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Spectral methods for analyzing energy balances in geodynamo simulations

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Abstract

Spectral methods can be applied to evaluate the detailed products available from geodynamo simulations but inaccessible in the paleomagnetic record. These spectral methods are well developed but have not previously been applied to studying the energy balance of geodynamo simulations. We illustrate these ideas by analyzing output from numerical dynamo simulations which have previously been studied for their apparently Earth-like properties. Consistently high coherence levels are observed between the total magnetic energy in the outer core and the paleomagnetically observable energy in the axial dipole moment at frequencies below 0.01 kyr^{-1} . Between 0.01 and 0.1 kyr^{-1} there is a fall off in coherence; at higher frequency the coherence is negligible. Assessments of coherence spectra between rates of change in kinetic and magnetic energy, ohmic and viscous dissipations, and work done by the buoyancy and Lorentz forces facilitate testing hypotheses about changes in the energy

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balance in geodynamo simulations as a function of frequency. An important characteristic of the recent geomagnetic field is that on average the axial dipole has been observed to grow more rapidly than it decays. This behavior is frequency dependent and observed when signal of frequencies higher than 0.03 kyr^{-1} have been filtered out. This provides a useful criterion for evaluating geodynamo simulations using spectral methods, because the frequency dependence of poloidal axial dipole energy at Earth's surface reflects the balance of diffusive and advective processes in Earth's core.

Keywords: geomagnetic dipole variations, numerical geodynamo simulations, outer core energy balance, spectral analysis

1. Introduction

The geomagnetic field is an important component of our planetary environment that varies over a broad range of frequencies (Constable and Johnson, 2005). Paleomagnetic observations record the behavior of the geomagnetic field in the past and tell us about the inner workings of the planet; however, the record is noisy and incomplete. A fruitful approach for investigating long-term paleo-secular variation that overcomes these limitations is to compare observations of Earth's magnetic field with the statistical properties of magnetic fields generated by numerical geodynamo simulations. Dynamo simulations do not suffer from observational noise or sparseness and their internal dynamics can be subjected to detailed study. Our goal in this work is to gain deeper understanding of variations in the axial dipole strength observed in the paleomagnetic record by analyzing the conversion of kinetic energy to magnetic energy and dissipation of these energies as functions of

15 frequency in geodynamo simulations.

16 There is a trade off in paleosecular variation observations between times-
17 pan and spatial resolution – further back in time we have less information
18 about the field’s temporal variations. For the modern field we have high
19 resolution observations from satellites and geomagnetic observatories, but
20 they span a small portion of the geomagnetic field’s spectrum of variations. 
21 These high resolution geomagnetic observations can be inverted for core flow
22 at the core mantle boundary (CMB) by making a ‘frozen-flux’ approximation
23 that the fluid has infinite electric conductivity and additional assumptions to
24 overcome the non-uniqueness of the problem (Bloxham and Jackson, 1991).
25 The resulting flows can then be linked to core dynamics found in geodynamo
26 simulations; there is evidence for features such as a high-latitude polar jet in
27 the northern hemisphere (Livermore et al., 2017) and a planetary-scale gyre
28 in the southern hemisphere (Finlay et al., 2016). In the Holocene field re-
29 constructions there is evidence of high-latitude flux patches in both northern
30 and southern hemispheres that vary in strength and position (e.g. Bloxham
31 and Gubbins, 1985; Johnson and Constable, 1998; Korte and Holme, 2010)
32 and evidence of spatial heterogeneity in field activity, with more activity in
33 the southern hemisphere (Constable et al., 2016). These features cannot be
34 **link** directly to core flow. The paleomagnetic dataset from the past 10 kyr
35 (Holocene) has enough spatial and temporal resolution to build low degree
36 spherical harmonic representations of the field variations but not enough to
37 invert for core flow (e.g. Constable et al., 2016).

38 On timescales longer than 10 kyr, which is the focus of this work, there are
39 not yet models of paleomagnetic field variations with higher spatial resolution

40 than the axial dipole moment (ADM). SINT2000 and PADM2M are two
41 examples of ADM models spanning the past 2 Ma (Valet et al., 2005; Ziegler
42 et al., 2011). These ADM models have power spectral densities that decrease
43 with frequency – above a corner frequency of $\sim 10^{-2}$ kyr $^{-1}$ their spectral fall
44 off at a rate of $f^{-7/3}$ (Ziegler and Constable, 2011). On the longest timescales
45 (10^8 yrs) only the paleomagnetic polarity timescale is well defined (Cande
46 and Kent, 1992, 1995). It is unclear how to relate these variations to core
47 dynamics. To compare with paleomagnetic ADM variations we are interested
48 in dynamo variations with frequencies between 10^{-2} and 10^{-1} kyr $^{-1}$.

49 Here we use spectral analysis methods to assess the frequency dependence
50 of geodynamo processes indicated by the broad spectrum of geomagnetic ac-
51 tivity. We use spectral methods to link the observable surface ADM with
52 with core variations, and then to ‘look inside’ the core at the balance of ener-
53 gies. Previous studies of geodynamo simulations have assessed the conversion
54 of kinetic energy to magnetic energy and dissipation of these energies (e.g.
55 Olson et al., 1999; Buffett and Bloxham, 2002; Nimmo, 2015), but not as a
56 function of frequency as we do.

57 An example of a frequency dependent phenomenon observed in the pale-
58 omagnetic record is an asymmetric growth and decay of the ADM (Ziegler
59 and Constable, 2011; Avery et al., 2017). This is seen when high frequency
60 variations are removed from paleomagnetic ADM models. In the underly-
61 ing, lower-frequency signal the axial dipole moment grows more rapidly than
62 it decays. This behavior is found in different magnetic recording materi-
63 als: Ziegler and Constable (2011) identified asymmetry in the PADM2M
64 field model which has ADM variations constrained by calibrated sedimen-

65 tary records, and Avery et al. (2017) observed it in the thermal remanent
66 magnetization recorded in the seafloor. The asymmetric behavior is not just
67 associated with polarity reversals; it appears to be an important character-
68 istic of secular variation. Studying this behavior could help understand the
69 context of present day geomagnetic field variations, dynamics of the unob-
70 servable portions of the field, and the role of diffusion in ADM variations. A
71 plausible interpretation of the asymmetry is that decreasing dipole moment
72 is dominated by slow diffusive processes, while on the same timescales dipole
73 field growth occurs more rapidly and is controlled by the induction of field by
74 fluid advection (Ziegler and Constable, 2011). Here we demonstrate the util-
75 ity of spectral methods to understand the link between CMB and whole-core
76 processes, and to evaluate the mechanism for asymmetry between axial dipole
77 growth and decay rates in geodynamo simulations as functions of frequency.

78 We begin by describing the geodynamo simulations we use and define
79 the components of their energy balance (Section 2.1). We then describe our
80 method of evaluating the asymmetry in ADM rates of change (Section 2.2)
81 and our time series analysis of the outer core energy balance (Section 2.3).
82 Using standard tools of spectral analysis, we evaluate the link between the
83 total magnetic energy present in the outer core and the dipole energy ob-
84 served at Earth’s surface and assess the energetics. We then describe the
85 paleomagnetic ADM reconstruction PADM2M (Sections 2.4). We choose
86 two illustrative geodynamo simulations from Davies and Gubbins (2011) be-
87 cause they have long timespans and were determined to be Earth-like by
88 other criteria, thus warranting further study (Davies and Constable, 2014).
89 Results are presented in Section 3 and discussed in Section 4, and finally our

90 conclusions are summarized in Section 5.

91 **2. Methods**

92 *2.1. Geodynamo simulations*

93 The dynamo solutions we use here have been previously described, and
94 a detailed explanation of the code and solution technique can be found in
95 Willis et al. (2007) and Davies and Gubbins (2011). A rotating spherical
96 shell of thickness $d = r_o - r_i$ (where r_o is the outer radius, r_i the inner, and
97 $r_i/r_o = 0.35$) is filled with incompressible, electrically conducting Boussinesq
98 fluid. It rotates at a rate Ω , and has constant thermal diffusivity κ , mag-
99 netic diffusivity η , coefficient of thermal expansion α , and viscosity ν . The
100 nondimensional numbers are the Ekman number, the Prandtl number, the
101 magnetic Prandtl number and the Rayleigh number:

$$E = \frac{\nu}{2\Omega d^2}, \quad Pr = \frac{\nu}{\kappa}, \quad Pm = \frac{\nu}{\eta}, \quad Ra = \frac{\alpha g \beta d^5}{\nu \kappa} \quad (1)$$

102 where g is the acceleration due to gravity and β is the temperature gradient
103 at the outer boundary. The Ekman number describes the ratio between
104 viscous and Coriolis forces. The Rayleigh number indicates the presence and
105 vigor of convection (if $Ra > Ra_{cr}$ where Ra_{cr} is the critical Ra for the onset
106 of convection).

107 Analysis of variations in magnetic and kinetic energy of the geodynamo
108 models provides a means of examining their internal dynamics. The induction
109 equation governs changes magnetic field caused by induction and dissipation,
110 and the momentum equation governs changes in fluid velocity generated by
111 buoyancy and lost by work done on the magnetic field and viscous dissipation.

112 Global balances of magnetic and kinetic energy are found by respectively
 113 taking the dot product of the induction equation with \mathbf{B}/μ , the dot product
 114 of the momentum equation with \mathbf{u} , then integrating over the volume of the
 115 core:

$$\dot{M} = -L - O \quad (2)$$

116 and

$$\dot{K} = G + L - V, \quad (3)$$

117 where \dot{x} notation indicates the time derivative of x . M and K are the mag-
 118 netic and kinetic energy densities defined as:

$$M = \frac{Pm}{2E} \int \mathbf{B}^2 dV_s \quad (4)$$

119 and

$$K = \frac{1}{2} \int \mathbf{u}^2 dV_s, \quad (5)$$

120 where \mathbf{B} is the magnetic field, \mathbf{u} is the fluid velocity.

$$O = \frac{Pm}{E} \int (\nabla \times \mathbf{B})^2 dV_s, \quad (6)$$

121

$$L = \frac{Pm}{E} \int \mathbf{u} \cdot (\mathbf{j} \times \mathbf{B}) dV_s, \quad (7)$$

122

$$V = Pm \int (\nabla \times \mathbf{u})^2 dV_s, \text{ and} \quad (8)$$

123

$$G = \frac{(Pm)^2 Ra}{Pr} \int (u_r \vartheta) dV_s \quad (9)$$

124 are the ohmic dissipation, the work done by the Lorentz force, the viscous
 125 dissipation, and the work done by the Buoyancy force. \mathbf{j} is current density,
 126 u_r radial velocity, and ϑ temperature fluctuation.

127 The energy and dissipation terms M , K , O , and V are outputs of our
128 simulations and plotted in Figure S2 of the supplementary materials. Gen-
129 erally, the magnetic energy and ohmic dissipation vary in phase, the kinetic
130 energy and viscous dissipation vary in phase, and the kinetic and magnetic
131 energy are out of phase. We compute \dot{M} and \dot{K} analytically after fitting a
132 cubic B-spline function to time series of M and K . The changes in the kinetic
133 energy (\dot{K}) and viscous dissipation (V) are much more important in these
134 simulations than we expect for the Earth. The work done by the Lorentz
135 force, L , and the work done by the Buoyancy force, G , are then obtained
136 from Equations 2 and 3.

137 Table 2 provides a summary of the numerical parameters and physical
138 characteristics for the two simulations. We compare the time averages (de-
139 noted by $\langle \rangle$) and standard deviation (σ) of the dimensionless axial dipole
140 spherical harmonic Gauss coefficient (g_1^0), the length scales for magnetic and
141 viscous dissipation as defined in Oruba and Dormy (2014)

$$\ell_B^2 \equiv \frac{\int_{V_s} \mathbf{B}^2 dV_s}{\int_{V_s} (\nabla \times \mathbf{B})^2 dV_s}, \quad \ell_u^2 \equiv \frac{\int_{V_s} \mathbf{u}^2 dV}{\int_{V_s} (\nabla \times \mathbf{u})^2 dV_s}, \quad (10)$$

142 and the amplitude of the magnetic ($Lo = \sqrt{2M/V_s}$) and velocity fields
143 ($Rm = \sqrt{2K/V_s}$).

Table 1: Definitions of variables used throughout the text.

Input			
d	shell of thickness	V_s	non-dimensional volume of the outer core
r_o	outer core radius	r_i	inner core radius, and $r_i/r_o = 0.35$
t	time	f	frequency
g	acceleration due to gravity	Ω	rotation rate
β	temperature gradient at the outer boundary	α	coefficient of thermal expansion
κ	thermal diffusivity	η	magnetic diffusivity
ν	viscosity	ϑ	temperature fluctuation
\mathbf{j}	current density	\mathbf{B}	magnetic field
\mathbf{u}	velocity field	u_r	radial velocity
E	Ekman number, $\frac{\nu}{2\Omega d^2}$	Ra	Rayleigh number, $\frac{\alpha g \beta d^5}{\nu \kappa}$
Pr	Prandtl number, $\frac{\nu}{\kappa}$	Pm	magnetic Prandtl number, $\frac{\nu}{\eta}$
Output			
M	magnetic energy integrated over the outer core	Lo	amplitude of the magnetic field, $\sqrt{2M/V_s}$
K	total kinetic energy integrated over the outer core	Rm	amplitude of the velocity field, $\sqrt{2K/V_s}$
ℓ_B	length scale of the magnetic dissipation	ℓ_u	length scale of the viscous dissipation
O	ohmic dissipation	L	work done by the Lorentz force
V	viscous dissipation	G	work done by the buoyancy force
Analysis			
$g_1^0(t)$	axial dipole spherical harmonic Gauss coefficient	$R_1^0(t)$	non-dimensional surface axial dipole energy
s	normalized skewness coefficient	f_{co}	cutoff frequency, corner f of low-pass filter
ς_s	bootstrap estimate of s standard error	$A_{X,X}(t)$	autocovariance for time series $X(t)$
$\tilde{X}(f)$	power density spectrum for time series $X(t)$	$\widehat{X}, \widetilde{Y}(f)$	cross spectrum between two time series
$\widehat{XY}(f)$	coherence spectrum between two time series	Δf	frequency resolution of spectral estimate

Table 2: Comparison of numerical parameters and time-averaged physical properties of our two test geodynamo simulations. $\langle \rangle$ indicates time averaging and σ is the standard deviation. Numbers in parentheses are normalized to values for Case 2.2. Variables are defined in Table 1. Non-dimensionalized PADM2M has $\langle g_1^0 \rangle = 1.712 \times 10^{-2}$, $\sigma_{g_1^0} = 0.48 \times 10^{-2}$.

Parameter	Case 2.2	Case 2.3
RaE	20	50
Cooling rate	moderate 69 K/Gyr	moderate 69 K/Gyr
$\langle Rm \rangle$	78	105
$\langle Lo \rangle$	114	164
$\langle g_1^0 \rangle$	1.52×10^{-2}	2.65×10^{-2}
$\sigma_{g_1^0}$	0.15×10^{-2}	0.25×10^{-2}
$\langle \ell_B \rangle$	9.50×10^{-2}	8.02×10^{-2}
$\langle \ell_u \rangle$	7.01×10^{-2}	6.32×10^{-2}

144 *2.2. ADM energy evaluation*

145 To compare dipole moment variations observed in PADM2M with the
 146 products of numerical geodynamo simulations (which are energies and there-
 147 fore quadratic quantities) we non-dimensionalize PADM2M's g_1^0 coefficients
 148 with $\sqrt{2\Omega\rho\mu\eta}$ (Davies and Constable, 2014), and then we compute the non-
 149 dimensional surface axial dipole energy,

$$R_1^0(t_i) = 2 |g_1^0(t_i)|^2, i = 1, 2, \dots n. \quad (11)$$

150 This is the axial dipole ($l = 1, m = 0$) term of the Mauersberger-Lowes
 151 geomagnetic spectrum (Lowes, 1974) at each time $t_i, i = 1, 2, \dots n$, where n
 152 is the number of time samples. Its time derivatives are given by

$$\dot{R}_1^0(t_i) = 4 |g_1^0(t_i)| |\dot{g}_1^0(t_i)|. \quad (12)$$

153 The geomagnetic R_1^0 and \dot{R}_1^0 from PADM2M are plotted in Figure 1a–b, and
 154 R_1^0 for our dynamo simulations are plotted in supplementary figure S2a–b.
 155 Here, as with the axial dipole moment Gauss coefficient g_1^0 , the sub- and
 156 superscripts indicate the degree and order ($l = 1, m = 0$) of the geomagnetic
 157 energy term.

158 To compare the temporal variations of dynamo simulations with these ob-
 159 servations we rescale simulation time using the magnetic diffusion timescale
 160 $d^2/\eta = 232,000$ years ($\eta = 0.7 \text{ m}^2\text{s}^{-1}$, Pozzo et al., 2012, 2013). Davies
 161 and Constable (2014) argued that this time scaling is an appropriate choice
 162 for these simulations when comparing them to long timescale behavior of
 163 PADM2M. Olson et al. (2012) also studied power spectra of axial dipole
 164 momens, and they used advective scaling to better align the spectra of sim-
 165 ulations with different Rm values at high frequencies ($Rm = 170\text{--}1985$). We

166 compare the power spectra of g_1^0 with diffusive and advective frequency scal-
167 ing in supplementary Figure S3. We choose to use diffusive scaling because
168 it better matches the intermediate and low frequency ($< 0.1 \text{ kyr}^{-1}$) ADM
169 variations of PADM2M we are studying here. Davies and Constable (2014)
170 showed that our selected dynamo simulations have been run past the point
171 where their g_1^0 has a stable time average (i.e. the time period past which
172 produces in the time averaged g_1^0 of $< 1\%$). We therefor frequently reference
173 the longest time averages available in the simulations since these are close to
174 steady state. Steady state is a convenient reference point for understanding
175 the energy balance in these dynamo simulations.

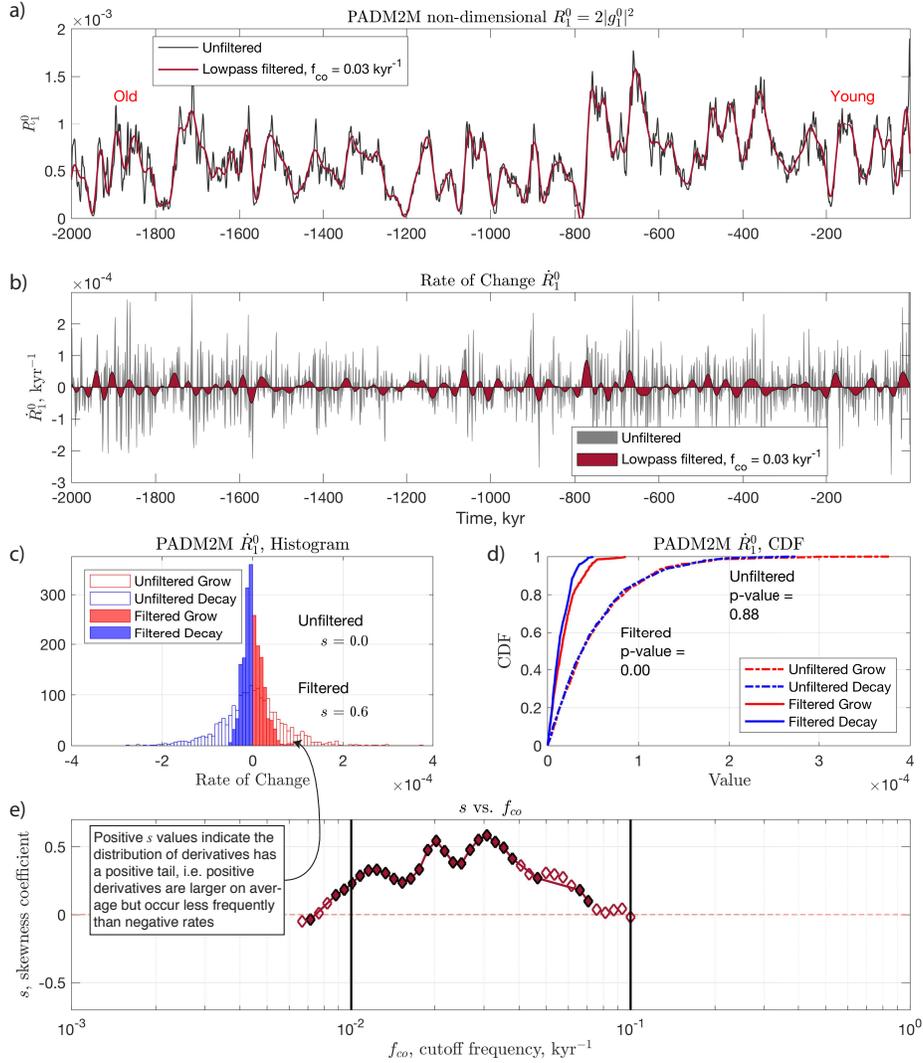


Figure 1: A summary of the distribution of axial dipole energy derivatives after low-pass filtering with various corner frequencies. a) The time series of non-dimensional surface dipole energy R_1^0 for the paleomagnetic field model PADM2M. b) The time series of time derivatives of R_1^0 . In panels a and b the grey lines are unfiltered, and the red lines have been low-pass filtered with a cutoff frequency of 0.03 kyr^{-1} . c) The distribution of PADM2M \dot{R}_1^0 before filtering (open bars), and after filtering with a low-pass corner frequency of 0.03 kyr^{-1} . After filtering the distribution has a positive tail. d) The cumulative distribution functions, CDFs, of PADM2M positive (red) and negative (blue) \dot{R}_1^0 before filtering (dashed lines), and after filtering with a low-pass corner frequency of 0.03 kyr^{-1} (solid lines). e) The skewness is parameterized as the $s(f_{co})$ of \dot{R}_1^0 . See text and Equation 13 for details. Open symbols indicate a p-value > 0.05 in the two-sample Kolmogorov-Smirnov test as discussed in the text.

176 Following the method described by Avery et al. (2017) for parameterizing
 177 the distribution of ADM derivatives, we exclude variations below the specified
 178 cutoff frequency f_{co} , by applying a Parks-McClellan equiripple low-pass filter
 179 (Parks and McClellan, 1972) to the time series of time derivatives. The power
 180 spectrum of the time derivatives of PADM2M before and after applying a low-
 181 pass filter is plotted in supplementary Figure S4. Avery et al. (2017) found
 182 a robust estimate of asymmetry is provided by the geomagnetic skewness
 183 coefficient for the distribution of dipole field derivatives. Here we apply this
 184 method to the energy term $\dot{R}_1^0(t_i)$ to make comparison between our results
 185 and the other products of the geodynamo simulations easier. The skewness of
 186 a distribution of the axial dipole energy derivatives is the third moment about
 187 the mean, which is rendered dimensionless by normalizing by the standard
 188 deviation cubed. The result is the skewness coefficient, s

$$s = \frac{\frac{1}{n} \sum_{i=1}^n \left(\dot{R}_1^0(t_i) - \langle \dot{R}_1^0 \rangle \right)^3}{\left(\sqrt{\frac{1}{n} \sum_{i=1}^n \left(\dot{R}_1^0(t_i) - \langle \dot{R}_1^0 \rangle \right)^2} \right)^3}. \quad (13)$$

189 ς_s is the standard error of s and was estimated by bootstrap resampling of
 190 independent and identically distributed blocks of \dot{R}_1^0 . This is described in
 191 detail in the supplementary materials.

192 A two-sample Kolmogorov-Smirnov test between the cumulative distri-
 193 bution functions of the positive and negative derivatives was used to test
 194 for departures from the null hypothesis that they are from populations with
 195 the same distribution at the 95% significance level. Distinguishable distri-
 196 butions are indicated with closed symbols in Figures 1 and 2. The p-value
 197 is the probability of acquiring as large a KS statistic when the two sample

198 distributions come from the same empirical distribution, if $p > 0.05$ this null
 199 hypothesis is rejected at the 95% significance level.

200 *2.3. Frequency domain spectral analysis*

201 Consider two time series labeled $X(t)$ and $Y(t)$. The power spectrum
 202 ($\tilde{X}(f)$) of the time series X is defined as

$$\tilde{X}(f) = \mathfrak{F}[A_{X,X}(t_1, t_2)] = \int_{-\infty}^{\infty} \mathcal{E}[(X(t_1) - \langle X \rangle)(X(t_2) - \langle X \rangle)] e^{-2\pi i f t} dt, \quad (14)$$

203 where \mathfrak{F} denotes the Fourier transform, $A_{X,X}(t_1, t_2) = \mathcal{E}[(X(t_1) - \langle X \rangle)(X(t_2) - \langle X \rangle)]$
 204 is the autocovariance, and $\mathcal{E}[x]$ indicates the expectation value of x . $\tilde{X}(f)$
 205 describes how much variance the time series $X(t)$ has as a function of fre-
 206 quency.

207 The coherence spectrum $\widehat{XY}(f)$ between the two time series is the squared
 208 magnitude of the cross-spectrum i.e. the Fourier transform of the cross-
 209 covariance of the two series normalized by the power spectra of the two
 210 series,

$$\widehat{XY}(f) = \frac{|\widetilde{X, Y}(f)|^2}{\tilde{X}(f)\tilde{Y}(f)} \quad (15)$$

211 where the cross spectrum is defined as

$$\widetilde{X, Y}(f) = \mathfrak{F}[\mathcal{E}[X(t)Y(t + dt)]] = \int_{-\infty}^{\infty} \mathcal{E}[X(t)Y(t + dt)] e^{-2\pi i f t} dt. \quad (16)$$

212 $\widehat{XY}(f)$ gives a correlation coefficient between the two signals as a function
 213 of frequency. A value of one would indicate that the two time series are
 214 perfectly correlated at that frequency. To estimate these spectra we used a
 215 sine multitaper method based on the theory of Riedel and Sidorenko (1995).

216 We prewhitened the spectra, as is recommended for red spectra. Typical
 217 frequency resolution, Δf , of the spectra for the cases are shown in Figure 3
 218 c–d.

219 First we evaluate the ability of the ADM to carry information about
 220 the outer core energy as a function of frequency using both the coherence
 221 spectra between the total magnetic energy integrated over the outer core
 222 and the surface axial dipole energy ($\widehat{MR_1^0}(f)$) and the coherence between
 223 the total $l = 1$ magnetic energy dipole energy integrated over the outer core
 224 and the surface axial dipole energy ($\widehat{M_1^{0,1}R_1^0}(f)$). The sub and superscripts
 225 of $M_1^{0,1}$ - as with g_1^0 and R_1^0 - indicate the $l = 1$ and $m = 0, 1$ term of the
 226 magnetic energy integrated over the outer core, M .

227 Using the power spectral density and the coherence spectra we assess
 228 changes in the energy balance as a function of frequency. We track the
 229 conversion of kinetic to magnetic energy as a function of frequency over a
 230 broad range. We estimate the PSDs $\widetilde{M}(f)$, $\widetilde{O}(f)$, $\widetilde{L}(f)$, and the squared
 231 coherence spectra $\widehat{MO}(f)$, $\widehat{ML}(f)$, and $\widehat{OL}(f)$ to evaluate the balance of
 232 terms in Equation 2. We estimate the PSDs of $\widetilde{K}(f)$, $\widetilde{V}(f)$, $\widetilde{G}(f)$ and $\widetilde{L}(f)$,
 233 and the squared coherence spectra $\widehat{VL}(f)$, $\widehat{VG}(f)$, and $\widehat{KL}(f)$ to evaluate
 234 the balance of terms in Equation 3. Then to test if low frequency changes
 235 in the ohmic and viscous dissipations are associated with changes in the
 236 length scale or amplitude of the magnetic field and velocity field respectively
 237 we evaluate the squared coherence spectra $\widehat{O\ell_B}(f)$, $\widehat{OLo}(f)$, and $\widehat{V\ell_u}(f)$,
 238 $\widehat{VRm}(f)$, where ℓ_B and ℓ_u are the length scales of the magnetic field and
 239 velocity, and Lo and Rm are the non-dimensional amplitudes of the magnetic
 240 field and velocity.

241 *2.4. Paleomagnetic ADM model*

242 We use the representation of the paleomagnetic field provided by the
243 2 Myr model of axial dipole moment PADM2M. Ziegler et al. (2011) con-
244 structed PADM2M using a penalized maximum likelihood inversion tech-
245 nique and 76 sedimentary relative paleointensity records calibrated by ab-
246 solute paleointensity data to produce a continuous, time-varying model of
247 ADM; temporal variations were modeled with a cubic B-spline, allowing time
248 derivatives to be calculated analytically. PADM2M resolves ADM variations
249 on timescales of about 10 kyr and longer. The PADM2M model as well as its
250 first and second time derivatives evaluated every 1 kyr are available through
251 the EarthRef.org Digital Archive (ERDA, earthref.org/ERDA/1138/).

252 **3. Results**

253 The results of our analyses of the dynamo simulations are presented
254 in Figures 2–6, and for the purpose of discussion we consider three fre-
255 quency ranges: low ($< 0.01 \text{ kyr}^{-1}$), intermediate ($0.01 - 0.1 \text{ kyr}^{-1}$), and
256 high ($> 0.1 \text{ kyr}^{-1}$) indicated by the black vertical lines. These ranges were
257 chosen to loosely match the ranges where ADM skewness is absent or present
258 for PADM2M (Figure 1), though we do not expect the variations of the sim-
259 ulations to perfectly match these frequency ranges because rescaling the time
260 is likely to be imperfect.

261 *3.1. PADM2M*

262 In the unfiltered PADM2M series the time spent growing and decaying
263 is balanced, but the low-pass filtering uncovers an imbalance in the rates of

264 change: positive derivative values, which correspond to a growing dipole, are
265 larger on average and occur less frequently than negative rates representing
266 decay i.e. the distribution has a positive tail (Figure 1). After low-pass
267 filtering this two sample KS test shows the positive and negative CDFs come
268 from different distributions (Figures 1d).

269 At low frequencies PADM2M shows no skewness in its $s(f_{co})$ and the \dot{R}_1^0
270 derivatives are small in amplitude, from this we hypothesize at low frequen-
271 cies the geodynamo is in quasi-steady state and the \dot{M} term is small compared
272 to the O and L terms. At intermediate frequencies where PADM2M displays
273 a skewed distribution of \dot{R}_1^0 this steady state breaks down. Slower average
274 decay of the dipole suggests periods where the field is dominated by large
275 scale diffusion, and the faster average growth suggest advection is acting
276 to increase the dipole strength. At higher frequencies PADM2M has little
277 resolution and the record is likely dominated by small, random advective
278 fluctuations.

279 *3.2. Geodynamo Simulations*

280 Geodynamo simulations are able to produce first order features of the ge-
281 omagnetic field such as a dominantly dipolar structure and polarity reversals.
282 However, because of computational restrictions none of these simulations are
283 realistic models of the Earth’s geodynamo; they cannot be run with suffi-
284 ciently rapid rotation, thermal diffusivity, and low viscosity characteristic
285 of the Earth’s outer core. Previous studies have defined criteria for deter-
286 mining the degree of similarity between the fields produced by geodynamo
287 simulations and the geomagnetic field. Christensen et al. (2010) compared
288 simulations to the geomagnetic field based on field morphology at the core-

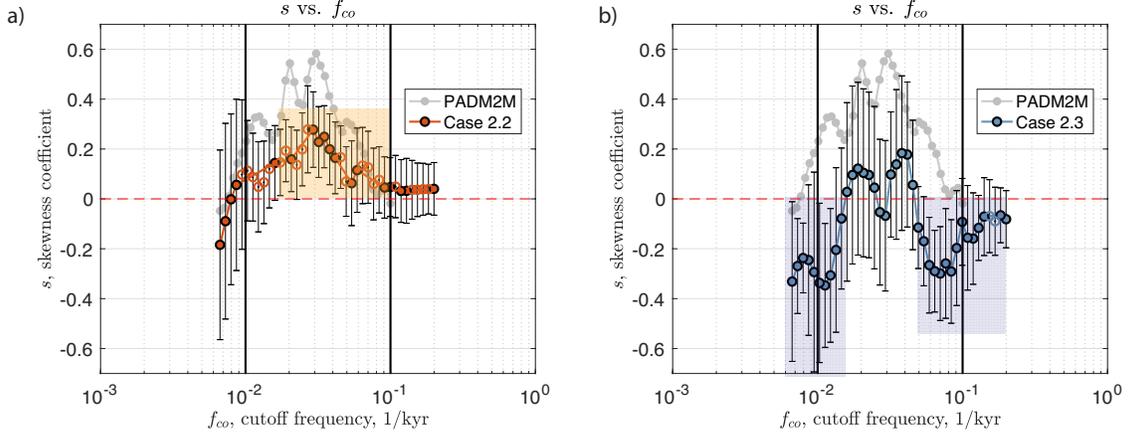


Figure 2: Axial dipole energy skewness results for geodynamo simulations cases. $s(f_{co})$ for a) Case 2.2 (orange), and b) Case 2.3 (blue), grey dots show PADM2M result. Case 2.2 has $s(f_{co})$ that shows a similar pattern to that seen in the Earth (Figure 1e). Error bars are $\pm 1 \varsigma_s$ (the standard error of s estimated using a bootstrap method). Open symbols indicate a p-value > 0.05 in the two-sample Kolmogorov-Smirnov test as discussed in the text. The orange rectangle in highlight where Cases 2.2 has positive $s(f_{co})$. The blue checkered rectangles highlight where Cases 2.3 has negative $s(f_{co})$.

289 mantle boundary (computing the relative strength of the dipole, equatorial
 290 symmetry, zonality, and presence of flux concentration), finding Earth-like
 291 field morphologies for a limited range of simulation input parameters. Davies
 292 and Constable (2014) introduced a criterion to identify dynamos with Earth-
 293 like long-term temporal behavior by determining whether the power spectrum
 294 of the ADM could be fit with the same frequency dependent power law as
 295 observed in the PADM2M empirical model. Mound et al. (2015) added a
 296 criterion that compares the secular variation of their simulated radial mag-
 297 netic field at the CMB to the observed quiet Pacific, where secular variation
 298 is weak.

299 Our study dynamo simulations were drawn from Davies and Gubbins
 300 (2011) (their cases 2.2 and 2.3), and were selected because of their long run
 301 times (10 and 3 magnetic diffusion times respectively) and their Earth like
 302 field morphologies. They both have $E = 1.2 \times 10^{-4}$, $Pm = 2$, $Pr = 1$, a
 303 mix of bottom and internal heating, homogeneous outer boundary heat flux,
 304 and fixed temperature inner boundary. Cases 2.2 and 2.3 have buoyancy
 305 profiles that model a moderate cooling rate resulting in an inner core age
 306 of 614 Myr (Gubbins et al., 2004). The difference between the cases is Ra :
 307 Case 2.2 has $Ra = 20$ and Case 2.3 has $Ra = 50$. Both cases are dipole
 308 dominated, do not reverse over the duration of the run, and were found
 309 to be Earth-like when the dimensionless simulations time is rescaled by the
 310 magnetic diffusion time (Davies and Constable, 2014). Cases 2.2 and 2.3 are
 311 compatible morphologically with the paleomagnetic field model CALS3k.4b,
 312 and their ADM power spectra have similar structure to PADM2M's (Davies
 313 and Constable, 2014).

314 More vigorous convection in Case 2.3 leads to smaller length scales of
 315 the velocity and magnetic field. With increased Ra Case 2.3 has higher
 316 - and more variable - magnetic field strength and velocity, magnetic and
 317 kinetic energies, ohmic and viscous dissipations. Both cases have less variable
 318 dipole moments than the Earth. For PADM2M $\sigma_{g_1^0}/\langle g_1^0 \rangle = 28\%$, case 2.2 has
 319 $\sigma_{g_1^0}/\langle g_1^0 \rangle = 10\%$, and case 2.3 has $\sigma_{g_1^0}/\langle g_1^0 \rangle = 9.4\%$.

320 *3.3. Asymmetry between growth and decay of axial dipole energy*

321 The two dynamo cases we selected exhibit different skewness properties
 322 which are shown in Figure 2 where the skewness coefficients, $s(f_{co})$ are each
 323 compared with those of PADM2M.

324 The main signature in PADM2M is positive skewness across the interme-
325 diate frequency range. Neither of the dynamo simulations exactly reproduces
326 the PADM2M results, but Case 2.2 comes the closest. It has significantly
327 positive $s(f_{co})$, over a portion of the intermediate frequency range 0.017-
328 0.045 kyr⁻¹ (Figure 2a). Case 2.3 is interesting because the significant skew-
329 ness it has is negative, which is opposite in sense to PADM2M (Figure 2b). In
330 Case 2.2 several of the distributions of positive and negative rates of change
331 cannot be distinguished at the 95% significance level under the Kolmogorov-
332 Smirnov test as indicated by the open symbols in Figure 2, but the distri-
333 butions with significant asymmetry in the frequency range 0.017-0.045 kyr⁻¹
334 mostly pass the Kolmogorov-Smirnov test.

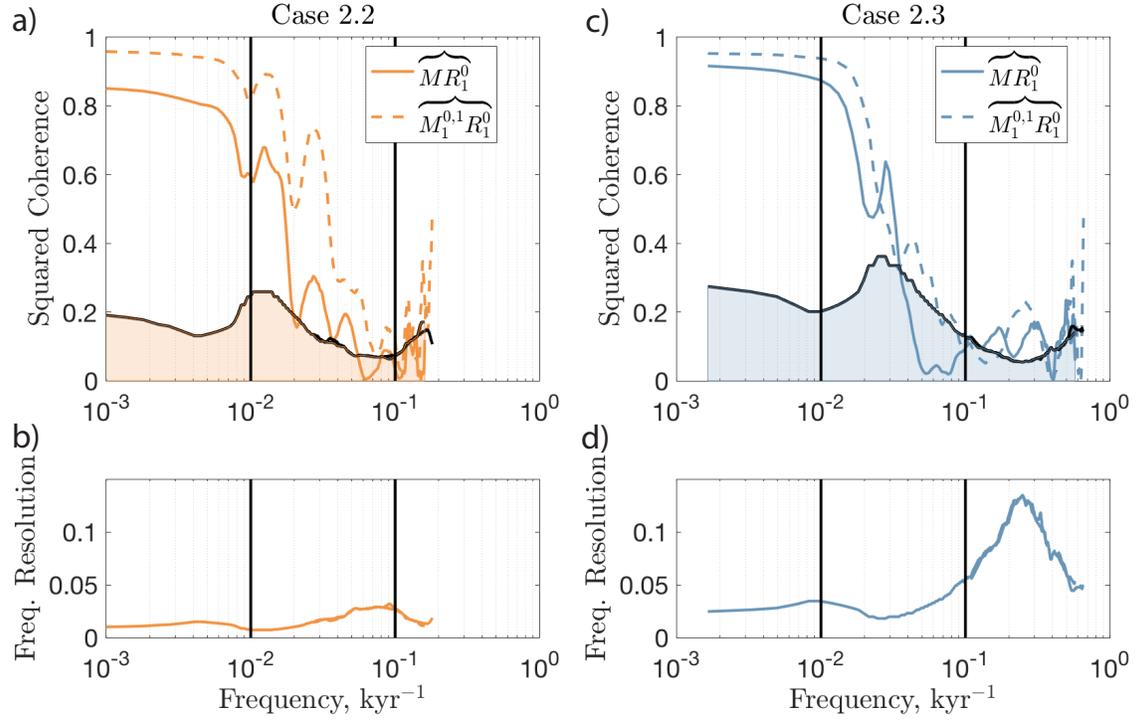


Figure 3: Connection between the total outer-core magnetic energy and surface observable axial dipole energy, i.e. the squared coherence spectra between the magnetic energy (M) and surface dipole energy (R_1^0) for a) Case 2.2 (orange) and c) Case 2.3 (blue). The black line bounding the shaded region indicates the coherence value below which no coherence can be inferred at the 95% confidence level for white noise processes. b) and d) The frequency resolution $\Delta f = \frac{k f_N}{N_f}$ for $\widehat{MR}_1^0(f)$ where k = the number of tapers, f_N = the Nyquist frequency, and N_f = the number of frequencies estimated.

335 *3.4. Coherence between total magnetic energy and surface axial dipole energy*

336 The toroidal part of the geomagnetic field is unobservable outside of the
337 outer core, so Earth’s dipole at the surface will not relay the entirety of the
338 magnetic energy variations. To evaluate this in our dynamo simulations we
339 evaluate the coherence between the total magnetic energy and surface axial
340 dipole energy.

341 The solid colored lines in Figure 3a–b present the squared coherence as
342 a function of frequency between M , the total magnetic energy in the core,
343 and R_1^0 , the energy in the surface axial dipole. The black line and shaded
344 regions of Figure 3a–b show the 95% confidence level for the squared coher-
345 ence spectra between two white noise processes below which the coherence is
346 considered insignificant. Coherence in the low and intermediate part of the
347 frequency ranges are significant. The frequency resolution for the coherence
348 spectra are plotted in Figure 3c–d were computed by $\Delta f = kf_n/N_f$ where k
349 is the number of tapers used at each frequency, f_n is the Nyquist frequency,
350 and N_f is the number of frequency estimates. Note that for Case 2.3 Δf is
351 well above 0.02 throughout the frequency range, hence we should not give
352 too much credence to the detailed coherence variations below frequencies of
353 $f = 0.02 \text{ kyr}^{-1}$, for Case 2.2 Δf is between 0.007-0.03 kyr^{-1} .

354 With the above caveat in mind, at frequencies below 0.01 kyr^{-1} we see
355 consistently high coherence levels between the total magnetic energy in the
356 outer core and the paleomagnetically observable energy in the axial dipole
357 moment. From 0.01 kyr^{-1} , where coherence has already decreased to 0.6 for
358 Case 2.2 and 0.9 for Case 2.3, it drops further below the 95% significance level
359 at 0.055 kyr^{-1} for Case 2.2 and 0.035 kyr^{-1} for Case 2.3, and is essentially

360 negligible at higher frequency. It is not immediately obvious why Case 2.2
 361 (which has lower Ra) exhibits lower overall coherence in all frequency bands
 362 than Case 2.3, but there is a clear suggestion that a larger fraction of the
 363 energy is concentrated in the axial dipole variations in Case 2.3, possibly due
 364 to more vigorous convection (Case 2.3 has a stronger $\langle g_1^0 \rangle$).

365 In a similar analysis conducted on the core's magnetic energy restricted
 366 to the $l = 1$ dipole term and the surface axial-dipole energy ($\overbrace{M_1^{0,1} R_1^0}(f)$) we
 367 found overall higher coherence than with the total magnetic energy at long
 368 periods as would be expected from exclusion of non-dipole variations in the
 369 core (Figure 3a–b dashed lines). In both cases the decay in coherence with
 370 increasing frequency is more gradual than the for $\overbrace{MR_1^0}(f)$, with significant
 371 coherence for frequencies less than $\sim 0.1 \text{ kyr}^{-1}$.

372 In both simulations we find that the surface axial-dipole energy is coherent
 373 with the total magnetic energy in the core ranging from the longest period
 374 assessable to about 30 kyr. When only the dipole components of the core
 375 energy are considered the range extends to periods of about 10 kyr.

376 3.5. *Balancing Magnetic Induction against Diffusion*

377 A more detailed frequency domain analysis of the dynamo output based
 378 on Equation 2 allows us to examine the various contributions to changes
 379 in magnetic energy as a function of frequency. Figure 4a shows the PSD
 380 for each term in Equation 2, the rate of change of magnetic energy, \dot{M} ,
 381 the magnetic diffusion, O , and the work done by the Lorentz force L , while
 382 Figure 4b provides the associated squared coherence spectra between each of
 383 the terms: $\overbrace{OL}(f)$, $\overbrace{MO}(f)$, and $\overbrace{ML}(f)$.

384 The general pattern in PSD for both cases is as follows: at low frequency

385 $\tilde{O}(f)$ (dashed line) and $\tilde{L}(f)$ (dotted line) are essentially equal while $\tilde{M}(f)$
 386 (solid line, Figure 4a) plays a relatively unimportant role. The low power
 387 seen in $\tilde{M}(f)$ at low frequencies is expected because the Fourier transform of
 388 a time derivative of $x(t)$ is the product of $(2\pi if)$ and the Fourier transform
 389 of $x(t)$, $\mathfrak{F}[\dot{x}(t)] = 2\pi if\mathfrak{F}[x(t)]$. The $\tilde{M}(f)$ At intermediate frequency $\tilde{M}(f)$
 390 gains power although $\tilde{O}(f)$ and $\tilde{L}(f)$ remain strong, and at high frequency
 391 all the terms drop by several orders of magnitude. This rapid fall-off occurs
 392 at a higher frequency for Case 2.3 with a higher Ra .

393 $\widehat{OL}(f)$ shows high coherence (solid lines in Figure 4b) with O and L
 394 out of phase across all frequencies in both simulations. Coherence with \dot{M}
 395 grows with increasing frequency over the low frequency range (dashed and
 396 dotted lines), but we should keep in mind the average frequency resolution
 397 shown in Figure 3b, which suggests the possibility of spectral leakage from the
 398 intermediate range. In both cases at high frequency \dot{M} is more coherent with
 399 L than O . In the same intermediate frequency range where s is positive for
 400 Case 2.2 (0.017-0.045 kyr⁻¹) \dot{M} is more coherent with O than L [$s(f_{co}) > 0$
 401 and $\widehat{MO}(f) > \widehat{ML}(f)$] (orange solid rectangle in Figure 4b). In slightly
 402 higher frequency ranges than where s is negative for Case 2.3 the derivative
 403 of the magnetic energy is more coherent with L than O [$s(f_{co}) < 0$ and
 404 $\widehat{MO}(f) < \widehat{ML}(f)$] (blue checkered rectangles in Figure 4b).

405 At low frequencies Figure 4 supports the idea that not much energy is
 406 passed to the magnetic energy, the coherence spectra $\widehat{ML}(f)$ and $\widehat{MO}(f)$ are
 407 both low. High frequency magnetic energy changes reflect the work done by
 408 the Lorentz force, at high frequency \dot{M} is more coherent with L than O . In
 409 the intermediate frequency band we can associate asymmetry properties with

410 changes in coherence behavior: higher coherence between \dot{M} and O occurs
 411 where $s > 0$, and higher coherence between \dot{M} and L with $s < 0$.

412 Variations in ohmic dissipation could be due to variations in the ampli-
 413 tude of the magnetic field (stronger fields lead to higher dissipation) or in the
 414 length scale of the magnetic field (magnetic field with small length-scale is
 415 readily dissipated). By evaluating the coherence between the ohmic dissipa-
 416 tion and the length scales of the magnetic field (ℓ_B) and the non-dimensional
 417 amplitudes of the magnetic field (Lo), we find changes in O are more rep-
 418 resentative of changes Lo than of changes in ℓ_B , though the two factors are
 419 linked ($\widehat{OLO}(f) > \widehat{O\ell_B}(f)$, Figure 6a-c).

420 To summarize, variations in the surface dipole energy (R_1^0), which we can
 421 compare with paleomagnetic observations, convey variations in the dipole en-
 422 ergy of the outer core ($M_1^{0,1}$) for frequencies less than 0.1 kyr^{-1} and conveys
 423 variations in the total magnetic energy for frequencies less than 0.03 kyr^{-1} .
 424 In the low and intermediate frequency ranges we should be able to make
 425 interpretations about the energy conditions within the outer core from ob-
 426 servations recorded at Earth's surface. The asymmetry in \dot{R}_1^0 observed in
 427 these simulations is linked to the balance between O and L . We also link the
 428 variations in the ohmic dissipation with variations in the amplitude of the
 429 magnetic field rather than the field's length scale. This indicates that the
 430 asymmetry in \dot{R}_1^0 is due to variations in the amplitude of the magnetic field
 431 rather than a transfer of energy between large and small length scales

Magnetic Induction Equation Terms

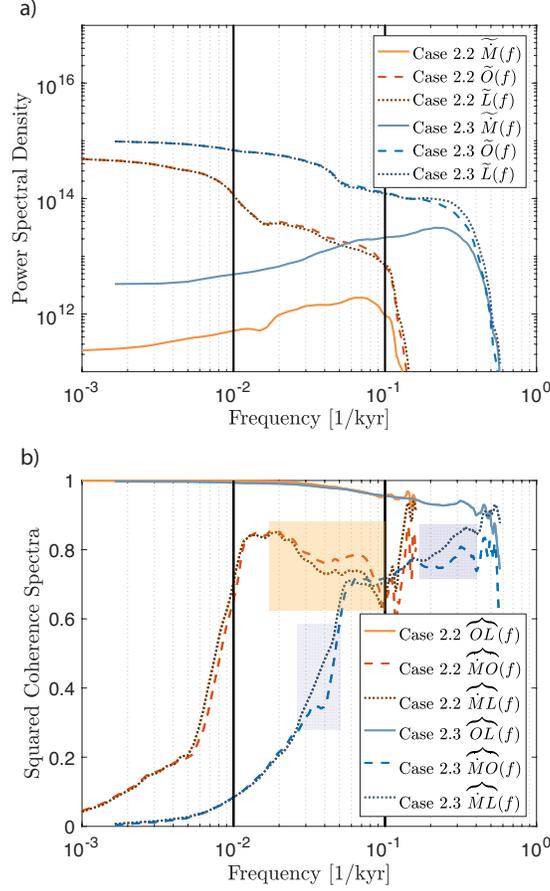


Figure 4: The interplay between terms in the magnetic induction equation. a) The power spectra $\tilde{M}(f)$, $\tilde{O}(f)$, and $\tilde{L}(f)$ for Cases 2.2 (orange) and 2.3 (blue). b) The squared coherence spectra between \dot{M} , O , and L for Cases 2.2 (orange) and 2.3 (blue). The orange rectangle in b) highlight where Cases 2.2 has $\widehat{MO}(f) > \widehat{ML}(f)$ and positive $s(f_{co})$. The blue checkered rectangles highlight where Cases 2.3 has $\widehat{MO}(f) < \widehat{ML}(f)$, which is similar to the frequency where it has negative $s(f_{co})$ in Figure 2b but shifted $\sim 0.04 \text{ kyr}^{-1}$ higher.

Momentum Equation Terms

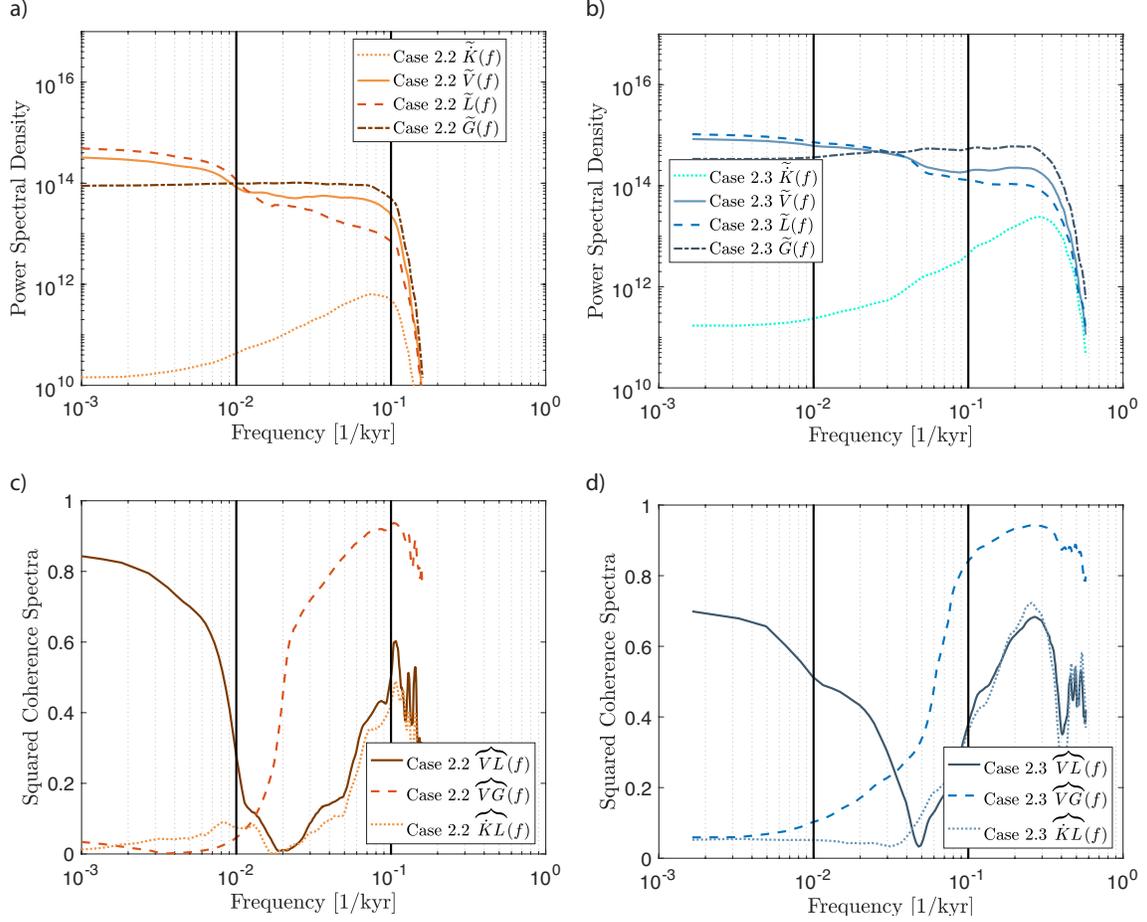


Figure 5: (a–b) The power spectra $\tilde{K}(f)$, $\tilde{V}(f)$, $\tilde{L}(f)$, and $\tilde{G}(f)$ for a) Cases 2.2 (orange) and b) 2.3 (blue). (c–d) The squared coherence spectra $\widehat{VL}(f)$, $\widehat{VG}(f)$, and $\widehat{KL}(f)$ for c) Case 2.2 (orange), d) Case 2.3 (blue).

432 *3.6. Balance of Momentum Equation*

433 Spectral techniques can also be used to evaluate the balance between
434 terms in the momentum equation (Equation 3). G is the energy source while
435 V and O are energy sinks, and L transfers energy between K and M through
436 dynamo action. Building on our hypothesis of the dynamo being close to a
437 steady state at low frequencies, if \dot{K} and \dot{M} are much smaller than the
438 diffusion and work terms Equation 2 becomes $L \approx -O$, and Equation 3 is
439 then $G \approx O + V$. For the Earth it can be assumed V is negligibly small, but
440 it is not in geodynamo simulations. At intermediate and high frequencies
441 where \dot{K} and \dot{M} grow in power our technique can help us track the path of
442 energy from G to V and O through L , K , and M .

443 The general pattern in PSD for both cases is as follows (Figures 5a–b):
444 the viscous dissipation $\tilde{V}(f)$ and the work done by the Lorentz force $\tilde{L}(f)$
445 have high power at low frequencies, the buoyancy force $\tilde{G}(f)$ is lower but
446 significant, and hence changes in the kinetic energy $\tilde{K}(f)$ have low power.
447 At intermediate frequency a transition occurs, power in $\tilde{K}(f)$ grows larger
448 while $\tilde{V}(f)$ and $\tilde{L}(f)$ decrease. The frequency where $\tilde{G}(f)$ overtakes $\tilde{V}(f)$
449 and $\tilde{L}(f)$ in power is lower for Case 2.2. Increasing Ra increases the power
450 in all the terms and shifts variations in the general pattern of the PSDs to
451 higher frequency. This shift of features to higher frequency with higher Ra
452 is also seen in the coherence between the various terms (Figures 5c–d). For
453 both cases at high frequency all the terms drop in power by several orders of
454 magnitude.

455 For completeness the squared coherence spectra for all combinations of
456 terms of the momentum equation are shown in Supplemental Figure S5. Here

457 we focus on the squared coherence spectra $\widehat{VL}(f)$, $\widehat{VG}(f)$, and $\widehat{KL}(f)$
 458 which tell us about the balance of momentum and dynamo operation (Fig-
 459 ure 5c–d). For both cases at low frequency $\widehat{VL}(f)$ is high, while $\widehat{VG}(f)$ and
 460 $\widehat{KL}(f)$ are low. Again based on the frequency resolution, some of the low
 461 frequency signal may have leaked from the intermediate range. In the inter-
 462 mediate range $\widehat{VL}(f)$ falls while $\widehat{VG}(f)$ grows. This shift shows the tran-
 463 sition from the low frequency quasi-steady state to intermediate frequency
 464 dynamo operation. In the high frequency range the PSDs for all terms drop
 465 off (Figures 5a–b) and so the results there are not meaningful.

466 As with changes in O , we test if the variations in viscous dissipation are
 467 due to variations in the length scale of the velocity or its amplitude. We
 468 expect for example the low frequency variations in V will be associated with
 469 variations in large scale zonal winds; they may vary in velocity but have a
 470 length scale set by the geometry of core. By comparing $\widehat{VRm}(f)$ and $\widehat{V\ell_u}(f)$
 471 where Rm is the measure of the amplitude of the velocity field and ℓ_u is the
 472 length scale of viscous dissipation, we find low frequency changes in V are
 473 indeed more representative of changes in amplitude of the velocity field than
 474 of changes in dissipation length scale ($\widehat{VRm}(f) > \widehat{V\ell_u}(f)$ Figure 6b and d).

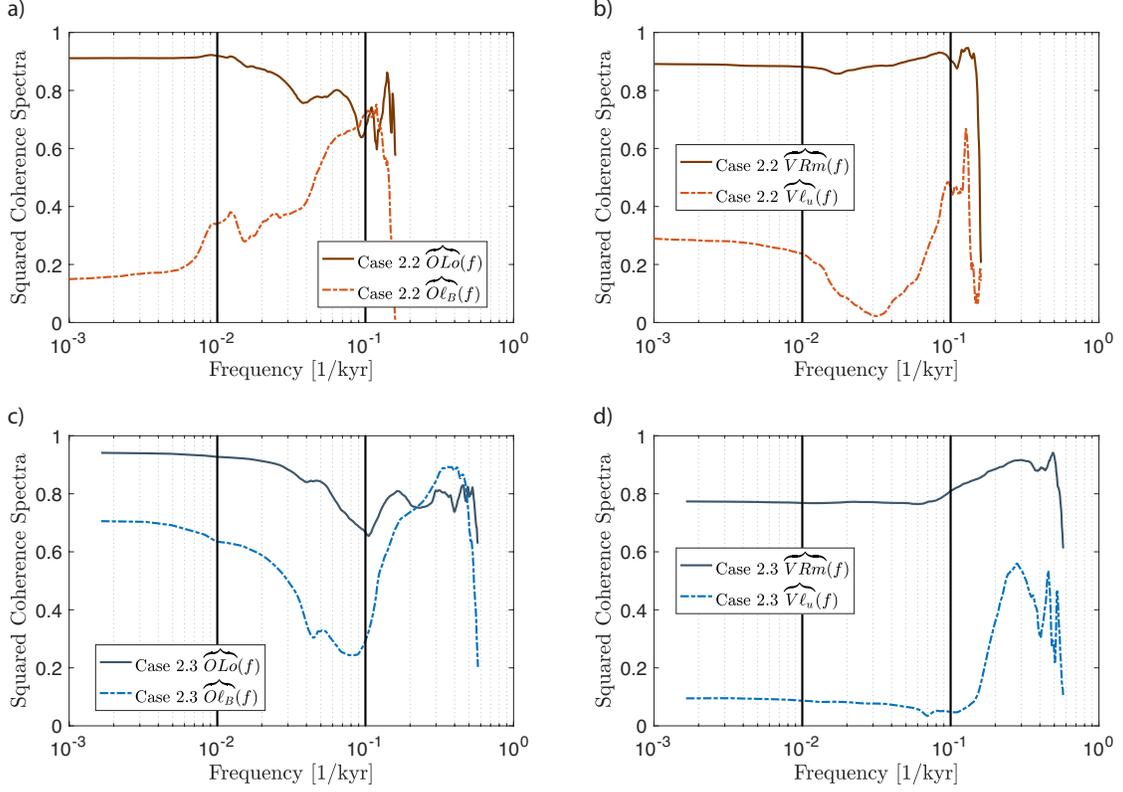


Figure 6: Origin of variations in dissipation, length scale or field amplitude for Case 2.2 (orange) and Case 2.3 (blue). a) and c) $\widehat{OLo}(f)$ and $\widehat{O\ell_B}(f)$ where Lo is the measure of the amplitude of the magnetic field and ℓ_B is the length scale of ohmic dissipation. b) and d) $\widehat{VRm}(f)$ and $\widehat{V\ell_u}(f)$ where Rm is the measure of the amplitude of the velocity field and ℓ_u is the length scale of viscous dissipation.

475 4. Discussion

476 We have developed four tools for evaluating the energy balance of geody-
477 namo simulations: 1) the distribution of time derivatives of the surface axial
478 dipole energy (R_1^0) and summary skewness statistic ($s(f_{co})$), 2) the coher-
479 ence spectra ($\overbrace{MR_1^0}(f)$) between total magnetic energy of the outer core (M)
480 and the surface axial dipole energy (\dot{R}_1^0), 3) the power and squared coher-
481 ence spectra (indicated with $\sim(f)$ and $\smile(f)$ over-bars respectively) which
482 we apply to both the terms in the magnetic induction equation and the terms
483 in the momentum equation, and 4) the squared coherence spectra between
484 the dissipation terms and the length scale and amplitude of their associated
485 fields.

486 The buoyancy force and the sum of the dissipation terms have high co-
487 herence at all frequencies. The small deviations from this balance are what
488 sustain variations in the magnetic field, which is consistent with the findings
489 of Buffett and Bloxham (2002). The input parameters for our geodynamo
490 simulations produce slightly different energy balances. Cases 2.2 and 2.3 have
491 a buoyancy profile which gives them a moderate cooling rate (69 K/Gyr),
492 and Case 2.3 has a higher Ra than Case 2.2. They both have columnar
493 convection with strong zonal flow, and lack convection inside their tangent
494 cylinders (Davies and Gubbins, 2011).

495 Davies and Gubbins (2011) determined these dynamos to be Earth-like by
496 comparing them with the paleomagnetic field on the basis of field morphology
497 and their axial dipole moment power spectra, but because of computational
498 limitations they are far from the Earth in non-dimensional parameter space.
499 We use the tools listed above to study them further. This is a pilot study

500 and more work is needed before robust conclusions and inferences to Earth
501 can be drawn. Nevertheless, the present results suggest for time scales longer
502 than ~ 30 kyr the surface axial dipole energy conveys variations of the total
503 magnetic energy, an important piece of the core's internal dynamics. In our
504 simulations we have identified a connection between $s(f_{co})$ (Figure 2) and
505 the coherence spectra $\widehat{MO}(f)$ and $\widehat{ML}(f)$ (Figure 4). A higher coherence
506 between \dot{M} and O than between \dot{M} and L corresponds to $s(f_{co}) > 0$, while
507 higher coherence between \dot{M} and L corresponds to $s(f_{co}) < 0$. This corre-
508 lation shows the effects of induction and diffusion have different frequency
509 signatures on variations of the magnetic field, which are observable at Earth's
510 surface in the axial dipole. The structure of the asymmetry changes with Ra .
511 The observation of asymmetry in Earth's dipole moment between growth and
512 decay is a powerful constraint for geodynamo simulations to reproduce.

513 $\tilde{G}(f)$ is nearly constant with frequency across the low and intermediate
514 frequency ranges (Figure 5a–b). G expresses correlations between u_r and
515 temperature, i.e. upwellings and downwellings, so the G results indicate the
516 state of mixing. $\tilde{G}(f)$ indicates the simulations are well-mixed in the low
517 and intermediate frequency ranges. $\tilde{V}(f)$ and $\tilde{L}(f)$ decrease as frequency
518 increases while $\tilde{K}(f)$ increases in power in the intermediate frequency range.
519 This transition out of steady state conditions is also seen by an increase in
520 the coherence spectra $\widehat{VG}(f)$ in the intermediate frequency range. In the
521 low frequency range when $\tilde{V}(f)$ and $\tilde{L}(f)$ have high power, the coherence
522 spectra $\widehat{VG}(f)$ is low. The low frequency variations in $\tilde{V}(f)$ and $\tilde{L}(f)$ are
523 not due to variations in G . At high frequency L is more coherent with \dot{M} ,
524 this shows the timescales the frozen-flux approximation may be appropriate

525 for ($<10\text{kyr}$).

526 At low frequencies the large scale flow structures that develop are pre-
527 dominantly azimuthal (thermal winds, zonal flows) that do not affect u_r or
528 therefore G . If the long time scales are dominated by zonal flow, it would
529 strongly suggest that $\tilde{V}(f)$ decreasing with frequency reflects changes in flow
530 velocity amplitude (Rm), rather than length scale (ℓ_u) which is set by the size
531 of the outer core. To test this we compute the coherence spectra $\widehat{VRm}(f)$
532 and $\widehat{V\ell_u}(f)$. V is more coherent with Rm than ℓ_u (Figure 6).

533 Since $Pm \sim 1$, the same argument holds for the magnetic field. Changes
534 in O are more representative of changes in the magnetic field amplitude (Lo)
535 than of changes in magnetic dissipation length scale (ℓ_B) (Figure 6). This
536 indicates that the asymmetry between growth and decay rates of the ADM
537 observed at the surface is due to changes in magnetic field strength and not
538 an exchange between length scales. For the ohmic dissipation the effects of
539 field amplitude and length scale are not as isolated as for the viscous dissi-
540 pation. The coherence spectra $\widehat{O\ell_B}(f)$ is higher at low frequencies than the
541 corresponding $\widehat{V\ell_u}(f)$. Rapid growth R_1^0 may reflect generation of poloidal
542 field by coherent radial motions, while slow decay could reflect diffusion of
543 the large-scale flow that has a long time constant.

544 **5. Conclusions**

545 On periods longer than ~ 30 kyr the surface dipole energy does convey
546 variations of the total magnetic energy of the dynamo in these simulations,
547 suggesting with long enough observational paleomagnetic models we can also
548 learn about the core's internal dynamics. Some progress can be made by
549 constructing higher order spherical harmonic paleomagnetic models for Myr
550 time spans, but this cannot provide access to toroidal field variations or other
551 important features of the internal dynamics. There is a limit to what we
552 can interpret solely on the basis of observations of the dipole energy made at
553 Earth's surface. This is where the numerical simulations can provide valuable
554 insight.

555 We have demonstrated that assessing the power spectra and coherences
556 between the various energy contributions in the magnetic induction and mo-
557 mentum equations can be linked to useful insight into the physics underlying
558 some geodynamo simulations. Differences in power between ohmic heating
559 and the work done by the Lorentz force are linked to the frequency depen-
560 dence of asymmetry between rates of growth and decay of surface axial dipole
561 energy. We have identified test cases with symmetry properties that are
562 similar to and distinct from the paleomagnetic signature in dipole moment
563 variations over the past 2 Myr.

564 The intermediate frequency range reveals a transition from low frequency
565 steady state to the dynamo operation in the intermediate and high frequency
566 ranges. Viscous and ohmic dissipations decrease in power while the changes
567 in kinetic and magnetic energies increase in power, with increasing frequency.
568 Low frequency power in viscous and ohmic dissipations are shown to originate

569 in variations in the velocity and magnetic field amplitudes rather than field
570 length scales.

571 We present tools for comparing geodynamo simulations with long-term
572 (Myr) models of paleomagnetic axial dipole variations. The spectral analy-
573 sis shows case 2.2 is Earth-like in the sense of displaying substantial dipole
574 variations with asymmetry like the Earth's. Case 2.3 has the opposite asym-
575 metry.

576 Our current study is not exhaustive enough to identify explicitly the dy-
577 namical causes of asymmetry in rates of change in Earth's dipole moment,
578 but it does demonstrate a useful analysis method. Studying the energy bal-
579 ance of the geodynamo as a function of frequency is a useful tool. When just
580 high frequency variations and time averages of terms of the energy balance
581 are compared, behavior at intermediate frequencies may be missed. These
582 tools will next be applied to many more geodynamo simulations with a broad
583 range of input parameters, followed by detailed analysis of internal dynamical
584 processes associated with specific symmetry properties.

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