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1 **Ammonium Ocean following the end-Permian Mass Extinction**

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13

14 **Abstract:** The aftermath of end-Permian mass extinction was marked by a ~5 million year
15 interval of poorly-understood, extreme environments that likely hindered biotic recovery.
16 Contemporary nitrogen isotope variations are considered, using a new conceptual model,
17 to support a scenario that shows intensive nitrate-removal processes gradually depleted
18 the global oceanic nitrate inventory during long-lasting oceanic anoxia. Enhanced nitrogen
19 fixation shifted the oceanic nitrogenous nutrient (nutrient-N) inventory to an ammonium-
20 dominated state. Ammonium is toxic to animals and higher plants but fertilizes algae and
21 bacteria. This change in ocean chemistry could account for the intense and unexplained
22 losses of nektonic taxa and the proliferation of microbial blooms in the Early Triassic. The
23 transition from a nitrate ocean to an ammonium ocean was accompanied by a decrease in
24 respiration efficiency of organisms and a shrinking oceanic nutrient-N inventory,
25 ultimately leading to generally low productivity in the Early Triassic oceans. These
26 unappreciated nutrient changes during episodes of prolonged ocean anoxia may be the key
27 life-limiting factor at such times.

28

29 Key words: ocean anoxic event, nitrogen cycle, Early Triassic, ammonium ocean

30

31 **1. Introduction**

32 Following the most devastating extinction of the Phanerozoic, the Early Triassic
33 (~253-247 Ma) interval is considered to have been an extreme hothouse world (Kidder
34 and Worsley, 2010; Winguth et al., 2015) with equatorial sea-surface temperatures (SSTs)
35 consistently higher than 32 °C (Sun et al., 2012). Such temperature extremes reduce the
36 solubility of all gases in the ocean, decrease photosynthetic efficiency in terrestrial plants
37 and phytoplankton and increase metabolic energy demands (approximately double the
38 cost for every 10 °C rise according to the Q_{10} temperature coefficient), and can lead to
39 intense oceanic anoxia, low biodiversity, and animals with small body sizes (Wignall and
40 Twitchett, 2002; Twitchett, 2007; Bottjer et al., 2008). The peak of the hothouse occurred
41 during the Smithian-Spathian (S-S) transition, ~2 million years after the end-Permian mass
42 extinction, when equatorial SSTs reached ~40 °C (Sun et al., 2012) during a major ~6-8 ‰
43 negative carbon isotope excursion (Payne et al., 2004; Sun et al., 2015). Many nektonic taxa
44 that were well adapted to the harsh post-extinction environments finally succumbed at the
45 S-S transition, suffering even greater proportional losses than at the end of the Permian
46 (Stanley, 2009).

47 The warm climate and concomitant increased weathering and continental runoff in
48 the Early Triassic enhanced nutrient delivery to the oceans (Algeo et al., 2011),
49 theoretically elevating primary productivity and amplifying oxygen deficiency in the water
50 column (Kump et al., 2005), ultimately producing euxinia with noxious H₂S. Such
51 conditions exist today as localized “dead zones” like those found in the Gulf of Mexico
52 (Rabalais et al., 2002), and they are an oft-cited mechanism for the end-Permian marine
53 extinction and the delayed Early Triassic recovery (Kump et al., 2005; Algeo et al., 2011).

54 All versions of the death-by-anoxia (euxinia) scenario assume that phosphorus (P) was the
55 key bio-essential element that controlled productivity levels (Meyer et al., 2008).
56 Cyanobacterial biomarker spikes and the development of microbialites during and in the
57 immediate aftermath of the end-Permian crisis (Pruss et al., 2006; Xie et al., 2010)
58 potentially reflect this high productivity scenario.

59 In addition to P, the other productivity-limiting nutrient in the ocean is N. Unlike P,
60 nutrient-N availability is not a function of terrestrial input since the oceanic N cycle is
61 largely internal and biologically-driven (Sigman et al., 2009) (Fig. 1). Under anoxic
62 conditions denitrification is enhanced and removes nitrate (including nitrite) as N₂ while P
63 is released from sediments (Van Cappellen and Ingall, 1994). This process, if widespread
64 and maintained for a prolonged time, generates a nitrate-poor but P-rich ocean (Grasby et
65 al., 2012; Grasby et al., 2016). The Early Triassic is known for global absence of
66 phosphorites and other P-rich sedimentary rocks, suggesting intensive P-recycling into
67 seawater at this time. Although P can be additionally and partially scavenged by Fe
68 minerals (Feely et al., 1991), Fe shuttles in the Early Triassic oceans were dominated by
69 pyrite burial, and quantitatively not comparable to banded iron formation deposition in the
70 Archean and Paleoproterozoic oceans. Thus, P scavenged by Fe minerals is unlikely to have
71 balanced the excess P input by weathering. Nitrogen could have become the bio-limiting
72 nutrient in the euphotic zone since marine phytoplankton requires 14-16 times more N
73 than P (i.e., the Redfield Ratio). The high SSTs of the Early Triassic (Sun et al., 2012) likely
74 deepened the thermocline, lowered the pole-to-equator temperature gradient and
75 weakened ocean circulation (Winguth et al., 2015). Under such circumstances, PO₄³⁻ and

76 NO_3^- were probably trapped beneath density barriers, inhibiting nutrient supply to the
77 euphotic zone (Fig. 2C; Grasby et al., 2016; Penn et al., 2018).

78 To understand the interplay of stratification intensity and the availability of
79 different nutrients in the Early Triassic oceans, we investigated nitrogen isotope ($\delta^{15}\text{N}$)
80 trends and trace metal concentrations during the Late Permian to Early Triassic in palaeo-
81 equatorial Tethys (Xiakou and Jiarong sections, South China) and the Boreal Ocean
82 (Vindodden section, Spitsbergen) (Fig. 2). The results, combined with our new conceptual
83 model (Fig. 1), suggest the establishment of an “Ammonium Ocean” had severe
84 consequences for the marine biosphere in the Early Triassic.

85

86 **2. Settings**

87 The South China Block was situated at an equatorial position in the eastern Tethys
88 Ocean in the Early Triassic (Fig. 2A). Palaeogeographically, the study section at Xiakou was
89 situated on the northern margin of the central Yangtze Platform. The study section at
90 Jiarong was situated in the centre of the Nanpanjiang Basin, which was a V-shaped, deep
91 water epicontinental basin that opened south-eastward to the Panthalassa Ocean
92 (Lehrmann et al., 2003).

93 The Xiakou section (GPS: $31^\circ 6'55.82''\text{N}$, $110^\circ 48'15.87''\text{E}$) is located in Xingshan
94 County, ~400 km NW of Wuhan. The continuous sequence, from late Changhsingian to
95 Spathian, crops out alongside a local road. The late Changhsingian strata are characterized
96 by dark grey to black, marly carbonate and marls. The lithology is replaced upsection by
97 thinly bedded grey carbonate and shales of the Daye Formation.

98 The Jiarong section (GPS: 25°55'17"N, 106°33'50"E) is located in Huishui County,
99 ~85 km south of Guiyang City in the Guizhou Province. The Smithian-Spathian succession is
100 composed of a middle-late Smithian carbonate unit, a latest Smithian black shale unit and
101 an early Spathian reddish carbonate unit, representing a transition from a basinal setting to
102 a shallower water environment across the S-S boundary interval (Chen et al., 2015; Sun et
103 al., 2015). Sediments in the upper part of the Carbonate Unit and the Black Shale Unit are
104 finely laminated and lack bioturbation. Fossils are generally rare, except for conodonts.
105 Small ammonoids and scaphopods occur in the Spathian Griotte Unit (Sun et al., 2015).

106 During the Permo-Triassic the Svalbard Archipelago was situated on the
107 epicontinental shelf of the northern passive margin of Pangaea adjacent to the Boreal
108 Ocean in high temperate latitudes (~ 55 to 60 °N) (Hounslow et al., 2008). The S-S strata of
109 central Spitsbergen belong to the Vikinghøgda Formation, and are best documented from
110 the Vindodden section (Mørk et al., 1999; Wignall et al., 2016).

111 The Vindodden section (GPS: 78°19'39"N, 16°30'19"E) lies in the lower slopes of
112 Botneheia Mountain, south of Sassenfjorden, a north-eastern arm of Isfjorden. The S-S
113 sequence consists mainly of a lower unit of dark clay/siltstone unit of Smithian age and an
114 upper siltstone-sandstone unit of Spathian age. The transition from the Smithian to the
115 Spathian is marked by a laminated thin dolostone ledge of earliest Spathian age. The
116 phosphatic black clay/shales atop the Vikinghøgda Formation characterise the Middle
117 Triassic Botneheia Formation (Wignall et al., 2016). Fossils are rare in the study section,
118 except for a few *Posidonia* bivalves, *Planolites* trace fossils and ammonoids. Though very
119 low in abundance, conodonts occur throughout the section, providing biostratigraphic
120 constraints.

121

122 **3. Conceptual Model**

123 Our conceptual model for the oceanic nitrogen cycle consists of four end-members.
124 They are N_2 , the NH_4^+/NH_3 pair, the NO_2^-/NO_3^- pair and organic-bonded nitrogen. Amongst
125 these, NH_4^+/NH_3 and NO_2^-/NO_3^- are the main forms of dissolved inorganic nutrient-N in the
126 ocean. The four end-members are linked by eight known reactions in the nitrogen cycle
127 (Fig. 1). These reactions are further subdivided into aerobic reactions (e.g., nitrification),
128 anaerobic reactions (e.g., denitrification) and non-redox sensitive reactions (e.g., nitrogen
129 fixation). This subdivision leads to three simplified sub-models for oceanic nitrogen cycle
130 in fully oxic (Fig. 1 model A), fully anoxic (Fig. 1 model B) and fully euxinic conditions (Fig.
131 1 model C). In modern ocean settings, the oceanic nitrogen cycle is dominated by processes
132 summarized in the model A, while model B describes the nitrogen cycle in the oxygen
133 minimum zone (OMZ). In warm, stratified and oxygen-depleted Early Triassic oceans, the
134 models B and C describes the main oceanic nitrogen cycle with the model A only applicable
135 to the thin, oxygenated surface layer. Though nitrification is an aerobic reaction, it can
136 occur at very low oxygen concentrations at a lower rate (Bristow et al., 2016). In such
137 cases, the dissolved nutrient-N inventory is in a subtle balance between nitrate net
138 production and net consumption, depending on the intensity of ocean anoxia. For example,
139 at the Black Sea thermocline, anaerobic ammonium oxidation (anammox) bacteria
140 outcompete aerobic nitrifying bacteria for nitrite (Lam et al., 2007), leading to nitrate and
141 nitrite net consumption.

142 Nitrate production by nitrification is mainly carried out by ammonia-oxidizing
143 bacteria (AOB) and ammonia-oxidizing archaea (AOA). This process is generally considered

144 to be light-sensitive for two reasons: 1) some AOB show photoinhibition (e.g., Guerrero and
145 Jones, 1996), and 2) AOA, though more abundant than AOB in the euphotic zone and not
146 light-inhibited *per se*, are often outcompeted by phytoplankton for NH_4^+ . The rate of
147 nitrification of AOA is lower in the euphotic zone during the day and in the summer due to
148 limited NH_4^+ supply while the highest rate occurs at night and in the winter when
149 competition with phytoplankton is lowest (Smith et al., 2014). Because the euphotic zone is
150 only a thin layer of water column, the overall rates and efficiency of nitrification in the
151 ocean depend critically on general redox conditions below the euphotic zone (e.g., Quan
152 and Falkowski, 2009).

153 Denitrification has a high energy yield (Table 1) and the resupply of nitrate by
154 nitrification is greatly inhibited in anoxic conditions. Thus, quantitatively nitrate must be in
155 net consumption in intensive anoxic and euxinic oceans because nitrate produced by
156 nitrification in the thin, oxygenated surface water column cannot compensate for the
157 nitrate consumed by denitrification and anammox in anoxic and much thicker deeper
158 water columns (Fig. 2C). Note that anaerobic ammonium oxidation by manganese oxides
159 occurs in sediments rather than the water column (e.g., Hulth et al., 1999) and is excluded
160 here.

161 We use the notion “ammonium ocean” to describe an oceanic state in which NO_2^-
162 and NO_3^- are largely depleted while NH_4^+ is the main form of dissolved nutrient-N. Note
163 that dominance is not necessarily equal to high concentrations. Thus the term “ammonium
164 ocean” does not necessarily imply *globally* high NH_4^+ concentrations in the ocean (see 5.3
165 for further discussion on the heterogeneity of Early Triassic oceans).

166

167 4. Methods (isotope and C/N ratio analyses)

168 For measurements of $\delta^{13}\text{C}_{\text{org}}$, $\delta^{15}\text{N}$, and $\text{C}/\text{N}_{\text{atomic}}$ ratios, weathered surfaces were cut
169 off the samples. The trimmed samples were washed with distilled water, dried with
170 compressed air and then milled to fine powder. On average ~ 3 to ~ 5 g powders were
171 immediately treated with ~ 150 ml 10 % HCl on a hotplate at ~ 60 °C to dissolve any
172 carbonate. The samples were stirred while slowly adding acid. The decarbonatization
173 process was generally completed after 48 hours with the complete removal of dolomite and
174 siderite phases. If not, acid was refreshed and the samples were treated further for 24-48
175 hours. Insoluble residues were washed repeatedly with deionized water until $\text{pH} \approx 6$, dried
176 in an oven at 60 °C, homogenized using a mortar and stored in small glass containers.

177 The $\delta^{13}\text{C}_{\text{org}}$ and bulk rock $\delta^{15}\text{N}$ analyses were performed with a Flash EA 2000
178 elemental analyser connected online to ThermoFinnigan Delta V Plus mass spectrometer.
179 All isotope values are reported in the conventional δ -notation in per mille (‰) relative to
180 atmospheric air for $\delta^{15}\text{N}$ and to V-PDB for $\delta^{13}\text{C}_{\text{org}}$. Reproducibility of measurements was
181 monitored by replicate analyses of laboratory standards (synthetic urea) calibrated to
182 international standards USGS 40 ($\delta^{13}\text{C} = -26.39$ ‰; $\delta^{15}\text{N} = -4.52$ ‰) and USGS 41 ($\delta^{13}\text{C} =$
183 37.63 ‰; $\delta^{15}\text{N} = 47.57$ ‰). The reproducibility was ± 0.08 ‰ (2σ) for $\delta^{13}\text{C}_{\text{org}}$, ± 0.07 ‰
184 (2σ) for total organic carbon (TOC), ± 0.14 ‰ (2σ) for $\delta^{15}\text{N}$ and ± 0.20 ‰ (2σ) for total
185 nitrogen (TN). The repeatability of samples for $\delta^{15}\text{N}$ ranges from 0.05 to 0.18 ‰ (2σ), with
186 a single case of 0.42 ‰. Note that our $\delta^{15}\text{N}$ data, as in many other studies in this interval,
187 represent a $\delta^{15}\text{N}_{\text{acidified}}$ (rather than $\delta^{15}\text{N}_{\text{bulk}}$) record in a strict sense. The $\text{C}/\text{N}_{\text{atomic}}$ ratio was
188 calculated from $(\text{TOC}/\text{atomic weight of C})/(\text{TN}/\text{atomic weight of N})$. The TN and TOC
189 values are positively correlated ($r^2 = 0.42, 0.68$ and 0.93 for Jiarong, Vindodden and Xiakou

190 sections, respectively), suggesting organic matter was the primary source of N (Fig. 3).
191 Other sources include clay-bound N resulting from diagenetic NH_4^+ release. The occurrence
192 of clay-bound N may homogenise, but not necessarily perturb, $\delta^{15}\text{N}$.

193 For $\delta^{13}\text{C}_{\text{carb}}$ analyses, carbonate powders, preferably from micrites, were drilled on
194 fresh-cut rock surfaces. The powders were reacted with 100 % phosphoric acid at 70 °C in
195 a Gasbench II connected online with a ThermoFinnigan Delta V Plus mass spectrometer. All
196 values are reported in per mille relative to V-PDB by assigning $\delta^{13}\text{C}$ values of +1.95 ‰ to
197 NBS19 and -47.3 ‰ to IAEA-CO9 and $\delta^{18}\text{O}$ values of -2.20 ‰ to NBS19 and -23.2 ‰ to
198 NBS18. Reproducibility was monitored by replicate analysis of laboratory standards
199 calibrated to NBS 19 and NBS18, and was ± 0.04 ‰ for $\delta^{13}\text{C}_{\text{carb}}$ and ± 0.04 ‰ for $\delta^{18}\text{O}_{\text{carb}}$
200 (2σ ; $n = 20$).

201

202 **5. Perturbations in global carbon and nitrogen cycles in the Early Triassic**

203 The $\delta^{13}\text{C}_{\text{carb}}$ values of the Xiakou section show an increase from 1.22 to 2.16 ‰ in
204 the late Changhsingian. This positive trend is followed by a negative excursion of -2.8 ‰
205 across the Permian-Triassic (P-T) boundary (at 0 m height). A second, ~ -2.0 ‰ negative
206 excursion occurs in the mid-late Griesbachian. The largest negative excursion of ~ -3.0 ‰
207 amplitude occurs in the Smithian. $\delta^{13}\text{C}_{\text{carb}}$ values decrease from 2.04 to -1.00 ‰ and
208 remain low in the late Smithian (Fig. 4).

209 The $\delta^{13}\text{C}_{\text{org}}$ values of Jiarong and Vindodden sections show a similar pattern in the S-
210 S transition, but differ in absolute values by ~ 1 ‰. $\delta^{13}\text{C}_{\text{org}}$ from Jiarong shows a positive
211 excursion of ~ 5.5 ‰ from -31.5 ‰ in the late Smithian to -26.0 ‰ in the earliest Spathian.

212 A slightly smaller positive excursion of ~ 4.5 ‰ is registered at Vindodden, with values
213 increasing from -32.5 to -28.0 ‰ across the S-S boundary (at 56 m height; Fig. 4).

214 The $\delta^{13}\text{C}_{\text{carb}}$ and $\delta^{13}\text{C}_{\text{org}}$ variations from our study sections are consistent with
215 published $\delta^{13}\text{C}$ records (Payne et al., 2004; Grasby et al., 2012), and are therefore
216 considered to record the global signature. The difference in absolute $\delta^{13}\text{C}_{\text{org}}$ values between
217 Jiarong and Vindodden is attributed to different primary producers between the equatorial
218 and Boreal oceans, which were likely to show different carbon isotopic fractionation during
219 photosynthesis. The $\delta^{13}\text{C}$ perturbations, redox and sedimentary changes support a scenario
220 that intense oceanic anoxia in the late Smithian contributed to enhanced burials of organic
221 carbon (i.e., black shale deposition and positive $\delta^{13}\text{C}$ excursion) (Sun et al., 2015).

222 The $\delta^{15}\text{N}$ values from Xiakou record a rapid increase in the late Changhsingian and
223 reached a ~ 3 ‰ peak immediately above the P-T boundary (Fig. 4). This was followed by a
224 protracted, gradual decrease from the early Griesbachian to values of ~ 0.5 ‰ in the late
225 Smithian. At Jiarong, $\delta^{15}\text{N}$ values match those at Xiakou and then decrease to ~ -1 ‰ across
226 the S-S boundary (at 24.3 m height); a level that sees the onset of black shale deposition. A
227 comparable trend across the S-S transition is seen at Vindodden although the $\delta^{15}\text{N}$ curve is
228 offset in absolute value by ~ 1 ‰ compared with the other sections (Fig. 4). The $\text{C}/\text{N}_{\text{atomic}}$
229 ratio (a measure of organic matter stoichiometry) generally co-varies with, but is opposite
230 to, the observed trends in $\delta^{15}\text{N}$. Thus, $\text{C}/\text{N}_{\text{atomic}}$ at Xiakou decreases sharply across the P-T
231 boundary from >20 to ~ 2 , followed by a mild recovery to ~ 10 in the Dienerian and
232 oscillations around ~ 6 in the Smithian. $\text{C}/\text{N}_{\text{atomic}}$ at Jiarong increases steadily from ~ 10 to
233 ~ 30 towards the S-S boundary, followed by a decrease above its maxima of ~ 40 in the

234 earliest Spathian. At Vindodden, C/N_{atomic} increases from ~ 11 to ~ 20 towards the S-S
235 boundary (at 56 m height) before decreasing to ~ 15 in the early Spathian.

236 The $\delta^{15}\text{N}$ data show minor regional variations compared to published records, with
237 differences occurring mainly in the Late Permian (Fig. 5). Water column denitrification
238 occurred near the P-T boundary at Xiakou whereas in Arctic Canada and western Alberta
239 denitrification prevailed in the late [st](#) Permian. The $\delta^{15}\text{N}$ shifts seen in the Early Triassic at
240 Xiakou and Jiarong are comparable to reported patterns from the Sverdrup Basin (Knies et
241 al., 2013; Grasby et al., 2016) and the western margin of Pangaea (Schoepfer et al., 2012).
242 Since South China, the Sverdrup Basin and western Alberta were situated in very different
243 climatic and oceanographic settings, and yet were connected to the Panthalassa ocean, we
244 interpret their comparable $\delta^{15}\text{N}$ variations in the Early Triassic to reflect the global ocean
245 signatures (Fig. 5). The divergence in $\delta^{15}\text{N}$ between Vindodden and other regions probably
246 reflects a minor nitrate input from a polar current to Spitsbergen as well as its slightly
247 more restricted environment (Fig. 2A).

248

249 **6. Discussion**

250 *6.1 Influence of diagenesis on $\delta^{15}\text{N}$ and C/N_{atomic} ratio*

251 Diagenesis can potentially alter both sedimentary $\delta^{15}\text{N}$ and the C/N_{atomic} ratio. For
252 example, degradation of amino acid during early diagenesis releases NH_4^+ to pore water. If
253 the NH_4^+ is absorbed by clay minerals, then sedimentary $\delta^{15}\text{N}$ would show minor changes
254 compared to the original signature. Positive intercepts on the TN axis in our TN-TOC cross
255 plot (Fig. 3) indicate the presence of excess clay-bound nitrogen in our samples. We
256 consider our $\delta^{15}\text{N}$ to a be [a](#) faithfully record because data measured from adjacent

257 carbonate and marl (shale) samples, although with large variations in TOC and clay
258 content, show consistent values in $\delta^{15}\text{N}$ (Table 2) and our sections are from different
259 sedimentary basins and underwent different diagenetic and burial history, and yet the $\delta^{15}\text{N}$
260 records are largely comparable with each other and published records. Only, the onset and
261 duration of P-T water column denitrification show regional variations (Fig. 5). On the other
262 hand, diagenesis can significantly alter the $\text{C}/\text{N}_{\text{atomic}}$ ratio, especially in TOC-poor, clay-rich
263 sediments, and cause divergence from the Redfield Ratio to higher values. Diagenetic
264 sulphate reduction, which removes C but not N, can lower $\text{C}/\text{N}_{\text{atomic}}$ ratio.

265 *6.2 Intensified denitrification, low sulphate concentration and a nitrate starved ocean*

266 The oceanic N cycle is largely microbially mediated (Altabet, 2006). The onset of
267 intense and widespread anoxia in the latest Permian saw a profound change in dominance
268 amongst oceanic microbial communities from aerobic to anaerobic respiration. Since the
269 energy yield from denitrification ($\Delta G^0 = -445 \text{ kJ/mol C}$)¹ is almost as efficient as that of
270 aerobic respiration ($\Delta G^0 = -478 \text{ kJ/mol C}$), nitrate is the first energy source to be consumed
271 in anoxic environments (Table 1). Thus, the shift to microbial anaerobic respiration is
272 manifest as the positive $\delta^{15}\text{N}$ trend seen in the late Changhsingian at Xiakou and elsewhere
273 (Fig. 5). This indicates widespread water column denitrification, and coincides with the
274 onset of intensive anoxia (e.g., Grasby et al., 2012; Elrick et al., 2017).

275 Despite some regional variations, $\delta^{15}\text{N}$ records from different settings all indicate
276 strong denitrification occurring across the P-T boundary, followed by a dominance of

¹ ΔG^0 represents the standard Gibbs free energy of formation, a thermodynamic measure of energy absorption or yield of a reaction at the standard conditions (25 °C and 100 kPa). Positive values suggest a reaction absorbs energy while negative values suggest a reaction yield energy. The more negative the values, the more energy is yielded though the reaction.

277 | [nitrogen fixation in the Early Triassic \(Fig. 5\)](#). The $\delta^{15}\text{N}$ values in the Early Triassic of our
278 study sections are depleted in ^{15}N compared to the average $\delta^{15}\text{N}$ of modern oceans (~ 5
279 ‰)(Altabet, 2007). Nitrate was likely depleted and nitrogen fixation dominated in both
280 northern Boreal and equatorial Tethyan waters at this time. Reducing conditions amplify
281 anaerobic reactions such as denitrification and anammox; reactions that selectively
282 consume nitrate depleted in ^{15}N ($\epsilon = 5\text{--}30$ ‰) and produce non-nutritious N_2 . As nitrate
283 consumption continues, ^{15}N becomes enriched in seawater, resulting in heavy $\delta^{15}\text{N}$ values
284 in sedimentary organic matter (e.g. $\delta^{15}\text{N} > 5$ ‰). In modern oceans, intensive
285 denitrification occurs in the oxygen minimum zone where organic matter and nitrate are
286 both replete (Fig. 2C). In the Early Triassic anoxic oceans, denitrification and anammox
287 probably occurred over a broad range of depths and theoretically would have generated
288 high sedimentary $\delta^{15}\text{N}$ values (e.g. $\delta^{15}\text{N} = \sim 5\text{--}15$ ‰). Instead, $\delta^{15}\text{N}$ values from both
289 equatorial and boreal settings are in the -1 to 2 ‰ range. This can be explained through a
290 nitrate-starved scenario in which the isotopic fractionation effect of denitrification and
291 anammox decreases due to very low nitrate availability (i.e., exceptionally high
292 denitrification rate) and intense seawater stratification while nitrogen fixation is the only
293 source of nutrient-N. Alternatively, low $\delta^{15}\text{N}$ could suggest nitrate levels become so low
294 that the heavy $\delta^{15}\text{N}$ of the residual nitrate can no longer dominate the isotopic composition
295 of biomass. As the thermocline deepened during the Early Triassic hothouse, nitrate supply
296 from deep-water environments to the euphotic zone had to overcome the density barrier,
297 and this could only be achieved by diffusion (Fig. 2C). Diffusion would eventually have
298 drained the nitrate inventory of deep-water reservoirs. In open water settings, nitrate
299 consumption exceeding nitrate production was probably a protracted process, controlled

300 by the evolution and intensity of ocean anoxia. This is consistent with the observed
301 prolonged and gradual $\delta^{15}\text{N}$ decrease from the earliest Triassic to the S-S boundary (Grasby
302 et al., 2016). Localized depletion of nitrate on some isolated platforms, marked by $\delta^{15}\text{N}$
303 falling to ~ 0 ‰, occurred much earlier at the P-T boundary (Fig. 5); this was probably due
304 to a lack of nitrate resupply from the deep reservoirs in such settings.

305 The near-antithetic relationship between $\delta^{15}\text{N}$ and the $\text{C}/\text{N}_{\text{atomic}}$ ratio at the S-S
306 transition suggests that a common cause simultaneously drove $\delta^{15}\text{N}$ to lower values and
307 the $\text{C}/\text{N}_{\text{atomic}}$ ratio to higher values (and vice versa). This is unlikely to be due to the input of
308 terrestrial organic matter (which typically has low $\delta^{15}\text{N}$ and high $\text{C}/\text{N}_{\text{atomic}}$ ratios) because,
309 with the near-extinction of land plants at the end of the Permian and the subsequent low
310 terrestrial biomass on Pangea (Looy et al., 1999), terrestrial N input is unlikely to have
311 affected the isotopic composition of the oceanic N pool. Instead, the factor that drove the
312 $\delta^{15}\text{N}$ and $\text{C}/\text{N}_{\text{atomic}}$ ratio in opposite directions was probably the bioavailability of nitrate. In
313 the case of low nitrate availability and long-term anoxia, nitrate-removal processes utilize
314 nitrate and the corresponding isotopic fractionation effects decrease while nitrogen
315 fixation is enhanced thereby compensating for the nutrient-N loss. Both processes lower
316 $\delta^{15}\text{N}$ values of organic N. At the same time, anoxia enhances bacterial recycling of N-rich
317 amino acids from organic matter (Van Mooy et al., 2002), leading to a more intense loss of
318 sedimentary N during diagenesis and higher $\text{C}/\text{N}_{\text{atomic}}$ ratios.

319 Low sulphate concentrations and episodic euphotic zone euxinia characterize the
320 Early Triassic oceans (Grice et al., 2005; Song et al., 2014). These are largely, or at least
321 partially, due to enhanced bacterial sulphate reduction, perhaps due to high marine
322 productivity (Schobben et al., 2015). However, with increasing water column O_2 deficiency,

323 heterotrophic bacteria favour energy extraction pathways with high yields. Sulphate
324 reduction ranks low in this respect amongst anaerobic respiration (Table 1) and is only
325 favoured once nitrate is depleted (Altabet, 2006). We thus argue that enhanced sulphate
326 reduction in the Early Triassic oceans was probably a response to a functional shift in
327 microbial communities from nitrate consuming ($\Delta G^0 = -445$ kJ/mol C) to sulphate
328 consuming ($\Delta G^0 = -61$ kJ/mol C) and thus did not necessarily require eutrophication
329 (Schobben et al., 2016).

330 *6.3 Enhanced nitrogen fixation, Mo limitation and a shift in nutrient-N inventory*

331 The protracted anoxic conditions in the Early Triassic promoted nitrogen fixation.
332 The $\delta^{15}\text{N}$ values of ~ 0.5 to -1 ‰ at Jiarong and Xiakou suggest N_2 fixation dominated
333 equatorial oceans. A similar scenario is suggested for Cretaceous oceanic anoxic events
334 when comparably low $\delta^{15}\text{N}$ values are associated with black shale deposition (Junium and
335 Arthur, 2007), highlighting a key role of diazotrophs (nitrogen fixers) under anoxic
336 conditions.

337 Biological nitrogen fixation is an enzyme-catalyzed N_2 reduction, which has low
338 energy yields ($\Delta G^0 = -157$ kJ/mol N) and has to overcome a large kinetic barrier to break
339 three N-N bonds in the N_2 molecule (Altabet, 2006). This can only be achieved by
340 diazotrophs that are exclusively prokaryotes. Most diazotrophs are anaerobic bacteria or
341 archaea except for diazotrophic cyanobacteria which have special cell walls that inhibit
342 oxygen diffusion (Altabet, 2006). This is because the nitrogenase enzyme has a metal
343 center consisting of either Mo-Fe, V-Fe or Fe-only complexes and its function is irreversibly
344 inhibited by free oxygen (Berman-Frank et al., 2003). Thus, diazotrophs generally prefer
345 anoxic environments, require P as a nutrient, and metal ions for synthesizing the

346 nitrogenase enzyme. Phosphorus availability may not have been a limiting factor in the
347 Early Triassic ocean because of 1) increased terrestrial P input via enhanced weathering; 2)
348 recycling of P from anoxic sediments; and 3) reduced metazoan uptake following
349 extinctions of shelly fossils that incorporated P in CaCO₃ shells and biogenic apatite. This
350 inference is supported by data from Jiarong, where P and Al contents are positively
351 correlated ($r = 0.77, p < 0.05$) but not as significantly as Fe vs. Al ($r = 0.96, p < 0.05$) and V
352 vs. Al ($r = 0.95, p < 0.05$) (Fig. 6), suggesting P sources were not entirely terrestrial.

353 Metabolizable trace metals Mo(VI), V(V) and Fe(II) are redox-sensitive and they can
354 be scavenged from the water column into sediments under intensely anoxic and euxinic
355 conditions. A scarcity of such trace nutrients could severely suppress nitrogen fixation,
356 leading to a pause in nitrogen cycling after nitrate depletion and a consequent collapse in
357 oceanic productivity (Fig. 1, model C). However, such a scenario seemingly did not occur, at
358 least not globally or for the long term, in the Early Triassic. This is probably because Fe(II)
359 availability was sufficiently high, being reduced from Fe oxides from riverine input and
360 aeolian dust or directly derived from hydrothermal activity at mid-ocean ridges. High Fe(II)
361 availability is consistent with the development of ferruginous conditions (Clarkson et al.,
362 2016) and the global abundance of pyrite framboids in Early Triassic sediments (Wignall
363 and Twitchett, 2002).

364 In contrast, the Mo reservoir was probably much smaller than the Fe reservoir with
365 minor input into large sinks, and could be depleted more easily. However, Mo availability
366 cannot be easily evaluated because Mo tends to sink in sediments under anoxic-euxinic
367 conditions. Thus Mo concentration measured from sedimentary rocks mainly reflects water
368 column redox changes and does not necessarily mirror Mo availability in seawater. A

369 proper estimation would require multiple speculations on Mo input and sink. Mo limitation
370 in this case is inferred from indirect evidence from $\delta^{15}\text{N}$. Mo-Fe nitrogenase is much more
371 efficient than V-Fe and Fe-only nitrogenase (Berman-Frank et al., 2003). A shift in
372 nitrogenase type leads to a change in the isotopic fractionation during nitrogen fixation
373 (^{14}N is preferably used) which could have resulted in more negative values in sedimentary
374 $\delta^{15}\text{N}$ (Zhang et al., 2014). The sporadic development of more negative $\delta^{15}\text{N}$ values ($< -2 \text{ ‰}$)
375 in the Jiarong section might have been a manifestation of short pulses of Mo limitation.
376 Alternatively, (or collectively), these low $\delta^{15}\text{N}$ values may also be explained by partial NH_4^+
377 uptake. Low $\delta^{15}\text{N}$ values are comparably rare throughout Earth's history, including the
378 Precambrian, where Mo was likely much less abundant than at any time in the Phanerozoic
379 (Stüeken et al., 2016). However, $\delta^{15}\text{N}$ values $< -2 \text{ ‰}$ are seen during intensive anoxia, such
380 as during the oceanic anoxic events in the early Jurassic and middle Cretaceous (Jenkyns et
381 al., 2001; Junium and Arthur, 2007), suggesting Mo limitation and/or NH_4^+ -rich conditions
382 may have occurred more frequently than previously thought.

383 Nitrate (including nitrite) and ammonium (including ammonia) are two end
384 members of oceanic nutrient-N (Fig. 1). In oxic waters, nitrification actively converts NH_4^+
385 to NO_3^- . Many primary producers rely on the nitrate supply from deep waters, brought up
386 by mixing and upwelling (Fig. 2C). In contrast, in anoxic oceans, anammox, denitrification
387 and dissimilatory nitrate reduction to ammonium (DNRA) compete for nitrate for high
388 anaerobic energy yields (Fig.1; Table 1). Anammox consumes both NH_4^+ and NO_2^- and
389 produces non-nutritious N_2 . In the case of intense anoxia (e.g., fast expansion of OMZ) and
390 especially euxinia, DNRA produces an electron sink and thus outcompetes denitrification
391 for nitrate (An and Gardner, 2002; Giblin et al., 2013) (Table 1). Such conditions, typically

392 accompanied by high temperatures, high organic carbon burial and sulphate reduction
393 rates, are seen in polluted coastal environments today but were likely widespread in the
394 Early Triassic oceans, especially during the P-T transition and in the late Smithian (Grasby
395 et al., 2012; Sun et al., 2012; Schobben et al., 2015; Sun et al., 2015). Unlike denitrification
396 and anammox, DNRA recycles nitrate to bioavailable NH_4^+ . A combination of nitrate net
397 consumption and enhanced nitrogen fixation and DNRA likely led to a shift from a NO_3^-
398 dominated nutrient-N inventory to one dominated by NH_4^+ (Fig. 1, models B and C; Fig. 8).
399 Though NH_4^+ dominance does not necessarily result in NH_4^+ accumulation to high
400 concentrations. Once established, the only pathway to reverse this shift is through
401 nitrification, which is a light-sensitive aerobic reaction (Zehr and Ward, 2002), thus
402 requiring oxygenation of deeper (dark) waters.

403 *6.4 Comparison with the modern Black Sea and the heterogeneity of Early Triassic oceans*

404 The Black Sea is the world's largest anoxic basin and a contemporary analogue for
405 an ammonium ocean that can be used to test our conceptual model. The NH_4^+
406 concentration in the Black Sea is $\sim 0 \mu\text{M}$ in oxygenated surface waters but increases
407 significantly with depth and oxygen deficiency to $\sim 30 \mu\text{M}$ at 250 m depth while nitrate
408 concentration remains $\sim 0 \mu\text{M}$ below the suboxic-anoxic interface (Fig. 7; Kuypers et al.,
409 2003). Our model fits these observations— nitrate is depleted while ammonium
410 accumulates in anoxic environments (Fig. 1 model B).

411 Accumulation of NH_4^+ in the Black Sea is at least partially due to strong stratification
412 of the water column (Fig. 7). The freshwater discharge from the Danube and other rivers
413 creates an oxic cap that prevents water column mixing. Though not a perfect analogue, the
414 P-T oceans are also generally considered to be highly stratified due to extreme hothouse

415 climate and stagnation of ocean circulations (e.g., Hotinski et al., 2001; Winguth et al.,
416 2015).

417 In contrast to Black Sea surface waters, where nitrate still exists, low latitude
418 shallow-water Early Triassic $\delta^{15}\text{N}$ values fall to ~ 0 ‰ and lower immediately above the P-
419 T boundary (Luo et al., 2011) and at the S-S transition, which suggests the nutrient-N
420 supply to surface waters was composed entirely of newly fixed-N. This was probably due to
421 intense photic zone euxinia (Grice et al., 2005; Cao et al., 2009) which inhibited nitrification
422 in the surface water. In contrast, $\delta^{15}\text{N}$ values from northern higher latitudes (e.g.,
423 Vindodden) have a mixed signature of N-fixation and nitrate. The presence of nitrate
424 suggests nitrification was still partially active in these settings at night, in the winter
425 and/or in the oxygenated lower euphotic zone.

426 *6.5 Ammonium fertilization*

427 Marine phytoplankton and newly generated organic matter have a near-constant
428 stoichiometric composition ratio — C:N:P = 106:16:1, known as the Redfield ratio. The
429 Redfield stoichiometry suggests a higher demand for nutrient-N than P amongst primary
430 producers. At higher temperatures, eukaryotic phytoplankton have a reduced demand for P
431 required for cellular protein synthesis and shifts the oceanic nutrient structure to one that
432 is N-limited (Toseland et al., 2013). Diazotrophic cyanobacteria are uniquely suited to such
433 environments due to their self-sufficiency in nutrient-N. The recycling of cyanobacterial
434 biomass occurs rapidly during heterotrophy in the euphotic zone, releasing NH_4^+ that can
435 be assimilated by other phytoplankton (Fulton et al., 2012). Such processes could continue
436 to the point that P is consumed in the euphotic zone and then becomes the limiting
437 nutrient. Given this constraint and the lack of major shifts in the Redfield N/P ratio in the

438 Early Triassic (Grasby et al., 2016), the size of the ancient deep ocean NH_4^+ reservoir could
439 not have been much greater than the modern ocean nitrate reservoir. This suggests an
440 Early Triassic deep ocean NH_4^+ concentration was unlikely to have been greater than ~ 50
441 μM .

442 Phytoplankton (both eukaryotes and cyanobacteria) generally prefer NH_4^+ to NO_3^- as
443 a nutrient source, because of the redundant energy costs expended when reducing NO_3^- to
444 NH_4^+ (Zehr and Ward, 2002). The exception is diatoms which generally prefer NO_3^- as a
445 nutrient-N source but they only appeared in the Jurassic. One contemporary example for
446 NH_4^+ fertilization is the long-lasting Texas Brown Tide at the Laguna Madre/Baffin Bay
447 estuary, caused by the alga *Aureomonas lagunensis*. This species is able to use NH_4^+ or NO_2^-
448 but not NO_3^- and its enduring bloom was fertilized by NH_4^+ produced by DNRA in an
449 environment with high sulphide concentrations (An and Gardner, 2002). Similarly, regional
450 primary productivity increase and stromatolite development (e.g. Pruss et al., 2006; Chen
451 et al., 2014) in the Early Triassic were likely stimulated by NH_4^+ fertilization. The extensive
452 microbialite build-ups in the aftermath of end-Permian mass extinction (Fig. 2A, B) were
453 probably constructed by diazotrophs (NH_4^+ self-sufficient by N-fixation), or otherwise
454 fertilized by ambient NH_4^+ . The onset of microbialite development in the earliest
455 Griesbachian clearly coincided with enhanced nitrogen fixation (Cao et al., 2009; Xie et al.,
456 2010; Luo et al., 2011) — a feature also seen during the S-S transition. The bloom of
457 prasinophyte algae immediately after the end-Permian mass extinction while N-fixation by
458 cyanobacteria was occurring, is suggested to have provided prasinophytes with NH_4^+ in
459 nutrient-limited environments (Jia et al., 2012). The demise of microbialites towards the
460 Middle Triassic (Fig. 2B) was likely due to a general amelioration of environmental stresses

461 and the re-establishment of potent nitrification, reducing NH_4^+ during deep-water re-
462 oxygenation (Fig. 1, model A).

463 *6.6 Ammonium intoxication*

464 Although it fertilizes phytoplankton, NH_4^+ is a major metabolic waste and can be
465 lethal to both animals and higher plants at high concentrations (Britto and Kronzucker,
466 2002). NH_4^+ accumulation, for instance, is a widespread problem in modern fish farming.
467 Terrestrial animals and birds convert NH_4^+ to the much less toxic urea but aquatic animals
468 generally rely on direct excretion of NH_4^+ to ambient water (Ip et al., 2001). The lethal
469 concentration of ammonium for a wide range of marine vertebrates is $12.5 \mu\text{M}$ (Knoph and
470 Thorud, 1996; U.S. Environmental Protection Agency, 1998), much lower than the $\sim 50 \mu\text{M}$
471 maximum estimated for the Early Triassic oceans. In general, invertebrates are more
472 tolerant to ammonia (i.e., total ammonia = NH_4^+ and NH_3) than vertebrates while
473 freshwater animals are more tolerant than marine animals. The toxicity of total ammonia
474 manifests as damage to the central nervous system in vertebrates and is amplified at higher
475 pH (e.g., in seawater). This is because NH_4^+ is more toxic but less diffusive while most
476 animal membranes are more permeable to NH_3 (Ip et al., 2001). Remineralization of
477 organic N in anoxic environments exclusively leads to NH_4^+ and NH_3 accumulation (Fig. 1,
478 models B and C). Since protein decay is independent of redox conditions, and nitrification is
479 inhibited in anoxic waters, degradation of organic remains and diazotrophs could have, at
480 least in short term, produced excessive NH_4^+ that may, at least in part, explain the hitherto
481 enigmatic Early Triassic extinction/changeover events amongst nekton such as conodonts
482 and fish. Such groups would be somewhat immune to the typical end-Permian scenario of
483 high temperatures and low oxygen levels due to their ability to migrate to higher latitudes

484 and their upper water column habitats. Neither factor would help nekton escape NH_4^+ - NH_3
485 poisoning. Even at modest increases in concentrations, the swimming ability of animals
486 such as fish is impaired (Ip et al., 2001).

487 On the other hand, cephalopods are exclusively carnivores with fast growth rates for
488 most of their life cycle. They have a high demand for proteins and the dominance of amino
489 acid metabolism leads to a high NH_4^+ accumulation in their systems (Lee, 1995). Some
490 groups of cephalopods have much high tolerance of NH_4^+ because they retain this
491 metabolic waste in their tissues to achieve neutral buoyancy while other groups did not
492 develop this physiological mechanism, but instead transform toxic NH_4^+ to N_2 gas (e.g.,
493 *Nautilus*) or develop jelly-like chloride compounds to maintain buoyancy (Voight et al.
494 1995). Thus, the fast turnover of ammonoids during the end-Permian mass extinction may
495 reflect the success of those groups with a tolerance for high NH_4^+ concentrations. NH_4^+
496 levels in ammonoid soft tissue were probably often high and the post mortem release
497 during burial maintains high ambient pH levels thus inhibiting calcium phosphate
498 replacement (Clements et al., 2017). This likely explains why ammonoid soft body tissue is
499 rarely seen in fossil Lagerstätte.

500 Ammonium concentrations are not recorded in sedimentary rocks. Quantitative
501 Earth system modelling studies are needed to better constrain the concentration of total
502 ammonia in the P-T oceans and to further validate this hypothesis. If correct, ammonium
503 poisoning is a previously unidentified end-Permian and Early Triassic killing mechanism
504 (Fig. 8) and, once accumulated, its removal from seawater is difficult under anoxic and
505 stratified oceanic conditions.

506 *6.8 Loss of dissolved nutrient-N in anoxic waters*

507 Since nitrification can occur at low oxygen concentrations, establishment of
508 ammonium oceans in the Phanerozoic could only occur in highly stratified oceans and
509 during intensive ocean anoxic events. In cases of moderately anoxic conditions or fast
510 oscillations in (dys)oxic and anoxic conditions, ammonium is likely converted to nitrate,
511 which would then be denitrified. Additionally, as observed in OMZs in contemporary Omani
512 Shelf, offshore Peru and elsewhere, DNRA and anammox bacteria can form DNRA-
513 Anammox coupling and account for nutrient-N losses in areas of no detectable
514 denitrification (Jensen et al., 2011). These processes could result in losses of both
515 ammonium and nitrate, leading to a decrease in dissolved inorganic nutrient-N inventory
516 (Fig. 8).

517

518 **7. Conclusion**

519 Assertions that primary productivity in the Early Triassic oceans was either
520 universally high or universally low are both untenable. The transition from nitrate oceans
521 to ammonium oceans was accompanied by decreases in both the respiration efficiency of
522 organisms and in the oceanic nutrient-N reservoir (Fig. 8). Though controlled by regional
523 redox and oceanographic setting, NH_4^+ could temporarily and regionally boost primary
524 productivity although it was probably low in general since most nutrient-N was likely lost
525 during persistent periods of anoxia. Enhanced sulphate reduction, which is widely implied
526 in the P-T oceans, could be attributed to a functional shift in microbial communities from
527 nitrate consumption to sulphate consumption in a nitrate-starved ocean and thus does not
528 necessarily require eutrophication.

529 Ammonium intoxication is one of the worst case scenarios of ammonium ocean
530 which, in turn, is likely a synergetic effect of widespread ocean anoxia and intensive water
531 column stratification. Though remaining conceptual and awaiting Earth system modelling
532 studies to further constrain, ammonia toxicity has not been considered in geological
533 studies, and yet it may have played a substantial role in suppressing complex life before the
534 rise of oxygen and probably in selectivity during many past extinctions.

535
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736

737 **Figure and table captions**

738 Fig. 1 The marine nitrogen cycle with sub-models for oxic (A), anoxic (B) and euxinic (C)
739 conditions. Blue arrows are aerobic reactions; red arrows are anaerobic reactions;
740 black arrows are reactions with aerobic and anaerobic pathways. Bold lines are
741 favoured reactions, whereas dashed lines are possible, but unfavoured reactions.
742 Lightning contributes ~5-8 % of total fixed nitrogen and is generally considered as a
743 constant input in geological studies. Sub-models represent end-member situations
744 and do not include the oxygen minimum zone in oxic oceans and oxygenated surface
745 layers in anoxic and euxinic oceans. In model B, nitrate is consumed by reactions 5, 6,
746 7 and 8 while resupply of nitrate is inhibited because reaction 4 is a light-inhibited
747 aerobic reaction. In the model C, nitrogen fixation can be inhibited due to removal of
748 metabolizable Mo, V and Fe in the water column, leading to suppression of the
749 nitrogen cycle. Nutrient-N systematically becomes dominated by $\text{NH}_3/\text{NH}_4^+$ in anoxic
750 and euxinic conditions. Anammox = anaerobic ammonium oxidation, DNRA =
751 dissimilatory nitrate reduction to ammonium.

752 Fig. 2 A., Early Triassic palaeogeography, ocean currents and sites of microbial buildups
753 (Pruss et al., 2006; Chen et al., 2014; Scotese and Moore, 2014). B., Temporal
754 occurrences of microbial buildups (geographic occurrences shown in A), redox
755 conditions and equatorial seawater surface-temperatures (Wignall and Twitchett,
756 2002; Grasby et al., 2012; Sun et al., 2012; Sun et al., 2015) in the Early Triassic. For
757 redox conditions, the blue colour stands for a globally oxic condition; black stands for
758 generally anoxic condition while white stands for regional oxic conditions in some
759 basins. These redox histories derive from studies in Alps, British Columbia, Canadian
760 Arctic, Japan, South China, Spitsbergen etc. C., Simplified models comparing nitrogen
761 cycles between a well oxygenated nitrate ocean and an Early Triassic stratified
762 ammonium ocean. Note that in anoxic oceans denitrification can occur in all water
763 depths while nutrient-N uptake by phytoplankton can only occur in the euphotic zone.

764 Fig. 3 Cross plots of total nitrogen and total organic carbon content of decarbonatized
765 sample residues. Intercepts on the TN axis indicate the presence of excess silicate-
766 bound nitrogen in the samples.

767 Fig. 4 Geochemical records from three study sections, showing a gradual decrease in $\delta^{15}\text{N}$
768 in the Early Triassic, a negative shift in $\delta^{15}\text{N}$ towards the S-S boundary, the covariation
769 of $\delta^{13}\text{C}_{\text{carb}}$ and $\delta^{13}\text{C}_{\text{org}}$ at Jiarong and a near antithetic relationship between $\delta^{15}\text{N}$ and
770 $\text{C}/\text{N}_{\text{atomic}}$. Redox conditions and biostratigraphy from the three sections, $\delta^{13}\text{C}_{\text{carb}}$ from
771 Jiarong and $\delta^{13}\text{C}_{\text{org}}$ from Vindodden are from Zhao et al., (2013), Sun et al. (2015),
772 Wignall et al. (2016) and Elrick et al. (2017). Redfield ratio ($\text{C}/\text{N}=6.6$) is used as a
773 reference.

774 Fig. 5 Summary of published $\delta^{15}\text{N}$ records in the Late Permian to Early Triassic interval,
775 showing strong denitrification occurred geographically in different settings across the
776 P-T boundary. The onset and duration of the P-T water column denitrification shows
777 regional variations, probably controlled by local redox conditions and
778 palaeoceanographic settings.

779 Fig. 6 Cross plots of V vs. Al, Mo vs. Al, Fe vs. Al and P vs. Al from Jiarong, South China. The
780 original dataset is fully accessible in Sun et al. (2015).

781 Fig. 7 Depth profile of NO_3^- , NH_4^+ , O_2 and S^{2-} concentrations in the highly stratified
782 contemporary Black Sea, showing a depletion of NO_3^- but accumulation of NH_4^+ in
783 anoxic water column (modified from Konovalov et al., 2005).

784 Fig. 8 The evolution of the ammonium ocean and changes in energy structures in the
785 aftermath of the end-Permian mass extinction.

786 Table 1 Comparison of energy yields (standard Gibbs free energy) of aerobic and anaerobic
787 respiration. Glucose ($\text{C}_6\text{H}_{12}\text{O}_6$) is the most important source of energy for cellular
788 respiration and thus is used for calculation of comparable energy yields here. Isotopic
789 enrichment (ϵ) is only for nitrogen reactions and approximated by $\delta^{15}\text{N}_{\text{product}} -$
790 $\delta^{15}\text{N}_{\text{reactant}}$ (for $\epsilon < 1000$ ‰) (McCready et al., 1983; Sigman et al., 2009; Zhang et al.,
791 2014). Note that DNRA produces less energy than denitrification in term of per mol C;
792 however, in intense anoxia where nitrate is a limited resource, DNRA yields more
793 energy than denitrification in measure of per mole N.

794 Table 2 A comparison of $\delta^{15}\text{N}$ and $\text{C}/\text{N}_{\text{atomic}}$ ratio in clay-poor rocks and clay-rich rocks that
795 are closely spaced to each other, showing measured $\delta^{15}\text{N}$ and $\text{C}/\text{N}_{\text{atomic}}$ ratios are

796 generally consistent in the two types of rock but C/N_{atomic} ratios are more variable in
797 Early Triassic (TOC poor) rocks.

798 Supplementary materials: Data file [\(including the original dataset and statistical analyses](#)
799 [on the data\)](#)

800

Highlights

A conceptual model is established for nitrogen cycle during oceanic anoxic events.

$\delta^{15}\text{N}$ show a decrease in nitrate availability after the end-Permian mass extinction.

The loss of NO_3^- was compensated, in anoxic conditions, in the form of NH_4^+ .

Loss of dissolved nutrient-N in anoxia waters culminated in low ocean productivity.

Ammonium intoxication is a previously unexplored killing mechanism for extinctions.

14 **Abstract:** The aftermath of end-Permian mass extinction was marked by a ~5 million year
15 interval of poorly-understood, extreme environments that likely hindered biotic recovery.
16 Contemporary nitrogen isotope variations are considered, using a new conceptual model,
17 to support a scenario that shows intensive nitrate-removal processes gradually depleted
18 the global oceanic nitrate inventory during long-lasting oceanic anoxia. Enhanced nitrogen
19 fixation shifted the oceanic nitrogenous nutrient (nutrient-N) inventory to an ammonium-
20 dominated state. Ammonium is toxic to animals and higher plants but fertilizes algae and
21 bacteria. This change in ocean chemistry could account for the intense and unexplained
22 losses of nektonic taxa and the proliferation of microbial blooms in the Early Triassic. The
23 transition from a nitrate ocean to an ammonium ocean was accompanied by a decrease in
24 respiration efficiency of organisms and a shrinking oceanic nutrient-N inventory,
25 ultimately leading to generally low productivity in the Early Triassic oceans. These
26 unappreciated nutrient changes during episodes of prolonged ocean anoxia may be the key
27 life-limiting factor at such times.

28

29 Key words: ocean anoxic event, nitrogen cycle, Early Triassic, ammonium ocean

30

31 **1. Introduction**

32 Following the most devastating extinction of the Phanerozoic, the Early Triassic
33 (~253-247 Ma) interval is considered to have been an extreme hothouse world (Kidder
34 and Worsley, 2010; Winguth et al., 2015) with equatorial sea-surface temperatures (SSTs)
35 consistently higher than 32 °C (Sun et al., 2012). Such temperature extremes reduce the
36 solubility of all gases in the ocean, decrease photosynthetic efficiency in terrestrial plants
37 and phytoplankton and increase metabolic energy demands (approximately double the
38 cost for every 10 °C rise according to the Q_{10} temperature coefficient), and can lead to
39 intense oceanic anoxia, low biodiversity, and animals with small body sizes (Wignall and
40 Twitchett, 2002; Twitchett, 2007; Bottjer et al., 2008). The peak of the hothouse occurred
41 during the Smithian-Spathian (S-S) transition, ~2 million years after the end-Permian mass
42 extinction, when equatorial SSTs reached ~40 °C (Sun et al., 2012) during a major ~6-8 ‰
43 negative carbon isotope excursion (Payne et al., 2004; Sun et al., 2015). Many nektonic taxa
44 that were well adapted to the harsh post-extinction environments finally succumbed at the
45 S-S transition, suffering even greater proportional losses than at the end of the Permian
46 (Stanley, 2009).

47 The warm climate and concomitant increased weathering and continental runoff in
48 the Early Triassic enhanced nutrient delivery to the oceans (Algeo et al., 2011),
49 theoretically elevating primary productivity and amplifying oxygen deficiency in the water
50 column (Kump et al., 2005), ultimately producing euxinia with noxious H₂S. Such
51 conditions exist today as localized “dead zones” like those found in the Gulf of Mexico
52 (Rabalais et al., 2002), and they are an oft-cited mechanism for the end-Permian marine
53 extinction and the delayed Early Triassic recovery (Kump et al., 2005; Algeo et al., 2011).

54 All versions of the death-by-anoxia (euxinia) scenario assume that phosphorus (P) was the
55 key bio-essential element that controlled productivity levels (Meyer et al., 2008).
56 Cyanobacterial biomarker spikes and the development of microbialites during and in the
57 immediate aftermath of the end-Permian crisis (Pruss et al., 2006; Xie et al., 2010)
58 potentially reflect this high productivity scenario.

59 In addition to P, the other productivity-limiting nutrient in the ocean is N. Unlike P,
60 nutrient-N availability is not a function of terrestrial input since the oceanic N cycle is
61 largely internal and biologically-driven (Sigman et al., 2009) (Fig. 1). Under anoxic
62 conditions denitrification is enhanced and removes nitrate (including nitrite) as N₂ while P
63 is released from sediments (Van Cappellen and Ingall, 1994). This process, if widespread
64 and maintained for a prolonged time, generates a nitrate-poor but P-rich ocean (Grasby et
65 al., 2012; Grasby et al., 2016). The Early Triassic is known for global absence of
66 phosphorites and other P-rich sedimentary rocks, suggesting intensive P-recycling into
67 seawater at this time. Although P can be additionally and partially scavenged by Fe
68 minerals (Feely et al., 1991), Fe shuttles in the Early Triassic oceans were dominated by
69 pyrite burial, and quantitatively not comparable to banded iron formation deposition in the
70 Archean and Paleoproterozoic oceans. Thus, P scavenged by Fe minerals is unlikely to have
71 balanced the excess P input by weathering. Nitrogen could have become the bio-limiting
72 nutrient in the euphotic zone since marine phytoplankton requires 14-16 times more N
73 than P (i.e., the Redfield Ratio). The high SSTs of the Early Triassic (Sun et al., 2012) likely
74 deepened the thermocline, lowered the pole-to-equator temperature gradient and
75 weakened ocean circulation (Winguth et al., 2015). Under such circumstances, PO₄³⁻ and

76 NO_3^- were probably trapped beneath density barriers, inhibiting nutrient supply to the
77 euphotic zone (Fig. 2C; Grasby et al., 2016; Penn et al., 2018).

78 To understand the interplay of stratification intensity and the availability of
79 different nutrients in the Early Triassic oceans, we investigated nitrogen isotope ($\delta^{15}\text{N}$)
80 trends and trace metal concentrations during the Late Permian to Early Triassic in palaeo-
81 equatorial Tethys (Xiakou and Jiarong sections, South China) and the Boreal Ocean
82 (Vindodden section, Spitsbergen) (Fig. 2). The results, combined with our new conceptual
83 model (Fig. 1), suggest the establishment of an “Ammonium Ocean” had severe
84 consequences for the marine biosphere in the Early Triassic.

85

86 **2. Settings**

87 The South China Block was situated at an equatorial position in the eastern Tethys
88 Ocean in the Early Triassic (Fig. 2A). Palaeogeographically, the study section at Xiakou was
89 situated on the northern margin of the central Yangtze Platform. The study section at
90 Jiarong was situated in the centre of the Nanpanjiang Basin, which was a V-shaped, deep
91 water epicontinental basin that opened south-eastward to the Panthalassa Ocean
92 (Lehrmann et al., 2003).

93 The Xiakou section (GPS: $31^\circ 6'55.82''\text{N}$, $110^\circ 48'15.87''\text{E}$) is located in Xingshan
94 County, ~400 km NW of Wuhan. The continuous sequence, from late Changhsingian to
95 Spathian, crops out alongside a local road. The late Changhsingian strata are characterized
96 by dark grey to black, marly carbonate and marls. The lithology is replaced upsection by
97 thinly bedded grey carbonate and shales of the Daye Formation.

98 The Jiarong section (GPS: 25°55'17"N, 106°33'50"E) is located in Huishui County,
99 ~85 km south of Guiyang City in the Guizhou Province. The Smithian-Spathian succession is
100 composed of a middle-late Smithian carbonate unit, a latest Smithian black shale unit and
101 an early Spathian reddish carbonate unit, representing a transition from a basinal setting to
102 a shallower water environment across the S-S boundary interval (Chen et al., 2015; Sun et
103 al., 2015). Sediments in the upper part of the Carbonate Unit and the Black Shale Unit are
104 finely laminated and lack bioturbation. Fossils are generally rare, except for conodonts.
105 Small ammonoids and scaphopods occur in the Spathian Griotte Unit (Sun et al., 2015).

106 During the Permo-Triassic the Svalbard Archipelago was situated on the
107 epicontinental shelf of the northern passive margin of Pangaea adjacent to the Boreal
108 Ocean in high temperate latitudes (~ 55 to 60 °N) (Hounslow et al., 2008). The S-S strata of
109 central Spitsbergen belong to the Vikinghøgda Formation, and are best documented from
110 the Vindodden section (Mørk et al., 1999; Wignall et al., 2016).

111 The Vindodden section (GPS: 78°19'39"N, 16°30'19"E) lies in the lower slopes of
112 Botneheia Mountain, south of Sassenfjorden, a north-eastern arm of Isfjorden. The S-S
113 sequence consists mainly of a lower unit of dark clay/siltstone unit of Smithian age and an
114 upper siltstone-sandstone unit of Spathian age. The transition from the Smithian to the
115 Spathian is marked by a laminated thin dolostone ledge of earliest Spathian age. The
116 phosphatic black clay/shales atop the Vikinghøgda Formation characterise the Middle
117 Triassic Botneheia Formation (Wignall et al., 2016). Fossils are rare in the study section,
118 except for a few *Posidonia* bivalves, *Planolites* trace fossils and ammonoids. Though very
119 low in abundance, conodonts occur throughout the section, providing biostratigraphic
120 constraints.

121

122 **3. Conceptual Model**

123 Our conceptual model for the oceanic nitrogen cycle consists of four end-members.
124 They are N_2 , the NH_4^+/NH_3 pair, the NO_2^-/NO_3^- pair and organic-bonded nitrogen. Amongst
125 these, NH_4^+/NH_3 and NO_2^-/NO_3^- are the main forms of dissolved inorganic nutrient-N in the
126 ocean. The four end-members are linked by eight known reactions in the nitrogen cycle
127 (Fig. 1). These reactions are further subdivided into aerobic reactions (e.g., nitrification),
128 anaerobic reactions (e.g., denitrification) and non-redox sensitive reactions (e.g., nitrogen
129 fixation). This subdivision leads to three simplified sub-models for oceanic nitrogen cycle
130 in fully oxic (Fig. 1 model A), fully anoxic (Fig. 1 model B) and fully euxinic conditions (Fig.
131 1 model C). In modern ocean settings, the oceanic nitrogen cycle is dominated by processes
132 summarized in the model A, while model B describes the nitrogen cycle in the oxygen
133 minimum zone (OMZ). In warm, stratified and oxygen-depleted Early Triassic oceans, the
134 models B and C describes the main oceanic nitrogen cycle with the model A only applicable
135 to the thin, oxygenated surface layer. Though nitrification is an aerobic reaction, it can
136 occur at very low oxygen concentrations at a lower rate (Bristow et al., 2016). In such
137 cases, the dissolved nutrient-N inventory is in a subtle balance between nitrate net
138 production and net consumption, depending on the intensity of ocean anoxia. For example,
139 at the Black Sea thermocline, anaerobic ammonium oxidation (anammox) bacteria
140 outcompete aerobic nitrifying bacteria for nitrite (Lam et al., 2007), leading to nitrate and
141 nitrite net consumption.

142 Nitrate production by nitrification is mainly carried out by ammonia-oxidizing
143 bacteria (AOB) and ammonia-oxidizing archaea (AOA). This process is generally considered

144 to be light-sensitive for two reasons: 1) some AOB show photoinhibition (e.g., Guerrero and
145 Jones, 1996), and 2) AOA, though more abundant than AOB in the euphotic zone and not
146 light-inhibited *per se*, are often outcompeted by phytoplankton for NH_4^+ . The rate of
147 nitrification of AOA is lower in the euphotic zone during the day and in the summer due to
148 limited NH_4^+ supply while the highest rate occurs at night and in the winter when
149 competition with phytoplankton is lowest (Smith et al., 2014). Because the euphotic zone is
150 only a thin layer of water column, the overall rates and efficiency of nitrification in the
151 ocean depend critically on general redox conditions below the euphotic zone (e.g., Quan
152 and Falkowski, 2009).

153 Denitrification has a high energy yield (Table 1) and the resupply of nitrate by
154 nitrification is greatly inhibited in anoxic conditions. Thus, quantitatively nitrate must be in
155 net consumption in intensive anoxic and euxinic oceans because nitrate produced by
156 nitrification in the thin, oxygenated surface water column cannot compensate for the
157 nitrate consumed by denitrification and anammox in anoxic and much thicker deeper
158 water columns (Fig. 2C). Note that anaerobic ammonium oxidation by manganese oxides
159 occurs in sediments rather than the water column (e.g., Hulth et al., 1999) and is excluded
160 here.

161 We use the notion “ammonium ocean” to describe an oceanic state in which NO_2^-
162 and NO_3^- are largely depleted while NH_4^+ is the main form of dissolved nutrient-N. Note
163 that dominance is not necessarily equal to high concentrations. Thus the term “ammonium
164 ocean” does not necessarily imply *globally* high NH_4^+ concentrations in the ocean (see 5.3
165 for further discussion on the heterogeneity of Early Triassic oceans).

166

167 4. Methods (isotope and C/N ratio analyses)

168 For measurements of $\delta^{13}\text{C}_{\text{org}}$, $\delta^{15}\text{N}$, and $\text{C}/\text{N}_{\text{atomic}}$ ratios, weathered surfaces were cut
169 off the samples. The trimmed samples were washed with distilled water, dried with
170 compressed air and then milled to fine powder. On average ~ 3 to ~ 5 g powders were
171 immediately treated with ~ 150 ml 10 % HCl on a hotplate at ~ 60 °C to dissolve any
172 carbonate. The samples were stirred while slowly adding acid. The decarbonatization
173 process was generally completed after 48 hours with the complete removal of dolomite and
174 siderite phases. If not, acid was refreshed and the samples were treated further for 24-48
175 hours. Insoluble residues were washed repeatedly with deionized water until $\text{pH} \approx 6$, dried
176 in an oven at 60 °C, homogenized using a mortar and stored in small glass containers.

177 The $\delta^{13}\text{C}_{\text{org}}$ and bulk rock $\delta^{15}\text{N}$ analyses were performed with a Flash EA 2000
178 elemental analyser connected online to ThermoFinnigan Delta V Plus mass spectrometer.
179 All isotope values are reported in the conventional δ -notation in per mille (‰) relative to
180 atmospheric air for $\delta^{15}\text{N}$ and to V-PDB for $\delta^{13}\text{C}_{\text{org}}$. Reproducibility of measurements was
181 monitored by replicate analyses of laboratory standards (synthetic urea) calibrated to
182 international standards USGS 40 ($\delta^{13}\text{C} = -26.39$ ‰; $\delta^{15}\text{N} = -4.52$ ‰) and USGS 41 ($\delta^{13}\text{C} =$
183 37.63 ‰; $\delta^{15}\text{N} = 47.57$ ‰). The reproducibility was ± 0.08 ‰ (2σ) for $\delta^{13}\text{C}_{\text{org}}$, ± 0.07 ‰
184 (2σ) for total organic carbon (TOC), ± 0.14 ‰ (2σ) for $\delta^{15}\text{N}$ and ± 0.20 ‰ (2σ) for total
185 nitrogen (TN). The repeatability of samples for $\delta^{15}\text{N}$ ranges from 0.05 to 0.18 ‰ (2σ), with
186 a single case of 0.42 ‰. Note that our $\delta^{15}\text{N}$ data, as in many other studies in this interval,
187 represent a $\delta^{15}\text{N}_{\text{acidified}}$ (rather than $\delta^{15}\text{N}_{\text{bulk}}$) record in a strict sense. The $\text{C}/\text{N}_{\text{atomic}}$ ratio was
188 calculated from $(\text{TOC}/\text{atomic weight of C})/(\text{TN}/\text{atomic weight of N})$. The TN and TOC
189 values are positively correlated ($r^2 = 0.42, 0.68$ and 0.93 for Jiarong, Vindodden and Xiakou

190 sections, respectively), suggesting organic matter was the primary source of N (Fig. 3).
191 Other sources include clay-bound N resulting from diagenetic NH_4^+ release. The occurrence
192 of clay-bound N may homogenise, but not necessarily perturb, $\delta^{15}\text{N}$.

193 For $\delta^{13}\text{C}_{\text{carb}}$ analyses, carbonate powders, preferably from micrites, were drilled on
194 fresh-cut rock surfaces. The powders were reacted with 100 % phosphoric acid at 70 °C in
195 a Gasbench II connected online with a ThermoFinnigan Delta V Plus mass spectrometer. All
196 values are reported in per mille relative to V-PDB by assigning $\delta^{13}\text{C}$ values of +1.95 ‰ to
197 NBS19 and -47.3 ‰ to IAEA-CO9 and $\delta^{18}\text{O}$ values of -2.20 ‰ to NBS19 and -23.2 ‰ to
198 NBS18. Reproducibility was monitored by replicate analysis of laboratory standards
199 calibrated to NBS 19 and NBS18, and was ± 0.04 ‰ for $\delta^{13}\text{C}_{\text{carb}}$ and ± 0.04 ‰ for $\delta^{18}\text{O}_{\text{carb}}$
200 (2σ ; $n = 20$).

201

202 **5. Perturbations in global carbon and nitrogen cycles in the Early Triassic**

203 The $\delta^{13}\text{C}_{\text{carb}}$ values of the Xiakou section show an increase from 1.22 to 2.16 ‰ in
204 the late Changhsingian. This positive trend is followed by a negative excursion of -2.8 ‰
205 across the Permian-Triassic (P-T) boundary (at 0 m height). A second, ~ -2.0 ‰ negative
206 excursion occurs in the mid-late Griesbachian. The largest negative excursion of ~ -3.0 ‰
207 amplitude occurs in the Smithian. $\delta^{13}\text{C}_{\text{carb}}$ values decrease from 2.04 to -1.00 ‰ and
208 remain low in the late Smithian (Fig. 4).

209 The $\delta^{13}\text{C}_{\text{org}}$ values of Jiarong and Vindodden sections show a similar pattern in the S-
210 S transition, but differ in absolute values by ~ 1 ‰. $\delta^{13}\text{C}_{\text{org}}$ from Jiarong shows a positive
211 excursion of ~ 5.5 ‰ from -31.5 ‰ in the late Smithian to -26.0 ‰ in the earliest Spathian.

212 A slightly smaller positive excursion of ~ 4.5 ‰ is registered at Vindodden, with values
213 increasing from -32.5 to -28.0 ‰ across the S-S boundary (at 56 m height; Fig. 4).

214 The $\delta^{13}\text{C}_{\text{carb}}$ and $\delta^{13}\text{C}_{\text{org}}$ variations from our study sections are consistent with
215 published $\delta^{13}\text{C}$ records (Payne et al., 2004; Grasby et al., 2012), and are therefore
216 considered to record the global signature. The difference in absolute $\delta^{13}\text{C}_{\text{org}}$ values between
217 Jiarong and Vindodden is attributed to different primary producers between the equatorial
218 and Boreal oceans, which were likely to show different carbon isotopic fractionation during
219 photosynthesis. The $\delta^{13}\text{C}$ perturbations, redox and sedimentary changes support a scenario
220 that intense oceanic anoxia in the late Smithian contributed to enhanced burials of organic
221 carbon (i.e., black shale deposition and positive $\delta^{13}\text{C}$ excursion) (Sun et al., 2015).

222 The $\delta^{15}\text{N}$ values from Xiakou record a rapid increase in the late Changhsingian and
223 reached a ~ 3 ‰ peak immediately above the P-T boundary (Fig. 4). This was followed by a
224 protracted, gradual decrease from the early Griesbachian to values of ~ 0.5 ‰ in the late
225 Smithian. At Jiarong, $\delta^{15}\text{N}$ values match those at Xiakou and then decrease to ~ -1 ‰ across
226 the S-S boundary (at 24.3 m height); a level that sees the onset of black shale deposition. A
227 comparable trend across the S-S transition is seen at Vindodden although the $\delta^{15}\text{N}$ curve is
228 offset in absolute value by ~ 1 ‰ compared with the other sections (Fig. 4). The $\text{C}/\text{N}_{\text{atomic}}$
229 ratio (a measure of organic matter stoichiometry) generally co-varies with, but is opposite
230 to, the observed trends in $\delta^{15}\text{N}$. Thus, $\text{C}/\text{N}_{\text{atomic}}$ at Xiakou decreases sharply across the P-T
231 boundary from >20 to ~ 2 , followed by a mild recovery to ~ 10 in the Dienerian and
232 oscillations around ~ 6 in the Smithian. $\text{C}/\text{N}_{\text{atomic}}$ at Jiarong increases steadily from ~ 10 to
233 ~ 30 towards the S-S boundary, followed by a decrease above its maxima of ~ 40 in the

234 earliest Spathian. At Vindodden, C/N_{atomic} increases from ~ 11 to ~ 20 towards the S-S
235 boundary (at 56 m height) before decreasing to ~ 15 in the early Spathian.

236 The $\delta^{15}\text{N}$ data show minor regional variations compared to published records, with
237 differences occurring mainly in the Late Permian (Fig. 5). Water column denitrification
238 occurred near the P-T boundary at Xiakou whereas in Arctic Canada and western Alberta
239 denitrification prevailed in the latest Permian. The $\delta^{15}\text{N}$ shifts seen in the Early Triassic at
240 Xiakou and Jiarong are comparable to reported patterns from the Sverdrup Basin (Knies et
241 al., 2013; Grasby et al., 2016) and the western margin of Pangaea (Schoepfer et al., 2012).
242 Since South China, the Sverdrup Basin and western Alberta were situated in very different
243 climatic and oceanographic settings, and yet were connected to the Panthalassa ocean, we
244 interpret their comparable $\delta^{15}\text{N}$ variations in the Early Triassic to reflect the global ocean
245 signatures (Fig. 5). The divergence in $\delta^{15}\text{N}$ between Vindodden and other regions probably
246 reflects a minor nitrate input from a polar current to Spitsbergen as well as its slightly
247 more restricted environment (Fig. 2A).

248

249 **6. Discussion**

250 *6.1 Influence of diagenesis on $\delta^{15}\text{N}$ and C/N_{atomic} ratio*

251 Diagenesis can potentially alter both sedimentary $\delta^{15}\text{N}$ and the C/N_{atomic} ratio. For
252 example, degradation of amino acid during early diagenesis releases NH_4^+ to pore water. If
253 the NH_4^+ is absorbed by clay minerals, then sedimentary $\delta^{15}\text{N}$ would show minor changes
254 compared to the original signature. Positive intercepts on the TN axis in our TN-TOC cross
255 plot (Fig. 3) indicate the presence of excess clay-bound nitrogen in our samples. We
256 consider our $\delta^{15}\text{N}$ to a be a faithfully record because data measured from adjacent

257 carbonate and marl (shale) samples, although with large variations in TOC and clay
258 content, show consistent values in $\delta^{15}\text{N}$ (Table 2) and our sections are from different
259 sedimentary basins and underwent different diagenetic and burial history, and yet the $\delta^{15}\text{N}$
260 records are largely comparable with each other and published records. Only, the onset and
261 duration of P-T water column denitrification show regional variations (Fig. 5). On the other
262 hand, diagenesis can significantly alter the $\text{C}/\text{N}_{\text{atomic}}$ ratio, especially in TOC-poor, clay-rich
263 sediments, and cause divergence from the Redfield Ratio to higher values. Diagenetic
264 sulphate reduction, which removes C but not N, can lower $\text{C}/\text{N}_{\text{atomic}}$ ratio.

265 *6.2 Intensified denitrification, low sulphate concentration and a nitrate starved ocean*

266 The oceanic N cycle is largely microbially mediated (Altabet, 2006). The onset of
267 intense and widespread anoxia in the latest Permian saw a profound change in dominance
268 amongst oceanic microbial communities from aerobic to anaerobic respiration. Since the
269 energy yield from denitrification ($\Delta G^0 = -445 \text{ kJ/mol C}$)¹ is almost as efficient as that of
270 aerobic respiration ($\Delta G^0 = -478 \text{ kJ/mol C}$), nitrate is the first energy source to be consumed
271 in anoxic environments (Table 1). Thus, the shift to microbial anaerobic respiration is
272 manifest as the positive $\delta^{15}\text{N}$ trend seen in the late Changhsingian at Xiakou and elsewhere
273 (Fig. 5). This indicates widespread water column denitrification, and coincides with the
274 onset of intensive anoxia (e.g., Grasby et al., 2012; Elrick et al., 2017).

275 Despite some regional variations, $\delta^{15}\text{N}$ records from different settings all indicate
276 strong denitrification occurring across the P-T boundary, followed by a dominance of

¹ ΔG^0 represents the standard Gibbs free energy of formation, a thermodynamic measure of energy absorption or yield of a reaction at the standard conditions (25 °C and 100 kPa). Positive values suggest a reaction absorbs energy while negative values suggest a reaction yield energy. The more negative the values, the more energy is yielded through the reaction.

277 nitrogen fixation in the Early Triassic (Fig. 5). The $\delta^{15}\text{N}$ values in the Early Triassic of our
278 study sections are depleted in ^{15}N compared to the average $\delta^{15}\text{N}$ of modern oceans (~ 5
279 ‰)(Altabet, 2007). Nitrate was likely depleted and nitrogen fixation dominated in both
280 northern Boreal and equatorial Tethyan waters at this time. Reducing conditions amplify
281 anaerobic reactions such as denitrification and anammox; reactions that selectively
282 consume nitrate depleted in ^{15}N ($\epsilon = 5\text{--}30$ ‰) and produce non-nutritious N_2 . As nitrate
283 consumption continues, ^{15}N becomes enriched in seawater, resulting in heavy $\delta^{15}\text{N}$ values
284 in sedimentary organic matter (e.g. $\delta^{15}\text{N} > 5$ ‰). In modern oceans, intensive
285 denitrification occurs in the oxygen minimum zone where organic matter and nitrate are
286 both replete (Fig. 2C). In the Early Triassic anoxic oceans, denitrification and anammox
287 probably occurred over a broad range of depths and theoretically would have generated
288 high sedimentary $\delta^{15}\text{N}$ values (e.g. $\delta^{15}\text{N} = \sim 5\text{--}15$ ‰). Instead, $\delta^{15}\text{N}$ values from both
289 equatorial and boreal settings are in the -1 to 2 ‰ range. This can be explained through a
290 nitrate-starved scenario in which the isotopic fractionation effect of denitrification and
291 anammox decreases due to very low nitrate availability (i.e., exceptionally high
292 denitrification rate) and intense seawater stratification while nitrogen fixation is the only
293 source of nutrient-N. Alternatively, low $\delta^{15}\text{N}$ could suggest nitrate levels become so low
294 that the heavy $\delta^{15}\text{N}$ of the residual nitrate can no longer dominate the isotopic composition
295 of biomass. As the thermocline deepened during the Early Triassic hothouse, nitrate supply
296 from deep-water environments to the euphotic zone had to overcome the density barrier,
297 and this could only be achieved by diffusion (Fig. 2C). Diffusion would eventually have
298 drained the nitrate inventory of deep-water reservoirs. In open water settings, nitrate
299 consumption exceeding nitrate production was probably a protracted process, controlled

300 by the evolution and intensity of ocean anoxia. This is consistent with the observed
301 prolonged and gradual $\delta^{15}\text{N}$ decrease from the earliest Triassic to the S-S boundary (Grasby
302 et al., 2016). Localized depletion of nitrate on some isolated platforms, marked by $\delta^{15}\text{N}$
303 falling to ~ 0 ‰, occurred much earlier at the P-T boundary (Fig. 5); this was probably due
304 to a lack of nitrate resupply from the deep reservoirs in such settings.

305 The near-antithetic relationship between $\delta^{15}\text{N}$ and the $\text{C}/\text{N}_{\text{atomic}}$ ratio at the S-S
306 transition suggests that a common cause simultaneously drove $\delta^{15}\text{N}$ to lower values and
307 the $\text{C}/\text{N}_{\text{atomic}}$ ratio to higher values (and vice versa). This is unlikely to be due to the input of
308 terrestrial organic matter (which typically has low $\delta^{15}\text{N}$ and high $\text{C}/\text{N}_{\text{atomic}}$ ratios) because,
309 with the near-extinction of land plants at the end of the Permian and the subsequent low
310 terrestrial biomass on Pangea (Looy et al., 1999), terrestrial N input is unlikely to have
311 affected the isotopic composition of the oceanic N pool. Instead, the factor that drove the
312 $\delta^{15}\text{N}$ and $\text{C}/\text{N}_{\text{atomic}}$ ratio in opposite directions was probably the bioavailability of nitrate. In
313 the case of low nitrate availability and long-term anoxia, nitrate-removal processes utilize
314 nitrate and the corresponding isotopic fractionation effects decrease while nitrogen
315 fixation is enhanced thereby compensating for the nutrient-N loss. Both processes lower
316 $\delta^{15}\text{N}$ values of organic N. At the same time, anoxia enhances bacterial recycling of N-rich
317 amino acids from organic matter (Van Mooy et al., 2002), leading to a more intense loss of
318 sedimentary N during diagenesis and higher $\text{C}/\text{N}_{\text{atomic}}$ ratios.

319 Low sulphate concentrations and episodic euphotic zone euxinia characterize the
320 Early Triassic oceans (Grice et al., 2005; Song et al., 2014). These are largely, or at least
321 partially, due to enhanced bacterial sulphate reduction, perhaps due to high marine
322 productivity (Schobben et al., 2015). However, with increasing water column O_2 deficiency,

323 heterotrophic bacteria favour energy extraction pathways with high yields. Sulphate
324 reduction ranks low in this respect amongst anaerobic respiration (Table 1) and is only
325 favoured once nitrate is depleted (Altabet, 2006). We thus argue that enhanced sulphate
326 reduction in the Early Triassic oceans was probably a response to a functional shift in
327 microbial communities from nitrate consuming ($\Delta G^0 = -445$ kJ/mol C) to sulphate
328 consuming ($\Delta G^0 = -61$ kJ/mol C) and thus did not necessarily require eutrophication
329 (Schobben et al., 2016).

330 *6.3 Enhanced nitrogen fixation, Mo limitation and a shift in nutrient-N inventory*

331 The protracted anoxic conditions in the Early Triassic promoted nitrogen fixation.
332 The $\delta^{15}\text{N}$ values of ~ 0.5 to -1 ‰ at Jiarong and Xiakou suggest N_2 fixation dominated
333 equatorial oceans. A similar scenario is suggested for Cretaceous oceanic anoxic events
334 when comparably low $\delta^{15}\text{N}$ values are associated with black shale deposition (Junium and
335 Arthur, 2007), highlighting a key role of diazotrophs (nitrogen fixers) under anoxic
336 conditions.

337 Biological nitrogen fixation is an enzyme-catalyzed N_2 reduction, which has low
338 energy yields ($\Delta G^0 = -157$ kJ/mol N) and has to overcome a large kinetic barrier to break
339 three N-N bonds in the N_2 molecule (Altabet, 2006). This can only be achieved by
340 diazotrophs that are exclusively prokaryotes. Most diazotrophs are anaerobic bacteria or
341 archaea except for diazotrophic cyanobacteria which have special cell walls that inhibit
342 oxygen diffusion (Altabet, 2006). This is because the nitrogenase enzyme has a metal
343 center consisting of either Mo-Fe, V-Fe or Fe-only complexes and its function is irreversibly
344 inhibited by free oxygen (Berman-Frank et al., 2003). Thus, diazotrophs generally prefer
345 anoxic environments, require P as a nutrient, and metal ions for synthesizing the

346 nitrogenase enzyme. Phosphorus availability may not have been a limiting factor in the
347 Early Triassic ocean because of 1) increased terrestrial P input via enhanced weathering; 2)
348 recycling of P from anoxic sediments; and 3) reduced metazoan uptake following
349 extinctions of shelly fossils that incorporated P in CaCO₃ shells and biogenic apatite. This
350 inference is supported by data from Jiarong, where P and Al contents are positively
351 correlated ($r = 0.77$, $p < 0.05$) but not as significantly as Fe vs. Al ($r = 0.96$, $p < 0.05$) and V
352 vs. Al ($r = 0.95$, $p < 0.05$) (Fig. 6), suggesting P sources were not entirely terrestrial.

353 Metabolizable trace metals Mo(VI), V(V) and Fe(II) are redox-sensitive and they can
354 be scavenged from the water column into sediments under intensely anoxic and euxinic
355 conditions. A scarcity of such trace nutrients could severely suppress nitrogen fixation,
356 leading to a pause in nitrogen cycling after nitrate depletion and a consequent collapse in
357 oceanic productivity (Fig. 1, model C). However, such a scenario seemingly did not occur, at
358 least not globally or for the long term, in the Early Triassic. This is probably because Fe(II)
359 availability was sufficiently high, being reduced from Fe oxides from riverine input and
360 aeolian dust or directly derived from hydrothermal activity at mid-ocean ridges. High Fe(II)
361 availability is consistent with the development of ferruginous conditions (Clarkson et al.,
362 2016) and the global abundance of pyrite framboids in Early Triassic sediments (Wignall
363 and Twitchett, 2002).

364 In contrast, the Mo reservoir was probably much smaller than the Fe reservoir with
365 minor input into large sinks, and could be depleted more easily. However, Mo availability
366 cannot be easily evaluated because Mo tends to sink in sediments under anoxic-euxinic
367 conditions. Thus Mo concentration measured from sedimentary rocks mainly reflects water
368 column redox changes and does not necessarily mirror Mo availability in seawater. A

369 proper estimation would require multiple speculations on Mo input and sink. Mo limitation
370 in this case is inferred from indirect evidence from $\delta^{15}\text{N}$. Mo-Fe nitrogenase is much more
371 efficient than V-Fe and Fe-only nitrogenase (Berman-Frank et al., 2003). A shift in
372 nitrogenase type leads to a change in the isotopic fractionation during nitrogen fixation
373 (^{14}N is preferably used) which could have resulted in more negative values in sedimentary
374 $\delta^{15}\text{N}$ (Zhang et al., 2014). The sporadic development of more negative $\delta^{15}\text{N}$ values ($< -2 \text{ ‰}$)
375 in the Jiarong section might have been a manifestation of short pulses of Mo limitation.
376 Alternatively, (or collectively), these low $\delta^{15}\text{N}$ values may also be explained by partial NH_4^+
377 uptake. Low $\delta^{15}\text{N}$ values are comparably rare throughout Earth's history, including the
378 Precambrian, where Mo was likely much less abundant than at any time in the Phanerozoic
379 (Stüeken et al., 2016). However, $\delta^{15}\text{N}$ values $< -2 \text{ ‰}$ are seen during intensive anoxia, such
380 as during the oceanic anoxic events in the early Jurassic and middle Cretaceous (Jenkyns et
381 al., 2001; Junium and Arthur, 2007), suggesting Mo limitation and/or NH_4^+ -rich conditions
382 may have occurred more frequently than previously thought.

383 Nitrate (including nitrite) and ammonium (including ammonia) are two end
384 members of oceanic nutrient-N (Fig. 1). In oxic waters, nitrification actively converts NH_4^+
385 to NO_3^- . Many primary producers rely on the nitrate supply from deep waters, brought up
386 by mixing and upwelling (Fig. 2C). In contrast, in anoxic oceans, anammox, denitrification
387 and dissimilatory nitrate reduction to ammonium (DNRA) compete for nitrate for high
388 anaerobic energy yields (Fig.1; Table 1). Anammox consumes both NH_4^+ and NO_2^- and
389 produces non-nutritious N_2 . In the case of intense anoxia (e.g., fast expansion of OMZ) and
390 especially euxinia, DNRA produces an electron sink and thus outcompetes denitrification
391 for nitrate (An and Gardner, 2002; Giblin et al., 2013) (Table 1). Such conditions, typically

392 accompanied by high temperatures, high organic carbon burial and sulphate reduction
393 rates, are seen in polluted coastal environments today but were likely widespread in the
394 Early Triassic oceans, especially during the P-T transition and in the late Smithian (Grasby
395 et al., 2012; Sun et al., 2012; Schobben et al., 2015; Sun et al., 2015). Unlike denitrification
396 and anammox, DNRA recycles nitrate to bioavailable NH_4^+ . A combination of nitrate net
397 consumption and enhanced nitrogen fixation and DNRA likely led to a shift from a NO_3^-
398 dominated nutrient-N inventory to one dominated by NH_4^+ (Fig. 1, models B and C; Fig. 8).
399 Though NH_4^+ dominance does not necessarily result in NH_4^+ accumulation to high
400 concentrations. Once established, the only pathway to reverse this shift is through
401 nitrification, which is a light-sensitive aerobic reaction (Zehr and Ward, 2002), thus
402 requiring oxygenation of deeper (dark) waters.

403 *6.4 Comparison with the modern Black Sea and the heterogeneity of Early Triassic oceans*

404 The Black Sea is the world's largest anoxic basin and a contemporary analogue for
405 an ammonium ocean that can be used to test our conceptual model. The NH_4^+
406 concentration in the Black Sea is $\sim 0 \mu\text{M}$ in oxygenated surface waters but increases
407 significantly with depth and oxygen deficiency to $\sim 30 \mu\text{M}$ at 250 m depth while nitrate
408 concentration remains $\sim 0 \mu\text{M}$ below the suboxic-anoxic interface (Fig. 7; Kuypers et al.,
409 2003). Our model fits these observations— nitrate is depleted while ammonium
410 accumulates in anoxic environments (Fig. 1 model B).

411 Accumulation of NH_4^+ in the Black Sea is at least partially due to strong stratification
412 of the water column (Fig. 7). The freshwater discharge from the Danube and other rivers
413 creates an oxic cap that prevents water column mixing. Though not a perfect analogue, the
414 P-T oceans are also generally considered to be highly stratified due to extreme hothouse

415 climate and stagnation of ocean circulations (e.g., Hotinski et al., 2001; Winguth et al.,
416 2015).

417 In contrast to Black Sea surface waters, where nitrate still exists, low latitude
418 shallow-water Early Triassic $\delta^{15}\text{N}$ values fall to ~ 0 ‰ and lower immediately above the P-
419 T boundary (Luo et al., 2011) and at the S-S transition, which suggests the nutrient-N
420 supply to surface waters was composed entirely of newly fixed-N. This was probably due to
421 intense photic zone euxinia (Grice et al., 2005; Cao et al., 2009) which inhibited nitrification
422 in the surface water. In contrast, $\delta^{15}\text{N}$ values from northern higher latitudes (e.g.,
423 Vindodden) have a mixed signature of N-fixation and nitrate. The presence of nitrate
424 suggests nitrification was still partially active in these settings at night, in the winter
425 and/or in the oxygenated lower euphotic zone.

426 *6.5 Ammonium fertilization*

427 Marine phytoplankton and newly generated organic matter have a near-constant
428 stoichiometric composition ratio — C:N:P = 106:16:1, known as the Redfield ratio. The
429 Redfield stoichiometry suggests a higher demand for nutrient-N than P amongst primary
430 producers. At higher temperatures, eukaryotic phytoplankton have a reduced demand for P
431 required for cellular protein synthesis and shifts the oceanic nutrient structure to one that
432 is N-limited (Toseland et al., 2013). Diazotrophic cyanobacteria are uniquely suited to such
433 environments due to their self-sufficiency in nutrient-N. The recycling of cyanobacterial
434 biomass occurs rapidly during heterotrophy in the euphotic zone, releasing NH_4^+ that can
435 be assimilated by other phytoplankton (Fulton et al., 2012). Such processes could continue
436 to the point that P is consumed in the euphotic zone and then becomes the limiting
437 nutrient. Given this constraint and the lack of major shifts in the Redfield N/P ratio in the

438 Early Triassic (Grasby et al., 2016), the size of the ancient deep ocean NH_4^+ reservoir could
439 not have been much greater than the modern ocean nitrate reservoir. This suggests an
440 Early Triassic deep ocean NH_4^+ concentration was unlikely to have been greater than ~ 50
441 μM .

442 Phytoplankton (both eukaryotes and cyanobacteria) generally prefer NH_4^+ to NO_3^- as
443 a nutrient source, because of the redundant energy costs expended when reducing NO_3^- to
444 NH_4^+ (Zehr and Ward, 2002). The exception is diatoms which generally prefer NO_3^- as a
445 nutrient-N source but they only appeared in the Jurassic. One contemporary example for
446 NH_4^+ fertilization is the long-lasting Texas Brown Tide at the Laguna Madre/Baffin Bay
447 estuary, caused by the alga *Aureomonas lagunensis*. This species is able to use NH_4^+ or NO_2^-
448 but not NO_3^- and its enduring bloom was fertilized by NH_4^+ produced by DNRA in an
449 environment with high sulphide concentrations (An and Gardner, 2002). Similarly, regional
450 primary productivity increase and stromatolite development (e.g., Pruss et al., 2006; Chen
451 et al., 2014) in the Early Triassic were likely stimulated by NH_4^+ fertilization. The extensive
452 microbialite build-ups in the aftermath of end-Permian mass extinction (Fig. 2A, B) were
453 probably constructed by diazotrophs (NH_4^+ self-sufficient by N-fixation), or otherwise
454 fertilized by ambient NH_4^+ . The onset of microbialite development in the earliest
455 Griesbachian clearly coincided with enhanced nitrogen fixation (Cao et al., 2009; Xie et al.,
456 2010; Luo et al., 2011) — a feature also seen during the S-S transition. The bloom of
457 prasinophyte algae immediately after the end-Permian mass extinction while N-fixation by
458 cyanobacteria was occurring, is suggested to have provided prasinophytes with NH_4^+ in
459 nutrient-limited environments (Jia et al., 2012). The demise of microbialites towards the
460 Middle Triassic (Fig. 2B) was likely due to a general amelioration of environmental stresses

461 and the re-establishment of potent nitrification, reducing NH_4^+ during deep-water re-
462 oxygenation (Fig. 1, model A).

463 *6.6 Ammonium intoxication*

464 Although it fertilizes phytoplankton, NH_4^+ is a major metabolic waste and can be
465 lethal to both animals and higher plants at high concentrations (Britto and Kronzucker,
466 2002). NH_4^+ accumulation, for instance, is a widespread problem in modern fish farming.
467 Terrestrial animals and birds convert NH_4^+ to the much less toxic urea but aquatic animals
468 generally rely on direct excretion of NH_4^+ to ambient water (Ip et al., 2001). The lethal
469 concentration of ammonium for a wide range of marine vertebrates is $12.5 \mu\text{M}$ (Knoph and
470 Thorud, 1996; U.S. Environmental Protection Agency, 1998), much lower than the $\sim 50 \mu\text{M}$
471 maximum estimated for the Early Triassic oceans. In general, invertebrates are more
472 tolerant to ammonia (i.e., total ammonia = NH_4^+ and NH_3) than vertebrates while
473 freshwater animals are more tolerant than marine animals. The toxicity of total ammonia
474 manifests as damage to the central nervous system in vertebrates and is amplified at higher
475 pH (e.g., in seawater). This is because NH_4^+ is more toxic but less diffusive while most
476 animal membranes are more permeable to NH_3 (Ip et al., 2001). Remineralization of
477 organic N in anoxic environments exclusively leads to NH_4^+ and NH_3 accumulation (Fig. 1,
478 models B and C). Since protein decay is independent of redox conditions, and nitrification is
479 inhibited in anoxic waters, degradation of organic remains and diazotrophs could have, at
480 least in short term, produced excessive NH_4^+ that may, at least in part, explain the hitherto
481 enigmatic Early Triassic extinction/changeover events amongst nekton such as conodonts
482 and fish. Such groups would be somewhat immune to the typical end-Permian scenario of
483 high temperatures and low oxygen levels due to their ability to migrate to higher latitudes

484 and their upper water column habitats. Neither factor would help nekton escape NH_4^+ - NH_3
485 poisoning. Even at modest increases in concentrations, the swimming ability of animals
486 such as fish is impaired (Ip et al., 2001).

487 On the other hand, cephalopods are exclusively carnivores with fast growth rates for
488 most of their life cycle. They have a high demand for proteins and the dominance of amino
489 acid metabolism leads to a high NH_4^+ accumulation in their systems (Lee, 1995). Some
490 groups of cephalopods have much high tolerance of NH_4^+ because they retain this
491 metabolic waste in their tissues to achieve neutral buoyancy while other groups did not
492 develop this physiological mechanism, but instead transform toxic NH_4^+ to N_2 gas (e.g.,
493 *Nautilus*) or develop jelly-like chloride compounds to maintain buoyancy (Voight et al.
494 1995). Thus, the fast turnover of ammonoids during the end-Permian mass extinction may
495 reflect the success of those groups with a tolerance for high NH_4^+ concentrations. NH_4^+
496 levels in ammonoid soft tissue were probably often high and the post mortem release
497 during burial maintains high ambient pH levels thus inhibiting calcium phosphate
498 replacement (Clements et al., 2017). This likely explains why ammonoid soft body tissue is
499 rarely seen in fossil Lagerstätte.

500 Ammonium concentrations are not recorded in sedimentary rocks. Quantitative
501 Earth system modelling studies are needed to better constrain the concentration of total
502 ammonia in the P-T oceans and to further validate this hypothesis. If correct, ammonium
503 poisoning is a previously unidentified end-Permian and Early Triassic killing mechanism
504 (Fig. 8) and, once accumulated, its removal from seawater is difficult under anoxic and
505 stratified oceanic conditions.

506 *6.8 Loss of dissolved nutrient-N in anoxic waters*

507 Since nitrification can occur at low oxygen concentrations, establishment of
508 ammonium oceans in the Phanerozoic could only occur in highly stratified oceans and
509 during intensive ocean anoxic events. In cases of moderately anoxic conditions or fast
510 oscillations in (dys)oxic and anoxic conditions, ammonium is likely converted to nitrate,
511 which would then be denitrified. Additionally, as observed in OMZs in contemporary Omani
512 Shelf, offshore Peru and elsewhere, DNRA and anammox bacteria can form DNRA-
513 Anammox coupling and account for nutrient-N losses in areas of no detectable
514 denitrification (Jensen et al., 2011). These processes could result in losses of both
515 ammonium and nitrate, leading to a decrease in dissolved inorganic nutrient-N inventory
516 (Fig. 8).

517

518 **7. Conclusion**

519 Assertions that primary productivity in the Early Triassic oceans was either
520 universally high or universally low are both untenable. The transition from nitrate oceans
521 to ammonium oceans was accompanied by decreases in both the respiration efficiency of
522 organisms and in the oceanic nutrient-N reservoir (Fig. 8). Though controlled by regional
523 redox and oceanographic setting, NH_4^+ could temporarily and regionally boost primary
524 productivity although it was probably low in general since most nutrient-N was likely lost
525 during persistent periods of anoxia. Enhanced sulphate reduction, which is widely implied
526 in the P-T oceans, could be attributed to a functional shift in microbial communities from
527 nitrate consumption to sulphate consumption in a nitrate-starved ocean and thus does not
528 necessarily require eutrophication.

529 Ammonium intoxication is one of the worst case scenarios of ammonium ocean
530 which, in turn, is likely a synergetic effect of widespread ocean anoxia and intensive water
531 column stratification. Though remaining conceptual and awaiting Earth system modelling
532 studies to further constrain, ammonia toxicity has not been considered in geological
533 studies, and yet it may have played a substantial role in suppressing complex life before the
534 rise of oxygen and probably in selectivity during many past extinctions.

535
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544
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736

737 **Figure and table captions**

738 Fig. 1 The marine nitrogen cycle with sub-models for oxic (A), anoxic (B) and euxinic (C)
739 conditions. Blue arrows are aerobic reactions; red arrows are anaerobic reactions;
740 black arrows are reactions with aerobic and anaerobic pathways. Bold lines are
741 favoured reactions, whereas dashed lines are possible, but unfavoured reactions.
742 Lightning contributes ~5-8 % of total fixed nitrogen and is generally considered as a
743 constant input in geological studies. Sub-models represent end-member situations
744 and do not include the oxygen minimum zone in oxic oceans and oxygenated surface
745 layers in anoxic and euxinic oceans. In model B, nitrate is consumed by reactions 5, 6,
746 7 and 8 while resupply of nitrate is inhibited because reaction 4 is a light-inhibited
747 aerobic reaction. In the model C, nitrogen fixation can be inhibited due to removal of
748 metabolizable Mo, V and Fe in the water column, leading to suppression of the
749 nitrogen cycle. Nutrient-N systematically becomes dominated by $\text{NH}_3/\text{NH}_4^+$ in anoxic
750 and euxinic conditions. Anammox = anaerobic ammonium oxidation, DNRA =
751 dissimilatory nitrate reduction to ammonium.

752 Fig. 2 A., Early Triassic palaeogeography, ocean currents and sites of microbial buildups
753 (Pruss et al., 2006; Chen et al., 2014; Scotese and Moore, 2014). B., Temporal
754 occurrences of microbial buildups (geographic occurrences shown in A), redox
755 conditions and equatorial seawater temperatures (Wignall and Twitchett, 2002;
756 Grasby et al., 2012; Sun et al., 2012; Sun et al., 2015) in the Early Triassic. For redox
757 conditions, the blue colour stands for a globally oxic condition; black stands for
758 generally anoxic condition while white stands for regional oxic conditions in some
759 basins. [These redox histories derive from studies in Alps, British Columbia, Canadian
760 Arctic, Japan, South China, Spitsbergen etc.](#) C., Simplified models comparing nitrogen
761 cycles between a well oxygenated nitrate ocean and an Early Triassic stratified
762 ammonium ocean. Note that in anoxic oceans denitrification can occur in all water
763 depths while nutrient-N uptake by phytoplankton can only occur in the euphotic zone.

764 Fig. 3 Cross plots of total nitrogen and total organic carbon content of decarbonatized
765 sample residues. Intercepts on the TN axis indicate the presence of excess silicate-
766 bound nitrogen in the samples.

767 Fig. 4 Geochemical records from three study sections, showing a gradual decrease in $\delta^{15}\text{N}$
768 in the Early Triassic, a negative shift in $\delta^{15}\text{N}$ towards the S-S boundary, the covariation
769 of $\delta^{13}\text{C}_{\text{carb}}$ and $\delta^{13}\text{C}_{\text{org}}$ at Jiarong and a near antithetic relationship between $\delta^{15}\text{N}$ and
770 $\text{C}/\text{N}_{\text{atomic}}$. Redox conditions and biostratigraphy from the three sections, $\delta^{13}\text{C}_{\text{carb}}$ from
771 Jiarong and $\delta^{13}\text{C}_{\text{org}}$ from Vindodden are from Zhao et al., (2013), Sun et al. (2015),
772 Wignall et al. (2016) and Elrick et al. (2017). Redfield ratio ($\text{C}/\text{N}=6.6$) is used as a
773 reference.

774 Fig. 5 Summary of published $\delta^{15}\text{N}$ records in the Late Permian to Early Triassic interval,
775 showing strong denitrification occurred geographically in different settings across the
776 P-T boundary. The onset and duration of the P-T water column denitrification shows
777 regional variations, probably controlled by local redox conditions and
778 palaeoceanographic settings.

779 Fig. 6 Cross plots of V vs. Al, Mo vs. Al, Fe vs. Al and P vs. Al from Jiarong, South China. The
780 original dataset is fully accessible in Sun et al. (2015).

781 Fig. 7 Depth profile of NO_3^- , NH_4^+ , O_2 and S^{2-} concentrations in the highly stratified
782 contemporary Black Sea, showing a depletion of NO_3^- but accumulation of NH_4^+ in
783 anoxic water column (modified from Konovalov et al., 2005).

784 Fig. 8 The evolution of the ammonium ocean and changes in energy structures in the
785 aftermath of the end-Permian mass extinction.

786 Table 1 Comparison of energy yields (standard Gibbs free energy) of aerobic and anaerobic
787 respiration. Glucose ($\text{C}_6\text{H}_{12}\text{O}_6$) is the most important source of energy for cellular
788 respiration and thus is used for calculation of comparable energy yields here. Isotopic
789 enrichment (ϵ) is only for nitrogen reactions and approximated by $\delta^{15}\text{N}_{\text{product}} -$
790 $\delta^{15}\text{N}_{\text{reactant}}$ (for $\epsilon < 1000$ ‰) (McCready et al., 1983; Sigman et al., 2009; Zhang et al.,
791 2014). Note that DNRA produces less energy than denitrification in term of per mol C;
792 however, in intense anoxia where nitrate is a limited resource, DNRA yields more
793 energy than denitrification in measure of per mole N.

794 Table 2 A comparison of $\delta^{15}\text{N}$ and $\text{C}/\text{N}_{\text{atomic}}$ ratio in clay-poor rocks and clay-rich rocks that
795 are closely spaced to each other, showing measured $\delta^{15}\text{N}$ and $\text{C}/\text{N}_{\text{atomic}}$ ratios are

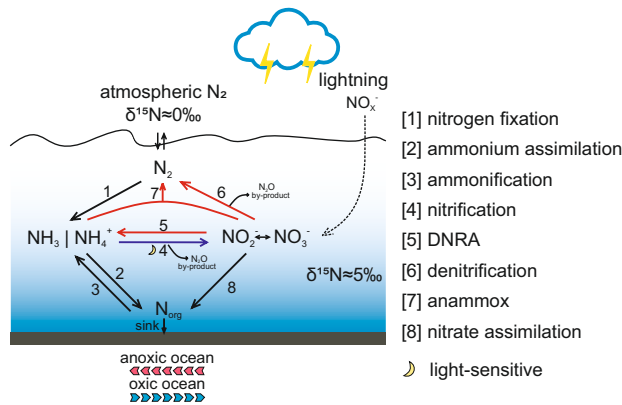
796 generally consistent in the two types of rock but C/N_{atomic} ratios are more variable in
797 Early Triassic (TOC poor) rocks.

798 Supplementary materials: Data file (including the original dataset and statistical analyses
799 on the data)

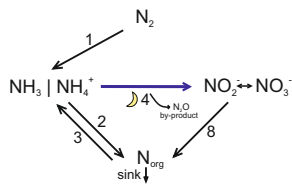
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Figure 1

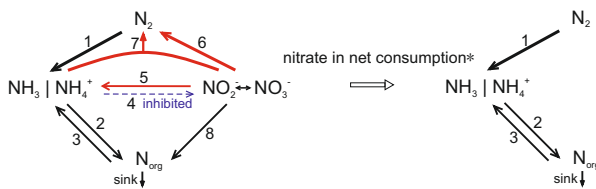
[Click here to download Figure: Fig. 1 nitrogen cycle.pdf](#)



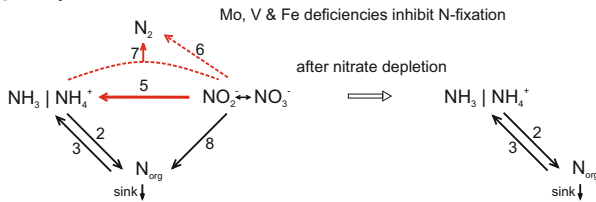
A fully oxygenated ocean



B anoxic ocean with replete Fe supply



C fully euxinic ocean



* --depends on the intensity of anoxia

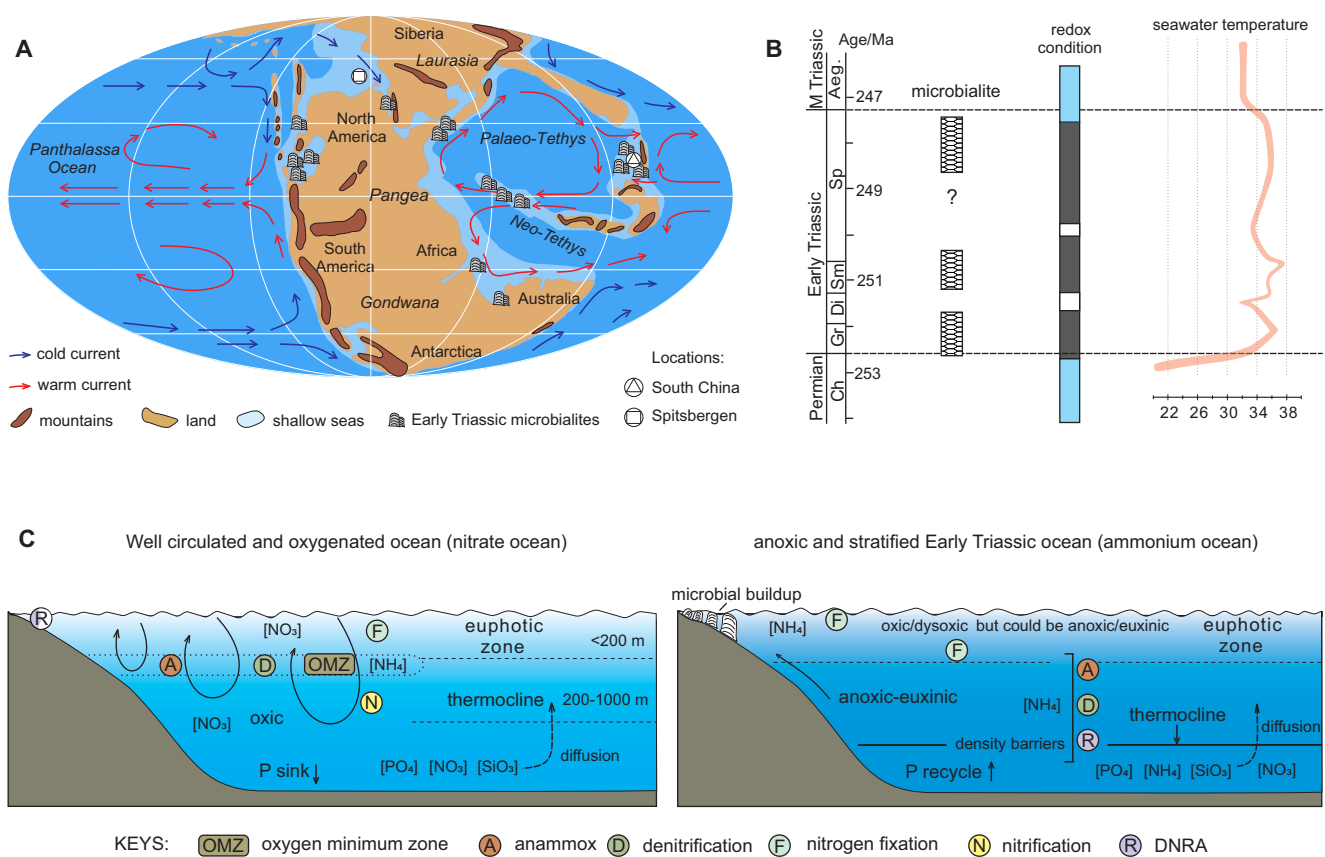
Figure 2[Click here to download Figure: Fig. 2 maps and ocean models.pdf](#)

Figure 3

[Click here to download Figure: Fig. 3 TN-TOC cross plot.pdf](#)

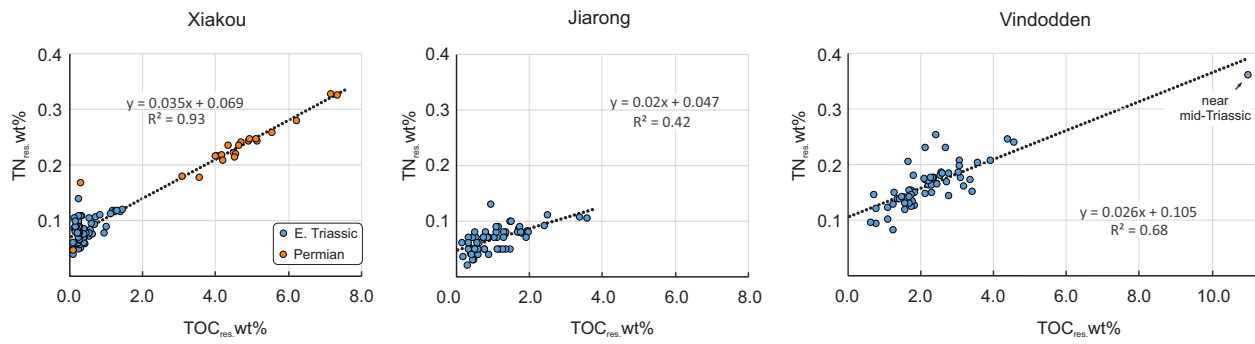


Figure 4
[Click here to download Figure: Fig. 4 Logs.pdf](#)

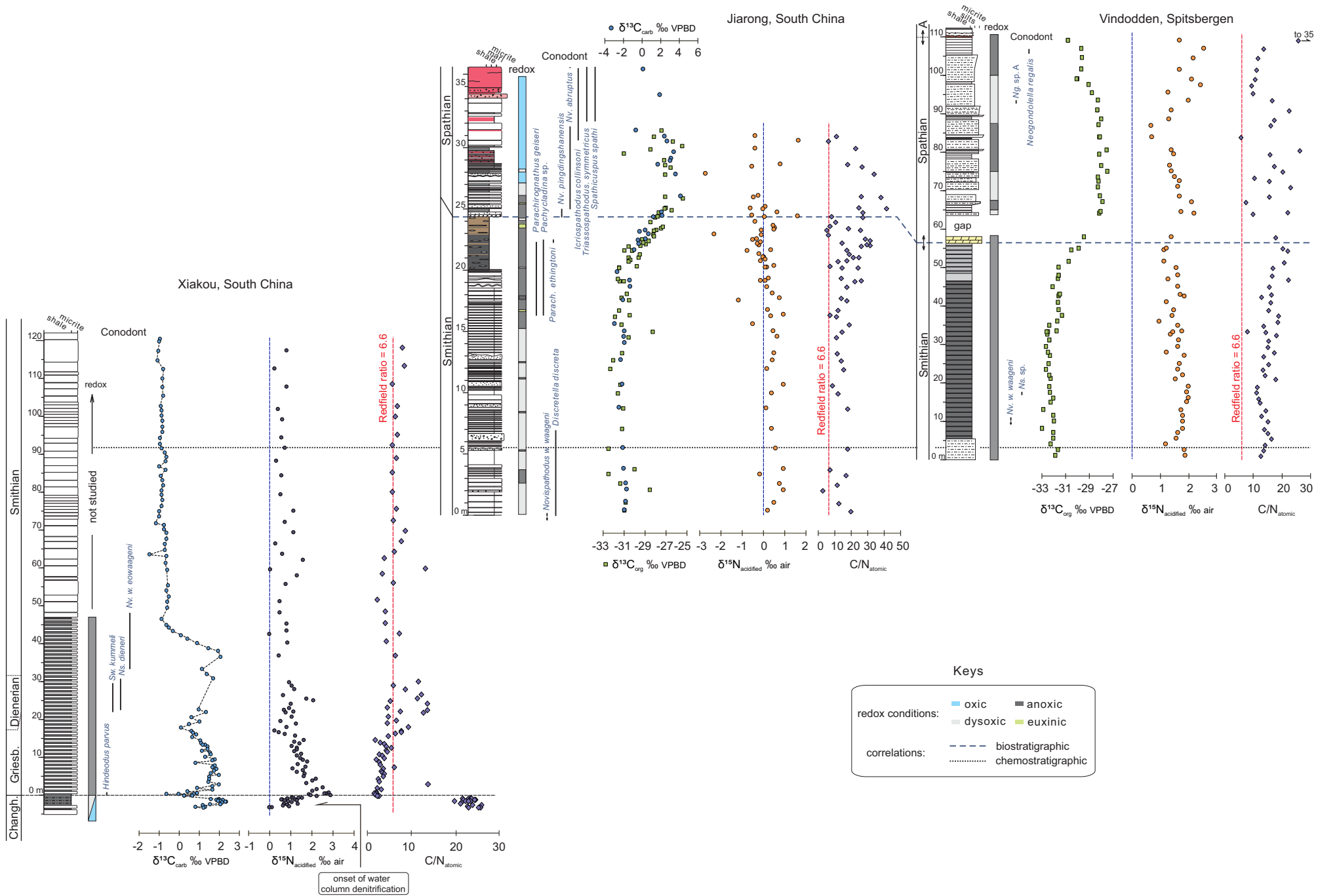


Figure 5
[Click here to download high resolution image](#)

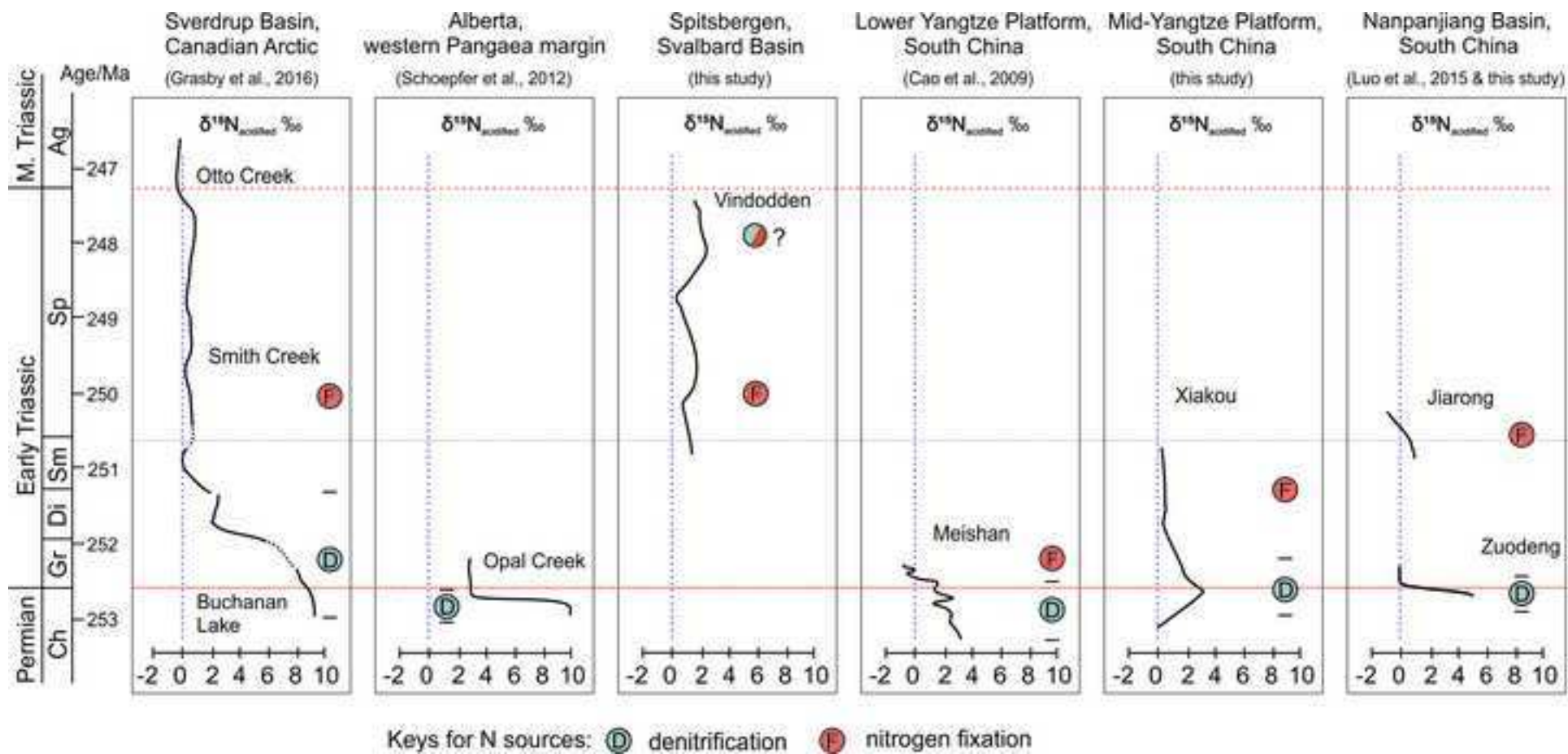


Figure 6
[Click here to download Figure: Fig. 6 trace metal cross plot.pdf](#)

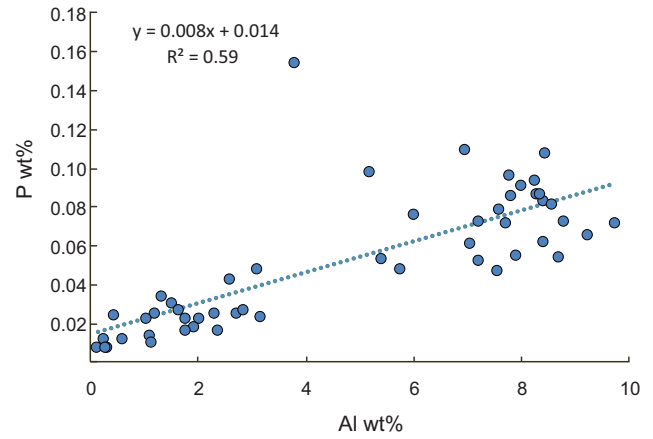
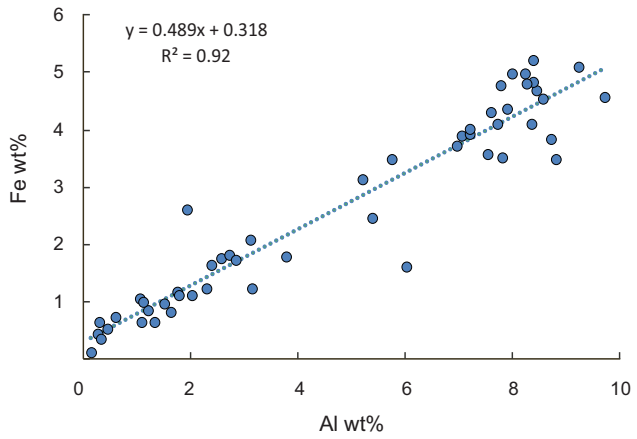
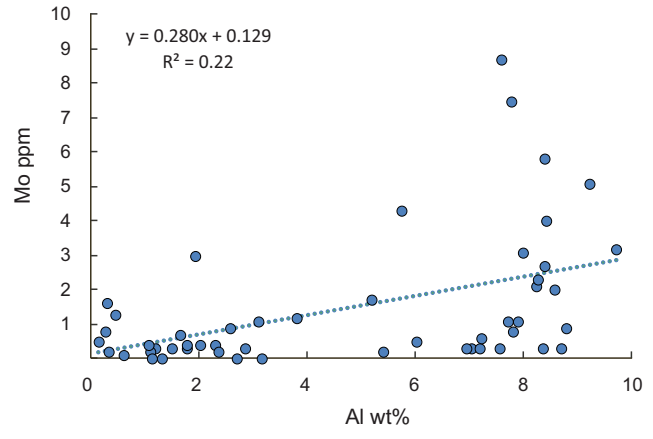
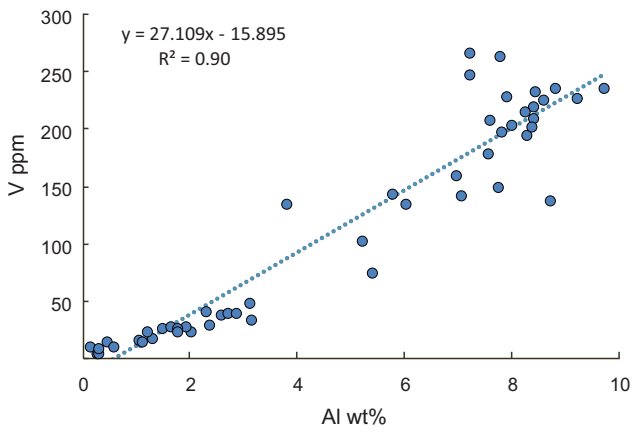


Figure 7
[Click here to download Figure: Fig. 7 Black sea.pdf](#)

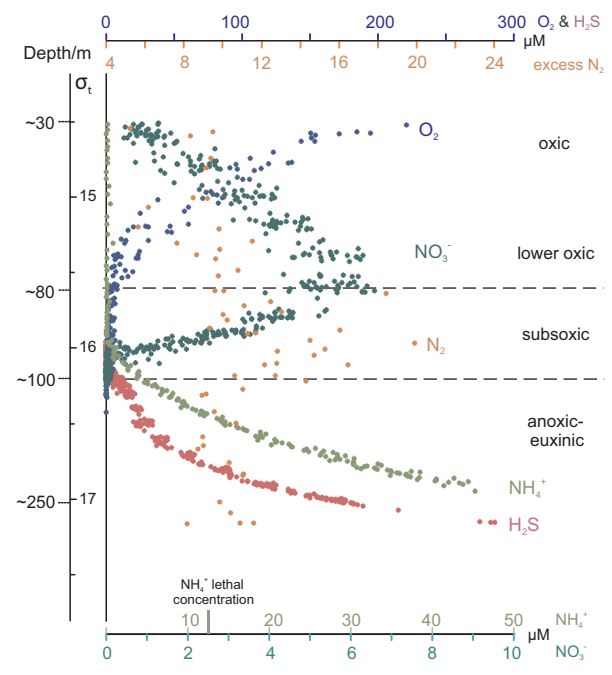


Figure 8

[Click here to download Figure: Fig. 8 flow chart.pdf](#)

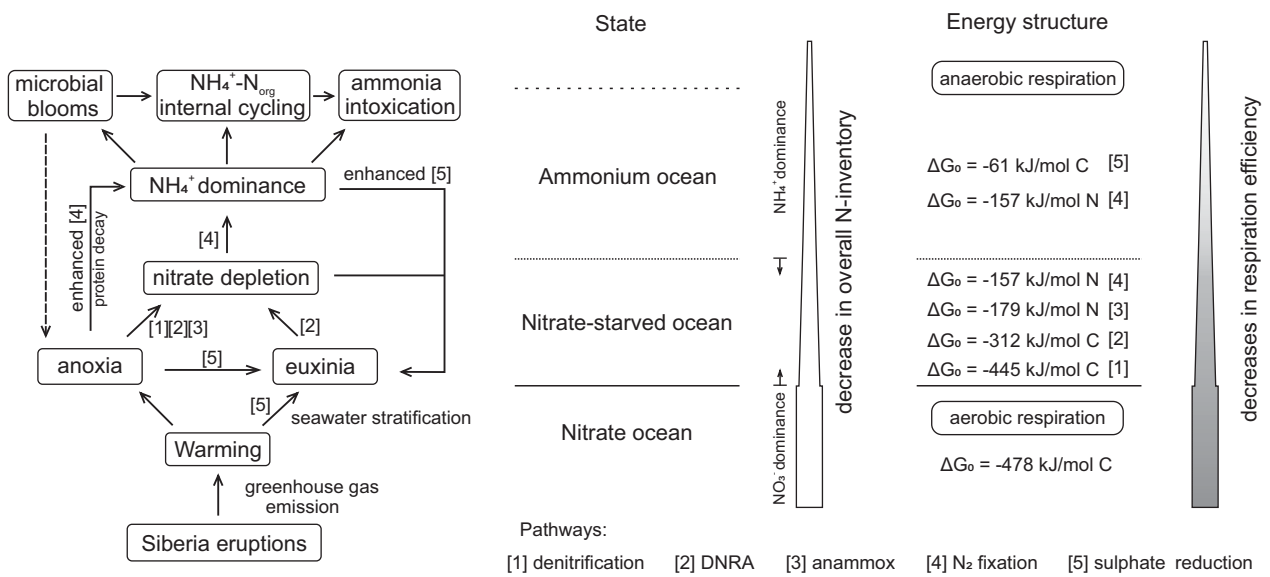


Table 1[Click here to download Table: Table 1 formal.pdf](#)

| Energy pathway | Simplified reaction | Energy yield (ΔG^0) | | | isotope effect (ϵ) |
|----------------------|--|-------------------------------|----------|----------|--|
| | | kJ/mol C | kJ/mol N | kJ/mol S | ‰ |
| aerobic respiration | $C_6H_{12}O_6 + 6O_2 = 6CO_2 + 6H_2O$ | -478 | -- | -- | |
| denitrification | $5C_6H_{12}O_6 + 24NO_3^- + 24H^+ = 30CO_2 + 12N_2 + 42H_2O$ | -445 | -556 | -- | 5-30 |
| DNRA | $C_6H_{12}O_6 + 3NO_3^- + 6H^+ = 6CO_2 + 3NH_4^+ + 3H_2O$ | -312 | -623 | -- | unknown |
| anammox | $NH_4^+ + NO_2^- = N_2 + 2H_2O$ | -- | -179 | -- | >10 |
| nitrogen fixation | $N_2 + 10H^+ + 8e^- = 2NH_4^+ + H_2$ | -- | -157 | -- | -1 to 2 ^a or to -7 ^b |
| sulphate reduction | $C_6H_{12}O_6 + 3SO_4^{2-} = 6CO_2 + 6H_2O + 3S^{2-}$ | -61 | -- | -121 | |
| ethanol fermentation | $C_6H_{12}O_6 = 2CO_2 + 2C_2H_5OH$ | -38 | -- | -- | |

a., reaction catalyzed by Mo-Fe nitrogenase enzyme;

b., reaction catalyzed by V-Fe or Fe-only nitrogenase enzyme.

Table 2[Click here to download Table: Table 2.pdf](#)

| Sample No. | Height/m | Lithology | carbonate content/% | TOC/ wt% | TN/ wt% | $\delta^{13}\text{C}_{\text{org}}$ ‰ | $\delta^{15}\text{N}$ ‰ | C/N _{atomic} |
|-----------------------------------|----------|-------------|---------------------|----------|---------|--------------------------------------|-------------------------|-----------------------|
| Permian (high TOC) samples | | | | | | | | |
| XK 248B | -0.88 | limestone | 74.7 | 1.13 | 0.06 | -26.13 | 1.05 | 23.5 |
| XK 248A | -0.81 | marl | 14.4 | 3.05 | 0.15 | -26.35 | 1.36 | 23.1 |
| XK 247A | -0.90 | limestone | 73.2 | 1.21 | 0.06 | -26.11 | 1.53 | 23.8 |
| XK 247B | -0.95 | marl | 29.3 | 2.86 | 0.15 | -26.13 | 1.10 | 21.8 |
| Triassic (low TOC) samples | | | | | | | | |
| XK 22.1 | 22.1 | limestone | 92.5 | 0.03 | 0.01 | -28.74 | 1.13 | 7.5 |
| XK 21.9 | 21.9 | black shale | 19.3 | 1.05 | 0.10 | -28.57 | 0.76 | 12.7 |

dataset and additional statistical analyses

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