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# The factors that count in selecting future dentists: Sensorimotor and soft skills

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1 **Abstract**

2 Dental schools across the world are increasingly adopting 'Multiple Mini Interview' (MMI)  
3 approaches to evaluate prospective students. But what skills and abilities are being  
4 assessed within these short, structured 'interview' stations and do they map on to the  
5 requirements of dental practice? Understanding the fundamental processes being measured  
6 is important if these assessments are to serve the purpose of identifying the students with  
7 the greatest potential to succeed in dental practice. To this end, we performed factor  
8 analysis on data from 239 participants on ten MMI stations used for undergraduate selection  
9 at a UK dental school. The analysis revealed that this assessment approach captured two  
10 fundamental underlying traits. The first factor captured scores on six stations that could be  
11 labelled usefully as a 'soft skill' factor. The second captured scores on four stations that  
12 could be described usefully as a 'sensorimotor' factor. The present study demonstrates that  
13 the structure of at least one MMI used within the UK for dental school entry can be parsed  
14 into two distinct factors relating to soft skills and sensorimotor abilities. This finding has  
15 implications for the efficiency of the interview process, the refinement of MMI assessment in  
16 dental schools across the world and understanding the critical skills that a successful dental  
17 practitioner must possess.

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23 **1 Introduction**

24 The process of undergraduate dental education is both lengthy (typically 5 years) and  
25 expensive (in the UK the total cost of training is approximately £200,000 GBP). The  
26 identification of students with the necessary aptitude for the profession is essential for the  
27 training institution and the trainee<sup>1</sup>. The selection of the best suited students will ultimately  
28 ensure that the best educated graduates will be entering the dental profession, and thereby  
29 benefit patient care for the public in the future (see <sup>2,3</sup> for recent commentaries on these  
30 issues).

31 Some dental educationalists have developed lists of domains required for  
32 prospective students to become competent dental practitioners. The purpose of these lists is  
33 to guide processes aimed at identifying those students with the most potential. For example,  
34 the American Dental Education Association (ADEA) has identified the following skills as  
35 essential for a dental student: critical thinking, professionalism, communication,  
36 interpersonal skill, health promotion, practice management, informatics and patient care<sup>4</sup>.  
37 Similarly, Cowpe et al identified seven domains in Profile and Competence for the  
38 graduation European dentist (2009) comprising: Professionalism; Interpersonal;  
39 communication and social skills; Knowledge Base, Information and Information Literacy;  
40 Clinical Information Gathering; Diagnosis and treatment planning; Therapy: Establishing and  
41 Maintaining Oral Health; Prevention and Health Promotion<sup>5</sup>, a list that has subsequently  
42 been approved by the General Assembly of the Association for Dental Education in Europe  
43 (ADEE). The GDC has also setup learning outcomes for potential registrants which are  
44 grouped in four domains: Clinical, Communication, Professionalism and Management and  
45 Leadership, with nine key principles (Standards for dental team)<sup>6</sup>. The issue is then how to  
46 best evaluate the core traits that will allow a student to take advantage of opportunities to  
47 acquire these skills over their educational journey.

48 The traditional approach to undergraduate selection in UK dental schools has been  
49 through unstructured interviews. This method has strong face validity<sup>7</sup> but has many failings

50 including a lack of standardisation, poor predictive value and potential for interviewer and  
51 social bias<sup>8,9</sup>. Moreover, unstructured interviews fail to systematically capture the wide-  
52 ranging skills required for dentistry. These problems have led many dental schools to switch  
53 to standardised selection processes designed to map to the specific set of skills and  
54 aptitudes that are believed to be required for dentistry.

55         Structured interviews have been gaining traction in recent years<sup>10,11</sup> Perhaps the  
56 most popular form of structured interview is the 'Multiple Mini Interview' (MMI). MMIs involve  
57 short independent assessments, typically in timed circuits. These assessments are designed  
58 to resemble the Objective Structured Clinical Examination (OSCE) and are rated by one or  
59 two assessors<sup>12</sup>. MMIs have been successfully introduced by several health disciplines  
60 across the world (as well as within in a number of dental schools<sup>13-15</sup>).

61         Importantly, MMIs have been found to be fair and acceptable to students, with  
62 students reporting they enjoyed this interview format, and stating that the process allowed  
63 them to be competitive. Students also reported that MMIs helped them present their  
64 strengths free from any social bias<sup>16-19</sup>. The MMIs are also perceived positively by assessors  
65 who have reported that MMIs are effective and provide a format that allow them to evaluate  
66 soft skills, candidate abilities and thought processes. The assessors suggested that overall  
67 MMIs evaluate a better range of competencies when compared to traditional interviews<sup>20,21</sup>.  
68 In terms of reliability, recent reviews for student selection in health profession training have  
69 suggested that MMIs have moderate to high reliability and have the added benefit of  
70 allowing additional analyses to be conducted<sup>22 18</sup>. The effectiveness of MMIs in predicting  
71 future undergraduate and postgraduate performance has also been reported to be good <sup>23,24</sup>.

72         In dentistry, a number of studies (focusing on the perception of applicants and  
73 interviewers<sup>25,26</sup>) have suggested that MMIs are potentially a better predictor of ultimate  
74 dental performance than traditional interviews<sup>27,28</sup> and indicate that MMIs are particularly  
75 useful in testing cognitive reasoning skills<sup>14</sup>. The potential advantages of MMIs have meant  
76 this selection approach has been adopted by a number of dental schools within the UK.

77 Nevertheless, no studies have been conducted to establish exactly what these stations are  
78 assessing (i.e. what are the skills and abilities that these stations are capturing). Nor have  
79 any studies ventured into the related issue of whether the purported assessment at a given  
80 station corresponds to the appropriate underlying construct. Here, we take an important step  
81 in promoting an evidence-based approach to prospective student assessment by providing a  
82 systematic examination of the underlying factors being assessed in a current MMI.

83 **2 Materials and methods**

84 **2.1 Admission process**

85 Applicants were selected for interview based on their UCAS form (Universities and  
86 Colleges Admissions Service). The UCAS form assigns numerical scores for each of its  
87 components, which include academic performance, medical experience, work experience,  
88 activities and reference report and each application was ranked. The marking was  
89 performed by experienced members of the admission team and marked twice to ensure  
90 there were no discrepancies.

91 **2.2 Participants**

92 From a total of 1,409 applicants, 245 candidates were invited to compete via MMIs for a  
93 place on the five-year Master and Bachelor of Dental Surgery and Bachelor of Science  
94 (MChD/ BChD, BSc) programme at the University of Leeds, UK for 2013/14 entry. Two  
95 hundred and thirty-nine students attended and eighty-seven were successful in their  
96 application. We retrospectively retrieved (anonymised) data on all 239 applicants for the  
97 purposes of this study (approved by the School of Dentistry Research Ethics Committee at  
98 the University of Leeds DREC ref: 271016/IM/216).

99 **2.3 MMI**

100 The MMI scenarios were developed to assess different domains of competency with a  
101 focus on non-cognitive skills. The scenarios were determined by academics, the admissions  
102 teams and professional/specialist staff within the dental school. Restrospective probing of  
103 the members of the team involved in scenario selection revealed that the decisions were  
104 based largely on clinical experience of the requirements for sucesful dental practice. A list of  
105 the ten stations, the skills these stations were purported to assess and the tasks empyed to  
106 assess these skills is presented in Table 1.

107 Table 1: Details of skills and the procedure being assessed by each station.

<b>Station Name</b>	<b>Purported skills assessed</b>	<b>Procedure</b>
<b>Observation</b>	Observation skills and ability to accurately describe objects from memory	Candidates were asked to look at a collection of objects for 1 ½ minutes. They were able to touch/rearrange/pick items if they wish. At the end of 1 ½ minutes, the objects were hidden and they had 2 minutes to list all the objects they remembered seeing. Of the items which they remembered, the examiner asked them to describe some of them in greater details.
<b>Ethics</b>	Ethical awareness and reasoning	Candidates were given an article to read carefully and asked to discuss any issues which arise from the situation. They were expected to identify the ethical dilemmas posed and discuss the pros and cons of any possible suggestions or solutions.
<b>Presentation</b>	Communication skills	Candidates were required to give a 5-minute presentation. The remaining 2 minutes were for the examiner to ask questions to the candidate in relation to their presentation.
<b>Origami</b>	Ability to follow instructions and manual dexterity	Candidates were given a sheet of origami paper and a workbook with pictures and instructions showing how to create an origami shape.
<b>Insight</b>	Insight into issues	Candidates were provided with a picture or a scenario and asked to discuss barriers or issues that they might have if they had to access/get healthcare.
<b>Communication</b>	Communication skills and empathy	Candidates were required to communicate and explain to a disbelieving and upset mother that her child had several decayed teeth.
<b>Interpretation</b>	Analytical and data interpretation skills	Candidates were given 2 minutes to read through the study information after which the examiner asked to discuss the study and data to probe their understanding.
<b>Tangram</b>	Communicate complex instructions	Candidates were provided with a photograph of an object made of wooden blocks of various shapes. Their task was to explain to the student examiner how to construct the object using the same shaped wooden pieces (not coloured) that they had in front of them.
<b>CKAT</b>	Manual dexterity	Candidates needed to complete the Clinical Kinematic Assessment Tool (CKAT)- a standardised motor test battery on a tablet PC (using a stylus) to assess fundamental sensorimotor skills. The task involved: (1) tracking a moving dot; (2) aiming at a series of dots that appeared serially in different locations; and

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		finally; (3) carefully tracing a shape that appeared on the screen.
<b>Simodont</b>	Manual dexterity	The candidates were required to complete a manual dexterity exercise on a virtual reality (VR) haptic simulator. An abstract task was designed to simulate the requirements of dental surgery. The task involved using the dental instruments on the VR system to remove as much of the red coloured zone as possible on a virtual object, whilst trying to avoid the green and beige zones as much as possible.

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The stations were run by dental school staff (including clinical academics and researchers) and current undergraduate dental students from the fourth and fifth year. All staff members and students who took part in the MMIs received extensive training beforehand. The staff had multiple practice runs with simulated students to practise the scoring system and received a briefing on the days of the interviews.

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116 **2.4 Procedure**

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Each circuit took eight students and there were four circuits per session (half day). Each station lasted between 7-8 minutes. At each station, one minute was given for applicants to make themselves comfortable, be greeted by the examiner and presented with the scenario.

120

The applicants were given five minutes to perform the task. Candidates had one minute to move between stations. Each station was rated by one or two assessors. The interactive digital stations took around 20 minutes each to complete (10 minutes to explain the task and 10 minutes to perform the task). The total MMI time was 104 minutes with approximately 64 candidates being examined per day. The marking criteria for each station are described in Supplementary Material Table 1.

125

126 **2.5 Data Analysis**

127 For statistical analysis, we measured performance on all ten items. All the items were tested  
128 for normality and sampling adequacy to ensure the data met the requirements for factor  
129 analysis. Where data were not normally distributed, a transformation of the outcome variable  
130 was performed. A correlation matrix was created to determine the relationship between the  
131 variables. A parallel analysis method along with a scree plot were selected to be the  
132 extraction methods for determining the number of factors to extract over the eigenvalue  
133 rule<sup>29</sup>. The parallel analysis was followed by factor rotation to determine the loadings of  
134 each item on the factors. All data were analysed using R version 3.3.1.

135 **3 Results**

136 A factor analysis was conducted on ten items with orthogonal rotation (varimax). The Kaiser-  
 137 Meyer-Olkin measure of sampling adequacy verified the sampling adequacy for the analysis  
 138 KMO= 0.69, and all KMO values for individual items were > 0.5. This demonstrated that it  
 139 was acceptable to proceed with the analysis. Bartlett's test of sphericity (which tests the  
 140 overall significance of all the correlations within the correlation matrix) was significant ( $\chi^2$   
 141 =189.09, df = 45 , p < .001), indicating that it was appropriate to use a factor analytic model  
 142 on this dataset.

143 All ten items entered the factor analysis together. Using the parameters of this study  
 144 the parallel analysis method suggested that two factors be retained. Inspection of the scree  
 145 plot supported the results of the parallel analysis suggesting that two factors gave the most  
 146 interpretable solution. An orthogonal rotation (varimax) was then performed since the factors  
 147 were expected to have low correlation to determine the loading strength of each item to the  
 148 factor. Inspection of the factor correlation matrix showed non-zero correlation between the  
 149 proposed factors. For the interpretation of the factors, the pattern matrix was used following  
 150 the analysis. This analysis revealed that all items loaded significantly on one of the factors.  
 151 Figure 1 demonstrates the loading strength of each item to the factor.

152 The results of the factor analysis of the ten items used in the current study revealed  
 153 two factors were sufficient to explain the underlying structure of the MMIs. The first factor had  
 154 an eigenvalue of 1.37 and accounted for 14.6% of the variance in the data. The second  
 155 factor had an eigenvalue of 0.52 and accounted for a further 6.3% of the variance.

156 The first factor seems to reflect soft skills as all six items ( presentation, memory,  
 157 ethics, interpretation, and insight) related to the ability to communicate (with the ability to  
 158 show empathy), analyse and interpret data, describe things, show ethical awareness and  
 159 reasoning and give their personal insight into issues. Thus, factor 1 was labelled as "soft  
 160 skill". The second factor appeared to represent sensorimotor skills as the four items origami,

161 simulator performance, CKAT and tangram loaded most highly on it. All four items related to  
162 manual dexterity performance with the ability to follow complexed instructions, thus, factor 2  
163 was labelled as “sensorimotor”.

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165

--INSERT FIGURE 1 HERE--

166 **Figure 1.** Factor loadings of the ten items Memory, Ethics, Presentation, Origami,  
167 Insight,Communication, Interpretation, Tanagram, Simodont and CKAT (Clinical Kinematic  
168 Assessment Test) across the 2 factors of ‘soft skills’ and ‘sensorimotor skills’.

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171 **4 Discussion**

172           The present study was based at the dental school at the University of Leeds where  
 173 ten selected scenarios were deemed to be useful tasks for identifying the most suitable  
 174 students for admission. This reflects an approach that has been adopted by many dental  
 175 schools throughout the UK. While there is a degree of sharing good practice/approaches  
 176 used across different dental schools, ultimately each dental school has its own MMI  
 177 structure (i.e. each school will use different types and numbers of scenarios and the scoring  
 178 of performance will differ across institutions<sup>13,16</sup>). This situation suggests that there is a need  
 179 to evaluate the scenarios used and conduct formal statistical tests to ensure that dental  
 180 schools are using the best possible assessment procedures, with the ultimate goal of  
 181 establishing an optimal assessment procedure that could be used by all.

182           An evaluation of the research literature to date suggests that there has been little  
 183 formal evaluation of MMIs within dental schools to allow a formal evaluation of the individual  
 184 tests and their psychometric properties, and enable evidence based improvements in the  
 185 selection process despite the nature of MMIs (and the wealth of data collected on an annual  
 186 basis). For example, we found only one study on this topic (that investigated the influence of  
 187 gender and starting station in the MMI used for dental school entry<sup>30</sup>). In medicine, there  
 188 have been studies that have investigated the MMI test characteristics when station type was  
 189 manipulated<sup>10</sup> and the effect of examiners' systematic differences in the rating pattern for  
 190 candidates' scores and selection<sup>31</sup>. Eva et al noted that changes to the structure of the  
 191 stations can yield better outcomes (e.g. behavioural interview stations were found to be  
 192 better than unstructured situational judgement and free-form stations<sup>10</sup>). These types of  
 193 studies indicate the potential for statistical evaluation of the assessment process, with the  
 194 data then enabling improvements to be implemented on the basis of objective findings.  
 195 Nevertheless, there is a lack of reported research into the properties of individual tests and  
 196 the underlying factors (traits) that are captured by the MMI stations.

197           The present study investigated the number of factors that underpinned performance  
198 across the MMI stations and examined the statistical relationship between the stations. Our  
199 correlation analyses showed low correlations, but the factor analysis revealed two distinct  
200 factors that could explain the underlying structure of the MMIs. We labelled these factors as  
201 'soft skills' and 'sensorimotor' ability. If we accept that the design of the MMI had good face  
202 validity for the experienced admissions team, then it is possible to conclude that these are  
203 two fundamental factors that are essential in prospective dental students (along with  
204 academic capability which is typically assessed via standardised national examinations  
205 within the UK). This result tallies well with the general consensus across the dental discipline  
206 regarding the critical attributes that are required by dental student. For example, a review  
207 paper highlighted the importance of these skills in dental practice and suggested that 'soft  
208 skills' increase confidence, professionalism, co-ordination, friendliness and optimism in an  
209 individual<sup>32</sup>. The review also suggested that a combination of soft and motor skills are  
210 important for patient management, dental practice and business management.

211           The identification of these two fundamental traits is important because it provides an  
212 evidence based rationale for the factors that MMIs need to capture. In turn, this allows  
213 greater efficiencies within MMI design. For example, our data suggest that fewer stations  
214 may be required to capture 'soft skills' (given that six stations load onto this factor). There  
215 are advantages to some redundancy in the stations (e.g. a student may perform poorly on  
216 an initial station because of nerves) but there are clear economic advantages to having the  
217 lowest possible number of tests for each domain of competence as this will help in covering  
218 more traits. This will be further decided when mapping these stations with eventual student  
219 performance and thereby a clear view on how these stations could be redesigned by either  
220 refining or combining better stations and rejecting poorer ones will be achieved. This  
221 mechanism can provide a tool for assessment of these MMI' stations to robustly measure  
222 broader competency traits and identify the tests that have the best construct validity for  
223 these domains. MMIs typically include some form of assessment of motor skills as manual

224 dexterity is an integral part of dental practice<sup>33,34</sup>. Unfortunately, a number of motor skill  
225 assessments rely on poorly validated instruments that require subjective evaluations of  
226 performance and that are intrinsically unreliable.

227         The results of the current study suggest that it would be highly beneficial for dental  
228 schools to adopt and evaluate precise and objective measures of sensorimotor ability. It may  
229 also be useful to develop tests that combine the skilled control of the hands together with  
230 higher-order cognitive abilities (such as decision making), as this reflects the reality of how  
231 motor control is implemented within dental clinics. The MMIs within the present study  
232 included a virtual reality simulator that required a naturalistic combination of sensorimotor  
233 and decision making skills and this may be a particularly useful station<sup>35</sup>. In the future, it will  
234 be of interest to determine which of the existing stations provides the best prediction of  
235 undergraduate performance (as indexed by performance on the myriad of tests conducted  
236 throughout the undergraduate degree). The great advantage of the MMI system is that the  
237 usefulness of the stations can be evaluated over time and assessments altered on the basis  
238 of this evidence. The present study provides a small but important first step in the statistical  
239 evaluation of dentistry MMI stations.

240

241

#### 242 **4.1 Conclusion**

243 A well-established interview technique for entry to a UK dental school was subjected to  
244 factor analysis. The results showed that the interview process captured two fundamental  
245 traits across ten assessment stations. Further studies involving these stations and their  
246 ability to predict undergraduate performance will allow the iterative and methodical  
247 improvement of station design. Thus, such data and analyses will have important  
248 implications for the design and refinement of the entry processes for dental schools across  
249 the world.



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