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# 1 Dextran-crosslinked glucose responsive nanogels with a self-regulated 2 insulin release at physiological conditions

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## 9 **Abstract:**

10 Different glucose-responsive nanogels of *N*-isopropylacrylamide (NIPAM) and 4-(1,6-dioxo-  
11 2,5-diaza-7-oxamyl) phenylboronic acid (DDOPBA) were synthesized using dextran-grafted  
12 maleic acid (Dex-MA) as a crosslinker. The formed nanogels (P(NIPAM-co-Dex-co-  
13 DDOPBA)s) were verified by <sup>1</sup>H NMR, TEM, DLS and X-ray photoelectron spectroscopy  
14 (XPS). The incorporation of DDOPBA provided a remarkable sensitivity towards glucose in  
15 physiological pH due to the existence of electron-withdrawing group in its structure.  
16 Similarly, the hydrophilic Dex-MA modulated the temperature-sensitivity near physiological  
17 temperature. The nanogels exhibited high insulin loading capacity and encapsulation  
18 efficiency and the *in vitro* release profiles demonstrated a glucose dependant release of the  
19 payload at physiological pH and temperature.

20

21 **Keywords:** Nanogel, Dextran, Glucose sensing, Insulin delivery

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## 22 **1. Introduction**

23 Diabetes mellitus is a rising health concern in recent years. The treatment of diabetes  
24 involves a frequent injection of exogenous insulin to regulate blood's glucose concentration  
25 to its normoglycemic level. However, the regular injections not only compromise the  
26 patient's quality of life but also fail to precisely maintain the optimum dose of insulin,  
27 leading to chronic complications of diabetes. It is desirable to develop an improved treatment  
28 for diabetes that meets the patient's physiological and lifestyle requirements [1-3]. One  
29 possible route to developing an improved treatment is based on the use of polymeric  
30 nanogels. Nanogels are small size hydrogel particles that consist of a physically or chemically  
31 crosslinked polymer chains. Nanogels that are responsive to *pH*, temperature, analyte and  
32 ionic strength have attracted considerable attention due to their applications in drug  
33 regulation systems. Their nano-size allows ease of functionalisation and administration via  
34 injection [4] and renders nanogels the ability to change their size in response to specific  
35 external stimuli rapidly. Phenylboronic acid (PBA)-based polymeric nanogels are considered  
36 as appropriate alternative insulin delivery systems. PBS has been considered as a synthetic  
37 mimic to lectins because of its ability to bind with biologically relevant 1,2- and 1,3-diols,  
38 such as saccharides, or with polyols formation of boronate esters. This binding is very useful  
39 for preparing PBA-based gels with dynamic covalent or responsive behavior [5]. Clearly,  
40 glucose-responsive nanogels to be used in insulin delivery systems should be biocompatible  
41 and applicable under physiological conditions. However, PBA-based nanogels are still at a  
42 distance from being clinically applicable. Thus, the response under physiologically relevant  
43 conditions remained an obstacle [6, 7]. Previously, an injectable nanogel was prepared to serve  
44 as a glucose-induced insulin delivery system [8]. However, the response of nanogels to  
45 glucose at physiological conditions is very low due to the high *pKa* of 3-acrylamido  
46 phenylboronic acid (AAPBA) and the influence of the microenvironment on AAPBA [9].

47 Many strategies have been employed to match the pKa of the glucose-responsive moieties to  
48 the physiological pH [10-12] this includes using different PBA derivatives [13-15]. For  
49 instance, introducing carbamoyl as an electron-withdrawing group into the phenyl ring  
50 reduces the pKa of the synthesized 4-(1,6-dioxo-2,5- diaza-7-oxamyl) phenylboronic acid  
51 (DDOPBA) to 7.8, which is quite close to physiological pH [16]. Thus, a rational design can  
52 provide polymers-bearing PBA capable of serving for insulin delivery systems. That is, the  
53 formation of boronate anions via PBA-glucose complexation can provide a simultaneous  
54 change in the material properties and morphology. As an example, the binding of glucose to  
55 PBA-based thermoresponsive hydrogels can increase the hydrophilicity of the hydrogel,  
56 provoke hydrogel's swelling, increase the pore size and hence accelerate the drug diffusion  
57 through the network [16]. Another challenge encountered PBA-based nanogels is  
58 biodegradability. Therefore, incorporating a biodegradable and biocompatible monomer,  
59 polymer or crosslinker can endow PBA-based polymers a biodegradable nature. Dextran is  
60 biodegradable and biocompatible polysaccharides that are commonly used in medical  
61 applications [17-19]. The availability of hydroxyl groups in their structures provide them  
62 with the biocompatibility and applicability in the *in vivo* environment with no inflammatory  
63 response, and their chemical structures provide them with long term stability. Furthermore,  
64 the hydroxyl groups in their structures can be modified under different conditions for further  
65 crosslinking [20-22] or attachment of bioactive molecules or specific functional groups [23,  
66 24].

67 In this work, injectable nanogels were synthesized to overcome the shortcoming of using  
68 AAPBA. Here DDOPBA was due to its relatively low pKa and the stability of its boronate  
69 anion at different temperatures. To accomplish our goal, DDOPBA was synthesized and  
70 crosslinked with NIPAM using pre-synthesized dextran-grafted maleic acid (Dex-MA) to  
71 prepare poly(N-isopropyl acrylamide-*co*-dextran-grafted maleic acid-*co*-4-(1,6-dioxo-2,5-

72 diaza-7-oxamyl) phenyl boronic acid)s (P(NIPAM-*co*-Dex-*co*-DDOPBA)) nanogels. Dex-  
73 MA will possibly endow the prepared nanogels the biodegradability and modulated the  
74 optimum temperature for glucose sensing to the physiologically relevant temperature by  
75 tuning the VPTT of the nanogels. The responsivity of the prepared nanogels to glucose under  
76 different temperatures was examined and the insulin release profiles were studied.

## 77 **2. Materials and methods**

### 78 **2.1. Materials**

79 Dextran (40 kDa) was purchased from Aladdin Ltd. 4-Carboxyphenylboronic acid (CPBA),  
80 thionyl chloride, fluorescein isothiocyanate, crystalline porcine insulin and ammonium  
81 persulfate (APS) were supplied by *J&K* chemicals. Dimethylformamide (DMF) was dried  
82 using activated 4°A-type molecular sieves. After that, it was refluxed over potassium under  
83 nitrogen atmosphere. Isopropyl alcohol is analytical reagent. Lithium chloride (LiCl) was  
84 purchased from TCI Chemical. Ethylenediamine (EDA) was supplied by Sinopharm, China  
85 and dried with molecular sieves for three days. Then, it was refluxed with calcium hydride  
86 (CaH<sub>2</sub>) for 8 h and distilled under vacuum.

### 87 **2.2. Synthesis of 4-(1,6-dioxo-2,5-diaza-7-oxamyl) phenylboronic acid (DDOPBA)**

88 The synthesis of DDOPBA was based on the three-step method reported by Kataoka [9]. In  
89 this method, 4-carboxyphenylboronic acid (CPBA) (5.036 g, 30.15 mmol) was allowed to dry  
90 under vacuum for 24 h. Then, the flask that contains the product was degassed using Ar gas  
91 before adding thionyl chloride (75 mL, 1.05 mol). The suspension was stirred under the inert  
92 atmosphere at 90 °C for 24 h. Then, the excess amount of thionyl chloride was evaporated  
93 under vacuum to yield 4-(chloroformyl) phenylboronic acid as white solids. The flask was  
94 filled again with Ar gas, and the product was suspended in THF (60 mL). The suspension was  
95 cooled in ice-path before being added dropwise to a pre-cooled mixture containing distilled

96 EDA (100 mL, 1.5 mmol) and TEA (5 mL, 35.95 mmol). The reaction mixture was allowed  
97 to continue for 20 h at 0 °C, afterward, the excess EDA was evaporated. To the residue, 100  
98 mL of ultrapure water was added. Then, the pH of the solution was adjusted to 4 using 1N  
99 HCl. The white precipitate that formed was filtered off, and the filtrate was concentrated and  
100 stored overnight at 4 °C to produce a white crystalline product, namely, 4-[(2-  
101 aminoethyl)carbamoyl] phenylboronic acid (AECPPA). The product was recrystallised twice  
102 in water and yielded 2.103 g which was 42% of CPBA.

103 In the last step, AECPPA (1.200 g, 9.12 mmol) was dissolved in 48 mL freshly prepared  
104 NaOH (1 N). The solution was degassed and cooled in the ice-water path. After that, chilled  
105 acryloyl chloride (1.56 mL, 17.28 mmol) was added in a drop-wise manner while stirring for  
106 24 h. The resulting solution was concentrated, and then its pH was adjusted to 4 and kept  
107 overnight at 4 °C to form a white crystalline solid. The product was recrystallised in water  
108 and left to dry in oven at 40 °C to yield DDOPBA.

### 109 **2.3. Synthesis of Dextran-grafted maleic acid (Dex-MA)**

110 Dex-MA was synthesised according to a previously reported method [20]. Briefly, Dextran  
111 (5.012 g, 0.125 mmol) was dissolved in 20 mL DMF in which 2.001 g LiCl was previously  
112 dissolved. The mixture was stirred at 90 °C under Ar atmosphere for 40 min, then the  
113 temperature was decreased to 60 °C, and TEA (64 µL, 0.46 mmol) was added as a catalyst.  
114 After stirring for a further 15 min, maleic anhydride (4.030 g, 41 mmol) was added slowly to  
115 the solution, and the reaction was continued for 10 h under Ar atmosphere. Then, the final  
116 product was precipitated in 50 mL of cold isopropyl alcohol, filtered and washed three times  
117 with isopropyl alcohol. The product (Dex-MA) was placed in a vacuum oven at ambient  
118 temperature for two days to dry and stored in a cold dark for subsequent reaction.

## 119 **2.4. Preparation of glucose-responsive nanogel**

120 P(NIPAM-co-Dex-co-DDOPBA) nanogels have been prepared according to the method  
121 described by Zhang et al [25]. Nanogels with different DDOPBA loadings were fabricated. In  
122 a typical method, DDOPBA (68.2 mg, 0.25 mmol) was dissolved in 20 mL ultrapure water  
123 and degassed for 30 min. Then, NIPAM (280.7 mg, 2.5 mmol), SDS (22.8 mg, 0.092 mmol)  
124 and Dex-MA (130.2 mg, 0.003 mmol) were added. The mixture was stirred, passed through  
125 45  $\mu\text{m}$  filter into a three-necked flask, and degassed for 10 min. Then, the filtered solution  
126 was heated to 70  $^{\circ}\text{C}$  and maintained at that temperature for 1 h. Subsequently, APS (13.4 mg,  
127 0.06 mmol) was added to initiate the reaction. The resulting solution was allowed to  
128 polymerize for 8 h and the resulting nanogel was placed in dialyses bags (8000-14000  
129 MWCO) and exhaustively dialyzed against water for 7 days to remove the unreacted  
130 monomers and surfactant. Then, the purified nanogel was lyophilized to obtain the dried  
131 nanogels. The control nanogel P(NIPAM-co-DDOPBA) (NG0) was prepared by dissolving  
132 DDOPBA (67 mg, 0.25 mmol) in 20 mL ultrapure water, after dissolution and DDOPBA  
133 solution was degassed for 30 min. then, NIPAM (383.4 mg, 25 mmol), SDS (11.7 mg, 0.06  
134 mmol) and MBA (11.6 mg, 0.075 mmol) were added and the mixture was stirred to get  
135 dissolved. After dissolution, the reaction mixture was filtered, degassed for 10 minutes and  
136 heated at 70  $^{\circ}\text{C}$  for 1 h. The heated solution was initiated by APS (11.7 mg, 0.06 mmol) and  
137 kept stirring at these conditions for 8 h to get the control nanogel. The nanogel was filtered  
138 using dialysis bag with molecular weight cut off from 8000 to 14000.

## 139 **2.5. Characterisation**

### 140 **2.5.1 Dynamic light scattering**

141 The hydrodynamic radii ( $R_h$ ) of the nanogels and their distributions were measured using a  
142 Zetasizer Nano-ZS Malvern apparatus (Malvern Instruments Ltd) using disposable cuvettes.  
143 The excitation light source was a He-Ne laser at 633 nm, and the intensity of the scattered

144 light was measured at 173°. The temperature of the medium was adjusted using a built-in  
145 temperature controller. Before each measurement, the samples were filtered using a 0.45 µm  
146 Millipore filter. The suspensions were allowed to equilibrate at each temperature for 10 min  
147 before measurement to attain thermal equilibrium. Each sample was measured 3 times with  
148 11 measurements each, and a 10 second acquisition time between them. The values recorded  
149 here are the average of these measurements. This method measures the rate of the intensity  
150 fluctuation and the size of the particles is determined through the Stokes-Einstein equation  
151 [26].

### 152 **2.5.2 Transmission electron microscopy**

153 The morphology of the nanogels was investigated using transmission electron microscopy  
154 (TEM). The freeze-dried nanogels were dispersed in phosphate buffered saline (PBS, pH 7.4,  
155 0.01 M), sonicated for 10 min, and dripped onto a copper grid covered with a perforated  
156 carbon film and allowed to dry at room temperature prior to measurements.

### 157 **2.5.3 Thermogravimetric analysis (TGA)**

158 The thermal stability of the prepared nanogels was studied using a TA-Q500 (Mettler-  
159 Toledo) under N<sub>2</sub> gas at a flow rate of 20 mL/min. A sample weight of 3-4 mg was heated  
160 from 50 to 600°C at a rate of 10 °C/min and the variation in the nanogel's weight against  
161 temperature changes (TGA data) and its first derivative [differential thermogravimetry (DTG)  
162 data] was continuously collected.

### 163 **2.5.4 Volume phase transition temperature (VPTT)**

164 The VPTT was located by plotting the hydrodynamic radii (R<sub>h</sub>) of the nanogels at each  
165 temperature. DLS was used to determine the R<sub>h</sub> at a scattering angle of  $\theta = 174^\circ$ , to achieve  
166 this, the nanogels were dispersed in media of different glucose concentrations prepared with  
167 PBS (0.01M, 7.4 pH). Before measurement, each sample was filtered using a 45 µm filter. At

168 each measurement, the samples were allowed to equilibrate at the selected temperature for 10  
169 min before measurement.

### 170 **2.5.5 Other characterisations**

171 Fourier transforms infrared (FTIR) spectra were measured on a Nicolet 7500 spectrometer  
172 using the potassium bromide (KBr) method. The dried nanogels were analysed in the range  
173 between 4000 and 500  $\text{cm}^{-1}$  in an attempt to confirm the existence of the unsaturated double  
174 bonds and compare their intensities.  $^1\text{H}$  NMR spectrum was recorded on Agilent 600 NMR  
175 spectrometer in dimethyl sulfoxide- $d_6$  (DMSO- $d_6$ ) or water ( $\text{D}_2\text{O}$ ). X-ray photoelectron  
176 spectroscopy (XPS) was performed on a VG ESCALAB MARK 11 XPS system.

### 177 **2.5.6 In vitro loading and release study**

178 The insulin loading capacity and association efficiency of the nanogels were determined by  
179 mixing the dispersed nanogel (2 mg/mL) with 3 mL FITC-insulin (3 mg/mL) in PBS (0.01  
180 M,  $\text{pH}$  7.4). Then, the nanogel was incubated in a refrigerator at 4  $^\circ\text{C}$  for 24 hours. After that,  
181 the nanogel was centrifuged (15000 rpm, 20  $^\circ\text{C}$ ) for 30 min and the supernatant was extracted  
182 to quantify the amount of the free insulin. The absorbance of the total insulin and the free  
183 insulin was measured by UV spectrometer at 492 nm. The association efficiency (AE) and  
184 the loading capacity (LC) of the nanogels were calculated using the following formula [8].

$$\text{AE \%} = \frac{\text{Total insulin} - \text{free insulin}}{\text{Total insulin}} \times 100\%$$

$$\text{LC \%} = \frac{\text{Total insulin} - \text{free insulin}}{\text{Nanogel weight}} \times 100\%$$

185

186 The insulin release was evaluated by determining the amount of the insulin released from the  
187 insulin-loaded nanogel at different time intervals at  $37 \pm 0.5$   $^\circ\text{C}$  using the Bradford method  
188 [27]. At first, the insulin-loaded nanogels were dispersed into PBS having different glucose

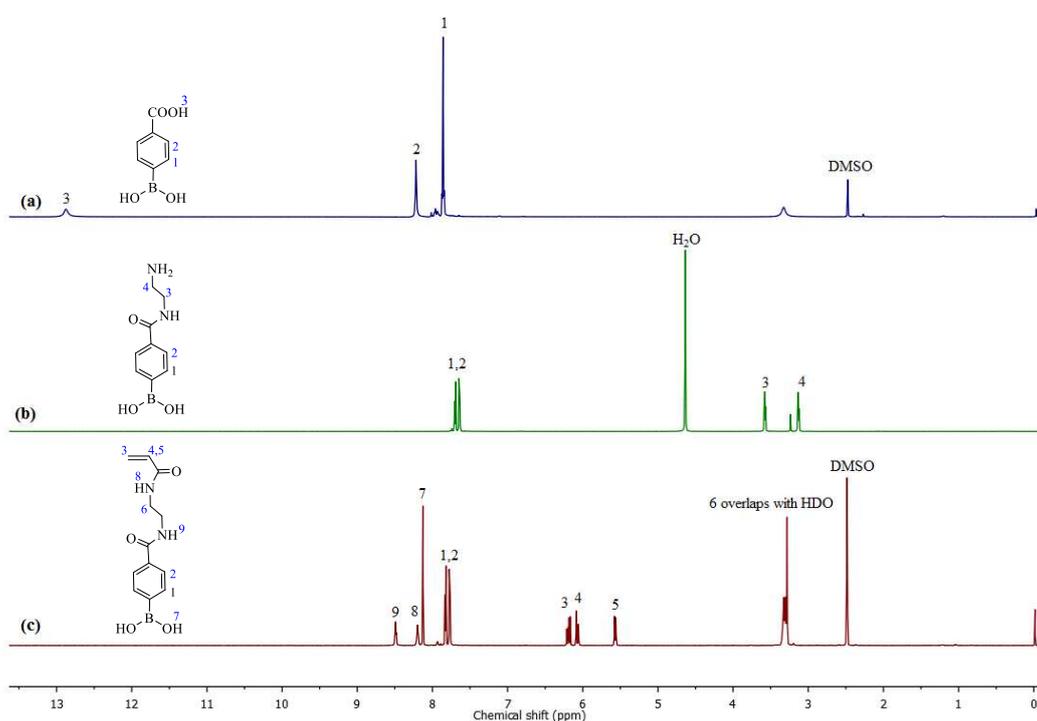
189 concentrations (0, 1, and 3 mg/mL) and placed in a shaking incubator (100 revolutions/min)  
190 at 37 °C. After each time interval, the incubated tubes were centrifuged at a rate of 15000  
191 rpm and 20 °C. The supernatant was collected and its absorbance was recorded. The nanogel  
192 was redispersed in fresh release medium for the next measurement. Non-loaded nanogel was  
193 used to calibrate the absorption of the nanogel. The insulin release was evaluated by  
194 determining the amount of the insulin released from the insulin-loaded nanogel at different  
195 time intervals at  $37 \pm 0.5$  °C using the Bradford method [27]. At first, the insulin-loaded  
196 nanogels were dispersed into PBS having different glucose concentrations (0, 1, and 3  
197 mg/mL) and placed in a shaking incubator (100 revolutions/min) at 37 °C. After each time  
198 interval, the incubated tubes were centrifuged at a rate of 15000 rpm and 20 °C. The  
199 supernatant was collected and its absorbance recorded. The nanogel was redispersed in fresh  
200 release medium for the next measurement. Non-loaded nanogel was used to calibrate the  
201 absorption of the nanogel.

### 202 **3. Results and discussion**

#### 203 **3.1. Synthesis and characterization of DDOPBA**

204 DDOPBA was synthesized using a three-step method (Fig. S1), and the <sup>1</sup>H NMR confirmed  
205 the successful synthesis after each step (Fig. 1). The first step is the synthesis of 4-[(2-  
206 aminoethyl) carbamoyl) phenylboronic acid (AECPBA) by converting 4-  
207 carboxyphenylboronic acid (CPBA) to acid chloride (4-chlorocarbonyl) phenylboronic acid. In  
208 this reaction, the hydroxyl group of the carboxylic group reacts with thionyl chloride to form  
209 chlorosulfite as intermediate, which act as leaving group. Then, the acid chloride reacts with  
210 ethylenediamine to form AECPBA. The chemical shifts of CPBA monomer were verified by  
211 <sup>1</sup>H NMR (DMSO, 600 Hz) and they were as follow (Fig. 1a).  $\delta$ : 7.7-8.3 [-CO-C<sub>6</sub>H<sub>4</sub>-B(OH)<sub>2</sub>,  
212 4H] and 12.8 [-COOH].

213 The successful synthesis of AECPPA, which was confirmed by using  $^1\text{H}$  NMR ( $\text{D}_2\text{O}$ , 600  
 214 Hz).  $\delta$ : 3.2-3.6 [-HN-CH<sub>2</sub>-CH<sub>2</sub>-NH<sub>2</sub>, 4H], 7.7 [-CO-C<sub>6</sub>H<sub>4</sub>-B(OH)<sub>2</sub>, 4H] (Fig. 1b). Then,  
 215 DDOPBA was synthesised by reacting AECPPA with acryloyl chloride, and the structure  
 216 was studied using  $^1\text{H}$  NMR using DMSO as a solvent (Fig. 1c).  $\delta$ : 3.4 [-NH-CH<sub>2</sub>-CH<sub>2</sub>-NH-,  
 217 4H], 5.57-6.09 [CH<sub>2</sub>=CH-CO-, 2H], 6.18 [CH<sub>2</sub>=CH-CO-, 1H], 7.76-7.82 [-CO-C<sub>6</sub>H<sub>4</sub>-B(OH)<sub>2</sub>,  
 218 4H], 8.13 [-CO-C<sub>6</sub>H<sub>4</sub>-B(OH)<sub>2</sub>, 2H, and 8.2-8.5 [-NH-CH<sub>2</sub>-CH<sub>2</sub>-NH-, 2H] [9, 28].



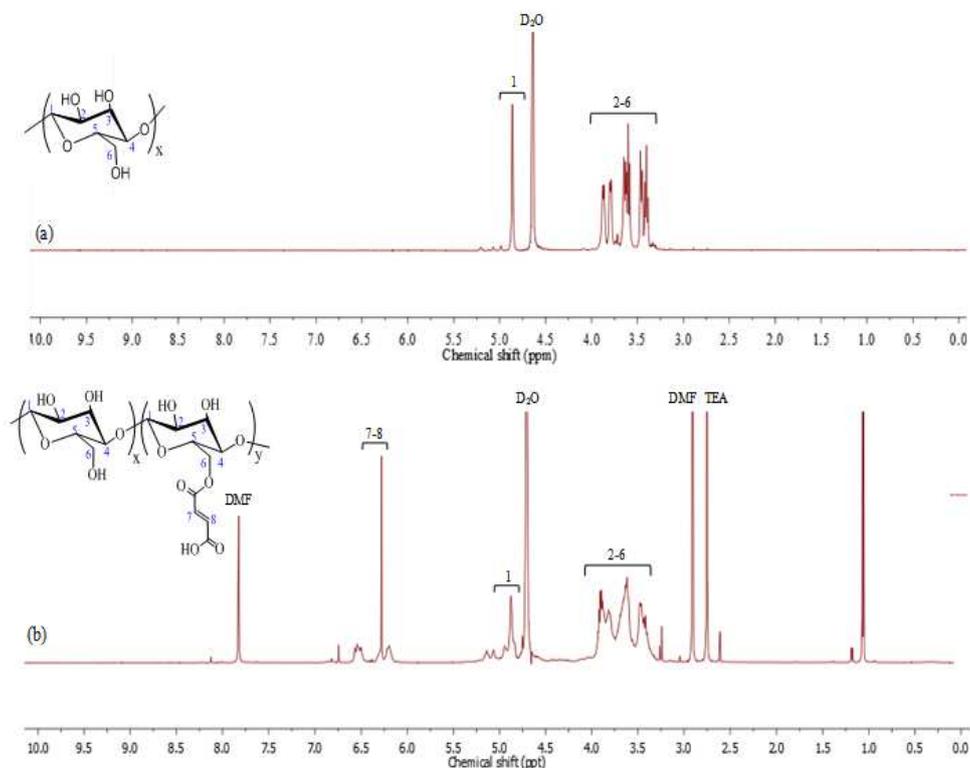
219

220 Fig. 1.  $^1\text{H}$  NMR spectra of (a) CPBA, (b) AECPPA, and (c) DDOPBA.

### 221 3.2. Synthesis and characterization of Dex-MA

222 Dextran has three hydroxyl groups per saccharide monomer, which can be functionalised  
 223 with maleic anhydride. The synthesis of Dex-MA is the condensation coupling reaction  
 224 between the hydroxyl groups of dextran and the anhydride groups of maleic anhydride. This  
 225 esterification reaction opens the ring of maleic anhydride to form a carboxylic acid end  
 226 group. The reaction was catalysed using triethylamine as a Lewis base to increase the  
 227 reactivity of the hydroxyl group of dextran. The scheme of the abovementioned reaction is  
 228 depicted in Fig. S2. The successful synthesis of Dex-MA was confirmed by FTIR spectra in

229 Fig. S3, as the existed peak at  $1728\text{ cm}^{-1}$  in Dex-MA spectrum is the C=O stretching  
 230 vibrations resulted from the esterification reaction between dextran and maleic acid and from  
 231 the end group of maleic acid, this peak does not exist in the unmodified dextran. The broad  
 232 peak with the maximum at  $3400\text{ cm}^{-1}$  is the -OH absorption band of the unreacted hydroxyl  
 233 groups in dextran and the carboxyl group of maleic acid. The peak at  $2923\text{ cm}^{-1}$  is attributed  
 234 to the C-H stretching vibrations. The stretching bands of the -CH=CH- appeared at around  
 235  $1667\text{ cm}^{-1}$ , and the peak at  $824\text{ cm}^{-1}$  is for the C=C-H bending vibrations [22].  
 236  $^1\text{H}$  NMR spectra of dextran and Dex-MA is shown in Fig. 2. Therein, the peaks in the range  
 237 of 3.4-3.9 ppm, which are in a similar position for dextran and Dex-MA, are attributed to the  
 238 protons attached to C<sub>2</sub>-C<sub>6</sub> carbon atoms. The protons of the anomeric carbon (C<sub>1</sub>) are shifted  
 239 downfield compared to the protons of C<sub>2</sub>-C<sub>6</sub>, and appeared at 4.8-5.2 ppm due to the direct  
 240 attachment of C<sub>1</sub> to two oxygen atoms [21]. Distinctive peaks of Dex-MA were observed in  
 241 the range of 6.2-6.5 ppm, which were assigned for -CH=CH- (C<sub>7</sub> and C<sub>8</sub>) adsorption bands.



242

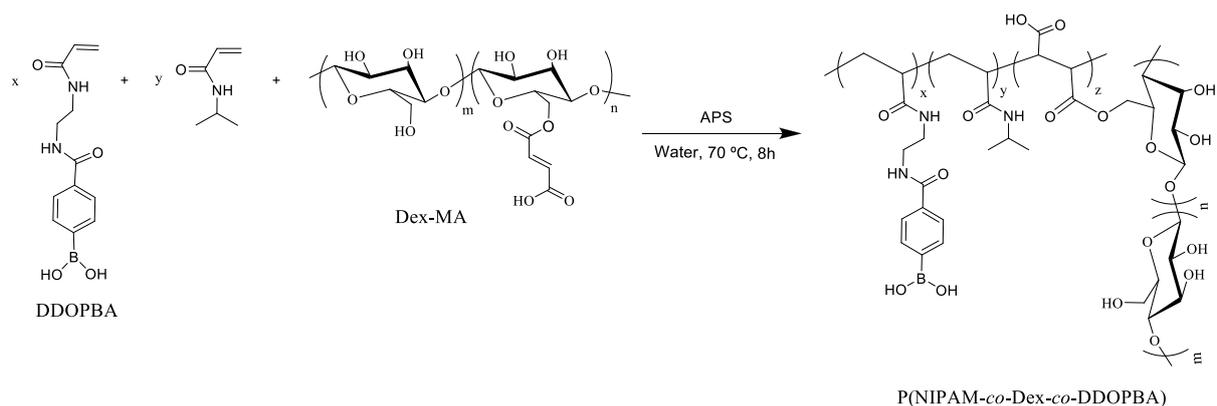
243

Fig. 2.  $^1\text{H}$  NMR spectra of (a) dextran and (b) Dex-MA.

244 The degree of substitution maleic anhydride on dextran (the number of MA groups in one  
245 hundred anhydroglucose units) was calculated by dividing the integration area of the double  
246 bond peaks of MA at 6.26 over the hydroxyl hydrogen peaks of dextran at 4.86. According to  
247 the calculations, the DS of Dex-MA in (b) was 47 %.

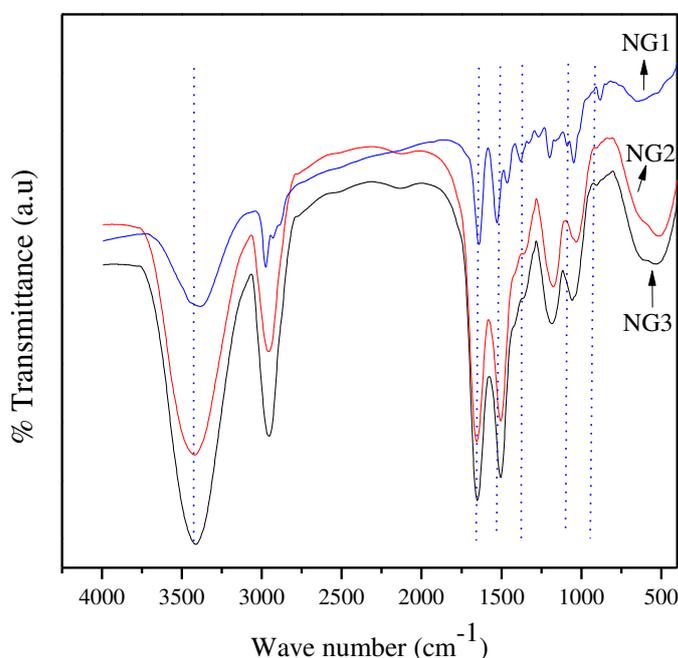
### 248 **3.3. Synthesis and characterization of P(NIPAM-co-Dex-co-DDOPBA) nanogel**

249 The nanogels, named as NG1, NG2 and NG3 were prepared via free-radical precipitation  
250 polymerization, which is a widely used method for preparing monodispersed spherical  
251 particles with small size. Nanogels having different feeding ratios of DDOPBA and NIPAM  
252 were synthesized. To endow the prepared nanogels biodegradability, Dex-MA was used as a  
253 crosslinker. The feed chemical composition of the prepared nanogels is shown in Table 1 and  
254 the reaction was schematically depicted in Scheme 1. The stepwise illustration of the  
255 synthetic procedure is shown in Scheme 2. The FTIR spectra of the prepared nanogels are  
256 presented in Fig. 3 and Table S1 listed the absorption bands of the existed functional groups.  
257 Taking NG2 as an example, the peaks at  $1380\text{ cm}^{-1}$  are due to the asymmetric vibrations of B-  
258 O of phenylboronic acid and their corresponding symmetric vibrations located at  $870\text{ cm}^{-1}$   
259 [29]. The peaks at  $3420\text{ cm}^{-1}$  are attributed to the boronic acid, the N-H stretching vibration of  
260 NIPAM, the unreacted -OH groups of dextran and the carboxylic acid. This peak is broad  
261 owing to the interactions of polymer molecules with O-H vibrations of the non-freezing water  
262 molecules [30]. The peak at  $2961\text{ cm}^{-1}$  is the aliphatic  $\text{CH}_2$  asymmetric vibrations. The peaks  
263 of C=O stretching of amide 1 and N-H bending of amide 11 appeared at  $1633\text{ cm}^{-1}$  and  $1533$   
264  $\text{cm}^{-1}$  respectively. The peak at  $1633\text{ cm}^{-1}$  is larger when compared to that of dextran in Fig.  
265 S3, and this is due to the immersion of -CO stretching of NIPAM in the same peak position  
266 of amide 1.



267  
268

269 Scheme 1 Synthetic reaction for the synthesis of P(NIPAM-*co*-Dex-*co*-DDOCPBA) nanogel.



270

271 Fig. 3 FTIR spectra of P(NIPAM-*co*-Dex-*co*-DDOCPBA) nanogels.

272 The broad peak at  $1049\text{ cm}^{-1}$  assigned for -CO stretching and the hydroxyl group stretching

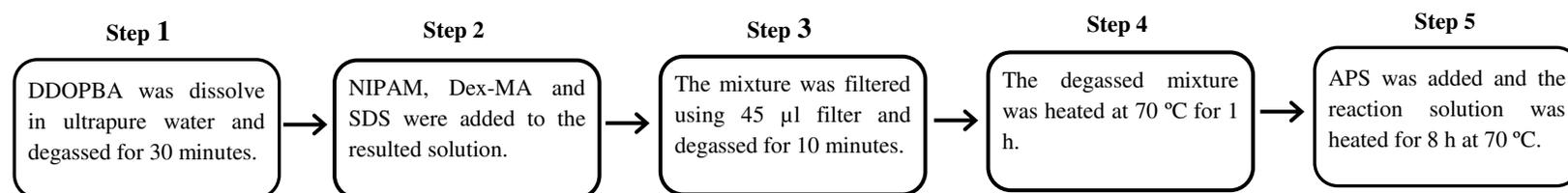
273 vibration, which indicated the strong interaction between Dex-MA, DDOCPBA and NIPAM

274 monomers. It can be observed that the intensity of amide 1 bands is much higher compared to

275 amide 11 due to the hydrogen bonding between NIPAM and Dex-MA [31, 22]. The C-H

276 vibrations of the benzene ring appeared at  $1380\text{ cm}^{-1}$  and the -C=C- vibrations of the benzene

277 ring merged with the vibrations of the amide 11 vibrations at  $1533\text{ cm}^{-1}$  [32].



**Scheme 2 Stepwise illustration for the synthetic procedure of P(NIPAM-*co*-Dex-*co*-DDOPBA) nanogels**

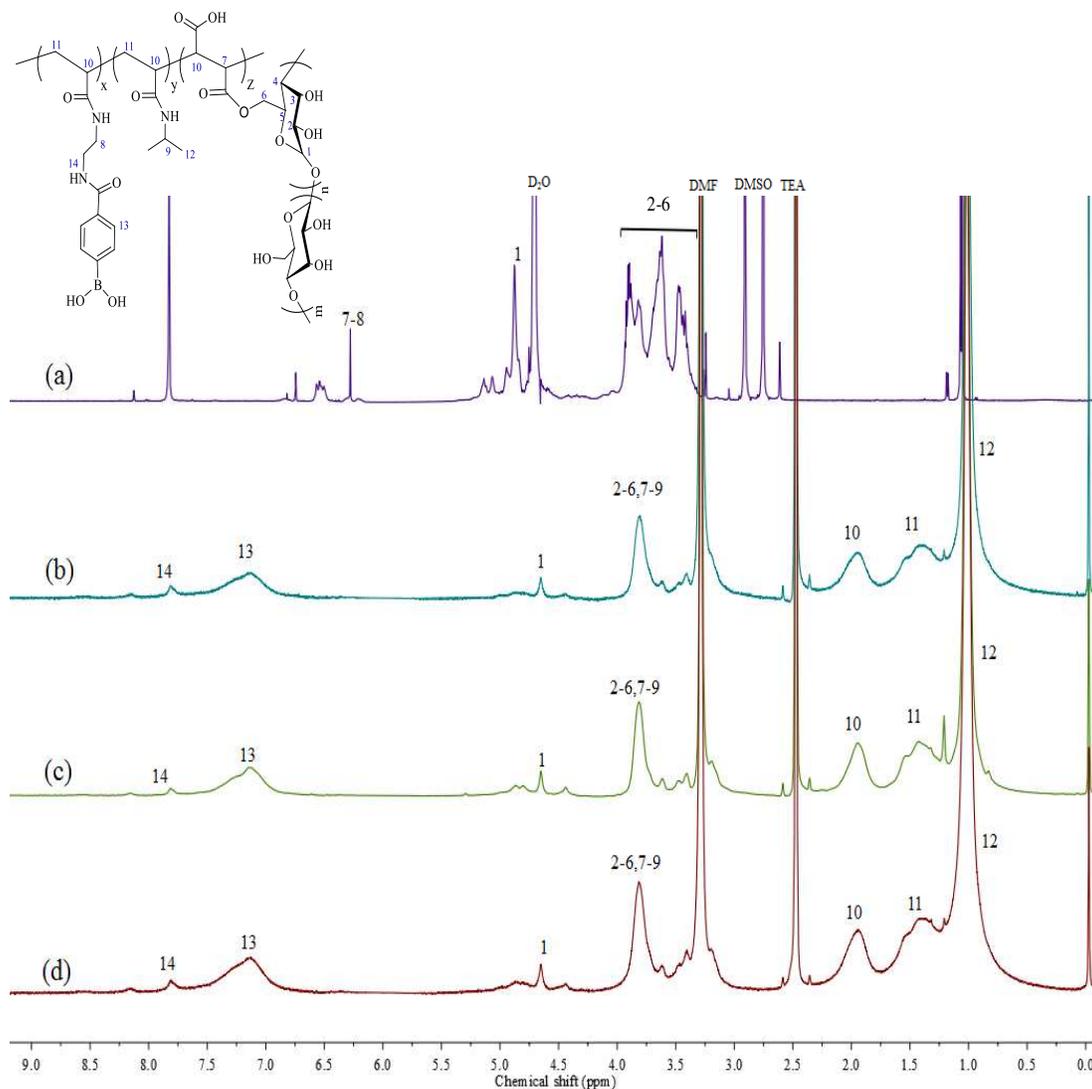
**Table 1 The synthetic details of P(NIPAM-*co*-Dex-*co*-DDOPBA) nanogels**

Samples <sup>a</sup>	Step 1				Step 2				Step 3	Step 4		Step 5								
	DDOPBA (A)		Water	Ar purging	NIPAM (B)		Dex-MA (C)	sugar-units	SDS (D)	Ar purging	T	t	APS (E)		Molar ratio				T	t
	mg	mmol	mL	min.	mg	mmol	mg	mmol	mg	mmol	min.	h	°C	mg	mmol	A: B:	C: D:	E	h	°C
NG0	67.0	0.25	20	30	383.4	2.5	00.0	0.00	11.7	0.060	10	1	70	13.4	0.06	1: 10:	0.00: 0.24:	0.48	8	70
NG1	68.2	0.25	20	30	380.7	2.5	130.2	0.62	22.8	0.092	10	1	70	13.4	0.06	1: 10:	2.48: 0.37:	0.48	8	70
NG2	134.5	0.50	20	30	380.1	2.5	136.1	0.62	23.4	0.092	10	1	70	13.4	0.06	2: 10:	2.48: 0.37:	0.48	8	70
NG3	200.0	0.75	20	30	381.4	2.5	135.1	0.62	23.7	0.092	10	1	70	13.4	0.06	3: 10:	2.48: 0.37:	0.48	8	70

<sup>a</sup>NG0 stands for P(NIPAM-*co*-DDOPBA) nanogel; NG1, NG2 and NG3 stand for P(NIPAM-*co*-Dex-*co*-DDOPBA) with 10, 20 and 30 mol% DDOPBA, respectively.

\*APS was dissolved in distilled water at a concentration of 13.4 mg/mL and injected to the reaction mixture.

274 The  $^1\text{H}$  NMR spectra of the prepared nanogels are shown in Fig. 4 Similar to Dex-MA  
 275 crosslinker, the  $^1\text{H}$  NMR spectra of the nanogels at the range between 3.40-3.82 ppm are  
 276 assigned to the  $\text{C}_2\text{-C}_6$  carbon atoms of dextran. The chemical shift at 3.58 ppm is due to the [4H,  
 277  $-\text{CH}_2\text{-CH}_2-$ ] protons of DDOPBA. The characteristic peaks of the phenyl ring [4H,  $-\text{C}_6\text{H}_4-$   
 278  $\text{B}(\text{OH})_2$ ] are shown at 7.2 ppm. The strong peak at 1.01 ppm is due to (9H,  $-\text{CH}_3$ ) protons of  
 279 NIPAM [28]. While the peak at 1.39 ppm is due to (2H,  $-\text{CH}_2$ ) protons, the peak at 1.95 ppm is due  
 280 to (1H,  $-\text{CH}$ ) protons, the peak at 7.8 ppm is due to (3H,  $-\text{NH}$ ) protons.



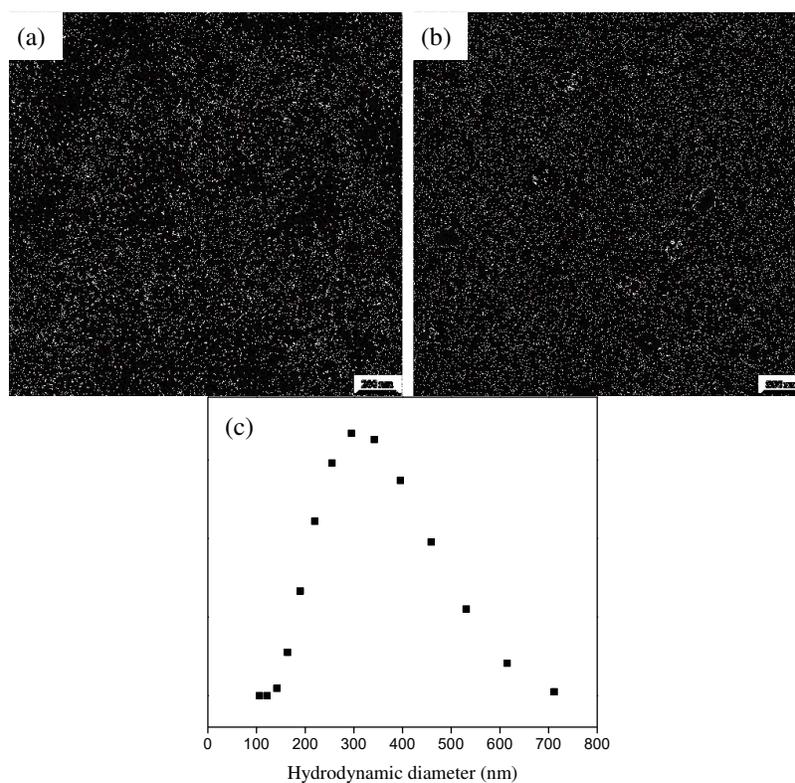
281

282

Fig. 4  $^1\text{H}$  NMR spectra of (a) Dex-MA, (b) NG1, (c) NG2 and (d) NG3.

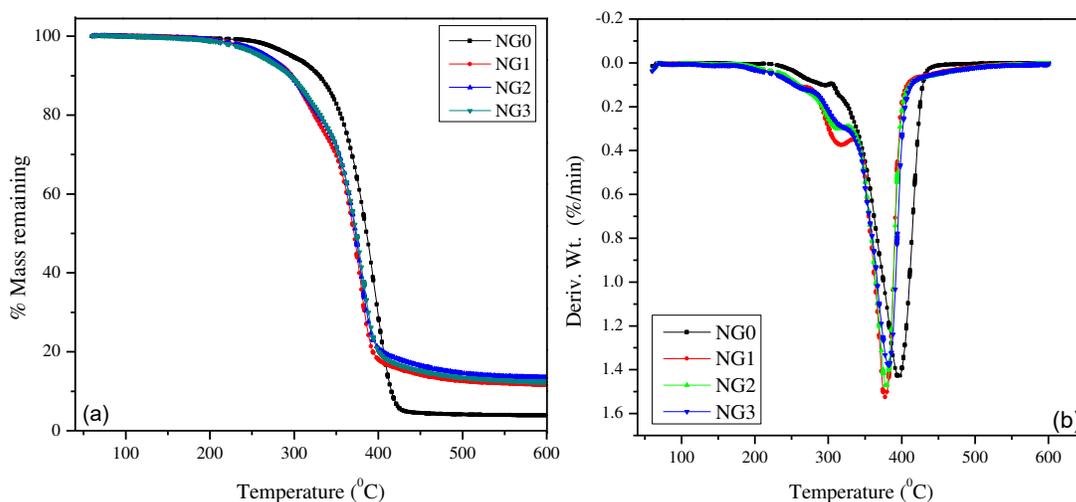
283 The X-ray photoelectron spectroscopy (XPS) was used to detect the incorporation of boric acid  
284 groups on the nanogel backbone. The spectrum in Fig. S4 shows that the boron atom existed in a  
285 few percentages compared to nitrogen, carbon and oxygen atoms. The results are in agreement  
286 with that reported by Wu *et al.*, [8] indicating that the DDOPBA was incorporated deeply inside  
287 the nanogel particles rather than on their surface [33].

288 The TEM image of the synthesized nanogel (NG2) showed a core-shell structure having an  
289 average size of 160 nm (Fig. 5a), and Fig. 5c is the hydrodynamic diameter measured by DLS.  
290 It's clearly seen from the insert that the size of NG3 (~ 300 nm) is bigger than the size measured  
291 using TEM. However, after the nanogel immersed in glucose and dried in the air, the core-shell  
292 structure was fully swollen. However, after the nanogel immersed in glucose and dried in the air,  
293 the core-shell structure was fully swollen (Fig. 5b).



294  
295 Fig. 5 (a) TEM image of NG2 (b) TEM image of NG2 after immersion in 5 mg/mL glucose for 6  
296 h and (c) the size distribution tested by DLS.

297 TGA has been employed to gain information about the thermal stability of the prepared  
 298 nanogels. The thermal degradation behaviour was investigated in the range of 100–600 °C under  
 299 Nitrogen atmosphere. The TGA and DTG overlays of the prepared nanogels are presented in Fig.  
 300 6. From the TG curves shown in Fig. 6a, it is clear that all nanogels lost weight at a temperature  
 301 < 130 °C, which was due to the evaporation of water from the nanogel’s structure. The addition  
 302 of Dex-MA as a crosslinker instead of MBA has reduced the thermal stability of the nanogels.  
 303 The DTG thermograms in Fig. 6b showed two main degradation stages for NG1. The first one in  
 304 the range of 222-305 °C with a maximum degradation temperature ( $T_{max}$ ) of 295 °C and the  
 305 second one in the range of 303-450 °C with a  $T_{max}$  of 397 °C. While the DTG of the nanogels  
 306 prepared using Dex-MA as a crosslinker exhibited three degradation stages in the ranges 174-  
 307 274 °C, 274-333°C which has been attributed to the degradation of saccharide structure [34]. and  
 308 333-469 °C which can be assigned to the thermal degradation of the residual polymer backbone  
 309 [35].



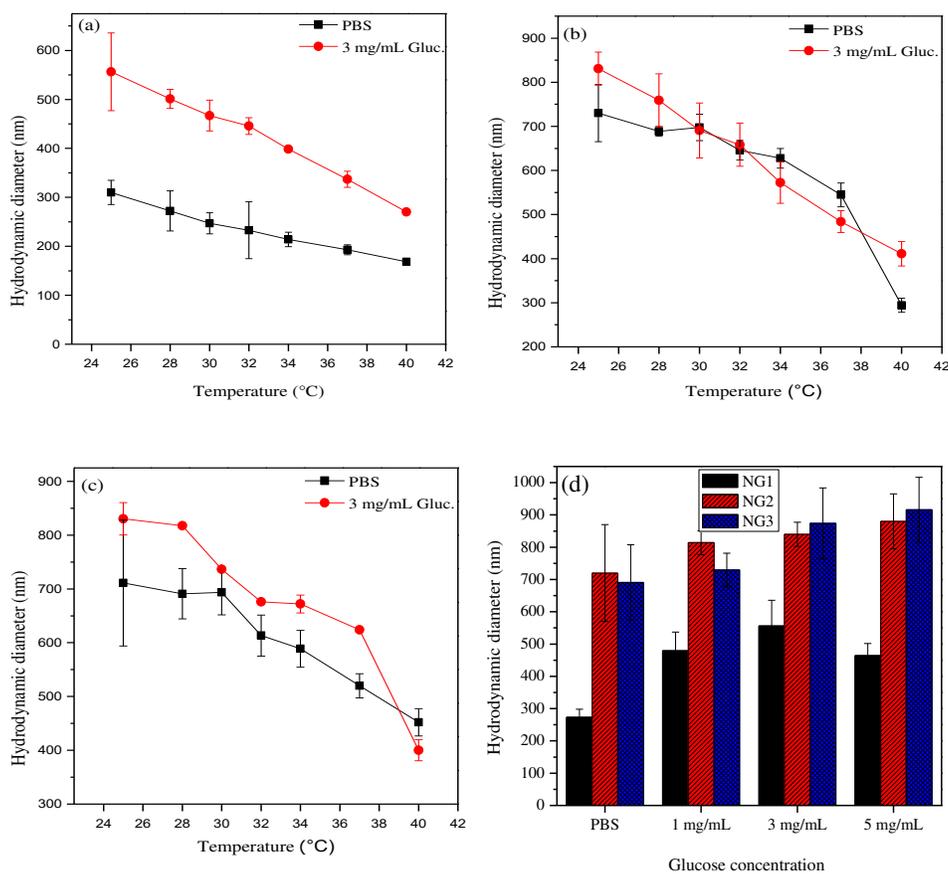
310  
 311 Fig. 6 (a) TG and (b) DTG curves of the P(NIPAM-co-DDOPBA) and P(NIPAM-co-Dex-co-  
 312 DDOPBA) nanogels in a nitrogen atmosphere at a heating rate of 10 °C/min.

313 It appears from the curves that the increase in the amount of DDOPBA in the recipe enhanced  
314 the thermal stability of the Dex-MA crosslinked nanogels. Also, the interaction between the  
315 carboxyl groups with the hydroxyl groups could contribute to the thermal stability of the Dex-  
316 MA crosslinked nanogels.

#### 317 **3.4. Glucose-regulated volume phase transition temperature of P(NIPAM-co-Dex-co-** 318 **DDOPBA) nanogels**

319 It is known that NIPAM at a lower critical solution temperature (LCST) experiences a reversible  
320 volume phase transition (VPT) in which the globular form entropically favored water being  
321 expelled from the nanogel structure. When the temperature is below 32 °C, the nanogel's  
322 hydrophilic/hydrophobic balance shifts to a more hydrophilic nature. As a result, strong  
323 hydrogen bonding between the amide groups and the free -COOH groups of maleic acid of the  
324 nanogel and water molecule occurs, consequently the nanogel swells. As the temperature  
325 increases above the VPTT, the nanogel would become more hydrophobic, and the hydrogen  
326 bonding will break, and the nanogel will shrink. Also, the nature of the copolymerised monomers  
327 will affect the VPTT of the prepared nanogel [35]. It is expected that the presence of Dex-MA in  
328 the nanogel would increase the hydrophilicity due to its hydrophilic nature. Thus, the VPTT of  
329 the nanogel would be higher as the hydrogen bonding between the nanogel and water will  
330 enhance significantly [18]. For example, the VPTT of NG1 was 30 °C in PBS, while the VPTT of  
331 NG3 was increased to 33 °C, due to the presence of Dex-MA. Fig. 7 illustrates the change in  
332 hydrodynamic radius ( $R_h$ ) of the nanogels as a function of temperature and glucose  
333 concentration. It can be observed that the VPTT of the nanogels was shifted right in the presence  
334 of glucose. When the nanogel dispersed in 3 mg/mL glucose, the VPTT of NG1 (Fig. 7a) was  
335 shifted to 34 °C while that of NG3 was shifted to 37.5 °C. This difference in VPTT is due to the

336 difference in the levels of hydrophilicity between the nanogels. It can be clearly seen from Fig.  
 337 7b that the size of NG2 when it was immersed in PBS shrank to 2.5 folds when the temperature  
 338 increased from 25 °C to 40 °C due to the internal rearrangement of water and nanogel. For all  
 339 nanogels, the  $R_h$  of the nanogels increased significantly with the increase in glucose  
 340 concentration. For example, in PBS, NG3 (Fig. 7c) has an average  $R_h$  of 692 nm, when  
 341 immersed in 1, 3, and 5 mg/mL glucose concentration the  $R_h$  of NG3 increases by 9%, 29%, and  
 342 35%, respectively, which is larger than that reported for AAPBA-based nanogel (6% increase)  
 343 [23].



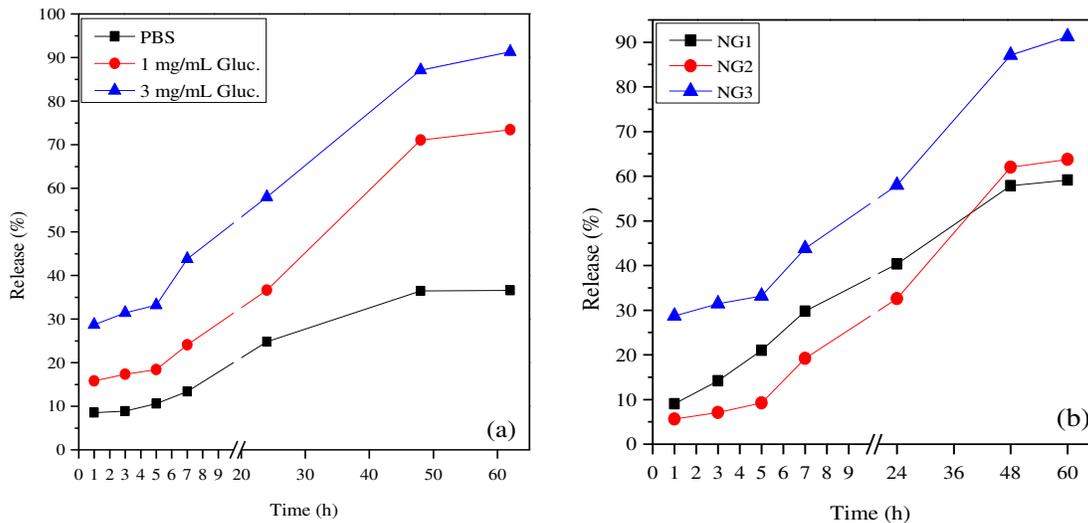
344  
 345 Fig. 7 The variation in  $R_h$  of (a) NG1, (b) NG2, and (c) NG3 nanogels as a result of the change in  
 346 temperature. The nanogel dispersed in 0.1 M PBS pH 7.4, and in 3 mg/mL glucose solution. (d)  
 347 The change in  $R_h$  of NG1 and NG3 at different glucose concentrations at 25 °C.

348 This increment in the nanogel's size can be explained by the enhanced sensitivity of DDOPBA  
349 moieties in the nanogel to glucose molecule. Fig. 7d compared the Rh of NG1 and NG3 at  
350 different glucose concentration and in both nanogels the Rh was increased with the increase in  
351 glucose concentration. It is known that the PBA moieties in an aqueous medium exist in  
352 equilibrium between their uncharged form and charged form. When the pH of the medium is  
353 close to the pKa of PBA, most of the PBA moieties will be changed to the charged form. This  
354 form can facilitate the interaction between the PBA moieties and glucose units and form a stable  
355 complexation. By increasing the concentration of glucose, more PBA moieties shift to charged  
356 form and the hydrophilicity of the polymers will increase. Consequently, the size of the nanogels  
357 will increase.

### 358 **3.5. Insulin release study of P(NIPAM-co-Dex-co-DDOPBA) nanogels**

359 The permeability and biocompatibility of the nanogel enable it be used for insulin delivery. The  
360 thermo-responsive behaviour of the prepared nanogel was used for drug loading and drug release  
361 study. Thus, the insulin was encapsulated inside the nanogel at 4°C for 24 h, and the loading  
362 capacity (LC) and encapsulation efficacy (EE) for the prepared nanogels were determined using  
363 UV-vis spectroscopy. The release study of the loaded insulin was also investigated at 37 °C  
364 which was higher than the VPTT of the prepared nanogels. Thus, the nanogel will collapse at this  
365 temperature. The EE is increased by increasing the DDOPBA moieties in the nanogel as greater  
366 interaction between insulin and DDOPBA moieties will occur. For example, the EE for NG1,  
367 NG2 and NG3 were 60 %, 67% and 68 %, while the LC was 14.9 %, 17.7 % and 17.97 %  
368 respectively. Fig. 8a depicts the released insulin from the nanogel when incubated with glucose  
369 media of different glucose concentrations (0, 1 and 3 mg/mL) at 37 °C and pH 7.4 for certain  
370 time durations. After each time interval, the nanogel was centrifuged, and the adsorption of the

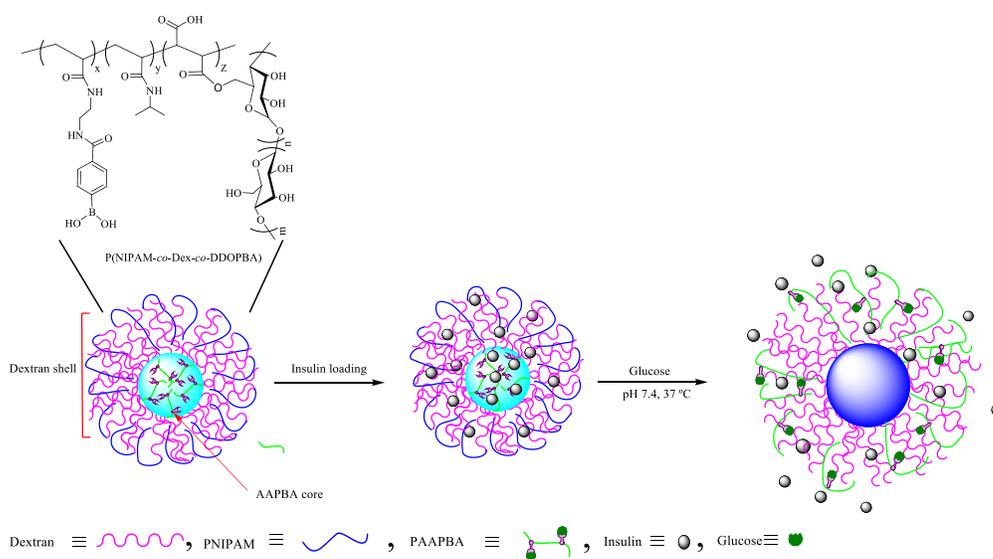
371 release medium was checked, and the medium was changed with a fresh one. The *in vitro* profile  
 372 of release of insulin from NG3 is shown in Fig. 8. It was observed that the concentration of  
 373 glucose has a significant effect on the release rate of insulin. The release rate was greater in the  
 374 presence of glucose solution compared to PBS. The burst release of insulin for NG3 incubated in  
 375 PBS was only approximately 8 %. This slow release rate of insulin in PBS is mimicking the  
 376 basal insulin release in the normoglycemic state. In contrast, much faster release of insulin was  
 377 observed when NG3 was incubated in 1 mg/mL, and 3 mg/mL glucose solutions, where nearly  
 378 16 % and 28 % of the payload was released in the first hour.



379  
 380 Fig. 8 *In vitro* release of insulin from (a) NG3 at different glucose concentrations (b) NG1, NG2  
 381 and NG3 nanogels in 3 mg/mL glucose dissolved in 0.1 M PBS pH 7.4 at different glucose  
 382 concentrations.

383 The release of insulin from NG3 was continuously controlled for 48 h, wherein 88 % of  
 384 insulin was released in 3 mg/mL glucose solution. Fig. 8b compared the release profiles for the  
 385 prepared nanogels, and it clearly showed that NG3 released more insulin in the first hour than  
 386 did NG1 and NG2, which was due to the high amount of insulin payload inside NG3 that can  
 387 generate an impetus diffusion of insulin. Nearly 92 % of the loaded insulin was released from  
 388 NG3 compared to 64 % for NG1 and 57 % for NG2 when they treated with 3 mg/mL glucose

389 solution. In this system, DDOPBA enhanced not only on the glucose sensitivity of nanogel, but  
 390 also sustained the release profile of the encapsulated nanogel. These results suggested that  
 391 nanogels could be used as injectable insulin-delivery systems due to their small size at  
 392 physiological conditions and their expected biocompatibility due to the use of Dex-MA as a  
 393 biodegradable crosslinker [36]. All of these findings indicated that the appropriate monomer in a  
 394 rational design could provide a sustained release of the drug under physiological conditions.  
 395 Scheme 3 demonstrated the procedure of insulin loading and insulin release from the nanogel.  
 396 The nanogel forms a core-shell structure at temperature  $\leq$  VPTT and  $\text{pH} \leq$   $\text{pK}_a$  of PBA moiety.  
 397 Under these conditions, a PBA moiety forms the core due to its hydrophobic nature, while  
 398 NIPAM and dextran form the hydrated shell. When the insulin-loaded nanogels were immersed  
 399 in the release medium containing glucose at  $\text{pH}$  7.4 and temperature 37 °C, the PBA get  
 400 protonated and bind to glucose increasing the charge density and the hydrophilicity of the  
 401 nanogel, as a consequence, the nanogel swells and also VPTT shifts near 37 °C. This glucose  
 402 induced size change will enhance the release of insulin from the nanogel.



Scheme 3 Schematic model of the glucose-induced insulin delivery of the nanogel.

#### 405 **4. Conclusion**

406 Three glucose-responsive nanogels of poly(N-isopropylacrylamide-co-dextran-grafted maleic  
407 acid-co-4-(1,6-dioxo-2,5-diaza-7-oxamyl) phenylboronic acid) nanogels, named as NG1, NG2  
408 and NG3 were prepared using free radical polymerization. The structures of these nanogels were  
409 characterized by <sup>1</sup>H NMR. The shape and size of the nanogels were characterized using TEM  
410 and DLS. The thermal stability of the prepared NGs was investigated using TG and DTG  
411 techniques. The VPTT was located by measuring the change in the nanogel's size via DLS. The  
412 glucose-induced insulin delivery from the nanogels was studied by UV-vis spectrometer The  
413 nanogel's swelling was significant when immersed in glucose solutions at physiological  
414 temperature, and the insulin-loaded NGs showed high dependence on glucose concentration at  
415 physiological pH and temperature. These NGs can be suitable for insulin delivery systems as the  
416 response to glucose alterations occurs under physiological pH and temperature.

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