–15} Analysis of consanguineous families and cases with psychotic disorder has shown increased homozygosity¹⁶ and highlighted candidate genes and chromosomal regions of interest.^{17–19}

The Pakistani population of West Yorkshire in the north of England comprised around 142 000 individuals in the 2011 census, the majority originating from Mirpur in Azad Kashmir, Pakistan. Around 37% of marriages in this community are between first cousins,²⁰ resulting in

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unions that are both endogamous and consanguineous, with high background autozygosity (homozygosity-bydescent) and increased recessive disease due to enrichment for homozygosity of recessive alleles.²¹ There is an elevated prevalence of schizophrenia and other psychoses in the West Yorkshire Pakistani population.²² Like other migrant groups, they are subject to environmental risk factors such as low birth weight²³ and risks associated with residence in deprived inner city areas.²⁴ However, we hypothesized that part of the increase in risk could be due to recessive alleles of major effect predisposing to psychosis. We, therefore, looked within this community for consanguineous families with multiple cases of schizophrenia, which would support this assertion. Here, we report an analysis of one such family.

Methods

A more detailed description of methods used in this study is included in the supplementary material.

Ascertainment and Diagnosis

Participants were recruited from the West Yorkshire Pakistani population, with ethical approval via Research Ethics Committee applications 08/H1313/17, 10/ H1313/37, 11/H1310/1, 09/H1302/61, and 13/YH/0149 covering different aspects of the work. Clinical assessments were based on Schedules for Clinical Assessment in Neuropsychiatry (SCAN)²⁵ or Positive and Negative Syndrome Scale (PANSS)²⁶ interviews and review of case records.

Homozygosity Mapping and Linkage Analysis

Homozygosity mapping was performed on Affymetrix 6.0 SNP (single nucleotide polymorphism) array data or SNP genotypes derived from whole exome sequencing (WES), using AgileMultiIdeogram (http://dna.leeds. ac.uk/agile/AgileMultiIdeogram/). Four chromosome 13q microsatellite markers were genotyped in 24 family members for whom DNA was available. Multipoint parametric linkage analysis was carried out using Superlink on-line (http://cbl-hap.cs.technion.ac.il/superlink-snp/). Nonparametric linkage was assessed using SimWalk 2.

Whole Exome Sequencing

WES was performed using SureSelect Human All Exon V6 reagent (Agilent Technologies), with sequence data generated on a HiSeq 3000 (Illumina). Sequences were processed in SAM/BAM format using SAMtools²⁷ and the Genome Analysis Toolkit (GATK).²⁸ Synonymous variants, variants more than 2 base pairs (bp) beyond the splice junction, and those present in the single nucleotide polymorphism database (dbSNP) 146, the exome aggregation consortium (ExAC) v.0.3.1, or the genome

aggregation database (gnomAD) v2.0 with a minor allele frequency (MAF) \geq 5% were excluded.

Whole Genome Sequencing

Whole genome sequencing (WGS; 150-bp paired-end) was performed on an Illumina HiSeqX 10 sequencer (Edinburgh Genomics). Variants in the shared homozygous region were called in vcf format and filtered to exclude those with MAF ≥ 0.05 in gnomAD. Manual inspection of reads across the homozygous region was performed using the Integrative Genomics Viewer (IGV).²⁹

Transcriptional Analysis by RNA Sequencing

Peripheral blood was collected using PAXgene blood RNA tubes, and RNA extracted using a PAXgene RNA extraction kit, with quality confirmed on a Bioanalyzer (Agilent). Libraries were prepared using TruSeq RNA sample preparation Kit v2 and sequenced on a HiSeq3000 (Illumina). Genes were called as differentially expressed if *P*adj < .05 and they had an absolute \log_2 fold change (FC) of ≥ 1 .

Results

Family Structure and Phenotype

The extended family studied (figure 1) consists of 4 nuclear families formed by intermarriages among 2 sets of siblings who are themselves first half cousins. Six family members have *Diagnostic and Statistical Manual of Mental Disorders*, 5th ed. (*DSM-5*)³⁰ psychotic disorder diagnoses, based on consensus diagnoses of 2 psychiatrists: 5 have schizophrenia and 1 has other psychotic disorder, the latter with a history of delusions and manic symptoms. The onset of psychotic symptomatology occurred in the late teens or early twenties. Initially, affected individuals presented with auditory hallucinations, paranoid delusions, and formal thought disorder. Later, they developed negative symptoms and cognitive decline. Males showed exacerbation of symptoms after taking cannabis, but females did not take cannabis.

Homozygosity Mapping

Cytogenetic analysis of individual IV9 revealed a normal karyotype. Affymetrix 6.0 SNP genotypes were generated for IV4, IV5, IV9, and IV11, while SNP genotypes were extracted from WES of IV6 and IV14. Autozygosity mapping in these individuals (figure 2) revealed a single shared homozygous 6.1-Mb region on chromosome 13q. A homozygous region shared by chance across 4 sibships is highly unlikely. This observation, therefore, strongly suggests the segregation of a recessive, partial-penetrance risk allele. The region is bounded by SNPs rs17716584 (13q22.2) and rs7997648 (13q31.1) and contains 13 protein-coding genes: *KCTD12*, *ACOD1*, *CLN5*, *FBXL3*, *MYCBP2*, *SCEL*, *SLAIN1*, *EDNRB*, POU4F1,



Fig. 1. Pedigree and haplotype analysis. Four generation pedigree described in this study, with generation IV consisting of 4 nuclear families resulting from the marriage of half first cousins in generation III. Clear and shaded symbols denote unaffected and affected individuals, respectively. Double lines denote consanguinity. For those family members for whom DNA was available, a haplotype of 4 microsatellite markers on chromosome 13q22.3-31.1 is given below each individual, in centromeric to telomeric order. The risk haplotype is shaded black, while the only other haplotype observed is hatched.



Fig. 2. Homozygosity mapping. (a) Locations of homozygous regions identified in SNP or WES data from the 6 individuals with schizophrenia or "other psychotic disorder," plotted against a circular ideogram of chromosomes 1–22 using the AgileMultiIdeogram software. SNP data for individuals IV4, 5, 9, and 11 and WES data for individual IV6 and 14, in order from the outer to the inner circles, are displayed as white circular bands in the center of the ideogram. Homozygous regions in each family member are shaded, while the homozygous region (Chr13: 76,483,001-82,585,713bp in hg19) shared by all family members is highlighted in black. (b) Homozygosity on chromosome 13q in the 6 affected individuals generated with the program SNPviewer. Each bar is a plot of the entire length of chromosome 13 in a single individual, with homozygous SNPs denoted by a black line and heterozygous SNPs by a lightly shaded line. The shared homozygous region appears as a black area shared by all 6 individuals. (c) 13q locus graphic displaying the genes and transcripts in the homozygous region.

RNF219, *RBM26*, *NDFIP2*, and *SPRY2*. The Reference Sequence (RefSeq) database also documents 9 long intergenic nonprotein coding transcripts, 6 antisense transcripts, a microRNA, a pseudogene, and a putative gene (figure 2). The region also contains SNP rs9545047, which attained genome-wide significance in 1 schizophrenia GWAS³¹ and in the recent GWAS meta-analysis.⁵ Affected individuals are all homozygous for the at-risk A allele for SNP rs9545047.

Haplotypes of 4 microsatellite markers on chromosome 13q22.3-31.1 in family members are shown in figure 1. Allele frequency estimates from 27 unrelated Pakistanis suggest that the haplotype shared by affected individuals in the homozygous 13q region is rare in the Pakistani population (supplementary table S1). Analysis revealed that the 13q22.2-31.1 region is also homozygous in 12 apparently unaffected individuals in generations III and IV of the family. This suggests 33% (6/18) penetrance in homozygotes for the risk haplotype. Four siblings and 2 parents are heterozygous for the 13q risk haplotype and none are affected. A logarithm of the odds (LOD) score was calculated for linkage of the homozygous microsatellite haplotype with psychosis in the family using the allele frequencies in supplementary table S1. Parametric linkage analysis assuming a penetrance for the risk haplotype of zero in heterozygotes and 33% in homozygotes gave a LOD score of 3.02. Nonparametric linkage analysis gave a LOD score of >0.48 across all markers with a peak of 0.49 at D13S170.

Further Phenotyping

Psychiatric screening of family members without psychotic disorders revealed 1 had anxiety symptoms, 2 had depression, and 1 had a history of self-harm. These 4 were all homozygous for the risk haplotype.

Variant Screening by WES and WGS

WES in 3 affected homozygotes (IV6, IV9, and IV14) confirmed the shared homozygous region but revealed no potentially pathogenic protein-coding variants within it. WGS in IV11 revealed 5721 variants in the 6.1-Mb shared homozygous region. Excluding those with MAF > 0.05 in gnomAD and dbSNP146 and with a read depth of <2 reduced this to 183 variants (supplementary table S2). Seventeen of these variants were predicted to have a significant functional effect using the DeepSEA algorithm³² (supplementary table S3), including 2 with functional significance scores <0.01, 1 immediately upstream, and the other in an intron of the *SCEL* gene.

CNVs were neither detected by ExomeDepth³³ nor observed via IGV within the shared homozygous region in WES from IV6, 9, and 14. No large structural variants were identified within the shared homozygous region in Manta analysis³⁴ of WGS from IV11. Small indels identified in WGS were the same as or similar to variants present in the Database of Genomic Variation (DGV) and are, therefore, unlikely to be pathogenic. ExomeDepth analysis in WES from IV6, 9, and 14 also excluded large structural variants in other genomic regions reported to have genome-wide significance for association of CNVs with schizophrenia.⁷

Transcriptome Analysis

RNA sequencing (RNA Seq) was carried out on cDNA from blood lymphocytes from a single affected individual (IV6) and 3 age, sex, and ethnically matched controls. Differential expression analysis using the package DSeq2³⁵ revealed significant differences in the expression of 6 of the 13 genes in the shared homozygous region, with the upregulation of *NDFIP2* and *SCEL* as the most significant FCs observed (supplementary figures S2 and S3).

To determine whether SNPs within the homozygous region might be expression quantitative trait loci (e-QTLs) altering expression of a gene elsewhere, we examined the Gtex combined e-QTL track in the UCSC Genome Browser. Other than genes in the region, only *LMO7* and *UCHL3*, immediately proximal, were affected by e-QTLs in it, and neither were significantly altered in the above analysis. We then performed *cis*-eQTL analysis in genotype data from homozygotes with the GGtools Bioconductor package, but no linked *cis*-elements were discovered using a 5% false discovery rate threshold.

Discussion

Phenotypic, genetic, and transcriptomic analyses suggest that multiple cases of schizophrenia in an extended family are at least in part caused by a recessively inherited, partial-penetrance susceptibility allele or haplotype on chromosome 13q22-31. Support for the existence of a recessive schizophrenia risk locus in this family comes from the observation of affected individuals in each of 4 nuclear families formed by marriages between 2 sets of siblings who are first half cousins. This inheritance pattern is considered predictive of Mendelian recessive inheritance in other conditions.

However, apparent recessive inheritance in a single family could be coincidental in the context of this multifactorial disorder. We, therefore, sought further support for the existence of a partial-penetrance recessive schizophrenia risk locus in this family. This hypothesis predicts that all 6 affected family members, separated by 22 meioses from the common ancestor, will share a single homozygous region. Such a region would otherwise be highly unlikely given the complexity of the family structure and genetic distance between the individuals and sibships involved. Homozygosity mapping confirmed a single shared 6.1-Mb homozygous region on chromosome 13q22.2-31.1, between SNPs rs17716584 and rs7997648. This observation further

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supports the hypothesis of a high penetrance recessive locus, but quantification of its statistical significance is not possible due to the high endogamy and background homozygosity in the UK Pakistani population.²¹ Homozygosity mapping in a similar population, using WES data from 80 Qataris with schizophrenia (data not shown), revealed no enrichment for homozygosity at 13q22.3-31.1, suggesting that 13q homozygosity is not common in individuals with schizophrenia from other consanguineous populations.

Parametric linkage analysis between 13q markers and psychotic disorder in the family using a partial-penetrance recessive model gave a LOD score of 3.02, again supporting the hypothesis. Nonparametric linkage analysis gave a much lower score due to the lack of inferred data from the upper branches when analyzed without a recessive consanguineous model, but the pedigree shown in figure 1 strongly supports this model.

The 12 individuals homozygous for the 13q haplotype who do not have a psychotic disorder could be considered evidence against a 13q risk haplotype. However, other mental health problems were documented in 4 of the 12, pointing to a spectrum of severity in carriers for the risk haplotype. Homozygotes exhibited phenotypes ranging from being apparently unaffected (n = 8), through milder mental health problems (n = 4), to the most severely affected individuals who have psychosis (n = 6). This may indicate that the 13q risk haplotype acts in concert with environmental and other genetic factors, with cannabis use a possible contributory factor in male family members.³⁶

There is additional support in the literature for a schizophrenia susceptibility locus on 13q22-31. A GWAS of schizophrenia in Ashkenazi Jews³¹ found an association with SNP rs9545047 (risk allele A global frequency 0.73), adjacent to the *RBM26* and *NDFIP2* genes within the shared homozygous region, which was confirmed in the latest GWAS meta-analysis.⁵ This is the only SNP currently associated with schizophrenia on chromosome 13. In addition, a GWAS in the Chinese population found that SNP rs2073831 in KCTD12, also within the shared homozygous region, was significantly associated with bipolar disorder (risk allele T global allele frequency 0.36).³⁷ The homozygous 13q haplotype segregating in the family described includes the high-risk alleles for both of these SNPs, which may contribute to risk in the family. Linkage studies in multiplex families also provided evidence suggestive of linkage to this genomic region for both schizophrenia and bipolar disorder.^{38–40} Furthermore, a microdeletion encompassing the protein-coding genes RBM26, NDFIP2, and SPRY2 was identified in a fetus with macrocephaly and macroglossia, suggesting a role for these genes in brain development.⁴¹

WES revealed neither rare protein-coding nor splice variants within this region. WGS identified 183

noncoding variants with MAF < 0.05, 17 of which are predicted to have a functional effect, the 2 most significant being within or adjacent to the *SCEL* gene. RNA seq in blood from an affected individual showed significant differences from controls in the expression of several genes in the interval, with the upregulation of transcription from the *SCEL* gene as the second most significant FC observed. *SCEL* encodes sciellin, not an obvious schizophrenia candidate gene as it is expressed almost exclusively in the skin, tongue, and tonsils, and functions in assembling the cornified envelope of mammalian keratinizing tissues. Furthermore, no significant skin abnormalities were noted in homozygotes for the risk haplotype.

NDFIP2 was the most significantly upregulated transcript in blood from a homozygous affected individual. It encodes the NEDD4 family-interacting protein 2, involved in protein trafficking and ubiquitination. It is a stronger candidate for involvement in schizophrenia since it is highly expressed in the brain; lies within a haplotype block that includes schizophrenia-associated SNP rs9545047; was deleted in a fetus with brain abnormalities⁴²; and is subject to rigorous constraint against missense or loss of function variants according to the gnomAD database. Furthermore, NDFIP2 is involved in the early differentiation of T helper (Th) cell subtypes Th1 and Th2⁴². Alterations of Th1-like cell-mediated and Th2-like antibody-related immune responses have been documented in schizophrenia and major depression.43

However, other genes in the region cannot be excluded, and several have well-defined roles in neuronal development and function.^{44–47} Furthermore, the present study is limited because transcriptional data are available only from blood RNA, there are a limited number of biological replicates available, and antipsychotic medication has a potential impact on transcription.⁴⁸

In summary, we report a large family in which multiple individuals are affected with schizophrenia, giving the appearance of recessive inheritance of an allele of major effect. Homozygosity mapping identified a region of chromosome 13q shared by all affected individuals and by many apparently unaffected relatives. Further clinical examination revealed evidence for an endophenotype of milder psychiatric illness in several further homozygous individuals previously thought to be unaffected. No likely pathogenic-coding variants were identified, but transcriptomic analyses and other evidence highlight NDFIP2 as a strong candidate, possibly through its involvement in Th1 and Th2 differentiation.

Supplementary Material

Supplementary material is available at *Schizophrenia Bulletin*.

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