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1 **Title: Inflammasome inhibition under physiological and pharmacological**  
2 **conditions**

3 **Running title: Mechanisms of inflammasome inhibition**

4 Emily A. Caseley<sup>1\*</sup> • James A. Poulter<sup>1\*</sup> • François Rodrigues<sup>1,2\*</sup> • Immunome  
5 project consortium for Autoinflammatory Disorders (ImmunAID)<sup>+</sup> • Michael F.  
6 McDermott<sup>1</sup>

7 <sup>1</sup> Leeds Institute of Rheumatic and Musculoskeletal Medicine, St James's University  
8 Hospital, Leeds, UK

9 <sup>2</sup> AP-HP, Hôpital Tenon, Sorbonne Université, Service de Médecine interne, Centre  
10 de Référence des Maladies Auto-inflammatoires et des Amyloses d'origine  
11 inflammatoire (CEREMAIA), 75020 Paris, France

12 Corresponding author: Michael F. McDermott, m.mcdermott@leeds.ac.uk

13 \* These authors contributed equally to this work

14 + A list of authors and their affiliations appears at the end of the paper

15

## 16 **Abstract**

17 Inflammasomes are key regulators of the host response against microbial  
18 pathogens, in addition to limiting aberrant responses to sterile insults, as mediated  
19 by environmental agents such as toxins or nanoparticles, and also by endogenous  
20 danger signals such as monosodium urate, ATP and amyloid- $\beta$  (1).

21 To date at least six different inflammasome signalling platforms have been reported  
22 (2, 3). This review focuses on the complex molecular machinery involved in

23 activation and regulation of the best characterised inflammasome, NLRP3 (NOD-,  
24 LRR- and pyrin domain-containing protein 3), and the development of molecular  
25 agents to modulate NLRP3 inflammasome function. Activation of the NLRP3  
26 inflammasome induces inflammation via secretion of interleukin-1 $\beta$  (IL-1 $\beta$ ) and  
27 interleukin-18 (IL-18) proinflammatory cytokines, with orchestration of pyroptotic cell  
28 death, to eliminate invading microbial pathogens. This field has gradually moved  
29 from an emphasis on monogenic autoinflammatory conditions, such as cryopyrin-  
30 associated periodic syndromes (CAPS), to the broad spectrum of innate immune-  
31 mediated disease. NLRP3 inflammasome activation is also linked to a range of  
32 common disorders in humans including type 2 diabetes (4), cystic fibrosis (5),  
33 myocardial infarction, Parkinson's disease, Alzheimer's disease (6) and cancers  
34 such as mesotheliomas and gliomas (7).

35 We describe how laboratory-based assessment of NLRP3 inflammasome activation  
36 is emerging as an integral part of the clinical evaluation and treatment of a range of  
37 undifferentiated systemic autoinflammatory disorders (uSAID) (8), where a DNA-  
38 based diagnosis has not been possible.

39 In addition, this review summarises the current literature on physiological inhibitors  
40 and features various pharmacological approaches that are currently being  
41 developed, with potential for clinical translation in autoinflammatory and immune-  
42 mediated conditions. We discuss the possibilities of rational drug design, based on  
43 detailed structural analyses, and some of the challenges in transferring exciting  
44 preliminary results from trials of small molecule inhibitors of the NLRP3  
45 inflammasome, in animal models of disease, to the clinical situation in human  
46 pathology.

47

## 48 **Introduction**

49 The inflammasomes are large cytosolic multiprotein complexes composed of an  
50 initiator protein, such as a pattern recognition receptor, and an adaptor protein called  
51 ASC (apoptosis-associated speck-like protein containing a caspase recruitment  
52 domain (CARD)), which oligomerize to form an activating platform for an effector  
53 protein, pro-caspase-1. In addition to proinflammatory cytokine production and  
54 mediation of pyroptosis, inflammasomes also regulate the extracellular release of  
55 alarmins, such as high mobility group box 1 (HMGB1) protein, from both infected and  
56 activated immune cells, which promote cell proliferation and differentiation, with  
57 associated inflammation (9).

58

## 59 **Inflammasome pathways**

60 Hyperactivation of inflammasomes, either by genetic or environmental insult, may  
61 result in a wide range of pathological conditions, characterised by recurrent episodes  
62 of systemic and organ-specific inflammation (6). Despite the identification of a  
63 growing number of SAID disease genes, 40-60% of those with a typical SAID  
64 phenotype remain without a definitive diagnosis and, therefore, may be classified as  
65 having an uSAID (4). Inhibition of particular inflammasomes, or of the cytokines they  
66 release, have shown significant promise as treatments for both monogenic and  
67 uSAIDs, and this approach continues to be developed (10). The complex molecular  
68 mechanisms regulating the different inflammasomes means that it is key to identify  
69 the factors triggering inflammation in order to prescribe the optimal therapies. These  
70 complexities are a major cause of the variability in response currently associated

71 with therapies of various undifferentiated SAIDs, which may range from little or no  
72 effect to the development of severe adverse reactions (11).

73 In recent years, the discovery and classification of disorders as SAIDs, and an  
74 increased understanding of mechanisms of inflammasome activation (6, 12), have  
75 accelerated the development of therapeutics which target these mechanisms, such  
76 as IL-1 inhibitors, of which there are three currently being used in clinical practice.  
77 These are anakinra, a recombinant form of the receptor antagonist, IL-1Ra;  
78 riloncept, a soluble chimeric Fc fusion protein of IL-1R1 and IL-1R3, and  
79 canakinumab, a monoclonal antibody that specifically neutralises IL-1 $\beta$  (13). These  
80 have all been shown to be highly effective for the treatment of NLRP3  
81 inflammasome-related disorders, as well as in other conditions caused by activation  
82 of the NLRC4-inflammasome (14). Given their effectiveness in NLRP3 inhibition,  
83 further small molecule inhibitors of NLRP3 have been sought (15-17). The essential  
84 requirement of a structurally wild-type NACHT domain, however, is hindering their  
85 potential use in humans. According to the INFEVERS website [accessed 10/05/20]  
86 (18), 69/109 (63.3%) of pathogenic, or likely pathogenic, NLRP3 mutations are within  
87 this domain, which are predicted to impair inhibition by small molecules targeting the  
88 NLRP3 NACHT domain, such as MCC950 (19). Inhibition by these small molecules  
89 may still be effective, however, for individuals harbouring mutations elsewhere in the  
90 gene, such as the C-terminal region (20). These examples highlight the difficulties  
91 facing the clinician in identifying an effective therapeutic, and also underline the need  
92 to understand the underlying disease mechanism to choose the most appropriate  
93 therapeutic for each individual.

94

## 95 **Stratification of SAIDs**

96 Stratification of SAIDs is one method which will contribute to more effective  
97 therapeutic choices. Many clinical trials of potential therapies have produced  
98 negative results, likely because of differing molecular pathways being involved in  
99 individuals with the same clinical diagnosis. In a recent study, de Jesus et al.  
100 undertook three independent screening methods in parallel to pinpoint disease  
101 pathology in patients with an uSAID (21). The authors managed to classify or  
102 diagnose 79% of cases (n=52/66). DNA sequencing was the most effective method,  
103 but this can often take time. The IFN-response-gene score, combined with cytokine  
104 analysis, may therefore be a more effective short term approach (22). Even with a  
105 known molecular pathology, targeting of a pathway may not lead to an effective  
106 therapeutic. The identification of caspase 1 as the final step of the inflammasome  
107 pathway led to many programs developing caspase 1 inhibitors; however, very few  
108 made it to clinic (23).

109 Another method used to diagnose and stratify patients with uSAIDs is the  
110 identification of disease-specific biomarkers. In order to be an effective biomarker, a  
111 molecule must be secreted into an accessible tissue (e.g. serum or urine), be  
112 specific to a disease (or class of diseases), be stable outside of the body and  
113 detectible using a suitable diagnostic method. A few obvious biomarkers of  
114 inflammation, such as serum IL-1 $\beta$  levels, are already being used to diagnose  
115 inflammatory disorders, as well as to guide therapeutic decision making (24). The  
116 development of high-content, high-throughput systems, however, have enabled the  
117 screening of larger numbers of biomarkers in large sample cohorts (25, 26). The  
118 major limiting factor now facing diagnostic laboratories is the paucity of validated,  
119 reliable and detectible biomarkers. This ability to screen patients and identify not only

120 their disease, but also a therapy targeted to their specific disease, is the ultimate  
121 goal for personalised medicine.

122 Stratification of SAIDs using a genetics approach is becoming more widely used,  
123 with recent studies suggesting that a molecular diagnosis can be obtained in up to  
124 60% of cases, allied to potential novel insights into the underlying conditions. Despite  
125 this, there are limited options for many rare disorders, either due to a lack of effective  
126 therapeutics or knowledge limitations regarding the effects of available therapeutics.  
127 Identifying biomarkers that are clinically actionable, such as elevated IL-1 $\beta$ , may,  
128 therefore, be more useful for therapeutic decision making than identifying the  
129 underlying pathogenic mutation(s).

130

### 131 **Physiological inhibitors of the NLRP3 inflammasome**

132 In addition to known pharmacological inhibitors, a number of physiological  
133 inhibitors, or negative regulators, of the NLRP3 inflammasome have been  
134 discovered. Further research into these physiological inhibitors is likely to drive future  
135 drug development to modulate the various mechanisms leading to inflammasome  
136 activation, rather than current pharmacological therapies that target the subsequent  
137 downstream effects such as cytokine release. Known physiological NLRP3  
138 inflammasome inhibitors have a range of functions, such as inhibition of NLRP3  
139 translation or suppression of oligomerisation. While a brief overview of these  
140 mechanisms is described below, a detailed breakdown can be found in  
141 Supplementary Table 1.

142 A reduction in the level of intracellular NLRP3 is one mechanism whereby the  
143 NLRP3 inflammasome can be inhibited. The 3'-UTR of *NLRP3* in particular contains

144 conserved regulatory sequences, that may be targeted by at least four different  
145 micro-RNA's (miR's). When over-expressed, these miR's result in reduced NLRP3  
146 protein production, inflammasome activation and IL-1 $\beta$  release. Furthermore,  
147 transcriptomic analysis has revealed that miR-223 levels, in particular, are inversely  
148 proportional to NLRP3 protein (27). In addition to miRs, the RNA binding protein,  
149 tristetraprolin, functions by a similar mechanism to reduce NLRP3 expression.  
150 Protein degradation is another mechanism by which intracellular NLRP3 levels can  
151 be reduced. E3-ubiquitin ligases that promote ubiquitination of NLRP3, resulting in its  
152 degradation by the proteasome or the phagosome, have also been identified as  
153 effective negative regulators.

154 In the presence of NLRP3, further inhibition of inflammasome formation can be  
155 mediated through suppression of oligomerisation. Several direct interactors of  
156 NLRP3, such as HSP70 and Kir6.1, have been identified as key negative regulators,  
157 by holding NLRP3 in an inactive state and thus unable to bind ASC (Supplementary  
158 Table 1). One exception is Sirtuin-2, an NAD-dependent deacetylase, which doesn't  
159 bind NLRP3 directly, but instead uses microtubules to prevent NLRP3 and ASC  
160 coming into close proximity (28). In addition to physical separation of NLRP3 and  
161 ASC to prevent formation of the inflammasome, Sirtuin-2 can also deacetylate  
162 NLRP3 to suppress oligomerisation. Phosphorylation of Ser-295 by protein kinase A  
163 (PKA) also impairs inflammasome assembly, by the loss of NLRP3 ATPase activity  
164 (29). A family of inflammasome inhibitors, known as PYRIN domain-only proteins  
165 (POPs) and CARD-only proteins (COPs) have also shown promise as inhibitors of  
166 the inflammasome, by binding to NLRP3, or other regulatory proteins such as NF-  
167  $\kappa$ B, to block its activation (30). While these proteins are endogenously expressed, it



168 remains unclear to what effect they respectively inhibit inflammation in unstimulated,  
169 inflammasome stimulated and mutation-containing cells.

170 The NLRP3 inflammasome is highly sensitive to homeostatic changes in the  
171 cytosol, with changes in potassium ion concentrations able to trigger inflammation.  
172 Loss of proteins involved in the regulation of potassium ion efflux can, such as  
173 LPIN2, therefore result in NLRP3 inflammasome activation. This includes proteins  
174 that interact and regulate the ATP-induced opening of the P2X7 receptor channel, a  
175 key receptor for triggering NLRP3 inflammasome activation (31).

176 Failures in autophagy and mitophagy have both been linked with NLRP3  
177 inflammasome activation. NLRP3 has been shown to bind key autophagy-associated  
178 proteins, such as unc-51 like autophagy activating kinase 1, which facilitate  
179 degradation of proteins, including NLRP3 itself. Mitochondrial defects, resulting in an  
180 increase in cytosolic reactive oxygen species (ROS), are also known to cause  
181 increased NLRP3 activation, with evidence of this process being reversed by the  
182 addition of anti-oxidants (32).

183 A key function of the NLRP3 inflammasome is the activation of pro-caspase-1 into  
184 its active form, which in turn cleaves cytokine precursors such as pro-IL-1 $\beta$ . A failure  
185 to recruit and activate pro-caspase-1 is, therefore, a mechanism by which the effects  
186 of NLRP3 inflammasome activation can be negated. Loss of the caspase-1 inhibitor  
187 Flightless-1, or either of its known adaptor proteins, BCAP and LRRFIP2, have been  
188 shown to result in reduced levels of active caspase-1 and IL-1 $\beta$ , following NLRP3  
189 inflammasome activation (33, 34).

190 Although targeting of negative regulators of the NLRP3 inflammasome, or of the  
191 cellular mechanisms they regulate, may be effective for disorders driven by

192 overactive NLRP3 inflammasomes, they may not be effective for all patients  
193 harbouring NLRP3 activating mutations. This is due to nature of the mutations  
194 altering protein binding sites, particularly around the NACHT domain (Fig. 1). Further  
195 research is therefore required to determine the effects of specific pathogenic variants  
196 on inflammasome inhibition.

197

### 198 **Influence of CAPS mutations on NLRP3 inflammasome regulation**

199 Gain-of-function mutations in *NLRP3* lead to CAPS, which encompass neonatal-  
200 onset multisystem inflammatory disease (NOMID), also known as CINCA (chronic  
201 infantile neurological cutaneous and articular syndrome), Muckle-Wells syndrome  
202 (MWS), and familial cold auto-inflammatory syndrome (FCAS). This group of  
203 disorders range in severity, but all are characterised by increased release of  
204 proinflammatory cytokines, particularly IL-1 $\beta$  and IL-18, leading to systemic  
205 inflammation (35). Whilst there is an extensive database of documented *NLRP3*  
206 sequence variants (18), many of which are confirmed to be related to disease states  
207 in humans, the mechanisms by which these mutations lead to pathologies are often  
208 largely overlooked.

209 CAPS mutations are known to disrupt various intrinsic processes that control  
210 NLRP3 regulation, for example post translational modifications, such as  
211 phosphorylation, ubiquitination and sumoylation, which have been widely reviewed  
212 (36-38). Phosphorylation has been established as a vital regulatory post-translational  
213 modification by which different signalling pathways can be recruited to both positively  
214 and negatively regulate NLRP3 activity (39). Mortimer et al. scrutinised PKA  
215 inhibition of NLRP3, which is instigated by the binding of prostaglandin E2 (PGE2) to

216 the EP4 prostanoid receptor, which in turn induces the cyclic adenylyl  
217 monophosphate (cAMP)-mediated stimulation of PKA (Fig. 2). This particular study  
218 showed that PKA directly inhibits the human NLRP3 inflammasome through  
219 disassembly of ASC oligomers, a process dependent on the PKA-mediated  
220 phosphorylation of Ser295 (29). This amino acid is located within the nucleotide-  
221 binding domain (NBD), and its modification therefore attenuates NLRP3 ATPase  
222 function. Furthermore, of the seven Ser295-adjacent CAPS mutations tested (I290M,  
223 M301V, G303S, E306K, Q308K, G309S or F311L) (Fig. 2), all but M301V were  
224 unresponsive to rapid cAMP-induced inhibition. Additionally, the inhibition of NLRP3-  
225 mediated cleavage of IL-1 $\beta$  by PGE2 required significantly higher (10- to 100- fold)  
226 concentrations of PGE2 in PBMCs from CAPS patients with mutations in the NBD  
227 domain compared to their WT equivalents. Notably, PBMCs from patients harbouring  
228 the Ser295-proximal MWS-related mutations, D303N and E313K, were less sensitive  
229 to inhibition of mature IL-1 $\beta$  release in response to physiologically relevant PGE2  
230 concentrations (40). Together, these studies suggest a way in which these disease-  
231 related mutations may result in poorly regulated inflammasome activation.

232 In addition to PKA, Ser295 is phosphorylated by protein kinase D (PKD). A study by  
233 Zhang et al. showed that NLRP3 inflammasome activators cause mitochondria-  
234 associated endoplasmic reticulum membranes to localise to the Golgi, and that  
235 NLRP3 is recruited to these membranes. Associated with this is an accumulation of  
236 diacylglycerol, which recruits PKD, and its phosphorylation of Ser295 is both  
237 necessary and sufficient for NLRP3 inflammasome activation (Fig. 3) (41). This study  
238 concluded that PKD inhibition can block NLRP3 activity in PBMCs taken from  
239 patients exhibiting uncontrolled inflammasome activation. However, the mutations  
240 tested, T436N and R260W, are further away from Ser295 than those previously

241 examined (Fig. 3) (29), and, as such, testing whether CAPS-related mutations  
242 proximal to Ser295 are sensitive to PKD inhibition would be valuable. As previously  
243 noted, it is also possible that Ser295 phosphorylation plays multiple roles regarding  
244 NLRP3 inflammasome activation, and that a process of sequential phosphorylation  
245 and dephosphorylation may exist.

246 Bruton tyrosine kinase (BTK) has also been proposed to play a role in NLRP3  
247 inflammasome regulation. BTK inhibition reduces NLRP3-mediated IL-1 $\beta$  release  
248 from MWS PBMCs (42), although the precise role of BTK with respect to the NLRP3  
249 inflammasome is still under debate, due to evidence that BTK deficiency leads to  
250 exacerbated inflammasome activation (43). BTK-mediated phosphorylation of  
251 multiple NLRP3 tyrosines (Y136, Y140, Y143 and Y168) (Fig. 4) has been implicated  
252 as a molecular switch of inflammasome activity by weakening phosphatidylinositol 4-  
253 phosphate (PtdIns4P) interactions, resulting in shorter retention to the Golgi with  
254 enhanced NLRP3 inflammasome oligomerisation and increased IL-1 $\beta$  secretion (Fig.  
255 4) (44). When mapped onto the NLRP3-NEK7 cryogenic electron microscopy (cryo-  
256 EM) structure (45), Y168 is in the vicinity of several likely pathogenic CAPS  
257 mutations, as well as a putative ADP molecule, and thus may influence nucleotide  
258 binding (Fig. 4) (44). This may provide valuable insights into a further mechanism  
259 impacting NLRP3 inflammasome regulation.

260 In addition to impacting phosphorylation-mediated NLRP3 regulation, CAPS  
261 mutations may affect sumoylation. Lys689, specifically, has been identified as a site  
262 of both ubiquitination and sumoylation in human NLRP3 (Fig. 5) (46, 47).  
263 Sumoylation negatively regulates NLRP3 at multiple sites, and mutation of Lys689  
264 results in hyperactivation of NLRP3, which phenocopies that seen in CAPS patients  
265 (47). Although the introduction of single disease-related mutations (R260W, E690K

266 and E692K) did not reduce the overall level of NLRP3 sumoylation, it was suggested  
267 in this study that the similarity in phenotype between the K689R mutant and disease-  
268 related E690K and E692K mutants may be due to their location in the predicted  
269 SUMO motif surrounding K689, leading to disrupted inflammasome regulation (47).

270 Besides post-translational modifications, interactions between NLRP3 and other  
271 proteins are also influenced. Caspase recruitment domain-containing protein 8  
272 (CARD8), also known as Cardinal, is one such protein. CARD8, a member of the  
273 CARD family, consists of an N-terminal function to find (FIIND) domain and a C-  
274 terminal CARD domain, and genetic alterations in *CARD8* have been associated  
275 with numerous inflammatory diseases (48). CARD8 is a negative regulator of  
276 NLRP3, which inhibits IL-1 $\beta$  release by interacting with the NACHT domain (49, 50).  
277 A frameshift variant of CARD8, which results in loss of the FIIND and CARD  
278 domains, failed to interact with the NACHT domain of NLRP3, and has been  
279 implicated in the pathogenesis of a childhood syndrome called periodic fever with  
280 aphthous stomatitis, pharyngitis, and cervical adenitis (51). Similarly, the disease-  
281 associated NLRP3 mutants R260W, D303N, N477K and H312P all abolish the  
282 interaction between CARD8 and NLRP3, and, as a result, IL-1 $\beta$  secretion is not  
283 reduced following CARD8 overexpression, as seen with the WT form. It has been  
284 postulated that changes in local structure caused by these polymorphisms may  
285 disrupt certain interactions between NACHT and CARD8 (50). Additionally, loss of  
286 CARD8 binding is associated with diminished NLRP3 serine phosphorylation (52),  
287 suggesting this as an additional mechanism by which CAPS mutations, in disrupting  
288 CARD8-NLRP3 interactions, cause disease states.

289 NIMA-related kinase 7 (NEK7) is a highly conserved serine/threonine kinase which  
290 acts as a regulator of mitotic processes (53) that has been identified as a mediator of

291 the NLRP3 inflammasome (54-56). This regulation occurs independently of its kinase  
292 activity (54, 55), but is dependent on interactions between NEK7 and the central  
293 NOD domain and leucine-rich repeats (LRRs) of NLRP3. This was initially  
294 determined by using deletion mutants, followed by the cryo-EM structure of NLRP3,  
295 which showed the C-terminal lobe of NEK7 nestled against the curved LRR and  
296 globular NACHT domains of NLRP3. Although mutations in the LRR domain are less  
297 frequently reported, this region is implicated several pathologies; NLRP3 harbouring  
298 the NOMID-related missense mutations, G755A and G755R (57, 58), in the LRR  
299 domain bind to NEK7 with a higher affinity than the WT protein, whereas the  
300 hypomorphic missense NLRP3 mutant, D946G, associates less strongly (Fig. 6)  
301 (55). Additionally, oridonin, the bioactive component of *Rabdosia rubescens*, which is  
302 often used in traditional Chinese medicine to treat inflammatory disorders, has  
303 recently been identified as directly targeting NLRP3 (16). Oridonin binds covalently  
304 to Cys279 in the NACHT domain, thereby blocking the NLRP3/NEK7 interaction and  
305 preventing formation of the inflammasome complex [29]. Together, this indicates that  
306 some CAPS mutations could cause amplified inflammatory responses by stabilising  
307 the binding between NLRP3 and NEK7, and that a fine-tuned binding affinity  
308 between these proteins is vital for normal NLRP3 inflammasome function.

309 Most CAPS mutations, as identified in the Infefvers database (18), can be found in  
310 the NACHT domain, surrounding the ADP binding site (59) (Fig. 1). Within the  
311 NACHT domain are found both a Walker A motif, which mediates ATP binding, and a  
312 Walker B motif, responsible for ATP hydrolysis (60). These two sites are vital to  
313 efficient inflammasome function, since ATP binding is required for both the normal  
314 functioning of WT NLRP3, and for the constitutive activity of disease-associated  
315 mutants (61). This has been further highlighted by the fact that NLRP3 inhibitors bind

316 to these motifs; MCC950 directly binds to the Walker B motif (62) and CY-09 to the  
317 Walker A motif (17), thereby preventing NLRP3 inflammasome function.  
318 Determination of NLRP3 by cryo-EM has allowed a series of validated CAPS  
319 mutations to be mapped onto the structure and examined in greater detail. Residues  
320 D303 and E304, both associated with NOMID/MWS in humans (63, 64), are located  
321 on the Walker B motif of the ATPase, and, as such, may directly influence 'sensing'  
322 of the nucleotide-binding state. It seems likely that these mutations affect nucleotide  
323 binding and hydrolysis and, consequently, NLRP3 inflammasome activity, although  
324 current studies have not investigated the effects of NLRP3 mutations on their affinity  
325 for nucleotide binding.

326

## 327 **Inflammasomes and structures of their components**

328 To date, several inflammasomes structures and their integral components have  
329 been determined. The NLRC4 inflammasome structure has arguably been the most  
330 thoroughly explored, with high resolution cryo-EM (65) and crystal (66) structures in  
331 their inactive and active states, in addition to a cryo-EM structure of the NLRC4  
332 CARD filament (67). However, recent efforts have also resulted in the publication of  
333 a cryo-EM structure of inactive human NLRP3, in complex with NEK7 (45). This  
334 represents a potentially huge leap forward in our ability to investigate the most  
335 studied of the inflammasomes, both in terms of its intrinsic function and for future  
336 inhibitor design.

337 The greater availability of structural information has aided the understanding of the  
338 functional roles of the NLRP3 domains, for example the N-terminal pyrin domain  
339 (PYD). This plays a vital role in mediating NLRP3 inflammasome assembly via high-

340 affinity PYD/PYD interactions between NLRP3 and ASC (68), the latter also forming  
341 a CARD/CARD interaction with caspase-1 (69). A crystal structure of the NLRP3  
342 PYD revealed a canonical 6-helical bundle structural fold, similar to other PYDs, and  
343 the charged peripheral surface, which largely facilitates the NLRP3-ASC interaction  
344 by charge complementarity (70). One notable aspect of the structure was a highly  
345 conserved disulfide bond present between the PYD and the nucleotide-binding site  
346 domain (70). This bond has been suggested to be involved in NLRP3 inflammasome  
347 sensitivity to altered redox states, mediated by ROS (71), highlighting a potential  
348 regulatory mechanism.

349 The central NACHT domain possesses ATPase activity, and comprises an NBD,  
350 helical domain 1 (HD1), winged helix domain (WHD) and helical domain 2 (HD2).  
351 The recently determined NLRP3 cryo-EM structure featured the globular NACHT  
352 domain with ADP bound to the NBD (45). This structure gave some valuable  
353 insights, including into the CAPS mutations primarily localised to the NACHT domain  
354 as described above (18). Mapping of the validated pathogenic NLRP3 mutations  
355 showed that the majority surround the ADP-binding site (Fig. 1), potentially affecting  
356 the inactive conformation of NLRP3 and thereby enhancing inflammasome activation  
357 (45). In addition, when modelled onto the previously determined NLRC4 oligomer  
358 structure (66), a 90° rotation of the NBD and HD1 regions relative to the WHD, HD2  
359 and LRR, likely necessary for oligomerisation and activation, was observed (45).

360 The LRR domain has previously been implicated in the recognition of stimuli,  
361 mediation of protein-protein interactions and maintaining the inflammasome in an  
362 inactive state (72, 73). The deubiquitinase, BRCC3, has been shown to mediate a  
363 regulatory mechanism by which ubiquitinated NLRP3 remains inactive until priming  
364 signals initiate BRCC3-mediated deubiquitination of the LRR domain, allowing



365 NLRP3 to oligomerise (74). However, more recent structural and functional studies  
366 have raised questions concerning the role played by the LRR domain in the NLRP3  
367 inflammasome.

368 LRR domains vary between inflammasomes; in NLRP3 this domain consists of 12  
369 repeats encircling NEK7. The main protein-protein interactions exist between NEK7  
370 and the LRR and NACHT domains of NLRP3, and mutagenesis identified the  
371 interactions between the LRR and NACHT HD2 domains in NLRP3, and the first half  
372 of the C-lobe of NEK7 to be the most essential (45). Indeed, NEK7 with the second  
373 half of the C-lobe removed, which interacts with the NACHT domain, still binds to  
374 NLRP3 (54), highlighting the importance of the LRR domain in this interaction.  
375 Additionally, of the two major NLRP3 isoforms identified in humans, the variant  
376 lacking exon 5 resulting in a truncated LRR domain, exhibits a loss of activity due to  
377 a lack of NLRP3-NEK7 interaction (75).

378 At first glance, there is clear evidence for the LRR domain playing an important role  
379 in NLRP3-NEK7 interactions, which are known to be important due to the essential  
380 role NEK7 plays in inflammasome function (54, 55). However, other studies have  
381 shown that this domain is not required for NLRP3 activation. NLRP3 mutants lacking  
382 LRRs are constitutively active when expressed in THP-1 (76) or HEK293T (77) cells.  
383 Furthermore, of the more than 20 NLRP3 variants produced by Hafner-Bratković et  
384 al., macrophages expressing NLRP3 lacking all LRRs responded to canonical stimuli  
385 to a comparable degree to that seen in the WT protein (78). Together, these studies  
386 indicate that further investigation is required to delineate the role of the LRR domain  
387 in NLRP3 regulation, and that a structure of NLRP3 in the active state would be  
388 invaluable.

389

390 **NLRP3 inflammasome inhibitors – design and target identification**

391 Current small molecule inhibitors of the NLRP3 inflammasome were largely  
392 discovered prior to publication of the NLRP3/NEK7 cryo-EM structure (45), limiting  
393 the opportunities for rational drug design. Some inhibitors have been discovered by  
394 elucidating the mechanisms by which existing medicines work, for example oridonin,  
395 the major active constituent of many traditional Chinese medicines, directly targets  
396 the NLRP3 inflammasome (16). Similarly, tranilast was originally recognised as an  
397 anti-allergic agent (79) but was later found to bind the NACHT domain directly (80).  
398 Screening of compound libraries has also proven effective when discovering novel  
399 inhibitors. For example, 3,4-methylenedioxy- $\beta$ -nitrostyrene (MNS) was found through  
400 the screening of a library of 160 kinase inhibitors (81), and CY-09 resulted from  
401 optimisation of the structure of C172, an inhibitor identified through screening of an  
402 in-house bioactive compound library (17). Both Bay 11-7082, along with several  
403 structurally related vinyl sulfone compounds, and BOT-4-one, were discovered via  
404 screening NF- $\kappa$ B inhibitors (82, 83), and MCC950 (initially named CP412,245, then  
405 CRID3), arguably the best characterised NLRP3 inhibitor, was found in a rational  
406 screen for inhibitors of IL-1 $\beta$  production consisting of pharmacological agents known  
407 to affect ion transport activity. This study identified a series of diarylsulfonylurea-  
408 containing compounds structurally related to glyburide, including MCC950, which  
409 was later found to inhibit NLRP3 specifically (84).

410 Whilst these methods have delivered a wide range of antagonists, the NLRP3  
411 structure, with advancement in our understanding of inflammasome structure that  
412 this represents, has opened up avenues for the rational design of NLRP3

413 modulators. Existing inhibitor binding sites have also become clearer; for example,  
414 the NACHT domain is the site of action for many well-known inhibitors including  
415 MCC950, which was shown in a pair of associated studies to interact with the  
416 NACHT domain Walker B motif (19, 85). Therefore, this information could signify an  
417 important advancement in rational drug design, which is becoming more common  
418 with the increasing availability of protein structures (86). As the NLRP3 structure was  
419 recently determined at the time of publication (45), it is too early to say whether this  
420 approach will be adopted for the development of NLRP3 inflammasome inhibitors.  
421 Few published studies have explored the structure of NLRP3, or related proteins, as  
422 a basis for virtual screening. Abdullaha et al. have produced a homology model of  
423 NLRP3, based on the crystal structure of the NLRC4 inflammasome (66), and used  
424 this to dock and develop compounds based around a 2-aryl quinazolin-4(3H)-one  
425 scaffold (87). In contrast, Pal et al. used the structures of the human NLRP3 PYD  
426 (70) and the human ASC pyrin domain filament (88) to design  $\alpha$ -helical stapled  
427 peptides capable of targeting the ASC PYD and disrupting ASC filament formation  
428 (89). Whilst this represents the beginning of a potentially burgeoning field of  
429 structure-based NLRP3 inflammasome inhibitor design, whether this approach will  
430 be widely adopted is yet to be seen.

431

### 432 **NLRP3 inhibitors in clinical trials**

433 As the NLRP3 inflammasome is directly involved in the pathogenesis of many  
434 different diseases, inhibitors of NLRP3 activation are being rapidly developed for a  
435 wide range of human disorders, including autoinflammatory, metabolic,

436 cardiovascular and neurodegenerative conditions. NLRP3 inhibitors currently  
437 undergoing clinical trials are described below and summarised in Table 1.

438 Diacerein is an anthraquinone, an aromatic organic compound approved in Europe  
439 and in the USA for treatment of osteoarthritis (90). In a model of gout, it was shown  
440 to suppress protein expression and activity of caspase-1, as well as formation of  
441 NLRP3 inflammasome complexes, as visualised by confocal microscopy (90). Its  
442 ointment formulation, AC-203, has also received FDA approval for the treatment of  
443 generalised severe epidermolysis bullosa simplex (91). This genetic condition is a  
444 blistering skin disease with neutrophilic inflammation, associated with mutations in  
445 the *KRT5* or *KRT14* genes, encoding keratin 5 and keratin 14 proteins respectively.  
446 Diacerein is currently being tested in phase II clinical trials for epidermolysis bullosa  
447 simplex and ocular surface disease (clinicaltrials.gov identifiers NCT03389308 and  
448 NCT04351100, respectively).

449 Dapansutrile (OLT1177) is a  $\beta$ -sulfonyl nitrite compound that inhibits NLRP3  
450 ATPase activity and NLRP3-dependent ASC specks aggregation (92). Dapansutrile  
451 has been shown to reduce acute gout pain and inflammatory biomarkers in a phase  
452 IIA trial (93). It is currently being developed in phases I/II for systolic heart failure and  
453 Schnitzler's syndrome (clinicaltrials.gov identifiers NCT03534297 and  
454 NCT03595371, respectively).

455 Inzomelid is an oral, brain-penetrant inhibitor of NLRP3-containing inflammasomes;  
456 a phase I trial has been completed and it has alleviated symptoms in one CAPS  
457 patient (94). A phase II study for CAPS is being planned (94). The brain-penetrant  
458 nature of this inhibitor raises the possibility that this selective, small molecule

459 inhibitor of the NLRP3 inflammasome will soon be tested in neurodegenerative  
460 disorders.

461 Tranilast is a tryptophan analog that inhibits NLRP3-induced ASC speck formation,  
462 and IgE-induced histamine release from mast cells. It is in clinical use in Japan,  
463 China and South Korea, to treat asthma, allergic conjunctivitis and hypertrophic  
464 scars (95). Affinity precipitation assays of biotinylated tranilast have showed that this  
465 compound directly binds to NLRP3 and thereby impedes its oligomerisation (80). A  
466 phase II study of tranilast in CAPS is currently recruiting, and trials are also planned  
467 for sarcoidosis, sclerodema diabeticorum and mucinoses (clinicaltrials.gov identifiers  
468 NCT03923140, NCT03528070, NCT03512873 and NCT03490708, respectively).

469 No human clinical trial is currently registered for MCC950, to the best of our  
470 knowledge. Of note, a phase II study has been conducted in rheumatoid arthritis but  
471 was interrupted because of liver enzyme elevation in the treatment group (96).

472 Although not directly interacting with NLRP3, the most promising agent that  
473 modulates innate immune activation in neurological disorders is masitinib, a tyrosine  
474 kinase inhibitor targeting c-KIT (97). C-KIT is a receptor tyrosine kinase constitutively  
475 expressed by mast cells and macrophages, and intriguingly, masitinib has also been  
476 revealed to act as an NLRP3 activator in BMDMs (98). Masitinib also inhibits other  
477 significant kinases, such as Lyn and Fyn, in microglial cells and macrophages (97,  
478 99). Masitinib slowed the progression of lateral amyotrophic sclerosis in a  
479 randomised placebo-controlled study (99) and has also been reported to delay the  
480 evolution of primary progressive and non-active secondary progressive multiple  
481 sclerosis (100). A phase III study is currently ongoing in Alzheimer's disease, with an  
482 interim analysis showing a positive trend in one of the treatment arms (101). Defining

483 the cell-specific impact of masitinib on the human NLRP3 inflammasome is likely to  
484 increase our understanding of neurodegenerative and neuroinflammatory disorders  
485 in the near future.

486

## 487 **Future directions**

488 NLRP3 inflammasome activation is linked to a much wider range of human  
489 diseases than autoinflammation, namely cardiovascular, neurodegenerative,  
490 neuroinflammatory and oncologic conditions. In CAPS, a given NLRP3 inhibitor may  
491 only work on a small proportion of patients and treatment will probably be tailored to  
492 each mutation. In neurological disorders, NLRP3 inhibitors could be revolutionary,  
493 since few treatments are currently effective, although blood-brain barrier penetration  
494 and cell-specific targeting of inflammation will be decisive to tailoring therapy and  
495 reducing side effects. NLRP3 inhibition in cancer is in its infancy but holds great  
496 potential. Indeed, arsenic compounds, already approved in promyelocytic leukemia,  
497 are direct inhibitors of NLRP3 (102). Another example is acute lymphoblastic  
498 leukemia, where glucocorticoid resistance is caused by NLRP3 overactivation, and is  
499 reversed by caspase-1 inhibitors (103). In the field of polygenic inflammatory  
500 diseases, NLRP3 inhibitors will compete with disease-modifying anti-rheumatic drugs  
501 (DMARDs), many of which, such as methotrexate (104), hydroxychloroquine (105),  
502 or ciclosporin (106) are indirect inhibitors of NLRP3. Conversely, glucocorticoids  
503 induce NLRP3 overexpression (107), which suggests that NLRP3 inhibitors may act  
504 synergistically and could, potentially, solve the problem of glucocorticoid resistance  
505 in inflammatory and haematologic diseases. Altogether, this highlights the potential

506 benefits to human health of fully understanding the mechanisms by which the  
507 NLRP3 inflammasome is negatively regulated.

508

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517 Emily A. Caseley<sup>1</sup>, James A. Poulter<sup>1</sup> and Michael F. McDermott<sup>1</sup>

518 <sup>1</sup> Leeds Institute of Rheumatic and Musculoskeletal Medicine, St James's University  
519 Hospital, Leeds, UK

520

## 521 **Conflict of interest**

522 The authors declare that they have no conflict of interest.

523

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831

## 832 **Figure legends**

### 833 **Figure 1: The NLRP3/NEK7 complex domains and related CAPS mutations**

834 A 3D cartoon representation of NLRP3 in complex with NEK7 is shown on the left,  
835 with the pyrin domain omitted from NLRP3 and the N-lobe from NEK7. Domains are  
836 colour-coded as outlined in the 2D depiction on the right, with domains not  
837 represented show in grey. Validated disease-causing CAPS mutations are shown as  
838 yellow sticks and are described in further detail in Supplementary Table 2.

839

### 840 **Figure 2: PKA-mediated NLRP3 inhibition pathway and the relevant CAPS** 841 **mutations**

842 The protein kinase A (PKA) signalling pathway is shown on the left. Activation of the  
843 EP4 receptor by prostaglandin E2 (PGE2) binding causes the Gas subunit to  
844 dissociate from the receptor. Gas, in turn, induces adenylate cyclase (AC) activity,  
845 which mediates the synthesis of ATP into cyclic adenosine monophosphate (cAMP),  
846 which subsequently activates protein kinase A (PKA), leading to the PKA-mediated  
847 phosphorylation of Ser295. This phosphorylation is disrupted by the NLRP3  
848 mutations shown in the white box. The location of CAPS-related amino acids is  
849 shown on the right, in both the whole receptor (top) and a magnified view (bottom),  
850 with yellow sticks representing mutated residues and blue sticks showing  
851 phosphorylated residues.

852

### 853 **Figure 3: PKD-mediated NLRP3 activation pathway and the relevant CAPS** 854 **mutations**

855 The protein kinase D (PKD) signalling pathway is shown on the left. Mitochondria-  
856 associated endoplasmic reticulum membranes (MAMs) localise adjacent to Golgi  
857 membranes in response to inflammasome activators, which is related to enhanced  
858 diacylglycerol (DAG) production at the Golgi. DAG, in turn, binds to PKD, which  
859 phosphorylates NLRP3 proteins retained at MAMs adjacent to the Golgi at Ser295.  
860 This phosphorylation allows NLRP3 to dissociate from the MAMs and assemble into  
861 the active inflammasome. The location of CAPS-related amino acids is shown on the  
862 right, in both the whole receptor (top) and a magnified view (bottom), with yellow  
863 sticks representing mutated residues and blue sticks showing phosphorylated  
864 residues.

865

866 **Figure 4: BTK-mediated NLRP3 modification pathway and the relevant CAPS**  
867 **mutations**

868 The bruton tyrosine kinase (BTK) signalling pathway is shown on the left. BTK is  
869 rapidly activated by NLRP3 inflammasome activators, and modifies four tyrosines in  
870 NLRP3 (Y136, Y140, Y143 and Y168). This alteration weakens the interactions  
871 between NLRP3 and phosphatidylinositol-4-phosphate (PtdIns4P) at the Golgi  
872 membrane, leading to dispersion and subsequent oligomerisation of NLRP3. The  
873 location of CAPS-related amino acids is shown on the right, in both the whole  
874 receptor (top) and a magnified view (bottom), with yellow sticks representing mutated  
875 residues and blue sticks showing phosphorylated residues.

876

877 **Figure 5: CAPS mutations affecting NLRP3 sumoylation**

878 Residues implicated in CAPS disruption of NLRP3 sumoylation are shown in the  
879 protein as a whole (top) and as a magnified view (bottom), with yellow sticks  
880 representing mutated residues and blue sticks showing the sumoylated residue.

881

882 **Figure 6: CAPS mutations affecting NLRP3/NEK7 interactions**

883 Residues implicated in CAPS disruption of NLRP3/NEK7 interactions are shown in  
884 the protein as a whole (top) and as a magnified view (bottom), with yellow sticks  
885 representing mutated residues.

886

887 **Table 1: NLRP3 inflammasome inhibitors in clinical trials**