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**Proceedings Paper:**

Farid, NF, de Kamps, M and Johnson, OA (2019) Process Mining in Frail Elderly Care: A Literature Review. In: Proceedings of the 12th International Joint Conference on Biomedical Engineering Systems and Technologies - Volume 5: HEALTHINF. HEALTHINF 2019, 22-24 Feb 2019, Prague, Czech Republic. SciTePress, Science and Technology Publications, pp. 332-339. ISBN: 978-989-758-353-7.

<https://doi.org/10.5220/0007392903320339>

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# Process Mining in Frail Elderly Care: A Literature Review

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**Keywords:** Frail Elderly, Frailty, Healthcare Service, Process Mining.

**Abstract:** Process mining has proved to be a valuable technique for extracting process knowledge from data within information systems. Much work has been conducted in applying process mining to domains such as logistics, banking, transportation and many areas of the government, including healthcare. Frail elderly people who have an increased risk of adverse outcomes are amongst the main users of healthcare services and understanding healthcare processes for the frail elderly is challenging because of their diverse and complex needs combined with an often high number of co-morbidities. This paper aims to provide an overview of work applying process mining techniques to improving the care of frail elderly people. We conducted a literature search using broad criteria to identify 1,047 potential papers followed by a review of titles, abstract and content which identified eight papers where process mining techniques have been successfully applied to the care of frail elderly people. Our review shows that, to date, there has been limited application of process mining to support this important segment of the population. We summarise the results based on five themes that emerged: types of source data and process; geographical location; analysis methodology; medical domain; and challenges. Our paper concludes with a discussion on the issues and opportunities for process mining to improve the care pathways for frail elderly people.

## 1 INTRODUCTION

The over 60s are the main users of health and social care (Oliver, 2009) and the number of people over 60 is expected to more than double from 962 million in 2017 to 2.1 billion by 2050 (UN, 2017). While many adults remain in good health well over 60 there is an increasing risk of frailty associated with aging. Frailty is a common clinical condition among the elderly and is often associated with stress caused by a cumulative decline in organ and clinical functions over time (Clegg *et al*, 2013). The progression of frailty can be seen as a continuous sequence from normal ageing, to pre-frail, frailty and finally to severe frailty (Lekan *et al*, 2017). An inability to maintain normal body functions may result in difficulty in managing with everyday activities independently (Xue, 2011) and increases the chance of hospitalizations, institutionalization, and adverse health outcomes such as falls, delirium and even mortality (Fried *et al*, 2001; Crandall *et al*, 2016; Minitski *et al*, 2001; Eeles *et al*, 2012). Frailty progression over time is poorly understood and there is growing interest in using electronic health record data to understand and

identify the factors that influence this progression. One approach can be to visualize frailty progression using multi-dimensional data including patient characteristics, diagnoses and medication history from electronic health records (Chamberlain *et al*, 2016). Our interest is in the extent to which process mining of these records could help improve the understanding of frailty and the pathways of care designed to support the needs of the frail elderly population.

Electronic health records (EHRs) and other health information systems store data associated with the highly complex processes involved in delivering health care services to patients and this data can be used in process mining (Mans *et al*, 2008). Process mining is an emerging approach that combines business process management methods with data mining technologies (Aalst, 2011). Process mining aims to explore sequence of logged events over time and to abstract generalisations of the underlying process as process models. The approach can help analysts discover how processes are followed in practice, measure the conformance of real event logs to the ideal process to identify deviations, recommend

improvements to the process and monitor the effectiveness of interventions (Aalst, 2011). When applying process mining to electronic healthcare record data we treat the pathways of care as a type of business process (Mans *et al*, 2008).

The phrase *process mining* started to appear in the literature around 2006 based on the work of van der Aalst (Aalst *et al*, 2006) which applied data science to businesses process improvement efforts. A wide range of tools and approaches have subsequently been developed and applied to corporate organizations (Aalst *et al*, 2007; Aalst, 2015) and to healthcare (Partington *et al*, 2015; Weber *et al*, 2018). Process mining is generally based on data extracted from information systems but related work has used data from sensor devices that record daily activities to develop interventions (Fatima *et al*, 2013) and improve personalized care (Szttyler *et al*, 2015).

The Process Mining Manifesto (Aalst *et al*, 2011) proposed the L\* life-cycle methodology for process mining projects. This approach consists of five different stages (labelled 0 to 4) which are: 0) plan and justify; 1) data extraction; 2) creating a control flow model and connecting an event log; 3) creating an integrated process model; and 4) providing operational support. More recently, van Eck *et al* (2015) introduced an enhanced approach called Process Mining Project Methodology (PM<sup>2</sup>).

There are a number of recent literature reviews of process mining in healthcare (Rojas, 2016; Erdogan and Tarhan, 2018; Williams *et al*, 2018) and other reviews which focus on specific healthcare specialties such as cancer (Kurniati *et al*, 2016) and cardiovascular disease (Kusuma *et al*, 2018). However, until now there has been no literature review specifically examining process mining for the care of the frail elderly. This paper describes the approach we adopted to identifying literature relevant to process mining for frail elderly patients. Eight papers were found and are discussed here.

To date there has been limited application of process mining approaches to support this important segment of the population. Our paper aims to initiate discussion on the value and potential of process mining of frail elderly care pathways and identify opportunities to work in this field of study.

## 2 METHODOLOGY

The literature review was conducted in October 2018 to identify papers which describe the application of process mining to care involving frail elderly people.

### 2.1 Search Process

A four stage approach for search and selection was used (Figure 1). The first stage covered the search of papers from medicine, technology and engineering databases; PubMed, Medline, British Medical Journal Open, ACM DL, Elsevier, ScienceDirect, database systems and logic programming (DBLP), Web of Science and Google Scholar.

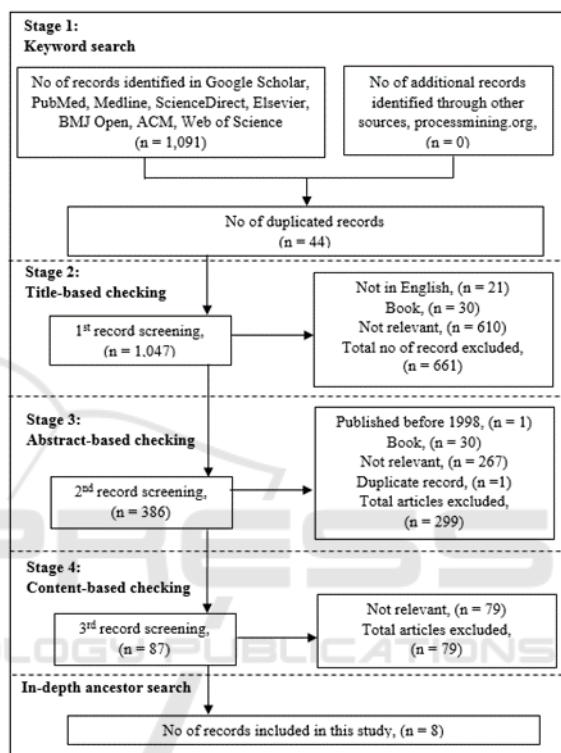


Figure 1: Summary of search process.

Keywords for process mining replicated those used in previous literature reviews (Kurniati *et al*, 2016; Kusuma *et al*, 2018). To ensure the search obtained papers that cover all relevant conditions related to older people a broad selection of keyword terms was applied following the Medical Subject Headings (MeSH) terms used in the PubMed and Medline databases. MeSH terms provide a comprehensive vocabulary for journal and articles indexing in medical studies used to facilitate searching. An additional eight keywords that are synonyms of the initial six MeSH terms keywords were obtained from the thesaurus website (<https://www.thesaurus.com/browse>).

The following keywords were used:

("Process mining" OR "workflow mining" OR "pathway mining") AND ("Frailty" OR "Elderly" OR "Older

Adults" OR "Ageing" OR "Geriatric" OR  
 "Palliative" OR "Debility" OR  
 "Decrepit" OR "Deteriorate" OR  
 "Vulnerable" OR "Senile" OR  
 "Impairment" OR "Fallibility" OR  
 "Senescence")

We followed the review process adopted by Kurniati *et al*, (2016) where paper selections was conducted based on title, abstract and content checking. We checked our search results to make sure that they included the list of papers identified on processmining.org, the main process mining research community web site. A careful filtering approach was performed at each stage to ensure all potentially relevant papers were identified. For example, papers were passed to the next stage if insufficient information was provided in either the title or the abstract. Finally, an in-depth ancestor search was conducted to identify additional relevant papers from references in the final set.

## 2.2 Selection Process

The initial extracted papers were selected according to the set of inclusion and exclusion criteria outlined.

### 2.2.1 Inclusion Criteria

The following were the inclusion criteria when selecting papers for analysis has been applied to the frail elderly domain:

- IC1: Articles published from year 1998
- IC2: Publication language is English
- IC3: Articles published are peer-reviewed or conference proceeding articles
- IC4: Articles should include case studies where process mining technique has been applied into frail elderly domain

### 2.2.2 Exclusion Criteria

The following were the exclusion criteria applied when choosing extracted papers:

- EC1: Duplicate publication of initial searched
- EC2: Books
- EC3: Articles discuss case studies other than in the frail elderly domain

### 2.2.3 Quality Assessment Process

The following activities were undertaken to ensure the quality of the search process. The paper extraction, analysis and evaluation were done manually by the first author. Google Scholar searches were performed in incognito mode to eliminate any bias that might arise from browsing history that might

influence the search results. The review and the verification of the selected publications in the final stage was supervised by all co-authors.

## 3 RESULT

Eight papers were identified after a comprehensive search. This section describes the search process and an analysis of the selected papers. Table 1 provides an overview of the number of papers initially extracted and the final selection of published articles from the different sources. The initial search retrieved a total number of 1,091 papers from ten different search engines. We note that zero results were returned from BMJ Open, Elsevier/Springer, DBLP and processmining.org sources and most final selected papers were from the Google Scholar search.

Table 1: The number of retrieved papers.

Sources	Initial Extraction	Final Selection
Google Scholar	991	5
PubMed	32	0
BMJ Open	0	0
ScienceDirect	48	1
Elsevier/Springer	0	0
ACM	6	0
Web of Science	11	0
Medline	3	2
DBLP	0	0
processmining.org	0	0
Total	1,091	8

The duplication step removed 44 papers and left 1,047 papers for the next stage. The inclusion and exclusion criteria were applied to the remaining papers to carefully select those papers that met with the aim of the work. Figure 1 details the number of papers excluded at each stage of the process based on the inclusion and exclusion criteria.

### 3.1 Characterisation of Element Analysis

The review identified eight papers and these are presented here. A complete list of reviewed papers are summarised in Appendix 1. A thematic analysis of the papers identified five themes: (1) data and process type; (2) geographic analysis; (3) methodology (4) medical domain; (5) challenges that arose when conducting the study.

(1) Data and Process Type: the classification of process and data type followed the approach in Rojas

*et al.*, (2016) that divided sources of data extraction by clinical or administrative healthcare dataset and the process type categorized as clinical treatment process or organizational process. However in this literature review, the most commonly extracted data were from sensors collected either from elderly behaviour living in smart environment (Vitali and Pernici, 2015; Tax *et al.*, 2018); mined process data collected from an MIT smart home dataset (Tapia *et al.*, 2004) and from nursing homes as in Llatas *et al.*, (2011), Wolf *et al.* (2013) and Munstermann *et al.*, (2012) for patients who require ambulant services. Meanwhile Triki *et al.*, (2015) analyse data from scenario generators for elderly people's daily activities. There are only two papers that directly study electronic health record (EHR) data and one related to acute care and simple one day surgery (Najjar *et al.*, 2018); while Conca *et al.*, (2018) used administrative data, which identified different healthcare discipline roles. The nature of the data will determines the type of analysis possible. Najjar *et al.*, (2018) investigated the clinical treatment while Conca *et al.*, (2018) discussed the organizational process of collaboration between physicians, nurses and dietician. The other six papers (Munstermann *et al.*, 2012; Llatas *et al.*, 2011; Tax *et al.*, 2018; Triki *et al.*, 2015; Wolf *et al.*, 2013; Vitali and Pernici, 2015) analysed processes which looked into daily activity of elderly people.

(2) Geographic Analysis: most papers analyse data from Europe - Wolf *et al.*, (2013) Munstermann *et al.*, (2012) from Germany; Triki *et al.*, (2015) from France; Vitali and Pernici, (2015) from Italy and Llatas *et al.*, (2011) from Spain. The other papers were Najjar *et al.*, (2018) from Canada, Conca *et al.*, (2018) from Chile and Tax *et al.*, (2018) from the Netherlands, but the source of data was from the USA.

(3) Methodology: none of the papers described followed the process mining methodologies of the L\* life cycle or PM<sup>2</sup>. All papers reported that they had developed their own methodology. It was evident that each had carried out process mining using clustering techniques from event logs generated from either EHRs or from sensor devices.

(4) Medical Domain: three different care processes within the medical domain have been investigated. Two papers (Llatas *et al.*, 2011; Wolf *et al.*, 2013) analysed processes to detect or reduce the progression of dementia. Najjar *et al.*, (2018) obtained data from patients who suffered from heart diseases, whereas Concas *et al.*, (2018) collected data from patients who had Type 2 diabetes mellitus. The other papers (Triki *et al.*, 2015; Tax *et al.*, 2018; Vitali and Pernici, 2015; Munstermann *et al.*, 2012) did not

describe the medical domain associated with their work.

(5) Challenges: the challenges could be categorized as technique, data and team limitations from sensor devices as in Kurniati *et al.*, (2016). The papers working with sensor data experienced data quality issues related to granularity (Triki *et al.*, 2015; Llatas *et al.*, 2011; Wolf *et al.*, 2013; Vitali and Pernici, 2015; Tax *et al.*, 2018; Munstermann *et al.*, 2012). The other limitation was data that was incomplete or inconsistent. This was the main issue in Conca *et al.*, (2018). Najjar *et al.*, (2018) suggested pre-processing of the extracted pathway data through multiple iterations to narrow the model to specific elements of interest. Conca *et al.*, (2018) used a medical expert to help address their process mining challenges.

### 3.2 Evaluation of Experimental Result

Most of the case studied in the papers concerned traces collected from sensor devices (Wolf *et al.*, 2013; Tax *et al.*, 2016; Vitali and Pernici, 2015; Munstermann *et al.*, 2012; Llatas *et al.*, 2011). Two papers conducted experiments using EHR data (Najjar *et al.*, 2018; Conca *et al.*, 2018) and one used a scenario generator (Triki *et al.*, 2015). There are two papers that applied a clustering algorithm to cluster set of events such as Hidden Markov Model (Najjar *et al.*, 2018) and a combination of flow disintegration functionality and measuring dissimilarity based on heuristic topological editing distance (Conca *et al.*, 2018). Llatas *et al.*, (2011) used a workflow mining technique based on the Workflow Instance Acceptor Algorithm. Wolf *et al.*, (2013) employed classification techniques on sensor data for activity recognition of traces before labelling the recorded activities to be modelled as processes. Triki *et al.*, (2015) generated a variety of simulations to describe different models. Vitali and Pernici, (2015) constructed a methodology to understand the connection between process and events.

There are two papers that performed evaluation on the proposed algorithms. Wolf *et al.*, (2013) showed that their subjective logic condition evaluator was outperformed by both a fuzzy event assignment method and a method that combines the FlowCon and FlexCon algorithms. Tax *et al.*, (2016) describes the effect of proposed algorithms on the computation time. Munstermann *et al.*, (2012) used a dynamic threshold for an F<sub>2</sub>-measure that combines both precision and recall to differentiate between the abnormal and normal days of activities. A set of abnormal traces were artificially created from normal sensor data by simulating four different types of

errors - swap, remove, delay and repeated activities. Both papers (Llatas *et al*, 2011; Conca *et al*, 2018) employed the PALIA process discovery application to create visualizations of the process model. The paper by Triki *et al*, (2015) represented process flow as a Petri Net. Najjar *et al*, (2018) created a hierarchical visualisation of clustered processes based on frequency analysis using abstraction and pruning.

## 4 DISCUSSION

### 4.1 A Lack of Focus on the Frail Elderly

Most of the finally selected papers are very recent and this suggests that work using process mining for the care of older adults has started to gain attention only recently. We noted that, during the literature search, a number of papers on assisting the living of elderly people were also identified. Although many of these were excluded due to our focus on process mining techniques, it is evident that this is an important theme where process mining could help. Several of the process mining papers use sensor data to detect changes in behaviour concerning the daily activities (Munstermann *et al*, 2012; Triki *et al*, 2015; Vitali and Pernici, 2015). Smart living environments for elderly people can be fitted with home sensors, and monitoring using wearable devices can include not only the elderly but also their carers (Wolf *et al*, 2013) and this allows very rich data to be gathered for process analysis. For example, the data gathered and analysed in nursing homes conducted by Llatas *et al*, (2011) helped to detect abnormal behaviour by elderly people who suffer from dementia and cognitive impairment.

Some of the papers presented additional visualizations of processes. Tax *et al*, (2018) used a plot of the events from the log file as a dotted chart with coloured dots representing events over time. Conca *et al*, (2018) created process models from the collaboration patterns they found. Najjar *et al*, (2018) used the percentage of participation, referral and self-referral to describe significant patterns.

Our search has some limitations. The review was limited to papers on the recent status of process mining related to frail elderly patients. The inclusion and exclusion decisions were made by a single reviewer. Google Scholar matching for search criteria can have variability in its results. However the search was comprehensive and followed well established methods.

To date there has been no work that directly addresses the care and management of the condition of frailty in elderly patients. This despite the growing number of older adults globally and the growing recognition in the medical world that frailty demands specific attention as a complex set of diseases and needs. Kim and Jang (2018) have argued that, historically, medical attention has often focused on single diseases and the study and management of frailty introduces a more holistic approach centred on the patients, their experience of a range of often interconnected diseases and the specific needs that frail individuals have to maintain the best possible quality of life.

## 5 CONCLUSION

Process mining is an emerging field within data science and presents a fresh set of methods for process improvement in healthcare. Our group are developing methods for meaningful care pathway analysis using clinical reference groups and multidisciplinary domain experts to iteratively improve understanding of current pathways and identify potential improvements.

This paper has reviewed the small number of papers that use process mining of both sensor data and electronic health records for older adults and those with frailty. These demonstrate the potential for process mining to play an important role in improving our understanding of how best to manage the care of the frail elderly. However the opportunities for researchers to apply process mining to improve frailty care has not yet been explored in any detail. Our review of the literature shows that novel approaches are just starting to emerge. Our next step is to use primary care data from the UK NHS to examine how care pathways vary between different categories of frailty over time and the relationship this has to prescribing patterns.

## ACKNOWLEDGEMENTS

The first author would like to thank the Ministry of Higher Education of Malaysia for the sponsorship and all the support given throughout the research. All authors gratefully acknowledge support from the Connected Health Cities (CHC) programme commissioned by the Northern Health Science Alliance (NHSA) and funded by the UK Department of Health.

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## APPENDIX

Table 2.

Paper		Summary					
Authors	Year	Setting	Domain	Data Sources	Case Perspective	Challenges	No of population
Najjar <i>et al.</i>	2018	Quebec, Canada	Heart failure	EHR of acute care and one day surgery	Yes	Data (pre-processing) and team limitation	180,027
Conca <i>et al.</i>	2018	Chile, Santiago	Type 2 Diabetes	EHR of administrative data	No	Data (inconsistent and/or incomplete) and team limitation	2,843
Llatas <i>et al.</i>	2018	Spain	Dementia	Nursing home	Yes	Data limitation - (high granularity)	One
Tax <i>et al.</i>	2018	Eindhoven, Netherlands	Elderly behaviour	Secondary data (Tapia & <i>et al.</i> , 2004) of elderly living in smart environment	Yes	Data limitation - (high granularity)	Four different datasets with number of events ranging from 220 to 1,962
Vitali and Pernici	2016	Milano, Italy	Elderly behaviour	Sensor collected from smart living environment of home care	Yes	Data limitation - (high granularity)	One person with nine classification of events
Triki <i>et al.</i>	2015	Toulouse, France	Elderly behaviour (outdoors)	Scenario generator of elderly e.g. outdoor activities	Yes	Data limitation - (high granularity)	One person Several scenarios consist of three actors
Wolf <i>et al.</i>	2013	Mainkofen, Germany	Dementia	Geriatric ward of nursing home	Yes	Data limitation - (high granularity)	135 randomly selected person
Munstermann <i>et al.</i>	2012	Duisburg, Germany	Elderly behaviour	Patient who uses ambulant service	Yes	Data limitation - (high granularity)	Five