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1 Clay-Alginate Composite Aerogels as Insulation Materials

2
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8 9 **ABSTRACT**

10 There is a growing incentive within the construction industry to design low energy buildings which
11 incorporate increased levels of insulation whilst also encouraging the use of 'green' materials which
12 have a low environmental impact and can contribute positively to sustainable building strategies.
13 Silica aerogels have received an increasing amount of attention in recent years as a contemporary
14 insulation material, but their wide-spread use is currently hindered by high costs and their high
15 embodied energy. This research project explores the development of a composite insulation material
16 proposed as an alternative to silica aerogel, which consists of natural components including clay and
17 a biopolymer obtained from seaweed known as alginate. Prototype specimens have been developed
18 and characterised in terms of their mechanical properties and microstructure allowing comparisons to
19 be made between five alginate types, each obtained from a different seaweed source. Whilst all of the
20 composites tested offered an improvement over the control sample, the results also demonstrated
21 that the type of alginate used has a significant influence on the compressive strength and modulus
22 values of the resulting composite materials. An analysis of the production process additionally
23 demonstrated that the freeze-drying element can have a significant impact on both the environment
24 and financial costs of producing such a material.

25 Keywords: biopolymer; biocomposite; alginate; aerogel; clay; insulation

27 1. INTRODUCTION

28 Since two thirds of the heat generated in a building can be lost through the building fabric (Carbon
29 Trust, 2012), the use of appropriate thermal insulation is critical in helping to minimise energy losses
30 and reduce fuel costs for the occupants. It also decreases the reliance on mechanical heating
31 systems. Effective insulation materials are generally those which have a cellular or porous structure, a
32 low density and a low thermal conductivity. Common products therefore include the likes of mineral
33 wool which typically achieves a thermal conductivity of 0.3 – 0.4 W/m-K (Cuce et al., 2014a). Polymer
34 based products such as polyurethane (PUR) and expanded polystyrene (EPS) are also particularly
35 good insulators, exhibiting thermal conductivities as low as 0.2 – 0.3 W/m-K (Jelle, 2011). However
36 these petrochemical derived insulation materials also exhibit poor environmental credentials due to
37 energy-intensive processing techniques and the use of fluorocarbon gases (Papadopoulos, 2005).
38 Furthermore, PUR based products also perform poorly in fire scenarios and can emit toxic substances
39 such as hydrogen cyanide (Stec and Hull, 2011).

40 The use of natural, renewable materials has therefore been identified as a potential means of
41 reducing the embodied energy and carbon footprint of buildings (Felton et al., 2013). Natural
42 insulation products which include organic fibres such as those obtained from plant or animal sources
43 have been commercialized in recent years and continue to be investigated with academic research
44 (Korjenic et al., 2011; Lopez Hurtado et al., 2016; Zach et al., 2016; Pedroso et al., 2017; Savio et al.,
45 2018). The thermal properties of these materials are often inferior to polymer based products meaning
46 that greater thicknesses are required in order to achieve comparable performance. As discussed by
47 Sutton et al. (2011) and Schiavoni et al. (2016), examples include wood fibre (0.038 to 0.050 W/mK),
48 hemp (0.038 and 0.060 W/mK), sheep's wool (0.038 and 0.054 W/mK), flax (0.038 and 0.075 W/mK)
49 and cork (0.038 and 0.075 W/mK). Natural materials are also disadvantaged in terms of their
50 durability, moisture sensitivity and cost and therefore form only a small part of the UK market (Sutton
51 et al., 2011). On the other hand, LCA studies (Schiavoni et al., 2016) have shown that the embodied
52 energy and global warming potential values of natural fibre products are generally lower than polymer
53 based products, although some natural products like cork can in fact be worse than the likes of EPS
54 and PUR. Mineral wool products also perform well in LCA terms despite being produced from non-
55 renewable resources. As a result, when selecting appropriate insulation materials, there is often a

56 trade-off made between technical performance, cost and environmental impact. Whilst mineral wool
57 products remain the most popular choice for standard building insulation (Kiss et al., 2013), offering
58 the best balance between cost and technical performance, alternatives which offer lower thermal
59 conductivities are now being investigated for high-performance applications. One such development
60 is the introduction of aerogels to the building insulation market. These materials originated from early
61 research by Kistler (1932; 1934) and are prepared by removing the liquid phase from a hydrated gel
62 using supercritical drying. The result is a highly porous, low density material which can be formed into
63 an aerogel monoliths and granules or combined with another material to form a composite product
64 (Nosrati and Berardi, 2018). The majority of commercially available aerogels are silica-based aerogels
65 and these can be used as high performance insulation products for buildings in the form of boards,
66 blankets or loose-fill granules (Jelle, 2011; Baetens et al., 2011;Thapliyal and Singh, 2014;Cuce et al.,
67 2014a). They can also be incorporated into vacuum insulation panels (VIPs), a composite product
68 consisting of a cellular core which is then vacuum sealed within a layer of foil faced plastic (Alam et al.,
69 2011)(Liang et al., 2017b). More recent developments included insulated plasters which incorporate
70 silica aerogels (Stahl et al., 2012; Buratti et al., 2017) and aerogel/glass fibre composites (UI Haq et
71 al., 2017). Aerogel products offer very low thermal conductivities for relatively small thicknesses,
72 making them particularly useful within retrofit projects where space is often restricted (Martinez, 2017).
73 High performance VIPs with an aerogel core can reportedly achieve thermal conductivities as low as
74 0.012 W/mK (Liang et al., 2017a) whilst (Buratti et al., 2017) describe aerogel granules with a thermal
75 conductivity of 0.019–0.023 W/(mK). Commercial silica aerogel blankets also offer values of 0.018
76 W/mK (Aspen Aerogels, 2011). Silica-based aerogels are however disadvantaged with respect to
77 their environmental performance due to the energy-intensive production processes and hazardous
78 solvents used in their production (Dowson et al., 2012). In addition, high production costs are a
79 limiting factor on their widespread use (Riffat and Qiu, 2013; Cuce et al., 2014a), particularly in the
80 case of monolithic aerogels which have been more difficult to commercialize than granules an
81 composite products (Nosrati and Berardi, 2018). Some authors have therefore proposed alternatives
82 to silica based aerogels which are derived from more environmentally friendly precursors. Kistler
83 (1932) for example experimented with various natural substances such as cellulose, gelatine and
84 agar during his early work and van Olphen (1967) also studied various water-soluble polymers in
85 combination with clay minerals. Aerogels produced from other natural polymers such as starch (Druel

86 et al., 2017) are also being investigated as a means of producing thermal insulation materials. More
87 recently, Schiraldi, Bandi & Gawryla (2006) have developed a product known as Aeroclay™ using
88 clay aerogels modified by a range of polymeric substances: epoxy (Arndt et al., 2007); PVOH and
89 various natural fibres (Finlay et al., 2007; Chen et al., 2014); casein (Gawryla et al., 2008), natural
90 rubber (Pojanavaraphan et al., 2010a) and alginate (Chen et al., 2012). Reportedly, these clay-based
91 composites can be manufactured at a competitive price utilising a relatively simple freeze-drying
92 process, making them potential alternatives to silica aerogels (Dalton et al., 2010; Schiraldi et al.,
93 2010). As discussed by (Madyan et al., 2016), the physical properties of clay aerogels, including the
94 density, thermal conductivity and combustion behavior, can also be tailored by modifying the
95 processing conditions and through the use of various additives or coatings. There are however limited
96 details of the embodied energy of clay aerogels and to what extent the inclusion of additives, whether
97 synthetic or bio-based, influences their overall environmental impact.

98 Given that the ideal product would be one which offers thermal properties comparable to high
99 performance insulations combined with minimal environmental impacts it was postulated that a clay-
100 polymer aerogel consisting of natural raw materials may offer a potential solution. For the purposes of
101 this study, a natural bentonite clay and one of the aforementioned biopolymers, alginate, were used to
102 create a series of composite aerogel materials which could be studied in relation to both their physical
103 properties and production. Whilst a few studies have demonstrated that aerogels with high porosity
104 and low bulk density can be created using layered silicates and alginate (Ohta and Nakazawa, 1995;
105 Chen et al., 2012), the role of the alginate, which is a biopolymer obtained from seaweed, is not
106 discussed in great detail. This is an important aspect to consider given that alginate is a natural
107 material which can vary widely in its composition and functionality depending of the specific seaweed
108 from which it is sourced. There has therefore been no comprehensive study to date which discusses
109 the role of alginate variables (source, M/G ratio, viscosity and concentration) on the structural
110 properties of composite alginate-clay aerogels such as density, mechanical strength and morphology.
111 A total of five different alginate products were therefore tested in order to assess the feasibility of
112 producing such a composite and to determine the relative importance of different alginate variables on
113 the final properties of the aerogel. The final objective was to assess both the commercial viability and
114 environmental impacts of the alginate-clay composite in comparison with other aerogel materials.

115

116 2. EXPERIMENTAL

117 2.1. Materials

118 2.1.1. Alginate

119 Alginate is a biopolymer obtained from brown seaweeds. More specifically, alginate is the collective
120 term for the salts of alginic acid which are obtained from the cell walls of the macro-algae. These salts,
121 usually in the form of sodium or potassium, contribute to 20-60% of the dry matter of the algae (Rehm,
122 2009). Alginate is obtained by firstly washing the milled seaweed in acid in order to eradicate the
123 cross-linking ions and solubilize the alginate salts (McHugh, 2003). The resulting mixture is then
124 filtered to separate the solid cell wall debris and cellulose residue from the alginate solution. The
125 aqueous sodium alginate is then dried and pulverised to produce a sodium alginate powder. As a
126 block co-polymer of (1-4)-linked β -D-mannuronic acid and α -L-guluronic acid residues, alginate is
127 often described in terms of its M/G ratio, relating to the proportions of the M (mannuronic) and G
128 (guluronic) units on the polymer chain. One of the most useful functional properties of alginate is its
129 gel-forming ability, particularly in the presence of multivalent cations such as Ca^{2+} (Draget et al., 2006;
130 Funami et al., 2009). Variables which are known to effect the gelation mechanisms include the
131 seaweed source, the molecular weight and the composition of the polymer (Martinsen et al., 1989;
132 Straatmann and Borchard, 2003). The ratio of the crosslinking ions (e.g. Ca^{2+}) to the carboxyl groups
133 present on the alginate has also been shown to influence the gelation behavior (Liu et al., 2003).

134 In this study 4 different alginate products were supplied by Marine Biopolymers Ltd. (Ayr, Scotland)
135 and obtained from seaweeds harvested from the west coast of Scotland. These were prototype
136 products which are currently under development and have not yet been commercialized. Two different
137 seaweed types were studied: the *Ascophyllum nodosum* (PR52) and the *Laminaria hyperborean*, the
138 latter of which was separated into the stem (PR22 and PR24) and frond (PR32) components to
139 provide additional compositional variables. A commercial alginate (AC) from Acros Organics was also
140 used for comparison. The properties of all five alginate types used are summarised in TABLE 1. M/G
141 ratios were provided by MBL and calculated using $^1\text{H-NMR}$ spectroscopy following existing methods
142 (Grasdalen et al., 1979; Davis et al., 2003). Viscosity measurements were conducted using a
143 Brookfield R/S Rheometer using 1 w/v% alginate solutions in 0.1 M NaCl at a temperature of 25°C.

144

TABLE 1: Alginate Properties

Specimen	Source	M/G Ratio	Intrinsic Viscosity (L/g)
AC	Commercial Alginate	0.83	0.63
PR22	L. hyperborea (stem*)	1.04	0.26
PR24	L. hyperborea (stem*)	0.23	0.48
PR32	L. hyperborea (frond**)	0.72	0.2
PR52	Ascophyllum Nodosum	0.77	0.2

145 *Stem = stalk-like component which forms structural backbone

146 **Frond = leaf-like components attached to stem

147

148 **2.1.2. Clay**

149 The clay used was a bentonite clay sourced from Acros Organics (Geel, Belgium). The pH of the clay
 150 was measured using a 1:5 volume ratio of dry clay to a 0.01 mol/L CaCl₂ solution (BS EN
 151 15933:2012). The liquid limit was calculated using the cone penetrometer method (BS 1377-2:1990)
 152 whilst the electrical conductivity was measured using a handheld conductivity meter. Cation exchange
 153 capacity and specific surface area were calculated from the Methylene Blue test (BS EN 933-9:2009)
 154 and the available calcium content was obtained by inductively coupled plasma (ICP) on a deionised
 155 water (DI) extract. The bentonite properties are summarised in TABLE 2.

156

157

TABLE 2: Bentonite Properties

pH	Liquid Limit (%)	Clay Mineralogy	Electrical Conductivity (µS/cm)	Cation Exchange Capacity (meq/100g)	Specific Surface Area (m ² /g)	Exchangeable Calcium (ppm)
8.6	76.7	Major: Montmorillonite, Quartz, Feldspar	1943	65	26	4,228

158

159

160 **2.2. Specimen preparation**

161 The clay-alginate aerogels in this study were prepared using methods similar to that of Schiraldi et al.
 162 (2010) whereby separate 10 wt% solutions of the alginate and clay were prepared in DI water. These
 163 were then mixed at a range of alg:clay ratios (A = 100:0, B = 75:25, C = 50:50, D = 25:75 and E =
 164 0:100) and filled into in 2mL cryogenic vials. Flash freezing was conducted using iso-pentane and
 165 liquid nitrogen followed by a minimum of 24 hours drying in a Scanvac CoolSafe 110-4 PRO 4lt freeze
 166 dryer. The specimens were then removed from the dryer and stored in sealed vials until further testing.
 167 The samples produced were cylinders of approximately 9mm diameter.

168 2.3. Characterisation

169 General observations were made regarding the quality and homogeneity of the final specimens. Each
170 aerogel monolith was also weighed and its dimensions measured using digital calipers. The unit mass
171 (g) and unit volume (cm³) were then used to calculate the bulk density (ρ). The mechanical strength of
172 the specimens was investigated based on the procedures outlined in BS EN 826:2013 and as
173 described in other similar studies (Nussinovitch et al., 1993; Chen et al., 2012; Martins et al., 2015).
174 Although compressive strength is not the most important property for insulating materials since these
175 materials are not typically load-bearing, they still require sufficient mechanical integrity to be handled.
176 Comparing the strength characteristics of the different compositions also gives an indication of which
177 combinations of the clay and alginate are most effective. Testing was conducted on the cylindrical
178 specimens which were cut using a scalpel to a height of ~15mm. The surfaces of the two parallel
179 faces were also gently sanded to create smooth surfaces. An INSTRON 5969 universal testing
180 machine was then used to apply a compressive force (F) to the material using a displacement rate of
181 5 mm/min. The compressive strength (σ_m) of the specimens was then calculated from the initial cross-
182 sectional area of the specimen (A_o) and the maximum force (F_m) at the yield point. Results were then
183 calculated as the mean value of three test samples calculated to the nearest 0.1 N/mm².

$$184 \quad \sigma_m = F_m / A_o \quad (1)$$

185

186 Compressive strain (\mathcal{E}) was calculated by dividing the change in specimen height (ΔH) by the original
187 height (H_o). The compression modulus of elasticity (E) was also calculated from the initial linear
188 gradient of the stress-stain plot, prior to the yield point.

189 Since the size, shape and volume of the pores have an important influence on the mechanical
190 strength, as well as transport properties such as and thermal conductivity and vapour permeability,
191 the internal morphology of the samples was also investigated. SEM analysis was initially performed
192 using a Field Emission (FE) microscope (HITACHI SU-6600) in order to generate magnified images of
193 the microstructure of the aerogel specimens. Thin sections of the material were cut from the monoliths
194 in order to expose the internal part of the aerogel and all samples were sputter coated in gold prior to
195 the analysis. Further investigation of the microstructure was also achieved by comparing the
196 porosities of the different samples. Common porosity measurement techniques such as Mercury

197 Intrusion Porisimetry (MIP) and N₂ adsorption are problematic for compressible materials since the
198 pressures exerted during measurement can transform the structure thereby leading to false pore
199 sizes (Scherer, 1998). In this case porosity was therefore estimated by calculating the theoretical
200 porosity of each sample using Equation 4, using the methods of Rassis et al. (2003), Longo et al.
201 (2013) and Wang et al. (2014), where ρ_b is the bulk density of the sample and ρ_p is the overall particle
202 density. The latter value is calculated based on the mass fraction of each component and particle
203 density estimates of 2.5 g/cm³ for bentonite (Kogel et al., 2006) and 1.59 for alginate (Aspinall, 2014).

$$P = \left(1 - \frac{\rho_b}{\rho_p}\right) \times 100\% \quad (2)$$

206 **2.4. Cost and Environmental Impacts**

207 In considering the commercial feasibility of using an alginate-clay aerogel as a building insulation
208 material, aspects such as cost and environmental impact were also investigated. Cost calculations
209 were performed based on data supplied by MBL but it should be noted that the costs were based on
210 lab-scale prototypes with a production volume of approximately 100 cm³. The calculations were also
211 based purely on the basic cost of consumables and the key production processes. Costs associated
212 with equipment, labour and overheads have not been included at this stage. Although advanced LCA
213 can be used to provide a detailed environmental profile for the whole-life cycle of a product, this would
214 involve more extensive calculations and require data not yet available at this prototype stage. As a
215 result only estimations of embodied energy and embodied CO₂ were considered based on the
216 quantities of materials used and the energy consumed during the main production processes.

217

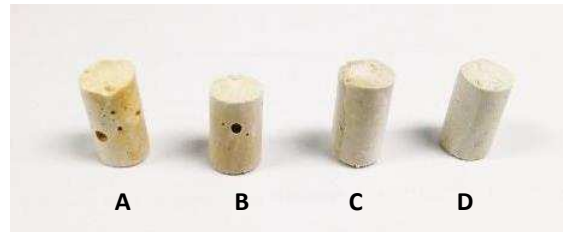
218 **3. RESULTS AND DISCUSSION**

219 **3.1. General properties**

220 In general the quality and homogeneity of the samples was found to improve upon the addition of
221 alginate. Indeed the clay only samples (E) were very friable and crumbled into a powder upon
222 removal from the vial meaning that suitable monoliths for further tests could not be produced. The
223 alginate containing samples were much more stable and easier to handle although in some cases
224 (AC-A, AC-D, PR24-A and PR24-B) visible air voids and defects were observed (FIGURE 1). These

225 defects appear to be the result of air-bubbles which are formed during the mixing process in the
 226 higher viscosity samples. This is similar to observations made by Gawryla et al. where high polymer
 227 contents and high viscosity mixtures were also found to lead to air entrapment (Gawryla et al., 2008).

228 **FIGURE 1: Sample Images (PR24)**



229

230 The bulk density values for all of the samples were found to be within 0.09 – 0.14 g/cm³ range as
 231 shown in TABLE 3. This is within the range of medium density rigid polymer foams (0.08-0.17 g/m³)
 232 (Ashby et al., 2013) but slightly higher than results from Chen et al. (2012) who report densities of
 233 0.085 g/cm³ for a clay-alginate aerogel with a mix ratio equivalent to the C samples in this study. The
 234 high variability in density, particularly for AC-A, is most likely due to the aforementioned presence of
 235 air voids within the specimens.

236
 237

TABLE 3: Bulk Density (g/cm³)

Alg:Clay	A (100:0)	B (75:25)	C (50:50)	D (25:75)
AC	0.12 (±0.03)	0.10 (±0.01)	0.12 (±0.01)	0.10 (±0.01)
PR22	0.13 (±0.02)	0.12 (±0.01)	0.10 (±0.01)	0.09 (±0.01)
PR24	0.10 (±0.01)	0.11 (±0.01)	0.11 (±0.01)	0.11 (±0.01)
PR32	0.11 (±0.01)	0.13 (±0.01)	0.09 (±0.03)	0.11 (±0.01)
PR52	0.11 (±0.01)	0.14 (±0.01)	0.11 (±0.01)	0.09(±0.02)

238

239 **3.2. Mechanical Properties**

240 **3.2.1. Compressive Strength at Yield**

241 Typical stress-strain plots for the aerogels are shown in FIGURE 2 to FIGURE 6, highlighting the
 242 variation between specimens incorporating different types of alginate. Most of the samples resulted in
 243 a similar profile with an initial linear portion followed by a visible yield point after and a sustained

244 period of elastic strain. In all cases the end of the initial linear phase occurred at low levels of strain
245 which is similar to observations by Nussinovitch et al. (1993).

246

FIGURE 2: Stress-strain plots (AC)

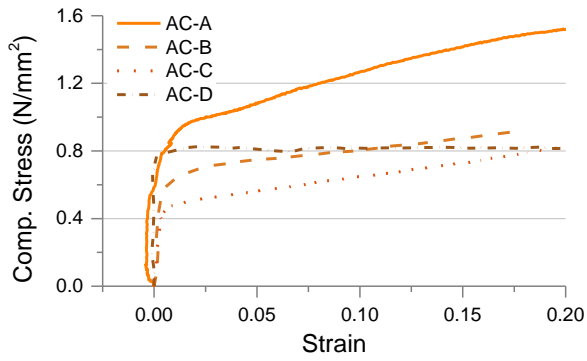


FIGURE 3: Stress-strain plots (PR22)

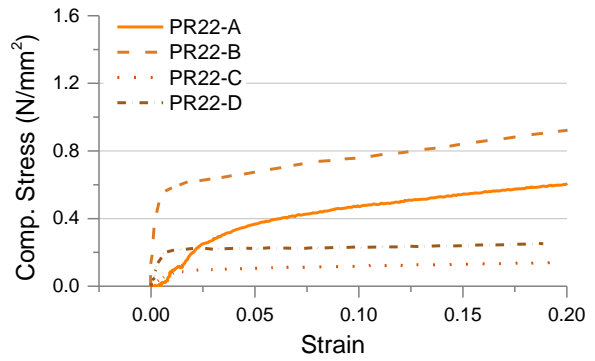


FIGURE 4: Stress-strain plots (PR24)

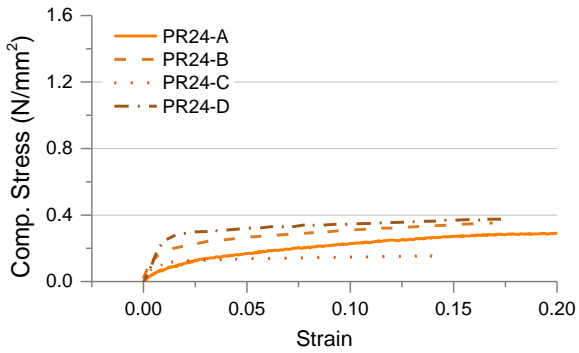


FIGURE 5: Stress-strain plots (PR32)

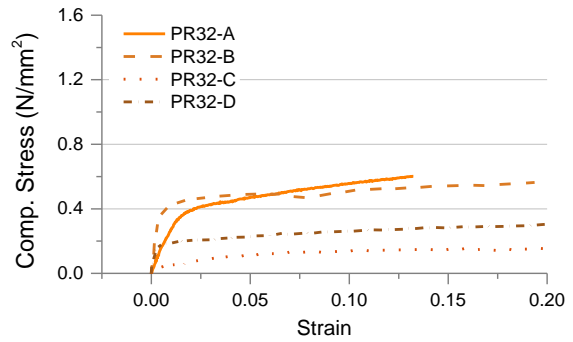
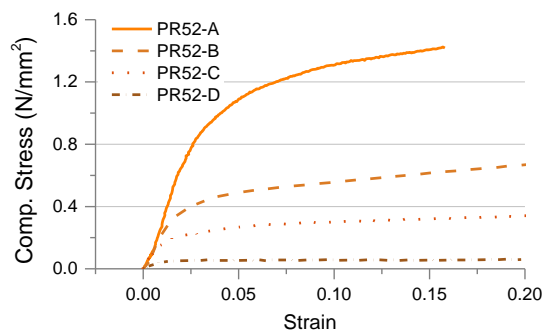


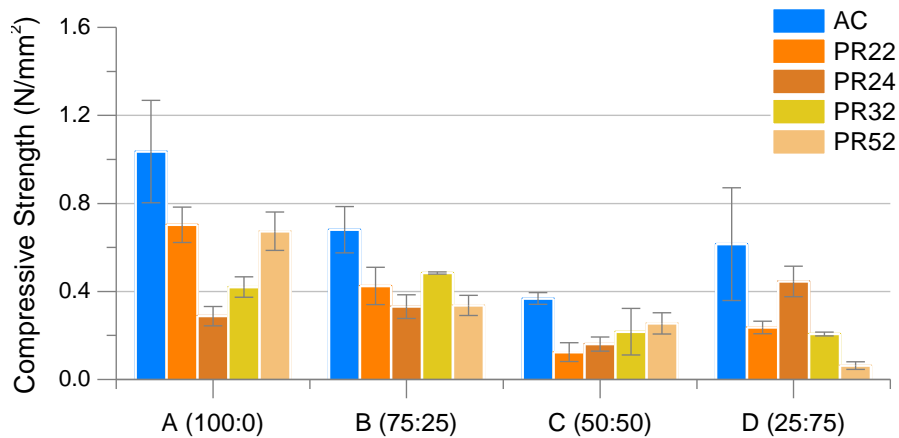
FIGURE 6: Stress-strain plots (PR52)



247

248

FIGURE 7: Compressive Strength



249

250

251 FIGURE 7 demonstrates that the resulting compressive strength values vary quite considerably with
 252 results ranging from 0.06 to 1.00 N/mm². Eleven out of the twenty specimens were found to fall within
 253 the typical range for low density rigid polymer foams (0.3 – 1.7 N/mm²) (Ashby et al., 2013) with the
 254 AC samples appearing to offer the highest strength values. These AC samples provided statistically
 255 significant improvements over most of the other alginate types with the exceptions of PR32 and PR52
 256 in batch C and PR24 in batch D. The highest strength value was obtained for the alginate only sample
 257 and in general strength was found to decrease when the proportion of alginate was replaced with clay
 258 down to a ratio of 50:50. Interestingly, the D sample which consisted mainly of the clay with only a 25%
 259 dosage of alginate, achieved similar results to the 50:50 mix, although the high variability of results
 260 should again be noted. PR22 follows a similar pattern to AC with the alginate only sample offering the
 261 highest strength whilst lower values were observed for the lower polymer contents. In contrast, PR24
 262 displays comparatively low strength values for the alginate only sample and the highest value was
 263 obtained when only 25% alginate is used. This is most likely due to the fact that the high viscosity
 264 PR24 samples result in poorer mixing during sample preparation with high polymer contents. This
 265 also explains the defects observed for PR24-A and PR24-B. With PR32 and PR52, the lowest
 266 strength results are observed with the lower polymer dosage and the 75:25 mix ratios offer the most
 267 favourable results from the alginate-clay mixes.

268 Overall the compressive strength results indicate that whilst the addition of alginate leads to
 269 improvements over the clay control samples, since these samples are too fragile to even be tested,
 270 the most effective alginate dosage is dependent upon the specific alginate product used. In
 271 considering ratios B, C and D, for the highest viscosity alginates (AC and PR24) an alginate content

272 of only 25% provides sufficient improvements. However, for the lower viscosity alginates (PR32 and
 273 PR52), better results are achieved with 75% alginate. Furthermore, in terms of alginate composition,
 274 as shown in TABLE 1, PR24 has a much greater G content than the other products which suggests a
 275 greater capacity for crosslinking with calcium. This may explain why PR24 performs better when there
 276 is an increased quantity of clay.

277 When comparing the results to other similar studies, although other studies report increasing strength
 278 values with increasing polymer content (Ohta and Nakazawa, 1995), this is only visible for some
 279 alginate types in our study. The compressive strength values for the 50:50 mixes are generally lower
 280 than for the comparable 50% starch: 50%clay aerogel (Ohta and Nakazawa, 1995) which achieves a
 281 compressive strength value of 0.5 N/mm².

282

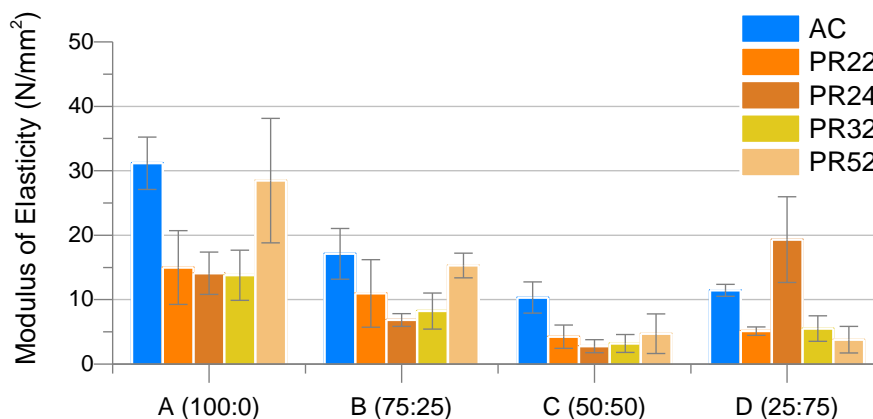
283 3.2.2. Modulus of Elasticity

284 In comparing the modulus of elasticity values, again results vary depending on the alginate type and
 285 dosage with average values ranging between 3 - 33 N/mm² (FIGURE 8). This is slightly lower than the
 286 range for typical polymer foams (23 – 80 N/mm²) and more comparable to a natural material like cork
 287 (Ashby et al., 2013). However the results for AC-C, PR22-C and PR32-C which fall within the 5 – 10
 288 N/mm² range are similar to the modulus range of 4 – 7 N/mm² reported for PVOH-clay aerogel (Wang
 289 et al., 2013) and that of ~6 N/mm² for a 50:50 alginate-clay aerogel (Chen et al., 2012).

290

291

FIGURE 8: Modulus of Elasticity



292

293 It should be noted that Chen et al.'s (2012) results also showed a general decrease in modulus values
294 with decreasing alginate content. This trend is apparent for AC, PR22, PR32 and PR52 although
295 slight increases may be observed for the lowest alginate content (D). The exception to this is PR24
296 where the D sample is greater than all of the other mix ratios. Again it is possible in this case that the
297 high viscosity and presence of air voids is leading to poorer rigidity but this can be improved by
298 increasing the proportion of clay. The particularly high value exhibited by PR24-D compared to the
299 same mix ratio for the other alginate types further highlights the importance of the G content when
300 sufficient quantities of clay are present.

301

302 **3.3. Microstructure**

303 **3.3.1. SEM Analysis**

304 SEM images are displayed in FIGURE 9 to FIGURE 14 at a magnification of 500x. These show the
305 porous structures obtained as a result of the sublimation of the ice crystals. Most of the samples were
306 highly heterogeneous across the fracture surface highlighting that the overall microstructure was not
307 uniform. This can be partly explained by the freezing process since the cell morphology is largely
308 governed by the ice crystal growth which is in turn dependent on the freezing temperature, rate and
309 direction of heat flow (O'Brien et al., 2004; Wang et al., 2013). In this case whilst the same flash
310 freezing method was adopted for all samples, there is still limited control of the kinetics of ice crystal
311 growth. Therefore although attempts have been made to obtain images of the cross-sections of the
312 resulting pores (i.e. perpendicular to the main solidification direction) this could not always be
313 guaranteed. It is therefore difficult to make definitive conclusions from some of the resulting images in
314 terms of quantitative analysis (e.g. mean cell dimensions and cell wall thickness). Nevertheless, some
315 general qualitative observations are offered.

316 In firstly considering, the neat alginate samples (A), the structures are fairly disordered consisting of
317 parallel sheets with relatively thick cell walls. These observations are similar to the irregular
318 topography described by Cheng et al. (2012) for sodium alginate aerogels. However, the pure clay
319 sample (FIGURE 14) displays a distinct lamellar structure, similar to the linear pore structure
320 observed by Nakazawa et al. (1987) for 10 wt% bentonite aerogels. It has been reported that an

321 increase in viscosity can retard ice crystal growth meaning that a higher molecular weight polymer,
322 increased polymer concentration or increased level of cross-linking could increase the likelihood of a
323 cellular, network structure rather than lamellar morphology (Gawryla et al., 2008; Chen et al. 2012).
324 From the images presented here for the composite materials (mix ratios B, C & D), both types of
325 structure are visible.

FIGURE 9: SEM Micrographs - AC

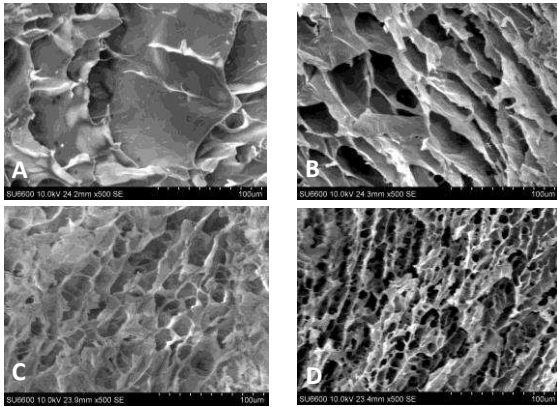


FIGURE 10: SEM Micrographs – PR22

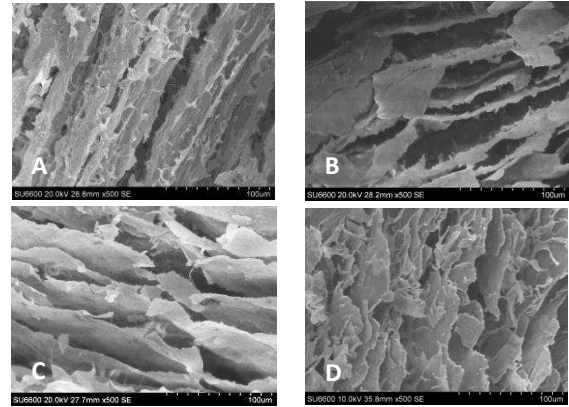


FIGURE 11: SEM Micrographs – PR24

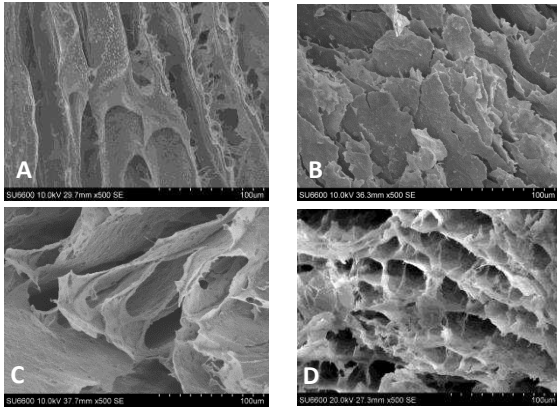


FIGURE 12: SEM Micrographs – PR32

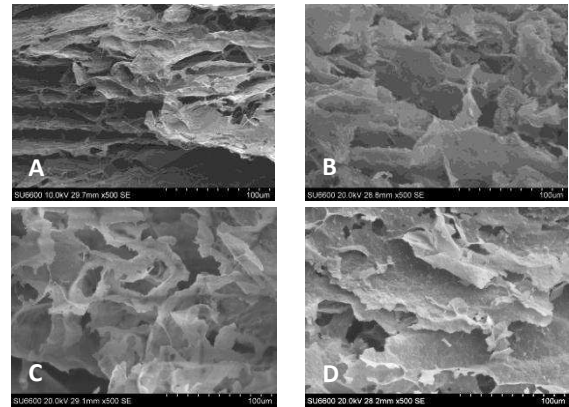


FIGURE 13: SEM Micrographs – PR52

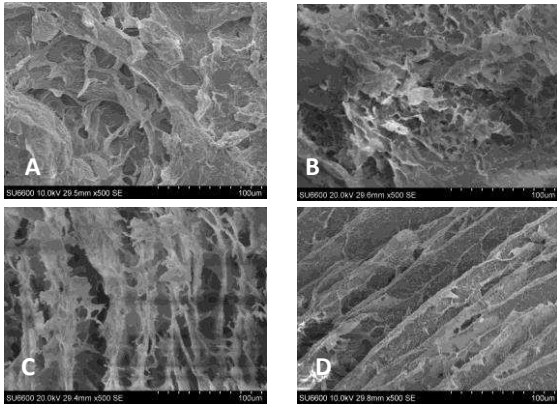
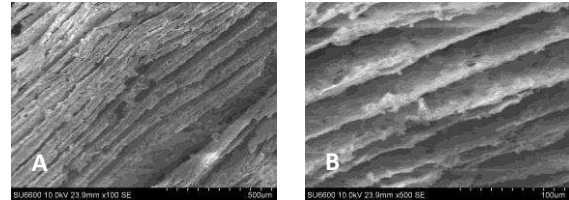


FIGURE 14: SEM Micrographs – Clay (E)



326

327 Relating these observations to the results of the mechanical testing, the formation of a network
328 structure with small cells can help to reduced local stress and can therefore be linked to higher
329 compressive strengths and higher modulus values (Svagan et al., 2011; Wang, 2015). Given that this
330 type of structure is particularly apparent in AC-C, AC-D and PR22-D, this may explain the relatively
331 good strength characteristics of these samples despite their low polymer content. These observations
332 also support work by Chen et al. (2012) where the addition of montmorillonite clay was also found to
333 transform the distinct layered morphology of an alginate aerogel to a co-continuous network which
334 consequently improved the mechanical properties. Gawryla et al. (2008) also describe this shift in
335 casein-clay aerogels whereby the separated layers change to a network structure whereby the layers
336 are connected by a polymer web. This web-like structure reportedly helps to increase the isotropy of
337 the material, meaning that it its less influenced by the size or direction the ice crystal growth.

338 On the other hand, the system viscosity can also have detrimental effect on the aerogel
339 microstructure (Pojanavaraphan et al., 2010). This can lead to the entrapment of air resulting in the
340 formation of spherical voids within the internal structure (Gawryla et al., 2008). For the alginate-clay
341 aerogels, in addition to the macroscopic air bubbles highlighted as part of the visual observations,
342 evidence of these types of defects were also found in the SEM micrographs. It should be
343 acknowledged that the links between the complex variables involved in the ice-templating process
344 and the resulting morphologies, which are in turn linked to the distribution of local stresses and
345 mechanical response, are still not fully understood (Svagan et al., 2011 ;Li et al., 2012; Deville et al.,
346 2016). However these structural defects will clearly have an impact on the structural properties and
347 may explain the high variations in compressive strength and modulus reported.

348

349 **3.3.2. Porosity**

350 Given that the air pores in the aerogel samples are created from the ice crystals formed during
351 freezing, it would be expected that the porosity of the aerogels would be dependent on the volume of
352 water. Since all of the samples are 10 wt% solids, the total theoretical porosity should be close to 90%.
353 For the calculated porosities, which are based on the sample weights and volumes, the values range
354 from 93% to 96%. These are close to the values for other polymer-clay aerogels produced using the

355 same solids content. For example Wang (2015) quotes a porosity of around 94% for PVOH-clay
 356 aerogels whilst Longo et al. (2013) describe values of close to 90% for PS-clay composites.

357
 358

TABLE 4: Estimated Porosity (Alginate Dosage)

Alg:Clay	AC-A (100:0)	AC-B (75:25)	AC-C (50:50)	AC-D (25:75)	E (0:100)
Bulk Density (g/cm³)	0.097	0.097	0.076	0.104	0.090
Alginate particle density (g/cm³)	1.59	1.1925	0.795	0.3975	0
Clay particle density (g/cm³)	0	0.625	1.25	1.875	2.5
Total Porosity	92.7%	94.6%	94.3%	95.6%	96.4%

359
 360

TABLE 5: Estimated Porosity (Alginate Type)

Alg:Clay	AC-C (50:50)	PR22-C (50:50)	PR24-C (50:50)	PR32-C (50:50)	PR52-C (50:50)
Bulk Density (g/cm³)	0.0759	0.0851	0.0349	0.1193	0.1309
Alginate particle density (g/cm³)	0.795	0.795	0.795	0.795	0.795
Clay particle density (g/cm³)	1.25	1.25	1.25	1.25	1.25
Total Porosity	94.3%	95.8%	98.3%	94.2%	93.6%

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While these high porosity values point towards good thermal performance given the estimated volume of air, it is acknowledged that a further investigation of the thermal properties would be required in order to make a clearer comparison with other insulation materials. As previously discussed, thermal conductivities of 0.2 – 0.4 W/m-K would need to be achieved in order to compete with conventional materials (e.g. mineral or polymer based products) while values below 0.2 W/m-K would be required for use in high-performance applications.

368 4.4. Cost and Environmental Impacts

369 The results from the cost modelling calculations, based on estimated material and production costs
 370 from the aerogel prototypes are presented in TABLE 6. These estimates are based on the purchase
 371 costs and required quantities of the individual materials (from MBL or other suppliers) and calculated
 372 electricity costs based on equipment power consumption and duration of use. The material costs vary
 373 marginally depending upon the mix ratio used and based on these estimates, due the higher costs of
 374 clay (£20/kg) and slight differences in costs for the Laminaria Hyperborea (LH) species (£11/kg) and
 375 the Acsohyllum Nodosum (AN) product (£8.50/kg). In terms of production, the greatest cost is
 376 associated with the freeze-drying and the electricity consumed during this process, however these
 377 costs are similar to the material costs. In total this gives estimated production costs of approximately
 378 £3 per 100 cm³ sample.

TABLE 6: Cost Estimations

Prototype Samples		£/100cm ³
Materials	Alginate, Clay, Liquid N ₂	£1.62 - £1.69
Processing	Electricity (Mixing & Freeze-drying)	£1.46
Total		£3.08- £3.15

380

381 These cost calculations are based on laboratory scale equipment however it is acknowledged that for
382 commercial production, larger and more cost efficient practices would be adopted. Simply
383 extrapolating the costs of the small samples gives a figure of £308 - £315 per kg or £616 - 630 per m²
384 assuming that in volumetric terms that the material could be formed into a 20mm thick panel. This of
385 course excludes other overheads associated with full scale production however still highlights the high
386 costs involve even in the basic material and drying requirements. For larger scale production, the
387 main disadvantage is the cost of the liquid nitrogen since the mass of liquid nitrogen required can
388 equate to more than 3 times the mass of the material being frozen (Smith, 2011). In terms of drying,
389 again assuming the use of an industrial scale freeze-dryer such as those used within the food industry,
390 it would be anticipated that cost savings could be achieved compared to the laboratory scale dryer.
391 Although in comparison with air-drying, the cost of freeze-drying can be 4-8 times more expensive
392 (Ratti, 2001), there are on-going efforts to increase the efficiency and energy demands of the freeze-
393 drying process which should help to reduce costs in future (Liu et al., 2008).

394 Furthermore, other studies regarding clay-based aerogels have reported that it is the use of freeze-
395 drying as an alternative to the relatively expensive solvent exchange and autoclave drying required
396 for silica aerogels which helps to keep the manufacturing costs low (Schiraldi et al., 2010). Indeed
397 Dalton et al. (2010) give an estimated cost of £200 per m³ for their clay-polymer product which uses a
398 similar production process to the aerogels produced in this study. If these production costs could be
399 achieved, on a m² basis a clay-polymer aerogel would therefore be much less than for a silica aerogel
400 blanket which can cost between £24 - 174/m², depending on product thickness. A recent study in the
401 UK quoted costs of around £50/m² for a 40mm Spacetherm® product (BRE, 2016). This is more than
402 double the cost of a polymer based insulation like PUR and around 7 times greater than rockwool
403 insulation (BRE, 2016). The estimated costs for the clay-polymer aerogel would therefore be more
404 comparable to conventional insulations which are typically below £20/m² (BRE, 2016). All costs must

405 however also be weighed against the potential long term cost savings in relation to reduced heat
 406 losses, and the advantages of aerogels with regards to the reduced thicknesses required.

407 In considering the environmental analysis of the aerogels, the embodied energy of the alginate, based
 408 on production data from the supplier (MBL) equates to 8.5 and 6.7 MJ/kg of dry alginate product for
 409 the LH and AN products respectively (TABLE 7). It should be noted that these values are lower than
 410 that of the value for 'algae' (20 MJ/kg) used by Galán-Marín et al. (2015) for other composite clay-
 411 alginate materials. This 'algae' data, sourced from Resurreccion et al. (2012), relates to cultivated
 412 micro-algae for biofuel production and therefore requires very different energy and resource inputs to
 413 alginate produced from natural seaweed. It is therefore not surprising that there is a discrepancy with
 414 the embodied energy values given in the two studies. Compared to other polymers which are typically
 415 used in clay-polymer aerogels, PVOH for example, which is used in the aerogels described by Bandi
 416 and Schiraldi (2006) and Hostler et al. (2009), is reported to have an embodied energy of 60 to 100
 417 MJ per kg (Patel et al., 2003). Other polymers used in clay aerogels include natural rubber
 418 (Pojanavaraphan et al., 2010b) and epoxy resins (Arndt et al., 2007) which have an embodied energy
 419 of 73 MJ/kg and 137 MJ/kg respectively (Hammond and Jones, 2011). Provided that the rest of the
 420 production process is identical, an alginate –based aerogel would have less of an environmental
 421 impact than these other clay-polymer aerogels. For the clay component, the process for obtaining
 422 this material typically involves either hydraulic mining or open pit extraction followed by purifying,
 423 drying, milling, packaging and transport (Heath et al., 2014). Embodied energy and embodied CO₂
 424 values quoted for bentonite, such as those used by Brandt (2015), are 0.4 MJ/kg and 0.031 kg CO₂/kg.
 425 These are not dissimilar to the equivalent values for other quarried materials like soil, perlite and
 426 vermiculite (Hammond and Jones, 2011).

TABLE 7: Embodied Energy (Alginate)

Process		Laminaria Hyperborea MJ/kg	Ascophyllum Nodosum MJ/kg	Laminaria Hyperborea (kg CO ₂ e/kg)	Ascophyllum Nodosum (kg CO ₂ e/kg)
Harvesting	Transport from harvest site to dock	3.10	2.07	0.23	0.16
	Cutting	2.36	1.57	0.18	0.12
Processing (Milling, centrifugation & drying)	Electrical Energy	0.01	0.01	0.00	0.00
	Latent Heat (Fluid Bed Dryer)	0.05	0.05	0.00	0.00
	Sensible Heat	0.02	0.02	0.00	0.00
Water	Washing/ processing	2.93	2.93	0.10	0.10

Total	8.47	6.65	0.51	0.38
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All energy data based on estimates provided by MBL

427

428 Aside from the environmental impacts of the materials, the energy requirements associated with the
429 production processes must also be considered. In considering firstly the freezing process, as per the
430 cost modelling, one of the key aspects to consider is the use of liquid nitrogen (N₂) as significant
431 amounts of energy are required in its production. Pušavec et al. (2009) for example quoted a value of
432 1.8 MJ/kg. Water is also used during the production of liquid nitrogen as a cooling fluid, although it is
433 not physically consumed and can therefore be recycled/returned to the environment (Pušavec et al.,
434 2009). Waste outputs are therefore minimal as the cooling water is non-toxic and no CO or SO is
435 produced. According to Ratti (2001), in terms of the overall freeze-drying process, the freezing stage
436 equates to only 4% of the total energy consumption, whilst the sublimation element accounts for
437 around 45%. Overall the energy required to remove 1 kg of water by way of freeze-drying is nearly
438 double of that required using conventional drying methods (Liu et al., 2008). Nonetheless compared
439 to other supercritical drying methods, such as those involving CO₂, it has been argued that freeze-
440 drying offers a more environmentally benign alternative (Schiraldi et al., 2010). There is however
441 currently a lack of evidence to support this since a comprehensive LCA for freeze-dried aerogels has
442 yet to be conducted. In fact, according to a recent study regarding drying methods for foodstuffs
443 (Hofland, 2014), supercritical drying with CO₂ was shown to consume less energy than freeze-drying.
444 Lower embodied CO₂ values of 5 kg CO₂ /kg dried product were also reported by Hofland (2014) for
445 the CO₂ methods compared to of 30 kg CO₂ /kg for freeze-drying.

446 Based on the production processes used in this study, estimates regarding the energy inputs for the
447 laboratory scale prototypes are illustrated in TABLE 8. These are also converted to embodied CO₂
448 values in TABLE 9 using the relevant conversion factors (Hill et al., 2013; DECC, 2016). As expected,
449 the greatest energy input is that of the drying phase which constitutes over 90% of the total, meaning
450 that differences between mix ratios are considered minor. The resulting embodied energy estimate of
451 54 MJ per 100cm³ batch of material is similar to the value of 29 MJ per 40cm³ calculated by Dowson
452 et al. (2012) for a high-temperature supercritically dried (HTSD) silica aerogel and lower than that of a
453 low-temperature supercritically dried (LTSD) silica materials (63 MJ per 40cm³ batch). The estimated

454 embodied CO₂ value of 6.2 kg CO₂ per 100cm³ is also higher than that of the HTSD aerogel (0.73 kg
 455 CO₂ per 40cm³) but lower than the value of 6.63 kg CO₂ per 40cm³ quoted for the LTSD aerogel.

TABLE 8: Embodied Energy

Materials	Embodied Energy (MJ/kg)	Quantity (kg/ kg)	Total = EE x Quantity (MJ/kg)
Alginate	6.65 – 8.47 ^a	0.25 – 0.75	1.66 – 6.35
Bentonite	0.40 ^b	0.25 – 0.75	0.10 - 0. 03
Liquid Nitrogen	1.80 ^c	100	180
Water	0.01 ^d	9	0.09
Process	Electricity (kWh/kg)	Electricity (MJ/kg)	Total (MJ/kg)
Mixing	18	64.8	64.8
Freeze-drying	1440	5184	5184
Total (MJ/kg)			5395 – 5399
Total (MJ/100 cm³)			54.0

456

a - from Table 7, b –Brandt (2015), c –Pusavec et al. (2010)
 d - Hammond and Jones (2011)

TABLE 9: Embodied CO₂

Materials	Embodied CO₂ (kg CO ₂ e / kg)	Quantity (kg/ kg)	Total = EE x Quantity (MJ/kg)
Alginate	0.37 – 0.51 ^a	0.25 – 0.75	0.09 – 0.38
Bentonite	0.03 ^b	0.25 – 0.75	0.01 – 0.02
Liquid Nitrogen	0.21 ^c	100	21
Water	0.001 ^d	9	0.01
Process	Electricity (kWh/kg)	Conversion factor^e	Total = Electricity x conversion factor (kg CO ₂ e/kg)
Mixing	18	0.41	7.38
Freeze-drying	1440	0.41	590.4
Total (MJ/kg)			618.89 – 619.19
Total (MJ/100 cm³)			6.2

457

458

459

460

a - from Table 7, b – from Ecoinvent (Brandt, 2015), c – Pusavec et al. (2010), d - from Hammond and Jones (2011)
 , e – DECC (2016)

461 It should be noted that the calculations for the alginate-clay prototypes are also based on laboratory
 462 scale equipment and so energy-efficiency savings would be expected for larger scale production.

463 Indeed Dowson et al. (2012) demonstrated that basic scaling revisions between laboratory scale
 464 samples and industrial production involving larger batches could lead to an embodied energy
 465 reduction of around two thirds with a similar reduction on the CO₂ burden. If similar savings could be
 466 achieved for the clay-aerogel samples, this would give approximate values of below 18 MJ/100 cm³
 467 and 2.3 kg CO₂/100cm³. Whilst these are relatively high compared to a commercial silica aerogel
 468 blanket (Spacetherm = 0.8 MJ/100 cm³) it should also be noted that the calculation for this product is

469 based on a composite blanket and therefore inclusive of fibres rather than the pure aerogel.
470 Furthermore these estimations are also related to the embodied energy per functional unit rather than
471 the equivalent amount of material required in order to achieve a given U-value. For example, in
472 comparing the thermal performance of different insulators, Dalton et al. (2010) report that a clay
473 polymer aerogel could be half the thickness of a silica aerogel blanket or a quarter the thickness of
474 and EPC board and achieve an equivalent U-value. Assuming that the thermal conductivity of the
475 alginate-clay aerogel would be similar to that of the clay-polymer aerogels described by Dalton et al.
476 (2010), it is likely that mass of material required would also be less than for conventional insulations.
477 This would have an impact on the overall embodied energy and costs. Further investigation of thermal
478 properties would however be required in order to evaluate the proposed material and compare with
479 the performance of existing products. This will require moving beyond the small scale prototype
480 samples to larger test pieces. The impact of moisture conditions and temperature on thermal
481 performance would also need to be considered.

482

483 **5. CONCLUSIONS**

484 In the past decade, high performance insulations such as aerogels have emerged as alternatives to
485 conventional insulating materials and have the potential to reduce heat losses in buildings, particularly
486 in retrofit scenarios where minimum product thicknesses are desirable. Although the high costs of
487 aerogel insulations still hinder their widespread use, strategies to reduce their processing costs and
488 make use of lower cost raw materials, will likely make aerogels more affordable in the future and
489 hence increase the commercial viability of using such materials in bulk applications like building
490 insulation. Furthermore, the use of renewable materials such as biopolymers has been identified as
491 an important strategy in improving the whole life cycle environmental performance and reducing the
492 overall environmental impacts.

493 In this study, clay-alginate aerogels have been investigated as a more environmentally friendly and
494 potentially more economical alternative to existing silica based aerogels. It has been demonstrated
495 that various types of sodium alginate can be added to bentonite clay in order to improve the strength
496 of the aerogels. The small-scale prototypes produced have a low bulk density with mechanical
497 properties similar to other polymer-based foams. It has also been demonstrated that the optimum mix

498 ratio is dependent on the type of alginate used with both polymer viscosity and composition having an
499 effect on potential bonding mechanisms and interactions with the clay. Indeed significant differences
500 in compressive strength, modulus of elasticity and microstructure have been observed in specimens
501 with the same mix proportions and similar bulk densities where the only variable is the alginate source.

502 With regards to economic viability, whilst the calculations based on laboratory scale production were
503 found to be high, the majority of costs were associated with freeze-drying element owing to the high
504 cost of liquid N₂ and the electricity consumption required during the drying phase. However, since
505 aerogels are still a developing technology, many of these processing techniques are still being
506 investigated and developed for larger scale production and so it is anticipated that these costs will be
507 reduced with scaling revisions. In terms of the environmental impacts of the material, the embodied
508 energy values for the proposed alginate-clay aerogel are much higher than that of existing silica
509 aerogel blankets. Even assuming the aforementioned scaling revisions are applied, the embodied
510 energy of the aerogel product is still over 10 times greater than commercially available silica aerogel
511 blankets. It can therefore not be assumed that the use of natural, renewable materials or freeze-
512 drying methods will guarantee superior environmental performance compared to silica-based
513 aerogels. Given that that these comparisons are based on extrapolated values and estimated thermal
514 properties, a more detailed analysis involving the specific thermal conductivity values and more
515 accurate production data would shed further light on the environmental performance. A further
516 investigation of the hygrothermal behavior of the samples using larger prototypes would therefore be
517 required in order to fully assess the commercial viability.

518

519 Overall these clay-alginate aerogels have the potential to be used as insulating materials within
520 building, further research into both their specific material properties and appropriate production
521 methods is required in order to fully assess their technical and commercial viability. Other ongoing
522 work is currently investigating a wider range of alginate types as well as alternatives clays and
523 additional calcium sources. In order to fully assess the suitability of clay-alginate aerogels as a
524 potential insulation material, comparison of other technical properties such as porosity and thermal
525 conductivity is recommended for future research.

526

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