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Table 5: Type of Disease-Modifying Treatments [30] available in England at the time of data collection

GROUPS OF DMTS ACCORDING TO WHAT THEY TRY TO DO	WAY IN WHICH THE DMT WORKS	DMTS AVAILABLE IN THE UK
<p>Immune modulation options They change the strength of white cells in the immune system (lymphocytes).</p>	<p>The immune system is then less able to damage the nerves.</p>	<p>Beta-interferons, Copaxone, Dimethyl-fumarate, Teriflunomide</p>
<p>Immune reconstitution options They change the types and strength of white cells in the immune system (lymphocytes).</p>	<p>The immune system is then made up of a different number of cells which are less likely to damage the immune System.</p>	<p>Alemtuzumab, Cladribine, Ocrelizumab</p>
<p>Immune blocking options They can stop immune cells from getting out of the lymph nodes (Fingolimod) or from getting into the brain (Natalizumab).</p>	<p>This means there are fewer cells that can damage the nerves.</p>	<p>Fingolimod, Natalizumab,</p>