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1 **Improvements in gelatin cold water solubility after electrospinning and**
2 **associated physicochemical, functional and rheological properties**
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Abstract

A major limitation of gelatin feedstocks for industrial food and pharmaceutical applications is the lack of solubility at room temperature, necessitating use of drum/dry blending processes, combined with additives. Herein, electrospinning is investigated as an alternative route for producing cold water soluble 100% gelatin feedstock in place of powders. The physicochemical, rheological and functional properties of electrospun gelatin and an industrially available gelatin powder feedstocks were compared. Optimal conditions for producing gelatin nanofiber sheets were found to be 25% (w/v) polymer concentration in a binary solvent system of acetic acid: water (3:1), a spinning voltage of 25 kV, a flow rate of 0.5 ml/h and a tip-to-collector distance of 150 mm. The production of nanofibers from gelatin powder did not change the nature of the material. The glass transition temperature of gelatin nanofibers was lower than gelatin powder. Conversion of gelatin powder into nanofiber sheets also increased the dissolution rate in water at ambient temperature and promoted emulsion and foam forming ability, as well as increasing foam stability. Loss tangent measurements revealed that the gel formed by the gelatin nanofibers could be characterized as a weak gel. No difference was observed in the Young's modulus of samples made from gelatin nanofibers and powder, and the 0.2% (w/v) gelatin nanofiber sample yielded a higher viscosity than the 0.1% (w/v) concentration. Gelatin nanofibers have promising potential to be used as feedstock in food technology when cold water solubility and improved control of physical, functional and textural properties are required.

Keywords: Gelatin; Nanofibers; Electrospinning; Physicochemical properties; Functional properties; Gel

69 **1. Introduction**

70 Gelatin is one of the most widely used hydrocolloids in the food industry for production
71 of for example, desserts, jellies, sauces, baked goods, meat and low-fat products. Its
72 unique properties and ability to improve stability and viscosity, as well as carrying
73 capacity for bioactive and pharmaceutical compounds, has created demand across
74 various industry sectors (Karim & Bhat, 2008). Given its biocompatibility,
75 biodegradability, and wide availability, it is one of the most commonly used FDA
76 approved biopolymers (Karim, et al., 2008). However, there are limitations in terms of
77 its basic properties for food and pharmaceuticals processing. In cold water, gelatin
78 hydrates and swells, and above 40°C, a colloidal solution is produced (sol). The lack of
79 cold water solubility is problematic in a variety of food and pharmaceutical
80 manufacturing processes (M. Gómez-Guillén, Giménez, López-Caballero, & Montero,
81 2011). Methods of increasing the cold water solubility of gelatin, particularly those that
82 confer instant solubility are therefore of high industrial importance. There is a particular
83 need in the manufacture of products such as whipped cream powders, ready-to-use cake
84 powders, and heat-sensitive foodstuffs (Alting & van de Velde, 2012; Muller, 1987;
85 Phillips & Williams, 2011; Williams & Phillips, 2009).

86 Currently, cold-soluble gelatin is produced by drum drying or dry-blending using
87 carbohydrates, acids or urea that results in amorphous gelatin powder. However, there
88 are some limitations associated with instantly water soluble gelatin products made by
89 these systems. For example, dry blending relies heavily on additives to overcome
90 sensitivity to moisture and the low wettability and modulus of resulting cold gels is also
91 problematic (Steyaert, Rahier, Van Vlierberghe, Olijve, & De Clerck, 2016).

92 Nanotechnology in the form of electrospinning is an alternative approach that has
93 potential to address current limitations and enable cold water soluble gelatin products
94 to be made that are easy to handle and mix with other foodstuff components. Gelatin

95 nanofiber feedstocks may also provide scope for higher rates of dissolution than can be
96 currently achieved using powders, and without the use of additives.

97 Electrospinning or electrostatic spinning is an established method of producing
98 nanofibers for various industries, including the food and pharmaceutical sectors. The
99 process can take various forms, but in its simplest configuration, a polymeric solution
100 is pumped into the tip of a hollow needle, where the effects of a high voltage electric
101 field on the polymer stream, and the resulting instabilities produces thin polymer
102 streams that solidify into fibers, forming a self-supporting fibrous web on a collector
103 (Ghorani & Tucker, 2015). The nanofibrous web is porous and consists of a planar,
104 sheet-like network of amorphous fibers, with a high surface to volume ratio (Aytac,
105 Ipek, Erol, Durgun, & Uyar, 2019; Li, Yang, Yu, Du, & Yang, 2018). Electrospinning
106 has been proposed as a promising method of producing instant cold-water soluble
107 gelatin, with gelatin nanofibers dissolving in cold water up to concentrations of 5%
108 (w/w), and having the capability to form gels at room temperature (Steyaert, et al.,
109 2016). However, the physical, functional and rheological properties of electrospun
110 gelatin structures, in relation to gelatin powder are still not fully understood, and the
111 purpose of this paper is to address this gap to enable the potential for nanofiber
112 feedstocks in food technology to be comprehensively addressed.

113

114 **2. Materials ad Methods**

115 **2.1 Materials**

116 Gelatin powder (CAS number: 9000-70-8/Type A, Bloom value about 110), acetic acid glacial
117 (purity >99.8%, Molar Mass=60.05 g/mol, boiling point =118°C and flash point =39°C) and
118 ethanol (absolute, HPLC grade, ≥99.8%) were purchased from Merck company (Germany). All
119 the chemicals used without any further purification. The water was deionized (DI water) using
120 a Milli-DI water purification system and used as received.

121

122 **2.2 Methods**

123 **2.2.1 Preparation of Gelatin Solution**

124 A binary solvent system of acetic acid: water (3:1) was used to electrospin gelatin at various
125 concentrations from 10% to 25% (w/v). To this end, 7.5 ml of acetic acid was carefully mixed
126 with 2.5 ml water (making a total volume of 10 ml). This particular solvent system and ratio
127 were selected based on preliminary experimental work and previously published papers
128 (Erencia, et al., 2015). Optimal conditions for electrospinning of gelatin nanofibers were
129 selected by considering morphology (freedom from beads and defects) and needle blockages
130 affecting the continuity of the process. Spinning solutions were prepared by dissolving gelatin
131 in 10 ml of a binary mixture of acetic acid: water (3:1) and slowly stirring for 60 min at room
132 temperature. All the solutions were then stored at room temperature to remove air bubbles
133 before electrospinning.

134

135 **2.2.2 Electrospinning**

136 A fully automatic triple-head lab-scale electrospinning machine (ES-Lab RN/X,
137 ANSTCO, Iran) was used for gelatin electrospinning experiments. The polymer solution
138 was loaded into a 10 ml plastic syringe connected to a to a blunt-ended Luer Lock metal
139 needle (Gauge18-Sigma-Aldrich) with a nominal inner diameter of 0.84mm.
140 Electrospinning parameters were fixed at 0.5 ml/hr flow rate, 25 kV applied voltage and
141 a needle tip-to-collector distance of 150 mm. A stationery collector (5×5 cm²) wrapped
142 in aluminum foil from both-sides were used for the collection of nanofibers.
143 Electrospinning was carried out at ambient temperature (25±5°C) and a relative humidity
144 of 50% for 30 min.

145

146 **2.2.3 Field Emission Scanning Electron Microscopy (FESEM)**

147 A field emission scanning electron microscope (FESEM) (MIRA3, TESCAN - Czech
148 Republic) was used to study the morphology of gelatin powder and the electrospun
149 nanofibers. Samples were carefully adhered to a SEM stub (diameter=12 mm) and sputter
150 coated with gold (Q150R Rotary-Pumped Sputter Coater, Quorum Technologies Ltd.,
151 UK) under vacuum (2mbar) for 5 min at an accelerating potential of 20 kV. The average
152 fiber diameter of the electrospun gelatin nanofibers was determined by measuring 50
153 randomly selected fibers in the FESEM images using Image-Pro Plus 7.0 Software (US)
154 (Ghorani, Kadkhodae, Rajabzadeh, & Tucker, 2019).

155

156 **2.2.4 Atomic force microscopy (AFM)**

157 The surface morphology of the electrospun gelatin nanofibers was studied by atomic force
158 microscopy (AFM) (Ara-AFM Research, Model 0103/A, Iran). The images were scanned
159 in contact mode with silicon tip at a resonance frequency of 180 kHz (Miri, et al., 2016).
160 The captured images were then processed using Imager software (AFM Ara-Imager, V.2).

161

162 **2.2.5 Fourier-transform infrared (FTIR) spectroscopy**

163 FTIR spectroscopy enabled identification of functional groups in all samples as well as
164 insights into any structural changes in the gelatin powders associated with the solvent
165 system and electrospinning process. Samples were weighed, mixed with KBR and then
166 pressed into pellets. Scanning was regulated from 4000 to 400 cm^{-1} with a resolution of
167 4 cm^{-1} and a scanning interval of 2 cm^{-1} taking an average of 64 scans per sample using a
168 FTIR spectrometer (Thermo Nicolet Avatar 370, US) (Erencia, et al., 2015).

169

170 **2.2.6 X-Ray diffraction analysis (XRD)**

171 X-ray diffraction (XRD) was used to study crystallinity changes in the gelatin materials.
172 This analysis was carried out in an X-ray diffractometer equipment (Unisants, XMD-300,

173 Singapore) using Cu K α radiation source ($\lambda=1.5418$) operating at irradiation conditions
174 40 kV and 40 mA. X-ray diffractogram was obtained in the range of $2\theta=5-40^\circ$, scanning
175 rate of $1^\circ/\text{min}$ at ambient temperature (25°C) (Ki, et al., 2005).

176

177 **2.2.7 Differential scanning calorimetry (DSC)**

178 Thermal properties of the gelatin materials were evaluated by Differential Scanning
179 Calorimetry method (DSC, Spicotech, Model 100, China). The samples were weighed,
180 placed in an aluminum pan and heated from 0 to 300°C at a $10^\circ\text{C}/\text{min}$ heating rate under
181 a nitrogen atmosphere with a flow rate of $150 \text{ mL}/\text{min}$. Change in glass transition
182 temperature were calculated from the thermogram data(Laha, Sharma, & Majumdar,
183 2016).

184

185 **2.2.8 Zeta Potential**

186 Zeta potential experiments were conducted to study the surface-charge changes of pure
187 gelatin powder and electrospun nanofiber samples produced at different voltages (15 kV,
188 20 kV and 25 kV). The magnitude of the net-charge of the samples was measured using
189 a dynamic light scattering system (Malvern Zeta-sizer Nano ZS, Worcestershire, UK) at
190 25°C with three replicates. Since gelatin is insoluble in ethanol, this solvent was used as
191 the dispersing medium for all samples (Okutan, Terzi, & Altay, 2014). Note that each
192 sample at a concentration of $1 \text{ mg}/\text{ml}$ was completely dispersed by a probe-type ultrasonic
193 homogenizer (VCX750-Sonics-USA) with a frequency of 20 KHz and at 750 W. The
194 electrophoretic mobility of the gelatin dispersion was measured at $\text{pH} = 8.1$ by the
195 instrument and then converted into zeta-potential values via the *Smoluchowsky* equation
196 (Fathollahipour, Abouei Mehrizi, Ghaee, & Koosha, 2015).

197

198 **2.2.9.1 Dissolution rate**

199 Dissolution rate was determined using a digital high-speed camera based on the method
200 developed by Rezaeinia *et al.* (with some modifications). Equal amounts of gelatin
201 nanofiber and gelatin powder were dissolved in 10 ml distilled water and mixed for 20s
202 at 600 rpm continuously. Disintegration time was considered to be the point at which no
203 residue could be visually detected in the medium (Rezaeinia, Emadzadeh, & Ghorani,
204 2020).

205

206 **2.2.9.2 Emulsifying ability and stability**

207 The emulsifying capability and stability were evaluated based on the method proposed
208 by Alpizar-Reyes *et al.* (2017) with minor modification. Herein, 6.5 g sunflower oil was
209 added to 50 ml distilled water containing 0.06 and 0.12 g gelatin nanofiber. The samples
210 were homogenized using an Ultra-Turrax homogenizer (IKA, USA) at 6400 rpm for 3
211 min. The samples were then, centrifuged for 10 min at 520×g. In case of the samples
212 prepared using gelatin powder, the hydrocolloid solutions were prepared through heating
213 for 10 min at 40°C. The emulsifying ability (EA) was calculated according to the below
214 equation(Alpizar-Reyes, et al., 2017):

215

$$216 \quad \%EA = \frac{\text{Emulsion Volume}}{\text{Total volume}} \times 100 \quad \text{Eq. (1)}$$

217

218 Emulsion stability (ES) was determined as indicated in Eq. 2. Being homogenized, the
219 samples were heated for 30 min in a 80°C water bath and then cooled down to ambient
220 temperature. ES was calculated as follow:

221

$$222 \quad \%ES = \frac{\text{Final Emulsion Volume}}{\text{Initial Emulsion Volume}} \times 100 \quad \text{Eq. (2)}$$

223

224 **2.2.9.3 Foam capacity and stability**

225 Solutions of 0.2 and 0.4 % (w/v) gelatin were prepared by dissolving the nanofibers and
226 powder separately in distilled water. Each samples were then mixed in an Ultra-Turrax
227 homogenizer (IKA, USA) at 6400 rpm for 5 min. Foaming capacity (FC) and stability
228 (FS) were measured immediately, and after 15 min aeration, respectively (Alpizar-Reyes,
229 et al., 2017):

230

$$231 \quad \%FC = \frac{\text{Initial Foam Volume}}{\text{Total Suspension Volume}} \times 100 \quad \text{Eq. (3)}$$

$$232 \quad \%FS = \frac{\text{Final Foam Volume}}{\text{Total Suspension Volume}} \times 100 \quad \text{Eq. (4)}$$

233

234 Dissolution of the gelatin powder was achieved by heating the suspension at 40°C for 10
235 min.

236

237 **2.2.10 Flow behavior**

238 The viscosity of the 0.1 and 0.2% (w/v) gelatin nanofiber and powder solutions were
239 determined using a Brookfield viscometer (UK) equipped with a SC4-18 spindle at 1-350
240 s⁻¹ shear rates after being overnighted at 4°C. To remove the time dependency effect from
241 the samples, they were sheared at 100s⁻¹ until no changes in viscosity was observed over
242 time.

243

244 **2.2.11 Gel properties**

245 **2.2.11.1 Viscoelastic behavior of gels**

246 A controlled stress/ strain Physica MCR301 rheometer (Anton Paar GmbH, Germany)
247 equipped with a cone-plate geometry (40 mm of diameter, 4° cone angle, and 0.206 mm
248 gap) was used to determine the small oscillatory shear behavior. The temperature was

249 fixed by means of a Peltier system at 25°C and each sample was equilibrated at least for
250 5 min before the rheological test. To avoid the evaporation during the experiment, around
251 the periphery was coated by light silicon oil.

252 The strain sweep test was performed at 1Hz frequency in the range of 0.1- 10% strain at
253 room temperature. The 0.5% strain was selected as the appropriate strain for the frequency
254 sweep experiment since it was located in the linear region for all samples.

255 The frequency range of 0.1-10 Hz and 0.5% strain was considered for running the
256 frequency sweep experiment and all the experiments were done at ambient temperature.

257 To study the viscoelastic behavior, the elastic modulus (G'), and viscous modulus (G'')
258 were determined. The loss tangent was also measured according to the following
259 equation:

$$260 \quad \tan \delta = \frac{G''}{G'} \quad \text{Eq. (5)}$$

261

262

263 **2.2.11.2 Textural properties of gels**

264 To evaluate the textural characteristics, 1% (w/v) nanofiber solutions were prepared and
265 poured into a cylindrical mold with a diameter and height of 1 cm. It was overnighted at
266 4°C for complete hydration. The gelatin powder was prepared in a similar way, but before
267 molding, it was heated at 40°C for 10 min to ensure complete dissolution. A TA-XT Plus
268 texture analyzer (UK) equipped with a ball probe (P/0.25s) was used for the penetration
269 texture evaluation. The trigger point, test speed, and strain were set at 2 g, 1 mm/s, and
270 20% respectively.

271

272 **3. Results and Discussion**

273 **3.1 Characterization of samples**

274 **3.1.1 Morphological characterization of gelatin nanofibers and powder**

275 Continuous electrospinning of gelatin is impractical if water is used as the only solvent.
276 This can be attributed to: (a) the propensity to form gel structure in water, which is related
277 to the degree of hydroxylation of proline residues (M. C. Gómez-Guillén, et al., 2002;
278 Ledward, 1986) leading to gelation within the syringe at room temperature.
279 Electrospinning therefore requires temperatures above 36°C (Ki, et al., 2005; Sajkiewicz
280 & Kołbuk, 2014);(b) Low volatility and the high boiling point of water (Ki, et al.,
281 2005);(c) High surface tension at the needle tip and inability to form a stable Taylor cone
282 (Sajkiewicz, et al., 2014) and; (d) the low probability of forming random-coil structures
283 in the solution because of the tendency to gel (Kriegel, Arrechi, Kit, McClements, &
284 Weiss, 2008; Nieuwland, et al., 2013; Sajkiewicz, et al., 2014).
285 Consequently, to improve the feasibility of gelatin electrospinning, acetic acid was added
286 to the solvent to increase the rate of evaporation during spinning. The value of acetic acid
287 in promoting fiber formation is well reported (Aytac, et al., 2019; Erencia, et al., 2015;
288 Song, Kim, & Kim, 2008; Steyaert, et al., 2016).

289

290 **Insert figure.1 about here**

291

292 A binary solvent system of acetic acid: water (3:1v/v) effectively promoted continuous
293 electrospinning of gelatin and the formation of coherent fibrous sheets. The resultant
294 fibers at a gelatin concentration of 25% (w/v) contained ultrathin and bead-free
295 nanofibers, with a mean fiber diameter of 122 ± 39.79 nm (**Fig.1 A-B**). Uniformly surfaced
296 fibers with a mixture of round and flat morphologies were also observed following
297 electrospinning (**Fig.1C**). The spinnability and continuity of electrospinning conditions,
298 deteriorated at gelatin concentrations higher than 25 %(w/v) due to the high viscosity of
299 the polymer solution. Similarly, at polymer concentrations lower than 25% (w/v),

300 specifically 10%, 15% and 20% (w/v), the fibers tended to have large, spindle-like or
301 bead-on-string structures on their surface (Data not shown). This may be related to
302 insufficient molecular chain entanglement and difficulties in forming a stable jet during
303 electrospinning (Ghorani, et al., 2015). Therefore, satisfactory conditions for producing
304 gelatin nanofibers were identified as a gelatin concentration of 25%(w/v), a binary solvent
305 of acetic acid: water (3:1), a flow rate of 0.5 ml/hr, a voltage of 25 kV and a tip-to-
306 collector distance of 150 mm.

307 The morphology of pure gelatin powder is shown in **Figure 1**. Unlike the electrospun
308 fibers, which were generally less than 1 μ m in diameter, the gelatin powders comprised
309 particle sizes in the range 80 μ m–763.5 μ m, and were of irregular geometric shape (**Fig**
310 **1.D**). Differences in cold water solubility might therefore be partly explained by the
311 difference in surface-to-volume ratio between gelatin nanofibers and powder (Steyaert,
312 et al., 2016).

313

314 **3.1.2 FTIR analysis**

315 The FTIR spectra of the gelatin powder, solution and electrospun nanofibers are
316 compared in **Figure 2**. All samples showed major absorption bands at 1700-1600 cm^{-1}
317 ,1575-1480 cm^{-1} and 1330-1230 cm^{-1} (Garidel & Schott, 2006; Muyonga, Cole, & Duodu,
318 2004). These regions are attributable to Amide I (mainly C=O stretch), Amide II (N–H
319 bend in plane and C–N stretch) and Amide III bands (stretching of N-H groups),
320 respectively (Garidel, et al., 2006) . The broad absorption bands at 3400-3250 cm^{-1} are
321 characteristic of Amide A, which is highly sensitive and depends on O–H stretching
322 (Krimm & Bandekar, 1986). These four functional groups of Amide A, I, II and III are
323 characteristic features of gelatin (fingerprint regions) and confirm that gelatin is still
324 present after the electrospinning process.

325

326

327

Insert Figure.2 about here

328

329 The band at 1730-1700 cm^{-1} for gelatin dissolved in a solvent system of acetic acid: water
330 (3:1) corresponds to the carbonyl groups (C=O) of acetic acid (Erencia, et al., 2015),
331 which were entirely absent in the electrospun nanofibers due to evaporation (**Fig.2**).
332 Similarly, significant changes can be observed in the functional group of Amide A at
333 3400-3250 cm^{-1} so that the peak width for the electrospun nanofibers was considerably
334 reduced (**Fig.2**). This behavior can be attributed to the hydroxyl group (O-H) in this
335 region and mostly to the evaporation of water subject to the high voltage field during
336 electrospinning.

337 Importantly, considering the changes in the Amide I group absorption spectrum for the
338 gelatin powder at 1646.52 cm^{-1} , and the polymer solution at 1654.148 cm^{-1} (**Fig.2**), the
339 Amide I band shifted slightly to a higher wavenumber, suggesting conformational
340 changes in gelatin when in solution (Aceituno-Medina, Lopez-Rubio, Mendoza, &
341 Lagaron, 2013; Kong & Yu, 2007). The amide I band located at 1654 cm^{-1} reflected the
342 structure of gelatin and represented the distinctive coiled conformations which is
343 responsible for stabilizing the triple helical structure (Cebi, Durak, Toker, Sagdic, &
344 Arici, 2016; Utomo & Suryanti, 2018).

345 Solubility in an appropriate solvent system and the formation of a random coil structure,
346 are basic features of protein-based polymer electrospinning (Nieuwland, et al., 2013).
347 Intermolecular interactions or aggregation of proteins in the solution, or on the other hand,
348 even insufficient interaction and entanglements between proteins, particularly for
349 globular structures, hamper the electrospinning process (Nieuwland, et al., 2013).The
350 findings described herein in terms of gelatin solvation and random coil formation in the

351 electrospinning solution is in good agreement with other publications (Kong, et al., 2007;
352 Nieuwland, et al., 2013; Sajkiewicz, et al., 2014; Utomo, et al., 2018).

353

354 **3.1.3 XRD analysis**

355 **Figure 3** shows the X-ray diffraction pattern of gelatin powder and electrospun gelatin
356 nanofibers. Unlike the gelatin nanofibers, gelatin powder produces a broad distinct peak
357 at $2\theta=19.84^\circ$, which is a diffraction peak attributable to gelatin (Nagahama, et al., 2009).
358 This peak is characteristic of the α -helix and triple-helical structure of pure gelatin powder
359 (Peña, de la Caba, Eceiza, Ruseckaite, & Mondragon, 2010; Yakimets, et al., 2005).

360

361 **Insert Figure.3 about here**

362

363 The electrospun gelatin nanofibers presented no discernible peak, and only hollow
364 scattering was observed in the XRD patterns (**Fig.3**), which is indicative of a change in
365 the crystalline structure to an amorphous state (Kwak, Woo, Kim, & Lee, 2017; Peña, et
366 al., 2010). Some researchers have explained these changes as being due to the removal of
367 hydrogen bonds (O-H) between amine and hydroxyl groups (R-O-H) in the gelatin
368 structure (Ba Linh, Min, & Lee, 2013; Heidari, Bahrami, & Ranjbar-Mohammadi, 2017),
369 but they may also be linked to the electrospinning process itself (Andrady, 2007).

370 When electrospinning is initiated, the spinneret meniscus deforms from the apex into the
371 familiar geometry of the Taylor cone (Reneker, Yarin, Fong, & Koombhongse, 2000). In
372 other words, the surface tension drawing the droplet into its characteristic shape is
373 overcome by internal electrostatic repulsion, and a charged jet of liquid polymer is
374 emitted from the tip of the Taylor cone (Doshi & Reneker, 1995). The jet has a linear
375 flight path, but eventually the flight path changes into a helix of increasing diameter and
376 pitches, which is often loosely described as “whipping instability” (Ghorani, et al., 2015).

377 This observation is the combined result of surface tension, electrostatic, and viscoelastic
378 forces, viscous drag, and gravity effects. The amount of stretching and elongation forces
379 applied to the fluid jet is very high and, therefore, this can lead to a decrease in the
380 crystallinity of nanofibers (Andrady, 2007).

381 Another important point is that the formation of crystalline regions or well-ordered
382 molecular chains require sufficient time (Reiter, 2014). In the electrospinning process the
383 polymer jet continues to be drawn, with a consequent reduction in diameter even after the
384 solvent is evaporated. This drawing process continues until the jet hits the earthed
385 collector (Reneker & Yarin, 2008). However, the jet formation and solvent evaporation
386 occurs within a very short timeframe (roughly 0.01 to 1s) (Wu, Salkovskiy, & Dzenis,
387 2011). Subsequently, formation and expansion of crystalline regions slow down or are
388 largely interrupted (Andrady, 2007). Moreover, the nanoscopic size of the electrospun
389 nanofibers could potentially accentuate the amorphous-unordered regions in the gelatin
390 nanofibers, as compared to pure gelatin powder (Erencia, et al., 2015; Ki, et al., 2005).

391 This behavior as well as the lack of crystalline regions in electrospun nanofibers has been
392 widely reported (Andrady, 2007; Bognitzki, et al., 2001; Qian, Zhang, Zheng, Song, &
393 Zhao, 2014; Zong, et al., 2003).

394

395 **3.1.4 Thermal analysis**

396 The DSC results for all samples are shown in **Figure 4**. The gelatin powder produced a
397 broad region in the DSC trace, from almost room temperature to above 150°C, with the
398 onset temperature at 94.2°C and a calorimetric enthalpy of $H = 29.85$ J/g. This confirms
399 the findings of other authors, and is associated with water loss and the glass transition
400 temperature (T_g) due to triple helix to random coil transition (Mukherjee & Rosolen,
401 2013; Nguyen & Lee, 2010).

402

403

Insert Figure.4 about here

404

405 A weak transition was also observed around 200-240 °C (with an onset temperature of
406 220.6°C), which may be due to polymer decomposition due to breakage of peptide bonds
407 (**Fig.4**) (Fraga & Williams, 1985; Ki, et al., 2005; Peña, et al., 2010) .

408 Unlike the gelatin powder, the water loss and glass transition region of the electrospun
409 gelatin nanofibers occurred at lower temperature, and the endothermic region for the
410 electrospun nanofibers was limited from 60°C to 120°C, with an onset temperature (T_g)
411 at 86.5°C and a calorimetric enthalpy of $H = 50.64$ J/g (**Fig.4**). These values and thermal
412 behavior are consistent with other reports (Koosha, Habibi, & Talebian, 2017), where
413 similar glass transition temperature ranges were reported for electrospun gelatin
414 nanofibers dissolved in pure acetic acid (Koosha, Habibi, & Talebian, 2017).

415 The degradation temperature for gelatin nanofibers was not clearly discernible at 220°C
416 in the thermograms and no distinct thermal decomposition peak could be detected for
417 electrospun gelatin nanofiber samples. Such observations were reported in relation to
418 gelatin films and nanofibers manufactured using a binary solvent system of formic acid:
419 water (Ki, et al., 2005). The thermal behavior can be attributed to the bound water content
420 in gelatin samples, and the amorphous structure of nanofibers because of the low degree
421 of helical conformation (Ki, et al., 2005). These results are consistent with the results of
422 the FTIR and XRD studies in sections 3.1.2 and 3.1.3.

423

424 **3.1.5 Zeta Potential**

425 The isoelectric point (pI) of gelatin type B varies in the range of 4.8-5.2 (Kuan, Nafchi,
426 Huda, Ariffin, & Karim, 2017) so that the net-charge of the gelatin creates Zwitterions
427 (Kebede, Dube, & Nindi, 2018). At solution pHs above the pI, the surface-charge of the
428 protein predominantly turns negative, and the carboxylic group of the amide functional

429 bonds will be more negatively charged. However, protonation of the amino acid groups
430 occurs in acidic conditions (i.e pH < 4.8) promoting positive charges on the gelatin
431 backbone (Kebede, et al., 2018).

432 **Table.1** compares the zeta potential of gelatin powder and electrospun nanofiber samples.
433 The gelatin powder is characterized by a negative zeta potential equal to 2.56 mV, but
434 interestingly positive values are obtained for electrospun nanofibers at pH 8.1 (**Table.1**).
435 The high positive electric field at the needle-tip may be responsible for shifting the
436 surface-charge of gelatin nanofibers from negative to positive values. Previous studies
437 have suggested an increase in surface charge on electrospun nanofibers, due to the applied
438 voltage during electrospinning (Okutan, et al., 2014).

439

440

Insert Table.1 about here

441

442 As the applied voltage decreased from 25 kV to 15 kV, the zeta potential values
443 significantly increased in the electrospun nanofibers ($p < 0.05$). This may be attributed to
444 the fact that the thickness of the surface-layer of nanofibers increases with decreasing
445 voltage during spinning and therefore, higher zeta potential results because of the
446 increased interaction in the dispersing medium (Okutan, et al., 2014). A few previous
447 studies have reported measurements of zeta potential for electrospun nanofibers, and
448 highlighted surface-charge changes from positive to negative or vice versa. Further
449 investigations would be worthwhile to shed more light on this behavior (Cho, Lee, &
450 Frey, 2012; Okutan, et al., 2014).

451 Such surface-charge changes might also be relevant to the design and manufacture of bio-
452 carriers. Mucin has negative charges, with a zeta potential approximately between -5mV
453 to -7.9 mV., and the positive surface charges associated with gelatin nanofibers could
454 potentially improve mucin's biocompatibility and mucoadhesive properties as a result of

455 strong electrostatic interactions (Mendes, et al., 2018; Van Vlierberghe, Graulus, Keshari
456 Samal, Van Nieuwenhove, & Dubruel, 2014).

457

458 **3.1.6 Dissolution rate**

459 As is observed in **Fig.5**, gelatin nanofibers were completely dissolved in aqueous medium
460 at room temperature, whereas the gelatin powder led to sedimentation at the bottom of
461 the container.

462

463 **Insert Figure.5 about here**

464 Solubility is an important parameter governing the performance of hydrocolloids in
465 dispersed systems because of its influence on other functional properties (Alpizar-Reyes,
466 et al., 2017). While gelatin nanofibers could be dissolved in 2-4 s at ambient temperature,
467 the gelatin powder required stirring at 40°C for at least 10 min. This ability to be rapidly
468 solubilised at room temperature is one of most valuable properties of nanofibers in the
469 food industry, as compared to gelatin powder. The difference in solubility is largely due
470 to the amorphous nature of the nanofibers but is also linked to the difference in the bulk
471 format of powder and nanofibers. The high surface area and porosity of nanofiber webs
472 enable the dissolving medium to diffuse quickly into the material because of the very
473 large solid free surface. Zhang *et al.* (2015) also demonstrated improved solubility of
474 pectin by the formation of nanofibers (Zhang, et al., 2015).

475 The ability to dissolve gelatin at room temperature, without the need for heating, has the
476 potential to greatly reduce industrial production costs and simplify processing. Moreover,
477 in the production of heat-sensitive food products, gelatin nanofiber feedstocks in place of
478 powders could also create potential to protect nutritional components.

479

480 **3.2 Functional properties**

481 **3.2.1 Emulsifying ability and stability**

482 One of the most important functions of hydrocolloids is their ability to form and stabilize
483 emulsion systems. Although most have the ability to stabilize, a few can be considered to
484 be emulsifiers (Dickinson, 2009). The emulsifying capability and stability of gelatin
485 powders and nanofibers were found to decrease at higher concentrations (**Table. 2**). It is
486 worth noting that although gelatin has some emulsifying capability, it is mainly valued
487 for its stabilizing and gelling effects (Xu, et al., 2017). Emulsifiers are surface active
488 compounds which reduce the emulsion particle size during the homogenization process
489 and also prevent coalescence. The increased emulsifying capability at low hydrocolloid
490 concentrations might be due to unfolding of polypeptides during the homogenization
491 process (Binsi, Shamasundar, Dileep, Badii, & Howell, 2009). It could also be linked to
492 an increase in protein-protein interactions at higher hydrocolloid concentrations which in
493 turn, lead to a lower protein content at the oil-water interface (Lawal, 2004). The relation
494 between adsorption kinetics and protein concentration also needs to be considered. At a
495 low protein content, protein adsorption is governed by the diffusion phenomenon, while
496 at higher concentrations, the activation energy barrier does not allow protein migration
497 and protein accumulation in aqueous conditions occurs. The opposite relation between
498 protein concentration and emulsification capability has also been observed (Giménez,
499 Alemán, Montero, & Gómez-Guillén, 2009; Huidobro, Montero, & Borderías, 1998;
500 Montero & Borderías, 1991; Thiansilakul, Benjakul, & Shahidi, 2007). Surh *et al.* (2006)
501 reported that increasing fish extracted gelatin concentration from 0.5 to 6% decreases the
502 emulsion particle size, and its instability (Surh, Decker, & McClements, 2006).

503 The emulsifying capability of gelatin nanofibers was found to be greater than in the
504 gelatin powder samples. It may be that the faster dissolution rate in the nanofiber samples

505 resulted in a greater coverage rate of oil droplets in the emulsion system. This observation
506 is in agreement with the findings of Zhang *et al.* (2015) who compared the emulsifying
507 capability of chitin in its native and nanofiber formats (Zhang, et al., 2015)
508 The improved emulsion stability of gelatin powder compared to the nanofiber samples is
509 evident in **Table 2**. The heating process in the emulsion stability evaluation procedure
510 (section 2.2.9.2) possibly led to improved dissolution of gelatin powder, which
511 subsequently, during the cooling step, produced a harder gel structure. The results of the
512 rheometry experiments also demonstrated greater elasticity of the gel produced by the
513 gelatin powder, compared to the nanofibers. The loss tangent values confirmed that a
514 harder gel structure was obtained for the gelatin powder as compared to the nanofibers
515 (section 3.3.2).

516

517 **3.2.2 Foam Capacity and stability**

518 Foam formation by proteins requires rapid adsorption to the interface layer and reduction
519 in surface tension. Therefore, the adsorption rate and the ability to unfold and restructure
520 at the surface are important factors in foam forming capacity (Giménez, et al.,
521 2009). Gelatin powder and nanofibers were both able to adsorb to the air-water interface
522 and produce a foam system. After 15 min relaxation, the foam stability was evaluated for
523 the gelatin nanofibers and powder containing systems. Increasing the hydrocolloid
524 concentration improved the foam stability in both the gelatin nanofibers and powder
525 samples. It appeared that the higher gelatin concentrations produced stiffer foam
526 structures. Sila *et al.* (2017) suggested that higher concentrations of protein can be
527 expected to result in more stable foam systems (Sila, Martinez-Alvarez, Krichen, Gómez-
528 Guillén, & Bougatef, 2017). The gelatin nanofibers produced more stable foam systems
529 than those produced from powder (**Table 2**). Foam stability is primarily dependent on the

530 protein-protein interactions in the film matrix surrounding the air bubbles (Giménez, et
531 al., 2009), and it is possible that more hydrogen bonds are formed in the gelatin nanofiber
532 system, resulting in the denser network necessary for the foam stabilization. Nagarajan *et*
533 *al.* (2012) reported that foam capacity and stability were positively influenced by the
534 concentration of splendid squid (*Loligo formosana*) and skin gelatin present in the system
535 (Nagarajan, Benjakul, Prodpran, Songtipya, & Kishimura, 2012).

536

537 **Insert Table 2 about here**

538

539 **3.3 Rheological properties**

540 **3.3.1 Flow behavior**

541 The flow behavior of 0.1 and 0.2% (w/v) associated with gelatin nanofiber and powder
542 feedstocks are reported in **Fig. 6**. In the studied range of shear rates, almost all of the
543 samples exhibited Newtonian behavior.

544

545 **Insert Figure.6 about here**

546

547 There was no marked difference in the flow behavior between the 0.1% (w/v) nanofiber
548 solution and the samples containing 0.1 and 0.2% (w/v) gelatin powder. However, the
549 shear stress in the 0.2% nanofiber solution was clearly higher than in other samples. For
550 gelatin, which is mostly known for its stabilizing effect rather than being an emulsifier,
551 production of higher viscosities at equal amounts is a notable advantage of nanofiber
552 gelatin feedstock compared to powder. Marcotte *et al.* (2001) reported Newtonian
553 rheological behavior for 2-4% concentrations of gelatin (Marcotte, Taherian Hoshahili,

554 & Ramaswamy, 2001), whereas Binsi *et al.* (2009) reported shear-thinning non-
555 Newtonian behavior for gelatin extracted from fish (Binsi, et al., 2009).

556

557 **3.3.2 Viscoelastic behavior**

558 The elastic and viscous moduli of samples made from gelatin nanofibers and powder
559 versus frequency are shown in **Fig. 7**. Results consistent with the behavior of gels were
560 observed for both sample groups, while G' values were much higher than G'' . It indicates
561 that mechanical energy was stored in the structure with a minimal amount dissipated
562 (Tkaczewska, Morawska, Kulawik, & Zając, 2018). For the sample made from gelatin
563 nanofibers, the elastic modulus remained higher than the viscous modulus, without cross
564 over. This is characteristic of viscoelastic solid behavior. The elastic modulus was almost
565 constant over the studied range of frequencies, which reflects the high strength of the
566 sample. Similarly, for the sample prepared using gelatin powder, over the studied range
567 of frequencies, the elastic modulus dominated the viscous modulus with an increasing
568 trend. Both the values of G'' and G' for the gelatin powder were lower than for the
569 nanofiber samples.

570

571 **Insert Figure.7 about here**

572

573 For further comparison between the gels produced with the gelatin nanofibers and
574 powder, the loss tangent changes against frequency are shown in **Fig. 8**. A trend of
575 increasing loss tangent values in nanofiber gel samples was observed, while there was no
576 obvious variation in the gelatin powder gel data. The loss tangent values for the nanofiber
577 samples were higher than the gelatin powder over the studied range of frequencies.
578 Therefore, the gel strength of the gelatin powder was higher than for the nanofiber

579 samples. The loss tangent values in the nanofiber samples were between 0.1 and 1,
580 indicating that they were not true gels, with a structure between that of a concentrated
581 biopolymer and a true gel.

582

583 **Insert Figure.8 about here**

584

585 **3.3.3 Gel texture**

586 No marked difference was observed in the Young modulus values of gelatin nanofiber
587 and powder gel samples (4.32 ± 0.02 for nanofiber and 4.44 ± 0.64 for powder). The very
588 slight difference in the Young Modulus values could be attributed to the amorphous
589 structure of nanofibers. In an amorphous structure, the molecular 3D network is weakly
590 connected, so that water is able to easily penetrate the structure. A gel-like network or
591 semi-gel, is produced, which is not as strong as the system produced using gelatin powder
592 (Schrieber & Gareis, 2007).

593

594 **4 Conclusions**

595 Gelatin has limitations in terms of its ambient or cold water solubility, which restricts its
596 ability to be processed simply and cost-effectively in food and pharmaceutical
597 manufacture. Cold-water soluble gelatin feedstocks can be made by electrospinning
598 gelatin powder to make a sheet-like feedstock suitable for industrial use. After
599 electrospinning of gelatin, the amorphous structure, shift in T_g and the large fiber surface
600 area to volume ratio, enable rapid dissolution in cold water. Gelatin nanofibers possessed
601 improved emulsifying capability, foam capability, and also foam stability properties
602 compared to gelatin powder. However, the emulsion stability of nanofibers was lower
603 than for gelatin powders. Loss tangent measurements revealed greater gel strength values

604 for the gelatin nanofiber samples, as compared to the powder; whereas both groups of
605 samples had similar Young modulus values. It may be suggested that electrospinning has
606 strong potential to be used for the manufacture of cold-water soluble gelatin feedstocks
607 suitable for future food and pharmaceutical manufacturing processes.

608

609 **5 References**

610

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