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1 **Running head:** LEARNING NEW MEANINGS FOR FAMILIAR WORDS

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7 **The cost of learning new meanings for familiar words**

8

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25

**Abstract**

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Research has shown that adults are skilled at learning new words and meanings. We examined whether learning new meanings for familiar words affects the processing of their existing meanings. Adults learnt fictitious meanings for previously unambiguous words over four consecutive days. We tested comprehension of existing meanings using a semantic relatedness decision task in which the probe word was related to the existing but not the new meaning. Following the training, responses were slower to the trained, but not to the untrained, words, indicating competition between newly-acquired and well-established meanings. This effect was smaller for meanings that were semantically related to existing meanings than for the unrelated counterparts, demonstrating that meaning relatedness modulates the degree of competition. Overall, the findings confirm that new meanings can be integrated into the mental lexicon after just a few days' exposure, and provide support for current models of ambiguity processing.

**Keywords:** lexical/semantic ambiguity; semantic processing; language acquisition; vocabulary

43

## Introduction

44

45           Language is perpetually in flux, such that even adults must often learn new  
46 meanings for words they already know. For example, recent advancements in  
47 computer technology have resulted in new meanings for the words “mouse”, “virus”,  
48 and “cloud”, while those using social networking websites have recently learnt new  
49 meanings for the words “follow”, “tweet”, and “post”. Adults may also encounter  
50 familiar words in new contexts when they take up a hobby or join a community. For  
51 instance, those starting a degree in statistics need to learn new, highly specific  
52 meanings for the words “variable”, “significant”, and “model”. Therefore, it appears  
53 that the ability to learn new meanings for known words continues to be important  
54 throughout adult life. Not only does this ability allow us to acquire entirely new  
55 information, but it also modifies our existing knowledge of words and the way we use  
56 them, which is evident in the ubiquity of distinct forms of semantic ambiguity in all  
57 languages.

58

59           Most of the new meanings we need to learn are somewhat related to the  
60 existing meanings of words with respect to physical properties (e.g., “mouse”),  
61 function (e.g., “virus”), or other conceptual features. This form of ambiguity between  
62 related word senses - polysemy - is very common across languages (Srinivasan &  
63 Rabagliati, 2015) as it reflects speakers’ tendency to use existing words to label  
64 novel albeit conceptually related objects, concepts, and actions (Clark & Clark, 1979;  
65 Lehrer, 1990; Nunberg, 1979). It is important to note though that polysemous words  
66 differ in how their senses are related and extended (for a recent review, see  
67 Vincente, 2018). In regular/metonymic polysemy, the multiple senses of a word are  
highly related and follow common and predictable patterns of extension, such as the

68 animal for meat (e.g., “rabbit”) and instrument for action sense alternations (e.g.,  
69 “shovel”). In irregular polysemy, on the other hand, the senses are loosely and often  
70 figuratively related, and the way they are extended is idiosyncratic and unique to a  
71 particular word (e.g., “drone” denoting a male bee or a type of aircraft; “eye” denoting  
72 an organ or a hole in a needle). Nevertheless, polysemy as a whole can be easily  
73 distinguished from homonymy in which a single word form is associated with multiple  
74 unrelated meanings (e.g., “bank”). This form of ambiguity, considered a historical  
75 accident, is far less common than polysemy (Rodd, Gaskell, & Marslen-Wilson,  
76 2002) and corresponds to new meanings that are seemingly unrelated to the original  
77 meanings of words (e.g., “catfish” denoting a type of fish or an individual who has a  
78 false online identity).

79         While there have been multiple investigations into learning new words (for a  
80 review, see Davis & Gaskell, 2009), little is known about adults’ ability to learn new  
81 meanings for words that already exist – an important prerequisite for skilled  
82 language use. Extensions of the work on word learning into the semantic domain are  
83 clearly warranted as the questions of how and when new meanings are integrated  
84 into existing lexical-semantic representations, and how they affect access to those  
85 representations, remain largely unexplored. To date, a few studies (Clark & Gerrig,  
86 1983; Frisson & Pickering, 2007; McElree, Frisson, & Pickering, 2006) have shown  
87 that adults can easily derive new senses of familiar words from context, provided that  
88 the interpretation follows the conventional pattern of metonymic sense extension,  
89 such as the producer for product sense alternation (e.g., “to study Darwin” or “to read  
90 Dickens”). A more recent study (Rodd et al., 2012) has also found that adults are  
91 good at learning new loosely related meanings (e.g., “sip” denoting a small amount  
92 of hacked computer data), either incidentally through reading short text or

93 intentionally through intensive training. While it appears that learning new (related)  
94 meanings for familiar words is a relatively easy task, the question we address in the  
95 current study is whether and how it affects the processing of existing meanings.

96 More specifically, the present experiments examine the prediction in the  
97 semantic ambiguity literature that long-term consolidation of new meanings would  
98 slow the comprehension of existing meanings as a result of semantic competition.  
99 Although to date there is no evidence to support this prediction for newly-learnt word  
100 meanings, there are a few studies to suggest that such competition is likely to arise  
101 (Fang & Perfetti, 2017; Fang & Perfetti, 2019; Fang, Perfetti, & Stafura, 2017; Rodd  
102 et al., 2012). For example, Fang and Perfetti (2017) found that even the attempt to  
103 learn new meanings can hinder access to well-established meanings, manifesting as  
104 reduced semantic priming from existing meanings, shortly after the learning phase,  
105 before new meanings were fully integrated into the mental lexicon. In a more recent  
106 study, however, Fang and Perfetti (2019) showed that this interference was short-  
107 lived without further training and restricted to high-frequency words (e.g., “plenty”).  
108 Learning new meanings for low-frequency words (e.g., “exodus”) appeared to serve  
109 as an opportunity to reconsolidate their existing meanings instead. In yet another  
110 study, Fang et al. (2017) conversely found that it is also possible for existing  
111 meanings, especially those of high-frequency words, to hinder access to new  
112 meanings, again as early as the learning phase. Taken together, these studies  
113 suggest that the learning experience per se can produce interference in the retrieval  
114 of both new and well-known word meanings.

115 In contrast to Fang et al. (2017) and Fang and Perfetti (2017) who  
116 investigated meaning retrieval during the learning phase, Rodd et al. (2012) explored  
117 how consolidation of new meanings impacted on participants’ ability to recognise

118 previously unambiguous words. Their second experiment, which involved a 6-day  
119 learning period, revealed shorter lexical decisions to trained than untrained words,  
120 suggesting that new meanings had been sufficiently consolidated to influence word  
121 processing in a task that did not even require access to semantic knowledge.  
122 Interestingly, in their third and final experiment with shorter but more semantically  
123 demanding training (e.g., writing a coherent story using new word meanings), Rodd  
124 et al. (2012) reported that the processing benefit was larger for words paired with  
125 new related than unrelated meanings, which is consistent with the view that  
126 polysemy benefits word recognition (e.g., Armstrong & Plaut, 2008; Klepousniotou &  
127 Baum, 2007; Rodd et al., 2002).

128 Overall, two key findings emerge from the study by Rodd et al. (2012). First,  
129 while Fang et al. (2017) and Fang and Perfetti (2017, 2019) showed that new  
130 semantic knowledge can interact with existing knowledge as soon as the learning  
131 phase, Rodd et al.'s (2012) finding of a polysemy advantage only after demanding  
132 training suggests that new meanings must be extensively trained and sufficiently  
133 consolidated in order to uncover their full impact on existing lexical-semantic  
134 representations. Second, Rodd et al. (2012) demonstrated that, once consolidated,  
135 new related and unrelated meanings influenced word-form processing in the same  
136 way as polysemy and homonymy in existing words, indicating that learning new  
137 meanings in experimental settings mirrors the impact of ambiguity in natural  
138 language. However, since none of the studies reviewed above used a task that  
139 required disambiguation or selection of the well-established meaning following  
140 extensive training, the outstanding question is how long-term consolidation of new  
141 meanings affects the ability to correctly understand words in their existing meanings.  
142 The ambiguity literature is relevant in this regard since it shows that for words that

143 have multiple familiar meanings semantic competition arises between these  
144 meanings and results in slowed comprehension.

145 Evidence for semantic competition between familiar meanings comes from  
146 research on the processing of ambiguous words in isolation or neutral context. For  
147 example, eye-movement studies (Duffy, Morris, & Rayner, 1988; Rayner & Duffy,  
148 1986) found that, in late-disambiguation sentences, gaze durations are typically  
149 longer for homonyms with balanced meaning frequencies (e.g., “football/electric fan”)  
150 than for non-homonyms. A similar disadvantage effect has been observed in  
151 semantic relatedness decision latencies for word pairs involving both homonyms and  
152 polysemes (Gottlob, Goldinger, Stone, & Van Orden, 1999; Hoffman & Woollams,  
153 2015; Pexman, Hino, & Lupker, 2004; Piercey & Joordens, 2000). Overall, the  
154 literature suggests that ambiguity, particularly that between unrelated meanings,  
155 slows semantic processing due to competition between the multiple interpretations of  
156 a word. This competition should be predominantly observed when the word is  
157 encountered on its own, or when prior context is not sufficiently strong to bias a  
158 particular interpretation (e.g., Duffy et al., 1988; Simpson & Krueger, 1991).

159 Semantic competition in word comprehension is also a key assumption of  
160 existing models of ambiguity processing, particularly those postulating distributed  
161 lexical-semantic representation (e.g., Armstrong & Plaut, 2008; Kawamoto, 1993;  
162 Rodd, Gaskell, & Marslen-Wilson, 2004). In short, parallel-distributed processing  
163 (PDP) models suggest that the consistency of form-to-meaning mapping determines  
164 the speed of the semantic activation process. For ambiguous words with inconsistent  
165 form-to-meaning mappings, activation of the single orthographic representation  
166 triggers initial activation of multiple semantic representations that compete for full  
167 activation of their respective semantic features, thus slowing semantic processing.



168 Although the idea remains somewhat controversial (for a review, see Eddington &  
169 Tokowicz, 2015), some of the PDP models (Armstrong & Plaut, 2008; Rodd et al.,  
170 2004) also suggest that the degree of semantic competition may additionally depend  
171 on the form of ambiguity, or relatedness in meaning. In particular, Rodd et al. (2004)  
172 argue that because the different senses of polysemes share at least some semantic  
173 features (e.g., “to dip a brush in paint” vs. “to take a dip in the pool”), their form-to-  
174 meaning mappings may be more consistent than those for homonyms, and therefore  
175 produce less competition in the race for semantic activation.

176 In summary, the ambiguity literature makes two important predictions - newly-  
177 acquired meanings should slow the comprehension of existing meanings through  
178 semantic competition, and this effect should be greater for new unrelated meanings.  
179 Two experiments were designed to test these predictions. Training materials were  
180 adapted from Rodd et al. (2012). New related meanings imitated irregular polysemy,  
181 whilst the unrelated counterparts imitated homonymy. For the former, new meanings  
182 were loosely related to original meanings through a single semantic feature and  
183 could not be derived through a rule of sense extension typical of regular  
184 polysemy/metonymy (e.g., animal-for-meat or instrument-for-action relations).  
185 Likewise, our training was largely based on that of Rodd et al. (2012, Experiment 3)  
186 who were successful in teaching adult participants a large number of new meanings  
187 and demonstrated that their intensive, 4-day learning period allowed those meanings  
188 to be sufficiently consolidated to influence online word recognition. This is also in line  
189 with studies of word learning which suggest that while a few exposures may be  
190 sufficient to learn new word forms, this knowledge is not normally integrated into the  
191 mental lexicon until after offline sleep-dependent consolidation has taken place (for a  
192 review, see Davis & Gaskell, 2009). This literature in particular motivated us to

193 employ multi-day training that would allow new meanings to develop robust lexical-  
194 semantic representations and produce potential competition.

195         In order to establish the impact of such consolidation on the processing of  
196 existing meanings, a semantic relatedness decision task was used in which trained  
197 words (e.g., “sip” denoting a small amount of hacked computer data) were probed  
198 with words that related to the existing meaning (“sip-liquid”) or were unrelated (“sip-  
199 eel”). Participants’ responses to the same target-probe word pairs were compared  
200 before and after training. This task was chosen because it required selection of the  
201 existing, dominant meaning, and thus tapped into word disambiguation. Note that we  
202 did not include probe words instantiating the new meanings so that any interference  
203 in the post-training performance could be attributed to consolidating the new  
204 meaning, rather than explicit switching between the new and original meanings  
205 throughout the task.

206         We predicted responses to otherwise unambiguous words to be slower after  
207 training, particularly when the new meanings were unrelated to the existing ones  
208 (e.g., Armstrong & Plaut, 2008; Klepousniotou, Titone, & Romeo, 2008; Rodd et al.,  
209 2004). We assumed that this training effect would indicate slower activation of  
210 response-relevant features of well-established meanings due to competition from  
211 response-irrelevant features of newly-learned meanings. This was in line with earlier  
212 studies (Fang & Perfetti, 2017, 2019) suggesting that existing meanings become less  
213 accessible while learning new meanings. We also expected this training effect to  
214 appear on “yes” trials involving related word pairs as well as “no” trials involving  
215 unrelated word pairs. The rationale was that while the new and the existing meaning  
216 were consistent with the same response on “no” trials (e.g., “sip-eel”), they could  
217 possibly trigger response conflict on “yes” trials (e.g., “sip-liquid”) after the training

218 had taken place (Pexman et al., 2004). The finding of a comparable training effect on  
219 both trials was, therefore, critical to explaining the effect in terms of changes to  
220 semantic activation processes, rather than changes to response-selection demands  
221 of the task. On the whole, then, the current study sought support for the prediction  
222 that, once integrated into the mental lexicon, newly-acquired meanings compete with  
223 well-established meanings.

224

## 225 Experiment 1

226

### 227 Method

228

#### 229 Participants

230

231 Twenty students and members of staff [14 females; aged 19-48 (M = 30.5, SD  
232 = 11.1)] from the University of Bedfordshire participated in the experiment in  
233 exchange for a £20 voucher. This sample size was deemed appropriate based on  
234 Rodd et al.'s (2012) work (15-22 participants per experiment). Participants were  
235 monolingual native speakers of British English with no known history of language-  
236 /vision-related difficulties/disorders. All reported to be right-handed. The experiment  
237 received ethical approval from the Department of Psychology, University of  
238 Bedfordshire Ethics Committee.

239

#### 240 Materials

241

242 New word meanings

243

244           Thirty-two target words and short paragraphs describing their new related  
245 meanings (e.g., “sip” denoting a small amount of hacked computer data) were taken  
246 from Rodd et al. (2012)<sup>1</sup>. The paragraphs used each word in its new meaning five  
247 times, such that each instance provided a different piece of information about the  
248 new word referent (e.g., one sentence explained what a sip was, whereas another  
249 mentioned that extracting data in sips prevents hackers from being caught). Most of  
250 the new meanings referred to recent inventions, colloquial and scientific terms, or  
251 social phenomena (see the definitions in Appendix 1), and they were related to the  
252 existing meanings with respect to function (e.g., “bone” as the core of a star;  $n = 5$ ),  
253 physical properties (e.g., “foam” as a type of nuclear waste;  $n = 12$ ), being a specific  
254 variant of a more general meaning (e.g., “crew” as a group of musicians;  $n = 7$ ), or  
255 the imagery that the word elicited (e.g., “hive” as a busy household;  $n = 8$ )<sup>2</sup>. Thus, as  
256 in existing irregular polysemes, the new meanings were related to the original  
257 meanings through a single feature but could not be derived via a productive rule  
258 (e.g., animal-for-meat or part-for-whole relations) as the relationship between the  
259 meanings was unpredictable and unique to each word. New unrelated meanings  
260 were, on the other hand, created by swapping the paragraphs across pairs of targets  
261 to minimise any overlap between the related and unrelated meanings for each word.  
262 Two versions of the paragraphs were created so that each contained 16 words with  
263 new related meanings and 16 words with new unrelated meanings. The related  
264 meanings in Version 1 were presented as unrelated in Version 2, and vice versa.  
265 Participants were pseudo-randomly assigned to learn new meanings from either  
266 version. The words used in these paragraphs constituted “trained” words in the  
267 experiment.

268

269 Relatedness decision task

270

271 Each trained word served as a target in the semantic relatedness decision

272 task assessing the comprehension of existing meanings. To examine potential

273 practice/session effects on task performance, the stimulus list also included 16

274 untrained control words that did not feature in any of the training materials. All the

275 trained and untrained targets had noun or noun-verb interpretations (but were all

276 used as nouns in the task) and only one meaning in the Wordsmyth Dictionary

277 (Parks, Ray, &amp; Bland, 1998). Although both trained and untrained targets had a few

278 related word senses, neither exhibited patterns of sense extension typical of

279 metaphorical (e.g., animal-for-human-characteristic relations) or metonymic

280 polysemy (e.g., animal-for-meat relations). The two types of targets were also

281 statistically comparable (all  $t$ s < 1.5) with respect to nine lexical and semantic

282 variables, such as word-form frequency and the number of related word senses (see

283 target properties in Table 1 below).

284

285 &gt;&gt; Insert Table 1 here &lt;&lt;

286

287 Each target was paired with six probe words – three semantically related to

288 the existing but not the new meaning (e.g., “sip-liquid”) and three unrelated to either

289 meaning of the target (e.g., “sip-eel”). The number of probes was tripled to increase

290 the number of observations and to generalise training effects across different pairs of

291 words. The pairs were presented using a within-participants design, such that each

292 participant responded to the same target six times but only once to each of the



318 new-meaning context. On Day 4, Worksheet 4 involved answering one open-ended  
319 question about each of the new word referents. For Worksheets 2 and 3, participants  
320 were instructed to provide sufficiently detailed context that would clearly convey the  
321 new meanings. There was no word-count limit, and participants could write in any  
322 style and on any subject. However, they had to use each of the trained words at  
323 least once. The trained words were presented randomly in Worksheets 1 and 4 but  
324 alphabetically in Worksheets 2 and 3. The worksheets were designed and  
325 administered using the Qualtrics survey builder (<http://qualtrics.com/>).

326

### 327 **Procedure**

328

329         The experiment (for an overview, see Figure 1 below) took place over five  
330 consecutive days and lasted for four hours in total. Following Rodd et al. (2012,  
331 Experiment 3), the experiment consisted of an initial lab-based training session on  
332 Day 1, four home-based training sessions involving the online worksheets on Days  
333 1-4, and a final lab-based testing session on Day 5. On Day 1, participants  
334 completed a pre-training relatedness decision task and then read paragraphs  
335 describing new word meanings. Later that day and over the following three days,  
336 participants completed the worksheets. On Day 5, they came back to the lab to  
337 complete the same relatedness decision task (using the same stimuli as on Day 1),  
338 followed by a recall task assessing their memory for the new meanings and a rating  
339 task assessing the semantic relationship between the new and existing meanings of  
340 the trained words. Each participant completed the two lab-based sessions at a  
341 similar time of the day (+/- 3 hours), exactly five days apart. All the lab-based tasks  
342 were programmed in SuperLab 4.5 (<http://superlab.com/>).

343

344

&gt;&gt; Insert Figure 1 here &lt;&lt;

345

346 Relatedness decision task

347

348 In this task, participants decided whether the target and the probe were  
349 related in meaning by pressing keyboard buttons (A labelled “no”, L labelled “yes”).  
350 Participants made “yes” responses with the index finger of their dominant (right)  
351 hand and “no” responses with the index finger of their left hand. On both testing  
352 sessions (Days 1 & 5), the task began with 10 randomised practice trials with  
353 feedback on both response accuracy and latency. The experimental stimuli were  
354 presented in three blocks, such that each block contained the same target with a  
355 different related and unrelated probe. There were two self-paced breaks – one after  
356 the first block and the other after the second block. Trials began with a 500 ms  
357 fixation cross, followed by a target presented for 300 ms. A probe appeared  
358 immediately after the target (0 ms inter-stimulus interval) and remained on the  
359 screen until participants made a response. There was a 500 ms delay between trials.  
360 Both response speed and accuracy were emphasised in the instructions, and  
361 participants were instructed and given examples of what constitutes semantic  
362 relatedness. The instructions on Day 5 were the same as those on Day 1 and did not  
363 mention anything about the new meanings of the words.

364

365 Paragraph reading

366



367           Following the relatedness decision task on Day 1, participants read short  
368 paragraphs describing new meanings. The paragraphs were presented on a  
369 computer screen, one at a time in randomised order. Participants pressed the  
370 spacebar to indicate when they had finished reading each paragraph. To ensure they  
371 read the text slowly and carefully, 500 ms after having pressed the spacebar each  
372 paragraph was followed by a yes-no question that was related to a specific feature of  
373 the new word referent (e.g., “Can only hackers extract sips?”). Once participants  
374 answered the question (by pressing the L button labelled “yes” or the A button  
375 labelled “no”), the next paragraph appeared after 500 ms. There was an equal  
376 number of “yes” and “no” responses in the task. Participants had as much time as  
377 they needed to read the paragraphs and answer the questions.

378

379 Worksheets

380

381           At the end of Day 1, participants received a paper booklet containing the  
382 paragraphs and were instructed to use it as a companion for all the worksheets. The  
383 order of the worksheets was the same for all participants. Participants completed  
384 Worksheet 1 by the end of Day 1 after the lab-based testing session. For the other  
385 worksheets (2-4), they received access to a given worksheet at 8 a.m. on each day  
386 and had to complete it by midnight of that day. All the participants completed the  
387 worksheets within this timescale.

388

389 Recall task

390

391           On Day 5, participants came back to the lab and first performed the same  
392 relatedness decision task as on Day 1. They then completed a recall task in which  
393 they recalled and typed a maximum of nine features/properties that were true of the  
394 new word referents only. Participants had as much time as they needed to complete  
395 this task but could not use the companion booklet. They typed in “nothing” if they  
396 could not recall any information and pressed the ALT button to move to another word  
397 which appeared after a delay of 500 ms. The words were presented one a time in  
398 randomised order.

399

400 **Meaning-relatedness rating task**

401

402           At the end of the experiment, participants rated the semantic relatedness  
403 between the existing and the new meaning of each trained word on a 7-point scale  
404 (where 1 denoted “highly unrelated” and 7 denoted “highly related”). The words were  
405 presented in randomised order, together with the paragraphs that participants had  
406 read on Day 1. The aim of this task was to verify that participants considered the  
407 new related/unrelated meanings as such.

408

409 **Results**

410

411 **Meaning-relatedness rating task**

412

413           Our first aim was to confirm that the experiment was successful at  
414 manipulating the semantic relatedness between the new and the existing meaning.  
415 Participants’ ratings of meaning relatedness were analysed using a generalised

416 mixed-effects model fitted with the Poisson probability distribution<sup>3</sup>. The model  
417 included the factors of Meaning Type (new related meaning, new unrelated meaning)  
418 and Version (1, 2). There were no effects of Version in any of the tasks. Thus,  
419 throughout the study, effects involving Version are not reported as the sole purpose  
420 of this factor was to account for potential effects of counter-balancing (Pollatsek &  
421 Well, 1995). Following Barr, Levy, Scheepers, and Tily (2013) and Matuschek, Kliegl,  
422 Vasishth, Baayen, and Bates (2017), the optimal random-effects structure justified by  
423 the data in all our analyses was identified using forward model selection<sup>4</sup>. For the  
424 ratings of meaning relatedness, the model included significant random intercepts for  
425 subjects and items and a random slope for Version across items. Fixed effects were  
426 tested using likelihood-ratio tests comparing full and reduced models. All modelling  
427 was conducted using the “lme4” package (Bates, Mächler, & Bolker, 2011) in R (R  
428 Development Core Team, 2004). Following Nakagawa and Schielzeth (2013) and  
429 Johnson (2014), marginal  $R^2$  (variance explained by fixed effects) and conditional  $R^2$   
430 (variance explained by fixed and random effects) for all mixed-effects models were  
431 estimated using the “MuMIn” package (Bartoń, 2014).

432         The model (marginal  $R^2 = .36$ , conditional  $R^2 = .48$ ) revealed a significant  
433 effect of Meaning Type [ $\chi^2(1) = 51.9$ ,  $p < .001$ ]. As expected, new meanings in the  
434 related condition ( $M = 4.5$ ,  $SD = 0.6$ ) were rated as more semantically related to  
435 existing meanings than new meanings in the unrelated condition ( $M = 1.9$ ,  $SD = 0.6$ ).  
436 We further tested the effectiveness of the relatedness manipulation using a logistic  
437 regression model that predicted item category (new related vs. new unrelated  
438 meaning) based on mean item ratings and the factor of Version. The ratings  
439 accounted for a considerable amount of variance in item category (Cox & Snell’s  $R^2$   
440 = .65; Nagelkerke’s  $R^2 = .87$ ), and the model [ $\chi^2(2) = 21.8$ ,  $p < .001$ ] correctly

441 classed 30 out of the 32 words as having either new related or new unrelated  
442 meanings. This demonstrates that our manipulation of meaning relatedness was a  
443 successful one.

444

#### 445 **Worksheets**

446

447         We then analysed participants' learning performance, both on the online  
448 worksheets and the recall task. Worksheet results are summarised in Table 3 below.  
449 For Worksheet 1 (definition matching), one mark was assigned for each trained word  
450 that was correctly matched to the definition of its new meaning. For Worksheets 2  
451 (sentence writing) and 3 (story writing), participants received one mark for each  
452 trained word in the new-meaning context, regardless of how many times that word  
453 was used. Finally, for Worksheet 4 (open-ended questions), one mark was assigned  
454 for each correctly answered question about a new word referent. The analysis of  
455 Worksheet 2 results excluded three participants – one who provided semantic  
456 associates of the existing meanings of the trained words and two who created their  
457 own new meanings for these words. The analysis of Worksheet 3 results excluded  
458 one participant and 3.3% of the data from the other participants because these  
459 responses lacked in detail and may have instantiated existing meanings. We first  
460 attempted to analyse the responses using logit mixed-effects modelling, but this was  
461 not warranted – no random effects were significant (i.e., the number of correct  
462 responses did not substantially vary across subjects or items). A set of by-subjects  
463 ( $F_1$ ) and by-items ( $F_2$ ) ANOVAs with the factors of Meaning Type and Version was  
464 used instead. As expected, the analyses revealed no effects of Meaning Type on  
465 either of the four worksheets (all  $F_s < 2$ ). The overall performance was at ceiling,

466 most likely because participants were allowed to use the companion booklet with the  
467 paragraphs when completing all the worksheets. This confirms that the home-based  
468 training provided an opportunity to further consolidate both the new related and new  
469 unrelated meanings of words.

470

471 >> Insert Table 3 here <<

472

### 473 **Recall task**

474

475 For the recall task, participants received one mark for each of the five  
476 properties of the new word referents that were stated in the paragraphs. As in Rodd  
477 et al. (2012), we analysed the number of “correct responses” (i.e., responses to  
478 trained words for which at least one property was correctly recalled) and the number  
479 of correctly recalled properties for correct responses only (i.e., a maximum of five  
480 properties). Both analyses excluded one participant who correctly recalled only 7 out  
481 of the 32 new meanings of the trained words. Overall, participants’ recall  
482 performance was good - the percentage of correct responses ranged (across  
483 participants) from 53 to 100% ( $M = 87.5$ ,  $SD = 13.1$ ). Most of the incorrect responses  
484 were null (“nothing”) responses (78%), with the remaining responses being “transfer  
485 errors” (i.e., recalling a property of a different new word referent).

486 Numbers of correct responses were analysed using a logit Meaning Type  $\times$   
487 Version mixed-effects model that included a significant random intercept for subjects.  
488 The analysis [ $\chi^2(1) = 35.7$ ,  $p < .001$ ; marginal  $R^2 = .11$ , conditional  $R^2 = .52$ ] showed  
489 that the percentages of correct responses were significantly higher for the words with  
490 new related ( $M = 94.7$ ,  $SD = 6.7$ ) than unrelated meanings ( $M = 80.3$ ,  $SD = 21.2$ ).

491 Numbers of correctly recalled properties for correct responses were analysed  
492 using a linear Meaning Type  $\times$  Version mixed-effects model that included significant  
493 intercepts for subjects and items and a random slope for Meaning Type across  
494 items. The model [ $\chi^2(1) = 0.1, p = .72$ ; marginal  $R^2 = .03$ , conditional  $R^2 = .33$ ]  
495 showed that Meaning Type did not influence the number of recalled properties (new  
496 related meaning:  $M = 2.8, SD = 0.5$ ; new unrelated meaning:  $M = 2.8, SD = 0.6$ ).

497

#### 498 **Relatedness decision task**

499

500 Our final aim was to establish the impact of learning new meanings on the  
501 processing of existing meanings. Three of the 20 participants were removed from all  
502 analyses of the relatedness decision task – one due to an exceptionally small  
503 number of correct responses in the recall task (22%) and the other two due to very  
504 slow and variable responses across all trials ( $M = 1538.5, SD = 1217.8$ ;  $M = 1100.9,$   
505  $SD = 638.4$ ). Analyses of both response accuracy and latency excluded trials  
506 involving trained targets for which participants could not recall any property of their  
507 new word referents (7.6% of all responses). This was necessary to ensure that we  
508 examined training effects for words with truly consolidated new meanings. For RTs,  
509 we also excluded errors (7.9% of the remaining responses) and outliers (two  
510 standard deviations above/below a participant's mean per condition; 5.1%). RTs  
511 were log-transformed to further minimise the impact of potential outliers and  
512 normalise the distribution of residuals.

513 Accuracy and latency data were analysed using mixed-effects models with the  
514 factors of Target Type (new related meaning, new unrelated meaning, untrained),  
515 Session (pre-training, post-training), Trial Type ("yes", "no"), and Block (1, 2, 3)<sup>5</sup>.

516 Block was included to account for potential variability in responses due to counter-  
517 balancing or target repetition. All models included significant random intercepts for  
518 subjects and items. The random slope for the Session  $\times$  Trial Type interaction across  
519 subjects was significant and was included in the latency but not the accuracy model.  
520 For RT results, we report back-transformed means and confidence intervals that  
521 were estimated from the mixed-effects models using the “lmerTest” package  
522 (Kuznetsova, Brockhoff, & Christensen, 2015).

523 As discussed in the Introduction, our hypotheses were mainly concerned with  
524 the effects of Session on RTs. In particular, we expected slower relatedness  
525 decisions to the trained, but not to the untrained, targets following the learning of  
526 new meanings, both on “yes” and “no” trials. We also predicted this effect to be  
527 greater for the trained words with new unrelated than related meanings. For this  
528 reason, our post hoc analyses explored only those interactions that involved the  
529 effect of Session and were relevant to the hypotheses. These tests were conducted  
530 using the “phia” package (De Rosario-Martinez, 2015), and their significance  
531 thresholds were adjusted using the Bonferroni method.

532 Mean error rates (%) for the trained and untrained targets are illustrated in  
533 Figure 2 below. The response-accuracy model (marginal  $R^2 = .04$ , conditional  $R^2 =$   
534  $.23$ ) revealed a significant Session  $\times$  Trial Type interaction [ $\chi^2(1) = 6.5$ ,  $p < .01$ ]. Post  
535 hoc tests indicated a small but significant increase in post-training error rates on “no”  
536 trials ( $M_{\text{pre}} = 4.9$ ,  $SD = 2.2$ ;  $M_{\text{post}} = 6.5$ ,  $SD = 4.7$ ;  $p < .05$ ), but not on “yes” trials ( $M_{\text{pre}}$   
537  $= 10.7$ ,  $SD = 4.2$ ;  $M_{\text{post}} = 9.9$ ,  $SD = 4.1$ ;  $p = 1$ ). As for results that did not involve  
538 Session, there was a significant main effect of Trial Type [ $\chi^2(1) = 16.4$ ,  $p < .001$ ], with  
539 less accurate responses on “yes” trials involving related word pairs ( $M = 10.3$ ,  $SD =$   
540  $3.8$ ) than on “no” trials involving unrelated word pairs ( $M = 5.7$ ,  $SD = 3.2$ ). There

541 were also significant Trial Type  $\times$  Target Type [ $\chi^2(2) = 7.4, p < .05$ ] and Trial Type  $\times$   
542 Target Type  $\times$  Block interactions [ $\chi^2(4) = 10.8, p < .05$ ]. No other effects approached  
543 the significance threshold.

544

545 >> Insert Figure 2 here <<

546

547 Mean RTs (ms) for the trained and untrained targets are illustrated in Figure 3  
548 below. The response-latency model (marginal  $R^2 = .04$ , conditional  $R^2 = .50$ )  
549 revealed a significant Session  $\times$  Block interaction [ $\chi^2(2) = 17.3, p < .001$ ]. Responses  
550 were markedly slower on the post-training than the pre-training session only for  
551 Block 1 ( $M_{pre} = 720.3$ , 95% CIs: 663.9, 781.3;  $M_{post} = 778.6$ , 95% CIs: 704.4, 860.4),  
552 though this contrast was non-significant after the Bonferroni adjustment ( $p = .13$ )<sup>6</sup>.

553 The response-latency model revealed a significant Session  $\times$  Target Type  
554 interaction [ $\chi^2(2) = 16.5, p < .001$ ]. We explored this result using post hoc tests that  
555 contrasted the effects of Session across pairs of target words (Related vs. Unrelated,  
556 Related vs. Untrained, Unrelated vs. Untrained). These tests showed that the  
557 slowing effect of Session was greater for the targets with new unrelated meanings  
558 ( $M_{pre} = 711.4$ , 95% CIs: 649, 778.6;  $M_{post} = 798.5$ , 95% CIs: 715.0, 891.7) than for  
559 both the targets with new related meanings ( $M_{pre} = 719.1$ , 95% CIs: 657.1, 787.1;  
560  $M_{post} = 769.3$ , 95 %CIs: 689.0, 858.8;  $p < .001$ ) and the untrained targets ( $M_{pre} =$   
561  $742.2$ , 95% CIs: 677.8, 812.8;  $M_{post} = 780.7$ , 95% CIs: 698.9, 872.0;  $p < .001$ ) which  
562 did not significantly differ from each other ( $p = .69$ ). The simple effect of Session for  
563 the words with new unrelated meanings was not, however, significant after the  
564 Bonferroni adjustment ( $p = .14$ ).





590 effects of Session, Target Type, and Trial Type, random intercepts for subjects and  
591 items, and a random intercept for the Session  $\times$  Trial Type interaction across  
592 subjects.

593 The model (marginal  $R^2 = .05$ , conditional  $R^2 = .55$ ).revealed a Session  $\times$  Trial  
594 Type interaction [ $\chi^2(1) = 5.9$ ,  $p < .05$ ] that was due to a significant increase in post-  
595 training RTs on “no” trials ( $M_{pre} = 741.0$ , 95% CIs: 672.8, 815.8;  $M_{post} = 833.9$ , 95%  
596 CIs: 725.8, 958.1;  $p < .05$ ), but not on “yes” trials ( $M_{pre} = 707.8$ , 95% CIs: 649.7,  
597 770.9;  $M_{post} = 734.9$ , 95% CIs: 672.7, 802.6;  $p = .61$ ). There was also a significant  
598 Session  $\times$  Target Type interaction [ $\chi^2(2) = 16.5$ ,  $p < .001$ ]. As above, we explored  
599 this result using post hoc tests that contrasted the effects of Session across pairs of  
600 target types. These analyses showed that the slowing effect of Session was greater  
601 for the targets with new unrelated meanings ( $M_{pre} = 711.4$ , 95% CIs: 649, 778.6;  
602  $M_{post} = 798.5$ , 95% CIs: 715.0, 891.7) than for both the targets with new related  
603 meanings ( $M_{pre} = 719.1$ , 95% CIs: 657.1, 787.1;  $M_{post} = 769.3$ , 95% CIs: 689.0,  
604 858.8;  $p < .01$ ) and the untrained targets ( $M_{pre} = 742.2$ , 95% CIs: 677.8, 812.8;  $M_{post}$   
605  $= 780.7$ , 95% CIs: 698.9, 872.0;  $p < .001$ ) which did not significantly differ from each  
606 other ( $p = .35$ ). The simple effect of Session was significant only for the trained  
607 words with new unrelated meanings ( $p < .05$ ). No other effects approached the  
608 significance threshold.

609

610

## Discussion

611

612 Experiment 1 showed that participants consolidated many of the new  
613 meanings over the course of our intensive training. Their ability to recall the  
614 meanings was superior for meanings that were semantically related to the existing

615 meanings than for unrelated meanings. Notably, meaning relatedness facilitated the  
616 likelihood of access to the semantic representations for the newly-learnt meanings  
617 but not the amount of information within these representations. As in Rodd et al.  
618 (2012), participants recalled as many semantic features for related word referents as  
619 they did for the unrelated counterparts, whenever they correctly recalled any  
620 information about the new meanings. Thus, it appears that the overlap in semantic  
621 features between the new and existing meanings acts as a cue during the learning  
622 and/or retrieval of new meanings, leading to better recall for related meanings.  
623 However, this overlap does not seem to determine the robustness or richness of the  
624 semantic representations as typically defined in terms of the number of semantic  
625 features (e.g., McRae, 2004; Yap, Tan, Pexman, & Hargreaves, 2011).

626         With regard to the impact of learning new meanings, the experiment showed  
627 that the meanings were integrated into the mental lexicon, such that they affected  
628 performance in the online speeded task. Participants' processing of existing  
629 meanings slowed after the consolidation, but only in certain conditions. The analysis  
630 involving all experimental blocks revealed that the training slowed responses to  
631 words with new unrelated meanings but not the related counterparts. There was also  
632 an indication that the overall impact of training decreased as the task progressed,  
633 such that it was mainly observed only in the first block. Further analysis focusing on  
634 responses in Block 1 revealed that the training effect was restricted to words with  
635 new unrelated meanings on "no" trials. Although this seems to suggest that newly-  
636 learnt meanings slowed the processing of existing meanings, and that this  
637 interference effect was sensitive to the semantic relatedness between the two  
638 meanings, caution should be applied when interpreting results from "no" trials on  
639 their own. Since we cannot confirm which meaning participants selected on these

640 trials (as both would yield a correct response), the training effect could indicate  
641 difficulties in access to existing meanings due to interference from new meanings  
642 and/or difficulties in access to new meanings. We do, however, point out that there  
643 was also a numerical albeit non-significant training effect for “yes” trials and for  
644 words with new related meanings (see Figure 3 above), which addresses to some  
645 extent the issue with “no” trials. We offer some explanations as to why these trends  
646 did not reach the significance threshold below.

647         While we tripled the number of semantically related and unrelated probe  
648 words (i.e., “yes” and “no” responses) to compensate for typically low numbers of  
649 participants and items in studies using artificial language learning paradigms, the  
650 results clearly demonstrated that this approach did not benefit detection power. First,  
651 we found that the overall performance became faster towards the end of the task,  
652 most likely due to practice involved in making multiple relatedness decisions to the  
653 same targets. Second, the results showed a gradual decrease in the training effect  
654 over the course of the task, particularly for “yes” trials, such that participants’  
655 processing of existing meanings on the post-training session appeared slower only  
656 during Block 1 (i.e., during the first encounter with the trained words). Thus, it  
657 appears that the repetition of the targets in the existing-meaning context modulated  
658 the training effect.

659         We suggest that having disambiguated a trained word towards its existing  
660 meaning on the first “yes” trial facilitated the processing of that meaning on the  
661 subsequent two trials, eliminating the otherwise slowing effect of learning. Strong  
662 support for this account comes from recent word-meaning priming studies (Rodd,  
663 Lopez Curtin, Kirsch, Millar, & Davis, 2013; Rodd et al., 2016) which have  
664 demonstrated that even a single recent encounter with a particular meaning of an

665 ambiguous word can temporarily bias future form-to-meaning mappings in favour of  
666 that meaning. However, it is also possible that participants actively suppressed new  
667 meanings during the later encounters with the trained words after having realised  
668 that none of the probes instantiated those meanings. Such a task strategy would  
669 also bias participants' comprehension and reduce the training effect in Blocks 2 and  
670 3. Although we cannot establish whether it was strategic processing or more implicit  
671 word-meaning priming that was in play in the current experiment, it is clear that the  
672 results were influenced by target-word repetition. In order to address these issues,  
673 we designed and conducted Experiment 2.

674

675

## Experiment 2

676

677 Experiment 2 was largely similar to Experiment 1, but it involved a few  
678 changes that were designed to address issues raised from Experiment 1. First, the  
679 target words in Experiment 2 were presented with two, rather than six, probe words –  
680 one related probe that instantiated the existing meaning and one unrelated probe.  
681 Contrasting the effects of consolidation on “yes” and “no” trials was critical to the  
682 design of the study in understanding the locus of the effects (see General  
683 Discussion). Thus, although some (minor) repetition of the target remained, we did  
684 account for it in the analysis. Second, in order to compensate for the reduction in the  
685 number of trials per item, we created new sets of target-probe word pairs that were  
686 well-matched on 13 psycholinguistic variables, rather than word-form frequency and  
687 length alone. Third, we used a faster variant of the relatedness decision task, such  
688 that the target and the probe were presented for 200 ms and 500 ms, respectively.  
689 These changes aimed to reduce the variability in response latencies that was

690 observed in Experiment 1, particularly for “no” trials. Finally, we tested a larger group  
691 of participants to further increase detection power.

692

693

## Method

694

### 695 Participants

696

697 Thirty students and members of staff [23 females, aged 20-35 ( $M = 26.6$ ,  $SD =$   
698  $5.3$ )] from the University of Leeds participated in the experiment in exchange for a  
699 £20 voucher. As in Experiment 1, participants were monolingual native speakers of  
700 British English with no known history of language-/vision-related difficulties/disorders.  
701 All were right-handed, as confirmed using the Briggs-Nebes (1975) modified version  
702 of Annett’s (1967) handedness inventory. The experiment received ethical approval  
703 from the School of Psychology, University of Leeds Ethics Committee.

704

### 705 Materials

706

707 The trained words, paragraphs, and worksheets were the same as those in  
708 Experiment 1. For the relatedness decision task, we used a new set of 32 untrained  
709 targets that were matched to the trained counterparts (all  $t_s < 1$ ) with respect to 13  
710 lexical and semantic variables (see target properties in Table 4 below). All target  
711 words had noun or noun-verb interpretations (but were used as nouns in the task)  
712 and a single meaning in the Wordsmyth Dictionary (Parks et al., 1998).

713

714

>> Insert Table 4 here <<

715

716           New, well-matched sets of target-probe word pairs were created. Each target  
717 was paired with a single related and unrelated probe. As in Experiment 1, the related  
718 probes instantiated the existing but not the new meaning. All the probe words were  
719 nouns with only one meaning in the Wordsmyth Dictionary (Parks et al., 1998), and  
720 their numerous word properties (see Table 5 below) were closely matched between  
721 the word pairs involving the trained and untrained targets (all  $F_s < 1$ ). Prior to the  
722 experiment, 30 monolingual native speakers of British English [15 females; aged 18-  
723 38 ( $M = 29.9$ ,  $SD = 5.7$ )] rated target-probe relatedness on a 7-point scale (where 1  
724 denoted “highly unrelated” and 7 denoted “highly related”). This pre-test confirmed  
725 that the related and unrelated target-target pairs were considered as such, and that  
726 the trained (related pairs:  $M = 6.2$ ,  $SD = 0.3$ ; unrelated pairs:  $M = 1.9$ ,  $SD = 0.4$ ) and  
727 untrained targets (related pairs:  $M = 6.2$ ,  $SD = 0.3$ ; unrelated pairs:  $M = 1.9$ ,  $SD =$   
728  $0.4$ ) did not significantly differ with respect to the degree of semantic  
729 relatedness/unrelatedness (both  $t_s < 1$ ). All the target-probe word pairs used in  
730 Experiment 2 are presented in Appendix 3.

731

732

&gt;&gt; Insert Table 5 here &lt;&lt;

733

### 734 **Procedure**

735

736           The general procedure for the worksheets, paragraph reading, and recall was  
737 largely the same as in Experiment 1, with the following changes. First, all worksheets  
738 in Experiment 2 were completed during the home-based sessions on Days 2-4 (for  
739 an overview, see Figure 4). Second, we removed the meaning-relatedness rating

740 task as there was no need to examine the meaning-relatedness manipulation for the  
741 same items again. Third, the inter-trial interval in the paragraph reading and recall  
742 tasks was shortened to 100 ms (as opposed to 500 ms in Experiment 1) as there  
743 was no need for participants to rest between the trials of these non-speeded tasks.  
744 For the paragraph reading task, we added 1000 ms feedback on participants'  
745 answers to the reading comprehension questions. Finally, all the lab-based tasks  
746 were programmed in EPrime 2.0 (Schneider, Eschman, & Zuccolotto, 2010).

747

748 >> Insert Figure 4 here <<

749

750 We also made some changes to the relatedness decision task. The new  
751 stimulus list was divided into two blocks whose order was counterbalanced across  
752 participants. One block included 64 related pairs involving 32 trained and 32  
753 untrained targets and 64 unrelated pairs serving as fillers (which were excluded from  
754 analyses). The other block included 64 unrelated pairs involving 32 trained and 32  
755 untrained targets and 64 related fillers. This blocked design allowed for control over  
756 target repetition, which seems to have obscured the training effect in Experiment 1,  
757 so that we were able to determine whether responses to a target word on related  
758 trials had an impact on subsequent responses on unrelated trials, and vice versa.  
759 None of the targets appeared more than once within the same block, and the fillers  
760 did not include any of the words used in the experimental stimulus list. The order of  
761 trials in each block was pseudo-randomised, such that no more than three "yes"/"no"  
762 trials appeared consecutively. A practice block, preceding the experimental blocks,  
763 included 20, as opposed to 10, trials. There were two one-minute breaks – one after  
764 the practice block and one after the first experimental block. Each experimental block



765 began with eight fillers (excluded from analyses) to help participants get back to the  
766 habit of quick responding following a break. Trials began with a 500 ms fixation  
767 cross. After a delay of 100 ms, targets were presented for 200 ms followed by  
768 probes presented for 500 ms, with a delay of 50 ms in between. Participants were  
769 allowed an additional 1500 ms to respond. As soon as a response was made or at  
770 the end of the 1500 ms, there was a 100 ms delay before the next trial began.  
771 Participants could make relatedness decisions as soon as the probe appeared, but  
772 they had to respond within 1500 ms. All other procedures were the same as in  
773 Experiment 1.

774

775

## Results

776

### 777 Worksheets

778

779 Performance on the worksheets and the recall task was analysed similarly to  
780 Experiment 1. For Worksheet 2 (sentence writing), we excluded 10 participants who  
781 provided definitions of the new word referents, rather than their own example  
782 sentences. For Worksheet 3 (story writing), we excluded 3.2% of responses that  
783 lacked detail and may have instantiated the existing meanings. As in Experiment 1,  
784 the analyses revealed no effects of Meaning Type (related vs. unrelated) on either of  
785 the four worksheets [all  $F_s < 1$ , see Table 6 below].

786

787

>> Insert Table 6 here <<

788

### 789 Recall task

790

791 Overall, participants' recall performance was good - the percentage of correct  
792 responses ranged (across participants) from 50 to 100% (M = 89.9, SD = 15.1). Most  
793 of the incorrect responses were null responses (64%), with the remaining responses  
794 being transfer errors (i.e., recalling a property of a different new word referent). The  
795 percentage of correct responses was significantly higher for the words with new  
796 related (M = 94.4, SD = 12.3) than unrelated meanings [M = 84.4, SD = 19.0;  $\chi^2(1) =$   
797 33.1,  $p < .001$ ; marginal  $R^2 = .07$ , conditional  $R^2 = .54$ ]. As in Experiment 1, Meaning  
798 Type did not have a significant effect on the numbers of correctly recalled properties  
799 [related meaning: M = 3.7, SD = 0.6; unrelated meaning: M = 3.8, SD = 0.6;  $\chi^2(1) =$   
800 0.8,  $p = .37$ ; marginal  $R^2 = .01$ , conditional  $R^2 = .38$ ]. This provides further evidence  
801 that although the overlap in semantic features between the new and existing  
802 meanings acts as a cue during the learning and/or retrieval of new meanings, it does  
803 not determine the robustness or richness of their semantic representations.

804

### 805 **Relatedness decision task**

806

807 Two of the 30 participants were removed from all analyses of the relatedness  
808 decision task – one due to a small number of correct responses in the recall task (50  
809 %) and the other due to relatively slow responses across all trials (M = 870.0 ms, SD  
810 = 129.0). As in Experiment 1, we excluded trials involving the trained targets for  
811 which participants could not recall any property of their new word referents (4.5% of  
812 all responses). For RTs, analyses also excluded errors (4.3% of the remaining  
813 response) and outliers (two standard deviations above/ below a participant's mean  
814 per condition; 4.1%). RTs were log-transformed to normalise the residual distribution.

815           The first set of analyses combined the trained targets across the levels of  
816 Meaning Type (new related/unrelated meaning) and compared them to the untrained  
817 targets. The rationale was that, unlike Experiment 1, Experiment 2 involved unequal  
818 numbers of targets (16 trained words with new related/unrelated meanings and 32  
819 untrained words), thus biasing direct comparisons across the three target types.  
820 Accuracy and latency data were analysed using mixed-effects models with the  
821 factors of Session (pre-training, post-training), Target Type (trained, untrained), Trial  
822 Type (“yes”, “no”), and Block (1, 2)<sup>7</sup>. All models included random intercepts for  
823 subjects and items. The random slope for the Session × Trial Type interaction across  
824 subjects and the random slope for Session across items were significant and  
825 included in the response-latency but not the response-accuracy model.

826           Mean error rates (%) for the trained and untrained targets are illustrated in  
827 Figure 5 below. The response-accuracy model (marginal  $R^2 = .02$ , conditional  $R^2 =$   
828  $.36$ ) revealed a Session × Trial Type interaction [ $\chi^2(1) = 6.7$ ,  $p < .01$ ] that was due to  
829 a significant increase in post-training error rates on “no” trials ( $M_{pre} = 3.3$ ,  $SD = 3.0$ ;  
830  $M_{post} = 4.7$ ,  $SD = 4.7$ ;  $p < .05$ ), but not on “yes” trials ( $M_{pre} = 5.3$ ,  $SD = 5.0$ ;  $M_{post} =$   
831  $4.2$ ,  $SD = 3.8$ ;  $p = .27$ ). There was also a significant Session × Trial Type × Target  
832 Type interaction [ $\chi^2(1) = 3.9$ ,  $p < .05$ ]. Post hoc tests indicated that the interaction  
833 concerned the trained targets only. Following the training, error rates for these words  
834 were lower on “yes” trials ( $M_{pre} = 6.8$ ,  $SD = 7.1$ ;  $M_{post} = 3.9$ ,  $SD = 3.8$ ;  $p < .05$ ), but  
835 not on “no” trials ( $M_{pre} = 3.4$ ,  $SD = 4.7$ ;  $M_{post} = 5.2$ ,  $SD = 6.2$ ;  $p = .16$ ). No other  
836 effects approached the significance threshold.

837

838

>> Insert Figure 5 here <<

839

840 Mean RTs (ms) for the trained and untrained targets are illustrated in Figure 6  
841 below. The response-latency model (marginal  $R^2 = .09$ , conditional  $R^2 = .54$ )  
842 revealed a significant Session  $\times$  Target Type interaction [ $\chi^2(1) = 31.6$ ,  $p < .001$ ]. Post  
843 hoc tests showed a significant increase in post-training RTs for the trained ( $M_{pre} =$   
844  $598.4$ , 95% CIs:  $570.0, 628.4$ ;  $M_{post} = 639.7$ , 95% CIs:  $605.6, 675.6$ ;  $p < .001$ ) but not  
845 untrained targets ( $M_{pre} = 581.3$ , 95% CIs:  $553.7, 610.4$ ;  $M_{post} = 587.5$ , 95% CIs:  
846  $556.3, 620.6$ ;  $p = 1$ ). There was a significant main effect of Trial Type [ $\chi^2(1) = 25.3$ ,  $p$   
847  $< .001$ ], with slower responses on “no” ( $M = 632.9$ , 95% CIs:  $598.8, 668.7$ ) than “yes”  
848 trials ( $M = 571.5$ , 95% CIs:  $545.9, 598.3$ ). Responses were also slower on the post-  
849 training ( $M = 613.1$ , 95% CIs:  $581.0, 646.8$ ) than the pre-training session ( $M = 589.8$ ,  
850 95% CIs:  $562.6, 618.4$ ), although this effect of Session only approached the  
851 significance threshold [ $\chi^2(1) = 3.3$ ,  $p = .07$ ]. Finally, there was a significant main  
852 effect of Target Type [ $\chi^2(1) = 27.3$ ,  $p < .001$ ], with slower responses to the trained ( $M$   
853  $= 618.7$ , 95% CIs:  $589.4, 649.5$ ) than untrained targets ( $M = 584.4$ , 95% CIs:  $556.7,$   
854  $613.6$ ). No other effects approached the significance threshold.

855

856 &gt;&gt; Insert Figure 6 here &lt;&lt;

857

858 These analyses showed that having learnt new meanings slowed participants’  
859 responses to previously unambiguous words. To examine the role of the semantic  
860 relatedness between the existing and the new meaning, the second set of analyses  
861 excluded the untrained targets and directly compared the two types of trained  
862 targets. These response-accuracy and response-latency models included the same  
863 fixed effects as those in the models above, except that Target Type was replaced  
864 with Meaning Type (related vs. unrelated). With respect to random effects, both

865 models included random intercepts for subjects and items. The response-latency  
866 model additionally included random slopes for the Session  $\times$  Trial Type and Meaning  
867 Type  $\times$  Trial Type interactions across subjects and a random slope for Session  
868 across items.

869 The response-accuracy model (marginal  $R^2 = .06$ , conditional  $R^2 = .45$ )  
870 revealed only a significant Session  $\times$  Trial Type interaction [ $\chi^2(1) = 11.4$ ,  $p < .001$ ].  
871 Post hoc tests indicated that following the training, error rates decreased on “yes”  
872 trials ( $M_{pre} = 6.8$ ,  $SD = 7.1$ ;  $M_{post} = 3.9$ ,  $SD = 3.8$ ;  $p < .05$ ) but increased on “no” trials  
873 ( $M_{pre} = 3.4$ ,  $SD = 4.7$ ;  $M_{post} = 5.2$ ,  $SD = 6.2$ ;  $p < .05$ ).

874 In contrast, the response-latency model (marginal  $R^2 = .07$ , conditional  $R^2 =$   
875  $.54$ ) revealed a significant Session  $\times$  Meaning Type interaction [ $\chi^2(1) = 5.6$ ,  $p < .05$ ].  
876 Post hoc tests showed that the simple effect of Session was significant for both the  
877 words with new unrelated ( $M_{pre} = 595.0$ , 95% CIs: 565.3, 626.3;  $M_{post} = 645.1$ , 95%  
878 CIs: 609.1, 683.3;  $p < .001$ ) and new related meanings ( $M_{pre} = 602.4$ , 95% CIs:  
879 573.2, 633.3;  $M_{post} = 635.9$ , 95% CIs: 600.9, 672.8;  $p < .01$ ), but was significantly  
880 greater for the former (as indicated by the interaction). There was a significant main  
881 effect of Trial Type [ $\chi^2(1) = 15.0$ ,  $p < .001$ ], with faster relatedness decisions on “yes”  
882 ( $M = 591.0$ , 95% CIs: 562.5, 620.9) than “no” trials ( $M = 648.9$ , 95% CIs: 610.8,  
883 689.5). Responses were also slower on the post-training ( $M = 640.5$ , 95% CIs:  
884 605.3, 677.6) than the pre-training session ( $M = 598.7$ , 95% CIs: 569.6, 629.4), and  
885 this main effect of Session was significant [ $\chi^2(1) = 8.5$ ,  $p < .01$ ] All other effects did  
886 not approach the significance threshold.

887

888

## Discussion

889

890 Experiment 2 showed that consolidation of new meanings slowed participants'  
891 comprehension of existing meanings. This effect, which was observed on both "yes"  
892 and "no" trials, was greater for meanings that were unrelated to the existing  
893 meanings of the words than the related counterparts. Critically, there was no  
894 indication that the training effect extended to the untrained words, or that it was  
895 modulated by the minimal target-word repetition employed in the current experiment.  
896 Overall, the results of Experiment 2 strengthen the trends observed for Block 1 in  
897 Experiment 1, indicating that relatedness in meaning affects both the consolidation  
898 and processing of new meanings for familiar words.

899 Note, however, that Experiment 2 showed a speed-accuracy trade-off for the  
900 trained targets on "yes" trials. There was a 3% decrease in error rates and a 36 ms  
901 increase in RTs in that condition on the post-training session, which could reflect a  
902 shifted response criterion for related target-probe word pairs after the training.  
903 Although this trade-off may have contributed to some extent to our results, we do not  
904 think that it alone constitutes an explanation for the observed training effect (i.e.,  
905 slower comprehension after learning a new word meaning). If we assumed that the  
906 slowing on "yes" trials was primarily driven by the trade-off, it would be difficult to  
907 explain why the same degree of slowing was observed on "no" trials where no trade-  
908 off occurred. It would also be difficult to explain why the slowing was greater for new  
909 unrelated than related meanings, both on "yes" and "no" trials. Thus, on the whole,  
910 the results indicate that the training effect was semantic in nature; it was sensitive to  
911 the semantic relationship between the new and the old meaning, and arose across  
912 all the conditions, regardless of whether there may have been some degree of  
913 speed-accuracy trade-off or not.

914

## 915 **General Discussion**

916

917       Recent studies have shown that the ability to learn new linguistic information  
918 continues to be important throughout adult life, hence research into learning artificial  
919 vocabulary has great potential to complement our understanding of both memory  
920 and language processes (for a review, see Davis & Gaskell, 2009). The current  
921 study focused on learning new meanings for familiar words - a frequent and natural  
922 language process that has resulted in the ubiquity of semantic ambiguity in many  
923 languages. While previous studies have shown that adults are skilled at learning new  
924 meanings (Fang et al., 2017; Hulme, Barsky, & Rodd, 2018; Rodd et al., 2012) or  
925 working out new senses of words (Clark & Gerrig, 1983; Frisson & Pickering, 2007;  
926 Murphy, 2006), little is known as to how successful consolidation of new meanings  
927 affects the comprehension of existing meanings. The present study addressed this  
928 novel question by training adults on new, fictitious meanings for known words and  
929 examining the impact of such training on their ability to understand the words in their  
930 original meanings.

931       Experiments 1 and 2 showed that learning new meanings influenced the  
932 processing of previously unambiguous words in a semantically engaging online task,  
933 indicating that the meanings had been successfully “lexicalised” (Gaskell & Dumay,  
934 2003) or “engaged” within the mental lexicon (Leach & Samuel, 2007). As expected,  
935 consolidation of new meanings slowed the comprehension of existing meanings,  
936 mirroring the ambiguity disadvantage effect observed in studies using existing  
937 ambiguous words (e.g., Duffy et al., 1988; Gottlob et al., 1999; Hoffman & Woollams,  
938 2015). We interpret this finding in line with the semantic competition account that  
939 comes from connectionist models of ambiguity processing (Armstrong & Plaut, 2008;

940 Kawamoto, 1993; Rodd et al., 2004). Slower responses on the post-training session  
941 indicate competition from the features of the newly-learned meaning when trying to  
942 access the features of the existing meaning. This is because the trained targets had  
943 acquired inconsistent form-to-meaning mappings over the course of the study, such  
944 that both meanings were initially activated (to some extent) upon reading the words  
945 in the relatedness decision task. It appears that new meanings (once integrated in  
946 the mental lexicon through extensive training and offline consolidation) can give rise  
947 to competition during the semantic activation process, just like words with multiple  
948 familiar meanings. Here, we show that this competition hinders participants'  
949 comprehension of well-established, dominant meanings, or their ability to swiftly  
950 access and select those meanings in the absence of contextual bias.

951         The current study, and in particular Experiment 2, further delineated this  
952 interference effect by demonstrating that it is modulated by the degree of semantic  
953 relatedness between the new and the existing meaning. Although having learnt a  
954 new meaning generally slowed the processing of the existing, dominant meaning,  
955 this effect was smaller when the two meanings were semantically related. In other  
956 words, our results show that the greater the relatedness between word meanings,  
957 the smaller the competition. Interestingly, we also observed a robust relatedness  
958 effect in the recall performance. As in Rodd et al. (2012), both Experiments 1 and 2  
959 showed that participants' ability to recall new meanings was significantly better for  
960 meanings that were semantically related to well-established meanings. Overall, then,  
961 the current study shows that meaning relatedness is an important property of  
962 ambiguous words that has a pervasive impact on both learning and processing  
963 meanings of words. This finding is particularly relevant to the ambiguity literature that  
964 has to date produced mixed evidence for the relatedness effect (for a recent review,



965 see Eddington & Tokowicz, 2015). Our study demonstrates the effect in an artificial  
966 language learning paradigm in which the same previously unambiguous words were  
967 paired (across participants) with new related or unrelated meanings. The advantage  
968 of this approach is that it allows for accurate manipulation of the polysemous or the  
969 homonymous status of words while controlling their other properties that may act as  
970 confounds in between-items studies using existing ambiguous words.

971         The finding that meaning relatedness modulates the degree of semantic  
972 competition has also important implications for PDP models that recognised the role  
973 of that property in ambiguity representation and processing, such as the ones  
974 proposed by Armstrong and Plaut (2008) and Rodd et al. (2004). While both models  
975 suggest that consolidation of new unrelated meanings should slow the  
976 comprehension of existing meanings, they make different predictions regarding the  
977 effect for new related meanings/senses. Consistent with our results, the model by  
978 Rodd et al. (2004) predicts that competition produced by new related meanings  
979 should be smaller than that produced by new unrelated meanings because the  
980 semantic features of the former overlap with those of existing meanings. Rodd et al.  
981 (2004) suggest that polysemes have separate but overlapping semantic  
982 representations, and that this results in reduced competition that involves only those  
983 features that are unique to the different word referents (see also Brocher, Foraker, &  
984 Koenig, 2016).

985         In contrast, the model by Armstrong and Plaut (2008) predicts that learning  
986 new related meanings would not slow the comprehension of existing meanings at all.  
987 According to their model, polysemes also have separate overlapping semantic  
988 representations, but any competition between the representations is cancelled out by  
989 a processing benefit at the earlier stages of word processing. Studies of ambiguity

990 processing have shown that polysemy facilitates word recognition (e.g., Armstrong &  
991 Plaut, 2016; Klepousniotou & Baum, 2007; Rodd et al., 2002). It is on this basis that  
992 Armstrong and Plaut (2008) predict that the polysemy advantage during orthographic  
993 processing is equal to the polysemy disadvantage during semantic processing, such  
994 that the former eliminates the latter in tasks that require both processing stages to be  
995 completed (e.g., the relatedness decision task). However, while Rodd et al.'s (2012)  
996 lexical decision task showed that the learning of new related meanings can indeed  
997 benefit word recognition, our findings, from a semantically engaging task involving  
998 the same stimulus words, show that the learning still slows comprehension (i.e.,  
999 access and selection of a particular word meaning). It appears that the polysemy  
1000 advantage during orthographic processing does not entirely cancel out the polysemy  
1001 disadvantage during semantic processing. Thus, even at the relatively early stages  
1002 of meaning consolidation, new related meanings of irregular polysemes can still  
1003 produce some degree of competition when the task requires meaning selection.

1004         It should be noted that the implications of our work on the role of meaning  
1005 relatedness are restricted to representational and processing differences between  
1006 homonymy and irregular polysemy. The new related meanings in the current study  
1007 were designed to imitate sense extension typical of irregular rather than regular  
1008 polysemy. The meanings were loosely related to the existing meanings through a  
1009 single semantic feature (e.g., physical property, function), and the relation between  
1010 them was unpredictable and idiosyncratic, such that participants could not derive the  
1011 new meanings from the existing ones based on their knowledge of words and their  
1012 meanings. Thus, while our findings contrasting homonymy with irregular polysemy  
1013 contribute to the literature on the relatedness effect, they make no prediction with  
1014 respect to learning new word senses that follow the rules of sense extension

1015 characteristic of metonymic/regular polysemy, such as the instrument for action (e.g.,  
1016 “shovel”) and container for contents alternations (e.g., “pot”). Studies have shown  
1017 that both adults (Clark & Gerrig, 1983; Frisson & Pickering, 2007; Murphy, 2006) and  
1018 four-year old children (Srinivasan & Snedeker, 2011, 2014) have little difficulty  
1019 understanding these senses in context. Furthermore, there is notable evidence that  
1020 metonyms, whose senses share a large number of semantic features, have a single  
1021 semantic representation, and may therefore escape competition at the semantic  
1022 level (Frazier & Rayner, 1990; Frisson & Pickering, 1999; Klepousniotou, 2002;  
1023 Klepousniotou et al., 2008). It is therefore reasonable to assume that new metonymic  
1024 senses do not require explicit learning or integration into the mental lexicon but can  
1025 be derived online via a rule of sense extension.

1026         Alternative interpretations of the present findings, such as proposals that the  
1027 effect of consolidation may not exclusively lie in semantic processing, do not seem  
1028 plausible. For example, Pexman et al. (2004) argue that relatedness decisions to  
1029 ambiguous words (e.g., “electric/football fan”) may be slower than those to  
1030 unambiguous counterparts because the former trigger conflicting responses on “yes”  
1031 trials (e.g., “sport”), making participants take additional time to decide which meaning  
1032 of an ambiguous word should serve as response input. However, our results showed  
1033 that not only did the training slow relatedness decisions on “yes” trials (e.g., “sip-  
1034 juice”) that may involve such response-conflict resolution, but also on “no” trials (e.g.,  
1035 “sip-golf”) where the new and the existing meaning triggered a single (“no”)  
1036 response. If the effect of learning new meanings were due to decision making during  
1037 the response-selection phase, we would not expect to find it on “no” trials that are  
1038 free of response conflict. Thus, Pexman et al.’s (2004) account fails to explain why

1039 consolidation of newly-acquired meanings would slow the processing of well-  
1040 established meanings.

1041         We also do not think that the slower performance on the post-training session  
1042 was due to a task strategy whereby participants took additional time to ensure that  
1043 the probe words were not related to new meanings (on both “yes” and “no” trials).  
1044 Although this interpretation would be in line with Hino et al.’s proposal (2006) that  
1045 ambiguity slows processing only when a task-relevant response requires analysis of  
1046 the multiple word meanings, there are three issues with the idea that some  
1047 “checking” process constitutes a complete explanation of the current findings. First,  
1048 the results demonstrate that the slowing effect of learning was smaller for new  
1049 related meanings, consistent with the evidence that competition between familiar  
1050 word meanings is modulated by the degree of overlap in their semantic features  
1051 (Armstrong & Plaut, 2008; Brocher et al., 2016; Klepousniotou et al., 2008; Rodd et  
1052 al., 2004). The fact that the training effect, like the ambiguity effect in natural  
1053 language, is sensitive to meaning relatedness suggests that the processing cost lies  
1054 in semantic rather than task-specific decision-making processes.

1055         Second, the results show that the slowing effect of learning was smaller for  
1056 new related than unrelated meanings, even though the two did not differ in how well  
1057 they were remembered. It will be recalled that our analyses of relatedness decisions  
1058 included only those words for which participants could recall their new meanings,  
1059 and that in those instances participants recalled as many semantic features for  
1060 related meanings as they did for the unrelated counterparts. This proves problematic  
1061 for the idea that the training effect is due to retrieval of additional semantic features  
1062 of the target’s word referents gained after the learning and comparing them to  
1063 features of the probe’s word referents. If such an explicit search and analysis of

1064 features was involved, we would expect new related and unrelated meanings, with  
1065 comparable numbers of additional semantic features, to slow post-training responses  
1066 to the same extent, which was not the case.

1067         Third, if the ambiguity disadvantage, on the whole, was purely a task artefact,  
1068 as Hino et al. (2006) and Pexman et al. (2004) suggest, it is difficult to understand  
1069 why it repeatedly appeared across a number of tasks of varying response-selection  
1070 demands. Competitive processes involved in understanding semantically ambiguous  
1071 words have been observed in tasks requiring semantic relatedness (e.g., Gottlob et  
1072 al., 1999) and categorisation decisions (e.g., Jager & Cleland, 2015), semantically  
1073 primed (e.g., Balota & Paul, 1996) and unprimed lexical decisions (e.g., Rodd et al.,  
1074 2002), sensicality judgements (e.g., Klepousniotou et al., 2008), and even sentence-  
1075 reading tasks that do not require any response or decision (e.g., Duffy et al., 1988).  
1076 Consistent with this research, the present study provides novel evidence from a  
1077 language learning paradigm that supports the postulate of semantic competition in  
1078 connectionist models and further challenges decision-making accounts of ambiguity  
1079 effects (see also Armstrong & Plaut, 2016). We do, however, acknowledge that  
1080 decision making and other conscious strategic processes have a pervasive impact  
1081 on language comprehension in experimental settings. We trust future studies of  
1082 learning new meanings (and ambiguity for that matter) will employ tasks (such as  
1083 masked priming or sentence reading) that appear less sensitive to these factors, and  
1084 therefore be able to resolve these issues.

1085         Finally, it is important to note that competition from newly-acquired meanings  
1086 bears a striking resemblance to the lexical competition reported in studies of word  
1087 learning (e.g., Bowers, Davis, & Hanley, 2005; Gaskell & Dumay, 2003). The general  
1088 finding of these studies is that consolidation of new word forms (e.g., “cathedruke”)

1089 slows the recognition of known neighbours (e.g., “cathedral”), in either the spoken or  
1090 the written modality. Although there are differences between learning new meanings  
1091 for familiar words and learning new words, it appears that integration of both types of  
1092 information comes at a cost because of the way lexical-semantic representations are  
1093 formed and accessed.

1094         The implication is that, just like lexical competition has served as an index of  
1095 consolidation of new word forms, semantic competition, documented in this study,  
1096 can serve as an index of consolidation of new word meanings. Thus, our work  
1097 provides researchers with a novel paradigm to address important questions about  
1098 meaning consolidation, such as the nature of training (e.g., learning from naturalistic,  
1099 semantically diverse context vs. dictionary definitions) and differences in learning  
1100 performance across the lifespan. Future studies should in particular investigate the  
1101 role of sleep and the time-course of meaning consolidation to better understand the  
1102 degree of offline consolidation that is necessary to produce competition between the  
1103 new and well-known meanings of words. It is also important to examine the time-  
1104 frame of this competition effect. Experiment 1 suggested that multiple recent  
1105 exposures to words in the well-known meaning can negate the effect. However, it is  
1106 unclear whether this is an indication of how short-lived and weak competitive  
1107 processes are in artificial language learning studies, or whether it is due to a  
1108 temporary boost in access to the well-known meaning, similar to that observed for  
1109 existing ambiguous words (see Rodd et al., 2013, 2016). Studies on the time-frame  
1110 of competition would also help to determine the extent to which early learning  
1111 processes contribute to this effect. There is evidence to suggest that the initial stage  
1112 of encoding new meanings for familiar words involves inhibition of their existing  
1113 meanings – the so-called “perturbation” of old knowledge (Fang & Perfetti, 2017,

1114 2019). Although the current study tested participants four days after the learning  
1115 phase, it would be invaluable to extend the delay (without further opportunities for  
1116 consolidation) and confirm that the slower processing of existing meanings is due to  
1117 semantic competition, rather than due to transient effects of this perturbation.

1118         In summary, our novel finding that having learnt new meanings for known  
1119 words slows the comprehension of their existing meanings has important  
1120 implications for models of language acquisition and ambiguity processing. In  
1121 particular, it lends support to the postulate of semantic competition in current models  
1122 of semantic ambiguity, particularly those that predict at least some degree of  
1123 competition for polysemous words (Rodd et al., 2004). Such competition in polysemy  
1124 processing could be further modulated by the degree of overlap of the multiple  
1125 senses (i.e., competition could be minimal or non-existent for the highly overlapping  
1126 senses of metonyms but stronger for the less overlapping senses of irregular  
1127 polysemes). The present experiments also add a novel type of evidence to the  
1128 literature on the differential representation and processing of homonymy and  
1129 polysemy. Using the artificial language learning paradigm, we demonstrate that  
1130 relatedness in meaning influences the learning of new meanings and their  
1131 subsequent impact on semantic processing. Further research into children's and  
1132 adults' ability to learn new meanings for familiar words is of particular value. Not only  
1133 does such research provide a novel avenue for testing predictions from the  
1134 ambiguity literature, but it can also help us delineate mechanisms underlying  
1135 successful language learning. Although there has been much progress in  
1136 understanding how children learn new words or new meanings for words they  
1137 already know (e.g., Casenhiser, 2005; Doherty, 2004; Storkel & Maekawa, 2005),  
1138 and despite the fact that language is rife with semantic ambiguity, current models of

1139 vocabulary acquisition have largely ignored learning words with multiple  
1140 interpretations (see Dautriche, Chemla, & Christophe, 2016), and how we continually  
1141 expand our vocabulary throughout the lifespan.



**Footnotes**

1142

1143

1144 <sup>1</sup>The word “slim” in Rodd et al.’s (2012) stimulus list was changed to “hamster”  
1145 (Experiment 1) or “mouse” (Experiment 2) so that all trained words had noun/noun-  
1146 verb interpretations. The word “hamster” was replaced with “mouse” so that lexical  
1147 and semantic properties of the trained and untrained targets in Experiment 2 were  
1148 matched more rigorously.

1149

1150 <sup>2</sup> As the experiment was not explicitly designed to explore the type of the relationship  
1151 between the new and the existing meaning (e.g., physical properties vs. function),  
1152 future studies will need to establish whether there could be an impact on learning  
1153 performance based on the way new meanings are related.

1154

1155 <sup>3</sup> We first attempted to analyse the ratings using a linear mixed-effects model.  
1156 However, the residuals of the model showed an inverse normal distribution that was  
1157 insensitive to data transformation, violating the assumption of linear but not  
1158 generalised mixed-effects modelling.

1159

1160 <sup>4</sup> We began analysis with a model that included significant random intercepts and  
1161 tested all possible slopes for inclusion separately. Out of significant slopes, we first  
1162 added the most influential one (based on the value of  $\chi^2$  from model-comparison  
1163 tests) to the base model and then tested whether the second most influential slope  
1164 further improves the model. We continued to test and include the remaining slopes  
1165 until the model failed to converge.

1166 <sup>5</sup> Target Type and Block were coded using Helmert contrasts. For Target Type,  
1167 Contrast 1 compared both trained targets to the untrained counterparts (Untrained =  
1168  $-2/3$ , Related =  $1/3$ , Unrelated =  $1/3$ ), and Contrast 2 compared the two types of  
1169 trained targets (Untrained = 0, Related =  $-1/2$ , Unrelated =  $1/2$ ). For Block, Contrast 1  
1170 compared Block 1 to Blocks 2 and 3 ( $1 = 2/3$ ,  $2 = -1/3$ ,  $3 = -1/3$ ), and Contrast 2  
1171 compared Blocks 2 and 3 ( $1 = 0$ ,  $2 = 1/3$ ,  $3 = -1/3$ ). Deviation coding was used for  
1172 both Session (Pre =  $-1/2$ , Post =  $1/2$ ) and Trial Type (Yes =  $-1/2$ , No =  $1/2$ ).

1173

1174 <sup>6</sup> Throughout this report, any results that reached the significance threshold before  
1175 but not after the correction for multiple comparisons should be viewed as trends only.

1176

1177 <sup>7</sup> There were not any effects of Block in Experiment 2, neither in the latency nor the  
1178 accuracy data.

1179

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1180

1181

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1189

1190 **Disclosure of interest**

1191

1192 The authors report no conflict of interest.

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**Appendix 1**

1383

1384

1385 Target words and their new related meanings.

1386

Target	Definition
Mouse	A prototype of a very small car
Farm	A country that exports goods at a low cost
Bandage	A revolutionary medical device that is fastened to the body
Fee	A side-bet in a poker game
Ant	A small remote recording device
Path	A series of lines painted on the face in American Indian tribes
Grin	A mythical monster with a mischievous fixed smile
Hive	Home occupied by three generations of a family
Growl	A mobile phone safety alarm
Fog	A group of floating particles in the eye that affect vision
Widow	An animal forced out of their group
Stain	A precious stone that can change colour
Cage	An implant fitted around a pacemaker
Pearl	A bright ring of light seen in the sky
Crew	A group of Celtic males that play musical instruments in unison
Pouch	Land surrounding animals' sleeping area
Feast	A conference for the food industry
Soup	Water in its hottest state
Bone	A residual core of dead stars or planets
Carton	Carbon fibre shell for vehicles
Snake	An ancient dance move that mimics the way snakes move
Carpet	Covering of scales over animals' feet
Spy	A frog that can focus on a single sound
Cake	A code word for suspicious food packages brought into prison
Join	A junction between agricultural and industrial areas
Sip	A small amount of extracted computer data
Dawn	A type of nightmare that occurs in the early hours of the morning
Foam	Low-radiation nuclear waste
Slot	A safe incorporated into furniture
Bruise	A blurred spot on a photograph
Heap	A unit of measurement for cooking
Rust	Camouflage paint for metal objects

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1388

## Appendix 2

1389

1390

1391 Target-probe word pairs used in Experiment 1.

1392

Trained word pairs			Untrained word pairs		
Target	Related probe	Unrelated probe	Target	Related probe	Unrelated probe
ant	insect	obesity	barber	brush	wheat
ant	wasp	abbey	barber	comb	absence
ant	beetle	laundry	barber	razor	sphere
bandage	wrap	broom	beef	cattle	truce
bandage	patch	photo	beef	lamb	daisy
bandage	mummy	pasta	beef	cow	blanket
bone	muscle	folder	breeze	draught	agenda
bone	calcium	harvest	breeze	blow	jazz
bone	vein	bay	breeze	gust	corpse
bruise	injury	address	cash	receipt	womb
bruise	wound	adviser	cash	cheque	harbour
bruise	scratch	vest	cash	savings	moth
cage	zoo	album	cave	hollow	cricket
cage	canary	rocket	cave	shelter	candy
cage	circus	acid	cave	tunnel	badge
cake	dough	alien	chin	beard	author
cake	cook	grave	chin	lip	locker
cake	flour	yard	chin	jaw	flame
carpet	vacuum	coal	goose	bird	warrior
carpet	stairs	frog	goose	duck	soldier
carpet	mat	onion	goose	swan	wreck
carton	package	alarm	joke	trick	fur
carton	juice	knob	joke	fun	match
carton	straw	bat	joke	humour	maths
crew	navy	bargain	lion	cub	mint
crew	cruise	printer	lion	roar	pear
crew	pilot	bean	lion	zebra	sink
dawn	horizon	data	ritual	faith	frame
dawn	sunrise	bin	ritual	custom	peach
dawn	dusk	basket	ritual	symbol	proton
farm	ranch	cushion	shield	sword	attic
farm	barn	bishop	shield	arrow	pepper
farm	fence	thumb	shield	spear	amber

feast	supper	bias	slave	captive	aspect
feast	wedding	blame	slave	abuse	quiz
feast	picnic	skull	slave	hostage	skirt
fee	ticket	beast	soap	germs	wire
fee	lawyer	cliff	soap	towel	lecture
fee	payment	shovel	soap	wash	cuff
foam	bubble	belt	toilet	urine	leather
foam	bath tub	behalf	toilet	mirror	legend
foam	mousse	barrier	toilet	shower	ghost
fog	smog	blade	torch	beam	accent
fog	hail	weapon	torch	candle	tissue
fog	cloud	trophy	torch	lamp	ache
grin	tooth	battery	wool	sheep	wisdom
grin	frown	famine	wool	cotton	axis
grin	joy	bell	wool	fibre	actress
growl	throat	chips			
growl	wolf	aisle			
growl	belly	fringe			
hamster	mouse	bible			
hamster	pet	bench			
hamster	rat	poetry			
heap	stack	goat			
heap	mound	priest			
heap	pile	destiny			
hive	nest	doll			
hive	honey	beer			
hive	bee	bicycle			
join	link	billion			
join	glue	scent			
join	bond	savage			
path	trail	clerk			
path	route	pillow			
path	hike	cruelty			
pearl	diamond	doom			
pearl	jewel	code			
pearl	ruby	dessert			
pouch	purse	vinegar			
pouch	sack	toad			
pouch	wallet	text			
rust	decay	cluster			
rust	chain	uterus			
rust	metal	comedy			
sip	alcohol	biology			

sip	gulp	collar			
sip	liquid	eel			
slot	coin	ego			
slot	slit	mile			
slot	gap	rice			
snake	lizard	ashtray			
snake	venom	element			
snake	bite	grace			
soup	dish	socket			
soup	spoon	fist			
soup	spice	title			
spy	agent	fossil			
spy	agency	width			
spy	mission	fungus			
stain	mud	embassy			
stain	sauce	trout			
stain	dirt	fox			
widow	spouse	drums			
widow	grief	gipsy			
widow	funeral	talent			



## Appendix 3

1394

1395

1396 Target-probe word pairs used in Experiment 2.

1397

Trained word pairs			Untrained word pairs		
Target	Related probe	Unrelated probe	Target	Related probe	Unrelated probe
ant	insect	cruise	abuse	alcohol	layer
bandage	gauze	coffee	actor	cinema	buffalo
bone	muscle	flask	beak	eagle	prison
bruise	injury	pork	boat	canoe	kiss
cage	zoo	jacket	butter	bun	blouse
cake	icing	gorilla	cliff	coast	desk
carpet	rug	monster	cod	eel	toy
carton	package	heaven	creek	stream	skull
crew	pilot	falcon	demon	angel	ankle
dawn	horizon	ship	elbow	knee	priest
farm	ranch	throat	fin	dolphin	sand
feast	wedding	leaf	flower	lily	arrow
fee	wage	beef	fur	fox	basil
foam	bubble	axe	goose	pigeon	fist
fog	sky	boxer	hat	hood	skeleton
grin	frown	fruit	hay	barn	beast
growl	wolf	cork	herd	crowd	monitor
mouse	cheese	coal	moon	galaxy	puppy
heap	mound	swan	ocean	lake	victory
hive	honey	copper	puddle	pond	thigh
join	glue	apple	reward	medal	wasp
path	forest	bird	rod	fish	lunch
pearl	gem	pony	shield	weapon	thumb
pouch	purse	vision	silk	satin	dog
rust	metal	cave	sword	knife	moth
sip	juice	golf	toe	leg	liquid
slot	coin	banana	torch	lamp	noise
snake	venom	calcium	turkey	chicken	lens
soup	dish	prize	vein	wrist	cloak
spy	agent	flu	vote	ballot	lion
stain	mud	tiger	wig	scalp	flute
widow	funeral	guard	wool	sweater	baker

1398

**Figure captions**

1399

1400

1401 Figure 1. Overview of Experiment 1.

1402

1403 Figure 2. Experiment 1: Mean error rates across “yes” (Panel A) and “no” trials

1404 (Panel B). Error bars show 95 % confidence intervals adjusted to remove between-

1405 subjects variance (Loftus & Masson, 1994).

1406

1407 Figure 3. Experiment 1: Mean untransformed RTs across “yes” (Panel A) and “no”

1408 trials (Panel B). Error bars show 95 % confidence intervals adjusted to remove

1409 between-subjects variance.

1410

1411 Figure 4. Overview of Experiment 2.

1412

1413 Figure 5. Experiment 2: Mean error rates across “yes” (Panel A) and “no” trials

1414 (Panel B). Error bars show 95 % confidence intervals adjusted to remove between-

1415 subjects variance.

1416

1417 Figure 6. Experiment 2: Mean untransformed RTs across “yes” (Panel A) and “no”

1418 trials (Panel B). Error bars show 95 % confidence intervals adjusted to remove

1419 between-subjects variance.