#### ORIGINAL RESEARCH



# Risk of Malignancies in Patients with Rheumatoid Arthritis Treated with Rituximab: Analyses of Global Postmarketing Safety Data and Long-Term Clinical Trial Data

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### **ABSTRACT**

Introduction: Patients with rheumatoid arthritis (RA) are at an increased risk of developing malignancies, but it is unclear whether this increased risk is the result of disease pathobiology or immunosuppressant treatments for RA. This analysis evaluated the potential risk of malignancy in patients with RA treated with rituximab (MabThera®/Rituxan®) a CD20+

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**Methods**: Malignancy rates were obtained from the rituximab global company safety database for adverse event reporting and from the rituximab global clinical trial program for RA consisting of eight randomized clinical trials, two long-term open-label extensions, and one openlabel prospective study. Global company safety database searches were performed using the standard Medical Dictionary for Regulatory Activities (MedDRA) queries "Malignant tumors wide" and "Skin malignant tumors wide" up to April 30, 2017. Age- and sex-specific comparator values from the general population were obtained from the US National Cancer Institute Surveillance, Epidemiology, and End Results (SEER) database.

Results: For the 409,706 patients with RA in the rituximab global company safety database since first market approval in 2006, 1739 cumulative malignant events were reported, with an overall malignancy reporting rate of approximately 4.2 events per 1000 patients. No evidence of increased risk of malignancy, of any organ-specific type, was found following rituximab treatment. The rate of malignancies from rituximab-treated patients in RA clinical trials was 7.4 per 1000 patient-years. This is within the expected range, with no evidence for increased risk over time or with additional rituximab courses.

Conclusions: Analyses of the global postmarketing safety database and long-term clinical trial data showed no evidence of an increased risk of malignancy of any type following rituximab treatment in patients with RA.

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**Keywords:** Database; Malignancy; Real-world; Rheumatoid arthritis; Rituximab; Safety

### **Key Summary Points**

## Why carry out this study?

Patients with rheumatoid arthritis (RA) are at an increased risk of developing malignancies, but it is unclear whether this increased risk is the result of the disease pathobiology or treatment for their arthritis.

This analysis evaluated the potential risk of malignancy in patients with RA treated with rituximab using spontaneous postmarketing data and available clinical trial data.

#### What was learned from the study?

No evidence of an increased risk of malignancy of any organ-specific type following rituximab treatment was found in analysis of the rituximab global postmarketing safety database over 11 years since first market approval in RA.

The rate of malignancies from rituximabtreated patients in RA clinical trials was within the expected range, with no evidence for increased risk over time or with additional rituximab courses.

The overall malignancy reporting rate and malignancy types were consistent with those expected in patients with RA.

### INTRODUCTION

The anti-CD20 monoclonal antibody rituximab (MabThera®/Rituxan®, manufactured by F.

Hoffmann-La Roche Ltd) targets and depletes CD20+ B cells and is a biologic immunosuppressive therapy indicated for use in rheumatoid arthritis (RA) since 2006 [1, 2]. Rituximab in combination with methotrexate (MTX) improves disease symptoms in patients with moderate-to-severe, active RA who responded inadequately to  $\geq 1$  antitumor necrosis factor agent (aTNF). Rituximab also reduces the rate of progression of joint damage as measured by X-ray and improves physical function [3–10].

Long-term follow-up data from rituximab trials have demonstrated a well-tolerated safety profile in patients with RA (up to 11 years' follow-up) [11] as well as in patients with antineutrophil cytoplasmic antibody (ANCA)-associated vasculitis (up to 5 years' follow-up), for which rituximab is also indicated [12, 13]. Although these data are encouraging, it is important to continue monitoring the long-term safety of rituximab in patients with autoimmune diseases to identify potential cumulative risks associated with prolonged and repeated peripheral blood B-cell depletion, such as immunosuppression-associated malignancy.

Patients with RA have a slightly higher overall malignancy risk than the general population due to an elevated risk of specific malignancies, including lymphoma, lung cancer, and nonmelanoma skin cancer (NMSC) [14–16]. It is unclear whether this increased malignancy risk is a consequence of the underlying inflammatory activity associated with the disease itself or the immunosuppressive therapies used to treat RA. Several studies in patients with RA have reported no additional risk of overall malignancy with disease-modifying antirheumatic drugs (DMARDs) and biologics, including aTNFs [17–20], Janus kinase inhibitors [21], tocilizumab [22, 23], and rituximab [17, 20]. However, there are conflicting findings concerning the risk of NMSC with aTNF therapy [18–20, 24–26].

A recent analysis of data from patients with ANCA-associated vasculitis treated with rituximab found no increase in malignancy risk compared with that in the general population [27]. Similarly, there was no increased risk of malignancy in patients with RA treated with rituximab in long-term clinical trials over 11 years compared with that observed in the

general population or in published data in adults with RA [11]. The aim of our analysis is to further evaluate and characterize the potential risk of malignancy in patients with RA treated with rituximab using spontaneous postmarketing data and available clinical trial data.

### **METHODS**

# Analysis of the Rituximab Global Company Safety Database in RA

The global company safety database includes all serious and nonserious cases from spontaneous sources where rituximab is considered "suspect" (irrespective of reporter and company causality assessment), in addition to the serious adverse events and designated nonserious adverse events reported from global clinical trials. To provide cumulative malignant events for patients receiving rituximab for RA, the global company safety database was searched up to June 17, 2014, using the standard Medical Dictionary for Regulatory Activities (MedDRA; Version 17.0), with a subsequent search covering the period of June 18, 2014, to April 30, 2017 (MedDRA Version 20.0). The search used the standardized MedDRA queries (SMQs) "Malignant tumors wide" and "Skin malignant tumors wide." Cumulative data for the five most frequently reported high-level group terms are presented, including the most frequently reported MedDRA preferred terms and patient characteristics (sex, age, and history of prior malignancy). Incidence rates of malignant events could not be estimated, as it was not possible to accurately calculate overall patient exposure from the global safety database.

Based on the potentially increased risk of skin cancer or NMSC in patients with RA treated with biologics [26], additional searches and analyses were conducted for patients with skin malignancies. The SMQ "Skin malignant tumors wide" was used to broadly cover all skin malignant tumor preferred terms, including preferred terms of interest for further evaluation of NMSC (basal cell carcinoma, squamous cell carcinoma of skin, Bowen disease) and skin cancer. Cases

with reported preferred terms of NMSC and skin cancer were analyzed further at the case level.

Analyses conducted to investigate any causative link between NMSC and rituximab took into account the following factors: latency of onset from first dose of rituximab and from most recent dose of rituximab, rituximab therapy duration, and cumulative dose of rituximab before the onset of the NMSC event; latency of other immunosuppressants (first/last dose); ethnicity; concomitant medications as risk factors; other known risk factors; history of malignancy/concurrent malignancy; and diagnosis confirmed by a biopsy.

Analysis of the rituximab global company safety database for RA was an observational study that used only de-identified patient records and did not involve the collection, use, or transmittal of individually identifiable data; therefore, institutional review board approval to conduct this analysis was not necessary. The analysis of the RA clinical trial database was a pooled observed case analysis of safety data from patients who participated in the RA clinical trial program. Study designs and results of the clinical trials have been previously published and the study protocols for each clinical trial were approved by an ethics committee or institutional review board at each participating center before the start of each study. All patients provided written informed consent in accordance with the Declaration of Helsinki.

# Analysis of the RA Global Clinical Trial Database

The RA clinical trial database included patients with moderate-to-severe active RA treated with rituximab plus MTX enrolled in a global clinical trial program, which included MTX-naive patients as well as patients with an inadequate response to prior DMARDs including aTNFs. It comprised eight randomized clinical trials, two long-term open-label extensions, and one open-label prospective study [3–10, 28, 29] as of September 2012 (final clinical cut-off date). Eligibility criteria, study designs, and treatment regimens for these trials have been previously published [3–10, 28, 29]. The rituximab all-

exposure population consisted of all patients exposed to at least one or part of one rituximab infusion, regardless of dose. The clinical database of the all-exposure RA population was searched for malignancy events using the SMQ (MedDRA Version 16.0) "Malignant tumors wide."

The analysis of the RA clinical trial database was a pooled observed case analysis of safety data from patients who participated in the RA clinical trial program. Study designs and results of the clinical trials have been previously published and the study protocols for each clinical trial were approved by an ethics committee or institutional review board at each participating center before the start of each study. All patients provided written informed consent in accordance with the Declaration of Helsinki.

### **Statistical Analyses**

Malignancy rates are reported as events per 1000 patient-years (PY). Standardized incidence ratios (SIRs) were calculated as the ratio of number of observed malignancies to expected malignancies based on background rates within general population samples. Age- and sexspecific reference values of non-NMSC malignancy rates in patients with RA and in the general US population were obtained from previously published reports [11] and from the US National Cancer Institute Surveillance, Epidemiology, and End Results (SEER) database [30], respectively. Where available, 95% confidence intervals (CIs) are reported.

### RESULTS

### Rituximab Global Company Safety Database

As of April 30, 2017, 409,706 patients with RA had been exposed to rituximab since first market approval in 2006. A total of 1739 cumulative malignant events were reported, corresponding to an overall malignancy reporting rate of approximately 4.2 events per 1000 patients. Based on the MedDRA query search, the high-

level group terms with the highest number of events (malignant and unspecified) were skin neoplasms with 303 events (from 273 cases, of which 57 patients had a history of prior malignancy), followed by breast neoplasms (including nipple) with 236 events (from 222 cases, of which 30 patients had a history of prior malignancy), and respiratory and mediastinal neoplasms with 231 events (from 223 cases, of which 53 had a history of prior malignancy) (Table 1). The most common events reported by MedDRA preferred term were breast cancer with 157 events followed by basal cell carcinoma with 124 events. The five most common highlevel group terms are summarized in Table 1, along with the most frequently reported events. demographic characteristics, and malignancy history of the respective patients.

None of the identified NMSC cases were considered to have a possible causal association with rituximab based on analysis by the marketing authorization holder. No consistent timing of occurrence of an NMSC event relative to the timing or duration of prior treatment with rituximab was identified. Risk factors such as underlying disease, use of immunosuppressants, and medical history of malignant or premalignant skin conditions were identified in all NMSC cases.

### **RA Global Clinical Trial Database**

According to the final long-term safety report of the RA global clinical trial program [11], 3595 patients were included in the RA all-exposure rituximab population (80% female; mean age, 51.8 years) and received a mean of four courses (range, 1–20) of rituximab over 11 years (14,816 PY). There was no evidence of an increased risk of malignancy of any type over time or by increased number of rituximab courses (patients with a history of prior malignancy were excluded from study entry).

As previously reported [11], the rate of overall confirmed malignancies (excluding NMSC and nonmalignant events) (109 total events, 7.4 per 1000 PY [95% CI, 6.0–8.8]) was comparable with or lower than rates observed in the general RA population (11.7 per 1000 PY

Table 1 Frequently reported neoplasms by HLGT from the rituximab global company safety database for RA

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HLGT	Cumulative number of events	Sex, F/M/ UNK	Mean age, years	Malignant history, n, cases <sup>a</sup>	Most frequently reported events $(n)$
Skin neoplasms, malignant and unspecified	303	197/73/3	66.4	57	BCC (124)
					Skin cancer (72)
					Malignant melanoma (41)
					Bowen disease (12)
					SCC of the skin (11)
Breast neoplasms, malignant and unspecified	236	214/1/7	60.3	30	Breast cancer (157)
(including nipple)					Invasive ductal breast carcinoma (15)
					Breast cancer, metastatic (15)
					Intraductal proliferative breast lesion (14)
					Breast cancer, recurrent (14)
Respiratory and mediastinal neoplasms, malignant and unspecified	231	126/89/8	66.5	53	Lung neoplasm, malignant (87)
					Lung adenocarcinoma (27)
					Lung cancer, metastatic (20)
					SCC of the lung (19)
					Bronchial carcinoma (11)
GI neoplasm, malignant and unspecified	191	115/55/9	67.4	25	Colon cancer (41)
					Pancreatic carcinoma (17)
					Adenocarcinoma of colon (13)
					Gastric cancer (12)

Table I continued					
HLGT	Cumulative number of events	Sex, F/M/ UNK	Mean age, years	Malignant history, n, cases <sup>a</sup>	Cumulative number Sex, F/M/ Mean age, Malignant history, Most frequently reported of events UNK years n, cases <sup>a</sup> events (n)
Miscellaneous and organ unspecified neoplasms, malignant and unspecified	180	109/56/9 66.6	9.99	33	Neoplasm, malignant (67)
•					(17)
					Metastatic neoplasm (16)
					Adenocarcinoma (15)
					Recurrent cancer (7)

BCC basal cell carcinoma, F female, GI gastrointestinal, HLGT high-level group term, M male, MedDRA Medical Dictionary for Regulatory Activities, RA rheumatoid arthritis, SCC squamous cell carcinoma, SMQ Standardized MedDRA Query, UNK unknown or unspecified Search performed using MedDRA Version 21.0

<sup>a</sup> Case contains a medical history entry from the "Malignant tumors wide" SMQ or from the "Skin malignant tumors wide" SMQ

and 13.0 per 1000 PY [95% CI, 11.9-14.1]) [26, 31]. Breast cancer was the most frequently reported malignancy (16 total events, 1.4 per 1000 PY [95% CI, 0.8-2.2], in female patients only), with a rate that was comparable with or lower than that reported in the general adult RA population (1.3 per 1000 PY and 2.1 per 1000 PY [95% CI, 1.7–2.6]) [26, 31]. The rates of overall confirmed malignancies and breast cancer did not increase over time (Table 2). As previously reported [11], age- and sex-matched SIRs for non-NMSC malignancies (1.07 [95% 0.88-1.29]) were comparable with published data in adults with RA (1.05 95% CI, 1.01-1.09]) [16] and with data obtained from the SEER database (1.1 [95% CI, 0.9-1.3]) [30] of the general US population. Similarly, the SIR for breast cancer (0.63 [95% CI, 0.36-1.03]) was comparable with that from published data in adults with RA (0.84 [95% CI, 0.79-0.90]) [16].

Among 68 NMSC events reported (rate 4.6 per 1000 PY) [11], basal cell carcinoma was most frequent (46 events), followed by squamous cell carcinoma (21 events).

There were  $\leq$  6 events each of other organspecific malignancies, including lymphoma, leukemia, kidney, liver, ovarian, and prostate cancers, falling within or below the expected rate ranges for this population [26] (data not shown).

## DISCUSSION

This study represents the most comprehensive analysis of long-term malignancy reporting rates in patients treated with rituximab for RA, drawing on all spontaneously reported safety events since 2006 and RA clinical trials covering a period up to 11 years of follow-up. Analysis of organ-specific malignancies of interest in patients with RA found no increased risk with rituximab treatment. Breast cancer was the most frequently reported malignant event in the rituximab global company safety database and the most frequently reported solid tumor observed in the clinical trial program. However, reported rates did not differ from those of the general population of adults with RA [32]. Skin neoplasms were the most frequent high-level

**Table 2** Rates of all malignancies and breast cancer over time from RA clinical trials (all-exposure rituximab population)

Year of data cut-off	Total number of patients (exposure in PY)	Rate of overall malignancy per 1000 PY <sup>a</sup>	Rate of breast cancer per 1000 PY <sup>b</sup>
2007	2578 (4006)	8.2	2.2
2008	3095 (7198)	8.3	1.4
2009	3189 (9342)	8.2	1.4
2010	3194 (11,962)	6.9	1.2
2011	3595 (14,008)	7.2	1.1
2012	3595 (14,816)	7.4	1.4

PY patient-years, RA rheumatoid arthritis, NMSC non-melanoma skin cancer

group terms in the rituximab global company safety database, of which the majority were NMSC, a type of malignancy previously suggested to be increased by exposure to biologics [19, 24, 26]. The incidence rate of NMSC in the rituximab clinical trial program (4.6 per 1000 PY) [11] was lower than those reported in patients with RA who received aTNFs (18.9 per 1000 PY), nonbiologic DMARDs (12.7 per 1000 PY) [33], as well as other therapies (18.1 per 1000 PY) [34]. In addition, a detailed review of NMSC cases in the safety database did not reveal any specific pattern and was consistent with epidemiology and literature reports in nononcology indications, indicating no additional risk of NMSC related to rituximab [16, 30].

The extended analysis of long-term followup data from the rituximab clinical trial program in RA [11] showed no trend toward increased overall risk of malignancies with rituximab over time. These robust data pooled from randomized controlled trials provide information from a frequently assessed patient population in which significant comorbidities such as prior malignancy were excluded, reducing confounding factors. Importantly, the lack of increased malignancy risk with rituximab in patients with RA was supported by analysis of the global safety database, with less stringent inclusion criteria. Findings from the British Society of Rheumatology Biologics Register (BSRBR) and the Swedish Rheumatology Quality/Anti-Rheumatic Therapy in Sweden (SRQ/ARTIS) registries [20, 35] and recent data from the SUNSTONE registry [36] further support the conclusion that malignancy risk in patients with RA is not increased by treatment with rituximab compared with nonbiologic treatment.

A strength of this analysis is the presentation of safety data from both the global company safety database and the RA clinical trials database. Although an incidence rate could be calculated for the clinical trials database, patients with significant comorbidities are excluded from clinical trials. The spontaneously reported data from the global safety database, on the other hand, included patients with any comorbidities and pre-existing conditions but could not yield an incidence rate due to the inability to accurately calculate overall patient exposure. In addition, because safety data for rituximab are widely known, there may be a channeling bias related to treatment, with patients at higher risk of malignancy or recurrence being treated with rituximab [6, 8, 11, 17]. This may result in an increased rate of malignancy in observational databases. Thus, the sum of this report gives the most complete picture of malignancies in patients with RA exposed to rituximab with the data currently available.

A major confounding factor in the analysis of malignancy in patients with RA following rituximab treatment is that many patients with RA receive rituximab therapy after treatment with other DMARDs or biologics for RA [37, 38]. Many patients had received prior DMARDs, including aTNF therapy, prior to enrollment and, therefore, had a cumulative exposure to biologic treatment longer than the stated follow-up periods. Indeed, aTNF treatment may increase the risk of NMSC [18, 19, 24, 26]. An additional limitation of the analysis is that patients stopping rituximab therapy are more likely to have been lost to follow-up than those staying on therapy, which may have led to an

<sup>&</sup>lt;sup>a</sup> Serious adverse events as reported by the investigator; excludes NMSC and nonmalignant events

b Female patients only

exclusion of certain patient sub-populations within this analysis. It is also possible that some cases of malignancy among patients with RA receiving rituximab may not have been reported to the rituximab global company safety database and therefore were not included in this analysis. Finally, the SEER database that was used for comparison of age- and sex-matched SIRs contained data from the US general population whereas clinical trial data were obtained from patients with RA in multiple global countries.

### CONCLUSIONS

This safety analysis of the global company postmarketing safety database and long-term clinical trial data identified no additional increased risk of malignancy of any type with long-term use of rituximab treatment among patients with RA. Malignancy reporting rates from patients in RA clinical trials remained stable over time, and malignancy types were consistent with those expected in patients with RA.

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Authorship Contributions. All authors were involved in drafting the manuscript, reviewing, and revising it critically for important intellectual content. Paul Emery, Daniel Furst, Patricia Lehane, Petra Kirchner, and Simone Melega contributed to the conception and study design, acquisition, analysis, and interpretation of data. Stuart Lacey contributed to the study design, analysis, and interpretation of data. All authors read and approved the final version.

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Compliance with Ethics Guidelines. Analysis of the rituximab global company safety database for RA was an observational study that used only de-identified patient records and did not involve the collection, use, or transmittal of individually identifiable data; therefore, institutional review board approval to conduct this analysis was not necessary. The analysis of the RA clinical trial database was a pooled observed case analysis of safety data from patients who participated in the RA clinical trial program. Study designs and results of the clinical trials have been previously published and the study protocols for each clinical trial were approved by an ethics committee or institutional review board at each participating center before the start of each study. All patients provided written

informed consent in accordance with the Declaration of Helsinki.

Data Availability. Access to individual patient-level data from the datasets used and/or analyzed during the current study may be requested by qualified researchers through the clinical study data request platform (www. clinicalstudydatarequest.com). Further details on Roche's criteria for eligible studies are avail-(https://clinicalstudydatarequest. here: com/Study-Sponsors/Study-Sponsors-Roche.aspx). For further details on Roche's Global Policy on the Sharing of Clinical Information and how to request access to related clinical study documents, see here: (https://www.roche.com/research\_and\_ development/who we are how we work/clin ical\_trials/our\_commitment\_to\_data\_sharing.htm).

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