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1	Effect of earthworms on soil physico-hydraulic and chemical properties,
2	herbage production, and wheat growth on arable land converted to ley.
3	
4	Running title: Effect of earthworms on soil properties
5	Corresponding author: Jamal HALLAM
6	Jamal HALLAM ^{a, b} , Despina BERDENI ^e , Richard GRAYSON ^c , Emily J. GUEST ^e , Joseph
7	HOLDEN ^c , Martin G. LAPPAGE ^c , Miranda T. PRENDERGAST-MILLER ^a , David A.
8	ROBINSON ^d , Anthony TURNER ^e , Jonathan R. LEAKE ^e , Mark E. HODSON ^a
9	^a University of York, Environment and Geography Department, Wentworth Way, Heslington,
10	York, YO10 5NG, UK. (jh2066@york.ac.uk;
11	mark.hodson@york.ac.uk; miranda.prendergast-miller@york.ac.uk).
12	^b National Institute of Agricultural Research of Morocco, Avenue des FAR. B.P. 124 CRRA-
13	Agadir
14	^c water@leeds, School of Geography, University of Leeds, Leeds, LS2 9JT, UK.
15	(j.holden@leeds.ac.uk; m.g.lappage@leeds.ac.uk; r.grayson@leeds.ac.uk).
16	^d Centre for Ecology & Hydrology Deiniol Road Bangor UK 1157 2UW UK
10	(davi2@ceb.ac.uk)
17	$(\underline{uav_{12} \otimes con.ac.uk})$.
18	^e The University of Sheffield, Department of Animal and Plant Sciences, Sheffield S10 2TN,
19	UK. (j.r.leake@sheffield.ac.uk; despina.berdeni@sheffield.ac.uk; ejguest1@sheffield.ac.uk;
20	ant.turner@sheffield.ac.uk)
21	

23 Abstract

Effects of earthworms on soil physico-hydraulic properties, herbage production and wheat 24 growth in long-term arable soils following conversion to lev were investigated. Seven intact 25 26 soil monoliths were collected from each of four arable fields. One monolith per field served as 27 a control. The other six were defaunated by deep-freezing; three were left defaunated (DeF) 28 and three (DeF+E) were repopulated with earthworms to mimic pasture field density and 29 diversity. The monoliths were planted with a grass-clover ley and inserted into pre-established 30 ley strips in their original fields for 12 months. Hydraulic conductivity measurements at -0.5 31 cm tension ($K_{0.5}$) were taken five times over the year. $K_{0.5}$ significantly increased in summer 32 2017 and spring 2018 and decreased in winter 2017-18. $K_{0.5}$ was significantly greater (47%) 33 for DeF+E than DeF monoliths. By the end of the experiment, pores >1 mm diameter made a 34 significantly greater contribution to water flow in DeF+E (98%) than DeF (95%) monoliths. 35 After only a year of arable to ley conversion, soil bulk density significantly decreased (by 6%), and organic matter (OM) content increased (by 29%) in the DeF treatments relative to the 36 37 arable soil. Earthworms improved soil quality further. Compared to DeF monoliths, DeF+E 38 monoliths had significantly increased water-holding capacity (by 9%), plant-available water 39 (by 21%), OM content (by 9%), grass-clover shoot dry biomass (by 58%), water-stable 40 aggregates > 250 μ m (by 15%) and total N (by 3.5%). In a wheat bioassay following the field 41 experiment, significantly more biomass (20%) was produced on DeF+E than DeF monolith 42 soil, likely due to the changed soil physico-hydraulic properties. Our results show that 43 earthworms play a significant role in improvements to soil quality and functions brought about by arable to ley conversion, and that augmenting depleted earthworm populations can help the 44 restoration of soil qualities adversely impacted by intensive agriculture. 45

- 46 Keywords: Soil fauna, hydraulic conductivity, soil water release curves, water-holding
- 47 capacity, plant available water, wheat bioassay.

49 **1. Introduction**

50 Soil degradation affects about 33% of land worldwide and is a major threat to future food 51 security, increasing human vulnerability to extreme events resulting from climate change 52 (FAO and ITPS, 2015). Estimates of the costs to the global economy of soil degradation range 53 widely from US\$231 billion per year (Nkonya et al., 2016) to US\$10 trillion per year (The 54 Economics of Land Degradation, 2015), which is equivalent to 160% of the global spend on 55 healthcare (World Health Organisation, 2012). Soil degradation involves both loss of soil 56 functions, such as depleted organic matter content which reduces carbon, water and nutrient 57 storage, and loss of soil volume caused by erosion and compaction. The degradation of soil 58 quality and quantity are interlinked, as reduced water-holding capacity and infiltration rates 59 and poorer crop establishment leave soil more vulnerable to wind and water erosion (Durán 60 Zuazo and Rodríguez Pleguezuelo, 2008; Turner et al., 2018; United Nations Convention to 61 Combat Desertification, 2017). Intensive arable cultivation by growing annual crops on soils 62 that are ploughed and harrowed each year is a major cause of soil degradation, yet as recently 63 as 2016, 60% of arable land in England was cultivated in this way (Townsend et al., 2016). 64 Arable farming accounts for 29% of the land use of England and Wales and is responsible for 65 31% of the total costs associated with soil degradation, in terms of the loss of capacity of soils to deliver ecosystem services (Graves et al., 2015). These costs have been estimated at US\$1.4 66 67 - 1.9 billion per year without considering the cost of diffuse pollution, soil biota loss and sealing 68 (Graves et al., 2015); the core contributions to these costs are estimated to be loss of soil organic 69 matter (47%), compaction (39%) and erosion (12%).

Increasing awareness of the economic and environmental impacts of soil degradation, for
example highlighted in the UK by a parliamentary inquiry into soil health (House of Commons,
2016), has led to policies around the world to protect soil, for example, the policy goal in the

73 UKs 25 year Environment Plan (House of Commons, 2018) to sustainably manage all of 74 England's soils by 2030. Central to achieving this aspiration is the need to increase soil organic 75 matter content, create a better soil structure, enhance the hydrological function of the soil (e.g. 76 enhanced infiltration and water storage) and to protect the soil surface from erosion (Blanco-77 Canqui and Lal, 2008). This could be achieved in a number of ways, including through the use 78 of arable-ley rotations and minimum- or no-till methods (van Capelle et al., 2012; van Eekeren 79 et al., 2008). These are less damaging to earthworms (Edwards and Lofty, 1982) and 80 mycorrhizal fungal symbionts of plant roots, that together assist in soil aggregate stabilization 81 and soil carbon sequestration (Asmelash et al., 2016; Wilson et al., 2009; Zhang et al., 2013). 82 While these management approaches favour the development of earthworm populations (Chan, 83 2001; van Capelle et al., 2012) it is unclear as to the extent to which the action of the 84 earthworms, as distinct from other effects of these management methods, such as reduced soil 85 disturbance, greater aggregation of soil by perennial plant roots and mycorrhizal fungal hyphae, 86 and increased organic matter inputs, give rise to observed improvements in soil properties.

87 Earthworms increase soil organic matter content by incorporating organic material into soil 88 (Fahey et al., 2013), enhance soil aggregation in which organic carbon is protected (Sharma et 89 al., 2017), and generate macropores that increase soil water flow (Francis and Fraser, 1998), 90 which in turn protects the soil surface against erosion (Jouquet et al., 2012). Adding 91 earthworms to improve soil properties (Sinha, 2009; Sinha et al., 2010), especially in 92 combination with land-management changes that are more favourable to them such as 93 introduction of leys into arable rotations, has the potential to be economically affordable, 94 environmentally sustainable and socially acceptable. Earthworms can process up to 250 tonnes 95 ha⁻¹ of soil each year (Birkas et al., 2010; Zaller et al., 2013) and reproduce rapidly under 96 optimal soil conditions when sufficient food is provided ($\approx 27-82$ earthworms per year from a 97 single adult earthworm) (Butt and Lowe, 2011; Johnston et al., 2014; Lowe and Butt, 2005),

98 which could lead to rapid changes in soil properties. The effect of earthworms depends both on 99 which earthworm species are present and the soil conditions (Clause et al., 2014; Hallam, 2018; 100 Hedde et al., 2013). Typically, in field conditions, earthworms are present in mixed 101 communities comprising several species, belonging to the three main ecological groups -102 epigeic, endogeic and anecic (Kooch and Jalilvand, 2008) - that interact with other soil biota 103 and plant roots. Under laboratory conditions, individual earthworm species interactions with 104 plant roots have resulted in significantly greater improvements in soil physico-hydraulic 105 properties by endogeic compared to anecic earthworm species (Hallam, 2018).

106 This study forms part of the larger NERC Soil Security Programme SoilBioHedge project 107 which tested the hypothesis that grass-clover leys sown into arable fields and connected to 108 hedgerows and unploughed grassy margins enable key ecosystem-engineers (earthworms, 109 mycorrhizal fungi) to recolonize fields, restoring and improving soil quality compared to leys 110 unconnected to field margins. The aim of the experiment detailed here was to isolate the effects 111 of earthworm communities on soil physico-hydraulic properties and plant growth from the 112 effects due to the change in cultivation and vegetation when arable soils are converted to grass-113 clover leys. To achieve this aim we conducted experiments using intact soil monoliths (Allaire 114 and Bochove, 2006) in arable fields. We set out to test the hypothesis that earthworm 115 populations make a substantial contribution to improvements in soil properties and functions 116 in addition to improvements resulting from converting arable land that has been intensively 117 cultivated for many decades into grass-clover leys. These improvements are expected to 118 include increased soil carbon sequestration, increased aggregate stability, and changes to 119 hydrological functions such as increased infiltration rates and water storage (Blouin et al., 120 2013).

122 Using soil monoliths taken from arable fields, grass-clover leys were established, and 123 earthworm populations manipulated (see Methods for details). We monitored soil hydraulic 124 conductivity at five time points and plant shoot biomass twice over 12 months. At the end of 125 the experiment, we measured soil water release curves, soil water-holding capacity, bulk 126 density, percentage soil mass in water-stable aggregates > $250 \,\mu$ m, organic matter content, total nitrogen content, and earthworm diversity. Soil from each monolith was then used in a 6-week 127 128 wheat growth bioassay. These studies enabled us to test the effects of earthworms on a set of 129 key measures of soil quality and functions that deliver important ecosystem services such as 130 carbon sequestration, water infiltration and storage, flood risk reduction and crop production.

132 **2. Materials and methods**

133 **2.1.** Site and experimental design

134 Seven intact monoliths were extracted from each of four arable fields (approximately 70 m from 135 the field margin) in March 2017 at the University of Leeds Farm (northern England; 53° 52' 25.2" 136 N, 1° 19' 47.0" W; Figure 1). The fields had been cultivated and used to grow annual arable crops 137 every year since they were last converted from ley in 1988 (Copse); 1994 (Big Substation East 138 (BSE) and Big Substation West (BSW)), and 2009 (Hillside (HS)). The monoliths were extracted 139 from the permanent arable area between a pair of ley strips (3 m wide and 70 m long, and 48 m 140 apart), which extended into each of the fields from the hedges, having been sown in May 2015 as 141 part of the NERC Soil Security Programme research project SoilBioHedge (Figure 1). The soil in 142 each field was a Cambisol (WRB, 2006) and basic properties are summarized in Table 1.

The seven monoliths from each field were used to produce three treatments: i) unfrozen control, (n = 1 per field) ii) frozen (defaunated) monoliths not inoculated with earthworms, abbreviated to DeF (n = 3), iii) frozen monoliths inoculated with earthworms, abbreviated to DeF+E (n = 3). The monoliths were planted with a grass-clover ley (see below) and were returned to their fields of origin in late March 2017 towards the ends of the 2-year-old ley strips furthest from the field edge. The monolith experiment ran until mid-April 2018.



149

Figure 1. The location of the four arable fields, Big Substation East (BSE), Big Substation West (BSW), Copse and Hillside (HS) in which the experiment was carried out and the two pasture fields (Valley field and Warren Paddock) from which earthworms were collected to repopulate the monoliths. The paired green strips within each arable field are the 70 m long ley strips between which the monoliths were sampled from, and near the end of which the monoliths were installed following defaunation by freezing.

156 2.2. Monolith preparation and grass-clover planting

157 Seven undisturbed monoliths (22 cm deep, 36 cm long x 27 cm wide) were carefully extracted from 158 the arable portion of each field following procedures similar to Allaire and Bochove (2006) and 159 placed into plastic boxes. Each box had drainage holes of 10 mm diameter in the bottom and 8 mm 160 diameter in the sides which were covered in nylon mesh on both the inside and outside (see Figure 161 S1). A mesh size of 0.5 mm was used to try to prevent the entry and exit of earthworms or other 162 soil macrofauna over the duration of the experiment. The control monolith (n = 1) from each field 163 was immediately placed in an excavated hole in the ley strip of the field from which the monolith 164 was taken.

165 To maintain soil structural integrity, we needed a non-invasive way of manipulating earthworm 166 populations. Previous studies that have used mustard solution and electro-shocking were found to 167 have an incomplete effect on earthworm extraction (Eisenhauer et al., 2008). Deep freezing (-20 168 $^{\circ}$ C) has been reported to be totally effective for eliminating earthworms and a range of other soil 169 macro- and meso-fauna such as oribatid mites and collembola though it appears to have little effect 170 on soil micro-fauna such as ciliates, nematodes, rotifers and tardigrades and soil microbiota 171 (Barley, 1961; Bruckner et al., 1995; Kandeler et al., 1994). The remaining 24 monoliths were 172 therefore defaunated by deep-freezing at -20 °C for three weeks. After defaunation, all 28 173 monoliths were planted with the grass-clover ley.

Because clover establishment is slow, established plants were collected from the 2-year ley strips in the fields (Figure 1); their roots were thoroughly washed to remove any earthworms and their cocoons. Six white clover plants with extensive lateral root systems, and 3 red clover plants with strong taproots, were carefully transplanted into each monolith. The monoliths were kept indoors

178 for one day and then 2 g of hybrid and Italian ryegrass, using the same mixture of clover-grass 179 seeds "Broadsword Hi Pro" (Oliver Seeds, Lincoln UK) as planted in the leys, were scattered on 180 the surface of each monolith. The monoliths were kept indoors for another 24 hours and then, on 181 the third day, watered to stimulate grass seed germination and moved outdoors. Blocks of soil were 182 excavated from the ley strips of the fields from which the monoliths had been extracted and the 183 monoliths placed in the holes so that they were level with the surrounding soil. Mesh fences of 15 184 cm height and supported by a bamboo frame were placed around the monoliths to prevent 185 earthworms coming in and out over the surface.

186

2.3. Earthworm collection and culturing

187 Three defaunated monoliths per replicate field were repopulated with earthworms. Although 188 earthworm populations will not instantaneously return to pasture levels when arable soils are put 189 into ley, our data from the main SoilBioHedge experiment (unpublished) indicate that earthworm 190 populations within the ley strips reach levels equivalent to the nearby pasture within two years. 191 Therefore, we repopulated the monoliths to give a population diversity and density based on that 192 measured previously by ourselves in nearby pasture fields (Valley Field and Warren Paddock, 193 Figure 1) on the same farm in December 2016 (Table 2). Earthworms were collected from pasture 194 fields by excavating the soil to a depth of 20 cm and hand sorting. The earthworms were classified 195 using the OPAL earthworm identification key (Jones and Lowe, 2009), rinsed with deionized water 196 and placed in containers of soil from each field from which the monoliths had been extracted and 197 maintained at 15 °C in darkness (Butt, 1991) to ensure that individuals were viable prior to the 198 experiment. After 3 days acclimatization, the viable adult earthworms were rinsed again with 199 deionized water, dried with tissue paper, weighed and put in containers ready for inoculation at

200 the surface of the DeF+E monoliths. Earthworms were placed on the surface of the monoliths and 201 watched until they had completely entered the soil to avoid losses to birds or other earthworm 202 predators.

203 To ensure earthworm inoculation success and survival of the more vulnerable species during the 204 experiment we followed the recommendations of (Butt, 2008) in repeating additions after the 205 summer. Our main concern was earthworm survival during high summer temperatures (see Table 206 S3) and low soil moisture conditions, as the depth of the boxes limits the depth to which 207 earthworms can retreat from surface conditions. Earthworms were therefore added to the DeF+E monoliths twice, on 31st of March 2017 at the start of the experiment, and again on the 15th of 208 209 November 2017, at approximately the same density and species composition (we were unable to 210 collect sufficient Allolobophora longa in March 2017 and sufficient Lumbricus castaneus and 211 Aporrectodea rosea for the November 2017 restock, Table 2, and Table S2 for further details). To 212 reduce the abundance of earthworms, that despite the barriers had managed to recolonize the DeF monoliths, we applied up to 3 L of allyl isothiocyanate at 0.1g L⁻¹ per monolith (Zaborski, 2003) 213 214 in November 2017, when the soil moisture content was approaching field capacity and earthworms 215 were very active, to expel any earthworms. We found 0 - 8 adults and 1 - 14 juveniles in each 216 monolith, (see Table S4 for details).

2.4. Measurements made during the experiment

219

2.4.1. Hydraulic conductivity (K)

220 K was measured five times, once per season, over the duration of the experiment (spring 2017, 23-26th May; summer 2017, 21-25th August; autumn 2017, 3rd-10th November; winter 2017-18, 26th 221 January to 2nd February; and spring 2018, 3rd-6th April 2018). The measurements were made using 222 223 a Decagon Mini Disk Portable Tension Infiltrometer (Decagon Devices Inc, 2016) with an 224 infiltrometer placed on a thin sand layer to ensure good contact between the tension disc and 225 monolith surface (Köhne et al., 2011; Reynolds and Elrick, 1991). Measurements were made at 226 potentials of -6, -3, -1 cm and -0.5 cm until steady-state flow was reached, corresponding to water 227 flow through pores less than 0.5, 1, 3 and 6 mm in diameter respectively. To avoid hysteresis 228 effects, K measurements were made in an ascending tension sequence (Baird, 1997). K for three 229 dimensional infiltration was computed using the Van-Genuchten Zhang method (Zhang, 1997). 230 The contribution of different pore size classes (< 0.5, 0.5-1, 1-3 and > 3 mm in diameter) to water 231 flow for each set of measurements was calculated after Watson and Luxmoore (1986). In this study 232 the hydraulic conductivity at a tension of -0.5 cm, close to zero, was assumed to be a good 233 approximation for saturated hydraulic conductivity K_s (Yolcubal et al., 2004).

234

2.4.2. Grass-clover shoot biomass

Grass-clover above ground biomass was measured halfway through the experiment (23rd September 2017) and just before the end of the experiment (16th April 2018). At each sampling point all plant shoots were cut at the soil surface. The fresh shoot biomass was weighed and then oven dried at 70 °C to constant weight.

239 **2.5.** Measurements made after monolith removal

At the end of the experiment all of the monoliths were removed and weighed. Earthworms were first extracted using up to 3 L of non-toxic allyl isothiocyanate at 0.1 g L⁻¹ per monolith, (Zaborski, 2003). Emerging earthworms were collected for approximately 20 minutes after application. Soil core samples were then collected from the monoliths for the measurement of soil water release curves, soil water-holding capacity, bulk density, percentage soil mass in water-stable aggregates, organic matter content and total nitrogen content. These values are all reported on an oven-dried weight basis.

247 After the soil core samples had been removed, any remaining earthworms in the monoliths were 248 recovered by hand-sorting. Stones > 1 cm diameter were removed, and subsamples of this sorted 249 soil were collected for the wheat bioassay. In the laboratory, the recovered earthworms were rinsed 250 with deionized water, dried with tissue paper, identified using the Opal identification key if 251 clitellate (adult) (Jones and Lowe, 2009) and weighed. Juveniles were classed as either A. 252 chlorotica or A. caliginosa based on the Opal identification key (other than the lack of a saddle), 253 anecic (if > 1 g in mass and > 2 cm in length), epigeic (if < 1 g in mass and 1 - 2 cm in length) or 254 "unknown".

255

2.5.1. Soil water release curves and water holding capacity (WHC)

Intact soil cores 8 cm diameter x 5 cm high were taken from the surface of the monoliths. The cores were analyzed for water retention at different potentials following the simplified evaporation method (Peters et al., 2015; Schindler et al., 2010) using a HYPROP device (UMS, Munchen, Germany). The measured hydraulic conductivities using the minidisk infiltrometer and the HYPROP measurement campaigns were modeled using the HYPROP-FIT software. The

hydraulic function parameters were generated using the bimodal Van Genuchten (1980) model
(Durner, 1994). Soil water content at saturation, at field capacity and at wilting point, and plantavailable water were calculated from the generated curves.

The WHC was determined on 0-5 cm depth x 3.5 cm diameter intact soil cores that were saturated in the laboratory for 48 hours. The cores were then allowed to drain freely, until water was no longer draining out, at which point the cores were weighed and oven dried at 105 °C to a constant weight to establish the water content (ISO 11268-2:1998).

268 2.5.2. Bulk density (BD) and percentage water stable aggregates (%WSA)

BD was determined in the monoliths at 0-5, 5-10 and 10-15 cm depth using a bulk density corer with rings of 100 cm³ (Eijkelkamp, Agrisearch Equipment). BD measurements were corrected for the mass and volume of stones >2 mm, were averaged across the three depths for each monolith and are expressed on an oven dried weight basis.

Four grams of air dried soil that had been sieved through a 2 mm sieve and retained on a 1 mm sieve were placed on 250 μ m sieves, pre-moistened and wet-sieved for 3 minutes in deionized water at a rate of 34 times per minute using wet sieving equipment (Eijkelkamp, Agrisearch Equipment). The %WSA was determined as the weight of the stable aggregates remaining on the sieve relative to the total weight of aggregates adjusting for the mass of primary sand particles > 250 μ m present in the samples (Kodešová et al., 2009; Milleret et al., 2009).

279 2.5.3. Percentage organic matter (%OM) and total nitrogen (%N) contents

Organic matter was determined by loss on ignition; as the soil contained carbonates an ignition
temperature of 350 °C was used to avoid their decomposition (Ayub and Boyd, 1994; CEAE,

2003). Total N was measured using a Vario MACRO C/N Analyser (Elementar Analysis System,
Germany). The soil samples were first dried at 105 °C, sieved to < 2 mm then homogenized to a
fine powder with a laboratory ball mill (Retsch, Germany). The samples were then weighed into a
tin-foil cups and sealed for dry combustion.

286 2.5.4. Wheat bioassay experiment

287 Moist homogenized soil from each monolith equivalent to an oven dry mass of 200 g was added 288 to plastic pots of approximately 7 cm diameter and 13 cm height and stored at 15 °C for four days 289 until planted with pre-germinated winter wheat seedlings (Triticum aestivum, Skyfall variety). 290 Winter wheat seeds were germinated on moist filter paper in Petri dishes kept at room temperature 291 in natural light. Three days after germination, seedlings with approximately 2 cm long radicles 292 were transplanted into the pots and allowed to grow for five days under natural light. The pots 293 were then placed under 50 W LED lights (Massa et al., 2008; Schroer and Hölker, 2016) operating 294 on a 12-hour photoperiod in a controlled temperature room set at 15 °C. Photosynthetically Active 295 Radiation (PAR) measured at the surface of pots was up to 580 µmoles m⁻² s⁻¹. The plants were 296 watered three times a week with distilled water. After 6 weeks, shoots and roots were harvested 297 with roots washed free of soil, weighed and oven dried at 70 °C to a constant weight.

300 Data from monoliths were analyzed using a general linear model analysis of variance (ANOVA). 301 Three-way mixed ANOVA with two main factors (treatment and field) and one repeated factor 302 (seasonal measurements) was used to analyze K at different tensions. Ordinary two-way ANOVA 303 was used to analyze data of the other measured parameters at the end of the experiment with 304 treatment and field name as factors. Ideally, we would have had four unfrozen control monoliths 305 per field. However, due to logistic limitations, we only had one unfrozen control monolith per 306 field. Consequently, an ANOVA analysis including control treatments was performed to look at 307 the main effects of treatments (4 control vs 12 DeF vs 12 FeF+E monoliths) and fields (7 monoliths 308 per field) or seasons (all 28 monoliths per season) but not at their interactions, since the design is 309 an unbalanced ANOVA. The unbalanced design resulted in uneven variances for some parameters, 310 we therefore repeated our ANOVA analysis excluding control monoliths; the statistically 311 significant trends were the same. Therefore, here we report the results of the ANOVA analysis 312 including control treatments. However, the ANOVA analysis excluding the controls was used to 313 investigate interactions between the main factors in the DeF+E and DeF monoliths.

As part of the regular management of the fields where the monoliths were located, a selective herbicide (ASTROKerb®, MAPP 16184, Dow AgroSciences, Cambridge UK) was applied in late November 2017. The herbicide spray drifted onto the edges of the ley strips in HS field, killing the grass in one replicate of the DeF+E (Replicate 3) and DeF (Replicate 3) treatments; this appears to have had a negative effect on the earthworm populations (see Table S5). For this reason, the infiltration measurements in January and April 2018, in addition to the collected data at the end of the experiment for these two monoliths, were excluded from the statistical analysis. SPSS (IBM 321 Corp. Released 2016, version 24) was used to estimate the statistical significance of mean
322 differences between treatments. *P* values of < 0.05 were used as the threshold for significance.

324 **3. Results**

325 3.1. Recovered earthworms

326 Figure 2a shows the mean number of each earthworm species recovered from all the treatments 327 and across all the fields in April 2018 and Figure 2b the mean weights of these earthworms. 328 Detailed data for each replicate mesocosm are given in Table S5 and Figure S2. In the DeF+E 329 treatment the number of adults recovered at the end of the experiment (26.42 \pm 1.47; n = 11) was 330 significantly greater than the numbers added either in April 2017 (23 per monolith, p = 0.025) or 331 November 2017 (20 per monolith, p = 0.01) though the mass of adults was not significantly 332 different. Juveniles were also present in the monoliths at the end of the experiment. Importantly, for testing our hypotheses, at the end of the experiment, the DeF+E monoliths showed significantly 333 334 higher total earthworm numbers and weights than the DeF treatments ($p \le 0.001$) (Figure 2a, b). 335 Total earthworm numbers and weights of the control treatment were significantly higher (p = 0.013) 336 and p = 0.001 respectively) than in the DeF treatment but not significantly different from the 337 DeF+E treatment, although the mass of juveniles in the control treatment appeared to be more than 338 double that in the other two treatments. At the end of the experiment no significant differences 339 were observed between fields for recovered earthworm numbers, but BSE contained a lower total 340 weight of earthworms than BSW field (p = 0.049). There were no significant interactions between 341 fields and treatments. The earthworm population in DeF+E treatments was dominated by endogeic 342 individuals (p < 0.001 when compared to numbers of individuals of other earthworm types) while 343 epigeics were the dominant earthworm type in the DeF treatments at the end of the experiment (p 344 = 0.02, p = 0.003 and p = 0.008 when compared to numbers of anecic, endogeic and unknown 345 individuals respectively).





Figure 2. Mean of the recovered earthworm (a) numbers per monolith and (b) weight (g) per monolith for adults and juveniles across all fields. The figures represent the three treatments; Control = unfrozen monoliths (n = 4); DeF = frozen monoliths without earthworm addition (n = 11), DeF+E = frozen monoliths with earthworm addition (n = 11); error bars = standard error. The chart stack colour and its shades represent the ecological group of earthworm; Brown : anecic, green : endogeic and blue : epigeic species. *L. terretris* and *L. rebellus* species for juveniles represent anecic and epigiec ecological group respectively, and not species, for the purpose of this graph only. Recovered earthworm numbers and weight for each treatment on a field by field basis is presented in Figure S2.

356 Figure 3 presents the seasonal variation in K at -0.5 cm tension ($K_{0.5}$) for all treatments and across 357 all the fields (for K data at different tensions and details of each field see Figure S3). A three-way 358 mixed ANOVA with season, treatment and fields as factors indicated that $K_{0.5}$ increased from 359 spring to summer 2017 (p < 0.001), that there were no significant differences between summer and 360 autumn 2017, that there was a significant decrease from autumn 2017 to winter 2017-18 (p =361 0.003), when the values were similar to those in spring 2017, and that subsequently values 362 increased significantly in spring 2018 ($p \le 0.001$) to attain values similar to those in summer and 363 autumn 2017. Across treatments $K_{0.5}$ was significantly greater in DeF+E relative to DeF (47%) 364 and control (64%) treatments (p < 0.001). There was no significant difference between DeF and 365 control treatments. Only seasons and treatments showed a significant interaction (p = 0.023), with $K_{0.5}$ significantly greater in DeF+E compared to DeF treatments only in winter 2017-18 and spring 366 367 2018 (p < 0.001). Across fields $K_{0.5}$ was higher in HS field compared to BSE (p = 0.006) and BSW 368 (p < 0.001) fields and also higher in Copse compared to BSW (p = 0.006).

Apart from a significantly lower *K* at -1 cm tension (K_1) in winter 2017-18 compared to summer 2017 (p = 0.05), autumn 2017 (p = 0.022) and spring 2018 (p = 0.019), no significant differences were observed in K_1 between seasons. Across all seasons K_1 was not significantly different between fields (p = 0.06) and was greater in DeF+E compared to DeF and control treatments (p =0.05). There was no significant difference between DeF and control treatments and no significant interaction effect between main factors.

At a tension of -3 cm, K_3 was significantly different between seasons and fields (p < 0.001) but not significantly different between treatments. K_3 increased from spring to summer 2017 (p =

0.001 and from winter to spring 2018 (p = 0.05) but decreased from summer to autumn 2017 (p < 0.001) and from autumn 2017 to winter 2017-18 (p = 0.01). K_3 was significantly lower in BSE compared to the other fields and higher in HS compared to Copse (p = 0.002) and BSE fields (p < 0.001). There was no significant interaction between fields and treatments. Interactions between seasons and treatments or fields are reported in the Supporting information section.

 K_6 was not significantly different between treatments. No differences in K_6 were observed between BSE and Copse or between BSW and HS fields through all the seasons. The highest values were reported for BSW and HS fields compared to BSE and Copse fields (p < 0.001). All the fields showed a significant decrease in K_6 from summer to autumn 2017 (p = 0.037, p < 0.001, p = 0.002, p < 0.001 for BSE, BSW, Copse and HS fields respectively) with no significant differences between the other seasons.

388 The relative flow of water through different pore sizes varied between treatments through the 389 experiment period, but there were no significant differences, so the data are not reported in the 390 main text of this paper (see Figure S4). However, at the end of the experiment (Figure 4) the 391 proportion of water flow through pores wider than 1 mm was significantly greater in the DeF+E 392 treatments (98%) compared to the DeF treatments (95%) (p = 0.045). Flow through pores wider 393 than 1 mm in the control treatment was not significantly different from the other two treatments 394 and had a value that lay between them (97%). However, flow through pores 1 - 3 mm was 395 significantly greater in the DeF+E and DeF treatments and through pores > 3mm was significantly 396 greater in the controls. No significant differences were observed between fields at the end of the 397 experiment for these hydrological properties.



Figure 3. Mean hydraulic conductivity at -0.5 cm tension across seasons and all the fields (n = 4) at field temperature. Control = unfrozen monoliths (n = 4); DeF = frozen monoliths without earthworm addition (n = 11), DeF+E = frozen monoliths with earthworm addition (n = 11); error bars = standard error. Columns with the same letter over them are not significantly different (p > 0.05, Bonferroni test); lowercase show differences between seasons within each treatment and upper-case show differences between treatments. Hydraulic conductivity data at different tensions across seasons for each treatment and on a field by field basis are presented in Figure S3.



Figure 4. Mean pore size class contribution to water flow at the end of the experiment across all the fields. Control unfrozen monoliths (n = 4); DeF = frozen monoliths without earthworm addition (n = 11), DeF+E frozen monoliths with earthworm addition (n = 11), error bars = standard error. Pore size class contribution to water flow across seasons for each treatment on a field by field basis is presented in Figure S4.

414 **3.3.** Soil water release curves (SWRC) and water-holding capacity (WHC)

The SWRC data from the individual cores from each monolith were combined to produce a single SWRC for the DeF and DeF+E treatments from each field and fitted using Hyprop-Fit models. SWRC for the controls were from single cores (Figure 5, Figure S5). The generated SWRC were used to derive the soil water content at saturation (WCS) and at field capacity (FC) (at 33KPa; Kirkham (2005)), and also the plant available water (PAW) (Table 3). All these values were significantly greater in the DeF+E treatments relative to DeF (by 11%, 24% and 21% for WCS (*p*) 421 = 0.001), FC (p < 0.001) and PAW (p < 0.001) respectively) and relative to the unfrozen controls 422 (by 9%, 16% and 19% for WCS (p = 0.027), FC (p = 0.006) and PAW (p = 0.011) respectively). 423 No significant differences were observed between DeF and control treatments. The three 424 parameters showed significant differences between fields (p = 0.021, p = 0.001, p = 0.05 for WCS, 425 FC and PAW respectively). HS field had the highest values, but these were only significantly 426 greater than those for Copse field. There was no significant interaction between treatments and 427 fields.



428

Figure 5. Soil water release curves (SWRC) of Copse field fitted to the measured data using the bimodal constrained Van Genuchten (1980) model (Durner, 1994). The curves represent the control, DeF = frozen monoliths without earthworm addition and DeF+E = frozen monoliths with earthworm addition; Three replicates were combined each for the DeF and DeF+E treatments and fitted using Hyprop-Fit models (error bars = Standard deviation). Only one replicate was fitted for the Control. SWRC for BSE, BSW and HS fields are presented in Figure S5.

WHC varied significantly between treatments (p = 0.011; Table 4). The WHC of the DeF+E monoliths was nearly 9% greater than the DeF monoliths (p = 0.05). There was no significant difference between controls and the other treatments. WHC was significantly higher in HS compared to BSE (p < 0.001) and BSW (p = 0.007) fields and significantly lower in BSE compared to Copse (p = 0.002) and HS fields (p < 0.001). There was no significant interaction between treatments and fields.

441 *3.4. Soil bulk density (BD)*

BD significantly decreased by 6% in the DeF and DeF+E treatments at the end of the experiment compared to the initial soil conditions (p = 0.01), suggesting that the growth of the ley for one year increased soil pore space, but there was no effect of adding earthworms. There was no significant difference in BD between the DeF+E and DeF treatments and the control monoliths at the end of the experiment (p > 0.05) (Table 4). BD was significantly higher in BSE field compared to the other fields (p = 0.0005, p = 0.011, p = 0.05 for BSW, Copse and HS fields respectively). There was no significant interaction between treatments and fields on BD.

449 3.5. Percentage water stable aggregates (%WSA)

450 %WSA (> 250 μ m) in the DeF+E monoliths was significantly greater than that in the DeF 451 monoliths (70 ± 3% vs 60 ± 3%, *p* = 0.014). %WSA of the control treatments was between the 452 DeF+E and the DeF treatments with no significant differences (Table 4). %WSA also varied 453 significantly with field (*p* = 0.003); %WSA was highest in the HS field. There was no significant 454 interaction between treatments and fields.

455 **3.6.** *Percentage organic matter (%OM)*

456 Comparison of the DeF treatments at the end of the experiment (Table 4) with the initial soil 457 conditions (Table 1) indicate that the conversion of arable soil to ley led to a significantly greater 458 %OM in the DeF monoliths in just one year $(3.66 \pm 0.23\% \text{ vs } 4.72 \pm 0.15\%, p < 0.001)$. In addition, 459 %OM in DeF+E was significantly greater than that in the DeF monoliths $(5.12 \pm 0.19\% \text{ vs } 4.72 \pm 0.15\%, p < 0.001)$. The %OM of the control treatments was between the DeF+E and the DeF 460 015%, *p* < 0.001). The %OM of the control treatments was between the DeF+E and the DeF 461 treatments with no significant differences. The %OM was highest in HS field and lowest in BSW 462 field (*p* < 0.0001). For %OM there was no significant interaction between treatments and fields.

463 3.7. Total nitrogen content (%N)

The addition of the earthworms to the defaunated monoliths resulted in a significant greater %N compared to the DeF treatment $(0.31 \pm 0.01\% \text{ vs } 0.30 \pm 0.01\%, p < 0.027)$. %N in the control treatments was between the DeF+E and the DeF treatments with no significant differences (Table 467 4). %N was significantly lower in the HS field compared to the other fields (p < 0.001).

468 **3.8.** *Plant dry biomass*

469 *3.8.1. Grass and clover shoot dry biomass of the monoliths*

No significant differences between treatments were observed at the midpoint of the experiment, due to relatively high variance between treatments, but the DeF+E monoliths did produce 34%more shoot biomass than the DeF monoliths. At the end of the experiment, this trend was much stronger with 58% more biomass produced in the DeF+E monoliths compared to the DeF monoliths and had become significant (p = 0.004). Plant shoot biomass in the control treatment 475 had an intermediate value and was not significantly different from the DeF+E and DeF treatments. 476 More biomass was collected in September 2017 than in April 2018 (Table 4). Over both periods, 477 the BSE and HS field produced the least dry shoot biomass (p = 0.001 and p = 0.005 in September 478 2017 and April 2018 respectively). At the end of the experiment only grass was present in HS field 479 monoliths. The low shoot dry biomass in the BSE field and HS field in September 2017 (Table 4) 480 was likely due to voles grazing the grass-clover; plant stems at the soil surface of the monoliths 481 showed evidence of grazing, vole galleries were present around the monoliths and the mesh fences 482 had been pierced at surface level. This impacted the weight of the collected plant material in those 483 fields in spring 2018. Voles have a preference for clover over grass (DeJaco and Batzli (2013), 484 perhaps explaining why only grass was collected in the HS soil at the end of the experiment (see 485 Figure S6 and Figure S7 for details).

486 *3.8.2. Wheat bioassay experiment*

Wheat grown in the soil from the DeF+E treatments achieved significantly greater biomass compared to the DeF (20% increase) and control treatments (30% increase) (Table 4, p = 0.006for both DeF and control). This was due to an increase in root biomass in DeF+E compared to DeF and control treatments (p < 0.001); shoot biomasses were not different (p > 0.05). Root and total dry biomass varied significantly between fields (p < 0.001) with the highest values recorded for Copse field and the lowest for BSE field. Shoot biomass was not significantly different between fields. There was no significant interaction between treatments and fields.

495 **4. Discussion**

This study examined the effects of earthworm communities on soil physico-hydraulic and chemical properties and plant growth in arable soil on conversion to grass-clover leys under realistic conditions. Here we focus on differences between treatments. Where relevant, differences between fields are discussed in the Supplementary Information where field specific data are presented.

501 *4.1. Earthworm populations*

502 The earthworm diversity that we introduced into the DeF+E treatments was maintained for the 503 duration of the experiment. Endogeics dominated the earthworm populations in the DeF+E 504 treatments at the end of the experiment as typically found in pasture fields of the farm (Figure 2; 505 Holden et al.(2019)). Although a greater number of adult earthworm numbers were recovered at 506 the end of the experiment (26.42 per Def+E monolith) than were added to the monoliths in April 507 (23 per monolith) or November (20 per monolith) the numbers were similar, indicating that the 508 second set of additions was necessary. The greater number of adult earthworms can be attributed 509 either to survival of some of the original additions or entry of earthworms into the monoliths over 510 the course of the experiment. The juveniles recovered from the DeF+E treatments represent either 511 entrant earthworms, the hatching of cocoons that survived the defaunation (for example the 512 cocoons of the epigeic L. rubellus and L. castaneus, two dominant epigeic species found in the 513 monoliths, have been reported to tolerate temperatures as low as -35 °C and -50 °C respectively; 514 (Meshcheryakova and Berman, 2014), or the offspring of some of the added earthworms.

515 Small numbers of earthworms were recovered from the DeF treatments despite the use of mesh on 516 the outside and inside of the plastic containers that contained the monoliths and the use of mesh fences around the monoliths and must represent either hatched cocoons (see above) or entrant earthworms. The earthworms were dominated by epigeics but with some anecic juveniles also present (Tables S4 S5). Epigeics are reported as having high dispersion rates relative to anecic and endogeic earthworms which results in more rapid colonization of new habitats (Bouché, 1977; Chatelain and Mathieu, 2017; Margerie et al., 2001; Migge-Kleian et al., 2006).

4.2. *Soil water flow*

523

4.2.1. Earthworm effects on water flow

524 The significant increase in $K_{0.5}$ in the DeF+E compared to the DeF and control treatments (Figure 525 3) is consistent with previous studies reporting a positive effect of earthworms on water flow 526 (Blouin et al., 2013; Bouché and AlAddan, 1997; Edwards and Bohlen, 1996; Francis and Fraser, 527 1998; Lamandé et al., 2003). The impact of earthworms was significant in winter 2017-18 and 528 spring 2018 after the second addition of earthworms to the DeF+E monoliths in mid-November 529 2017. The lack of significant differences between treatments in spring 2017, less than 2 months 530 after the first addition of earthworms, is probably due to earthworms having had insufficient time 531 to work the soil. Qualitative observations made whilst measuring K indicate that although 532 earthworm casts were found on the surface of the DeF+E monoliths in summer and autumn 2017 533 these were at a relatively low density compared to spring 2018. Earthworm activity typically 534 reduces in the summer months (Birkas et al., 2010) and the higher than average temperatures 535 during the summer of 2017 may have reduced earthworm populations in the DeF+E monoliths 536 further, which may explain the non-significant differences between the DeF+E and DeF 537 treatments.

In spring 2018, DeF+E treatments showed significantly higher $K_{0.5}$ compared to the other seasons. In this period, pores > 1 mm contributed more significantly to water flow in the DeF+E than the DeF treatments (Figure 4). These pores will have been created by earthworms or produced as a result of improved soil structure through aggregation (Table 4). Earthworms facilitate soil aggregation and the incorporation of organic matter within the soil aggregates, which may explain the high %OM content in the DeF+E treatments at the end of the experiment (Fonte et al., 2007).

544 The mean values of $K_{0.5}$ across all seasons were 39 ± 28, 44 ± 22 and 66 ± 32 mm h⁻¹ for the 545 Control, DeF and DeF+E, treatments respectively. Heavy rainstorms in the UK rarely exceed 200 mm day⁻¹, with the greatest rainfall in 2015 being recorded as 341.1 mm day⁻¹ (Friederike et al., 546 547 2018), though with the rainfall being concentrated in a shorter time period than 24 hours. The 548 experimental results suggest that the presence of earthworms in the soil will largely reduce 549 infiltration-excess overland flow and flooding which would help to alleviate negative effects of 550 such events. Differences between fields as opposed to treatments are discussed in the text 551 accompanying Figure S3.

552 *4.2.2. Water flow changes between the seasons*

K is a dynamic property influenced by, amongst other things, climate, management practices and biological activity (Amer et al., 2014; Elhakeem et al., 2018). As in previous studies (Alletto and Coquet, 2009; Deb and Shukla, 2012; Strudley et al., 2008), *K* measured at different tensions varied significantly across the seasons. In this study we largely used measures of K_1 , K_3 and K_6 to determine the proportion of water flow through different pore sizes, therefore in this section we focus on $K_{0.5}$ as this is close to hydraulic conductivity at saturation and allows comparison with other studies. 560 Our initial hypotheses were that K would increase with earthworm activity and in line with the 561 seasonal activity of earthworms. By the end of our experiment our data supported our first 562 hypothesis, but it failed to fully support the second part of our hypothesis. $K_{0.5}$ increased 563 significantly in summer 2017 when soils were dry and earthworm activity would be expected to 564 decrease compared to spring 2017 (Spurgeon and Hopkin, 1999) and was unchanged during 565 autumn 2017 when typically earthworms that aestivated over the summer start working the soil 566 again as conditions become more moist and grass and clover litter accumulates on the soil surface 567 (Dar et al., 2006; Michiels et al., 2001). $K_{0.5}$ then decreased considerably in winter 2017-18 568 (January 2018) when soils are wet, facilitating earthworm movement and the hatching activity of 569 some species starts to increase (Potvin and Lilleskov, 2017; Spurgeon and Hopkin, 1999).

570 The high monthly precipitation and temperatures during the summer of 2017 compared to the other 571 seasons (see Table S3) would have induced multiple soil wetting-drying cycles, perhaps resulting 572 in shrink-swell processes increasing aggregation and improving soil structure (Tang et al., 2016). 573 Soil mineralogy data are not available for the soils, so we are not able to say whether the clays 574 present were those which demonstrate shrink-swell behaviours. However, the study site is 575 underlain by limestone and the soils are from the Aberford series of Calcaric Endoleptic Cambisols 576 (Cranfield University, 2019), which are characterized by calcareous clay enrichment, and therefore 577 may be only slightly prone to shrink-swell behavior when compared to non-calcareous equivalents 578 (Avery and Bullock, 1977). Although high rainfall can lead to the disintegration of aggregates and 579 the consequent blocking of pores resulting in reduced K for coarse textured soils with an organic 580 matter content of less than 1% (Hu et al., 2012, 2009), in fine textured soils the formation of small 581 cracks can lead to an increase in K of several order of magnitude (Albrecht and Benson, 2001). 582 These contrasting effects are dependent on soil texture and organic matter content and, in the case

of the soils used in this experiment, the formation of small cracks rather than the breakdown of soil aggregates may have dominated and resulted in the increased $K_{0.5}$ in summer 2017. In addition, grass and clover reached maximum growth (see Figure S9) in summer 2017 (with abundant rainfall and suitable temperatures for plant growth in summer) and the cracks and pores associated with well-developed root systems (Angers and Caron, 1998) may have also increased $K_{0.5}$.

588 We expected an increase in earthworm activity and *K* from summer $(21 - 25^{\text{th}} \text{ August sampling})$ 589 to autumn 2017 (3 – 10th November sampling) (Hu et al., 2012, 2009) but did not detect a 590 significant change in $K_{0.5}$. There are two possible factors that can explain this:

- 591 1. The numbers of earthworms recovered at the end of the experiment (Figure 2) suggests that 592 earthworms in the DeF+E treatment died over the summer, reducing the populations in the 593 monoliths and therefore earthworm impacts on *K*. We restocked the monoliths with 594 earthworms on 15^{th} November just after measuring *K*.
- 595
 2. The shoot harvest taken in late September 2017 likely reduced the food supply for any
 596 earthworms that had survived over the summer, particularly for vertical burrowing anecics
 597 that produce water transmitting vertical pores which may have reduced their activity.
 598 Further the harvesting of shoots may have resulted in grass and clover switching from root
 599 development that can aid pore formation, to shoot development.

By winter 2017-18 (26 January – 2^{nd} February), although *K* was significantly higher in the DeF+E treatment relative to the DeF treatment indicating a positive impact of earthworms, *K* had reduced significantly relative to the autumn period. This was counter to our expectation; we expected earthworm activity to have increased due to cocoons continuing to hatch, autumn hatchlings growing in size and the increase in rainfall leading to moister soils. However, relative to autumn

2017, the low air temperatures in winter 2017-18 (down to -5.9 °C) may have reduced earthworm 605 606 activity at the surface. Additionally, the heavier rainfall in the winter period (see Table S3), 607 combined with the reduced plant cover may have led to some surface soil disaggregation and 608 blocking of soil pores. Although the average air temperature during the infiltration measurement 609 campaign was 3 °C, on the mornings of the measurements there was often a thin sheet of ice on 610 the soil surface so it seems likely that at least near-surface pores could also have been blocked by 611 ice which would reduce measures of K. In addition the viscosity of water decreases with decreasing 612 temperature (e.g. by a factor of 1.6 between temperatures of 3 °C (Figure 3) and 20 °C (see Figure 613 S3e)) (Aleksandrov and Trakhtengerts, 1974; Haridasan and Jensen, 1972) which would reduce 614 rates of flow and calculated values of K. However, although correcting K values to 20 °C increases 615 the calculated $K_{0.5}$ values for winter 2017-18 (see Figure S3e) they still remain lower than the 616 other seasons with the change in water viscosity only accounting for 6 % of the decrease in K from 617 autumn 2017 to winter 2017-18. Finally, low temperatures and solar radiation in winter reduce 618 water evaporation after frequent rainfall and the increased water content may have led to increasing 619 periods of water saturation and expansion of clays in the soil (Hesseltine, 2016) which can lead to 620 a reduction in pore size and thus a decrease of K (Dexter, 1988; Jabro, 1996; Messing and Jarvis, 621 1990).

In some soils *K* can decrease in spring after winter freeze-thaw cycles due to reconsolidation causing an increase in soil density (Hu et al., 2012, 2009). However, in our experiments $K_{0.5}$ increased significantly in spring 2018 (3rd – 6th April) relative to winter 2017-18. Earthworm activity and plant growth during the spring may contribute to an increase in connected soil pores that can conduct more water. At a coarser scale of observation than the hydraulic conductivity measurements we recorded, a decrease in the bulk density and an increase in the %OM content of the soils between the start and end of the experiment, would improve soil structure and also beexpected to increase the amount of water movement within the soil (Hillel, 2008).

630 4.3. Soil water release curves and water holding capacity

631 Soil water release curves for the DeF+E treatments shifted to the right relative to the DeF and 632 control treatments resulting in increased predicted water contents at saturation, field capacity and 633 at wilting point for all the fields (Table 3, Figure 5, Figure S5). The DeF+E treatments also had 634 higher water holding capacities (Table 4) and plant available water. This is consistent with an 635 improved soil structure (Huntington, 2006). Earthworms impact soil structure directly by creating 636 pores of different sizes, branching and sinuosity which impact on soil water storage capacity 637 (Bastardie et al., 2005). According to the capillary rise equation, pore radius is proportional to the 638 potential value at which that pore drains (Hillel, 1980). Therefore, at very low potential, water 639 drains through both rapidly and slowly draining pores (Amer, 2012) such as those created by adult 640 earthworms (2 - 9 mm diameter (Pérès et al., 1998)). The wide pores have more impact on soil 641 water content at saturation than at lower water contents. Pores created by juveniles of diameter less than 1 mm would affect capillary water and therefore water content at field capacity, plant 642 643 available water and water holding capacity (Amer, 2012). Earthworms also impact soil structure 644 by fragmenting organic matter content and mixing it into the soil (Lavelle et al., 1998). This would 645 improve soil aggregation (Table 4) and porosity which in turn increases soil water retention 646 (Smagin and Prusak, 2008; Tisdall and Oades, 1982).

Plants roots and associated mycorrhizal fungi also improve soil structure by stabilizing macroaggregates (Tisdall and Oades, 1982) and creating pores of different sizes. Plant species with dense
and fine roots such as grass (Deru et al., 2016) and highly mycorrhizal fibrous lateral root systems

such as clover (Wyngaarden et al., 2015) both produce a range of soil pore sizes and increase micropore volume (Bodner et al., 2014; Jarvis et al., 2017). This can increase the water available to plants (Zangiabadi et al., 2017). As is commonly observed (van Groenigen et al., 2014) plant growth was greater in the presence of earthworms (Table 4, Figure S10). This suggests a potential synergistic effect whereby improvements in soil structure may be greater in the presence of earthworms and plants than expected based on improvements in soil structure in the presence of plants or earthworms alone.

657 4.4. Plant dry biomass and soil organic matter

658 Plant shoot dry biomass of grass-clover was greater in the DeF+E compared to the DeF treatments, 659 which is consistent with the majority of studies that report the impact of earthworms on plant 660 growth (Scheu, 2003). In a meta-analysis van Groenigen et al. (2014) reported that the presence of 661 earthworms in agroecosystems increased the aboveground biomass by 23% on average and 662 attributed the majority of this effect to the release of nitrogen from organic matter by earthworms. 663 Consistent with this, in our experiment, the DeF+E treatment of the monoliths increased total soil 664 N content and increased shoot dry biomass by $37 \pm 10\%$ (Table 4). Although no significant 665 increase in shoot biomass was observed in the DeF+E treatments in the bioassay, root biomass did 666 increase significantly, resulting in a significant increase in total dry biomass in the DeF+E 667 treatments. Our data suggest escape or death of at least some of the earthworms added over the 668 duration of the experiment so it is possible that earthworm necromass contributed to this increase 669 in total soil N. However, given a typical earthworm moisture content of 80% (Roots, 1956), and assuming that earthworms have a protein content of 20% comprising 20% N (Currie et al., 2005) 670 671 even if all the earthworms added to each monolith had died, and all the N present in the earthworms

had remained in the soil, the resultant increase in total soil N would be over an order of magnitudeless than the increase seen in the DeF+E treatment soils.

The significantly higher water holding capacity and available water to plants in the DeF+E treatments (Table 4, Table 3) would also support improved plant growth leading to significant increases in shoot dry biomass in the monoliths and the total dry biomass of the bioassay experiment (Denmead and Shaw, 1962; Veihmeyer and Hendrickson, 1950). These results show the important role of earthworms in supporting food production and security.

679 The increases in the %OM in the DeF and DeF+E treatments relative to the initial arable soil 680 conditions are most likely due to organic exudates from plant roots (Wiesmeier et al., 2019) and 681 increased amounts of plant litter. The precise role that earthworms have on the soil C cycle remain 682 debated (e.g. Lubbers et al. (2013); Zhang et al. (2013)). However, in our experiments, which 683 represent a long-term field trial in the presence of plants, there was an increase in %OM in the 684 DeF+E treatment relative to the DeF treatment. Earthworms play an important role in aggregate 685 formation (e.g. Six et al. (2004)) and %WSA were significantly greater in the DeF+E treatments 686 than in the DeF treatments. Aggregates are thought to protect soil C (e.g. Six et al. (2004)). Thus, 687 whilst our experiments do not allow us to comment on the contribution of earthworms to 688 greenhouse gas fluxes from soils they do indicate that earthworm activity increases carbon storage 689 in soils.

691 *4.5. Research limitations*

692 Despite studies that show that freezing has an impact on soil structure (e.g. Hinman and Bisal 693 (1968); Chamberlain and Gow (1979)) there were no significant differences between the control 694 (unfrozen) and DeF monoliths in terms of hydraulic conductivity, SWRC, WHC, %WSA, BD, 695 %OM, %N and plant biomass at the end of the experiment. Prior to repopulating with earthworms 696 our DeF and DeF+E treatments were treated identically. This gives us confidence that freezing our 697 monoliths to defaunate them did not significantly impact on the physical soil properties that we 698 measured or the conclusions we reached regarding the mechanisms behind the differences in these 699 measurements between the DeF and DeF+E monoliths. However, freezing also removes other soil 700 macro- and meso-invertebrates whilst having little impact on soil micro-invertebrates and the 701 micro-biota (Barley, 1961; Bruckner et al., 1995; Kampichler et al., 1999). We did not compare 702 the inverbrate populations of the monoliths other than the earthworms. Whilst it remains unlikely 703 that these populations would respond differently between the DeF and DeF+E monoliths we can 704 not strictly rule out such differences and consequent impacts on soil properties. Perhaps more 705 significantly, allyl isocyanate has negative effects on at least some types of fungi (e.g. Nazareth et 706 al. (2020); Nazareth et al.(2018)) but was only applied to the DeF+E monoliths. Fungi in particular 707 play an important role in aggregate formation (e.g. Six et al. (2004)). As an assessment of microbial 708 diversity was beyond the scope of this study we can not rule out differences between the DeF and 709 DeF+E monolith soil properties being due, at least in part, to microbial differences rather than the 710 direct actions of earthworms.

711 At the start of our experiment we introduced an earthworm population equivalent to that found in 712 adjacent pasture fields. Therefore, it could be argued that the changes we saw in soil properties 713 over c. 1 year between the DeF and DeF+E treatments would not be observed to occur so rapidly 714 in a natural system as earthworm populations would recover more gradually. However 715 observations in our main experiments indicate that earthworm populations recover very rapidly to 716 pasture levels in our ley strips (within two years, unpublished data) and our experiment does serve 717 to isolate out the important contribution that earthworms, as opposed to changes in vegetation or 718 land management methods, make to soil properties in ley / pasture systems. Further, the data also 719 demonstrate the benefits that could be achieved in a short period of time if arable soils are moved 720 to either pasture or minimum / no till cultivation and are inoculated with earthworms.

721 For logistical reasons our experimental design was unbalanced with only one unfrozen control 722 monolith used for each field. The lack of within-field replication of these controls is not a severely 723 unbalanced design for ANOVA since the experiment is replicated across 4 fields. However, one 724 could be more cautious in interpreting significant differences if *p*-values are anywhere near the 725 threshold for significance of 0.05. ANOVA analysis was performed to examine the main effects 726 of each factor level (consistent with the experimental design of the fields being the main unit of 727 replication) but not their interactions (which consider observations per field per treatment). We 728 repeated the ANOVA tests excluding the unfrozen control monoliths and the variables with 729 statistical differences between DeF and DeF+E treatments were the same, giving confidence in our 730 statistical analyses that included the controls.

Finally, our experiment ran for only one year and we saw improvements in soil properties relative to the arable soil even in our control monoliths. It would be instructive to run earthworm exclusion experiments for longer periods of time to see whether the levels of improvements obtained in the presence of earthworms are greater than those achievable in their absence or whether the achievement of such improvements is simply accelerated.

736 **5.** Conclusion

737 This experiment examined how the soil properties of long-term arable fields develop when 738 converted into ley and in response to enrichment and depletion of earthworm populations. Within 739 one-year, the conversion led to significant improvements in soil qualities and functions that are 740 widely degraded by intensive cultivation, including reducing compaction (6% decrease in bulk 741 density) and increasing soil organic matter (by 29%). The effects of soil freezing and earthworm 742 enrichment compared to freezing without enrichment, demonstrated significant beneficial effects 743 of earthworms in respect of WHC (9% increase), PAW (21% increase), soil organic matter (9% 744 increase), %WSA > 250 μ m (by 15%), and total N (by 3.5%), but no significant effects on bulk 745 density, even though the leys reduced BD. Overall, our study indicates that increases in earthworm 746 populations previously seen in arable land converted to grassland (Roarty and Schmidt, 2013) and in arable rotations that include leys, will make important contributions to the improvements in soil 747 748 qualities and functions seen in leys. We found organic carbon sequestration, improved soil 749 structure (Jarvis et al., 2017; Johnston et al., 2017) improved herbage (58% increase) and wheat 750 growth (20% increase) all attributable to earthworms.

Although earthworms increased K (47% increase in $K_{0.5}$), their impact changed in magnitude through the seasons. This suggests that when modelling the impact of earthworms on water drainage, for example for flood runoff modelling, large estimation errors could occur if the wrong hydraulic conductivity values are used for the wrong season. Seasonal weather conditions influence soil properties and biological activity which in turn impact K, but the presence of earthworms led to an increase in hydraulic conductivity. Given the effect of earthworms, there is a need to better understand whether those effects are only temporary and how they change in the 758 long term. The changed soil proprieties of a converted ley due to the presence of earthworms may 759 be more resilient than the smaller improvements that occur in their absence when exposed to 760 extreme drought or flooding events.

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