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Table 1: Descriptive characteristics of subjects (mean \pm standard deviation, range).

	Total Sample (n = 242)		Men (n = 114)		Women (n = 128)	
	Mean \pm SD	Range (min-max)	Mean \pm SD	Range (min-max)	Mean \pm SD	Range (min-max)
Age, yrs	39.7 \pm 10.9	19.8 - 66.0	40.2 \pm 10.8	20.0 - 64.0	39.2 \pm 11.0	19.8 - 66.0
Stature, m	1.70 \pm 0.10	1.49 - 2.00	1.78 \pm 0.07	1.64 - 2.00	1.63 \pm 0.06	1.49 - 1.79
Body Mass, kg	74.9 \pm 17.3	45.5 - 152.4	84.0 \pm 16.8	56.0 - 152.4	66.7 \pm 13.3	45.5 - 128.3
BMI, kg/m ²	25.7 \pm 4.9	16.7 - 49.3	26.4 \pm 5.1	18.4 - 49.3	24.8 \pm 4.8	16.7 - 47.7
Body Fat, %	27.7 \pm 11.4	1.0 - 59.8	22.7 \pm 10.9	1.0 - 49.4	32.2 \pm 9.9	8.5 - 59.8
Fat Mass, kg	21.6 \pm 12.2	0.7 - 76.8	20.6 \pm 13.0	0.7 - 75.3	22.5 \pm 11.5	4.3 - 76.8
Fat-Free Mass, kg	53.3 \pm 11.7	34.3 - 81.2	63.5 \pm 8.3	42.7 - 81.2	44.3 \pm 4.9	34.3 - 55.6

BMI, body mass index.