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1 **Activated carbons of varying pore structure eliminate the bioavailability of 2,3,7,8-**  
2 **tetrachlorodibenzo-*p*-dioxin to a mammalian (mouse) model**

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29 **Abstract**

30           The use of activated carbon (AC) as an *in situ* sorbent amendment to sequester  
31 polychlorinated-dibenzo-*p*-dioxins and furans (PCDD/Fs) present in contaminated soils and  
32 sediments has recently gained attention as a novel remedial approach. This remedy could be  
33 implemented at much lower cost while minimizing habitat destruction as compared to traditional  
34 remediation technologies that rely on dredging/excavation and landfilling. Several prior studies  
35 have demonstrated the ability of AC amendments to reduce pore water concentrations and hence  
36 bioaccumulation of PCDD/Fs in invertebrate species. However, our recent study was the first to  
37 show that AC had the ability to sequester 2,3,7,8-tetrachlorodibenzo-*p*-dioxin (TCDD) in a form  
38 that eliminated bioavailability to a mammalian (mouse) model. Here we show that three  
39 commercially available ACs, representing a wide range of pore size distributions, were equally  
40 effective in eliminating the bioavailability of TCDD based upon two sensitive bioassays, hepatic  
41 induction of *cyp1A1* mRNA and immunoglobulin M antibody-forming cell response. These  
42 results provide direct evidence that a wide range of structurally diverse commercially available  
43 ACs may be suitable for use as *in situ* sorbent amendments to provide a cost-effective remedy for  
44 PCDD/F contaminated soils and sediments. Potentially, adaption of this technology would  
45 minimize habitat destruction and be protective of ecosystem and human health.

46 **Key Words**

47 TCDD, immune response, remediation, sorbent amendments

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## 54 **1. Introduction**

55           The ubiquitous occurrence of polychlorinated dibenzo-*p*-dioxins and polychlorinated  
56 dibenzofurans (PCDD/Fs) in the environment results from their formation as unintentional  
57 byproducts of chemical manufacturing, including pesticide production and the historic chlor-  
58 alkali process, and from both anthropogenic (incineration) and natural (forest fires and volcanic  
59 activities) combustion [1,2]. The natural *in situ* formation of predioxins and octachlorodibenzo-  
60 *p*-dioxin may also occur on the surfaces of ball clays [3]. In recent decades, significant  
61 technological and regulatory improvements have limited the anthropogenic release of these  
62 compounds to the environment. However, their widespread distribution and recalcitrance in soils  
63 and sediments, coupled with their high toxicity at low levels of exposure, contributes to their  
64 high priority for remediation throughout the world [4,5].

65           Human exposure of PCDD/Fs is potentially associated with many adverse health effects  
66 including cardiovascular disease, diabetes, cancer, porphyria, endometriosis, altered hormone  
67 levels and reproductive health, skin, tooth, and nail abnormalities amongst others [5, 6]. Perhaps  
68 most alarming, exposure to PCDDs at levels only a single order of magnitude greater than current  
69 mean background levels for the general population (viz. 15 ppt serum lipid basis) manifests  
70 negative health outcomes [7]. Exposure to PCDD/Fs has been linked to prenatal mortality in a  
71 number of mammalian species including mice, rabbits and mink [8]. Interestingly, the  
72 proliferation of antibiotic resistance genes in the gut microbiota of mice has been associated with  
73 the immune response induced by TCDD exposure [9].

74           Remediation of PCDD/F contaminated soils and sediments often involves removal by  
75 excavation or dredging and disposal in hazardous waste landfills, with varied degrees of

76 effectiveness [10,11]. This traditional remedy is associated with high cost and substantial habitat  
77 destruction, for example detrimental effects on benthic ecosystems, and can result in re-  
78 distribution of contaminated sediments [12]. Therefore, efforts have been made to develop new  
79 remediation technologies that are less expensive and destructive while being protective of  
80 ecosystem and human health. The use of activated carbon (AC) sorbent amendments has  
81 emerged as a particularly promising treatment alternative [13].

82         A select number of studies showing reductions in pore water concentrations of PCDDs  
83 and subsequent reductions in bioaccumulation amongst benthic organisms and soil invertebrates  
84 has provided the impetus for further scientific investigation of this technology [13–17].  
85 However, from a public policy standpoint, mammalian exposure and bioavailability has been  
86 considered in order to make decisions protective of human health. In 2012, based on evidence  
87 that 16-28% of measured PCDD/Fs in Midland bulk soils were orally bioavailable to mammals,  
88 Dow Chemical (Midland, Michigan, USA) was granted a site-specific variance in soil  
89 remediation targets (from 90 to 250 ppt TEQ) by the Michigan Department of Environmental  
90 Quality (MDEQ) [18,19]. The significance of the direct oral exposure pathway has been  
91 established through studies on the advertent and inadvertent ingestion of soil documented in  
92 humans, especially children, and wild animals [20-22].

93         We recently showed that a commercial AC has the ability to sequester PCDD/Fs in a  
94 form that eliminates mammalian bioavailability. When TCDD was sequestered by AC it failed to  
95 elicit a hallmark of TCDD exposure, i.e. suppression of immune system response; other sorbent  
96 materials including silica and smectite (e.g. montmorillonite) clays did not reduce TCDD  
97 bioavailability to the mammalian (mouse) model [23–25]. In addition, TCDD sequestered by AC  
98 was shown to eliminate characteristic TCDD influences on the gut microbiome [26]. The

99 beneficial effect of AC in reducing mammalian toxicant exposure in the gut has motivated its  
100 recommended use for livestock and humans following acute exposures [27-29].

101 The efficacy of AC as a sorbent for organic contaminants is well established accounting  
102 for its use in many treatment processes including both water and gas flu treatment [30,31]. This  
103 is especially true in the case of planar hydrophobic compounds which are intrinsically suitable  
104 for hydrophobic pore-filling processes coupled with van der Waals attraction characteristic of  
105 contaminant sorption by AC [32]. The sorption capacity of ACs have been shown to be orders of  
106 magnitude greater than the primary native soil/sediment sorptive component for hydrophobic  
107 contaminants, namely amorphous organic matter [33]. Pore structure is known to play an  
108 important role in the sorption potential of all porous media across a variety of scales [34]. The  
109 pore structure of ACs is dependent on the source material as well as physical and chemical  
110 processes utilized in their formation. Because of this, the pore structure of ACs varies  
111 significantly among different commercially available products, likely affecting their suitability  
112 for specific applications [35].

113 Pore characteristics play a significant role in determining the irreversibility of  
114 contaminant sorption, or the kinetic release, by ACs. For example, a common assumption is that  
115 a pore size of 1.3-1.7 times the molecular (kinetic) diameter of a particular compound manifests  
116 the greatest sorption energy and preferential sorption [36]. This concept has been utilized in the  
117 pharmaceutical industry to help modulate drug delivery via a porous silica media [37]. Dynamic  
118 molecular simulations show that the energetics of sorption are most favorable with pores slightly  
119 larger than TCDD molecules [38]. As the pore size increases, the mean potential energy of  
120 sorption for the TCDD molecule decreases. Molecular simulations also suggest that the water  
121 density within individual pores decrease as pore size decreases. The resulting sub-aqueous

122 environment would plausibly be energetically favorable for hydrophobic compounds such as  
123 TCDD [29].

124 The goal of the current study was to investigate the effectiveness of AC materials  
125 representing a wide range of pore structure distributions, as well as specific surface areas, in  
126 reducing the bioavailability of TCDD using a mammalian (mouse) model. The mouse has been  
127 extensively characterized with respect to its biological and toxicologic responses to PCDD and  
128 dioxin-like compounds with induction of hepatic enzyme, cytochrome P-4501A1 (*cyp1A1*), and  
129 suppression of the primary IgM antibody response being among the most sensitive to PCDD/F  
130 exposure. For this reason the mouse and these specific responses were assayed when  
131 determining bioavailability of PCDDs. In addition to the WPC AC used in our previous study,  
132 two additional AC materials were selected for study (Table 1; FM1 and G60). The three ACs  
133 were loaded with TCDD via the incipient wetness method, and delivered to mice via oral gavage.  
134 Bioavailability in mice was determined through enumeration of the anti-sheep erythrocyte  
135 (sRBC) IgM antibody forming cells (AFC) and induction of *cyp1A1* mRNA, two hallmark  
136 responses of TCDD exposure in mammals.

## 137 **2. Materials and Methods**

### 138 *2.1 Selection of ACs*

139 In a previous study, five activated carbons were characterized using nitrogen absorption to  
140 determine specific surface area and pore size distribution [23]. Of the five ACs, three were  
141 selected for use in the current study (Table 1). WPC, used in the previous feeding study,  
142 represented a microporous dominant AC while Darco FM-1 (Cabot Corp) represented a  
143 mesoporous dominant AC. Specific surface area was also considered for selection of AC  
144 materials. The specific surface area of FM-1 was smaller than WPC while Darco G60 (Cabot

145 Corp) had increased specific surface area compared to WPC and with a more even distribution of  
146 mesopores and micropores.

147 < Table 1. Structural properties of activated carbon >

148

149

## 150 *2.2 Preparation of ACs*

151 Loading the three ACs with the required amount of 2,3,7,8-TCDD via aqueous sorption  
152 was impractical due to TCDD's extremely low solubility in water (0.2-0.3  $\mu\text{g/L}$ ) [39]. Therefore,  
153 the incipient wetness method was employed to load TCDD into the pore structures of the three  
154 AC sorbents as conducted and validated in previous studies [23-25].

155 Two 500 mg portions of each of the three ACs were measured in Corex glass centrifuge  
156 tubes (30 mL). TCDD spike solutions were prepared in DMSO at concentrations (47.7, 63.37, &  
157 100  $\mu\text{g/mL}$ ) necessary to deliver equivalent masses of TCDD in DMSO volumes (336, 253, 160  
158  $\mu\text{L}$ ) equivalent to the pore volume of the respective ACs (G60, FM-1, WPC) listed in Table 1.  
159 Removal of DMSO followed the method described in our previous study [23]. The procedure  
160 resulted in TCDD-AC of either 0 or 32  $\mu\text{g/g}$  for each of the three ACs. Thermogravimetric  
161 analysis (TGA) was used to quantify mass loss during heating. Approximately 30 mg of AC was  
162 placed in a ceramic crucible and placed in the TGA (model TGA/SDTA851e, Mettler Toledo,  
163 OH). The samples were heated from 25 to 1000  $^{\circ}\text{C}$  at an increment rate of 20  $^{\circ}\text{C}$  per minute in a  
164  $\text{N}_2$  atmosphere. The TGA data are reported as percent mass loss of the initial mass and the 1<sup>st</sup>  
165 derivative of the mass loss curves which shows the temperature ranges where mass-loss events  
166 occur.



167 Aqueous suspensions, necessary to administer the samples to the mice via oral gavage,  
168 were prepared by combining 156.25 mg of each TCDD-AC material with 5 mL of deionized  
169 water in 20 mL glass scintillation vials.

### 170 *2.3 TCDD Analysis*

171 Samples of each of the three AC materials, loaded with TCDD following the incipient  
172 wetness method described above, were analyzed by Pacific Rim Laboratories INC (Surrey, BC,  
173 Canada) following the EPA 1613b standard reference method [40]. Briefly, 0.5 g samples of  
174 each AC underwent 64 hours of Soxhlet extraction using toluene. Resulting extracts were  
175 brought up to 100 mL with toluene. A 10  $\mu$ L aliquote of sample extract was combined with 0.5  
176 ng of  $^{13}\text{C}_{12}$ -2,3,7,8-TCDD and 1.0 ng of  $^{13}\text{C}_{12}$ -1,2,3,4-TCDD and made up to a final volume of  
177 50  $\mu$ L prior to HRGC/HRMS analysis. Results from the analyses of all three AC materials are  
178 provided in Table 2.

179 < Table 2. Analytical detection and recoveries of TCDD from activated carbon materials >

### 180 *2.4 Animals*

181 Eight to twelve week old pathogen-free B6C3F1 female mice, purchased from Charles  
182 River Breeding Laboratories (Portage, MI, USA), were randomly divided into 9 experimental  
183 groups (5 mice per group). Each group was placed into its own plastic cage containing sawdust  
184 bedding. Prior to the start of the experiment, the mice were acclimated for two weeks to allow  
185 their body weights to reach approximately 20 g. Animal holding rooms were operated with 12-  
186 hour light/dark cycles at temperatures of 21-24°C and 40-60 % relative humidity. Water and  
187 food (Purina Certified Laboratory Chow) were provided without restraint and all procedures

188 involving mice were in accordance with the Michigan State University Institutional Animal Care  
189 and Use Committee.

### 190 *2.5 Seven Day Feeding Trials*

191 Following the feeding protocol previously established [17–19], a 7-day feeding study  
192 comprising 4 TCDD treatments was performed. Treatment groups included those receiving 1.0  
193  $\mu\text{g}/\text{mL}$  TCDD in either corn oil (TCDD-CO) or in the three different AC solutions (TCDD-AC).  
194 In addition, control groups consisting of the vehicles (corn oil or AC) only were prepared. The  
195 final group was kept naïve, receiving no treatment regimen. Details of the treatment matrix are  
196 provided in Table 3.

197 < Table 3. Treatment groups and experiment timeline >

198 On days one through four, mice received 200  $\mu\text{L}$  aliquots of their respective treatment via  
199 oral gavage, with mice in groups 5-8 receiving a mass of TCDD (10  $\mu\text{g}/\text{kg}$  bw/day) in their  
200 respective vehicles daily. On day 3, Groups 1-8 mice were sensitized with  $1 \times 10^9$  sheep red  
201 blood cells (sRBC) by intraperitoneal injection to initiate a T cell dependent humoral immune  
202 response. Mice were euthanized by cervical dislocation 4 days post sensitization (day 7). Body  
203 weight was immediately determined prior to resection of the liver (for cyp1A1 induction) and  
204 spleen (for AFC response). Each liver and spleen were then weighed individually. Mouse  
205 feeding trials were repeated approximately 6 months apart to confirm reproducibility. Results are  
206 representative of the 2 separate experiments.

### 207 *Antibody forming cell response*

208 Enumeration of anti-sRBC IgM antibody forming cells (AFCs) was performed using the  
209 Jerne plaque assay [41] following the method described previously [23]. Duplicate assays were

210 prepared for each mouse sample (5 mice per treatment) resulting in 10 assays per treatment  
211 group. AFC counts were normalized with total cell counts enumerated with a ZI Coulter particle  
212 counter (Beckman Coulter, Pasadena, CA, USA) and figures are presented as anti-sRBC IgM  
213 AFC/ $1 \times 10^6$  splenocytes.

## 214 *2.6 Cyp1A1 gene expression*

215 Induction of *cyp1A1* mRNA was quantified by real time polymerase chain reaction  
216 (PCR). Sacrificed mouse livers, stored at -70C in TRI Reagent (Sigma-Aldrich, St. Louis, MO,  
217 USA), were homogenized then phase separated using bromochlorophenol. RNA was precipitated  
218 from the aqueous phase using isopropanol. Extraction, purification, and DNase treatment  
219 followed using a Promega SV total RNA isolation system. A high capacity cDNA reverse  
220 transcription kit (Applied Biosystems, Foster City, CA, USA) was employed for reverse  
221 transcription of total RNA using random primers. Amplification of the of the cDNA using a  
222 Taqman primer/probe set for mouse *cyp1A1* (Applied Biosystems) preceded analysis with a 7900  
223 HT fast real-time polymerase chain reaction (PCR) system (Applied Biosystems). Fold change  
224 values were calculated using the  $\Delta\Delta C_T$  method [42].

## 225 *2.7 Statistical Analysis*

226 Real-time PCR statistical analysis was performed on  $\Delta C_T$  values using Prism version 4.0a  
227 (Graphpad, La Jolla, CA, USA). Statistically significant differences between treatment groups  
228 and controls were determined by Dunnett's two tailed *t* test.

## 229 **3. Results and Discussion**

### 230 *3.1 Analytical assessment of TCDD-AC material*

231 Analytical determination of the concentration of PCDD/Fs and similar compounds in  
232 carbonaceous materials is complicated by the lack of an established reference method that  
233 provides adequate recoveries. Currently, EPA Method 1613 serves as the standard method for  
234 the extraction and quantification of tetra- through octa- chlorinated dioxins and furans from  
235 numerous matrices including soils and sediments [40]. Following the preparation of ACs by the  
236 incipient wetness method, AC samples from each of the three study materials were analyzed by  
237 Pacific Rim Laboratories using EPA Method 1613. Total calculated concentrations ranged from  
238 7.5 – 8.7  $\mu\text{g/g}$  with corresponding percent recoveries of 23.5-27.1 % (Table 2). Interestingly,  
239 extraction efficiency seemed to increase with decreasing percentage of micropore volume. These  
240 low results are consistent with extraction efficiencies for PCDD/Fs and similar compounds and  
241 from similar carbonaceous materials reported elsewhere, and highlights the irreversibility of  
242 TCDD binding and the ineffectiveness of current standard methods for the extraction and  
243 analysis of PCDD/Fs from graphitic porous materials [43–45]. Furthermore, the inefficiency of  
244 TCDD extraction directly reflects the sequestering ability of ACs and corresponding reduction in  
245 bioavailability.

246 As pyrogenic carbonaceous materials are natural constituents of all soils and sediments,  
247 prior environmental assessments using standard methodology may underestimate the actual  
248 environmental abundance of these compounds. Our prior published studies on the bioavailability  
249 of TCDD sorbed by silica and smectite clay [24,25] followed the incipient wetness method.  
250 Results from these studies showed no loss of TCDD associated with the incipient wetness  
251 method. Specifically, dose dependent responses in mice were identical when the equivalent doses  
252 of TCDD were administered directly in corn-oil or as TCDD–clay and –silica complexes. In the  
253 experiments with AC, the extracted concentrations of 7.5 – 8.7  $\mu\text{g/g}$  determined using the

254 standard method and quantified via HR-GC/MS, would be sufficient to elicit a significant  
255 bioresponse by both bioassays (i.e. AFC response and *cyp1A1* mRNA induction) in the current  
256 and previous studies if that mass of TCDD was bioavailable. In fact, we have shown repeatedly  
257 that exposure to TCDD at levels as low as 0.01 µg/mL, which would correspond to TCDD-AC  
258 concentrations of 0.32 µg/g, would result in a significant bioresponse in both bioassays assuming  
259 the TCDD was bioavailable [23-25]. Therefore, thermal gravimetric analysis was used to verify  
260 loading via incipient wetness, and the two sensitive bioassays utilized in our prior published  
261 work [23-25] were used to measure bioavailability following oral exposure of the mammalian  
262 (mouse) model.

### 263 *3.2 Confirmation of pore filling*

264 Based on our working hypothesis that smaller micropores sorb TCDD more strongly than  
265 larger mesopores, we hypothesized that bioavailability would increase with increasing proportion  
266 of mesoporosity. A benefit inherent in the incipient wetness method is that sorption of TCDD  
267 dissolved in DMSO is directly related to pore filling, since the volume of DMSO solvent  
268 (containing dissolved TCDD) added corresponds to the pore volume of each AC. When added to  
269 the AC, the material is mixed rigorously until all the solvent has been internalized within the AC  
270 pore structure. Thus, the TCDD-DMSO fills both mesopores and micropores.

271 To quantify the pore filling process, thermogravimetric analysis (TGA) was performed on  
272 AC samples loaded with DMSO via the incipient wetness method, both before the 2-hour 200°C  
273 solvent removal and after. Thermograms of the mass removal curves (TG) and their derivatives  
274 (DTG) are shown in Figure 1. The amount of DMSO added was equal to the pore volume of the  
275 mass of AC used based on the following measured pore volumes: WPC (32 %) < FM1 (50.5 %)

276 < G60 (67.1 %). The percent removals (Figure 1) confirm that the masses of DMSO removed  
277 (WPC<FM1<G60) correlates with the masses of DMSO added and the AC pore volumes. The  
278 derivatives of the mass loss thermograms (DTG) (Figure 1) provide evidence of pore filling for  
279 both micro and meso pores in the three ACs. The large negative peak in the DTG curves at 150  
280 °C for both G60 and FM1 corresponds to rapid removal of DMSO from larger mesopores (2-50  
281 nm). In addition, the two ACs with significant micropore volumes, WPC and G60, both showed  
282 significant tailing in the DTG curve at higher temperatures extending from 150 to 300 °C. This  
283 tailing is characteristic of the removal of DMSO from micropores (<2 nm), which requires more  
284 time and energy.

285 < Figure 1. Thermogravimetric analysis (TGA) of DMSO infused activated carbons via the  
286 incipient wetness method. Thermograms (TG) of mass loss loss (top) and their derivatives  
287 (DTG) (bottom) following a heating ramp to 500°C. >

288  
289 When TGA analysis was performed on the AC materials after DMSO removal at 200°C  
290 for 2 hours, an insignificant mass loss was observed demonstrating the effectiveness of the  
291 heating protocol for DMSO removal. The early peaks in the derivative curves for all three ACs is  
292 likely associated with a small amount of moisture that condensed on the sample during the  
293 cooling process after the material has been heated. Taken together, data from TGA analysis  
294 provides good evidence that the incipient wetness method was effective in pore-filling of both  
295 meso- and micro- pores. In addition, these data also confirmed that the heating protocol, 200°C  
296 for 2 hours, was effective in removing DMSO from AC materials.

297 *3.3 Activated carbon effect on reducing bioavailability via cyp1A1 induction and the Jerne*  
298 *plaque Assay*

299 The induction of *cyp1A1* is a hallmark response of AhR agonists including PCDDs and  
300 was measured using liver tissue of mice. When exposed to TCDD via the corn oil vehicle,  
301 *cyp1A1* mRNA expression increased by more than 4000 fold compared to that of mice exposed  
302 to the corn oil vehicle with no TCDD (Figure 2). This response is in excellent agreement with the  
303 *cyp1A1* expression in mice exposed to the same levels of TCDD in corn oil from previous work  
304 [23]. However, when the same mass of TCDD was delivered to mice in each of the three AC  
305 vehicles, no significant response was detected (Figure 2). Likewise, compared to the corn oil  
306 control, no significant difference in *cyp1A1* expression resulted from administering any of the  
307 three AC vehicles without TCDD. Importantly, sequestration of TCDD by any of the three ACs  
308 eliminated TCDD bioavailability to bind the AhR, whereas TCDD freely available in corn oil  
309 was clearly bioavailable and resulted in increased expression of the *cyp1A1* gene.

310 < Figure 2. Cyp1a1 mRNA fold expression in mouse liver after treatment with corn oil or  
311 activated carbon of various pore structures with and without 2,3,7,8 - tetrachlorodibenzo-*p*-  
312 dioxin. \* indicates a significant difference at  $p < 0.05$  level compared to the respective vehicle  
313 control group. >

314  
315 Suppression of immune function is another hallmark of TCDD toxicity in mammals.  
316 Hence, in addition to *cyp1A1* induction in the liver, the Jerne Plaque Assay was employed to  
317 evaluate TCDD-induced suppression of humoral immune function in mice, and its elimination  
318 via reduction in bioavailability, through quantification of antigen-specific T cell dependent IgM  
319 AFC response. Mice were sensitized to the antigen, sRBC, on day three of the seven day feeding  
320 trial (Table 3). Our work has demonstrated that AC materials, alone, do not interfere with the  
321 IgM responses in mice [23]. Therefore, in experiments where the mammalian (mouse) model  
322 was exposed to corn oil, TCDD and AC, alone and in various combinations, suppression of the  
323 anti-sRBC IgM AFC response results from exposure to TCDD, and establishes the

324 bioavailability of TCDD. As expected, the AFC response was significantly suppressed in mice  
325 following exposure to TCDD in the corn oil vehicle (Figure 3). However, the AFC response in  
326 mice exposed to TCDD-AC showed no evidence of suppression compared to the corresponding  
327 groups exposed to each AC with no TCDD. This was true for all three TCDD-AC materials  
328 despite substantial differences in pore size distribution, i.e. the relative percentages of micro- and  
329 meso-pores. These results confirm and expand our prior findings [23].

330 < Figure 3. Suppression of humoral immunity observed in response to 2,3,7,8 -  
331 tetrachlorodibenzo-*p*-dioxin administered by oral gavage in either corn oil or sorbed on to  
332 activated carbon. \* indicates a significant difference at  $p < 0.05$  level compared to the respective  
333 vehicle control group.>

334  
335 Previous studies have shown that TCDD exposure in mice can impact organ mass relative  
336 to body weight [23-25]. In agreement with these prior observations, TCDD exposure in corn oil  
337 resulted in an increased liver weight ratio (to body mass) and decreased spleen weight ratio  
338 compared to the corn oil vehicle (Figure 4). Mice fed TCDD sequestered by the AC materials did  
339 not manifest this characteristic response, again indicating the elimination of TCDD  
340 bioavailability. In fact, TCDD-G60 resulted in a significant reduction in liver weight ratio  
341 compared to G60 alone.

342 < Figure 4. Organ to total body weight ratios for the liver (top) and spleen (bottom) of mice after  
343 treatment with corn oil or activated carbon with and without 2,3,7,8 - tetrachlorodibenzo-*p*-  
344 dioxin. >

### 345 *3.4 Environmental implications*

346 These results demonstrate that TCDD sequestration by structurally diverse ACs eliminate  
347 its oral bioavailability to a mammalian (mouse) model. This result was not evident *a priori* since



348 molecular simulations of TCDD interactions with pores suggested more favorable energetics  
349 with smaller micropores [38]. Variations in the pore structure of the ACs tested showed no  
350 impact on the observed elimination of TCDD bioavailability. However, in actual practice at  
351 remediation sites, other confounding interactions must be considered. For instance, soil/sediment  
352 constituents have been attributed to the clogging of micropores and reduced contaminant  
353 sorption capacity of certain ACs [46]. Likewise, pore clogging by natural organic matter (NOM)  
354 in sediments over time has also been shown to attenuate contaminant sorption by AC [47],  
355 although other studies including our own have shown that NOM additions enhanced uptake of  
356 dioxin by ACs [48]. To be clear, contaminant sorption/sequestration alone is insufficient to  
357 ensure concomitant reduction in mammalian (mouse) bioavailability. For example, TCDD  
358 intercalated in the smectite clay saponite was equally bioavailable to the mammalian (mouse)  
359 model as TCDD dissolved in corn oil [24], i.e. sorption by clay manifested no reduction in the  
360 oral bioavailability of TCDD. Also, the solubilization of certain biochar components was  
361 implicated as being responsible for increased bioaccessibility of sorbed polychlorinated  
362 biphenyls in a simulated gastric fluid [49]. Having confirmed that structurally diverse ACs are  
363 equally effective in eliminating the bioavailability of TCDD to a mammalian (mouse) model,  
364 selection of AC materials for soil and sediment remediation should be further evaluated based on  
365 other environmental processes relevant to *in-situ* application of AC sorbent amendments,  
366 including the fouling of ACs by NOM and other materials as well as optimizing the mass transfer  
367 of contaminants from environmental geosorbents and media to ACs used in this new remediation  
368 technology.

#### 369 **4. Conclusions**

370 The rapid acceptance of remediation strategies that employ sorbent amendments to  
371 sequester contaminants in forms that reduce or eliminate bioavailability, specifically involving  
372 AC, continues despite a paucity of studies that have evaluated their effectiveness with  
373 appropriate mammalian models. Such studies are needed to establish that this remedy effectively  
374 reduces PCDD bioavailability to mammals and hence mammalian exposure, and by inference is  
375 protective of human health.

376 Recently, we demonstrated one commercial AC material, WPC AC, selected to maximize  
377 (viz. higher proportion of micro vs meso pores) the irreversible binding of TCDD, could  
378 sequester TCDD in a form that eliminated its bioavailability to an appropriate mammalian  
379 (mouse) model. Not only were the results of the prior study using only WPC AC replicated, the  
380 ability to eliminate TCDD bioavailability is apparently characteristic of AC materials  
381 irrespective of their specific pore structures; three ACs with micropore volume ranging from  
382 43.3 to 90.5 percent each eliminated TCDD bioavailability. By measuring *cyp1A1* mRNA  
383 induction in the liver, anti-sRBC IgM AFC response in the spleen, and organ to body weight  
384 ratios, our results showed that ACs comprised of widely differing pore structures were equally  
385 effective in the elimination of TCDD bioavailability. This suggests that chemisorption,  
386 interactions with the material's specific surface, may be a driving factor, rather than simply pore  
387 isolation.

388 This study also highlights the fact that existing standard methods for the extraction and  
389 quantification of TCDD in soils and sediments are seemingly ineffective for use with porous  
390 high surface area carbonaceous materials, or samples that contain such materials. One  
391 implication is that previous surveys of PCDD/F contamination may underestimate their  
392 abundance, especially in soils and sediments enriched with chars or black carbon. Development

393 of an extraction method for the efficient removal of PCDD/Fs from carbonaceous materials is  
394 urgently needed.

395 In terms of the development of a new remediation technology, this study indicates that  
396 AC materials, of various structures, have strong potential for use as *in situ* sorbent amendments  
397 for soils and sediments impacted by PCDDs and similar poorly water-soluble organic  
398 contaminants. With this understanding, identification of ideal AC materials for use in  
399 remediation should focus on other factors including reducing environmental interactions such as  
400 biofouling and maximizing sorption kinetics in environmental matrices. Understanding the mass  
401 transfer kinetics of PCDD/Fs from contaminated soils and sediments into AC amendments is an  
402 essential step in the further development and acceptance of this emerging remediation  
403 technology.

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